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Vol. 33 No. 1
January 2019

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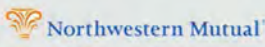


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Kids Oneida Staff with NHTA Officers, Pictured (LtoR): Kids Oneida Staff: Tony LaRocco , Mike DeSantis , Brandi Candido, Dominick Comisso; NHTA Officers: Andre Paradis (Pres) & Lisa Morgan (1st VP).

2018 New Hartford Teacher’s Association Holiday Project

NHTA members from the district’s five schools once again purchased and wrapped holiday gifts for families chosen through Kids Oneida. The NHTA is proud to continue this annual holiday tradition of assisting families in the Greater Utica area.

New Hartford Central School District Announces Kindergarten Registration for 2019-2020

Submitted by Robert J. Nole, Superintendent of Schools

The New Hartford Central School Kindergarten registration for the 2019-2020 school year will be held on Tuesday and Wednesday, January 15 and 16, 2019 in all three elementary schools from 9:30 – 11:30 a.m. and 12:30 – 2:30 p.m. To save time that day, you may download the registration packet located on the district’s website (www.newhartfordschools.org and click on the link “Enrollment and Registration” found under the “For Parents” tab) or you may call the elementary office and a registration packet can be mailed to you. Packets will also be available for pick up at each of the three elementary schools.

To be eligible for Kindergarten in New Hartford, a child must be five years of age by December 1, 2019. The birth certificate must be submitted at the time of registration as proof of age. Also, proof of residence must be submitted, as well as proof of immunization for polio, measles, diphtheria, mumps, rubella, Hepatitis B and varicella. The child need not be present for registration.






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Typeset by: The Town Crier
Printed by: The Leader-Herald, Gloversville, NY
Sales: Andi Dinerstein
Editor and Publisher: Kristi Zbytniewski; P.J.Green Inc.



Cynthia Davis, LCSW-R
Licensed Clinical Social Worker-Registered

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Turning Over A New Leaf

submitted by Jim LaFountain, All American Fitness Center

For over 45 years, I have written and spoken about Exercise Compliance more than any other subject. "Sticking with" exercise and diet, regardless of what mode or protocol you choose is always the most important ingredient in a healthy lifestyle. Doing something, even if it's slightly incorrect, is more important than doing nothing. Let's make it simple.

*Commit to simply showing up. Even if you do nothing, showing up keeps the "compliance cycle" going. Habits require several such "showing up" episodes to create a "lifestyle."

*Commit to warm-up. This requires a little more energy, but, usually once you've "warmed up" a positive momentum is created and a productive workout follows.

*Find a partner. Although there are many who do well alone, making a commitment to a partner is a strong compliance factor. A personal commitment to oneself is comfortable and a "feel good" endeavor, but a plan to meet someone for exercise is a much stronger one. To let someone else down is much more compelling than being the lone participant.

*There is no panacea. No magic mode of exercise exists. Runners will tell you running is best, bicyclists claim their sport to be an optimal method for getting into shape and swimmers promote water activities. Find something you remotely enjoy and to steal the Nike slogan, "Just Do It!" Gardening, housework and basic movement, for those who are currently sedentary will produce results, if done regularly.

*Set weekly goals. If your plan is to set "daily goals" you position yourself for failure. Why? A "missed" workout creates a powerful negative momentum. Weekly goals provide an opportunity to "make up" for one "bad day."

*Balance "Subjective" and "Objective" goals. A subjective goal looks like this: "I'm beginning to feel better." An objective goal, on the other hand, requires measurement and sounds like this: "My mile walk, currently takes 15 minutes, while it took 17 minutes when I started, eight weeks ago." "Scale weight" is another Objective goal.

*Failure Plan. Failure, we all experience it, but what's your plan to overcome a setback? Refer to the first two bullet points.

*Get Real! Never, and I repeat, NEVER set fitness goals based on someone else's physical appearance. Comparison is the core ingredient for failure. We are all blessed with genetic gifts, handed down by generations of ancestors. Much like our height, hair and eye color and propensity to learn, we cannot escape our genetic endowment. Every one of us possesses a unique body type, that cannot be replicated. Simply strive to be the best YOU



Judge Joan Shkane

This is a continuing discussion of Legal Myths and Reality, because an informed citizen is always the most successful citizen:

MYTH: The Immigration and Customs Enforcement (ICE) agency is undergoing no challenges to its authority to arrest and detain believed unlawful immigrants, and therefore has free rein in doing its job.

REALITY: Our law is a constantly developing thing, like a living being. It ebbs and flows in its constant march towards justice, as we perceive it. Sometimes it goes in a particular direction, then it can double back and try a different route. In addition, we constantly see struggle between the states' rights and federal rights under the U.S. Constitution. We fought a civil war over 100 years ago, in part, because of this struggle. Such is the developing area of New York immigration law. The most recent related case talks about the issue of local police officers' duty and ability to enforce a federal ICE warrant in New York State. The Appellate Court of Suffolk County (an intermediate appeals court) carefully considered the issue. A former Suffolk County Sheriff was detaining for up to 48 hours any person found in Suffolk County who was the subject of an ICE warrant. He announced the policy one month after Donald Trump was elected president. The plaintiff was an immigrant who entered the U.S. legally but overstayed his six-month visa. He now has two children, one of whom is a U.S. citizen. He was part of a Family Court case in state court. After his state Family Court case concluded, he was arrested by a local police agency and held for federal ICE authorities. He was placed in a local jail cell rented by ICE, and deportation proceedings were begun. The Court said that the detention was unlawful. They said that "...New York state and local law enforcement officers are not authorized by New York law to effectuate arrests for civil law immigration violations." Therefore, he should have been released after his Family Court case was concluded, and not detained. The American Civil Liberties Union executive director said the role of local law enforcement agencies is to "protect and serve all New Yorkers, and that is incompatible with the unlawful detention of our neighbors and family members at the behest of the Trump deportation machine." The plaintiff is still held in New Jersey at an ICE detention and deportation facility. The Sheriff who detained him in New York has been under consideration by the Trump administration for a job as a federal marshal. This case may be taken up by New York State's highest court for review, if they choose.

MYTH: All states have the same laws on criminal conduct.

REALITY: The U.S. Constitution expressly provides that the power to police citizens belongs to each individual state, and not to the federal government. Congress, of course, has established certain federal crimes, which they enforce through the FBI and U.S. Attorney in each district. This policy has been constantly developing, especially since the 1930's. Since each state establishes the laws that its citizens think appropriate, there is variation. For instance, the State of Ohio provides that individual private citizens may seek a judge's ruling on whether or not the judge believes there exists enough evidence to prosecute a criminal charge. (There is no requirement thereafter that an Ohio prosecutor must pursue the charge.) New York State provides that the entire power to bring a charge and prosecute a charge belongs to the prosecutor. Therefore, there is no private individual right to seek a Court ruling regarding the evidence, as there is in Ohio. New Yorkers must rely on the District Attorney to seek a criminal charge.

MYTH: Money loaned by a lending organization to a small business is a minor issue in New York State.

REALITY: The NYS Attorney General is currently investigating potential abuses by finance firms that offer quick money to small businesses. Small businesses should be alert to the issues raised in the investigation. Small businesses report they are being bombarded with offers from cash-advance companies. One issue being examined is whether or not cash advance companies fraudulently offer quick money to a small business. Then, as part of the offer, the lender requires the business owner to sign documents without properly explaining what the borrower is signing. One such document is a confession of judgment whereby the borrower agrees not to defend himself in court if the lender sues, and permits the lender to drain bank accounts in repayment when and as the lender chooses. (Some states have outlawed confessions of judgment, but not New York State). A second issue being examined is whether or not the lender is charging interest that sometimes can be more than 400 percent of the amount borrowed. The lenders may fiddle with the definition of "loan". They may claim that a cash advance in anticipation of future business receipts isn't a "loan", and therefore laws don't apply. Recently some of these firms have used New York courts act as if the courts are a debt-collection machine, draining bank accounts of thousands of small businesses. Since 2012, such lenders may have taken judgments worth more than \$1.5 billion in New York State using these methods. Some lenders are believed to have even forged document and lied about the amount of the debt, and claimed the borrower was in default on the payment when that was not true. The bottom line is it is wise to have your lawyer look at all borrowing documents of every sort before signing!

Giving attention to legal myths is not wrong. It can be a starting point for developing an interest in the law. However, if legal issues are important in your life, for instance regarding custody of your children or money payable for any reason, it is wise to consult a lawyer who can advise you on the truth of legal myths. This discussion is not intended to render legal advice on specific cases or to express an opinion on any specific case.

The logo for Bella Cucina Restaurant is presented within a dark, ornate, shield-like frame. At the top, the text "TONY LUPINO'S" is written in a small, white, serif font. Below this, the name "BellaCucina" is prominently displayed in a large, white, serif font, with "Bella" in a smaller size than "Cucina". Underneath the name, the word "RESTAURANT" is written in a large, white, serif font. To the left of the text is a white silhouette of a wine bottle and a wine glass. Below the restaurant name, the address "4479 Commercial Drive, New Hartford, NY" is written in a small, white, sans-serif font. Below the logo frame, the tagline "Great Food, Great Wine, Great Memories" is written in a white, cursive script font. Below the tagline, the website "Bellacucina.org" is written in a large, bold, black, sans-serif font. Below the website, the phone number "736-4885" is written in a large, black, sans-serif font. At the bottom, the address "4479 Commercial Dr, New Hartford" is written in a large, black, sans-serif font.

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IMPORTANT Library Closure Dates

The New Hartford Public Library will be closed on January 1st. The library will also be closed on January 21, 2019 in observance of Martin Luther King Jr. Day.

Story Time

For preschool age children continues on Tuesdays and Thursdays at 10:30.

Story time is a program of stories, songs, and crafts.

Bedtime Story Time

This program is scheduled for the 3rd Monday of each month (with the exception of January - due to Martin Luther King Jr. Day closure) through April. Bedtime Story time is scheduled for January 28, February 18, March 18, April 22, at 6:30. Enjoy stories and crafts with Miss Ashlyn in time to wind down for bed. Aimed toward preschoolers, but all are welcome.

Rocking Chair Reader

Story Time

Volunteers read to children every Friday at 10:30. Thank you to all of the wonderful volunteers that have taken part in reading to the children. If you are interested in becoming a Rocking Chair Reader, call the library at 315-733-1535 and ask for Ashlyn.

Drop-in Coding Board Games

January 15, 4:00-5:00, drop in and try out some of the new coding board games that were purchased with funds donated by the Mason's Amicable Lodge, Brothers of 664. Recommended ages 8 and up.

Kids' Yoga

Join instructor Dawn Wheeler for a fun class of Yoga Games on Friday, January 25th 4:30-5:30. Kids ages 6-8, limited to 15. Please bring a yoga mat. Registration is required. Call the library at 315-733-1535 to register.

Jack and Mo Cooking Class (child and parent)

Join the Jack and Mo Cooking Class for one of two sessions at the New Hartford Public Library on Saturday, January 26 or Saturday, February 9 at 1pm for a free, fun, and tasty cooking class. We are going to teach parents and kids ages 8 to 15 (a parent needs to accompany each child) how to make fast, easy, tasty

inexpensive meals for breakfast, lunch or dinner. Be sure to bring to-go containers! For more information, check out www.JackandMoCookingShow.com. Seats are limited so call the library at 315-733-1535 to register for one of the two upcoming sessions! Please notify us of any food allergies when you call in.

**Teen Reader's Advisory
Group Meeting
January 6, 1-2pm**

YA Book to Movie Book Club

January 6, 2-4pm. We will be watching the movie "Darkest Minds" and comparing it to the book of the same title.

YA Popcorn and a Movie

January 20, 1:00-5:00pm. Calling all teens! Join us for Popcorn and a Movie! We will be celebrating National Popcorn Day by using different seasonings on our popcorn and voting on which we like best while we sing along to The Sound of Music (ok, you don't have to sing if you don't want to, but it sure will be fun!!)

Young Adult Drop-In Games

January 28, 2:00-4:00. Save the date for the last Sunday of each month! Are you a young adult that enjoys various board games? Bring your friends to the YA section and spend a couple of hours playing board games. We have a selection of games here but feel free to bring your own as well!

