

Vol. 34 No. 12 December 2020 Standard US Postage Paid Permit # 566 Utica NY







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**7** THE TOWN CRIER

# **Community News**

### DEC. 2020



### Helen Sarandrea Physical Therapy Celebrates PT Aide

October was Physical Therapy Month, and to celebrate, a PT aide from Helen Sarandrea Physical Therapy completed his first marathon! Nick Ashton is in his final year of the Doctor of Physical Therapy program at Utica College. On Sunday, October 25th he completed the Corning Wineglass Marathon virtually. He ran along the Erie Canalway Trail, starting in Utica heading west towards Rome before turning around and running back home. A marathon is 26.2 miles - a huge accomplishment for any runner!

Physical fitness looks a little different this year. Most people are going after their goals without the support of their regular gym, fitness classes, or races, but in the midst of a global pandemic, it is more important than ever to keep our bodies healthy. Keep yourself well by eating healthy, exercising regularly, and consulting with a physical therapist. Helen Sarandrea has helped thousands of patients to recover from injuries, regain mobility, and get back on their feet. You can now visit a PT without a doctor's referral, and Helen Sarandrea Physical Therapy offers a monthly club membership for anyone who wants to come in and use the fitness equipment under the supervision of licensed physical therapists.

Nick had the support of his parents during his virtual marathon. They provided water, stretch breaks, and emotional support. Let the therapists at Helen Sarandrea Physical Therapy support you on your journey to wellness.

To schedule an appointment visit <u>www.</u> <u>helensarandreapt.com</u> or call (315) 738-1671.

Congratulations, Nick!





### NHTA Golfing for Breast Cancer Awareness

On Saturday, October 24th, 92 golfers, donning their best pink outfits (and masks), braved the dreary weather to support an important cause. The New Hartford Teachers' Association sponsored the 1st annual "Golfing for Breast Cancer Awareness" tournament at Crystal Springs Golf Course in Vernon. For the past several years, the NHTA and other local teachers' associations have helped to raise money for Making Strides Against Breast Cancer at our annual regional meeting. Due to COVID-19, the annual meeting was cancelled, but the NHTA still felt it was important to raise money in honor of Breast Cancer Awareness Month. In a matter of two weeks, the NHTA, with the help of local businesses and volunteers, put together the tournament, a basket raffle, and an auction, raising a total of \$4,000 to be donated to the MVHS Breast Care Center. A huge thank you to the following donors: Caruso's Pasty Shoppe, Crystal Springs Golf Course, Four Seasons Landscape Management, Hannaford, Heron Creek Golf Club, JFS Curtze Food Distributor, Karam's Middle East Bakery, Old School Bar & Grill, Red Lobster, Salon Moda, Symeon's, The Beer Hub, The Sneaker Store, Utica Teachers Association, Westmoreland Golf Course, Fred and Janet Snizek, Bill Newell, Donna Couture, and Catherine Bolos.





### S. Lennon & Co. is Now Open!



The ribbon cutting at S. Lennon and Co. Jewelers, took place Friday, the 20th of November. Just in time for holiday shopping for your special gifts! S. Lennon & Company is located at 23 Genesee Street, in the Village of New Hartford.



### LaFountain Certified in ISSA Personal Training

The All-American Fitness Center would like to announce that Cassie LaFountain successfully passed the ISSA Personal Training Exam and is seeking new clients. Ms. LaFountain is a graduate of Herkimer County Community College, SUNY Oneonta and is engaged in Touro College's graduate program. She specializes in working with individuals with developmental disabilities, as well as those with mental health disabilities. Her work experience includes field or at Upstate Cerebral Palsy, Caruso House, Tradewinds School, The Family Advocacy Center, and The House of the Good Shepherd. Please contact her at The All-American Fitness Center at 315-735-2210.



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DEC. 2020

# Ask Judge Joan Shkane

THE TOWN CRIER 3



### Judge Joan Shkane

This is a continuing discussion of Legal Myths and Reality, because those informed are always the most successful.

MYTH: Death of an innocent person, like Breonna Taylor in Kentucky, cannot happen in New York State.

REALITY: A "no-knock" warrant is just what it says. Police, including in New York State, are able to lawfully enter and search a building, including a residence, without giving any notice of any kind. Breonna Taylor died while police were following the command of a judge-issued "no-

knock" warrant to enter and search her apartment. We now know that she had no criminal record, had not engaged in a crime, and was serving her community as a health care worker. In New York State there is no part of the CRIMINAL CODE that permits a judge to issue a document that gives authority to police to enter and search a person's home with no notice. Nevertheless, the legal authority to do so comes from judge-written cases. The policy reflects a reasonable law enforcement concern that a suspected criminal may escape if the person is given notice, and that evidence, like drugs, can be removed to conceal the crime.

Opponents of the practice of no-knock warrants say that due process under the U.S. and New York State constitutions require that a suspected person should be given notice and the right to show that (s)he has committed no crime and that there is no evidence of a crime. If this had been done in Kentucky, Breonna Taylor would be alive today. Opponents further argue that the right of privacy overcomes the legitimate goals of the no-knock warrant. Like everything else in law and in life, justice in this case is a balancing act. Opponents point out that, although suppression of the illegally seized evidence can later be imposed by a court, it may occur only after months of court activity and an accused living under the cloud of suspicion. They say that the no-knock warrant procedure is secret, one sided, and illegal. And someone can die in the execution of the warrant.

A movement by opponents of the procedure is under way to add a provision in New York's Criminal Procedure Law. The new law would require an opportunity for a judge to hear both sides for and against the warrant and search. Those in favor of the movement and against no-knock warrants argue that a home can be secured outside by police while the argument to the judge is in progress, with both sides, police and accused, able to argue their side. Such arguments can be immediate, on the phone or otherwise, so it is less likely that evidence will be lost.

MYTH: New York State judges are above the law, and can behave as they choose, with no checks or boundaries.

REALITY: New York judges are subject to many ethical rules. Sometimes it seems that arguments against a judge move slowly, but, in fact, they do move. One example is the case of a judge from Buffalo. He is a high-level judge, appointed by the Governor to his post. In past years he was a lawyer accused of being aggressive in a public place. No disciplinary steps had been taken then against him because he was not yet a judge. Now a new event has occurred, and he is now a judge. Recently police body cam and witness testimony tend to show the following: on a particular recent day the judge and his wife were intoxicated. They continued a long on-going quarrel with a neighbor. The quarrel became aggressive. The judge's wife began to scream. The police directed her to remain quiet, and when she refused, another officer tried to handcuff her. The judge pushed the officer, and used obscene language against the officer. The evidence tends to show that the judge tried to use his position and his friendship with the Governor, the Mayor and other police ties to intimidate the officers. Evidence tends to show that ultimately the wife bit the neighbor and the neighbor suffered a fractured face bone and shoulder sprain. The police did not bring charges against the judge, although they expected the District Attorney to do so. The District Attorney also did not file charges against the judge. The neighbor sought FBI and U.S. Attorney investigation, and still no charges were filed because no federal crimes were found. They found only perhaps, state crimes, which The District Attorney had already decided against filing. However, the neighbor has still another avenue for help. The New York State Commission on Judicial Conduct is now investigating. Although the Commission will not currently comment, they have the power to seek to have the judge removed as unsuitable for judicial office. While the neighbor has not found satisfaction quickly, he continues to seek justice against the judge. There is every reason to believe that he will receive it this time. Stay tuned.

MYTH: If the United States Supreme Court makes a ruling, then all states are bound by the ruling, regardless of a state's wish otherwise.

REALITY: The example that best illustrates the contrary principle is the issue of abortion. Some analysts believe that the U.S. Supreme Court is about to turn ultra conservative with the addition of Judge Amy Coney Barrett, if she is confirmed. They argue that then women's right to choose abortion or not, will be limited or eliminated.

At least five District Attorneys, or candidates for District Attorney, have pledged that if the U.S. Supreme Court strikes down the abortion case, Roe v. Wade, thereby outlawing abortion and a woman's right to choose, they have a remedy.

The District Attorneys argue that they have an obligation to uphold the U.S. Constitution. They also explain that they have a duty that is greater than that. That duty is to exercise discretion and Independent judgment. They already sometimes decline to prosecute particular crimes or entire categories of crimes. For instance, adultery remains criminal in over 20 states, but it is not prosecuted. The states and major cities with prosecutors who have signed on to the pledge not to prosecute abortion cases include New York, California, Tennessee, Colorado, Georgia, Massachusetts, and Vermont.

The public can expect vast arguments involving states' rights in enforcement proceedings if this all comes to pass by a Supreme Court ruling overturning the Roe case.

MYTH: The criminal justice system, and especially penalties for a crime, are unchangeable.

REALITY: The New York criminal justice system is constantly scrutinized to try to make it the most efficient and responsive system possible. Changes are often proposed. A recent movement addresses penalties of those who have served their time and are released from prison.

Currently persons convicted of a crime must serve the sentence, minus certain periods for, among other things, good behavior. However, whenever released, they are responsible for court and other supervision fees.

A proposal called the End Predatory Court Fees Act would eliminate court fees, mandatory minimum fines, incarceration because of unpaid fines and fees, government seizure of commissary accounts set up for the prisoner's use, probation fees, and asset forfeiture. Those supporting the law argue that the convicted person has served the required time and should not be further punished. They say it's kicking someone when they are down. They also argue that some municipalities are so vigorous with enforcement that the collected amounts actually account for the second largest source of income to some municipalities. They say that some prisoners fulfill one of the main goals of prison, that is, they are rehabilitated, and sometimes earn college degrees or learn trades in prison. However, they cannot become employed because of the heavy outstanding fees and the risk of returning to prison for not paying the fees.

Those not in favor of the law say that taxpayers should not pay the bill for convicted criminals.

We shall see whose argument carries the day.

Giving attention to legal myths is not wrong. It can be a starting point for developing an interest in the law. However, if legal issues are important in your life, for instance regarding custody of your children or money payable for any reason, it is wise to consult a lawyer who can advise you on the truth of legal myths. This discussion is not intended to render legal advice on specific cases or to express an opinion on any specific case.







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Typeset by: *The Town Crier*Printed by: The Leader-Herald, Gloversville, NY
Sales: Andi Dinerstein
Editor and Publisher: Kristi Zbytniewski; P.J.Green Inc.



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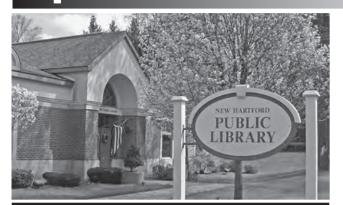




THE TOWN CRIER

# **Library News**

DEC. 2020



2 Library Lane 315-733-1535

### **IMPORTANT Library Closure Dates**

The New Hartford Public Library will be closed on December 24th, 25th, and 31st. We will also be closed on Jan.1st. We wish you all a very happy and healthy holiday season.

### **COVID** Update

We continue to monitor the numbers regionally and will make decisions regarding reduction of services or closures based on recommendations from the Town, County, State, and Dept. of Health. The safety of the staff and the community is of the utmost importance to the Board of Trustees and the Director. Should a reduction of services or a temporary closure be required, signs will be posted on our doors. Information will also be available on our website as well as on our social media platforms (Facebook and Instagram).

Curbside pick-up is still an option for those wishing to have a contact-free interaction. Should you wish to enter the building a mask covering both your mouth and nose is required. Patrons are asked to keep their time on computers and browsing the stacks to under 45 min. We thank you for your compliance and understanding.

### **Continuing Programming Into 2021**

2020 has had many lessons for all of us; flexibility being one of them. Many thanks to our Children's Programmer, Ms. Ashlyn, for re-envisioning our Children's Programming as well as creating Adult Programming too. Each week and month, our patrons have had an enthusiastic response to our Grab and Go Craft Kits and Preschool Projects. We are pleased to continue this service into 2021 and hope that these projects provide a welcome respite from the uncertainty around us.

### **Weather Closures**

Should the New Hartford Central School District close due to inclement weather, the Library will close as well. Notifications will be posted on WKTV, as well as on our website and social media platforms (Facebook and Instagram).

### **Used Book Donations**

Due to space constraints and quarantine requirements, we are no longer able to accept book donations for the foreseeable future.

### **Stay Connected With Us!**

Be sure to follow us and check out our website to stay connected and informed!

