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Vol. 35 No. 3
March 2021

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Railbike Adventures

Adirondack Railroad to offer six-mile Railbike Adventures starting May 8th at Thendara Station

Adirondack Railroad Railbike tickets are going on sale March 1st with the season starting Saturday, May 8th. Adirondack railbikes are a four seat pedal powered vehicle that are designed to allow you to ride and explore sections of the track that are closed off to other traffic, enjoying the beauty of the Adirondacks at a more leisurely pace. Railbikes are proudly manufactured right here in Utica, NY and more are being added for the 2021 season. The total ride is approximately one and a half to two hours long and pricing can be found on our website <https://adirondackscenicrailbikes.com>

“Railbikes are great way to explore the Adirondack Mountains as you pedal along the scenic rails, three miles north of the Thendara station, to a turn around point where you can stop for a break before you turn around and head back to the station,” says Bill Branson, President ASR Board of Directors

Since 1992, The Adirondack Railway Preservation Society (ARPS) that operates the Adirondack Railroad has built a successful tourist attraction, operating on track owned by the State of New York, a former New York Central line located in upstate New York and the Adirondack region.

The Adirondack Railway Preservation Society is a volunteer-based organization. Together with our staff, volunteers have donated approximately 300,000 hours to protect our historic railway and enrich the Adirondack experience for tourists and residents of our region.

Don't Forget Daylight Savings Time Spring Forward on March 14th



Kindergarten

— 2021-22 REGISTRATION NOW OPEN! —

New Hartford Central School District Announces Kindergarten Registration for 2021-2022

The New Hartford Central School District will be accepting Kindergarten registrations for the 2021-2022 school year on March 18, 2021. You may download a registration packet from the district's website (www.newhartfordschools.org and click on the link "Enrollment and Registration" found under the "For Parents" tab) or you may call the elementary office and a registration packet can be mailed to you. To be eligible for Kindergarten in New Hartford, a child must be five years of age by December 1, 2021.

A copy of the birth certificate must be submitted at the time of the registration as proof of age. Also, proof of residence must be submitted, as well as proof of immunization for polio, measles, diphtheria, mumps, rubella, Hepatitis B and varicella. Please mail the completed registration packet to the elementary building where your child will be attending.

Bradley Elementary 33 Oxford Rd. New Hartford, NY 13413 (315) 624-1220

Hughes Elementary 340 Higby Rd. New Hartford, NY 13413 (315) 738-9350

Myles Elementary 100 Clinton Rd. New Hartford, NY 13413 (315) 738-9600

Unprecedented

Art Responds to 2020

Unprecedented: Art Responds to 2020; Call for Entries Open

View, the Center for Arts & Culture in Old Forge, is seeking artists for the upcoming exhibit “Unprecedented: Art Responds to 2020.”

In early 2020, the world experienced a global pandemic. It was also a time of heightened racism and sexism, that along with the pandemic, has provoked major unrest and upheaval. Artists help focus our attention on matters that need to be addressed in society.

View proposes an exhibition of artworks created during and stimulated by this global crisis when artists may have had limited materials but maximum time. View's Unprecedented: Art Responds to 2020 exhibition will bring together these works — from sketchbook collaborations to finished two-dimensional works to new constructions with unfamiliar materials in three dimensions — showcasing the ways in which expression and imagination are manifested in a novel time.

There will be three Jurors for this exhibition including Catherine Tedford, David MacDonald and Stephen Horne.

All submissions must be made through CallforEntry.org (CaFÉ). A non-refundable entry fee of \$35(\$25 for View members) enables the artist to submit up to 2 works. Each artist may submit a total of 5 works at a cost of an additional \$10 per image. Deadline for submission is April 26, 2021.

View is located at 3273 State Route 28 in Old Forge, New York. To learn more about View programming, visit ViewArts.org or call (315) 369-6411.

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After-school Program for Mohawk Valley Area Students in Grades 6-8

The Air Force Research Laboratory Information Directorate's (AFRL/RI) STEM Outreach Program, in partnership with the Griffiss Institute (GI), is thrilled to announce a new STEM initiative for 2021, the Air Force Virtual Engineering Club.

The Air Force Virtual Engineering Club is a free, after-school club designed to engage Mohawk Valley area middle school students in using their minds and hands to learn basic principles of engineering by designing, building, testing, and redesigning their own working devices. The curriculum combines guided investigations with fun, open-ended design challenges, emphasizing hands-on experience in solving practical engineering problems through creativity and the application of scientific ideas.

Up to 20 students, in grades 6-8, will work in online groups, and in solo home activities, using recycled or inexpensive craft materials and simple electronic components to build and test their own engineering creations. Materials will be provided, and no prior experience is required.

"The Air Force Research Laboratory Information Directorate is committed to continuing its STEM outreach in spite of the challenges caused by the COVID-19 pandemic," says Jeff DeMatteis, the AFRL/RI STEM Program Manager.

The Air Force Virtual Engineering Club will run for 8-weeks, on Wednesdays, beginning on Feb. 24, 2021.

- The details are as follows:
 Dates: Wednesday, February 24, 2021
 Wednesday, March 3, 2021
 Wednesday, March 10, 2021
 Wednesday, March 17, 2021
 Wednesday, March 24, 2021
 Wednesday, March 31, 2021
 Wednesday, April 14, 2021
 Wednesday, April 21, 2021

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Time: 3:30 - 5:00 pm
 Place: Online- Zoom Live Stream
 Cost: FREE
 Age Group: Grades 6th - 8th
 Max Club Size: 20 students. Spots will be filled on first-come-first-serve basis.
 Online registration for the virtual club is now open. To learn more and to register, please visit: <https://www.griffissinstitute.org/stem-engineering-club>
 About AFRL STEM Outreach Program
 The goal of the AFRL STEM Outreach Program is to foster a new generation of scientists, mathematicians, engineers and technologists who will one day discover, and problem solve in the nation's defense laboratories and other supporting U.S. companies. In order to achieve this goal, there must be a concerted effort to connect business, government foundations, institutions of higher education, professional organizations, schools, teachers and students. For additional information please visit the STEM initiatives page at www.griffissinstitute.org/stem-programs



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THE TOWN CRIER 3



Sticking with It

submitted by Jim LaFountain, All American Fitness Center

In spite of the millions of dollars spent on eye popping advertisements and empty promises, exercise compliance is still the major issue facing nearly 75% of Americans.

Regardless of what you choose to do, sticking with it is the biggest stumbling block. We've all seen those frustrated souls, who spend hundreds of dollars on flashy home equipment, that within weeks becomes an expensive clothes hanger or garage sale item. It's not easy to commit to something that's mildly uncomfortable and generates results at a snails pace.

Here are some tips to help you stick with it:

*Set realistic goals. Understand that every one of us is limited by our genetic makeup. Our ancestry hands us a non-negotiable set of limitations. It's important to simply be the best possible "you."

*Commit to just show up and warm up. There are days when even the most passionate exercise enthusiast doesn't feel like working out. On most occasions, I have found, once I begin to warm up, I catch fire and have a productive workout.

*Find a partner. Most of us find it difficult to disappoint a friend or partner. On those cold winter mornings, when your bed is just too comfortable, it's easy to blow off a workout. Knowing a partner is waiting for you to train is a tremendous adherence factor.

*Get good information. The internet is flooded with unreliable information, that has no scientific basis. Investing generous amounts of time and energy into fruitless programs is frustrating and pointless. The American College of Sports Medicine and the National Strength and Conditioning Association websites are a good place to collect credible information.

*Engage in a fitness activity that's somewhat enjoyable. Raising one's heart rate and generating increased lactic acid levels does not sound enjoyable, but it is a necessary component in fitness improvement. Finding a mode of exercise that's mildly enjoyable is a must.

*The "no pain, no gain" slogan is nonsense. Only high level athletes should experience the discomfort associated with the build up of lactic acid in their muscles. As I mentioned earlier, mild discomfort should be expected, but excruciating pain should not.

*Understand that exercise is a slow weight loss tool. If weight loss is your goal, it's important to know that engaging in a prudent nutritional program is a must. Exercise encourages a greater loss of fat, but alone it's a painfully slow method for dropping those unwanted pounds.

*Change is a must. A change in program every 6-8 weeks keeps things fresh and increases the odds you'll stick with it.

*Get personal. Although hiring a personal trainer may not be within every one's budget, compliance rates are between 90-99% for those who do.

Hopefully, these tips help you "stick with it."

MVCC Offering Non-credit Exercise Classes Virtually

Mohawk Valley Community College's Center for Corporate and Community Education is holding a variety of virtual exercise classes this spring via Zoom beginning April 12.

- * Mondays: Toning with Tina; Yoga Balance; Yin Yoga; and Pilates
- * Tuesdays: Strengthen, Sculpt and Tone; Yoga Abs; and HIIT
- * Wednesdays: Toning with Tina; Lifefit Yoga
- * Thursdays: Strengthen, Sculpt and Tone; Gentle Flow Yoga; and Zumba
- * Fridays: Toning with Tina

For more information and to register for classes, visit mvcc.edu/cced.

New Hartford Rotary News

What is Rotary? A question we get asked many times. The best "elevator pitch" to describe Rotary is how the Rotary International website explains it. "Rotary is 1.2 million passionate individuals in 35,000+ clubs worldwide. We are both an international organization and a local community leader. Together we lead change in our own backyards and across the world".