Teens Only Painting Party

Tuesday, January 29, 6:00-8:00. Connect with your inner artist and bring your friends for a relaxing evening of painting. All materials provided. 13-18 yr olds. Call the library at 315-733-1535 to register.

Women of Mystery....A New Discussion Group

If you enjoy mysteries, join us at the New Hartford Public Library on Saturday, January 26 at 11:00 as we learn more about those women writers who have mystified and puzzled readers with their stories of murder and mayhem. Our topic for this session of Women of Mystery is Location, Location, Location (focusing on books where the place is as much a character as the detective and villain) (Three Pines, Venice, Adirondack Mountains, etc.)) Led by Janet Hoover, we will explore the writings of Donna Leon, Julia Spencer-Fleming, and of course Louise Penny. If you enjoy these writers' books, come to learn more about them. If you have never heard of them, come to discover new ideas for your reading list. Women of Mystery meets the fourth Saturday of each month and there is no assigned reading!

The Town of New Hartford Climate Smart Committee Lecture

The Town of New Hartford Climate Smart Committee Lecture has organized a series of lectures by local professors to help educate residents and begin a dialogue regarding the issue of climate change. The final lecture in the series will focus on the Politics of Climate Change and will be held on January 7, from 7:00 - 8:00 PM at the New Hartford Public Library. This lecture will be presented by Dr. Peter Cannavo, Professor of Government at Hamilton College will be discussing the Politics of Climate Change.

Feng Shui Workshop

Tuesday, January 8, 6:30-8:00. Join Feng Shui Consultant Kathleen Spencer for an introductory workshop on Feng Shui; Happy Home, Happy You: A Feng Shui Primer. You will learn about the origins and basic principles of Feng Shui in this dynamic and informative workshop. Each participant will receive a Feng Shui Bagua Map, which is one of the main tools used in the ancient art of Feng Shui to analyze the energy of a space. You will learn how to apply the Bagua Map to your own home. By the end of the workshop, you will see your home and your relationship with it from a new perspective! Please call 315-733-1535 to register.

Toxin Free Living

January 12, 3:00-5:00. Join Young Living Distributor, Kaylee Sierson, as she walks you through, step-by-step, how to kick toxic chemicals out of your home using simple, easy, and affordable tactics. The class is FREE; registration is preferred - 315-733-1535.

Mohawk Valley Community Energy Engagement Program

January 14, 6:00-7:00. Learn how to Save Money on your Energy Bills with MVCEEP. Come to this free information session to learn how you can save money on your energy bills! The Mohawk Valley Community Energy Engagement Program (MVCEEP) is dedicated to helping homeowners, renters, landlords and small business owners save money on their energy bills. We can help connect you with existing programs and incentives from NYSERDA. You can save money AND be more comfortable in your home or business!

Display Case January

Ralph “Ben” Benson will display Presidential Portraits.

2019 Artists Needed To Display

The New Hartford Public Library has several months still available to exhibit your artwork in 2019. If you are interested in displaying your artwork, call the library at 315-733-1535.

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Join Ruth Anne Kane for Knitting and Crocheting Lessons!

She will be teaching the basics of knitting and crocheting. Class meets on Thursdays from 1:30 -3:00. All supplies are included but space is limited. Please call 315-733-1535 to register.

Tai Chi Classes at the Library

Classes resume on January 10 – February 28th (no class on February 7). The Beginner Class meets from 10:00-11:00, and the Advanced Class meets from 11:15-12:15. No registration required

Bill Bonsted Indoor Miniature Golf Tournament

And the winners of the 2018 Bill Bonsted Indoor Miniature Golf Tournament held November 3rd are Belle Previte and Kiana Kennedy. Congratulations!!!! Memories still linger of uniquely designed and often challenging 18 holes of golf throughout the bookcase aisles, painted faces and arms, the delicious odors of baked goods, specially prepared goody bags of candy and hamburger/cheeseburger coupons donated by McDonald's, smiling faces of volunteers and YOU.

Thank you to so many who donated in special ways:

Hole Designers: Gary, Adam and Susan Fountain, Trevor Heitz, Robin Baker, Greg Kielar, Joanna Robertson - Treehouse Learning and Arts Center - and Dr. John Robertson, The Bonsted Family, Myles Elementary PTA, Bradley Elementary PTA - Amanda Vanderlan, and E R Hughes PTA - Erica and Matthew Miscione.

Gift Card Donations: Tony's Pizzeria Sports Bar, Charlie's Pizza, The Italian Chef. Additional: North Star Orchards, Trainor Associates, CNY Awards and McDonald's Restaurants.

Sponsors: We have several levels of donations: Masters, Eagle, Birdie, Par and The Gallery. Thank you to ENTACT, LLC, Nancy A. Shaheen, The Fountainhead Group, Inc., Michael and Carol Bannigan, Steve and Anne Bonsted, Clifford Fuel Co., Inc., NEXSTAR Broadcasting, Inc., Ken and Caroline McCabe, Edward and Maureen Netzband, Earl Cunningham, Daniel Dreimiller, Susanne

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Volunteers: Friends of the NHPL, Board of Trustees NHPL, students in surrounding schools, honor societies, home and careers, the school faculty who publicized the event, the bakers, friends and families

\$5,000 was raised to assist the library in providing quality resources, programs and services for all ages. On behalf of the New Hartford Public Library thank you so much to everyone who supported this event and for caring!!!! See you next year - and we can always use your help.



4-H Conservation Education Day Poster Contest Winner Announced

Cornell Cooperative Extension of Oneida County 4-H Conservation Education Day Committee is happy to announce the winner of the 2018 Poster Contest. Madison Lynch, a sixth-grade student from Mrs. McNair's class at Bradley Elementary School located in New Hartford. She was awarded the grand prize for her poster entry on Wednesday, December

5th during a special ceremony held in the school's auditorium.

Posters were selected for superior presentation of one or more of the conservation ideas presented at 4-H Conservation Education Days. An additional criterion was the content of the caption explaining the idea of the poster. Secondly, the artistic merit of the poster was considered.

The judges for the contest were representatives from the 4-H Conservation Education Day Planning Committee. They included Cornell Cooperative Extension of Oneida County, The New York State Department of Environmental Conservation, New York State Parks, Recreation and Historic Preservation, and The Federated Sportsmen's Clubs of Oneida County.

The grand prize winner Madison Lynch received a \$100 fishing package containing a fishing rod and reel, tackle box, an assortment of hooks, lures and baits, and fishing net, chair provided by the Federated Sportsmen's Clubs of Oneida County. This year's Poster Contest is dedicated in memory of Tom Yacovello, Outdoorsman and Wildlife Artist who passed away January 18, 2018. Madison received an illustrated wildlife frame print by Tom Yacovello.

Additional prizes of a 1-year subscription to the NYS Conservationist magazine were given to two winners chosen from each of the classrooms who entered the contest from the following schools: Myles, and Bradley, New Hartford; JD George, Verona, New York Mills Elementary Schools. Prizes were donated by the Federated Sportsman's Clubs of Oneida County, Inc.

A total of 363 students participated in the 54th event from 4 different school districts held at Delta Lake State Park, Rome on September 19th.



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Dr. Shawn Marmet, PT works with a local athlete in Sitrin's Orthopedic Injury Clinic.

Sitrin Clinic Cares for Youth Athletes & Their Injuries

Each year, more and more children and adolescents are “getting out and playing” by participating in recreation and sports through their city, school, local organization, or even just at home. Collectively, nearly 30 million youth participate in sports in the United States. While this vital health initiative is on the rise, so are the instances of sports-related injuries.

It is standard for young athletes to participate in more than one athletic activity, as well as compete year-round, which increases the chance of injury. In excess of 3.5 million young athletes, ages 14 and under, get hurt annually playing sports or participating in recreational activities. More than half of these athletes report they have played while injured, and 62% of the injuries have occurred during practice. Fortunately, most are affected by minor injuries that generally have a shorter recovery time, which are commonly known as *acute injuries*.

Sprained ankles, caused by “rolling” or “turning” the ankle, are one of the most frequent types of acute injuries. In these occurrences, the turning that caused the sprain temporarily damages some of the ligaments that support the ankle. Though many people believe simply resting or elevating the ankle will result in a full recovery, these injuries can be serious if the disrupted tissue is not properly restored. If the tissue bonds are repaired irregularly, scar tissue can develop and movement can be permanently affected.

This is where rehabilitation exercises come into play. Working with a physical therapist, those experiencing a sprained ankle or similar injury can learn range-of-motion exercises, including stretching, strength training, and balance. Treating this type of injury with a physical therapist and proper exercise can help prevent ongoing ankle problems, including development of chronic pain, and enabling an athlete to return to the desired activity faster.

Additionally, shoulder damage accounts for a large number of sports-related injuries from dislocations, misalignment, strains on muscles, and sprains of ligaments. Because the shoulder is the weakest joint in the body, impairments occur due to lack of flexibility, strength, or stabilization, and the force the shoulder endures during athletic activities. A physical therapist can work with an injured athlete on improving posture to alleviate pain, strengthening shoulder muscles, chest expansion, and functional training. In turn, this can help improve the health and ability of the athlete returning to a sport.

Another common affliction youth experience is an injury to the anterior cruciate ligament, commonly known as an ACL tear. This stabilizing ligament of the knee can become damaged during an uncontrolled twisting motion. Unfortunately, this injury almost always requires surgery, which can keep youth out of sports for many months, if not permanently. Athletes with this injury will need to work with both an orthopedic surgeon and physical therapist, to ensure proper recovery. They can help these injured individuals regain normal mobility through strengthening exercises, improving quadriceps control, and plyometrics – learning to jump and land properly.

In Sitrin Health Care Center’s Orthopedic Injury Clinic, young athletes or active people of any age can work directly with both an orthopedic surgeon and a doctor

of physical therapy to address their injury needs. This dynamic team emphasizes fast, functional recovery, keeping in mind that an athlete’s focus is to return to the field of play as quickly, healthily, and pain-free as possible.

In this clinic, an injured athlete will be seen immediately to receive an analysis and set expectations for recovery. The individual will first be seen by Dr. Alfred Moretz, well-known Orthopedic Surgeon, who will perform an ultrasound and provide an accurate diagnosis. Moretz will review the specifics of the injury with the athlete, and his/her parents if necessary, and establish a treatment plan specific to the injury.

Afterward, the individual will work with one of the clinic’s doctors of physical therapy, Dr. Shawna Marmet, PT, Dr. Philip Fess, PT, or Dr. James Wallace, PT, NCS. These advanced therapists will begin an exercise and therapy regimen specialized for both the athlete and the injury.

There is no wait time and no referral needed to take part in Sitrin’s clinic, though urgent care can directly refer individuals to the clinic, if needed.

“Active individuals can sidestep a trip to the emergency room and not have to wait for a referral from their primary physician to see an injury specialist, but rather can begin the healing process right away,” said Dr. James Wallace, director of the clinic. “This allows young athletes to recuperate better, faster, and stronger, while saving time and money.”

Clinic hours are Mondays and Tuesdays from 9:00 a.m. until 5:00 p.m., and Thursdays and Fridays from 9:00 a.m. until noon. The team is also always available for on-call appointments. Sitrin accepts all major insurances. For more information or to schedule an appointment, call (315) 737-2246.

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COMMUNITY NEWS

THE TOWN CRIER

9



Aaron R. Evans, CFA, CFP® a Senior Advisor at Strategic Financial Services

Financial Wellness

It's not surprising that every year the most common New Year's resolutions are to eat healthier and get more exercise. But in an extremely close third place you will almost always find "save more money". Oddly enough these resolutions are quite similar. While the first two deal with physical wellness, saving more money is part of popular new concept called "financial wellness". Physically we may want to lose weight or improve blood pressure, while in a parallel way financially we may want to decrease debt or bolster reserve funds. While the basics of physical and financial wellness are not difficult to comprehend, both require the ability to changing behaviors to improve sustainable outcomes, so here are a few tips to help you kick off the New Year financially fit.

Read to Succeed: The U.S. is the wealthiest nation in the world, but 14th in terms of financial literacy. Start by learning about the basics of savings, investments, loans and taxes. Confidence reduces stress and makes for better decision making. For the basics check out mymoney.gov or nerdwallet.com or pick up a book like "The Millionaire Next Door".

