

Vol. 35 No. 8 August 2021

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Honors ~ 90.0 - 93.9

Madison Atkinson, Jake Babicz, Savannah Burns, Avalon Byrne, Kerry Campbell, Anthony Campola, Alexandra Carbone, Alexander Chiffy, Caitlin Clarke, Megan Desmarais, Gracelynn Drake, Mary Fiorentino, Riley Fukes, Jaden Gorozabel, Raniya Haider, Rose Head, Maia Herring, Broderic Herrman, Nolan Hyman, Connor Johnson, Eleanor Jones, Timothy Madden, Anthony Mathews, Allison Moger, Cara Molanare, Sophia Murray, Caleb Neiss, Kassidi Nicholl, Gianna Nole, Sofia Pallaria, Lily Partenza, John Pauley, Trey Pauley, Abigail Rivkin, Joseph Roberts, Gavin Schiavi, Paige Serafin, Samantha Shaffer, Paris Shwamle, Divya Sinha, Bailee Smith, Kayla Sumberg, Nicholas Thielemann, Benjamin Trela, Julia Tupaj, Maria Weimer

Hannah Sherman

Kyle Tuttle



Zane Zaitzeff



Leon Zong*













CONGRATULATIONS!!!





NY Mills High School 2021 Valedictorian and Salutatorian



Victor Lee - Valedictorian



Heather Roberts - Salutatorian



Sauquoit Valley High School Top Ten 2021 Graduates



- I. Jasmine Weaver
- 2. Mia Dischiavo
- 3. Tessa Stayton
- 4. Dylan Rocker
- 5. Casey Caruso
- 6. Gwendolyn Grimes
- 7. Holly Cifonelli
- 8. Haris Catic
- 9. Benjamin Furner
- 10. Carter Dudek







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AUGUST 2021

Community News

THE TOWN CRIER

3



More Than Football
Submitted by Jim LaFountain, All American Fitness

A fellow "Baby Boomer" friend of mine expressed his displeasure with what he referred to as "kids these days" during his workout a month ago. He said, "they're lazy, unmotivated and cannot live without their cell phones." A day later, a couple of our personal trainers and I began training 40-50 New Hartford High School football players, 14-18 years of age. For the past four weeks, I have witnessed teenagers who are respectful,

dedicated, goal oriented and committed to selfimprovement as it relates to their success on the field. Their head coach, Jim Kramer, regularly monitors their progress and allows us to tweak their existing program periodically. At least 3-5 days a week, groups of 3-5 players enter our facility, sign in, and train intensely for 60-90 minutes and sign out. Contrary to my friend's critique of "kids these days," I have found the New Hartford footballers to be respectful, ambitious, highly motivated and perfectly content to be without their cell phones. What makes them special is their interest in learning. Their primary goal is preparing for success in their chosen sport. Our members enjoy watching them train and plan on following them this upcoming season. Some key components in a successful high school program are: *SAFETY: No one should ever be injured in a fitness facility. Barbells should be regularly maintained and lubricated and safety clips to secure weights should always be used. Proper form in every exercise is a must. Athletes should take two seconds to move the weight through a full range of motion, pause for a second to minimize momentum and take four seconds to return the weight to its starting

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position. Throwing or jerking a weight, other than properly performed Olympic Lifts should be avoided. Weights and adjunct apparatuses should be returned to their proper rack and nothing should be left on the floor. *INSTRUCTION (Proper Form): Again, our trainers and instructors stress the use of proper form in every exercise (2:1:4 protocol). Resistance training is a tool to improve athletic performance. It must be stressed that student/athletes are football players, using resistance equipment to improve their performance and NOT weight lifters, who happen to play football. *SUPERVISION: There should always be a certified personal trainer/instructor supervising young athletes. Unsupervised facilities encourage athletes to frequently attempt to "demonstrate their strength" not build it. This is a dangerous practice and places young joints in an untenable position. My fellow "Baby Boomer" friend actually changed his perception on "kids these days" after watching a New Hartford football player's workout and plans on attending games. The bottom line for me is this: There's more than football and working out being taught by Coach Kramer and his staff. Life skills that will position each young athlete for success in their chosen field of endeavor is at the core of their program.

Angels Among Us Food Pantry 2021 Summer Schedule

Aug 14 – Aug 28 Sept 11 – Sept 25 Hours of Operation: 10:00 AM to 12 noon

The food pantry is located at: St. John The Evangelist Church, 66 Oxford Rd, New Hartford, NY

Follow the signs to the driveway in the back during open hours.

In the event of food emergency issues, please contact the St. John's rectory from 9AM to 2 PM Monday through Thursday at 315-732-8521.

If this is your first visit, please bring proof of address.

If you do not have a permanent address, just come in. We will assist.

If you are unsure of eligibility, just come in. We will assist.

TEFAP: The Emergency Food Assistance Program

Income Eligibility Guidelines: July 1, 2021 – June 30, 2022

Household Size	Annual Income*	Monthly Income*
1	\$25,760	\$2,146
2	\$34,840	\$2,903
3	\$43,920	\$3,660
4	\$53,000	\$4,416
5	\$62,080	\$5,173
6	\$71,160	\$5,930
Each additional person add	\$9,080	\$756



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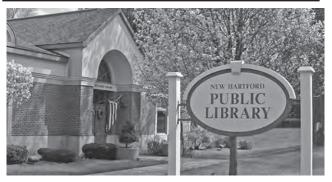
THE TOWN CRIER

Library News

AUGUSI

2 Library Lane

315-733-1535



Where Would We Be Without **Our Friends?**

We owe a huge thank you to the Friends of the New Hartford Public Library for sponsoring our 2021 Summer Reading Program. They have worked tirelessly behind the scenes over the years and their support is greatly appreciated.

Community Room Update

We anticipate opening our Community Rooms in September. We will begin accepting room reservations on September 2nd. Reservations will be taken on a first come, first served basis. Groups must adhere to the standards and regulations set forth by the CDC, State, County, and the Department of Health.

Summer Programming for Kids

We are looking forward to our fun Summer Programming for kids and for the Summer Reading Program. All of our summer events will be held outside underneath a tent provided by the generosity of the Friends of the New Hartford Public Library. We will have some mats available for the children to sit on, but recommend leaving a blanket in your car just in case we run out of mats! Miss Ashlyn has been busy creating projects and crafts for all ages. We are only requiring advance registration for three of our events (details listed in those events below). This summer we will be providing snacks with our scheduled STEAM Project sessions. Both the snacks and projects are limited in number so we recommend arriving on time to ensure availability of both.

We continue to monitor the CDC, State, County and Department of Health guidelines and will place the safety of our patrons above all else. We thank you for your support and understanding.

Check our website newhartfordpubliclibrary.org or our Facebook/Instagram pages for updates on dates and a complete list of upcoming programs, registration dates, and information for the Summer Reading Program.

Children and Teens Summer Reading Program 2021 -**Reading Logs**

The Summer Reading Program runs from July 6th - August 27th. Read for 10 hours and receive a free book (while supplies last)! Each child/teen that is registered for summer reading has a chance to win 1 of 4 gift cards, regardless of the number of hours that they read. Gift card winners will be drawn on August 13th. You can register for summer reading online on the

library site www.newhartfordpubliclibrary.org, under programs. You can also pick up the Summer Reading log form by driving up to the lower parking lot drivethru drop box – the forms will be located in a brochure box attached to the drop box or come inside to pick up!

Summer Reading Registration Gift Card Drawing & Cupcake Celebration!

Friday, August 13, 11:00. Join us in the library garden for a cupcake celebration, while we draw the names of the winners for those who registered for the Summer Reading Program. If you are unable to attend this event and your name is chosen, we will contact you by phone to notify you and email your gift card.

Summer Story Time for Preschool Aged Children **Continues**

While we have the tent in our lower level parking lot we will host an in-person/under the tent Story time for preschool aged children on Tuesday, August 3, starting at 10:30. We will provide individually packaged Preschool Projects available to be put together after story time under the tent or as a project you can take with you. We will have some mats available to sit on, but bring a blanket to be sure you will have a comfortable spot to sit.

All Ages Children's Summer **Programs for August**

More information about each event will be posted on the library website. We will have some mats available to sit on, but bring a blanket to be sure you will have a comfortable spot to sit.

Thursday, August 5, 11:00: Scavenger hunt w/ binoculars & Teddy Graham snack bag.

Kids up to age 13 are welcome. No registration required and all materials are provided.

Thursday, August 2, 11:00: Chalk the Walk & Popcorn snack bag. We will block off some parking spaces in the back parking lot so the kids will have plenty of room to get creative with chalk. Kids up to age 13 are welcome. No registration required and all materials are provided.

Maker Cart Mondays (kids):

Monday, August 2, 10:30-11:30. Our Maker Cart will be stocked and under the tent outside for you to stop in and create! The cart is stocked with pom poms, pipe cleaners, construction paper, rulers, glue, washi tape, crayons, and stamps & stamp pads. If you have kids of any age that love to create – bring them to the library to use this fun and educational cart!

Park Passes are Back!

Once again, the Friends of the New Hartford Public Library are supporting our Park Pass Program. Through their generosity, we will be allowing our patrons to check out the following park passes which will allow our patrons a discounted entry rate:

Fort Rickey Children's Discovery Zoo Everson Museum of Art

Adirondack Experience

Empire Pass

The Wild Center

Passes must be placed on adult library cards. Please call 315-733-1535 for more information

Book Donations

Your book donations are greatly appreciated. As a reminder, we ask that you limit your donations to one box/bag at a time and that you deliver them to our Circulation Desk. Please do not leave donations in our drop boxes or outside our door when we are closed.

Curbside Pickup Continues

We are thrilled to continue to offer this service to our patrons. We kindly ask that patrons that are not using this service avoid parking in the upper level parking spots designated 1, and Kids and Adult Crafts. We assign these spots to those that are taking advantage of this service. Thank you for your compliance and understanding.

Fogger Lending Program

Several local organizations have taken advantage of our Fogger Lending Program. The \$13,500 investment from The Community Foundation purchased fogger units for use by the public libraries in Herkimer and Oneida Counties. The foggers use Hypochlorous Acid, which is allergen free, non-toxic, non-irritating, and 70-80 times more efficient at killing microbial pathogens than bleach. Most importantly, it is on LIST-N of EPA approved disinfectants against COVID-19 and other pathogens such as bacteria, viruses, spores and fungi.

We lend the fogger out for 1 week at a time and provide enough solution for the week as well. Organizations and businesses interested in borrowing the unit should contact the Library at 315-733-1535.

Display Case for the Month of August

The Doll Club will have some of their beautiful collections on display in the front entrance display case during the month of August. Stop in and have a look!

Digital Magazine Collection is Now in Overdrive

If you were using RBDigital to check out magazines, you can access previous RBDigital magazine checkouts by creating a Zinio.com account using your RBDigital login and password.

Stay Informed!

The most up to date information regarding closings, reopenings, programs and crafts can be found on our website (www.newhartfordpubliclibrary.org) and on our Facebook and Instagram pages. Links to follow us are on the bottom of our website.

Marty Gorton

Real Estate Agent

315-534-4661 realestatebymartyg@gmail.com



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AUGUST 2021

Library News

THE TOWN CRIER

NHPL Board of Trustees 2021 **Meeting Schedule**

The New Hartford Public Board of Trustees meets the Club Coordinator, Tanya. 3rd Wednesday of each month at 4:30 pm at the New Hartford Public Library.

August 18, 2021 September 15, 2021 October 20, 2021 November 17, 2021

December 15, 2021

Stay Connected With Us!

Be sure to follow us and check out our website to stay connected and informed!

Facebook:

www.facebook.com/newhartfordpubliclibrary Instagram: new_hartford_public_library Website: www.newhartfordpubliclibrary.org

The Preschool Projects August

We have in-person Story time & Preschool Projects on August 3 at 10:30.

