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Vol. 36 No. 5
May 2022

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Eighth Annual 'Best Ball' Golf Scramble with Prizes Saturday June 11th

A benefit for the Make-A-Wish foundation/scholarship fund in honor of the memory of John D. Lloyd, who was a sophomore at New Hartford High School when his wish was granted. The Make-A-Wish foundation granted John's wish to meet Buffalo Bills Players CJ Spiller and Fred Jackson in December of 2013. Please help us to help them keep granting wishes.

The Golf tournament will be at Twin Ponds Country Club, New York Mills June 11th, 2022. Tee off at 9 AM. Ticket Price includes 18 holes of golf, cart, lunch at turn, and a packaged dinner to-go, \$95 dollars each. There will be no in person Dinner/Banquet. Call to reserve your spot! For questions or more info contact Kathy Lloyd 315-723-6545 or Sue Lloyd 315-723-7865.

NEW HARTFORD MEMORIAL DAY PARADE & NHFD OPEN HOUSE

Monday, May 30, 2022
Starting at 7:00 PM



Sponsored By:

The New Hartford Volunteer Fire Department,
The Village of New Hartford
The New Hartford Chamber of Commerce and
Richard Sherman, Highway Superintendent

BLOOMS OF HOPE **Hanging Basket Flower Sale**

Blooms of Hope to Benefit Hospice & Palliative Care

Hospice & Palliative Care is proud to announce their "Blooms of Hope" Hanging Basket Flower Sale. Purchase vouchers for 10" and 12" Hanging Baskets and then redeem at River Road Farm and Greenhouses in Marcy during the month of May. There will be a variety of hanging baskets with different types of flowers to choose from. 10" baskets are \$22.50 each and the 12" baskets are \$31.50 each.

Mother's Day is May 8th, so make plans now to buy a voucher for a beautiful hanging basket for the flower lovers in your life. Also, Memorial Day is May 30th, and is a wonderful time to honor Veterans, loved ones and enhance our homes and gardens with beautiful flowers.

"This is a wonderful opportunity to support the hospice mission and give a gift of a hanging basket for an upcoming occasion. Vouchers will be mailed to purchasers and then they can present it to someone in their own card. Gift giving for any occasion has never been so easy!", stated Jan Corn, Blooms of Hope Co-Chairperson.

To order go to www.hospicecareinc.org under the Events tab and order online or print out an order form to mail in. Vouchers will be mailed out as orders are received. Make someone feel special and have an impact on the lives of others at the same time! For more information contact Laurie Barr, Fund Development Coordinator at 315-735-6487 ext. 1004 or labarr@hospicecareinc.org.

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Urban Tree Planting Project Returns to Utica

A project to plant trees in the City of Utica is coming back after a very successful start last year. The Urban Tree Planting Project is looking for City of Utica homeowners who are interested in receiving a free tree, which will be delivered and planted at no charge. Homeowners would be required to care for the trees for a minimum of 2 years. Interested Utica Homeowners are asked to contact Darlene Mack-Brown at (MVCAA) 315-624-9930. Funding for this project is made possible through money raised during a Rotary Club of Utica golf outing held in August, named Tees for Trees.

This Urban Tree Planting project is a cooperative program with The Rotary Club of Utica, The Unitarian Universalist Church of Utica, Mohawk Valley Community Action Agency, and the City of Utica Parks Department. The goal is for the trees to thrive over many years and serve to enhance the value of these properties, improving the air quality within the community by reducing carbon emissions, provide a canopy of shade to lower the heat index during summer months, and as recent studies have found, trees planted in urban areas have served to reduce the level of crime.

The deadline to submit an application is May 31st.


Varieties of trees available in 2021 included White Birch, Maple Blaze, Pear varieties, Northern Red Oak, Japanese Lilac, American Linden and more.

Adirondack Mountain Club May Meeting

Tuesday May 3rd at First Baptist Church. 7 Oxford Rd, New Hartford. 7PM.

Guest Speaker will be Bill Coffin presenting on Archived Indian Trails within Central New York.

This meeting is free and open to the public.



Let's Grow Some Smiles!

submitted by Shelly Corey, The Mum Farm

We all know the past two years have been difficult in so many ways. I surprised myself the other day when I actually and truly laughed out loud at something I was watching on tv. We've forgotten how to find joy, happiness, and to smile. It's so difficult to even think about smiling under a mask when we're in public. I believe I have come up with a simple solution...let's grow some! I know that I am not the only one who marvels at the intricacies of a simple flower blossom. I marvel at how quickly a plant can grow...seemingly overnight, like my many amaryllis bulbs this past winter. Plants and gardening renew our faith that life goes on and we learn from the past and look forward to the future. Gardeners are ever optimistic people; whatever Mother Nature may throw at them!

Each spring season I remind everyone to not purchase the biggest hanging basket they find. It's important to nurture our plants, watch them grow, revel in their blooms, fruit and beauty. Slow down and look closely at the leaves, flowers...they are all stunning in their own way. Stand back and admire them from afar. Gardening makes us slow down and focus on the here and now. Watering, feeding and pruning are essential to their lives whether they are perennials or annuals.

This article is written to remind you to be present. I

know myself, how easily it is for me to get wound up about life. I know...everyone thinks growing plants is a walk in the park. Now don't get me wrong.... It's truly amazing and I love it, it's why I continue to do it. I also love bringing beauty to the world through my plants. But like everything else, it takes work, commitment, knowledge and at times a lot of help from friends and family, who are always there to lend a hand or give a positive, calming comment when I've wound myself up!

Back to the horticulture part of this article and picking out healthy annuals! We all know what appeals to us, what we like, what colors we like. Start with that as you purchase your annuals, then ask your grower if your sun exposure is correct for the plants you have chosen. You've got to get that correct right from the start or you'll set yourself up for failure and no grower wants you to fail. We all want you to have a positive experience with our plants so you'll become repeat customers. We want to help you grow your smiles! Not just your own, but the smiles of your neighbors, friends, family and especially your community when they see the beautiful blooms that you have grown!

Remember planting time is not officially until the end of the month, the colorful annuals have all been nurtured in the greenhouses for months and will be very unhappy with night temps below 50 degrees. It's usually mid-May when I open for the season and cross my fingers that the night temps are holding so that my customers need not purchase and then store their plants in the garage. Nothing worse than purchasing a beautiful load of annuals and have them go to mush in the dark.

In a few short weeks, it'll be time to start growing some smiles! I'm ready...are you?

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Robert
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NH Public Library 2 Library Lane 315-733-1535

Monday and Tuesday 10am-8pm

Closed on Wednesdays

Thursday and Friday 10am-6pm

Saturday 10am-2pm

Sunday 1-5pm

Computer Appointments Required
Curbside Pickup Remains an Option

Stay Connected With Us!

The most up to date information regarding closings, reopening, programs and crafts can be found on our website and on our Facebook and Instagram pages. Website: www.newhartfordpubliclibrary.org

Facebook:

www.facebook.com/newhartfordpubliclibrary

Instagram: [new_hartford_public_library](https://www.instagram.com/new_hartford_public_library)

NHPL Board of Trustees 2022 Meeting Schedule

The New Hartford Public Board of Trustees meets the 3rd Wednesday of each month at 4:30 pm at the New Hartford Public Library.

May 18, 2022

June 15, 2022

July 20, 2022

August 17, 2022

September 21, 2022

October 19, 2022

November 16, 2022

December 21, 2022

Curbside Pickup Continues

We are thrilled to continue to offer this service to our patrons. We kindly ask that patrons that are not using this service avoid parking in the upper level parking spot designated 1. We assign this spot to those that are taking advantage of this service. Thank you for your compliance and understanding.

Book Donations

Your book donations are greatly appreciated. As a reminder, we ask that you limit your donations to one box/bag at a time and that you deliver them to our Circulation Desk. Please do not leave donations in our hallway, drop boxes or outside our door when we are closed.

Community Room

Community Rooms will be available for groups and organizations to use. You can find more information on our website (<https://www.newhartfordpubliclibrary.org/reserve-a-room/>), by calling 315-733-1535, or by visiting our Circulation Desk at the Library.

Interested In Using Our Window Display?

The display case at the Library's main entrance is available without charge for community groups or individuals to display works of art, collections or educational displays. Exhibits must be in keeping with the Library's mission to meet the educational, cultural and recreational needs of the community. Exhibits may not be for entrepreneurial or commercial purposes, for the solicitation of business for profit or for fundraising. Religious proselytizing and partisan political recruitment are similarly prohibited. Applications for the case are on a first come, first served basis and are limited to one month, with displays also limited to one per year per individual, group or organization. Exhibits will be reviewed in advance before being displayed. Applications for use of the case are available at the Library's front desk. If you have any questions or are interested in using the display, please call the Library and ask to speak to our Display Case Coordinator, John. 315-733-1535

Strike Up the Band!

For the month of May, the New Hartford Community Band takes center stage in the display case in the library's main entrance. Each of the three panels in the case will focus on a different aspect of the band: 1. History: Old photographs and newspaper articles from the New Hartford Historical Society's archives will explore the history of the band, which was established in 1913 by Francis Myers. 2. Contemporary: Photos, band instruments and information about current activities will be highlighted. 3. Festival: The group will preview the Summer Band Festival, scheduled to take place in August and sponsored by the band. Related: The book rack near the main entrance will offer CDs and books about bands and instruments.

Story Walk

We are thrilled to announce a new addition to the Lally Garden...the NHPL Story Walk! Throughout the garden you will find a children's story, taken a part and displayed page by page, hidden among the flowers and plants. It's a fun way to not only read a story, but to also enjoy the beauty of our Lally Garden. Check back periodically for a new story!

In Person Story Time

Tuesdays (group A) and Thursdays (group B) 10:30-11:00 for preschool aged children. Join us for stories and crafts. Aimed towards preschoolers – but all are welcome. An adult must accompany the child. All story times are held in the Children's Area/Corasanti room.

May 3rd & 5th - Flower Theme

May 10th & 12th - Bee Theme

May 17th & 19th - Bird Theme

May 24th & 26th - Red, White & Blue Theme

May 31st & June 1st - Caterpillar Theme

Grab & Go Projects Adults Schedule

Adult Grab & Go Projects continue on the first Monday of each month.

May 1st – Photo Glass Magnets

Call to reserve beginning at 10:00 on the day of that month's project, or come into the library to pick

Grab & Go Project Bags for Kids Schedule

Kids Grab & Go Projects continue on the first Thursday of each month.

May 5th – Mini Canvas Painting

Call to reserve beginning at 10:00 on the day of that month's project, or come into the library to pick

Book Clubs

Are you in a book club or looking to start one? Many book clubs are meeting virtually during the pandemic. If your club needs to order books or if you are interested in starting a book club, please call the Library and ask to speak to our Book Club Coordinator, Tanya. 315-733-1535

Women (and Men) of Mystery on Zoom!

Women (and Men) of Mystery led by Janet Hoover will be taking a break over the summer. Our classes will resume in August, which gives you lots of time to read lots of those thrillers, cozies, hard-boiled, Nordic Noir, golden age stories of suspense. So browse the library mystery section and we'll see you on August 27 (in person and on zoom). You can check the library website in July for more information



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Yoga for Seniors

Join Bill Skinner every Monday at 3:00pm for a Yoga program geared towards seniors! Please call the Library at 315-733-1535 to register for this in person class.

New Hartford Public Library
to Offer Social Security
Seminar

The New Hartford Public Library is offering a free Social Security Claiming Strategies seminar on Tuesday, May 3rd at 6:00 PM. This one-hour educational program is designed to help pre-retirees learn how to maximize their benefits before receiving them. Get answers to some of the most frequently asked questions such as:

1. When should I start collecting my Social Security benefits?
2. What are the differences between spousal and survivor benefits?
3. Are there any advantages or disadvantages for collecting benefits early?
4. Can I still collect my benefits while working?
5. How secure are my Social Security benefits?

The event is being presented by Retirement Solutions, LLC and is free to attend. Seating is limited and advance registration is required. To RSVP, please contact the library at (315) 733-1535.

Upstate University Hospital’s
Mammography Van to the
New Hartford Public Library
on May 24th

Upstate University Hospital’s Mammography Van will visit the New Hartford Public Library at 2 Library Lane in New Hartford on Tuesday, May 24, 2022. The screenings will be available between 10 a.m. and 3 p.m. for women who have scheduled an appointment.

To schedule an appointment for a mammogram with the van, women should call 315-464-2582. Appointments can also be requested online at: <https://www.upstate.edu/noexcuses>.

To be eligible for a mammogram in the van, women should be 40 years and older; not have had a mammogram in the past 12 months; and not be experiencing breast problems.

The mobile mammography program was started through New York State’s “Get Screened, No Excuses” Breast Cancer Initiative, and continues with the support of Upstate University Hospital. The program aim is to get rid of obstacles to breast cancer screening for women in New York. The average rate for screening mammography in New York is 81 percent.

The mammography van is equipped with a state-of-the art 3D digital mammogram system, private exam room, dressing rooms and a waiting room.

Breast cancer is one of the most common cancers in women, effecting one in 8 women. It's also one of the most treatable cancers when detected early. Mammograms—x-rays of the breasts—are the most effective screening procedure for the early signs of breast cancer.

For information, contact: Wendy Hunt at 315-492-3353.

Mid York Library
Road Trip 2022

Mid York Library System is proud to announce the Mid York Library Road Trip event beginning on June 1, 2022. This summer, kids, adults, and families are welcome to join a three-month trip to visit 45 library locations throughout Herkimer, Madison, and Oneida counties. Participants will discover the unique buildings, services, and resources available at their local and neighboring communities.

About Mid York Library Road Trip

The Mid York Library Road Trip begins by picking up a map at your first stop. A list of libraries and their locations can be found at www.mylibraryroadtrip.org. Use this map to plan your road trip to as many of our 45 Mid York Library System locations as you can visit. During your visit have a library staff member stamp your map to document your trip. Each library is the beginning of your journey to a new community, feel free to explore local attractions, restaurants, parks, and vendors. Throughout your road trip you will have the opportunity to receive various prizes as you discover each of our libraries. Any person, team, or family that is able to receive a stamp from all 45 locations will receive a VIP gold library card.

Participate in the Mid York Library Road Trip from June 1 to August 31, 2022. More information on our libraries, and their communities, can be found at www.mylibraryroadtrip.org.

About Mid York Library System

On May 10, 1960 a three-county-library system was established to include the counties of Oneida, Herkimer, and Madison. Jervis Library in Rome was named the central library in the system, the system established its headquarters on the second-floor of the Jervis Library building. The system would later adopt the name of Mid York Library System. In 1963 the Mid York Library system grew to 36-member libraries and continued to grow to 38 members in 1964. In 1965 the Mid York Library System purchased a facility in Utica, NY on Lincoln Avenue where the system is still located currently. The Mid York Library System currently serves 43-member libraries with 45 facilities throughout the three counties with the Jervis Public Library and the Utica Public Library as co-central libraries.

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New Hartford Citizens’ Band
“And the Band Plays On”

Featured in the photo above is the New Hartford Citizens’ Band in 1929, standing in front of Butler Hall. The band was first formed in the spring of 1913 when Professor Francis A. Myers and about 30 local musicians started a village band to perform concerts and march in parades. Through the years, the band has become widely known throughout the area and still continues to carry on the tradition of providing great music, fun and entertainment for the whole family. This year, the band’s 109th, the New Hartford Citizens’ Band continues to perform under the leadership of Mike DiMeo, who has been the director since 1976. Over the years, the band has performed in many locations in the village: Butler Hall, the front steps of the New Hartford High School and its current location at the New Hartford Village Park. This year, the band will perform Wednesday evenings on June 29th, July 6th, July 13th, July 20th and July 27th. All performances will begin at 7:30 PM. During the concerts, the band will feature soloists from the area, raffles, food and much more. Also, on Saturday, August 6th, the band will hold their 3rd Annual Band Festival starting at 12 noon at the Village Park. This festival will feature 5 concert bands from the CNY area who will perform all types of music and provide entertainment for the whole family. And don’t worry about any rainouts. All performances will be moved inside to the New Hartford Recreational Center in case of inclement weather.

