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April 2022

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Historical Season Comes to a Close in NYS Class A Finals for NH Boys Basketball

The New Hartford Boys Basketball team made it all the way to the semi-final game, held in Glens Falls on March 20th! They fell short of winning the championship game to Manhasset, with a final score of 62-51. This was the first time in New Hartford school history that a boy's basketball team has ever reached the NYS Final 4.

"The closer you get to the top of the mountain, the more it will hurt when you fall. The pain in the locker room was something I'll never forget. 13 boys who've done everything together for the last 4 months decided it was time to cry together. Their accomplishments were tremendous and their friendships are forever. I feel very fortunate that I was able to be their Coach. Thanks to everyone who has supported the TEAM, Program and myself throughout the year. It didn't go as planned today but it's still a great day to be a SPARTAN." ~ NH Head Coach, John Randall.

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Gianna M. Giglio

Giglio Named to St. John Fisher College Dean's List

Gianna M. Giglio, daughter of Frank and Laurie Giglio, New Hartford, has been named to the fall 2021 Dean's List at St. John Fisher College in Rochester, New York. Giglio is a sophomore with a 3.94 GPA and is a pre-law/communications major, college dance instructor & President of Cardinal TV.

The Arc, Oneida-Lewis Cash Raffle is Back!

Tickets for the annual Arc, Oneida-Lewis Cash Raffle, awarding a grand prize of \$10,000, are on sale now! Raffle tickets are \$20 each and will remain on sale until the maximum of 2,000 are sold or the prize drawing date of Friday, April 15th. Winning raffle tickets will be drawn live on The Arc, Oneida-Lewis Chapter's Facebook page.

Tickets are on sale at The Arc's own Chef's Express Bakeshop at 241 Genesee Street and other local businesses, including Café Daniele, Chanatry's Hometown Market, Marr-Logg House, The Steet-Ponte Auto Group family of dealerships, Swifty's Restaurant and Pub, and Tony's Pizza of Washington Mills. Tickets can also be purchased from The Arc by phone: 315-377-4540 or email: raffle@thearcolc.org.

This raffle fundraiser is presented by The Friends of The Arc Foundation, with all proceeds benefiting The Arc's Smart Homes for Safe Living project to secure equipment that supports people who live in Arc residences in Oneida and Lewis Counties.

Participants must be 18 or older to enter. Winners need not be present to win and will be contacted directly to claim their prizes. More information about The Arc, Oneida-Lewis Cash Raffle can be found online at www.thearcolc.org.

The Annual Helen and Leon Sperling Holocaust Lecture

will be held on April 28th at 7:30
The Jewish Community Center,
2310 Oneida St. In Utica.

It is free and everyone
is welcome.



Annual Helen and Leon Sperling Holocaust Memorial Lecture - April 28th

The Annual Helen and Leon Sperling Holocaust Memorial Lecture will be held on Thursday, April 28th at 7:30 PM at the Jewish Community Center (2310 Oneida St. in Utica).

The committee is pleased to welcome Dave Reckess who will not only tell his grandmother's story but relate how it has affected him.

Dave is President of 3GNY (Third Generation of Holocaust Survivors in New York), a non-profit organization.

As a living link they preserve the legacies and lessons of the Holocaust. Their mission is to educate diverse communities about the perils of intolerance, as well as provide a supportive forum for the descendants of survivors.

This free program is particularly timely and open to everyone. Please consider bringing students of middle and high school age, your friends and neighbors.

Siena College Recognizes Local Scholars from New Hartford

Siena College has lauded several New Hartford students who have been named to the college's president's and dean's lists for the fall 2021 semester. They include:

President's list: Louis Battista, Abigail Fletcher, Michael Garcia, Abigail Hall, Tyler Somerville.

Dean's list: Derek Smith, and Emma Snizek.



Hop Aboard the Adirondack Railroad's Easter Bunny Express Train

Hop on board the Easter Bunny Express April 15th and 16th and welcome Easter and the spring season! Travel round trip from the Holland Patent Station, along the base of the Adirondack Mountains, to the historic Remsen Depot. At the depot, hunt for Easter eggs and take a picture with the Easter Bunny.

This round trip lasts about an hour and a half. The depot will be open and concessions will be available. Ticket available online at <https://adirondackrr.com/utica/easter-bunny-express/>

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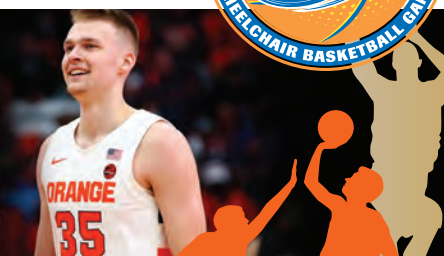
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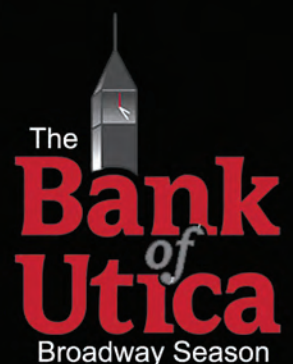
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NHPL Board of Trustees 2022 Meeting Schedule

The New Hartford Public Board of Trustees meets the 3rd Wednesday of each month at 4:30 pm at the New Hartford Public Library.

April 20, 2022

May 18, 2022

June 15, 2022

July 20, 2022

August 17, 2022

September 21, 2022

October 19, 2022

November 16, 2022

December 21, 2022

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Book Donations

Your book donations are greatly appreciated. As a reminder, we ask that you limit your donations to one box/bag at a time and that you deliver them to our Circulation Desk. Please do not leave donations in our hallway, drop boxes or outside our door when we are closed.

Community Room

Community Rooms will be available for groups and organizations to use. You can find more information on our website (<https://www.newhartfordpubliclibrary.org/reserve-a-room/>), by calling 315-733-1535, or by visiting our Circulation Desk at the Library.

Interested In Using Our Window Display?

The display case at the Library's main entrance is available without charge for community groups or individuals to display works of art, collections or educational displays. Exhibits must be in keeping with the Library's mission to meet the educational, cultural and recreational needs of the community. Exhibits may not be for entrepreneurial or commercial purposes, for the solicitation of business for profit or for fundraising. Religious proselytizing and partisan political recruitment are similarly prohibited. Applications for the case are on a first come, first served basis and are limited to one month, with displays also limited to one per year per individual, group or organization. Exhibits will be reviewed in advance before being displayed. Applications for use of the case are available at the Library's front desk. If you have any questions or are interested in using the display, please call the Library and ask to speak to our Display Case Coordinator, John. 315-733-1535

Wise words

What inspires you? Are there special words you live by? Is there a quote or a passage you share with others, guides your actions or helps you think about the future? In April we focus on "wise words," with the display case in the library's main entrance featuring some quotes or sayings that may inspire you, challenge the way you think or motivate you in these complicated times. The book rack near the entrance will offer books for children and adults on related topics, ranging from poetry to mindfulness to creative living.

Spring Into Fun at the New Hartford Public Library!

Moose Around with Science: Saturday April 9th

Join us at 11:00am in the Sammon Room with live science demonstrations for elementary school children (ages 7 - 12) put on by the Society of Physics Students of Utica University. Space is limited please call us at 315-733-1535 to register for this event.

Beat Boredom during Spring Recess:

Stop in the Sammon Room at 11:30-12:30 to beat your Spring Recess Boredom.

April 11th - Craft Maker Monday

April 12th - Jelly Bean STEAM Tuesday

April 14th - Kindness Rocks Thursday

April 15th - Ultimate Lego Friday

Egg Hunt at the Library: Monday April 18th

Hop on over with your baskets and join us for crafts, chalk, bubbles and our EGG-citing Egg hunt in the Library Garden! Fun takes place at 11am. Space is limited. Please call us at 315-733-1535 to register for this event.

In-Person Story Time

Tuesdays (group A) and Thursdays (group B) 10:30-11:00 for preschool aged children. Join us for stories and crafts. Aimed towards preschoolers – but all are welcome. An adult must accompany the child. All story times are held in the Children's Area/Corasanti room.

April 5th & 7th - Rainy Day Theme

April 12th & 14th - Egg Fun Theme

April 19th & 21st - Baby Chick Theme

April 26th & 28th - Speckled Frog Theme

Grab and Go Projects for Preschoolers

With the start of Preschool Story Time and Crafts now being offered in person, we will no longer be offering Grab and Go projects for this age group.

Grab & Go Project Bags for Kids Schedule

Kids Grab & Go Projects continue on the first Thursday of each month.

April 7th – DIY Seed Bombs for Earth Day

Call to reserve beginning at 10:00 on the day of that month's project, or come into the library to pick up.

Grab & Go Projects Adults Schedule

Adult Grab & Go Projects continue on the first Monday of each month.

April 4th – Miniature Umbrella Ornament

Call to reserve beginning at 10:00 on the day of that month's project, or come into the library to pick up.

Book Clubs

Are you in a book club or looking to start one? Many book clubs are meeting virtually during the pandemic. If your club needs to order books or if you are interested in starting a book club, please call the Library and ask to speak to our Book Club Coordinator, Tanya. 315-733-1535

Women (and Men) of Mystery on Zoom!

If you love reading mysteries or just want to know more about them, the New Hartford Public Library Women (and Men) of Mystery Book Group is for you. Join us (via Zoom) on Saturday, April 23 at 11:00 as Janet Hoover leads us on a discussion of authors whose works take place across the USA: Margaret Truman, Nevada Barr, and Tess Gerritsen. If you already enjoy these authors, if you are curious about them, or if you can never have too many mysteries on your to-be-read list, this class is for you. Call the New Hartford Public Library (315-733-1535) for the Zoom link.

Yoga for Seniors

Join Bill Skinner every Monday at 3:00pm for a Yoga program geared towards seniors! Please call the Library at 315-733-1535 to register for this in person class.

Need Some Tech Help?

Technology has played such a huge role in our lives this past year and a half. It also changes quickly. Are you feeling like you need some help with Zoom? Emails? Your Smart Phone? Apps? Audiobooks or eBooks? Something else? Our staff will gladly assist you. Feel free to drop in or call ahead to be sure that a staff member will be available to help you. 315-733-1535



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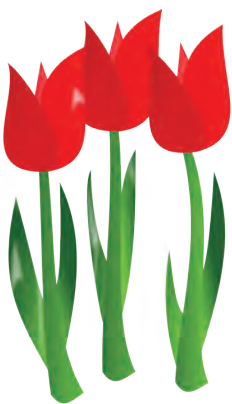
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Tribute to Walter Flansburg Celebration and a balloon launch at a gathering for Boxing World dignitaries & family in his honor. It occurred in Tampa, FL and was both memorable and befitting a man who was worthy of all of the accolades spoken by the many who attended.

First President & Founder of the Florida Boxing Hall of Fame Has Died

Submitted by, Philip B Geraci - Utica NY & New Port Richey, Fl

Walter (Butch) Flansburg, who was affiliated in various capacities in the world of boxing, will be returning to his final resting place where he grew up in Utica. Most people in the Utica area probably never heard of this gentleman who reached the top spot in the newly established FBHOF. Walter, Butch as friends referred to him, became well known as a photographer in the world of boxing. He worked extensively with the former prestigious National Boxing Association (NBA) and eventually became President of this Premier Group. Butch has been in the company of many former greats in the profession coordinating world class boxing events here and abroad.

Now, my connection and new friendship with this accomplished-humble man, well known to his peers, came about in 2007. I was attempting to get another former Utica NY Boxing great into the International Boxing Hall of Fame (IBHOF) - my Uncle Bushy Graham (Angelo Geraci) 1928 World Bantamweight Champion. By chance, Butch's cousin suggested I contact him in Florida for some possible guidance regarding IBHOF induction. I did and was thrilled to hear that Mr. Flansburg, the NBA President not only knew the name Bushy Graham, but was willing to meet with me to review the portfolio that I was about to present to the Canastota, NY IBHOF for his induction. Our first meeting left me elated and honored to have met this humble, knowledgeable boxing world icon.

Our friendship grew and over the next several months into the next year he worked tirelessly toward achieving a dream - launching the State of Florida



Boxing Hall of Fame. Finally, his dedicated tireless effort was realized. The FBHOF has become a symbol of distinction and recognition for many great boxers, accomplished boxing officials and other dignitaries who have supported the mission of the FBHOF- the brainchild of Walter (Butch) Flansburg.

The Invisible Multimillion Dollar Environmental Development

By: Oneida County Legislator, Caroline Gable Reale, District #15, New Hartford

When you drive past the new downtown Wynn Hospital, or the Nexus Center you can see the development happening in our community, but there is more happening in Oneida County than meets the eye. Below ground, far out of view, \$378 million is being spent on treatment of a vital resource, water.

With aging infrastructure across the country you will find the 50 largest cities in the US increasing their spending. Oneida County is no exception to this trend. I wanted to take a moment to shine a light on the expansion and upgrade projects that the county has undertaken since entering into an agreement with the State Department of Environmental Conservation to prevent future wet weather discharges into the Mohawk River, ultimately resulting in upgrading our sewer system.

In the spirit of Earth Day, let me break it down to the basics. Excess water from storms flows into the sanitary sewer system, overwhelming it, which causes floods and sewage overflows into basements, streets, and the Mohawk River. The Halloween flood of 2019 increasingly damaged our aging infrastructure, a fact many residents know all too well. We often think more about the water coming into our homes (that we pay a bill for) than the wastewater going out. Storm water, though not sewage, must be treated as such when it flows into our sanitary sewer system.

Wet weather discharges into the Mohawk River (from the Sauquoit Creek Pumping Station) is an issue

that Oneida County and the DEC have been working on for over a decade. These wet weather discharges are caused by excessive stormwater, including sump pumps and roof drains entering the sanitary sewers owned by the towns and villages within the Oneida Sewer District. Oneida County holds the permit that regulates discharges from its system to the Mohawk River. Similarly, it is the responsibility of each community to maintain and repair its sanitary sewers to eliminate the excessive stormwater.