August 10, 17, 24, 31. When the projects resume as grab & go - please call 315-733-1535 on Tuesday morning beginning at 10:00 to reserve a project. While supplies last!

Grab & Go Project Bags for Kids Summer Schedule

We are offering Grab & Go projects once a month in the summer: August 12th – Painting on canvas – Sunny Smiles. Call to reserve beginning at 10:00 on the day of that month's project. While supplies last.

Grab & Go Projects Adults Summer Schedule

We are offering Grab & Go projects once a month in the summer; August 2nd - Painting on canvas - Water Lily. Call to reserve beginning at 10:00 on the day of that month's project. While supplies last.

Book Clubs

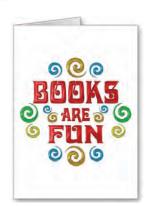
Are you in a book club or looking to start one? Many book clubs are meeting virtually during the pandemic. If your club needs to order books or if you are interested in starting a book club, please call the Library at 315-733-1535 and ask to speak to our Book

Women (and Men) of Mystery on Zoom!

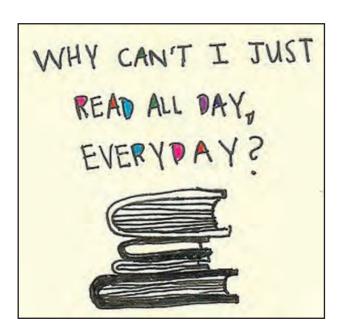
If you love reading mysteries or just want to know more about them, the New Hartford Public Library Women (and Men) of Mystery Book Group is for you. Join us (via Zoom) on Saturday, August 28 as Janet Hoover leads us on a Blast to the Past...an exploration of mystery authors who delighted readers of mysteries a "few" years ago: Dashiel Hammett, Frances and Richard Lockridge, and Mary Stewart. If you already enjoy these authors, if you are curious about them, or if you can never have too many mysteries on your tobe-read list, this class is for you. Call the New Hartford Public Library 315-733-1535 for the Zoom link.

Yoga for Seniors

Join Bill Skinner every Monday at 3:00pm for a virtual Yoga program geared towards seniors! Participants will meet via Zoom. Please call the Library at 315-733-Preschool Projects will resume as grab & go on 1535 to register for the class. A Zoom invite will be emailed to you.







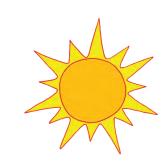










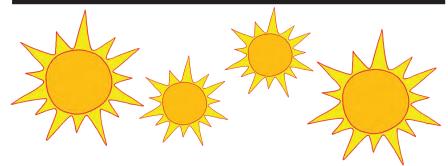












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Thank You from the John D. Lloyd **Golf Tournament Committee**

The committee for the seventh annual Make-A-Wish golf tournament, to honor the memory of John D. Lloyd, would like to thank all the volunteers, golfers, businesses who donated, and tee-hole sponsors.

The event was held on June 19th at Twin Ponds Golf and Country Club with 128 golfers. As a result of everyone's generosity, the tournament was a huge success and over \$13,000 was raised. This annual event is a wonderful tribute to John, and the money raised will help grant children with life threatening illnesses a wish through the Make-A-Wish Foundation and help fund scholarships in John's name at New Hartford Senior High School.

We are looking forward to seeing all of you next year.



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AUGUST 2021

Legal Myths & Reality THE TOWN CRIER



Judge Joan Shkane

This is a continuing discussion of Legal Myths and Reality, because those informed are always the most successful.

MYTH: Native American children in the U.S. have few rights and few government-recognized legal connections to their tribes.

REALITY: Recently Native American (U.S.) children and First Families (Canadian) children have been in the news. Investigations in Canada have found many, many unrecorded child graves connected to Indian residential "schools". The current investigations deal mainly with death and burials of many of these children who were

residents in church-run and state-run residential "schools" to where they were forced by each of the governments.

The U.S. is not innocent of these horrors. The U.S. had similar schools starting around the early 1900's. Some Indian children were forcibly taken from their traditional homes, families, tribes, and schools. The stated government and church goal was to make these children more a part of U.S. and Canadian white culture and society, so that they could be more successful as adults in a predominantly white culture. This was believed by whites to be a positive move. Most of the children were from intact Indian families who had extended family networks within the tribes. They were placed either in mostly church run schools where they lived full-time, or placed with non-Indian families and religious groups, such as the Church of Jesus Christ of Latter-day Saints (Mormons) in the State of Utah. The U.S. government through the Bureau of Indian Affairs actually paid some states to remove the Indian children from their tribes and place them elsewhere.

Hearings were held in the U.S. House of Representatives starting in the 1970's. The House uncovered horrifying facts. The Indian children in the schools or non-Indian homes were forbidden to use their native languages, practice their religions, or engage in Indian cultural practices such as food preferences, entertainment practices and dress. They were forbidden from visiting their families or tribes. The House found a high incidence of physical abuse and sexual abuse of the children. The native tribes testified that the government had a lack of understanding of the role of extended families in tribal cultures, and employed child welfare workers who were not culturally sensitive to the needs of the Indian children. The House found that the removals damaged the emotional lives of many children. Those who had lived through it said they lost touch with their people and culture, while they did not belong to the white culture either.

Congress further found that the standard for custody of "in the best interest of the child" can be different for Indian and for non-Indian children. The Indian child traditionally has a larger extended family and tribal relationships than the non-Indian child. The state best interest standard values a close bonding with at least one adult who is a parent figure. The House recognized for the first time the role of the Indian tribe as an extended family with close bonding among tribal members in Indian culture.

An important witness in the Congressional hearing was Louis La Rose of the Nebraska Winnebago Tribe. He said: "I think the cruelest trick that the white man has ever done to Indian children is to take them into adoption court, erase all of their records and send them off to some nebulous family...residing in a white community and he goes back to the reservation and he has absolutely no idea who his relatives are, and they effectively make him a non-person and I think...they destroy him". Others described the residential schools as cultural genocide, the intentional and deliberate killing of a culture so that the culture is not perpetuated. Some say that in the U.S. between ten thousand and thirty thousand Indian children were removed in this way and put in residential schools, foster care with non-Indians, or adopted by non-Indians. The per capita rate of Indian children in foster care was almost 16 times higher than for non-Indians.

As a result of the hearings, Congress recognized 4 major factors that contributed to the high number of Indian children removed by the states. They were: 1. The states did not have tribal appropriate standards for judging the fitness of Indian families; 2. The states denied due process to the children, parents, and tribe, by failing to provide a removal system that was culturally sensitive; 3. The federal government gave states economic incentives (money or equivalent value) to remove the Indian children for placement or adoption; and 4. Social conditions in Indian country were not assessed in culturally sensitive ways.

Some states had an Indian Placement Program that removed the Indian children and placed them in the homes of the members of the predominant church in the state. By the time of the hearings in the 1970's about 5000 Indian children were living in Mormon homes in the state of Utah, after they were removed from their homes and tribes.

In 1978 Congress passed the Indian Child Welfare Act (ICWA). No-one believed then or now that this law, or any other law, can make up for the horror that was visited on the Indian children, families, and tribes. However, it was an attempt to ensure that it cannot happen again, and that the culture of the Indian tribes is respected and considered, with all its differences from the typical white family.

ICWA applies in the following circumstances: 1. Adoption, voluntary and involuntary termination of a parent's right to raise the child, and removal of an Indian child from family and tribe, and placement in foster care of Indian children. (ICWA does not apply in divorce and many child delinquency proceedings); 2. An Indian child is an unmarried person under 18 years old who is a member of an Indian tribe, or is tribal eligible for membership and is the biological child of a member of an Indian tribe. Each individual tribe decides whether a child is tribal eligible by their own rules. Some tribes look at the Indian generation that the child has descended from (for instance, mother, father, grandparents, etc.), and some measure through the mother and some through the father. It is entirely up to the policy of each registered tribe.

ICWA addresses the child, the child's immediate family, and the tribe each as separate entities, each with legitimate rights. The goal with respect to the child is to preserve the child's heritage. The goal of protecting the parents is the same. The goal of including the tribe as a separate entity is to preserve the Indian culture and tribal future. In some cases, only the tribe, and not the family, can decide matters regarding the child.

Procedurally, if a child is tribal eligible or a member of a tribe and the state court (Family Court in New York State) has such a case before the Bench, the tribe must be notified at least ten days before any decision is reached about the child (this does not, however, stop a state court from addressing an emergency, while waiting for a tribal response). The tribe has the right to intercede at any time and remove the case to the tribal court to be dealt with there in every respect. What this notification to the tribe means for the state court is that if notification to the tribe is not made and proven, any decision about the child is null and void for lack of the power to decide. It also means that the state court can spend unlimited time and effort trying to adjudicate a case, only to have it all overturned at any time and the case transferred to the tribal court. Needless to say, this is strong incentive for a state court to make the notification, even apart from doing the right thing and from following the law. In order to avoid wasting time and energy, and possibly harming the child, parents and tribe, all New York State courts have large signs in the courts advising all concerned that if anyone suspects that a child may be eligible under ICWA, they must notify the judge immediately so that appropriate notice may be made.

The overall goal of ICWA is to ensure that residential schools in the U.S. will never happen again, and to recognize tribal value and sovereignty, and to underscore trust that a tribe will do the best by a child, according to their standards and culture, and not by any other standards and culture. It is especially important given the independent nation status of registered tribes.

Giving attention to legal myths is not wrong. It can be a starting point for developing an interest in the law. However, if specific legal issues are important in your life, for instance, regarding custody of children or money payable for any reason, it is wise to consult a lawyer who can advise you on the truth of legal myths. This discussion is not intended to render legal advice on specific cases or to express an opinion on any specific case.







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THE TOWN CRIER

NH Chamber News

AUGUST 2021

New Hartford Farmers Market Tuesdays 3-7pm Sherrill Brook Park



August 3rd 6 - 8pm New Hartford Citizen's Band

*in the gazebo*Opening act:
Gina Totaro

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Chamber welcomes Paper and Leaf Hemp Company



Chamber Announces New Board Members

The New Hartford Chamber of Commerce proudly announces additions and updates to it's board of directors. Existing director, Eric Bjornland, owner of Technology Innovations in Utica was elected Vice President succeeding longtime VP Mark Cioni, owner of MV Cioni Associates in New Hartford. Board newcomer Deborah Hairston, Branch Manager of the New Hartford NBT Bank was elected Treasurer, succeeding George "Jeff" Nassar, Human Resources Director at Center for Family Life & Recovery. Another newcomer, Jim Poole, owner of the Medicine Shoppe on Kellogg Road was invited to the board to succeed Christine Martin of FosterMartin Advertising; and will be helping with the Events and Buy Local Committees. Please join us in welcoming the newest members of our board of directors and also, extending sincere appreciation and gratitude to our retiring board members.

The New Hartford Chamber of Commerce is proud to announce a business expansion within its membership. Chamber Member Cosmos CBD has launched a new venture called Paper and Leaf Hemp Company and opened their first location in the New Hartford Shopping Center. The new business held a grand opening celebration on July 10th and the chamber conducted a ribbon cutting ceremony.

Paper & Leaf Hemp Company was opened on May 28, 2021 by business partners Shane Carter and Dave Keller who have been in the CBD and E-Liquid industries prior to their venture into the THC industry. They got their start together with Adirondack Vapor which had a location on Campion Road. Their success with Adirondack Vapor was followed by the launch of their sister company, Cosmos CBD which allowed them to expand their product line. Cosmos CBD is located in Utica where they manufacture a variety of CBD products in their state of the art clean room facility.

