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SEVENTH ANNUAL "BEST BALL" GOLF SCRAMBLE WITH PRIZES

Saturday June 19th, 2021. A benefit for the Make-A-Wish foundation/scholarship fund in honor of the memory of John D. Lloyd, who was a sophomore at New Hartford High School when his wish was granted. The Make-A-Wish foundation granted John's wish to meet Buffalo Bills Players CJ Spiller and Fred Jackson in December of 2013. Please help us to help them keep granting wishes.

The Golf tournament will be at Twin Ponds Country Club, New York Mills. June 19th, 2021. T-Off at 9 AM. Ticket Price- includes 18 holes of golf, cart, lunch at turn, and a packaged dinner to-go, \$90 dollars each. There will be no in person Dinner/Banquet this year due to pandemic restrictions. Call to reserve your spot! For questions or more info contact Kathy Lloyd 315-723-6545 or Sue Lloyd 315-723-7865.

Child Safety Day

Open to New Hartford Residents
at Town Office Parking Lot
(Old Gander Mountain Location)

June 6th 11am-2pm

Sponsored by the New Hartford
American Legion Post 1376

FUN!! FOOD!! PRIZES!!



Participating:

New Hartford Police Dept and Highway Dept.

New Hartford Fire Department

New York State Police

Oneida County Sheriff Department

Armed Forces

Mid York Library (New Hartford)



For information on how to place an article for your community event, please email the Town Crier at towncrier@pjgreen.com or call 315-723-4827.

We currently mail our montly paper to residents in the 13413 zip code.

If you know someone outside of that area that wishes to receive our publication, we ask that you please send a (yearly) \$20 check, payable to The Town Crier, PO Box 876, New Hartford NY 13413. We will gladly add the address on to our subscription list.

We would also like to mention that we are a privately owned business, and not part of the Town of New Hartford.



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Purchasing Quality Annuals

submitted by Shelley Corey of The Mum Farm

To get us all off to a good start this growing season, I thought I'd discuss purchasing annuals and getting the highest quality start to our growing season. Yes, it's true, plants are pretty resilient. Many people pride themselves with bringing back plants from near death. But that's not what we want to happen with our beloved, showy annuals. Annuals are the one-timers, germinating, growing and dying all in one year (or one growing season as is our case). In order for them to put on that spectacular display of blooms they should suffer few setbacks. Here's what you are looking for in a high quality plant so you'll be well-equipped to get off to the best start.

When perusing annuals, look for foliage that is lush green, no brown edges indicating a period of drying out. No yellowing or bottom leaves falling off either. Most annuals are sold in small containers and need to be transplanted into larger pots or into the ground. If a

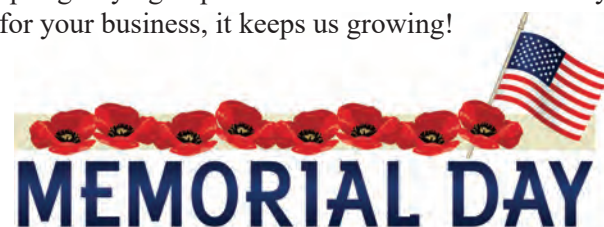
plant looks too small for the size container it is in, that means the roots are not hitting the insides of that pot and when transplanted the soil ball will crumble setting the plant back in development. With that in mind, the opposite is also true... plants shouldn't be too large, tall or lanky for the container suggesting that they are overgrown and might be root bound or possibly grown too close to its neighbor! I schedule or grow my plants to make sure there is a seamless transition from my growing container to your garden or container and you're "off and running" to a spectacular display for your summer and fall season!

Quality annuals should be short, bushy and just beginning to start to flower or be heavily budded. There should be no signs of insects and definitely no holes in the leaves! Remember what I've taught you... healthy robust plants rarely have insect issues, it's the poorly developed or stressed plants that attract insects.

Hanging baskets are sometimes difficult to choose because we all want the biggest showiest one on the block! If you buy the biggest one in the greenhouse, you will most likely have to give it a "haircut" to promote branching and will have a hard time keeping it watered because the pot will be overcrowded with roots. Purchase one that is well branched, compact and filling the pot. Just make sure you know the sun exposure for the basket you're buying!

As I write this article, I want to remind everyone that planting outside in Central New York is often tricky. Our official frost-free date is the end of May. Many years we can start planting a few weeks earlier, but only plant what you can cover or carry to protect it from the surprise one night freeze Mother Nature may throw at us! And you rarely gain much by planting annuals in the ground too early. Soil temps determine the rate of rooting in, and if its too cold, the plant will just sit there until the soil warms up.

Now smile, time to get out there and shop for some great annuals that will reward you with non-stop color all summer long! The choices are endless. Local growers all grow something different which makes the spring buying experience so darn fun. We thank you for your business, it keeps us growing!



New Hartford Village Green Restoration Project (VGRP)

Today, New Hartford has a unique opportunity to restore its Village Green. The oldest, most historic part of town could once again become a common space that celebrates New Hartford's heritage and traditions.

The Village Green sits on land formerly owned by George Washington, having been given to him for his service to the Nation. Altered over the years, the Green was restored and rededicated on July 4, 1976 as "a salute to our Nation's bicentennial."

On the west side of the Green lies the New Hartford Presbyterian Church. Built in 1791, this is the oldest public building in Oneida County. To the north lies Butler Hall, the former seat of New Hartford's municipal government, while to the south lies the New Hartford Fire Department.

Unfortunately, this historic space has lost one key part of its identity. The northeastern corner of the Village Green, at the junction of Genesee Street and Oxford Road, was sold in the 1970s to build a gas station. The cinderblock building that sits on this corner—last doing business as Village Pizza and Fatboys Deli—is currently unoccupied and for sale.

If this building were removed, New Hartford's Village Green would once again extend along the length of Oxford Road, all the way from the fire station to Genesee Street. This would give New Hartford a beautiful central square and reopen the sight lines connecting the Presbyterian Church to Butler Hall, the fire station, and the other historic buildings that surround this common space.

Will you help us restore New Hartford's Village Green to public use? We would like to ask for your name on a petition, your goodwill, your donations of time or money, and your advice on how to advance this project. The Village Green Restoration Project thanks you for your support.

Submitted by: Frank Anechiarico, Maynard-Knox Professor of Government and Law, Director, Levitt Center for Public Affairs, Hamilton College. And Thomas Bass, Professor of English and Journalism, Director, Journalism Honors Program, University at Albany – State University of New York

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Getting High

Submitted by Jim LaFountain, All American Fitness Center

In a 1972, college “jogging” class, I was required to run a mile for the first time in my life. There were no running shoes then, just my Converse basketball sneakers. In high school, a jog around the field was used as a warm-up, not as a core fitness component. After my first mile run, I truly enjoyed the high I felt afterward.

As I have aged, regular exercise has become more of a mental tonic than an aesthetic or performance-oriented goal. During and after exercise, our brain triggers the pituitary gland to secrete neurochemicals called Beta Endorphins into our bloodstream. The word Endorphin comes from putting together the words “endogenous,” meaning within the body, and “morphine,” which is an opiate pain reliever. Beta Endorphins are associated with changes in pain perception and mood state. Endorphin production seems to be based on blood lactate concentration or aerobic exercise exceeding an hour. Blood lactate levels are elevated during very intense exercise. Experts tell us our perception of effort plays a major role in the euphoria experienced as a result of beta endorphins being released into the bloodstream. The “Runners High” was a phrase used in 60’s and 70’s to describe the euphoria associated with beta endorphin production. Running is a strenuous and jarring activity, perceived to be ultra-intense, for even 10 minute per mile joggers. Runners tend to be highly devoted, some may be addicted to the ballistic nature of their sport and its elevated endorphin production. Exercisers who believe in the “more is better” approach to exercise do not necessarily experience massive doses of the feel good benefit of beta endorphins. Overtraining not only causes a drop in performance, but a decreased tolerance to significant workloads and possibly depression.

Again, large quantities of endorphin production is based on intensity and perception of effort, not endless hours of low intensity exercise. One can only perform intensely for shorter periods or at a lower intensity for long periods. One of the biggest positives associated with these euphoric periods is exercise compliance. It’s much easier to stick with an activity that makes you feel good. Beginners tend to experience a great deal more of an endorphin response, since their perception of even the mildest effort is beyond their normal, more sedentary state. Those who are over fat and sedentary view a two block walk as an enormous feat. Smitha Bhandari, MD, suggests “Exercise is an effective, but often underused treatment for mild or moderate depression.” With COVID-19 still knocking at our door, regular exercise is the best treatment for the stress associated with this pandemic.



NHCS Voter Registration Dates

Voter Registration Dates for the May 18, 2021 Annual Vote have been scheduled for the New Hartford Central School District: ,

Thursday, May 6, 2021 - 3:00-7:00 pm - High School Lobby, 33 Oxford Road, New Hartford

Saturday, May 8, 2021 - 9:00 am-1:00 pm – Bradley Elementary School Lobby, 33 Oxford Road, New Hartford

Monday, May 10, 2021 - 3:00-7:00 pm – High School Lobby, 33 Oxford Road, New Harford

This registration is for district residents NOT currently registered with the County Board of Elections. Proof of residency is required. For more information please call the District Clerk at 315- 624-1218.

Absentee Ballots:

An application for absentee ballots can be requested by mail from the District Clerk, Mrs. Betty Heil, c/o District Office, 33 Oxford Road, New Hartford, NY, 13413 or the request form can be picked up at Bradley Elementary School. Completed applications must be received by the District Clerk at least seven days before the May 18th election, if mailed to the voter, or the day before the election, if the ballot is picked up by the voter.

MVCC Offering Insurance Licensing Courses in Multiple Formats

Mohawk Valley Community College’s Center for Corporate and Community Education is offering a selection of insurance licensing courses in a variety of formats—in-person, hybrid, or completely online—starting May 3 with different continuing education courses scheduled weekly. All COVID-19 protocols will be met during in-person classes.

MVCC is approved to offer all aspects of insurance licensing programs by the New York State Department of Finance, including pre-licensing and renewals for Personal Lines insurance; Property and Casualty insurance; and Life, Accident, and Health insurance. All instructors also are fully approved by the New York State Department of Financial Services and practice locally.

MVCC also offers a fully online training program in all areas of insurance licensing as well as Securities Licensing as part of a partnership with EXAMFX, Inc.

For more information and to register for classes, visit mvcc.edu/cced.

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Angels Among Us Food Pantry 2021 Spring Schedule

April 10 – April 24 • May 8 – May 22 • June 12 – June 26

Hours of Operation: 10:00 AM to 12 noon

The food pantry is located at: St John The Evangelist Church, 66 Oxford Rd, New Hartford, NY

Follow the signs to the driveway in the back during open hours. In the event of food emergency issues, please contact the St John’s rectory from 9AM to 2 PM Monday through Thursday at 315-732-8521.

If this is your first visit, please bring proof of address.

If you do not have a permanent address, or if you are unsure of eligibility, just come in. We will assist.

2020 -2021 TEFAP INCOME GUIDELINES

Income		
Household Size	Annually	Monthly
1	\$25,520	\$2,127
2	\$34,480	\$2,873
3	\$43,440	\$3,620
4	\$52,400	\$4,367
5	\$61,360	\$5,113
6	\$70,320	\$5,860
Each Additional add	\$8,960	\$746

This table shows a yearly gross income for each family size. If your household is at or below the income listed for the number of people in your household, you are eligible to receive food.



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Kathleen Lloyd, Director
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Book Quarantine is Officially Over!

We are no longer quarantining items. Items that are returned to our Library will be removed from your library card that day or on our next open business day. Other precautionary measures are still in place. Masks covering both your mouth and nose are required at all times in the Library. Computer appointments are available for 45 min. at a time. You may call ahead (315-733-1535) or reserve a computer at our Circulation Desk. We are not offering meeting spaces yet. Any changes in our procedures or hours will be announced on our website, Facebook, and our Instagram page.

