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Arbor Day Celebration

An Arbor Day ceremony was held honoring the Village of New Hartford for receiving national recognition as Tree City USA for the thirty-eighth year. Mr. Daniel Welch and Mr. Scott Healy, NYS foresters, presented the award to the Village on Wednesday June 5th at 10:30 am. on the Village Green. Mrs. Jennifer Conover, Mrs. Heather Thomas, and Mrs. Kristie Yoxall's second grade children from OxorRoad Elementary School were present to participate in the festivities under the musical direction of Ms. Amanda Costanza.

The Tree City USA program is sponsored by the National Association of State Foresters and the USDA Forest Service.

To become a Tree City USA, a community must meet four standards: a tree board or department, a tree care ordinance, a comprehensive community forestry program, and an Arbor Day observance.

"Trees make a world of difference in our communities," John Rosenow, The National Arbor Day Foundation's President, said. "Trees have long been recognized for the beauty and value they lend to homes, neighborhoods, parks, and business areas. At the same time, those trees conserve energy, help clean the air, protect rivers and streams, and provide a home for wildlife in our towns and cities."

"An effective community forestry program is an ongoing process for renewal and improvement-a program of tree planting and care that continues through the years," said Rosenow. "The tree City USA award is an excellent indication that there is a solid foundation for that process of improvement."



NEW HARTFORD FIRE TRUCK SPECTACULAR

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See page 21 for more Information

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THE TOWN CRIER

Community News

JULY 2019



Enjoy Your Annuals

submitted by Shelley Corey of The Mum Farm

By the time you are reading this, I will have already planted a couple thousand mum cuttings in preparation for the fall season. I certainly hope we have warmer, drier weather. I’ve grown mum crops in all kinds of weather... farmers get used to rolling with all of Mother Nature’s punches!

Your annual plantings should be growing strong by now. The most important thing I can share with you is the need to continue to fertilize your plants, no matter what kind of weather. By now, you should be fertilizing weekly with a water soluble fertilizer. Remember to fertilize even if the weather has been nothing but rain. You would think that it sounds counter-productive to add more water, but you really should fertilize the first sunny day after a rain...the soil in your container can only hold so much moisture....if you add more, the excess will come out the drain holes. If you add fertilizer, you will be forcing rain water out the drainage holes so that the roots will immediately begin sucking up much needed nutrients from the fertilizer. The key is simply to remember to fertilize. You need proper nutrition, and so do your plants!



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This might also be a good time to start a gardening journal. I wouldn’t be anywhere without all my notes on what I grew, what colors I liked, what performed the best, what ideas I saw when I was out and about! It certainly takes a lot of the stress out of gardening, if you can shop next spring with a list. A list of your pot sizes, where you placed them, sun or shade , and what performed well will be very useful in the future. I just love it when someone comes in with a list. I’m always ready to suggest new additions, but knowing what has performed well and what hasn’t from year to year is crucial so you don’t keep purchasing the same plants over and over! You may absolutely adore petunias, the big full trailing kind, but you haven’t had success. They get stringy and lose their flowers quickly for you. That tells me that you are putting a sun-loving plant in the shade. If you had bought a shade loving plant for that location, you would have been so much happier with the outcome. It’s as simple as moving the petunia hanging basket to a sunny location and using begonias or impatiens in their place!

When I make a suggestion to use begonias, someone will inevitably say they hate begonias. I’m sure they are referring to the old-fashioned wax begonias. Those are very outdated! The newer begonia varieties will “wow” you! There are landscape begonias that get a foot tall and a foot wide. Beautiful double upright begonias that will take sun OR shade, and let’s not forget the gorgeous trailing begonias! The perk with all begonias is that they are drought tolerant! So, let’s say that again...the new begonias will take sun or shade and are drought tolerant along with never needing deadheading! I’m enamored with them! I think you will be also. Write it down on your list to give at least one of them a try next year!

Gardening requires trial and error, but making good notes from year to year certainly helps. I’m off to make my notes on this years spring crop. Some pictures with your phone might help jog your memory next spring. You’ll smile and remember those beautiful blooms every time you search your photos. Congratulations, you’re becoming a great gardener!



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Getting Personal

submitted by Jim LaFountain, All American Fitness Center

I rarely refer to myself as a “personal trainer.” Primarily because the field is highly unregulated, leaving itself open for instant certification, via “on line” or “in person” qualifications. Founder of one of the country’s largest fitness chains, has referred to personal training as “buying a friend.” At first, I took offense to his comment, but after giving it some thought, I partially agree. I will explain my reversal later in this column.

I have been training people of all ages, for the past 50 years. My initial training took place in our family garage, then professionally for the remaining 48 years. I have an undergraduate degree in Exercise Physiology and two Master’s Degree’s in the field. My professional certification is entitled Certified Strength and Conditioning Specialist “CSCS,” which I’ve held since 1990.

- A “Professional Personal Trainer” should:
- *Have an educational background in the field. At least a two year Associates Degree.
 - *Have at least two years of “hands on” work in the field.
 - *Be certified and be up to date on their Continuing Education Units.
 - *Hold a current CPR/AED certification.
 - *Have a basic knowledge of Nutrition.
 - *Have a strong commitment to their own personal fitness (be in shape.)
 - *Possess sound social/communication skills (Buy a friend.)

Areas to address in a personal training program:

Social: Although clients expect to become physically fit and perhaps drop a few pounds, a lively dialogue usually makes the workout palatable and fun.

Emotional: Regular exercise is a great stress reducer. A well organized, intense bout of exercise encourages the production of beta endorphins, giving an exerciser a natural high.

Physical: Each workout should have a clearly defined purpose. Individual exercises must be sequenced to maximize their effectiveness. Appropriate intensity and form should be stressed above simply “moving” heavy weights. Random, haphazard, cardiovascular workouts must be avoided and should also have a specific purpose for each session.

- Why does personal training work?
- *Most exercise enthusiasts do not want to waste time.
 - *Regularly scheduled workouts are a great compliance tool.
 - *A financial investment also strengthens one’s adherence.
 - *Professional guidance takes the “guesswork” out of exercise.
 - *A skilled trainer will address YOUR “specific needs.”
 - *It provides a safe, yet effective method for getting and staying in shape.
 - *”Hands on” post workout stretching aids recovery and minimizes soreness.
 - *A skilled trainer will tactfully push you beyond what you’d do alone. With an understanding of how to assess a personal trainer’s qualifications, areas that need to be addressed and it’s benefits, you will make a wise choice in selecting a trainer.



Judge Joan Shkane

This is a continuing discussion of Legal Myths and Reality, because an informed citizen is always the most successful citizen:

MYTH: The law regarding farmworkers rights is settled. The workers are NOT entitled to union representation which would help enforce their legal rights.

REALITY: A New York appellate court very recently decided that farmworkers have the right to organize and collectively bargain. The New York legislature has not acted on a proposed law that would guarantee that certain rights to the workers. So, the Court seems to have felt it had to act to fill the void created by the legislature not addressing the proposed revised law. As usually is the case, there are at least two sides to the discussion. Under the existing law before the court decision, farmworkers were not entitled to rights that every other worker in the state enjoys. For example, they were not entitled to overtime pay nor a day of rest. During the growing and harvesting seasons they sometimes work seven days a week, sometimes for seventy to eighty hours a week. The workers believe that this intensive labor with few protections may end now that they can unionize.

On the other hand, farm employers believe that they will not be able to remain in business and must give up their farms if this decision remains the law, and they vow to appeal to a higher court. In the meantime, they fear that the legislature will make this Court’s decision into further written law. The requirement proposed in the pending law is that farm owners pay laborers one and a half times normal rates if the workers work time is more than eight hours each day or forty hours each week. Farm Credit East, which serves the financial needs of the agricultural part of the economy, found that the overtime provision would collectively cost New York farm owners nearly \$300 million each year. Farm owners and farm workers all eagerly wait for the legislature’s move on the proposed law, but for now the Court decision is the law.

MYTH: Our Federal government is composed of three separate and equal branches, each as powerful as the other two, and ALWAYS WAS.

REALITY: In making our current U.S. Constitution the Founders relied on individual experience, especially in Europe and particularly England, as well as various philosophies of government. This Constitution followed the failed Articles of Confederation that was meant to craft a government for the 13 colonies (there were originally 15 colonies, but 2 of them remained loyal to the United Kingdom, and now form part of Canada). On paper the Founders envisioned all three branches as equal, that is, the executive (President), legislative (Congress) and judicial (Court) branches. In their plan (which we call the Constitution, and which is the whole agreement by which the states agreed to give up individual power and form a central government) they saw each branch as a watchdog on the other two branches. Of course, this function would require that each branch have equal powers. However, in practice, the judicial branch was not respected. The highest Federal Court is the U.S. Supreme Court, led by the Chief Justice (today that is John Roberts from Binghamton, N.Y.). The country had 3 Chief Justices of the Supreme Court up to 1801. John Jay, one of the Founders, held the Chief Justice’s job and then chose to give it up. President John

Adams named Jay for a second time, but Jay refused the position. He did not believe that the job would amount to anything, and that the role of Chief was “defective” and “lacking energy, weight, dignity.” A symbol of this disrespect was that the Court did not even have a separate building but, instead, met in the dark, moist and cramped basement of the old Senate chamber.

Along came John Marshall. Marshall was a 34- year-old slave holder from Virginia, and a distant cousin of Thomas Jefferson. The two men were polar opposites. Marshall had accomplished little, and was generally unknown. President John Adams offered the Chief Justice job to Marshall since it seemed no one else wanted it. Time was running out for Adams, whose presidential term was expiring, and he wanted to fill the position.

This appointment and Marshall’s quiet acceptance changed the whole complexion of the government. Marshall, in an utterly brilliant political move, decided that the Founders had given the Court review authority under the Constitution. This idea was never advanced before. Marshall said the Court had the power to say whether or not laws Congress passed were null and void because they were not in compliance with the Constitution. For 34 years spanning six presidencies Marshall slowly and methodically insisted that someone had to serve as guardian and final decider of the meaning of the Constitution. He said that the Constitution gave this power to the Supreme Court. Without Marshall we would likely have today two equally powerful branches of government, that is, the President and the Congress. There would be no equal power to decide disputes and to say whether or not the acts of President and Congress were in keeping with the law. The Supreme Court still tries quietly and openly for integrity and intellectual honesty. Sometimes history shows they miss the mark. However, whether one agrees or disagrees with the philosophy of any current Justice, or the Court as a whole, one must admit that we would be a far different county without John Marshall’s power grab. Probably not for the better. Thanks to leaders like John Marshall, we have lasting structural strength in the Court that the Executive and Legislative branches cannot and do not provide.

MYTH: The lawyer you choose must do whatever the lawyer thinks is appropriate and necessary to win your case.

REALITY: A lawyer must give you sound legal advice by explaining the law and suggesting legal strategy. The client must make ALL important decisions after weighing the lawyer’s advice. Among the decisions may be whether or not an accused citizen will testify at trial, whether or not to settle the case, whether or not to call certain witnesses at trial. An attorney must keep the client advised at all times, every step of the way. In criminal cases any plea offer must be immediately communicated to the accused in total, and the decision to accept or reject the offer must be made by the client, not the attorney. If evidence supports that an offer was not totally communicated, any criminal conviction after trial may be rejected by a Court.

Giving attention to legal myths is not wrong. It can be a starting point for developing an interest in the law. However, if legal issues are important in your life, for instance regarding custody of your children or money payable for any reason, it is wise to consult a lawyer who can advise you on the truth of legal myths. This discussion is not intended to render legal advice on specific cases or to express an opinion on any specific case.


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4

THE TOWN CRIER

Library News

JULY 2019



2 Library Lane 315-733-1535

Save the Date!! New Hartford Public Library Birthday Party

“20 years on Library Lane Birthday Bash!!!”

The New Hartford Public Library will be celebrating 20 years on Library Lane, by hosting a birthday party in the library garden on Monday, August 19th at 3:00pm. Open to the public!

Join us for cake, ice cream, and a bounce house for the kids!

**Bounce house generously donated by Rich Doherty of 3 Brothers Party Rentals*

Town of New Hartford Farmers Market

Look for the New Hartford Public Library at the Town of New Hartford Farmers Market. The farmers market will be held at Sherrill Brook Park on Tuesdays from 3:00-7:00pm, starting June 4th through September. For more information, go to www.newhartfordfarmersmarket.com

Story Time

For preschool age children continues on Tuesdays and Thursdays at 10:30.

Story time is a program of stories, songs, and crafts.

Rocking Chair Reader Story Time

Volunteers read to children every Friday at 11:00. Thank you to all of the wonderful volunteers that have taken part in reading to the children. If you are interested in becoming a Rocking Chair Reader, call the library at 315-733-1535 and ask for Ashlyn.

Summer Reading Programs at New Hartford Public Library “Universe of Stories” 2019

Performers’ schedule:

Monday, July 15, 2:00-3:00: Moreland the Magician - Join us for a space-themed magic show!

