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Vol. 35 No. 9
September 2021

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Quilt Show

The Mohawk Quilt Club is pleased to sponsor its 2021 Quilt Show: Fall Festival of Quilts. The show will be held Friday, September 10 from 10 AM to 5 PM, Saturday, September 11 from 10 AM to 5 PM, and Sunday, September 12 from 11 AM to 3 PM. It will be at the Utica Curling Club, 8300 Clarks Mills Road, Whitesboro, NY. The Utica Curling Club is handicapped accessible and parking is free. Admission is \$5, with children under 12 free. Again this year, we have food trucks to quell anyone’s hunger, and Kids Can Sew, where each child will have the opportunity to create a fabric bag or pillow. Instruction and all supplies are free of charge.

There will be approximately 200 quilts on display, and many will be critiqued by Lorraine Chwazik. Show attendees may vote for their favorite quilt which will be awarded the Viewer’s Choice Award.

The Quilters Serving Our Community area will showcase:

Honor Flight Quilts: Each veteran receives a red, white and blue lap quilt as they fly to Washington D.C. to view memorials.

Project Linus: quilts made to comfort children in need

Remembering Rose and Sally: quilts, pillowcases, shawls and walker bags are donated to Hospice in honor of two club members

Also featured at the show will be a Sales Boutique, and Grandma’s Attic. Hand crafted items, including quilts, pillowcases and Christmas ornaments will be available to purchase in the boutique. Pieced quilt tops, gently used quilting tools and leftover projects will be offered for sale in Grandma’s Attic. More than a dozen vendors will offer hand dyed fabrics, threads, and patterns.

The Mohawk Valley Quilt Club is pleased to raffle this beautiful 82”x82” ‘Posies in the Valley’ quilt (shown above). It was hand appliqued and hand quilted by twelve members of MVQC. Tickets are available from any guild member, or at MVquiltclub.com. Tickets will also be available for purchase at the show.

The winning ticket will be drawn on the last day of the quilt show.

For more information, please visit MVQuiltClub.com.



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THE TOWN CRIER

Community News

SEPT.
2021



Helen M. Sarandrea Physical Therapy Student Wins National Dance Title

Lauren Entwistle, Nazareth College bound Physical Therapy student from Mount Markham High School recently won National Grand Champion at "Turn it Up Dance Challenge" in Foxwoods, Connecticut. Lauren is a member of the Artistic Designs Dance Company in Syracuse, New York and has been with Helen M. Sarandrea Physical Therapy since January. Our team congratulates Lauren on her numerous accomplishments and wish her the best of luck in her freshman year at Nazareth College!



(L-R): Joe Caruso (Rotary), Darby O'Brien (Rotary), Stephen Turnbull (Rotary), Andria Heath (Utica Zoo), Tina Pavlot (Rotary), Joann Fornino (Rotary)

Rotary Club of Utica Hosts 'Service Above Self Safari'

The Rotary Club of Utica recently hosted their Service Above Self Safari event, held at the Utica Zoo pavilion, originally built with funds from The Rotary Club. It was a huge success on many levels. The event marked the return of in-person events for the Rotary Club, with 100 people in attendance as well as being the culmination of a fundraising project that raised \$5,432 for the Utica Zoo. At this event, a few awards were given out including the Paul Harris Award to Travis Rabbers, the Service Above Self/Club Award to Michelle Brandstadt, the Club's 'Quiet Giver' Awards to Bart Gorman and Devon Hoffman and the Service Above Self/Community Award to Patrick Johnson, a local advocate for social justice.

Three Past District Governors were in attendance including Randy Wilson (Sauquoit), Don Reese (Utica) and Gerry Gortner (Canastota). This event also included a transition of the Rotary Club of Utica presidency from Israel Acosta to Stephen Turnbull.

Muscle Specialist Opens New Hartford Site

Chiropractor and muscle activation professional Kingsley Kabari, DC, has opened a site in New Hartford following the success of Kabari Wellness Institute in Seneca Falls, NY. Located at 50 Genesee Street in the village of New Hartford, the Start to Fit gym and Kabari Chiropractic are attached in the same building.

Kabari is a health and fitness specialist who is the only practitioner of Advanced Muscle Kinetics (AMK) in New York State. The AMK process allows him to test and check integrity of muscles and neurologically reactivate malfunctioning muscles and connect them back to the central nervous system.

"AMK treatment helps patients recover from chronic conditions and injuries faster and has proven to be a superior method of treatment for pain relief," Kabari said. "For those without injuries, AMK helps to unlock full potential so people can perform at peak levels in numerous activities."

From his arrival in the US as a 15-year-old refugee from Nigeria, Kabari learned English, graduated from college and now focuses on wellness in Central New York communities, treating conditions from carpal tunnel syndrome to low back pain, whiplash and many others. His Seneca Falls site has been featured in an article that appears on Forbes.com.

For more information, see <https://kabariwellness.com/new-hartford/>.



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Stars & Stripes 2021 Bike-A-Thon!

September 26, 2021
Registration: 7:30-8:15 a.m.

Choose From Two Fun Rides in the Boonville Area

- 1 30-Mile Road Round-Trip Loop
- 2 Up to 20 Mile Tow Path Ride

ENTRY FEES:
30-Mile Road Ride: \$25 Minimum • \$200 Minimum for FREE Jersey*
Tow Path Ride: Adults \$25, 12 years & Under: \$1 per mile.
**Pledges can be applied toward entry fees. Funds support Sitrin's Military Program*

FOR MORE INFO, CONTACT: JACKIE WARMUTH: 315-737-2435 jwarmuth@sitrin.com

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What’s The Purpose

Submitted by Jim LaFountain, All American Fitness Center

On rare occasions, I spend time perusing the internet for ideas about exercise programming. Years ago, there was actually quality information available, but to say the least, I am disappointed with the nonsense that exists today. What’s getting omitted is “purposeful” exercise. In my world, each movement and each workout **MUST** have a purpose. Nothing’s included if it doesn’t benefit each client during every workout.

It’d like to address a purpose for each session

in simple terms:

High Intensity Cardio: Most of us have a comfort zone, where we would prefer to stay. Between 60-70% of our maximum heart rate seems to be a comfortable place to be.

Unfortunately, a very important area of our heart is neglected if we stay comfortable. The left ventricle is responsible for moving oxygenated blood away from the heart and to working muscles. This wall grows thicker and stronger, provided we exit our comfort zone periodically and push ourselves to about 80-90% of our maximum heart rate, for shorter periods of time. Higher intensity exercise should be done a couple, non-consecutive days a week. One to three minutes of a high intensity effort, followed by a 2-3 minute recovery is a good starting point.

High Intensity Resistance Work: Very similar to the heart muscle, the musculoskeletal system responds best to high intensity resistance work, in the form of weights, machines and bands. “Momentary muscular failure” is the most important phrase to remember when performing high intensity resistance work. Each of 1-3 sets of a movement, performed until another repetition, in good form, simply cannot be completed, initiates hypertrophy, where muscle fibers are forced to become thicker and stronger. Three, non-consecutive workouts a week will fit the bill.

Medium Intensity: Simply put, it’s exercise in our comfort zone. Maintenance is its purpose, along with the release of “feel good” endorphins.

Low Intensity: It wasn’t until I entered my 6th decade on this planet that I appreciated low intensity exercise. It aides recovery and has become a great tool to engage my mind.

Active Rest: At 67 years of age, I appreciate an “active rest” workout. In lieu of a complete day of rest, active rest allows my muscles and connective tissue to fully recover from intense workouts. Simply allowing oxygenated blood to heal microscopic damage done to muscle fibers aids recovery from intense exercise. At times, a complete rest day is also necessary.

Simply showing up and going through the motions each day is not an optimal way to become fit. Purposeful exercise values varied intensities and what they offer in terms of improved physical fitness. Hopefully, this message allows you to steer clear of misinformed electronic messages prevalent on today’s internet.

Remsen Fall, Food & Fun

Food trucks, music, and crafts are returning to Remsen on Saturday, September 25. This mini fall festival, a fundraiser for Making Strides Against Breast Cancer and sponsored by the team Penguin Platoon, is returning to help fill the void of the popular Barn Fest which is canceled this year. This event will be held at the Remsen Train Depot, 10613 Depot Street, from 11am until 4pm on Saturday only.

Team organizers know that folks are disappointed with the cancellation of the Barn Fest once again so they decided to offer their own mini-fest to help area crafters have a chance to sell their goods, while raising money for a great cause. All funds are donated to the American Cancer Society and are used for free patient services such as rides to treatment, overnight stays at Hope Lodge, and a 24/7 support/help line.

Crafters will offer everything from alpaca products to tie dye, leather bags & wallets, jewelry, painted glass, pet related stepping stones and garden décor, and more. Jess Northland Sweets will have homemade treats including “Flocks” (half dozen) of cupcakes. Options are chocolate or vanilla including gluten free, decorated with pink frosting and a pink flamingo pick, perfect for breast cancer awareness. A portion of the proceeds from each Flock is being donated to Making Strides. Pre-orders are suggested by contacting Jessica at 315-927-9761 or find her on Facebook at JessNorthland Sweets. Pre-orders will be taken from September 1 through 18.

Local musicians are donating their time and talents to provide entertainment throughout the day, and food trucks will satisfy your hunger, including Stathis Greek, Wok this Way, Tubesteaks, and Oldies & Goodies Fried Dough & Lemonade.

Members of the Penguin Platoon will be on hand selling raffle tickets for a Ferris commercial mower donated by Clinton Tractor.

Watch for updates on the Remsen Fall Food & Fun event on Facebook. This outdoor event is held rain or shine. The Remsen Depot Corn Maze will also be open that day, and the Remsen Farmers Market takes place starting at 9am in front of the Library on Main Street so come out for a day of fun with the family.

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Angels Among Us Food Pantry

September 2021 Schedule

Sept 11 – Sept 25

Hours of Operation: 10am - 12 noon

The food pantry is located at: St. John The Evangelist Church, 66 Oxford Rd, New Hartford, NY.

Follow the signs to the driveway in the back during open hours.

In the event of food emergency issues, please contact the St. John’s rectory from 9AM to 2 PM Monday through Thursday at 315-732-8521.

If this is your first visit, please bring proof of address.

If you do not have a permanent address, just come in. We will assist.

If you are unsure of eligibility, just come in. We will assist.

TEFAP: The Emergency Food Assistance Program

Income Eligibility Guidelines: July 1, 2021 – June 30, 2022

Household Size	Annual Income*	Monthly Income*
1	\$25,760	\$2,146
2	\$34,840	\$2,903
3	\$43,920	\$3,660
4	\$53,000	\$4,416
5	\$62,080	\$5,173
6	\$71,160	\$5,930
Each additional person add	\$9,080	\$756


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2 Library Lane 315-733-1535



With Many Thanks

Ms. Ashlyn, our Children's Programmer for the past (almost) 6 years and an employee of the New Hartford Public Library for 9 years, has decided to step away from her role at the NHPL. She has been an amazing asset to our staff and has created story times and programming that entertained thousands of children over the years. She was responsible for creating our Grab and Go's that became insanely popular for kids and adults alike during the Pandemic. To say that she will be missed is an understatement. We wish her all the best in the next chapter of her life.

Cheryl Smith, a familiar face to many of our patrons, will be taking over as Children's Programmer. We are excited to see how Cheryl will put her own spin on our wonderful Children's Services.

A Note from the Director:

We graciously thank the Town Crier for dedicating this space as a means of sharing the New Hartford Public Library's news and upcoming programs. We submit our monthly news two weeks prior to publication. This means that during this Pandemic, we have learned that we may have a change of plans at the last minute based on data and information provided by Oneida County, New York State, and the Centers for Disease Control. We thank you in advance for your understanding and patience as we may be forced to alter our plans regarding our programs and use of the Library and our Community Rooms. We have learned quite a bit over the past year and a half but two of the top things we have learned is that flexibility and creativity are key. We promise to do our best to provide you with a positive and safe Library experience.

Story Time with Miss Cheryl

In order to keep our youngest patrons safe, we will delay in person story times. There will be weekly story times each Thursday on IGTV. We will be providing Preschool Projects weekly as well.

Where Would We Be Without Our Friends?

We owe a huge thank you to the Friends of the New Hartford Public Library for sponsoring our 2021 Summer Reading Program. They have worked tirelessly behind the scenes over the years and their support is greatly appreciated.

Community Room Update

We anticipate opening our Community Rooms in September. We will begin accepting room reservations on September 2nd. Reservations will be taken on a first come, first served basis. Groups must adhere to the standards and regulations set forth by the CDC, State, County, and the Department of Health.