The New Hartford Citizens’ Band and its talented musicians do their share to make New Hartford a wonderful place to live and are able to do so because of the hundreds of people who support them. If you or your company would like to support the band this year, more information can be obtained on Facebook at New Hartford Citizens’ Band.

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VILLAGE OF NEW HARTFORD - CURBSIDE JUNK COLLECTION

The following information pertains to VILLAGE OF NEW HARTFORD residents only and does not include the TOWN OF NEW HARTFORD.

For more detailed information refer to your Village Municipal Collection Flyer or call 315-724-0379 (DPW Garage) or 315-732-1147 (Village Office).

The VILLAGE of New Hartford will have a curbside junk pick-up on May 9, 2022. Materials must be at the curb by 6:00 a.m. on May 9th and sorted into separate piles as listed below:

- Please note anything longer than 8' feet will NOT be collected.
- Collection limits for categories #1) Household Junk and #2) Sanitary Waste are each limited to a pile not to exceed 4' wide 8' long and 3' high.

- 1) Household Junk: Lumber bundled, piled parallel with the roadway, roofing and plaster in containers weighing 60 lbs. or less, furniture without fabric, porcelain sinks and toilets, and storm windows.
- 2) Sanitary Waste: clothes, bedding, stuffed furniture, hardcover books, empty paint cans with lids removed, and toys.
- 3) Metal: major appliances and metal products.
- 4) Tires: tires must be off rims and no larger than 16". No large truck or tractor tires.

The DPW will NOT accept:

- 1) Recyclable materials, lumber exceeding the limit stated above, and shingles not contained. For construction and demolition projects, please contact the Village DPW or a private waste hauler to make arrangements for a dumpster.
- 2) Propane cylinders and liquids, such as paints, thinners, waste oil, herbicides, and pesticides may be disposed of at the Oneida Herkimer County drop site per their collection schedule. For more information, call 315-733-1224.
- 3) Automotive Batteries - due to employee and environmental hazards, batteries may be returned to a redemption or recycling facility.

Your cooperation with sorting materials and observing these guidelines helps reduce costs and insures the continuation of this program.

VILLAGE OF NEW HARTFORD WEEKLY GREEN WASTE
AND LEAF COLLECTION SERVICE

Leaves, grass clippings, and brush will be collected every Wednesday from May through September. During this time, brush must be bundled, and leaves, grass, and trimmings must be contained in reusable cans.

From October 1st through November 15th leaves will be collected loose at the curb once weekly. Please keep leaves separate from brush pile.

- Plastic bags used for leaves and green waste will not be collected.
- Limbs must be under 12" in diameter and less than 6' long for collection.
- Please do not pile material in the roadway.

Compost is available free of charge while supplies last and can be picked up outside the Village hardfill dump located at the end of Graham Ave. Bring a shovel and containers.

For information on how to place a free article for your community event or local news, please email towncrier@pjgreen.com or call 315-723-4827

We currently mail our monthly paper to residents in the 13413 zip code.

If you know someone outside of that area who wishes to receive our publication, we ask that you please send a (yearly) \$20 check, payable to The Town Crier, PO Box 876, New Hartford, NY 13413.

We will gladly add the address to our subscription list.

We would also like to mention that we are a privately owned business, and not part of the Town of New Hartford.



Tommy Goodelle & Kamryn Richards

Two New Hartford 6th Graders Named as New York State Elks Hoop Shoot Champions

Utica Elks lodge #33 is home to two New York State Elks Association Hoop Shoot Champions. Kamryn Richards and Tommy Goodelle, both 6th graders at Hughes Elementary School, are the 2022 12/13 girls and boys state free throw Champions. In order to qualify, shooters must win at the local, district, and regional levels to qualify. On 3/5/22 they travelled to Glens Falls to compete. Kamryn won the 12/13 girls by shooting 18 out of 25 free throws. Tommy won the 12/13 boys division by shooting 25 for 25 and also won most consecutive shots for all boys in all divisions.

Due to their win at states, Kamryn and Tommy

travelled to Wilkes-Barre, PA on March 19th to shoot against the state championship of Pennsylvania and New Jersey in the Region 5 Championship. The winners of the Region 5 Championship get to compete at the National Championship in Chicago on April 30th. Kamryn finished 2nd in her division after shooting 16/25 and 7/10 in a shoot off for first place. Tommy won the 12/13 boys shooting 23/25 and moves on to Chicago. He will shoot for the Championship at the WNBA's Wintrust Arena on April 30th.

New Hartford CSD Board of Education Welcomes Student Representatives

The New Hartford Central School District Board of Education is proud to announce that current New Hartford High School seniors Sophia Farkouh and Luke Radel have been named as Student Representatives on the Board of Education for the months of April, May and June. The student members of the Board will serve as the voice of the students by providing brief reports sharing issues of importance to the student body at Board of Education meetings.

The Board believes that it is important to seek out and consider students' ideas, viewpoints, and reactions to the educational experience within the District. The Board values the voices of students and wishes to both encourage student involvement and promote a link for communications between the Board and the student body by welcoming Student Representatives to their regular board meetings




Sophia O'Neill

O'Neill to Attend Empire Girls State Premier Program


The New Hartford American Legion Unit 1376 has selected Sophia O'Neill to attend this years Empire Girls State Premier Program at the State University At Brockport. Sophia is a junior student at New Hartford Senior High School. She was chosen because of her exceptional scholarship and citizenship, according to the officials with the New Hartford American Legion Auxiliary. Only 360 students are chosen from high schools across the state. Sophia is the daughter of Timothy O'Neill - Renee O'Neill.

This is an educational Americanism program developed to offer girls a better prospective of the practical government operations. The program allows participants the opportunity to enroll and earn college credits following their participation in the program.

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Shelter Box near Przemysl station, eight miles from the Polish border with Ukraine.

New Hartford Rotary to Help Ukraine

The Rotary Club of New Hartford has made a donation to the Shelter Box USA to provide shelter for a displaced family in Ukraine. The club decided to make the donation during their last meeting citing the challenges facing those forced to leave their homes due to the conflict.

“Helping our neighbors sometimes means those who live right next door and other times our neighbor may be on the other side of the globe.” Said Jim High, President of the club. “We are grateful to be in a position to help in Ukraine thanks to the generosity of those in our community who support our club.”

ShelterBox is a global disaster relief charity with affiliate offices across Europe, Africa, North America and Asia focused on emergency shelter. ShelterBox USA is headquartered in Santa Barbara, CA. Since its founding in 2000, ShelterBox has helped more than 2 million people worldwide rebuild their lives by providing them with emergency shelter and essential household supplies.

There are now 113 million people around the world forced from their homes due to disasters, conflict, or the consequences of climate change. ShelterBox is a world authority on providing innovative, rapid, and practical

shelter to families in some of the world’s hardest-to-reach places and most devastated disaster zones.

ShelterBox strives to source equipment and delivery methods that will place shelter quickly into the hands of the vulnerable when they need it most. From family-sized tents designed to withstand the elements, ShelterKits containing all the essential tools needed to start repairing and rebuilding homes, solar lighting, and water filtration. The charity’s signature green boxes – durable and highly portable – are now a familiar and welcome sight in humanitarian emergencies worldwide.

It has provided help and hope following some of the world’s most devastating disasters. It has also been there to help rebuild lives during conflict. It has brought shelter to the displaced in Syria and its neighboring countries since 2012, provided refuge for families fleeing terror in the Lake Chad Basin of Africa, the violence in Yemen and is now working to support families displaced by the war in Ukraine.

ShelterBox is funded only by private charitable support – it receives no government funding – and has a team of inspirational trained volunteers who take time out of their busy lives to assess and deploy aid around the world. It is also the only official Project Partner of Rotary International, whose 1.2 million members raise funds for ShelterBox and often provide local support on the ground during a disaster.

The Rotary Club of New Hartford is a service organization of Rotary International. The Club meets on Wednesday at 12:00 noon at Yahnundasis Golf Club. More information is available on their website: www.NewHartfordRotaryClub.org.



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COVID-19’s Effect on the Fitness Industry

submitted by Jim LaFountain, All American Fitness Center

Becoming a “victim” seems to be vogue, especially since the COVID-19 epidemic hit two years ago. Several victims emerge each day on our 24/7 news cycles, on every network. I am NOT a victim and hope and pray to never become one. I’ve chosen to report COVID’s impact on the fitness industry in this article because it may help sort out its potentially negative and dangerous effects and may just be avoided in the future.

In most cases, the Internet provides a valuable service to Americans. In the fitness industry, it becomes a double edged sword, especially involving home fitness equipment. Many fitness facility members sought

alternative fitness activities in lieu of training publicly and risk contracting the virus. After perusing a plethora of home fitness equipment, former members made a purchase, not based on scientific data, but on cost, availability and aesthetic appeal. A vast majority of consumers used their “on line” equipment sparingly and for a short period of time, choosing to reinvest in a new and better piece of equipment in just a few weeks. This buying cycle repeated itself several times, with minimal, if any benefit to anyone, except the manufacturer. Those exercise “lightly used” devices can be purchased on eBay, or several other social media sites or are currently being used as expensive clothes hangers in basements throughout every community. I can safely say, most of our returning members, fall into this category.

On a more serious note, about 20% of those home equipment trained members suffered an “overuse” injury while exercising at home. Poor equipment design, lack of specific instructions or no instructions at all, seem to be the cause. If nothing else, most public fitness facilities offer some instruction and provide a safe participation in their programs. A key point to remember is that regular exercise should NEVER be injurious.

Home fitness’ “compliance” data is abysmal. At home, we are not held accountable to anyone, but ourselves, which is a recipe for dropout and little or no results. Getting out of bed in the morning, trudging into

the basement, especially on our cold winter mornings, is hardly an appealing endeavor. Regardless of the electronic wizardry that pretends that you’re bicycling in the Pyrenees or hiking the Alps, self motivation is a limiting factor in exercise compliance. Public fitness facilities offer a much needed social component. Personal training has strong “compliance” data, because you have a scheduled appointment, pay a little extra money and do not have to “think,” just show up. Most of my clients have been training with me for 5-28 years!

I have friends who regularly use home fitness equipment and have done so for years. Exercising at home is a good idea, considering their lifestyle and works for some. I exercise at home a couple days a week, but exercise compliance and safety has never been an issue for me. This article is not about “home” versus “public” exercise, but rather giving you an opportunity to make prudent fitness decisions in the future. As I mentioned earlier, the internet can be an effect tool, but it can also do harm and cost significant amounts of our hard earned money.



May First ~ May Day / Lei Day

May 1 is May Day. Mark the return of spring by bringing in branches of forsythia, lilacs, or other flowering shrubs from your region.

May 1 is Lei Day in Hawaii. Leis are garlands or wreaths that are often made with native Hawaiian flowers and leaves. Nowadays, they are given as a symbol of greeting, farewell, affection, celebration, or honor, in the spirit of aloha. Lei Day originated in 1927, when poet Don Blanding proposed a holiday to recognize the lei’s role in Hawaiian culture. Writer Grace Tower Warren suggested May 1 for the date because it coincided with May Day, a celebration also linked to flowers. She coined the phrase, “May Day is Lei Day.” The first Lei Day observance occurred on May 1, 1928. The following year, it was made an official holiday in the territory. (Hawaii did not become a state until 1959.)

Today, Lei Day celebrations may include music, games, exhibits, and lei-making demonstrations and contests.



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Memorial Day is May 30th, and it is also a wonderful time to honor Veterans, loved ones and enhance our homes with beautiful flowers.

The Details

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- Complete an order form and mail to Hospice & Palliative Care
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- Order by April 15th to receive your vouchers by Mother's Day. After April 15th, vouchers will be mailed as orders are received.

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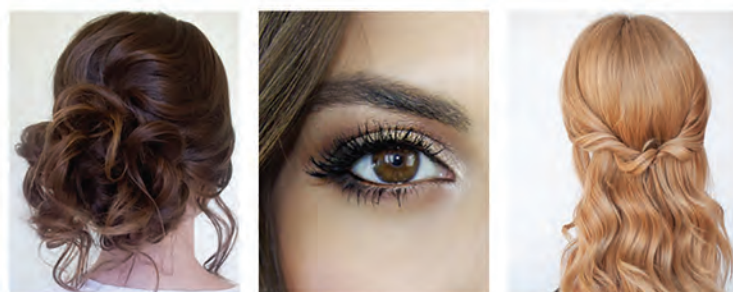
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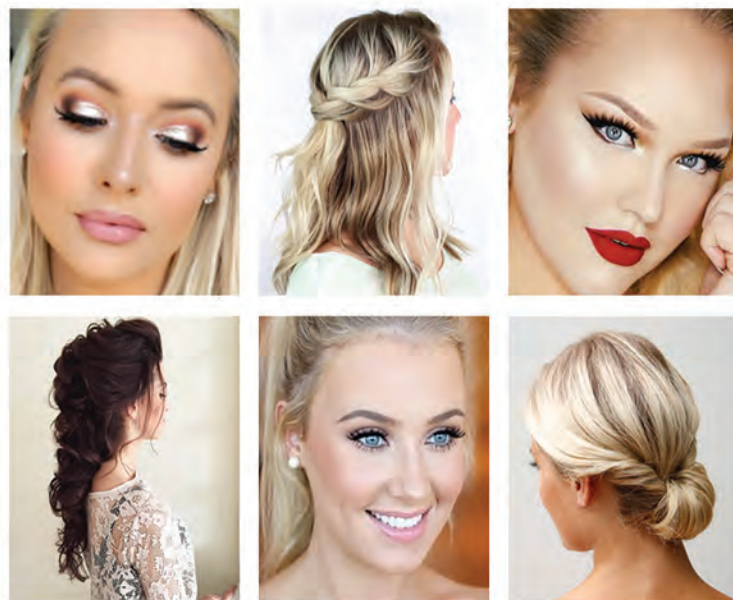
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Pictured (l-r): Noy Adler, Milena Aguayo Ucedo, Dave Jones, Elizabeth Nassar, Farhad Ali Shah, Vasyl Yurkuts, Cathy Marsh

Utica Rotary and Utica University Students Team up to Help Morrow Warming Center

On Friday, March 25, four students from Utica University and five Rotary Club of Utica members volunteered at the Morrow Warming Center in Utica, to help with various cleaning and food preparation tasks.

The Utica Students are international scholars and actively involved in community service in their home countries, including with Rotaract Clubs. Vasyl Yurkuts (Ukraine), Milena Aguayo Ucedo (Paraguay), Noy Adler (Israel), and Farhad Ali Shah (Pakistan) helped with Morrow Warming Center Managing Director Cathy Marsh’s wish-list of tasks to be done.

The students sorted and organized the pantry, supply, and clothing closets as well as the kitchen area. Additionally, a couple of the students assisted Morrow Warming Center volunteer Meredith Reed with processing food for freezing, and Noy Adler showed off her baking skills by making several loaves of bread for the evening meal with other students and staff. Vasyl Yurkuts also helped with Morrow Center accommodation repairs.

The students were assisted by Rotary Club members Elizabeth Nassar, Dave Jones, Mary Ann Hallak-Serwatka, Jill Koch and Michelle Brandstadt. Cathy Marsh and Meredith Reed of the Morrow Center were extremely appreciative of the volunteers.



Nicole Goodelle Seeking Your Vote for NHCS BOE

Nicole Goodelle is currently seeking your vote for the New Hartford Central School Board of Education. Nicole has been a resident of New Hartford for 16 years and lives with her husband, a New Hartford graduate, and her two children, a ninth grader at Perry Junior High and a sixth grader at ER Hughes Elementary. She received her B.A. in Political Science from SUNY Geneseo and her M.S. from Utica College in Adolescent Education. Nicole is a high school social studies teacher at Clinton High School.