Tuesday, July 16, 2:00-4:00: Planetarium Adventures - (these program will be held in the Bradley Elementary School gym & are registration required *see all information below.)

Thursday, July 25, 4:00-4:45: Utica Zoomobile

Tuesday, July 30, 2:00-3:30: Jeff the Magic Man and Balloon Artistry - Join us for for a “Space Adventure” show followed by Jeff creating his amazing balloon art for the kids.

Story Time Continues all Summer Long!

Tuesdays & Thursdays 10:30-11:00 for preschool aged children. Join us for stories and crafts. Aimed towards preschoolers – but all are welcome. An adult must accompany the child. All story times are held in

the Children’s Area/Corasanti room.

Portions of the Summer Reading Programs are supported by The Friends of the Library and the Joshua Turner Fund. The above programs are drop in. Please call 733-1535 for more information or check the library website.

Kids Activities at the NHPL REQUIRING REGISTRATION:

Preschool Rhythms & Rhymes

Tuesdays (6 week session) 11:30am-12:00pm. July 9, 16, 23, 30, August 6, 13. This program is for 3-5 year olds. The kids will explore different rhythms, play instruments, and sing songs with Miss Amy. This program is registration required. We will have a registration form at the circulation desk *for up to 20 children.*

Secret Agent Book Club

Our Secret Agent Book Club will meet Thursdays at 10:30-11:15 starting July 11th - August 15th. We will be reading Spy School by Stuart Gibbs. Participants will read chapters each week on their own. Our meetings will include chapter discussions and fun spy activities.

The Secret Agent Book Club is for students entering grades 4-5 and is limited to 10 kids. To ensure that we have a book for each child preregistration is required. We will have a registration form at the circulation desk. The session is free and all materials are provided! Please call 315-733-1535.

Planetarium Adventures

Tuesday, July 16, 2:00 *for ABC’s of the Sky*, and 3:00 *for Star Stories* (there are 2 programs for 2 different age groups) These programs will be held at the Bradley Elementary school gymnasium in order to accommodate the Starlab.

ABC’s of the Sky (Grades Pre-K-2) 2:00

In the STARLAB, the students will be introduced to astronomy following the alphabet format from astronaut to Zodiac. The level of vocabulary increases with the grade level of students. Topics covered range from astronomers, telescopes, constellations, planets and space discoveries.

Star Stories (Grades 3-7) 3:00

Among the twinkling stars the pictures of the constellations appear...Ursa Major, Queen Cassiopeia, Orion the Hunter and many others are among the cast of characters in the Star Stories told by ancient cultures. Learn how the rotation and orbit of the earth brings these into view. Hear some of the amazing stories form the ancient Greeks and Native American cultures that brought them to life and helped explain the world they lived in...

Both of the Planetarium Adventures are limited to 25 kids, so registration is required.

We will have a registration form at the circulation desk.

Please call 315-733-1535 to register.

hideout in an attempt to steal everyone’s superpowers! Who is this Alien Invader? How did he get in? And can they catch him before he drains them of their powers for good? Grab your cape and get ready to solve this Superhero Mystery!

This Library mystery is for kids ages 8-13 years old, and there are 16 characters.

Register to be a part of this fun mystery.

Sphero Challenge

Thursday, July 18, 1:00-2:30. Work in teams to learn to code a Sphero, and explore the possibilities of all that Sphero has to offer. A Sphero is designed to inspire curiosity, creativity, and invention through connected play and coding. *Students do not keep the robots or devices used as part of the program challenge.Session for up to 25 participants – ages 9-12 years old. Register to be part of this fun challenge.*

Kids Activity Sessions at NHPL – NO REGISTRATION REQUIRED

Monday, July 8, 10:30-11:30: Glitter Galaxy Slime Craft

Monday, July 15, 10:30-11:30: Solar System Sun-Catchers Craft

Monday, July 22, 10:30-11:30: Mystery Bag Stem Design Challenge

Take part in a super fun Stem activity using recyclables and other basic materials in this **mystery bag STEM building challenge**. Kids will receive a bag of mystery items and then use those materials to complete a design challenge. *Recommended for grades 2-6.*

Kids Drop-In Sessions - NO REGISTRATION REQUIRED

Friday, July 12, 10:30-11:30 Puzzles & Games

Friday, July 19, 10:30-11:30 Puzzles & Games

Friday, July 26, 10:30-11:30 Puzzles & Games

Monday, July 29, 10:30-11:30 Makedo Cardboard Construction Kit/LEGO play (*children do not keep any LEGO parts or Makedo parts used during drop-in session*)

Friday, August 2, 11:00-1:00 LEGO play

Thursday, August 8, 11:30-12:30 Makedo Cardboard Construction (*children do not keep any parts of Makedo used during drop-in session*)

Friday, August 9, 1:30-3:00 Puzzles & Games

YA Programs – NO REGISTRATION REQUIRED

Henna Tattoo DIY

Tuesday, July 9, 1:00. Teens can create temporary tattoos using a Henna Tattoo kit provided by the library. (The activity will be in the gazebo weather permitting.)

Young Adult and Adult Programs – REGISTRATION REQUIRED

YA Melt and Pour Candles

Thursday, August 1, 1:00-2:00. Teens will make their own scented candles. All materials are provided. *Registration is required. Please call 315-733-1535 to register.*

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Social Artworking Young Adult and Adult Painting Party

Monday, August 5, 6-8:30pm: A fun night for YA and adults to paint a Modern Bouquet and enjoy refreshments. *This session includes up to 24 people, ages 16 and up.*

We will have a registration form at the circulation desk. The session is free and all materials are provided!

YA and Adult Textured Planter (clay design) part 1

Monday, July 29, 7:00-8:00. Participants can create a textured planter using paper clay and household objects. *Registration is required. Please call 315-733-1535 to register. The session is free and all materials are provided!*

YA and Adult Textured Planter (Paint and Plant) part 2

Tuesday, July 30, 7:00-8:00. Participants that created a textured planter on Monday, can now paint the planter and plant a succulent! *The session is free and all materials are provided!*

Yoga for Seniors with Bill Skinner

Classes on Mondays from 3:00-4:00 and continue through the end of the year. Each participant is required to bring their own yoga mat. The classes are conducted by Bill Skinner. Bill received his training at The Savannah Yoga Center in Savannah, GA and has 4 years’ experience teaching senior yoga. Class is limited to 25 participants. Please call [315-733-1535](tel:315-733-1535) to register.

American Red Cross Blood Drive

Join us on July 5, 11:30-4:30 and save some lives! We are partnering with the American Red Cross and would love your support. Please call 315-733-1535 to schedule an appointment. Walk-ins are always welcome!

Estate Planning Seminar

July 15, 6-8:45pm FREE! Come learn about: • Wills, Powers of Attorney, Health Care Proxies • Revocable & Irrevocable Trusts • Asset Protection • Nursing Home Eligibility • Protecting Minor or Disabled Children. Refreshments will be served!

AARP Defensive Driving Course

The AARP will be hosting another AARP Smart Driver Course on July 16, 1:00-9:00, \$20 for AARP members (bring your card), \$25 for non-members. Bring a bag lunch and your NYS driver’s license. Limited to 25, please call 315-733-1535 to register.

Mystery Book Club

Saturday, July 13, 11:00am-12:30pm; this month’s title is *The No. 1 Ladies’ Detective Agency* by Alexander McCall Smith. Copies are available to be checked out at the circulation desk. Stop by to get yours today!

Wanderlust Book Club

Tuesday, July 16, 5:30; July’s selection is *The Perfect Nanny* by Leila Slimani

NHPL Book Club

No meetings scheduled for July or August.

July Art on Display Gina Whalen

At a very young age, Gina Whalen was attracted to the paint brush and the feeling of putting paint on canvas was exhilarating. A connection to the “Universe” blossomed into a true passion for the arts where a Contemporary Abstract Artist was emerging. Although after high school, she had decided to take another path with her career. She received a Bachelor of Science Degree from Syracuse University with a concentration in Psychology. While pursuing her chosen career, Gina still continued to self- educate in contemporary art. She took several classes at Munson Williams Institute, and received a Certificate from Mohawk Valley Community College in Graphic Design with Photoshop. Having studied the works of Jackson Pollock, Maurice Esteve, and Paul Klee, she constructively implements into her motifs a sort of abstract expressionism, strictly using oils, mixed media, and acrylic paints. She has learned over the years to turn off her ego and paint from the soul, thus giving her the opportunity to create from love. She is constantly exploring and experimenting with forms, lines, and vibrant colors. Gina’s approach to the artistic process offers an expression into her own life’s experiences, dreams, memories, and spirituality.

Display Case July Karen Kelly/paintings

2019 Artists Needed To Display

The New Hartford Public Library has several months still available to exhibit your artwork in 2019. If you are interested in displaying your artwork, call the library at 315-733-1535.

Join Ruth Anne Kane for knitting and crocheting lessons!

She will be teaching the basics of knitting and crocheting. Class meets on Thursdays from 1:30 -3:00. All supplies are included but space is limited. Please call 315-733-1535 to register.

Important!!!! Tai Chi Classes at the library are on hiatus

Classes will resume on September 12, 2019 and continue for 8 weeks.

Friends of the New Hartford Public Library News

Ice Cream Social

Join us on Wednesday, July 10, 2019 at the New Hartford Recreation Center from 7-9 p.m. to experience a fun filled evening including gooey sundaes, homemade cake, the New Hartford Citizen’s Band, Smiley the Clown, face painting, 50/50 raffle and childrens’ raffle baskets.

Exciting news!

Childrens’ raffle baskets will be displayed at the library starting June 24th until July 9th. Raffle basket tickets may be purchased at the library circulation desk.

Volunteers Needed!

Bakers, scoopers, face painters, servers. Signup sheets available at the circulation desk in June. All proceeds are designated for the Joshua Turner Fund to benefit the Childrens’ and Teen rooms for the purchase of programs, materials and books.

The Bill Bonsted Indoor Mini Golf Tournament

The Bill Bonsted Indoor Mini Golf Tournament will take place inside the library on Saturday, November 2, 2019 from 10-4 p.m. All ages are welcome. \$5.00 per person, prizes, scrumptious bake sale, 18 fun holes of indoor miniature golf throughout the library. Sponsors and hole designers needed and are greatly appreciated. Share your favorite baked good with us. Contact the library at 315-733-1535

Tote Bags

Stop by the New Hartford Public Library to see the library tote bags which are available for purchase at the circulation desk \$3.00 each.

Friends Meeting

Please mark your calendar: Saturday, September 14; Saturday, October 19; Saturday November 16, in the large study room, 9:30- 11:00. All are welcome!

FRIENDS MEMBERSHIP FORM

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New Hartford Highway News

from Highway Superintendent Richard Sherman

The Highway Department has a busy schedule in the month of July. The compactors have been out picking up brush piles. Remember when you can, to place the brush so that the crews can grab it easily and please place small items in cans.

Our curbside pickup went well; as I write this letter we still have wards 3 and ward 4 to pick in the next two weeks. We will be finished by June 28th.

Our paving crew has been in town and slurred the roads that were paved last year. The paving crew will be here around July 8th to start the work on Snowden Hill Rd, and Grange Hill Rd. with the paving train. This operation is quite in depth and will be taking a lane one at a time. The road will be milled to depth and new stone dumped in front of the paver and a tanker pumping new oil into the machine as new recycle

pavement is laid. After this sets for a while, the new pavement will be sealed with a stone and oil mixture. Neals Gulf will be milled and paved from Snowden Hill Rd to Grange Hill Rd along with Butler Rd off Grange Hill Rd. The second round of paving will be done at the end of July, first part of August. This will include Lloyds Lane, Golf Ave shoulder, Evalon Rd, Clinton View and Applewood Entrances.

The New Hartford Library hosted the annual TOUCH THE TRUCK on June 8th 10:00AM TO 12:00PM. We had about 100-125 children there for this event. It was a great turnout and all the children had a great time.

I have an update for the Chenango Rd Bridge. Lochner Engineering has been designing the repair for this bridge and obtaining the necessary permits from DEC and the Army Corp of Engineers. The permits take time to get them approved. The money for the repair was obtained by a grant from Senator Griffo office in the amount of \$250,000.00 to fix the scouring damage underneath the New Hartford end of the bridge. This will include placement of extra heavy rip-rap stone or concrete blocks that will be drilled and pinned together. Heavy and medium size stone will be placed along the stream bank. Attached is a picture what the scouring damage looks like underneath the bridge. That is why the bridge is closed until this is repaired.

If you have any questions please call me at 315 724-4300 or 315 534-2998 or e-mail me at rsherman@townofnewhartfordny.gov.



New Hartford Village News

Submitted by Richard Woodland

In 2018, the New Hartford Village Board and New Hartford Town Board consolidated the Village court with the town court creating a unified court system as the New Hartford Town Court. The New Hartford Town Court is the third busiest court system in Oneida County behind the Cities of Utica and Rome.