New Hartford Rotary is just one of those 35,000+ clubs around the world. Our 21 members are dedicated to helping make our community and the world a better place to live in. Currently, one of the ways we are doing this is by participating in the Great Lakes Watershed Cleanup on Earth Day Weekend April 24, 2021. This is an event where Rotary Clubs in both the U.S. and Canada, that border the Great Lakes or any tributary that runs into the Great Lakes, will spend the day cleaning up their shores and river banks. The New Hartford Club, in conjunction with the Town of New Hartford, plans to clean up the Sauquoit Creek riverbank in the Washington Mills Town Park, and also plant trees to help prevent future soil erosion and assist with environmental sustainability. Also, during 2021, in conjunction with other area clubs, we hope to plant 1000 trees in the CNY area. We encourage participation in all of these events by anyone who has an interest in helping our environment and our community. Or, if you wish, you can support this effort with a monetary donation at our GoFundMe site.

We continue to support our neighbors and businesses in our community. Last summer, it an effort to support local restaurants and families who were being impacted by the pandemic, we donated \$5,000.00 to twenty restaurants in the area and requested that they prepare dinners to feed five families of 4. Rotarians collected the dinners and transported them to The Neighborhood Center, who distributed them to families in need. Currently, we are donating \$500.00 each to Hope House, The Rescue Mission, The Utica Food Pantry and the St. John the Evangelist Food Pantry to assist those facing food insecurity.

And don't forget that we are still collecting shoes to assist 3rd world countries and businesses through the end of March. Donations accepted include all types of shoes, boots, slippers, sandals, sneakers, and soccer cleats. It does not include specialty sport equipment like ski boots or ice skates. Please place the shoes that you are donating in a trash bag. Shoes may be dropped off at The Chowder House, 57 Burrstone Rd., New

York Mills, NY, C. Lewis Tomaselli Architects, 1482 Genesee St., Utica, NY, The Hair Room, 3859 Oneida St., New Hartford, NY or individuals may contact: Ed Gallacher at 315-733-9310 and we will arrange for a pick-up.

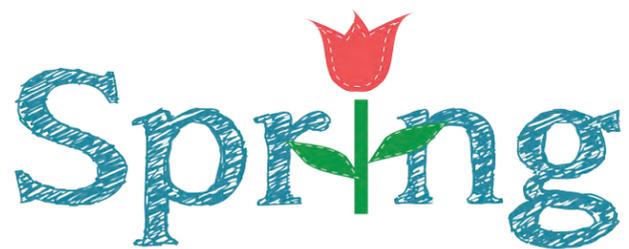
For more information about The Rotary Club of New Hartford, NY you can check our website at <https://newhartfordrotaryclub.com/> or follow us on Facebook at <https://www.facebook.com/NHRotary/>.

Hospice & Palliative Care Needs Volunteers

Hospice & Palliative Care is actively seeking volunteers. While hospice volunteers have a tremendous impact on the lives of the patients, caregivers, and families they serve, the volunteers themselves also benefit from giving of their time and talents. Hospice volunteers commonly share that they have a greater appreciation for life, a deeper understanding and acceptance of the role of death in the process of life and a sense of fulfillment and contribution to the community. There are many different volunteer opportunities including: Patient/Family Volunteers, Administrative Volunteers, Baker's Dozen Volunteers, Meal Volunteers, and many others.

Due to COVID-19 we are unable to visit our patient's homes, but there are still many socially distanced volunteer opportunities to provide support. We are taking all of the proper precautions and keeping our families, staff, and volunteers safe at all times. We will allow in-person volunteer opportunities as soon as it is safe to do so.

Hospice & Palliative Care provides hospice, palliative and bereavement services to the residents of Oneida, Herkimer & Madison Counties. Become a Hospice & Palliative Care, Inc. volunteer now by completing a free, self-paced, comprehensive online training! For more information, contact Amanda Luley at 315-735-6484 ext. 1023 or by email at aluley@hospicecareinc.org.



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4 THE TOWN CRIER

Library News

MARCH
2021



2 Library Lane 315-733-1535

Phased Re-Opening to Begin March 1st

We are happy to announce that we will start our phased re-opening plan on Monday, March 1st. What does this mean?

The Library will be open for browsing and computer usage Monday, Tuesday, Thursday, Friday and Saturday 10:00-1:00.

Curbside Pickup only 1:00-7:00 Monday and Tuesday and 1:00-6:00 Thursday and Friday.

Curbside Pickup will be offered each morning as well (10:00-1:00).

Masks covering both the face and nose are required to enter the building.

We kindly ask that you limit the amount of time in the building to under 30 min.

Computer usage is by appointment only and for 30 min. per each appointment.

Our meeting rooms remain closed.

Library programs will still remain virtual. Our Preschool Projects and Kids' and Adult Grab and Go Projects will still be offered and can be picked up in person during our open hours or by Curbside Pickup.

Tax Form Information

Tax forms will be located outside the upper level entryway doors during our curbside pickup hours. If the library is open you may come into the building to pick up what you need. Don't see a specific form that you need? Please let us know and we will print one for you.

Stay Informed!

The most up to date information regarding closings, reopening, programs and crafts can be found on our website (www.newhartfordpubliclibrary.org) and on our Facebook and Instagram pages. Links to follow us are on the bottom of our website.

Weather Closures

Should the New Hartford Central School District close due to inclement weather, the Library will close as well. Notifications will be posted on WKTV, as well as on our website and social media platforms (Facebook and Instagram).

Snowshoes

Did you know we lend snowshoes? We have three sizes available and ready to check out with your library card! Snowshoes must be picked up and returned at the Library. Please call 315-733-1535 for more information.

Quarantining Items

All items returned to the New Hartford Public Library will be quarantined for 7 days prior to being discharged. After 7 days, we will discharge the items using the original due date.

NHPL Board of Trustees 2021 Meeting Schedule

The New Hartford Public Board of Trustees meets the 3rd Wednesday of each month at 4:30 pm at the New Hartford Public Library.

March 17, 2021, April 21, 2021, May 19, 2021, June 16, 2021, July 21, 2021, August 18, 2021, September 15, 2021, October 20, 2021, November 17, 2021, December 15, 2021.

Used Book Donations

Due to space constraints and quarantine requirements, we are no longer able to accept book donations for the foreseeable future.

Stay Connected With Us!

Be sure to follow us and check out our website to stay connected and informed!

Facebook: www.facebook.com/newhartfordpubliclibrary

Instagram: [new_hartford_public_library](https://www.instagram.com/new_hartford_public_library)

Website: www.newhartfordpubliclibrary.org

Children's Story time on IGTV

Every Thursday on Instagram. Miss Ashlyn will be reading books and posting them on Instagram and IGTV every Thursday on the [New_hartford_public_library](https://www.instagram.com/new_hartford_public_library) Instagram page!

The Preschool Projects

Every Tuesday from Jan 5th through May 4th, we will be offering a project for preschoolers. Please call 315-733-1535 on Tuesday morning beginning at 10:00 to reserve a project. While supplies last!

Grab & Go Project Bags for Kids Winter/Spring schedule

We are offering Grab & Go projects once a month in the Winter/Spring; March 11 – Make a Ninja Kit, April 8 – "Get a Jump on Spring" Planting Kit. Call to reserve beginning at 10:00 on the day of that month's project. While supplies last.

Grab & Go Projects Adults Winter/Spring Schedule

We are offering Grab & Go projects once a month in the Winter/Spring; March 1st – Macramé Kit, April 1st – "Get a Jump on Spring" Planting Kit. Call to reserve beginning at 10:00 on the day of that month's project. While supplies last.

Introducing Binge Boxes!

We are pleased to announce the addition of Binge Boxes to our DVD collection. Each set is centered on a theme and contains 4-6 movies that can be rented for 1 week. We have added 4 boxes so far and will be adding more in the future. Our new additions include Unhinged and In Love (titles include: Obsessed; Unforgettable; Fatal Attraction; Fear; The Boy Next Door; When the Bough Break), 80's Imagination Movies (titles included: The Goonies; Beetlejuice; Weird Science; Ghostbusters), Somethin' Sappy (Titles included: The Notebook; Dirty Dancing; How to Lose a Guy in 10 Days; Never Been Kissed; When Harry Met Sally), and Not on My Street (Titles included: Poltergeist; House; The Amityville Horror; Paranormal Activity).

Have You Signed Up for WOWBRARY Yet?

The New Hartford Public Library is constantly adding new items to its collection. We are proud to now offer you weekly email alerts notifying you of the newest books, DVDs, CDs, and audio books that we purchase each week. We hope you'll enjoy hearing about the many exciting bestsellers, movies, music, and recorded books almost the very moment they arrive at the library.

Whenever you spot something of interest, you'll be able to click instantly and reserve it at your convenience. And of course, like everything else in the library, this service is free!

To get started and see what the emails look like, just visit www.wowbrary.org. You can unsubscribe from the weekly emails any time you wish.

Our library is excited to offer this new service and wishes to thank the Friends of the New Hartford Public Library for generously providing this service for our patrons.

Book Clubs

Are you in a book club or looking to start one? Many book clubs are meeting virtually during the pandemic. If your club needs to order books or if you are interested in starting a book club, please call the Library and ask to speak to our Book Club Coordinator, Tanya. 315-733-1535

Women (and Men) of Mystery on Zoom!

Saturday, March 27th at 11:00-12:00; Librarians to the Rescue: Con Lehane, Jo Dereske, Charlene Harris, and Miriam Grace Manfredo. Participants will meet via Zoom. This class is led by Janet Hoover, and registration is required. Call the NHPL at 315-733-1535 to register, or go to our website and complete the registration form online. Participants will be emailed the meeting details.

Yoga for seniors

Join Bill Skinner every Monday at 3:00pm for a virtual Yoga program geared towards seniors! Participants will meet via Zoom. Please call the Library at 315-733-1535 to register for the class. A Zoom invite will be emailed to you.