Cash over Credit: Some studies show that we are willing to spend up to 83% more when using a credit cards vs. cash. Its been proven that pain receptors in our brains are triggered when using cash, which may lead to more disciplined spending. Try using a debit card only, prepaid credit cards or good old fashion cash. Remember, though you may miss them, no one has ever retired on credit card reward points!

Shed Debt: Seven out of ten Americans say finances are the most common source of their stress, mostly due to the heavy burden of debt. From student loans, to mortgages, to car loans and credit cards, debt is everywhere. A strategy that prioritizes paying down debt removes this large layer of stress. Though this may delay the pursuit of other goals, the freedom of being debt free will improve success rates in the future.

Get a Coach: Think of a financial coach the same way you would a personal trainer. None of the tips listed above will lead to full financial wellness on their own. Packaged together with the inspiration and accountability of a coach, they can lead to lasting results.

Original content provided by Aaron R. Evans, CFA, CFP® a Senior Advisor at Strategic Financial Services. Submit questions or topics of interest to aevans@investstrategic.com.

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New York Mills Elementary School Kindergarten Registration

Registration for Kindergarten will take place Tuesday, January 22 through Friday, January 25, 2019. It will be in the elementary office from 10am until 2:45pm. The child does not need to be present for registration.



3rd Annual JM Chubbuck Foundation CNY Wing Wars

The 2019 CNY Wing Wars to benefit local cancer patients in financial need will be held Saturday, January 26, 2019 at Harts Hill Inn, Whitesboro from 1-4pm. The event is sponsored by 96.1 The Eagle and Tri-Valley Beverage. Ticket price is \$25 and includes one free beer or soda, one slice of pizza, one dozen wings (one wing sample from each participating vendor), celery & blue cheese. There will be a 50/50 Raffle, Basket Raffle, and a 55" HDTV Raffle (donated by Walmart Distribution Center). Performance DJ's will provide music.

Returning to defend their 2018 titles are: O'Baby's for Best Wing (Public Vote), Killabew Saloon for Most Unique Wing (Celebrity Judges Choice), & Pie Squared for Best Wing (Celebrity Judges Choice) & Most Unique Wing (Public Vote).

New to this year's CNY Wing Wars are Dinosaur BBQ, Piggy Pat's, Pizza Classic, Campus Inn Pizza, & A Taste of Laos. Returning participants include Franco's Pizza of Whitesboro (Best Wing in 2017), Hot Off The Brick, Pizza Boys, & Tony's of Westmoreland. The 2019 Celebrity Judges panel will be Senator Joe Griffo, Oneida County Sheriff Rob Maciol, The Empire Plate's Bill Vinci, WKTV's Kristen Copeland, and 96.1 The Eagle Cindy McMullen & Keith James.

At the conclusion of the Wing War event the Celebrity Judges Panel will present awards for Best Wing and Most Unique Wing & a foundation representative will present awards for Best Wing and Most Unique Wing Public Vote. Foundation Vice-President Barb Chubbuck stated, "The Wing Wars is one of the foundation's most popular events and tickets sell fast. Everyone enjoys tasting the variety of wings and voting for whom they feel are the best & most unique." Advance tickets may be purchased online at www.thejmc.org under "Events" or by calling 315-339-5993 from 9am to 5pm weekdays. Tickets are limited to 250 & will be available at the door until sold out.



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01/03 - Volleyball: Girls JV - 5:30pm vs. Oneida @ NHHS Gym

01/03 - Volleyball: Girls Varsity - 7:00pm vs. Oneida @ NHHS Gym

01/04 - Bowling: Boys Varsity - 4:00pm vs. Whitesboro @ AMF Pin-O-Rama Lanes

01/04 - Basketball: Girls Modified - 4:00pm - New Hartford Red vs. CVA 7 @ Perry JH Gym

01/04 - Basketball: Girls Modified - 5:30pm - New Hartford Blue vs. Whitesboro 8 @ Perry JH Gym

01/04 - Ice Hockey: Boys Varsity League - 6:30pm vs. Whitesboro @ New Hartford Rec Center

01/07 - Volleyball: Girls Modified - 4:15pm vs. RFA Orange @ Perry JH Gym

01/07 - Volleyball: Girls JV - 5:30pm vs. Camden @ NHHS Gym

01/07 - Volleyball: Girls Varsity - 7:00pm vs. Camden @ NHHS Gym

01/08 - Bowling: Boys Varsity - 4:00pmvs. Vernon-Verona-Sherrill @ AMF Pin-O-Rama Lanes

01/08 - Basketball: Girls Modified - 4:00pm - New Hartford Red vs. John F. Kennedy @ Perry JH Gym

01/08 - Basketball: Girls Modified - 5:30pm - New Hartford Blue vs. Oneida @ Perry JH Gym

01/08 - Basketball: Boys JV Non-League - 5:30pm vs. Watertown @ NHHS Gym

01/08 - Cheerleading: Varsity Non-League - 7:00pm vs. Watertown @ NHHS Gym

01/08 - Basketball: Boys Varsity Non-League - 7:00pm vs. Watertown @ NHHS Gym

01/09 - Basketball: Girls JV Non-League - 5:30pm vs. Cazenovia @ NHHS Gym

01/09 - Cheerleading: Varsity Non-League - 7:00pm vs. Cazenovia @ NHHS Gym

01/09 - Basketball: Girls Varsity Non-League - 7:00pm vs. Cazenovia @ NHHS Gym

01/10 - Volleyball: Girls Modified - 4:15pm vs. Camden @ Perry JH Gym

01/11 - Basketball: Boys Modified - 4:00pm - NH Blue vs. Vernon-Verona-Sherrill @ Perry JH Gym

01/11 - Basketball: Boys Modified - 5:30pm - NH Red vs. Utica Notre Dame @ Perry JH Gym

01/11 - Ice Hockey: Boys Varsity League - 6:30pm vs. Cortland, Homer Central @ NH Rec Center

01/14 - Volleyball: Girls JV - 5:30pm vs. Rome Free Academy @ NHHS Gym

01/14 - Volleyball: Girls Varsity - 7:00pm vs. Rome Free Academy @ NHHS Gym

01/15 - Bowling: Boys Varsity - 4:00pm vs. Camden @ AMF Pin-O-Rama Lanes

01/15 - Basketball: Girls Modified - 4:00pm - New Hartford Red vs. RFA Orange @ Perry JH Gym

01/15 - Basketball: Boys Modified - 4:00pm - New Hartford Blue vs. Camden @ Perry JH Gym

01/15 - Basketball: Girls JV - 5:30pm vs. Vernon-Verona-Sherrill @ NHHS Gym

01/15 - Cheerleading: Varsity League - 7:00pm vs. Vernon-Verona-Sherrill @ NHHS Gym

01/15 - Basketball: Girls Varsity - 7:00pm vs. Vernon-Verona-Sherrill @ NHHS Gym

01/16 - Volleyball: Girls Modified - 4:15pm vs. John F. Kennedy @ Perry JH Gym

01/16 - Basketball: Boys JV - 5:30pm vs. Vernon-Verona-Sherrill @ NHHS Gym

01/16 - Cheerleading: Varsity League - 7:00pm vs. Vernon-Verona-Sherrill @ NHHS Gym

01/16 - Basketball: Boys Varsity - 7:00pm vs. Vernon-Verona-Sherrill @ NHHS Gym

01/18 - Bowling: Girls Varsity - 4:00pm vs. Central Valley Academy @ AMF Pin-O-Rama Lanes

01/18 - Basketball: Girls Modified - 4:00pm - NH Red vs. CVA 8 @ Perry JH Gym

01/18 - Basketball: Girls Modified - 5:30pm - NH Blue vs. Donovan @ Perry JH Gym

01/18 - Basketball: Girls JV - 5:30pm vs. Camden @ NHHS Gym

01/18 - Cheerleading: Varsity League - 7:00pm vs. Camden @ NHHS Gym

01/18 - Basketball: Girls Varsity - 7:00pm vs. Camden @ NHHS Gym

01/22 - Basketball: Girls Modified - 4:00pm - NH Blue vs. New Hartford Red @ Perry JH Gym

01/22 - Swimming/Diving: Boys Modified Meet - 5:00pm vs. West Genesee @ NHHS Pool

01/22 - Basketball: Boys Modified - 5:30pm – NH Red vs. NH Blue @ Perry JH Gym

01/24 - Swimming/Diving: Boys Modified Meet - 5:00pm vs. Nottingham @ NHHS Pool

01/25 - Bowling: Boys Varsity - 4:00pm vs. Utica Proctor @ AMF Pin-O-Rama Lanes

01/25 - Basketball: Boys Modified - 4:00pm - NH Blue vs. RFA Black @ Perry JH Gym

01/25 - Swimming/Diving: Boys Varsity Meet - 5:00pm vs. Pulaski, Sandy Creek @ NHHS Pool

01/25 - Basketball: Boys Modified - 5:30pm - NH Red vs. Oneida @ Perry JH Gym

01/25 - Basketball: Boys JV - 5:30pm vs. Utica Proctor @ NHHS Gym

01/25 - Ice Hockey: Boys Varsity League - 6:30pm vs. Skaneatles @ NH Rec Center

01/25 - Cheerleading: Varsity League - 7:00pm vs. Utica Proctor @ NHHS Gym

01/25 - Basketball: Boys Varsity - 7:00pm vs. Utica Proctor @ NHHS Gym

01/29 - Bowling: Girls Varsity - 4:00pm vs. Rome Free Academy @ AMF Pin-O-Rama Lanes

01/29 - Basketball: Girls Modified - 4:00pm - NH Blue vs. Whitesboro 7 @ Perry JH Gym

01/29 - Basketball: Girls Modified - 5:30pm - NH Red vs. Vernon-Verona-Sherrill @ Perry JH Gym

01/29 - Basketball: Girls JV - 5:30pm vs. Whitesboro @ NHHS Gym

01/29 - Cheerleading: Varsity League - 7:00pm vs. Whitesboro @ NHHS Gym

01/29 - Basketball: Girls Varsity - 7:00pm vs. Whitesboro @ NHHS Gym

01/30 - Wrestling: Modified Triangular - 4:00pm - CVA, Whitesboro, NH @ Perry JH Cafeteria

01/30 - Volleyball: Girls JV - 5:30pm vs. East Syracuse – Minoa @ NHHS Gym


01/30 - Volleyball: Girls Varsity - 7:00pm vs. East Syracuse – Minoa @ NHHS Gym

01/30 - Ice Hockey: Boys Varsity League - 7:30pm vs. Auburn @ NH Rec Center

01/31 - Swimming/Diving: Boys Modified Meet - 5:30pm vs. Oswego City School @ NHHS Pool



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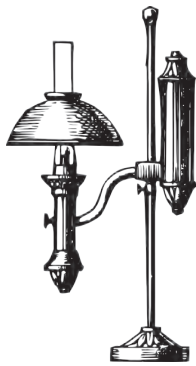
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Victor J. Fariello Jr.



Happy New Year!

Happy New Year to you and your family. We thank you for your readership and support of Antique Talk and we look forward to sharing information in this space once again in 2019. We want to hear from you. Send us your questions, comments or anything you want to share with our readers. The contact information is listed below. Looking forward to hearing from you! Join Us For Quester's Meeting.

If you have an interest in antiques, like hearing about other peoples interests and collections and learning more about all kinds of topics relating to antiques, local history, preservation and more, then consider attending organizational meeting for a new New Hartford chapter of The Questers, an international organization that has 12,500 members in 750 chapters in the U.S. and Canada that was founded in 1944.

The meeting will be on Monday, January 14, 2019 at 7pm in the Large Study Room at the New Hartford Library on Oxford Road in New Hartford. It takes a minimum of 8 people who will commit to joining in order to form the chapter.

Check out the Questers website at www.questers1944.org. If you plan on attending the January 14 meeting, it would be helpful if you would email me at vjfariello@gmail.com. You can also contact me with your questions. I look forward to hearing from you.

Almost Time For Antiquefest!