Nicole would like to work with the current board, administration, teachers and community to ensure that New Hartford’s long-standing history of academic excellence continues. The last two years brought unprecedented, yet predictable, issues of our students and teachers to the forefront including academic gaps and social, emotional, and behavioral needs. Nicole will question and collaborate with the administration and the other board members to ensure that we are doing what is best for our students, teachers, and community while keeping the focus on being committed to excellence. Please vote for Nicole Goodelle on May 17th for New Hartford’s Board of Education.

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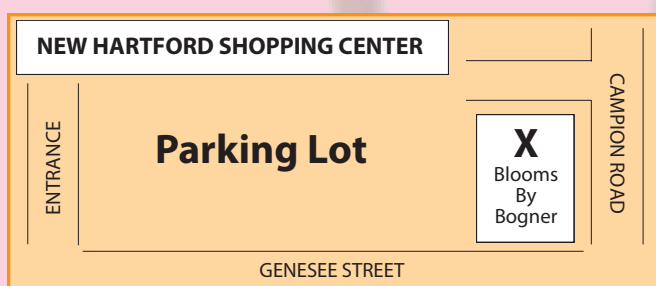
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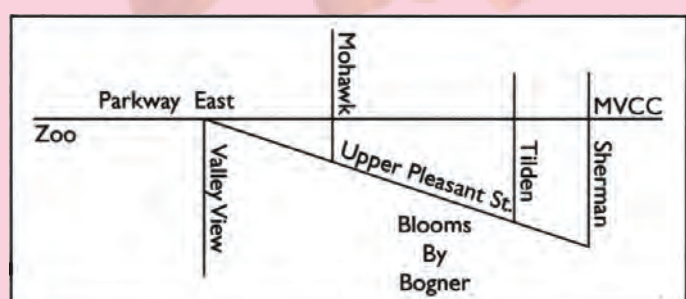
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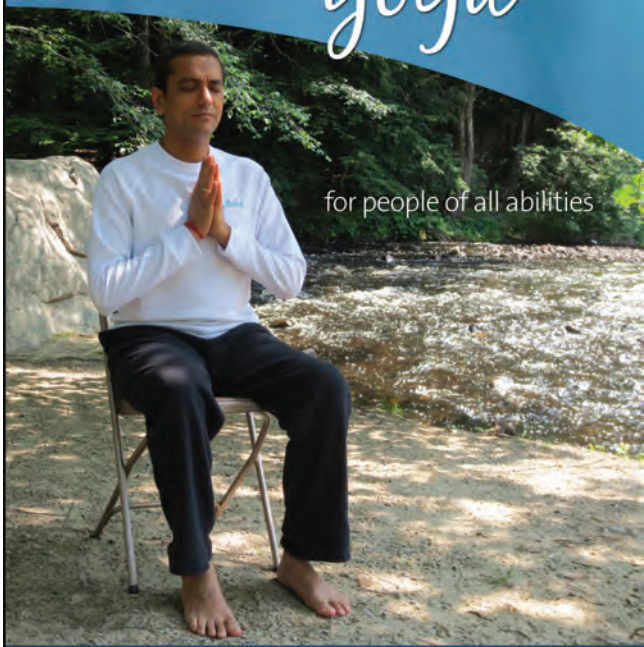
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Pictured is Jay Gupta, one of the professional yoga instructors leading the Seated Therapeutic Yoga seminar at Sitrin.

Free Seated Therapeutic Yoga Seminar at Sitrin

Sponsored by the National Paralysis Resource Center of the Christopher & Dana Reeve Foundation

The Sitrin Health Care Center will be offering a free, 1-hour Seated Therapeutic Yoga seminar on Monday, May 16. This event, in collaboration with the National Paralysis Resource Center of the Christopher & Dana Reeve Foundation, will describe and demonstrate yoga movements and techniques.

Research has shown that a seated therapeutic system of yoga significantly reduces four types of symptoms: PTSD, anxiety, depression, and insomnia. This approach to yoga and mindfulness has been implemented in a host of health-related settings, including physical medical rehabilitation hospitals, adaptive sports programs and services for older adults.

The instructors for this event are Jay Gupta, RPh, MSc, C-IAYT and Terry Gupta, MSW, C-IAYT, E-RYT500, YACEP of RxRelax. Jay Gupta and Terry

Gupta are health care professionals and yoga therapists who enjoy bringing science-smart practices to people with mobility concerns and their caregivers across the United States.

“I will be sharing parts of an evidence-based yoga protocol that will work with your physical, emotional, mental and cognitive resilience,” Jay Gupta, said. “For those who take five or more prescription medications, you can also learn how we are using these ‘yoga (practice) capsules’ to help reduce problematic polypharmacy and restore vitality.”

Jay Gupta is the Director of Pharmacy & Integrative Health at a large community health center in New England. He is a pharmacist, medication expert, “de-prescription” leader, and international speaker. He has been recognized by Cardinal Health, the National Alliance of State Pharmacy Associations (NASPA) and Next Generation Pharmacists/Pharmacy Times for his excellence in integrative therapies and reducing problematic polypharmacy.

Terry Gupta is Executive Director of YogaCaps, Inc., and President of RxRelax, LLC. She is also an internationally certified educator of yoga teachers. Terry has been recognized by the Department of Labor/Education Training Administration, the State of NH and Citizens Bank Foundation. In addition, she recently received a 2021 AmplifiHER Community Impact Award from the NH Women’s Foundation for fostering resilience in the state of NH during the COVID-19 pandemic.

“We are thrilled to collaborate with Jay and Terry Gupta and the National Paralysis Resource Center of the Christopher & Dana Reeve Foundation to offer an alternative approach to health for individuals in our community,” Shawna Marmet, outpatient clinical supervisor at Sitrin, said.

This seminar, which will be held in Conference Room C of the Sitrin Medical Rehabilitation Center, is limited to 20 attendees. Each participant will receive a gift pack, including a free DVD to continue to practice at home. No special clothing or flexibility level is required for the chair yoga portion.

For more information about this event or to register, contact Dr. Shawna Marmet, PT at (315) 737-2237 or smarmet@sitrin.com.

ABOUT SITRIN: Sitrin provides a variety of services for people of all ages and abilities, including comprehensive medical rehabilitation (inpatient and outpatient), long-term care, assisted living and enriched housing (Cedarbrook), NeuroCare, residential care for people with intellectual disabilities and medically complex conditions, medical and social model adult day health care (OPAL Program), military rehabilitation, adaptive sports (STARS Program), a Wellness and Aquatic Center, orthopedic injury program, concussion management, child care, and dental clinic. Sitrin is a not-for-profit corporation.

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A Party of Sparkle and Fun at the Kirkland Art Center to Celebrate 60 Years

The Kirkland Art Center in Clinton will be filled with live music and party goes on Saturday, May 7 7 pm - 10 pm. That's the evening of the art center's annual KACelevation! The party will mark the 60th diamond anniversary of the Kirkland Art Center and will take place in the KAC Gallery, which will be transformed for the evening with sparkling décor, live music, fine food, a silent auction and lots of fun.

The evening will feature popular acoustic duo, Steve & Steve who will play their full set of favorites. Surprise guests will provide songs and entertainment. Violinist Liz Simchik will open the night with her alternative takes on pop and rock hits.

"We've waited a long time to mark this occasion so we're hoping everyone comes out to enjoy the evening. And it's a great way to support our community arts center and keep it thriving," said David Fitzgerald, KAC executive director.

"We're having a lot of fun planning the night. We're telling everyone to come as you are or go full bling, just don't miss this party!" said Damhnait McHugh, KAC board president.

Party goers will enjoy hors d'oeuvres and complimentary drinks, and the silent auction will feature artwork and extraordinary experiences to suit everyone's interests.

The 60th diamond anniversary KACelevation! will be held Saturday, May 7th from 7 pm to 10pm at the Kirkland Art Center, East Park Row in Clinton, NY.

Tickets are \$60 and can be purchased at www.kacny.org, by calling 315-853-8871, or by dropping by the KAC during regular office hours Tuesdays through Fridays. Proof of vaccination is required.

Join us for the 60th diamond anniversary of this gem in our community!


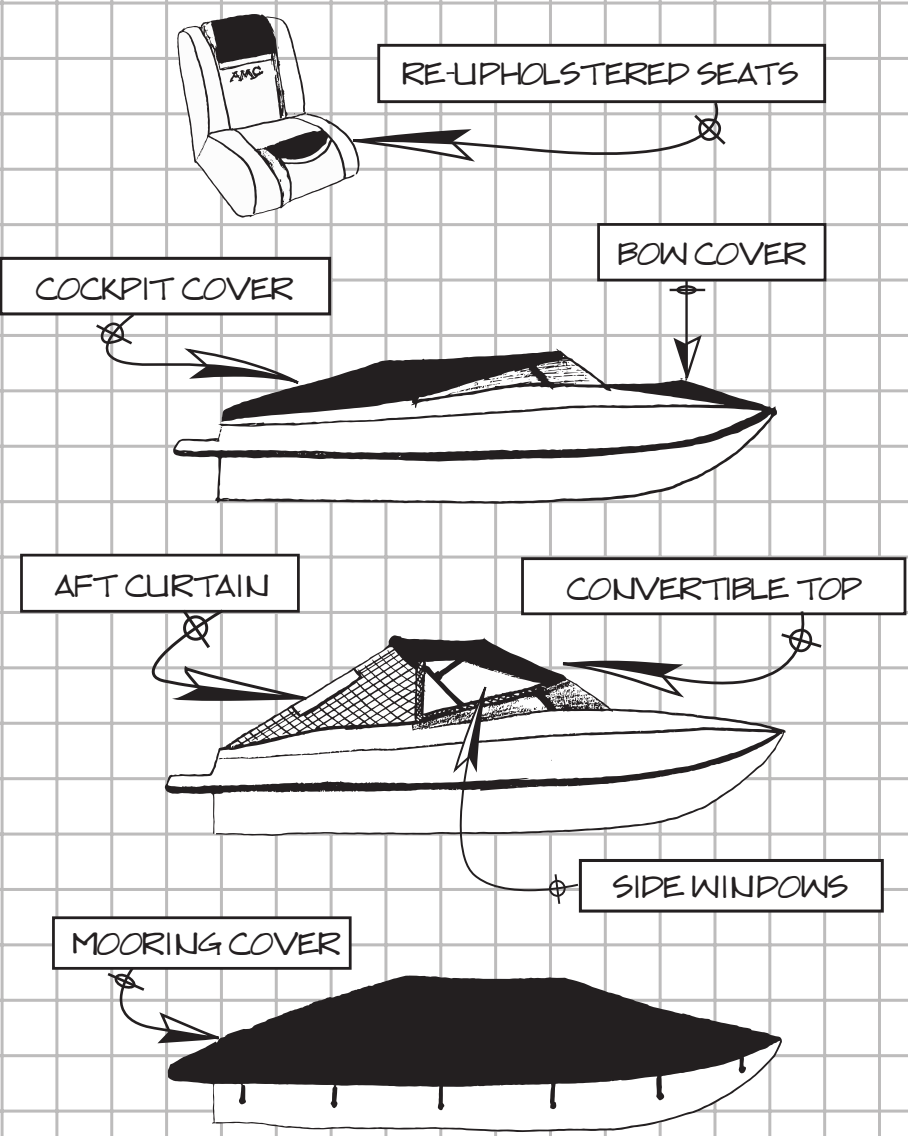
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Judge Joan Shkane

This is a continuing discussion of Legal Myths and Reality, because those informed are always the most successful. Please note: Senator Sam Ervin, chair of the Senate Select Committee on Watergate in the preface to their report pointed out that the law is not self-executing. It must be executed by humans. And therefore, it must not be in the hands of those who are not faithful to it.

MYTH:
Our New York State system of courts is set in concrete and cannot be changed.

REALITY:
Chief Judge Janet DiFiore and the heads of the Senate and Assembly Judiciary Committees believe that the structure of the court system needs to be re-examined, and perhaps overhauled dramatically. It is now over 200 years old, and antiquated. In 2019 the Chief Judge held public hearings to evaluate the legal system in New York State. She next commissioned former U.S. Secretary of Homeland Security Jeh Johnson, an attorney, to review the current system and make recommendations for change. Johnson reported that the culture in New York’s criminal, civil, family and housing courts are “dehumanizing” and “demeaning”. He joined Judge DiFiore in calling for consolidation of the system of 11 trial level court into a three-tiered system. New York State has the highest of number of different types of trial courts in the country.

Any changes would require an amendment to the state Constitution and would need to be passed by 2 consecutive elected state Legislature before being put to the voters by referendum, and voted on.

Johnson wrote that our system is over-burdened, under-resourced, archaic and incomprehensibly complex. It also is sinking under paperwork required to be filed by lawyers and litigants. He found that in October, 2020 the Third Judicial district made of seven central NY counties had fewer than five percent of the district’s judges who were Black, although the population was 10 percent Black. Latino judges were 1.6 percent when the Latino population was 8.3 percent, and had no Asian judges when the Asian population was 4. 1 percent of the residents in the district. The same seems to be generally true across New York State.

We have anomalies in our courts that other states do not have. For instance, the lowest level trial court in New York State is called the “Supreme Court”. Most other states reserve this name for the higher appellate courts. Litigants in a divorce case with child support and custody disputes often must go from court to court, as many as three courts, for a complete resolution of all issues. A 2018 study found that a merger of courts could save \$443 million a year for litigants by reducing the number of times they must appear in court and pay their lawyers. This does not even take into account the pain, anxiety and sometimes despair for vulnerable people. The current system also can result in very different experiences for those from differing racial, economic and geographic backgrounds.

The Chief Judge’s plan would turn all judges in county, family and surrogate courts and Court of Claims into State Supreme Court justices on Jan 1, 2025. The plan would result in one Supreme Court. The 61 upstate city courts would become part of a new statewide municipal court system. Town and village courts would stay the same. The vast majority of trial level judges would all be at the same trial level and presumably paid the same. Currently some trial level judges are elected by county, and some by district.

In our district, the Fifth Judicial District, voters in six counties elect the Supreme Court justices, while County, Surrogate and Family Courts judges are elected county by county.

In the current scheme, in our Fifth judicial District including Oneida County, most judges who are capable of handling the work are giving Supreme Court status and pay, without any change in court structure. There may occur greater diversity among judges with consolidation.

This restructure plan is opposed by current Supreme Court Justices because they say the plan would increase and centralize power over the judges and courts. Others say that this occurred years ago as the Office of Court Administration was given vast power over the courts and judges. The president of the New York State Bar Association said that the consolidation plan is sorely needed. The League of Women Voters and the New York State Coalition Against Domestic Violence voice their approval.

California and New Jersey, among other states, have already undergone rehaul and renewal. Voters will want to keep an eye on this plan over the next several years.

MYTH:
Insurance companies can pick and choose whether they will offer homeowner insurance to owners of certain breeds of dog.

REALITY:
Insurance companies typically set their rates for insurance on the type and number of risks they will be covering, and for which they may be potentially paying out. If the risk is less, then the fees will be less. If the risk is more, then the fees will be more.

The New York State Legislature recently passed a law that would not permit insurance companies to refuse to insure a homeowner who shelters certain dog breeds. They also may not now raise the insurance premium because of certain breeds living in the household. The most common such breeds are the German shepherd, Doberman pinscher and the pit bull, which have all gained a reputation for being aggressive. Some of this reputation may have been spread by outsized media coverage of attacks. If a chihuahua dog bites, it is rarely, if ever, publicized.