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MARCH
2021

Community News

THE TOWN CRIER 5

PT Can Prevent Unnecessary Surgery

submitted by Helen Sarandrea, Physical Therapy and Sports Medicine

Recent research is showing that surgery might not be needed as often as we think. A large review estimates that 10% to 20% of surgeries might be unnecessary and that in some specialties such as cardiology and orthopedics, that number might be higher. The reasons for so many unneeded surgeries being performed are varied, but the most common are that more conservative options aren't tried first, or lack of knowledge by the operating physician.

Physicians undergo long and rigorous training programs to become surgeons, but if they don't work hard to keep learning, their knowledge often stops growing when they leave residency. Recent research is showing that certain common surgeries aren't any better than a placebo. Two such examples are kyphoplasty - a procedure for spinal compression fractures, and partial meniscectomy - a procedure used to treat tears of the meniscus in the knee. If a surgeon hasn't continued to

learn, they won't know that these surgeries often don't offer any more benefit than a non-surgical treatment and will continue to perform them.

Every surgery, even "minor" ones carry risks. These include complications from anesthesia, blood clots after surgery, delayed healing of the incision, infection, and unintended damage to nerves or other organs near the surgical site. Some of these risks cause discomfort for a period after surgery and go away, but others can result in permanent disability or even death. For some patients and conditions, surgery is a great treatment option, but with all the associated risks, when surgery can be avoided, it should be.

For musculoskeletal problems like back and joint pain, sprains, and strains, seeing your PT before a surgeon can help keep you out of the operating room and get you back to life without surgery. Studies have shown that physical therapy is just as good if not better than surgery for a multitude of conditions and carries less risk. Some examples would include rotator cuff tears, meniscal tears, spinal stenosis, low back pain,

and osteoarthritis.

Physical therapy can't fix every problem, and for some patients surgery is the best choice. However, research is showing that surgery isn't a cure-all, and is sometimes just a very expensive and risky placebo. In most cases, starting with physical therapy is the right choice, and for many patients, PT is the only treatment necessary.



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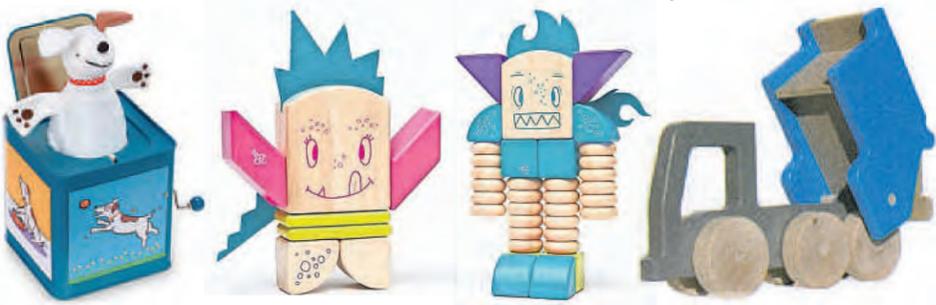
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Weather Permitting Returning on Thursday, April 1st
Making Regular Stops on Thursdays
8am-12:30pm at New Hartford Shopping Center
1-2:30 at Agway Parking Lot - Kirkland Road



Sandy Ciancaglini

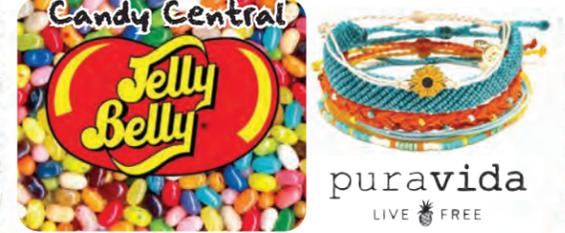


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Fink Named to Dean's List

Andrew Fink of New Hartford has been named to the University of Delaware Dean's List for the Fall 2020 semester.

To meet eligibility requirements for the Dean's List, a student must be enrolled full-time and earn a GPA of 3.5 or above (on a 4.0 scale) for the semester.



New Hartford News

Submitted by Highway Superintendent, Richard Sherman

Though there is still snow on the ground, we have been working to get everyone our new 2021 green waste and brush schedule which should be enclosed and be available on the Town's web site. If you didn't receive one with the Town Crier, please call my office and we will send you a schedule or drop it off at your residence.

The trash drop off at the New Hartford Highway Garage on New Hartford Street will continue on Mondays from 7 a.m. to 2:30 p.m. and will begin April 5th. If a Monday is a holiday, the drop off will be on Tuesday. The enclosed schedule will tell you what is acceptable and what we don't accept.

Once again, we are offering to pick an item up from your house for a fee. A tag may be purchased from the Town Clerk's Office by the Friday before the scheduled Monday. The tags this year continue to be \$5.00 per item to be picked up. The Clerk's office is located at 8635 Clinton Street at Town Hall the Old Gander Mountain Building and is open from 8:00 a.m. to 4:00 p.m.

Last month I talked about the new street sweepers, and as weather permits this spring, they will be out cleaning our streets. This year, I and your Highway Crew will be concentrating on curb appeal on Town streets. Once

the spring cleanup is done, the street sweepers will be cleaning the streets after the brush trucks and green waste trucks come through your neighborhood.

At the February 10th Town Board Meeting, your Town Board approved the Sewer pump station upgrade with new power boxes, new pumps, new electrical components, and a new diesel generator. This new upgrade will be on the Homestead Rd Cul-De-Sac and will help us meet the higher standards of today.

Please call me at 315-534-2998 or e-mail me at rsherman@townofnewhartfordny.gov if you have any town issues. Have a great rest of the winter and be safe!



Sitrin Outpatient Services - Variety and Convenience in one Location

For nearly 25 years, Sitrin has helped people of all ages achieve their recovery and wellness goals through its Comprehensive Outpatient Rehabilitation Facility (CORF). Conveniently located on one floor of the facility, patients can receive a variety of services including physical, occupational and speech therapy, pediatric therapy, aquatic therapy, and medical nutrition therapy.

Sitrin also keeps patients' lives in balance through its Equili·BRAIN·ium concussion management program, which is focused on making appropriate clinical decisions for when it is safe for athletes and individuals to return to the field of play or everyday activities.

A hallmark of Sitrin is its personalized recovery plans. Sitrin's rehabilitation team thoroughly evaluates patients and develops individualized care plans based on their therapeutic needs. Centering on one-on-one care, patients receive undivided attention from their therapists throughout each scheduled appointment.

"At Sitrin, we tailor each patient's therapy to their specific needs," Dr. James Wallace, director of clinical rehabilitation, said. "As patients progress through their therapy regimens, we evaluate outcomes at every stage to ensure that goals are being met."

Sitrin's CORF also includes a newly renovated Wellness and Aquatic Center with a fully equipped gym, specialized exercise equipment, and two in-ground heated therapy pools. Membership to Sitrin's Wellness and Aquatic Center is open to the community. Persons must be 13 years of age or older to join.

In addition to its core services, Sitrin offers clinics for highly specialized care. Sitrin's staff psychologist, Dr. Joanne Joseph, provides diagnostic and treatment services for children (ages five through 17) who have Attention Deficit Syndrome (ADS). Dr. Joseph also sees patients in need of psychological care. She helps those with Attention Deficit Disorder (ADD), Attention Deficit Hyperactivity Disorder (ADHD), Fibromyalgia and other medical rehabilitative diagnoses.

Lastly, Sitrin's Dental Clinic provides comprehensive services to individuals of all ages, as well as those with complex medical conditions. Sitrin's Dental Clinic is equipped with state-of-the-art technology, including digital x-ray equipment designed to minimize radiation exposure, and computerized dental charting and scheduling. Sitrin welcomes new patients, especially families seeking high quality dental care.

For more information about Sitrin's Outpatient services, call (315) 737-2246.

ABOUT SITRIN: Sitrin provides a variety of services for people of all ages and abilities, including comprehensive medical rehabilitation (inpatient and outpatient), long-term care, assisted living and enriched housing (Cedarbrook), NeuroCare, residential care for people with intellectual disabilities and medically complex conditions, medical and social model adult day health care (OPAL Program), military rehabilitation, adaptive sports (STARS Program), a Wellness and Aquatic Center, orthopedic injury program, concussion management, child care, and dental clinic. Sitrin is a not-for-profit corporation.




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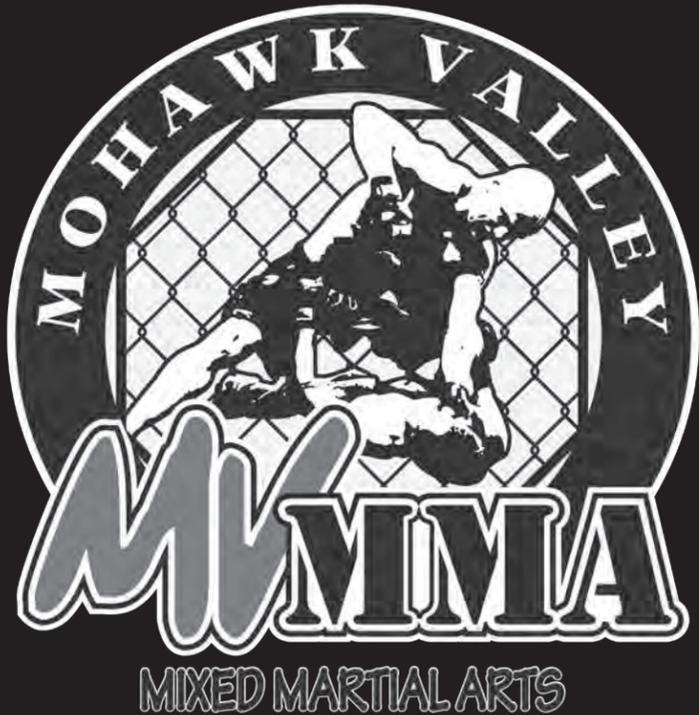
BY THE FACTS:



As a result of our new restrictions, gyms are now one of the lowest known drivers of clusters, with only five known clusters.