Currently, Paper & Leaf Hemp Company carries a variety of CBD, Delta 8 and Delta 10 flowers, edibles, oils, balms and even pet products. Their shop in the NH Shopping Center is modeled after a dispensary in Colorado and is equipped and ready to become one of the first Delta 9 dispensaries once New York begins granting licenses for recreational dispensaries.

Paper and Leaf Hemp Company has plans for additional locations both in and outside New York State. For more information, please visit their Facebook page @PaperandLeafHempCo.



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AUGUST 2021

MLS

Congratulations Danielle!

THE TOWN CRIER





Danielle Zuccaro is a **National Dance Champion!!!**

For those not familiar with the competition dance world, here is a brief explaination. There are many dance nationals. It is not like gymnastics, where everyone in the country competes together, rather multiple dance companies host their own "National Competitions". This being said, they are BIG events that last a week and bring the best dancers in the area. Danielle

attended DanceXplosion Nationals, in Wildwoods NJ. Twenty Three studios attended, mostly from the NY and NJ area. Over Eighty routines were performed in the teen division, which Danielle competes. Danielle took 1st place overall for solos in the teen division. That encompasses all styles of dance competing against each other.

On top of that, they also hold a title competition for Miss DanceXplosion. This encompasses dance, workshop performances, and a pageant. Danielle was first runner up!

Danielle and her family would like to extend many thanks to Ondrea Grippe-Getz and all of the teachers and families at CenterStage Dance Studio.

Danielle is going to attend Joffrey Ballet School in New York City this summer.



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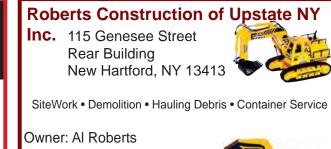




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AUGUST

THE TOWN CRIER



Pictured is Dr. Shawna Marmet assisting Mike Fanelli, Wellness Member, on one of Sitrin's many state-of-the-art exercise machines.

Focus on Fitness: Sitrin Wellness and **Aquatic Center**

weather affords many opportunities for exercise, whether walking, running, hiking, or more sportsoriented activities, such as golf or tennis. In fact, starting an exercise routine in the summer may actually be more advantageous than the typical New Year's resolve to get in better shape.

"While it's true that people tend to become more physical in the summer, the key is to remain active throughout the entire year," Dr. Shawna Marmet, Sitrin Outpatient Clinical Supervisor, said. "Sitrin's Wellness program can get individuals in the right frame of mind and help them develop healthy habits that are essential components of individuals' overall wellbeing, including their mental health."

For example, exercise lowers blood pressure, helps people manage their weight, can stop or slow the development of diabetes, lowers stress, improves memory, helps people sleep better and boosts their not-for-profit corporation. overall mood. Exercise also helps strengthen muscles. A combination of aerobic exercise and strength training is the best for heart health. This improves the muscles' ability to use oxygen in the blood and decreases the heart's need to work harder to pump more blood to the muscles. Moreover, exercise reduces inflammation. Chronic inflammation is a risk factor for many diseases, and is decreased with regular exercise.

Focus on Fitness

Exercise can also help people quit smoking. Those who are more active are less likely to start smoking, and smokers who become active often find it easier to quit. In addition, exercise enables post-surgery patients to recover more quickly from hip and knee replacements.

Finding a consistent way to incorporate physical activity into people's lifestyles that they enjoy is extremely important. Sitrin's Wellness and Aquatic Center offers a full-scale gym located on the second floor of the outpatient medical rehabilitation center. The upstairs windows surrounding the gym area provide natural light with expansive views. The exercise equipment is evenly spaced, allowing for ease of movement. Sitrin's two inground therapy pools, both heated at 92 degrees, provide an exciting, funfilled approach to physical fitness all year long.

The Wellness and Aquatic Center at Sitrin is an environment where people become healthier and where friendships are made.

"There is a great sense of community and camaraderie For individuals living in Upstate New York, summer at Sitrin's Wellness and Aquatic Center," Marmet continued. "People come together and encourage one another as they work to achieve similar goals."

> It's necessary for members of Sitrin's Wellness and Aquatic Center to schedule appointments in advance for either the gym or pools. Individual and family rates are available. For more information, call 315 737-2451.

> ABOUT SITRIN: Sitrin provides a variety of services for people of all ages and abilities, including comprehensive medical rehabilitation (inpatient and outpatient), long-term care, assisted living and enriched housing (Cedarbrook), NeuroCare, residential care for people with intellectual disabilities and medically complex conditions, medical and social model adult day health care (OPAL Program), military rehabilitation, adaptive sports (STARS Program), a Wellness and Aquatic Center, orthopedic injury program, concussion management, child care, and dental clinic. Sitrin is a











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AUGUST 2021

NH Historical Society

THE TOWN CRIER

NEW HARTFORD PAST TIMES

August 2021

NEW HARTFORD HISTORICAL SOCIETY

the Willowvale Fire Company: a Rich History (Part II)

The Willowvale Fire Company took a major step forward in 1950 when the Town created a Fire Protection District and entered into a contract with the fire company. This created renewed interest in the company. Things progressed steadily and in 1953, they built a 4-bay station on Oneida Street. James Harrigan was elected Chief in 1957. Much like President Cliff Dougherty, Chief Harrigan was a driving force behind the growth and success of the Fire Company over the next decade and beyond.

Many names come to mind when discussing the Fire Company's leadership over the years. Besides President Dougherty and Chief Harrigan, there was Chief Charles Kuhn. The Kuhn family name was synonymous with service in the Fire Company. As was Edwards, Smith and Jones to name a few. Not to mention Chief William J. "Bill" Hughes. Chief Hughes was elected Chief in 1981 and served an astonishing 31 years as Chief. During his tenure Chief Hughes continued the tradition of growth and improvement of the company's equipment and facilities. In 2005 Chief Hughes proudly dedicated the Fire Company's new Station and Fire Hall. Even after stepping down as Chief, Bill Hughes remained a dedicated member and stayed involved serving in many aspects of the Company helping it to continue to thrive and grow.

Chief Hughes passed away after a brief illness on May 22, 2021 leaving behind a tremendous legacy and a community that will forever be grateful to him and all that came before and to all those that will follow in his footsteps.

New Hartford "Then" and "Now" Willowvale Fire Company



New Hartford Historical Society ~ Membership Form ~ Please check one of the following: \$1500 Individual [] [] \$20^{oo} Family \$25^{oo} Contributing [] [] \$5000 Corporate E-Mail: [] Renewal Please send check made payable to: New Member [] **New Hartford Historical Society**

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AUGUST 2021

Community News

THE TOWN CRIER

NH Senior Center News

submitted by the staff at NH Senior Center

It's August already, where has summer gone? It is mid-July as I write this, and we have been anxiously awaiting our re-opening plan to be approved by the county to get our food service delivery started. Trinity has done a wonderful job getting the home delivered meals to all of ours who want them. Thank you Jane, Chris, John and all who helped do this.

We have been very busy getting our room cleaned and decorated as you can see by the pictures below. The staff is so ready to greet all of you. We have been meeting to see what more we can do to increase our programs, especially our exercise classes. This is so important for all of our seniors. We have talked to Sue, our chair Zumba instructor, and she's waiting to hear when we can open. The same with Donna, who has a great chair yoga program. We are also looking for a low impact aerobics instructor.

AARP is also looking forward to having the Driving classes start again. Our card players, Bridge and Canasta, are ready to get back also, so please call our Senior Center at 315-724-8966 as soon as we open to sign up for any of these classes. We will try to get our website updated to list days and times of our programs. We have several organizations who use our room, such as the Young at Hearts Senior Group and the Readers Group, plus we have been approached to use our Center as a cooling station for these hot, humid days. We have a wonderful Center located in the town municipal building. It is for all of us to enjoy. Please stay safe and healthy and we hope to see you soon.









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STRATEGIC FINANCIAL SERVICES



Strategic Welcomes Lead Advisor Mike Durand

Strategic Financial Services, Inc. ("Strategic"), an independent, Central New York-based wealth management firm, has added Mike Durand, CIMA® to its team as a Lead Advisor. In this role, Durand will be responsible for relationship management and leading the firm's business development efforts in New York's Capital Region.

"Mike Durand is a true professional who embodies our approach to serving clients with expert care and helping them live their best life," said Alan Leist, III, CEO Strategic Financial Services. "We are proud to have someone with Mike's experience and values represent Strategic in the Capital Region."

Durand joins the company from TD Wealth Group in Albany, NY, where he was a Senior Private Client Relationship Manager. Previously, he worked for Key Private Bank in various roles, including Regional Director of Investments - East Region, and Senior Vice President. He received his BS in Marketing/ Management from Siena College and holds the Certified Investment Management Analyst® certification, administered by the Investments & Wealth Institute and taught in conjunction with The Wharton School, University of Pennsylvania.

"I was drawn to Strategic because of its strong core values centered on providing first-class service and exceptional wealth management advice to its clients, Durand said. "And I'm proud to be associated with a firm that's committed to remaining independent of the large national chains."

In business since 1979, Strategic has a team of over 37 wealth management professionals, servicing more than 1,000 clients and managing \$1.7 billion in assets. Areas of focus include Investment Management, Financial Planning and Corporate Retirement Plans. Durand is the fifth new hire to Strategic's advisor team in the past 12 months, part of the firm's carefully designed plan to give clients unrivaled, personalized attention.

With offices in Utica, NY, Syracuse, NY and West Palm Beach, FL, Strategic is an established wealth management firm and regional leader in the investment industry. While successfully growing from established roots, the firm continues to expand its geographic footprint and influence across the northeast and throughout the United States.

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sharonkanfoushwellness.org

THE TOWN CRIER

Community News

AUGUST



Richard Sherman

NH Highway News

As we begin the conclusion of our summer, a recap of the June and July Highway Department activities will help set the stage for what we will be doing in August.

June is the month your entire Highway Crew spent performing curbside garbage pickup town-wide. We collected more than 400 tons of refuse and drove more than 203 truckloads to the dump at a total cost to the Town of approx. \$25,500 which was about \$5,000 less than budgeted! It took almost the entire month to perform this service which had been re-instated by the Town Board about 5 years ago.

We also began the annual paving program the end of June. In July, as you may have become aware, we began milling the portion of Oneida Street from the City line to Kellogg Rd. to prepare for new pavement. Soon thereafter we found that the underpinnings of the pavement (concrete) had begun disintegrating from the significant rainfall and we had to immediately bring the road to one lane and add traffic lights for public safety. The pavement had 3"-4" deep pot holes and the wire mesh was showing in these repair areas. We were able to have a contractor on-site in one day and the repair was made over a two-day span with the help of your Highway Crew.

July began with many days of lighter rain that ensured the ground was totally saturated when our Town began to experience several torrential rain storms. That culminated in many of our neighbors experiencing flooding from the dismantling of the yards to basement flooding and small mud slides. Additionally, the storms produced the numerous falling of trees which

covered several roads. Your Highway Crew was out around the clock to help residents in need and work through the various rain events to keep catch basins free of obstruction. As of today, we are still working to remove all the green-waste brush from the storms and we thank you for your patience.

We will be out with the new asphalt hotbox patch machine that will assist the Town in performing more substantial repairs. The machine will keep the hot black top hot for hours and not get cold so it gives us more time to prepare pothole and clean it prior to patching instead of just filling the pothole. If you think we have not heard about a problem with a road, please reach out to us at Town Hall at 724-4300, ext. 2430 and we will be sure to get there in August.

Finally, I am always available to meet with any resident with a concern or to answer a question and I can be reached personally at rsherman@ townofnewhartfordny.gov or cell at 315-534-2998.





Shkane to be Attending

Albert Shkane, a 2017 graduate of New Hartford High School and 2021 graduate of Providence College (in Providence, RI), will be attending Lake Erie College of Osteopathic Medicine (Elmira, NY, campus), as a member of the Class of 2025, and wishes to pursue advanced study in neuromuscular medicine after receiving his doctorate. Albert is the son of Mr. & Mrs. Louis Shkane, from New Hartford, NY.