It's hard to believe that the New Year is here already and that means that the 19th Annual Mohawk Valley Antiquefest is just around the corner. This great event will be held Saturday, January 26, 2019 from 10 to 5 and Sunday, January 27, 2019 from 10 to 4 at The Historic Stanley Theatre and features a wide variety of antiques and collectibles dealers. Other features of the show are appraisals by Back of the Barn Antiques and Glass

Grinding by Tony Perretta. There is also music, food and a 50/50 raffle that benefits the Stanley. Admission is only \$7 and is good for both days. Event sponsor Gerald Dischiavo of Vintage Furnishings always does a great job in putting this exciting show together. We hope to see you there!

Support New Hartford Historical Society

It's that time of year again, time to renew your membership in your New Hartford Historical Society. If you're not a member yet, this is the perfect time to join. Dues are only \$12 for an individual and \$17 for a family. Send a check payable to New Hartford Historical Society, PO Box 238, New Hartford, NY 13413. Show your support for this great community asset. Renew or join today. You will be glad you did.

Happy Collecting!

Victor J. Fariello Jr. is a lifelong resident of New Hartford and has been a collector and dealer of antiques for many years. He is a past officer and member of the New Hartford Historical Society and is in the process of organizing the Jedediah Sanger Chapter of The Questers, an International organization for people who love antiques and have a commitment to preservation. Questions on anything related to antiques can be sent to him at PO Box 194, Washington Mills, NY 13479 or by email to vjfariello@gmail.com. Any photos submitted will be returned upon request.



Meeting to Be Held for New Questers Group in New Hartford

An Informational/organizational meeting to discuss the formation of a Questers chapter in New Hartford will be held on January 14, 2019 at 7:00pm in the Large Study room at the New Hartford Public Library. The Questers is an international organization founded in 1944 for people with common interest in antiques and history to meet and learn.

According to Victor Fariello of New Hartford, who writes monthly on antiques in the Town Crier, there is definite interest in forming the group. "We tried this several years ago and it didn't get off the ground,"

Fariello said, "but we've kept the idea alive and think the time is right to get this going."

The organization boasts nearly 12,500 members in 750 chapters in the United States and Canada. The Questers website is www.questers1944.org.

Anyone interested in attending the informational meeting can contact Fariello by email at vjfariello@gmail.com or by calling 315-527-2138.

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JAN. 2019 **HAPPY NEW YEAR!** **THE TOWN CRIER** 15



The Cost of Ageism

Submitted by MaryJo Timpano

Ageism is a widespread form of prejudice that is directed at older adults. The term was coined in 1969 by gerontologist Robert Neil Butler to describe discrimination against seniors. Numerous studies suggest that the associated costs of ageism continue to rise, not only as a financial cost to society, but also a human cost for the quality of life of older adults. A study supported by a grant from the National Institute on Aging and conducted by the Yale School of Public Health calculated the health costs of ageism to be \$63 billion annually. While this number is clearly cause for alarm, what is more concerning, is the cost these negative stereotypes have on our most valuable national treasure; older adults. Research on ageism has shown it adversely affects the health of older adults because it can cause stress, low self-esteem and reduce feelings of overall wellbeing. In a recent study the types of ageism that were examined include unfair treatment of seniors, negative stereotypes about old people in general and negative view of themselves fueled by society.

I had the life-changing experience of meeting one the most prominent anti-ageism activists today, Ashton Applewhite. Applewhite is the author of *This Chair Rocks: A Manifesto Against Ageism*. She said it often begins with our language. When we use words that marginalize or diminish the value of senior members of our society we support the belief that when we reach a certain age our best years are behind us. "When we assume vulnerability and dependence instead of resilience and independence we chip away at their dignity". How many times do we catch ourselves

using the "S" word? Is he/she STILL driving? Are they STILL letting him/her babysit? Is he/she STILL living alone? While we often operate from a place of love and with the best intentions, it's time to ask ourselves whether or not our words support the idea of growth, meaning and purpose, or whether they don't. Community Wellness Partners vision "to inspire and nurture successful aging" and our commitment to challenge ageism is a labor of love. Rather than seeing our older adults as less capable, let's adjust our lens, and in doing so see them as the rich, wise women and men who are STILL making our world a better place. Let's stand up against ageism- it's a resolution worth making! Happy New Year!

Combining nearly 150 years of service, Community Wellness Partners is a faith-based 501 © (3) nonprofit affiliation of LutheranCare and Presbyterian Homes & Services. Offering the most comprehensive post-acute continuum of services in Oneida County, NY, Community Wellness Partners employs 980 team members and serves 1,000 older adults each day throughout our continuum, which includes Home Care, Independent Living and Assisted Living, to Rehabilitation, Skilled Nursing, and a state-of-the-art Wellness Center.

MaryJo Timpano is a Wellness Consultant at Community Wellness Partners in Clinton NY and the Director of Health and Wellness at the Rome Rescue Mission. She has extensive experience in the wellness field and a passion for working with older adults. She has an MA in Psychology with a Health and Wellness specialization and is a Masterpiece Living certified Successful Aging Coach. MaryJo is a RYT-200.



Kathleen Ryan McLaughlin Joins D.K. Griffith & Company as Client Services Manager

D.K. Griffith & Company is pleased to announce that Kathleen Ryan-McLaughlin has joined the firm as Client Services Manager.

Kathleen brings four years of experience having most recently worked with another local investment advisory and financial planning firm. Kathleen also has extensive experience in the insurance industry having worked for Utica National Insurance for over 20 years. She's a graduate of SUNY Poly in Utica and Notre Dame High School. Kathleen looks forward to building a bond and relationships with DK Griffith's clientele while servicing their accounts and financial needs.

Firm President David K. Griffith said "Kathleen is a lifelong resident of the Mohawk Valley and well known for her work ethic, integrity, tenacity and attention to detail. We're elated to have her on board as a team member." Griffith also remarked "Our business is growing and we need competent team members to help service our client accounts and manage their wealth to best help them achieve their financial goals."

D.K. Griffith and Company is a local, independent financial services and advisory firm, established in 2006. DK Griffith is currently looking for two new financial advisors. For more information, contact Dara Markowski at 315-793-9354. David K. Griffith and Kurt F. Gruenewald are registered representatives with Broker-Dealer LifeMark Securities of 400 West Metro Financial Center, Rochester, NY. LifeMark Securities is a FINRA member firm and accounts held with LifeMark are SIPC insured. DK Griffith & Company is not affiliated with LifeMark Securities. David K. Griffith is a Registered Investment Advisor.

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CHAMBER NEWS

THE TOWN CRIER 19

Year in Review

by Scott Mathias, Exec. Vice President

The last year has seen steady and rapid growth for the New Hartford Chamber of Commerce. Since revitalization began 19 months ago, membership is up over 300% and there is growing excitement in the town and business community.

Members are coming forward to help ensure that the Chamber continues to grow and serve a valuable purpose in our community. They are volunteering their time, talent and resources to help improve the business climate in New Hartford. While some are teaching business topics to members in free seminars, others are organizing important community events that promote keeping commerce in our community.

The Chamber has long been a supporter of certain town and village events such as the Memorial Day Parade and the Holiday Stroll at the New Hartford Shopping Center. This past year, the Chamber brought back its Farmers Market and helped support a new food truck rodeo in Sherrill Brook Park. The Chamber celebrated and promoted our smaller members on Small Business Saturday and a "Where's Waldo" scavenger hunt over the summer.

The new dues structure adopted in 2017 has been successful in keeping membership fees very low for our small and locally-owned businesses while still keeping rates affordable for the larger retailers housed in New Hartford. Presently, membership rates range from \$50 per year for small, locally owned shops up to \$500 for large corporations located in town.

Committees are growing in the chamber. The Training Committee consists of area business and economic development leaders and is working on a year-round calendar of timely topics designed to help our smaller members improve and grow their businesses. Seminars conducted thus far have covered various topics including changes to the tax laws, HR considerations, financial planning, office applications and marketing.

The Buy Local Committee conducted two successful events this year aimed at raising awareness of the importance of keeping dollars in our local economy. This committee is growing fast and will be tasked with implementing a local shopping card and a map, both designed to drive more traffic to our member merchants, restaurants and service providers.

The Farmers Market Committee did a great job in re-establishing the market at the New Hartford Shopping Center during the summer months this year. Opportunity abounds for this event to grow and evolve, especially with new options at Sherrill Brook Park including a new 100 foot-long pavilion built by the Town's Parks Commission.

The Marketing Committee has been looking for more ways to promote our members and their businesses and asks that all members submit updated logos, business descriptions, social media links and photos via email to the Chamber. These items will be used to update member's profile pages on the Chamber website which will in turn, aide in driving more traffic back to the member's website and social media pages.

Furthermore, the Marketing Committee is asking members to submit a narrative or story about their business that can be featured in website articles, press releases, social media, email newsletters and our Town Crier page.

Two new committees are just now being formed. The Membership Committee members are serving as ambassadors promoting chamber membership as they interact with local businesses during their regular day. The Events Committee will consist of experienced event planners and will help with Chamber Nights, our annual meeting, the Holiday Stroll and a new Village Tree Lighting Ceremony.

Starting with practically a blank slate almost two years ago gives us the opportunity to be innovative with the future of our organization. Every member has the ability to find a way to have a positive impact on the community we serve and call home. Together, we can make the Chamber into a truly diversified business association that fulfills its mission of:

*Fostering Economic Vitality and Quality of Life in
The Town of New Hartford*

Owners and managers of businesses located in New Hartford, and those located outside the town that support our mission are invited to join our membership and get involved with an existing committee, or help create a new one. The return on investment for your time, your unique talents and any lended resources will be realized not only in the future growth of your business or group, but also in greater prosperity for our entire community.

2018 - 2019 Executive Committee

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Mark Cioni, MV Cioni Associates

Executive Vice President

Scott Mathias, Mathias Marketing

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Jeffrey Nassar, LutheranCare

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Craig Nelson
Nelson Strife Financial Group

Buy Local

Joanna Robertson
Treehouse Reading and Art Center

Events

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Valentino's Banquet Hall

Farmers Market

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THE TOWN CRIER

17

Half Way Hooley

The Great American Irish Festival Committee is announcing that the public is cordially invited to join us on Friday, January 25, 2019 from 6:00 P.M. to 9:00 P.M. at the Saranac Brewery, Varick Street, Utica, New York for our annual 2019 Half Way Hooley. The evening will feature live music by The Stoutmen. There will be food, beer specials (cash bar), 50/50 and basket raffles.

We will also be announcing this years St. Patrick's Day Parade Grand Marshal and unveiling the band line up for the 2019 Irish Fest held at the Herkimer County Fair Grounds July 26-28th 2019.

Admission is \$15.00 at the door.

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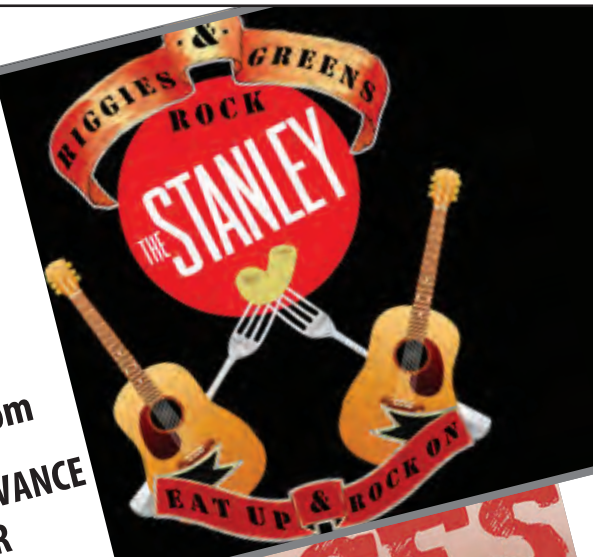


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THE TOWN CRIER 19

New Hartford Presbyterian Church News



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New Hartford Presbyterian Church, 45 Genesee Street, invites all to worship each Sunday at 10:30 a.m. Sunday School programs for children and adults begin at 9:30 a.m. Communion is offered on the first Sunday of each month to all who wish to receive it. Child care and children's church are available.

The congregation will hold its annual meeting on January 27th, and will install and ordain new deacons and elders.