Consolidating the two courts allowed grant monies for consolidation to be used to refurbish the new town court in the new, centralized town offices in the former Gander Mountain building. The grant money helped with security issues that are addressed by the presence of police and bailiffs along with improving secured access. Compared to the old town court, the new court is accessible, has a larger gallery for court proceedings, and has plenty of parking. There are also more meeting rooms for lawyers to meet with clients ahead of court proceedings than the old building had.

In the main foyer of the building, there are windows for the Town Clerk, Police Department, and Court Clerks. The court clerks window allows for improved efficiencies in collecting fines and surcharges. In addition to the court clerk window, most fines and surcharges can be paid online. There is a link for “Pay Court Fines Online” under the Services tab on the town’s website. The new court also houses the two town justices and clerks under one roof. The district attorney's office, public defender’s office, and probation department also have a presence in the new building.

The New Hartford Town Court is in session on Tuesday and Thursday afternoons at 1 pm. The justices hear criminal and traffic matters. They also hear small claims, eviction, and codes cases. At our next town board meeting, we will be setting a date for an open house for residents to come and tour the new facility. As always, please contact me with any suggestions, questions, or concerns you may have. I can be reached by phone at (315) 982-4936 or by email at rwoodland@townofnewhartfordny.gov.





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7

2019 Great American Irish Festival

The 16th annual Great American Irish Festival (GAIF) is being held on Friday, July 26th (5to 11PM), Saturday, July 27th (11AM to 11PM). Returning this year will be a third day on Sunday, July 28th beginning with a celebration of Catholic Mass at 10AM and running through 4PM that day. This year's Mass will feature the musical talents of internationally renowned Andy Clooney who will also be performing on stage following the service. Cooney , who has recorded 19 albums, has eight Carnegie Hall sellout appearances and has filled the David Geffen Hall at Lincoln Center.

There will be again this year the opportunity for attendees to purchase a pass to a VIP area (to be located immediately adjacent to the main stage), a "Sip and Paint" area, Whiskey Tasting, Irish cultural exhibits, a Bag Pipe competition along with traditional and contemporary Irish music hourly. Featured among the 21 performers will be Enter the Haggas and the High Kings of Dublin Ireland which group has had its musical special broadcasted on PBS nationally.

Friday night (under the lights) and Saturday afternoon will have the return of the Highland Games. The Highland Games are a centuries old tradition of celebrating Celtic culture. It involves a large number of different male and female athletic tests of strength known as heavy competition. This includes the hurling of logs, stones, and hammers for distance measurement. Competitors will be from across the Northeast and will feature former track and field athletes who are continuing their athletic endeavors from high school and college.

A new addition to Sunday this year will be "Family Fun Day". The GAIF will be offering additional activities specifically designed for children and the entire family.

For more information visit www.greatamericanirishfestival.com.



Second Annual 'It's All About You'

Sponsored by Hair Designers, Deborah Talerico, Colleen Perta & Susan Perretta at Ultimate Image Salon

WERC to Work Program Celebrates Graduates

It was a bittersweet morning filled with mixed emotions on Friday, June 14. Eight women who had completed three weeks of intensive job readiness training were just hours from their graduation ceremony from Empowered Pathways' WERC to Work program. In preparation for graduation, the women were treated to an "All About You" day by the staff at Ultimate Image Salon in New Hartford. They dressed in business attire, had their hair styled, had manicures, and had their makeup applied. As they left the salon, hair designer and the lead organizer of All About You, Debbie Talerico, gave each woman a gift bag, a bouquet of flowers, and a few parting words. "You have been given a great gift of skills and knowledge through the WERC to Work program, and you are now ready to begin a new journey in the work world," she said. "Take advantage of this opportunity to go on to do great things."

The graduation ceremony began with a few words from Stephanie Dulak-Eghigian, Executive Director for Empowered Pathways, "All of you are so deserving of the recognition and special treatment you've received today. You've worked hard to accomplish the goals of the Women's Employment & Resource Center (WERC) program, and I am proud to celebrate today with you." Several of the graduates took a moment or two to speak about their experiences with the program and express their appreciation for the opportunity. "When I came to this program, my self-esteem was extremely low, but today I realize just how many skills I have to offer," said one. Another commented on how the group of eight ladies had created a bond of friendship that would last well after today's festivities. "We are forever linked as classmates looking forward to the next chapters in our lives."

Each of the participants received a "Surviving Life" bag from Rosemary LoGalbo, Office Manager at Empowered Pathways. Each bag included a string to hold things together, a rubber band to remind them to stretch their abilities, and two cents so they will never be broke.

Kathy Peters, Training Coordinator for the WERC to Work program, reminded the participants just how far they have come in such a short period of time. "If you remember back, to that first morning on that first day, when you walked into the classroom for the very first time, you will remember how hard that was, how scary it was to not know anyone and not know what to expect," she said. "That took guts. And today, you are accomplished, confident, and ready for your next venture. Go get 'em!" Each participant received Certificates of Recognition from several local officials in addition to their Graduation Certificates from Empowered Pathways. The women also received gift bags and gift cards from the Zonta Club of Utica, presented by the club president, Patricia Rugari.

The next step for each of the women in their partnership with the WERC program is to launch a job search that will utilize their new skills. The WERC to Work program includes extensive training in Microsoft Word and Microsoft Excel, Customer Service, Conflict Resolution, Interpersonal / Soft Skills, Writing Resumes, Cover Letters, and Thank You Letters, and Interviewing Techniques.

Funding for the WERC to Work program through Empowered Pathways is provided primarily by NYS Department of Labor, the United Way of the Valley and Greater Utica, as well as private donors and local funders. The program is currently offered three times per year throughout the region. For more information, visit empoweredpathwaysny.org.

Area Salons specializing in make-up, hair and nails wishing to participate in future events of "Its All About You" please contact Debbie Talerico at 315-794-7058



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New Ministry for the Bereaved - Griefshare

It may be hard for you to feel optimistic about the future right now. If you have lost a spouse, child, family member or friend, you've probably found that there are not many people who understand the deep hurt and pain you feel.

That is the reason for GriefShare, a special seminar and support group for people grieving the loss of someone close. This group is jointly sponsored by Hope Alliance Church and Crosspoint Church (formally Clinton Road Church) and is facilitated by people who understand what you are experiencing and want to offer you comfort and encouragement during this difficult time.

Each GriefShare session includes a video seminar and group discussion. A GriefShare workbook assists you with note-taking, journaling and grief study. The videos feature top experts on grief recovery, dramatic reenactments about living with grief and real-life stories of people who have experienced losses like yours.

During the small group discussion time, you'll have the opportunity to interact with others who have experienced a recent loss, learn about their experiences and share your own.

GriefShare is a non-denominational group and features biblical teaching on grief and recovery topics. Grief Share video sessions are designed to help you successfully travel the journey from mourning to joy and include the following topics: Living with Grief, The Journey of Grief, The Effects of Grief, When your Spouse Dies, You Family and Grief, Stuck in Grief, Top 20 Lessons of Grief and Heaven.

You are welcome to begin attending the Griefshare group at any session. Each is “self-contained”, so you do not have to attend in sequence. You will find encouragement and help whenever you begin. You will be able to continue with GriefShare through the next cycle and view any of the videos you have not seen.

Please join us for the next GriefShare cycle beginning Thursday, August 29th at 6:30 p.m. to 8:30 p.m. at Crosspoint Church, 317 Oriskany Blvd, Whitesboro, NY 13496. The cost is \$20.00 to cover the cost of the workbooks, To register or for more information please call Susan DeGeorge 315-733-0526. Additional information can be obtained at GriefShare.org. Groups all over the United States may be found at this website as well.



Find Waldo in July in New Hartford

Waldo is hiding in 21 local businesses this July!...and sneaky Odlaw is hiding at **The Treehouse Reading and Arts Center**. Can you find them all? The search is on!

1. Start at any of the participating local businesses and get a **Find Waldo Passport**.
2. Collect a store stamp (or signature) when you spot Waldo at any of the 21 businesses listed below.
3. Collect an extra store stamp (or signature) when you spot Odlaw at **The Treehouse Reading and Arts Center**
4. When you've collected at least 10 different store stamps, bring your passport to the Treehouse, your **Find Waldo Local Headquarters**, and claim an "I Found Waldo" button and a special coupon.
5. If you collect **ALL** the store stamps, bring your passport to The Treehouse for an entry in the Grand Prize drawing for a **Deluxe Set of Waldo books!**
6. Didn't find all the Waldos? You can still get 1 raffle ticket for each Waldo you found to use in the **Basket Raffle!**
7. Submit your passport to the Treehouse on or before July 31st to enter!

Plan to attend the awesome **Find Waldo Celebration**, including the basket raffle and grand prize drawing, at **6PM on July 31st** at The Treehouse Reading and Art Center!

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The Sneaker Store
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Find Waldo Local Headquarters: **The Treehouse Reading and Arts Center**



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Brave Hearts at the Utica Zoo on July 26th

How can I help my child when I am going through grief myself? My child isn't crying or talking about the death, should I be worried that he/she is not grieving? My child is having trouble sleeping and doesn't want to go to bed alone; is this normal? My child is reacting now to a death that happened some time ago, why is this happening? These are some of the questions that worry parents as families go through the grief following the death of a loved one.

Each child goes through the grief process in a unique way, as do adults. As they grow, children revisit their grief at each developmental milestone as their understanding of life and death evolves. When parents are grieving, children sometimes feel left out and isolated in their grief. They may not have any peers who have been through a major loss, and feeling different can be an uncomfortable experience for them.

Brave Hearts, a day long program by Hospice and Palliative Care, will be held July 26, 2019 at the Utica Zoo for children ages 6 to 12. The program will offer fun activities which teach children and allow them to express, understand, and cope effectively with their grief. Children will also have the experience of touring the zoo and feeding some of the animals. A short program for adults will be offered to provide education and tools to help parents help their children.

For more information, call the Hospice Bereavement Services line 315-735-6487 ext. 1214.

New Hartford Pop Warner Football and Cheerleading Registration Info

Are you ready for some football? It's time to register for NH Pop Warner Football and Cheerleading. Ages 5 and up. Practices begin in August. Come to the in-person registration event at Tony's Pizza in Washington Mills on July 17th from 6-9 pm OR register online.

Google Search "New Hartford Pop Warner Football" for additional information and to download registration forms.

WHAT IS REQUIRED TO SIGN UP?

1 Copy of Birth Certificate

1 Copy of 2017-18 Report Card. Must provide all 4 quarters, including final grade.

Pop Warner Physical Form Section I & II

Pop Warner Participant Contract Consent Form/
Parental/Guardian Permission & Waiver

New Hartford Pop Warner Registration Form

Additional information about registration fees, program age/weight guidelines and league contact information is available online.

The Women's Fund
OF HERKIMER & ONEIDA COUNTIES, INC.
Empowering Women and Girls to Realize Their Dreams

The Women's Fund Grant Applications Due September 20, 2019

The Women's Fund of Herkimer & Oneida Counties, Inc. is now accepting applications for their 2019 grant cycle. Grants applications must be postmarked no later than September 20, 2019 and be mailed to The Women's Fund of Herkimer and Oneida Counties, Inc., Attn: Grants Committee, 2 Williams Street, Clinton, NY 13323.

The Women's Fund invites requests for funding that will assist women and/or girls in Herkimer and Oneida counties. To be eligible for funding consideration, applicants must be a 501(c)(3) non-profit agency, submit a complete application, and the funding request must be for programs or projects that benefit women and girls. The Women's Fund supports programs in the local community that meet its mission of empowering women and inspiring girls while promoting leadership and building self-esteem. Gender and geographic location areas are the sole restrictions on those who may benefit. There is no minimum amount that must be requested.

The funding priorities of The Women's Fund include: 1.) To create opportunities for economic, educational and personal growth for women and girls of all ages. 2.) To encourage the advancement and full participation of women and girls in the community

For more information please call (315) 725-6758 or visit www.womensfundhoc.org and click on Grants Guide for complete details.

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Food insecurity refers to the United States Department of Agriculture's (USDA) measure of lack of access to enough nutritionally adequate foods for an active, healthy lifestyle for all household members.

The face of hunger has shifted from what once was the homeless man who used a soup kitchen to get by to working families and individuals who are struggling to make ends meet.

Among the thousands of people who depend on charitable food programs in central and northern New York:

29% are children 18 or younger

16% of households include an active member or veteran of the military

43% of households have had to choose between paying for food or paying for day to day expenses (medicine/medical care, utilities, rent/mortgage or transportation/fuel)

60% of households have an annual income below \$18,000

Angels Among Us Food Pantry is the food pantry site that serves the Towns of New Hartford and Paris, which includes Sauquoit, New Hartford, New York Mills and surrounding areas.

We agreed upon this service area with The Food Bank of Central New York in Syracuse NY, which maintains a network of food pantries throughout much of New York State.

