

Vol. 36 No. 8 August 2022

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94.0 - 95.9 Sophia DeRollo, Mia Eisenhut, Allison Falvo, Matthew Garrabrant, Gabriel Howe, Nezeeh Kaakour, Nay Kyaw, Grace LaFountain, Anastasia Mammone, Daniel Monahan, Kathryn Nerber, Valeria Nunez, Aiden O'Donnell, Luke Radel, Joseph Sekula, Natalie Smith, Kassia Thayer, Katelynn Truax, Maria Amelia Vale de Gato, Aiden West, Gavin Williams

Honors 90.0 - 93.9 Natalia Aragon, Alexander Bailey, Gregory Barmore, Rocco Barretta, Riley Brennen, Emma Burke, Grace Christopher, Olivia DeBella, Haley DeLaney, Danielle DeRocco, Evan Dziegiel, Grady English, Gaetano Fornino, Emma Friedel, Isabella Gelfuso, Dominick Greico, Kaia Henderson, Erin Julian, Connor Karwowski, Emma Kistner, Zachary Koscielniak, Caden Kramer, Carter LaFond, Nikolas Linder, Jacob Martyniuk, Giovanni Morbidini, Severine Russo, Mahmoud Sallam, Sarah Sanchez, Felice Sardina-Boisen, Lacey Somerville, Isabella Stephens, Madeline Surace, Peter Tolmei, Nathan Walsh, Gianna Yacobucci







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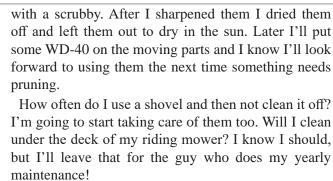




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Expect Better.



All this maintenance stuff takes so little time, but it makes such a difference in the performance of our tools. I know I'm going to be smiling the next time I need to use my pruners, and if you drive by and see me out there pruning, you'll know I've got a big smile on my face! The otherwise dreadful chore has been made that much more enjoyable with quality, well-maintained tools.



Ice Cream Social With Jazz Music

August 12th at 7pm

Zion Lutheran Church 630 French Rd in Hartford

(held in the church parking lot)

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Ella Sosnowski Finds a Postive and Rewarding Volunteer Opportunity

Last summer, with enough time spent at home after pandemic, Ella Sosnowski, from New Hartford, was looking for something to do. She has severe food allergies, and was only 15, so her job opportunities were limited. She decided she was going to look into something to do as a volunteer. Ella started looking up ideas online, and found a Veteran who was cleaning headstones of military members. She watched and followed him on YouTube. So that she could learn the right way to clean and protect the headstones. She found the right solution to use, and then got in touch with a member of a local cemetery board. They gave her permission to clean a few old stones.

This year she has had family and friends ask if she would like to do their loved ones headstones, which she has been honored to take care of.





Our Tools

submitted by Shelley of The Mum Farm

O.K. I have to admit it I'm not the best at maintaining my gardening tools. Sometimes when my pruners become dull, I just buy another pair. I know, you're already gasping! It's the truth, but I now vow to start maintaining my gardening equipment and not just replace.

I'm very good at maintaining my vehicles; washing, waxing, vacuuming, checking air pressure. I guess they're different because I get the satisfaction of shiny exteriors and cleanliness that makes me smile each time I get in to drive even if its only a few miles. Maybe it's the value of the vehicles that makes me take care of them, like if it's valued in the thousands of dollars, it needs to be taken care of.

Meanwhile top of the line pruners run just under \$100 and they should demand my attention just as much. My two pairs of pruners are just not what they used to be. I know they need sharpening because they just don't cut as well as they used to. So today I did it! Yup, I got out the sharpener. I have a hand sharpener that works wonders on my kitchen knives so I thought let's try that on my pruners. Wow! It worked, yes, it took me a few minutes to get them back to pretty darn sharp after I had cleaned up the blades under some hot sudsy water



Three Bike Rides to Raise Funds to Treat Local Veterans*

Choose From 3 Fun Rides!

30-Mile Road • 20-Mile Canal Tow Path • Mountain BikeRegistration (Gathered Pledges can be used toward entry fees)

Road & Mountain Bike \$25 min., Adult Tow Path \$25 min., Kids \$1 Per Mile Raise \$200 to receive an official Bike-A-Thon Jersey!

September 18, 2022

For more information, contact Jackie Warmuth at 315-737-2435 • jwarmuth@sitrin.com

*The Stars & Stripes Bike-A-Thon proudly supports Sitrin's Military Program.

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Clifford Crandall, Jr.

Area Martial Arts Icon **Premieres New Video Series** for Seniors

Clifford Crandall, Jr. has a message for everyone over age 60, "Get up, get moving, and enjoy yourself!"