Facebook:

www.facebook.com/newhartfordpubliclibrary Instagram: new\_hartford\_public\_library Website: www.newhartfordpubliclibrary.org

### **Children's Story Time** on IGTV

Every Thursday on Instagram. Miss Ashlyn will be reading books and posting them on Instagram and IGTV every Thursday on the New\_hartford\_public\_ library Instagram page!

### Do Good December Bingo!

This month we are focusing on kindness and we are asking kids to help us! Stop in the Library for a Do Good December Bingo card or print one from our website (Under Programs > Children). Complete one row on the Bingo card and we will add your name to a Kindness Snowflake and it'll be hung as a decoration in our Library. Complete the whole Bingo card and win a free book to keep! Please call 315-733-1535 to arrange choosing a book. We have safety precautions in place to maintain social distance and can even choose a book for your child and schedule a curbside pick up for contact-free delivery.

### The Preschool Projects

Every Tuesday through December 1st, we will be offering a grab and go project for preschoolers. Please call 315-733-1535 on Tuesday morning beginning at 10:00 to reserve a project, or stop in. We are offering Curbside Pickup as an option. While supplies last!

The Preschool Projects winter/spring sessions will start up on Tuesday, January 5th, and continue on through May 4th.

### **Grab & Go Project Bags for Kids Fall Schedule**

The last Grab & Go for this session is December 10 - Make a Reindeer Ornament Kit. Call to reserve or come into the library to pick up! While supplies last. patrons.

### Winter/Spring Schedule

Grab & Go Project Bags will start up again on Thursday, January 14th. We plan to offer Grab & Go projects once a month in the Winter/Spring; January 14 - Make a Face Mask Lanyard, February 11 – Make Snowflake Slime Kit, March 11 – Make a Ninja Kit. Call to reserve beginning at 10:00 on the day of that months' project, or come into the library to pick up! While supplies last.

### **Grab & Go Projects Adults Schedule**

The last Grab & Go for this session is December 1; Decorative Chocolate Spoons. Call to reserve beginning at 10:00 on the day of that months' project, or come into the library to pick up! While supplies last.

### Winter/Spring Schedule

Grab & Go Project bags for adults will start up again on Monday, January 4th. We plan to offer Grab & Go projects once a month in the Winter/Spring; January 4th – Face Mask Lanyard Kit, February 1st – Beginner Embroidery Kit, March 1st – Macramé Kit . Call to reserve beginning at 10:00 on the day of that months' project, or come into the library to pick up! While supplies last.

### **Introducing Binge Boxes!**

We are pleased to announce the addition of Binge Boxes to our DVD collection. Each set is centered on a theme and contains 4-6 movies that can be rented for 1 week. We have added 4 boxes so far and will be adding more in the future. Our new additions include Unhinged and In Love (titles include: Obsessed; Unforgettable; Fatal Attraction; Fear; The Boy Next Door; When the Bough Break), 80's Imagination Movies (titles included: The Goonies; Beetlejuice; Weird Science; Ghostbusters), Somethin' Sappy (Titles included: The Notebook; Dirty Dancing; How to Lose a Guy in 10 Days; Never Been Kissed; When Harry Met Sally), and Not on My Street (Titles included: Poltergeist; House; The Amityville Horror; Paranormal Activity). Binge Boxes will be available in early December.

### **Have You Signed Up for WOWBRARY Yet?**

The New Hartford Public Library is constantly adding new items to its collection. We are proud to now offer you weekly email alerts notifying you of the newest books, DVDs, CDs, and audio books that we purchase each week. We hope you'll enjoy hearing about the many exciting bestsellers, movies, music, and recorded books almost the very moment they arrive at the library.

Whenever you spot something of interest, you'll be able to click instantly and reserve it at your convenience. And of course, like everything else in the library, this service is free!

To get started and see what the emails look like, just visit www.wowbrary.org. You can unsubscribe from the weekly emails any time you wish.

Our library is excited to offer this new service and wishes to thank the Friends of the New Hartford Public beginning at 10:00 on the day of that months' project, Library for generously providing this service for our

### **Have You Seen Our Displays?**

Two of our staff members have been busy the past few months creating monthly displays in creative ways to highlight our collection. Should you be in the building, please take a moment and enjoy their creativity. Thank you John, Debbie, and Cheryl!

### **Book Clubs**

Are you in a book club or looking to start one? Many book clubs are meeting virtually during the pandemic. If your club needs to order books or if you are interested in starting a book club, please call the Library and ask to speak to our Book Club Coordinator, Tanya. 315-733-1535

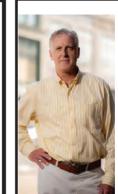


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DEC. 2020

### **Community News**

THE TOWN CRIER

### Women (and Men) of Mystery on Zoom!

There will be no meeting for the month of December. Class will resume on Saturday, January 23rd at 11:00-12:00; Mystery on the BBC: Caroline Graham, Colin Dexter, Gladys Mitchell, and Henning Mankill. Participants will meet via Zoom. This class is led by Janet Hoover, and registration is required. Call the NHPL at 315-733-1535 to register, or go to our website and complete the registration form online. Participants will be emailed the meeting details.

### **Yoga for Seniors**

Join Bill Skinner every Monday at 3:00pm for a virtual Yoga program geared towards seniors! Participants will meet via Zoom. Please call the Library at 315-733-1535 to register for the class. A Zoom invite will be emailed to you.



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### **Angels Among Us Food Pantry Schedule**

December 5 - Dec 19. Hours of Operation: 10:00 AM to 12 noon

The food pantry is located at: St John The Evangelist Church, 66 Oxford Rd, New Hartford, NY

Follow the signs to the driveway in the back during open hours.

In the event of food emergency issues, please contact the St John's rectory from 9AM to 2 PM Monday through Thursday at 315-732-8521.

If this is your first visit, please bring proof of address. If you do not have a permanent address, just come in. We will assist. If you are unsure of eligibility, just come in. We will assist.

Food Bank

### 2020 -2021 TEFAP INCOME GUIDELINES

Income		
Household Size	Annually	Monthly
1	\$25,520	\$2,127
2	\$34,480	\$2,873
3	\$43,440	\$3,620
4	\$52,400	\$4,367
5	\$61,360	\$5,113
6	\$70,320	\$5,860
Each Additional add	\$8,960	\$746

This table shows a yearly gross income for each family size. If your household is at or below the income listed for the number of people in your household, you are eligible to receive food.

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A THE TOWN CRIER

# Hip Hop Nutcracker

DEC. 2020



The Hip Hop Nutcracker

The Hip Hop Nutcracker (<a href="www.hiphopnutcracker.com">www.hiphopnutcracker.com</a>), a contemporary dance spectacle set to Tchaikovsky's timeless music, is available to stream for Broadway Utica audiences this holiday season. The live capture, filmed as a part of a parternship with PBS, will allow recurring and new patrons to experience this beloved holiday tradition at home, as theaters across the country remain closed.

Directed and choreographed by Olivier-nominated Jennifer Weber, The Hip Hop Nutcracker is a contemporary dance spectacle set to Tchaikovsky's timeless music. A unique and joyful event, this evening-length production is performed by a supercharged cast of a dozen all-star dancers, a DJ, a violinist, and MC Kurtis Blow, one of hip hop's founding fathers, who opens the show with a short set. The show is produced by the New Jersey Performing Arts Center (NJPAC) with Executive Producer, Eva Price, and co-commissioned by the United Palace of Cultural Arts.



"We're thrilled to be able to bring our show to new audiences as well as to those who have made The Hip Hop Nutcracker a holiday tradition," said NJPAC Producer David Rodriguez. "This year, not only will audiences experience the magic of The Hip Hop Nutcracker, but do so in their own homes."

"While I'm saddened we can't take The Hip Hop Nutcracker on the road this year, I'm thrilled we're able to find a way to bring this show to audiences around the country for the seventh consecutive season," says Executive Producer and Tony Award winner Eva Price. "This will be a holiday season unlike any other. I'm so glad we'll have this comforting, inspiring and inclusive tradition to provide much-need and well-earned joy."

Just like the original, in The Hip Hop Nutcracker, Maria-Clara and the Nutcracker Prince go on a dream adventure battling a gang of mice, visiting the land of sweets and learning the lessons of the holiday season. Innovative digital graffiti and visuals transform the landscape of E.T.A. Hoffmann's beloved story from traditional 19th Century Germany to the vibrant, diverse sights and sounds of contemporary New York City. Through this re-mixed and re-imagined version of the classic, the dynamic performers of The Hip Hop Nutcracker take us on a journey that celebrates love, community and the magic of the holiday season.

For tickets, please visit BroadwayUtica.org or contact our offices at 315-624-9444 Monday-Thursday 9am-4pm.



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From The Mailbag

Q. I was rummaging through my parents attic recently

and came across an old toy called Vac U Form that was

made by Mattel. I have a vague recollection of it but I'm

not sure what it was used for. Can you tell me anything

A. This was an easy question because I owned a Vac

U Form. It came out in 1962. It consisted of the unit

(pictured) that came with small sheets of plastic and a

variety of plastic molds. You would put the plastic sheet

on one side of the unit that had a heating element that

softened the plastic. You would place the desired mold

on the other side (a car, animal figure etc.,) and when

the plastic was soft enough, you flipped it over on top of

the mold and pumped a lever which drew the softened

plastic around the mold. It was a lot a fun but even as a

kid I thought it was a dangerous toy. Maybe that is why

its existence on the market was short lived. Toys from

that era are in demand and sought after. I would value

Q. I am the proud owner of an Edison Home

Phonograph. It is in very good condition and it works!

Can you tell me anything about its value in today's

A. Well, you should be proud because as the

expression goes, working Edison's like yours are

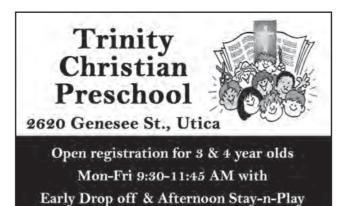
scarcer than hen's teeth. The Home Phonograph was

one of the most popular models of the early 1900's due

to its affordability and small size. They are extremely

hard to find in the condition yours is in. I would place a

value of at least \$800 and maybe as high as \$1,000 on



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DEC. 2020

Victor J. Fariello Jr.

about it and if it has any value?

your Vac U Form at around \$75.

market?

# **Antique Talk**

Call 315-732-7869 for details

our Reader Challenge, where our readers were asked to submit their best find of the season while antique hunting this past spring and summer. We will also have our Year In Review on the antiques and collectibles

Victor J. Fariello Jr. is a lifelong resident of New Hartford and has been a collector and dealer of antiques for many years. He is a past officer and member of the New Hartford Historical Society and is the Charter President of the J. Schoolcraft Sherman Chapter #1519 of The Questers, an International organization for people who love antiques and have a commitment to preservation. Questions on anything related to antiques can be sent to him at PO Box 194, Washington Mills, NY 13479 or by email to vjfariello@ request.



This unit was a toy introduced by Mattel in 1962. A lot of them were sold but its popularity was short lived.



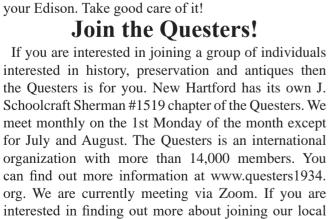
This Edison Home Phonograph circa 1903 was a popular model and was a source of entertainment for many households.

# **Readers Challenge Results Coming in January!**

We will be announcing in January the winners of market.

Happy collecting!





### group, please email me at vjfariello@gmail.com. **Support Your Historical** Society!

New Hartford Historical Society has an affordable membership that is worth your consideration. The cost is \$12 for an individual, \$17 for a family and \$2 for students. Make your check payable to 'NH Historical Society' and mail to PO Box 238, New Hartford, NY 13413. Help keep our New Hartford history alive!



### **Aging: Fact or Myth**

submitted by James LaFountain, All American Fitness Center

In my 30's, 40's and 50's, I'd written numerous articles and columns in a variety of publications, proclaiming, aging to be a "myth." I am now 66 years

old and I was wrong. Although research suggests we lose 1% lean body mass each year after the age of 30 and lose the same amount of cardiovascular efficiency during that period, I didn't truly believe it. Sarcopenia describes our loss of strength after 30, suggesting a loss of 3-8% per decade. I thought if I continued to do the same amount of cardio and resistance work I could fend off what research was telling me. Research is now telling us, between the age of 70-80 years of age, we could potentially lose three times that!

