

Vol. 34 No. 10 October 2020 Standard US Postage Paid Permit # 566 Utica NY



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Epichrean Delight
ONLINE AUCTION

September 28 - October 7, 2020

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www.hospicecareinc.org (315) 724-1654



Gregory Lawler, Professor of Drawing and Painting. Flux, Oil on canvas on wood, 9" x 13," 2018

Works by PrattMWP Faculty Showcased in Exhibition

Works by the faculty at the PrattMWP College of Art and Design will be showcased in a multimedia exhibition at Munson-Williams-Proctor Arts Institute Museum of Art until Sunday, October 4.

PrattMWP Gallery Director Shannon Stockbridge said this exhibition introduces students and the community to artwork created by 21 full and part time faculty members in their personal studio practice outside of the classroom. "This visually stunning exhibition serves as a great introduction to the different instructors' styles, formal techniques, and material specialties," she said. Visitors are exposed to dynamic contemporary artists working in painting, drawing, sculpture, video, photography, installation, illustration, design, and more.

Most PrattMWP faculty regularly exhibit their artwork nationally and internationally. Stockbridge said it is beneficial for the students to see that their instructors are working artists. Additionally, all visitors gain more insight into the faculty by seeing the work they create, including materials used, subjects, techniques, and scale they work in. The Museum of Art is open 10 a.m. to 5 p.m., Tuesday through Saturday and 1 to 5 p.m., Sunday. Admission is free.

About the PrattMWP Gallery

The PrattMWP Gallery, located in the renowned Munson-Williams-Proctor Arts Institute Museum of Art in Utica, NY, awards exhibitions to highly qualified artists working in a range of media. Throughout the year, the selected exhibitions support the PrattMWP College of Art and Design current students and provide cultural enrichment to the surrounding community.

For information on how to place an article for your community event, please contact the Town Crier at 315-794-0057, or email us at towncrier@pjgreen.com



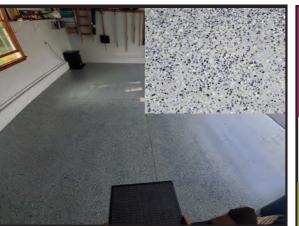




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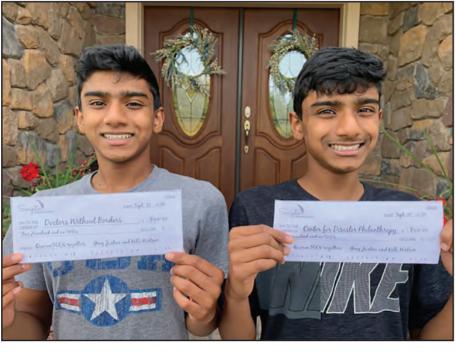


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7 THE TOWN CRIER

Community News

OCT. 2020



QuaranTEEN Book Published by New Hartford Sophomores

Jeremy and Chris Selvarajah, sophomores at New Hartford High School, have become Amazon bestselling authors. This summer, they joined seven other teenagers from across the country to co-write a book titled, *QuaranTEEN: Our New Normal*. Published by Scriptor Publishing Group, the best-selling book takes you on a journey through the COVID-19 pandemic and ensuing quarantine as seen through the eyes of these teenagers. The book highlights details about the pandemic as well as the thoughts, feelings, insights and lessons learned along the way. Their stories are inspiring and provide a hopeful vision for the future. The book is available on Amazon and all proceeds will be donated to two charities chosen by the authors: Doctors without Boarders and The Center for Disease Philanthropy (CDP) Covid-19 Response Fund. It was important to the teens to support charities that were focused on Covid-19 relief and to date, \$1000 has been donated to both charities.



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BLINDS & SHADES

The Spirit of Josh Makes a Safe Summer, Extra Fun

After a spring season of uncertainty that left The House of the Good Shepherd's buildings "locked down," summer offered an opportunity for the children to get outside and, well, just be kids! COVID 19 forced the agency to create new safeguards in its support and services to local children in their care. Family visitations were restricted to phone calls and Zoom chats, and the youth could not interact with others outside of their cottage. It was a challenging time.

But the Recreational Therapists were there to make sure everyone had fun.

And this is where the magic happened. For the last three years, The Spirit of Josh Fund has raised money for a recreation fund for the kids at The House. The fund has paid for normal recreational activities in the past, but this year, the staff could make big things happen. And by big things, we mean a massive 20-foothigh water slide! The kids who live on campus did not hesitate to slosh their way down the giant inflatable slide!

The Spirit of Josh Fund also helped fund bounce houses, weekly ice-cream truck visits (they have recently asked, "When is Mr. Soft Serve coming back?"), and a multi-sport weeklong Summer Games Event where the children competed in sack races, 60-yard dash, obstacle course, and softball throw to win the top prize.

The kids at the Residential Treatment Facility wanted to do something helpful. They thought, "let's grow a garden and feed the animals at the Utica Zoo!" With the help of Ms. Abdelnour, they built raised bed gardens and planted seeds. The children tended the crops every day, weeding and watering and nurturing the tiny sprouts until they grew into lush leafy greens. They donated bushels of veggies and were happy that the animals feasted on a healthy meal.

Kristi Zbytniewski spearheaded The Spirit of Josh Fund in memory of her son Josh, who loved adventure and the outdoors. After learning of this summer's recreational activities, Kristi said, "I was moved to tears to see so many children enjoying these outdoor activities. I know that Josh would be thrilled to know that he helped the children at The House of the Good Shepherd experience an exciting summer. He loved seeing the happiness of others."

The summer of 2020 will be remembered for social distancing, wearing masks, and precautionary measures. But thanks to The Spirit of Josh Fund, the kids will remember fun-filled days of exercise, silly bouncing, waterslides, organic vegetable gardens, and helping others.

To support The Spirit of Josh Fund, please visit ChangingChildrensLives.com.



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Ask Judge Joan Shkane

THE TOWN CRIER

2020

Judge Joan Shkane

This is a continuing discussion of Legal Myths and Reality, because those informed are always the most successful.

MYTH: If a child is taken permanently by one parent without the consent of the other parent to another country, such as Canada, Europe, Asia, South America or anywhere else, there is nothing that can be done.

REALITY: There is much that can be done, but may require patience and money for lawyers in several countries. The Hague Convention on Civil Aspects of International Child Abduction is a very powerful tool that can be used under certain circumstances to force

the child's return to the previous country of residence. Every country that has signed the Hague Convention must return a child promptly if the child was wrongfully taken from the child's country of habitual residence. "Wrongfully taken" is when the child is removed by one parent without the consent of the other parent. The problem sometimes is deciding what is the child's country of habitual residence. Although this phrase is in the Hague Convention 15 times, the Convention does not define "habitual residence".

The standard previously was that the habitual residence is the country where the parents have together intended at some time in the past that the child should live. Some courts would look at the facts surrounding the child's presence in a particular country to decide what the parents intended. This requires looking into the parents' minds at the time of bringing the child to the new country. Some reasons may be permanent or temporary employment, escaping hardship and threat to life in the former country, or joining family members.

Other courts would look to see if the child has become "acclimatized" to the new country, that is, is the child familiar with and thriving in the new country. This requires looking into the child's mind to determine the level of comfort with the new country. Some facts may include the child having friends in the new country, comfort with a new school or medical providers, aptitude with the new language, other family members in the new country, and religious affiliation in the new country.

An issue arises about which should be more important, the parents' minds or the child's.

Now the United States Supreme Court has decided the issue. The Court said that each lower court must use the totality of circumstances as a guide. The circumstances are different in each case. A court must consider the age of the child, who is the primary caregiver, and the intentions and circumstances of the parent who is the primary caregiver. And all of this must be decided with a strong dose of common sense. However, the child's comfort with the new residence is to be given much importance.

MYTH: Courts are stuck in a rut in the past, and therefore cannot adapt easily to new circumstances, such as pandemic.

REALITY: Our courts all across the country are very flexible, can adapt quickly to changing circumstances, and are petri dishes of experimentation. One recent example is the use of Zoom to conduct grand jury proceedings. Several states have experimented with this, and have reported different results.

Grand juries in criminal cases are secret proceedings intended to protect the public from overzealous prosecutors. They arise from medieval English law and they occur early on in a criminal case. The grand jury can hear testimony, examine some proof, and can also conduct an investigation. All of this is to decide if a crime has been committed and if a particular person, persons, or organization committed the crime. If the answer is yes, then the grand jury will hand up an indictment to the Court, and the case will proceed. If the answer is no, then there will be no charge. The prosecutor is required to record who is present at all times, and to moderate the presentation.

Arizona and Texas, foremost among many U.S. states, recognize the legal challenges of being in the middle of a pandemic, and that the public must still be protected from crime. They also recognize that people who may have the cloud of suspicion over them are entitled to be exonerated, if that is appropriate. Since part of the beginning of the process is the grand jury, without which one path to proceed is closed off, a rural county in Arizona ordered a grand jury to sit by Zoom. Each member had to appear in person to be sworn in, and those who did not have access were given laptops. They were also given a choice to appear by Zoom or in person. The foreperson had to appear in person to sign any indictments. Generally, about half of the jurors chose Zoom. In Arizona they

met for about three months and indicted 276 people.

Immediately defense counsel objected, as they should if doing their job properly. The arguments for "Wi-Fi" indictments include speeding the process up, keeping jurors safe from the virus, and helping to overcome geographical distance in rural

Arguments against include that the indictments are not constitutional because they did not have an in-person quorum, and that there is no guarantee of secrecy. Even with headphones and a private dedicated place in the home, anyone in the vicinity can see and hear the proceedings. As importantly, anyone in the room can see all the other jurors, so that their privacy and secrecy is not protected. The proceeding may also exclude potential jurors who do not have internet access or are not Zoom savvy.

New Jersey has experimented with Zoom and found objection by both prosecutors and defense counsel. New York explored the possibility of using Zoom, but decided state law would be violated. Their particular issues were tech access, and the impossibility of guaranteeing secrecy. Courts are figuring out how to deliver justice in the time of pandemic. New York City grand juries just recently starting hearing cases after five months, thereby avoiding the issue of Zoom grand juries for the time being.

MYTH: In law, as in life, there is only one way of doing things.

REALITY: There can be many ways to handle events and in governing. In New York City, as in many New York State cities, the power to appoint police commissioners and hire and fire police officers belongs to the mayor of the city. The New York State Attorney General believes that many New Yorkers have lost faith in law enforcement, and that the divide between officers and the public must be bridged. Some argue that when a mayor appoints the police commissioner, chief of police and officers, this links the political fortunes of the Mayor and City Hall to the Police Department. She believes that police departments in New York are wrongly treated differently from all other governmental agencies, are not subject to legislative oversight, and can make rule changes without a public hearing. She believes that police agencies should not police themselves. The Attorney General believes that an independent commission should be appointed to handle these acts, thereby taking them out of the hands of politicians. The commission could include appointees of each common council, mayor, county attorney or city attorney and city comptroller. She notes that Detroit and San Francisco have similar arrangements, and they successfully handle police issues. Many police agencies call this recommendation unnecessary and political.

Giving attention to legal myths is not wrong. It can be a starting point for developing an interest in the law. However, if legal issues are important in your life, for instance regarding custody of your children or money payable for any reason, it is wise to consult a lawyer who can advise you on the truth of legal myths. This discussion is not intended to render legal advice on specific cases or to express an opinion on any specific case.



Upcoming Day Trips

Oct. 13 - Lake George Cruise Scenic 2-hour cruise with optional boxed lunch \$133.00 w/lunch, \$120.00 w/o

Nov. 21 - Holiday Shopping & Lights on the Lake Waterloo Premium Outlets, Sauders Market, Lights ~ \$79.00

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Children's Story Time on IGTV Every Thursday on Instagram. Miss Ashlyn will be reading books and posting them on Instagram and IGTV every Thursday on the New hartford public

library Instagram page!