Advocates for the law say that a dog is dangerous because of an irresponsible owner, and the fault is on the humans. The Mohawk Hudson Humane Society said that there is no proof of the truth of the allegation that no one breed is more dangerous than any other, and that this is the biggest myth going in a culture of many myths.

Humane societies across the State said that such expensive discrimination against certain breeds precludes people from adopting and sheltering these breeds, regardless of the truth. Wonderful dogs of these breeds languish in shelters, and sometimes never find homes. The fear is that one’s homeowner insurance rates may go up out of fear that the dog will bite or maul, even is the dog sheltered is the kindest and best trained animal. They say that if a dog is dangerous, it is because of behavior that is learned and not inherited. Pit bulls, in particular, are actually known to be affectionate and great with children, contrary to the myth about the breed. In addition, a dog’s actual breed cannot be determined without DNA testing.

Those who argue for the insurance companies said that the companies are a for-profit business and that if they cannot restrict the type of breed they are being asked to insure against, they should not have to pay out in the event the dog causes injury.

Attention to legal myths is not wrong. It can be a starting point for developing an interest in the law. However, if specific legal issues are important in your life, for instance, regarding custody of children or money payable for any reason, it is wise to consult a lawyer who can advise you on the truth of legal myths. This discussion is not intended to render legal advice on specific cases or to express an opinion on any specific case.

Mohawk Valley Association of REALTORS® Raises \$5,000 for local nonprofit Hope in Action

At the Mohawk Valley Association of REALTORS® (MVAR) annual REALTOR® Day, held this year on March 23 at Hart’s Hill Inn, members have the chance to get additional REALTOR®-specific education, visit with Affiliate Members, get updates from Association staff, and this year, to assist a local nonprofit.

At the end of REALTOR® Day, members held a Mixology event where local Brokerages competed against each other with specialty cocktails and coordinating décor. Members “voted” by donating to each brokerage’s tip jar, after which an overall winner was named and all tips were tallied for donation to Hope in Action, a local nonprofit. Including some matched funds from the Association, MVAR members raised \$5,000 for Hope in Action, and presented the check to Misty Fuller, Hope in Action Board member on April 20, 2022.

Hope in Action is a local non-profit supporting childhood cancer patients and their families. Their mission is to be there for these families at the onset of diagnosis, during treatment and after survival. They believe that no family should ever fight and fear the unknown effects of childhood cancer alone. For more information on their services, visit their Facebook page, Hope in Action.

The Mohawk Valley Association of REALTORS® was first chartered in 1915 as the Utica Real Estate Board, and later merged with both the Herkimer & Rome Boards, and in 2012 became the Mohawk Valley Association of REALTORS®. MVAR is a member of the New York State Association of REALTORS® and the National Association of REALTORS®, and their mission is to provide their members with resources and education, promote professionalism and position themselves as ambassadors of the community. For more information on the Mohawk Valley Association of REALTORS®, visit www.centralnewyorkhomes.com.



May Astronomy The Flower Moon & Total Lunar Eclipse

May’s full Moon, called the Flower Moon, appears on the night of Sunday, May 15, reaching peak illumination at 12:15 A.M. (EDT) on Monday the 16th. For the best view of this full Moon, step outside on the night of the 15th and look for that big, bright, shining lunar disk! One more interesting thing about this month’s full Moon: it will coincide with a total lunar eclipse (visible in most of North America)!

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Why You Should See Your Physical Therapist to Reach Your Fitness Goals

Physical therapists aren't just for people that are injured or have had surgery. Physical therapists can also help healthy people improve their fitness and seeing a PT for this reason has many benefits. When you see a physical therapist to improve your fitness, you'll get an assessment of your strength, range of motion, posture and movement patterns. This allows your physical therapist to design a program just for you, gives them a baseline to compare things to in the future should you start having pain or suffer an injury and shows your PT any issues that increase your risk for injury. Your PT can then design a program to not only help you reach your fitness goals but to reduce your risk of injury as well.

Sure, other professionals could help with your fitness routine, but the fitness industry is not well regulated. Some certifications just require an online course and paying a fee. There are no licenses or other requirements to use many titles. Becoming a physical therapist requires at least a bachelor's degree and most PTs practicing today have a doctorate. Every PT has passed a national board exam and maintains a state license. That guarantees you that every physical therapist is a verified expert in human movement, so you know a PT will give you high quality advice. They're also unbiased; yoga instructors will want you to do yoga. Personal trainers will want you to come to their gym. Pilates instructors will want you to do Pilates. Strength coaches will want you to strength train. A physical therapist doesn't have a vested interest as to what type of fitness regimen you choose. They are only interested in helping you reach your goals.

By letting a physical therapist coordinate your fitness routine, you'll get a customized program that can also reduce your risk for injury. Your PT will get a baseline assessment of your strength, range of motion and movement patterns when you're healthy that could help you in the future. And you'll know that the advice you receive is unbiased and coming from an expert.



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Gardening

Common gardening activities, such as digging, planting, weeding, mulching, and raking can cause stress and strain on muscles and joints. This is especially true for senior citizens and people who are normally sedentary. Different body areas such as the shoulders, neck, back, and knees can be vulnerable to injury during gardening. The following tips can help minimize or prevent injuries:

- Warm up before you garden. A 10 minute brisk walk and stretches for the spine and limbs are good ways to warm up.
- Change positions frequently to avoid stiffness or cramping.
- Be aware of how your body feels as you work in your garden. If a part of your body starts to ache, take a break, stretch that body part in the opposite direction it was in, or switch to a different gardening activity. For example, if you've been leaning forward for more than a few minutes, and your back starts to ache, slowly stand up, and gently lean backwards a few times.
- Make use of a garden cart or wheelbarrow to move heavy planting materials or tools. Be sure to keep your back straight while using a wheelbarrow.
- If kneeling on both knees causes discomfort in your back, try kneeling on one and keep the other foot on the ground. Use knee pads or a gardening pad when kneeling.
- If kneeling or leaning down to the ground causes significant pain in your back or knees, consider using elevated planters to do your gardening.
- Use good body mechanics when you pick something up or pull on something, such as a weed. Bend your knees, tighten your abdominals, and keep your back straight as you lift or pull things. Avoid twisting your spine or knees when moving things to the side; instead, move your feet or pivot on your toes to turn your full body as one unit.
- Avoid bending your wrist upwards when pulling things or using gardening tools. Instead, keep your wrist straight and use your shoulder muscles to pull and lift.
- End your gardening session with some gentle backward bending of your low back, a short walk and light stretching, similar to stretches done before starting.



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Now is the Time to Think About Gardens and Patios!

Building on the simple idea of a cow’s bell, artisans in northern India use recycled iron to create the frame of this architectural Beaded Lattice Wind Chime, accented with brass bells and colorful beads. Our Basket Birdhouse from the Philippines is made from sustainably harvested woods and fibers, is densely constructed and finished with rustic details. It has a hanging loop and measures 8”h x 6”w x 8”d. These and many, many more unique handcrafted gift items from 38 different countries can be found at our Fair Trade Shop, Stone Presbyterian Church, 8 South Park Row, Clinton. Our hours are 10am to 4pm EVERY Thursday and SECOND Saturdays. Purchasing fair trade items ensures artisans and small farmers fair wages and healthy working conditions, providing dignity, sustainable development and hope to marginalized people. Let us be your to-go Gift Shop! Visit us at <https://buildingstonesshoppe.square.site> or www.facebook.com/buildingstonesfairtradeshoppe.

Holidays in May

May 5th is Cinco de Mayo (“The Fifth of May”). This day celebrates the victory of the Mexican army over the French army at The Battle of Puebla in 1862.

May 8th is Mother’s Day.

May 21st is Armed Forces Day, which honors those who serve in all branches of the United States military.

May 22nd is National Maritime Day. Created in commemoration of the first transoceanic voyage via steamboat (completed by the U.S.S. Savannah in 1819), this holiday recognizes the efforts of the U.S. merchant marine during both war and peace.

May 23rd is Victoria Day in Canada. This holiday celebrates the birthday of Queen Victoria, who was born on May 24, 1819. The holiday is observed on the penultimate Monday in May.

May 30th is Memorial Day - a poignant reminder of the tenacity of life. It’s tradition to raise the flag on this day.

Here are some fun things to celebrate this May:

May 1: School Principals’ Day

May 2: World Tuna Day

May 4–11: Root Canal Awareness Week

May 8: No Socks Day

May 14: Dance Like a Chicken Day

May 28: Slugs Return from Capistrano Day

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Richard Sherman

New Hartford Highway News
submitted by Highway Superintendent, Richard Sherman

The Highway Department has a busy schedule in the month of May. Our crews are out sweeping roadways, sweeping the town sidewalks, and picking up green waste and brush. When putting out the brush and leftover leaves from last fall, please separate the piles don't mix them. If your pile is unusually large, please don't hesitate to call for a special pick-up.

I want to thank all the homeowners for their patience as your highway employees worked diligently to collect branches and brush from the town's 82 miles of streets. Recently you should have received in the mail your Town's annual Trash & Brush Collection Schedule for 2022 outlining curbside brush and garbage schedule and drop off at the Highway Garage. The schedule is also on the town's web site at townofnewhartfordny.gov and go to Highway Department, just click on curbside and the schedule will pop up. You can also stop by the Town Hall and pick up a schedule if you didn't receive one.

Again, this year we will be offering the tag service April through September for items to be picked up

at a residence in which items can't be brought to the Highway Garage. The tag this year is still \$5.00 per item and tags can be purchased at the Town Clerk's Office 8635 Clinton Street the Friday before the first Monday of every month. This will be suspended in the month of June because of the annual curbside garbage pickup in front of the residences. On May 14th there will be garbage drop off at the Highway Garage from 7:00 am to noon. We will also be offering the CONFIDATA DESTRUCTION SERVICE for shredding of private papers and they will be on-site from 8:00 am to noon for our constituents. Each person is limited to ten boxes of papers to shred.

The Town will be putting up a detour on Oneida Street at the City line in the beginning of May for the installation of the large concrete box culverts to allow for storm water to go under the road. This detour should not take more than 2 weeks.

The Highway Department will be displaying our heavy equipment again this year at the New Hartford Public Library on Saturday, June 11th from 10:00 am to noon for the annual "Touch the Truck" event. Touch the Truck is a huge success every year that brings children and parents together to see what the Town uses for plowing of roads, sweeping roads, loaders, and the equipment that the kids see go by their houses every day. Deputy Chris Moran and I will be available to answer to any questions and we will be handing out yellow hard hats to children.

The New Hartford Highway Department is looking for a few good workers for the summer months to help us. If you know of a college student or high school student looking to make some extra money this summer, please apply at the Town Offices for an application.

As always, please don't hesitate to email me at rsherman@townofnewhartford.gov, Town Highway Garage at 315-733-7500 or my cell at 315-534-2998.



Sal Valentinetti Returning To The Stanley Theatre!

Grammy-Nominated Singer Will Perform In May!

Sal Valentinetti, Heidi Klum's unforgettable 2016 'Golden Buzzer' recipient and finalist from America's Got Talent, will be making his triumphant return to The Stanley Theatre on May 14 at 8:00pm! Sal is an Italian-American crooner known best for flawless vocals, larger than life personality and his heart of gold.

In 2016, Sal made his debut on the NBC hit-show "America's Got Talent." That night, the 20-year-old college student went from delivering pizzas for his cousin's restaurant to delivering what is considered the best performance in AGT history.

Before long, the world would come to know and admire him as "Sal The Voice."

Since racking up more than 450 million views worldwide with his captivating audition, the celebrated charismatic crooner has been invited to appear in hundreds of sold-out solo performances on stages around the world.

From Madison Square Garden in NYC, to opening for Jay Leno in Las Vegas, to selling out the legendary NYCB Theater at Westbury like all of the other greats before him, it is safe to say that Sal is only getting started.

Tickets available at:
<https://www.ticketmaster.com/sal-valentinetti-utica-new-york-05-14-2022/event/00005AC6B6282748>

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The Utica Garden and Flower Show: Inspirational Features and Benefits of a Garden

Featuring local gardens and displaying floral design and horticulture.

The Flower Show, a judged event, is being held at the Utica Public Library. It is being sponsored by District V of the Federated Garden Clubs of NYS, and will be open to the public Friday, July 8th from 2-6 and Saturday, July 9th from 10 to 3. The tour of local Utica gardens will be on Saturday, July 9 from 10-3. Maps for the participating gardens can be picked up at the Utica Public Library on Saturday. There will be Master Gardeners,Ikebana Master Designers, Designers and

Garden Club members present the day of the event to answer a variety of gardening/design questions!

It is the mission of the Utica Garden Tour and Flower show to promote the love of gardening and plants by sharing gardens, horticulture and floral design. We hope the community discovers more about gardening and horticulture, inspiring them on their own garden journey.

Further information can be found at <https://www.facebook.com/uticagardenandflowershow> or <http://www.fgcny.com>. Go to the District V button.





July 8 & 9, 2022

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Attic and Basement Mold:

Attics and basements are one of the most common areas of mold growth in the home. Attics tend to have the perfect conditions for mold growth (hot, humid, and an abundant food source consisting of the wood framing and sheathing). Most homeowners may go up in their attic seldom if ever so the mold problem is allowed to grow undisturbed sometimes for years! Basement mold is a common problem in many homes due to ground water seepage mainly at the base of the walls around the perimeter of the basement. If mold is discovered, the best approach is to deal with it promptly Disaster Services is a NYS licensed mold contractor and can evaluate and thoroughly explain the different removal options available to you and also help guide you after the mold has been removed with suggestions to avoid another occurrence.

Sewer and Drain Backup:

Most homeowner's policies do not cover sewer backup unless specific sewer backup insurance coverage is added. If your home falls victim to the damages of backups or overflows and you aren't covered, you'll be liable for home repairs and cleaning costs out of pocket. Discover some of the most common ways your sewer lines can be damaged, and what you can do to protect your home!

1. Blockages Due to Tree Roots

The trees in your yard may be beautiful, but their roots can cause damage to your plumbing. Tree roots can dig very deep in search of water and nutrients, things that can be found in abundance in pipelines. These roots can enter pipes through small cracks and continue to grow until extensive damage is caused. Different tree roots grow in different ways, so it's a good idea to know about each kind located on your property!

4. Aging Sewer Systems

According to the Civil Engineering Research Foundation, the number of backed up sewers is increasing about 3% per year. Sewer systems in the United States are on average over thirty years old, which is a huge contributing factor to the rapid increase of sewer backups, overflows and flooded basements.

6. Combined Pipelines

Sometimes sewer systems combine the raw sewage pipeline with the storm water pipeline. During times of intense storms and runoff, this combined pipeline can become clogged with debris. This can result in a sewage backup situation in your basement or other low-lying drains.

The Cost of Sewer Backup Insurance Coverage

It's easy to see how many different ways your sewer pipelines can be compromised. But don't wait until one of these factors causes a problem and your home is devastated by sewage and water damage. Sewer backup insurance coverage can be added to a homeowners insurance policy for as little as \$50 a year!

Water Damage:

Water damage caused by leaks, flooding or condensation can do more than cause unsightly stains in your home. It can cause permanent structural and mold damage. Disaster Services is a locally owned company with over 34 years of experience in all phases of water and mold damage and can accurately evaluate your homes damage and advise as to the most effective course of action to take. We use the latest technology including thermal imaging to determine the source of the water intrusion and the extent of water damage. We are not a franchise which means you will get the owner on site through-out the project to fully answer any concerns that you may have. Remember we are the leading disaster mitigation company in the area with hundreds of satisfied clients both commercial, industrial and residential. We realize that in your time of need you should be speaking to a live voice, not a machine. When you call Disaster Services you will not reach an operator and have to wait for a call back during your stressful time, you will reach the owner

and you will get immediate answers to your questions. When your emergency arises, call us at 315 797-1128 day or night. We do offer non-emergency services also so please visit our website @ disasterservices.us for a full list of services.