The data shows there is less spread within these clusters.



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Judge Joan Shkane

This is a continuing discussion of Legal Myths and Reality, because those informed are always the most successful.

MYTH: An adult incapacitated person with a significant developmental disability cannot be adopted because the adult's consent is required, and an incapacitated person cannot legally consent.

REALITY: An adult in New York State can be adopted. This law has been used for various reasons, including, but not limited to, instead of marriage before LGBTQ persons could legally marry. However, it has long been the law that the adult person's consent is required if the adoptee is over 14 years

old. The law also provides that a judge can proceed without the incapacitated adult's consent under certain undefined circumstances. Sometimes New York's highest court makes a decision on the exact definition and appropriateness of a law. Sometimes the court speaks on appropriate procedure for all courts to follow. New York's highest court has recently considered the issue of absence of consent to adopt because of incapacitation. The Court of Appeals now confirms that, indeed, a court can order an adult adoption without the consent of the adoptee in certain circumstances, and explores those circumstances. The subject case involved an adult woman who suffered from a significant developmental disability. Because of the severe disability she was unable to give her consent to the adoption by petitioners who had operated a Family Care home and had custody of the adoptee since she was a child. Her disability made her non-verbal. She had no living relatives. The petitioners wanted to provide permanency for the adoptee, who was 66 years old. After procedural steps, including a hearing, the Court found that there was a lot of love between the adoptee and the petitioners, and that the petitioners could financially support the adoptee. The next step was a hearing to decide if the adoption was in the adoptee's best interest. This is the same standard used in a child custody dispute, among other types of cases. "Best interest" is an international standard, used in many parts of the world in many types of cases. The trial court found that adoption was in the best interest of the adoptee, even though she was unable to consent. The Court of Appeals decided that permitting the adoption without consent was best for this particular adoptee. Most importantly, the Court laid out the appropriate steps to be followed in future cases of this sort, including a best interest hearing. This will be a guide to all lower court judges in the future, and to lawyers, on how to proceed. The Court of Appeals made clear the law and the correct way to proceed.

MYTH: If you have placed an order with Amazon for a product and the product is not satisfactory, you are unable to sue Amazon for credit or other satisfaction, but must try to figure out, if you can, who made the product and who distributed it.

REALITY: This area of the law is known as product liability law. Under this law those who make, distribute or sell a defective product are liable for harm caused by the product. The legal theory is that an injured buyer should not have to figure out who specifically to sue for injuries. The consumer can sue anyone in a chain of distribution of a defective product. That entity can then sue other responsible entities, and ultimately the real responsible party will be sorted out and part of the lawsuit. This is helpful to a consumer when it is not clear who the responsible party is, or when the responsible party is not within the jurisdiction (power to decide) of New York State. This can apply to a product made in another state, or another country, for instance, China.

For the first time a New York State trial level court decided that Amazon is liable for injuries caused by a defective product offered on its website by a third party vendor. New York joins only several other state's courts that agree. (California agrees, Ohio does not, and cases in other states are pending.) This decision is not binding on other New York courts because it is trial level, not appellate level, and is subject to further arguments based on facts and legitimate defenses. However, its expansion to include Amazon is groundbreaking.

The legal issue is what is the definition of "seller" within the law. With respect to Amazon, for some of the products they offer on their website, they are clearly the seller. With other products, the product is sold by third-party merchants who have a contract with Amazon that Amazon will list products, and fulfill orders, including taking payment. Amazon has often claimed that it is not a seller when they just list a product, process a payment and fulfill an order. If a future appellate court agrees with the trial level court, then consumers in New York State can look to Amazon to make good on the product, regardless of who made it and sent it to the consumer. An important consumer protection law. Thank the Hon. Gerard Neri of Onondaga County!

Myth: New York State courts are not in touch with reality on the ground.

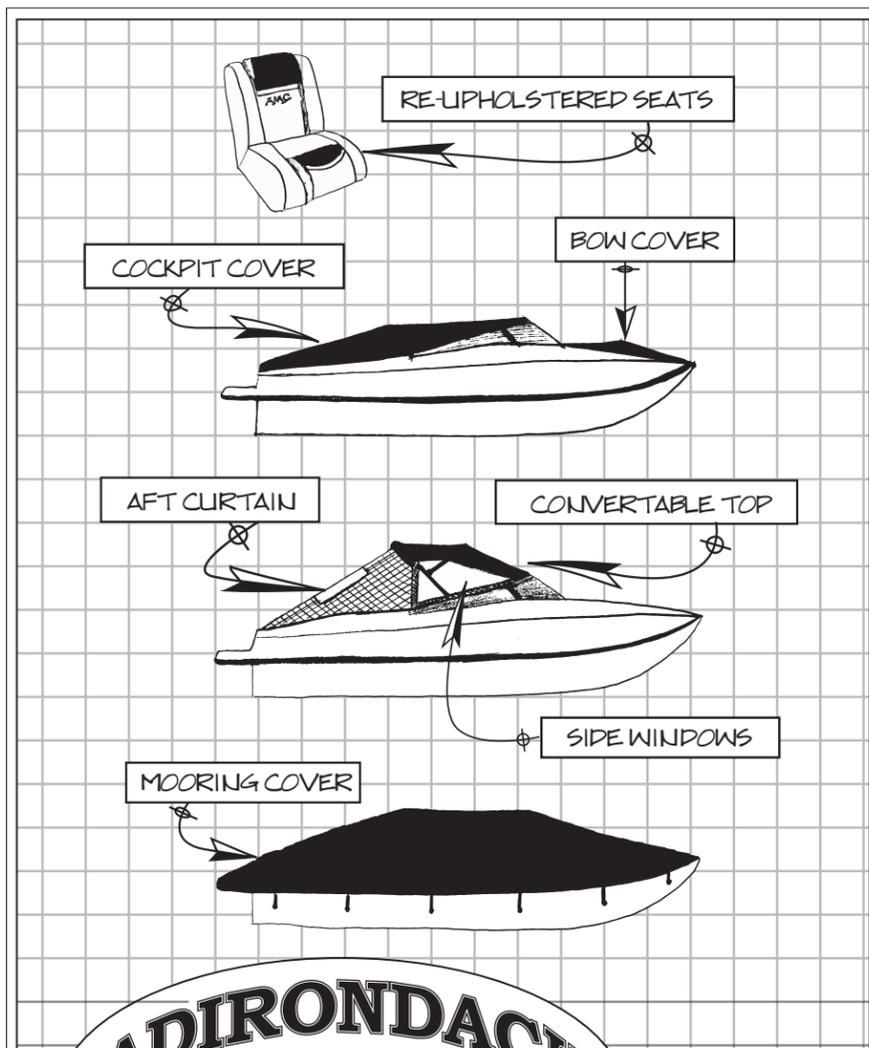
REALITY: In 2020, New York State asked former Homeland Security Secretary Honorable Jeh Johnson to chair a task force on the existence of racism in the court system. Stakeholders across the State were asked to weigh in on the issue, and hundreds of private persons were interviewed. The result was an in-depth report. The committee reported to the Chief Judge of New York that racism is pervasive. Not a surprise to those who work in the system. The commission proposed methods to fight racism in the courts, including mandatory bias training and improving the system

for filing complaints. Within the last decade I had the privilege of spending a training weekend in the company of Justice Edwina Mendelson, the Deputy Chief Administrative Judge for Justice Initiatives. (She was then a Family Court Judge.) She is smart, kind, and very good natured! She actively participated in Secretary Johnson's study and recounted some of her experiences. She told how she was repeatedly excluded in the courts as a lawyer, which she attributed to her race and gender. One time she was asked to wait outside the courtroom until her case was ready to proceed, while other White or male attorneys were allowed to move freely between waiting area and courtroom. Some other events she recounted were not so subtle.

Based on the interviews and testimony Secretary Johnson's committee found racial disparities pervasive in the legal system. It is found in the staff, and among judges. They also found racism against attorneys, court officers, defendants and visitors of color. The Chief Judge will be acting on this report to improve access to justice for all New Yorkers, thereby trying to bring reality to the court system.

Giving attention to legal myths is not wrong. It can be a starting point for developing an interest in the law. However, if specific legal issues are important in your life, for instance, regarding custody of children or money payable for any reason, it is wise to consult a lawyer who can advise you on the truth of legal myths. This discussion is not intended to render legal advice on specific cases or to express an opinion on any specific case.

Daylight Savings Time
March 14, 2021



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MARCH
2021

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THE TOWN CRIER

11

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March 13 & March 27

Hours of Operation: 10:00 AM to 12 noon

The food pantry is located at: St John The Evangelist Church, 66 Oxford Rd, New Hartford, NY.

Follow the signs to the driveway in the back during open hours.

In the event of food emergency issues, please contact the St John's rectory from 9AM to 2 PM Monday through Thursday at 315-732-8521.

If this is your first visit, please bring proof of address.

If you do not have a permanent address, just come in. We will assist.

If you are unsure of eligibility, just come in. We will assist.