A ripple effect of this grand investment, fixing our sanitary sewer system, is economic development. With these new upgrades, come increased wastewater treatment plant capacity within the Sewer District. For example, providing a state of the art sewer system allows new companies such as Wolfsped to expand to Oneida County. Expanding the Sewer District to sustain more new users can be compared to that of a club membership; as more members join to share the cost burden, the cost per individual membership goes down. Not every town in the county uses this collection and treatment system, but Town and Village of New Hartford does along with the City of Utica; the villages of New York Mills, Oriskany, Yorkville, Whitesboro, Clayville, and Holland Patent; and the Towns of Whitestown, Paris, Marcy and portions of Schuyler and Frankfort. So far 98 miles of sanitary sewer has been rehabilitated in the Sauquoit Creek service area, and the next steps are additional pipes in Yorkville and New Hartford.

The sewer rate for an average household in the Oneida County Sewer District is \$45 a month. How does this stack up against other New York Communities? Ithaca is on the high end at an average household cost of \$86, and Watertown the low end at \$25.

We are now a leader in the state when it comes to the food waste digester model, an environmentally friendly development on the wastewater treatment plant site. The technology of the digester allows us to move away from an incinerator model where we can produce electricity on site from food waste. That electricity is then used for both power and heating its very own buildings, all part of the project upgrades.

Completion of the construction projects at the wastewater treatment plant are expected next year, and our environment will be all the better because of it as long as every community is committed to properly maintaining its sanitary sewer system going forward. This investment will not only keep our water clean, but it will go a long way to keep our basements dry despite whatever storm mother nature throws our way next.

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Fitness Myths

Submitted by James LaFountain, All American Fitness Center

There are many, long-standing myths associated with diet and exercise. Here are just a few:

*I'm exercising, so I don't need to watch what I eat in order to lose weight. Experts suggest that diet is as much as 70% of the fat loss puzzle. Exercise will give you a bigger "fat burning engine" and make you feel better, but using it as the sole method for dropping those unwanted pounds is frustratingly slow and not the best way to go about it.

*Drastically reducing my caloric intake will produce long term weight loss. Although America's serving sizes have gone beyond normal, severely restrictive diets will NOT produce long term weight loss. Our body is too smart for that. It will simply slow down and go into conservation mode. A moderate reduction in serving size, combined with regular exercise will allow for long term fat loss and a return you to your "ideal" weight.

*Pre-teens or prepubescents should not be allowed to do resistance training. Several decades ago, it was believed that young men needed to reach "face shaving age" and women needed to menstruate in order to begin weight training and exercise in general. Recently, that position has changed. All that is needed is that a youngster needs to be able to positively respond to instruction. I have a six year old that is resistance training far better than some of the teenagers I work with.

*Doing a lot of abdominal work, i.e., excessive leg raises and sit-ups will give me a flat stomach. That is the misconception "spot reduction," which does NOT exist. That makes as much sense as me flexing and extending my index finger a thousand times a day, in order to reduce the tiny amount of fat that is stored in between those knuckles. What is needed is to moderately reduce the amount of food we ingest and exercise regularly. The end result: a smaller version of what currently exists, NOT a newly created super model.

*As a woman, I refuse to weight train because I will get too muscular. Women, by design, possess ample amounts of certain hormones, especially estrogen and very little testosterone. Procreation is the primary reason for this hormone configuration. Testosterone, combined with high intensity resistance work will produce muscular hypertrophy (size and strength). Women will develop a modest amount of muscular strength and some hypertrophy, but not to the level of men. A small percentage of women will, indeed pack on muscle, but the vast majority will not.

*Running is the only exercise that causes me to lose weight. As mentioned earlier, a prudent diet contributes more to long term weight loss than any

amount of exercise. In addition, our body does not distinguish what "mode" of exercise is being done. It only realizes it needs to increase its heart rate, in order to supply oxygenated blood to working muscles. This increased heart rate, revs up one's metabolism causing an increase in energy required to fuel whatever exercise is being done. Whether it's running, bicycling, swimming, walking or hiking, it matters little. Rhythmic movement, involving larger muscle groups, for an extended period of time (more than 20 minutes) will encourage fat burning.

Although these myths have been around for a long time, they need to be put to rest.



Pictured is Syracuse Men's Basketball standout Buddy Boeheim, who will headline the 18th Annual Sitrin Celebrity Classic Wheelchair Basketball game on April 28.

Sitrin Wheelchair Basketball Game Promises Buckets of Fun - Buddy Boeheim to Headline Fundraiser

After a two-year hiatus, local celebrities will take to the court to face-off in wheelchairs against Sitrin's STARS athletes in the 18th Annual Celebrity Classic Wheelchair Basketball game on Thursday, April 28, 2022 at 6:30 p.m., in the Utica University Clark Athletic Center.

Showcasing this year's celebrity lineup is Syracuse Men's Basketball star, Buddy Boeheim, one of the country's most prolific 3-point shooters, and son of Coach Jim Boeheim. The team's roster continues with Olympic Bronze Medalist Erin Hamlin, Senator Joseph Griffo, Assemblywoman Marianne Buttenschon, Oneida County Executive Anthony Picente, Mayor of Utica Robert Palmieri, Oneida County Sheriff Robert Maciol, Vice President & General Manager of WKTV News Channel 2 Steve McMurray, Producer and Co-Ancor of WKTV News Channel 2 Kristen Copeland, and Symeon's Restaurant owner Symeon Tsoupelis, Jr.

Also representing the celebrity roster are radio personalities "Big Poppa," MIX 102.5; Kaylin Broadwell, Lite 98.7; Bill Keeler and Jim Rondenelli, WIBX AM950; and Polly Wogg and Carl Neff, Big Frog 104.

Returning to defend their 18-year winning streak are STARS athletes Hermin Garic, elite road racer and the first Oneida County resident to win the Boilermaker 15K; Kevin Burnside, gold medal winner in 2K Nordic

sprint and 6K biathlon at the 2022 Empire State Winter Games; Jimmy "Jam" Joseph, three-time Paralympian; Tammy Delano, Paralympian; as well as Vincent Bevivino, Thomas Dane, Devon Henry, Jacob Moore, Oniel Nunes, Mike Olsen, Lawrenso Williams, and Abigail VanPatten.

"We expect an unprecedented turnout for this event," Marc DePerno, director of the STARS program, said. "Our STARS athletes and celebrity players are eager to get back onto the court for yet another rematch, and Buddy Boeheim fans are excited to see him play."

Proceeds from this event will benefit the Sitrin STARS program, which provides opportunities for individuals with physical disabilities to participate in a variety of adaptive sports including wheelchair curling, road racing, target shooting, paddling, and biathlon, in addition to wheelchair basketball. Sitrin STARS athletes have competed on the international and Paralympic level, and have represented the United States throughout the world.

"We're grateful to Fust Charles Chambers LLP for returning as Presenting Sponsor for the seventh consecutive year, and thank all of our sponsors, many of whom have supported this event as far back as its inception 18 years ago," DePerno added.

Additional sponsors are WKTV News Channel 2; Baird Private Wealth Management The Earl Savery Group; Mohawk Healthcare; The Hartford; Human Technologies Corporation; Allied American Abstract Corporation; Empire Recycling Fund; Events Forum, Inc.; The Fountainhead Group; Meyda Lighting; NYE Volkswagen of Rome; Poncell Construction Co.; Inc.; Valley Gymnastics, Inc.; Benefit Services Group; Michael Bonacci General Contractor;

Paradigm Consulting, Inc.; Superior Plus Energy Services, Inc., Felice Family Fund; M&R Heating & Air Conditioning, Inc.; and Anjolen Inc.

One fan will have a chance to compete against Buddy Boeheim in a three-point competition during half-time. There will also be a silent auction of sports memorabilia, a 50/50 raffle, and autographs during the second half of the game.

Tickets are \$10 for adults 18 years of age and older, and \$5 for students of any age. Children under five years old are free. Tickets can be purchased at the door or in advance on Sitrin's website: <https://www.sitrin.com/celebrityclassic>.

Snacks and refreshments will be available for purchase. Doors open at 6 p.m.

For more information about the Celebrity Classic Wheelchair Basketball Game, or the Sitrin STARS program, contact DePerno at (315) 737-2459 or mdeperno@sitrin.com.

ABOUT SITRIN: Sitrin provides a variety of services for people of all ages and abilities, including comprehensive medical rehabilitation (inpatient and outpatient), long-term care, assisted living and enriched housing (Cedarbrook), NeuroCare, residential care for people with intellectual disabilities and medically complex conditions, medical and social model adult day health care (OPAL Program), military rehabilitation, adaptive sports (STARS Program), a Wellness and Aquatic Center, orthopedic injury program, concussion management, child care, and dental clinic. Sitrin is a not-for-profit corporation.

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VILLAGE OF NEW HARTFORD - CURBSIDE JUNK COLLECTION

The following information pertains to VILLAGE OF NEW HARTFORD residents only and does not include the TOWN OF NEW HARTFORD.

For more detailed information refer to your Village Municipal Collection Flyer or call 315-724-0379 (DPW Garage) or 315-732-1147 (Village Office).

The VILLAGE of New Hartford will have a curbside junk pick-up on May 9, 2022. Materials must be at the curb by 6:00 a.m. on May 9th and sorted into separate piles as listed below:

- Please note anything longer than 8' feet will NOT be collected.
- Collection limits for categories #1) Household Junk and #2) Sanitary Waste are each limited to a pile not to exceed 4' wide 8' long and 3' high.

- 1) Household Junk: Lumber bundled, piled parallel with the roadway, roofing and plaster in containers weighing 60 lbs. or less, furniture without fabric, porcelain sinks and toilets, and storm windows.
- 2) Sanitary Waste: clothes, bedding, stuffed furniture, hardcover books, empty paint cans with lids removed, and toys.
- 3) Metal: major appliances and metal products.
- 4) Tires: tires must be off rims and no larger than 16". No large truck or tractor tires.

The DPW will NOT accept:

- 1) Recyclable materials, lumber exceeding the limit stated above, and shingles not contained. For construction and demolition projects, please contact the Village DPW or a private waste hauler to make arrangements for a dumpster.
- 2) Propane cylinders and liquids, such as paints, thinners, waste oil, herbicides, and pesticides may be disposed of at the Oneida Herkimer County drop site per their collection schedule. For more information, call 315-733-1224.
- 3) Automotive Batteries - due to employee and environmental hazards, batteries may be returned to a redemption or recycling facility.

Your cooperation with sorting materials and observing these guidelines helps reduce costs and insures the continuation of this program.

VILLAGE OF NEW HARTFORD WEEKLY GREEN WASTE AND LEAF COLLECTION SERVICE

Leaves, grass clippings, and brush will be collected every Wednesday from May through September. During this time, brush must be bundled, and leaves, grass, and trimmings must be contained in reusable cans.

From October 1st through November 15th leaves will be collected loose at the curb once weekly. Please keep leaves separate from brush pile.

- Plastic bags used for leaves and green waste will not be collected.
- Limbs must be under 12" in diameter and less than 6' long for collection.
- Please do not pile material in the roadway.

Compost is available free of charge while supplies last and can be picked up outside the Village hardfill dump located at the end of Graham Ave. Bring a shovel and containers.

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Judge Joan Shkane

This is a continuing discussion of Legal Myths and Reality, because those informed are always the most successful.

Please note: Senator Sam Ervin, chair of the Senate Select Committee on Watergate in the preface to their report pointed out that the law is not self-executing. It must be executed by humans. And therefore, it must not be in the hands of those who are not faithful to it.

MYTH: The Legislature carefully scrutinizes all laws before they are passed into law by the Legislature.

REALITY: This is generally true, but nothing and no-one is perfect, and sometimes loopholes happen that no-one predicted. And just because a law is passed permitting a particular kind of lawsuit, this does not mean that everyone can have easy access to the courts to litigate the lawsuit. One example is the Child Victims Act that was passed three years ago. The goal of the law is to permit a survivor of child sexual abuse to sue the persons or organizations claimed to be responsible for the abuse. The victim can sue up to his/her age of 55 years. For those who were abused in the recent past, they can sue regardless of their age if the abuse happened within one year ago, extended a bit because of COVID.

Despite the good will of the Legislature, what actually happened in the real world is that some victims could not find a lawyer to represent them. Lawsuits of this sort are too complex to be handled by a lay person without a lawyer, and sometimes even filing fees can be too expensive for a victim. There are no "pro bono" lawyers for this type of case, that is, lawyers who will take the cases as a professional obligation, without expecting to be paid. Paid lawyers who will handle this type of case typically take the case on a contingency. That means that the lawyer must succeed in getting a money judgment or settlement and may then be paid, usually one third of the amount received. This can be a good system if a victim has no money to sue. If no money passes hands in the contingency fee arrangement, then all the lawyers' work is free, and the lawyer will not be paid, or even reimbursed for expenses. This means that if the abuser is a rich person or organization, and there may likely be a judgment or settlement amount, then the victim can quite easily find a lawyer to bring the lawsuit. If the defendant is not rich, and lawyers cannot work for nothing generally, they will not represent the victim while remaining unpaid. The victim remains without justice, and the perpetrator gets off. It's just a fact of our legal system.

The New York State Legislature is beginning to recognize this loophole. Advocates of repairing the loophole are urging the Assembly, Senate and Governor to pass the Adult Survivors Act. This law would create a victims' compensation fund so that each victim would have the ability to interest a lawyer in taking the case, with guaranteed payment on success.

The payment would come from the fund, and not from an abuser with no money or assets, so the financial status of the abuser is not an issue. The proposed bill also would require those lawyers who take a case of this sort against a wealthy abuser on a contingency fee basis to also take cases free of charge. This will take into account the large fees some lawyers earn when the perpetrator is rich. It would require that these lawyers give back some of their time and work to the system and victims for free. A similar bill was urged in 2018, but did not make it through the Legislature.

MYTH: Our freedom of speech right is slowly being taken apart.

REALITY: Last year a man shouted terrible, ugly words at a New York City police officer-. The judge handling the case described the words as diatribes, and racist, hateful and obscene. Even the defendant's lawyer said that the words the defendant used were extraordinarily offensive language.

The police officer, who was Asian, sued. His lawyer said that the Asian community has been facing unprecedented attacks, which are hate crimes. He pointed out that hate makes more hate, and that hate speech brings violence.