The Preschool Projects

Every Tuesday through December 1st, we will be offering a grab and go project for preschoolers. Please call 315-733-1535 on Tuesday morning beginning at 10:00 to reserve a project, or stop in. We are offering Curbside Pickup as an option. While supplies last!

Grab & Go Project Bags for Kids Fall Schedule

We plan to offer Grab & Go projects once a month in the fall; October 8 - Make Your Own Monster Kit, November 12 - Make a Bird Feeder Kit, and December 10 - Make a Reindeer Ornament Kit. Call to reserve beginning at 10:00 on the day of that months' project, or come into the library to pick up! While supplies last.

Halloween Free Pumpkin & **Pumpkin Carving Contest –** Win a Gift Card!!

Due to COVID-19 we are unable to host our annual Halloween Party – but we are happy to be able to offer a pumpkin (one per family) while supplies last; followed by a Pumpkin Carving Contest with a chance to win a gift card. Call 315-733-1535 beginning Monday, October 12th to reserve and pick up your pumpkin. Take a picture of your carved pumpkin masterpiece and then email us the photo by Monday, October 26. The pictures will be posted on our Facebook page, and users will be able to vote on their favorite carved pumpkins. The 2 carved pumpkins with the most votes will win a \$25 and \$15 respectively. Winners will be announced on Friday, October 30th! Many thanks to the Friends of the New Hartford Public Library and North Star Orchards for helping to make this event a reality.

Grab & Go Projects Adults Schedule

We plan to offer Grab & Go projects once a month in the fall for adults; October 1 – Book Page Pumpkin, November 1 - Adult Painting Canvas - Abstract Peonies, and December 1 - Decorative Chocolate Spoons. Call to reserve beginning at 10:00 on the day of that months' project, or come into the library to pick up! While supplies last.

Women (and Men) of **Mystery on Zoom!**

Saturday, October 24th at 11:00-12:00; Senior Sleuths: Anne George, Parnell Hall, Heron Carvic, and Dorothy Gilman. Participants will meet via Zoom. This class is led by Janet Hoover, and registration is required. Call the NHPL at 315-733-1535 to register, or go to our website and complete the registration form online. Participants will be emailed the meeting details.

Library News

Yoga for Seniors

OCT.

2020

Join Bill Skinner every Monday at 3:00pm for a virtual Yoga program geared towards seniors! Participants will meet via Zoom. Registration is required. Please register online at www.newhartfordpubliclibrary.org or call the library at 315-733-1535.

Virtual Financial **Information Series**

The New Hartford Public Library is pleased to announce that John Kalil will be offering a series of virtual weekly financial education programs that will be offered every Wednesday at 1:00 & 6:00 PM and cover a different financial topic each week. There is no cost to participate.

Programs Include:

- Financial Planning Basics
- Women & Money
- Retirement Income Planning
- Social Security & Your Retirement
- **Medicare Basics**
- Planning for Long Term Care
- **Estate Planning Basics**
- **Investing Basics**
- Retirement Savings Challenges for Women

All programs are being presented as a community service by Retirement Solutions, LLC. Advance registration is required. To learn more or to reserve a spot please visit www.reservemyvirtualseat.com.





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Friends of the New Hartford **Public Library News**

Due to the concerns and unpredictability of the Coronavirus the 2020 Bill Bonsted Indoor Miniature Golf Tournament Sponsored by the Friends of the New Hartford Public Library is CANCELLED. See you next year!

Used Book Room

Used books are not being accepted at this time. Room is closed.

Quarantined Items and Safety Procedures

For the safety of our staff and patrons, any items being returned are going through a quarantine period. Returned items can take up to 7 days to clear your account. Items requested from other libraries are also undergoing quarantine and accordingly you can expect a delay. We have procedures in place to protect the staff, our patrons, and the community. Masks covering both your face and nose are required while in the building. We have limited the number of computers to accommodate social distancing. Computer use is limited to 45 min. and by appointment only so please call to reserve a computer prior to visiting (315-733-1535). We leave 15 min. between computer appointments to ensure the proper sanitization of each computer and computer station. We kindly ask that you limit the time spent in the Library while browsing. In order to protect our youngest patrons, our toys have been removed. We thank you for your patience and support as we all adapt to new safety protocols.

Curbside Pickup

For those that are still hesitant to enter the library we continue to offer Curbside Pickup. We invite you to place holds online or by contacting us by phone at 315-733-1535. A staff member will call you to schedule a pick up time, and you can drive up to a designated parking spot and your books will be brought out to you! Curbside pickup will be contactless. Updates or changes will be shared on our website (www. newhartfordpubliclibrary.org) and social media.

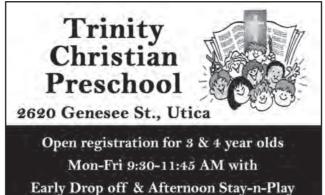
Stay Connected With Us!

Be sure to follow us and check out our website to stay connected and informed!

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OCT. 2020

Community News

THE TOWN CRIER

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Broadway Theatre League of Utica Proudly Announces "\$21 Down for '21"

Broadway Theatre League of Utica is proud to announce this special limited time offer, "\$21 Down for '21". Become a new subscriber for the 2021 season for just \$21.00 down. Final payment is not due until December 21st. Join the league to experience live theatre as it returns to the Stanley Theatre in 2021.

"We are excited to offer this incredible limited time offer to our community. We all need something to look forward to. From the first note in the orchestra to the thunder of applause as the curtain descends, nothing compares to the live Broadway experience. We look forward to intermission coming to an end and to be able to Illuminate the Community with our 2021 Season." Danielle Padula, Executive Director said.

There are many perks to becoming a Broadway Utica Subscriber

Your option of being a Night 1 or Night 2 season ticket holder

Guaranteed the same seat for each show performance Purchase additional tickets to any show at a discounted rate for friends and family

Interchange your night if you have a scheduling conflict for a \$5 exchange fee per ticket

Get early access to purchase bonus show performances before the general public

Visit BroadwayUtica.org to view the 2021 Season line-up, subscription season pricing and our bonus shows. The Broadway Utica Team is here to answer any questions or concerns you may have. Call us today at 315-624-9444 or email info@BroadwayUtica.org.

Broadway Utica's Box Office is open Monday-Friday from 9:00am-4:00pm.

Broadway Theatre League of Utica's mission is to present, produce and promote the highest standards of excellence in a variety of family-orientated, multigenerational and sophisticated theatrical productions; to expose the community to the many benefits of live theatre and the performing arts; to provide opportunities for the youth of the community to experience these benefits as well.

National Sweetest Day Oct. 17, 2020

National Sweetest Day is observed on the third Saturday in October by people of all ages.

Just in time for its 100th Anniversary, National Sweetest Day encourages everyone to be generous even in the smallest ways. From its inception as Candy Day in 1916, this day reminds us that even small tokens improve the lives of those around us. While the observance started with candy and sweets given to our sweethearts and friends, the day is full of lessons in persistence, resilience, and doing small things greatly.

On National Sweetest Day, take care of all those who need extra attention. Even those who need significant care, when given the smallest token, will feel the effects. A little treat, a card, a show of support during a time of need may be the sweetest gift on this day.



Balance

Submitted by James LaFountain, All American Fitness Center

Health and Wellness has been at the core of America since the mid to late 1800's. Currently, the "physical component" has dominated our culture because it sells and generates sizable profits. Occasionally, I actually have to remind myself, there's more to Wellness than one's biceps girth. In the early 20th century, it meant "absence from disease." Balancing four basic components is critical to our overall Health and Wellness. *Social: Relationships are at the core of our social existence. Many retirees are troubled by the lack of quality social contact. Our Pandemic has brought this to the forefront and has become one of the viruses' biggest challenges. A relationship is different than having an acquaintance that is inconsistent and often transient. Most solid, long term relationships are built during adversity and over a long period of time. *Emotional: Our mental well being starts with how well we handle stress. An emotionally healthy person understands that most stress is "self inflicted" and temporary. Road Rage is an example of how an emotionally immature persons deals with a minor incident, where no harm, nor damage is done. Tremendous energy is needlessly expended with no favorable outcome. *Spiritual: We're living in an era where Science is supporting many of the spiritual beliefs formally viewed with skepticism. I respect my atheist and agnostic friends who simply feel they do not have ample information to believe. Experts have discovered that spiritual patients tend to recover an atom is a micro replica of our entire Solar System. *Physical: Although this component tends to dominate the airwaves, it is still very misunderstood. There is no magical cardiovascular machine. All that matters is one's heart rate and the time spent engaged in a particular cardio activity, period. Additionally, and perhaps most important is that excessive amounts of exercise will NOT make up for a poor diet. Exercise is a painfully slow method to achieve fat loss results. Resistance Training has recently made a big comeback. Before Dr. Kennith Cooper's 1968, best selling book, "Aerobics', Resistance Training was the most popular mode of exercise. Resistance Training in the form of weights, machines or stretch cords is at least as important as cardiovascular exercise. A balanced approach to health and wellness should be everyone's goal. Addressing all four components creates the optimal lifestyle.

Wonderful Winters in CNY

By Hannah Gage

What do the Italian Dolomites, Taos New Mexico, and Quebec Canada all have in common? These are trips planned by our local G.E. Ski Club for the upcoming 20-21 season.

This be will G.E. Ski Club's 56th season. The club was formed in 1966 by area skiers looking to combine their passion for the sport, with a desire to share knowledge and discounts to local, national, and international locations.

The club averages over 200 members and has grown to include snowboarding and cross country along with year-round sports and social activities. Just last weekend some of the group went on a 22-mile bike ride. Camping, kayaking, floats down the West Cannada Creek and bi-weekly happy hours are just some of the recent activities. There are members who have joined just for the social aspect. The trips include these individuals by offering non-mountain pass prices and activities.

Who wants to go to Sugarloaf, Killington, or Gore? You can research trips, find trip forms, pay for a membership, and view schedules at GESKICLUB.ORG. There are no requirements to join. We accept novices to expert. No meetings mandated. No reason to not enjoy winter again! General meetings are open to the public and are held every 3rd Tuesday of the month, from September through April. They are held at the Utica Elks on Champlain Ave at 6:30 pm.

Epicurean Delight Online Auction

The Hospice & Palliative Care Development Council is pleased to announce that they will be holding their exciting Epicurean Delight Auction online this year from September 28 – October 7, 2020.

"While we wish we could come together and taste the food from our favorite area restaurants, the safest plan is to stay home this year. I invite everyone to join us and support the valuable hospice, palliative and bereavement services that are provided to our community by participating in this event", stated Doreen Nicholls, Epicurean Delight Co-Chair.

do not have ample information to believe. Experts have discovered that spiritual patients tend to recover quicker than those who are not. I'm fascinated that an atom is a micro replica of our entire Solar System.

*Physical: Although this component tends to dominate the airwaves, it is still very misunderstood. There is

New this year is the Restaurant Coupon Book featuring coupons from local eateries when you make a donation of \$25 or more. Also, \$5.00 raffle tickets are being sold with the top prize being a \$500 gift card and additional prizes valued at \$100 and more. To reserve a Restaurant Coupon Book or to purchase a raffle ticket please call Hospice & Palliative Care at 315-735-6487 ext. 1013 or stop by the office at 4277 Middle Settlement Road in New Hartford weekdays from 8:00 a.m. – 4:00 p.m.

There is still time to donate gift certificates, prizes or a raffle basket to the raffle or auction. Please call 735-6487 ext. 1004 if you would like to contribute.

Hospice provides quality, compassionate care to those suffering from a chronic or end stage illness and their families, serving residents of Oneida, Herkimer & Easter Madison Counties regardless of their ability to pay.





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View Menu at Bellacucina.org 315-736-4885 4479 Commercial Drive, New Hartford

THE TOWN CRIER

Village of NH News

OCT. 2020

VILLAGE OF NEW HARTFORD CURBSIDE JUNK COLLECTION

The following information pertains to VILLAGE OF NEW HARTFORD residents only and does not include the TOWN OF NEW HARTFORD.

For more detailed information refer to your Village Municipal Collection Flyer or call 315-724-0379 (DPW Garage) or 315-732-1147 (Village Office).