2020 -2021 TEFAP INCOME GUIDELINES

Household Size	Income	
	Annually	Monthly
1	\$25,520	\$2,127
2	\$34,480	\$2,873
3	\$43,440	\$3,620
4	\$52,400	\$4,367
5	\$61,360	\$5,113
6	\$70,320	\$5,860
Each Additional add	\$8,960	\$746

This table shows a yearly gross income for each family size. If your household is at or below the income listed for the number of people in your household, you are eligible to receive food.



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Greater Utica - Rome Area Stroke Conversation Series Session 1:
Tuesday, March 2nd
12:00-1:30 PM

Radiothon:
Friday, March 5th
6AM-6PM
Call in number: 866 ♥ 716 ♥ WIBX

Telethon:
Thursday, March 11th
6:30AM-9:00PM
Call in number: 866 ♥ 374 ♥ WKTU

Greater Utica - Rome Area Stroke Conversation Series Session 2:
Tuesday, April 6th
12:00-1:30 PM

Heart Run and Walk Health Expo
Monday, May 10th - Friday May 14th

Greater Utica - Rome Area Stroke Conversation Series Session 3:
Tuesday, May 11th
12:00-1:30 PM

America's Greatest Heart Run and Walk:
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Little Adventurers from 3:00pm-5:30pm

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Before Care - Available Mon-Fri at 7:30am
Bus will pick up students from St. John's and drop off at School

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Cristin Heselton, Director

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New Hartford Questers Needs You

The J. Schoolcraft Sherman #1519 Chapter of the Questers is an organization in New Hartford dedicated to preservation, restoration and education of historical places, artifacts and antiques. We hold

meetings the first Monday of each month (except July and August). We have been meeting by Zoom in recent months.

The dues for 2021-22 are just \$28. This includes membership in Questers International, a quarterly newsletter, access to research papers on every antique imaginable and the pride of belonging to a close knit group of individuals with a common interest.

Visit us on Facebook by searching “lovoldstuff” or visit the Questers website at questers1944.org. If you have any interest in joining our group, email me at vjfariello@gmail.com.



Dr. Lori is an antiques appraiser with her own YouTube channel and a huge following of fans

Meet Dr. Lori

Chances are you haven't heard of Dr. Lori Verderame. You may know her by her more popular name, “Dr. Lori.” She is a PhD antiques appraiser with her own YouTube channel. She also does over 20,000 in-person appraisals per year at traveling shows she bills as “Dr. Lori’s Antiques Appraisal Comedy Show,” where attendees bring an item for her to evaluate.

Those shows make up a lot of the content on her YouTube channel. These taped sessions are amazing to watch. Her knowledge and expertise on glassware, pottery and all kinds of antiques and collectibles will both astound and educate you. She imparts her knowledge in a fun and entertaining style.

With a slew of degrees, including a doctorate in Art and Architectural History, she is definitely one of the smartest antiques appraiser in the business. But she is able to convey that knowledge in a manner that is easy

to understand and fun to watch.

Check our Dr. Lori on YouTube and visit her website at DrLoriV.com. You won't regret it!

Happy Collecting!

Support Your Historical Society!

If you haven't already done so, why not renew or start your membership in the NH Historical Society. The cost is \$12 for an individual, \$17 for a family and \$2 for students. Make your check payable to ‘NH Historical Society’ and mail to PO Box 238, New Hartford, NY 13413.

Victor J. Fariello Jr. is a lifelong resident of New Hartford and has been a collector and dealer of antiques for many years. He is a past officer and member of the New Hartford Historical Society and is the Charter President of the J. Schoolcraft Sherman Chapter #1519 of The Questers, an International organization for people who love antiques and have a commitment to preservation. Questions on anything related to antiques can be sent to him at PO Box 194, Washington Mills, NY 13479 or by email to vjfariello@gmail.com. Any photos submitted will be returned upon request.

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MARCH
2021

NH Fire Dept. News

THE TOWN CRIER 15

NHFD News

January 2021 began another busy month (and year) for your New Hartford Volunteer Fire Department as indicated by the monthly call report listed below by category. In fact, the department answered a record 102 calls for the month.

Fires	=	2
EMS	=	54
Hazardous	=	2
Service Type	=	22
Good Intent	=	6
Other Alarms	=	16
Weather Related	=	0
Other	=	0

Total Calls for the Month of January 2021 = 102.

Some of the calls listed above - such as Fires, EMS, and Hazardous - are self-explanatory. Others such as Service, Good Intent and Other Alarms are not. Service Calls includes water or animal problems, public assistance or standbys. Good Intent refers to responding but did not find anything or canceled in route. Other alarms include explosions, carbon monoxide, smoke or sprinkler detector activations.

The figures above do not include other activities by members of the department such as Fire Prevention details, training, parades, Open House and other various department committee meetings that take place throughout the year.

Fire Risk Management in the Home

from the Fire Chief's Desk

According to NFPA (Ahrens and Evarts, 2020), local fire departments responded to an estimated 1.3 million fires in 2019. These fires caused roughly 3,700 civilian fire deaths and 16,600 reported civilian fire injuries. Property damage was estimated at \$14.8 billion.

On average, a fire department responded to a fire somewhere in the US every 24 seconds in 2019. A home structure fire was reported every 93 seconds, a home fire death occurred every three hours and 10 minutes, and a home fire injury occurred every 43 minutes.

In 2019 a civilian was fatally injured in a fire every two hours and 22 minutes. Every 32 minutes, a civilian suffered a non-fatal fire injury.

Fire risk management practice can reduce the possibility of fire in the home, which in turn reduces the likelihood of a fire related injury.

When cooking, make fire safety a priority by keeping these tips in mind:

Be alert; if you are sleepy or have consumed alcohol, don't use the oven or stovetop,

Stay in the kitchen while you are frying, grilling, boiling or broiling food,

When simmering, baking or roasting, check the food regularly, remain in the kitchen while cooking and use a timer,

Keep anything that can catch fire away from your stovetop.

Heating is the second leading cause of home fires. Follow these tips:

Keep all flammables, like paper, clothing, bedding, drapes or rugs, at least 3 feet from a space heater, stove or fireplace, Never leave portable heaters and fireplaces unattended; turn off heaters and make sure fireplace embers are extinguished before leaving the

room, If you must use a space heater, place it on a level, nonflammable surface, like ceramic tile, not on a rug or carpet, Keep children and pets away from space heaters, When buying a space heater, look for models that shut off automatically if the heater falls over.

In addition to cooking, other top causes of fires include smoking, electrical problems and candles. To minimize risks:

Institute a "no smoking" policy in the house, Check all cords and replace any that are frayed or have bare wires, Switch to flameless candles, Keep matches and lighters high and out of children's reach in a locked cabinet.

Working Smoke Alarms Are a Must. Smoke alarms are a key part of a home fire escape plan providing early warning reducing your risk of dying in a fire. The National Fire Protection Administration recommends you:

Install smoke alarms on every level of your home, inside bedrooms and outside sleeping areas on the ceiling or high on the wall, Keep smoke alarms away from the kitchen, at least 10 feet from the stove, to reduce false alarms, Use special alarms with strobe lights and bed shakers for people who are hard of hearing or deaf, Test smoke alarms monthly, Replace batteries annually, and change the batteries in your carbon monoxide detector at the same time, Replace smoke alarms that are 10 or more years old.

Reference: Ahrens, M. and Evarts, B. (2020). Fire Loss in the United States During 2019. NFPA Research, 1-10.

For more information on The New Hartford Volunteer Fire Department please visit us at: www.nhfd.com.

Build Your Own Hospital Contest

The Mohawk Valley Health System (MVHS), along with new medical center project partners, Hammes Healthcare and Gilbane Building Company, is holding a Build Your Own Hospital contest for kids in grades K-8. This fun project is being held in preparation for Women in Construction Week 2021 (March 7 - 13) to get more kids and young girls interested in the building and construction industry. Entries will be accepted from Monday, February 22, through Monday, March 15, 2021. Prizes will be awarded to the top three submissions and the winners will be announced through the MVHS website and social media channels on Monday, March 29, 2021.

"Women in Construction Week is an excellent opportunity to not only highlight the amazing women that work in this industry, but to bring attention to the industry as a whole and encourage the younger generations to learn more," said Hisa Zhu, project executive for Hammes Healthcare. "It is our hope that this contest will not only help kids understand all that goes into a large project like the new MVHS Regional Medical Center, but will give them something creative and fun to work on."

Here's How to Participate:

1. Use materials you find around the house!

2. Make sure your hospital has:

- Main Entrance
- Ambulance/Emergency Department Entrance
- Helipad

• Patient Tower (Ours has nine floors! How many will yours have?)

• Greenspace (a park or garden area with plants or grass to relax!)

• Signage (Visit mvhealthsystem.org/build-a-hospital for printable signs to attach to your creation)

1. Submit a Photo of Your Creation to: MVHS@GilbaneCo.com

Visit mvhealthsystem.org/build-a-hospital for more information and resources.

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MON., MARCH 15, 10 A.M. - Preview: 9-10 A.M.