E-Mail: disasterservices@adelphia.net

Web Site: www.disasterservices.us

Facebook@ Disaster Services



Ember: Jazz at The Other Side Friday, May 13, 7:30 p.m., The Other Side, 2011 Genesee St.

The Other side is proud to offer another evening of outstanding Jazz by Brooklyn-based Ember, featuring Caleb Curtis on sax, Noah Garabedian on bass and Vinnie Sperrazza on drums.

"Music that's as pure in spirit as it is honest to the improviser's art." [All About Jazz]

Ember draws "on both the post-1970s Chicago and New York downtown scenes exploring the blues-based and alt. Rock as well as the free jazz aspects of the sounds coming from those highly significant jazz niches." [Jazzwise]. "Simple, stripped-down melodies...the word "experimental" is too small to capture what is going on in Ember." [Joshua Myers, Downbeat]

Reservations available at (315) 735-4825, kodomenico@verizon.net or at Café Domenico (2011 Genesee St., Utica). Masking optional.

* See ad below

THE OTHER SIDE presents JAZZ with NYC's EMBER



"The group's collective improvisation spirit is effortless.." Veronica Johnson, JazzTimes

featuring:

Caleb Curtis: saxophone

Noah Garabedian: bass

Vinnie Sperrazza: drums

Friday, May 13th, 7:30 pm

THE OTHER SIDE

2011 Genesee St.

Utica, NY 13501

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or stop by Cafe Domenico



This project is made possible with funds from the Decentralization Program, a regrant program of the New York State Council on the Arts with the Support of Governor Kathy Hochul and the New York State Legislature and administered by CNY Arts. Additional Sponsors: Green Onion Pub, and an anonymous donor.

NHFD News

Your New Hartford Volunteer Fire Department responded to 99 calls during the month of March 2022. The monthly call report is listed below by category.

Fires = 0
EMS = 55
Hazardous = 8
Service Type = 14
Good Intent = 7
Other Alarms = 14
Weather Related = 1
Other = 0



Total Calls for the Month of March 2022 = 99.

Of the 99 alarms, 84 were in the town and 15 were in the village.

This brings the total number of calls year to date to 312.

Some of the calls listed above - such as Fires, EMS, and Hazardous - are self-explanatory. Others such as Service, Good Intent and Other Alarms are not. Service Calls includes water or animal problems, public assistance or standbys. Good Intent refers to responding but did not find anything or canceled in route. Other alarms include explosions, carbon monoxide, smoke or sprinkler detector activations.

The figures above do not include other activities by members of the department such as Fire Prevention details, training, parades, Open House and other various department committee meetings that take place throughout the year.

Several NHFD Firefighters Recognized for Outstanding Service

NHFD Fire Chief Scott Nicotera, during the department's Installation of Officers Banquet held on March 26, 2022, at Hart's Hill Inn, and during the department's April monthly meeting recognized several firefighters for their commitment and dedication to the department and to our community.

The following honors and awards were presented:

Mr. Thomas "Butch" Randall was honored with a special plaque in recognition of his 65- years of active and dedicated service to the department and to the community. Mr. Randall served as many years as Fire Police Captain. He is the longest standing member in the history of the department to date.

He joined the department on July 9, 1956, at the age of 21. Under the department leadership of then Chief Edward Roman, Randall was and continues to be an active member of the department's Fire Police. He has served as Fire Police 1st Lieutenant from 1975 – 1976, Fire Police Captain 1977 – 1983, Fire Police 2nd Lieutenant in 1984, and Fire Police Captain 2001 through 2013.

In 1998, he was presented with the department's Iron Man Award and in 2015, was honored, as one of two outstanding NHFD firemen and former military veterans, having served in the US Army, during the annual New Hartford Memorial Day Parade. In addition to his years of service in the department, he also served as a Village Police Officer.

He and his wife Patricia have two children, John and Kathy, and 2 grandchildren, Cal and Amanda.

IRONMAN AWARD

The William G. Martin "Ironman Award" is given to a deserving member of each of the town's three volunteer fire departments annually. This award, named in honor of Mr. Martin, a 40-year member of the New Hartford Volunteer Fire Department, was first presented to William Martin in 1991. The award recognizes the volunteer firefighter who is ever ready, ever willing, and ever present to serve the community. The recipient of this award has exemplified an outstanding dedication to service. The New Hartford Town Board recognizes

the resolve, commitment, and genuine enthusiasm of this individual as an inspiration to all. This year's award was presented to Michael Coonradt. This is the 32nd year that this award has been presented to an active and outstanding member of the department.

MICHAEL D. SOWICH "FIREFIGHTER OF THE YEAR" AWARD

The Michael D. Sowich "Firefighter of the year" award was established in memory of a NHFD member, who had taught various state fire school classes spanning a 15 year relationship with the department. To honor his love for firefighting and his dedication to teaching others, NHFD dedicated their "Firefighter of the Year Award" to honor his memory. This year's award was presented to Tim Barcomb.

EMERGENCY MEDICAL TECHNICIAN OF THE YEAR AWARD

NHFD established the William V. Kelly award in honor of a 39 year member who in 1927 established what would become today's "Emergency Medical Service (EMS) program. In his honor, NHFD annually recognizes members who go "above and beyond" the call of service to the fire department. This year's honorees are Matt Bailey, Tim Barcomb, Dylan Evans, Joshua Famolaro, John Jensen, and Daniel Monahan.

NHFD ROOKIE OF THE YEAR

NHFD established the "Rookie of the Year Award" to honor a firefighter who is within the first three years of their service. Although on a probation period (which covers the first three years of active service) the firefighter is reviewed annually. This award recognizes the new member who has gone above and beyond the service expected of a rookie firefighter. This year's award was presented to Matt Bailey.

THE NHFD TRAINING AWARD:

This new award is presented to an outstanding active firefighter who goes above and beyond the call of duty, rather it be participating in fire school training, rather it be as a participant or instructor, not only in his or her home department but across the state. This year's award was presented to Dylan Evans.

Years of Service pins were also presented:

45 Years:

Robert Kielar & George Winn Sr.

40 Years:

Michael Coonradt, David Corr, Dr. John Detraglia, Jeffrey Madden, David Maier, Richard Sherman, Tim Solan, Mark Turnbull, William Yount.

35 Years:

Stephen Moran, C. Edward Schmidt.

30 Years:

James Luley, Brian Martin, Kevin Martn, James Monahan Sr, Charles Obernesser, Thomas Palko, Mark Schafer, Mark Wilson.

25 Years:

Brian Freiburger & Jeffrey Kolb

20 Years:

Rev. Dr. Janet Hoover, Michael Jones, Jonathan Stewart.

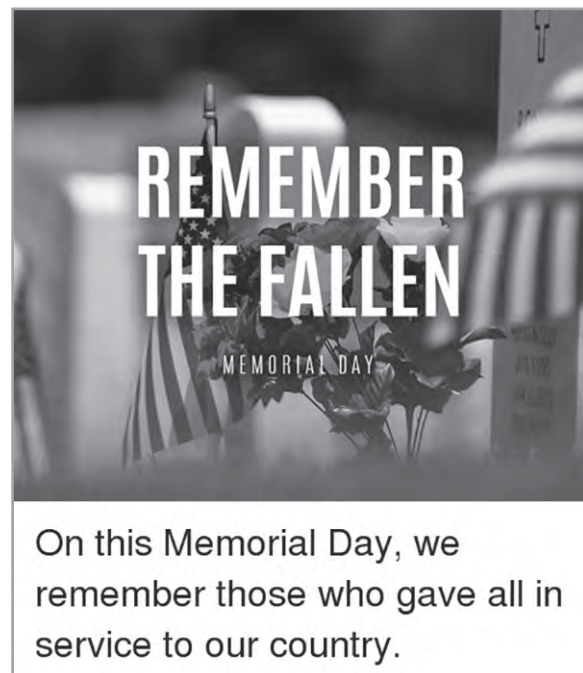
15 Years:

Sean Luley, Byron Rich.

10 Years:

Brian Mathias, Mark Turnbull II, Cody Wilson.

-For more information please visit us at: www.nhfd.com all year long.



NHFD Schedules Annual Memorial Day Parade and Open House Rev. Dr. Janet Hoover Named Grand Marshall

The New Hartford Volunteer Fire Department, in conjunction with the Village of New Hartford, the New Hartford Chamber of Commerce and Richard Sherman, Highway Superintendent, will hold its Annual Seven-Division Memorial Day Parade and Open House on Monday evening, May 30, 2022. The parade and open house, although scheduled, are dependent upon COVID protocols.

This year's parade Grand Marshall is the honorable Rev. Dr. Janet Hoover. Born and raised in Iowa, she has lived in Oklahoma but is proud to call New Hartford home for the past 25 years.

Memorial Day is a special day for her as her father and grandfathers served their country with honor through the years... WW2, WW1, and the Civil War.

Memorial Day is also the day –25 years ago—when she was called to be the pastor of the New Hartford Presbyterian Church where she served until her retirement and is now Pastor Emerita. She has also served as an interim pastor at Zion Lutheran Church.

For over 20 years, she has served as Chaplain for the New Hartford Fire Department and continues to serve the community through that office.

During her years in the Mohawk Valley she has served on a variety of boards including New Hartford Public Library, the New Hartford Senior Center, Presbyterian Homes and Services, Hospice, and the Girl Scouts of NYPENN. She has also participated in many community events including New Hartford Tree City, several Genesis events including the 9/11 Prayer Breakfast, and St. Patrick's Day at the Senior Center just to name a few. She is a docent at Munson Williams Proctor Arts Institute and has also taught seminars and classes at Preswick Glen, MVLIR, and Mid-York Library System. She is the author of "Do Not Fear: Keeping the Faith in Troubled Times."

She and her husband Ken have two daughters, Rachel Brandt and grandson Colin who live in Oklahoma and Katie Painter who resides in New Hartford. Their granddaughters Kira, Alayna, and Sophie attend New Hartford Community Schools.

This year's seven-division parade begins promptly at 7pm from the New Hartford Shopping Center. It will proceed North on Genesee Street, turning right onto Pearl Street, left on Sanger Ave, and left onto Oxford Road, ending at the Fire Station. No parking will be permitted along the parade route.

The Department will host its annual Memorial Service and Open House immediately following the parade. The Department's Memorial Room, with many new displays and photographs, will be open to the public. The parade and open house will be held rain or shine and refreshments will be served.

For more information please visit...www.nhfd.com.



LtoR: New Hartford Fire Chief Scott Nicotera and Benevolent President Joseph Luker presented Tom Randall with a very special award in honor of his 65 years of active duty with the department. Looking on is his wife Patty.

Thomas V. “Butch” Randall Celebrates 65 Years With New Hartford Volunteer Fire Department

The Chief and members of the New Hartford Volunteer Fire Department recently honored one of its own – Thomas V. “Butch” Randall - with a special recognition in honor of his 65 years of active service in the department and to his community. He is the longest standing member in the history of the department to date.

He joined the department on July 9, 1956, at the age of 21. Under the department leadership of then Chief Edward Roman, Randall was and continues to be an active member of the department’s Fire Police. He has served as Fire Police 1st Lieutenant from 1975 –

1976, Fire Police Captain 1977 – 1983, Fire Police 2nd Lieutenant in 1984, and Fire Police Captain 2001 through 2013.

In 1998, he was presented with the department’s Iron Man Award and in 2015, was honored, as one of two outstanding NHFD firemen and former military veterans, having served in the US Army, during the annual New Hartford Memorial Day Parade. In addition to his years of service in the department, he also served as a Village Police Officer.

He and his wife Patricia have two children, John and Kathy, and two grandchildren, Cal and Amanda.

A little history to this article:

When Randall joined the department:

Ed Roman was in his first year as Chief of the Department; Reed Fancher was President of the Firemen’s Association; Dwight D. Eisenhower was President of the United States; Yul Brynner won an Oscar for the Best Actor in “The King and I”, Ingrid Bergman won best Actress for “Anastasia”, “Around the World in 80 Days” won best Picture, Elvis Presley’s “Heartbreak Hotel” was Billboards #1 ranked single based on retail sales, and Doris Day’s “Que Sera (Whatever Will be, Will Be)” held the most weeks at the number 1 spot.

Congratulations Thomas “Butch” Randall!



Baby Shark Live! 2022 Splash Tour Stanley Theatre May 20th at 6pm

The Pinkfong Company and Round Room Live are proud to announce that Baby Shark Live!, the fully immersive concert experience, will continue to splash across North America.

The hit show will tour selected markets including The Stanley Theatre on May 20 at 6:00 p.m.

Tickets are on sale NOW and can be purchased through Ticketmaster or by calling The Stanley Theatre Box Office at 315-724-4000. Tickets start at \$36.50.

There are also limited photo experience tickets available for purchase.

NEW HARTFORD AQUATICS

Summer 2022 Swimming Programs

Swimming Lessons

Lesson Registration Opens May 9th for NH Residents
General Registration Opens May 30th

Summer Session 1 - \$150 (July 5th – July 21st)

Summer Session 2 - \$150 (July 25th – August 11th)

Lessons Run Monday - Thursday

Preschool Aquatics – 9:20am-10am

Level 1 – 10:10am-10:50am

Level 2 – 11am-11:40am

Level 3 – 11am-11:40am

Level 4 – 11:50am-12:30pm

Level 5 – 11:50am-12:30pm

Level 6 – 11:50am-12:30pm

Summer Community Swimming

Open Swim & Lap Swim - \$5 per swimmer
(Single and Family Passes Available)

July 5th - August 11th

Tuesdays and Thursdays

1:00pm-4:00pm

Springboard Diving

AAU Competitive Diving - \$150

(Additional AAU Annual Fee Required)

July 6th – August 10th

Mondays and Wednesdays

Beginner – 1:00pm-2:20pm

Intermediate – 2:30pm-3:50pm

Registration Forms and Schedule Information can be found on our website
www.newhartfordaquatics.com





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Unity Hall Presents Aztec Two-Step 2.0

Featuring Rex Fowler, Dodie Pettit and Steve "Muddy" Roues

Live in Concert - Friday, May 13th at 8pm

Unity Hall is thrilled to present Rex Fowler and his group AZTEC TWO-STEP 2.0, performing live on Friday, May 13 at 8PM in the historic performance space at 101 Vanderkemp Ave, Barneveld. Fans will remember Rex and his musical partner Neal Shulman who took the name Aztec Two-Step from a poem by Lawrence Ferlinghetti back in the early ‘70s. They went on to become major headliners, and a staple of progressive FM radio, major record deals, and performed non-stop on tour. One music critic described the duo’s debut album as “one of the top five classic folk albums of all time”, and cites the twosome as “surpassing Simon and Garfunkel for exquisite harmonies, musicianship and emotion.”

During their stellar career Aztec Two-Step appeared in concert with such notable artists as The Band, Bruce Springsteen, Bonnie Raitt, Arlo Guthrie, David Bromberg, Jackson Browne, Warren Zevon, America, Orleans, Jimmy Buffet, and many more.

Following Neal’s 2018 retirement, and with his blessings, original founding member, principal singer and songwriter Rex has continued this legacy with Aztec Two-Step 2.0. Unity Hall Music Coordinator Matt Mielnick is quick to point out that this show does not feature a “tribute band”, as it spotlights the familiar vocal styling and songwriting of original member Rex Fowler. With exquisite harmonies, multi-instrumental arrangements, and dazzling guitar work, the new 3-piece configuration still captures the feeling of Rex & Neal’s original studio recordings, at the same time putting a fresh spin on their songs. Still performing favorite ATS classics and old forgotten gems, the stage patter is still as engaging, fun, and poignant as ever!

The members of the new Aztec Two-Step ensemble include Dodie Pettit on acoustic and electric guitars, keyboards and vocals, and Steven “Muddy” Roues on standup bass, vocals, and harmonica.