The VILLAGE of New Hartford will have a curbside junk pick-up on October 12, 2020 Materials must be at the curb by 6:00 a.m. on October 12th and sorted into separate piles as listed below:

- Please note anything longer than 8' feet will NOT be collected.
- Collection limits for categories #1) Household Junk and #2) Sanitary Waste are each limited to a pile not to exceed 4' wide 8' long and 3' high.
- 1) Household Junk: Lumber bundled, piled parallel with the roadway, roofing and plaster in containers weighing 60 lbs. or less, furniture without fabric, porcelain sinks and toilets, and storm windows;
- 2) Sanitary Waste: clothes, bedding, stuffed furniture, hardcover books, empty paint cans with lids removed, and toys;
- 3) Metal: major appliances and metal products;
- 4) Tires: tires must be off rims and no larger than 16". No large truck or tractor tires.

The DPW will NOT accept:

- 1) Recyclable materials, lumber exceeding the limit stated above, and shingles not contained. For construction and demolition projects, please contact the Village DPW or a private waste hauler to make arrangements for a dumpster.
- 2) Propane cylinders, liquids, such as paints, thinners, waste oil, herbicides, and pesticides may be disposed of at the Oneida Herkimer County drop site per their collection schedule. For more information, call 315-733-1224.
- 3) Automotive Batteries due to employee and environmental hazards, batteries may be returned to a redemption or recycling facility.

Your cooperation with sorting materials and observing these guidelines helps reduce costs and insures the continuation of this program.

VILLAGE OF NEW HARTFORD WEEKLY GREEN WASTE AND LEAF COLLECTION SERVICE

Leaves, grass clippings, and brush will be collected every Wednesday from May through September. During this time, brush must be bundled, and leaves, grass, and trimmings must be contained in reusable cans.

From October 1st through November 15th leaves will be collected loose at the curb once weekly. Please keep leaves separate from brush pile.

- Plastic bags used for leaves and green waste will not be collected.
- Limbs must be under 12" in diameter and less than 6' long for collection.
- Please do not pile material in the roadway.

Compost is available free of charge while supplies last and can be picked up outside the Village hardfill dump located at the end of Graham Ave. Bring a shovel and containers.

Rotary

College Students Are Encouraged to Apply for Internships with Local Businesses

Amid the Covid-19 pandemic, paid internships are being offered to area college students by the Rotary Club of Utica. Applications are being accepted now for the spring and fall academic semesters of 2021.

Full-time college students vying for Rotaract Internships should be adaptable to working in a virtual or hybrid environment, as required by the current business climate. Through paid internships with local businesses, students will be able to apply their academic knowledge in a professional setting and gain skills that will be invaluable to their future careers. This prestigious scholarship will be a lifealtering experience for qualified students committed to academic excellence and service.

In addition, area businesses will be able to evaluate students for possible future employment, thereby creating the opportunity to keep some of our best and brightest minds in the Mohawk Valley.

Applications must be submitted electronically, and are available by visiting the Rotary Club of Utica website at uticarotary.org and clicking on the button for Rotaract. For more information, email internship@uticarotary.org.

The deadline for applying for 2021 spring and fall term internships is October 1, 2020.

About Rotary

Rotary brings together a global network of volunteer leaders dedicated to tackling the world's most pressing humanitarian challenges. Rotary connects 1.2 million members of more than 34,000 Rotary clubs in 200 countries and geographical areas. Their work improves lives at both the local and international levels, from helping families in need in their own communities to working toward a polio-free world. For more information, visit Rotary.org.

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OCT. 2020

Retires!

Earl Cunningham

Retires!

After nearly 28 years, Earl Cunningham, New Hartford Village Treasurer, has decided to retire.... just in time for his 90th Birthday!

Earl is a remarkable person who deserves to be honored for all he has given to the community, through his dedication, his knowledge, and his love for the Village of New Hartford. Those of us who have been his colleagues through all these years feel lucky to have had the opportunity to work with him!

Earl's job as a "part-time" Treasurer was what he chose to do in his retirement, after three and a half decades working for General Electric where he negotiated contracts with

many entities, including with the US Navy and Japan. He initially said he would only serve as Village Treasurer for a couple of years, which turned into nearly 28 when he left the position earlier this year.

Earl was born in the neighborhood known as Sleepy Hollow near the New Hartford Shopping Center, and is a 1948 graduate of New Hartford High School and a veteran of the Korean War. He and his late wife Sara raised six kids in the Village of New Hartford. Before taking on the position as Village Treasurer, Earl served as a Trustee

in the Village of New Hartford from 1975 to 1980, and when first elected, was the first Democrat to win a seat in over 70 years. He also served an Oneida County Legislator from 1980 to 1986.

THE TOWN CRIER

Besides his work in government, Earl was passionate about the New Hartford Library, serving as Chairman of the Building Committee to help fund and build the new library on Oxford Road. Along with his good friends, the late Kevin Kelly and the late Bill Bonsted, he was instrumental in making this dream come true and seeing the new library come to fruition. After that, he also served as Library Treasurer for several years.

Earl was an active member of St. John the Evangelist Church in New Hartford, even running their annual HOPE Appeal which had one of its best fundraising years in the diocese under his charge. He was also on the Board of Little League for many years. With his beloved wife Sara, he volunteered for several years at the Thea Bowman Center in Utica, where they tutored and mentored many children and youth. He always went above and beyond in this work, and to this day, he continues to help some of his former students navigate through high school, college and their adult lives.

Earl is a staunch advocate for social, environmental and racial justice causes, which he will continue to advocate for in his retirement from the Village. He turned 90 on September 6th and was able to celebrate on Zoom with his six children, fifteen grandkids, his older sister and sister-in-law, and many other friends and relatives.

Thank you, Earl, for all of the wisdom and guidance you have given us over the years! You will truly be missed! Enjoy your retirement, again!



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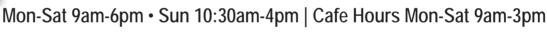
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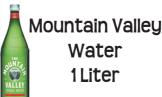
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Town of New Hartford News

NH Senior Center News

submitted by the staff at NH Senior Center

Fall is here with our cooler nights and changing color of leaves. It is a beautiful time of year and we all want to enjoy it, but still need to be cautious by wearing our masks, lots of hand washing and social distancing. Our staff wants you to be safe and wishes that we had some good news about re-opening, however, we have not heard anything yet. We do keep in touch with the County and Town and will let everyone know when we have news. We want to thank the County and Trinity Food Service for providing the home delivered meals to our seniors and keeping in touch with them when they deliver their meals. This has been so important when so many have been at home all these months. We are sad to hear of the passing of two of our seniors, Olive Rudd and Ralph Gorton. Our sympathies and thoughts go out to their families. Please call our center at 315-724-8966, if you need anything. We are anxiously waiting until we can get back to socializing with our friends. We have included a few pictures of past events and gatherings, to remind everyone how important our Senior Center has been to our community.













Dear Residents,

My thoughts and gratitude go out to all our local first responders that are continuing to keep us safe through these tough times we support them 100%. Furthermore, all those who continue to donate masks and PPE's, it is great to see everyone working together in our town.

I want to thank our community, residents, and staff once again as we continue to take steps to protect the health and safety of our loved ones, friends, neighbors, and caregivers. Your support and willingness to help are an inspiration to us all—remember if we band together, we can overcome any challenge.

I am happy to say we have added 2 additional leaf trucks to the fleet this fall. This now gives a dedicated truck for each of the 4 wards in our town for picking up leaves in a timelier fashion.

We are continuing the operations of the Town to ensure essential services for our residents are maintained.

Storm water update - just because it has not been storming out lately, we are currently working behind the scenes to make sure we can address any existing issues. We are currently working on finishing up our comprehensive studies in Wards 1 and 2. Once these studies are complete, Rick Sherman and I are continuing to apply for available grants at the county and state level to aid in implementing storm water projects that are identified in our comprehensive studies.

We have made many updates to our Recreation Center which will soon be complete by September 30th, 2020, just in time for Ice to be made. The Rec Center will be open this month. We will begin working on new projects for the fall. I will keep you updated on the projects as they begin.

We have started our 2021 Budget. We are trying to keep the taxes low while still being able to maintain the level of services for our residents. We are also looking to add new services and programs.

We are continuing LED Street Light upgrading which is expected to be complete up in 2021. The upgrade of streetlights will help reduce energy consumption and provides cost savings. The Town is currently working on the concept of Solar Farms. More information will follow.

Our administrative offices are fully functional. We are still open by appointment only to protect the health and welfare of the public and employees. We thank you for your continued cooperation.

We are a strong community and will get through this together. Thank you for all that you are doing—and for being a part of our extraordinary town.

With gratitude,

Paul Miscione, New Hartford Town Supervisor





New Hartford Highway News

submitted by Highway Superintendent, Richard Sherman

October is here and a reminder that the Town Highway Department will start picking up leaves shortly. Please don't put leaves in plastic bags or containers. Place the leaves to the curb so that our leaf vac trucks can pick them up. This year the Town has purchased two more leaf trucks so that a leaf truck can be placed in each one of the town's wards so that they can be picked up in a timely manner. Once the leaves start falling the trucks will be out every single day. Please don't mix the leaf piles with other debris like sticks, dirt, rocks, brush, and pumpkins.

The Brush Collection is finished for the 2020 season. We will not be picking up any trees, and brush until next season. The compactor trucks will still be out to pick up the green waste of flowers and grass clippings.

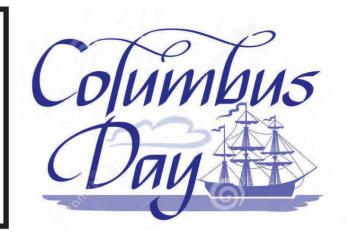
The town has started the phase one of the Foxcroft-Hubbardton storm water retention project. The new 36" pipe will be placed just east of the Woodberry Pool parking lot with new large concrete structures and cross Foxcroft Rd. to the new inlet location. The construction road will be placed to the new location of the new retention area, and this winter as soon as the ground freezes the highway department will be clearing that area.

The Highway mechanics have started working on the plow equipment to get it ready for the upcoming winter Season. The Highway trucks are being checked and the plows, wings and hoppers will be installed for the 2020-2021 winter.

The Highway department is still working with FEMA for reimbursement on our projects. The Town's engineer is still working on a plan for the main sewer line that is exposed in the Sauquoit Creek behind Hillside Gardens Apt. The Rayhill Trail repair is still being engineered and working with FEMA as well. The town will be over there shortly to clean up the debris from the October Storm of last year. The Town's Excavator is still working on cleaning the creeks that haven't been finished yet. The mason crew is still working on catch basins and the repair on Gilbert Rd is scheduled as well. This catch basin is a major repair with many storm water pipes coming into it and is quite deep.

The new Rec Center parking lot will be finished by the time it opens in the month of October. You can call me at 315 534-2998 or e-mail at rsherman@townofnewhartfordny.gov.

For advertising rates, or information on how to place an article for your community event, please contact the Town Crier at 315-794-0057, or email us at towncrier@pjgreen.com **Town Crier Mailing Address:** PO Box 876, New Hartford NY 13413-0876



THE TOWN CRIER

NH Fire Dept. News

NHFD News

Your New Hartford Volunteer Fire Department responded to 65 calls during the month of August as indicated by the monthly call report listed below by category:

Fires 5 **EMS** Hazardous 13 Service Type Good Intent False Alarms 14 Other Alarms Weather Related Other



Total Calls for the Month of August 2020 = 65.

This brings the total number of calls year-to-date through August 31, 2020 to 592.

Some of the calls listed above - such as Fires, EMS, and Hazardous - are self explanatory. Others such as Service, Good Intent and Other Alarms are not. Service Calls includes water or animal problems, public assistance or standbys. Good Intent refers to responding but did not find anything or canceled in route. Other alarms include explosions, carbon monoxide, smoke or sprinkler detector activations.