Now that I've dropped that negative bombshell on you, I'd like to share some ways I am personally addressing my deterioration.:

\*I realize resistance work, in the form of machines, weights and stretch cords should be done with an impeccable amount of attention devoted to using "good form." I take 2 seconds to perform a concentric (flexion or reducing the joint angle) followed by a one second pause to reduce dangerous momentum and conclude with a 4 second eccentric (extension or returning to the starting position.). This is most often referred to as a 2:1:4 protocol. My goal does NOT include the use of heavy weights. Moderate resistance, done correctly gives me all I need. Resistance training, aimed at improving joint integrity is essential. My resistance workouts are done on three, non-consecutive days a week.

\*I must select cardiovascular exercise that does NOT jar or pound my joints. My running days are over! I have 80 year old friends who still run, but their body type is much different than mine. Bicycling, walking and rowing are at the core of my cardiovascular exercise. Done 3-5 days a week works for me.

\*Daily stretching is a must. Again, the goal is to improve joint integrity, not become a world class athlete. Recovering from a recent low back surgery has motivated me to stretch on a regular basis.

\*I jokingly say, as I've gotten older that "I eat it today and wear it tomorrow." In other words, my metabolic rate, like other 66 year olds, has slowed. All of what I've previously mentioned in my introduction contributes to this slowdown and subsequent propensity to store fat. Smaller, high quality meals are a must. Although aging is not a myth, addressing theses issues in a research based, scientific manner will not only slow the aging process, but make getting older more comfortable.





# Bella Cucina Eat In Dining Take Out Orders

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### THE TOWN CRIER



Photo (L-R): Carli Sterling (United Way), Alicia Dicks (Community Foundation), Joe Caruso (Rotary Club of Utica). Stephen Turnbull (Rotary Club of Utica), Tina Pavlot (Rotary Club of Utica) and Kristyn Bucciero Beckwith (United Way)

### **Rotary Club of Utica Donates \$2,800 to COVID-19 Response Funds**

The Rotary Club of Utica recently donated \$1,000.00 to the local COVID-19 Response Fund. The fund is a joint venture between The Community Foundation of Herkimer and Oneida Counties, Inc. and the United Way of the Valley and Greater Utica. The money was raised through the sale of special edition New York Tough t-shirts, hoodies and coffee mugs. The apparel and mugs were emblazoned with an image designed by local graphic artist and Rotarian, Devon Hoffman, and includes five "word art" messages filling out the outline of New York State, including: "New York Tough"; "Stop The Spread"; "Save Lives"; "One Day At A Time"; and "Together We Can".

This recent donation is part of a total of \$2,800.00 donated so far including a previous \$500.00 donation that went to the local COVID-19 Response Fund. The Rotary Club of Utica also made a \$1,000.00 donation to the regional Rotary District 7150 COVID-19 Response Fund and a donation of \$300.00 worth of meals as a 'Thank You' to local hospital workers.

The Rotary Club of Utica's service projects and commitments range widely, and include events and causes through dedicated members, including Youth Exchange, Internship programs and much more.

### **Broadway Utica Hosts a Virtual Visit with** Santa - Live at the Northpole

Wednesday, December 16th – times ranging from 5:30pm-7:30pm

While things may be different right now, here at Broadway Theatre League of Utica we are trying to keep traditions alive! As you may have seen we are hosting virtual holiday streaming, because what is the holidays without a Broadway performance. We are excited for the magic the holiday season brings, especially through little one's eyes. That is why we are inviting you to take a virtual trip to the North Pole with family and friends.

Broadway Utica is hosting this event from the comfort of your home. So, grab the matching pajamas, hot cocoa and cookies as Santa goes over your child's wish list, reads 'Twas the Night Before Christmas' and gives you a behind the scenes peek on how they're getting ready for Christmas. Mrs. Claus, elves and even the reindeer will even make an appearance. This event will be hosted through a special ZOOM link you will receive after purchase.

The event doesn't end after your time is up with Santa and his crew. Make sure you check your mailbox in the following days after the event. Your child(ren) will receive a personalized letter from Santa and some treats to leave for the reindeer.

This special meet and greet is 20 minutes long. You will take the journey to the North Pole along with a limited number of other families during a designated time slot. Four time slots will be offered, limited spots are available. 5:30-5:50 pm, 6:00-6:20 pm, 6:30-6:50 pm & 7:00-7:20 pm.

"We were so happy to hear that Santa was available to partner up with us for this special event. He has been a pleasure to work with and we look

# **Community News**

DEC. 2020

forward to visiting with him virtually on December 16th with all of you!" Jill Conley from Broadway Theatre League of Utica. For tickets visit BroadwayUtica.org or call 315-624-9444. Visit BroadwayUtica.org to download our unique "Letter to Santa" and make sure to email it back to Jill@BroadwayUtica.org 48 hours prior to your departure. Santa will go over your child's list and any other fun facts you want to include in the email. HO HO !!



Group photo of The Rotary Club of Utica's 'Walk to Scare Away Polio', with Rotary Club members and volunteers.

### Rotary Club of Utica's 'Scare Away Polio' Halloween Walk

The Rotary Club of Utica hosted a Walk to Scare Away Polio on Saturday, Oct. 31, in recognition of World Polio Day (October 24). The event took place at the F.T. Proctor Park in Utica and adhered to COVID-19 restrictions. A total of \$910 was raised by this event.

The walk was held to raise awareness, funds, and support to end polio around the world. Rotary International reports "When Rotary and its partners launched the Global Polio Eradication Initiative in 1988, there were 350,000 cases of polio in 125 countries every year. Today, just three countries continue to report cases of the polio virus: Afghanistan, Nigeria and Pakistan."

Walkers also checked out what The Rotary Club of Utica has accomplished through its F.T. Proctor Park service project - including the extensive work done on the hydrangea beds lining the parking lot and the clearing of some vintage staircases and

All donations collected will go to The Rotary Foundation Fund for eradicating polio. A big bonus is that the Bill & Melinda Gates Foundation has pledged to match donations 2-to-1, for a total yearly contribution of \$150 million.





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MLS

# Light Up a Life

# "Light Up A Life" for Hospice & Palliative Care

"Light Up A Life" is a holiday tradition which offers a meaningful way to remember or honor someone who has touched our lives, while making a difference in the lives of others by supporting the mission of Hospice & Palliative Care. "So many things are different this holiday season but the "Light Up A Life" tradition continues. Personalized tags naming all those we wish to honor or remember, whether they used hospice services or not, will hang from trees, and serve as a reminder of our loved ones during the holiday season," explained Laurie Barr, Hospice Community Support Services Supervisor.

Hospice has several options for the community to participate in:

Donate online at <a href="www.hospicecareinc.org/donate-online/">www.hospicecareinc.org/donate-online/</a>. Please include the name(s) of those you would like to remember.

Mail your donation to Light Up A Life for Hospice, 4277 Middle Settlement Rd., New Hartford, NY 13413.

Drop off your donation in the bright red mailbox located outside our office at 4277 Middle Settlement Rd., New Hartford, NY 13413. The mailbox is found under a covered walkway and is labeled Light Up A Life.

Call our office at 315-735-6484, Monday-Friday

between 8:00 a.m. and 4:00 p.m. We will be happy to take your donation over the phone.

THE TOWN CRIER

This year you may select to place your holiday tag somewhere special to you, whether it be on a tree, in a window or in another meaningful place at home; on the Hospice & A.I.M. Palliative Care tree or the Siegenthaler Center tree located at Hospice & Palliative Care, New Hartford; on the tree at Sangertown Square Center Court, New Hartford or on the tree at AmeriCU on Black River Blvd. or Griffiths Park, Rome.

We will post an on-line ceremony on December 21, 2020 on our website, <a href="www.hospicecareinc.org">www.hospicecareinc.org</a> that will scroll the names of those being remembered that we receive by December 15. If you share your email address with us, we will send you a link to the video. ceremony may be viewed from December 21, 2020 through January 14, 2021. You are welcome to make donations through December 31.

All gifts to our Light Up A Life Campaign are vital to our mission and all monies stay local. With your donation of \$100 or more you will receive a keepsake cardinal ornament. "It has been said that when a cardinal appears it's a gentle reminder a loved one who has passed. Although they are no longer with us, they remain forever cherished in our hearts. The fond memories we shared, the love that filled our lives with them will never part."



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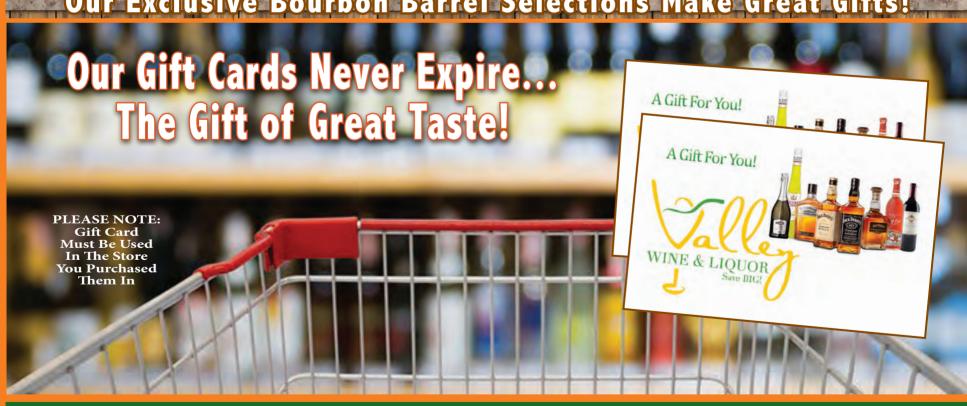
Jingle's 2018 Cabernet Sauvignon glistens a warm ruby color with aromas of dark chocolate, cherry, and a hint of holiday spice. It is rich, merry, and fully textured with profound dark fruit.

### **JOY SAUVIGNON BLANC**

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This holiday season, shopping local is critical.

Our small businesses are depending on your patronage, this year more than ever!

With COVID cases rising, many local businesses are

struggling to keep their doors open.

When making your list this year, please consider purchasing gift cards from your small businesses and eateries. This will help the owners more than you know. Whether you use the gift card sooner or later, your purchase can help your favorite boutique, shop,

restaurant, bakeries and salons stay open.

In order to help our town thrive, Stay Safe, Stay Local!!
Enjoy our pages of advertisements from your 'round the corner shops,
local restaurants, salons, gyms and spas!

Most of your favorite businesses offer curb-side pickup to help keep you Safe! Remember to wear your masks and have a joyous and meaningful holiday season!







Shop Local, Shop Small...













Accessories Boutique
Offering many locally sourced
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scarves, and holiday ornaments.
Shop online at
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We offer shipping as well as free store pickup.



### **Great Gifts Galore!**

Whether you are looking for holiday, birthday, shower, wedding or anniversary gifts, we've got you covered. Or perhaps you just want to bring culture, beauty and meaning into your home with unique artisan made pieces. How about something for your cat or dog? We have a lovely new cat basket that your cat would adore. Share the warmth of the season by giving thoughtful gifts. Purchasing fair trade ensures artisans and small farmers fair wages and healthy working conditions, providing dignity, sustainable development and hope to marginalized people from 38 different countries. Our Fair Trade Shop at Stone Presbyterian Church, 8 So. Park Row, Clinton is open from 10am to 4pm every Thursday, second Saturdays, every Saturday between Thanksgiving and Christmas and BY APPOINTMENT BY CALLING 315-853-1070. All customers will be required to wear a face mask. Gloves and hand sanitizer will be available. Only one customer group at a time will be allowed inside the shop. Let us be your go-to gift shop! For more information, contact Lauralyn Kolb, lkolb@hamilton.edu, 315-725-1326, visit our website at https://buildingstonesshoppe.square.site or Facebook at www.facebook.com/buildingstonesfairtradeshoppe.