Book Donations

Your book donations are greatly appreciated. As a reminder, we ask that you limit your donations to one box/bag at a time and that you deliver them to our Circulation Desk. Please do not leave donations in our drop boxes or outside our door when we are closed.

Curbside Pickup Continues

We are thrilled to continue to offer this service to our patrons. We kindly ask that patrons that are not using this service avoid parking in the upper level parking spots designated 1, and Kids and Adult Crafts. We assign these spots to those that are taking advantage of this service. Thank you for your compliance and understanding.

Fogger Lending Program

Several local organizations have taken advantage of our Fogger Lending Program. The \$13,500 investment from The Community Foundation purchased fogger units for use by the public libraries in Herkimer and Oneida Counties. The foggers use Hypochlorous Acid, which is allergen free, non-toxic, non-irritating, and 70-80 times more efficient at killing microbial pathogens than bleach. Most importantly, it is on LIST-N of EPA approved disinfectants against COVID-19 and other pathogens such as bacteria, viruses, spores and fungi.

We lend the fogger out for 1 week at a time and provide enough solution for the week as well. Organizations and businesses interested in borrowing the unit should contact the Library at 315-733-1535.

Digital Magazine Collection is Now in Overdrive

If you were using RBDigital to check out magazines, you can access previous RBDigital magazine checkouts by creating a Zinio.com account using your RBDigital login and password.

Stay Informed!

The most up to date information regarding closings, reopening, programs and crafts can be found on our website (www.newhartfordpubliclibrary.org) and on our Facebook and Instagram pages. Links to follow us are on the bottom of our website.

NHPL Board of Trustees 2021 Meeting Schedule

The New Hartford Public Board of Trustees meets the 3rd Wednesday of each month at 4:30 pm at the New Hartford Public Library.

September 15, 2021, October 20, 2021

November 17, 2021, December 15, 2021

Stay Connected With Us!

Be sure to follow us and check out our website to stay connected and informed!

Facebook:

www.facebook.com/newhartfordpubliclibrary

Instagram: [new_hartford_public_library](https://www.instagram.com/new_hartford_public_library)

Website: www.newhartfordpubliclibrary.org

Children's Story time on IGTV

Every Thursday on Instagram. Miss Cheryl will be reading books and posting them on Instagram and IGTV every Thursday on the [New_hartford_public_library](https://www.instagram.com/new_hartford_public_library) Instagram page!

The Preschool Projects

Every Tuesday we will be offering a project for preschoolers. Please call 315-733-1535 on Tuesday morning beginning at 10:00 to reserve a project. While supplies last!

Grab & Go Project Bags for Kids Fall

We are offering Grab & Go projects once a month in the fall: September 9th – School Bus Frame. Call to reserve beginning at 10:00 on the day of that month's project. While supplies last.

Grab & Go Projects Adults Fall

We are offering Grab & Go projects once a month in the fall; September 2nd – Colorful Magnetic Clothespins. Call to reserve beginning at 10:00 on the day of that month's project. While supplies last.

Book Clubs

Are you in a book club or looking to start one? Many book clubs are meeting virtually during the pandemic. If your club needs to order books or if you are interested in starting a book club, please call the Library and ask to speak to our Book Club Coordinator, Tanya. 315-733-1535

Women (and Men) of Mystery on Zoom!

If you love reading mysteries or just want to know more about them, the New Hartford Public Library Women (and Men) of Mystery Book Group is for you. Join us (via Zoom) on Saturday, September 25 at 11:00 as Janet Hoover leads us on a journey to India. When you think of India you may think of the Taj Mahal, Bollywood, diverse peoples (there are 22 official languages), spices or tigers. But India is also home to some great mysteries. This month we'll be talking about Vaseem Khan, Arjan Gaind, Sujila Massey, RV Ram, and Abir Mukherjee. If you already enjoy these authors, if you are curious about them, or if you can never have too many mysteries on your to-be-read list, this class is for you. Call the New Hartford Public Library 315-733-1535 for the Zoom link.

Yoga for Seniors

Join Bill Skinner every Monday at 3:00pm for a virtual Yoga program geared towards seniors! Participants will meet via Zoom. Please call the Library at 315-733-1535 to register for the class. A Zoom invite will be emailed to you.

Join us!

Munson-Williams-Proctor-Arts Institute will present an exciting exhibition entitled Isabelle de Borchgrave: Fashioning Art from Paper, opening October 16, 2021. Belgium artist Isabelle de Borchgrave uses paper and paint to create elaborate costume designs representing over 500 years of theater, ballet, and fashion history. Nearly 100 life-sized masterpieces will be showcased.

The New Hartford Public Library will host a presentation about this exhibit on Monday, September 20 at 6:30pm. The public is invited to learn more about the artist and her unique creations.

For more information call, email or visit the Munson-Williams website: mwpai.org.

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Stars & Stripes Bike-A-Thon Supports Local Veterans

The 5th annual Stars & Stripes Bike-A-Thon, which raises funds for Sitrin’s Military Rehabilitation Program, will take place on Sunday, September 26. Hosted by the Boonville VFW Post 5538, this event is open to riding enthusiasts of all ages.

Participants can choose from two scenic rides through the North Country around Boonville; a 30-mile round trip loop or a 20-mile tow path ride. The 30-mile round trip loop is a challenging road ride for bikers 13 years of age or older. Rest and refreshment stops are provided along the route. Participants can also bike up to 20 miles on a tow path ride, which is on a non-vehicular road made of hard-packed dirt, with a very slight grade. Mountain bikes or bikes with wider tires fare well on this path.

Entry fees are \$25.00 for either the 30-mile round trip ride or the tow path ride. Participants who raise \$200 or more are eligible to receive an official Stars & Stripes bike jersey.

Registration begins at 7:30 a.m., with riders leaving at 8:30 a.m. All participants are encouraged to bike at their own pace.

Pledge forms can be obtained by contacting Jackie Warmuth, vice president of clinical development and director of Sitrin’s Military Program, at (315) 737-2435 or jwarmuth@sitrin.com. Participants can contribute their own funds to cover the registration fee for either ride, or obtain pledges toward the entry fee and/or official bike jersey.

Vietnam-era veteran Paul Fortin, member of the Boonville VFW Post 5538, has been coordinating the Bike-A-Thon for the past five years.

“The Boonville VFW is pleased to continue to offer this unique fundraiser to veterans and community members alike,” Fortin said. “Sitrin’s program is committed to providing comprehensive, complimentary care to post-9/11 veterans and service members, and we are proud to support such a necessary cause.”

“We are deeply grateful to Paul Fortin and the members of the Boonville VFW Post 5538 for continuing to support our veterans, especially during these challenging times,” Jackie Warmuth, director of Sitrin’s Military Rehabilitation Program, said. “Sitrin’s Military Rehabilitation Program is funded, in great part, by individual and corporate donations, and third-party fundraisers; therefore, events such as the annual Stars & Stripes Bike-A-Thon are crucial to supporting local veteran care.”

Sitrin’s program is unique in that therapy and treatment options are personalized for each individual based on military, combat, and reintegration experiences. Specific diagnoses include post-traumatic stress, traumatic brain injury, sleep disturbances, anxiety, and suicidal ideations, among others. Trauma-based healing is used to soothe a hypervigilant nervous system, relieve pain, increase social interactions, and engage veterans in activities they enjoy.

ABOUT SITRIN: Sitrin provides a variety of services for people of all ages and abilities, including comprehensive medical rehabilitation (inpatient and outpatient), long-term care, assisted living and enriched housing (Cedarbrook), NeuroCare, residential care for people with intellectual disabilities and medically complex conditions, medical and social model adult day health care (OPAL Program), military rehabilitation, adaptive sports (STARS Program), a Wellness and Aquatic Center, orthopedic injury program, concussion management, child care, and dental clinic. Sitrin is a not-for-profit corporation.

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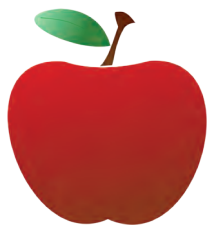
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SEPT.
2021

Legal Myths & Reality

THE TOWN CRIER

9



Judge Joan Shkane

This is a continuing discussion of Legal Myths and Reality, because those informed are always the most successful.

MYTH: Lawyers choosing a jury enjoy a free-for-all in the selection of persons to serve on the jury.

REALITY: A lawyer picking a jury at a trial has a number of reasons to reject a possible juror. These are called challenges. A challenge can be for a reason, or for no reason that is spoken out loud. The number of jurors and challenges is dependent on whether the case is criminal or civil and on the seriousness of the case.

A lawyer challenging a possible juror is bound by rules. One of the most important rules, especially in a criminal case where an accused’s liberty is at stake, is that a challenge cannot be made on the basis of race, whether announced or silently. In a case in 2016, a convicted felon, who was Black, claimed on appeal of the verdict that possible jurors were excluded from the jury because of racial bias.

The law is that if a defendant raises the possibility that a challenge was used to discriminate on the basis of race, ethnicity, or sex, then the burden shifts to the prosecutor. If the challenge appears to have been used on the basis of race, then the prosecutor must show a race-neutral explanation for the challenge. Deafness, relationship to defendant or lawyer, and many other reasons that would make it improper for a juror to serve, can be used to explain a challenge. Once all sides have explained their positions, then the judge must decide the real reason for the challenge, and either grant the challenge and excuse the juror, or not.

In 2016, during a trial of burglary and possessing items stolen in the burglary, prosecutors agreed to permit three Black jurors to serve. The accused was Black. But the fourth Black possible juror was dismissed without a single side questioning the possible juror. Two more Black jurors were excluded. The defendant saw this as challenging a juror based only on seeing the juror, and seeing the accused’s race, and not on a rational basis. The defense said that the prosecutor showed a pattern of challenging Black potential jurors, FOR NO LEGITIMATE REASON. The judge erroneously said that the three Black jurors already selected were representative of the community. That is not the standard by which the legitimacy of the challenge must be judged, and never was.

The Appellate court said that there should have been a hearing on whether the prosecution had a legitimate reason to challenge the Black jurors, and the case was returned for such a hearing.

The take-away is that discrimination cannot be permitted in jury selection. Discrimination will be demonstrated by showing there is no legitimate reason to exclude a potential juror in certain cases. If this occurs, then a conviction can be reversed, and the trial started over. Fairness must always prevail.

MYTH: Impeachment of a public official is a simple, cut and dried procedure. REALITY: The issue of impeachment of an official has been a topic of discussion ever since President Bill Clinton was impeached. In the last 25 years three U.S. presidents have been impeached. Sometimes impeachment leads to removal from office, sometimes not. Trump was impeached the second time after he was out of office, and already removed, so removal was not an immediate issue.

New York State has had little experience with impeachment. There has only been one impeachment case, and that was before an elected governor (the target of the charge) took office, not after. In 1912 William Sulzer was impeached for failing to follow the orders of party bosses. A vote was taken after debate that ended at 5 o’clock in the morning. Some of the members had fallen asleep in their chairs, so the Assembly speaker had to bang his gavel to wake them up before a vote could be taken!

The procedure in New York State is different from the federal procedure in some ways. In New York the Assembly would bring the charges, like the U.S. House of Representatives on the federal side. After an Assembly vote, if recommending impeachment, a New York case would then go to a High Court of Impeachment. This is a court of all 60 sitting state senators, with the exception of the majority leader (because the majority leader is second in the line of succession after removal of a governor, and there would be a clear conflict of interest). Joining the state senators would be the seven members of the New York State Court of Appeals, our highest court, for a total of 69 persons voting. Two-thirds (46) must vote against the official for the official to be impeached and possibly removed.

By contrast, in a federal impeachment proceeding, members of the U.S. Supreme Court, the highest federal court, have no voting role. The chief justice presides over the proceeding, but has no vote.

The New York Constitution, and some say the federal Constitution as well, is vague on what is exactly an impeachable and removable offense. The Sulzer case is not entirely helpful in discussing a possible Governor Andrew Cuomo impeachment, since Sulzer was impeached for an offense that took place after he was elected but before he became governor.

A New York impeachment juror must take an oath or affirmation to impartially try the official. The accused official can have an attorney, or, if the official is an attorney, represent him/herself. If convicted, the official could be barred from seeking statewide political office, but could run for other offices. Governor Sulzer was elected to the Assembly after his impeachment and removal from the position of governor.

In a possible Cuomo impeachment case, if he were impeached, the Lieutenant Governor, Kathy Hocu, would become Governor until 2022, the expiration of Cuomo’s term. She might also serve as Acting Governor during an impeachment trial of the Governor. She may then appoint a new lieutenant governor.

Rumors vary, and once again, time will tell.

Attention to legal myths is not wrong. It can be a starting point for developing an interest in the law. However, if specific legal issues are important in your life, for instance, regarding custody of children or money payable for any reason, it is wise to consult a lawyer who can advise you on the truth of legal myths. This discussion is not intended to render legal advice on specific cases or to express an opinion on any specific case.