Nevertheless, the Manhattan judge handling the case dismissed the police officer's lawsuit. His reasoning was that the conduct should be condemned and has no place in a civil society. He further said that hate speech alone, without an act, is free speech protected under the First Amendment of the U.S. Constitution, and cannot be eroded. He suggested that the officer could ask another higher court or the legislature to carve out an exception to the First Amendment that would prohibit hate speech. In order to do so through the court system, the officer is appealing the decision to a higher court. The man, in the meantime, continues his racist remarks, without following the speech with action. Yet.

MYTH: Insurance companies can pick and choose whether they will offer homeowner insurance to owners of certain breeds of dog.

REALITY: Insurance companies typically set their rates for insurance on the type and number of risks they will be covering, and for which they may be potentially paying out. If the risk is less, then the fees will be less. If the risk is more, then the fees will be more.

The New York State Legislature recently passed a law that would not permit insurance companies to refuse to insure a homeowner who shelters certain dog breeds. They also may not now raise the insurance premium because of certain breeds living in the household. The most common such breeds are the German shepherd, Doberman pinscher and the pit bull, which have all gained a reputation for being aggressive. Some of this reputation may have been spread by outsized media coverage of attacks. If a chihuahua dog bites, it is rarely, if ever, publicized.

Advocates for the law say that a dog is dangerous because of an irresponsible owner, and the fault is on the humans. The Mohawk Hudson Humane Society said that there is no proof of the truth of the allegation that no one breed is more dangerous than any other, and that this is the biggest myth going in a culture of many myths.

Humane societies across the State said that such expensive discrimination against certain breeds precludes people from adopting and sheltering these breeds, regardless of the truth. Wonderful dogs of these breeds languish in shelters, and sometimes never find homes. The fear is that one's homeowner insurance

rates may go up out of fear that the dog will bite or maul, even is the dog sheltered is the kindest and best trained animal. They say that if a dog is dangerous, it is because of behavior that is learned and not inherited. Pit bulls, in particular, are actually known to be affectionate and great with children, contrary to the myth about the breed. In addition, a dog's actual breed cannot be determined without dna testing.

Those who argue for the insurance companies said that the companies are a for-profit business and that if they cannot restrict the type of breed they are being asked to insure against, they should not have to pay out in the event the dog causes injury.

Attention to legal myths is not wrong. It can be a starting point for developing an interest in the law. However, if specific legal issues are important in your life, for instance, regarding custody of children or money payable for any reason, it is wise to consult a lawyer who can advise you on the truth of legal myths. This discussion is not intended to render legal advice on specific cases or to express an opinion on any specific case.



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Mohawk Valley RPEA Spring Meeting

The Mohawk Valley RPEA will be having their Spring Meeting at Vernon Downs on Thursday, April 14th at 9am. There will be a presentation by the Honorable Joan E. Shkane, entitled 'An American Icon: Norman Rockwell'. A breakfast buffet including fruit, muffins, pastries, yogurt, eggs, western frittata, French toast, bacon, sausage, breakfast potatoes, juice, coffee, tea will be provided. The cost is \$16.50 per person. Please call Elaine Dziadyk at 315-735-7228 to reserve your spot.



Sophia O'Neill



Moolah Bu

LWV Students Inside Albany Conference

Students Inside Albany is an interactive conference that brings together high school students from across New York to learn about State government and how citizens can participate in policy making. Students will observe Assembly and Senate sessions and shadow their Assembly Members and Senators as they participate in discussions about the operations of NYS government. The Utica/Rome chapter of the League of Women Voters has selected two students to participate in this year's program.

Sophia O'Neill is a student at New Hartford Senior High School. Among her school activities, she is the president of Students for Justice and Equality, and is

also active in Ecology Club, Mock Trial Club, and Prism Club (for LGBTQ+ students and allies). She participates in basketball and track, and is a volunteer at St. John the Evangelist Church. She received the 2021 YWCA Outstanding Youth award. Sophia's counselor describes her as a person who "embraces leadership, confident yet humble, guided by her values of excellence, compassion and inclusiveness." Sophia has a strong desire to observe government in action, and has plans for a career in law and politics.

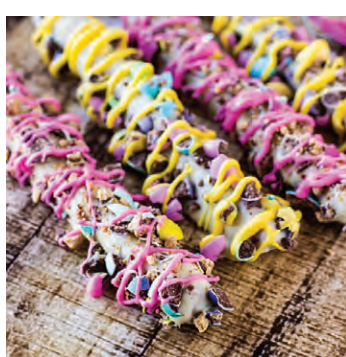
Moolah Bu is a student at Proctor High School. She has participated in the Midtown Utica Community Center's Youth Employment Program for the past two years, helping with a variety of volunteer efforts that enhance the lives of Utica's multi-cultural refugee population. Among these activities, she has helped with trash pickup, gift wrap projects, and a charity fashion show. During the Covid pandemic, she helped advertise and provide interpretation assistance for the vaccination process. The MUCC Program Director describes Moolah as "a conscientious young lady who takes her commitments seriously, with an ability to self-motivate and go above and beyond when completing tasks." Her hobbies include art, fashion, crochet, and animal rescue. Moolah is interested in a career in the health field with particular attention to the issues of sex trafficking and abuse.



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Give Back to Utica Essay Contest Open to High School Juniors and Seniors

The Community Foundation of Herkimer and Oneida Counties is pleased to announce that its Give Back to Utica Fund has launched its annual essay contest for local high school juniors and seniors living in Herkimer or Oneida counties. Each year, the fund holds the essay contest where the winner receives a paid, full-time summer internship at the Utica Public Library.

The student intern will have the opportunity to see how the modern public library functions as a vital community organization. The internship will also allow the student to learn about the wide array of activities that take place in the library, and the variety of skills library personnel employ in business management, human services, retail, entertainment, and education.

This exciting opportunity for local students is made possible by the Give Back to Utica Fund, a donor-advised fund of the Community Foundation, that

was established in 2007 by former Utica resident Steven H. Oram, of Washington, D.C. Students are asked to submit an essay sharing how growing up in the Utica area has shaped their lives and their vision for what Utica can be and how they can be a part of it. The essay must be 1,500 words in length and may be submitted by email or on the Community Foundation website by Friday, May 6, 2022. Visit foundationhoc.org/gbtu for more information.



The Sprinkle Happy Bake and Decorate Competition
with proceeds to benefit Make-A-Wish Central New York
Yahnundasis Golf Club, 8639 Seneca Turnpike
Sunday, April 24, 2022

Join us on Sunday, April 24 to see our communities amazing bakers and decorators! Our categories include cupcakes, cakes and cookies.

Event is open to the public from 2pm-5pm. Public entry fee to attend the event is \$5 per person. Age 2 and under free. Tickets available in advance through EventBrite or at the door on the day of the event with the EventBrite app or cash. On the EventBrite site search Sprinkle Happy.

Additional questions? Email: sprinklehappy@icloud.com

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Sangertown Square is excited to welcome the Easter Bunny back to his bunny patch in Center Court on Friday, April 1st at 11am! Families are invited to get their picture taken with the Easter Bunny April 1st - April 16th.
Hours are Monday - Saturday 11am - 7pm; Sunday 12pm - 5pm.



The Easter Bunny will host a sensory friendly event on April 3rd from 9:30am – 10:30am at his Bunny Patch in Center Court of Sangertown Square. People within every spectrum of special needs and their families are invited to this private photo session to experience this time-honored tradition of a visit with the Easter Bunny.

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NEW HARTFORD PAST TIMES

April 2022

NEW HARTFORD HISTORICAL SOCIETY

New Hartford Eagle Scouts make History!

In December 1973, 63 years after the beginning of the Boy Scouts, 12 Scouts from New Hartford Troop 88 made history when they earned the rank of Eagle Scout together. Eagle Scout is the highest award/rank that a Scout can earn. The first Eagle Scout was awarded in 1912 to a young man from Long Island NY. In 1973 there were approximately 2.4 million Scouts across the country and only 1.96% (46,966) attained the rank of Eagle Scout.

The below pictures are of the newspaper articles that commemorated the achievement and the understandable fanfare that went along with the accomplishment. Our own, Treasurer Ray Philo (retired Chief of Police), was among the 12. He corrected the names under the recipients as they were unfortunately mislabeled in the paper.



A STREET OF EAGLES—Genesee Street in front of Butler Hall in New Hartford was renamed to Eagle Street for the day yesterday in honor of 12 scouts from Troop 88 New Hartford Methodist Church who received the Eagle Badge, the highest award in scouting, last night. This is the largest number of Eagle Scouts to be elevated at one time in the Mohawk Council. Helping to change the sign are, from left, John J. Schillo, scoutmaster; New Hartford Mayor Norton C. Stanton and Eagle Scout Rand Cushman, senior patrol leader.



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NEW HARTFORD — Yesterday was "Eagle Day" in the village—Genesee Street was re-named Eagle Street for the day—and 12 Boy Scouts of Troop 88 of the New Hartford Methodist Church made scouting history.

They became Eagle Scouts.

Upper Mohawk Council officials said they believed it was the largest number of scouts to attain the rank at the same time.

Rep. Donald R. Mitchell was on hand for the ceremonies last night in the church. And a Court of Honor comprised of 23 former scouts who had attained the rank provided the honor guard.

One of those who reached it under the guidance of Scoutmaster John J. "Jerry" Schillo, is a West Point graduate.

Cadet Troop 44, Troop 88's sister troop, provided the refreshments.

The honored 12 included:

Michael Butts, son of Mr. and Mrs. Ronald Butts, 52 Oxford Road; Rand Cushman, son of Mr. and Mrs. Arnold Cushman, 10 Gary Ave.; Philip Eastman, son of Mr. and Mrs. Philip Eastman, Beechwood Road; Paul McEnroe, son of Mr. and Mrs. John McEnroe, Bohling Road; Joseph McHarris, son of Mr. and Mrs. Irwin Montany of Prospect; Peter Nolan, son of Mr. and Mrs. David Nolan, 20 Bolton Road.

Raymond Philo, son of Mr. and Mrs. Raymond Philo, Oxford Road; David Rhodes, son of Mr. and Mrs. Kenneth Rhodes, 41 Paris Rd.; Donald Saul, son of Mr. and Mrs. Charles Saul, 22 Barley Mow Run; Paul Wentworth, son of Mr. and Mrs. Harold Wentworth, 9 Wedgewood Road, and Andrew Zogby, son of Dr. and Mrs. Richard Zogby, Canterbury Road.

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Have you always wanted to knit, but never thought you'd be able to learn? Are you looking for the perfect homemade craft perfect for spring? Come to View on Saturday, April 2nd from 12 - 2 PM, for our Beginner Knitting class, where you can make your very own stuffed bunny.

Knitting may seem like a daunting skill to learn, but in this two-hour class, you will learn the basics needed to call yourself a knitter. This crash course will teach how to Cast On, form a Reverse Stockinette Stitch, as well as how to stitch together your knitted material. Before you know it, you'll have created your very own knitted bunny, just in time for spring! While this class is for beginners, all skill levels are welcomed to join in on the fun!

Cost of admission is \$25 for members and \$35 for non-members. Students will need to bring yarn of their choice (12ply or "bulky yarn") and knitting needles (size 6-8 is recommended for yarn size).

For more information and to register, visit ViewArts.org/workshops or call 315-369-6411 ext. 210. Registration ends April 1st or when the class sells out. View is located at 3273 State Route 28 in Old Forge, New York. To learn more about View's programming, visit ViewArts.org.



Fair Trade Shop

Our Royal Blue Bunny Box from India is a decorative paper-mache box made with recycled paper elaborately hand painted using traditional Kashmiri techniques, perfect for storing small treasures or gifts. Our Pastel Quilled Egg Set from Vietnam is remarkable in detail and craftsmanship and is covered with dozens of individually coiled paper detail in beautiful colors and patterns. Each set includes three eggs. These and many, many more unique handcrafted gift items from 38 different countries can be found at our Fair Trade Shop, Stone Presbyterian Church, 8 So. Park Row, Clinton. Our hours are 10am to 4pm Every Thursday and Second Saturday. Purchasing fair trade items ensures artisans and small farmers fair wages and healthy working conditions, providing dignity, sustainable development and hope to marginalized people. Let us be your go-to gift shop!

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Purchase a hanging flower basket to benefit Hospice & Palliative Care.

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Mother's Day is May 8th, so make plans now to buy a voucher for a beautiful hanging basket for your mother, grandmother, daughter, friend, babysitter, co-worker etc.

Memorial Day is May 30th, and it is also a wonderful time to honor Veterans, loved ones and enhance our homes with beautiful flowers.

The Details

Ways to Purchase a Voucher:

- Complete an order form and mail to Hospice & Palliative Care
- Purchase a voucher online at <https://hospicecareinc.org/upcoming-events/>
- Purchase a voucher over the phone at (315) 735-6484, Monday-Friday, 8:00 am to 4:00 pm
- Order by April 15th to receive your vouchers by Mother's Day. After April 15th, vouchers will be mailed as orders are received.

To Redeem your Voucher:

- Your voucher(s) will be mailed to you.
- You can redeem your voucher(s) from May 1-31, 2022 at:
River Road Farm and Greenhouses, 9186 River Road (Route 49), Marcy, (315) 736-3252
Hours: M-F 8:00 a.m. to 6:00 p.m., Sat 8:00 a.m. to 4:00 p.m. and Sun 8:00 a.m. to 3:00 p.m.

"Where flowers bloom, so does hope." -Lady Bird Johnson

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Richard Sherman

New Hartford Highway News

*submitted by NH Highway Superintendent,
Richard Sherman*

The 2022 Season Dumpster – Drop-Off Collection Schedule is complete. This year's schedule will be mailed to every constituent and home address. It will not be in the April Town Crier, like in the past. Remember our program this spring is expected to begin April 4th and end September 30th. For pickup items for the Highway Garage, you need to purchase tags for the Highway Crew to pick up those items at your home. Remember if you want items picked up you must see the Town Clerk and purchase a tag

by the last Friday of the month. The cost will remain the same as last year, \$5.00 per item. The Town Clerk's Office is open Monday-Friday 8:00am to 4:00pm. Additionally, we will have the dumpster drop off along with the tag pick up for the months of April, May, July, August, and September. The regular drop off is still every Monday 6:30 -2:00.