New Exhibit at The Other Side Gallery

BIG PRINTS: August 13-Sept.27 at The Other Side Gallery, 2011 Genesee St., Utica

Closing reception, Friday, Sept. 24, 5-7 p.m.

Big Prints is a dynamic exhibition of large-scale relief prints made during the sixth annual Big Ol' Steamrollin' Print invitational (BOSPI) 21 at Munson-Williams-Proctor Art Institute. One big print on muslin fabric from each of the 25 invited artists will be hung for viewing.

ARTISTS: Adelin Zegstroo, Alex Kraeger, Angela Marken, Ashley Alora, Ashley Stegner, Beth Post, Christopher Cirillo, Gabrielle, George Hendrickson, Holly Parker, Jed Kimball, Joella Burt, Ken Marchione, Keren Vita, Kim Carr, Maria Vallese, Mario Andres Colon, Michael Piotrowski, Patrick Michael Carew, Rachel Bartunek, Rainer Maria Wehner, Shannon Nisiewicz, Tim Rand, Tom Montan, Tony Thompson

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THE TOWN CRIER

Town of NH News



Town of **New Hartford News**

submitted by Paul Miscione

Town of New Hartford Supervisor Paul Miscione is Proud to Announce that The Town of New Hartford Earns Clean Energy Community Designation for its Commitment to Cut Costs and Reduce Energy Consumption.

The Town of New Hartford today announced it has been designated a Clean Energy Community by the New York State Energy Research and Development Authority

(NYSERDA), recognizing its leadership in reducing energy use, cutting costs and driving clean energy locally.

Announced by Governor Andrew M. Cuomo in January 2021, the second phase of the Clean Energy Communities (CEC) initiative, the \$17 million CEC Leadership Round supports and recognizes local government leaders across the state by providing grants to eligible municipalities to implement energy efficiency, renewable energy and sustainable development projects in their communities. Achievements by Clean Energy Communities help support Governor Cuomo's nation-leading climate and clean energy goals as outlined under the Climate Leadership and Community Protection Act.

New Hartford Town Supervisor Paul Miscione began, "My top goal has been to position the Town of New Hartford for the future by not only reducing unnecessary energy use and costs, but working to reduce the effects of climate change."

Town of New Hartford Highway Superintendent Richard Sherman continued, "To continue the Town's commitment in being a clean energy community, the Highway Department will be managing the installation of a new LED street lighting program that provides energy and cost savings to taxpayers and offers a significant reduction in light pollution."

Town Planning Board Chair Heather Mowat concluded, "This Clean Energy Community status awarded by NYSERDA will provide increased access to grant funding for Town projects and bring economic opportunities to our businesses."

The Town of New Hartford received the designation for completing four highimpact clean energy actions identified by NYSERDA as part of the Clean Energy Communities initiative. To date, the Town of New Hartford has completed the following high-impact actions:

- Adopted a benchmarking policy to track and report the energy use of the Town's municipal buildings.
- Installed electric vehicle charging stations at Town Hall.
- Completed energy code enforcement training on best practices in energy code enforcement for the Town's code enforcement officer.
- Streamlined the local approval processes for solar projects through adoption of the New York State Unified Solar Permit.

Doreen M. Harris, President and CEO of NYSERDA said, "The Town of New

Hartford is joining in our fight against climate change and leading by example for NOW HIRING! RN SUPERVISOR ► RNS SITRIN ▶ LPNs ► CNAS THE RESERVE OF THE PERSON NAMED IN ► RESIDENCE COUNSELORS A Great Place to Work! SITRINJOBS.COM

communities across the state that are seeking to reduce energy costs by increasing efficiency, promoting clean transportation, and updating benchmarking and code enforcement efforts. These actions are sending a clear signal to residents and business owners alike that the town is serious about delivering the cost-savings and health benefits of clean energy to all while shrinking their carbon footprint."

Communities that complete at least four NYSERDA-identified high-impact actions are designated Clean Energy Communities and are eligible for a Designation Grant of \$5,000. This grant is just one of the many exciting grant opportunities offered through the Clean Energy Communities Leadership Round. Other grant opportunities include action grants of up to \$50,000 for adopting the NYStretch Energy Code or \$60,000 for undertaking one or more clean energy Community Campaigns; a point-based grant system where communities become eligible for larger grant amounts; and grants where a New York State Disadvantaged Community may be eligible for an additional \$10,000 bonus grant on a grant of \$20,000 or more.

Eligible city, town, village, and county governments may apply for grants on a rolling basis, until December 31, 2025 or until funds are exhausted. Funds are being provided through the Clean Energy Fund and the Regional Greenhouse Gas Initiative.

Clean Energy Community Coordinators are available at no charge to help communities develop and prioritize clean energy goals, access easy-to-use resources such as guidance documents and case studies and take advantage of available funding and technical assistance opportunities.



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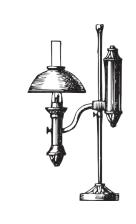
AUGUST 2021

Antique Talk

THE TOWN CRIER

21





ANTIQUE TALK

by Victor Fariello Jr.

Fakes & Reproductions - Buyer Beware!

Ever since anything of value existed, people have been busy making fakes and reproductions to sell to unsuspecting consumers. The antiques and collectibles market is no exception. The problem of fakes has reached epidemic proportions. The market place is literally flooded with them. They range from well-executed copies that would challenge even an expert eye, to poorly rendered fakes that should be easily detected even by an amateur collector.

One of the problems in spotting a reproduction antique is that some forgeries are very well made and the purveyors of them often take great pains to make the item look old. Many diabolical methods have been employed in this deception including burying items, using blow torches, and inducing rust. To add to the problem of detecting fakes, not all of them are newly made. The item could have been produced several years ago. It will obviously show age, which adds to the confusion. Yes, an expert will certainly be able to tell the difference; less experienced collectors could, however, be easily fooled.

On the other side of the spectrum you have reproductions in which there is no effort to "age" them. An item that is supposed to date from a period before screws came into common use will reveal itself with its machine made screws with shiny heads. A utilitarian item like a crock or pottery jug that is supposed to be over 100 years old that looks like it just came off the potter's wheel should be equally suspect. You don't have to be an expert to pause when examining an antique or collectible and question its appearance: should what this item is and what it was used for look like this today? Does its construction, the materials used, add up for the claimed age and origin of the item?

One of the best ways to get experienced at spotting a fake is to see the fake and the original side by side. In most cases you will readily see differences and discrepancies. There is a great book that does a good job of displaying the reproductions and originals side by side and pointing out the differences for you. It is the 'Antique Trader Guide To Fakes & Reproductions', 4th edition © 2007 by Mark Chervenica. It is profusely illustrated and covers many of the most highly collectible items in today's marketplace. You would do well to add this excellent resource to your bookshelf. It is available at Amazon and elsewhere for \$24.99. Another notable book on the subject is "Exhibition of Fakes and Reproductions" by Edwin Atlee Barber. It is available on Amazon for \$21.95. Either of these publications would be a good investment, especially if it helps in preventing you from falling prey to buying a questionable item.

And keep in mind that no category of antiques and collectibles is exempt from fakes. From glassware to china, furniture and jewelry, and just about everything else, have reproductions out in the marketplace. It is no longer safe to assume that only valuable and rare items are reproduced. Today, items as common as buttons and bottles are being reproduced and sold and traded to unsuspecting collectors.

Knowing where an item came from and where it has been since then is still the best way to avoid acquiring fakes. If you obtain an item from a relative, for instance, who received it from their grandmother who received it as a wedding gift a hundred years ago; you have a trail that covers the life of the item. This is called provenance, a word that any aficionado of Antiques Roadshow® hears often. You don't always have to be dealing with the person who inherited the item directly. Provenance can also be established through letters, newspaper clippings, receipts and auction catalogs. What you want to see is a chain of possession that gives you a reasonable sense that you are dealing with the real thing. This probably will not be practical or too important in regards to your purchase of a Depression

glass sugar and creamer at a flea market. On the other hand, when you are about to invest hundreds or perhaps thousands of dollars on what you believe to be a significant antique item, then it will matter greatly.

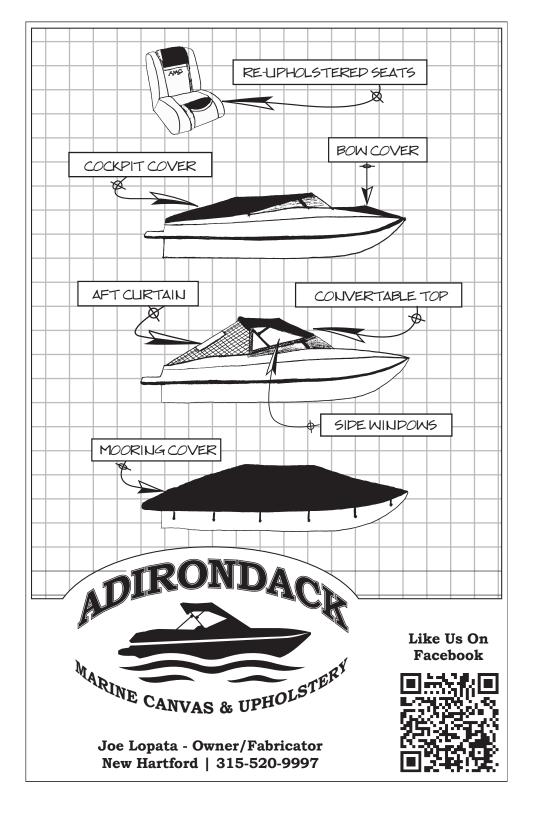
A word to the wise- be cautious and careful in your purchases. As the title of this piece says, "Let the buyer beware." This is still the best advice.

Happy collecting!

Support Your Historical Society

If you haven't already done so, why not renew or start your membership in the NH Historical Society. The cost is \$15 for an individual, \$20 for a family and \$5 for students. Make your check payable to 'NH Historical Society' and mail to PO Box 238, New Hartford, NY 13413. All donations are tax deductible. Membership is the best way to show that you appreciate the good work these dedicated folks do in preserving our history.

Victor J. Fariello Jr. is a lifelong resident of New Hartford and has been a collector and dealer of antiques for many years. He is a past officer and member of the New Hartford Historical Society and is the Charter President of the J. Schoolcraft Sherman Chapter #1519 of The Questers, an International organization for people who love antiques and have a commitment to preservation. Questions on anything related to antiques can be sent to him at PO Box 194, Washington Mills, NY 13479 or by email to vifariello@gmail.com. Any photos submitted will be returned upon request.



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New Hartford Rotary News

The Rotary year runs from 1 July to 30 June and

every year at the end of June, 35,000 Rotary clubs

around the world hold their Changing of the Guard

celebration to reflect on the accomplishments of the

past year and look forward to exciting new events

for the coming year. They also welcome their new

President, who has been in training for the past year, as

well as a new slate of officers and Board of Directors.

The Rotary Club of New Hartford, NY is located in

District 7150. The new DG for District 7150 is Dana

Jerrard, a longtime member of the Utica Rotary Club.

On 30 June, the New Hartford Rotary Club held their

Changing of the Guard dinner at The Chowder House

in New York Mills. Officers and Directors installed that

night were as follows: President- Jim High; President-

Elect- Val Manion, Treasurer- Jeff Gornick; Secretary-

Jim Cook; Directors: Dr. Frank Mondi (1-year term),

George Carpenter & Mackay Rippey (2-year terms);

Past President- Ed Gallacher. During that celebration,

Rev. Dr. Mary Webster presented the Jim Hickey Award

that honors New Hartford Rotarian Jim Hickey, who

consistently gave above and beyond to the Club and

was always ready to serve his community. This year's

award winner was Ed Gallacher, sighting his leadership

and enthusiasm during his past year as President. A

Paul Harris upgrade was presented to John "Ziggy"

Zygmunt for his outstanding service not only to the

New Hartford Rotary Club, but also all the service he

gives to many other clubs around the district. At the

end of the meeting, outgoing President Ed Gallacher

"passed the gavel" to incoming President Jim High,

who is an experienced Rotarian, having served as a

District Governor and President of other clubs in other

districts in New York and CT.