Book Donations

As of May 1st we will be accepting used book donations once again. We kindly ask that you limit donations to a box at a time due to our storage capacity. We also kindly ask that you refrain from placing your donations in our book drops. Donations of paperback books as well as puzzles are greatly appreciated. Please be sure that donations are not moldy or wet when being donated. Thank you!

Curbside Pickup Continues

We are thrilled to continue to offer this service to our patrons. We kindly ask that patrons that are not using this service avoid parking in the upper level parking spots designated 1, 2, and Kids and Adult Crafts. We assign these spots to those that are taking advantage of this service. Thank you for your compliance and understanding.

Take Advantage of the NHPL's Reference Services

Got a nagging question? Need some information? The reference librarians at the New Hartford Public Library can help you find answers. You can meet in-person with a reference librarian whenever the library has public hours (currently 10-1). In addition, you can call the circulation desk, leave a number, and a reference librarian will contact you. Please don't hesitate. Answering your questions is a high priority at the NHPL.

Here are a few examples of the kinds of questions addressed at the library: Wondering about a family member(s)? We can show you how to use excellent websites to uncover information. Can't find a particular book? We can help you search the Mid-York Catalog, local college catalogs, and can use OCLC World Share to find lending libraries throughout the country. Need help with a bibliography? We can direct you to top-notch print and electronic resources that will satisfy your course requirements. Is it time for the AP European or United States History book review project? The NHPL's collection contains many scholarly, yet interesting, volumes that fit perfectly with your instructor's syllabus. We can connect you with these books. Curious about a family heirloom's value? We often help patrons evaluate antiques and other possessions. Are health issues a concern? Because medical books become outdated quickly in our technologically-advanced society, we can show you

how to use medical websites that are revised regularly, and provide trustworthy information. Take time to visit the NHPL and get your questions answered. We look forward to meeting you!

Fogger Lending Program Launching

The New Hartford Public Library is a recipient of a fogger system through a partnership between the Mid York Library System and The Community Foundation of Herkimer & Oneida Counties.

The \$13,500 investment from The Community Foundation will purchase fogger units for use by the public libraries in Herkimer and Oneida Counties. The foggers use Hypochlorous Acid, which is allergen free, non-toxic, non-irritating, and 70-80 times more efficient at killing microbial pathogens than bleach. Most importantly, it is on LIST-N of EPA approved disinfectants against COVID-19 and other pathogens such as bacteria, viruses, spores and fungi. The system is used by Whole Foods, Planet Fitness, Hyatt and Sheraton.

The New Hartford Public Library also received an additional fogger system which is available for borrowing by small business owners and other non-profit organizations, such as historical societies, arts centers and even food pantries as the disinfectant is safe for use around food.

Anne DuRoss, Director of the New Hartford Public Library stated, "The fogger is a valuable tool, which combined with the enhanced cleaning protocols we have implemented, significantly increases the safety of our building for our staff and patrons. Having a 2nd unit that will be available for borrowing by other local organizations allows us to better serve our community and to meet their needs. This is just another example that demonstrates that libraries are more than just books. We are extremely grateful to the Mid York Library System and The Community Foundation for their support."

Organizations and businesses interested in borrowing the unit should contact the library at 315-733-1535 or email: aduross@midYork.org.

RBDigital Magazine Collection is Now in Overdrive

If you were using RBDigital to check out magazines, you can access previous RBDigital magazine checkouts by creating a Zinio.com account using your RBDigital login and password.

Tax Form Information

Tax forms will be located outside the upper level entryway doors during our curbside pickup hours. If the library is open you many come into the building to pick up what you need. Don't see a specific form that you need? Please let us know and we will print one for you.

Stay Informed!

The most up to date information regarding closings, reopening, programs and crafts can be found on our website (www.newhartfordpubliclibrary.org) and on our Facebook and Instagram pages. Links to follow us are on the bottom of our website.

NHPL Board of Trustees 2021 Meeting Schedule

The New Hartford Public Board of Trustees meets the 3rd Wednesday of each month at 4:30 pm at the New Hartford Public Library.

May 19, 2021; June 16, 2021; July 21, 2021; August 18, 2021; September 15, 2021; October 20, 2021; November 17, 2021 & December 15, 2021.

Stay Connected With Us!

Be sure to follow us and check out our website to stay connected and informed!

Facebook:
www.facebook.com/newhartfordpubliclibrary
Instagram: [new_hartford_public_library](https://www.instagram.com/new_hartford_public_library)
Website: www.newhartfordpubliclibrary.org

Children's Story Time on IGTV

Every Thursday on Instagram. Miss Ashlyn will be reading books and posting them on Instagram and IGTV every Thursday on the [new_hartford_public_library](https://www.instagram.com/new_hartford_public_library) Instagram page!

The Preschool Projects

Every Tuesday from Jan 5th through June 1st, we will be offering a project for preschoolers. Please call 315-733-1535 on Tuesday morning beginning at 10:00 to reserve a project. While supplies last!

Grab & Go Project Bags for Kids Spring Schedule

We are offering Grab & Go projects once a month in the spring; May 13th – Bouncy Ball Making Kit, June 10th – Take a Hike - Outdoor Explorer Kit. Call to reserve beginning at 10:00 on the day of that months' project. While supplies last.

Grab & Go Projects Adults Spring Schedule

We are offering Grab & Go projects once a month in the spring; May 3rd – Leather Earrings Kit, June 1st – Shibori Fabric Dyeing Kit. Call to reserve beginning at 10:00 on the day of that months' project. While supplies last.

Introducing Binge Boxes!

We are pleased to announce the addition of Binge Boxes to our DVD collection. Each set is centered on a theme and contains 4-6 movies that can be rented for 1 week. We have added 4 boxes so far and will be adding more in the future. Our new additions include Unhinged and In Love (titles include: Obsessed; Unforgettable; Fatal Attraction; Fear; The Boy Next Door; When the Bough Break), 80's Imagination Movies (titles included: The Goonies; Beetlejuice; Weird Science; Ghostbusters), Somethin' Sappy (Titles included: The Notebook; Dirty Dancing; How to Lose a Guy in 10 Days; Never Been Kissed; When Harry Met Sally), and Not on My Street (Titles included: Poltergeist; House; The Amityville Horror; Paranormal Activity).

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Have You Signed Up for WOWBRARY Yet?

The New Hartford Public Library is constantly adding new items to its collection. We are proud to now offer you weekly email alerts notifying you of the newest books, DVDs, CDs, and audio books that we purchase each week. We hope you'll enjoy hearing about the many exciting bestsellers, movies, music, and recorded books almost the very moment they arrive at the library.

Whenever you spot something of interest, you'll be able to click instantly and reserve it at your convenience. And of course, like everything else in the library, this service is free!

To get started and see what the emails look like, just visit www.wowbrary.org. You can unsubscribe from the weekly emails any time you wish.

Our library is excited to offer this new service and wishes to thank the Friends of the New Hartford Public Library for generously providing this service for our patrons.

Top 10 Most Requested Items in the Mid York Library System

According to reports generated by the Mid York Library System, these are the top 10 most requested items in the system. Have you read any of them? If not, call us or stop in to reserve your selections today!

- The Four Winds by Kristin Hannah
- Win by Harlan Coben
- The Midnight Library by Matt Haig
- Dark Sky: a Joe Pickett Novel by C.J. Box
- The Sanatorium by Sarah Pearse
- The Paris Library by Janet Skeslien Charles
- The Code Breaker: Jennifer Doudna, Gene Editing, and the Future of the Human Race by Walter Isaacson
- Eternal by Lisa Scottoline
- Send for Me by Lauren Fox
- A Walk in the Woods: Rediscovering America and the Appalachian Trail by Bill Bryson

Book Clubs

Are you in a book club or looking to start one? Many book clubs are meeting virtually during the pandemic. If your club needs to order books or if you are interested in starting a book club, please call the Library and ask to speak to our Book Club Coordinator, Tanya. 315-733-1535

Women (and Men) of Mystery on Zoom!

Saturday, May 22nd at 11:00-12:00; Men of Many Words: Simon Brett and James Lee Burke. Participants will meet via Zoom. This class is led by Janet Hoover, and registration is required. Call the NHPL at 315-733-1535 to register, or go to our website and complete the registration form online. Participants will be emailed the meeting details.

Yoga for Seniors

Join Bill Skinner every Monday at 3:00pm for a virtual Yoga program geared towards seniors! Participants will meet via Zoom. Please call the Library at 315-733-1535 to register for the class. A Zoom invite will be emailed to you.

Clinton High School Presents GODSPELL May 20, 21 & 22 Curtain at 7:30pm

This immensely successful rock opera needs little introduction, but when it was first produced on Broadway in 1971 it broke new ground in its stage treatment of the historical Jesus Christ. Based on the Gospel according to St Matthew it deals with the last days of Jesus, and includes dramatized versions of several well-known parables.

In person tickets have been limited to families of the cast. All three performances will be available for a live stream.

Live stream ticket prices will be available at two price categories, \$10 individual and \$20 for family viewing.

Beginning on May 1st, at 6:00AM Live Streaming Tickets will be available for purchase online through the school web site: www.ccs.edu

Or for a direct link to the sale page: <https://www.showtix4u.com/event-details/51157>



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~ Muse ~ Face - Body - Spirit

Muse is the culmination of the professional expertise and shared philosophies of collaborators Rebecca Donley, Esthetician; and Megan Blask, Licensed Massage Therapist.

Housed at 587 Main Street, Suite 301 in the historic Mill #3 building on Main Street in New York Mills the space evokes peace instantly setting your mind toward the healing and feel good treatments you will receive therein.

The menu at Muse is always growing,

and has been curated to offer diverse facial treatments and massage sessions, as well as Reiki, Tarot, lashes, and yoga. Featuring Stefanie Sterling as our Spirit practitioner, and Pop-up sessions by local yogis and more, we have held space for you to grow. If you are looking to be inspired by your self-care routine, look no further, Muse has just what you need to replenish and revive yourself! Check in on our Instagram @muse_face.body.spirit, or our facebook page for our week to week offerings. We are especially proud of our monthly newsletter that we share with our cherished clients! The people who walk through the doors at Muse are our motivation to keep the vibes high. We intentionally created the services and the space to feel like a breath of fresh air. It would be our honor to discuss your goals and assist you on your own path to personal self-care and wellness.

For more information, or to connect, check out www.musefacebodyspirit.com!



Rebecca Donley



Megan Blask



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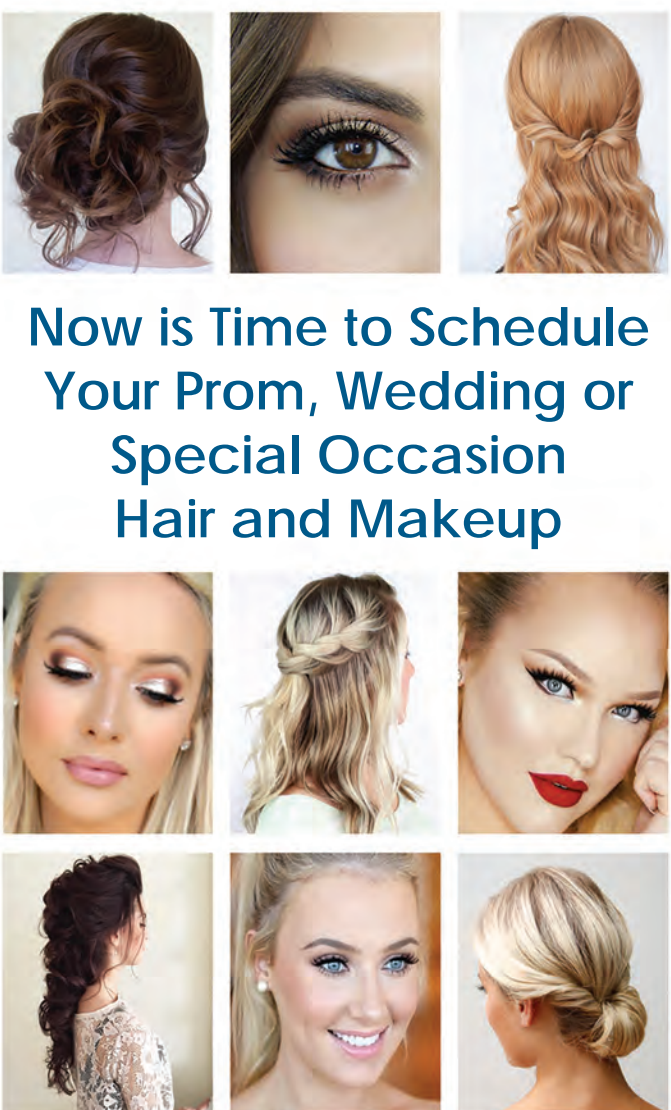
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Sitrin to Open Special Needs Residence in Whitestown

Expansion Will Result in 20 New Jobs

Gan Kavod, one of seven corporations of the Charles T. Sitrin Network of Homes and Services, Inc., has acquired a new property in Whitestown. This home will operate as a special needs residence for four adults, along with staff who will provide ‘round the clock care and supervision. The residence is expected to open once modifications and remodeling have been completed.