We are offering FREE compost and wood chips from April through November.

The Highway Department is asking every residence to PLEASE use containers (garbage cans) for the brush (branches) etc. and green waste so that the container can be dumped in the compactor. The larger tree limbs can be 6" in diameter and 6-8' in length. Place the limbs in a neat pile at the edge of the roadway. If you have a

fallen tree, that is larger, call the Highway Department to schedule an appointment and we will stop by with the chipper and chip the larger limbs. The new brush trucks have a boom with a grabble on the end of the boom for picking up brush. Please do not put out any rocks, metal, or any kind of objects in the brush and green waste piles or they will not be picked up.

The LED Street light contractor has 270 street lights switched over. Over the next few weeks they will finish with the housing developments and move on to the State Highways 5,8,12, &840. The last phase of implementation will be the decorative lighting in the developments.

Storm water projects are moving forward and as soon as the weather permits. The contractor will be starting on the Oneida Street box culverts. The contractor on the Mud Creek project has been clearing debris and getting ready to move earth. Your Town Highway Crew will be back to finish up the Foxcroft detention pond and haul dirt away from that stormwater detention basin and move it to our Mud Creek Dam Project on Middle Settlement. This will save Town taxpayers thousands by re-utilizing that dirt fill taken from one project and used at another. Our two winter shifts (days & nights) will end on March 27th and we will again start our regular day shift on March 28th. The spring cleaning will begin on that day with street sweeping along with cleaning of the sidewalks, and the brush trucks will start on April 4th.

Finally, please don't hesitate to email anytime with questions or issues at rsherman@town.new-hartford.ny.us or my cell at 315-534-2998.

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NH Fire Dept. News

Your New Hartford Volunteer Fire Department responded to 88 calls during the month of February 2022. The monthly call report is listed below by category.

Fires = 1
EMS = 49
Hazardous = 5
Service Type = 12
Good Intent = 8
Other Alarms = 12
Weather Related = 0
Other = 0

Total Calls for the Month of February 2022 = 88.

Of the 88 calls, 75 were in the town and 13 were in the village.

This brings the total calls year to date to 213.



Some of the calls listed above - such as Fires, EMS, and Hazardous - are self-explanatory. Others such as Service, Good Intent and Other Alarms are not. Service Calls includes water or animal problems, public assistance or standbys. Good Intent refers to responding but did not find anything or canceled in route. Other alarms include explosions, carbon monoxide, smoke or sprinkler detector activations.

The figures above do not include other activities by members of the department such as Fire Prevention details, training, parades, Open House and other various department committee meetings that take place throughout the year.

The New Hartford Volunteer Fire Department will participate in this year's 2022 RECRUIT NY

Open House program designed to introduce potential new members to the fire service. Not only will RecruitNY be an opportunity to highlight the rewards and responsibilities that come with being a volunteer firefighter, it will also raise public awareness about the need for volunteers.

The NHFD Open House will be held on Saturday, April 23, 2022 from 10AM to 2PM at the fire station.

New Hartford has participated in this annual program which began in 2011, except for the two years that were discontinued due to COVID-19.

Over 600 departments from every county across New York State participate in this program each year. According to a recent FASNY (Firemen's Association of New York) report "this program has increased the volunteer ranks by more than 25,000 this decade."

"Our program at the New Hartford Fire Department is designed to educate potential members on what it takes to be a volunteer firefighter in our community. This is an excellent opportunity for people to meet their local volunteer firefighters and learn a bit more about the fire service.

Volunteer firefighters are everyday heroes who dedicate their spare time to helping people in their times of need. We are always looking for new members that have the time and passion to learn new skills and be part of the NHFD team. It is our hope that after

seeing the incredible camaraderie of the firehouse up close, more people will be interested in becoming a part of our very special family," stated Captain Jeremy Spinella.

There will be station tours, apparatus and equipment displays, CPR and AED information, hands on demonstrations and fire extinguisher training.

Throughout the day, NHFD members will conduct tours of the station and firefighter apparatus, allow visitors to try on firefighter gear, and provide activities and fascinating informational opportunities throughout the firehouse for visitors. The fire department will discuss the requirements to be a volunteer as well as conduct demonstrations, answer questions, and let visitors know how to get involved in the fire departments. This program affords us the opportunity to show our community what we do and what we have to offer. The past several years have been challenging for volunteer fire departments across New York State, as many are struggling with decreased membership and increased call volume. Like most volunteer fire departments, we need to bolster its ranks so it can continue to provide the optimum and necessary level of protection for its residents.

The department is planning a Chicken Barbecue as part of Saturday's program. A drive through lane will be available as dinners will be take-out only. The barbecue will be available from 11 am until gone. The cost of the dinner is \$ 12.00 and includes, coleslaw, potatoes, roll and of course the chicken. All proceeds will assist the fire prevention committee and the department in purchasing updated equipment and educational needs.

Over the years, FASNY has worked exceptionally hard to build and deploy a multi-tiered plan for helping New York State's 1,700-plus volunteer fire departments recruit more than 25,000 new volunteer firefighters across the state by utilizing federal SAFER grant funds for programs including the "Fire in You" advertising campaign, FASNY HELP community college tuition reimbursement program and recruitment training classes.

Established in 2011, RecruitNY is a joint undertaking by the Firemen's Association of the State of New York (FASNY), the New York State Association of Fire Chiefs (NYSAFC), Association of Fire Districts of New York State, Volunteer Fire Police Association of the State of New York, and County Fire Coordinators Association of the State of New York.

For area residents looking for more information please visit www.recruitny.org or www.nhfd.com.

Thank You from the New Hartford Volunteer Fire Department Benevolent Association

The New Hartford Volunteer Fire Department Benevolent Association would like to thank all residents and businesses for their generous contributions to our 2021 annual fund drive. Your generosity during these uncertain times has been very much appreciated.

Each year, the Benevolent Association distributes a letter to the residences and businesses of the New Hartford Fire Department fire district, requesting a contribution to assist in our finances. As a reminder, and safety concern, the New Hartford Volunteer Fire Department never uses telephone solicitation for funding!

Your donations are utilized to host a variety of events throughout the year and to provide for the purchase of specialized emergency equipment. Last year, some events needed to be cancelled in the interest of safety, due to Covid. However, this year we plan to continue with the many events the community looks forward to. We anticipate hosting our Memorial Day parade and open house, Firetruck Spectacular, various Fire Prevention events, Halloween children's parade and costume judging, Christmas decorations and various other events.

Your New Hartford Fire Department is 100% Volunteer. These proud, dedicated men and women volunteer thousands of hours to the community.

COVID-19 definitely altered our normal operation, however, our extremely dedicated personnel have continued to respond to alarms, calls for assistance, and training. We continue to be "ever ready" to respond!

1,284 calls for service were answered by your volunteers in 2021.

Again, we sincerely thank the many businesses and residents who have contributed to our 2021 Fund Drive. We also want to thank you for the many notes of thanks and appreciation included in your returns.

We anticipate sending our 2022 mailing in May. We thank you for your continued support, and above all, Stay Safe!

Sincerely,
The dedicated members of the New Hartford Volunteer Fire Department

SAVE THE DATE

NEW HARTFORD MEMORIAL DAY PARADE & NHFD OPEN HOUSE

Monday, May 30, 2022

Starting at 7:00 PM

Sponsored By:

The New Hartford Volunteer Fire Department, The Village of New Hartford

The New Hartford Chamber of Commerce and Richard Sherman, Highway Superintendent



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WATER DAMAGE....
FROZEN AND BURST PIPES!

Of all the disasters that can happen in your home, there is none worse and more difficult to deal with than a pipe that has burst in your home or business. The extreme cold of winter often brings extreme problems to North East homeowners and businesses. The worst of these is a frozen pipe that bursts and the water damage clean up that follows. When the cold temperatures don't rise above freezing for weeks on end, broken or frozen pipes lead to severe water damage from flooding.

A frozen pipe generally occurs to plumbing that is not in a heated space or in an area that is not supplied with proper heat when winter temperatures fall below freezing. A malfunctioning furnace, while the homeowner is away, is another likely cause of a frozen pipe. When exposed to below freezing temperatures the water turns into ice and the pipe expands until it breaks a small slit into the copper or separates the soldered joint.

Pipes that freeze first are usually located near outside walls that are exposed to the colder temperatures rather than pipes located throughout the middle of the structure. Some examples include outdoor hose bibbs, pool lines, outdoor and indoor sprinkler systems, and other supply lines located in attics, basements, crawl spaces, garages, etc. Pipes in attics, crawl spaces & unheated rooms are particularly susceptible to freezing.

Usually, a frozen pipe is not often obvious because the break can be behind walls, in ceilings or in a crawl space leading into the home. The flooding usually is caught much later after damage has been done. An uncontrolled water leak from a broken pipe creates extensive flooding and water damage of carpeting, drywall, baseboards, and furniture and depending on the location of the break can also damage the heating and electrical systems in your home.

Do I need a water mitigation company and what does a water mitigation company do?

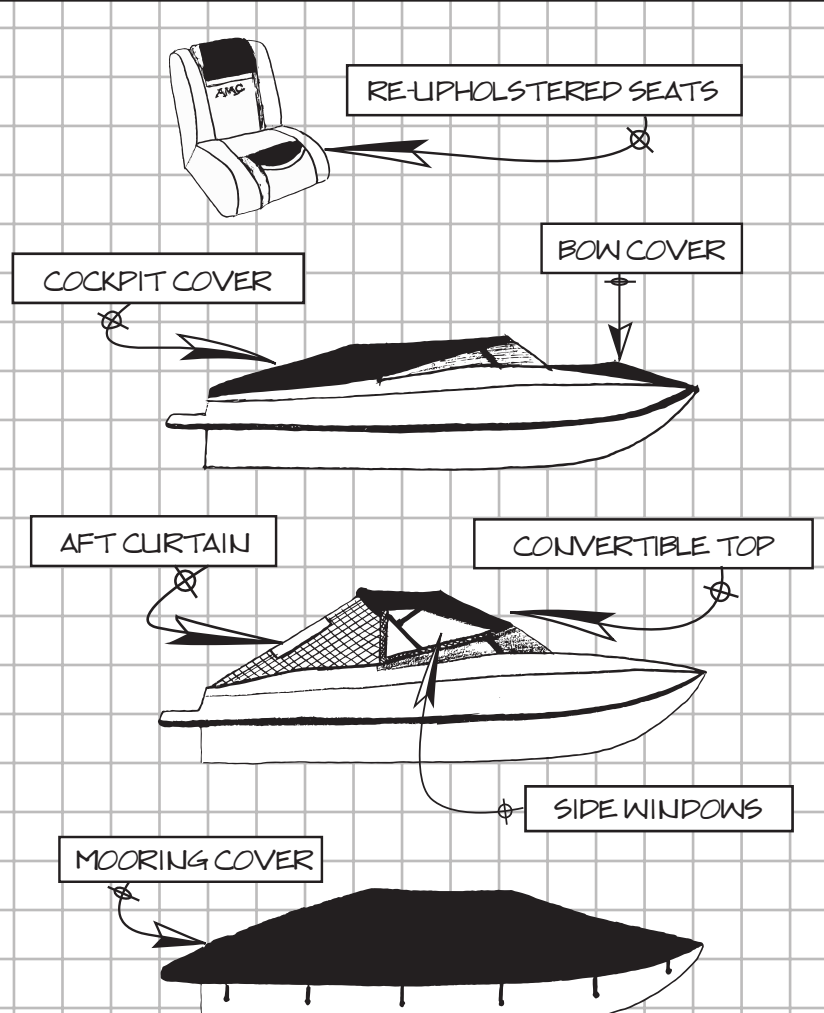

The purpose of water mitigation is to prevent further damage in a water damage scenario. Disaster Services will determine the extent of water travel, evaluate and remove, if necessary any affected structural materials, like drywall and flooring. If left unaddressed, wet flooring and drywall can rapidly lead to major problems, like structural weakening and mold growth. We will also determine the proper type and amount of drying equipment necessary to dry the structure back to a pre loss condition. Disaster Services will make sure you get the help you need when you need it most. Customers should get clear answers to their questions about services and procedures. Trusted companies will provide detailed information about the services they provide and how they are performed.


Choose a Water Damage Restoration Company that Can Do the Following:

- Can offer a full line of services from water damage mitigation to mold remediation so that the home owner will be working with a single company.
- Responsive – when it's an emergency, you need help immediately.
- Has Reputable Local References.
- Is fully insured for water mitigation and mold remediation services.
- Offers a Detailed Plan for Damage Repairs.
- Knows How to Navigate the Insurance Claims Process with You.
- Uses the Latest State-of-the-Art Equipment and Techniques.
- Treats You, Your Home and Its Contents with Respect.
- Choosing The Right Mold Remediation Team:

Choose your contractor very carefully. All details and choices along with NYS guidelines, requirements and laws should be thoroughly explained to the homeowner. The contractor must be a NYS licensed mold remediation contractor and carry the required pollution insurance along with general liability and compensation coverage. The contractor should be able to guide the homeowner as the best work plan considering NYS law and expense to the homeowner. Disaster Services can meet and exceed all of these requirements and our work is 100% guaranteed.

We at Disaster Services have been serving Oneida County and the surrounding area for the past 36 years and we set the bar for our competitors. We are capable of handling any size residential or commercial flood or fire emergency and are able to service all phases of the job so that the homeowner need not worry about contacting multiple contractors for any additional trades that may be required. Disaster Services offers thermal imaging along with various metering equipment to detect hidden moisture along with various types of drying equipment which allows us to get the job done the right way and according to industry standards. We will protect your property from further damage, develop a job scope and work closely with both the homeowner and the insurance carrier until job completion. We can even offer temporary heat to your home if necessary and also have a wide range of non-emergency services. Remember Disaster Services if you are in need of help from damage resulting from water, fire, smoke or mold. Our services are 100% satisfaction guaranteed and available 24 hours a day, 365 days a year simply by calling 315-797-1128. Also, visit us at Facebook or on the web at disasterservices.us us for a complete list of our emergency and non-emergency services.