Rotary

THE TOWN CRIER

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AUGUST

Attic Mold:

Attics are one of the most common areas of mold growth in the home. Attics tend to have the perfect conditions for mold growth (hot, humid, and an abundant food source with the wood framing and sheathing). Most homeowners may go up in their attic seldom if ever so the mold problem is allowed to grow undisturbed sometimes for years! Many homeowners first learn about their problem right before they sell their home. The buyer's home inspector notices the mold in the attic right before the closing date, which causes both buyer and seller to panic, often putting the whole deal in jeopardy. The good news is that this scenario can all be avoided by quickly checking your attic a few times a year for mold and dealing with it promptly if you do find a problem. In addition to fixing the moisture problem or underlying cause of the At that same time, the 500+ Rotary Districts around mold formation, you also need to get rid of the mold the world celebrate a new DG (District Governor), who properly. Disaster Services is a NYS licensed mold has been in training for several years to take on the contractor and can evaluate and thoroughly explain the big responsibility of leading their respective Districts. different removal options available to you.

Water Damage:

Whether caused by leaks, flooding or condensation, water can do more than cause unsightly stains in your home. It can cause permanent structural and mold damage. Disaster Services with over 34 years of experience in all phases of water and mold damage can accurately evaluate your homes damage and advise as to the most effective course of action to take. We use the latest technology including thermal imaging to determine the source of the water intrusion and the extent of mold damage. We are not a franchise which means you will get the owner on site through-out the project to fully answer any concerns that you may have. Remember we are the leading disaster mitigation company in the area with hundreds of satisfied clients both commercial, industrial and residential. We realize that in your time of need you should be speaking to a person, not a machine. When you call Disaster Services you will not reach an operator and have to emergency services also so please visit our website at

E-Mail: disasterservices@adelphia.net Web Site: www.disasterservices.us Facebook@ Disaster Services



disasterservices.us for a full list of services.

For you flower lovers and garden enthusiasts, we are pleased to announce that we are again holding our Spring Flower Fund Drive. Many of our Spring flowers should be planted in the Fall to get ready to give us the colors that come as the weather warms. Think Daffodils, Day Lilies, Iris, and many more! New Hartford Rotary is again teaming up with Flower Power Fundraising and offering an array of bulbs and seeds to be planted in the Fall. On-line orders will be accepted through October 15th. Order now to receive the best selection! They do run out of the most popular items. The New Hartford Rotary club will receive 50% of the profit that will be used to assist many local nonprofits and charities in the Mohawk Valley. Check out their catalog on the club's Facebook page or at: NewHartfordRotary.fpfundraising.com Please share this with your friends!

For more information about The Rotary Club of New Hartford, NY you can check our website at newhartfordrotaryclub.com or follow us on Facebook at facebook.com/NHRotary.

Sewer and Drain Back Up:

Most homeowner's policies do not cover sewer backup unless specific sewer backup insurance coverage is added. If your home falls victim to the damages of backups or overflows and you aren't covered, you'll be liable for home repairs and cleaning costs out of pocket. Discover some of the most common ways your sewer lines can be damaged, and what you can do to protect your home!

1. Blockages Due to Tree Roots

The trees in your yard may be beautiful, but their roots can cause damage to your plumbing. Tree roots can dig very deep in search of water and nutrients, things that can be found in abundance in pipelines. These roots wait for a call back during your stressful time, you will can enter pipes through small cracks and continue to reach the owner and you will get immediate answers grow until extensive damage is caused. Different tree to your questions. When your emergency arises, call roots grow in different ways, so it's a good idea to know us at (315) 797-1128 day or night. We do offer nonabout each kind located on your property!

4. Aging Sewer Systems

According to the Civil Engineering Research Foundation, the number of backed up sewers is increasing about 3% per year. Sewer systems in the United States are on average over thirty years old, which is a huge contributing factor to the rapid increase of sewer backups, overflows and flooded basements.

6. Combined Pipelines

Sometimes sewer systems combine the raw sewage pipeline with the storm water pipeline. During times of intense storms and runoff, this combined pipeline can become clogged with debris. This can result in a sewage backup situation in your basement or other lowlying drains.

The Cost of Sewer Backup Insurance Coverage

It's easy to see how many different ways your sewer pipelines can be compromised. But don't wait until one of these factors causes a problem and your home is devastated by sewage and water damage. Sewer backup insurance coverage can be added to a homeowners insurance policy for as little as \$50 a year!







AUGUST 2021

Community News

THE TOWN CRIER



Players of Utica Reopens with Comedy, I Hate Hamlet!

Players of Utica is ecstatic to be reopening the doors to their Players Theatre at long last with their preseason production of the laugh-out-loud comedy, I Hate Hamlet!

Directed by Stephen Wagner and written by Paul Rudnick, this meta comedy follows the story of Andrew Rally, an actor about to start rehearsals to play Hamlet—and he is terrified. Unsure of himself and worried about his career, Andrew doesn't know what to do and considers turning down the role. In the midst of his confusion, he is visited by the ghost of legendary actor John Barrymore. As Andrew grows under Barrymore's larger than life dramatics, he is forced to face his fears and confront the ultimate question: to be or not to be Hamlet?

This special production provides two ways to see the hilarious show: streaming online and live onstage. It is important to Players to accommodate all of our patrons for this long-awaited production! "We are all eager to get back on stage and give audiences some top-notch entertainment after the very trying and stressful 17 months we've all been through," says director Stephen

The play was originally scheduled for the 2020-2021 season, but rehearsals were stopped and the theatre doors had to close in March 2020 due to the COVID-19 restrictions. Now, the actors are thrilled to finally be sharing this production with live audiences. Wagner added, "The actors are keen to perform and we know audiences are again hungry for some great live theatre."

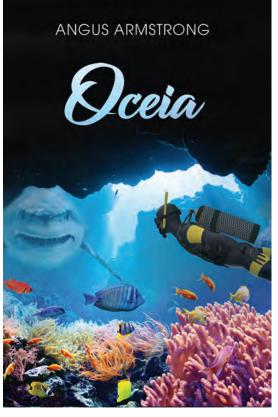
Performances: Live onstage - August 27 & 28 at 7:30 p.m., August 29 at 2 p.m.

Cast: Rick Stoodley, Steven Handzel, Alexis Carey, Mike D. Burke, Marilee Ensign, Deb Martin

In order to accommodate social distancing practices, this production will have limited in-person seating - so get your tickets early! Purchase your tickets online at playersofutica.org or by calling 315-724-7624.

About Players of Utica

Players of Utica is a non-profit community theatre that has been continuously producing shows since 1913. We have engaged over 1 million individuals with affordable, first-class community theatre. Players of Utica is an equal opportunity organization. For more information, and to support or participate, visit www.playersofutica.org, follow us on Instagram @ playersofuticany, Twitter @UticaPlayers or "Like" us on Facebook.



Whitesboro Author Publishes Fantasy Novel About Two Cousins That Battle to Survive Under the Sea

Oceia, a new book by Angus Armstrong, has been released by Dorrance Publishing Co., Inc.

Oceia is a tale about cousins who play a game of adventure and excitement. Similar to the stories of Jumanji and Zathura, this exciting adventure takes place in the ocean.

When the young cousins stumble upon a mysterious boardgame, "Oceia," they decide to play, learning to trust and believe in each other to survive the dangerous ocean creatures and end the game. By enduring the hardships and obstacles of the game, they discover a new admiration for each other and that they too can also trust and believe in themselves.

About the Author:

Angus Armstrong is 22 years old and has autism. He often struggles with socializing in group settings and

also wanted to prove to himself that he could become a published author and that anything is possible.

Currently attending a program for students with disabilities at Syracuse University allows Angus to audit college classes and get the "college experience." He loves to act and has been involved in many plays. Also an avid sports fan of mostly college football and basketball, he enjoys all sports. Angus is the youngest of three children and has a very supportive family.

Oceia is a 200-page paperback with a retail price of \$16.00 (eBook \$11.00). The ISBN is 978-1-6495-7168-7. It was published by Dorrance Publishing Co., Inc of Pittsburgh, Pennsylvania. For members of the press, to request a review copy, visit our virtual pressroom at http://dorrancepressroom.com/oceia/ or to buy the book visit our online bookstore at http://bookstore. dorrancepublishing.com/oceia/.

MVCC Offering Free PPE Training

Mohawk Valley Community College, through a grant from the Occupational Safety and Health Administration (OSHA), is offering free Personal Protective Equipment (PPE) training to those working in general industry, healthcare, and manufacturing facilities. Complimentary PPE also will be distributed to all trainees.

This 90-minute training will educate workers on the safety and health topics of PPE to support the recognition, avoidance, abatement, and prevention of hazards — including PPE concerns in relation to COVID-19 - in workplaces. This training can be customized on-site (if appropriate space is available) or offered virtually. Flexible times can be offered to accommodate various shifts. The training will be translated into multiple languages and interpreters will also be available at no charge. All in-person trainings will be in strict compliance with COVID-19 protocols.

The instructor for the class is a senior safety and health consultant and former safety inspector for the New York State Department of Labor with more than three decades of experience in occupational/workforce safety and health.

For more information, contact Terésa Fava-Schram, change, so he turned to writing as a creative outlet. He coordinator of Workforce Development at MVCC, at 315-792-5681 or tfavaschram@mvcc.edu.





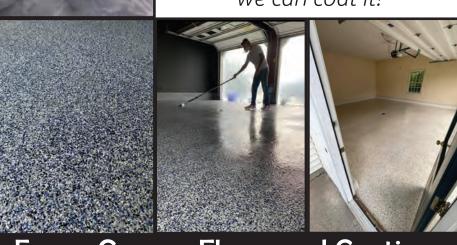


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NH School/Sports News

AUGUST 2021



New Hartford Central School District Announces Superintendent of Schools

The New Hartford Central School District Board of Education announced the appointment of Cosimo Tangorra, Jr., Ed.D. as the District's new superintendent of schools during their July 6, 2021 meeting.

Dr. Tangorra is currently the superintendent of schools for the Niskayuna Central School District. He will tentatively begin duties as superintendent for the New Hartford Central School District on October 6, 2021, having been selected by the Board of Education to replace Robert Nole, who left the position in April 2021.

"New Hartford is a very special place and I am humbled by the trust the Board of Education has displayed in allowing me to build upon the tradition of engaging, student-focused education that this district is known for," said Dr. Tangorra. "I am grateful for this opportunity and look forward to working with each and every student, staff member, parent and community member to make sure that our children have the tools necessary to succeed both in learning and in life."

"We are excited to welcome Dr. Tangorra and his wealth of knowledge and education experience to our District," said Pam King, president of the New Hartford Central School District Board of Education. "We know that his collaborative and approachable leadership style makes him the right person to lead New Hartford and actualize our commitment to excellence, integrity, citizenship and innovation."

Prior to joining the Niskayuna Central School District in 2015, Dr. Tangorra served as Deputy Commissioner for P-12 Education for the New York State Education Department. Dr. Tangorra was previously employed as the superintendent of schools for the Central Valley Central School District, Ilion Central School District, Trumansburg Central School District and Oppenheim-Ephratah Central School District. Prior to that, he was a building principal in the Oppenheim-Ephratah Central School District, administrator and special education teacher in the Little Falls City School District, and a special education teacher at the Herkimer-Fulton-Hamilton-Otsego BOCES.