“With homes in New York Mills, South Utica, Rome and

two on Sitrin’s campus in New Hartford, we’re excited to expand our footprint even further into Oneida County,” Lisa Frank, program director at Gan Kavod, said. “This move has also resulted in the creation of 20 new full- and part-time residence counselor positions, which we’re eager to fill.”

For more than 30 years, Gan Kavod at Sitrin has operated individualized residential alternatives (IRA) certified by the Office of Persons with Developmental Disabilities (OPWDD). Each residence has its own distinct style, but all feature comfortable living environments with amenities such as fireplaces, aquariums, skylights, and themed sensory rooms. Residents enjoy participating in many activities with staff, including regular shopping outings, wellness and aquatic programs, trips to the theatre and casino, sporting events, dining at popular restaurants, and much more.

Highly skilled, professional caregivers treat residents like family. Each home has a registered nurse (RN), a coordinator who oversees each resident’s individualized care plan and program, as well as residence counselors who assist with activities of daily living. Weekly visits by Sitrin’s physicians, dietician, occupational therapist, physical therapist, speech-language pathologist, and behavior specialist ensures that residents are receiving expert care and attention.

“Our employees enjoy working in a secure, homelike setting where they are appreciated every single day,” Frank continued. “We look forward to hiring new staff for this residence and welcoming them to the Sitrin family.”

Individuals interested in applying for the residence counselor positions can do so online at www.sitrinjobs.com. Full- and part-time opportunities are available at different shifts throughout the day. A high school diploma and a clean valid New York State driver’s license are required. Sitrin offers a competitive employment package that includes group health coverage, group dental coverage, vacation, personal, and sick leave, employer-paid group life insurance, a 403(b) pension plan with employer match, and access to Sitrin’s Wellness gym and pools.

ABOUT SITRIN: Sitrin provides a variety of services for people of all ages and abilities, including comprehensive medical rehabilitation (inpatient and outpatient), long-term care, assisted living and enriched housing (Cedarbrook), NeuroCare, residential care for people with intellectual disabilities and medically complex conditions, medical and social model adult day health care (OPAL Program), military rehabilitation, adaptive sports (STARS Program), a Wellness and Aquatic Center, orthopedic injury program, concussion management, child care, and dental clinic. Sitrin is a not-for-profit corporation.

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MAY

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NH Historical Society

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NEW HARTFORD

PAST TIMES

May 2021

NEW HARTFORD HISTORICAL SOCIETY

Daddy's Hamburgers

by Rick Giffune

When I moved to New Hartford in the summer of 1962, the corner of Seneca Turnpike and Irving Road was just a vacant lot. Sometime in early 1965, construction began on some type of building. Dirt fill was brought in from the old Levitt Farm (now Sangertown) to level a plot for building. As the building began to take shape, we could tell it was going to be some type of “fast food” business. It kind of resembled the “golden arches” but it was red and white in color. Soon there was a sign “Future home of Daddy’s Hamburgers”. We all waited patiently for opening day.

Sometime in the summer of 1965 came the “grand opening”. The menu and prices were identical to that of “the other guys” only this restaurant was locally owned by the Peterpaul family from Rome, NY, who also had one built (the original Daddy’s) on Erie Boulevard, Rome in 1961. When I turned 16, this became my very first job. Minimum wage was \$1.65/hour. Depending on how many hours we worked, we were limited because we were minors, I made about \$30.00 per week. Daddy’s employed a few other guys from the Leard Road neighborhood. We had to get our “working papers” from the New Hartford High School. None of us had cars so after work we would walk home down the then “two lane” Seneca Turnpike.

Daddy’s did very well. With the Vernon Downs traffic and the “after hours” drinking crowd, business was good. Then, sometime in the later 1960’s, a new building started to take shape just a few hundred yards away. It was the “big kid” on the block, the one with the Golden Arches. Although the menu and prices were nearly identical, the new restaurant began pulling the large crowds from Daddy’s. By the early 1970’s, the owner’s pulled the plug on Daddy’s and the business closed. Sometime after that the building was razed and a new building was erected and Ponderosa Steak house arrived. The Rome location closed in September 1975.

In its short existence, Daddy’s provided many summer jobs for New Hartford teens. There was something magical that happened when a group of guys walked up and saw you, either behind the counter taking orders, or at the grill flipping burgers. Or better still, at the fryer banging off the excess oil from those delicious fries. You became instantly “Cool”!

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NH Fire Dept. News

WE REMEMBER and HONOR OUR FALLEN BROTHER AND SISTER FIREFIGHTERS

For the second time in the history of the New Hartford Volunteer Fire Department, along with our great community, we are unable to host or celebrate this year’s Memorial Day weekend with the New Hartford Memorial Day Parade and Open House and many other activities as normally the case.

Instead, with everything going impacted by - COVID 19 - and the changes that each of us has encountered, we felt it necessary to express an enormous “Thank you” not only to our front line workers who have endured tremendous obstacles but to all the first responders and the members of the New Hartford Volunteer Fire Department who we remember in a special way for their dedication and service to our community.

As is our custom to acknowledge and honor our fallen brothers and sisters during the department’s Open House, which did not take place this year, we take this opportunity to recognize these outstanding individuals who served our community with pride and distinction.

Therefore, at a meeting held by this association on January 6th, 1932 - It was ordained that this expression of esteem and honor - For faithful and active service be perpetuated.

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For more information about your New Hartford Volunteer Fire Department please visit: www.nhfd.com



NHFD News

Your New Hartford Volunteer Fire Department responded to 80 calls during the month of March 2021 as indicated by the monthly call report listed below by category:

Fires	=	0
EMS	=	40
Hazardous	=	5
Service Type	=	10
Good Intent	=	8
Other Alarms	=	16
Weather Related	=	1
Other	=	0

Total Calls for the Month of March 2021 = 80.

Total calls year-to-date through March 31, 2021 = 266.

Some of the calls listed above - such as Fires, EMS, and Hazardous - are self explanatory. Others such as Service, Good Intent and Other Alarms are not. Service Calls includes water or animal problems, public assistance or standbys. Good Intent refers to responding but did not find anything or canceled in route. Other alarms include explosions, carbon monoxide, smoke or sprinkler detector activations.

The figures above do not include other activities by members of the department such as Fire Prevention details, training, parades, Open House and other various department committee meetings that take place throughout the year.

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New Hartford Volunteer Fire Department Memorial Day Parade Cancelled

Submitted by Joseph Luker, President, NHFD Benevolent Association

Friends and Neighbors, Please allow me to give a brief explanation of this headline!

Community transmission of COVID-19 was first detected in the United States in February 2020. By mid-March, all 50 states had reported cases of COVID-19.

If the above statement looks familiar to you, we included the same statement in our annual letter last year. Clearly by now, everyone realizes the overwhelming complexity of this statement. School closures, business closures, manufacturers shut down, remote learning, unemployment, take out only, and the list goes on.

For decades, the New Hartford Volunteer Fire Department has hosted a Memorial Day parade, concluding with a memorial service and open house. In 2020 (the year of COVID) obviously, we were forced to cancel our parade.

Each year, over 65 units participate in the New Hartford Volunteer Fire Department parade. Our residents and surrounding communities have come to expect one of the best Memorial Day parades in our area. This requires months of planning and a huge commitment by our Parade Chairman and his committee.

Over the past several months, the committee has been busy attempting to contact the organizations that normally make our parade a huge success. It was our sincere hope that the state and country would be "opened" up by this time of year.

Unfortunately, COVID-19 still has a stronghold on the community which has forced us to again cancel the parade you all expect in 2021.

Even if restrictions were lifted at this point, we could not possibly organize a parade of usual magnitude in just over a month.

However, the New Hartford Volunteer Fire Department will conduct a brief march, beginning at 6:00pm on Monday, May 31.

Personnel and equipment will proceed from the Fire Station, across Pearl St., to Sanger Ave, returning to the Station on Oxford Rd. All personnel will then assemble for a brief memorial service in honor of the men and women who have served and whose names are inscribed on our Memorial Wall.

In the meantime, please remain safe and healthy!



New Hartford Highway Dept News

submitted by Highway Superintendent Richard Sherman

Spring Clean-up continues across the Town with our new sweepers cleaning the roads and curbside brush collection having begun in April. If by chance you believe there is an area we missed or needs a little more sprucing, please call me directly at 315-534-2998 or email me at rsherman@townofnewhartford.gov.

Once again we will be offering our Town residents the opportunity for trash drop-off at the Highway Garage at 111 New Hartford Street from 7 a.m. to 2 p.m. – Mondays only! This begins in May and runs through September (except no service in June). The complete schedule is available online or call my office and we will make sure another flyer is sent to your home.

Also continuing this year at your Highway Garage is our free computer and electronics recycling collection service. We will accept all televisions, computer equipment/accessories (monitors, keyboards, printers, ink cartridges etc.) and miscellaneous electronics (circuit boards, video game consoles, cell phones, music players, power supplies etc.).

As I mentioned last month, the storm water project on Oneida Street at the City of Utica and Town line will begin mid-May. You may want to consider alternative routes when construction begins because traffic will experience a slow down during the short construction period. This project was financed through a grant from Oneida County.

Every summer your Highway Department looks to hire several young people looking for part-time summer employment. These positions pay \$15 per hour with a Monday through Friday work week. If interested, please stop by Town Hall on Clinton Street or proceed to the Town's website to apply.

Finally, we will begin to change out our street signs and poles in May throughout the Town. We will be looking to replace other street signs such as stop and yield signs that have faded.

Have a great and safe Memorial Day and please remember all those that have passed while serving in our military.

Support the New Hartford American Legion Auxiliary

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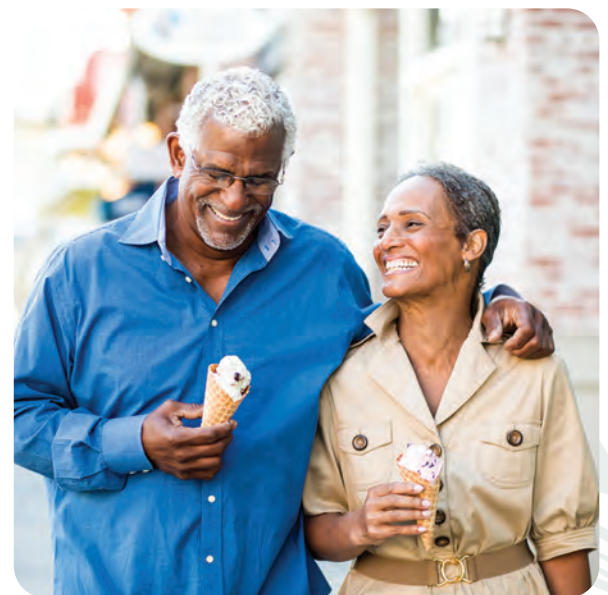
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- » Attendees will be entered for raffle prize



May 26th | 11 AM – 3 PM | National Senior Health and Fitness Day Fair

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♥ 6 Packs of Flamingo Sweet Peppers.....\$2⁸⁹ ea.

♥ 6 Packs of Vegetables - (All Your Favorites).....\$2⁸⁹ ea.