Auctioning: 350+/- Cushion chairs, 40-5' Rd. folding tables, SS ice bins, 2-3 Bay dbl. drainboard bar sinks, 2-BeverageAir back bar beer coolers, 8-4'x8' Aluminum stage sec. w/adj. legs, Svc. for 400 in china; decorations, Office equipment, Wireless microphones, Curtis coffee urn, waitress stands, Follett ice machine w/1,000 lb. bin, SS chafing pans, Champagne fountain, plate chiller, metro racks, Cleveland convection steamer, sm. glass door refrigerator, Winston proof/warmer SS cabinet, 2-Imperial Nat. gas convection ovens, Blodgett multi deck roasting oven, 2-Garland 50 lb. Nat. gas deep fryers, Baker's Pride Char broiler, 2-6 Burner Nat. gas American Range ovens; dbl. pasta cooker, 30' SS work line w/Butcher block tops, Refrigerated cabinets, 4-4 Bay Steam tables, 30' Dbl. SS shelves w/warming lights; 30' SS exhaust hood w/wet Ansul system & SS backsplash; SS slicer, SS work tables, C-44 Hobart Dish washing system w/in & out SS tables; 9'1-2 & 3 Bay SS sink w/dbl. drainboards; 3'-8'1 SS Dbl. shelf storage cabinets; 2-4'1 SS ice bins w/drainboards, 6-TE-2200 Elec. cash registers, plus more!

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We will be adhering to all Approved CDC requirements pertaining to the Covid-19 protocol at our auctions and masks are required at all times!

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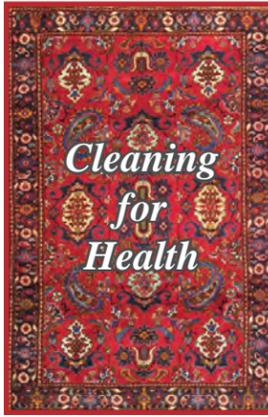
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MARCH
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Senior Center News

THE TOWN CRIER 17

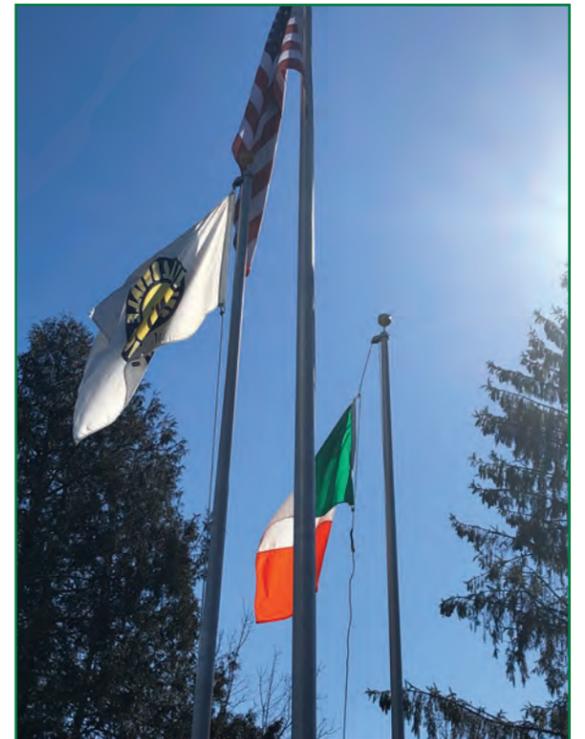
NH Senior Center News

submitted by the staff at Senior Center

The staff at the New Hartford Senior Center hopes that you are doing well, staying safe and healthy. Please continue to wear your mask and practice safe distancing. We recommend that you get the vaccine as soon as you can. It has been hard for our seniors to register on line for an appointment, so we thank the OFA for the phone calls to our seniors to help them get signed up. If you are still having trouble, the county asks that you call 315-798-5431, or go online to www.ocgov.net and someone will help you. Several seniors have called to ask about the AARP tax preparation for this spring. We are sorry to say that our center will not be open to sponsor this. We have been told to have you call 211 to find out more info on this program. We have also been alerted to many scams that are targeting seniors, please do not give out any information over the phone. This includes Medicare and Excellus as they would not call and ask you for information over the phone.

We were very sorry to hear that John Leech passed away. He was so good about bringing his mom, Beulah, to the Center for lunch and socializing with her friends when we were at St. Johns Center. Our sympathies go out to his family.

We will keep you updated on any news about re-opening. Please stay safe and healthy so that we will all be able to get together again soon.



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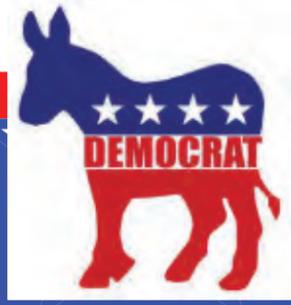
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moisture meters to evaluate moisture in wall, ceiling cavities and under flooring. This prevents or limits the expensive and unnecessary process of demolition.

Here are some precautions to start with until help arrives:

- Shut off the water source, if possible.
- Protect your property from further damage with temporary, reasonable and necessary repairs, like plywood or plastic covers over roof or wall openings.
- Move household items to an undamaged area of your home or cover them with plastic. Mop, blot up as much water as possible.
- Don't leave books, magazines or other colored items on wet carpeting. Remove oriental or other colored throw rugs from wet wall-to-wall carpeting. Remove the pad from under saturated carpets Place wood blocks or aluminum foil between furniture legs and wet carpeting.
- Make small holes in sagging ceilings to get rid of trapped water. Be sure to put a pan or bucket below to catch the water before you make a hole. And don't turn on a ceiling fixture if the ceiling is wet – don't mix water and electricity!

For more information on any concerns, please feel free to call Disaster Services. When in need of emergency services, Disaster Services LLC. offers immediate response to damage caused by water, fire, wind, smoke and mold. We are recognized by all insurance carriers and work closely with both the home owner and insurance carrier to get the job done correctly and all of our work is guaranteed. Disaster Services is also a licensed N.Y.S. mold remediation contractor. When calling our office, you will always speak to a certified technician not an answering machine. We realize that in your time of need you should be speaking to a live voice, not a machine. When your emergency arises, call us at 315-797-1128... day or night.

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HOW TO PROTECT YOUR HOME FROM SEVERE COLD:

Some pipes are more prone to freezing than others because of their location in the home.

Pipes most at risk for freezing include:

- Exposed pipes in unheated areas of the home.
- Pipes located in exterior walls.
- Any plumbing on the exterior of the home.

EXPOSED PLUMBING:

Exposed pipes in the basement are rarely in danger of freezing because they are in a heated portion of the home. But plumbing pipes in an unheated area, such as an attic, crawl space, and garage, are at risk of freezing.

Often, inexpensive foam pipe insulation is enough for moderately cold climates. For severe climates, opt for wrapping problem pipes with thermostatically controlled heat tape (from \$50 to \$200, depending on length), which will turn on at certain minimum temps.

WHAT IS AN ICE DAM ?

An ice dam is a ridge of ice that forms at the edge of a roof and prevents melting snow (water) from draining off the roof. The water that backs up behind the dam can leak into a home and cause damage to walls, ceilings, insulation, and other areas. Moisture entering the home from ice dams can lead to the growth of mold and mildew. These biologicals can cause respiratory problems. It is important that the growth of mold and mildew be prevented. This can be done by immediately drying out portions of the house that are wet or damp.

Emergency tips

If you discover a build-up of water on the floor, find standing water in your home or experience severe, sudden and accidental water damage, it is best to call in a professional mitigation company to access the damage and explain your options to you. At Disaster Services we use state of the art thermal imaging and precise

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Living at Home, Not in a Home Choice. Independence. Safety

Independent Living Centers (ILCs) Across NYS Launch Campaign to Raise Awareness of the Need for NYS to Transition Away From Nursing Home Placement and Shift to A Greater Focus on Independent Living

The COVID-19 pandemic has illuminated problems that have existed in New York's nursing homes for years, including understaffing and poor infection control, which has led to over 7,000 deaths to date during the pandemic. A new statewide advertising, public relations and grassroots campaign has been launched to make sure that New Yorkers are aware that there are considerable options to help them live safely at home, rather than nursing homes or group homes. The Resource Center for Independent Living (RCIL) is an active participant in the campaign.

"New Yorkers need to know that there are a variety of supports and services that can help them live at home. We've witnessed during the pandemic how dangerous nursing homes can be, and there is no reason people need to end up in a nursing home," said Lindsay Miller, executive director of the New York Association on Independent Living (NYAIL).

"Independent Living Centers, like RCIL, provide the vital services and supports that are required to help seniors and individuals with disabilities remain living in their own homes and communities, as well helping individuals safely move out of nursing homes and other long term care institutions and back into the community. RCIL is committed to ensuring that the rights of individuals with disabilities are respected, and that includes their rights to independence; making their own choices and choosing where they want to live", said RCIL CEO Zvia McCormick.

Over the last 20 years, the work of New York's Independent Living Centers to transition and divert people with disabilities from institutional placements and into their own homes has saved New York State more than \$2.5 billion, according to the New York State Education Department ACCES-VR.

"We should be investing in choices that keep New Yorkers independent and safe," said Miller. "These are scary times for all of us and we need to make better choices for the sake of our family members and neighbors."

Independent Living Centers need resources to continue helping people safely move out of nursing homes and other institutions. Their lives may depend on it. Find more information and join us in urging Governor Cuomo to invest in Independent Living by visiting www.NYLiveatHome.org.

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Worship Schedule

9 am Classic Worship

10:00 am Coffee Hour

10 am Adult Sunday School

11 am Xalt Praise Service

11:15 am Children's Church

Noon Youth Group Meeting

Communion offered 1st Sunday of each month.

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www.firstumconline.org

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66 Oxford Road - 732-8521

Rev. Kevin Bunker, Pastor

Cheryl Smith Dir. of Faith Formation

Saturday: Vigil, 5:15 p.m. Confessions 4:15pm

Sunday Masses: 8am & 11am

Mon-Thurs Masses: 9:10am

We are handicapped accessible!

HOPE ALLIANCE CHURCH

4291 Middle Settlement Road, P.O. Box 626, N.H.

General Office: 315-732-1349

hopealliance4291@gmail.com

www.hopealliancecny.com

Rev. Andy Ward, Pastor

Morning Worship: 9:30am

Communion First Sunday of the Month.