Dr. Tangorra earned an Associate of Arts degree in Social Science from Herkimer County Community College, a Bachelor of Arts degree in Psychology from Siena College and a master's degree in special education from The College of St. Rose. He went on to receive his Certificate of Advanced Study in Educational Administration from SUNY Cortland and

earned his doctorate in educational leadership from The Sage Colleges.

The New Hartford CSD Board of Education will host a Meet and Greet event with Dr. Tangorra on Tuesday, July 20 from 6:00-8:00 p.m. at New Hartford High School. All are invited to visit the high school and get to know Dr. Tangorra in an informal setting.

New Hartford Central School Fall Sports

JV and Varsity sports will start on Monday, August 23rd with modified sports commencing on Monday, August 30th. Please mail or drop off the Pre-Participation Form and Blue Card to the respective nurse's office as soon as possible. After hours drop boxes are located in the lobby of the High School and Perry Junior High next to the attendance windows. These forms as well as a current sports physical need to be reviewed by the nurse in order for the student athlete to be cleared to participate.

Summer sports physicals will take place at the Perry Junior High on Monday, August 23, 2021, 8:00 AM – 2:00 PM. Appointments are strongly recommended. Please contact the nurse's office by email (hpaciello@nhart.org) with any questions or to set up an appointment.



TOGETHER WE ARE ESSENTIAL 2.0

There is a Light at the end of the Tunnel ...

giving us hope for a healthier and brighter future. As we continue to face uncertain times together, we are met with restrictions and the need to make difficult decisions. Our community's health and safety is a responsibility we take seriously and have decided to postpone all in-person events until 2022. Instead, we are announcing our TOGETHER WE ARE ESSENTIAL 2.0 CAMPAIGN!

Our expenses related to the global crisis have exceeded over \$1 million. We are grateful for your enthusiasm and support! To make a donation call 315.235.7770 or







Fair Trade Shop

This Flower Petals Bowl, which was handcrafted and hand-painted by talented craft-masters in India would be a showstopper on your next tablescape with its Moroccan design featured both inside and out. The whimsical mouse always finds the cheese! Our Mouse Cheese Knife is made in India from stainless steel, is dishwasher safe and measures 7" long by 1" wide. These and many, many more unique handmade gift items from 38 different countries can be found in our Fair Trade Shop, Stone Presbyterian Church, 8 So. Park Row, Clinton. Purchasing fair trade items ensures artisans and small farmers fair wages and healthy working conditions, providing dignity and sustainable development and hope to marginalize people. Our hours are 10am to 4pm every Thursday and second Saturdays in the shop, plus 10am to 4pm every Thursday at the Farmer's Market on the Village Green in Clinton through the summer. We will also be present at the Art & Music Festival on the Village Green in Clinton on Auhust 28TH, 2021. Face masks are required if you have not been fully vaccinated. Let us be your go-to gift shop! For more information, visit our website at https://buildingstonesshoppe.square.site or www.facebook.com/buildingstonesfairtradeshoppe.



For information on how to place an article for your community event, please contact the Town Crier at 315-723-4827, or email us at towncrier@pjgreen.com Deadline for the September issue is August 15, 2021

AUGUST 2021

Community News

THE TOWN CRIER

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The Simon & Garfunkel Story Presented by Broadway Utica is Coming to The Stanley Theatre Nov. 18 at 7:30pm

The internationally-acclaimed hit theater show The Simon & Garfunkel Story presented by Broadway Utica will stop by The Stanley Theatre on November 18, 2021 during the coast-to-coast U.S. tour. The immersive concert-style theater show chronicles the amazing journey shared by the folk-rock duo, Paul Simon and Art Garfunkel. It tells the story from their humble beginnings as Tom & Jerry to their incredible success as one of the best-selling music groups of the '60s to their dramatic split in 1970. It culminates with the famous "The Concert in Central Park" reunion in 1981 with more than half a million fans in attendance.

For show and ticket information, go to Broadway Utica. org, stop by the Broadway Utica Box Office at 258 Genesee Street, Utica, NY or call 315-624-9444. Broadway Utica's Box Office hours are M-Th 9a-3p.

Using state of the art video projection, photos and original film footage, the show also features a full live band performing all of their hits, including 'Mrs. Robinson' (featured in the 1967 film The Graduate), 'Cecilia', 'Bridge Over Troubled Water', 'Homeward Bound' and many more.

With more than 100 million album sales since 1965, Simon & Garfunkel's perfect harmonies and songs that poignantly captured the times made them one of the most successful folk-rock duos of all time. Over the years, they won 10 Grammy Awards and were inducted into the Rock and Roll Hall of Fame in 1990. In 1977, their Bridge Over Troubled Water album was nominated at the 1977 Brit Awards for Best International Album. In 2003, Simon and Garfunkel were awarded a Grammy Lifetime Achievement Award and the following year saw their "The Sound of Silence" awarded a Grammy Hall of Fame Award.

Information about The Simon & Garfunkel Story can be found at: http://www.thesimonandgarfunkelstory.com.

MVCC Soccer Program to Host Summer Camp at Schuyler Sports Complex

The Mohawk Valley Community College Soccer program will host a Summer Soccer Camp for boys and girls ages 7-16 from 9 a.m. to 12:30 p.m. Monday-Friday, Aug. 2-6, at a new location — the Schuyler Sports Complex, 2413 State Route 5 in Utica.

The camp will offer technical, individual ball skills, group and team tactics, with instruction for all ability levels. It is organized into three separate ability divisions for skill, tactic, and game sessions, allowing for maximum skill development and fun for all ages. There will also be camp league games and contests.

Each camper should bring shin guards, soccer cleats,

indoor footwear, a water bottle, and a snack if desired. Campers should also bring clothing and rain gear appropriate for the season. Water will be available at all sessions. All campers should check in between 8:30 and 9 a.m. on Monday, Aug. 2.

Cost is \$125 per camper (family rate of three or more is 20% discount off individual rate). Cost includes an official stitched soccer ball and camp T-shirt. Please indicate T-shirt size choice on registration form. If planning to attend the Goal Keeper Camp, please check the appropriate box on the registration form.

Online registration is required at https://www2.mvcc.edu/forms/sportscamps/soccer. Payment can be made in person at the Athletics Office, Jorgensen Center room 221, or by check or money order: MVCC Athletics Department: Soccer Camp, 1101 Sherman Drive, Utica, NY 13501.

The camp will be led by MVCC Women's Soccer Coach Jim Vitale, and Men's Soccer Coach Dominic DiMaggio will lead a Goal Keeper Camp.

Vitale is Head Coach of the MVCC Women's Soccer program, which has won the Mountain Valley Conference for the past three consecutive years and Region III in 2020, 2019, 2013 and in 2012, when the team was crowned the NJCAA DIII champions. The Hawks have made the Regional Tournament in each of his nine years with the team. He also was named the 2020-2021 Mountain Valley Conference Coach of the Year, the 2019 NJCAA Region III Coach of the Year, and the 2019 Mountain Valley Conference Coach of the Year.

DiMaggio is Head Coach of the Men's Soccer Team, which he has led since 2017. He was named the 2020-2021 NJCAA Region III Coach of the Year, 2020-2021 Mountain Valley Conference Coach of the Year, NJCAA 2019 Region III Coach of the Year, and the 2019 Mountain Valley Conference Co-Coach Coach of the Year. Prior to joining the Hawks, he was an Assistant Coach at his Alma Mater, Southern New Hampshire University.



(L-R) Israel Acosta (Outgoing Rotary Club President) and Stephen Turnbull (Incoming Rotary Club President)

Rotary Club of Utica Hosts 'Service Above Self Safari'

The Rotary Club of Utica recently hosted their Service Above Self Safari event, held June 17 at the Utica Zoo. It was a huge success on many levels. The event marked the return of in-person events for the Rotary Club, with 100 people in attendance as well as raising over \$5,400 for the Utica Zoo. At this event, a few awards were given out including the Paul Harris Award to Travis Rabbers, the Service Above Self/Club Award to Michelle Brandstadt, the Club's 'Quiet Giver' Awards to Bart Gorman and Devon Hoffman and the Service Above Self/Community Award to Patrick Johnson, a local advocate for social justice.

Three Past District Governors were in attendance including Randy Wilson (Sauquoit), Don Reese (Utica) and Gerry Gortner (Canastota). This event also included a transition of the Rotary Club of Utica presidency from Israel Acosta to Stephen Turnbull.



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THE TOWN CRIER

Faith in New Hartford

AUGUST



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105 Genesee Street, New Hartford (315) 733-4227 office@firstumconline.org We are also the home of the Family Nursery School! Rev. Brad Chesebro Worship Schedule 9:30 am Classic Worship 11 am Contemporary Service Our Church Building is open for in-person worship services. Or watch our livestream service online at www.firstumconline.org Easily accessible building, sanctuary and bathroom. All COVID guildlines are being followed. Come Join Us!

ST. JOHN THE EVANGELIST CHURCH

66 Oxford Road - 732-8521 Rev. Kevin Bunger, Pastor Cheryl Smith Dir. of Faith Formation Saturday: Vigil, 5:15 p.m. Confessions 4:15pm Sunday Masses: 8am & 11am Mon-Thurs Masses: 9:10am We are handicapped accessible!

CLINTON ROAD BAPTIST CHURCH SBC

dba Crosspoint Church Senior Pastor, Samuel Macri Youth Minister, Bobby Allen 140 Clinton Road, New Hartford Sunday Morning Worship Worship Service at 8am 317 Oriskany Blvd, Whitesboro - 797-4520 Sunday School Small Groups 9am Sunday Morning Worship 10:30am Sunday Evening Youth 5pm Sunday Evening Discipleship 5:30pm Tuesday Morning 6:30am Men's Fellowship Breakfast at New Hartford Campus Wednesday Evening 6:30pm Praise Team Practice

Wednesday Evening 7pm Prayer Meeting Thursday Evening 6:30pm College/Career Ministry Website: crosspointchurchonline.org Sunday Morning Services streamed live Pastor Sam's message available at our website

We are handicapped accessible!

HOPE ALLIANCE CHURCH

4291 Middle Settlement Road, P.O. Box 626, N.H. General Office: 315-732-1349 hopealliance4291@gmail.com www.hopealliancecny.com Rev. Andy Ward, Pastor Morning Worship: 9:30am Communion First Sunday of the Month. Fridays: Christian Service Brigade - 7pm Sundays: Jr. & Sr. High Youth Fellowship - 6pm Hope Alliance Church is handicapped accessible.

ST. THOMAS CHURCH

150 Clinton Road - 735-8381 stthomasnh@syrdio.org Pastor: Rev. David Sears Saturday Vigil: 4 p.m. Sunday Mass: 9:00 a.m. Confessions: Sat. 4:45-5:15 p.m. Holy Day Schedule: Holy Day Masses 12 noon Adult Religious Education, Open to the Public We are handicapped accessible!

ST. STEPHEN'S EPISCOPAL CHURCH

25 Oxford Road - 732-7462 (Parish & Rectory) ststephensepiscopalnhny@gmail.com Sunday Service of Holy Communion at 10am followed by fellowship Al-Anon Meetings: Sundays at 5pm & Thursdays at 5:30pm AA Meetings: Sundays at 8pm Yoga by Kristy: Tuesdays at 5:30pm & Thursdays at 9:30am EGA Meetings: 1st Mondays of the Month St. Stephen's is handicapped accessible.

ST. GEORGE'S EPISCOPAL CHURCH

9389 Elm Street, Chadwicks - 315-736-3572 tlmas@roadrunner.com Rev. Heather Benson Officiating Service at 10am Holy Eucharist Every 2nd and 4th Sunday

FAITH IN CHRIST FELLOWSHIP CHURCH A Reformed Southern Baptist Church

3431 Oneida St., Chadwicks - 315-737-0753 www.ficfellowship.com Pastor: Chad Morgan Sundays: Worship, 10 a.m. Children's Church during the sermon.