The concert on Friday, May 13 will begin at 8PM and the doors will open at 7:15PM.

Tickets are \$25 in advance and \$30 at the door. Advance tickets can be purchased at www.unityhall.com and at the Adirondack Cheese Company in Barneveld. It’s recommended to get tickets early because seating is limited. Proof of COVID vaccination is required. Masks are recommended.

This event is presented by the Unity Hall Foundation, a not-for-profit organization founded in 1995 to maintain the 1896 Hall as a center for the arts and community activities.



Twilight Sessions Art by Christine Tisa
The Other Side Gallery, 2011 Genesee St.
May 6-June 25

Opening reception - Friday, May 6 from 5-7pm

The Other Side Gallery is pleased to exhibit the works of local artist, Christine Tisa. Christine’s work “focuses on the place where nature, human connection, and spiritualism meet.” She currently works and provides art instruction at Tisa Gallery in Clinton, NY and Thousand Islands Art Center in Clayton, NY. She received her art MS in art education at Syracuse University and her MFA in painting and printmaking at RIT. She has received numerous awards and honors for her work, both in painting and printmaking. They include first place at the WCNY Art invitational at Everson Museum in Syracuse, first place printmaking, North Country Artist Guild National Exhibit in Watertown, NY and outstanding painting award at the Memorial Art Gallery National Exhibit in Rochester, NY.

Gallery hours are Thursdays and Saturdays from 12-3 p.m. or by appointment. Exhibit is free to the public. For further information contact Rainer Wehner at (315) 395-5235 or rainermariawehner@web.de.

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- JavaScript Developer Jam
- Medical Mania!
- **NEW**, Mighty Mindful Makers
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 Caren Ganeles at carensommers72@gmail.com
 Cell (315) 520-5115



Zachary Handzel (as Victor Frankenstein) and Lonnie Etter (as The Creature).

Classic Horror Story, “Frankenstein,” Presented Live on Stage by Players of Utica

Players of Utica presents Jack Neary’s popular play, “Frankenstein,” directed by Stephen Wagner. Performances are at the Players Theatre at 7:30 pm on April 29-30, along with a 2pm matinee on May 1.

Faithfully adapted from the classic gothic novel by Mary Shelley, Frankenstein tells the story of a scientist’s fantastic quest to defeat the inevitability of death by creating a creature from stitched-together parts of corpses and bringing it to life. But the creature, repulsed by his own horrifying appearance, seeks to end his loneliness by forcing Victor Frankenstein to create for him a mate.

Tickets can be purchased online at <https://www.playersofutica.org/order-tickets> or by calling (315) 724-7624.

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NEW HARTFORD

PAST TIMES

May 2022

NEW HARTFORD HISTORICAL SOCIETY



NBA Hall of Fame Inductee

Had New Hartford Ties!

This spring, the slate of inductees for the 2022 Class of the Basketball Hall of Fame was announced. Included in that list was former Utica College Head Basketball Coach Larry Costello. Larry, a Minoa NY native, had a long association with both professional and college basketball.

After graduating from Minoa High School, Larry would play ball at Niagara University graduating in 1954. That same year he was drafted by the Philadelphia Warriors where he went in the 2nd round. 2 years later he was traded to the Syracuse Nationals (later the 76ers). During his career he was selected to six NBA All-Star games and led

the league in free-throw percentages in 2 different seasons. He played on the 1967 Championship 76ers team with fellow legend Wilt Chamberlain. After retiring as a player, he went on to coach the NBA expansion team Milwaukee Bucks. They would get the 1st pick in the 1969 draft and select Lewis Alcindor Jr. out of UCLA. Lewis later went by his more notable name Kareem Abdul-Jabbar. Larry led the Bucks to two NBA Championship games winning the 1971 Championship.

After several more years coaching in the pros, Larry would come to Utica College coaching the Pioneers from 1980 until 1987. It was during this period where he and his wife Barbara would purchase their Higby Road home in New Hartford and move their 4 daughters (Lesley, Pam, Colleen and Amy) all of whom graduated from New Hartford High School.

After retiring from coaching in 1987, the Costello’s would remain in New Hartford two more years until their youngest daughter would graduate from New Hartford in 1989. He and Barbara then relocated to Bridgeport NY and spent their winters in Fort Myers Beach FL. Sadly, Larry passed away in December 2001 at just 70 years old.

Congratulations to the Costello girls and thank you for the memories.



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MEMBER!

Please stop in to visit us and consider becoming a member. Membership fees are \$15 for Individual, \$20 for families, \$25 for Friend/Contributor and \$50 for Corporate members. The Historical Society is a non-profit, tax deductible organization.

Planning a

Class Reunion?

Make the Historical Society Museum a part of your itinerary! Schedule the Saturday of your reunion for your group to explore our collection of yearbooks, scrap books, local relics and photos. Look up your New Hartford home! Call 315-724-7258 to schedule your group.

Museum is Open

To the Public

Currently by appointment.

FREE ADMISSION

Village Point Apt. Building
2 Paris Road – 315-724-7258



Do you have a thirst for local History? Why not join us for 2022 You won't be disappointed!

New Hartford Historical Society

~ Membership Form ~

Please check one of the following:

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- ☐ \$25⁰⁰ Contributing
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by Victor J. Fariello Jr.

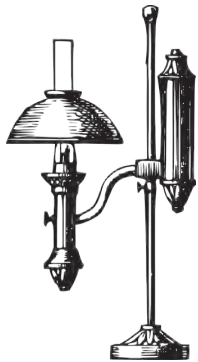
Antique Talk “From the Mailbag”

Q. While clearing out my grandparent’s attic recently I came across an old Planters Peanuts jar. It is clear glass with yellow lettering. I know these were popular on the counters in general stores years ago. Are they of any value?

A. There were many different varieties of the Planters Peanuts jars. I would date yours from the 1930’s. Yours is distinctive for the glass peanut on the lid. These are highly collectible and are sought after. I would value yours at \$100 but it could fetch more from the right buyer.

Q. I have an original Teddy Ruxpin toy from the 1980’s. The eyes and mouth move but it doesn’t have any sound. It’s in its original box which has some slight damage but is in very good shape. If I recall correctly it was quite expensive when it came out. Would mine have any value in its current condition?

A. Teddy Ruxpin by Worlds of Wonder debuted in 1985 and sold for \$69.95, that would be almost \$200 in today’s dollars. It was the best-selling toy in 1985 and 1986. It’s great that yours still has some of its mechanical features, however, its main attraction was the story cassettes that made the character read stories to the children. I still think you have a collectible toy that is hard to find these days. I would value it at \$150 in its present condition and higher if you can get it fully functional.



Q. I have these small antique silver tongs. They are marked Gorham and are marked sterling silver. There is also the name Hamilton on them. They are quite small, less than 4 inches, so I’m not sure what they were intended for. What can you tell me about them?

A. Your tongs were made by the Gorham Co in the early 1900’s and were for picking up sugar cubes. Hamilton would be the pattern name. Being made of sterling silver gives them an intrinsic value that will only increase as the price of silver goes up. I would value them at around \$50.

Happy antiquing!

Support Your Historical Society

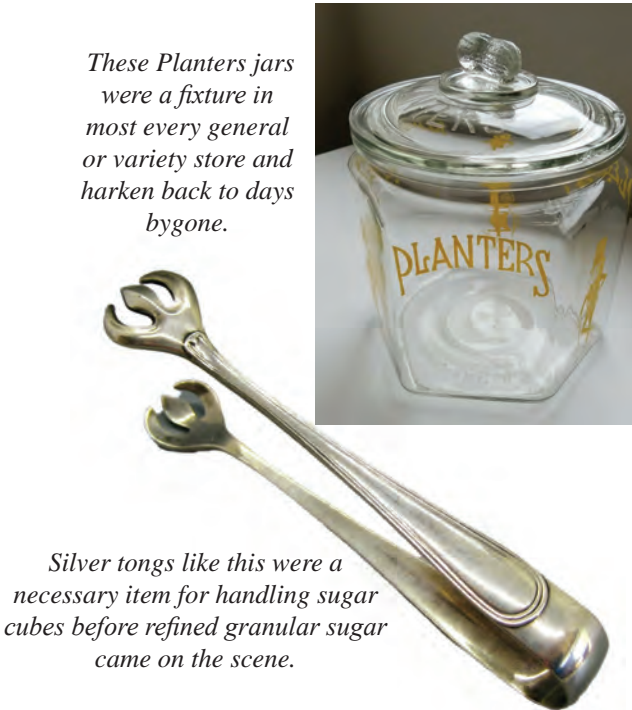
Have you thought of becoming a member of the New Hartford Historical Society, but just haven’t gotten around to it? Why not do it today! The cost is \$15 for an individual, \$20 for a family and \$5 for students. What a great way to make a contribution to the town’s history. Make your check payable to ‘NH Historical Society’ and mail to PO Box 238, New Hartford, NY 13413. All donations are tax deductible. This great organization is preserving our history for future generations.

Consider the Questers!

The J. Schoolcraft Sherman #1519 Chapter of Questers International meets monthly except July and August at the New Hartford Library. We are group of individuals interested in history, preservation and the love of antiques. We have guest speakers and a monthly Show & Tell where members bring an antique or collectible to share with the group. Dues are \$28 per year and include a quarterly newsletter. For more information on Questers visit www.questers1944.org. You can also find us on Facebook by searching “lovoldstuff.” If you are interested in joining, please email me at vjfariello@gmail.com.

Victor J. Fariello Jr. is a lifelong resident of New Hartford and has been a collector and dealer of antiques for many years. He is a past officer and member of the New Hartford Historical Society and is the President of the J. Schoolcraft Sherman Chapter #1519 of The Questers, an International organization

for people who love antiques and have a commitment to preservation. Questions on anything related to antiques can be sent to him at PO Box 194, Washington Mills, NY 13479 or by email to vjfariello@gmail.com. Any photos submitted will be returned upon request.



These Planters jars were a fixture in most every general or variety store and harken back to days bygone.

Silver tongs like this were a necessary item for handling sugar cubes before refined granular sugar came on the scene.



This popular children’s toy made quite a hit when it came out in 1985.



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American Legion New Hartford Post 1376

8616 Clinton Street, New Hartford • 315-736-7041 (Monday-Sunday 11am-10pm)

Chicken BBQ - Saturday, May 7th • Serving from 11am until Sold out • Donation \$13
1/2 Chicken, Salt Potatoes, Coleslaw, Roll

Sunday Buffet Breakfast ~ May 8th • Serving from 8am-11am. Donation \$12
All you can eat. Menu includes: Scrambled eggs, Bacon, Sausage, Pancakes, French Toast, Sausage & Gravy (SOS), Toast, Home Fries, OJ and Coffee. Includes a 50/50 Raffle

Hot Dog & Burger Special - Tuesday, May 10th • Serving from 5-7pm
Hot Dogs for \$2, Hamburgers for \$3 and Cheeseburgers for \$3.50. Chips & Pickles are included. (Requested donation prices)

Auxiliary Unit is also holding a Chicken BBQ on Saturday, May 21st • 11am until Sold out
Donation \$13 - Includes 1/2 Chicken, Salt Potatoes, Coleslaw, Roll. Along with a Bottle/Can Drive to benefit our Vets.

Members and guests are asked to call the legion at (315)736-7041 for any entertainment and other fundraising events to be held at our legion.

We also invite any veteran to join our great family at the New Hartford American Legion.



N.H. American Legion Post 1376

Chicken BBQ

Saturday May 7th

1/2 Chicken, Salt Potatoes, Coleslaw, Roll

\$13 Donation

Take out only!

11:00AM Until Sold Out!-Rain or Shine!

New Hartford Post 1376

Auxiliary sponsoring

Chicken BBQ

Saturday, May 21, 2022

11am-till sold out

1/2 chicken, salt potatoes,

coleslaw and roll

donation \$13.00



Bottle and Can Drive

to benefit Feed Our Vets

Post parking lot

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Across from Lowes

Angels Among Us Food Pantry

May 14th & 28th
June 11th & 25th

Hours of Operation: 10am - 12 noon

The food pantry is located at: St. John The Evangelist Church,
66 Oxford Rd, New Hartford, NY.

Follow the signs to the driveway in the back during open hours.

In the event of food emergency issues, please contact the St. John's rectory from 9AM to 2 PM Monday through Thursday at 315-732-8521.

Our pantry provides services to all residents of New Hartford (btw Rt 8 and Rt 12), Washington Mills, Chadwicks, Sauquoit, Cassville and Clayville

If this is your first visit, please bring proof of address.

If you do not have a permanent address, just come in. We will assist.

If you are unsure of eligibility, just come in. We will assist.

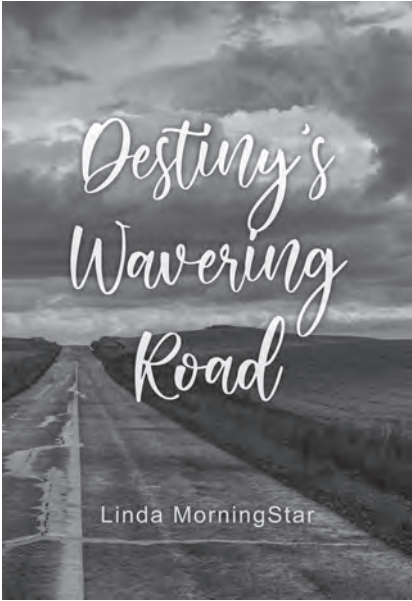
WE ARE LOOKING FOR VOLUNTEERS



TEFAP: The Emergency Food Assistance Program

Income Eligibility Guidelines: July 1, 2021 – June 30, 2022

Household Size	Annual Income*	Monthly Income*
1	\$25,760	\$2,146
2	\$34,840	\$2,903
3	\$43,920	\$3,660
4	\$53,000	\$4,416
5	\$62,080	\$5,173
6	\$71,160	\$5,930
Each additional person add	\$9,080	\$756



Local Author Publishes Mystery Novel

‘Destiny’s Wavering Road’, a new book by Linda MorningStar, has been released by RoseDog Books.

Some people are content with the journey they travel along the road of life. They think they’re in control of where they’re heading. Mara Jacobs believes that, and so does her grandmother, Matilda Mathewsen. And although they live very different lives, they are both about to experience an unexpected U-turn as destiny intervenes.

Long-haul truck driver Mara’s fate will be sealed when she wakes up on the floor in a motel room far from home. She is surrounded by police and has no idea how she arrived there. Her driving partner and husband Joe is also missing, along with their tractor-trailer. Mara learns Joe is responsible for her dilemma, and anger sends her packing. She returns to her childhood home in Stone Hill Valley, where she was raised by her grandmother, Matilda. Destiny redirects Matilda’s path the moment she steps out her back door with the intent to head to the grocery store. It’s there that she sees the woman in black who has haunted the ancestral home for decades and is considered an omen of death to anyone she appears to. As the mysteries evolve, the two women travel a new road of life together in a most unexpected direction. Destiny’s Wavering Road is a book of fiction, part mystery, part romance, part family saga. About the Author: Linda MorningStar married into the Native American way of life and currently makes her home in the beautiful woods of central New York. She’s considered a bit eccentric but is not sure that’s necessarily a bad thing. She writes because she says she has to do something between now and death and her mind overflows with imaginary people living imaginary lives in imaginary ways. Destiny’s Wavering Road is a 378-page paperback with a retail price of \$23.00 (eBook \$18.00). The ISBN is 978-1-63867-845-8. It was published by RoseDog Books of Pittsburgh, Pennsylvania.