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On Tuesday, July 20th, The Chamber welcomed new member **Calabria Coffee** to its membership and to the Village of New Hartford with a ribbon cutting ceremony.

Bryce Lamberto, owner of Calabria Coffee, and his wife Erika, are thrilled to bring specialty coffee and tea beverages to his hometown of New Hartford, New York. Born and raised in New Hartford, he hopes to have a positive impact on the community through great customer service, quality beverages and events that bring people together. The inspiration for the name Calabria is rooted in his family originating from the Italian region of Calabria. Bryce and Erika's passion for creating a space where friends and family can meet and spend time together, as well as collaborating with other small business to help them grow and thrive, will provide a one of a kind customer experience.

Calabria Coffee is located in the heart of the Village of New Hartford, on the corner of Genesee Street and Pearl Street. Customers will find efficiently delivered high-quality beverages for those who wish to pick up a made-to-order beverage to go, while providing a comfortable environment for those patrons who wish to congregate. The welcoming staff, open floor plan with indoor and outdoor seating, free Wi-Fi, modern décor and chill music offer an inviting feel to the space. The coffee shop features espresso-based drinks, drip coffee, smoothies, teas, hot chocolate and pastries from Caruso's Pastry Shoppe.



Cliff's Local Market, located at 17 Genesee Street in New Hartford, has officially reopened for business! Joined by the New Hartford Chamber of Commerce and other local community members, the Cliff's team celebrated and honored the reopening of their newly rebuilt location with a ribbon cutting ceremony, held on Wednesday, July 28th.

After undergoing a complete rebuild and growing into the adjacent property, the New Hartford Cliff's is proud to now offer their expanded food menu with quality hot and ready pizza, fresh made to order subs, salads, melts, and wraps, as well as a variety of other convenient and healthy options. Open 24/7, the new store also features local Utica Roasting Coffee, cold brew coffee, a beer cave, and a larger seating area. Cliff's will continue the previous CITGO gas program, offering fuel discounts with the use of the CITGO app and gift cards.

The Cliff's Local Market team remains committed to meeting the needs of its loyal customers and local communities by providing quality products and excellent customer service, just as they have since 1961.

For more information about Cliff's Local Market, contact Morgan Howell at (315)797-2240 or visit their website at www.cliffslocalmarket.com/

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SEPT. 2021

Gardening Advice

THE TOWN CRIER 11



Knowledge Gained

Submitted by Shelley Corey of The Mum Farm

As the end of the summer approaches, I love evaluating all the annual containers surrounding my home for garden performance. This is of utmost importance to me considering that this part of their life cycle is what counts the most for my customer. I can easily sell loads of annuals that are easy for me

to grow in the greenhouses in spring, but my goal is to provide a very positive horticultural experience, while providing as much beauty as possible with little care. I love sharing my knowledge of growth habit, light requirement, final garden height with my customers. That knowledge is indispensable.

Taking notes becomes my go-to. Pictures taken now and perused through the dead of winter renew my interest in planning for the coming spring season. If you're not a note-taker, simply having the pictures on your phone will serve as a reminder of the combination of plants that worked and those that didn't simplifies the task. Think of how smart you'll be walking into the garden center with a list of exactly what you need! But be prepared... your local growers will be ready to tempt you with new varieties ... that's our job.... which makes gardening so darn fun!

As fall decorating time begins, I have to once again remind everyone that mum plants are unlike annuals in that they only bloom once! They have extremely long-lasting blossoms and the added bonus of cooler weather keeps them showy for an average of 6-8 weeks, which conveniently coincides with our fall weather.

So, if you need showy colorful mums for a certain date, you should buy mums accordingly. After years of experience of growing mums, I'm pretty good at telling customers when the mums they are purchasing will be at peak bloom given all kinds of weather factors. If you just want a beautiful display throughout the fall season, purchasing them "green" or with only a blossom or two showing, will guarantee that.

A daily soaking is necessary to keep your mums in tip top shape. If it rains, they still need water because the rain most likely bounced off the lush foliage. Once you start wearing a coat, the temperatures will be such that your mums will only need watering every other day. We just don't want to let those plants wilt! Generally, no fertilizer will be necessary; I've done that all for you!

Asters, ornamental peppers, millet, flowering cabbage along with other fall annuals can complement your mum display. Combining various plants will give your fall display the originality you seek, similar to designing spring containers. Planting some fall bulbs will be a nice surprise when they bloom in the spring. Smile, our glorious fall season is almost upon us!

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EXPERIENCE

A lifetime resident of the Town, Rick graduated from New Hartford High School and went on to become a regional maintenance supervisor for the NYS Thruway Authority at Verona, prior to becoming the Town's Highway Superintendent in 2009. He also served as a Town of New Hartford Police Officer for more than 33 years, as well as, an active New Hartford Volunteer Fireman for 20 years.

COMMITMENT

As Town Highway Superintendent, Rick has been:

- Directing the paving and continued resurfacing of more than 50 miles of Town roads while originating a salt-water brine program for streets saving Town taxpayers thousands annually;
- Administering the popular annual curbside pick-up and green waste program;
- Assisting the Town Supervisor with the creation of the new Town Hall at the Orchards, renovation of the Town's Recreation Center, and significant upgrades at both Sherrill Brook and Donovan Parks;
- Managing the installation of a new LED street lighting program that not only provides energy and cost savings, but offers a significant reduction in light pollution;
- Instrumental in helping residents by developing storm-water solutions from recent flooding; and
- Partnering with Oneida County to establish storm-water detention ponds and drainage solutions for Mud Creek, Sauquoit Creek and the neighborhoods of Grange Hill, Woodberry, Beechwood and on Oneida Street at the City/Town line among others.

"I believe public servants should be professional, accountable, accessible and provide excellent customer service and if re-elected, I will continue to ensure our Town Highway Department is available 24 hours a day for residents in need." — Richard Sherman

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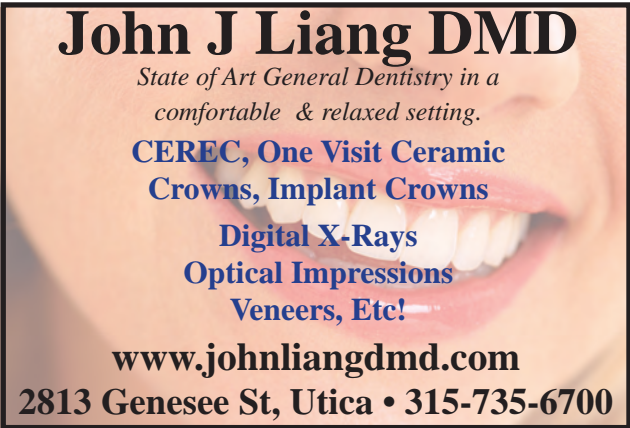
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Prominent Artists Featured in Fine Arts Exhibit at Historic Unity Hall September 25-26

Three Trenton Falls area fine artists, Martha Deming, Mary P. Murphy, and Lorraine VanHatten will present their work in the exhibit “The Barneveld 3 at Unity Hall” on Saturday, September 25 from 4:00 to 7:00 and Sunday, September 26 from 2:00 to 5:00. The Pandemic Therapy musical duo and members of the Junior B Sharp Musical Club will perform on Saturday; music on Sunday will be provided by the Junior B Sharp Club. Refreshments will be available both days, and the event is free and open to the public. Non-vaccinated visitors must wear a mask.

The artists will display works in watercolor, oil and pastel.

Ms. Deming of Remsen is well-known locally as fine artist, judge and educator and works in transparent watercolor,



pastel, and gouache. Among her favorite subjects are the landscape around her and the flowers in her gardens. Ms. Murphy of Barneveld is also a watercolorist but has a growing interest in oils. She paints in plein air and in her studio, and her subjects include still lifes, landscapes and portraits. Ms. VanHatten, also of Barneveld, enjoys painting subjects that reflect where she has traveled. Working with a limited palette, she makes compositional changes to enhance the final painting. People and animals are frequent subjects, as are landscapes and flowers.

All three artists are Signature members of the Central New York Watercolor Society. Brian Herkel, of Adirondack Art & Picture Framing, will handle sales for Ms. Deming’s work; Ms. Murphy and Ms. VanHatten will handle their sales directly.

Pandemic Therapy originated from a shared love of music by Rick Kincaid and Terry Schwaner to enjoy “pickin and singin,” at a critical time during the COVID-19 second wave. Rick, a lifetime resident of the Barneveld and Holland Patent area, is an original organizer of the well-known local group, “Rattlin Bog,” and while Terry is a relative newcomer to our area, he has shared his distinctive voice and guitar at Unity Hall for the past four years. The Junior B Sharp Music Club was established in 1916 for talented music students in the Utica area to augment the musical offerings of the schools and private music teachers and will make available several of its talented performers for the art event.



Art Work Pictured

Top Left Column:
Lorraine VanHatten,
Adirondack Summit

Top Middle Column:
Martha Deming,
Spirit Sisters

Right Column:
Mary P. Murphy,
Hydrangeas

Who is Heather Mowat?

Heather Mowat is a candidate for Oneida County Legislator–15th District in New Hartford. She would be replacing Jim D’Onofrio who is stepping down after more than 30 years of service. Heather is endorsed by both the Republican and Conservative Parties.

Heather’s Experience:

- Town of New Hartford Comptroller
- City of Utica Budget Director
- Certified Public Accountant serving with Barone, Howard, Hilton & Power’s CPA’s continuing on with The Bonadio Group, a top-50 national accounting CPA firm
- NYS Senate Finance Committee Analyst
- BS in Accounting from Utica College with a Master’s from SUNY Albany

Heather’s Civic Involvement:

- New Hartford Public Library – Past President and 10-Year Trustee
- Town of New Hartford’s Planning Board Chairwoman
- NYS Board for Public Accountancy Board Member appointed by the SUNY Board of Regents
- First Source Federal Credit Union – Supervisory Committee Member



HEATHER MOWAT

FOR ONEIDA COUNTY

LEGISLATOR

15TH DISTRICT

“Now more than ever, we need qualified individuals in office to address the complex issues facing our County. I’ve worked for both parties throughout my career because public service isn’t about party politics, but rather doing what’s in the best interest of those we represent.”

Early Voting: October 23rd – 31st

Early Voting Location: New Hartford Town Hall

Election Day: Tuesday, November 2nd

MowatForOneidaCountyLegislator.com

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We would also like to mention that we are a privately owned business, and not part of the Town of New Hartford.