The figures above do not include other activities by members of the department such as Fire Prevention details, training, parades, Open House and other various department committee meetings that take place throughout the year.

New Hartford Volunteer Fire Department Halloween Parade and Open House Cancelled

In light of the uncertainty surrounding the COVID - 19 Pandemic, the New Hartford Volunteer Fire Department has cancelled its annual Halloween Parade and Open House for 2020.

Restrictions regarding mass gatherings and obvious public health considerations have forced us to cancel this very popular, community -wide, event. Unfortunately, COVID has forced the New Hartford Volunteer Fire Department's Benevolent Association to cancel the many events our community enjoys.

Let us all hope that 2021 brings us all back together again so we can all enjoy the many events and activities we have missed this year.

As always, please Stay Safe!

Sincerely,

The Dedicated members of the New Hartford Volunteer Fire Department

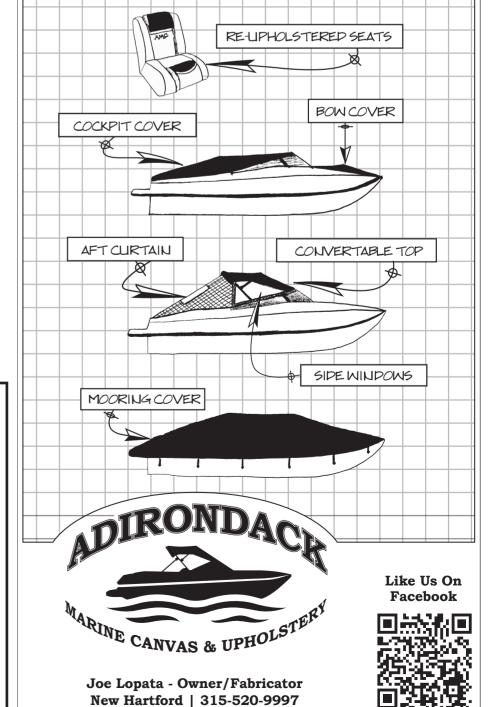
For additional information about the New Hartford Volunteer Fire Department please visit www.nhfd.com.

LtoR: Tim Converse, Bob Hobin, Vic Gazzilli, Tom Liesch, Post Commander Junior Laracuente, Bob Byrd, Frank Verminski, SAL Commander Don Wisnowski and Bill Brucato.

Sons Donate New Space Force Flag

On September 2nd, the SAL donated to the Legion, a Space Force flag. The flag measures 3' X 5'. Space Force is the 6th and newest branch of the U.S. military joining the Army, Marines, Navy, Air Force and Coast Guard.

The Space Force flag flies proudly along side of the other branches of the U.S. Military in our Honor Circle of Flags in front of our Post.



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How Did October Become the 10th Month?

The original Roman calendar had only ten months, and October was the eighth month. January and February hadn't been added to the calendar yet! Like its neighboring months September, November, and December, the numerical name stuck; even after Julius Caesar expanded the calendar year from 10 months to 12. October entered Old English via Old French, replacing the English vernacular term Winterfylleð ("Winter full moon").

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OCT. 2020

NH Historical Society News

THE TOWN CRIER 1

NEW HARTFORD PAST TIMES

OCTOBER 2020

NEW HARTFORD HISTORICAL SOCIETY

October: Fall, Pumpkins and Baseball's Grand Finale!

In 1977, during Game 6 of the World Series, New York Yankee Reggie Jackson hit 3 home runs against the Los Angeles Dodgers helping his team clinch yet another world championship and earning him the iconic nickname "Mr. October". High School baseball however could never reach the fall because of school's summer recess. But just like the majors, they began training in the spring and were romantically referred to as "the boys of summer" even though they were just beginning summer when High School baseball was coming to a close and graduation was on the horizon. After graduation, many went on to bigger and better things. Higher education.... College and/or professional baseball.... And for some, a Medical degree.

Our region has produced 20+ Major Leaguers since the mid 1880's

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According to the Baseball Almanac, there have been 23 major league ballplayers born in the Utica/Rome area since the 1852. They include Proctor's Dave Cash; RFA's Archi Cianfrocco; Notre Dame's Mark Lemke; and New Hartford's own Andy VanSlyke. We have 3 great photographs from the 1920's era of New Hartford High School baseball teams. And in each 1 is a familiar face: Preston Clark. Later to be **Dr.** Preston Clark. In each photo, he is not in uniform. Did he play? Was he team manager? Was he medical staff? (If there was such a thing back then?) All indications were that around this time-frame Preston would be in his mid to upper teens so we are ruling out team physician. Can anyone shed some light on this mystery?



1925 Ball Team: Back row (L to R) Warren Brooks; Eddie McLaughlin; Dexter Arnold; Ken Ireland; Hank Billings; Fred Freeman; and Corlis Doolittle.

Front row (L to R) Harold Hastell, Coach; Charlie Stratton; Howard Freeman; Henry Gates; Stanley Renton; "Speed" Martin; Bob Hughes; and Preston Clark.

<u>Reminder</u>: 2021 dues are due in January. Dues will be increasing January 1, 2021. Unlike Spectrum, if you are just joining as a new member, the increase for 2021 is in effect. If you are an existing member and have renewed already (or will be renewing) at old price. All received by December 2020 will be grandfathered in.



Please stop in to visit us and consider becoming a member.
Membership fees are \$15 for Individual, \$20 for families, \$25 for Friend/Contributor and \$50 for Corporate members. The Historical Society is a non-profit, tax deductible organization.

Planning a Class Reunion?

Make the Historical Society Museum a part of your itinerary! Schedule the Saturday of your reunion for your group to explore our collection of yearbooks, scrap books, local relics and photos. Look up your New Hartford home!

Call 315-724-7258 to schedule your group.

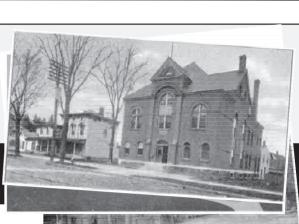
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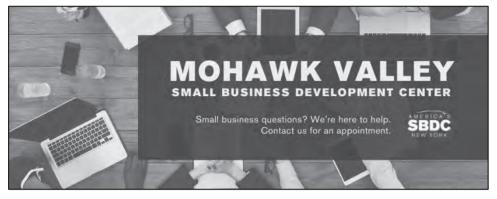


Fostering Economic Vitality & Quality of Life in New Hartford www.NewHartfordChamber.com

11 THE TOWN CRIER

NH Chamber News

OCT.



The Mohawk Valley SBDC hosts educational programs targeted to the needs and interests of small business owners. Their programs cover a wide variety of topics of interest to the small business community, from marketing to cybersecurity to financial planning and much more. They regularly offer QuickBooks classes for beginners and advanced users. Educational and training webinars can be viewed from the comfort of your home or office. Attending workshops at their offices provides the advantage of networking with other businesses and meeting subject-matter experts in person.

Register for upcoming events at www.mvcc.edu/sbdc/ or call 315-731-5884

Upcoming Business Training

Small Business Startup Class

If you're thinking about the possibility of owning your own business or have recently opened a new business, this workshop is for you! Taught by SBDC business advisors, you will gain a comprehensive understanding of business startup information. Topics include basic startup information, business plan preparation, marketing, funding, and record keeping. Includes opportunity for Q&A.

The class consists of two sessions:

Session 1: 9/29/20, 10:00 AM - 12:00 PM Session 2: 9/30/20, 10:00 AM - 12:00 PM

Sell Online This Holiday Season with E-Commerce Tools

Learn how to sell online to customers as they kick off their holiday shopping this season. We'll walk through the benefits of setting up an online store with Shopify and how to list your products on Google Shopping so that you can sell from anywhere. Plus, learn about more helpful tools to stand out online, such as Local Opportunity Finder and Grow My Store.

Wednesday, October 14, 2020 at 12 PM - 1 PM

Marketing Your Business on Google, LinkedIn, Twitter, & YouTube

Google, LinkedIn, Twitter, and YouTube each have their own unique benefits. This hands-on workshop features interactive examples to demonstrate how each platform should be incorporated into an overall marketing plan at limited costs, but with tremendous results. This webinar is presented by NH Chamber Member: Chris Lorence of Christopher A. Lorence PR & Marketing Services.

Tuesday, October 20, 2020 at 11 AM – 12 PM







Farmers Market 2020 Season Recap

by Nathalie Nerber, Farmers Market Director

We had a challenging year this year with COVID-19 restrictions, which at the beginning of the season, didn't allow for dogs, children, craft vendors, samples, music or kids programs. We did have food trucks at the park, which was a great option for guests who wanted to eat out safely and socially-distanced. As the summer progressed, we were also able to allow dogs and children and I am thankful for that! We managed to have a great market with so many fresh, local items for people to enjoy. This year, we welcomed the 1000 Islands Winery to our group, which has been a wonderful addition to round-out the local products we offer. In August, we added back in just a few craft vendors, which was well received by our visitors. We had the US Census attend to accept Census responses and the Oneida County Democrats were there accepting all eligible voter registrations. Thank you to both of those groups for coming to provide these services to our guests.

Each week, the market had between 300-500 attendees. Given this year's circumstances, we were somewhat satisfied with those numbers, but we do hope to at least double those numbers next year. We are planning some fabulous children's programs for 2021.

A special thank you to Assemblyman Brian Miller for the visit to the market in July. We enjoyed having you there and appreciate the time you took from your busy schedule to come and see us.

We are so appreciative of our vendors for getting there each week early to set up, wearing a mask the entire time and then taking all of their booths down at the end of the evening to load their vehicles, and then going back to their homes or businesses to put it all away. These vendors are the hardest working people I have ever seen, and they were ALWAYS pleasant and patient to our guests. I feel so lucky to work with them. THANK YOU!

I would also like to thank Merry Lott, who was our student volunteer and greeted our guests at the entrance to the market each week. Merry, you did a fabulous job! Thank you also to Lily Goodemote for being Merry's cheerful assistant for the second half of August and September. What a joy it was to have you both there!

Thank you to the Town of New Hartford and the park staff for each week making sure the pavilions were clear, the bathrooms were clean, and the park looked beautiful. People who come to our park marvel at how gorgeous it is up there, thanks to you all.

I would be remiss without thanking Kay Schachtler for being there each week to do whatever was needed and for bringing us homemade baked treats! I know the vendors appreciated the water wagon you managed for them-thanks, Kay! Also, a big thanks to Nirvana Water for donating cases of water to be distributed to our vendors.

If you attended and enjoyed this year's market, please thank Mark Turnbull, the President of our Chamber of Commerce, who spent the whole season improving our signage and operations, and generally was the best team member I could ask for. He tirelessly and patiently handles so many things behind the scenes. He is too humble to take credit for it all. Thank you, Mark! We would not have this market without you.

I look forward to beginning our 4th season in June 2021! -- Nathalie Nerber







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OCT. 2020

Community News

down from generation to generation. I also had a very young girl visiting with her grandmother who wandered off and found my tomato plants overloaded with tomatoes. She picked one very large green one and came to her grandmother and said "Look what I found! What is it?" I don't think she knew that tomatoes grew on plants! One thing that this year is teaching us is what truly is important in life. The small things that we used to take for granted...a smile, a hug, a ripe tomato.

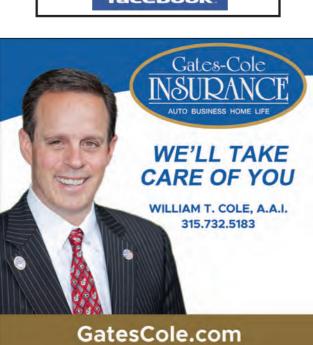
As this amazing summer comes to an end and we all day. I hope I am always able to give back to them.

gardening, but the message is important. The simple act of gardening gave lots of people hope through this year. It helped them forget about all the misery that bombarded us on television. It kept us grounded. Whether it was flowers or vegetables they helped us to smile, which sometimes under our masks we forget to do! Gardeners are always hopeful, so we'll all stay

head back indoors, remember to reach out to people that enter your thoughts. Call them, let them know they are in your thoughts. There are many, many kind people out there. I myself am surrounded by them...always willing to help me with whatever I need on any given Well, this didn't really turn into an article on

hopeful for a better season next year.