Prominent Artists Featured in Fine Arts Exhibit at Historic Unity Hall May 21-22

Three Trenton Falls area fine artists, Martha Deming, Mary P. Murphy, and Lorraine VanHatten will present their work in the exhibit “The Barneveld 3 at Unity Hall,” 101 Vanderkemp Avenue, Barneveld, on Saturday, May 21 from 4:00 to 7:00 and Sunday, May 22 from 2:00 to 5:00. The Pandemic Therapy musical duo and members of the Junior B Sharp Musical Club will perform on Saturday; music on Sunday will be provided by the Junior B Sharp Club. Refreshments will be available both days, and the event is free and open to the public. Non-vaccinated visitors must wear a mask.

The artists will display works in watercolor, oil and pastel.

Ms. Deming of Remsen is well-known locally as fine artist, judge and educator and works in transparent watercolor, pastel, and gouache. Among her favorite subjects are the landscape around her and the flowers

in her gardens. Ms. Murphy of Barneveld is also a watercolorist but has a growing interest in oils. She paints in plein air and in her studio, and her subjects include still lifes, landscapes and portraits. Ms. VanHatten, also of Barneveld, enjoys painting subjects that reflect where she has traveled. Working with a limited palette, she makes compositional changes to enhance the final painting. People and animals are frequent subjects, as are landscapes and flowers.

All three artists are Signature members of the Central New York Watercolor Society.

Pandemic Therapy originated from a shared love of music by Rick Kincaid and Terry Schwaner to enjoy “pickin and singin,” at a critical time during the COVID-19 second wave. Rick, a lifetime resident of the Barneveld and Holland Patent area, is an original organizer of the well-known local group, “Rattlin Bog,” and while Terry is a relative newcomer to our area, he has shared his distinctive voice and guitar at Unity Hall Open Mics for the past four years. The Junior B Sharp Music Club was established in 1916 for talented music students in the Utica area to augment the musical offerings of the schools and private music teachers and will make available several of its talented performers for the art event.

This project is made possible with funds from the ReStart NY Regrants Program, a regrant program of the New York State Council on the Arts with the support of the Office of the Governor and the New York State Legislature and administered by CNY Arts.



Bettina Lindsey Joins Caruso Mclean Investment Advisors

Bettina Lindsey has joined Caruso McLean Investment Advisors as a Senior Relationship Manager. She has over 25 years’ experience in financial services. Lindsey will assist the firm’s investment advisors and wealth managers with client service, reviews, planning, and security trading.

Lindsey graduated Magna Cum Laude from SUNY IT, Utica with a Bachelor of Professional Studies in Business Public Management. Prior to joining Caruso Mclean, Lindsey was a Client Associate and Relationship Manager for a team at M. Griffith Investment Services. Most recently, she was a Senior Client Specialist at R. W. Baird in New Hartford, NY.

She is a Series 7 (General Securities Registered Representative) and holds Series 65 (Uniform Investment Advisor Law) and Series 63 (Uniform Securities Agent) licenses.

Caruso McLean is a customized asset, investment, and wealth management company advising clients for over 33 years.

Oneida County History Center Telethon Live on WUTR & CNYHOMEPAGE.com Presented by Bank of Utica

The Oneida County History Center is excited to announce the 17th Annual Telethon presented by the Bank of Utica! The telethon is the History Center’s signature fundraising event of the year and will be broadcast live on WUTR-TV and stream on CNYHomepage.com on Wednesday, May 18, 2022, from 5:00- 8:00 p.m. The evening highlights the importance of local history and the community partnerships that make implementing the History Center mission possible.

This special event will be hosted by longtime emcee Joe Kelly, History Center Executive Director Rebecca McLain, and Oneida County Tourism President Kelly Blazosky. The 2022 goal is to raise \$35,000 to support the organization’s mission to protect and preserve Central New York history for present and future generations. Viewers can call 315-735-3542 during the event to join, renew, or donate to show their support.

The History Center is funded by private sources and relies on donations as a primary source of income. Pledges received during the 2022 telethon are vital to the organization’s success and directly support ongoing operations and strategic initiatives including:

- Free monthly, public programs including in-person talks, virtual lectures, and history-themed story hour for kids
- Rotating exhibits in the History Center’s 5,000 square foot gallery
- Preservation and care for growing archival, artifact, and genealogical collections
- Free access to the research library for students and low-cost access for non-members
- Internship opportunities for high school and college students to gain hands-on experience
- Educational outreach to area schools, community organizations, and businesses

The History Center staff, volunteers, and board of directors would like to thank the following organizations, businesses, and individuals who have already pledged their support for the 2022 telethon.

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Yates County Fairgrounds

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NH Senior Center News

submitted by Senior Center Staff

New Hartford Senior Center is open for all activities and programs, but it appears that after 36 yrs of having a hot lunch available to our seniors, the Town Board will not pay staff to do this anymore. Over 25 seniors went to the last Board meeting to stand up in support of this program and to say how important it is to them to have their hot lunch and socialization. We are very upset and disappointed in our councilmen and supervisor. They were previously called regarding reinstating the paid staff of the Center to keep this going, especially since there is a senior budget to support this.

Also, there is no longer a director or secretary to answer the many phone calls that keep coming in asking about what is happening now to the Center. Please be patient for your return call.

Many people are inquiring about the AARP safe drivers class. You will have to call the instructor, Ron Merritt at 315-724-0096 to sign up for this. Classes are still being held at the Center.

Activities going on are as follows:

- Mondays - OFA Class on balance at 10:15 - 11:30.
- Computer help available at 1/2 hr intervals 10-12 am
- Craft, Sewing, Knitting Group at 10:00-12
- Tuesdays - Bridge card players 9:30-3
- 1st and 3rd Tuesdays - The Clinton Rd Seniors Group meets 1pm to hold their Meeting with refreshments and are always looking for new members.
- Wednesdays - Chair Zumba with Sue at 10:15-11:15 come and exercise to music.
- Fridays - Bridge card players 9:30-3

For information on how to place a free article for your community event or local news, please email towncrier@pjgreen.com or call 315-723-4827

If you would like to list your community event on our website, visit: nhtowncrier.com

Click on Community Calendar, and add your event!

NH Seniors Fighting for Their Center

submitted by Nancy Cox Marafioti

Our Senior Center has been at 3 different locations within the past 10 years:

- St. John the Evangelist
- Willowvale Fire Hall
- Gander Mountain

What's been lost in those years is accessibility and loss of services.

March 23, 2022, the New Hartford Seniors were met with silence as not one elected official would second David Reynolds motion to maintain the part time staff serving lunch at the center. Total silence. David Reynolds has always been our champion. Residents were angry. Total silence.

Approximate amount in question: \$7,000 - for 3 part-time employees in total, not per worker. They include the kitchen workers who insure proper food temps, set the tables, greet guests, serve and clean up. They also check on seniors who have missed a few days at the lunch. They are required to log USDA records for meals eaten and must order food and supplies each week.

The Center has been without a Director since the pandemic. Three women who love what they do have been done away with. There has been, and remains, money in our budget for the part timers and a Director.

Isolation kills. Mentally and Physically. Gathering for a short meal and companionship is priceless.

I foresee the end of the Center completely. Within time, someone will question: Why aren't the seniors coming? In my opinion, this has been long thought out. I'm thinking soon a new tenant or expansion of other offices, for a high rent income, will take over. Everyone will say: We tried.

At one time, a small bus would pick up seniors who no longer drove. Gathering for lunch, some coffee and maybe local musicians afterward. Health info was presented. Isolation would be paused for 2 hours, 5 days a week.

There appears no one wants to speak in support. Being a senior and retired from Oneida County, I have no problem advocating.

Please call your representatives.

The median age of Oneida County is 48 years of age. 25.6% of O.C. residents are over 65.

We all age more quickly than we plan.

The last meal served at the Gander Mountain New Hartford Senior Center was 3/17/2022.

Maybe by press time of this May 2022 issue - All may be resolved?

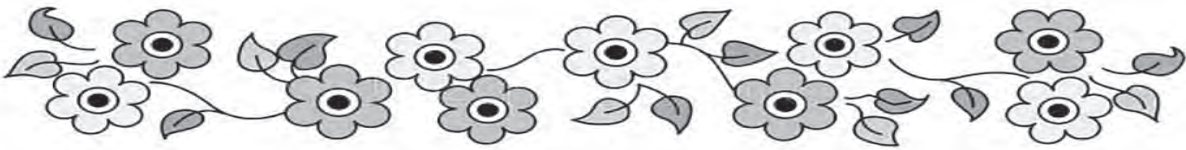
Concerned Upset Seniors in New Hartford

submitted by a group of over 50 concerned,upset seniors in New Hartford

We are a group of over 50 seniors in New Hartford who are very upset and disappointed in the Town boards decision not to support the hot lunch program by refusing to reinstate the paid staff. The center was finally opened after being shut down for the pandemic and again for the mask mandate. The staff was paid before this but now they think it can be done with volunteers who may or may not be there every day to open up and serve the seniors their hot lunch. For 36 yrs this has been the largest congregate site supported by the County and Town where seniors can go to eat and socialize and can afford especially those on a fixed income. For some it is the only hot meal of the day and a place to eat with others and not be alone as they have been during the pandemic. The staff faithfully went to work everyday for 4 wks and served the hot lunch as volunteers waiting for the board meeting in March hoping to have their pay reinstated. Many seniors called their councilmen and even the supervisor to make sure they understood the importance of this program. Over 25 seniors went to the board meeting and spoke up to support the staff saying they need to be paid to do their job. And to stress that we need a director,who can reach out to the community to have programs to draw more seniors in,a secretary and paid kitchen staff. The board decided not to reinstate their pay with no discussion of why that night, although we had been told before that it was because not enough seniors were there everyday to merit paying a staff. Some days there were only 20 but other days 25-30-40. It should not make any difference how many seniors attend when they might not feel well one day, or not like the menu or have to help with grandkids or have a part time job or the weather is bad to travel to the remote location of the center. There is a senior budget to support the paid staff not to be put back into the general fund for raises, snowshoes, ski equipment or gas for the highway trucks which has been told to us by some councilmen. Over half of us still own our own homes in NH and pay taxes which we assume would help out the seniors who are the backbone of society. Why are we not listened to, or supported? We want our senior center, our programs, our hot lunch. Please call your councilmen and supervisor to help us.

Yes, the Center is open, but only for activities as exercise classes, card players, Senior groups, AARP safe drivers class but not all seniors take part in these, we all just miss our hot lunch. Please bring it back by paying the staff who do this. They also call us to check up on us if they don't see us for a couple days. They do a great service to the community and should be there.

The Senior Center phone number is still in use, but no one is there to call us back with our concerns or to help refer us to the right agency when we need help. This is just unacceptable and needs to be set right. It is appalling that New Hartford will not support the seniors. We have reached out to the County, the OD, our legislators and are trying to reach more taxpayers to help us.





Christopher J. Carbone

Should You Be Thinking About Volatility? Probably

When the stock market is on the rise, investors can fall into the trap of believing the good times will never end. But in all probability, market volatility will return, and chances are it'll be when it's least expected.

Rather than waiting for it to happen and risking the possibility of panicking and making costly investment decisions, you may want to think about volatility during those good times. That way, you can be strategic rather than emotional about dealing with it, which may lead to better outcomes.

What type of investor are you?

What you should be considering now depends on which of these describes your current situation:

1. You have an investment plan.
2. You don't have an investment plan.

Let's begin by addressing type two investors.

Quite simply, if you don't have an investment plan, you should think about creating one, and here's why: A well-thought-out plan is built around what you're investing for (goals), how long you have until you need to tap into your investments (time horizon), and, most important for this topic, the amount of market volatility you're comfortable with (risk tolerance).

Taking these factors into consideration, your plan should include a strategic asset allocation, which is how your portfolio is divvied up between different types of investments – primarily stocks, bonds, and cash alternatives.

You may be the type of investor who takes market volatility in stride. In that case, you likely have a relatively high risk tolerance. On the other hand, volatility may make it hard for you to sleep and cause you to panic, which would mean your risk tolerance is probably rather low.

If you're the second type of investor, a larger portion of your asset allocation would likely be in bonds, which historically have been more stable than stocks. However, along with that relative stability generally comes significantly lower returns.

The potential benefit of having an investment plan is you may be able to do a better job of dealing with volatility because you've "baked it into" your plan so you should be better prepared for its possible impact and your reaction to it.

What if you already have a plan?

If you have an investment plan, you should be thinking about whether your portfolio is currently aligned with your strategic asset allocation.

While it might be nice if you could set and forget your asset allocation, the fact is over time market activity can cause your investments to drift away – sometimes far away – from where you want them to be if you don't keep an eye on them.

For example, a hypothetical 50% stocks, 45% bonds, and 5% cash alternatives portfolio could become a 60% stocks, 35% bonds, and 5% cash alternatives portfolio without you realizing it. While that "new" portfolio may provide better returns, it's also likely to fluctuate more in value if the market becomes volatile. In other words, you could be exceeding your risk tolerance without being aware of it.

To help avoid this situation, consider periodically rebalancing your portfolio when necessary, which may require selling some investments and purchasing

others to bring it back to your intended asset allocation.

Because creating a plan and keeping it in balance can be complicated, for help you may want to turn to a financial advisor with the necessary tools and experience.

Asset allocation cannot eliminate the risk of fluctuating prices and uncertain returns.

This article was written by/for Wells Fargo Advisors and provided courtesy of Christopher J. Carbone, CFP®, AWMA®, LUTCF® First Vice President - Investment Officer Financial Advisor [FA Name and Compliance-Approved Title] in [City] at [Phone Number]. In Clinton, NY at (315) 723-7386

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Adventures of Jingles Book Signing

On May 7th, 2:00-3:30 pm Pastor Penny Milano of His Mercy Ministries will be signing the three books she has written for children— The Adventures of Jingles, The Adventures of Jingles 2 and The Adventures of Jingles 3 at Big Apple Music. These are children's books for grades 2-5. Pastor Penny is a senior citizen and a retired pastor. Each book is \$10. Cash only will be accepted.



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 MaryJo Kelley, Director of Faith Formation
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 Assistant Pastor, Bobby Allen
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 9:00am – 10:30am Study Groups
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crosspointchurchonline.org
 Sunday Morning Services streamed live
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hopealliance4291@gmail.com
www.hopealliancecny.com
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 Al-Anon Meetings: Sun. at 5pm & Thurs. at 5:30pm
 AA Meetings: Sundays at 8pm
 Yoga by Kristy: Tues. at 5:30pm & Thurs. at 9:30am.
 Saturdays 9am - Chair Yoga and 10:15am All Levels Yoga
 EGA Meetings: 1st Mondays of the Month
 St. Stephen's is handicapped accessible.

FAITH IN CHRIST REFORM CHURCH

A Reformed Southern Baptist Church
 3431 Oneida St., Chadwicks - 315-737-0753
www.ficfellowship.com
 Pastor : Chad Morgan
 Sundays: Worship, 10 a.m.
 Children's Church during the sermon.
 Bible Study and Prayer - Wed evening 6:30 p.m.

IMMANUEL BAPTIST CHURCH

Pastor Fletcher Matlack
 9501 Weston Rd., NH (Next to Perry Jr. High),
 (315) 737-5222
www.ibcfamily.com E-mail: info@ibcfamily.com

Sunday School for all ages: 9:00 am - 9:45 am
 Sunday Morning Worship Service 10:00 am
 Nursery, Preschool and Children's Worship hour: 10:00 am
 Prayer meeting held every Wednesday at 6:30 pm
 Youth Group for ages 12 and up meets every other Saturday from 6-8 pm. See our website for schedule.
 Church is handicapped accessible.