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Daniel Barden Mudfest Back Dirtier Than Ever After Two-year Hiatus

After two years without a full-scale official event due to the pandemic, the Annual Daniel Barden Mudfest with main sponsor PepsiCo returns bigger and muddier than ever on Saturday, April 23 at the MKJ Farm in Deansboro.

Mudfest – officially dubbed “The Boilermaker’s Dirty Little Brother” – is a rough-and-tumble mud run obstacle course that offers something for everyone. For competitive obstacle course runners, there is a timed 5-mile run, or a timed 5K. For the less competitive runners who still want a muddy challenge, there is an untimed 5k. There is also a Kids’ Fun Run for ages 5 to

11, so runners can get the whole family involved. Plus, hot showers are available to all after the run, meaning no messy cars on the drive home.

This year’s event will feature brand new obstacles, in addition to some returning favorites. Each obstacle is uniquely designed and hand-built by the Mudfest masterminds to challenge runners in ways they never imagined. When they cross the finish line, they will feel an incredible sense of accomplishment and comradery.

After tromping through the mud to the finish, participants will find Central New York’s biggest barn party with food, drinks and music. Vendors include Ray Bros BBQ and Mangia Macrina’s Wood Fired Pizza. Musical guests include Grit N Grace, Janet Batch & the Four-Bangers, Alternate Universe and more.

“It has been a long two years without being able to safely host Mudfest as we know and love it during the pandemic,” race co-founder Dan Williams said. “We’re just so excited to return to that feeling of grit, spirit and solidarity – all in memory of Daniel.”

DBM honors the memory of Daniel Barden, one of the first-grade children killed in the Sandy Hook, Conn. mass shooting in December 2012. A niece of the organizers of the event was inside Sandy Hook Elementary School that day. She escaped physically unharmed, but her friend and neighbor Daniel, did not. Daniel was a kind and gentle child who touched the hearts of everyone he met.

Proceeds from DBM will benefit the Daniel Barden

Adventure Scholarship, which selects students for an all-expenses-paid 10-day canoe and camping adventure through the Adirondacks in July in order to instill perseverance, team work, physical fitness and mental wellness. Winners are chosen based on a series of essay questions they submit to apply. As an added bonus, the winners get to designate a charity of their choice to equally fund with DBM proceeds.

Mudfest has sponsorship opportunities available here: <https://www.bardenmudfest.org/sponsors/>.

They also are looking for volunteers who can sign up here: <https://www.bardenmudfest.org/volunteer/>.

Athletes may register for DBM online at www.bardenmudfest.org until midnight on April 20. They may also the morning of the event, before race start times.



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Scouts and Leaders attending Blizzard Camp at Camp Kingsley in Ava NY enjoy the new snow bikes purchased from a grant awarded by the Edwin J. Wadas Foundation.

The Edwin J. Wadas Foundation Brings Snowbiking to Camp Kingsley

The Leatherstocking Council, Boy Scouts of America recently received a generous grant from the Edwin J. Wadas Foundation to purchase a dozen new snow bikes, three dozen mountain bikes and safety equipment for Scouts visiting Camp Kingsley in Ava, NY.

The snow bikes or “fat tire” bikes will be used year-round so Scouts can navigate snowy ground and rough terrain ideally suited to these types of bikes. The bikes are instrumental to helping the Scouts to complete their biking merit badges and for exercise with their units when they camp for the weekend.

“This is such a wonderful gift from the Edwin J. Wadas Foundation” said Ray Eschenbach, Scout Executive for the Leatherstocking Council, “Many of our youth have not had the opportunity to learn how to ride, or simply could not afford their own bike. Scouting is all about learning new skills, getting outdoors and being active. These bikes will benefit hundreds of youths for years to come.”

As a result of this new program, and another grant from The Sears Family Foundation of Rome, NY, the Leatherstocking Council will be improving and expanding a series of mountain bike trails around the 400-acre Camp Kingsley property for Scouts and leaders to use. The gift of bikes includes a variety of bicycle sizes to ensure that all Scouts from the ages of 6 to 17 will have the opportunity to enjoy the bikes.



The Same Blue. The Rest is New - Blue Man Group

Broadway Theatre League of Utica is proud to announce the premiere of the all-new tour of BLUE MAN GROUP on April 4 th & 5th, 7:00pm at the Stanley Theatre.

More than 50 million people around the world have experienced the smash hit phenomenon that is BLUE MAN GROUP and now it’s your turn! BLUE MAN GROUP premieres at the Stanley Theatre for a limited engagement on their new North American tour. It’s everything you know and love about BLUE MAN GROUP—signature drumming, colorful moments of creativity, and quirky comedy—the men are still blue but the rest is all new! Featuring pulsing, original music, custom-made instruments, surprise audience interaction, and hilarious absurdity, join the Blue Men in a joyful experience that unites audiences of all ages.

Blue Man Group is the global entertainment phenomenon, known for its award-winning theatrical productions, iconic characters, and multiple creative explorations. Blue Man Group performances are euphoric celebrations of human connection through art, music, comedy, and non-verbal communication. Since debuting at New York’s Astor Place Theatre in 1991, the live show has expanded to additional domestic residencies in Boston, Chicago, and Las Vegas, an international residency in Berlin, and multiple North American and World tours reaching more than 35 million people worldwide. Blue Man Group is universally appealing to a broad range of age groups and cultural backgrounds.

A part of the pop culture zeitgeist, Blue Man Group has appeared countless times on hit shows including Dancing with the Stars, The Tonight Show, Arrested Development, The Ellen DeGeneres Show, Schlag den Raab (Germany), WOWOW (Japan) and Caldeirão do Huck (Brazil). Additionally, Blue Man Group has served as the face of branding campaigns for Intel and TIM/Brasil.

Continuously identifying and developing new ways to impact the entertainment industry, Blue Man Group has contributed to various film and TV scores and released multiple albums including the Grammy-Nominated Audio. The rock concert parody, “Megastar World Tour” played arenas across the globe. The book, Blue Man World, is a visually stunning anthropological exploration of the curious bald and blue character.

The BLUE MAN GROUP North American tour is presented in L-ISA Hyperreal Sound by L-Acoustics, the world leader in premium professional sound systems for live events. L-ISA is a ground-breaking audio technology that goes beyond traditional systems to offer extremely realistic, ultra-high-definition sound. This result is a deeper sense of involvement in the spectacular antics, music, and mayhem that is BLUE MAN GROUP.

Blue Man Group is owned and operated by Cirque du Soleil Entertainment Group. The North American tour is produced and promoted by Cirque du Soleil Entertainment Group in partnership with NETworks Presentations.

For group tickets, contact Broadway Utica (315) 624-9444 for single tickets call or purchase online at broadwayutica.org. Box Office hours are Monday – Friday 9am - 4pm.

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If you have low back pain, you are not alone. At any given time, about 25% of people in the United States report having low back pain within the past 3 months.

There are 3 different types of low back pain:

- Acute – pain lasting less than 3 months
- Recurrent – acute symptoms come back
- Chronic – pain lasting longer than 3 months

If your low back pain is accompanied by loss of bowel or bladder control or numbness in the groin or inner thigh, you should go to the emergency room.

Managing chronic pain is complex. While in some situations, when dosed appropriately, prescription opioids are an appropriate part of medical treatment; there are risks, including depression, addiction, overdose, and withdrawal symptoms when stopping use.

With opioid abuse becoming an unprecedented national public health epidemic, the Centers for Disease Control and Prevention (CDC) has recommended safe alternatives, including physical therapy, to opioids for treating pain. Learn more about how a physical therapist can help you safely manage your low back pain at MoveForwardPT.com/ChoosePT.

As many as 61% of back pain patients are prescribed opioids.

Journal of the American Board of Family Medicine (2011)

HOW A PHYSICAL THERAPIST CAN HELP

If you are having low back pain right now:

- Stay active, and do as much of your normal routine as possible (bed rest for longer than a day can actually slow down your recovery).
- If your pain lasts more than a few days or gets worse, schedule an appointment to see your physical therapist.

Your physical therapist can help you improve or restore mobility and reduce low back pain—in many cases, without expensive surgery or the side effects of medications

Treatments may include:

- Manual therapy
- Specific strengthening and flexibility exercises
- Education
- Training for proper lifting, bending, and sitting; for doing chores both at work and in the home; and for proper sleeping positions
- Assistance in creating a safe and effective physical activity program
- Use of ice or heat treatments or electrical stimulation to help relieve pain

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American Physical Therapy Association

Let your PT elevate your heart rate so you can enjoy the benefits of being physically active.

If you don't think of your PT when you think heart health, maybe you should.

Did you know that physical therapy helps with a variety of chronic conditions, including heart health?

Your #PT can help protect from the leading cause of death in 2021 (hint: it's not COVID-19...)

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by Victor J. Fariello Jr.



garage sale goes though is that if you're planning to visit multiple garage sales on a given day, then map out the most efficient route that avoids backtracking. Doing so will make the pursuit of these sales a much more pleasant task.

Our area is also fortunate to have a number of outdoor flea markets at this time of the year and all through the summer. Unlike garage sales, however, they are fewer in number and more difficult to find. Scour the classifieds and local publications for ads promoting these events. Two of the most prominent and well attended events are the June Show Antique Weekend- June 3-5, 2022 in Bouckville and the Annual Madison Bouckville Antique Week- August 15-23, 2022, also in Bouckville. Both of these are an antiquers dream, and the latter is, as many of you know, a truly epic event with hundreds of dealers displaying their goods. Both of these events should be on your "must do" list. For further information on these events go to www.madison-bouckville.com.

Auctions are probably the most exciting of the seasonal antiquing opportunities and once again this region provides an abundance of them, although they are scattered over a wide geographic area. You'll have to watch the newspaper classified for listings. These are usually advertised well in advance of the auction date. Because of the competitive nature of these events and the common practice of a buyer's premium, expect to pay more at these events than you would at the other venues. In my estimation, however, the thrill of buying a treasure while sitting on the front lawn of a beautiful estate is well worth the additional price you might pay. And even if it's at an old farmhouse or a barn, it's still a memorable experience. Don't forget to bring a chair! An excellent resource on auctions is Brzostek's Auction Service out of Baldwinsville. They list all of their upcoming auctions on their website, www.brzostek.com. Auctioneer Bernie Brzostek is one of a kind and conducts highly entertaining auctions!

So, whatever your antiquing plans for the weeks and months ahead, enjoy the bounty of the season. I wish you the best of luck in your search for that special antique or collectible to enhance your collection.

Happy antiquing!

Support Your Historical Society

Why not consider becoming a member of the New Hartford Historical Society. The cost is \$15 for an individual, \$20 for a family and \$5 for students. What a great way to make a contribution to the town's history. Make your check payable to 'NH Historical Society' and mail to PO Box 238, New Hartford, NY 13413. All donations are tax deductible. This worthy organization deserves our support!

Victor J. Fariello Jr. is a lifelong resident of New Hartford and has been a collector and dealer of antiques for many years. He is a past officer and member of the New Hartford Historical Society and is the President of the J. Schoolcraft Sherman Chapter #1519 of The Questers, an International organization for people who love antiques and have a commitment to preservation. Questions on anything related to antiques can be sent to him at PO Box 194, Washington Mills, NY 13479 or by email to vjfariello@gmail.com. Any photos submitted will be returned upon request.



Garage Sale: Garage sales are a great place to find a bargain and this area has a multitude of them from now until the fall.



Auctions: Estate auctions draw large numbers looking for that perfect addition to their collection!

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New Hartford Presbyterian Church
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Thursday
May 5, 2022

9 am - 3 pm
Bag Sale 1:30 p.m.



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Sunday, April 3rd
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First Baptist Church of New Hartford
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A freewill offering will be received to support
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Come and join us for this reflective service
of music, readings, meditation, and prayer
in this holy season of Lent.

For more information call or text Pastor Jim Harriff 315-382-0074.

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Entry Fee: \$35.00

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Registration Deadline Thursday, April 28th

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8616 Clinton Street, New Hartford • 315-736-7041 (Monday-Sunday 11am-10pm)

Sunday Buffet Breakfast ~ April 10th • Serving from 8am-11am. Donation \$12

All you can eat. Menu includes: Scrambled eggs, Bacon, Sausage, Pancakes, French Toast, Sausage & Gravy (SOS), Toast, Home Fries, OJ and Coffee.

Fish Fry Dinner every Friday during Lent from until 4/15/22

Served upstairs from 4-7 pm. Takeouts are also available. Donation is \$12.99. Open to the public.

Rick Adams Band will Perform on Friday, April 22nd

Come and enjoy a night of music and fun! From 7-10pm. Donation of \$5 upon entry.

Members and guests are asked to call the legion at (315)736-7041 for any entertainment and other fundraising events to be held at our legion.

We also invite any veteran to join our great family at the New Hartford American Legion.



“RAEL – The Music Of Genesis” Returning To The Stanley Theatre Tribute Band Captures The Energy Of The ‘Early Years’ Of The Progressive Rock Band

“RAEL - The Music of Genesis,” featuring Tarkus: A Tribute to Emerson, Lake & Palmer, will be revisiting The Stanley Theatre on July 29 at 7:30 p.m. Tickets start at \$22.50 and go on sale on Friday, March 18 at 10:00 a.m. There will be pre-sale opportunities to take advantage of. Tickets can be purchased through Ticketmaster or by calling The Stanley Theatre Box Office at 315-724-4000. RAEL is a New York and Northern New Jersey-based tribute band that recaptures the energy and originality of the ‘early years’ live stage performances by Genesis. RAEL pays homage to the most groundbreaking and influential band in the progressive rock genre by incorporating the musical excellence, lyrical storytelling and theatricality that brought Genesis to a position of prominence in the rock world. RAEL brings older listeners back to the day, while introducing progressive rock newcomers, to the sights and sounds right along with other legendary bands such as Pink Floyd, Moody Blues, Yes, Rush and King Crimson, to name a few. RAEL is focused on faithfully reproducing full album versions from the Peter Gabriel and Steve Hackett days of Genesis. Performances include tracks from Nursery Cryme, Foxtrot, Selling England by the Pound, The Lamb Lies Down on Broadway and A Trick of the Tail. Concert audiences rave about their high energy shows and musical detail. RAEL also performs solo Peter Gabriel hits in their live shows. The members of RAEL include: Lloyd Gold - lead vocals, flute; Mike Belmonte - bass, bass pedals, backing vocals; Paul Sheehan - drums and cymbals, backing vocals; Michael LaBuono - keyboards; Sal Locascio - guitars, backing vocals.