### 2020 Clinton Historical Society Commemorative Ornament Announced

The 4<sup>th</sup> annual Clinton Historical Society Christmas ornament will be available for sale starting November 28th at the Clinton Historical Society building. This year's unique ornament is ceramic and will feature The Fountain on the Clinton Village Green . We are fortunate to have had local Potter Jonathan Woodward of Clinton Pottery and Clinton Artist Tim Rand collaborate to make these special limited edition ornaments just for the Historical Society. (The round ornament will measure approximately 2 in. in diameter and will have a hole to allow for tree hanging by ribbon). Each ornament comes in a paper gift box with a brief history of the fountain, ready for your wrapping.

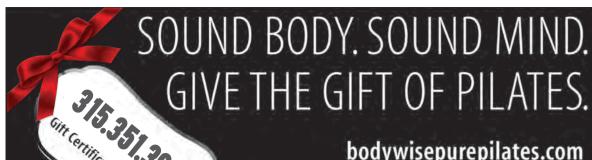
This year's ornament can be purchased at the Society, 1 Fountain Street, Clinton, on Wednesdays and Saturdays from 1-4 p.m., while the supply lasts. The ornaments are priced at \$10.00 each. For more information call the Society at 315-859-1392. E-mail is <a href="mailto:clintonhistoricalsociety1@gmail.com">clintonhistoricalsociety1@gmail.com</a>

Gift memberships are also available for purchase at the Clinton Historical Society.



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# NH Fire Dept. News

### **NHFD News**

October was a busy month for your New Hartford Volunteer Fire Department with 135 calls as indicated by the monthly call report listed below by category:

 Fires
 =
 1

 EMS
 =
 41

 Hazardous
 =
 4

 Service Type
 =
 66

 Good Intent
 =
 6

 Other Alarms
 =
 17

 Weather Related
 =
 0

 Other
 =
 0



Total Calls for the Month of October 2020 = 135. This brings the total number of calls year-to-date through October 31, 2020 to 792.

Some of the calls listed above, such as Fires, EMS, and Hazardous, are self-explanatory. Others such as Service, Good Intent and Other Alarms are not. Service Calls includes water or animal problems, public assistance or standbys. Good Intent refers to responding but did not find anything or canceled in route. Other alarms include explosions, carbon monoxide, smoke or sprinkler detector activations.

The figures above do not include other activities by members of the department such as Fire Prevention details, training, parades, Open House and other various department committee meetings that take place throughout the year.

### A Magical Time of the Year

The New Hartford Volunteer Fire Department invites you to stop by the fire station to see this year's Holiday Lights display. In conjunction with the Village of New Hartford, the fire station has become the focal point for many friends, young and old, at this time of the year.

Members of the department worked tirelessly to make sure the village "glowed" during this holiday season. Approximately 15-20 elves spent over 60 hours assembling and installing the various displays. In addition we have planning and work on prepping the displays before they are actually put them up. From the lighting to the Memorial displays, to the arches and candles we take pride in making the most of our display along with the Village display in the Park.

Over the course of many years, with the generous support of our New Hartford Community, we continually update and improve the displays. We thank you all for your support and hope that you enjoy not only the lights by this very special and magical Season!

WISHING EVERYONE A HAPPY AND SAFE HOLIDAY SEASON!

Visit us on the web at: www.nhfd.com all year long.



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### **Be Safe This Holiday Season**

The Chief and members of the New Hartford Volunteer Fire Department would like to remind everyone on a few fire prevention tips for a safe and festive holiday season.

For most of us, the holiday season represents a time for family festivities and good cheer. What few of us consider is that the holiday season is a time when there is an increased risk of home fires. Many households engage in holiday activities that serve as some of the leading causes of U.S. home fires, including cooking. Christmas trees, candle usage and holiday decorations also significantly contribute to the seasonal causes of home fires. Add to that the hectic nature of the holidays, when people are trying to accomplish multiple tasks at one time, and the chance for home fires grows even more.

"As everyone gets busier during the holidays, we often become rushed, distracted or tired," says New Hartford Fire Chief, Thomas Bolanowski. "That's when home fires are more likely to occur."

Fortunately, with a little added awareness and some minor adjustments to holiday cooking and decorating, the season can remain festive and safe for everybody. "By taking some preventative steps and following simple rules of thumb, most home fires can be prevented," said Chief Bolanowski.

With unattended cooking as the leading cause of U.S. home fires and home fire injuries, we recommend someone stays in the kitchen while you're frying, grilling or broiling food. Most cooking fires involve the stovetop, so keep anything that can catch fire away from it, and turn off the stove when you leave the kitchen, even if it's for a short period of time. If you're simmering, boiling, baking or roasting food, check it regularly and use a timer to remind you that you're cooking. The department also suggests creating a "kid-free zone" of at least three feet around the stove and areas where hot food and drinks are prepared or carried

Candles are widely used in homes throughout the holidays, and December is the peak month for home candle fires. The nonprofit National Fire Protection Association's (NFPA) statistics show that two of every five home decoration fires are started by candles. During the month of December, it is estimated that over 11% of home candle fires began with decorations compared to 4% the rest of the year. Therefore, we encourage all New Hartford residents to consider using flameless candles, which look and smell like real candles. However, if you do use traditional candles, keep them at least 12" away from anything that can burn, and remember to blow them out when you leave the room or go to bed.

Use candle holders that are sturdy, won't tip over and are placed on uncluttered surfaces. Avoid using candles in the bedroom where one-third (two of five) of U.S. candle fires begin or other areas where people may fall asleep. Lastly, never leave a child alone in a room with a burning candle.

According to NFPA, U.S. fire departments respond to an average of more than 230 home structure fires caused by Christmas trees each year. Nearly half of them are caused by electrical problems, and one in five resulted from a heat source that's too close to the tree. Things to consider for picking, placing and lighting the tree:

If you have an artificial tree, be sure it's labeled, certified or identified by the manufacturer as fire-retardant.

If you choose a fresh tree, make sure the green needles don't fall off when touched; before placing it in the stand, cut 1-2" from the base of the trunk. Add water to the tree stand, and be sure to water it daily.

Make sure the tree is not blocking an exit, and is at least three (3) feet away from any heat source, like fireplaces, space heaters, radiators, candles and heat vents or lights.

Use lights that have the label of an independent testing laboratory, and make sure you know whether they are designed for indoor or outdoor use.

Replace any string of lights with worn or broken cords, or loose bulb connections. Connect no more than three (3) strands of mini-string sets and a maximum of 50 bulbs for screw-in bulbs.

Never use lit candles to decorate the tree.

Always turn off Christmas tree lights before leaving the home or going to bed.

After Christmas, get rid of the tree. Dried-out trees are a fire hazard and should not be left in the home or garage, or placed outside the home.

Check on your community Christmas tree recycling program.

Bring outdoor electrical lights inside after the holidays to prevent hazards and make them last longer.

By following these fire prevention tips you can greatly reduce the risk of fire in your home, and enjoy a safe holiday season. "The holidays can quickly turn from joyful to tragic when a fire occurs. By taking simple precautions, people can avoid a potential fire hazard and make this time of year a healthy and happy one," stated Chief Bolanowski.

The members of the fire department invite you to stop by and view the holiday lights as once again the fire station is decorated for the holidays.

For more information please visit www.nhfd.com.

# ISO Ratings and Your New Hartford Volunteer FD

Did you know the New Hartford Volunteer Fire Department received an improved Class 3 ISO rating in 2019?

The Insurance Services Office, Inc. (ISO) upgraded our rating from a Class 4 to Class 3/3Y. The classification, known as the Public Protection Classification (PPC) program, assesses the fire-protection efforts in a community. NHFD's improved rating score may help residents and businesses within the New Hartford Fire Department's Fire Protection District achieve lower insurance costs. ISO is the leading supplier of data and analytics for the property/casualty industry. Property owners may want to contact their insurance company regarding this ISO rating.

A Community's PPC class depends on:

Needed Fire Flows: in which representative building locations are used to determine the theoretical amount of water necessary for fire suppression purposes.

Emergency Communications: including emergency 911 reporting, telecommunicators, and dispatching systems.

Fire Department: including apparatus & equipment, appropriate staffing levels, ongoing training, geographic distribution of fire companies, operational considerations, and community risk reduction to include fire safety education & code enforcement.

Water Supply: including annual inspection and flow testing of hydrants, alternative water supply operations, mutual aid preplanning, and a careful evaluation of the amount of available water compared with the amount needed to suppress fires up to 3,500 gpm (gallons per minute).

There are only 3,583 fire departments with a Class 3 rating in the country and only 423 with a Class 3 or higher in New York State. The New Hartford Fire Department is now in the top nine-percent of rated fire departments in the country.

Thank you goes to our hardworking members and officers for this improved rating. The ISO rating is a report card of sorts and an improved score is not easily obtained. Our Class 3 rating validates and reflects the commitment of the New Hartford Volunteer Fire Department to deliver the very best in fire protection. Our volunteers spend hundreds of hours training, maintaining equipment, teaching fire safety, and most importantly responding to your emergencies.

I'm humbled and privileged to witness this dedication every day and I'm very proud of our membership and all they've accomplished in service to our community.

Thomas Bolanowski, Chief NHFD



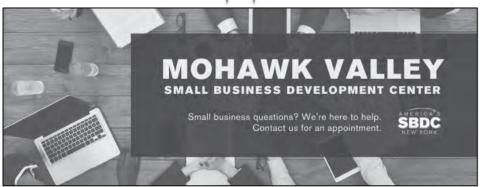
# Fostering Economic Vitality & Quality of Life in New Hartford www.NewHartfordChamber.com

20 THE TOWN CRIER

### **NH Chamber News**

DEC. 2020





The Mohawk Valley SBDC hosts educational programs targeted to the needs and interests of small business owners. Their programs cover a wide variety of topics of interest to the small business community, from marketing to cybersecurity to financial planning and much more. They regularly offer QuickBooks classes for beginners and advanced users. Educational and training webinars can be viewed from the comfort of your home or office. Attending workshops at their offices provides the advantage of networking with other businesses and meeting subject-matter experts in person. Most services are provided free-of-charge.

Register for upcoming events at www.mvcc.edu/sbdc/ or call 315-731-5884

### **Upcoming Business Training**

### Small Business Startup Class - Zoom December 2nd & 3rd 10:00 AM - 12:00 PM

If you're thinking about the possibility of owning your own business or have recently opened a new business, this workshop is for you! Taught by SBDC business advisors, you will gain a comprehensive understanding of business startup information. Topics include basic startup information, business plan preparation, marketing, funding, & record keeping. Includes opportunity for Q&A.

### 2020 New York State MWBE Virtual Forum December 2nd - 4th

The 2020 NYS MWBE Forum will help Minority and Women-Owned Business Enterprises prepare, identify and connect with new project opportunities. The forum will utilize a new live, semi-live and on-demand virtual platform that will offer you programs and strategies for building businesses better than ever before.

Day 1: Wednesday, December 2, 2020: Prepare for Opportunities

Day 2: Thursday, December 3, 2020: Identify New Opportunities

Day 3: Friday, December 4, 2020: Connect with Opportunities



**Chamber Welcomes Rintrona's Bistro** 

Many businesses have closed this year as a direct- result of COVID-19, but there are a few exceptions, such as Rintrona's Bistro, a new restaurant that opened on July 26th in South Utica.

The New Hartford Chamber of Commerce formally welcomed Rintrona's Bistro to its membership and to the community with a Ribbon Cutting Ceremony.

"Opening a new restaurant in the middle of a pandemic that has put many other restaurants out of business and adapting to the regulations has been a little difficult," said owner Marisa Rintrona. Rintrona and the rest of her staff have worked tirelessly to ensure the new restaurant complied with the state's COVID-19 regulations. "The result was a successful grand opening despite all the obstacles," Rintrona said.

"It's very challenging, but we stick with the regulations as they change daily, and we just have to go with how times are now," Rintrona said.

Marisa Rintrona is not new to the restaurant industry, as she has more than 20 years of experience in several local restaurants. Her first job in the industry was at **Carmella's Cafe** where she worked for seven years and learned about the foundations of the business. Rintrona comes from a family of business owners in the area, most specifically Rintrona's Bakery and Verilli's Market in East Utica. It was that family-oriented environment which Rintrona wanted to create in her new restaurant, making every customer feel like a "part of our family" as soon as they come in. Rintrona is also a big fan of sports, a passion that she showcases at Rintrona's Bistro with decor inspired by all the New York teams.

Rintrona doesn't run her restaurant by herself, and she is proud to have her daughter Gianna's assistance along with her boyfriend Fred Heintz and his two boys, Brady and Freddie by her side.