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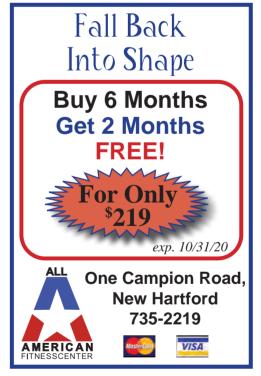
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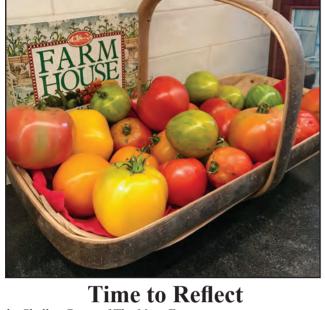


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by Shelley Corey of The Mum Farm

2020 will always be a year we remember. So many ups and downs, so very many changes, the anxiousness never waned, that is unless you spent time gardening. Tending to plants helps you focus on the here and now, reminding us that no matter what else is going on in our lives, our plants still need our attention, they keep growing, they need us! Yes, children are the same, but they eventually grow up to be independent of us. Gardening keeps us young, it gives us something to pour our attention into. Rewards abound with colorful flowers, leaves, fruits and vegetables for us to admire and eat!

Many customers have come in this past month beaming with pride when they tell me about their childrens' first garden. Many share that they grew some of their own tomatoes, herbs, peppers. One budding horticulturalist returned to the farm, recalling how he remembered coming to the farm with his Grandmother when he was a young boy. He couldn't remember the name of my business, but remembered driving up a big hill! Oh, the things that leave marks in our memory! Now as a senior, he's grown a garden of his own. I know his Grandmother would be so proud of him! Gardening is one of life's lessons that need to be passed



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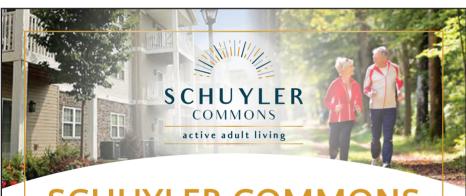
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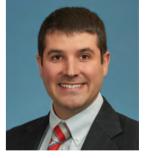
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18 THE TOWN CRIER

Community News

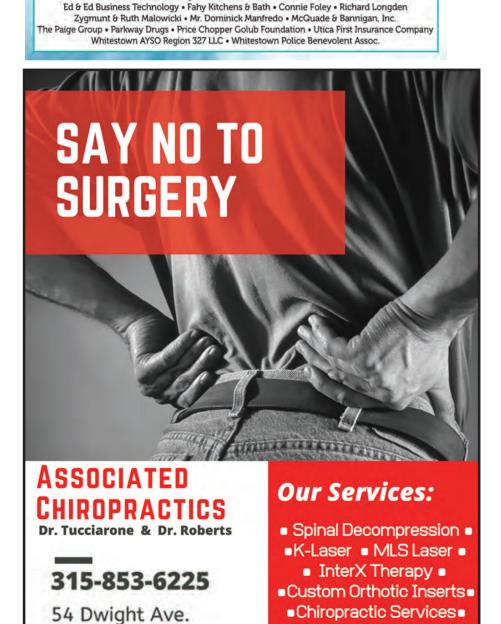
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Spirit Halloween Opens at Sangertown Square

Sangertown Square is happy to announce the return of Spirit Halloween. The nation's largest specialty Halloween retailer has opened its doors in the JCPenney wing

Spirit Halloween specializes in costumes, décor and accessories for children, teens and adults, as well as providing the greatest selection of exclusive animatronics. Carrying the hottest trends and fan favorites, guests are encouraged to shop early and celebrate all season long.

As always, Spirit Halloween offers the same high-quality, one-of-a-kind shopping experience as years past, now with heightened health and safety protocols. In-store safety measures include: all guests and associates wearing protective face coverings, social distancing markers, hand sanitizer stations at the entry of all stores, plastic shields around all registers, increased disinfecting of high-touch surface areas and employee screenings.

Every store will include these additional safety precautions: Capacity limits. In-depth associate training on hand hygiene and disinfectant protocols. Single-use disposable microfiber wipes to diminish the risk of cross-contamination. Hospital-grade Defender disinfectant, known to kill coronavirus in one minute

At the heart of Spirit Halloween is Spirit of Children, a program that focuses on making hospitals less scary for kids and their families. Since its inception in 2007, Spirit of Children has raised more than \$65 million for hospitals across the country. Donations to Spirit of Children stay within local communities, with 100 percent of funds going to the Child Life department at partner hospitals. This year, Spirit of Children has a goal to raise more than \$11 million.

Spirit Halloween is now open at Sangertown Square in the JCPenney Wing next to Jimmy Jazz.





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Chinese Moon Festival: October 1, 2020

Also known as the Mid-Autumn Festival, this holiday has been celebrated for at least 3,000 years and is said to be the second largest festival in China after the Chinese New Year. Observed on the 15th day of the eighth month of the traditional Chinese lunar calendar, it can occur in either September or early October in the Gregorian calendar; in 2020, it arrives on October 1.

This autumn festival falls during the full Moon nearest the fall equinox, which is traditionally said to be the brightest and roundest. Local festivities might involve brightly colored lanterns, dances, games, and other entertainments. Families and friends celebrate into the evening to give thanks for the harvest and for being together, offering each other wishes for happiness and long life and remembering loved ones who live far away.

20 THE TOWN CRIER

Antique Talk

OCT. 2020





Victor J. Fariello Jr.

Support Your Historical Society!

These are just a few examples. Trust me there are

many more. I've always said if you find something you

like, collect it. For these people it was casket plates,

barbed wire and human hair. We don't have to agree with their choices, but we should respect their right to

do it and enjoy it.

Happy collecting!

New Hartford Historical Society has an affordable membership that is worth your consideration. The cost is \$12 for an individual, \$17 for a family and \$2 for students. Make your check payable to 'NH Historical Society' and mail to PO Box 238, New Hartford, NY 13413. Help support this worthwhile organization.

Victor J. Fariello Jr. is a lifelong resident of New Hartford and has been a collector and dealer of antiques for many years. He is a past officer and member of the New Hartford Historical Society and is the Charter President of the J. Schoolcraft Sherman Chapter #1519 of The Questers, an International organization for people who love antiques and have a commitment to preservation. Questions on anything related to antiques can be sent to him at PO Box 194, Washington Mills, NY 13479 or by email to vifariello@gmail.com. Any photos submitted will be returned upon request.

OURDARLING

This antique casket plate was most likely for a child's casket.

Unusual Collectibles

I sometimes get asked what is the most unusual or bizarre collectible that I've encountered in my many years of activity in the antiques and collectibles market. It's a question I enjoy getting because I have a ready answer having seen some pretty odd choices of what some people have decided to collect.

I think the first time that I was really surprised about a collection was when I came across a woman who had an extensive collection of casket plates. These were engraved metal plates that had the name of the deceased, or a descriptive "Mother", "Father," etc. that were affixed to the casket during viewing. It was a popular tradition in the late 1800's and even into the 1920's and 30's. The plate would be removed before interment and given to the family as a treasured keepsake. Some were very elaborate and the best would be made of sterling silver or brass. I thought that woman was a little odd for collecting such a morbid collectible, but it turns out there is a robust community of casket plate collectors and some plates, notably those of well-known or prominent individuals, can sell for several hundreds of dollars. More common examples sell for \$20-\$60 and up.

Another unusual collectible I came across was a barbed wire collection. Yes, that barbed wire, the thing fences are made of. Who knew that barbed wire had names and styles? I certainly didn't. The collection I viewed was quite extensive and each piece, about 6" in length, was mounted on a board with the name of the particular brand or style. The person who had this collection was very knowledgeable about barbed wire and took it very seriously. And again, it turns out that many people find this to be a satisfying hobby. I hate to say so but it all looked alike to me.

Topping off the list of unusual collectibles has to be collecting the hair of celebrities and famous people. In years past, it was an accepted practice for people to write to notable figures of the day and request a lock of their hair, and amazingly, the notables complied. Collectors would affix the hair in a scrapbook or keep them in jars for display. While that tradition is no longer in favor, the sale of celebrity hair is big business today. Samples of Elvis' or Marilyn Monroe's hair can sell into the hundreds of thousands of dollars. And because of that odd tradition in the past, the hair of many famous people is available for purchase. Today, a single strand or even a very short piece of celebrity hair will be elaborately framed with a picture of the individual and the hair encased behind glass. I've seen some very nice examples. And while it's hard to argue the historical value of some of them, it does seem a little creepy to have the DNA of dead people. Isn't it?



This is how collectors of barbed wire commonly display their collection.

New York State Insurance Fund Announces New Program Rewarding Businesses for Purchase of Personal Protective Equipment

New York State's largest workers' compensation carrier – the New York State Insurance Fund (NYSIF) – introduced a new COVID-19 Personal Protective Equipment (PPE) Premium Credit Program that will make it more affordable for its policyholders to get back to business. Under the new initiative, current workers' comp policyholders can earn a 5% credit of their annual premium on the purchase of PPE, with a maximum reimbursement of \$500.

The program is designed to help offset the cost of vital PPE and safety-related items needed to help protect workers from the COVID-19 virus. Eligible equipment includes masks, goggles, gloves, gowns, hand sanitizer and other COVID-19 safety related items.

"With the PPE Premium Credit Program, we aim to assist companies around the state make the transition back to work in a safe and affordable way," said Eric Madoff, Executive Director and CEO of NYSIF. "As a partner in safety, we are here to help our policyholders keep themselves, their employees and their businesses protected."

NYSIF is among the top 10 largest workers' compensation carriers in the nation, insuring approximately 150,000 policyholders in New York State. For more details on NYSIF's COVID-19 PPE Premium Credit Program, as well as training materials on how businesses can protect their workers, please visit www.nysif.com/PPEinfo.

About the New York State Insurance Fund (NYSIF)

The New York State Insurance Fund (NYSIF) was established in 1914 as part of the original enactment of the New York State Workers' Compensation Law. NYSIF's mission is to guarantee the availability of workers' compensation insurance at the lowest possible cost to New York employers and to provide timely, appropriate indemnity and medical payments to injured workers, while maintaining a solvent fund. Since inception, NYSIF has fulfilled the dual roles for which it was created: to compete with other carriers to ensure a fair marketplace and to be a guaranteed source of coverage for employers who cannot secure coverage elsewhere.

NYSIF is the largest workers' compensation carrier in New York State and among the top 10 largest workers' compensation carriers in the nation, insuring approximately 150,000 policyholders, with more than \$2 billion in annual premium and \$18 billion in assets. A self-supporting insurance carrier, NYSIF operates without taxpayer funding.

In addition to workers' compensation insurance, NYSIF provides disability benefits coverage for off-the-job injuries to more than 61,000 New York employers. In 2018, NYSIF added paid family leave as a component of its disability benefits product, providing New Yorkers with job-protected, paid time away from work to care for their families.

For more information, visit <u>www.nysif.com</u>.



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Pictured is Kurt Pflanz, physical

therapy assistant at Sitrin,

conducting a balance therapy

session using the Biodex SD.

The data gained is essential and

utilized as a feedback tool to

improve balance and lower the

risk for falling.

Stay in Balance

Stay in Balance with Sitrin's **Dizziness Diagnostic & Treatment Program**

Have you fallen in the past year? If so, you are not alone. According to the Centers for Disease Control and Prevention (CDC), millions of people, 65 and older, fall. In addition, falling one time can double a person's chance of falling again.

Balance-related falls are also the number one reason for accidental deaths in individuals 65 and older. Hip fractures from falls are more common, yet they result in the hospitalization of hundreds of thousands of people each year. Moreover, falls can cause head trauma in persons of all ages, as well as other major injuries.