We are in the basement that is reachable via the parking lot behind the church at:

Angels Among Us Food Pantry, c/o St John The Evangelist Church, 66 Oxford Rd, New Hartford, NY 13413. 315-732-8521

We are generally open the second and fourth Saturday in any given month from 10:00 AM to 12:00 noon. Signs will provide directions to the actual pantry when we are open.

Our planned summer open dates: July 13 and July 27, August 10 and August 24

In general, anyone receiving reduced lunches, or food stamps or Medicaid will qualify, as well as individuals who live in subsidized housing but there are income guidelines. Please see attached.

Not sure if you're eligible? Come in. We will figure it out for you.

Not sure if we are the proper Food Pantry based upon location? We will figure it out for you.

Anyone in need that visits our food pantry will be provided with food at the first visit and referred to another food pantry for later assistance if needed.

When you come in, please bring in proof of address. If you are homeless or temporarily undomiciled, just come in.

Emergency situations can be dealt with by calling the St John The Evangelist rectory at 315-732-8521 Monday through Thursday from 9:00 AM to 4:00 PM. Tom Onisk is the current pantry coordinator; he can be reached through the rectory if you have questions.

The Good News Center News

10475 Cosby Manor Road , Utica, NY 13502
(315)735-6210 - Fax: (315)735-7090
www.thegoodnewscenter.org

Grief Survivors

Meets every other Tuesday from 6:00 - 7:30 PM at The Good News Center, 10475 Cosby Manor Rd., Utica. Upcoming meetings will be July 9th , July 23rd and August 6th. Drop-ins welcome. This is a non-denominational support group for those suffering the loss of a loved one. Meets bi-weekly to help you face the difficulty associated with losing a loved one. For more information contact The Good News Center at 315-735-6210, info@thegoodnewscenter.org, or visit us online www.thegoodnewscenter.org.

PAL – Parents of Addicted Loved Ones

The primary goal is to provide hope through education and support for parents dealing with addicted loved ones by offering confidential peer support. Other family members of addicted loved ones are also welcome to attend. Parents of Addicted Loved Ones (PAL) is a national organization founded in Arizona by a Licensed Independent Substance Abuse Counselor. The group will be led by Michelle Holliday, who has been trained by PAL. Some of the topics covered are: addiction cycle, traits and behaviors, delayed emotional growth, role of family and enabling behaviors. Meetings are 6:30 - 8:00 PM every other Monday here at The Good News Center, 10475 Cosby Manor Road, Utica. Upcoming meetings will be July 1st, July 15th and July 29th. For more information contact The Good News Center at 315-735-6210, info@thegoodnewscenter.org, or visit us online at www.thegoodnewscenter.org.

Rosary Walk with Chicken Barbecue

Please join us between 4:00 pm and 5:30 pm on Wednesday, August 7th at 10475 Cosby Manor Road, Utica for a chicken barbecue. Cost is \$10. Reservations required for barbecue. Call 315-735-6210. Then at 6:00 pm pray the Rosary with us along our beautiful outdoor trail led by Mike Dziura. There will also be a Rosary prayed on the Center lawn for those unable to walk the trail. Seating will be provided. Free refreshments to follow. All are welcome.

TEFAP: The Emergency Food Assistance Program

Income Eligibility Guidelines: July 1, 2018– June 30, 2019

Household Size	Annual Income*	Monthly Income*	Weekly Income*
1	\$22,459	\$1,871	\$431
2	\$30,451	\$2,537	\$585
3	\$38,443	\$3,203	\$739
4	\$46,435	\$3,869	\$892
5	\$54,427	\$4,535	\$1,046
6	\$62,419	\$5,201	\$1,200
Each additional person add:	\$7,992	\$666	\$153

*Note: Eligibility is set at 185% of the US poverty guidelines





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Rain Date: August 14th | 6-8pm

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Health & Wellness Expo

July 12th & 13th 2019

MVCC Utica Campus

Friday - Noon to 7:00pm

Saturday - 8:00am to 4:30pm



Free Community Event

Open to Public/Plenty of Parking



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 *Live Entertainment (Saturday - bring blankets & chairs)*

 *Race Packet Pick Up*

 *Meet Running Legends:*

Bill Rodgers, Kathrine Switzer & Roger Robinson

 *Career Fair*

 *Running Products & Events*

 *Food Trucks*

 *Utica National Kids Run*

 *& so much more!*

Schedule of Events:



Friday Noon – 7:00 pm

- Utica National Kids Run Registration Noon – 3:00 pm
- Utica Zoomobile Noon – 2:00 pm
- Race Packet Pickup Noon – 7:00 pm
- Food Trucks Noon – 7:00 pm
- Mohawk Valley Career Fair 3:00 pm – 7:00 pm
- Vendor Exhibits Noon – 7:00 pm
- Meet Running Legends (booth #64):
 - Bill Rodgers 3:00 pm – 5:00 pm
(4x winner NYC & Boston Marathons, Olympian, Author)
 - Kathrine Switzer & Roger Robinson 5:00 pm – 7:00 pm
(1st woman to run Boston Marathon, winner NYC Marathon, Author/International Runner, Author)



Saturday 8:00 am – 4:30 pm

- Utica National Kids Run 8:15 am – 10:00 am
- Utica Zoomobile 10:00 am – Noon
- Race Packet Pickup 8:00 am – 4:30 pm
- Food Trucks 8:00 am – 4:30 pm
- Mohawk Valley Career Fair 10:00 am – 4:30 pm
- Vendor Exhibits 8:00 am – 4:30 pm
- American Dining Creations Pasta Buffet (United Way benefit) Noon – 3:00 pm
- WellNow Urgent Care Live Entertainment 9:30am to 4:30pm
 - Jared Campbell 9:30am - 10:30am
 - Chris United 11:00am - 11:30am
 - Filled to the Brim 11:45am - 12:15pm
 - Midweek Fridays 12:30pm - 1:30pm
 - The Old Main 2:00pm - 3:00pm
 - Valley Hawks 3:30pm - 4:30pm
- Carmella's Café Pasta Challenge Noon
- Meet Running Legends (booth #64):
 - Kathrine Switzer & Roger Robinson 9:00 am – Noon
(1st woman to run Boston Marathon, winner NYC Marathon, Author/International Runner, Author)
 - Bill Rodgers Noon – 3:00 pm
(4x winner NYC & Boston Marathons, Olympian, Author)
- Runners Forum:
 - "How Running Makes History for Women & the World"
Kathrine Switzer & Roger Robinson 1:00 pm – 1:45 pm
Register (free) at Eventbrite.com (Kathrine Switzer)
 - Panel Discussion on Nutrition & Fitness 2:00 pm – 2:45 pm
Mark Wolber - Moderator, Cindy Chan-Philips, Patricia Wolber, Joe Wilczynski & Nick Aunkst



Health & Wellness Expo

July 12th & 13th, 2019

MVCC Utica Campus • Friday Noon to 7:00pm • Saturday 8:00am to 4:30pm

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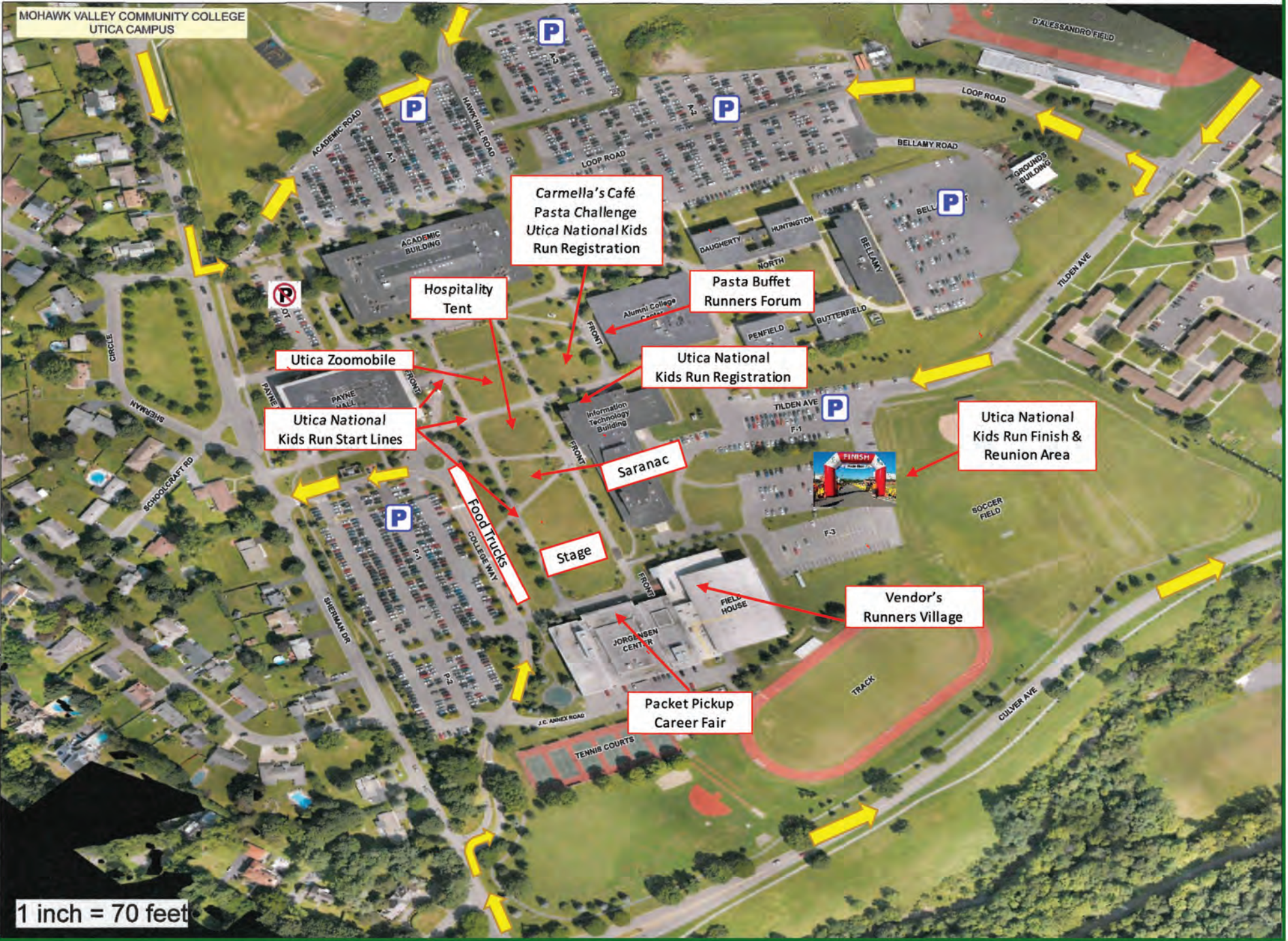
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Boilermaker

JULY 14, 2019 | UTICA, NY

Boilermaker Pasta Buffet and The Runner's Forum - Saturday, July 13

It's year number 22 for the Boilermaker Pasta Buffet! This little gem of an event, which occurs during the Fitness Mill Health & Wellness Expo at MVCC, has raised thousands of dollars for the United Way of the Valley & Greater Utica Area. The *all-you-can-eat buffet* is a favorite of runners and non-runners alike. Everything will be prepared right on premises by MVCC's new food service, American Dining Creations. The buffet includes a variety of sauces and pastas, freshly tossed salad with bread, meatballs and a cold pasta salad. Don't forget dessert! All this for \$7.00! And remember all proceeds go directly to the United Way of the Valley & Greater Utica Area.

The Pasta Buffet and The Runner's Forum will partner their events giving you the opportunity to meet experts in the field of running, fitness and nutrition. Enjoy the informative program while "carb loading" or, if you choose, simply experience the panel discussion without food.

The 2019 Runners' Forum includes: a presentation by Kathrine Switzer & Roger Robinson on "*How Running Makes History for Women & the World*" followed by a panel discussion on nutrition & fitness. The panel is moderated by Mark Wolber with speakers, Cindy Chan-Phillips, nutrition, Patricia Wolber, physical therapy, Joe Wilczynski, local perennial runner and Nick Aunkst from Climb Chiropractic. This is your chance to ask the experts questions about running, nutrition, training, and injuries.

Boilermaker & American Dining Creations Pasta Buffet and Runner's Forum

Saturday, July 13, 2019

MVCC Alumni Center

Runner's Forum is Free - 1:00pm to 3:00pm

All-you-can-eat buffet - \$7.00 - 12:00pm to 3:00pm

All Proceeds Benefit

The United Way of the Valley & Greater Utica Area



Carmella's Café Boilermaker Pasta Challenge!

Can you eat as fast as you can run?

If you are a fast eater, love pasta and enjoy a challenge, then this is the event for you!

Carmella's Café Pasta Challenge is in its 4th year and takes place at MVCC on Saturday July 13 during the Fitness Mill Health & Wellness Expo at 12:00 noon.

Individuals are presented with an eating challenge. It's not how much you eat but how fast you can eat! The winner will receive dinner for two every month for a year at Carmella's Café in New Hartford. Register today at <http://www.carmellascafe.com/pasta-challenge> It's free!