"Family is a team, so when you come to see us, you are all family," Rintrona said.

The New Hartford Chamber is proud to have Marisa and Rintrona's Bistro as a new member and wishes them the greatest success in this new venture.

### **Welcome New Members!**

Fox Pest Control
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Barrettas Beauty Bar & Studios

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DEC. 2020

THE TOWN CRIER

21

# NEW HARTFORD PAST TIMES

DECEMBER 2020

### NEW HARTFORD HISTORICAL SOCIETY

# Historical Society formally dedicates their newest Display to Staff Sgt. Lewis Smith on Veteran's Day

We at the Historical Society are extremely pleased to be able to finally announce the formal dedication of our newest exhibit honoring the sacrifice and dedication of the men and women from the area that served in the armed services. On Wednesday November 11<sup>th</sup>, Veteran's Day, we cut the ribbon on our "Military Archive Room".

It is especially gratifying to be able to name the room after one of our own, Director Emeritus Lewis H. Smith. Lewie was a Staff Sergeant with the 307<sup>th</sup> Bombardment Group serving as a "nose-gunner" in the Pacific during World War II. Sgt. Smith, as guest of honor, cut the ribbon with his children, and 1 of his 10 grandchildren, looking on

Thank you Lewie and ALL our Veteran's!



### BECOME A MEMBER!

Please stop in to visit us and consider becoming a member.

Membership fees are \$15 for Individual, \$20 for families, \$25 for Friend/Contributor and \$50 for Corporate members. The Historical Society is a non-profit, tax deductible organization.

### Planning a Class Reunion?

Make the Historical Society Museum a part of your itinerary! Schedule the Saturday of your reunion for your group to explore our collection of yearbooks, scrap books, local relics and photos. Look up your New Hartford home!

Call 315-724-7258 to schedule your group.

### Museum is Open To the Public

APRIL-NOVEMBER Mondays: 1-3pm The 3<sup>rd</sup> Saturday of the Month: 11am-2pm Or by appointment.

### FREE ADMISSION

Village Point Apt. Building 2 Paris Road – 315-724-7258







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THE TOWN CRIER

# **Town of New Hartford News**



### New Hartford Highway News submitted by Superintendent of Highways, Richard Sherman

Your Highway Crew spent the later part of October and all of November picking up leaves. As you may recall, our Town Council approved purchasing 4 specialty leaf vacuum trucks this year and this has made the leaf pick-up much more efficient and timely. Your Highway Crew has done a tremendous job, but they still need your help.

Please don't put leaves in bags, because our leaf vacuums can't pick them up. Branches and pumpkins need to be placed in separate piles because your Highway Crew needs to pick them up by hand so as not to damage our leaf vacuums. Though some of us did receive a few inches of snow, we will continue picking up the leaves until finished or until the first major snow

The Town's plows, sanders, brine machines and tankers are ready for another busy snow & ice season. Our two winter shifts will start November 29th. First shift begins at 4:00 a.m. through 12:00 p.m. and if snowing, will continue until 4:00 p.m. The second shift starts at 4:00 p.m. through 12:00 a.m. and if snowing, will continue until 4:00 a.m.

Remember, when it snows, there is NO all-night parking in effect on all Town roads in order for the plows to clear the streets safely. If you opt to utilize a contractor to plow your driveway, please ensure that they do not plow the snow to the opposite side of the road because this can impact how your Highway Crew plows our streets.

The holidays are upon us and Christmas trees should be brought to the curb and your Highway Crew will be on the look-out for timely pick-up.

Recently, the Town was awarded grant funding through the efforts of County Executive Anthony Picente and Oneida County Legislator Jim D'Onofrio, to continue mitigating the effects of the Halloween 2019 massive storm damage that affected many residents. The project begins in November 2020 with fixing the flooding in the area of Oneida Street at the City of Utica and New Hartford Town Line with a new 14' box culvert. The Bradley Road storm water pipe that goes underneath the road will also be updated to a new 36' pipe and open ditch to the new box culvert. The Town will supplement the grant by utilizing your Town Highway Crew to complete the project by managing a detour for about a week and then placing top soil and grassing the entire construction site in the spring of 2021. We thank the County Executive and Legislature for their great partnership!

Happy Holidays and as always, please feel free to

gov with any questions or concerns.



### **News from Town Supervisor**

As COVID 19 numbers rise this winter and based on the recommendation from our Town of New Hartford Medical Health Director, to protect town employees and the public, all Town business will be conducted by appointment only until further notice. All Town Services will remain 100% functional. Thank you for your understanding and continued support in this matter. These are tough times and I want you to know we are here for you and want to help. As town supervisor, I love feedback. That's how you learn and make things better. So please send me your feedback and report a concern at our website www.townofnewhartfordny.gov If we can get it done, we will.

On a positive note, we have been making some great progress with our storm water mitigation studies for Ward 1 and 2. We will be having our first public informational meeting December 17th at 6:00pm for Ward 1 and 7:00 for Ward 2. This meeting will consist of discussing viable options for storm water mitigation in severely impacted areas.

More exciting news on storm water management:

After over two years of working with NYSDEC and USACE, we are now able to pull a permit to work on a stormwater management project on Middle Settlement Road. This was funded through the county grant and like kind services from the Town of New Hartford. You are also invited to a public information meeting at the New Hartford Town Hall at 6 pm on Tuesday, December 8. The project engineer will review the details of the project, and a full set of plans will be available for you to examine.

The Town of New Hartford continues to implement smart development by migrating storm water from developments on site and designing techniques that reduce down stream flows. In 2018 we implemented a developer paid engineering plan which has been proven to be very successful. This plan has not only saved the town hundreds of thousands of dollars, but has also provided excellent representation for the town on all commercial developments. Storm water is one of our main priorities at the town and as you know we cannot restrict people from building on their land, but we can implement smart development.

MVWA Snowden Hill Road Water tank was dedicated in honor of fallen New Hartford Police officer Joseph D. Corr.

The new 1.2 million-gallon Snowden Hill Road Water Storage Tank will provide water storage for

contract me personally on my cell at 315-534-2998 or domestic use and fire protection for MVWA customers through e-mail at rsherman@townofnewhartfordny. in the higher elevation areas of South Utica and in the Towns of New Hartford and Frankfort. Constructed at a cost of \$2.4 million, the concrete tank is 50 feet tall and 64 feet in diameter and has a service life of over 75 years. The tank will support future Regional Water System growth and is the 9th new water storage tank constructed by the MVWA under their Capital Improvement Program.

> It's been a great opportunity working with the Water Authority. This valued asset will bring better water pressure to residences in New Hartford and also will be a benefit for fire protection.

> What an honor it was to be at the ground breaking event with SAES Smart Materials Inc., a world leader in the melting and production of a Shape Memory Alloy called Nitinol. This \$7.8 million plant expansion located at their existing facility at 4355 Middle Settlement Road in the Town of New Hartford. The development will nearly triple the size of their existing plant, providing the space necessary to consolidate all of their local production into one facility. Additionally, the expansion has space for future growth, confirming their commitment to the Mohawk Valley.

> On a personal note, I have seen so many stressed about; politics, the pandemic, police, protests, eviction moratoriums, the economy, and the election in the passed year. We're trying to manage incredibly difficult personal situations.

> Walk across the street to your neighbor and compliment him or her on how wonderful their flowers are looking. We're all on the same team here. New Hartford is a wonderful town. What makes it wonderful, are the people.

> Let's not make 2021 a year of criticism, but a year of compassion for others. Respect everyone, even if you don't agree with them.

The holidays are here. Have a great time with loved ones. I wish everyone a Happy Holiday and a Merry Christmas. God bless you and your families.

With gratitude,

Paul Miscione, New Hartford Town Supervisor





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# Senior Center News

### Ballol Galical Mews

NH Senior Center News
Submitted by the staff at NH Senior Center

We are writing this mid-November, for the December issue. We hope you all got out to vote ok, and that you also thanked a Veteran for their service. Also, we hope you had a good Thanksgiving, probably a quiet one with just a few family members, as we were told to do. We are sorry that our COVID cases have risen the past weeks, since we, as seniors, have been so careful to abide by the protocols during this pandemic. Please remember to wear your mask, social distance yourself, was your hands and sanitize often. Hopefully a vaccine will be available soon. We are sorry to hear of Norris Ellinwood's passing, our thoughts and sympathies go out to his family. We do try to keep in touch with our seniors, to be sure all that want home delivered meals are getting them ok and also to see if anyone needs anything. Please call our number if you need help. 315-724-8966. Remember our past gatherings especially Veterans Day, Thanksgiving and Christmas. Happy Birthday to all our December folks. We do miss celebrating each month with all of you. Stay safe and healthy.















# This Winter is Perfect Time to Take an Online Class

THE TOWN CRIER

Utica College has announced its winter courses for 2020 and now students can be productive while social distancing catching up, or getting ahead, on their credits. The courses will be completely online and available to matriculated, on-ground, undergraduate students at UC or other colleges who have a 2.0 GPA or higher.

The winter session is shorter than most terms and runs from Dec. 21 to Jan. 15. Each credit hour will cost \$295 plus a \$70 distance learning fee, totalling \$955 per three-credit course.

The winter courses include biology, communications, education, English, music, philosophy, political science, and psychology. UC students can register and pay through their Bannerweb accounts by Dec. 17 to be enrolled. Non-UC students can also enroll in courses through the link on the winter course webpage at utica. edu.

Only one course per student is permitted during the winter semester. Students interested in taking more must contact Senior Associate Provost and Dean of Graduate Studies Robert Halliday at associateprovost@utica.edu.

For more information, please visit: https://www.utica.edu/winter-courses



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# Girl Scout Silver Award

DEC. 2020

### **Girl Scout Silver Award**

During the month of October, a garage sale was held in New Hartford to raise funds for the Stevens-Swan Humane Society. The garage sale was one part of a Girl Scout Silver Award Project that Elizabeth Cordeiro has been working on since May of this year. Elizabeth would like to thank everyone who donated items that were sold at the garage sale, those who volunteered their time to help, and the great turnout to support this successful event. A total of \$841.50 was raised along with multiple items collected (from the SSHS wish list) that were donated to the humane society.

In addition, Elizabeth's project includes a brochure she designed that shares the Stevens-Swan Humane Society mission, gives examples of ways you can help the humane society, and contains their contact information. Both the brochure and SSHS wish list (found on their website) were available at the garage sale, can be viewed on the SSHS Facebook page, and were also distributed to the Bradley Elementary School students in New Hartford. Elizabeth attended Bradley Elementary during her primary school years and is hoping to help support the continuation of the annual fundraiser for the Stevens-Swan Humane Society with her alma mater.

During the final phase of her project, Elizabeth produced and posted a video to the SSHS Facebook page titled, "How Schools Can Get Involved and Help the Stevens-Swan Humane Society".

Elizabeth has been a girl scout for eight years. She has always had a desire to help animals and due to the recent pandemic was aware fund raising for the SSHS was limited. This inspired Elizabeth to take action and focus her Girl Scout Silver Award Project on raising funds and donations for the humane society while increasing awareness of the SSHS needs throughout the community. While Elizabeth was working on her project she encountered many obstacles and a few setbacks. She stated, "I feel I have learned some invaluable skills throughout this whole process. With a lot of determination, perseverance, and patience I was able to accomplish my goal".

Please check out the SSHS Website: stevens-swan.org or Facebook page: Stevens Swan Humane Society for additional information.



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DEC. 2020

# **Tabernacle Church**

Church in Utica to help fund masonry restoration.

Tabernacle Baptist Church was founded in 1819, and the present church was constructed in 1867 to the designs of Boston architect George F. Meacham. The church's interior contains exposed wood trusses, an 1899 organ, and the original plaster. A brick chapel constructed in 1905 is located to the rear.

The church reaches over 9,000 people a year, including about 6,000 members of the local Karen refugee community. A youth group hosts community events, fundraisers and concerts. There are music lessons and a Karen Burmese language school on Saturdays. A monthly food pantry and clothing center is open to the neighborhood.

"We're delighted our grants can help maintain these important institutions during this difficult time," said Peg Breen, President, The New York Landmarks Conservancy. "Throughout the pandemic, they have continued feeding and recovery programs, as well as health and cultural offerings to their communities."