Bible Study and Prayer - Wed evening 6:30 p.m.

IMMANUEL BAPTIST CHURCH

Pastor Fletcher Matlack 9501 Weston Rd., NH (Next to Perry Jr. High), (315) 737-5222 www.ibcfamily.com E-mail: info@ibcfamily.com Sunday School for all ages: 9:00 am - 9:45 am Sunday Morning Worship Service 10:00 am Nursery, Preschool and Children's Worship hour: 10:00 am Prayer meeting held every Wednesday at 6:30 pm Youth Group for ages 12 and up meets every other Saturday from 6-8 pm. See our website for schedule. Church is handicapped accessible.

NEW HARTFORD PRESBYTERIAN CHURCH

45 Genesee Street, NH 315-732-1139 newhartfordpresbyterian.org office@newhartfordpresbyterian.org Sunday morning worship at New Hartford Presbyterian Church starts at 9:30 during the summer, with services open at full capacity in conjunction with State and CDC guidelines. Masks are still required and other safety guidelines are followed. Weather permitting, lemonade on the lawn in front of the church follows worship each Sunday. Live streaming of the service also continues on Facebook.

As NHPC welcomes back families to in-person worship, to address the interests of those still concerned about bringing children into group gatherings, the congregation offers Faithful Blend, a space set aside in the fellowship hall where children and parents can worship together comfortably, with adults sipping their favorite coffee while the kids worship, sing, play and pray along with them. The worship service is live streamed from the sanctuary onto a large screen so all can follow along and participate as they choose.

More information about NHPC is available on its website and

Facebook page.

OUR LADY OF THE ROSARY CHURCH

ParishOffice@olrosarynh.org 1736 Burrstone Road - 724-0402 Pastor Joseph Salerno Sunday: 7:30am and 9am Masses held at Our Lady of Lourdes: Saturday: 4pm and Sunday at 11:15am Handicapped Accessible and Air Conditioned

SAUQUOIT VALLEY UNITED METHODIST CHURCH Cor. Pinnacle Rd. & Mohawk St., Sauquoit

email: sauquoitvallyumc@aol.com Pastor Carl Getz Office - 737-7505 Sunday Worship 11 a.m.(Nursery Care Available) Sunday School 9:30 a.m. For all ages. Handicapped Accessible

FIRST BAPTIST CHURCH OF NH

315-724-3179 uuutica.org

7 Oxford Road - Office phone: 315-733-4570 firstbaptistnh@gmail.com Rev. James Harriff, Pastor Virtual Service every Sunday at 9:30am on Facebook "First Baptist of New Hartford" Sunday Service - 9:30am Sunday School - 11:00am Handicapped Accessible. All are welcome.

UNITARIAN UNIVERSALIST CHURCH of UTICA 10 Higby Road, Utica, NY 13501

Minister: The Rev. Lori Staubitz Sunday services at 10:30 AM Find details of these services at uuutica.org August 1, August 8, August 15: These three summer services will be with May Memorial and First Unitarian Universalist Society of Syracuse via Zoom More information at uuutica.org

August 22, 2021- Plans for outdoor service on church lawn weather permitting.

August 29, 2021- Service with the minister Rev. Lori Staubitz "The Keys Are In Your Pocket" Sermon on UU identity and faith development.

ST. GEORGE ORTHODOX CHURCH

350 Higby Road, New Hartford, 315-292-6682 Fr. George Goodge Sun - 9am Matins

Wed - 5:30pm Vespers Bookstore hours: Open Sundays after Services.

WESTMINSTER-MORIAH-OLIVET PRESBYTERIAN

Interim Pastor Rev. Dr. Mark S. Caruana Music Director Richard Crawley Worship service: Sunday 10:30 a.m. 714 Washington St., Utica. 315-732-6518, www.wmoutica.

pastor@wmoutica.org find us on Facebook & Twitter Handicapped accessible

NORWICH CORNERS CHRISTIAN CHURCH

10233 Roberts Road, Sauquoit - 737-0757 WHERE JESUS IS LORD! Pastor Walter J. Wharram, Jr. Sunday Morning Prayer - 8:30am Sunday School - 9:30am Sunday morning Worship Service - 10:30 Mid-Week Bible Study - Tuesdays 7pm Sunday Morning Prayer - 8:30am Worship Service - 9:30am

TRINITY LUTHERAN CHURCH

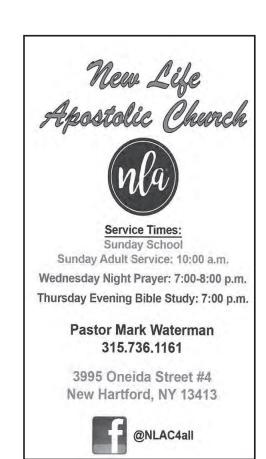
2620 Genesee St., Utica. (315)732-7869 churchoffice@trinitylutheranutica.com Fall/Winter worship: 9am - Sunday School & Adult Bible Study 10:30am - Worship is led by our Pastor, Peter Saie Handicapped accessible.

FIRST PRESBYTERIAN CHURCH

1605 Genesee Street, Utica 732-5111 fpcutica@gmail.com Opening Doors, Hearts & Minds: Serving Christ & Community Reverend Jeanne M. Kumbalek Sundays - 10:30 Worship 10:45 - Sunday School for Elementary Ages Faith Enrichment for all ages Call or email for schedule. Nursery Care Provided Wheelchair Accessible

LIFE IN CHRIST FAMILY CHURCH & BIBLE SCHOOL

25 Robinson Rd. Clinton - 315-853-1582. www.licfc.org Pastors Peter & Adeline Forrester Sunday Service 10 AM (Nursery & Sunday school provided) Thursday Night Prayer Mtg 7 PM Operating in all of the gifts of the Holy Spirit including 'healing' Go on line and check out our school! Teaching people the word of God without compromise!



Riddles for Our Readers: (Answers on Page 30)

https://parade.com/1025639/marynliles/brain-teasers/

- 1. I left my campsite and hiked south for 3 miles. Then I turned east and hiked for three miles. I then turned north and hiked for 3 miles, at which time I came upon a bear inside my tent eating my food! What color was the bear?
- 2. In my hand I have two coins that are newly minted. Together, they total 30 cents. One isn't a nickel. What are the coins?
- 3. What is harder to catch the faster you run?
- 4. A man stands on one side of a river, his dog on the other. The man calls
- his dog, who immediately crosses the river without getting wet and without using a bridge or a boat. How did the dog do it?
- 5. Turn me on my side and I am everything. Cut me in half and I am nothing. What am I?
- 6. What has cities, but no houses; forests, but no trees; and water, but no
- 7. You're escaping a labyrinth and there are three exits. Exit A leads to an inferno. Exit B leads to an assassin. Exit C leads to a lion that hasn't eaten in 3 years. Which exit do you pick?
- 8. What kind of running means walking?
- 9. He has married many women, but has never been married. Who is he?

AUGUST 2021

Faith in New Hartford

THE TOWN CRIER

ANNUNCIATION CHURCH

7616 E. South Street, Clark Mills - 853-6138 rectory.denise@roadrunner.com Fr. Kevin J. Bunger. Deacon Gil Nadeau Weekday Mass: Mon & Tues 8am, Wed 7:45am, Fri. 8 am Communion Mass Weekend Mass: Sat. 4pm Vigil, Sun. 9:30am Confession: Sat 3:15pm-3:45pm

STONE PRESBYTERIAN CHURCH

8 So. Park Row, Clinton Scott Leonard, Commissioned Lay Pastor Sunday service-10:30AM Website: www.stonepres.org E-mail: stonepres@verizon.net Office phone: 315-853-2933 Handicapped Accessible

CLINTON UNITED METHODIST CHURCH

105 Utica Road, Clinton www.clintonmethodist.org Rev. Michael H. Terrell Sunday Worship Service 9:30 AM Sunday school during worship following children's time Office Phone: 853-3358

CORNERSTONE COMMUNITY CHURCH 500 Plant St. Utica(Oneida Sq. across from Dunkin Donuts) Mike Ballman, Pastor www.cornerstoneutica.com mike@cornerstoneutica.com Sunday Mornings: 11:15am Last Sunday of month 10:30am

CHRIST CHURCH (REFORMED PRESBYTERIAN)

8470 New Floyd Rd. Rome, NY 13440 Website: www.christchurchreformed.com Facebook: https://www.facebook.com/ChristChurchReformedPresbyterian aarongoerner@gmail.com Pastor: Aaron Goerner Services: Sunday School: 10AM Sunday Worship: 11AM Thursday Bible Study 7PM

ZION LUTHERAN CHURCH

630 French Road, New Hartford 315-732-4110 Sunday Mornings 10 AM Sunday Contemporary Service 12:15 PM Email: office@zionluth.com Website: www.zionlutheranNy.org Facebook: Zion Lutheran Church, New Hartford NY Handicapped accessible

MOHAWK VALLEY CHURCH

9417 Maynard Drive Marcy, NY Sunday Mornings at 10am Come As You Are www.mohawkvallev.church info@mohawkvalley.church Pastors Mike & Susie Melnick Contemporary Worship led by Mark Bolos

TABERNACLE BAPTIST CHURCH 13 Clark Place, Utica 315-735-7534

churchoffice@tbcutica.org Facebook: Tabernacle Baptist Church www.tbcutica.org

We are together in our diversity! Come worship with us! Saturday 6 p.m. Young Adult Worship & Study Sunday 10 a.m. English Worship Service Sunday 10:15 a.m. Sunday School for children in English and in Karen

Sunday 11:30 a.m. Karen Worship Service and 2nd-Hour Sunday School

Pastors Rev. Debbie Kelsey and Rev. Daniel San

BIBLE BAPTIST CHURCH

4431 Middle Settlement Rd., New Hartford, NY 13413 Brian Demers, Pastor Sunday School for all ages: 9:30 a.m. Sunday Morning Worship Service: 10:45 a.m. Sunday Evening Bible Study: 5:00 p.m. Wednesday Evening Bible Study and Kids4Truth Children's Program: 6:45 p.m. Handicapped accessible. Nursery Provided. www.biblebaptistchurchnewhartford.org

BEIT SHALOM

48 Franklin Square, Utica, NY 733-2867 Rabbi: Stephen Galiley Friday Evening Shabbat Services: 7:00 pm Oneg Shabbat Beit Shalom is a Messianic Jewish Congregation. All are welcome!



TEMPLE EMANU-EL

2710 Genesee Street, Utica, NY – 724-4177 teuticaoffice@gmail.com Rabbi Peter Schaktman Friday Evening Oneg Sabbath sponsored by the Sisterhood of Temple Emanu-El. All are Welcome

TEMPLE BETH-EL

2710 Genesee Street, Utica, NY - 724-4751 Cantor: Kalman A. Socolof Executive Director: Mrs. Mundy B. Shapiro Friday Evening Services: 5:30 p.m. Sabbath Morning Services: 9:30 a.m. Weekly Morning Minyan Services are held Mon., & Thurs. from 8:00 a.m. at 2710 Genesee Street. Kiddush on Saturday morning sponsored by the Sisterhood of

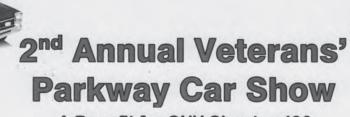
ZVI JACOB

TBE. All are Welcome.

Orthodox Synagogue 110 Memorial Parkway, Utica - 724-8357 Services are held Saturday at 9am, and on holidays. Services may be held at other times if there is a minyan. Visit our website www.zvijacob.org. All are Welcome.