NEW HARTFORD PRESBYTERIAN CHURCH

Rev. Dr. Sue A. Riggle, Pastor
 45 Genesee Street, NH 315-732-1139
newhartfordpresbyterian.org
office@newhartfordpresbyterian.org
 The popular rummage sale sponsored by the women of NHPC returns on Thursday, May 5, from 9 a.m. until 3 p.m. in the fellowship hall, with a bag sale getting underway at 1:30 p.m.
 Weekly Sunday morning worship begins at 10:30 in-person in the sanctuary and is also livestreamed on NHPC's Facebook page.
 The Faithful Blend space in fellowship hall welcomes children of all ages following children's time during the Sunday morning worship service, with parents welcome to join their children for that. The Follow Me Biblical Practices for Faithful Living Program is being used as the guide for both the Children's Time in worship and Faithful Blend activities. The worship service is livestreamed from the sanctuary onto a large screen in fellowship hall so everyone can follow along and participate as they choose. A supervised nursery is also available for young children.

MARY, MOTHER OF OUR SAVIOR PARISH

Business Office - 2 Barton Ave, Utica - 315-724-3155
 Pastor Rev. Joseph Salerno
 Our Lady of the Rosary Campus - 1736 Burrstone Rd. New Hartford
 Weekday Mass– M, Wed, Thurs, Fri 8:00 AM
 Novena to Miraculous Medal of Mary Tuesday 7:00 PM
 Our Lady of Lourdes Campus - 2222 Genesee St. – Utica
 Weekend Mass – Saturday 4:00 PM
 Sunday 8:30 & 10:30 AM

SAUQUOIT VALLEY UNITED METHODIST CHURCH

Cor. Pinnacle Rd. & Mohawk St., Sauquoit
 email: sauquoitvallyumc@aol.com
 Pastor: Robbin Harris
 Office: 315-737-7505
 Sunday Worship 11:30 a.m. (Nursery Care Available)
 Sunday School 9:30 a.m. For all ages.
 Handicapped Accessible

FIRST BAPTIST CHURCH OF NH

7 Oxford Road - Office phone: 315-733-4570
firstbaptistnh@gmail.com
 Rev. James Harrieff, Pastor
 Virtual Service every Sunday at 9:30am
 on Facebook "First Baptist of New Hartford"
 Sunday Service - 9:30am
 Sunday School - 11:00am
 Handicapped Accessible. All are welcome.

UNITARIAN UNIVERSALIST CHURCH of UTICA

10 Higby Road, Utica, NY 13501
 315-724-3179 uuutica.org
 Minister: The Rev. Karen Brammer
 Sunday services at 10:30 AM
 Services are always on Zoom and may be in person as conditions permit. Find up-to-date info and learn more about us at our website, www.uuutica.com.
 The Unitarian Universalist Church of Utica is an open minded, open hearted spiritual community. Unitarian Universalists come from different faith backgrounds but our shared values bring us together. One of the principles that unite us is respect for the interdependent web of all existence of which we are a part. Newcomers are always welcome.

ST. GEORGE ORTHODOX CHURCH

350 Higby Road, New Hartford, 315-292-6682
 Fr. George Goodge
 Sun - 9am Matins
 Sun - 10am Liturgy
 Wed - 5:30pm Vespers
 Bookstore hours: Open Sundays after Services.

WESTMINSTER-MORIAH-OLIVET PRESBYTERIAN CHURCH

Interim Pastor Rev. Dr. Mark S. Caruana
 Music Director Richard Crawley
 Worship service: Sunday 10:30 a.m.
 714 Washington St., Utica. 315-732-6518
www.wmoutica.org
pastor@wmoutica.org
 find us on Facebook & Twitter
 Handicapped accessible

NORWICH CORNERS CHRISTIAN CHURCH

10233 Roberts Road, Sauquoit 315-737-0757

WHERE JESUS IS LORD!
 Pastor Walter J. Wharram, Jr.
 Sunday School - 9:00am
 Sunday Morning Worship Service - 10:00am
 Mid-Week Bible Study - Wednesdays 7pm
 *Sunday Sermons posted to YouTube weekly
 - Search 'Norwich Corners Christian Church'

TRINITY LUTHERAN CHURCH

2620 Genesee St., Utica. (315)732-7869
churchoffice@trinitylutheranutica.com
 Fall/Winter worship:
 9am - Sunday School & Adult Bible Study
 10:30am - Worship is led by our Pastor, Peter Saie
 Handicapped accessible.

FIRST PRESBYTERIAN CHURCH

1605 Genesee St, Utica, NY 13501 | fpcutica@gmail.com
 Opening Doors, Hearts & Minds: Serving Christ & Community
 Sundays - 10:30 Worship
 Faith Enrichment for all ages
 Coffee Hour following morning worship.
 Handicapped Accessible

LIFE IN CHRIST FAMILY CHURCH & BIBLE SCHOOL

25 Robinson Rd. Clinton - 315-853-1582. www.licfc.org
 Pastors Peter & Adeline Forrester
 Sunday Service 10 AM
 (Nursery & Sunday school provided)
 Thursday Night Prayer Mtg 7 PM
 Operating in all of the gifts of the Holy Spirit including 'healing'
 Go on line and check out our school.
 Teaching people the word of God without compromise!

ANNUNCIATION CHURCH

7616 E. South Street, Clark Mills 315-853-6138
rectory.denise@roadrunner.com
 Fr. Kevin J. Bunger. Deacon Gilbert Nadeau (Retired)
 Weekday Mass: Wednesdays 10am
 Weekend Mass: Sat. 4pm Vigil, Sun. 9:30am
 Confession: Sat 3:15pm-3:45pm
 Handicap accessible, air conditioned

STONE PRESBYTERIAN CHURCH

8 So. Park Row, Clinton
 Scott Leonard, Commissioned Lay Pastor
 Sunday service-10:30AM
 Website: www.stonepres.org
 E-mail: stonepres@verizon.net
 Office phone: 315-853-2933
 Handicapped Accessible

CLINTON UNITED METHODIST CHURCH

105 Utica Road, Clinton www.clintonmethodist.org
 Rev. Michael H. Terrell
 Sunday Worship Service 9:30 AM
 Sunday school during worship following children's time
 Office Phone: 853-3358

CORNERSTONE COMMUNITY CHURCH

500 Plant St. Utica(Oneida Sq. across from Dunkin Donuts)
 Mike Ballman, Pastor www.cornerstoneutica.com
mike@cornerstoneutica.com
Sunday Mornings: 11:15am
Last Sunday of month 10:30am

CHRIST CHURCH (REFORMED PRESBYTERIAN)

8470 New Floyd Rd. Rome, NY 13440
 Website: www.christchurchreformed.com
 Facebook:
<https://www.facebook.com/ChristChurchReformedPresbyterian>
aarongoerner@gmail.com
 Pastor: Aaron Goerner
 Services:
 Sunday School: 10AM
 Sunday Worship: 11AM
 Thursday Bible Study 7PM

ZION LUTHERAN CHURCH

630 French Road, New Hartford 315-732-4110
 Worship Service Sunday Mornings 10 AM
 Email: office@zionluth.com
 Website: www.zionlutheranNy.org
 Handicapped accessible

MOHAWK VALLEY CHURCH

9417 Maynard Drive Marcy, NY
 Sunday Mornings at 10am
 Come As You Are
www.mohawkvalley.church
info@mohawkvalley.church
 Pastors Mike & Susie Melnick
 Contemporary Worship led by Mark Bolos

TABERNACLE BAPTIST CHURCH
13 Clark Place, Utica 315-735-7534
churchoffice@tbcutica.org
Facebook: Tabernacle Baptist Church
www.tbcutica.org
We are together in our diversity! Come worship with us!
Saturday 6 p.m. Young Adult Worship & Study
Sunday 10 a.m. English Worship Service
Sunday 10:15 a.m. Sunday School for children in English and in Karen
Sunday 11:30 a.m. Karen Worship Service and 2nd-Hour Sunday School
Pastors Rev. Debbie Kelsey and Rev. Daniel San

BIBLE BAPTIST CHURCH
4431 Middle Settlement Rd., New Hartford, NY 13413
Brian Demers, Pastor
Sunday School for all ages: 9:30 a.m.
Sunday Morning Worship Service: 10:45 a.m.
Sunday Evening Bible Study: 5:00 p.m.
Wednesday Evening Bible Study and
Kids4Truth Children’s Program: 6:45 p.m.
Handicapped accessible. Nursery Provided.
www.biblebaptistchurchnewhartford.org

ST. MARGARET’S ECUMENICAL & RETREAT CENTER
47 Jordan Road, New Hartford – 315-724-2324
stmargaretshouseny.org
info@stmargaretshouseny.org
Rev. Elizabeth Gillett, Chaplain
The retreat center is open to the public.
On-Going Weekly Activities
Worship Services Wednesdays at Noon
Zoom and In-Person Worship Services - All Welcome!
Zoom.us ID: 842 3057 0175 Passcode: SMH
Wednesday Lunches at 12:30pm
Includes main + veggies, salad, bread, and dessert
Please make reservations by the Friday before 315-724-2324
Suggested donation \$10 per person
On-Going Monthly Activities
Friends of Emmaus House Meetings
2nd Wednesdays at 10AM - St. Margaret’s House
New Members Welcome!
Conversations with Rev. Gillett
2nd Wednesdays at 1:30pm
Group discussion about Matters of Faith
What’s Cooking with Irene
May 18th Monthly Dinner
Ham & Scalloped Potatoes, Glazed Carrots, Salad, & Dessert
June 15th Monthly Dinner
London Broil, Salt Potatoes, Green Beans, Salad, & Dessert
Third Wednesdays at 5pm (take out) and 5:30pm (dine in)
Please make reservations by the Friday before 315-724-2324
Suggested donation \$15 per person

Special Events
It Takes a Village - May 3rd & June 7th
You are cordially invited to join Rev. Elizabeth Gillett and Executive Director Judy Reilly for a faith-based, community-building series. Each month the group will select a religious work with a contemporary theme from which to begin a dialogue. Themes that will be covered include: poverty, income and equality, joy, racism, addiction, and more.
Meets from 12 to 2pm - lunch included. This program is graciously provided through the funding from the Episcopal Diocese of Central New York’s ministry grant.
Norman Rockwell Presentation - May 4th
Join us at St. Margaret’s on May 4th from 1:30pm to 3pm for a presentation by Darby O’Brien from Munson Williams Proctor Art Institute regarding their upcoming Norman Rockwell Exhibit.
World Labyrinth Day at SMH - May 5th
Join us on Thursday, May 5th, from 1pm to 3pm for a celebration of World Labyrinth Day. We will offer a variety of activities, to include: house tours, education about labyrinths, and a guided labyrinth experience. https://www.worldlabyrinthday.org.
Grief Group - May 10th
A facilitated monthly group to support anyone experiencing loss. Will continue to meet second Tuesdays from 6:30 - 8pm.
Scrabble Day - May 26th
You are welcome to join us for a day of fun with Scrabble and Friends. Please call by May 16th to reserve your space at the table. Lunch included (suggested donation of \$10). We will be collecting donations for Emmaus House that day - toiletries and porch flower baskets.
Work Day - May 31st at 11:00am
Bring your work gloves & boots and help beautify the grounds at St. Margaret’s. Refreshments and lunch provided.
Calling All Saints (yes, that’s you!) - June 16th
We are planning an All Saints Day Extravaganza to be held Tuesday, November 1st. An informational dessert meeting to determine interest in pulling on a “Dinner with the Saints” evening is scheduled for June 16th at 6:30pm. We need men and women who are willing to go back in time and share their experiences as a first-hand disciple of

Jesus. We need children to participate as angels. Musicians, actors, stage designers, sound experts - come one, come all! Please contact Penny Moncrief at 315-486-0027 for further information and to sign up for the June 16th meeting and dessert. Hope to see you there!
Remembrance Garden - June 21st at 10:00am
Please join us to help with the installation of a Remembrance Garden on the grounds of St. Margaret’s. Refreshments and lunch provided.
Summer Tours of the Shrines of Central NY
We are excited to offer group tours of local area holy places with a stop for lunch along the way. We will gather fourth Mondays at 10am, at St. Margaret’s. Please call us to reserve your seat! By donation.
June 27th St. Marianne Cope Shrine & Museum, Syracuse
July 25th Rosa Mystica Foundation of America, Edmeston
Aug. 22nd St. Kateri National Shrine & Museum, Fonda
Sept. 26th Holy Trinity Monastery, Jordanville
Save the Dates for St. Margaret’s Day
Join us for a special dinner with the Sisters the evening of July 19th and an afternoon celebration of St. Margaret’s Day on July 20th.
Summer Concert Series
1st Tuesdays from 7:00 - 8:30 PM
June, July, August, & September
June 7th Sherry Anne
July 5th Two Friends
Aug. 2nd to be determined
Sept. 6th Kevin Bailey
End of Season Concert - Sept. 27th at 6:30pm - Wildflower
Refreshments Provided. Please Bring Lawn Chairs - Picnic Blankets * Rain or Shine *
In Case of Inclement Weather Events Will Be Held Inside
Donations Gladly Accepted to Support the Ministries of St. Margaret’s & Emmaus House
These events have been supported by a grant from Stewart’s Shops Foundation. Thank you, Stewart’s!

CITY HOPE CHURCH
1415 Sunset Ave.
Utica, NY 13502
315-797-7775
Robert Tanner, Pastor
Sunday: 9:00am and 11:00 am

Prayer to the Blessed Virgin (never known to fail)

Oh, most beautiful flower of Mount Carmel, Fruitful Vine, Splendor of Heaven, Blessed Mother of the Son of God, Immaculate virgin, assist me in my necessity. O Star of the Sea, help me and show me here you are my Mother.
Oh, Queen of Heaven and Earth, I humbly beseech your heart to succor me my necessity, (make your request). There are none that can withstand your power. Oh Mary conceived without sin, pray for us who have recourse to thee (three times). Holy Mary, I place this prayer in your hands (3 times). Say this prayer for 3 consecutive days and then you must publish it and it will be granted to you.

BEIT SHALOM
48 Franklin Square, Utica, NY 733-2867
Rabbi: Stephen Galiley
Friday Evening Shabbat Services: 7:00 pm
Oneg Shabbat
Beit Shalom is a Messianic Jewish Congregation.
All are welcome!



TEMPLE EMANU-EL
2710 Genesee Street, Utica, NY – 724-4177
teuticaoffice@gmail.com
Rabbi Peter Schaktman
Friday Evening Oneg Sabbath sponsored by the Sisterhood of Temple Emanu-El. All are Welcome

TEMPLE BETH-EL
1607 Genesee Street, Utica
Rabbi Gustavo Geier
Executive Director: Mrs. Mundy B. Shapiro
Fri night - 5:30pm
Sat morning - 9:30am on Zoom

ZVI JACOB
Orthodox Synagogue
110 Memorial Parkway, Utica - 724-8357
Services are held Saturday at 9am, and on holidays.
Services may be held at other times if there is a minyan.
Visit our website www.zvijacob.org.
All are Welcome.

THE JEWISH COMMUNITY CENTER
2310 Oneida Street, Utica - 733-2343
Provides programs for seniors and recreational activities for all ages. Open to people of all races, religions, and nationalities.



For information on how to place a free article for your community event or local news, please email towncrier@pjgreen.com or call 315-723-4827
We currently mail our monthly paper to residents in the 13413 zip code.
If you know someone outside of that area who wishes to receive our publication, we ask that you please send a (yearly) \$20 check, to The Town Crier, PO Box 876, New Hartford, NY 13413.
We will gladly add the address to our subscription list.
We would also like to mention that we are a privately owned business, and not part of the Town of New Hartford.

New Life Apostolic Church

Service Times:
Sunday School
Sunday Adult Service: 10:00 a.m.
Wednesday Night Prayer: 7:00-8:00 p.m.
Thursday Evening Bible Study: 7:00 p.m.

Pastor Mark Waterman
315.736.1161

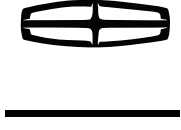
3995 Oneida Street #4
New Hartford, NY 13413

@NLAC4all

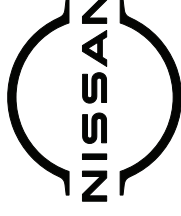
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