The Sacred Sites Program provides congregations with matching grants for planning and implementing exterior restoration projects, technical assistance, and workshops. Since 1986, the program has pledged

1,559 grants totaling more than \$12 million to 828 religious institutions statewide.

The New York Landmarks Conservancy

THE TOWN CRIER

The New York Landmarks Conservancy, a private non-profit organization, has led the effort to preserve and protect New York City's architectural legacy for nearly 50 years. Since its founding, the Conservancy has loaned and granted more than \$52 million, which has leveraged more than \$1 billion in 1,850 restoration projects throughout New York, revitalizing communities, providing economic stimulus and supporting local jobs. The Conservancy has also offered countless hours of pro bono technical advice to building owners, both nonprofit organizations and individuals. The Conservancy's work has saved more than a thousand buildings across the City and State, protecting New York's distinctive architectural heritage for residents and visitors alike today, and for future generations. For more information, please visit www.nylandmarks.org.



Photo Courtesy of The New York Landmarks Conservancy

### Tabernacle Baptist Church in Utica Receives Sacred Sites Grant

The New York Landmarks Conservancy has announced eight Sacred Sites Grants totaling \$140,000 awarded to historic religious properties throughout New York State, including \$30,000 to Tabernacle Baptist







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### **Investment Advice**

DEC. 2020



### After the **Storm:** Make your **Disaster-Relief Donations** Count

disaster When many Americans want to

help by donating to organizations that provide aid to those in need. "Constant media coverage is now part of the aftermath of any catastrophe, so individual donors are much more aware of what each affected community needs," says Deborah P. Lauer, Planning and Life Events Specialist at Wells Fargo Advisors. "Donors have the opportunity to be more effective with their responses."

Build giving into your long-term investment plan

The urge to help others is powerful, but it's worth developing deliberate philanthropic goals so your giving is part of your overall investment plan.

"Many Americans associate giving as part of the holiday tradition or as a last-minute tax strategy," Lauer says. "But creating an annual giving budget that can be responsive to events like a hurricane can be more efficient for both the victims' recovery and your own financial strategy."

Events like hurricanes and tornados are often followed by a huge increase in donations to disaster relief organizations. While this outpouring of support is welcome, charities note that it's more important to have the resources they need before disaster strikes.

Lauer supports this as a smart financial strategy as well. "Planned giving helps charitable organizations prepare rather than react," she notes. "And it also gives you extra time to find charities that support your family's values and are delivering the best benefit on a dollar-for-dollar basis.'

Know why you donate

Giving throughout the year instead of focusing on year-end donations can also help your family manage its philanthropy as part of its general budget. "Families have increased budget pressures at year-end with holiday travel, entertainment, and spending on presents," Lauer says. "Giving midyear can help avoid that cash crunch."

The extra time also allows donors to consider strategies beyond simply writing a check. For instance, donating appreciated securities owned for more than 12 months can be a tax-efficient way to give: You may be able to deduct the full market value of the securities (subject to adjusted gross income limitations) while avoiding capital gains taxes on those assets. But the process takes time, and a late start in December could mean missing out on

that year's income tax deduction. Working with your tax advisor early in the year can help you determine your potential tax benefits.

Organize your giving

\$99

If philanthropy is important to you, use this opportunity to incorporate it into your overall financial strategy. At the beginning of the year, set a total for your annual charitable giving based on your budget and the causes you want to support. But leave a little aside for sudden catastrophes so that you know how much you can afford to give regardless of the time of year you make the donations. Your financial advisor can help you work through this process.

"Incorporating charitable giving into your investment plan helps you know how much you can afford to contribute, regardless of when you give it," Lauer says. That way, supporting humanitarian causes is not just an emotional decision, but a deliberate one."

After you identify which organizations will benefit from your donations, conduct due diligence to ensure the group is likely to use your donation effectively and efficiently. The Internal Revenue Service provides Tax Exempt Organization Search, https://www.irs.gov/charities-nonprofits/tax-exempt-organization-search a searchable web database of organizations designated as qualified charities. Verifying that your chosen group is on the list can help you avoid donating to a fraudulent organization.

Understand that giving abroad is complex

Each year Americans make significant donations to victims of disasters around the world. But such giving is complicated: Donations to foreign charities are generally not deductible for U.S. federal income tax purposes. If you do want to support relief efforts abroad, consider donating to a domestic charitable organization that has foreign partners active in disaster relief. Also, check the IRS website for guidelines in making international donations.

Charities and victims alike depend on the kindness of strangers for support after a disaster. If you make contributions throughout the year, your support will be available when needed the most, and you can make your generosity an integrated part of your financial strategy.

Wells Fargo Advisors and its affiliates do not provide legal or tax advice.

This article was written by/for Wells Fargo Advisors and provided courtesy of Christopher J. Carbone, CFP®, AWMA®, LUTCF®, First Vice President - Investment Officer, Financial Advisor. Clinton, New York (315) 723-7386 Investments in securities and insurance products are: NOT FDIC-INSURED/ NOT BANK-GUARANTEED/MAY LOSE VALUE Fargo Advisors is a trade name used by Wells Fargo C Services, LLC, Member SIPC, a registered broker-dealer and non-bank affiliate of Wells Fargo & Company. © 2020 Wells Fargo Clearing Services, LLC. All rights reserved.





Richard Griffith

Anthony SpirIdigloizzi

### **MWPAI Honors Former President and Trustee**

The board of trustees at Munson-Williams-Proctor Arts Institute has bestowed the title of president emeritus to Anthony SpirIdigloizzi and trustee emeritus to Richard Griffith.

Spiridigloizzi retired in 2017 after 35 years serving first as treasurer, vice president, and president in 2011. During his tenure, Munson-Williams saw the greatest growth in its history, including the establishment of the PrattMWP College of Art and Design, major construction projects, dynamic exhibitions with recordbreaking attendance, the expansion of the Community Arts Education Program, renowned additions to the permanent collection, and more. Equally important was his impact on the community. "Tony had the vision to make Munson-Williams more welcoming and more relevant, and he saw that vision to realization," said Munson-Williams President and CEO Anna D'Ambrosio.

Griffith served as a trustee for 14-years between 1997 through 2018, including a seven-year required hiatus. He served as board chair from December 2003 through December 2006 and two terms as vice chairman. As a trustee, he worked with the executive, governance, nominating, and finance committees and chaired the Pratt task force committee and the Inspire! capital campaign. "Rick provided outstanding leadership and valuable advice," D'Ambrosio said. "At events and openings, his thoughtful comments and kind words were always deeply appreciated by the staff."



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# Faith in New Hartford



### FIRST UNITED METHODIST CHURCH

105 Genesee Street, New Hartford (315) 733-4227 office@firstumconline.org
We are also the home of the Family Nursery School! Rev. Brad Chesebro, Senior Pastor Deacon Becky Guthrie, Congregational Care Coordinator Worship Schedule 9 am Classic Worship 10:00 am Coffee Hour 10 am Adult Sunday School 11 am Xalt Praise Service 11:15 am Children's Church Noon Youth Group Meeting Communion offered 1st Sunday of each month. Child care provided for all Church activities We are handicapped accessible! Visit our website to view recent sermons.

### CLINTON ROAD BAPTIST CHURCH SBC

www.firstumconline.org

dba Crosspoint Church

Senior Pastor, Samuel Macri Youth Minister, Bobby Allen 140 Clinton Road, New Hartford Sunday Morning Worship Service at 8:00 317 Oriskany Blvd, Whitesboro, 797-4520 Sunday Morning schedule: Sunday School Small Groups, 9:00 Sunday Morning Worship, 10:30 Sunday Evening Youth, 5:00 Sunday Evening Discipleship, 5:30 Tuesday Morning, 6:30, Men's Fellowship Breakfast New Hartford Campus Wednesday Evening, 6:30, Praise Team Practice Wednesday Evening, 7:00, Prayer Meeting Thursday Evening, 6:30, College/Career Ministry Website: crosspointchurchonline.org

Sunday Morning Services streamed live Pastor Sam's messages available at our website We are Handicapped Accessible

Handicapped accessible!

### ST. JOHN THE EVANGELIST CHURCH

66 Oxford Road - 732-8521 Rev. Kevin Bunger, Pastor Cheryl Smith Dir. of Faith Formation Saturday: 8:30am; Vigil, 5:15 p.m. Confessions 4:15-5pm Sunday Masses: 8am & 11am Mon-Fri Masses: 6:45am, 9:10am We are handicapped accessible!

### HOPE ALLIANCE CHURCH

4291 Middle Settlement Road, P.O. Box 626, N.H. General Office: 315-732-1349 www.hopealliancecny.com Rev. Andy Ward, Pastor Morning Worship: 9:30 & 11:15am Communion First Sunday of the Month. Fridays: Christian Service Brigade - 7pm Sundays: Jr. & Sr. High Youth Fellowship - 6pm Hope Alliance Church is handicapped accessible.

### **ST. THOMAS CHURCH** 150 Clinton Road - 735-8381

Pastor: Rev. David Sears Saturday Vigil: 4 p.m. Sunday Mass: 9:00 a.m. Confessions: Sat. 4:45-5:15 p.m. Holy Day Schedule: Holy Day Masses 12 noon Adult Religious Education, Open to the Public We are handicapped accessible!

### ST. STEPHEN'S EPISCOPAL CHURCH

25 Oxford Road - 732-7462 (Parish & Rectory) Sunday Service of Holy Communion at 10am followed by

Al-Anon Meetings: Sundays at 5pm & Thursdays at 5:30pm AA Meetings: Sundays at 8pm

Yoga by Kristy: Tuesdays at 5:30pm & Thursdays at 9:30am EGA Meetings: 1st Mondays of the Month St. Stephen's is handicapped accessible.

### ST. GEORGE'S EPISCOPAL CHURCH

9389 Elm Street, Chadwicks - 315-736-3572 Rev. Heather Benson Officiating Service at 10am Holy Eucharist Every 2nd and 4th Sunday

### IMMANUEL BAPTIST CHURCH

Pastor Fletcher Matlack

9501 Weston Rd., NH (Next to Perry Jr. High), (315) 737-5222 www.ibcfamily.com E-mail: info@ibcfamily.com Sunday School for all ages: 9:00 am - 9:45 am Sunday Morning Worship Service 10:00 am Nursery, Preschool and Children's Worship hour: 10:00 am Prayer meeting held every Wednesday at 6:30 pm Youth Group for ages 12 and up meets every other Saturday from 6-8 pm. See our website for schedule. Church is handicapped accessible.

### NEW HARTFORD PRESBYTERIAN CHURCH

45 Genesee Street, NH - 732-1139

www.newhartfordpresbyterian.org We welcome all to worship services each Sunday morning at

10:30 a.m. During the current Coronovirus pandemic, masks and social distancing are required. Hand sanitizers are available at entrances to the sanctuary.

The Mission Committee is again sponsoring an Angel Tree. Church members will use tags on the tree to choose suggested gifts for children. Gifts will be distributed by the Neighborhood Center in Utica.

Deacons will meet at 7:00 p.m., Monday, December 7th. Church committees will meet at 7:00 p.m. on Tuesday, December 8th. The Session will meet at 7:00 p.m., Tuesday, December 22nd. More information about the church and its activities in the community is available online at www.newhartfordpresbyterian.org.

### OUR LADY OF THE ROSARY CHURCH

1736 Burrstone Road - 724-0402 Pastor Joseph Salerno Sunday: 7:30am and 9am Masses held at Our Lady of Lourdes: Saturday: 4pm and Sunday at 11:15am Handicapped Accessible and Air Conditioned

### SAUQUOIT VALLEY UNITED METHODIST CHURCH

Cor. Pinnacle Rd. & Mohawk St., Sauquoit email: sauquoitvallyumc@aol.com Pastor Carl Getz Sunday Worship 11 a.m.(Nursery Care Available) Sunday School 9:30 a.m. For all ages. Handicapped Accessible

### FIRST BAPTIST CHURCH OF NH

7 Oxford Road - Office phone: 315-733-4570 firstbaptistnh@gmail.com Rev. James Harriff, Pastor Sunday Service - 9:30am Sunday School - 11:00am Handicapped Accessible. All are welcome.