Deacons will meet at 7:00 p.m., Monday, January 7th. Church committees will meet at 7:00 p.m., Tuesday, January 8th. Members of the Session will meet at 7:00 p.m., Tuesday, January 29th.

Members of the congregation will prepare and serve the evening meal at Hope House in Utica on Sunday, January 23rd.

"Noisy Sunday" will be observed on Sunday, January 30th, when children collect coins for the pastor's discretionary fund.

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20 THE TOWN CRIER

COMMUNITY NEWS

JAN.
2019

New Street Corner Market to Cater to Utica's Revitalized Downtown Area

Utica is getting its first Street Corner convenience store in the former Rite Aid building on Genesee Street, recently redeveloped by a lifelong resident as the Westwood. The street-facing, 2,000-plus square foot store will serve a variety of fresh and prepackaged grocery items, and will accommodate residents of the building's 2nd-5th floors, as well as office workers and visitors to the area.

The new store, owned by Enessa Carbone and her husband, will also sell lottery tickets and include a deli and soup, f'real[®] milkshake machine and a beer cave cooler featuring local brands. The store is hoping to sell other locally sourced products as well.

Street Corner, based in Topeka, Kansas, has 35 franchised convenience stores in 19 states, most of them in shopping malls, office parks and mixed-use developments. The Utica location is the company's first "Urban Superette," designed to integrate into existing buildings and multi-use developments.

Ms. Carbone says she is opening the new store to fill a gaping need in the neighborhood.

"Happily, there's a lot of development going on downtown, so we wanted to provide an option for people to get items quickly, including groceries and fresh food, but also to serve hotel guests in the area," said Carbone, adding that the store will also offer delivery in the near future. "The Street Corner Urban Superette concept with its expanded offerings fit our planned business model well."

"While new to Utica, Street Corner has become known for its appealing variety of food and snacks, beverages, and other conveniences, along with an attractive layout and the latest technologies to make the location friendly for on-the-go consumers," said Street Corner CEO Peter La Colla.

The Westwood is located at 167-169 Genesee Street. The Street Corner store is expected to open in early January, 2019.

Street Corner has 35 franchisee-owned stores in 19 states. Formats include mall stores and kiosks, Street Corner Express stores, Urban Superette stores and Street Corner with Gas. Seventy-three percent of Street Corner stores are minority-owned, and the company has repeatedly been named by USA Today as a top franchise for minorities. For more information on Street Corner, visit www.streetcorner.com or call 785-272-8529.

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January 2019

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 NO SKATING HAPPY NEW YEAR No School	2 12-1 PM ADULT SKATE 1 pm—3 pm PUBLIC SKATE No School	3 10 AM-NOON PUBLIC SKATE 12-1 PM ADULT SKATE	4 10 AM-NOON PUBLIC SKATE 12-1 PM ADULT SKATE	5 4-5:30 PM PUBLIC SKATE 6 PM-7:30 PM FAMILY SKATING ONLY
6 3 PM-5 PM PUBLIC SKATE	7 NO SKATING	8 10 AM-NOON PUBLIC SKATE 12-1 PM ADULT SKATE	9 10 AM-NOON PUBLIC SKATE 12-1 PM ADULT SKATE	10 10 AM-NOON PUBLIC SKATE 12-1 PM ADULT SKATE	11 10 AM-NOON PUBLIC SKATE 12-1 PM ADULT SKATE	12 4-5:30 PM PUBLIC SKATE 6 PM-7:30 PM FAMILY SKATING ONLY
13 3 PM-5 PM PUBLIC SKATE	14 NO SKATING	15 10 AM-NOON PUBLIC SKATE 12-1 PM ADULT SKATE	16 10 AM-NOON PUBLIC SKATE 12-1 PM ADULT SKATE	17 10 AM-NOON PUBLIC SKATE 12-1 PM ADULT SKATE	18 10 AM-NOON PUBLIC SKATE 12-1 PM ADULT SKATE	19 NO SKATING Figure Skating Competition
20 3 PM-5 PM PUBLIC SKATE	21 1 PM-3 PM PUBLIC SKATE No School Martin Luther King Jr. Day	22 10 AM-NOON PUBLIC SKATE 12-1 PM ADULT SKATE	23 10 AM-NOON PUBLIC SKATE 12-1 PM ADULT SKATE	24 10 AM-NOON PUBLIC SKATE 12-1 PM ADULT SKATE	25 10 AM-NOON PUBLIC SKATE 12-1 PM ADULT SKATE	26 4-5:30 PM PUBLIC SKATE 6 PM-7:30 PM FAMILY SKATING ONLY
27 3 PM-5 PM PUBLIC SKATE	28 NO SKATING	29 10 AM-NOON PUBLIC SKATE 12-1 PM ADULT SKATE	30 10 AM-NOON PUBLIC SKATE 12-1 PM ADULT SKATE	31 10 AM-NOON PUBLIC SKATE 12-1 PM ADULT SKATE	Happy New Year!	

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HIGHWAY DEPT. NEWS

THE TOWN CRIER

21



New Hartford Highway News

submitted by Superintendent of Highways Richard Sherman

Today is December 13th and we have been picking up leaves for about six weeks. The new trucks have been around the whole town five times. The leaves fell very late this year around the first of November. Remember we have a total of 172.16 lane miles of town roads, 42.11 lane miles of county roads and Rt. 12, Rt. 5, and Rt. 12B which are state roads. We have continued to pick leaves even after the first major snow fall. Thank you for being patient during our leaf pickup season.

November was a very busy month for plowing and sanding the roads. Our shifts did begin on November 25th and we will be working with two shifts again this year like last year. First shift will be 4:00am til 12:00 and if snowing 4:00PM. The second shift will be 4:00pm til 12:00am and 4:00am if storming. Remember no all-night parking effective on all town roads so we can clean the streets safely. Please tell your driveway plows not to plow snow across the roadways. I have received many phone calls about the plow vendors plowing across the roads leaving snow in the road.

The town highway crew did finish taking all eleven FEMA houses down on time. In the spring all we have left to do is hydro seed the empty lots and replace the sidewalks in front of the demo lots on Oneida Street. The crews did a great job and got a lot accomplished this season with the demolition of 11 houses and curbside pickup last June. Looking forward to the New Year and finishing our debris cleaning in our creeks and our retention ponds. Our storm water project in Chadwick's needs to get finished with the new piping and catch basins installed to the Sauquoit Creek. Hope everyone had Happy Holidays and have a Happy New Year.

My cell phone is 315 534-2998 E-Mail rsherman@townofnewhartfordny.gov.

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Good News Center

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2019 TOWN & COUNTY TAXES SCHEDULE FOR PAYMENTS FOR TOWN OF NEW HARTFORD, NY

The 2019 Town and County tax bills will be mailed during the week of December 26, 2018, and may be paid during the month of January 2019, Holidays excepted, as follows:

MAIL PAYMENTS TO LOCKBOX

(Checks, Cashier checks, and money orders payable to TOWN OF NEW HARTFORD; **MUST ENCLOSE BOTTOM STUB OF TAX BILL; A RECEIPT WILL BE MAILED TO THE OWNER OF RECORD**):

Town of New Hartford
P O Box 593
Buffalo NY 14240

IN-PERSON PAYMENTS – NO CASH PAYMENTS

(Checks, Cashier checks, and money orders payable to TOWN OF NEW HARTFORD; **MUST BRING ENTIRE TAX BILL FOR THE BANK TELLER TO MARK IT RECEIVED**):

M & T Bank
120 Genesee Street
New Hartford Shopping Center
New Hartford NY 13413

Bank Lobby & Drive-thru Hours:

Monday–Wednesday 9 AM – 4 PM
Thursday & Friday 9 AM – 5 PM
Saturday 9 AM – 12 Noon

TO PAY ON-LINE, please visit www.taxlookup.net Be sure you are looking at the 2019 taxes, not the 2018 tax amounts.

On all taxes received after January 31, 2019, there shall be added One Percent (1%) interest for taxes paid during February 2019 and One and one-half Percent (1 ½ %) for taxes paid during March 2019. Taxes may be paid during February and March 2019 at the aforementioned payment locations. Taxes paid in March 2019 will also be subject to a \$2.00 second-notice mailing fee. Pursuant to law, unpaid taxes/tax roll will be returned to the Oneida County Treasurer on April 1, 2019.

IF YOU PAY YOUR TAXES THROUGH A BILL PROCESSING CENTER, PLEASE NOTIFY THAT AGENCY OF THE ADDRESS CHANGE FOR MAIL-IN PAYMENTS (LOCKBOX) AND ASK THEM TO IMMEDIATELY UPDATE THAT INFORMATION ON YOUR ACCOUNT

PLEASE ENTER YOUR TELEPHONE NUMBER IN THE "MEMO" SECTION OF YOUR CHECK, CASHIER'S CHECK OR MONEY ORDER, AS WE MAY NEED TO CONTACT YOU

CAUTION: When presenting a single check/money order for multiple tax bills, be sure the total amount equals the total tax bills; if the Bank discovers an error in your payment, all tax bills are considered unpaid.

Gail Wolanin Young, Town Clerk/Receiver

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Thank you to all of our generous sponsors, loyal supporters, and first-time donors for a genuinely effective 2018! The impact you make by attending one of our events, supporting our annual campaign, buying holiday gifts is tremendous. Our mission is to change children's lives, and YOU are helping us fulfill that every day. We look forward to more success in 2019!

ChangingChildrensLives.com



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With the housing inventory plentiful and interest rates so low, the number one selling team in the area is waiting to go to work for you. From staging and marketing your current home, to finding you the new home of your dreams, John and his team will do it all... *but we won't make the hors d'oeuvres!*

Happy 2019 from CNY'S MOST PROGRESSIVE TEAM! Thanks for your business!



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Cindy Lazzaro
Realtor



Cindy Major
Realtor



Virginia Franco
Realtor



Lori Scalise
Associate Broker



Marcia Archibald
Attorney & Associate Broker



Veronica Coe
Realtor - Client Care Manager



Jerry Vitiello
Realtor



Jenny Webb
Realtor



Michael Major
Realtor



Suzanna Duck
Realtor



The John Brown Team

Utica 315-570-6641 • Ilion 315-574-2260
Rome 315-356-5760 • johnbrownsells.com

NEW HARTFORD PAST TIMES

JANUARY 2019

NEW HARTFORD HISTORICAL SOCIETY



ANNUAL MEETING NOTES

December 16, 2018
2pm
New Hartford Public Library
Sammon Room

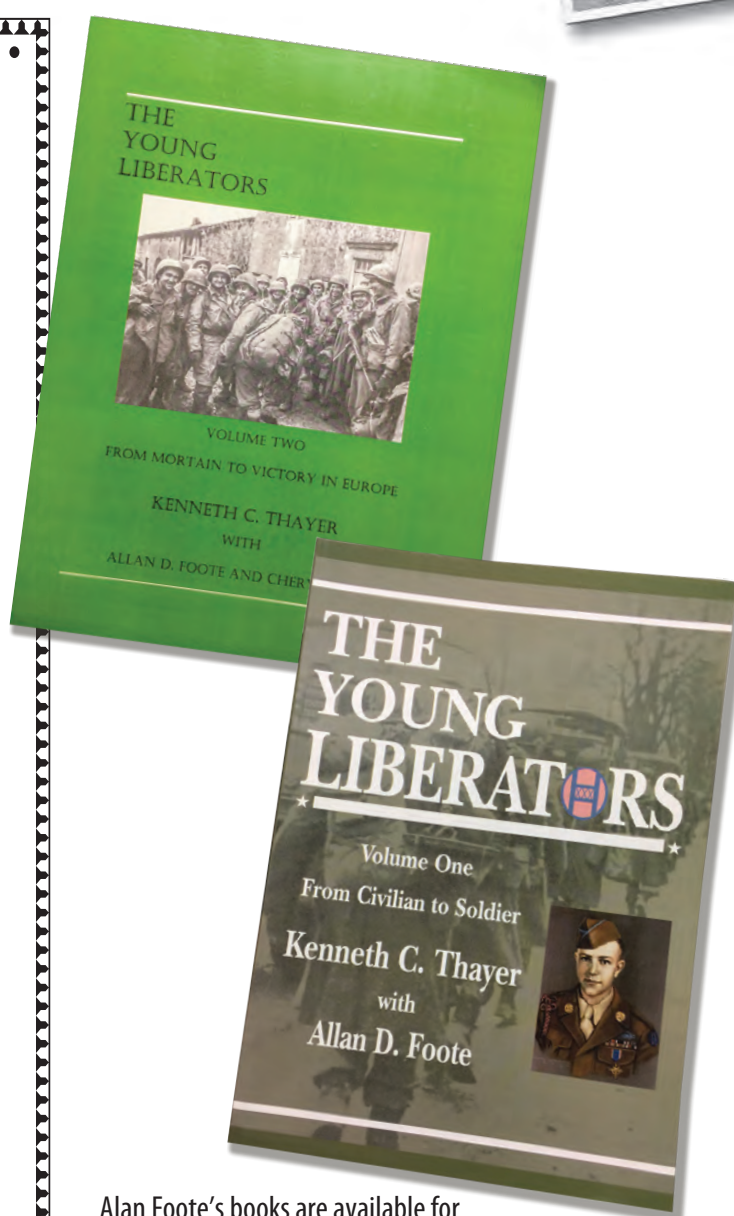
ELECTION OF BOARD MEMBERS:
Ellie Moran
Doreen Luker Reynolds
Barbara Couture

Author, Allan Foote was our guest speaker with a presentation on the Battle of the Bulge. This was presented on the 74th Anniversary of the battle.