"Experiencing a fall can cause fear and reduce independence, resulting in people cutting back on their everyday activities, making them less active and weaker, and ultimately increasing their chances of falling," Dr. James Wallace, Sitrin's director of clinical rehabilitation, said. "Falls can also lead to further complications, especially when an individual is taking certain medications, such as blood thinners."

Individuals who have experienced falls – or are susceptible to them - have been helped through Sitrin's Dizziness Diagnostic & Treatment Program. This program includes a multidisciplinary team of physical therapists specifically trained to diagnose and treat deficiencies of the vestibular system.

Persons can benefit from a visit to see one of Sitrin's physical therapists if they experience:

Feeling faint, Unsteadiness, Loss of balance, Feeling of floating,

A "dizziness" evaluation will be conducted by one of Sitrin's Doctors of Physical Therapy who are trained and certified in vestibular rehabilitation. They will conduct a full examination of the movement system and assess an individual's balance to determine the cause of the underlying dizziness problem.

THE TOWN CRIER

Feeling of wooziness or Sensation of heavy-headedness.

Therapists utilize the Biodex Balance SD to gather sensitive information about a person's body balance. This data is essential to establish a program designed to improve dizziness and lower risks for falling. This high tech machine is programmed with normative data that allows therapists to provide instant feedback regarding a person's balance status.

"We encourage people to contact Sitrin for any balance issues," Wallace added. "Sitrin's vestibular experts have the capacity to treat dizziness and balance problems for people of any age."

A physician referral is needed. To make an appointment, call 315 737-2246.

Sitrin, a not-for-profit corporation, provides a variety of services for people of all ages and abilities, including comprehensive medical rehabilitation (inpatient and outpatient), long-term care, assisted living and enriched housing (Cedarbrook), NeuroCare, residential care for people with intellectual disabilities and medically complex conditions, medical and social model adult day health care (OPAL Program), military rehabilitation, adaptive sports (STARS Program), orthopedic injury program, concussion management, child care, dental clinic, and the newly renovated Wellness & Aquatic Center.











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77 THE TOWN CRIER

Friends of Rogers Presents 'Animals of Halloween' With Social Distancing

If you are looking for something to do over the long Columbus Day weekend, register to attend the FREE family friendly event "Animals of Halloween" on Saturday, Oct. 10th from 4-7 pm at Rogers Environmental Education Center in Sherburne. There are changes to the program this year to accommodate for social distancing and health precautions for all. Masks must be worn; hand sanitizer will be available and social distancing will be encouraged. Reservations will be taken by phone or email, for up to 12 people in a group, every 15 minutes until the event ends at 7 pm.

Starting at the main parking lot, follow the signs to the right and check in with staff for your reserved time slot. Then travel Spruce Trail to see 4 actors dressed as animals and learn about each animal they portray. All traffic flow will be one way, and everyone must wear masks. Friends of Rogers will not have the usual cider and donuts, or food of any kind offered, but the picnic tables will be available for use to enjoy your packed meal. Bring marshmallows and s'mores items with you and use one of the many firepits spread out along the main parking lot area to make your tasty treats while you wait or after you have traveled the trail.

"Animals of Halloween is a family friendly event for all ages, no haunted house or anything that might scare children." Said Simon Solomon, Executive Director at Friends of Rogers. "We encourage families to make your reservations early and with other people that you are comfortable being with." It is noted that everyone will be reminded to stay 6 feet from others while on property for the event.

A new offering this year is a photo spot decorated in an autumn theme. Photos will be taken and emailed or texted to you at no charge, or families can take photos with their own phone or camera. Unfortunately, Staff

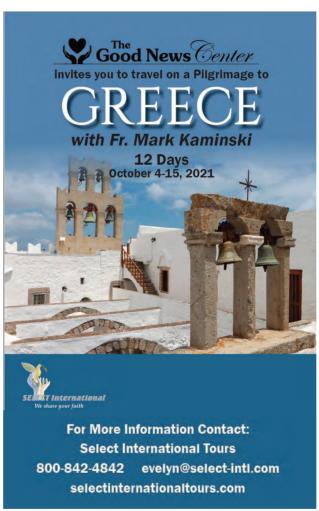
will not be allowed to handle anyone else's camera or phone to take extra photos. Heather Tehan, Director of Development for Friends of Rogers said "We wanted to provide a space for families to have a photo taken, since many people have missed opportunities for family photos this year, with travel and quarantine

Community News

Reservations can be made by calling 607-674-4733 or emailing <u>info@friendsofrogers.org</u>. Staff will return your call or email to discuss what time you would like and what is available. There will be 144 spots available, with up to 12 people allowed in a group, to start down the trail every 15 minutes.

restrictions."

Rogers Center is operated by Friends of Rogers Environmental Education Center, Inc., a nonprofit organization that offers educational programs for all ages. Visitor Center remains closed temporarily and Restrooms are open Friday-Sunday 7 am -7 pm. For more information, call (607) 674-4733 or visit www.FriendsofRogers.org.





Hannaford Donates \$5,000 to Angels Among Us Food Pantry

Furthering the company's commitment to community, Hannaford Supermarket on Kellogg Road in New Hartford donated \$5,000 to Angels Among Us food pantry. The donation was made in conjunction with the store's grand reopening earlier this month.

The renovated supermarket makes shopping even more convenient for customers, with the addition of Hannaford To Go, a service that allows customers to order groceries online and pick up their order at the store. Nearly every item in the store is available for purchase through Hannaford To Go, and store associates personally select each item for individual customer orders.

Aimed at providing fresh and convenient options for customers who are busy, the store has expanded its Kitchen. Key among its offerings include variety at the store's kitchen such as in-store produced sandwiches and salads, hot foods, sushi, freshly sliced deli, grab & go meat and seafood, additional organic and natural items and Snack Pals—convenient kid-friendly produce-first snack packs.

As part of the check presentation pictured above from left to right are: Douglas Baylor; Manager of Customer Service, Sam Pabon; Produce Manager, Tom Onisk; Pantry Coordinator, Katie Burns; Scanfile Coordinator, Mike Rondenelli; Store Manager, Father Kevin Bunger, Alicia Torres; Center Store Manager.

About Hannaford Supermarkets

Hannaford Supermarkets, based in Scarborough, Maine, operates 184 stores in the Northeast. Stores are located in Maine, New York, Massachusetts, New Hampshire, and Vermont. Hannaford employs more than 26,000 associates. Additional information can be found at Hannaford.com.





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Community News

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The Center Partners with Safe Schools Mohawk Valley for a Bike Giveaway

The Center (formerly the Mohawk Valley Resource Center for Refugees), in partnership with Safe Schools Mohawk Valley and their Build-A-Bike program, delivered 42 bicycles and helmets to children and their families on August 10, 2020. Due to COVID-19, the bicycles were delivered to recipient's homes following social distancing guidelines, and face masks were required. All of the youth and adults who participated in the giveaway were extremely grateful and excited to receive a bicycle and helmet. The Center staff member Dan Vellone, who coordinated the delivery stated, "When we pulled up to each house on delivery day, we

were greeted by excited kids joined by their parents. Even if you don't understand Arabic, Burmese, Karen or Russian, you can instantly recognize when a mom or dad is excited for their child, but also telling them that they need to wear helmets!" Bike safety information and the proper use of bike helmets was provided by The Center's Coordinator of Traffic Safety. The Center would like to thank Safe Schools Mohawk Valley for their generosity and willingness to support a bike giveaway during these difficult times due to COVID-19. The bicycles were a welcome addition to each family, which will allow them to participate in traditional summer activity that can be done safely while practicing social distancing. Safe Schools Mohawk Valley is a unique school and community-based provider working to foster a seamless approach to service coordination amongst families, students, schools and the community. The mission of Safe Schools MV is to keep kids in school by reducing barriers to learning while supporting their social and emotional well-being. The Center is a nonprofit organization dedicated to assisting refugees, immigrants, and Limited English Proficient (LEP) individuals throughout the integration process and helps them achieve independence and self-sufficiency by developing products and services that enable us to build community with many cultures. Since its inception in 1981, the organization has provided comprehensive resettlement and integration services, fostering significant economic growth, and cultivating a thriving, vibrant and inclusive multicultural community.



Good News Center Programs

The Third Option – True love isn't found, it's built. Learn communication skills such as how to handle anger more constructively, resolve conflicts, and communicate better. Learn from the experience of others on how to improve your relationship and find the joy in living a happier, healthier life together! Join us for this FREE confidential program every other Sunday; upcoming meetings October 11th, October 25th and November 8th from 6:30-8:30 PM at The Good News Center, 10475 Cosby Manor Rd., Utica. Reservations are required to attend meetings due to social distancing regulations. For those who prefer to do so, the program is also being offered via Zoom. For more information and to register call 315-735-6210, info@thegoodnewscenter.org or visit us online www. thegoodnewscenter.org.

Separated & Divorced Support Group - Find help and healing for the hurt of separation and divorce. The Separated & Divorced group is here for you and led by people who have gone through it and know what you are dealing with. This confidential group is FREE and open to anyone trying to rebuild their life after the pain of a broken relationship. Currently our group is meeting every other Sunday via Zoom at 4 PM; up to October 11th. In person meetings will resume on October 25th. from 5:00-7:00 PM here at The Good News Center. Reservations are required to attend meetings due to social distancing regulations. To register call 315-735-6210 or email judy@thegoodnewscenter.org.

Greece Pilgrimage- The Good News Center invites you to travel with us October 4th – October 15th, 2021, for our pilgrimage to Greece, led by our spiritual leader, Fr. Mark Kaminski. Walk in the footsteps of St. Paul, as The Good News Center visits Thessaloniki, Corinth, Ephesus, and Philippi, all places that Paul wrote to. We will also spend four nights aboard a traditional Greek cruise ship while visiting various Greek Isles including Rhodes and Santorini.

Prices include round trip airfare, ground transportation and some meals. The trip begins with transportation being provided from The Good News Center to the airport and when you return from Greece, transportation back to The Good News Center. For more information call 315-735-6210 or visit thegoodnewscenter.org or selectinternationaltours.com.

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THE TOWN CRIER

Investment Advice

OCT 2020



Charitable Giving Considerations for 2020

Given the extraordinary events surrounding the coronavirus pandemic, many of us already have looked for ways to contribute. What you may not know is that the Coronavirus Aid, Relief, and Economic Security (CARES) Act contains provisions to make it easier to take tax deductions on charitable donations in 2020.

We have summarized the changes in the CARES Act and outlined the possible charitable giving options that you may want to consider.

Charitable contribution changes in the CARES Act For 2020, there's no income limit on the deduction of cash gifts to eligible charities, excluding donor advised funds or other supporting organizations. (The deduction for cash gifts to donor advised funds is still limited to 60% of adjusted gross income.):

If you're in a position to make generous gifts, you could potentially offset all of your taxable income for 2020.

Likewise, cash gifts could be used to offset Roth IRA conversion income or capital gains realized upon the sale of a concentrated position or real estate.

The CARES Act waived required minimum distributions (RMDs) in 2020—but qualified charitable distributions (QCDs) are still allowed for anyone age 70 ½ or older from a Traditional and Inherited Traditional IRA.

Determining the best way to give

Given the expanded options available, it's important to determine the most suitable option for making charitable gifts for your specific circumstances.

You may want to consider one or more of the following:

adjusted gross income. Future RMDs may be smaller Center," said Stephanie Eghigian, Empowered since distributions lower the year-end balance, which Pathway's Executive Director. "Our volunteers also could result in future tax benefits if tax rates increase assist with providing training and mentoring for in later years

Cash gifts to eligible charities - may be deductible Center (WERC) program. Our Surrogate Decisionup to \$300 in addition to the standard deduction. This is a benefit to those who do not itemized deductions. You may offset up to 100% of adjusted gross income if you itemize your deductions, providing a current tax benefit.

Stock gifts - provide a current tax benefit if you itemize your deductions and allow you to avoid taxation on the stock's appreciation. Deductions for stock gifts are limited to 30% of adjusted gross income when contributing to public charities.