NH Spartan September 2021 Home Sports Events

*Subject to change without notice

Date	Start time	Sport	Level	Opponent
09/01/2021	6:00 PM	Field Hockey (Girls)	Varsity	Mt. Markham / Coop
09/03/2021	10:00 AM	Tennis (Girls)	Varsity	Vernon-Verona-Sherrill
09/04/2021	10:00 AM	Football (Boys)	Varsity	Amsterdam
09/07/2021	4:15 PM	Soccer (Boys)	Junior Varsity	Oneida
09/07/2021	6:00 PM	Soccer (Boys)	Varsity	Oneida
09/08/2021	3:30 PM	Tennis (Girls)	Varsity	Rome Free Academy
09/08/2021	5:00 PM	Field Hockey (Girls)	Varsity	Camden
09/08/2021	6:30 PM	Field Hockey (Girls)	Junior Varsity	Camden
09/09/2021	4:15 PM	Soccer (Boys)	Junior Varsity	Utica Proctor
09/09/2021	5:30 PM	Swimming/Diving (Girls)	Varsity	West Genesee
09/09/2021	6:00 PM	Soccer (Boys)	Varsity	Utica Proctor
09/10/2021	4:15 PM	Soccer (Girls)	7th/8th	Utica Proctor (JFK)
09/10/2021	4:30 PM	Field Hockey (Girls)	7th/8th	Central Valley Academy
09/11/2021	3:00 PM	Gymnastics (Girls)	Varsity	Utica Proctor, Baldwinsville
09/11/2021	4:15 PM	Soccer (Girls)	Varsity	North Babylon
09/11/2021	TBD	Soccer (Girls)	Junior Varsity	Baldwinsville
09/12/2021	1:15 PM	Soccer (Girls)	Varsity	@ New Hartford
09/13/2021	4:15 PM	Soccer (Boys)	7th/8th	Utica Proctor (DMS)
09/13/2021	4:30 PM	Football (Boys)	Junior Varsity	Canastota
09/13/2021	5:00 PM	Field Hockey (Girls)	Varsity	Whitesboro
09/13/2021	6:30 PM	Field Hockey (Girls)	Junior Varsity	Whitesboro
09/14/2021	4:15 PM	Soccer (Girls)	Junior Varsity	Vernon-Verona-Sherrill
09/14/2021	4:30 PM	Field Hockey (Girls)	7th/8th	Cazenovia
09/14/2021	6:00 PM	Soccer (Girls)	Varsity	Vernon-Verona-Sherrill
09/15/2021	3:30 PM	Tennis (Girls)	Varsity	Camden
09/15/2021	4:15 PM	Soccer (Girls)	7th/8th	Whitesboro
09/15/2021	5:00 PM	Field Hockey (Girls)	Varsity	Oneida
09/15/2021	5:30 PM	Swimming/Diving (Girls)	7th/8th	Liverpool
09/15/2021	6:30 PM	Field Hockey (Girls)	Junior Varsity	Oneida
09/16/2021	4:15 PM	Soccer (Girls)	Junior Varsity	Rome Free Academy
09/16/2021	5:30 PM	Swimming/Diving (Girls)	Varsity	Mexico
09/16/2021	6:00 PM	Soccer (Girls)	Varsity	Rome Free Academy
09/17/2021	3:30 PM	Tennis (Girls)	Varsity	Central Valley Academy
09/17/2021	4:15 PM	Soccer (Boys)	7th/8th	Rome Free Academy
09/17/2021	6:15 PM	Field Hockey (Girls)	Junior Varsity	Little Falls
09/18/2021	9:00 AM	Cross Country (Boys)	Varsity	Whitesboro
09/18/2021	9:00 AM	Cross Country (Girls)	Varsity	Whitesboro
09/18/2021	9:00 AM	Cross Country (Boys)	7th/8th	Whitesboro
09/18/2021	9:00 AM	Cross Country (Girls)	7th/8th	Whitesboro
09/18/2021	9:00 AM	Swimming/Diving (Girls)	Varsity	@ New Hartford
09/19/2021	TBD	Soccer (Girls)	Varsity	Athens (PA)
09/20/2021	3:30 PM	Tennis (Girls)	Varsity	Utica Proctor
09/20/2021	4:15 PM	Soccer (Boys)	7th/8th	Central Valley Academy
09/20/2021	4:30 PM	Football (Boys)	Junior Varsity	Oneida
09/20/2021	5:00 PM	Field Hockey (Girls)	Varsity	Vernon-Verona-Sherrill
09/20/2021	6:30 PM	Field Hockey (Girls)	Junior Varsity	Vernon-Verona-Sherrill



New Hartford Highway News

from Highway Superintendent Richard Sherman

As summer draws to a conclusion, I want to thank the many residents who helped us with their brush pick-up by placing it at the curb. It has been a busy summer and our brush piles have been overwhelming at times causing our schedule to be off. The LAST green waste and brush pickup for the season will be as follows: Ward 1 - September 20th, Ward 2 - September 22nd, Ward 3 - September 27th and Ward 4 – September 29th. Please help us by getting your green waste and brush to the curb for that last 2 weeks in September. We will not pick up any brush after these dates unless we have storm damage that brings tree limbs down. Your Highway Crew will then move on to leaf removal.

Leaf removal will begin, as warranted, in the months of September and October. So please get your leaves to the curb early. Please do not place leaves in plastic bags or containers such as plastic garbage cans. Our four new leaf trucks will be out working to pick up the leaves with a separate truck in each ward. It’s important to remember to not mix leaves with any other items such as sticks, stones, pumpkins or any other type of green waste. Our leaf machines are for leaf pick-up only! If those materials are mixed with leaves it will cause damage to the propeller in the machine and that will mean a slower time for us to pick-up your leaves.

The onset of fall comes with hurricane season. As New Hartford has been experiencing more intense rainfall, it is important to remember to help by letting us know if we have missed cleaning a catch basin. Your Highway Crew is continuing to install stormwater pipe and catch basins this fall to assist with stormwater issues throughout the Town. Additionally, your Highway Crew has been busy cleaning creeks and small streams with our excavator and dozer, as well as, continuing to do our annual maintenance of cleaning the detention ponds on Will’s Drive, and Woodberry Rd. The new and very large detention pond being built by your Highway Crew located behind Foxcroft Rd and Hubbardton Rd is nearly finished. A HUGE thank you to all the residents of Woodberry who remained patient with the hundreds of truck trips out of your development this summer with dirt excavated from the new pond. We are already seeing the flooding dissipate for many of the neighbors.

If you have a need for disposal of large items for tagged pick-up, we ask that you please purchase your tags by Aug 27th at the Town Clerk’s Office for a season final pick-up on September 7th. The last trash disposal drop off for the season at the Highway Garage will be Monday Sept 27th.

As always, if you have any concerns or questions, please call me personally at (315)534-2998 or e-mail rsherman@townofnewhartfordny.gov.

ADK Meeting on September 7th

The Iroquois Chapter of the Adirondack Mountain Club will resume their in-person meetings on Tuesday September 7th 7 PM at The First Baptist Church in New Hartford. The guest speaker will be Stu Miller presenting on the Sherrill Brook Park Community Forest Coalition. This coalition comprises a group of residents and several organizations to preserve and enlarge Sherrill Brook Park in the towns of New Hartford and Kirkland. Non motorized trails would be enhanced and created to connect these two towns. Stu is a resident of New Hartford and enjoys many outdoor activities, specifically fishing and pickleball.

MVCC’s Fall Non-credit Catalog Now Available

Mohawk Valley Community College’s Center for Corporate and Community Education (CCED) has launched its Fall 2021 non-credit course schedule. The catalog, MVCCconnect, encompasses all that MVCC has to offer, including exciting credit and non-credit opportunities and the Cultural Series lineup of fall events, and is now available at www.mvcc.edu/cced. Browse online and sign up today through the online registration system. The full-color catalog also will be mailed in late August.

For non-credit programs, choose from a variety of course offerings, in-person and online. Offerings include:

- * College for Kids and Teens: topics include languages, fall baking, arts and crafts, test prep, and more.
- * Leisure Learning: topics include podcasting, cooking, language, travel, and more.
- * Professional development certificates: Power BI (Business Intelligence), Project Management, Video Marketing, Graphic Design Software Essentials, and more.
- * Healthcare and fitness: CPR, phlebotomy, Certified Nurse Aide, and high school coaching certification.

For more information, call CCED at 315-792-5300, email ccedadmin@mvcc.edu, or visit www.mvcc.edu/cced. Office hours are 8:30 a.m.-4:30 p.m., Monday through Friday. All MVCC non-credit instruction is completely self-supporting, including indirect costs, and requires no public funding.

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NEW HARTFORD

PAST TIMES

September 2021

NEW HARTFORD HISTORICAL SOCIETY



Wildfires and Forest Management

Typically, when we think of Forest Fires, or “Wildfires”, we think of the Western Part of the country and especially California. But obviously wherever there are forests, there is the potential for forest fires. NY State is not immune. Interestingly too, is the fact that many firefighters trained in the specialized field of fighting these types of fires are also trained in *starting* fires. **Back Burning**, as it’s called, is the technique where a smaller fire is started along a manmade or natural firebreak ahead of the main fire that essentially reduces the fuel available to burn once the wildfire reaches the burnt area. This is also used in land management and promoting healthy, controlled growth of vegetation. These are referred to as “Prescribed Fires”.



Today, New Hartford native Jackie Giffune, is actively involved with the Albany Pine Bush Preserve in NY’s capital region. Trained as a wildland firefighter she normally performs duties at the preserve setting and working their prescribed fires. However, she and her crew have also been dispatched to assist with fires occurring elsewhere. Jackie is the daughter of Society member Rick Giffune.

The U.S. Forest Service can and has issued the call for help when the number and size of fires stretch the available manpower and equipment necessary to control and extinguish those fires. That was the case in 1994 when many fires in several different states were threatening thousand of acres of forests. The call went out nationwide and firefighters far and wide answered the call. Two of those firefighters, Tim Solan and Bill Yount, were volunteers with the New Hartford Fire Department. Tim and Bill were flown out west and, after a crash course in wildland firefighting, were sent to the Little Wolf Forest Fire in Montana. Wildland fires are quite different from structural firefighting. Bill and Tim spent 2 weeks in Montana before returning home with a life’s worth of memories. Both are still actively involved with NHFD today.

New Hartford’s Forest Firefighters “Then” and “Now”



Firefighters Tim Solan, 2nd from left and Bill Yount, 3rd from the left. Montana 1994



Jackie Giffune, on the left, at a recent prescribed fire at Gettysburg National Military Park.

BECOME A MEMBER!

Please stop in to visit us and consider becoming a member. Membership fees are \$15 for Individual, \$20 for families, \$25 for Friend/Contributor and \$50 for Corporate members. The Historical Society is a non-profit, tax deductible organization.

Planning a Class Reunion?

Make the Historical Society Museum a part of your itinerary! Schedule the Saturday of your reunion for your group to explore our collection of yearbooks, scrap books, local relics and photos. Look up your New Hartford home! **Call 315-724-7258 to schedule your group.**

Museum is Open To the Public

APRIL-NOVEMBER
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SEPT.
2021

Community News

THE TOWN CRIER

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Unique Handmade Gifts

Our Cat Skillet Handle Holder comes in the shape of a kitty, how adorable! It is perfect for covering the hot handle of a skillet or pot. This lovely colorful oven mitt has ample padding and a hand-woven outer layer to keep your hands protected from burns. This makes a great gift, especially paired with our other kitchen items!

Our double-ended Oval Potholder provides dual protection from the heat with two pockets on each end, is sturdy and a great asset to any kitchen. It is 9"L x 5"W, 100% cotton, and machine washable.

These and many, many more unique handmade gift items from 38 different countries can be found in our Fair Trade Shop, Stone Presbyterian Church, 8 So. Park Row, Clinton. Purchasing fair trade items ensures artisans and small farmers fair wages and healthy working conditions, providing dignity and sustainable development and hope to marginalized people.

Our hours are 10am to 4pm every Thursday and second Saturdays in the shop, plus 10am to 4pm every Thursday at the Farmer's Market on the Village Green in Clinton through the summer. For now, face masks are required. Let us be your go-to gift shop! For more information, go to <https://buildingstonesshoppe.square.site> or www.facebook.com/buildingstonesfairtradeshoppe

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- Certified attorney in Arbitration, Mediation and Collaborative Law
- Peacemaker Law Guardian of the Year
- Recipient of the NYS Appellate Division, Hon. Michael Dillon Law Guardian of the Year Award
- YWCA Outstanding Women of the Year
- Insight House Community Recovery Award
- New Hartford Zoning Board of Appeals Member
- Trustee of Our Lady of Lourdes Church
- Beloved Mother and Grandmother

VOTE for KAREN J. STANISLAUS

Tuesday, November 2, 2021 at your polling site

EARLY VOTING: October 23-October 31 Daily

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SEPT. 2021 **Community News** **THE TOWN CRIER** 19



Karen Stanislaus Earns Key Endorsement in Race for Family Court

Karen Stanislaus, an attorney with more than 20 years of experience in Family Court, earned a key endorsement in her race for this year's open-seat race for Oneida County Family Court.

At the last Oneida County Democratic Committee meeting, Karen earned the endorsement of the Oneida County Democratic Party.

"Karen Stanislaus is an outstanding attorney, an outstanding candidate, and will be an outstanding Family Court Judge" Oneida County Democratic Committee Chairman Mitch Ford Said.

"I'm the only candidate in this race who has heard thousands of Family Court cases" Karen Stanislaus said. She is currently a Family Court Referee where she hears cases and writes decisions in the best interests of

the child involved in the case.

Karen Stanislaus now has the Democratic, Working Families and Equal Justice for All Party Lines.

Below is Karen's Biography:

Karen Stanislaus, Esquire, is an appointed Court Attorney Referee serving the Fifth Judicial District in Onondaga County Family Court Syracuse, New York. In her capacity as Court Attorney Referee, Stanislaus presides over domestic violence, child custody and parenting time cases. In 2018 she was appointed to preside as Court Attorney Referee over the first exclusively civil domestic violence court in the Fifth Judicial District. She believes that in this sensitive, highly emotional, and sometimes volatile area of the law, it is so essential that judges and jurists always monitor the temperature in the courtroom and employ proper judicial temperament to these stressful cases.

Prior to her appointment as Court Attorney Referee, Stanislaus served as Principal Court Attorney to the Honorable James R. Griffith, in Rome and Utica, NY. It is Griffith's retirement which led to the vacancy for a family court judge, which Stanislaus hopes to fill on November 2, 2021. She says, "Judge Griffith is a mentor and taught me so much about Family Court and the first Civil Family Treatment Court in Utica/Rome which Griffith established and presided over from 2006 until 2019. Prior to working with Judge Griffith, Stanislaus was an associate at Felt Evans, LLP, Clinton, NY, where she specialized in family and matrimonial law. At Felt Evans LLP, Stanislaus perfected her love for this area of

the law and expanded her view of what a 'family' really is: "they are the people who truly love you."