♥ Hanging Strawberry Baskets.....\$19⁹⁹ ea.

♥ Hanging Tomato Baskets.....\$13⁹⁹ ea.

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♥ Italian Fig Trees.....\$29⁹⁹ ea.



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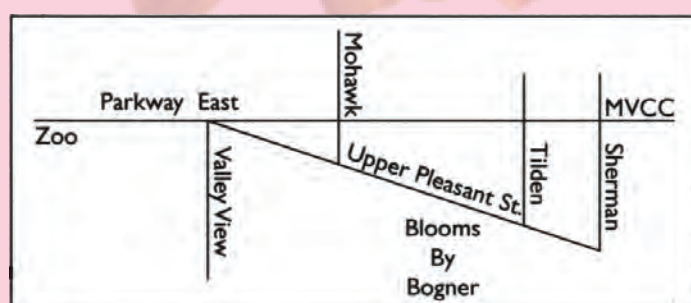
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♥ Patio Tomatoes ♥



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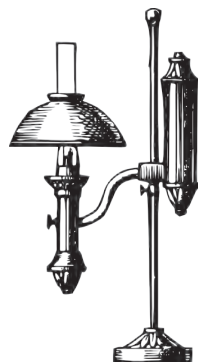
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Victor J. Fariello Jr.



Antique Talk A New Reader Challenge!

It didn't take long for garage sales, estate sales and other activities to start opening up. So we thought it would be a good time to bring back our "Best Find of the Season" Contest for the readers of this column. We are asking you to tell us about a neat item, good buy or unusual antique or collectible that you acquire. And once again there will be prizes and the First, Second and Third Place winning entries will be featured in the October 2021 installment of 'Antique Talk'.

Here's how it will work. Readers are asked to submit a photo and brief description of the item and how they acquired it (garage sale, estate sale, auction, etc.). The item must be purchased between May 1 and July 31, 2021. Entries must be received no later than August 10, 2021. You can mail your entry to Antique Talk, PO Box 194, Washington Mills, NY 13479 or email it to vjfariello@gmail.com. Tell me why you think your item is the "Best Find of the Season."

Now for the prizes:

FIRST PLACE: \$50 Gift Card to Olive Garden and a 1-year subscription to The Magazine Antiques

SECOND PLACE: 2021 Warman's Antiques & Collectibles Price Guide and 1-Year Subscription to Antiques Trader Magazine

THIRD PLACE: 1-Year Subscription to Antiques Trader Magazine.

Multiple entries are ok. If you're not sure which of your finds is the best, send them all in and increase your chances of winning. We've waited so long for this season so get out and enjoy it. There are many treasures, bargains and interesting items awaiting you. What will you find?

Happy Collecting!

New Hartford Questers Wants You!

The J. Schoolcraft Sherman #1519 Chapter of the Questers is an organization in New Hartford dedicated to preservation, restoration and education of historical places, artifacts and antiques. We hold meetings the first Monday of each month (except July and August). We have been meeting by Zoom in recent months but are resuming in-person meetings effective May 2021.

The dues for 2021-22 is just \$28. This includes membership in Questers International, a quarterly newsletter, access to research papers on every antique imaginable and the pride of belonging to a close knit group of individuals with a common interest.

Visit us on Facebook by searching "lovoldstuff" or visit the Questers website at questers1944.org. If you have any interest in joining our group, email me at vjfariello@gmail.com. We would be very happy to have you join us!

Support Your Historical Society

If you haven't already done so, why not renew or start your membership in the NH Historical Society. The cost is \$12 for an individual, \$17 for a family and \$2 for students. Make your check payable to 'NH Historical Society' and mail to PO Box 238, New Hartford, NY 13413. This is a community asset that deserves our support!

Victor J. Fariello Jr. is a lifelong resident of New Hartford and has been a collector and dealer of antiques for many years. He is a past officer and member of the New Hartford Historical Society and is the Charter President of the J. Schoolcraft Sherman Chapter #1519 of The Questers, an International organization for people who love antiques and have a commitment to preservation. Questions on anything related to antiques can be sent to him at PO Box 194, Washington Mills, NY 13479 or by email to vjfariello@gmail.com. Any photos submitted will be returned upon request.

MVCC Offering Virtual Self-defense Courses

Mohawk Valley Community College's Center for Corporate and Community Education is offering two virtual self-defense classes—Weapons Protection Clinic and Senior Self-Defense.

Weapons Protection Clinic will take place from 6 to 8 p.m. May 14 via Zoom, and will cover avoiding, managing, and surviving armed assailant scenarios involving edged weapons, bludgeons, and firearms. Participants will develop a greater understanding and awareness of these weapons and also will learn decision-making skills for active shooter, mugging, and intimidation scenarios. This course is designed for those 12 years or older; no experience is necessary.

Senior Self-Defense will take place from 2 to 4 p.m. June 16 via Zoom, and will cover the most common scenarios senior citizens may face in their everyday lives. The class will focus on methods the average senior can use to avoid, manage, and survive potentially violent encounters. This course is designed for those 55 years and older; no experience is necessary.

For more information and to register for classes, visit mvcc.edu/cced.

Jadhon to Seek Re-Election to New Hartford School Board

John Jadhon has announced that he is seeking a third term on the New Hartford School Board.

Jadhon was first elected to the Board in 2011. During his time on the Board Jadhon has served as the Board President for three years and has Chaired the Budget & Finance Committee, the Policy Committee and the Building Grounds and Transportation Committee. Jadhon is currently the Chair of the Building Grounds and Transportation Committee and the Board representative on the district wide Health Insurance Committee. In 2020 Mr. Jadhon received the NYS School Board Association's Board Mastery Award. Mr. Jadhon is a partner in the Matt Law Firm and currently has 3 children attending New Hartford schools.

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Judge Joan Shkane

This is a continuing discussion of Legal Myths and Reality, because those informed are always the most successful.

MYTH: In a criminal case in federal court in New York State, neither party is required to share evidence with the other, and can hide it from the accused when

appropriate.

REALITY: This is absolutely untrue! This illegal tactic is called “trial by ambush”! The overriding goal of a trial in the past, present, and hopefully forever, is to find the truth and insure justice. Who wins and who loses is irrelevant to the fair functioning of the legal system. In Britain, barristers (lawyers) serve sometimes as prosecutors, and sometimes as defense attorneys, sometimes as each on any given day. They are completely interchangeable. Even barristers within the same office may represent different sides. In the U.S. we have professional prosecutors who never act as defense attorneys. And vice versa. One often wonders if the British way is a better way to find the truth since neither side has a personal stake in winning, and what you do to an opponent today may be turned on you tomorrow. It also tends to keep the police in their proper role, that of investigators and witnesses, without overfamiliarity and undue collaboration with the prosecuting authority.

In the U.S., the two major types of criminal courts are state courts and federal courts. State court prosecutors in criminal cases are the district attorneys for each county. They are elected. Federal court prosecutors are the U.S. attorneys. They are politically appointed. Both sides in a criminal case, prosecution and defense, must disclose certain information to the other. This obligation is named after the case that established the rule, “the Brady Rule”. Most attorneys agree that the most important information that a prosecutor must give the defense is material that could tend to prove the accused’s innocence. This rule does not require the defense to ask for the material, since they would not even know it exists.

Sometimes in the federal system, in their zeal to win, and contrary to the goal of justice, the prosecutor will try to bury the defense in paper. The goal is to hide the important paperwork in many, many sheets of paper in the hope that the defense will not read it all. The prosecutor can then honestly say that they turned the paperwork over, and that it is the defense fault for not finding the needle in the haystack. This may be flying dangerously close to the sun! One wonders where the search for truth vanished. Three times I have experienced receiving paperwork that filled a medium sized office room. Obviously, the idea was to overwhelm the defense, and to bury important papers in the mass of paperwork. Hundreds and hundreds of hours were needed to weed through the irrelevant or less relevant, or unusable, paper.

In a recent case late at night in Manhattan a prosecutor found an important piece of evidence that could tend to show the accused’s innocence. The trial it pertained to was nearly finished. The prosecutor had had the document for years, but never turned it over. This was the second time she failed to make full disclosure during this trial. When it was discovered, the prosecutors leading the office decided to bury it the next day by giving it to the defense with more than 12 already disclosed documents. The prosecutor won at trial, but later, when the defense discovered the illegal conduct,

the prosecutors asked the trial judge to overturn their own winning verdict! The Judge did so, and ruled that the prosecutor cannot bring the case again. It is over, and the defendant is free. Clearly, the prosecutors knew that they had misbehaved. The prosecutors claimed that the error was an accident, and the Judge agreed. All the same, the Judge said that the errors were “grave derelictions of prosecutorial responsibility.” Some may say that one of the worst results of the saga may be that an arguably international money launderer will never come to justice on those charges.

Many attorneys have called on President Biden to remove the U.S. Attorney for Manhattan because of this and similar conduct. They have also called on Attorney General Merrick Garland to make the U.S. Justice Department more transparent and accountable. They want a reform of disclosure rules and a wider review of how prosecutors make these decisions. They also call for investigation into the prosecutors’ conduct by the Office of Professional Responsibility. Prosecutors must now undergo retraining on Brady rules, and a new disclosure committee will be established. This will be made up of high-ranking attorneys to develop improvements. Last October, Congress passed the Due Process Protection Act. This law makes it easier for judges to punish Brady violations. Some punishments can be fines, dismissing the case, and banning the prosecutor from appearing in Court. It can also permit removal of the offending prosecutor’s license to practice law. Judges also are called on to strongly forbid and punish this behavior by anyone, at any time. Without tighter rules and greater penalties, defense attorneys do not trust that prosecutors will follow these rules. Disclosure must be turned over early on, in its entirety. The disclosure rules require the defense to turn over certain material also, but the defense often does not have the resources or access to even discover such material.

Many New York State prosecutors (County District Attorneys) have an open file policy. Under this policy the defense has access to everything the prosecutor has. It is the federal system, not the New York State system, that many say requires reform.

MYTH: New Yorkers have no right to be prosecuted by elected officials, and not political appointees.

REALITY: New Yorkers are subject to two general types of prosecutions. One is state and the other is federal. The state prosecutions are led by the appropriate district attorney (sometimes along with the New York State Attorney General), and the federal prosecutions are led by the U.S. attorney. The local district attorney is elected, and the federal prosecutor is appointed. In 2012, the New York State Governor and Legislature made a law that there should be a statewide special prosecutor to handle crimes against the most vulnerable residents. This would include the disabled, elderly, and children. The special prosecutor would be part of the Justice Center for the Protection of People with Special Needs. They would investigate and prosecute alleged crimes of abuse or neglect of vulnerable victims in facilities operated, licensed or certified by the state.

The case against this prosecutor ultimately arrived before the New York State Court of Appeals, the highest N.Y. court. In the end of March, 2021, the Court decided that the New York State government illegally took power from elected officials (county district attorneys) and gave it to unelected politically appointees. While the goal to protect the vulnerable may be appropriate and even praise worthy, the state government cannot take power from the district attorneys and give it to a statewide governor appointee. However, on request of the district attorneys, the appointed official can assist the district attorneys in enforcing the law. Since this

illegal prosecution has been working since about 2012, without the participation of a district attorney, there may be cases that will have to be overturned now. There even may be many cases! This, of course, will be at taxpayer expense.

Giving attention to legal myths is not wrong. It can be a starting point for developing an interest in the law. However, if specific legal issues are important in your life, for instance, regarding custody of children or money payable for any reason, it is wise to consult a lawyer who can advise you on the truth of legal myths. This discussion is not intended to render legal advice on specific cases or to express an opinion on any specific case.

80% of Americans Experience Back Pain, But 100% of PTs Know How to Prevent It

submitted by Helen Sarandrea, PT

Got back pain? You’re not alone. Eighty percent of Americans suffer from low back and neck pain at some point in their lives. Let that sink in. With such great odds that you—or someone close to you—will one day become a statistic, wouldn’t it make sense to arm yourself with preventive strategies and knowledge? Physical therapy is a good place to start.