### UNITARIAN UNIVERSALIST CHURCH

Unitarian Universalist Church of Utica 10 Hibgy Road, Utica NY 13501 muntics Join us for the Sunday services streaming at 10:30 AM For details: uuutica.org
December 6, 2020 - "Gratitudes and Goodbyes" - Rev. Erin

Dajka Holley. There are few more difficult things than leaving beloveds, but it is above all a time for gratitude. Help us say good-bye well through your participation in Rev. Erin's final online service with UU Utica.

December 13, 2020 - "Healing and Reconciliation" - Maggid Jim Brulé. Join us as we enter the holiday season of light amid darkness. Many cultures and traditions take these longest nights of the year to recognize the return to light; we will explore these themes through the lens of Judaism, and the Jewish seasonal holiday of Hannukah. Maggid Jim Brulé will mix stories, songs, prayers, and meditations to open our hearts so that we all can begin the healing process. About Jim Brulé: Jim Brulé is a Maggid - a transformational storyteller. His stories and students span the globe; his online storytelling school has been operating for years. Stories filled with challenge and mysticism fill his repertoire as he inspires his audience to change. Jim believes that the right kinds of stories told with an open heart can be the basis for healing the rifts within us and

December 20, 2020 - "Coming Out of the Shadows" - Worship Committee. The Winter Solstice is once again upon us, when we turn the corner from darkness to growing light. For many people, for many reasons, this past year has been dark, covered in shadows. We come together in this service, looking to the Earth centered traditions of our sources for ways to come out

of the shadows, to banish the darkness, and to invite and welcome the light into the world and ourselves.

December 24, 2020 - "Christmas Eve in Word and Song" -Rev. Kimberley Debus. A traditional Christmas Eve service. Join us for a contemplative celebration in story and music, and of course, candlelight. You are invited to have candles and comforting beverages nearby.

December 27, 2020 - While our worship committee takes a well deserved break, we will be visiting with another of our Central East Region congregations.

### FAITH IN CHRIST FELLOWSHIP CHURCH 3431 Oneida St., Chadwicks - 737-0753

www.ficfellowship.com Pastor : Chad Morgan Sundays: Worship, 10 a.m.

Children's Church during the sermon.
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### ST. GEORGE ORTHODOX CHURCH 350 Higby Road, New Hartford, 315-292-6682

Fr. George Goodge Sun - 9am Matins Sun - 10am Liturgy Wed - 5:30pm Vespers Bookstore hours: Open Sundays after Services.

### LIVING FAITH BIBLE CHURCH

Corner of Pinnacle Rd. and Oneida St, Sauquoit - 737-5075 David Green, Pastor Sunday Service: 10:30 am Junior Church available. Nursery also available Wednesday Bible Study - 7:00 p.m. Sunday School 9:30am

We are handicapped Accessible.

### WESTMINSTER-MORIAH-OLIVET PRESBYTERIAN CHURCH

Interim Pastor Rev. Dr. Mark S. Caruana Music Director Richard Crawley Worship service: Sunday 10:30 a.m. 714 Washington St., Utica. 315-732-6518, www.wmoutica. org. find us on Facebook & Twitter Handicapped accessible

### NORWICH CORNERS CHRISTIAN CHURCH

10233 Roberts Road, Sauquoit - 737-0757 WHERE JESUS IS LORD! Pastor Walter J. Wharram, Jr. Sunday Morning Prayer - 8:30am Sunday School - 9:30am Sunday morning Worship Service - 10:30 Mid-Week Bible Study - Tuesdays 7pm Summer Hours - Beginning 7/1/18: Sunday Morning Prayer - 8:30am Worship Service - 9:30am

### TRINITY LUTHERAN CHURCH

2620 Genesee St., Utica. (315)732-7869 Fall/Winter worship: 9am - Sunday School & Adult Bible Study 10:30am - Worship is led by our Pastor, Peter Saie

### FIRST PRESBYTERIAN CHURCH

1605 Genesee Street, Utica 732-5111 - fpcutica@verizon.net Opening Doors, Hearts & Minds: Serving Christ & Community Reverend Jeanne M. Kumbalek Sundays - 10:30 Worship 10:45 - Sunday School for Elementary Ages Faith Enrichment for all ages Call or email for schedule. Nursery Care Provided Wheelchair Accessible

### ST. VOLODYMYR THE GREAT UKRAINIAN CATHOLIC CHURCH

4 Cottage Place, Utica, NY (315)735-5138 Very Rev. Michael Bundz, Pastor Masses: Sunday 10:00 am Saturday 5:00 pm, in English Confessions before Mass

Handicapped accessible

### **American Legion New Hartford Post 1376**

8616 Clinton Street, New Hartford • 315-736-7041

### **Take Outs Available**

Please check our Outside LED sign for scheduled events.

Room Rental Available Upstairs for any type of party. Handicapped Accessible. Please contact caterer, Sam Tantillo at (315) 749-3853 for more information.

### DEC. 2020

### Faith in New Hartford

### LIFE IN CHRIST FAMILY CHURCH & BIBLE SCHOOL MOHAWK VALLEY CHURCH

25 Robinson Rd. Clinton - 315-853-1582. www.licfc.org Pastors Peter & Addie Forrester Adult Sunday school 8:45 AM Sunday Service 10 AM (Nursery & Sunday school provided) Thusday Night Prayer Mtg 7 PM Monday Night Bible study (every 3rd Mon.) 7 PM Operating in all of the gifts of the Holy Spirit including 'healing' Go on line and check out our school! Palm Sunday April 5th, 10am Good Friday April 10th, 7pm Easter "Resurrection" Day April 12th ,10am

### SACRED HEART ST. MARY'S CHURCH

201 Main St. NY Mills, NY Saturday Vigil Mass: 4:00 PM Sundays: 8:15 AM &11:15 AM

Weekday 12:10 PM -Tuesday, Thursday, Friday 12:10 - Communion Service Only Wednesdays

### ANNUNCIATION CHURCH

7616 E. South Street, Clark Mills - 853-6138 Fr. Kevin J. Bunger. Deacon Gil Nadeau Weekday Mass: Mon & Tues 8am, Wed 7:45am, Fri. 8 am Communion Mass Weekend Mass: Sat. 4pm Vigil, Sun. 9:30am Confession: Sat 3:15pm-3:45pm

### STONE PRESBYTERIAN CHURCH

8 So. Park Row, Clinton Scott Leonard, Commissioned Lay Pastor Sunday service-10:30AM Website: www.stonepres.org E-mail: stonepres@verizon.net Office phone: 315-853-2933 Handicapped Accessible

### CLINTON UNITED METHODIST CHURCH

105 Utica Road, Clinton www.clintonmethodist.org Rev. Michael H. Terrell Sunday Worship Service 9:30 AM Sunday school during worship following children's time Office Phone: 853-3358

### PLYMOUTH BETHESDA UNITED CHURCH OF

500 Plant St, Utica (Oneida Sq, across from Dunkin Donuts) Mike Ballman, Pastor Sunday Mornings 9:30am Last Sunday of the month - 10:30am www.plymouthbethesda.com

### CORNERSTONE COMMUNITY CHURCH

8470 New Floyd Rd. Rome, NY 13440

500 Plant St. Utica(Oneida Sq. across from Dunkin Donuts) Mike Ballman, Pastor www.cornerstoneutica.com Sunday Mornings: 11:15am Last Sunday of month 10:30am

### CHRIST CHURCH (REFORMED PRESBYTERIAN)

Website: www.christchurchreformed.com Facebook: https://www.facebook.com/ChristChurchReformedPresbyterian Pastor: Aaron Goerner Services: Sunday School: 10AM Sunday Worship: 11AM Thursday Bible Study 7PM

### HOLY TRINITY ROMAN CATHOLIC CHURCH

Father Canon John Mikalajunas 1206 Lincoln Ave Utica, Phone 315-724-7238 "The Big Church on the Arterial next to the Ped Bridge" Only 5 minutes from New Hartford (per Mapquest) Saturday 5pm/ Sunday 8AM + 10AM (English Masses) Sunday 11:30AM only all Polish Mass in Čentral NY Weekday 8AM Mass followed by Rosary 7 days a week Confessions Daily 7:45am, Saturdays 4pm Handicapped accessible - Air conditioned

### ZION LUTHERAN CHURCH

630 French Road, New Hartford 315-732-4110 Sunday Mornings 10 AM Sunday Contemporary Service 12:15 PM Email: office@zionluth.com Website: www.zionlutheranNy.org Facebook: Zion Lutheran Church, New Hartford NY Handicapped accessible

9417 Maynard Drive Marcy, NY Sunday Mornings at 10am Come As You Are www.mohawkvalley.church Pastors Mike & Susie Melnick Contemporary Worship led by Mark Bolos

### TABERNACLE BAPTIST CHURCH

13 Clark Place, Utica 315-735-7534 churchoffice@tbcutica.org Facebook: Tabernacle Baptist Church www.tbcutica.org We are together in our diversity! Come worship with us! Saturday 6 p.m. Young Adult Worship & Study Sunday 10 a.m. English Worship Service Sunday 10:15 a.m. Sunday School for children in English and Sunday 11:30 a.m. Karen Worship Service and 2nd-Hour

Pastors Rev. Debbie Kelsey and Rev. Daniel San

### **BIBLE BAPTIST CHURCH**

Sunday School

4431 Middle Settlement Rd., New Hartford, NY 13413 Brian Demers, Pastor Sunday School for all ages: 9:30 a.m. Sunday Morning Worship Service: 10:45 a.m. Sunday Evening Bible Study: 5:00 p.m. Wednesday Evening Bible Study and Kids4Truth Children's Program: 6:45 p.m. Handicapped accessible. Nursery Provided. www.biblebaptistchurchnewhartford.org





### Service Times:

Sunday School Sunday Adult Service: 10:00 a.m. Wednesday Night Prayer: 7:00-8:00 p.m. Thursday Evening Bible Study: 7:00 p.m.

> **Pastor Mark Waterman** 315.736.1161

3995 Oneida Street #4 New Hartford, NY 13413



### **BEIT SHALOM**

48 Franklin Square, Utica, NY 733-2867 Rabbi: Stephen Galiley Friday Evening Shabbat Services: 7:00 pm Oneg Shabbat Beit Shalom is a Messianic Jewish Congregation. All are welcome!

THE TOWN CRIER



### TEMPLE EMANU-EL

2710 Genesee Street, Utica, NY - 724-4177 teuticaoffice@gmail.com Rabbi Peter Schaktman Friday Evening Oneg Sabbath sponsored by the Sisterhood of Temple Emanu-El. All are Welcome

### TEMPLE BETH-EL

2710 Genesee Street, Utica, NY - 724-4751 Cantor: Kalman A. Socolof Executive Director: Mrs. Mundy B. Shapiro Friday Evening Services: 5:30 p.m. Sabbath Morning Services: 9:30 a.m. Weekly Morning Minyan Services are held Mon., & Thurs. from 8:00 a.m. at 2710 Genesee Street. Kiddush on Saturday morning sponsored by the Sisterhood of TBE. All are Welcome.

### **ZVI JACOB**

Orthodox Synagogue 110 Memorial Parkway, Utica - 724-8357 Services are held Saturday at 9am, and on holidays. Services may be held at other times if there is a minyan. Visit our website www.zvijacob.org. All are Welcome.

### THE JEWISH COMMUNITY CENTER

2310 Oneida Street, Utica - 733-2343 Provides programs for seniors and recreational activities for all ages. Open to people of all races, religions, and nationalities.



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20 THE TOWN CRIER

# **Prevent Frozen Pipes**

DEC. 2020



ONE CALL...ONE COMPANY
81 CLINTON RD. NEW HARTFORD \* (315) 797-1128
WATER DAMAGE, STRUCTURE DRYOUTS,
NEW YORK STATE LICENSED MOLD CONTRACTOR. IF YOUR

HOME IS DAMAGED BY WATER FROM ANY SOURCE YOU NEED
DISASTER SERVICES

# COVID-19 Electrostatic Cleaning & Disinfecting Frozen Pipes:

### What should you do if a water pipe freezes?

You should make sure it never happens again! When the water freezes, it tries to expand inside the pipe. It pushes against the sides of the pipe, as well as any nearby valves, seams and faucets. The freezing action of the water is more than capable of rupturing any pipe.