Stanislaus was born and raised in Brooklyn, NY to a wonderful family. She is the mother of three beautiful children: Tyson, Tara and Jeremy and the ecstatic grandmother, known as "Glammy" to her three "babygrands": Genevieve, Maya and Stella. She says that her family has brought her so much "JOY"!

Stanislaus is a graduate of Brooklyn College, and Temple University School of Law. She has resided in New Hartford, NY for almost 30 years.

She serves on the New Hartford Zoning Board of Appeals and is a Trustee at Our Lady of Lourdes Church, Utica, NY.

Stanislaus has been honored and recognized for her hard work and is the recipient of the coveted:

Hon. Michael F. Dillon Law Guardian of the year award for her outstanding work with children; Peacemaker Law Guardian of the year Award; Insight House Recovery Community Award; YWCA Salute to Outstanding Women Award; Congress of the United States Proclamation; and Utica Mayoral Proclamation.

She is the endorsed candidate on the Democratic Party line, on her own Independent third party line, "Equal Justice for All and the Working Families Party lines.

For more information go to:
www.KarenforFamilyCourt.com
 and Facebook.com/KarenforFamilyCourt

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Antique Talk

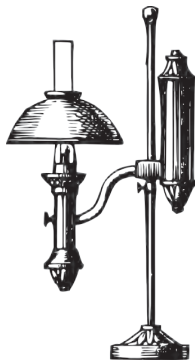
From the Mailbag

Q. Some years ago I inherited a set of 4 water goblets that I believe my aunt received as a wedding gift in 1940. They are clear glass and are 8 ½" tall with an etched design and the marking is the letter "C" inside a triangle. Can you tell me anything about them and their possible value? Any information would be appreciated.

A. I recognized your glasses right away as being made by the Cambridge Glass Company that started in Cambridge, Ohio in 1873. The etched glass pieces like your goblets are a trademark of this popular glassware that is highly collectible today. Your water goblets are in the "Rose Point" pattern which the company produced from 1935 until 1958, which fits in your provenance of knowing that your aunt received them as a wedding gift in 1940. Having a set of four enhances the value of your glasses. I would place a value of \$75-100 on them. I'm certain the sentimental value far exceeds that to you.

Q. I have a small medallion from the Pan American Exposition of 1901 that was apparently held in Buffalo. I found it in a box of miscellaneous items I purchased at an estate sale a few years ago. Is it of any value?

A. Your medal is one of the thousands or rather millions of souvenirs that were produced for the Pan American Expo in 1901. This was a precursor to the World's Fair and several countries had exhibits there.



Your medallion commemorates the Chilean exhibit at the expo. The exposition is historically significant as President William McKinley was assassinated while attending it. Your item is a nice keepsake and valued at around \$50.

Q. I have an old yo-yo that depicts the famous cowboy Roy Rogers and his horse Trigger. Do I have something valuable?

A. Your yo-yo was produced circa 1950 by the All Western Plastics Company in Nebraska at the height of popularity of "The King of Cowboys." It was one of a multitude of kid's toys bearing Roy Rogers name that this company produced. You definitely have a nice collectible and I would value it at \$50, although it might command a higher price if you found a collector of Roy Rogers memorabilia.

Happy collecting!

Support Your Historical Society

If you haven't already done so, why not renew or start your membership in the NH Historical Society. The cost is \$15 for an individual, \$20 for a family and \$5 for students. Make your check payable to 'NH Historical Society' and mail to PO Box 238, New Hartford, NY 13413. All donations are tax deductible. These folks work hard to preserve our local history.

Victor J. Fariello Jr. is a lifelong resident of New Hartford and has been a collector and dealer of antiques for many years. He is a past officer and member of the New Hartford Historical Society and is the Charter President of the J. Schoolcraft Sherman Chapter #1519 of The Questers, an International organization for people who love antiques and have a commitment to preservation. Questions on anything related to antiques can be sent to him at PO Box 194, Washington Mills, NY 13479 or by email to vjfariello@gmail.com. Any photos submitted will be returned upon request.



This set of Cambridge water glasses is highly sought after by collectors today.



This souvenir is from the Pan American Expo of 1901 which was held in Buffalo, NY.



"The King of Cowboys", Roy Rogers, adorns this children's toy that was popular in the 1950's.

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SEPT.
2021

Community News

THE TOWN CRIER 21



13th Annual Fundraiser for Alyssa Carol Hansen Memorial/Scholarship Fund

Submitted by The Hansen Family and the Fundraiser Committee

Alyssa Carol Hansen was an inspiring 11- year old when she passed away on August 16, 2007 due to complications from surgery. She overcame obstacles and reached many goals through perseverance.

In her memory, we have established a Scholarship and Memorial Fund for students and programs at the Westmoreland Central School District. The scholarship is given each year to a graduating senior for \$1,500. This senior has demonstrated perseverance, integrity, a good attitude, and good behavior in achieving his/her personal daily living skills and academic goals as written in an individualized educational program. The memorial fund is set up to give students and their families' opportunities that are otherwise not available through the school district.

The 13th annual fundraiser is scheduled for Tuesday, September 14, 2021 from 5:00pm-8:00pm at Station 233 A Simple Bar (formerly Seymour's Diner) located on Route 233 in Westmoreland, New York. This event will include an All-You-Can-Eat Chicken Riggie Dinner, basket raffles, and a 50-50 raffle. Our fundraiser committee is looking forward to continuing this event as a major way to keep money in our accounts that are monitored by the Westmoreland Central School District.

Anyone wishing to send a donation now, or any time of the year, may do so by sending it to the school at P.O. Box 430, 5176 State Route 233, Attn: Alyssa Carol Hansen Memorial/Scholarship Fund, Westmoreland, NY 13490.

We could not have this event in 2020 due to COVID-19. We are looking forward to a nice turn out this year to make up for that loss of revenue. Anyone interested in donating a basket or helping out the day of the event, please contact Chris at 315-271-7934.

Thank you for your participation and for making our fundraiser a great accomplishment for the students that work hard to achieve this award.

New Hartford Rotary News

The Rotary Club of New Hartford, NY has established a Community Fund that helps to make our community a better place to live. Money from this fund has been used during the years to support local business and non-profits such as the New Hartford Public Library, New Hartford Central Schools, New Hartford Citizens' Band, The Utica Zoo, Evelyn's House, Hope House, Veterans Outreach Center, Feed Our Vets, Utica and St. John the Evangelist food pantries, Your Neighbors, Inc., The Neighborhood Center, The Rescue Mission of Utica, Carenet, The Stevens-Swan Humane Society, MVCC, Boy Scouts of America, the Village and Town of New Hartford, etc., just to name a few. In the past, we've held two major fund-raising events to raise the monies that support this fund; our annual Pancake Breakfast held in the spring and our annual Holiday Auction held in December. These two events usually generated about \$10,000.00, all of which was placed in the Community Fund and distributed as needed. However, this past year and ½ has caused us to re-think our fund-raising efforts due to the pandemic. As a result, we are currently holding our BACK TO THE TABLE fund raiser in hopes of supplementing the monies lost by not being able to have our normal Pancake Breakfast and Holiday Auction. This fund raiser came about in an effort to assist our local food and drink establishments who have seen some hard times during the pandemic. 62 local restaurants, bakeries, wineries and beer makers have donated gift certificates to their establishments. We have grouped these establishments into 10 categories: Cruising Genny, The Heart of New Hartford, All Around Town, We Are The World, What Happens on Varick Stays on Varick, The Fast Lane, That's The Way The Cookie Crumbles, Cheer Up Wine Lover You're Not a Loser; Cheer Up Beer Lover You're Not a Loser, and Make It Yourself. The total value of the certificates donated is \$2,100.00. Only 200 tickets will be sold at a cost of \$50.00 each and since there are ten individual drawings, each ticket will have a 1 in 20 chance of winning. 100% of your ticket purchase will be returned to our community through donations to various groups like the ones listed above and through scholarships, literacy programs, tree reforestation and environmental projects. Tickets are on sale now and can be purchase from any New Hartford Rotarian. The drawing will be held on 22 September at 6 PM at the Village Green in New Hartford. You need not be present to win. To learn more, check out the New Hartford Rotary's Facebook page.

For more information about The Rotary Club of New Hartford, NY you can check our website at <https://newhartfordrotaryclub.com/> or follow us on Facebook at <https://www.facebook.com/NHRotary/>.

Strategic Financial Services to Open Rome, NY Office

Strategic Financial Services, Inc. ("Strategic"), a Central New York based independent wealth management firm, has announced plans to open an office in Rome, NY in the 4th quarter of 2021. For over 40 years, the Utica headquarters of Strategic has served a growing client base in the Rome community and now looks forward to having a dedicated presence in the city. The new office will be located at 1320 Floyd Avenue, near the entrance to Griffiss Business Development Park.

"Rome has seen rapid growth in recent years, and we're excited to be a part of it," said Alan Leist, III, CEO of Strategic Financial Services. "We are focused on helping people live great lives. Our approach as a fiduciary is to build lifetime partnerships with consistent service, a straightforward approach and good people. We are excited to have Greg and Kat carry on that mission for Strategic in the Rome community."

The Rome team will be headed by Senior Advisor, Gregory Mattacola, Esq. and Kathryn Nolan, Associate Advisor, both Rome natives. Mattacola founded and operated The Mattacola Law Firm for 13 years in Rome with a focus on estate planning, health care and employment law. In the past, he also served as Vice-President/In-house Counsel to Rome Memorial Hospital, and Counsel to Hancock Estabrook, LLP. He is a past Chairman and currently serves as Second Vice-Chairman of the Rome Area Chamber of Commerce, in addition to numerous other community endeavors.

"I have a true passion for the Rome area community," Mattacola says. "The people here are my neighbors, friends and colleagues. They deserve the superior level of wealth management services that Strategic Financial is known for and I'm thrilled that we are coming to Rome to do just that."

About Strategic Financial Services

In business since 1979, Strategic has a team of 37 wealth management professionals, servicing over 1,000 clients and managing more than \$1.7 billion in assets. Areas of focus include Investment Management, Financial Planning and Corporate Retirement Plans. With offices in Utica, NY, Rome, NY, Syracuse, NY and West Palm Beach, FL, Strategic is a regional leader in the Wealth Management industry. While successfully growing from established roots, the firm continues to expand its geographic footprint and influence across the northeast and throughout the United States.



September 21 International Day of Peace

A day to support peace and non-violence throughout the world. Observed on the opening day of the annual regular session of the United Nations.

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Sewer and Drain Back Up:
Most homeowner’s policies do not cover sewer backup unless specific sewer backup insurance coverage is added. If your home falls victim to the damages of backups or overflows and you aren’t covered, you’ll be liable for home repairs and cleaning costs out of pocket. Discover some of the most common ways your sewer lines can be damaged, and what you can do to protect your home!

1. Blockages Due to Tree Roots
The trees in your yard may be beautiful, but their roots can cause damage to your plumbing. Tree roots can dig very deep in search of water and nutrients, things that can be found in abundance in pipelines. These roots can enter pipes through small cracks and continue to grow until extensive damage is caused. Different tree roots grow in different ways, so it’s a good idea to know about each kind located on your property!

4. Aging Sewer Systems
According to the Civil Engineering Research Foundation, the number of backed up sewers is increasing about 3% per year. Sewer systems in the United States are on average over thirty years old, which is a huge contributing factor to the rapid increase of sewer backups, overflows and flooded basements.

6. Combined Pipelines
Sometimes sewer systems combine the raw sewage pipeline with the storm water pipeline. During times of intense storms and runoff, this combined pipeline can become clogged with debris. This can result in a sewage backup situation in your basement or other low-lying drains.

The Cost of Sewer Backup Insurance Coverage
It’s easy to see how many different ways your sewer pipelines can be compromised. But don’t wait until one of these factors causes a problem and your home is devastated by sewage and water damage. Sewer backup insurance coverage can be added to a homeowners insurance policy for as little as \$50 a year!

Attic Mold:
Attics are one of the most common areas of mold growth in the home. Attics tend to have the perfect conditions for mold growth (hot, humid, and an abundant food source with the wood framing and sheathing). Most homeowners may go up in their attic seldom if ever so the mold problem is allowed to grow undisturbed sometimes for years! Many homeowners first learn about their problem right before they sell their home. The buyer’s home inspector notices the mold in the attic right before the closing date, which causes both buyer and seller to panic, often putting the whole deal in jeopardy. The good news is that this scenario can all be avoided by quickly checking your attic a few times a year for mold and dealing with it promptly if you do find a problem. In addition to fixing the moisture problem or underlying cause of the mold formation, you also need to get rid of the mold properly. Disaster Services is a NYS licensed mold contractor and can evaluate and thoroughly explain the different removal options available to you.