By performing a thorough evaluation, a physical therapist can identify the muscular, postural and skeletal limitations that could one day lead to an episode of back pain. As part of the assessment, she will observe as you perform a series of exercises and then gather an account of your daily activity level and environmental factors like operating machinery or working at a desk 40 hours a week.

The PT will then use all of this knowledge to design a personalized exercise program and teach you a few APTA-approved strategies to prevent back pain:

- Use good body positioning at work, home and during recreational activities.
- Keep the load close to your body during lifting.
- Ask for help before lifting heavy objects.
- Maintain a regular physical fitness regimen—staying active can help to prevent injuries.

Lifestyle can play a big role in back pain. In fact, inactivity and incorrect body mechanics while participating in certain activities are two of the biggest contributors to back pain. In addition to the strategies listed above, it’s also helpful to pay attention to little things throughout your day that could add up to bigger problems down the line. Let’s go back to that desk job for a minute: How often do you get up to walk, stretch and move throughout the day? A good rule of thumb

is to stand up or move every 30 minutes. You may get bonus points with your boss, too, as your productivity soars due to the increased activity.

While low back pain rarely becomes serious or life-threatening, it can be quite painful and interfere with our daily lives. Working with a physical therapist can help patients identify the factors that might contribute to back pain and help to develop a prevention plan. But the healthcare professionals are also a great place to turn when you’re seeking treatment for back pain or hoping to prevent a recurrence.

With such good odds that you could one day become a low back pain statistic, why not do everything in your power today to change your trajectory? Seems like another good reason to find an activity (or better yet, two or three activities) that you enjoy, make it a regular part of your day and stick to it!



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NH Chamber News

**MAY
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Chamber Welcomes Lafa Mediterranean by Zeina's

On Monday April 19th, The Chamber welcomed Lafa Mediterranean by Zeina's to our membership and to New Hartford with a Ribbon Cutting ceremony. This was followed by a day-long Grand Opening celebration where the Zeinas donated fifty percent of their sales to the New Hartford Fire Department.

In July 2016, the Zeina family was displaced from their home due to a tragic fire that left their house uninhabitable. Luckily everyone was safe and the structural damage was limited to the kitchen area. Lafa manager/owner Elias Zeina explains "The New Hartford Fire Department was quick to respond to the fire and were extremely empathetic during a challenging time for our family. We are honored to support this organization in any way we can."

Lafa Mediterranean by Zeina's is a fast-casual "walk the line" Mediterranean restaurant specializing in completely customizable grain bowls, pita wraps, and salads, with ingredients prepared in small batches in an open kitchen. The menu features a variety of classic Mediterranean favorites such as hummus, falafel, taziki, shawarma, and baklava. As well as a selection of hand-crafted modern Mediterranean options such as lamb meatballs, red pepper sauce, and quinoa tabouli.

Lafa is located in the Men's Wearhouse Plaza at 4666 Commercial Drive, New Hartford and is open Monday-Saturday 11:00am - 8:00pm. For additional information, please follow Lafa on Facebook and Instagram or contact manager/owner Elias Zeina at (315) 606-5232.

Chamber Receives Member Support for Farmers Market Fun

The New Hartford Chamber has received summer sponsorships for this year's Farmers Market in Sherrill Brook Park which is slated to begin on Tuesday June 15th from 4pm until 7pm. New Bronze Bounty sponsors for 2021 are Sangertown Square, New York House of Hair, Notre Dame Elementary School, and Utica Gas & Electric Federal Credit Union. We wish to extend a warm thanks to these chamber members for their support of live music and family fun activities to coincide with Farmers Market days throughout the summer.

The Chamber is still seeking Silver Seedling and Golden Harvest sponsors. Please visit www.NewHartfordFarmersMarket.com for more information!



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Please visit NewHartfordFarmersMarket.com for more details.



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New Hartford Hockey Keeps Memory Alive with Nick Weaver Memorial Award

The New Hartford Spartans varsity hockey team is one of the most storied programs in New York State, boasting an all-time record of 642 – 534 – 49 since its inaugural season in 1962. Despite a handful of league, section and even one regional title in the preceding years, the season that really thrust the Spartans into an elite class was 1996-97 which gave New Hartford its first ice hockey state championship. That legendary team was captained by senior, Nick Weaver who currently places 25th among all-time New Hartford scoring leaders with 87 points compiled between 1994 and 1997.

Despite an impressive career in his own right, Nick was not the most dominant player on that team. He played alongside a collection of all-star forwards including Adam Foote, Sean Kotary, Kyle Stevens and Dan Paciello; however, ask anyone involved with that team and they will tell you that Nick was the undisputed leader.

Sadly, Nick lost his life in a plane crash in 2015. Since then, Nick’s family has sought to transform its grief into a positive force through the New Hartford hockey program, which Nick was instrumental in elevating. Since 2016, with the support of Nick’s family, the team has awarded the Nick Weaver Memorial Award to a college-bound Spartan senior who demonstrates team leadership and dedication as exemplified by Nick himself. The award is accompanied by a \$500 check to assist the recipient with college expenses, typically raised through a variety of methods including a memorial hockey game that takes place in Florida, where Nick resided prior to his passing.

“It is an honor for New Hartford Spartans hockey to play a role in preserving Nick’s legacy by awarding the annual Nick Weaver Memorial Award,” said Assistant Coach, Jordan Peters. “My brother played on the 1996-97 team so I had an up-close view to Nick’s leadership throughout that historic season. He was everything a New Hartford captain should be.”

- Recipients of the Nick Weaver Memorial Award
- 2016 – 17: Nick Strassberger
 - 2017 – 18: Michael Fiorentino
 - 2018 – 19: Matt Nerber & Juliano Macera
 - 2019 – 20: Logan Kraft
 - 2020- 21: Michael Hansen



Nick Weaver
photos are courtesy of
Gay DiNitto



Nick is front row, center - NY State Division II State Champions 96-97 team pic



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The Clinton Garden Club

The Clinton Garden Club cordially invites you to partake in a community garden tour sharing some of our favorite gardens in Clinton and New Hartford on Saturday, July 17th from 10am-4pm. There will also be a small plant sale on the village green in Clinton, throughout the day, from 10am-4pm. Both the tour and plant sale will occur rain or shine. Tickets can be purchased in advance online at the Facebook page, <https://www.facebook.com/clintongardenclub>, via messenger or at the Farmer's Market in Clinton in June for a discounted rate of \$12 per ticket. Tickets will also be sold under the gazebo on the village green in Clinton on the day of the event, July 17, starting at 10am for \$15 per ticket.

The Clinton Garden Club and its supporters historically enhance community projects, such as the Kirkland Library through the Susan Callahan Library Book Bag Program along with the maintenance of the perennial border along the entry drive, the Blue Star Memorial Program, the NYS DEC student campership program for a Clinton Middle School student, a contribution to the Root Glen "Friends" and Arboretum on the Hamilton College Campus, Garden Therapy at the Lutheran Home's Active Day Program, a scholarship offered to a Clinton High School senior interested in the environment and the planting and maintenance of the summer floral barrels in the village of Clinton.

Follow Clinton Garden Club's Facebook Page for updates. The tour will be operated in accordance with appropriate COVID safety guide.



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Rotary Club of Utica Announces Spring Internship with Oneida County Sheriff's Dept.



*Tarek Bhuiyan,
Utica College Student*

This semester, the Rotary Club of Utica placed a Utica College senior, Tarek Bhuiyan, in a virtual internship with the Oneida County Sheriff's Department. Mr. Bhuiyan is a student in the Cybersecurity curriculum and hopes to pursue a career in law enforcement and security. The internship is for the duration of Utica College's spring term, and includes a \$2,000 scholarship, supported jointly by the Club's Service Fund dollars, and funds from the Oneida Co. Sheriff's Law Enforcement Foundation. Mr. Bhuiyan, the second Rotary Club of Utica intern to be hosted by the Sheriff's Department, said "This internship program has brought me one step closer to achieving a lifelong dream."

Since its founding in 2014, the Utica Rotary internship program has placed nearly two dozen students from three area colleges (Utica College/Mohawk Valley CC/SUNY Poly) into local businesses and nonprofits for semester-long internships. For more information on the internship program please visit Utica Rotary's website at uticarotary.org.

Utica Rotary would like to thank both the Sheriff's Department and their Law Enforcement Foundation for their support of the internship program.

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Unlimited visits, \$100/month, no long term commitment. MMA gloves required for this program and due to covid restrictions, there are only 8 spots available.

Athlete Self Defense:

For Kids 8-16yo. This class is designed to not only give your athlete the the performance they're looking for on the field, but also the confidence to defend themselves against physical harm.

Classes are 50 minutes long.

Monday, Tuesday, Thursday at 4:15pm and Saturdays at 11am.

Unlimited visits, \$100/mo, no long term commitment.

MMA gloves required and due to covid restrictions, only 9 spots are available.

MMA 101:

For those 15 and up beginning the journey into MMA, MMA 101 will provide the perfect introduction. Focusing on the fundamentals of all aspects of MMA this class will make you capable at a comfortable pace and environment. MMA 101 is split into 2 groups of Male and Female.

Classes run Mon, Tue & Thur from 6-7:15 and Saturdays noon-1:30pm.

\$100/mo no long term commitment.

MMA gloves required and due to covid restrictions Only 5 female and 6 male spots available.

Jr. MMA:

Designed for kids 8-14yo this class will teach your children real skills to handle real situations.

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Jr. MMA runs Mon Tue Thur from 4:30-5:45pm and Saturdays at 11am.

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****All CDC Covid-19 safety guidelines and procedures will be practiced**

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Investigating Attic Condensation And Mold Growth

Attic condensation and mold growth are common problems for homeowners. Attics generally have limited access and homeowners seldom, if ever, enter them unless they suspect a problem or if they store seasonal items there. As a result, attic condensation or its results may not be detected until long after the conditions have changed, making it difficult to determine its cause.

Signs of Attic Condensation

The first sign of an attic condensation problem is most commonly mold because its dark colored patches stand out against the typically lighter colored wood of most roof sheathing. The actual moisture that promotes the mold's growth can go unnoticed because of its natural clarity and its appearance as a collection of very fine droplets. Regardless of whether moisture or mold is detected first, condensation is the underlying cause.

Condensation most commonly forms in an attic on the underside of the roof's sheathing. Unlike roof leaks' typically well-defined and isolated locations, condensation and its resulting mold will often cover the underside of an entire roof slope and be uniform in appearance. If condensation amounts are significant, the moisture can drip from the sheathing and onto the top of the ceiling below and may give the impression that a roof leak has occurred. These stains will likely be widespread and random rather than concentrated in a location as is typical for a roof leak.

Condensation Causes

Like all condensation, attic condensation occurs when moisture in the attic's air encounters a surface that cools the air to a temperature at or below its dew point. Since the air's temperature is susceptible to change, its

ability to hold moisture can shrink or swell, holding more when it is warmer and less when cooled.

Depending on the season, the humid air in the attic can originate within the house below, in its basement or crawlspace, or from the exterior (Figure 1). Inside the house, the air will probably not feel humid or uncomfortable and if a humidistat is present, its readings can be well within the normal range of 40% to 60% relative humidity with a temperature of 68 to 72 degrees Fahrenheit. However, during cooler months when this air migrates into the attic as part of a house's normal air circulation, its temperature can be changed dramatically, particularly when it contacts materials with surfaces that are exposed to the exterior. If those surfaces cool the air sufficiently, then condensation will form.

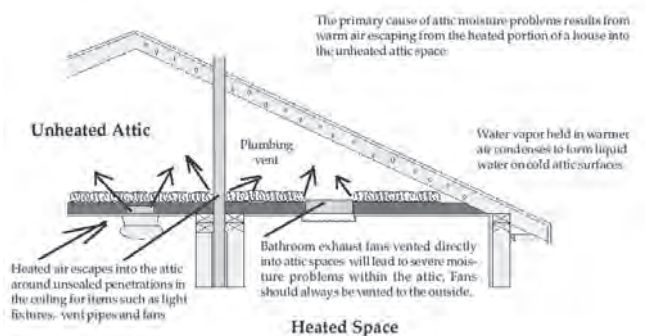


FIGURE 1: HEATED AIR PATHWAY INTO ATTIC

The best chances for these surfaces to have cool enough temperatures for condensation to occur will occur during winter months, but such conditions can occur in summer months as well when evening temperatures can drop sufficiently to produce condensation. Although normal humidity levels can produce condensation, elevated humidity levels make the problem more likely to occur. Excess humidity can occur because of damp or flooded crawlspaces or basements, maintenance problems such as improper clothes dryer, bathroom fan or kitchen hood exhausts, HVAC equipment failures, and unvented combustion appliances.