Unfortunately, a water pipe may freeze even if you have taken precautions. Perhaps you lost electrical power for several hours, the temperature inside your house fell and the pipes froze. Or maybe you left on vacation, turned down the heat and weren't expecting freezing temperatures. Or perhaps your heat tape quit working, and you didn't find out until you discovered none of the faucets worked.

Bear in mind that a frozen pipe doesn't leak – the water is ice. You'll discover you have a leak only after the ice melts. If you're not home, a ruptured pipe can cause a great deal of damage.

### **Thawing A Frozen Pipe:**

CAUTION!: First open the faucet the frozen pipe supplies. The steam you create while heating the pipe can burst the pipe if it doesn't have an escape.

CAUTION!: Do not use a propane torch to thaw out frozen pipes

The safest method to thaw a frozen pipe would be to run a hairdryer slowly up and down the frozen section in the length of the pipe. Make sure you are standing on dry ground. Because you are working this close to water, plug the dryer into a GFCI protected outlet. You will know the pipe is thawed out when water starts to trickle out of the open faucet. Let the water run for a while to completely clear the pipe. Then, close the faucet and check for leaks. Locate the main water shut off before you begin to thaw the pipe, in case the break is large and the main water supply needs to be turned off immediately.

Taking preventive measures before cold weather arrives, you can prevent freezing pipes and the costly damage that goes with them.

Wicked winter weather can cause plumbing pipes to freeze and possibly burst, causing flooding and costly water damage to your home. Taking preventive measures before winter sets in can reduce and eliminate the risk of frozen pipes and other cold-weather threats.

### **How to Protect Your Home From Severe Cold**

Some pipes are more prone to freezing than others because of their location in the home.

Pipes most at risk for freezing include:

Exposed pipes in unheated areas of the home.

Pipes located in exterior walls.

Any plumbing on the exterior of the home.

### **Exposed interior plumbing**

Exposed pipes in the basement are rarely in danger of freezing because they are in a heated portion of the home. But plumbing pipes in an unheated area, such as an attic,

crawl space, and garage, are at risk of freezing.

Often, inexpensive foam pipe insulation is enough for moderately cold climates. For severe climes, opt for wrapping problem pipes with thermostatically controlled heat tape (from \$50 to \$200, depending on length), which will turn on at certain minimum temps.

### **Under-insulated walls**

If pipes traveling in exterior walls have frozen in the past (tell-tale signs include water damage, mold, and moisture build-up), it's probably because of inadequate or improperly installed insulation.

### Heading south for the winter?

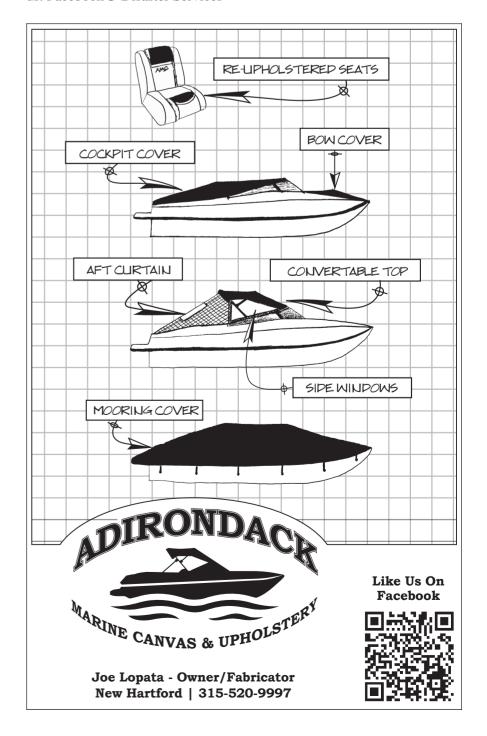
For folks leaving their houses for an extended period of time in winter, additional preventative measures must be taken to adequately protect the home from frozen pipes.

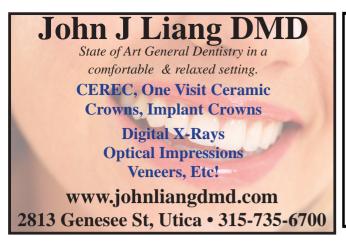
Make sure the furnace is set no lower than 55 degrees.

Shut off the main water supply and drain the system by opening all faucets and flushing the toilets.

For more information on any concerns, please feel free to call Disaster Services. When in need of emergency services, Disaster Services LLC. offers immediate certified response to damage caused by water, fire, smoke and mold. We are recognized by all insurance carriers and work closely with both the home owner and insurance carrier and we guarantee all of our work. Disaster Services is also a licensed N.Y.S. mold remediation contractor. When calling our office, you will always speak to a certified technician not an answering machine. We realize that in your time of need you should be speaking to a live voice, not a machine. When your emergency arises, call us at 315 797-1128... day or night.

E-Mail: disasterservices@adelphia.net. Web Site: www.disasterservices. us. Facebook@ Disaster Services







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DEC. 2020

# **Happy Holidays!**

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### THE TOWN CRIER 31

# Staying Active During the Coronavirus Pandemic

COVID-19 has dramatically altered the way people work and live. Regular schedules that included daily or weekly workouts fell by the wayside when fitness centers had to close, leaving a gap of inactivity for many exercise enthusiasts now seeking to get back on track.

There are many reasons why it is imperative for individuals to maintain a physically active lifestyle regardless of the ongoing pandemic. COVID-19 is a respiratory viral disease with multi-organ involvement resulting in potentially temporary and episodic health challenges such as impaired lung function, physical deconditioning, cognitive impairments, impaired swallow and communication, and mental health disorders.

The very nature of the disease lends itself to unpredictable outcomes. As with many other diseases, maintaining optimal health and wellness is paramount to withstanding the effects of COVID-19. For example, adequate aerobic exercise and strength will improve an individual's ability to recover following an acute occurrence of any illness, including COVID-19.

In addition, it is not a coincidence that the risk for hospitalization and complications of severe illness related to COVID-19 increases with age. As people grow older, they naturally lose strength and endurance. Those at greatest risk for severe complications are adults age 65 and older, persons with chronic diseases (diabetes, heart disease, lung disease), and individuals with compromised immune systems caused by cancer treatments, HIV, or other conditions. The combination of the increased likelihood that individuals develop comorbid diseases with age and decreased aerobic and strength capacity is associated with adverse outcomes.

The physical therapy team at Sitrin is dedicated to helping individuals find safe and convenient ways to stay healthy and active during the pandemic.

"Sitrin physical therapists are fully equipped to assess your strength and endurance, and tailor individualized exercise prescriptions for you to carry out independently in our Wellness gym and pools," Dr. James Wallace, director of clinical rehabilitation at Sitrin, said. "We have strict protocols in place to make sure people are able to safely participate in our programs."

Sitrin follows all social distancing requirements in its

fully-equipped Wellness gym and two aquatic therapy pools.

For more information about scheduling a visit with one of Sitrin's physical therapists, call 315 737-2451.

ABOUT SITRIN: In addition to wellness and aquatic therapy, Sitrin provides a variety of services for people of all ages and abilities, including comprehensive medical rehabilitation (inpatient and outpatient), long-term care, assisted living and enriched housing (Cedarbrook), NeuroCare, residential care for people with intellectual disabilities and medically complex conditions, medical and social model adult day health care (OPAL Program), military rehabilitation, adaptive sports (*STARS* Program), orthopedic injury program, concussion management, child care, and dental clinic. Sitrin is a not-for-profit corporation.



### Utica Zoo Uunveils Bright Nights for the Holiday Season

The Greater Mohawk Valley is starting to shine with the upcoming Holiday Season and the Utica Zoo will be adding to the joyful opportunities for families to make memories!

The zoo is introducing Bright Nights at the Utica Zoo, presented by Baird, and will launch on Friday, November 27th from 5-8 pm and run each Thursday through Sunday until January 3rd. (except Christmas Eve, Christmas Day and New Year's Eve)

The zoo's extended hours will offer nearly a dozen large light displays such as penguin pond, jolly snow family and farming elves invoking the joy of the season through traditional and fun holiday scenes. Animation, bright lights, caroling, fireside pauses, hot drinks, food trucks and more will be enjoyed by all and is included with regular zoo admission.

The evening wouldn't be complete without the jolly man in the red suit; Santa Claus will be at the

zoo nightly along with a giant mailbox for letters to Santa. Santa will collect the letters each night at 6:30 in his sack and on December 20th, he'll take them away with the help of the Utica Fire Department. At 6:45, the reading Twas the Night Before Christmas will be offered; limited numbers available each night and although included in admission, reservations will be required.

The Tree Top Gift Shop at the Utica Zoo will offer new merchandise for unique gift giving, the zoo's winter snowshoe program will be promoted and if snow, offered, and zoo animal adoption and gift-tag trees will be scattered throughout the zoo.

Bright Nights is sponsored thus far by Baird, Bank of Utica, One Realty, First Source Federal Credit Union, McDonald's, BME, Empower Federal Credit Union, Caruso and McLean Investments, NBT Bank, Mohawk Valley Wellness, AMP Medical Associates. Sponsorship packages and various volunteer opportunity signups are available by contacting info@uticazoo.org.

Admission is \$8.00 for adults, \$5.00 for children 2-12 and military and seniors over 62 at \$6.75

Members get 50% off their first purchase of tickets for those listed on their membership using their member ID number.

Purchases can include multiple dates

Pre-purchase of tickets is suggested and available on our website

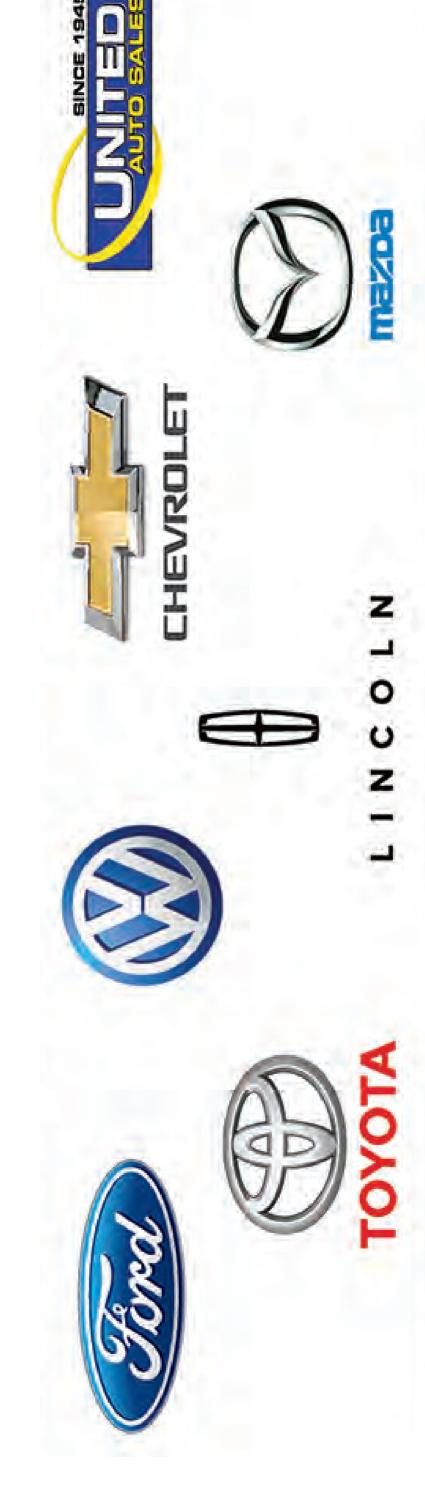
The zoo will maintain its COVID19 precautions to insure the safety of the animals, visitors and staff and to comply with NYS's Executive Order; capacity will be limited to 500 visitors on zoo grounds, masks will be required at all times and guests will visit the zoo in routes that ensure social distancing. To learn more visit www.uticazoo.org/brightnights or call 315--738-0472 and to stay up to date on all that's happening at the Utica Zoo, follow all of the Utica Zoo's social media.

Utica Zoo creates unique experiences and promotes public appreciation of wildlife through education, conservation and recreation. Located in Roscoe Conkling Park, the Utica Zoo was established in 1914 as part of a recreational complex made possible by the donation of land from Thomas R. Proctor. The zoo has grown from its beginnings of three Fallow Deer donated by the New York Zoological Society to its present collection of more than 100 species from around the world.





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