Water Damage:
Whether caused by leaks, flooding or condensation, water can do more than cause unsightly stains in your home. It can cause permanent structural and mold damage. Disaster Services with over 34 years of experience in all phases of water and mold damage can accurately evaluate your homes damage and advise as to the most effective course of action to take. We use the latest technology including thermal imaging to determine the source of the water intrusion and the extent of mold damage. We are not a franchise which means you will get the owner on site through-out the project to fully answer any concerns that you may have. Remember we are the leading disaster mitigation company in the area with hundreds of satisfied clients both commercial, industrial and residential. We realize that in your time of need you should be speaking to a person, not a machine. When you call Disaster Services you will not reach an operator and have to wait for a call back during your stressful time, you will reach the owner and you will get immediate answers to your questions. When your emergency arises, call us at (315) 797-1128 day or night. We do offer non-emergency services also so please visit our website at disasterservices.us for a full list of services.

NHFD Schedules 9/11 Memorial Walk
Submitted by: NHFD 9/11 Committee Chairperson, Richard Alexander Jr.

On Saturday, September 11, 2021 the members of the New Hartford Fire Department will be doing a 9/11 Memorial Walk through the Village of New Hartford to commemorate the 20 year anniversary of the September 11th, 2001 attacks. The members will be walking in memory of all of those that lost their lives on that day and for the people still suffering from the effects of that day. Please take a moment and remember those lost and their families who miss them still today.

Our route is the same as last year: Members will leave the fire station on Oxford Rd, to Genesee Street and head towards the New Hartford Shopping Center, Genesee Street back to Oxford Road, to Hoffman Road up to Hillside Avenue, back to Oxford Road, to Sherman Street up to Hillside Ave, back to Oxford Road, to Sanger Ave up to Hillside Ave, back to Oxford Road and back to the Fire Station. This will total 3.43 miles, which will honor the 343 FDNY members lives lost on 9-11.

The walk starts at 8:46 a.m., the same time that Flight 11 crashed into floors 93 thru 99 of the North Tower. At that time, the fire station horn will sound and again at the following times:

9:03 a.m. - Flight 175 crashed into floors 77 through 85 of the South Tower,

9:37 a.m. - American Airlines Flight 77 crashed into the Pentagon. The crash and fire took the lives of 59 individuals on the plane and 125 on the ground.

10:03 a.m. - United Airlines Flight 93 crashed near Shanksville, Pennsylvania after passengers and crew storm the cockpit. Forty people on board lost their lives.

All of the members walking will carry a name of a New York City Firefighter (FDNY) with them during the walk and read their name as they ring a bell in remembrance of them on that day in front of the fire station.

The department will also have 16 members heading to the City of Utica on September 25th to participate in the annual 9/11 CNY Stair Climb in remembrance of the September 11, 2001 attacks. The NHFD members and those individuals from other area fire departments including EMS personal and law enforcement officers will climb 110 floors in the State Office Building.



September 12, 2021



NH Fire Dept. News

NHFD News

June and July were busy months for your New Hartford Volunteer Fire Department with 101 calls for June and 143 calls for July as indicated by the monthly call report listed below by category:

Month of June calls:

Fires	=	6
EMS	=	42
Hazardous	=	5
Service Type	=	14
Good Intent	=	8
Other Alarms	=	23
Weather Related	=	30



Total Calls for the Month of June 2021 = 101. This brings the total number of calls year-to-date through June 30, 2021 to 534.

Month of July calls:

Fires	=	5
EMS	=	65
Hazardous	=	9
Service Type	=	26
Good Intent	=	12
Other Alarms	=	20
Weather Related	=	6

Total Calls for the Month of July 2021 = 143. This brings the total number of calls year-to-date through July 31, 2021 to 677. And, during the month of July of the 143 calls, 24 were in the village and 119 were in the town.

Some of the calls listed above - such as Fires, EMS, and Hazardous - are self-explanatory. Others such as Service, Good Intent and Other Alarms are not. Service Calls includes water or animal problems, public assistance or standbys. Good Intent refers to responding but did not find anything or canceled in route. Other alarms include explosions, carbon

monoxide, smoke or sprinkler detector activations.

The figures above do not include other activities by members of the department such as Fire Prevention details, training, parades, Open House and other various department committee meetings that take place throughout the year.

From the Chief's Desk

Volunteers are such a precious commodity. If lucky, an organization may only get 5-10 active years of service from a volunteer. Not so much due to lost interest, but so many of life's priorities compete for a person's time. Often, volunteering ends up last on the list.

That is why it is so important to recognize the gems that we encounter in the volunteer fire service that put so much more into it than time.

William "Bill" Wren is one of those gems. Bill joined the New Hartford Volunteer Fire Department in January of 1988. At that time, he had already amassed a strong resume in the volunteer service as a member of the Village of Mohawk Volunteer Fire Department. Bill was also a New York State Fire Instructor with the Office of Fire Prevention and Control, influencing many new firefighter recruits in and around Oneida County. He has served passionately teaching adults and school aged children the importance of fire prevention in the home. Bill has served as a mentor to many new firefighters in New Hartford, leaving lasting impressions of what it means to be a member of a volunteer organization. On countless Tuesday training nights, Bill would be there to offer his wealth of knowledge and inform his students on the latest trends in firefighting technology. Bill himself was a perpetual student of his craft for he felt it important to always be prepared. Bill has provided council to many in the fire service including myself, and I am proud to have

served with him and have benefited from his friendship and camaraderie.

Bill has given the community of New Hartford the better part of 34 years and it is all the better for it. The New Hartford Fire Department wishes Bill Wren and his family all the best in his new chapter in life. We will miss him greatly.

I thank you for everything Bill!

Chief Scott Nicotera

New Hartford Volunteer Fire Department

Visit us on the web at: www.nhfd.com all year long.



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Schuyler's 5th Annual Fall Fest | September 17th | 10 AM – 2 PM

- ◇ Fall into a new season
- ◇ Local vendors and artisans
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- ◇ Feed Our Vets Fundraiser



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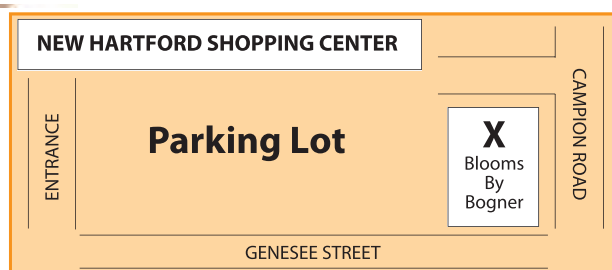
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Temple Emanu-El and Temple Beth El
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SUNDAY, OCTOBER 17th
9:00 AM
at the JCC
More details to come ...



Comedian Rob Riggle to headline MVCC Cultural Series Fall lineup

Rob Riggle - acclaimed actor, comedian, writer, producer, and director - will headline the Fall semester lineup of the Mohawk Valley Community College Cultural Series in a moderated Q&A with Utica's Bill Keeler of WIBX's "Keeler in the Morning" at 7 p.m. Friday, Sept. 17, in the Jorgensen Athletic and Event Center Field House at MVCC's Utica Campus. Admission is \$25 general, and \$20 for MVCC

employees. A limited supply of free tickets will be available for MVCC students. Tickets for this and all events in the series go on sale at 10 a.m. Tuesday, Sept. 7, at www.mvcc.edu/tickets.

Riggle has been a staple in comedic films and television for more than 15 years. He is known for his memorable characters in comedy hits like "The Hangover" and "Step Brothers," as well as his stints on "Saturday Night Live" and as a correspondent on "The Daily Show" with Jon Stewart. In two strong dramatic turns, Riggle also recently appeared in Warner Bros.' war drama "12 Strong" and Open Road Films' "Midnight Sun," the latter of which he received critical acclaim for his performance. On the small screen, Riggle currently stars as the co-commentator on ABC's "Holey Moley," produced by NBA All-Star Stephen Curry. "Holey Moley" is currently airing season 3 and recently premiered an Australian version. He also created and stars in Sony Crackle's "Rob Riggle's Ski Master Academy." Riggle spent eight years on Fox NFL Sunday, doing his "Riggle's Picks" segment during the pregame show. As he broke into comedy, Riggle was still on active duty with the U.S. Marine

Corps, which he had joined at age 19. Rising through the ranks, he served in various countries including Albania, Kosovo, Liberia, and Afghanistan. Lt. Col. Riggle retired from the Marine Corps Reserve, having served 23 years total, and earned more than 22 medals and ribbons, including the Combat Action Ribbon. To learn more about him, visit www.robriiggle.com.

Other series highlights include:

* Concert: Ryan Montbleau Solo. 7 p.m. Saturday, Nov. 20, Schafer Theater, MVCC's Utica Campus. Tickets are \$20 general, \$10 for MVCC employees, and free for MVCC students.

* Concert: SoCal '90s Power Punk Band Lit. 7 p.m. Thursday, Nov. 11, Schafer Theater, MVCC's Utica Campus. Tickets are \$15 general, \$10 for MVCC employees, and free for MVCC students. (This is a rescheduled event; tickets purchased for original date will be honored.)

* Musical production: "Cinderella," presented by The Panto Company USA. 2 p.m. Sunday, Nov. 7, Schafer Theater, MVCC's Utica Campus. Tickets are \$20 general, and \$12 for MVCC employees and children younger than 12. An additional meet-and-greet ticket, for up to four people, will be available for \$20.

Please note: Because of COVID-19, the schedule of events is subject to change. All events will comply with federal, state, and county guidelines, along with the MVCC Responsible Restart Plan (www.mvcc.edu/restart). If in-person events are not permitted or if capacity restrictions make events impracticable, virtual options and/or postponements will be listed at www.mvcc.edu and the Cultural Series Facebook page (www.facebook.com/MVCCCulturalSeries).

The Cultural Series is brought to you by MVCC's Cultural Events Council, in collaboration with MVCC's Program Board, with significant support from the Student Activity Fee. For the complete series lineup and ticket sales, visit www.mvcc.edu/culture.



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Deadline for the October issue is September 15, 2021**

SEPT.
2021

Community News

THE TOWN CRIER 27

More Than Football

Submitted by Jim LaFountain, All American Fitness Center

Due to spacing issues last month, we are re-running this article.

A fellow “Baby Boomer” friend of mine expressed his displeasure with what he referred to as “kids these days” during his workout a month ago. He said, “they’re lazy, unmotivated and cannot live without their cell phones.”

A day later, a couple of our personal trainers and I began training 40-50 New Hartford High School football players, 14-18 years of age. For the past four weeks, I have witnessed teenagers who are respectful, dedicated, goal oriented and committed to self-improvement as it relates to their success on the field. Their head coach, Jim Kramer, regularly monitors their progress and allows us to tweak their existing program periodically.

At least 3-5 days a week groups of 3-5 players enter our facility, sign in, and train intensely for 60-90 minutes and sign out. Contrary to my friends critique of “kids these days,” I have found the New Hartford footballers to be respectful, ambitious, highly motivated and perfectly content to be without their cell phones. What makes them special is their interest in learning. Their primary goal is to of preparing for success in their chosen sport. Our members enjoy watching them train and plan on following them this upcoming season.

Some key components in a successful high school program are:

***SAFETY:** No one should ever be injured in a fitness facility. Barbells should be regularly maintained and lubricated and safety clips to secure weights should always be used. Proper form in every exercise is a must. Athletes should take two seconds to move the weight through a full range of motion, pause for a second to minimize momentum and take four seconds to return the weight to its starting position. Throwing or jerking a weight, other than properly performed Olympic Lifts should be avoided. Weights and adjunct apparatuses should be returned to their proper rack and nothing should be left on the floor.

***INSTRUCTION (Proper Form):** Again, our trainers and instructors stress the use of proper form in every exercise (2:1:4 protocol). Resistance training is a tool to improve athletic performance. It must be stressed that student/athletes are football players, using resistance equipment to improve their performance and NOT weight lifters, who happen to play football.

***SUPERVISION:** There should always be a certified personal trainer/instructor supervising young athletes. Unsupervised facilities encourage athletes to frequently attempt to “demonstrate their strength” not build it. This a dangerous practice and places young joints in an untenable position.

My fellow “Baby Boomer” friend actually changed his perception on “kids these days” after watching New Hartford’s football players workout and plans on attending games. The bottom line for me is this: There’s more than football and working out being taught by Coach Kramer and his staff. Life skills that will position each young athlete for success in their chosen field of endeavor is at the core of their program.