Crandall, 75, founder and grandmaster of the American Martial Arts Institute, has produced a video of life. In addition to martial arts, he has made 947 series, "Still Alive and Kicking," promoting lifeenhancing activities for seniors. Crandall said he got a hot air balloon. In 1998, at age 51, he became the the idea for the series about three months ago when he first person recognized by Guinness World Records to realized he would soon be 75 and saw what he describes break a board with his hand in a freefall at 8,300 feet. as resignation from people as they age.

anything because they don't realize what they can be and even competed in body-building competitions, doing," he said. "Still Alive and Kicking" demonstrates a varied scope of physical activities available to improve everyone's quality of life.

pickleball, golf, kite flying, hiking, canoeing, golf, horseback riding, bowling, cross-country skiing, trimming Bonsai trees, and skeet shooting. Crandall added that he routinely participates in all of the at 315-278-7157 or contact@amai-eaglestyle.com. activities that are featured. "I'm not just telling others to do the activities, I do them myself." Topics for future videos include aerobics, bicycling, darts, and billiards. An activity does not have to be physically strenuous, years of martial arts training. and can be as simple as joining a library book club, Crandall said. The purpose of the videos is to stimulate body, mind, and emotions. "Anything that gets you up and stimulated is an activity, you shouldn't stop doing them, regardless of your age" he said.



Crandall also stresses that a person does not need to become an expert at any activities but should simply do them for the enjoyment. "It's not about being good at something, it's about having fun, and I feel lucky to be able to highlight some great activities for the community"

Contributing to the community is at the core of Crandall's beliefs. As a lifelong practitioner and instructor of martial arts, he has hosted the "Martial Arts Today" and "The Safety and Awareness Today" television programs as well as numerous "Secure Living" video segments for women and children. He credits his early martial arts training for instilling a sense of giving. "I was taught in the martial arts that once you become proficiently skilled as a black belt, you should share your skills and inspire others." Crandall emphasizes that the "Still Alive and Kicking" videos are not necessarily promoting martial arts but any activity that people can find enjoyable.

Crandall believes activity is essential to quality skydiving jumps from airplanes, helicopters, and even Additionally, Crandall has flown power parachutes, "I see people in their 60s and older who aren't doing jumped off high cliffs, taken part in dance competitions placing third at age 47. "How can you have quality of life if you don't have any fun?" he said.

"Still Alive and Kicking" is currently on view at Activities featured in each 60-second video include the American Martial Arts Institute website, AMAI-EagleStyle.com and on Facebook at Facebook.com/ AmericanMartialArtsInstitute/. Groups may also contact the AMAI for flashdrives containing the series

> Grandmaster Clifford C. Crandall, Jr. is the head and founder of the American Martial Arts Institute and the American Eagle Style of martial arts with more than 55

> Prior to becoming a full-time, professional martial artist, Grandmaster Crandall was a superintendent of schools, high school principal, elementary school principal, and classroom teacher in New York State. He left the public education profession in 1984 to dedicate himself to the martial arts full-time, allowing him to travel to 22 different countries and train with martial artists around the world. Grandmaster Crandall has made numerous contributions to the field of martial arts, including authoring 14 books on the subject.

Rebuttal of Article Written by 'Concerned Senior Group'

There was an article published in the July Issue of the Town Crier that was not fact-checked and was very misleading.

We would like to set the record straight by mentioning that having fill dumped at your property, for free, is a service the Town of New Hartford offers to any New Hartford tax payer.

This fill comes from retention ponds that they have dug. by offering this service, it saves the town money. Otherwise a 3rd party would need to be hired to remove the dirt. This is a service that has been available for some time now.

We would like to appologize to the Town of New Hartford for printing the article last month.



Allison Scagel

Scagel Receives Ph.D.

Allison Scagel, daughter of Nancy and Donald Scagel of Sauquoit, recently received her Ph.D. in Behavioral Neuroscience at the University at Buffalo, after defending her dissertation, "An Examination of the Ability of Domestic Dogs to Form Abstract Concepts."

Allison, a 2011 graduate of Sauquoit High school, and a 2015 graduate of the University of New Hampshire with a Bachelor's degree in Wildlife Biology, received the Robert W. Rice Memorial Award while at Buffalo for her paper titled "Do that again! Memory for selfperformed actions in dogs (Canis familiaris)" which was published in the Journal of Comparative Psychology. This award recognizes excellence in scientific research for an empirical paper completed by a graduate student.

Allison plans to begin her career as an applied animal behaviorist in the Mohawk Valley region, continuing her passion for dog training and behavior modification.





NH Public Library 2 Library Lane 315-733-1535

Monday and Tuesday 10am-8pm

Closed on Wednesdays
Thursday and Friday 10am-6pm
Saturday 10am-2pm
Sunday 1-5pm

Computer Appointments Required Curbside Pickup Remains an Option

Friends of The New Hartford Public Library September Meeting

You are invited to join the Friends of the New Hartford Public Library.

The Friends will meet Saturday, September 17, 2022 from 9:00-11:30am. in the Sammon Room, located on the lower level.

Stay Connected With Us!

The most up to date information regarding closings, reopening, programs and crafts can be found on our website and on our Facebook and Instagram pages. Website: www.newhartfordpubliclibrary.org Facebook: www.facebook.com/newhartfordpubliclibrary

Instagram: new_hartford_public_library
NHPL Board of Trustees 2022 Meeting Schedule

NH Public Board of Trustees Meetings

The New Hartford Public Board of Trustees meets the 3rd Wednesday of each month at 4:30 pm at the New Hartford Public Library.