Attic Ventilation

In attics, ventilation also plays an important role in the formation of condensation and mold. Warm moisture-laden air enters the attic from the house by design. Soffit and roof vents are intended to promote this ventilation in order to bring fresh air into the living space and expel stale and humid air to the exterior. A typical house should have at least one complete exchange of its air every three hours, but this will differ depending on the age and construction of the dwelling. When designed and functioning properly, such ventilation should be able to remove excess humidity from an attic before it produces harm.

Problems with attic ventilation commonly occur because the soffit vents are blocked or simply aren't provided. Soffits can be blocked by improperly applied insulation in the eaves, or by paint filling the grills of the ventilator covers. Without functional soffit vents the convection currents cannot form and little or no air will be exhausted from the roof vents. When such conditions are present mold will often be present on the roof sheathing except within a few inches of the roof vents' penetrations.

Investigating Claims

When investigating an attic condensation claim consider the following:

Is the problem really the result of condensation?

Attic condensation will be widespread and typically will appear on the underside of the roof decking.

Condensation in an attic will form first on nails that penetrate the sheathing and thus check them for evidence of corrosion.

Localized moisture problems, particularly around penetrations and at roof valleys are likely the result of leaks and not condensation.

Check for drip marks on dust-covered surfaces on the attic floor.

Is the attic ventilation adequate?

Are roof and soffit vents present and unblocked?

What is the source of the excess moisture?

Wet crawlspace, basement or cellar?

Maintenance issues such as improperly connected clothes dryer vents, bathroom fans or kitchen exhaust hoods.

Are unvented combustion appliances being used such as gas logs, stoves, or kerosene space heaters.

For more information on any concerns, please feel free to call Disaster Services. When in need of emergency or non-emergency services, Disaster Services. offers immediate response to damage caused by water, fire, smoke and mold. We are a N.Y.S. licensed mold removal firm and recognized by all insurance carriers, working closely with both the home owner and insurance carrier. When calling our office, you will always speak to a certified technician not an answering machine. We realize that in your time of need you should be speaking to a live voice, not a machine. When your emergency arises, call Disaster Services at 315 797-1128... day or night.



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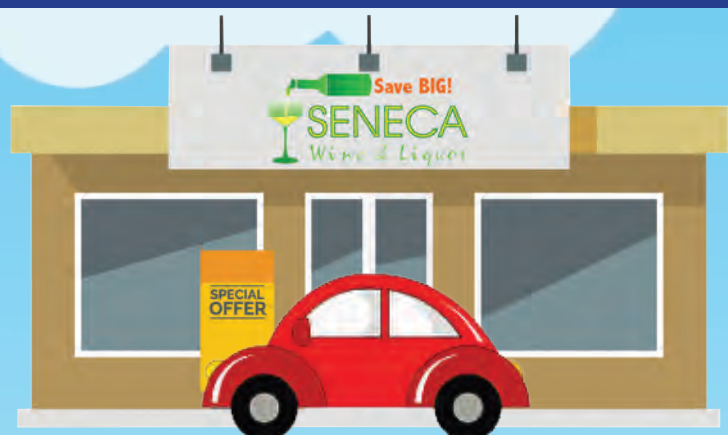
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Catherine Cominsky

Cominsky to Present on Effective Communications Strategies for Dementia Caregivers

Catherine Cominsky, an author from Old Forge who writes under the name Kate Hanley, will be the featured speaker at an Alzheimer's Association education program in May. Cominsky will present Effective Communications Strategies, a one-hour education program, followed by a 30-minute discussion of overcoming challenges related to dementia behavior and communication from her perspective of a daughter providing care for her mother. The presentation takes place May 17 from 2 to 3:30 p.m. Registration is free at 800.272.3900.

Effective Communication Strategies examines how individuals living with Alzheimer's disease or other dementias communicate with caregivers, especially when the disease impacts cognition and language. The program explores how communication takes place when someone has Alzheimer's, decoding verbal and behavioral messages delivered by someone with dementia, and identifying strategies to help you connect and communicate at each stage of the disease. Cominsky is the author of two books on dementia. She is also an adjunct professor of education at Utica College. Her 2019 book, *Breakfast Memories: A Dementia Love Story*, focuses on her journey as caregiver for her mother. It was during this time that she discovered a collection of love notes and poems from her deceased father to her mother, providing her new perspective on her parents that she had never seen previously and emotionally recentering her as her mother's dementia continued to advance. The first 50 people from the Central New York area to register for the program will receive a copy of Breakfast Memories.

Blooms of Hope to Benefit Hospice & Palliative Care

Hospice & Palliative Care is proud to announce their "Blooms of Hope" Hanging Basket Flower Sale. Vouchers for 10" and 12" Hanging Baskets are on sale and can then be redeemed at River Road Farm and Greenhouses in Marcy during the month of May. There will be a variety of hanging baskets with different flowers to choose from. 10" baskets are \$20 each and the 12" baskets are \$30.

Mother's Day is May 9th, so make plans now to buy a voucher for a beautiful hanging basket for your mother, grandmother, daughter, friend, babysitter, co-worker etc. Also, Memorial Day is May 31st, and is a wonderful time to honor Veterans, loved ones and enhance our homes and gardens with beautiful flowers. Each flower basket purchased will be adorned with a small American flag in recognition of Hospice's "We Honor Veterans Program".

"This is a wonderful opportunity to support the hospice mission and surprise a loved one with a hanging basket for any upcoming occasion. Vouchers will be mailed to purchasers and then they can present it to someone in their own card. Mother's Day giving has never been so easy!", state Sue Miller, Blooms of Hope Co-Chairperson.

To order go to www.hospicecareinc.org under the Events tab, call Hospice & Palliative Care at 315-735-6484, or stop in Monday-Friday, 8:00 a.m.- 4:00 p.m. at the 4277 Middle Settlement Road office. Make someone feel special and have an impact on the lives of others at the same time!

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 Mon-Thurs Masses: 9:10am
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 317 Oriskany Blvd, Whitesboro - 797-4520
 Sunday School Small Groups 9am
 Sunday Morning Worship 10:30am
 Sunday Evening Youth 5pm
 Sunday Evening Discipleship 5:30pm
 Tuesday Morning 6:30am Men's Fellowship Breakfast at New Hartford Campus
 Wednesday Evening 6:30pm Praise Team Practice
 Wednesday Evening 7pm Prayer Meeting
 Thursday Evening 6:30pm College/Career Ministry
 Website: crosspointchurchonline.org
 Sunday Morning Services streamed live
 Pastor Sam's message available at our website
We are handicapped accessible!

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hopealliance4291@gmail.com
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 Fridays: Christian Service Brigade - 7pm
 Sundays: Jr. & Sr. High Youth Fellowship - 6pm
Hope Alliance Church is handicapped accessible.

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150 Clinton Road - 735-8381
stthomasnh@syrdio.org
 Pastor: Rev. David Sears
 Saturday Vigil: 4 p.m.
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 Confessions: Sat. 4:45-5:15 p.m.
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 Sunday Morning Worship Service 10:00 am
 Nursery, Preschool and Children's Worship hour: 10:00 am
 Prayer meeting held every Wednesday at 6:30 pm
 Youth Group for ages 12 and up meets every other Saturday from 6-8 pm. See our website for schedule.
 Church is handicapped accessible.

NEW HARTFORD PRESBYTERIAN CHURCH

45 Genesee Street, NH 315-732-1139
newhartfordpresbyterian.org
office@newhartfordpresbyterian.org
 New Hartford Presbyterian Church will resume in-person worship at 10:30 a.m. on Sunday, May 9, with appropriate safety guidelines of social distancing, wearing masks, etc., observed. Services will also continue to be livestreamed on Facebook. The four members of the 2021 confirmation class will be confirmed during worship on Pentecost Sunday, May 23. Church committees and groups will have the option of resuming in-person meetings in May, also following the safety guidelines. NHPC is collecting nonperishable food items to support the Seeds of Hope food pantry; items can be dropped off at the church weekdays between 8 and 3. The latest information about NHPC is available on its website and Facebook page.

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 on Facebook "First Baptist of New Hartford"
 Sunday Service - 9:30am
 Sunday School - 11:00am
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10 Higby Board, Utica NY 13501
 (315)724-3179 uuutica.org
 Minister: The Rev. Lori Staubitz
 Sunday services 10:30 AM on Zoom
 Zoom information: uuutica.org
 May 2nd, 2021- Double Vision: Seeing With The Mind and Heart - Rev. Lor Staubitz
 We have all been fascinated by "optical illusions", those visual tricks of the eye and mind that invite us to see two completely different pictures depending on how we adjust our gaze. Well, it seems that tricks of perception occur in our daily interactions with others as well. Come explore how we can correct your own vision to take in a fuller reality and be amazed at the power inherent in our own choices.
 May 16th, 2021 - Fasting and Feasting - Imam Amsal Memic
 The celebration of Ramadan is considered one of the Five Pillars of Islam, and involves a month during which Muslims fast from dawn to sunset. Although to those on the outside, this may seem like deprivation, Muslims find it a deep spiritual experience. At the end of the month, it is time to celebrate Eid al-Fitr, or the "Festival of Breaking the Fast", during which eating is now obligatory. We will consider the spirituality found in the processes of fasting and feasting and hear from one of our local Imams about what this holiday means to his Muslim community.
 May 23rd, 2021- Pentecost for "Spiritual-but-not-Religious"
 Folk - Rev. Dr. Randolph Becker
 The sudden emergence of insight and meaning has been the

stuff of legend and epics for all eternity. It has never belonged to any one faith tradition nor any one set of religious expressions. In fact, one need not be religious at all to know the wonder of such enlightenment. Our transcendentalist heritage affirmed this, so let's celebrate together that "revelation is not sealed."

The Rev. Dr. Randolph ("Randy") Becker grew up in this congregation, spent 50 years in professional Unitarian Universalist leadership, and now in retirement writes mystery novels and lives in Key West (except for the summer months when he is at nearby Cedar Lake).

May 30th, 2021 - How Can I Keep From Singing?

I once heard a joke that Unitarian Universalists are essentially Quakers - except that we fill all of our silence with music! In this service, we will explore how our congregation has been enhanced by music over the years and share stories of our favorite hymns and how the members of UUUtica have found spirituality in music.

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 Sunday Morning Prayer - 8:30am
 Worship Service - 9:30am

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 10:30am - Worship is led by our Pastor, Peter Saie
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Service Times:
Sunday School

Sunday Adult Service: 10:00 a.m.

Wednesday Night Prayer: 7:00-8:00 p.m.

Thursday Evening Bible Study: 7:00 p.m.

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Sunday Service 10 AM
(Nursery & Sunday school provided)
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Monday Night Bible study (every 3rd Mon.) 7 PM
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Good Friday April 10th, 7pm
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Scott Leonard, Commissioned Lay Pastor
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E-mail: stonepres@verizon.net
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Office Phone: 853-3358

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500 Plant St. Utica (Oneida Sq. across from Dunkin Donuts)
Mike Ballman, Pastor www.cornerstoneutica.com
mike@cornerstoneutica.com
Sunday Mornings: 11:15am
Last Sunday of month 10:30am

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Website: www.christchurchreformed.com
Facebook:
<https://www.facebook.com/ChristChurchReformedPresbyterian>
aarongoerner@gmail.com
Pastor: Aaron Goerner
Services:
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Sunday Worship: 11AM
Thursday Bible Study 7PM

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630 French Road, New Hartford 315-732-4110
Sunday Mornings 10 AM
Sunday Contemporary Service 12:15 PM
Email: office@zionluth.com
Website: www.zionlutheranNy.org
Facebook: Zion Lutheran Church, New Hartford NY
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9417 Maynard Drive Marcy, NY
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Come As You Are
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info@mohawkvalley.church
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churchoffice@tbcutica.org
Facebook: Tabernacle Baptist Church
www.tbcutica.org
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Rabbi Peter Schaktman
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Executive Director: Mrs. Mundy B. Shapiro
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Sabbath Morning Services: 9:30 a.m.
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Personal Hygiene Kits Donated

Hailey Mahardy (left) and Victoria Cioni, members of New Hartford Presbyterian Church's 2021 confirmation class, recently collected personal hygiene kits assembled and donated by church members earmarked for distribution by Church World Service to families suffering from disasters around the nation and world. Other members of the class who participated in the project were Alayna Painter and Kira Painter. The class will be confirmed during worship at NHPC on Pentecost Sunday, May 23.