Tina Passalacqua

And the Choir Kept on Singing!

By Tina Passalacqua

(This poem was composed by Tina Passalacqua to commemorate the faithfulness, perseverance and creativity of the choir members of New Hartford Presbyterian Church, including Music Director Susan Sady, who continued to uplift and inspire worshippers with song throughout the COVID-19 pandemic of 2020-2021.)

Music is the universal language of the world.

We all believed it until 2020 unfurled.

Would the choir keep on singing?

Then, of course, the pandemic hit.

Some thought the choir should simply quit.

But the choir kept on singing!

When the world around us looked dark and bleak,

Susan kept us all going, week by week.

And the choir kept on singing!

Thursday night rehearsals in your living room.

Not really ideal to sing on zoom.

But the choir kept on singing!

Please send in your recorded voice!

(We didn’t like it but we had no choice!)

And the choir kept on singing!

Send it in an email or even on your phone.

Lots of complaints, you could hear us moan!

But the choir kept on singing!

Then out in the gazebo but six feet apart,

We kept our distance but we sang from the heart!

Yes, the choir kept on singing!

Singing together outside in the park,

We recruited a new member. Thank-you Mark!

And the choir kept on singing!

Our singing was videoed so we could share.

Dariusz was our cameraman extraordinaire!

And the choir kept on singing!

Weather getting colder. How the wind blows.

Gloves and scarves ...and still we froze.

But the choir kept on singing!

Then spread far apart in the parking lot.

With an electric keyboard, we gave our best shot.

And the choir kept on singing!

The snow did come. The wind did blow.

So into Fellowship Hall we did go.

But the choir kept on singing!

Finally back into the church we go

On Saturday morning- but every other row.

And the choir kept on singing.

Hooray! Vaccinations were finally in place.



Unable to sing inside the church building, New Hartford Presbyterian’s choir did so outside, sometimes in the gazebo in the park next to the church. Anthems were video recorded and played during the live streaming of worship services on Facebook.

Still, we all had a mask on our face!

But the choir kept on singing!

Still in the church, there was no singing live.

How in the world did we ever survive?

And the choir kept on singing!

Voices raised in praise, standing side by side.

We sang on the ramp, windows opened wide.

Yes, the choir kept on singing!

Our glasses fogged up with our masks in place.

It’s so hard to sing with that thing on our face.

But, the choir kept on singing!

Singing’s important to each member here.

We won’t give up! We must persevere.

So, the choir keeps on singing.

As we move to the future, one thing we can say,

“The New Hartford Presbyterian Choir is here to stay!”

Yes, the choir will keep on singing!



When in-person worship first resumed in May, singing was still not allowed inside, so the choir sang just outside the building through open windows so worshippers in the sanctuary could hear.

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105 Genesee Street, New Hartford (315) 733-4227
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We are also the home of the Family Nursery School!
Rev. Brad Chesebro
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Our Church Building is open for in-person worship services.
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Easily accessible building, sanctuary and bathroom.
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ST. JOHN THE EVANGELIST CHURCH

66 Oxford Road - 732-8521
Rev. Kevin Bunger, Pastor
Cheryl Smith Dir. of Faith Formation
Saturday: Vigil, 5:15 p.m. Confessions 4:15pm
Sunday Masses: 8am & 11am
Mon-Thurs Masses: 9:10am
We are handicapped accessible!

CLINTON ROAD BAPTIST CHURCH SBC

dba Crosspoint Church
Senior Pastor, Samuel Macri
Youth Minister, Bobby Allen
140 Clinton Road, New Hartford
Sunday Morning Worship Service at 8am
317 Oriskany Blvd, Whitesboro - 797-4520
Sunday School Small Groups 9am
Sunday Morning Worship 10:30am
Sunday Evening Youth 5pm
Sunday Evening Discipleship 5:30pm
Tuesday Morning 6:30am Men's Fellowship Breakfast at New
Hartford Campus
Wednesday Evening 6:30pm Praise Team Practice
Wednesday Evening 7pm Prayer Meeting
Thursday Evening 6:30pm College/Career Ministry
Website: crosspointchurchonline.org
Sunday Morning Services streamed live
Pastor Sam's message available at our website
We are handicapped accessible!

HOPE ALLIANCE CHURCH

4291 Middle Settlement Road, P.O. Box 626, N.H.
General Office: 315-732-1349
hopealliance4291@gmail.com
www.hopealliancecny.com
Rev. Andy Ward, Pastor
Morning Worship: 9:30am
Communion First Sunday of the Month.
Fridays: Christian Service Brigade - 7pm
Sundays: Jr. & Sr. High Youth Fellowship - 6pm
Hope Alliance Church is handicapped accessible.

ST. THOMAS CHURCH

150 Clinton Road - 735-8381
stthomasnh@syrdio.org
Pastor: Rev. David Sears
Saturday Vigil: 4 p.m.
Sunday Mass: 9:00 a.m.
Confessions: Sat. 4:45-5:15 p.m.
Holy Day Schedule:
Holy Day Masses 12 noon
Adult Religious Education, Open to the Public
We are handicapped accessible!

ST. STEPHEN'S EPISCOPAL CHURCH

25 Oxford Road - 732-7462 (Parish & Rectory)
ststephensepiscopalnhny@gmail.com
Sunday Service of Holy Communion at 10am followed by
fellowship
Al-Anon Meetings: Sundays at 5pm & Thursdays at 5:30pm
AA Meetings: Sundays at 8pm
Yoga by Kristy: Tuesdays at 5:30pm & Thursdays at 9:30am
EGA Meetings: 1st Mondays of the Month
St. Stephen's is handicapped accessible.

ST. GEORGE'S EPISCOPAL CHURCH

9389 Elm Street, Chadwicks - 315-736-3572
tlmas@roadrunner.com
Rev. Heather Benson Officiating Service at 10am
Holy Eucharist Every 2nd and 4th Sunday

FAITH IN CHRIST FELLOWSHIP CHURCH

A Reformed Southern Baptist Church
3431 Oneida St., Chadwicks - 315-737-0753
www.ficfellowship.com
Pastor : Chad Morgan
Sundays: Worship, 10 a.m.
Children's Church during the sermon.
Bible Study and Prayer - Wed evening 6:30 p.m.

IMMANUEL BAPTIST CHURCH

Pastor Fletcher Matlack
9501 Weston Rd., NH (Next to Perry Jr. High), (315) 737-5222
www.ibcfamily.com E-mail: info@ibcfamily.com
Sunday School for all ages: 9:00 am - 9:45 am
Sunday Morning Worship Service 10:00 am
Nursery, Preschool and Children's Worship hour: 10:00 am
Prayer meeting held every Wednesday at 6:30 pm
Youth Group for ages 12 and up meets every other Saturday
from 6-8 pm. See our website for schedule.
Church is handicapped accessible.

NEW HARTFORD PRESBYTERIAN CHURCH

45 Genesee Street, NH 315-732-1139
newhartfordpresbyterian.org
office@newhartfordpresbyterian.org
The summer start time of 9:30 for Sunday morning worship
will remain in effect through September 5, but the regular time
of 10:30 will resume the following Sunday, September 12.
Worship is both in-person — with masks required and other
safety guidelines followed — and live streamed on Facebook.
As NHPC welcomes families to in-person worship, to ad-
dress the interests of those concerned about bringing children
into group gatherings, the congregation offers Faithful Blend,
a space set aside in the fellowship hall where children and
parents can worship together comfortably, with adults sipping
their favorite coffee while the kids worship, sing, play and pray
along with them. The worship service is live streamed from the
sanctuary onto a large screen so everyone can follow along and
participate as they choose. A supervised nursery is also avail-
able for young children.
On Saturday, September 11 at 2:00 p.m., Mega Bubbleman
will present his fun-filled bubble program in the church fellow-
ship hall. Snacks will be provided and all are welcome.
More information about NHPC is available on its website and
Facebook page.

OUR LADY OF THE ROSARY CHURCH

ParishOffice@olrosarynh.org
1736 Burrstone Road - 724-0402
Pastor Joseph Salerno
Sunday: 7:30am and 9am
Masses held at Our Lady of Lourdes:
Saturday: 4pm and Sunday at 11:15am
Handicapped Accessible and Air Conditioned

SAUQUOIT VALLEY UNITED METHODIST CHURCH

Cor. Pinnacle Rd. & Mohawk St., Sauquoit
email: sauquoitvallyumc@aol.com
Pastor: Robbin Harris
Office: 315-737-7505
Sunday Worship 11:30 a.m. (Nursery Care Available)
Sunday School 9:30 a.m. For all ages.
Handicapped Accessible

FIRST BAPTIST CHURCH OF NH

7 Oxford Road - Office phone: 315-733-4570
firstbaptistnh@gmail.com
Rev. James Harrieff, Pastor
Virtual Service every Sunday at 9:30am
on Facebook "First Baptist of New Hartford"
Sunday Service - 9:30am
Sunday School - 11:00am
Handicapped Accessible. All are welcome.

UNITARIAN UNIVERSALIST CHURCH of UTICA

10 Higby Road, Utica, NY 13501
315-724-3179 uuutica.org
Minister: The Rev. Lori Staubit
Sunday services at 10:30 AM
Find details of these services at uuutica.org
9/5 - Women in the Labor Movement
9/12 - Homecoming: We welcome everyone back from their
summer travels and activities. It will be good to be together
whether in person or in spirit.
9/19 - Rev. Richard Gilbert retired UU minister will present
the Service.
9/26 - Faith In the Time of Pandemic

ST. GEORGE ORTHODOX CHURCH

350 Higby Road, New Hartford, 315-292-6682
Fr. George Goodge
Sun - 9am Matins

Sun - 10am Liturgy
Wed - 5:30pm Vespers
Bookstore hours: Open Sundays after Services.

WESTMINSTER-MORIAH-OLIVET PRESBYTERIAN CHURCH

Interim Pastor Rev. Dr. Mark S. Caruana
Music Director Richard Crawley
Worship service: Sunday 10:30 a.m.
714 Washington St., Utica. 315-732-6518, www.wmoutica.org.
pastor@wmoutica.org
find us on Facebook & Twitter
Handicapped accessible

NORWICH CORNERS CHRISTIAN CHURCH

10233 Roberts Road, Sauquoit - 737-0757
WHERE JESUS IS LORD!
Pastor Walter J. Wharram, Jr.
Sunday Morning Prayer - 8:30am
Sunday School - 9:30am
Sunday morning Worship Service - 10:30
Mid-Week Bible Study - Tuesdays 7pm
Sunday Morning Prayer - 8:30am
Worship Service - 9:30am

TRINITY LUTHERAN CHURCH

2620 Genesee St., Utica. (315)732-7869
churchoffice@trinitylutheranutica.com
Fall/Winter worship:
9am - Sunday School & Adult Bible Study
10:30am - Worship is led by our Pastor, Peter Saie
Handicapped accessible.

FIRST PRESBYTERIAN CHURCH

1605 Genesee Street, Utica 732-5111 fpcutica@gmail.com
Opening Doors, Hearts & Minds: Serving Christ & Community
Reverend Jeanne M. Kumbalek
Sundays - 10:30 Worship
10:45 - Sunday School for Elementary Ages
Faith Enrichment for all ages
Call or email for schedule.
Nursery Care Provided
Wheelchair Accessible

LIFE IN CHRIST FAMILY CHURCH & BIBLE SCHOOL

25 Robinson Rd. Clinton - 315-853-1582. www.licfc.org
Pastors Peter & Adeline Forrester
Sunday Service 10 AM
(Nursery & Sunday school provided)
Thursday Night Prayer Mtg 7 PM
Operating in all of the gifts of the Holy
Spirit including 'healing'
Go on line and check out our school!
Teaching people the word of God without compromise!

*New Life
Apostolic Church*



Service Times:
Sunday School

Sunday Adult Service: 10:00 a.m.

Wednesday Night Prayer: 7:00-8:00 p.m.

Thursday Evening Bible Study: 7:00 p.m.