Please contact your financial advisor to further discuss your charitable options. As always, coordination with a tax advisor is essential to help provide the best

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Volunteer Opportunities for Surrogate Decision Making

Volunteers play a major role in many of the local nonprofit agencies. In many cases, they are the backbone of the organization and serve as the hands and feet of delivering a wide range of services to community members of all walks of life.

"We have so many talented and dedicated volunteers at Empowered Pathways who help us with mediation and QCDs – distributions are tax-free and not included in arbitration through our Alternative Dispute Resolution clients in our Women's Employment and Resource

Making Committee (SDMC) lives and breathes because of the volunteers who serve on hearing panels to make decisions on medical and dental treatments and procedures as well as end-of-life decisions for individuals with disabilities."

SDMC is an alternative to the NYS court system that expedites non-emergency healthcare procedures. Hearings are requested when an individual is unable to make a determination for themselves and there are no immediate family members to make decisions on their

A four-member panel is convened to review each case individually, hear testimony from the individual's healthcare provider, discuss the available options, and determine a course of action.

A volunteer panel is comprised of a licensed healthcare professional, an attorney, an individual experienced with disabilities, and an advocate for individuals with disabilities. "Becoming a volunteer panelist is a great way to give back to the community," Eghigian added. "It's a direct service where you can see the results of your efforts, how you've helped someone in need. It's also a short, finite amount of time. Each hearing is generally 30 minutes or less in addition to the 15-30 minutes it takes to review the case details." Volunteer panelists determine when and how many cases they wish to participate in, the geographic area where they serve, and whether they prefer to participate in virtual hearings or in-person hearings.

According to Eghigian, "all of our volunteers are vetted and trained through the New York State Justice Center. A prospective volunteer submits an online application and completes an online training before being referred to the local SDMC program office." For more information, or to submit an application, visit www.justicecenter.ny.gov/surrogate-decision-makingcommittee-volunteers.

The mission of Empowered Pathways is to help people create self-directed solutions and move forward with their lives through education, advocacy, and empowerment. More information and volunteer opportunities can be found at www. empoweredpathwayscny.org.





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Take Outs Available

Please check our Outside LED sign for scheduled events.

Friday Night Fish Fry

Serving 4-7pm Through May

Room Rental Available Upstairs for any type of party. Handicapped Accessible. Please contact caterer, Sam Tantillo at (315) 749-3853 for more information.

OCT. 2020

Faith in New Hartford

Pastor Fletcher Matlack

THE TOWN CRIER



FIRST UNITED METHODIST CHURCH

105 Genesee Street, New Hartford (315) 733-4227 office@firstumconline.org
We are also the home of the Family Nursery School! Rev. Brad Chesebro, Senior Pastor Deacon Becky Guthrie, Congregational Care Coordinator Worship Schedule 9 am Classic Worship 10:00 am Coffee Hour 10 am Adult Sunday School 11 am Xalt Praise Service 11:15 am Children's Church Noon Youth Group Meeting Communion offered 1st Sunday of each month. Child care provided for all Church activities We are handicapped accessible! Visit our website to view recent sermons.

CLINTON ROAD BAPTIST CHURCH SBC

www.firstumconline.org

dba Crosspoint Church Senior Pastor, Samuel Macri Youth Minister, Bobby Allen 140 Clinton Road, New Hartford Sunday Morning Worship Service at 8:00 317 Oriskany Blvd, Whitesboro, 797-4520 Sunday Morning schedule: Sunday School Small Groups, 9:00 Sunday Morning Worship, 10:30 Sunday Evening Youth, 5:00

Sunday Evening Discipleship, 5:30 Tuesday Morning, 6:30, Men's Fellowship Breakfast New Hartford Campus

Wednesday Evening, 6:30, Praise Team Practice Wednesday Evening, 7:00, Prayer Meeting Thursday Evening, 6:30, College/Career Ministry Website: crosspointchurchonline.org Sunday Morning Services streamed live Pastor Sam's messages available at our website

We are Handicapped Accessible Handicapped accessible!

ST. JOHN THE EVANGELIST CHURCH

66 Oxford Road - 732-8521 Rev. Kevin Bunger, Pastor Cheryl Smith Dir. of Faith Formation Saturday: 8:30am; Vigil, 5:15 p.m. Confessions 4:15-5pm Sunday Masses: 8am & 11am Mon-Fri Masses: 6:45am, 9:10am We are handicapped accessible!

HOPE ALLIANCE CHURCH

4291 Middle Settlement Road, P.O. Box 626, N.H. General Office: 315-732-1349 www.hopealliancecny.com Rev Andy Ward Pastor Morning Worship: 9:30 & 11:15am Communion First Sunday of the Month. Fridays: Christian Service Brigade - 7pm Sundays: Jr. & Sr. High Youth Fellowship - 6pm Hope Alliance Church is handicapped accessible.

ST. THOMAS CHURCH

150 Clinton Road - 735-8381 Pastor: Rev. David Sears Saturday Vigil: 4 p.m. Sunday Mass: 9:00 a.m. Confessions: Sat. 4:45-5:15 p.m. Holy Day Schedule: Holy Day Masses 12 noon Adult Religious Education, Open to the Public We are handicapped accessible!

ST. STEPHEN'S EPISCOPAL CHURCH

25 Oxford Road - 732-7462 (Parish & Rectory) Sunday Service of Holy Communion at 10am followed by

Al-Anon Meetings: Sundays at 5pm & Thursdays at 5:30pm AA Meetings: Sundays at 8pm

Yoga by Kristy: Tuesdays at 5:30pm & Thursdays at 9:30am EGA Meetings: 1st Mondays of the Month St. Stephen's is handicapped accessible.

ST. GEORGE'S EPISCOPAL CHURCH

9389 Elm Street, Chadwicks - 315-736-3572 Rev. Heather Benson Officiating Service at 10am Holy Eucharist Every 2nd and 4th Sunday

IMMANUEL BAPTIST CHURCH

9501 Weston Rd., NH (Next to Perry Jr. High), (315) 737-5222 www.ibcfamily.com E-mail: info@ibcfamily.com Sunday School for all ages: 9:00 am - 9:45 am Sunday Morning Worship Service 10:00 am Nursery, Preschool and Children's Worship hour: 10:00 am Prayer meeting held every Wednesday at 6:30 pm Youth Group for ages 12 and up meets every other Saturday from 6-8 pm. See our website for schedule. Church is handicapped accessible.

NEW HARTFORD PRESBYTERIAN CHURCH

45 Genesee Street, NH - 732-1139 www.newhartfordpresbyterian.org

Worship services each Sunday morning at 10:30 a.m., with limited attendance in keeping with Covid guidelines. Worship services are also livestreamed on Facebook. Communion will be offered on Sunday, October 4th, for all who wish to receive it, using self-contained communion packets. Deacons will meet at 7:00 p.m., Tuesday, October 6th. The church office will be closed on Monday, October 12th in observance of Columbus Day. Church committees are scheduled to meet at 7:00 p.m., Tuesday, October 13th. Members of the Session will meet at 7:00 p.m., Tuesday, October 27th. More information about the church is available online at www.newhartfordpresbyterian.org, and on the church's Facebook page.

OUR LADY OF THE ROSARY CHURCH

1736 Burrstone Road - 724-0402 Pastor Joseph Salerno Sunday: 7:30am and 9am Masses held at Our Lady of Lourdes: Saturday: 4pm and Sunday at 11:15am Handicapped Accessible and Air Conditioned

SAUQUOIT VALLEY UNITED METHODIST CHURCH Cor. Pinnacle Rd. & Mohawk St., Sauquoit

email: sauquoitvallyumc@aol.com Pastor Carl Getz Office - 737-7505 Sunday Worship 11 a.m.(Nursery Care Available) Sunday School 9:30 a.m. For all ages. Handicapped Accessible

FIRST BAPTIST CHURCH OF NH

7 Oxford Road - Office phone: 315-733-4570 firstbaptistnh@gmail.com Rev. James Harriff, Pastor Sunday Service - 9:30am Sunday School - 11:00am Handicapped Accessible. All are welcome.

UNITARIAN UNIVERSALIST CHURCH

10 Higby Road, Utica NY 13501 (315)381-8987 uuutica.org Minister: The Rev. Erin Dajka Holley Sunday services streaming 10:30 AM Details available on website: uuutica.org October 4, 2020 - Alma Lowry, Environmental Attorney and Lecturer in Environmental Studies at Hamilton College Alma Lowry represents the Onondaga Nation in their long standing quest for the remediation and protection of Lake Onondaga which was designated a superfund site by the EPA in 1994. She will discuss the significance of this body of water to the Ononadaga people and how their quest continues October 11, 2020 - Rev. Erin Dajka Holley. "Stories Call Us Forward" As we work toward building Beloved Community and practice radical inclusion, we must open our hearts to the stories around us. On this National Coming Out Day, let us listen to the stories from LGBTQ+ members of our congregation and UUs. Each of us may learn so much from one another's voices than we could ever imagine, bringing us closer, stronger, and with such depth. October 18, 2020 - UU Utica will join another Unitarian Universalist congregation's online worship service this Sunday.

Congregation and link will be listed in a future church newsletter, on our Facebook page, and on www.uuutica.org. October 25, 2020 - Rev. Erin Dajka Holley. "Listen for Truth" The fourth principle of the Unitarian Universalist Association is "A free and responsible search for truth and meaning." The basis of the search is in listening, to our own hearts, to others, and for the meaning that surrounds us.

FAITH IN CHRIST FELLOWSHIP CHURCH

3431 Oneida St., Chadwicks - 737-0753 www.faithnchristfellowship.com Pastor: John Kelly Sundays: Worship, 10 a.m. Children's Church during the sermon. Bible Study and Prayer - Wed evening 7:00 p.m.

ST. GEORGE ORTHODOX CHURCH

350 Higby Road, New Hartford, 315-292-6682 Fr. George Goodge Sun - 9am Matins Sun - 10am Liturgy Wed - 5:30pm Vespers Bookstore hours: Open Sundays after Services.

LIVING FAITH BIBLE CHURCH

Corner of Pinnacle Rd. and Oneida St, Sauquoit - 737-5075 David Green, Pastor Sunday Service: 10:30 am Junior Church available. Nursery also available Wednesday Bible Study - 7:00 p.m. Sunday School 9:30am We are handicapped Accessible.

WESTMINSTER-MORIAH-OLIVET PRESBYTERIAN **CHURCH**

Interim Pastor Rev. Dr. Mark S. Caruana Music Director Richard Crawley Worship service: Sunday 10:30 a.m. 714 Washington St., Utica. 315-732-6518, www.wmoutica. org. find us on Facebook & Twitter Handicapped accessible

NORWICH CORNERS CHRISTIAN CHURCH

10233 Roberts Road, Sauquoit - 737-0757 WHERE JESUS IS LORD! Pastor Walter J. Wharram, Jr. Sunday Morning Prayer - 8:30am Sunday School - 9:30am Sunday morning Worship Service - 10:30 Mid-Week Bible Study - Tuesdays 7pm Summer Hours - Beginning 7/1/18: Sunday Morning Prayer - 8:30am Worship Service - 9:30am

TRINITY LUTHERAN CHURCH

2620 Genesee St., Utica. (315)732-7869 Fall/Winter worship: 9am - Sunday School & Adult Bible Study 10:30am - Worship is led by our Pastor, Peter Saie Handicapped accessible.