Allan's father Arthur, fought in the war. Ken Thayer, co-author served with his father, co-author of Young Liberators. They met in 1997, and published the 1st volume in 2002. Arthur Foote was a Master Sergeant at the Infantry Replacement Center where soldiers were trained to resupply the infantry after the heavy losses in Europe.

Allan Foote learned about what his father experienced in the war by hearing Ken's stories. Together they published the Young Liberators, Vol 1 & 2.

Allan Foote's Books:
• The Young Liberators Vol 1 and 2
• An American Century 1868-1968
• Isandlwana
• Rorke's Drift



Allan Foote's books are available for purchase at the Oneida County Historical Society .

BECOME A MEMBER!

Please stop in to visit us and consider becoming a member. Membership fees are \$12 Individual, \$17 Family, \$2 Students and \$50 for Corporate members. The Historical Society is a non-profit, tax deductible organization.

HELP SUPPORT US!

The New Hartford Historical Society thrives on donations both monetary and items of interest that are relevant to the community. We are always looking for new interesting items, photos and documents to display in the museum or to assist in the illustration of our town's history.

MUSEUM IS OPEN TO THE PUBLIC

Mondays: 1-3pm
The 3rd Saturday of the Month: 11am-2pm
Or by appointment.

FREE ADMISSION

Village Point Apt, Building
2 Paris Road • 724-7258



{ THIS
IS
NOW }

*A sampling from our photo collection...
comparing a look at the past with a
modern-day view.*



1950's

THE BUSY BEE

During the 1950s the Busy Bee was a local hamburger and hot dog drive-in diner. They employed local teenagers to wait on people who could drive in, park, and order their food. It has had many owners over the years and several name changes. Today it is O'Baby's restaurant.

O'BABY'S



2018


**New
Hartford**
HISTORICAL SOCIETY
NewHartfordHistory.com

GLASS SLIPPERS
ARE SO BACK.



RODGERS + HAMMERSTEIN'S
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FEBRUARY 7TH • 7:00PM

FOR TICKETS GO TO BROADWAYUTICA.COM

315.724.7196 • THE STANLEY THEATRE



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NEW YEAR, NEW YOU!

With the New Year approaching, many people are looking for a new fitness facility to reach their personal goals. Thrive is more than a gym. Thrive is about being a part of a community that can inspire one to achieve balance and health in life. A place that is welcoming, fun, comfortable, and positive. If you are looking for a place that welcomes you no matter what your fitness level is then Thrive is the place for you. We hope that you will give Thrive a chance and in doing so give yourself a chance to thrive. Come in anytime between *NOW and January 15, 2019* to take advantage of one of three membership deals!



Looking for a **NEW** gym
and a **GREAT** deal?

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Paid in full, one-year membership!

ONLY \$425!

(SAVE \$153)



Need guidance on your
NEW fitness journey?

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Training Sessions!*

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(SAVE \$244)



Interested in **TENNIS**, but
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New Hartford, NY 13413 By Appointment

Evening Hours Available

NHFD News

November was another busy month for your New Hartford Volunteer Fire Department with 102 calls as indicated by the monthly call report listed below by category:

Fires	=	3
EMS	=	58
Hazardous	=	5
Service Type	=	12
Good Intent	=	1
Other Alarms	=	23
Weather Related	=	0
Other	=	0



Total Calls for the Month of November 2018 = 102. This brings the total number of calls year-to-date through November 2018 to 1,021.

Some of the calls listed above - such as Fires, EMS, and Hazardous - are self -explanatory. Others such as Service, Good Intent and Other Alarms are not. Service Calls includes water or animal problems, public assistance or standbys. Good Intent refers to responding but did not find anything or canceled in route. Other alarms include explosions, carbon monoxide, smoke or sprinkler detector activations.

The figures above do not include other activities by members of the department such as Fire Prevention details, training, parades, Open House and other various department committee meetings that take place throughout the year.

NHFD 2019 Fire Prevention Committee’s Annual Report

The New Hartford Volunteer Fire Department’s Fire Prevention Committee, which is active all year long, began its annual October Fire Prevention Month activities with an Open House on Saturday, September 29, 2018.

The Committee, along with members of the department, kick-off Fire Safety Month with a community wide open house that featured various educational programs, displays, hands-on activities, demonstrations and tours of the fire station. “This is now an annual event to assist in educating our community on fire safety and savings lives while continues fulfilling our mission to protect lives and property,” stated Assistant Fire Chief

and Fire Prevention Committee Chairman, Richard Alexander. He continued, “The committee did a great job in delivering this year’s fire safety message”.

Following the Open House, the committee continued its October Fire Prevention Month activities visiting the 3 Elementary Schools (Hughes, Bradley, and Myles) within the fire district. This year’s presentation focused on: get out and stay out, having a meeting place for the family to go in an emergency, and what to do when calling 911, among other topics. The department also brought the ever popular Smokehouse and Fire Truck displays to each of the schools. This year’s school program reached over 1250 children and more than 50 adults.

In addition, the committee also conducted tours and visits to the Sitrin Day Care and St. John’s Nursery School, along with several community-wide out-reach programs. The out -reach programs consisted of providing educational material, displays and at times power point presentations at various venues such as the Texas Road House, Sunset Woods, Preswick Glen, and the Town Park. Several station tours were also presented to various nursery school groups.

The committee also participated in presenting a “specialized” program to the junior high students. These students were also provided an opportunity for hands-on experience working with such items as the fire extinguisher trainer, CPR, and AED.

During 2018, the fire prevention committee’s fire prevention program touched the lives of more than 2,094 individuals and over 183 adults. The committee logged over 495 volunteer hours in presenting this year’s programs.

The committee recommends that every household test their Smoke and Carbon Monoxide detectors and change the batteries every Spring and Fall. A good habit to follow is doing this when the clock changes. Practice exit drills with both children and parents actively participating.

Fire Prevention and education can, will, and does save lives.

Visit us on the web at: www.nhfd.com all year long.



Fair Trade Shop

Damaris Chonay (15 years old) is on her way to her new secondary school, moving closer to her dream of becoming a doctor, in order to bring medical care to her community where there is none. Damaris lives in a Mayan agricultural community in Guatemala where her family resides in a small cement home with dirt floors. You can purchase baskets made in Guatemala from pine needles, along with a large selection of exquisite jewelry, collectibles, wood items, chocolate and food items, clothing and toys from 38 different countries in our Fair Trade Shop at Stone Presbyterian Church, 8 So. Park Row, Clinton. Purchasing fair trade ensures artisans and small farmers fair wages and healthy working conditions, providing dignity, sustainable development and hope for marginalized people. We will be holding a 25% off Winter Sale during January and February (some restrictions apply). Our hours are 10am to 6:30pm every Thursday and 10am to 4pm second Saturdays. For more information, contact Lauralyn Kolb, lkolb@hamilton.edu, 315-725-1326, visit our website at www.stonepres.org or like us on Facebook at www.facebook.com/stonepres.



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Joel F. Gallagher, CPA Deborah L. Fitzgerald, CPA*

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for more information

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JAN.
2019

COMMUNITY NEWS

THE TOWN CRIER 27

DISASTER SERVICES LLC
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FIRE • WATER • SMOKE • MOLD
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f VISA 315-797-1128
New Hartford, NY www.disasterservices.us

Frozen and Burst Pipes!

Of all the disasters that can happen in your home, there is none worse and more difficult to deal with than a frozen pipe that has burst.

The extreme cold of winter often brings extreme problems to North East homeowners and businesses. The worst of these is a frozen pipe that bursts and the water damage clean up that follows. When the cold temperatures don't rise above freezing for weeks on end, broken or frozen pipes lead to severe water damage from flooding.

A frozen pipe generally occurs to plumbing that is not in a heated space or in an area that is not supplied with proper heat when winter temperatures fall below freezing. A malfunctioning furnace, while the homeowner is away, is another likely cause of a frozen pipe. When exposed to below freezing temperatures the water turns into ice and the pipe expands until it breaks a small slit into the copper or separates the soldered joint.

Pipes that freeze first are usually located near outside walls that are exposed to the colder temperatures rather than pipes located throughout the middle of the structure. Some examples include outdoor hose bibs, pool lines, outdoor and indoor sprinkler systems, and other supply lines located in attics, basements, crawl spaces, garages, etc. Pipes in attics, crawl spaces & unheated rooms are particularly susceptible to freezing.

Usually, a frozen pipe is not often obvious because the break can be behind walls, in ceilings or in a crawl space leading into the home. The flooding usually is caught much later after damage has been done. An uncontrolled water leak from a broken pipe creates extensive flooding and water damage of carpeting, drywall, baseboards, and furniture and depending on the location of the break can also damage the heating and electrical systems in your home.

Repairing the plumbing resulting from the break is important, however, how quickly and accurately you address the water damage to the home is critical to prevent mold damage. Immediate action by a qualified water damage professional that has the knowledge and equipment to evaluate the extension or travel of water into hidden areas and evaluate the entire home or business is critical to your health and future structure stability of your home. Disaster Services offers thermal imaging along with various metering equipment to detect hidden moisture along with various types of drying equipment which allows us to get the job done the right way and according to industry standards. We will protect your property from further damage, develop a job scope and work closely with both the homeowner and the insurance carrier until job completion.

We at Disaster Services have been serving Oneida County and the surrounding area for the past 30 years and we set the bar for our competitors. We are capable of handling any size residential or commercial flood or fire emergency and are able to service all phases of the job so that the homeowner need not worry about contacting multiple contractors for various trades required. We can even offer temporary heat to your home if necessary and also have a wide range of non-emergency services. Our services are 100% satisfaction guaranteed and available 24 hours a day, 365 days a year simply by calling 315-797-1128. If you have a frozen pipe that breaks, don't delay, call the professionals at Disaster Services. Also, visit us at Facebook or on the web at disasterservices.us for a complete list of our emergency and non-emergency services.

Adirondack Mountain Club January Program

Matt VanSlyke will be presenting to the Iroquois Chapter of the ADK club on Tuesday January 8, 2019. His discussion is entitled Cycle ADKs: Experiential Tourism focused on community and conservation.

Matt VanSlyke is a professional transportation planner. Over the last two decades he has worked within upstate New York communities administering federal and state funded transportation and community planning programs. Matt is the Executive Director of Utica Bike Rescue, a community bike resource center located within Westminster Church in Utica. He is Co-Director of Cycle ADK and lives in Clinton with his wife, Jodi, and two sons.

This meeting, open to the public, will start at 7 PM and is located at First Baptist Church @ 7 Oxford Rd. New Hartford.

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~ Ralph Waldo Emerson

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Fax: (315) 749-7085

1 Month To Go

19TH ANNUAL
MOHAWK VALLEY
ANTIQUFEST

Jan 26th & 27th

Stanley Theatre

259 Genesee Street, Utica

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28

THE TOWN CRIER

FAITH IN NEW HARTFORD

JAN. 2019




FIRST UNITED METHODIST CHURCH

105 Genesee Street, New Hartford (315) 733-4227

office@firstumconline.org

We are also the home of the Family Nursery School!