Don't want to eat! Come join us anyway for fun entertainment as you cheer on your favorite pasta eater. For more information contact Bill Eichinger at 315-527-1615 or email cindy@boilermaker.com.

BOILERMAKER PARKING (July 14)

The parking lot at Zion Lutheran Church - 630 French Road, will be available for GREAT viewing of the RACE, by donating canned and boxed foods, or a monetary donation to the Veteran's Outreach Center! Zion will also have a Hospitality Tent with food & drinks available. We'd love to have you park & watch the race the with us, and even stay for Church at 11:30AM or 5PM that day!

GOOD LUCK BOILERMAKER RUNNERS!

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NEW HARTFORD PAST TIMES July 2019

NEW HARTFORD HISTORICAL SOCIETY



Closing the latest Chapter of 3+ Decades of Law Enforcement

The end of May also signaled the end of an era as Officers from the New Hartford Police Department left the Jerome K. Madden Justice Building on Kellogg Road for the last time.

New Hartford's centralization of all Town Offices to the old Gander Mountain building in the Orchard Plaza not only meant more space for police operations, but the acquisition of significant artifacts for the Historical Society. During their move, some old equipment was discovered in cold storage and graciously donated to the Historical Society.



This radar unit, a familiar sight hanging out on the side of a patrol cruiser's rear widow, would alert motorists their speed was being monitored. The corresponding



display unit mounted on the cruiser's dashboard would likewise alert the officer when that speed was over the posted limit!



Putting even more fear into a driver's heart would be knowing they had a little too much to drink before operating their car. If driving under the influence was suspected, the driver would be taken to the station for the dreaded "Breathalyzer" test. Developed in the mid 1950's, Breathalyzers became a key component to combat the rise of Alcohol related accidents in the 1970's. But by 1990, technology was moving to more sophisticated devices and during that decade, many departments, including New Hartford, upgraded their equipment. Thankfully, NHPD stored the device rather than trash it. Pictured here is one of NHPD's old Breathalyzers along with a box of test ampules and a 2003 letter from the NYS Department of Criminal Justice alerting agencies that the technology was being phased out and would no longer be supported in the coming year.



'Then'

1931, Police Chief Harold Shepard on the department's motorcycle.

'Now'

(former Sgt) Bob Philo, now a Part-time School Safety Officer, riding the department's motorcycle for special events, such as the Ride for Missing Children. Pictured here at the NH Fire Department Fire Truck Show last July.



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22 THE TOWN CRIER

Community News

JULY
2019



Coliseum Inferno

Coliseum Inferno Bring the New Barry Salter Cup Home to Utica as Girls-Under-14 State Open Cup Champs

Submitted By Randy Vogt, Director of Public Relations, Eastern New York Youth Soccer Association

-Barry Salter volunteered as President of the **Eastern New York Youth Soccer Association** (ENYYSA) from 2006-10 as well as serving in the same role with the **Westchester Youth Soccer League** (WYSL). He was inducted into the Hall of Fame of both groups and was on hand on June 1 at Stringham Park in LaGrange to watch the Girls-Under-14 State Open Cup final between Coliseum Inferno and Alleycats 2005 Red for the new Barry Salter Cup.

Salter stated, "It was a very good game between two evenly-matched teams."

Nicolina Lokker scored the game's only goal to win the State Cup title for Coliseum for the second time in three years. Goalkeeper Savannah Cole had the shutout in net, as she did when she shut out Stony Brook Arsenal, 4-0, in the 2017 final.

"The game was so close between two excellent teams and we were able to score the only goal of the game," explained Coliseum coach Charlie Pratt.

The defeated finalists, Alleycats, won the 2018 State Open Cup title and knocked out Coliseum in the process.

Coliseum, from the **Central New York Youth Soccer League**, will represent Eastern New York at the Regionals from June 28 to July 4 in Charleston, West Virginia as part of the National Championship Series.

Alleycats received the Rocco Amoroso Sportsmanship Award as determined by the game officials. The namesake of the award, who died in 2016, was inducted into the Halls of Fame of the **Long Island Junior Soccer League** (LIJSL) and Eastern New York plus was honored as a Life Member by U.S. Soccer. Amoroso started the LIJSL Sportsmanship Program in 1980, it has since been copied around the world and he spoke about the benefits of Fair Play across the United States.

USA teammates Crystal Dunn and Allie Long plus Jamaica goalkeeper Nicole McClure, training for the Women's World Cup, all played on youth teams that won Eastern New York's State Open Cup when they were kids.

With over 100,000 youth soccer players—both boys and girls—and more than 25,000 volunteers, the non-profit Eastern New York Youth Soccer Association (ENYYSA) stretches from Montauk Point, Long Island to the Canadian border. Members are affiliated with 11 leagues throughout the association, which covers the entire state of New York east of Route 81. ENYYSA exists to promote and enhance the game of soccer for children and teenagers between the ages of 5 and 19 years old, and to encourage the healthy development of youth players, coaches, referees and administrators. All levels of soccer are offered—from intramural, travel team and premier players as well as Children With Special Needs. No child who wants to play soccer is turned away. ENYYSA is a proud member of the United States Soccer Federation and United States Youth Soccer Association. For more information, please log onto <http://www.enysoccer.com/>, which receives nearly 300,000 hits annually from the growing soccer community.



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Pie Sale

The Clinton United Methodist Women will hold their annual “Pie Sale on the Village Green” on Friday, July 12th from 10am to 2pm. The usual fine assortment of pies, in many sizes and many flavors will be available. Proceeds benefit the missions budget of the society.



The New Hartford Citizens Band Kicks Off 2019 Summer Concert Season

The New Hartford Citizens’ Band will kick off its 2019 summer concert season at 7:30, Wednesday, July 3, at the Village Green On Oxford Road, New Hartford. Remaining concert dates are each Wednesday through July, rain or shine. The annual ice cream social is scheduled for July 10, and the “alumni” concert is set for July 17. In case of rain, concerts will be held at the Rec. Center on Mill St. For further information and full schedule, go to our website at <http://ddksny.wix.com/nh-citizens-band> or check us on Facebook.



Sunday School children present “What Does Pente Cost?” reading during Celebration Sunday at New Hartford Presbyterian Church.

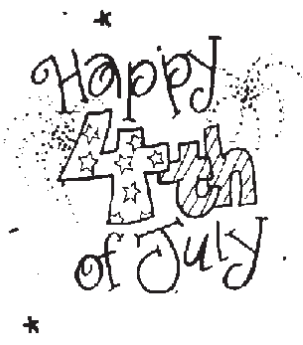


Amicable Lodge #664 Installs Officers

On June 4th Amicable Lodge #664 F&AM Installed its officers for the 2019-2020 term. The Lodge was founded by Jedediah Sanger and has been serving the Town and Village of New Hartford since 1792

New Hartford Presbyterian Church News

Worship services at New Hartford Presbyterian Church, 45 Genesee Street, begin at 9:30 a.m. each Sunday during the summer months, led by the Rev. Dr. Sue A Riggle. Communion is offered on the first Sunday of each month for all who wish to receive it. Visitors are welcome. Children’s church and nursery care are provided during worship. Sunday School programs for children and adults are on hiatus until the fall. A special family-oriented summer program, “Bible Alive!,” will take place on Thursday evenings, July 11th, 18th and 25th, from 5:30 p.m. to 8:00 p.m. Included will be a family-style dinner, followed by Bible stories, music, games, activities, mission moments, worship and more. On Sunday, July 28th, members of the congregation will prepare and serve the evening meal at Hope House in Utica. More information about New Hartford Presbyterian Church is available online at www.newhartfordpresbyterian.org.



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Community News

JULY 2019

Clinton Historical Society News

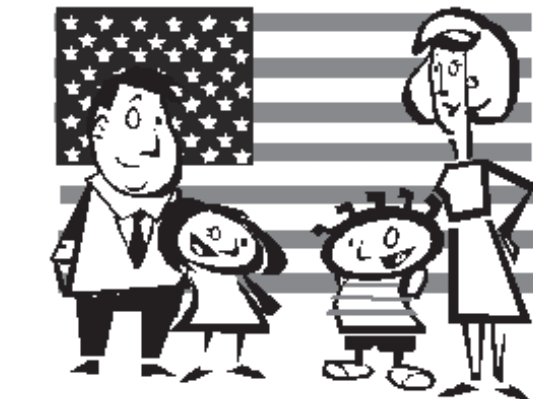
New Website, Public Computers, New Exhibit

The Clinton Historical Society is pleased to announce their new updated and enhanced website. Along with many of the resources from our previous site, you will find a calendar of upcoming events, a collection of Clinton High School yearbooks from 1950-1989 and information about services available through the Society. Other important new features on the site include the integration of the “Thank You Albert Prettyman” hockey website, increased information about both our permanent and rotating exhibits, and the ability for users to request research assistance directly through the site. Additionally, the site contains a Clinton History Blog which will be periodically updated with articles related to local history. Coming soon will be access to the Society’s entire photograph collection. Check out the new and improved clintonhistory.org!

The Clinton Historical Society is also pleased to announce computers available to the public for research related to local history, genealogy or similar topics. One of the most valuable resources on the computers is Ancestry.com where you can do extensive genealogical research. Also on the Society computers: the complete searchable files of The Clinton Courier, an interactive map and photographs of the Clinton Historic District, a catalog of the Society’s collection of scrapbooks with the information contained in each scrapbook, and a list of previous Society programs available on DVD. Come and explore! The Society hours are Thursdays and Saturdays from 1.p.m. to 4.p.m. through Labor Day.

“I Remember That” is the new exhibit at the Clinton Historical Society.

This exhibit is a nostalgic look at some of the stores, businesses, buildings, and favorite ‘hangouts’ in Clinton during the 1940s-70s.



The Lions Club

Since 1917, the Lion’s Club mission has been to serve communities, meet humanitarian needs, encourage peace, and promote International understanding. There is a special focus on helping people who are blind or visually impaired. The 14 members of the New Hartford, NY Mills, and Whitestown Lion’s Club have been actively following that mission and making a worthwhile difference.

Members participated in the Journey for Sight fundraiser on Saturday, May 18th and helped raise a total of \$14,000 for organizations who help people who are blind and visually impaired. From June 7th to June 9th, members raised \$161 during the White Cane Day which also benefits people who are blind or visually impaired. This club recently donated \$100 to a local student who wants to purchase flags that will be setup for the annual NY Mills Stars and Stripes walk.

Club members will be having a summer picnic at the Spruce Pavilion at the Sherrillbrook Town Park on July 9th from 4 to 8pm. They will also be participating in the Utica Mannaerchor Bavarian Festival on July 12th to the 14th.

If you’re a service minded person who would like to be a part of a growing, highly motivated club that’s truly making a difference, be sure to check out a club meeting. The New Hartford, NY Mills, Whitestown Lion’s Club meets on the second Tuesday of the month at 5:30pm at Sloppy Joe’s in New Hartford. Be sure to also check out our new club Facebook page.



Utica Public Library Photography Contest

On Tuesday, June 18th, the Utica Public Library held a reception to announce the winners of its 6th Annual Photography Contest for adults. Cash prizes were given out to the winners in attendance. Left to right: Anthony M. Rabasca (Best of Show), Colleen Elliott-Blush (Best Striking Use of Color), Barbara Williams Hoehn (Best Nature), Katie Sullivan (Best Architectural), Sydney Gape (Best Portrait), & John Kelsey (Best Black & White). Rabasca’s Best of Show entry was a striking color landscape of Mystery Valley in Arizona. Not pictured is Bill McCarthy (Best Social Commentary).

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Rose Petals Gifts

The Colozzi family has recently opened a third store in Clinton, called Rose Petal Gifts. For three decades they have been catering to area shoppers with a wide variety of merchandise. Rose Petal Gifts, is a unique shop with similar gifts to the other two stores in New Hartford and North Utica, with a twist. They have merchandise new to the area and look forward to showing you around the 3 W Park Row location. For the Clintonians, they are offering official Clinton, New York sweatshirts.

Jennien Colozzi, stumbled upon the empty spot, once occupied by Ali-Linz, and her imagination starting working over-time! Rose Petal Gifts offers a special children's section, offering plush animals, toys, dolls, puzzles and baby products. Children have their own little nook, just for them to explore and engage with some of their favorite items. The Clinton location has new products and favorites, such as Nora Fleming, Scout Bags, Ivor Ella products, Simple Southern T's, Clinton apparel, Ronaldo and Stia Jewelry. They also are highlighting Beekman



1802, Farmhouse Fresh, Magnolia Home Fragrances and Inis perfume (from Ireland).

At every Colozzi location, you will find an assortment of gifts for every budget and occasion. A friendly staff always providing you with a great shopping experience.

Jennien's dad, Sam is so proud of his daughter who joined him in the business back in 1986. She has been the main buyer of merchandise for the North Utica and New Hartford locations, and now Rose Petals Gifts.