FIRST PRESBYTERIAN CHURCH

1605 Genesee Street, Utica 732-5111 - fpcutica@verizon.net Opening Doors, Hearts & Minds: Serving Christ & Community Reverend Jeanne M. Kumbalek Sundays - 10:30 Worship 10:45 - Sunday School for Elementary Ages Faith Enrichment for all ages Call or email for schedule. Nursery Care Provided

ST. VOLODYMYR THE GREAT UKRAINIAN CATHOLIC CHURCH

4 Cottage Place, Utica, NY (315)735-5138 Very Rev. Michael Bundz, Pastor Masses: Sunday 10:00 am Saturday 5:00 pm, in English Confessions before Mass Handicapped accessible

LIFE IN CHRIST FAMILY CHURCH & BIBLE SCHOOL

25 Robinson Rd. Clinton - 315-853-1582. www.licfc.org Pastors Peter & Addie Forrester Adult Sunday school 8:45 AM Sunday Service 10 AM (Nursery & Sunday school provided) Thusday Night Prayer Mtg 7 PM Monday Night Bible study (every 3rd Mon.) 7 PM Operating in all of the gifts of the Holy Spirit including 'healing' Go on line and check out our school! Palm Sunday April 5th, 10am Good Friday April 10th, 7pm Easter "Resurrection" Day April 12th ,10am

SACRED HEART ST. MARY'S CHURCH

201 Main St. NY Mills, NY Saturday Vigil Mass: 4:00 PM Sundays: 8:15 AM &11:15 AM

Weekday 12:10 PM -Tuesday, Thursday, Friday 12:10 - Communion Service Only Wednesdays

ANNUNCIATION CHURCH

7616 E. South Street, Clark Mills - 853-6138 Fr. Kevin J. Bunger. Deacon Gil Nadeau Weekday Mass: Mon & Tues 8am, Wed 7:45am, Fri. 8 am Communion Mass Weekend Mass: Sat. 4pm Vigil, Sun. 9:30am Confession: Sat 3:15pm-3:45pm

STONE PRESBYTERIAN CHURCH

8 So. Park Row, Clinton Scott Leonard, Commissioned Lay Pastor Sunday service-10:30AM Website: www.stonepres.org E-mail: stonepres@verizon.net Office phone: 315-853-2933 Handicapped Accessible

CLINTON UNITED METHODIST CHURCH

105 Utica Road, Clinton www.clintonmethodist.org Rev. Michael H. Terrell Sunday Worship Service 9:30 AM Sunday school during worship following children's time Office Phone: 853-3358

PLYMOUTH BETHESDA UNITED CHURCH OF CHRIST

500 Plant St, Utica (Oneida Sq, across from Dunkin Donuts) Mike Ballman, Pastor Sunday Mornings 9:30am Last Sunday of the month - 10:30am www.plymouthbethesda.com

CORNERSTONE COMMUNITY CHURCH

500 Plant St. Utica(Oneida Sq. across from Dunkin Donuts) Mike Ballman, Pastor www.cornerstoneutica.com Sunday Mornings: 11:15am Last Sunday of month 10:30am

CHRIST CHURCH (REFORMED PRESBYTERIAN)

8470 New Floyd Rd. Rome, NY 13440 Website: www.christchurchreformed.com Facebook:

https://www.facebook.com/ChristChurchReformedPresbyterian

Pastor: Aaron Goerner Services:

Sunday School: 10AM Sunday Worship: 11AM Thursday Bible Study 7PM

HOLY TRINITY ROMAN CATHOLIC CHURCH

Father Canon John Mikalajunas
1206 Lincoln Ave Utica, Phone 315-724-7238
"The Big Church on the Arterial next to the Ped Bridge"
Only 5 minutes from New Hartford (per Mapquest)
Saturday 5pm/ Sunday 8AM + 10AM (English Masses)
Sunday 11:30AM only all Polish Mass in Central NY
Weekday 8AM Mass followed by Rosary 7 days a week
Confessions Daily 7:45am, Saturdays 4pm
Handicapped accessible - Air conditioned

ZION LUTHERAN CHURCH

630 French Road, New Hartford 315-732-4110 Sunday Mornings 10 AM Sunday Contemporary Service 12:15 PM Email: office@zionluth.com Website: www.zionlutheranNy.org Facebook: Zion Lutheran Church, New Hartford NY Handicapped accessible

MOHAWK VALLEY CHURCH

9417 Maynard Drive Marcy, NY Sunday Mornings at 10am Come As You Are www.mohawkvalley.church Pastors Mike & Susie Melnick Contemporary Worship led by Mark Bolos

TABERNACLE BAPTIST CHURCH

13 Clark Place, Utica 315-735-7534 churchoffice@tbcutica.org
Facebook: Tabernacle Baptist Church

www.tbcutica.org
We are together in our diversity! Come worship with us!

Saturday 6 p.m. Young Adult Worship & Study Sunday 10 a.m. English Worship Service

Sunday 10 a.m. English Worship Service Sunday 10:15 a.m. Sunday School for children in English and

in Karen Sunday 11:30 a.m. Karen Worship Service and 2nd-Hour

Sunday School

Pastors Rev. Debbie Kelsey and Rev. Daniel San

BIBLE BAPTIST CHURCH

4431 Middle Settlement Rd., New Hartford, NY 13413 Brian Demers, Pastor Sunday School for all ages: 9:30 a.m. Sunday Morning Worship Service: 10:45 a.m. Sunday Evening Bible Study: 5:00 p.m. Wednesday Evening Bible Study and Kids4Truth Children's Program: 6:45 p.m. Handicapped accessible. Nursery Provided. www.biblebaptistchurchnewhartford.org

BEIT SHALOM

48 Franklin Square, Utica, NY 733-2867 Rabbi: Stephen Galiley Friday Evening Shabbat Services: 7:00 pm Oneg Shabbat Beit Shalom is a Messianic Jewish Congregation. All are welcome!



TEMPLE EMANU-EL

2710 Genesee Street, Utica, NY – 724-4177 teuticaoffice@gmail.com
Rabbi Peter Schaktman
Friday Evening Oneg Sabbath sponsored by the Sisterhood of Temple Emanu-El. All are Welcome

TEMPLE BETH-EL

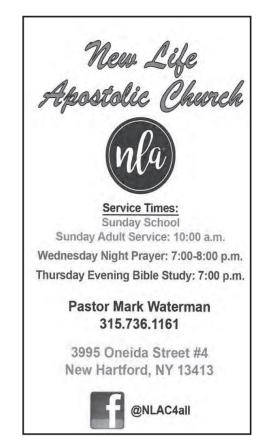
2710 Genesee Street, Utica, NY – 724-4751
Cantor: Kalman A. Socolof
Executive Director: Mrs. Mundy B. Shapiro
Friday Evening Services: 5:30 p.m.
Sabbath Morning Services: 9:30 a.m.
Weekly Morning Minyan Services are held Mon., & Thurs.
from 8:00 a.m. at 2710 Genesee Street.
Kiddush on Saturday morning sponsored by the Sisterhood of TBE. All are Welcome.

ZVI JACOB

Orthodox Synagogue 110 Memorial Parkway, Utica - 724-8357 Services are held Saturday at 9am, and on holidays. Services may be held at other times if there is a minyan. Visit our website www.zvijacob.org. All are Welcome.

THE JEWISH COMMUNITY CENTER

2310 Oneida Street, Utica - 733-2343 Provides programs for seniors and recreational activities for all ages. Open to people of all races, religions, and nationalities.







You don't have to go through separation or divorce alone

During this difficult time your friends and family have been very supportive. But they just don't grasp the level of your pain and frustration. They try to be helpful, but they just don't get it.

The Separated and Divorced Support group is there for you led by people who have gone through it and know what you are dealing with. This confidential group is **FREE** and open to anyone trying to rebuild their life after the pain of a broken marriage.

Every other Sunday 5-7 PM (except holidays) (currently via Zoom only at 4 PM until October 11, in person meetings starting October 25)

The Good News Center
10475 Cosby Manor Road Utica, NY 13502
315-735-6210

2020

September 27 October 11 October 25 November 8 November 22 December 6 December 20 January 10











Fair Trade Chocolate Bars

Our Fair Trade chocolate bars are rich in flavor with a smooth, creamy texture that melts in your mouth, made from cocoa and sugar sourced directly from small-scale farmer co-ops in Latin America. We have dark chocolate almond and sea salt (55% cocoa), dark chocolate orange (65% cocoa), and dark chocolate total eclipse (92% cocoa), along with several other flavors. These and many, many more wonderful and unique handmade items from 38 different countries are available at our Fair Trade Shop, Stone Presbyterian Church, 8 So. Park Row, Clinton. We have a large selection of baskets, exquisite jewelry, collectibles, wood items, food items, clothing and toys. Purchasing fair trade ensures artisans and small farmers fair wages and healthy working conditions, providing dignity, sustainable development and hope to marginalized people. We are open every Thursday from 10am to 4pm and by appointment by calling 315-853-1070. All customers will be required to wear a face mask. Gloves and hand sanitizer will be available. Only one customer group at a time will be allowed inside the shop. Let us be your go-to gift shop! For more information, contact Laurlayn Kolb, lkolb@hamilton.edu, visit our website at https:buildingstonesshoppe.square.site or like us on Facebook at www.facebook.com/buildingstonesfairtradeshoppe.







the third OPTION

Find the joy in your relationship and live a happier, healthier life together!

The Third Option is a **FREE** confidential skills-based group program that helps participants build stronger, more fulfilling relationships.

2020-2021

Every other Sunday 6:30-8:30 PM (except holidays) July 12 July 26 Aug. 9 Aug. 23 Sept. 13 Sept. 27 Oct. 11 Oct.25 Nov. 8

Building a Climate of Respect
Ending the Blame Game
Expectations
Redefining the Power Struggle
Coping with Control Issues
Listening Beyond the Words

Coping with Control Issues
Listening Beyond the Words
Appreciating Personality Differences
Recognizing Childhood & Emotional Baggage
Handling Anger Constructively
Speaking the Truth In Love

Nov. 22 Speaking the Truth In Love
Dec. 6 Learning How to Fight Fair
Dec. 20 Breaking the Hurt Cycle
Jan. 10 Practicing Forgiveness & Repair
Jan. 24 Rebuilding Trust

For those who prefer to do so, the program is also being offered via Zoom. Please call for details.

Open to the public. Come together or individually.

True love isn't found, it's built.

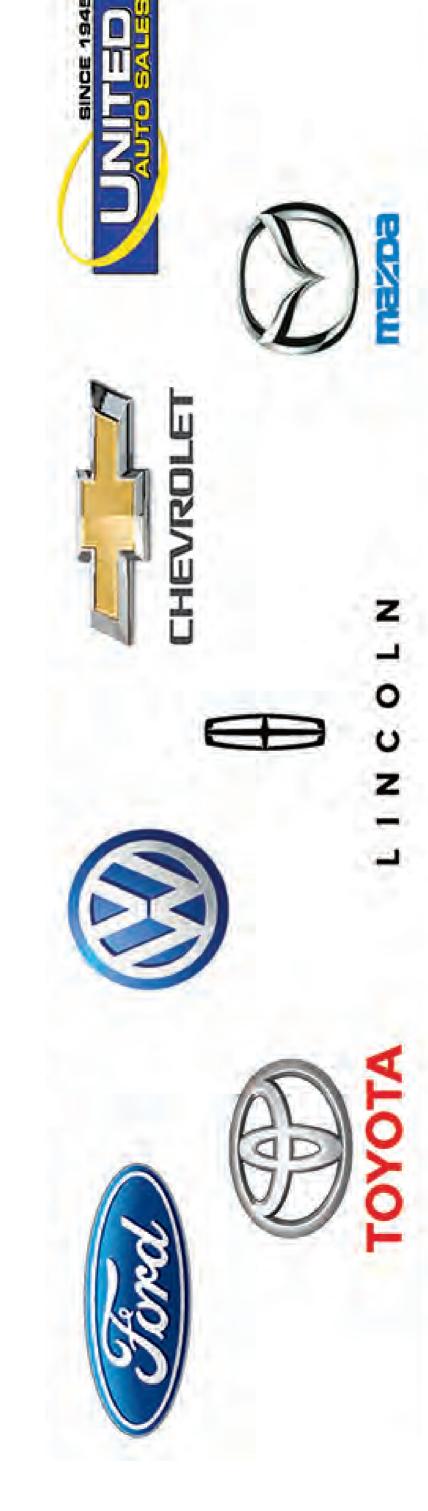
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thegoodnewscenter.org





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