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Heather Mowat Announces Candidacy for Oneida County Legislator

Heather Mowat announced her candidacy for Oneida County

Legislator – 15th District which encompasses a large section of New Hartford. She will be looking to replace Jim D’Onofrio who will be stepping down after more than 30 years of service as an Oneida County Legislator for the Town.

Mowat grew up in Oneida County earning her Bachelor’s Degree in Accounting from Utica College and a Master’s Degree in Taxation from SUNY Albany. Mowat is also a Certified Public Accountant (CPA).

Having extensive experience in finance, both in government and the private sector, Mowat previously served as the Town of New Hartford’s Comptroller. She also served on the New York State Senate’s Finance Committee in which she oversaw major statewide and regional economic development projects and initiatives for the NYS Senate.

In the private sector, Mowat began her career with the Barone, Howard, Hilton and Powers CPA firm in

New Hartford and was a principal for The Bonadio Group, a top 50 accounting firm with more than 10 locations. At the Bonadio Group, Mowat managed financial statement audits for counties, cities and towns throughout NYS. Currently, Mowat serves as the Budget Director for the City of Utica.

In addition, Mowat volunteers her time as the immediate past-President and current Vice-President of the New Hartford Public Library and serves as the first ever Chairwoman of the Town of New Hartford’s Planning Board. She was recently appointed by the SUNY Board of Regents as a Board Member for the NYS Board for Public Accountancy and serves as a Supervisory Committee Member for the First Source Federal Credit Union.

Mowat has been endorsed by both the Town of New Hartford’s Republican Party and the Oneida County Conservative Party.

Mowat stated, *“I love our community, and I believe in public service. Now more than ever, we need qualified individuals in office to address the complex issues facing our County. Given my financial background, and unique and diverse experience in government and the private sector I can be an asset to my constituents.”*

Mowat continued, *“I’ve worked for and with Republicans and Democrats throughout my career because public service isn’t about party politics, but rather doing what’s in the best interest of those we represent. If I’m elected, I will work with all willing partners to do what’s best for my district”*



Fair Trade Shop

“It is because of UPAVIM that I am alive. They have supported me, given me advice, scholarships for my children and medical care.” (Sonia Reyes). UPAVIM (“Unidas Para Vivir Mejor” or “United to Live Better”) in Guatemala allows women like Sonia to change their lives, to have a dignified and better life. In our Fair Trade Shop at Stone Presbyterian Church, 8 So. Park Row, Clinton, we have a large selection of handcrafted items from UPAVIM, including worry dolls and handpainted stoneware mugs. These and many, many more unique handcrafted gift items from 38 different countries are available for your shopping pleasure. Purchasing fair trade items ensures artisans and small farmers fair wages and healthy working conditions, providing dignity, sustainable development and hope to marginalized people. OUR 25% OFF SALE IS STILL IN EFFECT UNTIL FURTHER NOTICE. Our hours are 10am to 4pm every Thursday and second Saturdays. Face masks are required. **LET US BE YOUR GO-TO GIFT SHOP!** For more information, visit us at <https://buildingstonesshoppe.square.site> or www.facebook.com/buildingstonesfairtradeshoppe.

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Senior Center News

NH Senior Center News

submitted by the staff

Happy Springtime to all our seniors! April showers have certainly brought us beautiful green grass, flowers blooming and trees budding. Please get out and enjoy this wonderful time of year, but remember to wear your mask. Most of us have had our vaccines and feel safer being around other folks, but we still need to be cautious and stay safe and healthy. We just can't believe it's been over a year that the Senior Center has been closed. We have all missed so many programs and events.

In May we usually celebrate Mother's Day and recognize all of our volunteers with a special luncheon. We have so many special folks who come to help us including Annette, Jeannette, Ruth, Barb, Marlene, Steve, Sara, Dave, Barb and her brother Hans, Marcia, Celia, Gary, Sheila, Nancy and Martha, plus others we may have missed. We want to say thank you for helping the staff, we couldn't do it without you. Hopefully we can all get together soon. It is going to take the State, County, Town and Health Dept to help us get our room ready using guidelines and protocols. We have very active seniors who are interested in gardening and crafting and coming to the center. When we open, they will make dish or basket gardens with the seniors. This may be a new idea for us to consider along with our knitting, sewing group, card players and exercisers. Seniors do need to stay active physically and mentally

We are so sorry to hear of our dear senior Eleanor Harrington passing. She was very Active in our Aerobics and knitting group. Our sympathies go out to her family.

Our staff has now been able to meet to write out cards to keep in touch with our seniors. We also discuss how we can open and keep everyone safe. Two of the pictures show us meeting in the village green.

We hope all are doing well and staying healthy. Please call our number 315-724-8966 if you need help.



Photos from Past and Present
NH Senior Center Meetings

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Community News

THE TOWN CRIER 33



Dr Tallat Mahmood and Julie Dewey, Nurse Practitioner Join Hospice & Palliative Care's Medical Team

Dr. Tallat Mahmood has joined Hospice & Palliative Care, Inc. as a Hospice Medical Director. Hospice & Palliative Care is the sole provider of hospice services in Oneida, Herkimer, and eastern Madison counties. In this role, she will work directly with patients and their families receiving hospice services. Julie Dewey, FNP-C has joined Hospice & Palliative Care as a Nurse Practitioner who will support the Hospice and the A.I.M. Palliative Care Programs. Dr. Mahmood and Julie Dewey FNP-C will augment the medical team consisting of Dr. Maria Gesualdo, DO, Dr. Merima Ramovic-Zobic, DO and Liane Chlus, FNP-C.

Dr. Mahmood obtained her Medical degree from Aga Khan University Medical College in Karachi, Pakistan. Soon thereafter, she completed an internal medicine residency from West Virginia University and a Hematology/Oncology Fellowship from Tulane University. She has worked for the past 20 years in Michigan. Upon completion of her fellowship in Tulane, she worked in various hematology/oncology practices, hospitals and served as the medical director Memorial Healthcare Hospice in Owosso, MI for nine years and as the Medical director of Owosso Memorial Cancer Center for seven years. Most recently she has been an Assistant Professor of Medicine at Upstate Medical University.

She has over 20 years of professional knowledge and experience in treating all cancers as well as in supportive care. An expert in her field, she has special interests which include colon and breast cancer and Non-Hodgkin Lymphoma. She has participated in clinical trials, as well as ASCO (American Society of Clinical Oncology) Quality Initiative. Dr. Mahmood also participated in the Michigan Quality Oncology Consortium.

“As a hospice physician I can connect with patients in a very meaningful way. It is a true privilege to care for patients at a very vulnerable point in their lives. I strongly believe that everyone has a right to be comfortable. “To cure sometimes, to relieve often, to comfort always.” These words call out to us from the sentiments and aspirations of Dr. Edward Livingston Trudeau”, stated Dr. Mahmood.

Hospice and palliative care are two different types of care that are often confused. Both provide pain and symptom relief for people with serious illness, but there are important differences and Hospice & Palliative Care can help a patient decide what is best for them.

Hospice is defined as care for people in the later stages of serious illness who are expected to live months rather than years. People often choose hospice care when treatment is no longer working, there is no cure for their terminal illness or they don't want to continue treatments to try to cure a terminal disease. Hospice is

for people who want to maximize the time they have left, surrounded by what matters most to them. These patients do not want to continue to be in and out of the hospital. Less than two percent of hospice patients ever need to return to the hospital. What we often hear from patients and families is that they wished they had taken advantage of hospice services sooner. These patients have opted for quality over quantity. Hospice & Palliative Care ranks in the top five of New York State hospices for the quality care it provides to patients based on patient satisfaction surveys submitted to the Centers for Medicare and Medicaid services. The patient and family soon realize we are there for them 24 hours a day, 7 days a week and they can call on our services as much or as little as they need to at any given time during their time on our service.

The definition of palliative care is care that provides relief from symptoms of a serious illness and side effects of treatments. Palliative care is an option before there is a need for hospice. Patients can receive palliative care when they are first diagnosed with a serious illness. They can also receive care while working toward a cure or transitioning to end-of-life care. With the support of palliative care, patients may be able to feel better, continue working and doing daily activities, and recover.

Julie Dewey, FNP-C will visit hospice and palliative patients in their homes, skilled nursing, Hospice's 4-bed residence the Siegenthaler Center, assisted living facilities etc. During her visits she can listen to the patient's and family's questions, address any concerns, and give them the opportunity to share their worries and concerns.

Julie holds a Master of Science degree in Nursing from SUNY Upstate Medical University from which she graduated *Magnum cum laude* and is a licensed Family Nurse Practitioner and is a certified Nurse Educator. She received her Bachelor of Science degree in Nursing from the university of Rochester, School of Nursing from which she graduated *Cum laude*. She has 12 years of healthcare experience ranging from family practice, hospital intensive care and surgery.

Julie Dewey shared “What drew me to Hospice and Palliative Care is the ability to improve the quality of life for patients and their families at a time when some may feel lost, hopeless or are seeking guidance. Hospice and palliative care focus on the specific needs of the patient, taking into consideration the unique family dynamics, while helping manage individual symptoms and emotional concerns related to serious illness. My goal is to provide comfort, compassion and above all to maintain a patient’s dignity. “
For more information or to make a referral to Hospice & Palliative Care call 315-735-6484 or visit hospicecareinc.org



Dr Tallat Mahmood



Julie Dewey, Nurse Practitioner



Melody Fancett Requesting Nomination for NH Town Clerk

I am respectfully requesting the Republican nomination and support for my campaign in the 2021 election for the New Hartford Town Clerk.

I have been employed by Gail Wolanin Young, the former Town Clerk for nearly 15 years. I'm fulfilling all duties despite being short-staffed, and pride myself in providing New Hartford's residents with all services in a smooth and timely fashion.

The Town Clerk position requires the ability to multi-task to an extreme degree. I'm able to do this work seamlessly due to my time and tenure under Gail Wolanin Young. I benefited greatly from her knowledge and years of training. Due to the length of my employment, I am well-versed in both the requirements of this position as well as State and Local Laws. I have a solid understanding of the many duties of Town Clerk which includes Registrar, Receiver of Taxes and Records Management. I assist all town departments as needed which makes me a valuable employee.

With my leadership skills I believe we can make necessary updates to the Town Clerk's Office. I'm experienced in records management which would allow me to assist in digitizing records using State Grants at no-cost to tax-payers. This change would make records more accessible to our residents and bring the office up to date. I'm also interested in working with the Chamber of Commerce to create an informational Welcome to New Hartford packet. This packet would not only highlight all of the wonderful things New Hartford has to offer, it would also provide key dates and contacts for the dedicated employees that serve our community.

I feel I am the best candidate to win the November 2021 election because of my confidence and experience. I am a proud life-long Republican with solid family values. This moral foundation gives me confidence in my candidacy. I believe in treating everyone as I would treat a member of my own family. We serve our community members nights, weekends and have even accommodated them in their own residences. My positive and enthusiastic demeanor helps ensure that all residents have a great experience with their local government.

I am passionate about volunteerism and have enjoyed giving my time to both the Veterans Organization and the Iliion Marine Corps Legion. My children have served this country so Military causes are particularly near and dear to my heart. Under Gail's direction I was prohibited from volunteering for the Republican committee. It's my desire to volunteer in any capacity now that I am able to do so.