Fridays: Christian Service Brigade - 7pm

Sundays: Jr. & Sr. High Youth Fellowship - 6pm

Hope Alliance Church is handicapped accessible.

ST. THOMAS CHURCH

150 Clinton Road - 735-8381

stthomasnh@syrдио.org

Pastor: Rev. David Sears

Saturday Vigil: 4 p.m.

Sunday Mass: 9:00 a.m.

Confessions: Sat. 4:45-5:15 p.m.

Holy Day Schedule:

Holy Day Masses 12 noon

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Sunday Service of Holy Communion at 10am followed by

fellowship

Al-Anon Meetings: Sundays at 5pm & Thursdays at 5:30pm

AA Meetings: Sundays at 8pm

Yoga by Kristy: Tuesdays at 5:30pm & Thursdays at 9:30am

EGA Meetings: 1st Mondays of the Month

St. Stephen's is handicapped accessible.

ST. GEORGE'S EPISCOPAL CHURCH

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Holy Eucharist Every 2nd and 4th Sunday

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9501 Weston Rd., NH (Next to Perry Jr. High), (315) 737-5222

www.ibcfamily.com E-mail: info@ibcfamily.com

Sunday School for all ages: 9:00 am - 9:45 am

Sunday Morning Worship Service 10:00 am

Nursery, Preschool and Children's Worship hour: 10:00 am

Prayer meeting held every Wednesday at 6:30 pm

Youth Group for ages 12 and up meets every other Saturday

from 6-8 pm. See our website for schedule.

Church is handicapped accessible.

NEW HARTFORD PRESBYTERIAN CHURCH

45 Genesee Street, NH 315-732-1139

newhartfordpresbyterian.org

office@newhartfordpresbyterian.org

New Hartford Presbyterian Church will continue to offer worship

online via Facebook each Sunday morning at 10:30 throughout

March, including a special Palm Sunday service on the 28th. Those

wishing to follow along in the services can obtain an advance

copy of the liturgy through email by contacting the church office.

All church committees will continue to meet online during the

month as well. More information about NHPC is available on

its website and Facebook page.

OUR LADY OF THE ROSARY CHURCH

ParishOffice@olrosarynh.org

1736 Burrstone Road - 724-0402

Pastor Joseph Salerno

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Pastor Carl Getz

Office - 737-7505

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7 Oxford Road - Office phone: 315-733-4570

firstbaptistnh@gmail.com

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on Facebook "First Baptist of New Hartford"

Sunday Service - 9:30am

Sunday School - 11:00am

Handicapped Accessible. All are welcome.

UNITARIAN UNIVERSALIST CHURCH of UTICA

10 Higby Road, Utica NY 13501

315 724-3179 uuutica.org

Minister: The Rev. Lori Staubitz

Join us for Sunday services via Zoom 10:30 AM

for details see uuutica.org

March 7: Title: Legacy- Rev. Dr. Randolph Becker

"I, being of sound mind, do hereby bequeath ... " begins what

many consider the most important document of their lives.

What follows will be a long list of assets and beneficiaries.

Often we measure our lives in possessions and wealth, but

let's think less about what we owned and created and more

about what will survive our lives -- our marks on the paths of

time, the windows of the universe, and the dimensions of the

spirit. To what are you committed to leave behind you as your

legacy?

The Rev. Dr. Randolph ("Randy") Becker grew up in this

congregation, spent 50 years in professional Unitarian Univer-

salist leadership, and now in retirement writes mystery novels

and lives in Key West (except for the summer months when he

is at nearby Cedar Lake).

March 14: TBA

March 21: Rev. Lori Staubitz

March 28: TBA

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3431 Oneida St., Chadwicks - 737-0753

www.ficfellowship.com

Pastor : Chad Morgan

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Sun - 10am Liturgy

Wed - 5:30pm Vespers

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David Green, Pastor

Sunday Service: 10:30 am

Junior Church available. Nursery also available

Wednesday Bible Study - 7:00 p.m.

Sunday School 9:30am

We are handicapped Accessible.

WESTMINSTER-MORIAH-OLIVET PRESBYTERIAN CHURCH

Interim Pastor Rev. Dr. Mark S. Caruana

Music Director Richard Crawley

Worship service: Sunday 10:30 a.m.

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pastor@wmoutica.org

find us on Facebook & Twitter

Handicapped accessible

NORWICH CORNERS CHRISTIAN CHURCH

10233 Roberts Road, Sauquoit - 737-0757

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Sunday Morning Prayer - 8:30am

Sunday School - 9:30am

Sunday morning Worship Service - 10:30

Mid-Week Bible Study - Tuesdays 7pm

Sunday Morning Prayer - 8:30am

Worship Service - 9:30am

TRINITY LUTHERAN CHURCH

2620 Genesee St., Utica. (315)732-7869

churchoffice@trinitylutheranutica.com

Fall/Winter worship:

9am - Sunday School & Adult Bible Study

10:30am - Worship is led by our Pastor, Peter Saie

Handicapped accessible.

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10:45 - Sunday School for Elementary Ages

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**MARCH
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Faith in New Hartford

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Saturday 5:00 pm, in English
Confessions before Mass
Handicapped accessible

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Sunday Service 10 AM
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Monday Night Bible study (every 3rd Mon.) 7 PM
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Go on line and check out our school!
Palm Sunday April 5th, 10am
Good Friday April 10th, 7pm
Easter "Resurrection" Day April 12th, 10am

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201 Main St. NY Mills, NY
akrawczenko@yahoo.com
Saturday Vigil Mass: 4:00 PM
Sundays: 8:15 AM & 11:15 AM
Weekday 12:10 PM - Tuesday, Thursday, Friday
12:10 - Communion Service Only Wednesdays

ANNUNCIATION CHURCH

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rectory.denise@roadrunner.com
Fr. Kevin J. Bungler. Deacon Gil Nadeau
Weekday Mass: Mon & Tues 8am, Wed 7:45am,
Fri. 8 am Communion Mass
Weekend Mass: Sat. 4pm Vigil, Sun. 9:30am
Confession: Sat 3:15pm-3:45pm

STONE PRESBYTERIAN CHURCH

8 So. Park Row, Clinton
Scott Leonard, Commissioned Lay Pastor
Sunday service-10:30AM
Website: www.stonepres.org
E-mail: stonepres@verizon.net
Office phone: 315-853-2933
Handicapped Accessible

CLINTON UNITED METHODIST CHURCH

105 Utica Road, Clinton www.clintonmethodist.org
Rev. Michael H. Terrell
Sunday Worship Service 9:30 AM
Sunday school during worship following children's time
Office Phone: 853-3358

PLYMOUTH BETHESDA UNITED CHURCH OF CHRIST

500 Plant St, Utica (Oneida Sq, across from Dunkin Donuts)
Mike Ballman, Pastor
Sunday Mornings 9:30am
Last Sunday of the month - 10:30am
www.plymouthbethesda.com

CORNERSTONE COMMUNITY CHURCH

500 Plant St. Utica (Oneida Sq. across from Dunkin Donuts)
Mike Ballman, Pastor www.cornerstoneutica.com
mike@cornerstoneutica.com
Sunday Mornings: 11:15am
Last Sunday of month 10:30am

CHRIST CHURCH (REFORMED PRESBYTERIAN)

8470 New Floyd Rd. Rome, NY 13440
Website: www.christchurchreformed.com
Facebook:
https://www.facebook.com/ChristChurchReformedPresbyterian
aarongoerner@gmail.com
Pastor: Aaron Goerner
Services:
Sunday School: 10AM
Sunday Worship: 11AM
Thursday Bible Study 7PM

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Father Canon John Mikalajunas
1206 Lincoln Ave Utica, Phone 315-724-7238
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Only 5 minutes from New Hartford (per Mapquest)
Saturday 5pm/ Sunday 8AM + 10AM (English Masses)
Sunday 11:30AM only all Polish Mass in Central NY
Weekday 8AM Mass followed by Rosary 7 days a week
Confessions Daily 7:45am, Saturdays 4pm
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ZION LUTHERAN CHURCH

630 French Road, New Hartford 315-732-4110
Sunday Mornings 10 AM
Sunday Contemporary Service 12:15 PM
Email: office@zionluth.com
Website: www.zionlutheranNy.org
Facebook: Zion Lutheran Church, New Hartford NY
Handicapped accessible

MOHAWK VALLEY CHURCH

9417 Maynard Drive Marcy, NY
Sunday Mornings at 10am
Come As You Are
www.mohawkvalley.church
info@mohawkvalley.church
Pastors Mike & Susie Melnick
Contemporary Worship led by Mark Bolos

TABERNACLE BAPTIST CHURCH

13 Clark Place, Utica 315-735-7534
churchoffice@tbcutica.org
Facebook: Tabernacle Baptist Church
www.tbcutica.org
We are together in our diversity! Come worship with us!
Saturday 6 p.m. Young Adult Worship & Study
Sunday 10 a.m. English Worship Service
Sunday 10:15 a.m. Sunday School for children in English and
in Karen
Sunday 11:30 a.m. Karen Worship Service and 2nd-Hour
Sunday School
Pastors Rev. Debbie Kelsey and Rev. Daniel San

BIBLE BAPTIST CHURCH

4431 Middle Settlement Rd., New Hartford, NY 13413
Brian Demers, Pastor
Sunday School for all ages: 9:30 a.m.
Sunday Morning Worship Service: 10:45 a.m.
Sunday Evening Bible Study: 5:00 p.m.
Wednesday Evening Bible Study and
Kids4Truth Children's Program: 6:45 p.m.
Handicapped accessible. Nursery Provided.
www.biblebaptistchurchnewhartford.org

BEIT SHALOM

48 Franklin Square, Utica, NY 733-2867
Rabbi: Stephen Galiley
Friday Evening Shabbat Services: 7:00 pm
Oneg Shabbat
Beit Shalom is a Messianic Jewish Congregation.
All are welcome!