"It has been a pleasure to have the opportunity to work with my father for these past 35 years, Jennien says, "I am truly fortunate and look forward to many more years."

Rose Petal Gifts is open Monday through Saturday, 10-6 p.m.

The immediate response from the community has been warm and welcoming. "We look forward to meeting new friends and neighbors in the area."

"It's our goal to ensure we offer something for everyone!"



Fair Trade Chocolate Bars

Our Fair Trade chocolate bars are rich in flavor with a smooth, creamy texture that melts in your mouth, made from cocoa and sugar sourced directly from small-scale farmer co-ops in Latin America. We have dark chocolate almond and sea salt (55% cocoa), dark chocolate orange (65% cocoa), and dark chocolate total eclipse (92% cocoa), along with several other flavors. These and many, many wonderful handmade items from 38 different countries are available at our Fair Trade Shop, Stone Presbyterian Church, 8 So. Park Row, Clinton. We have a large selection of baskets, exquisite jewelry, collectibles, wood items, food items, clothing and toys. Purchasing fair trade ensures artisans and small farmers fair wages and healthy working conditions, providing dignity, sustainable development and hope to marginalized people. Our hours are 10am to 6:30pm every Thursday, 10am to 4pm second Saturdays, and 10am to 4pm every Thursday at the Farmer's Market on the Village Green in Clinton. For more information, contact Lauralyn Kolb, lkolb@hamilton.edu, 315-725-1326, visit our website at www.stonepres.org or like us on Facebook at www.facebook.com/stonepres.



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Comprehensive physical therapy is available to individuals who have an injury, pain, or loss of function due to an orthopedic or neurological issue. These could include sports injuries, back and shoulder pain, fibromyalgia, knee and hip replacement, and prosthetic training, among others. For these individuals, Sitrin’s doctors of physical therapy concentrate on improving strength and balance, while enhancing endurance and increasing mobility.

“We teach exercises that aim to alleviate pain and help an individual move better,” says Dr. James Wallace, Sitrin’s Director of Clinical Rehabilitation Services. “Overall, we want to empower people to transition to their own fitness routine after treatment is complete.”

When working with someone experiencing low back pain, for example, the physical therapy team may implement exercises that consider directional preference and positioning techniques, focusing on the specific movement of an individual. For knee or shoulder pain, therapists may utilize strengthening exercises, such as weight repetitions, squats, and

therapy pools offer a variety of exercises for people of various ages and abilities. Someone living with arthritis may work with therapists in the pools using slow motions and movements that help to ease pain. For an individual with a spinal cord injury, therapists may use the water’s buoyancy for resistance training, increasing muscle strength, balance and reach.

The gravity-free environment of the pools allow for easier movement of joints as well, helping to alleviate discomfort, reduce inflammation, and increase strength. The soothing warm water also releases endorphins in the skin and improves breathing with its calming effect.

“Outpatient therapy does not have to be hard or time consuming,” says Wallace. “We focus on fast, functional recovery, so that individuals can operate better in all aspects of their lives.”

Additional outpatient services include speech-language pathology, medical nutrition, pediatric therapy, and concussion management. Those who have completed outpatient treatment also receive one month free in Sitrin’s Wellness Program, where they can access the facility’s fitness center and therapy pools.

In addition to outpatient rehabilitation, Sitrin provides a variety of services for people of all ages and abilities, including inpatient comprehensive medical rehabilitation, long-term care, assisted living and enriched housing (Cedarbrook), NeuroCare for individuals with Huntington’s Disease and ALS, residential care for people with intellectual disabilities and medically complex conditions, daytime adult program (OPAL), military rehabilitation, adaptive sports, a community orthopedic injury program, child care, and a dental clinic.

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**JULY
 2019**

NH Fire Dept. News

THE TOWN CRIER 31

NHFD News

Your New Hartford Volunteer Fire Department responded to 84 alarms during the month of May 2019 as indicated by the monthly call report listed below by category:

Fires	= 1
EMS	= 51
Hazardous	= 1
Service Type	= 9
Good Intent	= 4
Other Alarms	= 18
Mutual Aid	= 1
Weather Related	= 0
Other	= 0

Total Calls for the Month of May 2019 = 84.



Total calls year-to-date through May 31, 2019 is 421.

Some of the calls listed above - such as Fires, EMS, and Hazardous - are self-explanatory. Others such as Service, Good Intent and Other Alarms are not. Service Calls includes water or animal problems, public assistance or standbys. Good Intent refers to responding but did not find anything or canceled in route. Other alarms include explosions, carbon monoxide, smoke or sprinkler detector activations.

The figures above do not include other activities by members of the department such as Fire Prevention details, training, parades, Open House and other various department committee meetings that take place throughout the year.

New Hartford Volunteer Fire Department Schedules 16th Annual Fire Truck Spectacular

The New Hartford Volunteer Fire Department's 16th Annual Fire Truck Spectacular will be held on Thursday evening, July 25, 2019, from 6 to 9 p.m. in The New Hartford Shopping Center parking lot.

Fire and Emergency Medical Service apparatus from throughout Oneida and Herkimer counties and beyond are expected to participate. "This show provides an opportunity for the public to see various pieces of equipment and the latest technology currently used in the fire service. It also provides the public a chance to ask questions and interact with emergency services personnel in an informal setting. It also shows the community who we are and what the emergency services are all about. Our goal is to inspire individuals to join their local department," said Roy Schultz, Event Chairman. "This event provides for a great family atmosphere!"

Various fire apparatus, both old and new, will be on display including new firefighting technology and equipment. Local ambulance services, fire equipment vendors, all area volunteer and paid fire departments have been invited. "This is an opportunity to meet with our fellow firefighters on a totally different level, while providing a valuable educational tool to inform the public about the services the Fire and EMS companies perform within their respective communities," said Schultz.

During the event, two popular contests between the various departments will take place. They are: Fastest Gear Contest and Ice Cream Eating Contest. Prizes are also awarded in several categories. These include, Best Appearing Pump Engine, Tanker, Tower/

Ladder, Rescue, Squad, Ambulance, Antique and the Department traveling the farthest distance.

A crowd estimated at over 3,700 attended last year's event that featured 44 departments, 70 pieces of equipment and more than 10 different vendors.

This event is made possible thanks to our sponsors that include: Tallman's Tire, Steet-Ponte Auto Group, Edwards Ambulance Service, Gates-Cole Insurance Agency, Nicky Doodles, The Travelers, Dippin Donuts, A&P Master Images, JPI Electronics, Churchville Fire Equipment, New Hartford Safe and Lock, The Medicine Shoppe, PJ Green, Mohawk LTD, JPB Fire Sales and Services, and Amicable Lodge # 664 F. & A.M.. In addition, there will be a live remote from Big Frog 104. The Fire Truck Spectacular will be held rain or shine. Admission is free.

Visit the New Hartford Volunteer Fire Department's website for more details at: www.nhfd.com

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Hospice & Palliative Care Receives Elite Status

HEALTHCAREfirst announced the recipients of its 2019 Hospice Honors at the National Hospice and Palliative Care Organization's Leadership & Advocacy Conference in Washington, D.C.

In its seventh year, the prestigious Hospice Honors program recognizes hospices providing the highest quality of care from the caregivers' point of view.

"Evaluating quality based on direct caregiver feedback provides an opportunity for hospices to implement meaningful change within their organizations and to truly understand their impact on people's lives," says Misty Skinner, Executive VP of Services. "Based on feedback from caregivers themselves, our annual Hospice Honors recognizes agencies who truly stand out based on the level of care and commitment displayed to their patients and their caregivers."

The honorees were selected based on caregivers' evaluations on the Hospice CAHPS survey assessing hospices on a set of 24 quality indicator measures, with data from October 2017 through September 2018. Performance scores were aggregated from all completed surveys and compared with a National Performance Score calculated on a question-by-question basis from all hospices in the HEALTHCAREfirst Hospice CAHPS database.

Hospice Honors are awarded to hospices that scored above this national average on 20 of the evaluated questions, while Hospice Honors Elite recognizes those that scored above the national average on all 24.

"With the commitment of our Board of Directors, staff and volunteers to provide the best care possible to our patients and their families, we were able to achieve the Hospice Honors Elite Status from HEALTHCAREfirst. This is a prestigious award based on a survey that is sent to hospice caregivers. We are very proud of the fact that we scored above both the state and national scores," stated Shannon Cayea, Chief Executive Officer at Hospice & Palliative Care.

Hospice & Palliative Care serves patients and families residing in Oneida, Herkimer and Eastern Madison Counties, providing hospice care, palliative services and bereavement support. For more information go to www.hospicecareinc.org or call 315-735-6484.



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Antique Talk

JULY
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**The Stanley Theatre and
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present:
An Evening with Styx
Sunday, November 10th
at 7:30p.m. at The Stanley
Theatre, Utica
Sponsored by Excellus
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Join us for An Evening with Styx at The Stanley Theatre in Utica, New York on Sunday November 10th at 7:30 p.m. The six men comprising Styx have committed to “Rockin’ the Paradise” together with audiences far and wide by entering their second decade of averaging over 100 shows a year, and each one of them is committed to making the next show better than the last. Styx draws from over four decades of barn burning chart hits, joyous singalongs, and hard-driving deep cuts.

Like a symphony that builds to a satisfying crescendo, a Styx set covers a wide range of stylistic cornerstones. From the progressively sweeping splendor of songs such as “The Grand Illusion,” “Blue Collar Man,” “Lady,” “Miss America,” “Man in the Wilderness,” “Crystal Ball,” “Come Sail Away,” and “Renegade,” the band draws on an unlimited cache of ways to immerse one’s mind and body in their signature sound.

After more than a decade together on the road, this incarnation of Styx is looking forward to performing as many shows as it can as long as it can. “It all comes back to the chemistry,” says bassist/vocalist Ricky Phillips.

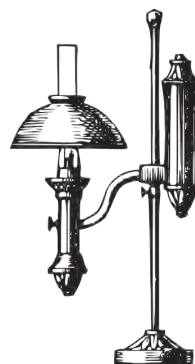
“The legacy of this band will be that it brought joy to millions of people,” notes drummer Todd Sucherman. Observes keyboardist/vocalist Lawrence Gowan, “We’ve always tried to explain why this is this happening. It’s obviously a multitude of factors, but the main one is that our show is really good! And if

it’s really good, they’re going to come to see it again.”

Tickets go on sale on Thursday June 20th for members of The Stanley Theatre. General public tickets go on sale Saturday June 22nd, through Ticketmaster. The Stanley Theatre box office will have special hours from 10:00 a.m. to 2 p.m. to sell tickets on Saturday, June 22nd. Styx Fan Club Members can purchase tickets on Wednesday, June 19th, through www.StyxWorld.com. Ticket prices range from \$50 - \$74 - \$84 - \$104. To purchase tickets come to The Stanley Theatre Box Office Monday through Friday from 10:00 a.m. – 4:00 p.m., give us a call at (315) 724-4000 or go to www.TheStanley.org.



Victor J. Fariello Jr.



ANTIQUE TALK

by Victor J. Fariello Jr.

New Hartford Auction Held June 1

Saturday, June 1 was the date for the long anticipated auction at the residence of Father Ralph Fraats at 113 Genesee Street in the Village of New Hartford. The auction which was conducted by Brzostek’s Auction Service of Baldwinsville, was the auctioning of the lifetime collection of antiques and fine arts of Rev. Fraats who is relocating to Rochester.

In my opinion, a smaller than anticipated crowd of less than 100 were present for the unreserved auction of some very choice items that included an 18k gold Rolex Presidential Men’s Wristwatch with 8 carats of diamonds and some extraordinary oil paintings of museum quality. Despite the fact that the contents of the home included many high-value items, Auctioneer Bernie Brzostek announced at the beginning of the sale that all items would be sold to the highest bidder, regardless of price.

Here are some of the results from the auction:

-The Rolex watch described above, which had paperwork indicating it had been professionally serviced in 2018 at a cost of \$1,600 and had a 1-year warranty remaining on it sold for \$5600.

-A Medieval design dining room set with a carved top and 8 high-back carved chairs fetched \$875.

-A 30” X 38” oil painting on canvas of a young St. John the Baptist, a copy of one that hangs in a museum in Florence, Italy sold for \$300.

-A copy of King Tut’s chair with gold gilt brought in \$350.

-A silver plated cut glass double inkstand with candlestick sold for \$375.

-A Chinese fishbowl with teakwood stand fetched \$275.

-A gold gilt mirror with cherubs sold for \$600.

This is only a sampling of the many items that went up on the auction block. I personally thought that the prices obtained were way below their value, it is really difficult to make an assessment, especially when many of the items were clearly one of a kind, or at least unusual enough to be considered rare. It is difficult to evaluate the market value of things for which a market might not exist. I trust that was the case with many of the items put up for sale at this auction.