THE JEWISH COMMUNITY CENTER

2310 Oneida Street, Utica - 733-2343 Provides programs for seniors and recreational activities for all ages. Open to people of all races, religions, and nationalities.



A Benefit for CNY Chapter 490 Military Order of the Purple Heart

Saturday August 14th, 2021

Car, Truck & Motorcycle Show 10am to 3pm \$10.00 Donation per Vehicle

Location: 220 Memorial Parkway Utica NY 13501



The Trophies Categories are: Men's Choice Women's Choice Kid's Choice **Motorcycle Choice**



The first 100 entries will receive a souvenir Coffee Mug



Food Trucks will be available



Music by Ed Bickford

For more information call Dennis Jacobs at 315-525-3794

Major Sponsors









Donald & Joanne MacAnn

HA! HA! HA! HA! HA! HA! HA!

Answers to Riddles: (Questions on Page 29)

- 1. White, since the only place you can do that is the North Pole and polar bears are the only kind of bears that live there.
- 2. A quarter and a nickel
- 3. Your breath
- 4. The river was frozen

- 5. The number 8
- 6. A map
- 7. Exit C. If a lion hasn't eaten in 3 years, it has definitely starved to death.
- 8. Running out of gas
- 9. A preacher

30 THE TOWN CRIER

Financial Advice

AUGUST 2021



Four Things to Know About Risk

Whether you're already investing or are just thinking about it, you should understand risk and the role it can play in a portfolio. And although it may seem simple enough on the surface, risk can be one of the most difficult concepts to grasp — especially for new investors. To help clear things up, here are four things you should know:

Risk has many faces.

Usually when people talk about risk, they're referring to investment risk: You purchase a stock at \$50 a share, for example, and a year later it's worth only \$25. Investment risk is relatively easy to understand, and it's measureable based on the ups and downs in an investment's price. The more volatile it's been, the more risky the investment is considered to be.

Unfortunately, investment risk is only one risk that investors face. There are plenty of others that may not be as easy to understand or measure. For example, there's:

Market risk. While investment risk has to do with a specific investment, there's also the possibility that the entire market will decline – remember what happened to stocks at the beginning of the COVID-19 pandemic – and pull your investment down with it. That's market risk.

Inflation risk. Inflation is the overall increase in prices in an economy. It creates the risk that an investment's return won't be enough to overcome its impact. For example, if inflation runs 2% a year and your investment returns only 1%. That means you have lost "purchasing power." As a result, even with your returns, it would buy less at the end of the year than at the beginning.

Opportunity risk. Some investors believe you can avoid risk by investing conservatively. However, there's opportunity risk, which is the possibility of missing out on the chance to earn better returns by being more aggressive.

This is just a small sampling. There are other risks, including some specific to certain types of investments. For example, bond investors face default risk – the risk the issuer will fail to make interest payments or repay the bond's par value at maturity.

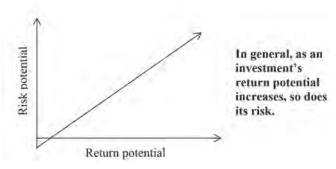
It's usually linked with return.

Possibly the most important thing to understand about risk is its relationship with return. The two generally go hand-in-hand:

If you put money into a low-risk investment, you should probably expect lower returns.

If you choose a higher-risk investment, you possibly could anticipate better returns.

Of course, things don't always work out that way. When you put money into a high-risk investment, you may not get better returns. In fact, you could end up losing your entire investment. But many investors continue to include riskier investments in their portfolios, often for higher return potential.



You should determine your tolerance.

Your risk tolerance is simply how much risk you can comfortably live with in your portfolio. It sounds simple enough, but determining your risk tolerance can be challenging. There are tools, like questionnaires, available to assist you. In addition, one indicator that you've exceeded your risk tolerance is when you find your investments' performance is keeping you awake at night – especially when there's market volatility.

You may have a relatively low risk tolerance, and that's OK. However, staying within it and having a reasonable chance of reaching your goals may mean you need to adjust your objectives (having, say, \$750,000 at retirement instead of \$1 million). You may also need to lengthen your time horizon, which is how long you have until you need to tap into your investments. For example, you may decide you need to work until 68 instead of 65 so you have longer to invest.

Help is available.

Because risk is complicated, and it's only one aspect of investing, you may need a professional financial advisor to help with building your portfolio. Look for one who will take the time to get to know you, including your risk tolerance, before recommending an investment plan.

This article was written by/for Wells Fargo Advisors and provided courtesy of Christopher J. Carbone, CFP®, AWMA®, LUTCF®, First Vice President - Investment Officer, Financial Advisor. New Hartford, New York (315) 801-2546

Investments in securities and insurance products are: NOTFDIC-INSURED/NOTBANK-GUARANTEED/MAY LOSE VALUE

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Adirondack Railroad Train Beer & Wine Trains

Watch the scenic countryside roll by while sipping on the best wines and brews on this New York beer and wine train. Travel north from Utica's Union Station to Remsen Station, enjoying a selection of quality drinks along the way. This almost three-hour train tour from Utica is a great way to spend a relaxing evening as you chug along.

Passengers receive a complimentary beer or wine glass (glass only – beverage not included) with each regular adult ticket purchase.

August 13 – Keith James "Utica's Piano Man": Keith James plays piano/vocal covers of select Top 40 radio hits from the last half-century.

August 27 – The Old Main: Central New York's favorite Americana band

Sept 17 – Gridley Paige Naked and Scared Duo: Duo version of popular local band

Oct 1 – Shawn "Big Sexy" Smith: Veteran performer and former contestant on "The Voice"

Oct 15 – Spencer Morgan of "The Last Left" Departing

• Departs Utica: 7:00 pm

• Arrives in Remsen: 8:00 pm

Returning

• Departs Remsen: 8:45 pm

• Arrives in Utica: 9:45 pm

The Adirondack RR trains are also available for private charter service and group events.

Contact our office (1-800-819-2291) for details and pricing or visit the website at www.adirondackrr.com.

Since 1992, The Adirondack Railway Preservation Society (ARPS) that operates the Adirondack Railroad has built a successful tourist attraction, operating on track owned by the State of New York, a former New York Central line located in upstate New York and the Adirondack region.

The Adirondack Railway Preservation Society is a volunteer-based organization. Together with our staff, volunteers have donated approximately 300,000 hours to protect our historic railway and enrich the Adirondack experience for tourists and residents of our region.

The Adirondack Railroad is operated by the Adirondack Railway Preservation Society and is a not-for-profit 501(c)(3) organization with main offices in Utica. New York.

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130 Lomond Court, Utica Lomond Place Office Park



STOMP

Presented by Broadway Utica at the Stanley Theatre in Utica, on August 16^{th,} and 17^{th,} at 7:30 pm.

AUGUST 2021

Community News

THE TOWN CRIER



"Hjuki and Bil Have Had Their Fill" by Ken Marchione, acrylic and oil on canvas

Solo Exhibition Featuring Ken Marchione at 4 Elements **Studio**

The public is invited to view the solo exhibition of painter and multimedia artist Ken Marchione. This solo exhibition is a collection of work produced between 2018 and 2021 and consists of a mix of drawings, paintings, and collages. The exhibition will be available for viewing in-person by appointment from Monday, August 9 through Friday, September 17. Appointments to view in-person can be made by visiting www.4elementsstudio.org/marchione. This

exhibition is sponsored by Kestrel Construction Services.

An artist talk and closing reception has been scheduled for Friday, September 10. The artist talk will begin at 5:30pm, reception to follow. The artist talk and reception are free to the public.

Artist Bio

Ken Marchione is an artist and educator currently serving as Interim Dean at the PrattMWP College of Art and Design. His work has been widely exhibited in the Northeast. Before serving as Interim Dean, Ken taught 2-D Design, Drawing and Painting as a Professor of Painting and Drawing. Ken came to Utica after serving as Director of Art for the Stamford Museum and Nature Center in Stamford, Connecticut. As art curator for the Stamford Museum, Ken organized numerous exhibitions over a six year period and was featured in the New York Times.

Artist Statement

"While my formal objectives, influences, and stylistic choices reveal themselves on the surface, the motivational aspect are reflections of life that address the mysteries, ironies, and humors of what compels me to take the first steps through morning's door, the last thoughts before sleep, and the first marks on the page.

Daily interactions that float between the observed, the reflected, and the memory, and vacillates through seconds, minutes or hours building to comprehension. I will experience laughter numerous times today, but I expect it will come in from many forms and prompts. So, if I were to paint laughter, the image could be a person, a comics-strip, a verse, a pattern, or a shape. The story builds in the process of creation and is best when told with a few surprises."

About 4 Elements Studio

4 Elements Studio is a non-profit community arts center in downtown Utica, offering artistic services and programming to artists, the community and individuals with special needs. 4 Elements Studio provides countless opportunities to create and enjoy the arts including classes and workshops for all ages, individualized programming for people with disabilities, gallery space, exhibitions, work spaces and other artistic resources. Please note the gallery and exhibition spaces are currently only open by appointment. For more information on 4 Elements Studio, please visit www.4elementsstudio.org.

The International Percussion Sensation Presented by Broadway Utica at the Stanley Theatre

STOMP, the international percussion sensation, presented by Broadway Utica at the Stanley Theatre in Utica, on August 16th, and 17th, at 7:30 pm. From its beginnings as a street performance in the UK, STOMP has grown into an international sensation over the past 20 years, having performed in more than 50 countries and in front of more than 24 million people.

Created by Luke Cresswell and Steve McNicholas, STOMP continues its phenomenal run with four global productions: the ongoing sell-out production at New York's Orpheum Theatre, a permanent London company, and North American and European tours. Throughout its life, the show has continued to change by creating new material; next year/this year (depending on when release goes out), it will incorporate two new pieces. It is safe to say you will never again look at supermarket carts or plumbing fixtures the same way... or paint cans, or kitchen sinks or...

STOMP, an overwhelming success marked by rave reviews, numerous awards, and sell-out engagements, is the winner of an Olivier Award for Best Choreography (London's Tony Award), a New York Obie Award, a Drama Desk Award for Unique Theatre Experience, and a Special Citation from Best Plays.

In addition to the stage shows, STOMP has been an overwhelming success marked by rave reviews, numerous awards, an Academy Award nomination, four Emmy nominations and one Emmy Award for their acclaimed HBO special Stomp Out Loud, noteworthy TV appearances including The London 2012 Olympic Games Closing Ceremony, The Academy Awards (produced by Quincy Jones), Mister Rogers' Neighborhood, and a series of award-winning international commercials.

The performers "make a rhythm out of anything we can get our hands on that makes a sound," says co-founder/director Luke Cresswell. A unique combination of percussion, movement and visual comedy, STOMP has created its own inimitable, contemporary form of rhythmic expression: both household and industrial objects find new life as musical instruments in the hands of an idiosyncratic band of body percussionists. It is a journey through sound, a celebration of the everyday and a comic interplay of characters wordlessly communicating through dance and drum.

Synchronized stiff-bristle brooms become a sweeping orchestra, eight Zippo lighters flip open and closed to create a fiery fugue; wooden poles thump and clack in a rhythmic explosion. STOMP uses everything but conventional percussion instruments - dustbins, tea chests, radiator hoses, boots, hub caps - to fill the stage with a compelling and unique act that is often imitated but never duplicated.

Critics and audiences have raved: "STOMP is as crisp and exuberant as if it had opened yesterday," says The New York Times. The San Francisco Chronicle declares "STOMP has a beat that just won't quit!" The Los Angeles Times exclaims: "Electrifying! Triumphs in the infinite variety of the human experience." "A phenomenal show! Bashing, crashing, smashing, swishing, banging and kicking – a joyous invention!" says the Chicago Tribune.

Tickets are available now by calling the Broadway Utica Box Office at 315-624-9444 or by logging on to BroadwayUtica.org.





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