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Susan Kantor DPT, PT, Cert MDT Claire Goldrick DPT, PT Dylan Bubb PTA Kelly Boden PTA
8200 Seneca Turnpike Clinton, NY 13323 Phone (315)738-1671 Fax (315)738-0942

Elevate Your Heart Rate With Physical Therapy

Helen Sarandrea Physical Therapy

Heart disease is a leading cause of death and disability. This shouldn't be a surprise - it's been at the top of the list for years. You know that taking care of your heart is important. That means doing things like eating right, avoiding smoking, and exercising regularly. While all of those things can be difficult, today we're going to focus on exercise.

How Physical Therapy Can Help With Your Heart Health

Cardiovascular exercise is anything that makes you breathe harder and your heart pump faster. That could be walking, running, dancing, biking, swimming or hiking. It strengthens your heart and blood vessels. It can help control weight, lower blood pressure, reduce stress, and prevent heart disease.

If you're regularly going for a run or swimming laps, you don't need help from your PT. But 3 out of 4 adults aren't exercising regularly. If you'd like to get started, your PT may be just the person to help you. It's not uncommon to get injured, then never get back to your old routine. Your PT can help you deal with the old injury and design a plan to get you safely back to regular activity.

It's also not uncommon to try to be more active on your own, only to stir up pain somewhere like your back, hip, knee or shoulder. Your PT can help with that too. They'll figure out why you're having pain, help you correct it, and get you a plan to reach your goals.

Physical therapists can also help you safely increase your activity levels after major medical issues like a heart attack, stroke, or even cancer. Recent research has shown improvements in cardiovascular fitness, fatigue levels and even pain in cancer patients who participate in a personalized physical fitness plan from a PT.

Whatever your barriers to physical activity are, your PT can likely help you overcome them. As movement experts, physical therapists are trained to deal with a variety of conditions. They'll help you work around whatever issues you have so you can safely elevate your heart rate and keep cardiovascular disease away.

Let your PT elevate your heart rate
so you can enjoy the benefits of
being physically active.



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New Hartford Rotary News - The Rotary Foundation

Rotary International President Arch Klumph's idea for an endowment fund dedicated to "doing good in the world" planted the seed of The Rotary Foundation in 1917. That year, at the Rotary International Convention in Atlanta, GA, The Rotary Club of Kansas City, MO made the first donation of \$26.50 to what would formerly be named as the Rotary Foundation in 1928. Thanks to Arch Klumph's vision and staunch advocacy, and the extraordinary generosity of Rotary members worldwide, that fund has become one of the world's leading humanitarian foundations. Through our Foundation, Rotary members have supported thousands of projects to provide clean water, fight disease, promote peace, provide basic education, and grow local economies. We've also been a leader in the fight to eradicate polio worldwide.

The Rotary Club of New Hartford, NY is part of Rotary District 7150 that encompasses the clubs in the greater Utica and Syracuse areas. The Rotary Foundation is taking steps to provide humanitarian relief for the people of Ukraine. The District 7150 Foundation Committee met on 8 Mar. and agreed to donate \$8,000 from District Designated Funds to the Rotary Foundation Disaster Response Fund to be used for expedited grants to provide relief to refugees and other victims of the crisis. The District is able to do this because Rotarians and clubs in District 7150 have supported the Annual Fund with donations in past years. Although the Disaster Response Fund will be the main avenue for Rotary Foundation support, Rotary and Rotaract clubs are also encouraged to create their own responses to the humanitarian crisis in Ukraine. New Hartford Rotary is planning to support ShelterBox, USA with a donation to help pay for a shelter box for the Ukrainian refugees. For more information about ShelterBox, USA, you can go to www.shelterboxusa.org.

The Rotary Foundation is one of the world's most effective and respected philanthropic organizations, and this is just one example of its potential to change (and perhaps save) lives.

New Hartford Rotary is always looking for new members and we'd love to have you come and join us for lunch on Wednesday afternoon. New Hartford Rotary meets every Wednesday at 12:15 PM at the Yahnundasis Golf Club. For more information about The Rotary Club of New Hartford, NY you can check our website at <https://newhartfordrotaryclub.org> or follow us on Facebook at <https://www.facebook.com/NHRotary/>.

Upcoming speakers/events:

April 6- Melissa Shupp- CNY Green Bucket Project

April 27- Jennifer Kelly- NYSTEC

May 4- Joan Shkane- The Rockwell Exhibit- MWPI

May 25- New Hartford Veterans Memorial Park clean-up



Oneida County Master Gardener's Herb & Flower Festival Returns June 18th

After a 2-year pause, due to Covid-19, the 24th annual Herb & Flower Festival will resume on June 18th, 2022 from 9am-2:30pm at the CCE building and grounds in Oriskany, NY. The Oneida County Master Gardener Volunteers want to invite everyone out to enjoy garden related vendors, walks in the Parker F. Scripture Botanical Gardens, great food, and good advice from the Master Gardeners booth where you can also purchase delicious herbal baked goods. Cornell Cooperative Extension is located at the corner of Judd Rd and Second Street in Oriskany NY.

Garden related vendors are already reserving their spaces. Festival visitors can also attend one or all 4 gardening presentations at the open air pavilion on the grounds. Admission to the event is \$5 per person, (12 and under are free). Plan to come and spend the day! If you are interested in being a vendor or have questions contact Holly Wise, Master Gardener Program Leader, hlw2@cornell.cce.cornell.edu 315-736-3394 x 125.



Spring Craft Fair planned at North Utica Community Center Saturday, April 9

The North Utica Community Center is hosting a Spring Craft Fair from 10:00 AM to 4:00 PM on Saturday, April 9, 2022. The Center is hoping this will become a bi-annual event planned for the Spring and the Fall. The Craft Fair is free, open to the public and benefits the programs of the North Utica Community Center 50 Riverside Drive, Utica, NY 13502.

The Spring Craft Fair will feature a variety of craft specialties with over thirty vendors displaying their goods. A variety of local talent including artists, potters, jewelry makers, soaps and lotions, wreaths, local author, jellies and jams, baked goods and fresh canned foods will be on hand.

North Utica Community Center is a part of The Neighborhood Center, a comprehensive Human Services Agency in Central New York. The Senior Center is a place where generations can gather, learn, and grow. All services of the Neighborhood Center are based on a philosophy of empowerment - helping people to help themselves. For more information about The Neighborhood Center and its services go to www.neighborhoodctr.org



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New Hartford Senior Center News

submitted by the staff

We were able to open in February, after being shut down for two months because of the Mask mandate in December. Our hot lunches and all activities (cards, excercises, AARP Driving course, senior groups and the computer help) had been up and running prior to closing again. However, we had a wonderful turnout for our St Patrick's day party!

We only have three people to run our Center without a director. For four weeks, we have been volunteering while waiting for a board meeting that would discuss us being put back on the payroll. Unfortunately, as of March 18th, the board doesn't agree that we need to be paid. We will be going to the March 23 board meeting to state our case again as to being put back on the payroll. Hopefully, by the time this article comes out, this will happen and hot lunches can start up again.

We want to thank all the seniors who have called their Councilmen and the Town Supervisor to support us. We love being here to serve the seniors and watch them socialize with each other. Many are upset that they won't have a place to go to and see their friends. Seniors need a hot lunch and socializing is very beneficial. For 36 years, there has been a Senior Center in New Hartford, with paid employees and a senior budget to support this program. Hopefully, we can be reinstated to continue. Please call our number 315-724-8966 to see if we are serving lunches again. Thank you, the staff really wants to be there for you.



Angels Among Us Food Pantry

April 9th & 23rd

May 14th & 28th

June 11th & 25th

Hours of Operation: 10am - 12 noon

The food pantry is located at: St. John The Evangelist Church, 66 Oxford Rd, New Hartford, NY.

Follow the signs to the driveway in the back during open hours.

In the event of food emergency issues, please contact the St. John's rectory from 9AM to 2 PM Monday through Thursday at 315-732-8521.

Our pantry provides services to all residents of New Hartford (btw Rt 8 and Rt 12), Washington Mills, Chadwicks, Saquoit, Cassville and Clayville

If this is your first visit, please bring proof of address.

If you do not have a permanent address, just come in. We will assist.

If you are unsure of eligibility, just come in. We will assist.

WE ARE LOOKING FOR VOLUNTEERS



TEFAP: The Emergency Food Assistance Program

Income Eligibility Guidelines: July 1, 2021 – June 30, 2022

| Household Size | Annual Income* | Monthly Income* |
|----------------------------|----------------|-----------------|
| 1 | \$25,760 | \$2,146 |
| 2 | \$34,840 | \$2,903 |
| 3 | \$43,920 | \$3,660 |
| 4 | \$53,000 | \$4,416 |
| 5 | \$62,080 | \$5,173 |
| 6 | \$71,160 | \$5,930 |
| Each additional person add | \$9,080 | \$756 |



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49th ANNUAL ANTIQUE SHOW and SALE

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 100 Dealers

Saturday, August 27, 2022

930am-3:30pm

Yates County Fairgrounds

2370 Old Route 14a, Penn Yan, NY

“The Journey - Shepherding God’s People” Easter Series Launched

The video series, “The Journey-Shepherding God’s People” is announcing the new monthly release of a time of worship for senior and community centers with an Easter season message. The program is designed for those feeling separated from their faith community, with inspirational ways of encouraging and celebrating spiritual wellness. The series offers the video time of worship, a blog and three bible studies that can be used as a Spiritual Wellness program for those in their third chapter of life wherever they live.

“As Christians, we have just experienced the passion of Christ. There seemed to be no end to His suffering. And then, like that first spring bloom, He rises from the dead. He lives! Our attitude turns to hope! We celebrate because challenging and dark days have given way to a new beginning.” Says Rev. Carol Jubenville, Program Coordinator. “The questions we will answer in the Bible study and video series include: “What does Easter mean for you?” and “How do you embrace this season of hope? If not, why?”

This video series is designed to bring people who are living in senior housing, assisted living, skilled nursing and those who are finding it difficult to attend church services, a sense that their faith community has not forgotten them. The viewer(s) will be able to experience a time of worship with an exciting message, uplifting hymns and centering prayers. As we bring “church” into your home Reverend Carol Jubenville, a Methodist Pastor and Fr. John Buehler, a Roman Catholic Priest, will review scripture and discuss thoughtful ways in which you will be able to connect to your faith journey. Every video offers an ecumenical message of hope and reassurance of God’s love for all people.

The videos and other content are available on the web site www.TheJourneyVideo.com. Included on the website are blogs and bible studies that coincide with each video allowing for deeper understanding of the message and scriptures. The program is funded by St. Joseph’s Pastoral Care, Inc., and all content and videos are offered at no charge and are copywritten.



Connor’s Way Partners with Community Foundation to Offer Scholarships in Memory of Connor Arthur Lynskey

As an annual run-walk honoring his memory continues to grow each year, the family of Connor Lynskey is partnering with the Community Foundation of Herkimer and Oneida Counties to ensure the Hinckley teen’s legacy will live on.

The Connor Arthur Lynskey Memorial Scholarship Fund was established in 2018, and since, the fund has awarded more than 20 scholarships to students in the community.

“When we lost Connor, many monetary donations came in, and the family decided to start a scholarship to keep his memory alive,” said Connor’s uncle Don Lynskey. “Soon after that, a close friend suggested that we start a run and walk in his memory, and that was the beginning of Connor’s Way Run/Walk and the source for continuing his memorial scholarship program year after year.”

The prospect of the run-walk and scholarship fund’s

continued growth led the family to pursue a permanent partnership; as a result, the Connor Arthur Lynskey Memorial Scholarship Fund will now be administered by the Community Foundation, so that the promising teen’s story will inspire and support young people for generations to come.

“Connor left such an impression on everyone he met. He was outgoing, dearly loved his family and his church, and he wanted to make a difference in this community by becoming a rural doctor,” said Don. “We are happy to continue his legacy and lead students down Connor’s Way.”

Scholarship awards will be available to graduating Holland Patent Central School seniors, as well as other high school seniors from Oneida and Herkimer counties. Connor aspired to be a rural physician, and this scholarship program aims to keep his memory alive and financially help medical and high school students to pursue their studies.

For more information on contributing to the fund or applying for available scholarships, please visit foundationhoc.org/connor.

Dairy Focused Workshop Offered for Ages 5-12 During April Break at CCE

Looking for something fun for the kids to do over April Break? Join Oneida County 4-H as we celebrate National Grilled Cheese Day April 12th with, Colleen McEwen, the Ag in the Classroom Dairy Educator. Kids must be registered; the fun runs from 10am-2pm at the Oneida County Cornell Cooperative Extension in Oriskany.

This Dairy focused workshop for youth ages 5-12 will have your kids participating in several dairy focused activities including making butter, chocolate frosties, and of course making grilled cheese sandwiches for lunch.

The cost is \$5 dollars per child, and space is limited, so register now at:

http://reg.cce.cornell.edu/DairyDay2022_230.

Ag in the Classroom is a FREE program available to K-12 classrooms in Oneida County. The fun hands-on activities are designed to demonstrate how "Agriculture is the real-world application of STEM".

If you would like to learn more about Ag in the Classroom contact us at 315-736-3394.

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EarthDay

April 22nd

Authority Announces Compost Bin and Rain Barrel Sale

The Oneida-Herkimer Solid Waste Authority (Authority) is celebrating Earth Day early by partnering with EnviroWorld for a Compost Bin and Rain Barrel Pre-Order Sale. Rain barrels, compost bins and compost bin accessories are now available and orders will be accepted until April 6, 2022. Pickup appointments can be scheduled after April 22, 2022 and can be scheduled by email or phone.

About Composting:

According to the Environmental Protection Agency, 25% of the United States' waste stream is made up of items that can be composted. By using a composter, you can turn items like vegetable scraps, yard waste and newspaper into a nutrient packed soil amendment for your garden. Composting reduces greenhouse gas emissions, reduces waste disposal costs and saves landfill space. Composting is nature's way of recycling!