Make no mistake about it though, Bernie Brozstek is a consummate auctioneer who works hard to get the highest price for the items he is auctioning. I believe he did that at this sale. I think he did an excellent job under the circumstances.

Happy Collecting!

Support New Hartford Historical Society

Your support of your New Hartford Historical Society is appreciated. Dues are only \$12 for an individual and \$17 for a family. Send a check payable to New Hartford Historical Society, PO Box 238, New Hartford, NY 13413. They are working to preserve the history of New Hartford for generations to come.

Victor J. Fariello Jr. is a lifelong resident of New Hartford and has been a collector and dealer of antiques for many years. He is a past officer and member of the New Hartford Historical Society and is the Charter President of the J. Schoolcraft Sherman Chapter #1519 of The Questers, an International organization for people who love antiques and have a commitment to preservation. Questions on anything related to antiques can be sent to him at PO Box 194, Washington Mills, NY 13479 or by email to vjfariello@gmail.com. Any photos submitted will be returned upon request.

Antique Talk Photos on next page



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JULY 2019

Rev. Fraats Antique Auction

THE TOWN CRIER 33

Antique Talk Photos from previous page



A high-end Rolex men's watch was one of the more expensive items sold at a June 1 auction at 113 Genesee St. in New Hartford.



A reproduction of King Tut's chair was one of the unusual items offered for sale.



This familiar residence at 113 Genesee St. in New Hartford was the site of an auction of the collection of Rev. Ralph Fraats.

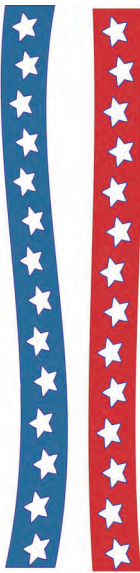
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Mondays & Fridays: Lo-Impact Aerobics at the Center 11:00 . Senior Evaluations: 2nd and 4th Wednesday by appointment. Tuesdays & Thursdays: 10:00-12:00 Exercise at All-American Fitness Center.



New Hartford Adult Dining & Activity Center
8635 Clinton Street
(315) 724-8966



24 Hour Notice
Required for reservations
12:00 *Noon* is the deadline.
Diabetic meal available

Monday	Tuesday	Wednesday	Thursday	Friday
1 Eggs/Sausage 10:30 Knitting/Crocheting 11:00 Aerobics Low Impact	2 Chicken Caesar Salad 10:00 Bridge/Canasta 10:00 Computer Instruction 11:00 Entertainment	3 Sliced Pork 11:00 Oneida County Outreach	4 CLOSED JULY 4 TH HAPPY 4TH OF JULY	5 CLOSED HAPPY HOLIDAY
8 Kielbasa 10:30 Knitting/Crocheting 11:00 Aerobics Low Impact	9 Salisbury Steak 10:00 Bridge/Canasta 10:00 Computer Instruction 11:00 Entertainment	10 Sliced Turkey 11:00 PAUL LUPIA ATTORNEY SENIOR ISSUES ICE CREAM SOCIAL 7-9 PM	11 Oriental Chicken 10:00 Canasta 10:00 Chair Zumba	12 Spaghetti/Meatball 10:00 Bridge 11:00 Aerobics
15 Fish Sandwich 10:30 Knitting/Crocheting 11:00 Aerobics Low Impact	16 Italian Sausage 10:00 Bridge 11:00 Entertainment 10:00 Canasta	17 Meatloaf/Gravy	18 BBQ Chicken Thigh 10:00 Canasta 10:00 Chair Zumba	19 Ham/Bean Soup 10:00 Bridge 11:00 Aerobics
22 Swedish Meatballs 10:30 Knitting/Crocheting 11:00 Aerobics Low Impact	23 Sliced Ham 10:00 Bridge 11:00 Entertainment 10:00 Canasta	24 Goulash 11:00 ROBERT HILTON Lawyer Estate Planning	25 Chicken Salad 10:00 Canasta 10:00 Chair Zumba	26 Rib B Que 10:00 Bridge 11:00 Aerobics
29 Chicken Supreme 10:30 Knitting/Crocheting 11:00 Aerobics Low Impact	30 Spinach Quiche 10:00 Bridge/Canasta 11:15 entertainment AARP DRIVERS CLASS	31 Stuffed Pepper BIRTHDAY PARTY	AARP DRIVERS CLASS TUESDAY JULY 30 AT 8:30 3: 30 AT THE NEW TOWN HALL	ROADRUNNERS MEET EVERY FIRST / THIRD TUESDAY AT 1:00

New Hartford Adult Dining and Activity Center News

Submitted by Eileen Spellman, director, 8635 Clinton St. New Hartford, NY 13413. espellman@townofnewhartfordny.gov, 315-724-8966

Retirement is a new word for me and I am looking forward to it. I have been so fortunate to have made so many friends and meet very interesting people. I spoke to many public officials and foundations advocating for the Seniors. I look around at the many items at the senior center and realize they are here because of grant funding. My job as Director of Senior Services was busy, challenging and interesting. I loved it and the people.

This is hard but I know it is time and I will come and visit as a Senior and take part in the many programs available.

I am the oldest of 8 children and will have time now to visit with them plus my own family. I am looking forward to attending the many activities especially Tanglewood as my grandson is working there this summer. Wow there is so much to look forward to and I will enjoy the red hatter’s monthly luncheons. I had and will have good times with these Ladies. My Son and his wonderful wife will be running in the boilermaker so I will be there to cheer them on. I will visit more often the nursing homes and my friends who I could not visit before because of my schedule. I will get out and walk too as it is important and stay hydrated. This is so important to all us and as we age, we do not realize that we are in need of extra water.

We had a lot of rain here this season, but it is good for the flowers and plants. The grass is nice and green. We need this after our winters.

Attorney Paul Lupia from Legal Aid will be here to speak about Power of Attorney, Health Care Proxies, Living Wills and other Senior Issues July 10th at 11:00 a.m. Please come and hear him as He has valuable information for you.

The Oneida County Office for the Aging will present Health Education Programs which will be interesting. Living Healthy New York, Healthy Eating Every Day.....This is a 14 week workshop that teaches how to make changes in your eating habits, increase your physical activity, improve your nutrition and how to make healthier choices when grocery shopping and

eating out in restaurants.

This is not a diet program. It is free information that will help you to be more active. Call 315-724-8966 or 315-768-3632 for more information.

Check out the New Hartford library, the Town Park and the summer concerts, strawberry and blueberry picking, plus the art festival at Munson Williams, farmers markets and the food trucks that come with great choices of food for everyone. Hey, visit the new Town Hall Senior Center. Have a nice meal which is especially enjoyable and you will not have to cook it. I have been giving lots of tours as we have had many seniors come and visit the center and want to see how nice it is.

We have Chair Zumba, Aerobics, and will have chair yoga. Call and let us know what you would like to see us have that would be fun and interesting for the Seniors. Check out the Clinton Road Runners who meet here the first and third Tuesdays of every month. They have a good time.

Please call if you are interested in Yoga and chair yoga classes. We have the room so we need to know, how many would come so I can schedule the instructor. 315-724-8966.

I am working on the Flu Shot Clinic and Health Fair for Oct. 17, it will be in the Board Room and I know many of the agencies that work with and for the Seniors will be here. I have had several already call me to book a table for this event.

The Ice Cream Social will be Wednesday, July 11th 7:00 p.m. to 9:00 p.m. The New Hartford Band will entertain. This is always a good time and seeing people who have come into Town for this event. It is also a fund raiser to benefit the Josh Turner Fund for the Children’s Library. This event is a win win for all.

I want to thank all the wonderful people who gave me such a nice party. I value all of you and want to especially thank my coworkers for all you do for the Seniors and me. It will be a great memory. I will come in and volunteer as I am now officially a Senior who is retired and can enjoy having time to do what I please. The word Freedom comes to mind. What a gift.

Thank you Paul Miscione for giving my Grandson and Son a tour of the NH Town Hall. It is most appreciated.

We are fortunate to have people who take pride in

our Community and it shows when so many people have come to the Senior Center for a tour. If you have not been to the new Town Hall, come and bring your guests. You will be impressed.

I am very fortunate to have worked with very hard working people, who are dedicated and do a great job. The Town of New Hartford employees are outstanding and thanks to Rick Sherman, Junior Webb and Candy Currier, the center is taking shape, not to omit the Senior Center Employees who did so much to make this center look terrific. Thank you.

Enjoy the summer and keep smiling. Be kind to others, you will feel better for it. God Bless all of you.



NHSC Volunteer Recognition Dinner on May 22nd



Eileen's retirement party with cake, fruit and flowers.
Fathers Day lunch at the new center

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JULY
2019

Community News

THE TOWN CRIER 35



Soft Programs, Hard Work

Submitted by MaryJo Timpano

Community Wellness Partners has a vision: To inspire and nurture successful aging. Words like “inspire” and “nurture” are powerful, and for many of us difficult words to wrap our heads around. For our team members and residents it’s about purpose, meaning and quality of life. Creating a culture and living by a set of values that drive the way we interact with every person who chooses to call Community Wellness Partner’s their home. Our person-centered approach to wellness and successful aging is embedded in everything we do from small daily tasks to bigger events that we share with our community.

Lutheran Care, an affiliate of Community Wellness Partners is celebrating their 100th anniversary this year. Our theme, “celebrating 100 years & still growing strong” reflects our vision and ongoing commitment to lead the successful aging movement in our community. The year-long celebration will culminate in a public showing of the critically-acclaimed, award-winning documentary *Lives Well Lived*. “*Lives Well Lived* celebrates the incredible wit, wisdom and experiences of people aged 75-100 years old. Through their intimate memories and inspiring personal histories, forty people share their insights on living a meaningful life. These men and women walk us through their journey into old age through family histories, personal triumph and tragedies, love and losses--seeing the best and worst of humanity along the way. Their stories will make you laugh, perhaps cry, but mostly inspire you” I invite you to view the

Lives Well Lived trailer at www.lives-well-lived.com Enjoy!

Please save the date: Thursday September 26, 5:00 p.m. at the Clinton High School Performing Arts Complex located at 75 Chenango Rd, Clinton, NY. The event is free and open to the public.

“Everyone has a story to tell if you take the time to listen”

Sky Bergman

Combining nearly 150 years of service, Community Wellness Partners is a faith-based 501 © (3) nonprofit affiliation of Lutheran Care and Presbyterian Homes & Services. Offering the most comprehensive post-acute continuum of services in Oneida County, NY, Community Wellness Partners employs 980 team members and serves over 1,000 older adults each day throughout our continuum, which includes Home Care, Independent Living, Assisted Living, Rehabilitation, Skilled Nursing, Wellness Center and more.

MaryJo Timpano is a Wellness Consultant at Community Wellness Partners in Clinton NY and the Director of Health and Wellness at the Rome Rescue Mission. She has extensive experience in the wellness field and a passion for working with older adults. She has an MA in Psychology with a Health and Wellness specialization and is a Masterpiece Living certified Successful Aging Coach. MaryJo is a RYT-200.

A film by Sky Bergman

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JULY 2019
Faith in New Hartford
THE TOWN CRIER 37



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 We are also the home of the Family Nursery School!
 Rev. Brad Chesebro, Senior Pastor
 Deacon Becky Guthrie, Congregational Care Coordinator
 Worship Schedule
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 10:00 am Coffee Hour
 10 am Adult Sunday School
 11 am Xalt Praise Service
 11:15 am Children's Church
 Noon Youth Group Meeting
 Communion offered 1st Sunday of each month.
 Child care provided for all Church activities
 We are handicapped accessible!
 Visit our website to view recent sermons.
 www.firstumconline.org

CLINTON ROAD BAPTIST CHURCH SBC

dba Crosspoint Church
 Senior Pastor, Samuel Macri
 Youth Minister, Bobby Allen
 140 Clinton Road, New Hartford
 Sunday Morning Worship Service at 8:00
 317 Oriskany Blvd, Whitesboro, 797-4530
 Sunday Morning schedule:
 Sunday School Small Groups, 9:00
 Sunday Morning Worship, 10:30
 Sunday Evening Youth, 5:00
 Sunday Evening Discipleship, 5:30
 Tuesday Morning, 6:30, Men's Fellowship Breakfast
 New Hartford Campus
 Wednesday Evening, 6:30, Praise Team Practice
 Wednesday Evening, 7:00, Prayer Meeting
 Thursday Evening, 6:30, College/Career Ministry
 Website: crosspointchurchonline.org
 Sunday Morning Services streamed live
 Pastor Sam's messages available at our website
 We are Handicapped Accessible
Handicapped accessible!

ST. JOHN THE EVANGELIST CHURCH

66 Oxford Road - 732-8521
 Rev. Kevin Bunker, Pastor
 Cheryl Smith Dir. of Faith Formation
 Saturday: 8:30am, Vigil, 5:15 p.m. Confessions 4:15-5pm
 Sunday Masses: 8am & 11am
 Mon-Fri Masses: 6:45am, 9:10am
We are handicapped accessible!