Pastor Mark Waterman
315.736.1161

3995 Oneida Street #4
New Hartford, NY 13413



@NLAC4all



Rosh Hashanah 2021 will begin in the evening of Monday, September 6 and ends in the evening of Wednesday, September 8



Yom Kippur 2021 will begin in the evening of Wednesday, September 15 and ends in the evening of Thursday, September 16

SEPT.
2021

Faith in New Hartford

THE TOWN CRIER 29

ANNUNCIATION CHURCH

7616 E. South Street, Clark Mills - 853-6138
rectory.denise@roadrunner.com
Fr. Kevin J. Bunker. Deacon Gil Nadeau
Weekday Mass: Mon & Tues 8am, Wed 7:45am,
Fri. 8 am Communion Mass
Weekend Mass: Sat. 4pm Vigil, Sun. 9:30am
Confession: Sat 3:15pm-3:45pm

STONE PRESBYTERIAN CHURCH

8 So. Park Row, Clinton
Scott Leonard, Commissioned Lay Pastor
Sunday service-10:30AM
Website: www.stonepres.org
E-mail: stonepres@verizon.net
Office phone: 315-853-2933
Handicapped Accessible

CLINTON UNITED METHODIST CHURCH

105 Utica Road, Clinton www.clintonmethodist.org
Rev. Michael H. Terrell
Sunday Worship Service 9:30 AM
Sunday school during worship following children's time
Office Phone: 853-3358

CORNERSTONE COMMUNITY CHURCH

500 Plant St. Utica(Oneida Sq. across from Dunkin Donuts)
Mike Ballman, Pastor www.cornerstoneutica.com
mike@cornerstoneutica.com
Sunday Mornings: 11:15am
Last Sunday of month 10:30am

CHRIST CHURCH (REFORMED PRESBYTERIAN)

8470 New Floyd Rd. Rome, NY 13440
Website: www.christchurchreformed.com
Facebook:
https://www.facebook.com/ChristChurchReformedPresbyterian
aarongoerner@gmail.com
Pastor: Aaron Goerner
Services:
Sunday School: 10AM
Sunday Worship: 11AM
Thursday Bible Study 7PM

ZION LUTHERAN CHURCH

630 French Road, New Hartford 315-732-4110
Sunday Mornings 10 AM
Sunday Contemporary Service 12:15 PM
Email: office@zionluth.com
Website: www.zionlutheranNy.org
Facebook: Zion Lutheran Church, New Hartford NY
Handicapped accessible

MOHAWK VALLEY CHURCH

9417 Maynard Drive Marcy, NY
Sunday Mornings at 10am
Come As You Are
www.mohawkvalley.church
info@mohawkvalley.church
Pastors Mike & Susie Melnick
Contemporary Worship led by Mark Bolos

TABERNACLE BAPTIST CHURCH

13 Clark Place, Utica 315-735-7534
churchoffice@tbcutica.org
Facebook: Tabernacle Baptist Church
www.tbcutica.org
We are together in our diversity! Come worship with us!
Saturday 6 p.m. Young Adult Worship & Study
Sunday 10 a.m. English Worship Service
Sunday 10:15 a.m. Sunday School for children in English and in Karen
Sunday 11:30 a.m. Karen Worship Service and 2nd-Hour
Sunday School
Pastors Rev. Debbie Kelsey and Rev. Daniel San

BIBLE BAPTIST CHURCH

4431 Middle Settlement Rd., New Hartford, NY 13413
Brian Demers, Pastor
Sunday School for all ages: 9:30 a.m.
Sunday Morning Worship Service: 10:45 a.m.
Sunday Evening Bible Study: 5:00 p.m.
Wednesday Evening Bible Study and
Kids4Truth Children's Program: 6:45 p.m.
Handicapped accessible. Nursery Provided.
www.biblebaptistchurchnewhartford.org

BEIT SHALOM

48 Franklin Square, Utica, NY 733-2867
Rabbi: Stephen Galiley
Friday Evening Shabbat Services: 7:00 pm
Oneg Shabbat
Beit Shalom is a Messianic Jewish Congregation.
All are welcome!



TEMPLE EMANU-EL

2710 Genesee Street, Utica, NY – 724-4177
teuticoffice@gmail.com
Rabbi Peter Schaktman
Friday Evening Oneg Sabbath sponsored by the Sisterhood of Temple Emanu-El. All are Welcome

TEMPLE BETH-EL

2710 Genesee Street, Utica , NY – 724-4751
Cantor: Kalman A. Socolof
Executive Director: Mrs. Mundy B. Shapiro
Friday Evening Services: 5:30 p.m.
Sabbath Morning Services: 9:30 a.m.
Weekly Morning Minyan Services are held Mon., & Thurs.
from 8:00 a.m. at 2710 Genesee Street.
Kiddush on Saturday morning sponsored by the Sisterhood of TBE. All are Welcome.

ZVI JACOB

Orthodox Synagogue
110 Memorial Parkway, Utica - 724-8357
Services are held Saturday at 9am, and on holidays.
Services may be held at other times if there is a minyan.
Visit our website www.zvijacob.org.
All are Welcome.

THE JEWISH COMMUNITY CENTER

2310 Oneida Street, Utica - 733-2343
Provides programs for seniors and recreational activities for all ages. Open to people of all races, religions, and nationalities.



Nick Fostini, Anthony Mozloom and Max Horowitz



Cody Gadaway

Eagle Scout Announcements

New Hartford Scout Troop 4 advanced four individuals to the rank of Eagle Scout this summer. This includes Nick Fostini and Anthony Mozloom from Clinton, Max Horowitz from New Hartford, and Cody Gadaway from Sauquoit. To date, 76 scouts from Troop 4 have achieved the Eagle rank. Troop 4 invites interested boys and girls, ages 12 -17, to visit our Troop meetings beginning in September. Visit bsatroop4.org or email scoutmaster@bsatroop4.org for more information.

For information on how to place a free article for your community event or local news, please email towncrier@pjgreen.com or call 315-723-4827

We currently mail our monthly paper to residents in the 13413 zip code.

If you know someone outside of that area who wishes to receive our publication, we ask that you please send a (yearly) \$20 check, payable to The Town Crier, PO Box 876, New Hartford, NY 13413.

We will gladly add the address to our subscription list.

We would also like to mention that we are a privately owned business, and not part of the Town of New Hartford.

30 THE TOWN CRIER

Financial Advice

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Which Retirement Plan Is Right for Your Business?

If you own a small business, there are many retirement plan alternatives available to help you and your eligible employees save for retirement. For most closely-held business owners, a Simplified Employee Pension Individual Retirement Account (SEP IRA) was once the most cost-effective choice. Then the Savings Incentive Match Plan for Employees (SIMPLE IRA) became

a viable alternative. Today you may find that a defined benefit or 401(k) plan best suits your needs. To make an informed decision on which plan is right for your business, review the differences carefully before you choose.

Simplified Employee Pension Individual Retirement Account (SEP IRA). This plan is flexible, easy to set up, and has low administrative costs. An employer signs a plan adoption agreement, and SEP IRAs are set up for each eligible employee. When choosing this plan, keep in mind that it does not allow employees to save through payroll deductions, and contributions are immediately 100% vested.

The maximum an employer can contribute each year is 25% of an employee's eligible compensation, up to a maximum of \$290,000 for 2021. However, the contribution for any individual cannot exceed \$58,000 in 2021. Employer contributions are typically discretionary and may vary from year to year. With this plan, the same formula must be used to calculate the contribution amount for all eligible employees, including any owners. Eligible employees include those who are age 21 and older and those employed (both part time and full time) for three of the last five years.

Savings Incentive Match Plan for Employees (SIMPLE). If you want a plan that encourages employees to save for retirement, a SIMPLE IRA might be appropriate for you. In order to select this plan, you must have 100 or fewer eligible employees who earned \$5,000 or more in compensation in the preceding year and have no other employer-sponsored retirement plans to which contributions were made or accrued during that calendar year. There are no annual IRS filings or complex paperwork, and employer contributions are tax deductible for your business. The plan encourages employees to save for retirement through payroll deductions; contributions are immediately 100% vested.

The maximum salary deferral limit to a SIMPLE IRA plan cannot exceed \$13,500 for 2021. If an employee is age 50 or older before December 31, then an additional catch-up contribution of

\$3,000 is permitted. Each year the employer must decide to do either a matching contribution (the lesser of the employee's salary deferral or 3% of the employee's compensation) or non- matching contribution of 2% of an employee's compensation (limited to \$290,000 for 2021). All participants in the plan must be notified of the employer's decision each year no later than November 2nd for the upcoming year.

Defined benefit pension plan. This type of a plan may be a good solution for a profitable company with stable cash flow with intentions of benefitting employees over the age of 40. This type of plan can also help build savings quickly. It generally produces a much larger tax- deductible contribution for your business than a defined contribution plan; however, annual employer contributions are mandatory since each participant is promised a monthly benefit at retirement age. Since this plan is more complex to administer, the services of an enrolled actuary are required. All plan assets must be held in a pooled account, and your employees cannot direct their investments.

Certain factors affect an employer's contribution for a plan, such as current value of the plan assets, the ages of employees, date of hire, and compensation. A participating employee with a large projected benefit and only a few years until normal retirement age generates a large contribution because there is little time to accumulate the necessary value to produce the stated benefit at retirement. The maximum annual benefit at retirement is the lesser of 100% of the employee's compensation or \$230,000 per year in 2021 (indexed for inflation). This plan design should only be considered with the intention of significant, annual funding for a minimum of 5 years.

401(k) plans. This plan may be right for your company if you want to motivate your employees to save towards retirement and give them a way to share in the firm's profitability. 401(k) plans are best suited for companies seeking flexible contribution methods.

When choosing this plan type, keep in mind that the employee and employer have the ability to make contributions. The maximum salary deferral limit for a 401(k) plan is \$19,500 for 2021. If an employee is age 50 or older before December 31, then an additional catch-up contribution of \$6,500 is permitted. The maximum amount you, as the employer, can contribute is 25% of the eligible employee's total compensation (capped at \$290,000 for 2021). Individual allocations for each employee cannot exceed the lesser of 100% of compensation or \$58,000 in 2021 (\$64,500 if age 50 or older). The allocation of employer profit-sharing contributions can be skewed to favor older employees, if using age-weighted and new comparability features. Generally, IRS Forms 5500 and 5500-EZ (along with applicable schedules) must be filed each year.

Once you have reviewed your business's goals and objectives, you should check with your Financial Advisor to evaluate the best retirement plan option for your financial situation.

This article was written by/for Wells Fargo Advisors and provided courtesy of Christopher J. Carbone, CFP®, AWMA®, LUTCF®, First Vice President - Investment Officer, Financial Advisor. New Hartford, New York (315) 801-2546

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ALL-YOU-CAN-EAT CHICKEN RIGGIES



Tuesday
September 14, 2021
5:00pm-8:00pm
Station 233 A Simple Bar (formerly
Seymour's Diner)
Route 233
Westmoreland

13th Annual Fundraiser for the Alyssa Carol Hansen Scholarship/Memorial Fund

Adults- \$10
Ages 10 and under- \$5

TAKE OUTS AVAILABLE

Donations can be sent to: Westmoreland Central School, P.O. Box 430,
Westmoreland, NY 13490



Online Booking

thelavaspa.com

315-792-9200

2707 Genesee Street, Utica



SEPT.
2021

NH Senior Center News

THE TOWN CRIER 31

NH Senior Center News

submitted by the staff at NH Seniors

We were so hopeful to be opened up by this month, but have not had County approval. We are waiting to find out how many people we can safely have in our room, plus there is not any food delivery service to the senior sites. Some have opened with exercise classes or card players, but without lunch served, therefore few seniors are doing this. The new Delta variant has us all a little more cautious, even though all of our seniors have been vaccinated. We will just have to be patient until we get the CDC and County protocols and guidelines for how to open safely.

We lost a very dear friend and volunteer this past month. Steven Cowen, who would talk to all our seniors as he passed out bread and milk and then cleaned all of our tables. He will be missed by all of us. Our sympathies go out to his family. The staff met in the village green to remember Steve, as he loved our get togethers and especially the blueberry muffins! We also lost Jack Yntema, whose wife Carole worked with Eileen when the senior center first opened at the St Johns church site. Glenn Rieben passed away last month and will be missed at lunch, eating with our card players. Josephine Gargash, a very sweet lady, will be missed at lunch with her husband John. Our prayers to all these families.

We will be calling all our seniors, if we do get a re-opening plan, we miss all of you so stay safe and healthy.



NH Seniors pictured above





We're here for you.

Having the talk about hospice and palliative care is difficult, but early planning is crucial to ensuring your loved one's comfort, support and care for a better quality of life and an eased burden on your family.

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Now's the time to invest in your financial health

These may be your earning years, and retirement may feel like a lifetime away. But now is the time to lay the financial foundation for your future. Commit to making an investment in your long-term financial health by scheduling a fiscal checkup.

Call for a complimentary portfolio consultation and a discussion about healthy investing for your future.



Christopher Carbone, CFP®, AWMA®, LUTCF
First Vice President - Investment Officer

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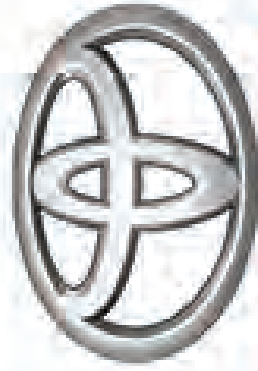
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