About Rain Barrels:

Rain barrels can help you cut down on your water expenses, conserve your local water supply, and reduce erosion in your neighborhood. A 1,000 square foot roof can produce 600 gallons of storm water runoff for every inch of rain. Instead of this water going straight into the ground, it can be captured and used to water gardens, lawns and plants, wash cars, and can even be used as drinking water, if treated properly.

For more information on rain barrels or Operation Ripple Effect, an Oneida County initiative that offers simple steps to help keep the Mohawk River clean, visit www.RippleEffectOCSD.org.

How to Order:

To order compost bins, rain barrels, and/or compost bins accessories, visit <http://enviroworld.us/ohswa>, www.ohswa.org, or the Authority's Facebook page to be directed to the online pre-order sale. The pre-order sale is open now and will remain open until April 6, 2022. Orders may only be placed online. An appointment must be made to pick up items. Pickup appointments will take place starting April 22, 2022 at the Authority's Recycling Center, Leland Avenue Extension, Utica, NY 13502. Delivery is not available.

Any questions?

For more information regarding the compost bin and rain barrel sale, please visit <http://enviroworld.us/ohswa>. For more information on composting and solid waste and recycling programs, please visit www.ohswa.org or call the Authority's Office at (315) 733-1224. You can also visit the Authority's Facebook page (Oneida Herkimer Solid Waste Authority) to ask questions and find more information on these topics.



Christopher J. Carbone

Tools Available for Ffamily Business Transitions

Transitioning your family business to your heirs may sound simple enough, but in fact, doing it successfully can prove difficult. To help improve your transition's chances for success, consider family business governance.

This is a system of correlated tools and actions to support the next generation with controlling, owning, and operating the business. It also puts in place a framework that contains business protocols, describes how future ownership changes occur, and establishes a precedent for making business decisions.

Frequently used tools

There are several tools that can be employed as part of a family business governance system, including:

A buy-sell agreement is a legally binding contract that stipulates how an owner's share of a business may be reassigned if triggering events occur, the price that will be paid, and the payment structure.

A family employment policy document can be kept within the family for private use or incorporated into the business's human resource documentation. It sets expectations for heirs, spouses, and extended family members about such issues as how they can obtain employment in the business, the requirements to attain key positions, the compensation standards to be used, and incentive language for family members.

A distribution or dividend policy is key in setting expectations with family members regarding what distributions they should expect to receive from the business. Business owners must balance the need for cash to maintain or grow the business with the desire to receive distributions.

A professional board of directors is a governing body that helps oversee the business and makes major decisions. A board generally comprises three, five, or seven professionals from various industries that have the subject matter expertise to assist the company strategically.

A family board or council is a group within the family — or may include the entire family — that comes together to make decisions about the business on the family's behalf.

A company mission statement can be valuable to your employees and your family as it addresses the business's purpose and vision and can help guide

future company leaders.

Your estate plan can address ownership, control, distributions, and several other factors.

The business's governing documents should be reviewed at the same time the family business governance system and tools are put in place. Revisions to these documents or corporate resolutions stored in the corporate minutes may be needed to align these documents with the company's governance system.

Helping ensure a successful transition

Transitioning the family business to the next generation is much more than transitioning shares. A well-thought-out and documented plan that addresses ownership, control, and operations helps build a strong governance system for your business. This system, combined with communication with the next generation, can be key to helping ensure your transition's success.

Wells Fargo Advisors is not engaged in rendering legal or tax advice. If legal or tax assistance is required, the services of a competent professional should be sought.

This article was written by/for Wells Fargo Advisors and provided courtesy of Christopher J. Carbone, CFP®, AWMA®, LUTCF® First Vice President - Investment Officer Financial Advisor, Clinton, NY at (315) 723-7386

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Local Author Publishes Mystery Novel

'Destiny's Wavering Road', a new book by Linda MorningStar, has been released by RoseDog Books.

Some people are content with the journey they travel along the road of life. They think they're in control of where they're heading. Mara Jacobs believes that, and so does her grandmother, Matilda Mathewsen. And although they live very different lives, they are both about to experience an unexpected U-turn as destiny intervenes.

Long-haul truck driver Mara's fate will be sealed when she wakes up on the floor in a motel room far from home. She is surrounded by police and has no idea how she arrived there. Her driving partner and husband Joe is also missing, along with their tractor-trailer. Mara learns Joe is responsible for her dilemma, and anger sends her packing. She returns to her childhood home in Stone Hill Valley, where she was raised by her grandmother, Matilda. Destiny redirects Matilda's path the moment she steps out her back door with the intent to head to the grocery store. It's there that she sees the woman in black who has haunted the ancestral home for decades and is considered an omen of death to anyone she appears to. As the mysteries evolve, the two women travel a new road of life together in a most unexpected direction. Destiny's Wavering Road is a book of fiction, part mystery, part romance, part family saga. About the Author: Linda MorningStar married into the Native American way of life and currently makes her home in the beautiful woods of central New York. She's considered a bit eccentric but is not sure that's necessarily a bad thing. She writes because she says she has to do something between now and death and her mind overflows with imaginary people living imaginary lives in imaginary ways. Destiny's Wavering Road is a 378-page paperback with a retail price of \$23.00 (eBook \$18.00). The ISBN is 978-1-63867-845-8. It was published by RoseDog Books of Pittsburgh, Pennsylvania.

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Christopher Carbone, CFP®, AWMA®, LUTCF
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**The Dust Devil Band Returns
for First Live Concert in 2022 at
Unity Hall!**

Saturday, April 2 at 8pm

The Dust Devil Band, a long-time favorite of local music fans and constant supporter of Unity Hall, is returning for a LIVE concert at the Hall on Saturday, April 2nd at 8PM. You won’t want to miss this opportunity to shake off your Covid blues and rock out in Barneveld’s historic auditorium with this accomplished upbeat band. Tickets are \$20 and can be purchased at www.unityhall.com and at the Adirondack Cheese Company in Barneveld.

A part of CNY’s musical history, DDB has a style that originated from the Waylon and Willie genre of Outlaw Country music and was adopted by the Southern Rock genre that followed. Over time, the DDB band has developed a unique sound blending blues, southern rock, Americana, and alternative country.

The Dust Devil Band’s talented veteran musicians are longtime fans of Unity Hall’s unique performance space. It is a special place for musicians to play and for fans to hear live music.

“We are so excited to be performing again,” says band member Ed Rosenburgh. “We have been forced to cancel multiple gigs since March 2020. Being able to finally play live on stage at Unity Hall is a gift. Our last gig there was a virtual concert for New Year’s Eve. That was great, but nothing like having music fans in the audience!”

Band members performing on April 2nd, include George Deveny (NYS Blues Hall of Fame member) on lead guitar, slide guitar and vocals; Darryl Mattison on drums; George Newton on pedal steel guitar, lap steel and vocals; Dan Porter on bass guitar and vocals; and Ed Rosenburgh on lead vocals, rhythm guitar and harmonica.

The concert on Saturday, April 2 will begin at 8PM and the doors will open at 7:15PM. Advance tickets are recommended and can be purchased online at www.unityhall.com and the Adirondack Cheese Company on Rte 12 in Barneveld. Tickets will also be available at the door. COVID vaccinations required. Masks recommended.

**Uticuse Rugby to Host
Tournament to Raise Money
for Griffin's Guardians**

The Uticuse Rugby Club will be hosting their 9th annual “Ruck Cancer” charity men’s and women’s rugby 10s tournament. The event will take place on Saturday, June 4th and begins at 10:00 am at O’Connor Park at 301 Velasko Rd. in Syracuse. Over the last several years through the generous support of local sponsors and tournament participants the team has raised over \$21,500 for local charities that are dedicated to helping persons and families affected by cancer diagnoses.

This year, ten women’s teams and five men’s teams will take to the pitch to raise money for Griffin's Guardians, an organization dedicated to bringing awareness, funding research and helping families affected by pediatric cancer.

This event is free and open to the public. Food will be available for sale from a food truck and team merchandise will be for sale. A social gathering will follow the tournament at our sponsor The Pies Guys Pub & Grub.

If you are interested in becoming a sponsor of this event please contact us. For more information about the event, please contact uticuserugby@gmail.com.

About the Uticuse Rugby Club:

Established in August 2008, Uticuse Rugby Club has grown from a rag-tag group of diverse persons, former rugby players and the newly interested alike, to a State-Ranked Rugby Club that is competitive in the Empire GU Women’s D3 League.

We have bridged the cities of Utica and Syracuse, and all surrounding communities where our members weekly devote countless hours to practices, games, and community service events including our annual Ruck Cancer Benefit Rugby Tournament. Our goal is to make the Uticuse Rugby Club an integral part of Central New York’s culture by providing the area with America’s fastest growing amateur sport. Our team is actively engaged in supporting our local businesses and

community. Now under the CNY Rugby 501c3 nonprofit organization, all donations are tax deductible.

About Griffin's Guardians:

This year’s tournament is being dedicated to Griffin’s Guardians. “Griffin's Guardians is a recognized nonprofit 501(c)(3) organization that provides support and financial assistance to children battling cancer in Central New York. We work hand in hand with Upstate Golisano Children's Hospital to stay up to date on what the patients' and families' current needs are. In addition, we strive to bring awareness to Pediatric Cancer and provide financial aid for funding Pediatric Cancer Research. Griffin's Guardians was created in honor of Griffin Engle. Griffin made not only his family and friends proud of the strength and bravery he showed over his 14 months fighting the cancer, but the entire community that fell in love with him. We will never say Griffin lost his battle to cancer, but that he won... he won the hearts of so many. He taught us what true strength is, he taught us to never give up, he taught us to keep smiling, and most importantly he taught us love. Your donation helps support programs Griffin's Guardians provides the community such as Project 20,

Grace's Sibling Sunshine, EVERett Lasting Memory and many others. Our goal is to always provide support and HOPE to families with children battling cancer right here in Central New York.” More information can be found at <https://www.griffinsguardians.org/about.html>.



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FIRST UNITED METHODIST CHURCH
105 Genesee Street, New Hartford (315)733-4227
office@firstumconline.org
We are also the home of the Family Nursery School!
Rev. David McKinney
Worship Schedule
10am Classic Worship
Our Church Building is open for in-person worship services
Or watch our livestream service online at
www.firstumconline.org
Easily accessible building, sanctuary, and bathroom.
All COVID guidelines are being followed for a safe and comfortable worship Service.
Come Join us!!

ST. JOHN THE EVANGELIST CHURCH
66 Oxford Road - 732-8521
Rev. Kevin Bunger, Pastor
MaryJo Kelley, Director of Faith Formation
Saturday: Vigil 5:15 p.m. Confessions 6:15pm
Sunday Masses: 8am & 11am
Mon-Fri Masses: 7am & 9:10am
We are handicapped accessible!

CLINTON ROAD BAPTIST CHURCH SBC
dba Crosspoint Church
Senior Pastor, Samuel Macri
Youth Minister, Bobby Allen
140 Clinton Road, New Hartford
Sunday Morning Worship Service at 8am
317 Oriskany Blvd, Whitesboro - 797-4520
Sunday School Small Groups 9am
Sunday Morning Worship 10:30am
Sunday Evening Youth 5pm
Sunday Evening Discipleship 5:30pm
Tuesday Morning 6:30am Men’s Fellowship Breakfast at
New Hartford Campus
Wednesday Evening 6:30pm Praise Team Practice
Wednesday Evening 7pm Prayer Meeting
Thursday Evening 6:30pm College/Career Ministry
Website: crosspointchurchonline.org
Sunday Morning Services streamed live
Pastor Sam’s message available at our website
We are handicapped accessible!

HOPE ALLIANCE CHURCH
4291 Middle Settlement Road, P.O. Box 626, N.H.
General Office: 315-732-1349
hopealliance4291@gmail.com
www.hopealliancecny.com
Rev. Andy Ward, Pastor
Morning Worship: 9:30am
Communion First Sunday of the Month.
Fridays: Christian Service Brigade - 7pm
Sundays: Jr. & Sr. High Youth Fellowship - 6pm
Hope Alliance Church is handicapped accessible.

ST. THOMAS CHURCH
150 Clinton Road - 735-8381
stthomasnh@syrdio.org
Pastor: Rev. David Sears
Saturday Vigil: 4 p.m.
Sunday Mass: 9:00 a.m.
Confessions: Sat. 4:45-5:15 p.m.
Holy Day Schedule:
Holy Day Masses 12 noon
Adult Religious Education, Open to the Public
We are handicapped accessible!

ST. STEPHEN’S EPISCOPAL CHURCH
25 Oxford Road - 732-7462 (Parish & Rectory)
ststephensepiscopalnhny@gmail.com
Sunday Service of Holy Communion at 10am followed by fellowship
Al-Anon Meetings: Sun. at 5pm & Thurs. at 5:30pm
AA Meetings: Sundays at 8pm
Yoga by Kristy: Tues. at 5:30pm & Thurs. at 9:30am.
Saturdays 9am - Chair Yoga and 10:15am All Levels Yoga
EGA Meetings: 1st Mondays of the Month
St. Stephen’s is handicapped accessible.

FAITH IN CHRIST REFORM CHURCH
A Reformed Southern Baptist Church
3431 Oneida St., Chadwicks - 315-737-0753
www.ficfellowship.com
Pastor : Chad Morgan
Sundays: Worship, 10 a.m.
Children’s Church during the sermon.
Bible Study and Prayer - Wed evening 6:30 p.m.

IMMANUEL BAPTIST CHURCH
Pastor Fletcher Matlack
9501 Weston Rd., NH (Next to Perry Jr. High),
(315) 737-5222
www.ibcfamily.com E-mail: info@ibcfamily.com
Sunday School for all ages: 9:00 am - 9:45 am
Sunday Morning Worship Service 10:00 am
Nursery, Preschool and Children’s Worship hour: 10:00 am
Prayer meeting held every Wednesday at 6:30 pm
Youth Group for ages 12 and up meets every other Saturday
from 6-8 pm. See our website for schedule.
Church is handicapped accessible.