HOPE ALLIANCE CHURCH

4291 Middle Settlement Road, P.O. Box 626, N.H.
 General Office: 732-1349
 Rev. Andy Ward, Pastor
 Sunday Services: Sunday School for entire family: 9:30 a.m.
 Morning Worship: 10:45 a.m. Communion First Sunday of the Month.
 Tuesdays: Ladies Bible Study - 9:30 a.m.
 Wednesdays: AWANA - 6pm
 Fridays: Christian Service Brigade - 7pm
 Sundays: Jr. & Sr. High Youth Fellowship
Hope Alliance Church is handicapped accessible.

ST. THOMAS CHURCH

150 Clinton Road - 735-8381
 Pastor: Rev. David Sears
 Saturday Vigil: 4 p.m.
 Sunday Mass: 9:00 a.m.
 Confessions: Sat. 4:45-5:15 p.m.
 Holy Day Schedule:
 Holy Day Masses 12 noon
 Adult Religious Education, Open to the Public
We are handicapped accessible!

ST. STEPHEN'S EPISCOPAL CHURCH

25 Oxford Road - 732-7462 (Parish & Rectory)
 The Very Rev. Joell Szachara
 Sunday Service of Holy Communion at 10am followed by fellowship
 YMCA School Age Child Care Office/Program (315-797-4787)
 Al-Anon Meetings: Sundays at 5pm & Thursdays at 5:30pm
 AA Meetings: Sundays at 8pm
 Yoga by Kristy: Tuesdays at 5:30pm & Thursdays at 9:30am
 EGA Meetings: 1st Mondays of the Month
 St. Stephen's is handicapped accessible

ST. GEORGE'S EPISCOPAL CHURCH

9389 Elm Street, Chadwicks - 315-736-3572
 Every 2nd and 4th Sunday - 8:30am Holy Eucharist

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 9501 Weston Rd., NH (Next to Perry Jr. High), (315) 737-5222
 www.imbcfamily.com E-mail: info@imbcfamily.com
 Sunday School for all ages: 9:00 am - 9:45 am
 Sunday Morning Worship Service 10:00 am
 Nursery, Preschool and Children's Worship hour: 10:00 am
 Prayer meeting held every Wednesday at 6:30 pm
 Youth Group for ages 12 and up meets every other Saturday from 6-8 pm. See our website for schedule.
 Church is handicapped accessible.

NEW HARTFORD PRESBYTERIAN CHURCH

45 Genesee Street, NH - 732-1139
 www.newhartfordpresbyterian.org
 Worship services begin each Sunday at 10:30 a.m., led by the Rev. Dr. Sue A. Riggle.
 Sunday School programs for children and adults 9-30am.
 Communion is available on the first Sunday of each month.

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1736 Burrstone Road - 724-0402
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 email: sauquoitvallyumc@aol.com
 Pastor Carl Getz
 Office - 737-7505
 Sunday Worship 11 a.m. (Nursery Care Available)
 Sunday School 9:30 a.m. For all ages.
 Handicapped Accessible

FIRST BAPTIST CHURCH OF NH

7 Oxford Road - Office phone: 315-733-4570
 firstbaptistnh@gmail.com
 Rev. James Harrieff, Pastor
 Sunday Service - 9:30am
 Sunday School - 11:00am
 Handicapped Accessible
 Women's Group meeting on May 18th at 10:30
 All are welcome.

UNITARIAN UNIVERSALIST CHURCH

10 Higby Road, Utica, NY 13501
 315-724-3179 uuutica.org
 Sunday Services & Religious Education for Children, 10:30am
 Minister: The Rev. Erin Dajka Holley
 July 7, 2019
 "Meditating Upon the Earth" written by the Rev. Jay Williams
 Climate Action Sub-Committee
 Please join us for a Sunday service outdoor celebration where we sing, meditate, breathe, listen, smell, look, & learn. If you are able, please bring an outdoor chair or 2 for sitting comfortably. We are forming a horseshoe looking toward the corner tree with room in the center for walking. We will provide sound and wheelchair accessibility for this service!
 July 14, 2019 - "Truth and Meaning" Rev. Erin Dajka Holley
 On Boilermaker Race Sunday, instead of a formal sermon, Rev. Erin will receive written questions from the congregation and answer them to the best of her ability. Many UU ministers do this annually. It is an opportunity for learning for all of us, especially the minister.
 July 21, 2019 - "A Never-ending Journey" Katie Spires
 The story of Katie's spiritual journey and arrival at Unitarian Universalism as a spiritual home with the help of stories of her journeys through both our world and the world of books. Katie Spires is a member of UU Utica.
 July 28, 2019 - No church in Utica this Sunday
 Four times a year the Unitarian Universalist churches of the Mohawk Valley meet to worship together. This Sunday UU churches from Utica, Little Falls, Barneveld, and Camden will meet at the UU Society of Salisbury Center. Joseph Sanlei, member of the Salisbury Center UU Church, will speak on the Fairy Tale of the "Real" America. Joseph moved from an urban life to the woods of the Adirondacks because he believes that small town and rural America have more "heart" than urban America. The combined choirs will sing under the direction of Mark Bunce.

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 Sun - 10am Liturgy
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Corner of Pinnacle Rd. and Oneida St, Sauquoit - 737-5075
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 Sunday Service: 10:30 am
 Junior Church available. Nursery also available
 Wednesday Bible Study - 7:00 p.m.
 Sunday School 9:30am
We are handicapped Accessible.

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 Music Director Richard Crawley
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NORWICH CORNERS CHRISTIAN CHURCH

10233 Roberts Road, Sauquoit - 737-0757
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 Sunday Morning Prayer - 8:45am
 Sunday School - 9:30am
 Sunday morning Worship Service - 10:30
 Mid-Week Bible Study - Thursdays 7pm.
 Summer Hours - Beginning 7/1/18:
 Sunday Morning Prayer - 8:30am
 Worship Service - 9:30am
 Campfire Meetings - Thurs 6:30pm

TRINITY LUTHERAN CHURCH

2620 Genesee St., Utica. (315) 732-7869
 Fall/Winter worship:
 9am - Sunday School & Adult Bible Study
 10:30am - Worship is led by our Seminary Student Vicar Peter Saie. At the conclusion of his stay with us, he will become an Ordained Minister of the Lutheran Church - Missouri Synod.
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 Reverend Jeanne M. Kurnalek
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 10:45 - Sunday School for Elementary Ages
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38 THE TOWN CRIER

Faith in New Hartford

JULY
2019

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Weekday 12:10 PM -Tuesday, Thursday, Friday
12:10 - Communion Service Only Wednesdays

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7616 E. South Street, Clark Mills - 853-6138
Fr. Kevin J. Bunker. Deacon Gil Nadeau
Weekday Mass: Mon & Tues 8am, Wed 7:45am,
Fri. 8 am Communion Mass
Weekend Mass: Sat. 4pm Vigil, Sun. 9:30am
Confession: Sat 3:15pm-3:45pm

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E-mail: stonepres@verizon.net
Office phone: 315-853-2933
Handicapped Accessible

CLINTON UNITED METHODIST CHURCH

105 Utica Road, Clinton
Pastor Jeff Hale
Sunday Worship Service 9:30 AM
Sunday school during worship following children's time
Office Phone: 853-3358
www.clintonmethodist.org

PLYMOUTH BETHESDA UNITED CHURCH OF CHRIST

500 Plant St, Utica (Oneida Sq, across from Dunkin Donuts)
Mike Ballman, Pastor
Sunday Mornings 9:30am
Last Sunday of the month - 10:30am
www.plymouthbethesda.com

CORNERSTONE COMMUNITY CHURCH

500 Plant St. Utica(Oneida Sq. across from Dunkin Donuts)
Mike Ballman, Pastor
Sunday Mornings: 11:15am
Last Sunday of month 10:30am
www.cornerstoneutica.com

CHRIST CHURCH (REFORMED PRESBYTERIAN)

8470 New Floyd Rd. Rome, NY 13440
Website: www.christchurchreformed.com
Facebook:
<https://www.facebook.com/ChristChurchReformedPresbyterian>
Pastor: Aaron Goerner
Services:
Sunday School: 10AM
Sunday Worship: 11AM
Thursday Bible Study 7PM

HOLY TRINITY ROMAN CATHOLIC CHURCH

Father Canon John Mikalajunas
1206 Lincoln Ave Utica, Phone 315-724-7238
"The Big Church on the Arterial next to the Ped Bridge"
Only 5 minutes from New Hartford (per Mapquest)
Saturday 5pm/ Sunday 8AM + 10AM (English Masses)
Sunday 11:30AM only all Polish Mass in Central NY
Weekday 8AM Mass followed by Rosary 7 days a week
Confessions Daily 7:45am, Saturdays 4pm
Handicapped accessible - Air conditioned

ZION LUTHERAN CHURCH

630 French Road, New Hartford
Healing Service on March 31 at 10am.
Our ministry of healing emphasizes caring for the sick in the widest possible understanding of that term.

MOHAWK VALLEY CHURCH

9417 Maynard Drive Marcy, NY
Sunday Mornings at 10am
Come As You Are
www.mohawkvalley.church
Pastors Mike & Susie Melnick
Contemporary Worship led by Mark Bolos
Easterpalooza Egg Hunt featuring 20,000 eggs on Saturday,
April 13, 1-3pm, Kids Ages 0-12
Easter Sunday Services featuring drama and relevant messages
at 9:30am & 11:00am
Engaging Kids Programs for All Ages

TABERNACLE BAPTIST CHURCH

13 Clark Place, Utica 315-735-7534
churchoffice@tbcutica.org
Facebook: Tabernacle Baptist Church
www.tbcutica.org
We are together in our diversity! Come worship with us!
Saturday 6 p.m. Young Adult Worship & Study
Sunday 10 a.m. English Worship Service
Sunday 10:15 a.m. Sunday School for children in English and in Karen
Sunday 11:30 a.m. Karen Worship Service and 2nd-Hour Sunday School
Pastors Rev. Debbie Kelsey and Rev. Daniel San

BIBLE BAPTIST CHURCH

4431 Middle Settlement Rd., New Hartford, NY 13413
Brian Demers, Pastor
Sunday School for all ages: 9:30 a.m.
Sunday Morning Worship Service: 10:45 a.m.
Sunday Evening Bible Study: 5:00 p.m.
Wednesday Evening Prayer Meeting and Bible Study: 7:00 p.m.
Handicapped accessible. Nursery Provided.
www.biblebaptistchurchnewhartford.org

BEIT SHALOM

48 Franklin Square, Utica, NY 733-2867
Rabbi: Stephen Galiley
Friday Evening Shabbat Services: 7:00 pm
Oneg Shabbat
Beit Shalom is a Messianic Jewish Congregation.
All are welcome!



TEMPLE EMANU-EL

2710 Genesee Street, Utica, NY – 724-4177
teuticaooffice@gmail.com
Rabbi Peter Schaktman
Friday Shabbath Services: 6 p.m.
Friday Evening Oneg Sabbath sponsored by the Sisterhood of Temple Emanu-El. All are Welcome

TEMPLE BETH-EL

2710 Genesee Street, Utica , NY – 724-4751
Cantor: Kalman A. Socolof
Executive Director: Mrs. Mundy B. Shapiro
Friday Evening Services: 5:30 p.m.
Sabbath Morning Services: 9:30 a.m.
Weekly Morning Minyan Services are held Mon., & Thurs.
from 8:00 a.m. at 2710 Genesee Street.
Kiddush on Saturday morning sponsored by the Sisterhood of TBE. All are Welcome.

ZVI JACOB

Orthodox Synagogue
110 Memorial Parkway, Utica - 724-8357
Services are held Saturday at 9am, and on holidays.
Services may be held at other times if there is a minyan.
Visit our website www.zvijacob.org.
All are Welcome.

THE JEWISH COMMUNITY CENTER

2310 Oneida Street, Utica - 733-2343
Provides programs for seniors and recreational activities for all ages. Open to people of all races, religions, and nationalities.



*New Life
Apostolic Church*



Service Times:
Sunday School

Sunday Adult Service: 10:00 a.m.

Wednesday Night Prayer: 7:00-8:00 p.m.

Thursday Evening Bible Study: 7:00 p.m.

Pastor Mark Waterman
315.736.1161

3995 Oneida Street #4
New Hartford, NY 13413



@NLAC4all

PRAYER TO BLESSED VIRGIN MARY

Never known to fail. Oh, most beautiful flower of Mt. Caramel, fruitful vine, splendor of heaven. Blessed Mother of the Son of God. Queen of Heaven & Earth. I humbly beseech you from the bottom of my heart to secure me and my necessities (Make Request). There are none that can withstand your power. Oh Mary, conceived without sin, pray for us who have recourse to thee (3 times). Holy Mary I place this prayer in your hands (3 times). Say this prayer for 3 days and have published and it will be granted to you. ~ AMD

Dinner Buffet
Tuesday & Wednesday
\$12.95 + tax
5 - 9 p.m.



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