Rev. Brad Chesebro, Senior Pastor

Deacon Becky Guthrie, Congregational Care Coordinator

Worship Schedule

9 am Classic Worship

10:00 am Coffee Hour

10 am Adult Sunday School

11 am Xalt Praise Service

Noon Youth Group Meeting

Communion offered 1st Sunday of each month.

Child care provided for all Church activities

We are handicapped accessible!

Visit our website to view recent sermons.

www.firstumconline.org

CLINTON ROAD BAPTIST CHURCH SBC

dba Crosspoint Church

Senior Pastor, Samuel Macri

Youth Minister, Bobby Allen

140 Clinton Road, New Hartford

Sunday Morning Worship Service at 8:00

317 Oriskany Blvd, Whitesboro, 797-4520

Sunday Morning schedule:

Sunday School Small Groups, 9:00

Sunday Morning Worship, 10:30

Sunday Evening Youth, 5:00

Sunday Evening Discipleship, 5:30

Tuesday Morning, 6:30, Men's Fellowship Breakfast

New Hartford Campus

Wednesday Evening, 6:30, Praise Team Practice

Wednesday Evening, 7:00, Prayer Meeting

Thursday Evening, 6:30, College/Career Ministry

Website: crosspointchurchonline.org

Sunday Morning Services streamed live

Pastor Sam's messages available at our website

We are Handicapped Accessible

Handicapped accessible!

ST. JOHN THE EVANGELIST CHURCH

66 Oxford Road - 732-8521

Rev. Kevin Bunger, Pastor

Cheryl Smith Dir. of Faith Formation

Saturday: 8:30am; Vigil, 5:15 p.m. Confessions 4:15-5pm

Sunday Masses: 8am & 11am

Mon-Fri Masses: 6:45am, 9:10am

We are handicapped accessible!

HOPE ALLIANCE CHURCH

4291 Middle Settlement Road, P.O. Box 626, N.H.

General Office: 732-1349

Rev. Andy Ward, Pastor

Sunday Services: Sunday School for entire family: 9:30 a.m.

Morning Worship: 10:45 a.m. Communion First Sunday of the Month.

Tuesdays: Ladies Bible Study - 9:30 a.m.

Wednesdays: AWANA - 6pm

Fridays: Christian Service Brigade - 7pm

Sundays: Jr. & Sr. High Youth Fellowship.

Hope Alliance Church is handicapped accessible.

ST. THOMAS CHURCH

150 Clinton Road - 735-8381

Pastor: Rev. David Sears

Saturday Vigil: 4 p.m.

Sunday Mass: 9:00 a.m.

Confessions: Sat. 4:45-5:15 p.m.

Holy Day Schedule:

Holy Day Masses 12 noon

Adult Religious Education, Open to the Public

We are handicapped accessible!

ST. STEPHEN'S EPISCOPAL CHURCH

25 Oxford Road - 732-7462 (Parish & Rectory)

The Very Rev. Joell Szachara

Sunday Service of Holy Communion at 10am followed by fellowship

We host:

YMCA School Age Child Care Office & Program (315-797-4787)

Al-Anon Meetings: Sundays at 5pm & Thursdays at 5:30pm

AA Meetings: Sundays at 8pm

Yoga by Kristy: Tuesdays at 5:30pm & Thursdays at 9:30am

EGA Meetings: 1st Mondays of the Month

St. Stephen's is handicapped accessible.

ST. GEORGE'S EPISCOPAL CHURCH

9389 Elm Street, Chadwicks

tmmas@roadrunner.com

For more information, please contact Brian Johnson

at 315-736-3572

Sunday Holy Eucharist: 10 a.m.

IMMANUEL BAPTIST CHURCH

Pastor Fletcher Matlack

9501 Weston Rd., NH (Next to Perry Jr. High), (315) 737-5222

www.ibcfamily.com E-mail: info@ibcfamily.com

Sunday School for all ages: 9:00 am - 9:45 am

Sunday Morning Worship Service 10:00 am

Nursery, Preschool and Children's Worship hour: 10:00 am

Prayer meeting held every Wednesday at 6:30 pm

Youth Group for ages 12 and up meets every other Saturday from 6-8 pm. See our website for schedule.

Church is handicapped accessible.

NEW HARTFORD PRESBYTERIAN CHURCH

45 Genesee Street, NH - 732-1139

www.newhartfordpresbyterian.org

Worship services begin each Sunday at 10:30 a.m., led by the Rev. Dr. Sue A. Riggle.

Sunday School programs for children and adults 9:30am.

Communion is available on the first Sunday of each month.

OUR LADY OF THE ROSARY CHURCH

1736 Burrstone Road - 724-0402

Pastor Joseph Salerno

Sunday: 7:30am and 9am

Masses held at Our Lady of Lourdes:

Saturday: 4pm and Sunday at 11:15am

Handicapped Accessible and Air Conditioned

SAUQUOIT VALLEY UNITED METHODIST CHURCH

Cor. Pinnacle Rd. & Mohawk St., Sauquoit

email: sauquoitvallyumc@aol.com

Pastor Carl Getz

Office - 737-7505

Sunday Worship 11 a.m.(Nursery Care Available)

Sunday School 9:30 a.m. For all ages.

Handicapped Accessible

FIRST BAPTIST CHURCH OF NH

7 Oxford Road - Office phone: 315-733-4570

firstbaptistnh@gmail.com

Rev. James Harriff, Pastor

Sunday Service - 9:30am

Sunday School - 11:00am

Handicapped Accessible

Sunday, January 6, 2019 - From 3:00 - 4:30 pm. There will be a service of celebration featuring the installation service followed by refreshments. Please join us in celebrating the new year under the guidance of our new Pastor, Rev. James R. Harriff.

UNITARIAN UNIVERSALIST CHURCH

10 Higby Road, Utica 13501

315-724-3179 - uuutica.org

Minister: Rev. Erin Dajka Holley

Sunday Service & Religious Education for Children 10:30am

January 6

Rev. Kimberley Debus, guest speaker "Transmogrified"

Sometimes, when our ideas, beliefs, and perspectives seem stuck, it's helpful to take them apart, mix them up, and see what is possible. What happens when we do this with our Uni-tarian Universalist Principles?

January 13

Celia Bogan, operations director for Hope House, will talk about the organization's mission to feed the hungry in Utica and its move to a new location this year to serve a growing population in need. Hope House has been serving meals to the needy for 26 years, and averages nearly 100,000 meals a year.

January 20

Rev. Erin Dajka Holley "Leap"

The most frightening thing a person can do is to make a choice, especially when that choice leads into the realm of the unsure or unknown. What happens if you take the leap anyway?

January 27

Mohawk Valley Unitarian Universalist Churches of Barneveld, Little Falls, Salisbury Center, and Camden will meet at the UU Church of Utica for a shared service. "Our Shared Voice" We will consider the possibilities inherent in working together.

BIBLE BAPTIST CHURCH

4431 Middle Settlement Road – 797-0404

www.bbcnhny.org

Pastor J. Douglas Hanback

Sunday Services:

9:30 am Sunday School

10:45 am Worship Service & Children's church

Wednesday Prayer Meeting: 6 pm

Nursery Provided. **Handicap Accessible!**

FAITH IN CHRIST FELLOWSHIP CHURCH

3431 Oneida St., Chadwicks - 737-0753

www.faithnchristfellowship.com

Pastor : John Kelly

Sundays: Worship, 10 a.m.

Children's Church during the sermon.

Bible Study and Prayer - Wed evening 7:00 p.m.

ST. GEORGE ORTHODOX CHURCH

350 Higby Road, New Hartford, 315-292-6682

Reverend Fr. Nikolai Meyers

Sat - 5pm Vespers

Sun - 9am Matins

Sun - 10am Liturgy

Wed - 5:30pm Vespers

Bookstore hours: Open Sundays after Services.

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David Green, Pastor

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Wednesday Bible Study - 7:00 p.m.

Sunday School 9:30am

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Music Director Richard Crawley

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Sunday School - 9:30am

Sunday morning Worship Service - 10:30

Mid-Week Bible Study - Thursdays 7pm

Summer Hours - Beginning 7/1/18:

Sunday Morning Prayer - 8:30am

Worship Service - 9:30am

Campfire Meetings -Thurs 6:30pm starting 7/12/18

TRINITY LUTHERAN CHURCH

2620 Genesee St., Utica. (315)732-7869

Fall/Winter worship:

9am - Sunday School & Adult Bible Study

10:30am - Worship is led by our Seminary Student Vicar Peter Saie. At the conclusion of his stay with us, he will become an Ordained Minister of the Lutheran Church - Missouri Synod.

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10:45 - Sunday School for Elementary Ages

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FAITH IN NEW HARTFORD

THE TOWN CRIER

29

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 Wednesday Prayer Mtg 7 PM
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 12:10 - Communion Service Only Wednesdays

ANNUNCIATION CHURCH
 7616 E. South Street, Clark Mills - 853-6138
 Fr. Kevin J. Bunger. Deacon Gil Nadeau
 Weekday Mass: Mon & Tues 8am, Wed 7:45am,
 Fri. 8 am Communion Mass
 Weekend Mass: Sat. 4pm Vigil, Sun. 9:30am
 Confession: Sat 3:15pm-3:45pm

STONE PRESBYTERIAN CHURCH
 8 So. Park Row, Clinton
 Scott Leonard, Commissioned Lay Pastor
 Sunday service-10:30AM
 Website: www.stonepres.org
 E-mail: stonepres@verizon.net
 Office phone: 315-853-2933
 Handicapped Accessible

CLINTON UNITED METHODIST CHURCH
 105 Utica Road, Clinton
 Pastor Jeff Hale
 Sunday Worship Service 9:30 AM
 Sunday school during worship following children’s time
 Office Phone: 853-3358
 www.clintonmethodist.org

PLYMOUTH BETHESDA UNITED CHURCH OF CHRIST
 500 Plant St, Utica (Oneida Sq, across from Dunkin Donuts)
 Mike Ballman, Pastor
 Sunday Mornings 9:30am
 Last Sunday of the month - 10:30am
 www.plymouthbethesda.com

CORNERSTONE COMMUNITY CHURCH
 500 Plant St. Utica(Oneida Sq. across from Dunkin Donuts)
 Mike Ballman, Pastor
 Sunday Mornings: 11:15am
 Last Sunday of month 10:30am
 www.cornerstoneutica.com

CHRIST CHURCH (REFORMED PRESBYTERIAN)
 8470 New Floyd Rd.
 Rome, NY 13440
 Website: www.christchurchreformed.com

New Life Apostolic Church



Service Times:
 Sunday School
 Sunday Adult Service: 10:00 a.m.
 Wednesday Night Prayer: 7:00-8:00 p.m.
 Thursday Evening Bible Study: 7:00 p.m.

Pastor Mark Waterman
315.736.1161

3995 Oneida Street #4
 New Hartford, NY 13413



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Facebook: <https://www.facebook.com/ChristChurchReformed-Presbyterian>
 Presbyterian
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 Sunday Worship: 11AM
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 Oneg Shabbat
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 All are welcome!




TEMPLE EMANU-EL
 2710 Genesee Street, Utica, NY – 724-4177
 teuticaoffice@gmail.com
 Rabbi Peter Schaktman
 Friday Shabbath Services: 6 p.m.
 Friday Evening Oneg Sabbath sponsored by the Sisterhood of Temple Emanu-El. All are Welcome


TEMPLE BETH-EL
 2710 Genesee Street, Utica , NY – 724-4751
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 Executive Director: Mrs. Mundy B. Shapiro
 Friday Evening Services: 5:30 p.m.
 Sabbath Morning Services: 9:30 a.m.
 Weekly Morning Minyan Services are held Mon., & Thurs. from 8:00 a.m. at 2710 Genesee Street.
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**NEW HARTFORD YOUTH EMPLOYMENT PROGRAM
KICKS OFF THE WINTER SEASON**






The New Hartford Youth Employment program is looking for Residents and/or local businesses with miscellaneous/odd job to hire industrious young men & women ages 14-19.