NEW HARTFORD PRESBYTERIAN CHURCH
Rev. Dr. Sue A. Riggle, Pastor
45 Genesee Street, NH 315-732-1139
newhartfordpresbyterian.org
office@newhartfordpresbyterian.org
A service of Lessons, Hymns and Anthems on Palm
Sunday, April 10, with guest flutist Elizabeth Evans,
will be among the worship experiences at New Hartford
Presbyterian Church in April. It will feature Scripture
readings from Luke’s Gospel interspersed with choral
music and congregational hymns. Maundy Thursday, April
14, will be marked with a special time of handwashing
and communion beginning at 6:30 p.m. in the fellowship
hall, followed by a Tenebrae Service of Shadows in the
sanctuary. A joyful celebration of Christ’s resurrection
will be the center of worship on Easter morning, April 17.
Sunday morning worship begins at 10:30 in-person in the
sanctuary and is also livestreamed on NHPC’s Facebook
page. The Maundy Thursday Tenebrae service will also be
livestreamed.
The Faithful Blend space in fellowship hall welcomes
children of all ages following children’s time during regular
Sunday morning worship services, with parents welcome
to join their children for that. The Follow Me Biblical
Practices for Faithful Living Program is being used as the
guide for both the Children’s Time in worship and Faithful
Blend activities. The worship service is livestreamed from
the sanctuary onto a large screen in fellowship hall so
everyone can follow along and participate as they choose. A
supervised nursery is also available for young children.

MARY, MOTHER OF OUR SAVIOR PARISH
Business Office - 2 Barton Ave, Utica - 315-724-3155
Pastor Rev. Joseph Salerno
Our Lady of the Rosary Campus - 1736 Burrstone Rd. New
Hartford
Weekday Mass– M, Wed, Thurs, Fri 8:00 AM
Novena to Miraculous Medal of Mary Tuesday 7:00 PM
Our Lady of Lourdes Campus - 2222 Genesee St. – Utica
Weekend Mass – Saturday 4:00 PM
Sunday 8:30 & 10:30 AM

SAUQUOIT VALLEY UNITED METHODIST CHURCH
Cor. Pinnacle Rd. & Mohawk St., Sauquoit
email: sauquoitvallyumc@aol.com
Pastor: Robbin Harris
Office: 315-737-7505
Sunday Worship 11:30 a.m. (Nursery Care Available)
Sunday School 9:30 a.m. For all ages.
Handicapped Accessible

FIRST BAPTIST CHURCH OF NH
7 Oxford Road - Office phone: 315-733-4570
firstbaptistnh@gmail.com
Rev. James Harriff, Pastor
Virtual Service every Sunday at 9:30am
on Facebook “First Baptist of New Hartford”
Sunday Service - 9:30am
Sunday School - 11:00am
Handicapped Accessible. All are welcome.

UNITARIAN UNIVERSALIST CHURCH of UTICA
10 Higby Road, Utica, NY 13501
315-724-3179 uuutica.org
Minister: The Rev. Karen Brammer
Sunday services at 10:30 AM
Services are always on Zoom and may be in person as
conditions permit. Find up-to-date info and learn more
about us at our website, www.uuutica.com.
The Unitarian Universalist Church of Utica is an open
minded, open hearted spiritual community. Unitarian
Universalists come from different faith backgrounds but
our shared values bring us together. One of the principles
that unite us is respect for the interdependent web of all
existence of which we are a part. Newcomers are always
welcome.

ST. GEORGE ORTHODOX CHURCH
350 Higby Road, New Hartford, 315-292-6682
Fr. George Goodge
Sun - 9am Matins
Sun - 10am Liturgy
Wed - 5:30pm Vespers
Bookstore hours: Open Sundays after Services.

WESTMINSTER-MORIAH-OLIVET PRESBYTERIAN CHURCH
Interim Pastor Rev. Dr. Mark S. Caruana
Music Director Richard Crawley
Worship service: Sunday 10:30 a.m.
714 Washington St., Utica. 315-732-6518
www.wmoutica.org
pastor@wmoutica.org
find us on Facebook & Twitter
Handicapped accessible

NORWICH CORNERS CHRISTIAN CHURCH
10233 Roberts Road, Sauquoit 315-737-0757
WHERE JESUS IS LORD!
Pastor Walter J. Wharram, Jr.
Sunday Morning Prayer - 8:30am
Sunday School - 9:30am
Sunday morning Worship Service - 10:30
Mid-Week Bible Study - Tuesdays 7pm
Sunday Morning Prayer - 8:30am
Worship Service - 9:30am

TRINITY LUTHERAN CHURCH
2620 Genesee St., Utica. (315)732-7869
churchoffice@trinitylutheranutica.com
Fall/Winter worship:
9am - Sunday School & Adult Bible Study
10:30am - Worship is led by our Pastor, Peter Saie
Handicapped accessible.

FIRST PRESBYTERIAN CHURCH
1605 Genesee St, Utica, NY 13501 | fpcutica@gmail.com
Opening Doors, Hearts & Minds: Serving Christ &
Community
Sundays - 10:30 Worship
Faith Enrichment for all ages
Coffee Hour following morning worship.
Handicapped Accessible

LIFE IN CHRIST FAMILY CHURCH & BIBLE SCHOOL
25 Robinson Rd. Clinton - 315-853-1582. www.licfc.org
Pastors Peter & Adeline Forrester
Sunday Service 10 AM
(Nursery & Sunday school provided)
Thursday Night Prayer Mtg 7 PM
Operating in all of the gifts of the Holy Spirit including
‘healing’
Go on line and check out our school.
Teaching people the word of God without compromise!


ANNUNCIATION CHURCH
7616 E. South Street, Clark Mills 315-853-6138
rectory.denise@roadrunner.com
Fr. Kevin J. Bunger. Deacon Gilbert Nadeau (Retired)
Weekday Mass: Wednesdays 10am
Weekend Mass: Sat. 4pm Vigil, Sun. 9:30am
Confession: Sat 3:15pm-3:45pm
Handicap accessible, air conditioned

*New Life
Apostolic Church*

Service Times:
Sunday School
Sunday Adult Service: 10:00 a.m.
Wednesday Night Prayer: 7:00-8:00 p.m.
Thursday Evening Bible Study: 7:00 p.m.

Pastor Mark Waterman
315.736.1161

3995 Oneida Street #4
New Hartford, NY 13413

**@NLAC4all**



STONE PRESBYTERIAN CHURCH

8 So. Park Row, Clinton
Scott Leonard, Commissioned Lay Pastor
Sunday service-10:30AM
Website: www.stonepres.org
E-mail: stonepres@verizon.net
Office phone: 315-853-2933
Handicapped Accessible

CLINTON UNITED METHODIST CHURCH

105 Utica Road, Clinton www.clintonmethodist.org
Rev. Michael H. Terrell
Sunday Worship Service 9:30 AM
Sunday school during worship following children’s time
Office Phone: 853-3358

CORNERSTONE COMMUNITY CHURCH

500 Plant St. Utica(Oneida Sq. across from Dunkin Donuts)
Mike Ballman, Pastor www.cornerstoneutica.com
mike@cornerstoneutica.com
Sunday Mornings: 11:15am
Last Sunday of month 10:30am

CHRIST CHURCH (REFORMED PRESBYTERIAN)

8470 New Floyd Rd. Rome, NY 13440
Website: www.christchurchreformed.com
Facebook:
<https://www.facebook.com/ChristChurchReformedPresbyterian>
aarongoerner@gmail.com
Pastor: Aaron Goerner
Services:
Sunday School: 10AM
Sunday Worship: 11AM
Thursday Bible Study 7PM

ZION LUTHERAN CHURCH

630 French Road, New Hartford 315-732-4110
Sunday Mornings 10 AM
Sunday Contemporary Service 12:15 PM
Email: office@zionluth.com
Website: www.zionlutheranNy.org
Facebook: Zion Lutheran Church, New Hartford NY
Handicapped accessible

MOHAWK VALLEY CHURCH

9417 Maynard Drive Marcy, NY
Sunday Mornings at 10am
Come As You Are
www.mohawkvalley.church
info@mohawkvalley.church
Pastors Mike & Susie Melnick
Contemporary Worship led by Mark Bolos

TABERNACLE BAPTIST CHURCH

13 Clark Place, Utica 315-735-7534
churchoffice@tbcutica.org
Facebook: Tabernacle Baptist Church
www.tbcutica.org
We are together in our diversity! Come worship with us!
Saturday 6 p.m. Young Adult Worship & Study
Sunday 10 a.m. English Worship Service
Sunday 10:15 a.m. Sunday School for children in English and in Karen
Sunday 11:30 a.m. Karen Worship Service and 2nd-Hour Sunday School
Pastors Rev. Debbie Kelsey and Rev. Daniel San

BIBLE BAPTIST CHURCH

4431 Middle Settlement Rd., New Hartford, NY 13413
Brian Demers, Pastor
Sunday School for all ages: 9:30 a.m.
Sunday Morning Worship Service: 10:45 a.m.
Sunday Evening Bible Study: 5:00 p.m.
Wednesday Evening Bible Study and
Kids4Truth Children’s Program: 6:45 p.m.
Handicapped accessible. Nursery Provided.
www.biblebaptistchurchnewhartford.org

ST. MARGARET’S ECUMENICAL & RETREAT CENTER

47 Jordan Road, New Hartford – 315-724-2324
stmargaretshouseny.org
info@stmargaretshouseny.org
Rev. Elizabeth Gillett, Chaplain
The retreat center is open to the public.
Wednesday Worship Services at Noon
Zoom and in-person worship services - All Welcome!
Wednesday Lunches at 12:30 PM - Includes Entree, Veggies, Salad, & Dessert. Suggested donation \$10 per person
Groups Discussions about Matters of Faith, Second Wednesdays at 1:30pm
Monthly Dinners on Third Wednesdays 5pm (take out) and 5:30pm (dine in) suggested donation \$15 per person.
Please call ahead for our Monthly Dinner
April 2022 Events at St. Margaret’s House
April 20th Monthly Dinner:

Chicken Parmesan, Veggies, Salad, & Dessert

April Special Events:

It Takes a Village - April 5th

You are cordially invited to join Rev. Elizabeth Gillett and Executive Director Judy Reilly for a faith-based, community-building series. Each month the group will select a religious work with a contemporary theme from which to begin a dialogue. Themes that will be covered include: poverty, income and equality, joy, racism, addiction, and more. Meets from 12 to 2pm - lunch included.

This program is graciously provided through the funding from the Episcopal Diocese of Central New York’s ministry grant.

Social Justice Film Days - April 27th

Join us for a film viewing, treats, and refreshments. Films selected will feature the themes of social justice and community action. April 27th (fourth Wednesdays) at 9:30am.

Continuing Easter Joy - April 20th

Join us at St. Margaret’s at Noon on Wednesday, April 20th, for a celebratory mass and lunch.

BEIT SHALOM

48 Franklin Square, Utica, NY 733-2867
Rabbi: Stephen Galiley
Friday Evening Shabbat Services: 7:00 pm
Oneg Shabbat
Beit Shalom is a Messianic Jewish Congregation.
All are welcome!



TEMPLE EMANU-EL

2710 Genesee Street, Utica, NY – 724-4177
teuticaoffice@gmail.com
Rabbi Peter Schaktman
Friday Evening Oneg Sabbath sponsored by the Sisterhood of Temple Emanu-El. All are Welcome

TEMPLE BETH-EL

1607 Genesee Street, Utica
Rabbi Gustavo Geier
Executive Director: Mrs. Mundy B. Shapiro
Fri night - 5:30pm
Sat morning - 9:30am on Zoom

ZVI JACOB

Orthodox Synagogue
110 Memorial Parkway, Utica - 724-8357
Services are held Saturday at 9am, and on holidays.
Services may be held at other times if there is a minyan.
Visit our website www.zvijacob.org.
All are Welcome.

THE JEWISH COMMUNITY CENTER

2310 Oneida Street, Utica - 733-2343
Provides programs for seniors and recreational activities for all ages. Open to people of all races, religions, and nationalities.

The Annual Helen and Leon Sperling Holocaust Lecture

will be held on April 28th at 7:30
The Jewish Community Center,
2310 Oneida Street, Utica.
It is free and everyone
is welcome.



**Bagel and Lox!
Pastrami Sandwich!
Kosher Franks!
Kugel and Knishes!
Egg Creams!**

Is your mouth watering yet? Are you ready to nosh? Well, Utica no longer has a traditional Jewish deli but we now have a festival of all things Jewish on the horizon! And of course, Jewish food tastes best with Jewish music!

June 12 marks the addition of “JEWTiCA!” to the Mohawk Valley’s calendar of festivals and celebrations. Running from noon until 8 pm on a Sunday afternoon, the Jewish Community Center of Utica brings together all of these wonderful Jewish foods and more on the grounds of the JCC at 2310 Oneida Street in Utica.

The festival team is very excited to announce that the musical acts being presented at the festival will be headlined by one of New York’s finest klezmer bands, “Isle of Klezbos” from NYC. These six female musicians swing with traditional and updated music from eastern European shtetls such as those found in Ukraine and Poland.

Everyone is welcome to this festival to explore Jewish culture and life. Admission is free. You’ll find games and activities for kids, food trucks (think falafel!), cooking demonstrations, and rabbis who can answer all your questions at the “Ask a Rabbi” tent! This festival will take place rain or shine.

...and as your Bubbe (yiddish for Jewish grandmother) would say: If you miss this event, it would be a shanda! (a sin).

For information on how to place a free article for your community event or local news, please email towncrier@pjgreen.com or call 315-723-4827

We currently mail our monthly paper to residents in the 13413 zip code.

If you know someone outside of that area who wishes to receive our publication, we ask that you please send a (yearly) \$20 check, to The Town Crier, PO Box 876, New Hartford, NY 13413.

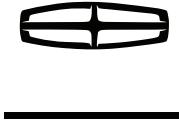
We will gladly add the address to our subscription list.

We would also like to mention that we are a privately owned business, and not part of the Town of New Hartford.

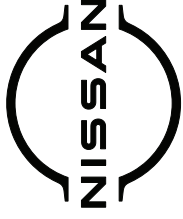
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