TEMPLE EMANU-EL

2710 Genesee Street, Utica, NY - 724-4177
teuticaoffice@gmail.com
Rabbi Peter Schaktman
Friday Evening Oneg Sabbath sponsored by the Sisterhood of Temple Emanu-El. All are Welcome

TEMPLE BETH-EL

2710 Genesee Street, Utica, NY - 724-4751
Cantor: Kalman A. Socolof
Executive Director: Mrs. Mundy B. Shapiro
Friday Evening Services: 5:30 p.m.
Sabbath Morning Services: 9:30 a.m.
Weekly Morning Minyan Services are held Mon., & Thurs.
from 8:00 a.m. at 2710 Genesee Street.
Kiddush on Saturday morning sponsored by the Sisterhood of TBE. All are Welcome.

ZVI JACOB

Orthodox Synagogue
110 Memorial Parkway, Utica - 724-8357
Services are held Saturday at 9am, and on holidays.
Services may be held at other times if there is a minyan.
Visit our website www.zvijacob.org.
All are Welcome.

THE JEWISH COMMUNITY CENTER

2310 Oneida Street, Utica - 733-2343
Provides programs for seniors and recreational activities for all ages. Open to people of all races, religions, and nationalities.

The Kelberman Center Needs Local Business Support During April, Autism Awareness Month

April is Autism Awareness Month! With 1 in 54 kids diagnosed with autism each day, help The Kelberman Center to promote understanding and awareness of autism within our communities. The Kelberman Center, located in both Utica and Syracuse, provides state-of-the-art programs and services to more than 1,000 children, adults and their families each year throughout Central New York. It's because of generous businesses like yours that we can truly make a difference - and we are relying on the kindness and generosity of friends like you!

Throughout the month of April, we are asking local businesses to celebrate autism awareness in one of three ways: 1) By selling our puzzle piece cards to their customers at \$1 or more each 2) By donating a gift card of any amount for our gift card basket raffle or 3) A donation of any amount that helps support the children and families in our community and promotes autism awareness! Checks can be mailed to The Kelberman Center at 2608 Genesee Street, Utica, NY 13502 attention Development Department or made online by visiting kelbermancenter.org/donate.

Please consider supporting the Kelberman Center and the hundreds of local children, adults and families who receive autism services throughout the year. We would appreciate confirmation of your participation by March 15, 2021. Please contact Kelly Carinci, Chief Development Officer at The Kelberman Center, with questions or for next steps at kelly.carinci@kelbermancenter.org or (315) 797-6241 ext. 3924.

*New Life
Apostolic Church*



Service Times:
Sunday School
Sunday Adult Service: 10:00 a.m.
Wednesday Night Prayer: 7:00-8:00 p.m.
Thursday Evening Bible Study: 7:00 p.m.

Pastor Mark Waterman
315.736.1161

3995 Oneida Street #4
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NEW HARTFORD PAST TIMES

March 2021

NEW HARTFORD HISTORICAL SOCIETY



Village Landmark closes after nearly 40 years

In the spring of 1982, Casa Too Mucha moved to 18 Genesee Street from their original location on Oneida Street in Utica. They already outgrew that space after opening 2 short years earlier. Their popularity only grew faster, so in the spring of 1985, they were on the move once again. This time across the street to a building that previously was home to the Leather Bottle. Over the next 35 years there would be challenges & changes but two things remained constant: delicious food and its owner, Patty Rizzo. Patty began as a part owner with the other original owners Roger Beggs and Carol Mojave, her sister. Sadly, in early September 2020 Patty made the official announcement: The long-time Village staple is closing permanently and the building will be sold to Clifford Fuels. Cliffords will tear down the building and expand their property.

Before the Leather Bottle, the building was home to Burns & Wilson, a long-time automotive repair shop operated by Bob Burns and Bill Wilson. It was then operated by Lyle Barkley and Nelson Smith (a former employee of Burns and Wilson). Lyle & Nelson would then go on to operate Barkley & Smith at the corner of Richardson Avenue and Genesee Street in South Utica.

Historical Society Website Update and Facebook News

For the year 2020, our website had 1,400+ visitors. This was 114% greater than the previous year of 2019. Of the 1,441 total visitors, 1,244 were unique visitors (first time) which was 119% greater than the previous year. Total page views were 5,557. These are pages in addition to the home page. Most of these were for the featured articles that are changed each month and the historical archives of previous articles.

We encourage everyone to visit our site often for updated pages that share and spotlight our community's rich history. And don't forget to "Like" our **Facebook** page. We've recently debuted a "Throwback Thursdays" (TBT) segment to spotlight weekly photos from our vast archives.

Friendly Reminder:
2021 Membership Dues are due. As always, we also welcome new members.
Please consider joining today. We appreciate your support!

New Hartford "Then" and "Now" Casa Too Mucha



BECOME A MEMBER!

Please stop in to visit us and consider becoming a member. Membership fees are \$15 for Individual, \$20 for families, \$25 for Friend/Contributor and \$50 for Corporate members. The Historical Society is a non-profit, tax deductible organization.

Planning a Class Reunion?

Make the Historical Society Museum a part of your itinerary! Schedule the Saturday of your reunion for your group to explore our collection of yearbooks, scrap books, local relics and photos. Look up your New Hartford home!

Call 315-724-7258 to schedule your group.

Museum is Open To the Public

APRIL-NOVEMBER
Mondays: 1-3pm
The 3rd Saturday of the Month: 11am-2pm
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2 Paris Road – 315-724-7258



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MARCH 2021

Financial Advice

THE TOWN CRIER 23



Federal taxes and marriage: How should you file? Today's choices

Married couples can file as married, either jointly or separately, at both the federal and state level. But does simply checking a different box on your tax forms guarantee a better outcome? Not necessarily.

If you and your spouse earn roughly the same amount of money, filing jointly could bump you into a higher tax bracket. On the contrary, if one spouse earns little or no income, and the other is the primary wage earner, filing jointly may result in paying less taxes. In other words, by tying the knot, you may wind up owing Uncle Sam less than if you remained single.*

Domestic partnerships and civil unions

Although a handful of states recognize domestic partnerships and civil unions, the IRS does not. So, while these designations may offer some of the same rights and responsibilities available to married couples, it's only at a state level and on a state-by-state basis.

Tax benefits that apply to all

Married couples grappling with how to file their tax returns can't count on a one-size-fits-all solution, and should consult with their tax advisor. However, here's what you can count on assuming both spouses are U.S. citizens.*

The ability to transfer an unlimited amount of assets to your spouse, free from federal gift or estate taxes, either during life or at death.

The right to leave your spouse property upon your death that doesn't come with a heavy estate tax bill due to the unlimited marital deduction.

More tax-planning options upon inheriting your spouse's retirement account.

The right to open an Individual Retirement Account on your spouse's earnings record, if you are unemployed.

Indeed, the tax benefits afforded to same-sex spouses are on par with those of heterosexual spouses. Marriage is marriage, so if you're already married or thinking about getting married, you may want to consider taking the time to talk with your tax advisor to see how your marital status might impact your income tax and your financial future as a married couple.

Sidebar

We can help

Wells Fargo Advisors can help you lay the groundwork for your financial future. Our firm is qualified to assist LGBT couples with key financial issues affecting same-sex spouses and domestic partnerships.

Sidebar

Timing your marriage to help minimize taxes

Choosing a wedding date that accommodates family, friends, and employers—not to mention the church and reception hall—is a wedding planner's greatest challenge. So should you also consider Uncle Sam when selecting a date?

Your tax filing status is determined on December 31 of each year. For tax purposes, that means even if you wait until the last day of the year to walk down the aisle, the IRS will consider you married for that entire year. If there is a notable disparity between your and your partner's income, then getting married by December 31 could benefit your tax situation. However, if your combined income pushes you into a higher tax bracket, you may want to marry January 1 of the following year to avoid a negative impact on your current-year tax bill.*

Income isn't the only factor that influences whether marriage could impact your tax situation. Answering questions such as who incurs deductible expenses, who can claim children as dependents, and what tax preferences you might qualify for can also help you gauge the potential effects of marriage on your tax situation—and help you and your partner to determine the best time to exchange vows.

*Our firm does not provide legal or tax advice.

Sources:

"Will getting married help or hurt your tax rate?" by Robertson Williams, The Christian Science Monitor, posted Aug. 21, 2012

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"Answers to Frequently Asked Questions for Registered Domestic Partners and Individuals in Civil Unions," IRS.gov

"Tax Topics: Marriage Penalty," Tax Policy Center "Same-Sex Couples Still Face Tax Nightmares," by Blake Ellis, CNN Money, posted March 5, 2014

"How Gay Marriage Became a Constitutional Right,"

posted July 1, 2015, The Atlantic

This article was written by/for Wells Fargo Advisors and provided courtesy of Christopher J. Carbone, CFP®, AWMA®, LUTCF®, First Vice President - Investment Officer, Financial Advisor. New Hartford, New York (315) 801-2546

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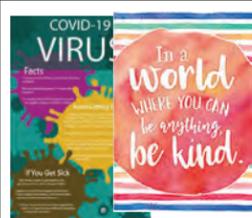
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