The Youth Employment Program matches local residents & businesses that need seasonal or part-time work done. This program matches youths with residents or businesses that need odd jobs done such as babysitting, lawn maintenance, painting, cleaning, copying, filing, organizing, party set up & clean up, cellar and/or attic clean out, moving, snow shoveling, holiday decorating, wrapping of presents etc. Jobs are often short term and the rate of pay is at the discretion of the business or resident.

The Program Director will try to match the skills offered by the registered youths, with the appropriate employment opportunity. When a match is found, the youth and employer will be given the name and contact number to reach each other, and at that time the employer will be asked to initiate contact with the youth to determine the rate of pay and hours of work for the job to be completed. The Youth Employment Director will follow up each referral with a phone call to the employer to ensure that there was a satisfactory conclusion to the match, and determine whether a youth will be given additional job referrals. It is important to know that youths are not employees of the Town, but rather working for individuals within our community.

It is the intent of the program to fill a need in the community by providing a part-time work force in the Town, and to help youths communicate with potential employers and be responsible for constructively planning out the arrangements of employment.

The program runs year round! If you are between the ages of 14 to 19 and have time to offer your energies and skill to residents and/or businesses of New Hartford, or you are a Town Resident and/or Business in need of work done around your home or business, please consider contacting the New Hartford Youth Employment Director Melody K. Fancett at 315-733-7500 ext. 2323 or stop by the Town Clerk’s Office between 8:00 A.M. and 4:00 P.M. Monday-Friday, holidays excepted, for more details.

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30 THE TOWN CRIER

FINANCIAL ADVICE

JAN.
2019



The Finances of Remarrying

If you're about to walk down the aisle a second time and thinking about the finances of remarrying, you may want to consider the following steps to get your new life off on the right financial footing:

Put all of your financial cards on the table. While the process may seem a little awkward, it's important to share a full accounting of your assets and liabilities. Partners should share with each other documents such as tax returns, pay stubs, and bank and investment account statements. Discuss any financial obligations you have to your ex-spouse, children, or to your extended family. You each may want to run a credit report and share it with the other so you both know what you are getting into financially before you walk down the aisle.

2. Consider a prenup. It may seem unromantic, but remarrying couples should consider whether a prenuptial agreement would be appropriate. Prenups don't just spell out how assets should be split if the marriage fails; they also come into play if one of you dies. A prenup is especially advisable if you are bringing a lot of wealth or assets into the marriage or if you have children from a previous marriage you want to protect.

3. Discuss your financial goals and philosophies. Are you a spender or a saver? Do you want to be able to support your aging parents as they get older? At what age do you hope to retire? Do you want to have children

together? These are among the critical questions that play into the finances of remarrying. Before you tie the knot a second time, it's important to examine what money issues caused stress in your first marriage and what steps can you take to avoid them in the future.

4. Decide who will pay for what. Discuss whether you are going to pool your assets and have a joint account, keep your assets totally separate, or have separate accounts as well as a joint account to which you both contribute. There's no right or wrong method, as long as you both are comfortable with it. Keep in mind that if you decide to keep your premarital property separate, it's important not to co-mingle it with property that you acquire during your marriage. Be careful, for example, about how you handle dividends on equities that you owned before the marriage. In some states, earnings on separate property earned during the marriage are considered marital property. While the stock itself can stay in your original account, the dividends are technically being accrued by both of you and should be segregated in a separate account.

5. Change your account beneficiaries. Many people forget to change their beneficiary designations after they divorce. In most states, that means your divorced spouse will inherit your IRA if he or she is still named as your beneficiary. Now that you're remarrying, take the time to update the beneficiaries of your retirement plans, annuities contracts, investment accounts, and insurance policies. If you want specific benefits to go to your children rather than your new spouse, you may need to get a spousal waiver.

6. See your financial advisor. Your financial advisor can help the two of you work through the finances of remarriage and help to create a financial plan together.

Wells Fargo Advisors does not render legal or tax advice. You should consult with legal and tax advisors before making any investment decisions that would have legal/tax consequences.

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8635 Clinton Street

(315) 724-8966

January

2019








24 Hour Notice

Required for Reservations

12:00 Noon is the deadline

Therapeutic Diet Available

1. Diabetic— Low Calorie

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<div><div>Happy New Year!</div><div></div></div>	<div><div>1</div><div>A HAPPY NEW YEAR</div></div>	<div><div>2 Italian Sausage</div><div>11:00 Oneida County OFA Outreach Worker</div></div>	<div><div>3 BBQ RIBS</div><div>10:00 Canasta</div><div></div></div>	<div><div>4 Tortellini / Ham</div><div>9:45 Aerobics 10:00 Bridge</div></div>
<div><div>7 Goulash</div><div>11:15 Chair Yoga 1:00 Sr. Theater Production</div></div>	<div><div>8 Roast Chicken</div><div>10:00 Bridge/ Canasta 10:00 Computer Instruction 11:00 Entertainment 1:00 Chair Yoga</div></div>	<div><div>9 Pork Chopette</div><div>9:30 Chair Yoga 11:00 RVSP THEATER GROUP</div></div>	<div><div>10 Chicken Salad Sand</div><div>10:00 Canasta 11:15 Mat Yoga</div></div>	<div><div>11 Fish Sticks</div><div>9:45 Aerobics 10:00 Bridge</div><div></div></div>
<div><div>14 Hot Dog</div><div>11:00 Aerobics 1:00 Sr. Theater Production</div></div>	<div><div>15 Mac/Cheese</div><div>10:00 Bridge/ Canasta 10:00 Computer Instruction 11:00 Entertainment 1:00 Chair Yoga</div></div>	<div><div>16 Chicken/Potato Cass</div><div>11:30 Scott Raymond Entertainment</div></div>	<div><div>17 Meatloaf/Gravy</div><div>10:00 Canasta 10:00 Zumba</div><div>AARP Drivers Classes</div></div>	<div><div>18 Chicken /Broc Cass</div><div>9:45 Aerobics 10:00 Bridge</div></div>
<div><div>21 CLOSED</div><div>MARTIN LUTHER KING DAY</div><div></div></div>	<div><div>22 Chicken Parm</div><div>10:00 Bridge/ Canasta 10:00 Computer Instruction 11:00 Entertainment 1:00 Chair Yoga</div></div>	<div><div>23 Hawaiian Pork</div><div>11:00 Jim Frediel Funeral Planning</div><div></div></div>	<div><div>24 Pasta Faggioli</div><div>10:00 Canasta 10:00 Zumba AARP DRIVERS CLASS 8:30— 3:30</div></div>	<div><div>25 Sliced Turkey/Gravy</div><div>9:45 Aerobics 10:00 Bridge</div><div></div></div>
<div><div>28 Meatballs Pasta With Sauce</div><div>11:00 Aerobics 1:00 Sr. Theater Production</div></div>	<div><div>29 Chicken Tenders</div><div>10:00 Bridge/ Canasta 10:00 Computer Instruction 11:00 Entertainment 1:00 Chair Yoga</div></div>	<div><div>30 Kielbasa</div><div>11:00 Jeff Glatt Entertainment 11:00 Birthday Party</div></div>	<div><div>31 Fish Sticks</div><div>10:00 Canasta 10:00 Zumba</div><div></div></div>	

New Hartford Senior Center News

Submitted by Eileen Spellman, Dir. Senior Services at the New Hartford Municipal Town Hall, 8635 Clinton St. New Hartford. espellman@townofnewhartfordny.gov - 315-724-8966

Happy New Year! This is a time to make good resolutions to take care of your health and to get out and take part in the many activities offered at the New Hartford Senior Center.

2019 brings many changes for the Town of New Hartford including a new Municipal Town Hall. This is history in the making. The Senior Center is scheduling many activities for you so you can enjoy this new building. We will have Defensive Driving classes and will be able to increase the number of people taking classes due to the larger room available.

We will have:

Low impact aerobics - Monday, Jan. 14th starting at 11:00 a.m. and Friday Jan. 18 at 9:45 a.m.

Zumba Gold Chair - Thursday Jan. 17th at 10 a.m.

There is a special room built for Yoga classes.

Chair yoga - Monday, Jan. 7 at 11:15 a.m. Tuesday, Jan. 8 at 1:00 p.m. Wednesday, Jan. 9 at 9:30 a.m.

Mat Yoga – Thursday, Jan. 10 at 11:15 a.m.

We are now located at 8635 Clinton St. New Hartford, NY 13413. We have a new Senior Center which includes a Yoga room, computer room and use of several conference rooms for any of our events such as Defensive Driving classes. We will have aerobics, Zumba, knitting and crocheting, bridge, canasta, free computer instruction and will provide more as seniors request what they would like to have scheduled, if we can do it, we will.

February will have AARP free income tax scheduled for the following dates, Feb. 7 and Feb 28, plus March 21ST and April 11th. This will start at 9:00 a.m. We can take 20 for each day. Call 315-724-8966. This will be at the New Hartford Town Hall Senior Center. The AARP Volunteer Group will start at 9:00 a.m. You will need to sign up as you come in to the center as is first come first served. No appointments are necessary, however we need to take your name to schedule 20 at each session. Remember to call 315-724-8966.

I want to thank all the people who came here (Willowvale) to provide the entertainment for the Seniors for our Holidays. The New Hartford High School Senior Choir, the Yesterdays Ensemble Band and Choir, Charles Ernst keyboard and singer Jeff Glatt also keyboard and singer and Scott Raymond, guitar player and singer. It made for a wonderful Holiday for everyone and gave us great memories. Again thank you Willowvale people for the opportunity for us to be here as it is a beautiful place and you made us feel very welcomed. Come visit us at The New Town Hall. It will be an outstanding place and I know it will get better every day as the Police and Courts Departments will be here by the Spring. There will be lots of activity going on and new ideas, activities, and parties to keep the Seniors happy.

But most important are the hot delicious meals served Monday thru Friday at 11:45 a.m. You will not have to cook dinner, it is here and you will meet old friends and make new friends. This center started out as a Nutrition program and has grown into a center with lots of activities, programs and hot meals, which are different for each day Monday thru Friday served by a friendly staff and volunteers. They care about you and it shows when you see the smile on the Seniors’ faces. You are valued. We have Bridge and Canasta. This is very popular. The Bridge group meets every Tuesday and Friday at 10:00 a.m. Some come in at 9:30 a.m. and start playing and stay until 2:30 p.m. on Tuesdays. Friday they start at 9:30 a.m. and stay until 3:30p.m. or 4:00 p.m. You can come when you want and leave when you want. Several play golf, some schedule their time between bridge and other activities. Most stay the whole time. They are a great group and enjoy coming to the Senior Center. Many have been coming for several years now and look forward to the games. Good friendships are developed at the Senior Center and that’s what it is about meeting friends and having a good time. We have Canasta Group for those who do not wish to play Bridge and they meet every Tuesday and Thursday at 10:00 a.m. and stay until 12:30 p.m. We did have a pinochle group but the interest has not continued however if there is interest in pinochle and we can get four to come and play, by all means let me know. Call 315-724-8966 if you would like to play pinochle and if the response is good, we will

start this up again.

We will have knitting and crocheting on Mondays at 10: 30 a.m.

Free Computer instruction is available on Tuesdays at 10:00 a.m. till Noon ½ hour sessions call 315-724-8966

The RSVP Group will meet at Willowvale on Mondays at 1:00 p.m. except when they are scheduled to perform. This group performs at the nursing homes, libraries, for groups, senior centers and they will perform at the New Town Hall Senior Center, Wednesday, Jan. 9th at 11:00 a.m. Please come and hear them. They are very entertaining and will brighten up your day and bring the sunshine in January. The St. Elizabeth’s College of Nursing Students will be here In Feb, March and April. I am looking forward to having them here.

I wish you all a very happy New Year and a great 2019. I want to thank the staff and volunteers at the New Hartford Senior Center for all the hard work they do to make this Center so special. God Bless You and I do count my blessings as I am very fortunate to be working with you.

Sincerely,

Please call 315-724-8966 to confirm location, date and times. We are currently at Willowvale and do not know if we will be at the new Town Hall in January at the writing of this article.



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