Thank you for considering my nomination. I believe that various Town Departments have come to rely upon my services, knowledge and resourcefulness. If I'm elected in November 2021, I plan to keep the Town Clerk's office running efficiently and competently.

Sincerely,

Melody K. Fancett

Call me with any questions, concerns or comments at 315-864-1538

Please Vote in the Primary - Early Voting June 12th to 20th • Primary Day is June 22nd



Charitable Giving Considerations for 2021

If the COVID-19 pandemic’s far-reaching impacts have you looking to enhance your charitable giving, be sure to remember these tax-related considerations for 2021:

Cash gifts. A special rule for this year allows taxpayers who do not itemize deductions to claim up to \$300 (\$600 for joint filers) for gifts to qualifying charities.

If you do itemize, cash contributions to qualified charities in 2021 might be used to offset up to 100% of your adjusted gross income (AGI) (60% of AGI for cash gifts to a donor advised fund or 30% for cash gifts to a private foundation).

This means that if you’re in a position to make generous gifts, you may potentially offset all of your taxable income. In addition, cash gifts could be used to offset Roth IRA conversion income or capital gains realized upon the sale of real estate or a large position in a single investment.

If you’re unable to itemize but would like to, evaluate the possible impact of bunching several years’ worth of charitable contributions into one year. This may increase your itemized deductions above the standard deduction threshold so you can potentially receive a tax benefit for those gifts. Review your income and deductions for the current year and the next few years with your tax advisor to determine what is the best timing for those bunched contributions.

Qualified Charitable Distribution (QCD). For taxpayers age 70½ or older, a QCD allows you to gift up to \$100,000 per year directly from your IRA to qualifying charities.

QCDs are tax-free distributions and count toward satisfying your required minimum distribution (RMD). Remember that, while RMDs were waived for 2020, they must be taken for 2021.

No deduction is allowed for a QCD since the distribution is not taxable. This strategy is beneficial if you will not itemize deductions this year. It could also help you control your AGI, which is used to determine many tax-related limitations.

Note that the amount of the QCD you are able to exclude from your income is reduced by any deductible IRA contributions you make in the year you reach age 70½ or after.

Stock gifts. Gifting stock directly to charity rather than selling it and contributing the proceeds provides a current tax benefit if you itemize deductions. In addition, it lets you avoid capital gains taxation on the stock’s appreciation if it increased in

value while you owned it. Deductions for stock gifts are limited to 30% of AGI when contributing to public charities.

Before employing any of these strategies, please contact your tax and financial advisors to help provide the best outcome.

Wells Fargo Advisors does not provide tax or legal advice. Please consult with your tax and/or legal advisors before taking any action that may have tax and/or legal consequences.

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New Hartford Rotary News 10 Reasons on Why You Should Join Rotary?

Last month we listed the first 10 answers to the question: Why Join Rotary? This month we continue with answers 11 through 20.

11. Entertainment: Every Rotary club and district has parties and activities that provide diversion in one’s business life. Rotary holds conferences, conventions, assemblies, and institutes that provide entertainment in addition to Rotary information, education and service.

12. The Development of Social Skills: Every week and at various events and functions, Rotary develops one’s personality, social skills and people skills. Rotary is for people who like people.

13. Family Programs: Rotary provides one of the world’s largest youth exchange programs; high school and college clubs for future Rotarians; opportunities for spouse involvement; and a host of activities designed to help family members in growth and the development of family values.

14. Vocational Skills: Every Rotarian is expected to take part in the growth and development of his or her own profession or vocation; to serve on committees and to teach youth about one’s job or vocation. Rotary helps to make one a better doctor, lawyer, teacher, etc.

15. The Development of Ethics: Rotarians practice a 4-Way Test that governs one’s ethical standards. Rotarians are expected to be ethical in business and personal relationships.

16. Cultural Awareness: Around the world, practically every religion, country, culture, race, creed, political persuasion, language, color, and ethnic identity is found in Rotary. It is a cross section of the world’s most prominent citizens from every background. Rotarians become aware of their cultures and learn to love and work with people everywhere. They become better citizens of their countries in the process.

17. Prestige: Rotary members are prominent people; leaders of business, the professions, art, government, sports, military, religion, and all disciplines. Rotary is the oldest and most prestigious service club in the world. Its ranks include executives, managers, professionals- people who make decisions and influence policy.

18. Nice People: Rotarians above all are nice people – the nicest people on the face of the earth. They are important people who follow the policy of it is nice to be important but it is important to be nice.

19. The Absence of an “Official Creed”: Rotary has no secret handshake, no secret policy, no official creed, no secret meeting or rituals. It is an open society of men and women who simply believe in helping others.

20. The Opportunity to Serve: Rotary is a service club. Its business is mankind. Its product is service. Rotarians provide community service to both local and international communities. This is perhaps the best reason for becoming a Rotarian; the chance to do something for somebody else and to sense the self-fulfillment that comes in the process and return of that satisfaction to one’s own life. It is richly rewarding.

*** From Richard D. King, RI President-2001-2002: 20 Answers to the Question: Why Join Rotary?

The Rotary Club of New Hartford, NY meets every Wednesday at 12:15 PM at the Yahnundasis Golf Club, Seneca Turnpike, New Hartford, NY. However, due to the pandemic, we are currently meeting virtually. If you would like to join one of our Zoom meetings, contact club secretary Jim Cook at (315) 797-6399 or contact us through our website <https://newhartfordrotaryclub.com/> or on Facebook at <https://www.facebook.com/NHRotary/>.

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Cheryl Jassak-Huther

The New Hartford Town Board appointed Cheryl Jassak-Huther on Friday March 19th as Interim Town Clerk after the retirement of longtime Town Clerk Gail Wolanin-Young. She was then sworn in by Town Justice Kevin Copeland and began official duties Monday, March 22nd.

Cheryl graduated from New York Mills High School and went on to earn her Bachelors Degree in Business Administration and Communications from SUNY IT in Marcy. She is a long-time resident along with her husband John and son Owen.

Having served as fundraising and events coordinator for several local organizations including the American Diabetes Association and the SUNY Foundation, her most cherished role has been the 10 years she spent actively fundraising and serving wounded warriors through the Sitrin Healthcare Center's Military Rehabilitation Program. The funds raised provided for the reentry needs of injured veterans and service members after returning from active duty.

Town Clerk Jassak-Huther began, *“Customer service, attention to detail and serving the public will be the focus of my office.”* She continued, *“My background in business and communications will assist in making the Town Clerk's Office accessible and user friendly.”*

The Town Clerk will be focused on assisting the public with all the various licenses such as sporting, fishing, marriage and dog licenses, as well as handicap parking permits and real property tax bills. Her first goal, among many, will be implementing an online payment system. New Hartford is only one of a few towns in New York in which the Town Clerk also serves as the Tax Collector. Additionally, her office will continue with managing all birth and death certificates for the Town.

Since taking office a month ago, Cheryl has prepared and brought the Town Board's meeting minutes up-to-date and in compliance from January 1, 2021 through the present, and posted them on the Town's website to ensure transparency and accountability. As the Town's official author of meeting minutes, administrator of records management and official Tax Collector, Town Clerk Jassak-Huther concluded *“I am excited and humbled to have been appointed by the Town Board as their Interim Town Clerk and look forward to continuing as publically elected by running in the Republican Primary for New Hartford Town Clerk on June 22nd.”*

Town Clerk Cheryl Jassak-Huther can be reached at Town Hall, 8635 Clinton Street, (315) 733-7500, ext. 2322 or by email at cherylj@townofnewhartfordny.gov with any questions or concerns.

MVCC's Ted Moore Run/Walk Staying Virtual for 2021

Once again, Mohawk Valley Community College's annual Theodore "Ted" Moore Run/Walk is going virtual as the College continues to help stop the spread of COVID-19.


The Theodore "Ted" Moore Run/Walk is presented by the Oneida County STOP-DWI Program and is now in its 24th year. The MVCC Foundation is inviting everyone to participate virtually on Saturday, May 1, by walking or running on a treadmill, taking a walk around the block, or running in the park (all while following CDC guidelines, of course). Participants are also encouraged to take a selfie during their run or walk, then email it to tedmoore@mvcc.edu to be included in a special album on the MVCC Foundation and Alumni Facebook page, facebook.com/MVCCFoundation.

"This event is an important part of raising awareness about the dangers of drinking and driving," said Ted Moore Run/Walk Race Director Deanna Ferro-Aurience. "It demonstrates how such an act can not only devastate a family, but an entire community."

Theodore "Ted" Moore was an Associate Professor in MVCC's Mathematics Department from 1981 until December 1996, when he was tragically struck and killed by a drunk driver while out for a morning run. The College honors his memory each year with the Ted Moore Run/Walk, and the theme "None for the Road" reflects MVCC's opposition to driving while under the influence of alcohol. Event proceeds benefit a scholarship in Moore's name, which is awarded annually to deserving MVCC students who exemplify the qualities and values of Ted Moore.

To register for the Virtual Ted Moore Run/Walk or to donate to the scholarship fund, visit www.mvcc.edu/foundation/ted-moore. For a \$25 minimum donation, participants will receive a commemorative Run/Walk T-shirt (while supplies last). Please make checks payable to the MVCC Foundation and mail to: MVCC, Office of Institutional Advancement, 1101 Sherman Drive, Utica, NY 13501. For more information, visit www.mvcc.edu/foundation/ted-moore or contact Deanna Ferro-Aurience at DFerro-Aurience@mvcc.edu.


Mohawk Valley Community College, established in 1946, is New York State's first community college with a mission to provide accessible, high-quality educational opportunities for everyone. As the community's college, MVCC is committed to student success through partnerships, transfer and career pathways, and personal enrichment. With campuses in Utica and Rome, MVCC is the region's primary provider of college education, offering 90 degree and certificate options for its enrollment of 6,000 full- and part-time students. MVCC also serves an additional 6,000 people through its corporate and community education programs, and its campuses welcome more than 50,000 people annually for community events.



BLOOMS OF HOPE

Hanging Basket Flower Sale

Make someone feel special and have an impact on the lives of others at the same time!



There will be a variety of hanging baskets with different flowers to choose from.

Purchase a hanging flower basket to benefit Hospice & Palliative Care.

10" Green Hanging Basket (\$20.00)
12" Tan Hanging Basket (\$30.00)

Mother's Day is May 9th, so make plans now to buy a voucher for a beautiful hanging basket for your mother, grandmother, daughter, friend, babysitter, co-worker etc. **Memorial Day is May 31st**, and it is also a wonderful time to honor Veterans, loved ones and enhance our homes with beautiful flowers. **Each flower basket purchased will be adorned with a small American flag in recognition of Hospice's We Honor Veterans Program.**

The Details

Ways to Purchase a Voucher:

- Purchase a voucher online at <https://hospicecareinc.org/upcoming-events/>
- Purchase a voucher over the phone at (315) 724-6484, Monday-Friday, 8:00 am to 4:00 pm
- Order deadline is April 23, 2021.

To Redeem your Voucher:

- Your voucher(s) will be mailed to you.
- You can redeem your voucher(s) from May 1-31, 2021 at: River Road Farm and Greenhouses, 9186 River Road (Route 49), Marcy, (315) 736-3252
Hours: M-F 8:00 a.m. to 6:00 p.m., Sat 8:00 a.m. to 4:00 p.m. and Sun 8:00 a.m. to 3:00 p.m.

"Where flowers bloom, so does hope." -Lady Bird Johnson

Hospice & Palliative Care, 4277 Middle Settlement Road, New Hartford, NY | (315) 735-6484 | www.hospicecareinc.org



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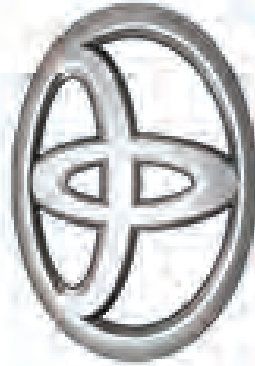
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