August 17, 2022 September 21, 2022 October 19, 2022 November 16, 2022 December 21, 2022

Outdoor Book Locker

Have You Seen our New Book Locker?

We have added another way for our patrons to pick up their materials! You may have noticed our outdoor book locker located at our level entrance. This book locker allows patrons to pick up their materials when we are closed. Patrons may choose to use this even when we are open as well! When placing your holds, simply enter NH Locker or let the staff know that you would like your hold to be placed in the locker.

This locker was funded by a grant through the Central Library Resources Council and the Mid York Library System.

Text Alerts

Introducing Another Way to Get Notified By Us!

We are happy to announce that we can now text you when the items you have placed on hold have now arrived. In order to opt into this service please call the Library and or stop in and let the staff know that you would like to receive text alerts. 315-733-1535. Standard texting rates apply.

Your book donations are greatly appreciated. As a reminder, we ask that you limit your donations to one box/bag at a time and that you deliver them to our Circulation Desk. Please do not leave donations in our hallway, drop boxes or outside our door when we are closed.

Book Donations

Community Outreach

We are hitting the road and would love to come to your organization! Are you involved with a preschool, daycare, summer program or assisted living center? We would love to come to your organization and share more about our upcoming programs, issue library cards and provide programming to your facility. For more information, please contact our Library Director, Anne 315-733-1535.

Literacy CNY

We are thrilled to announce that every Tuesday from 5:00-8:00 we will have a Literacy CNY Volunteer available for one on one technology help. Need tech assistance? Literacy CNY volunteers are trained and are more than happy to assist you, free of charge!

Rocking Chair Reader

Our Rocking Chair Reader Program is back! Every Friday, at 10:30 we will have volunteers sit and read stories to little ones in our Children's Area. This is a drop in program with no registration required.

Interested in volunteering to read? Please call or stop by the Library and ask to speak to Cheryl or Anne. 315-733-1535

Interested In Using Our Window Display?

The display case at the Library's main entrance is available without charge for community groups or individuals to display works of art, collections or educational displays. Exhibits must be in keeping with the Library's mission to meet the educational, cultural and recreational needs of the community. Exhibits may not be for entrepreneurial or commercial purposes, for the solicitation of business for profit or for fundraising. Religious proselytizing and partisan political recruitment are similarly prohibited. Applications for the case are on a first come, first served basis and are limited to one month, with displays also limited to one per year per individual, group or organization. Exhibits will be reviewed in advance before being displayed. Applications for use of the case are available at the Library's front desk. If you have any questions or are interested in using the display, please call the Library and ask to speak to our Display Case Coordinator, John. 315-733-1535

Utica Art Association Celebrating 175 Years

The Utica Art Association will observe its founding with a mini exhibit in the display case at the library's main entrance. The work will be on display throughout the month of August.

The association traces its history to an illustrious past. In 1827, the group's roots were planted in the founding of the Utica Mechanics Association as a benevolent organization interested in promoting the arts. Joining and supporting the busy social and artistic renaissance so prevalent and the diverse cultures of the city at that time was both profitable and exciting.

The association flourished with as many as six open exhibitions or competitions a month, bringing renowned artists from over the world to compete for prestigious awards. In 1930, it became the Utica Art Club, under the guidance of Arthur Derbyshire, who also was the director of the Munson-Williams-Proctor-Institute.

The association experienced many revivals and rebirths in the years before its current incorporation in 1980, when it was renamed the Utica Art Association

in support of artists and interested patrons in any art medium, including photography.

The exhibition will reflect the diversity of the association's members and expertise in their chosen medium. No works in the exhibit are for sale.

If the exhibit sparks your interest, a selection of artrelated books on display in the book rack near the main entrance will be available for check out.

Grab & Go Projects Adults Schedule

Adult Grab & Go Projects continue on the first Monday of each month.

August 1st – Bubble Painting Hydrangea Flowers Call to reserve beginning at 10:00 on the day of that months' project, or come into the library to pick up.

Grab & Go Project Bags for Kids Schedule

Kids Grab & Go Projects will be on pause during our Summer Reading Program. Be sure to check out all the fun things we have planned down below! Grab & Go Projects will resume September 1st.

In Person Story Time

Regular Tuesday/Thursday Story Time will be on pause during our Summer Reading Program. Read below for all the fun to be had this summer including a weekly Story Time and Craft. Regular Story Time will resume Tuesday September 6th

Summer Reading Program

Our summer Reading Program runs from July 1st to August 12! Be sure to stop in to pick up your reading log. This year there are many fun new ways to earn prizes to claim at our Summer Reading Finale Party on August 13th at 11am. Be sure to mark your calendars...

Monday Maker Cart Monday at 10:30am

Tuesday Storytime & Craft at 10:30am

Thursday Make a SPLASH at 2:00pm

Aug 4 -Full STEAM Ahead

Aug 11 -Utica Zoomobile (Registration Required)

Friday Freestyle Lego at 10:30am

Summer Reading Finale Party

Join us Saturday, August 13th at 11am outside (weather permitting) for our summer reading finale party. There will be food, games and prizes. Make sure to bring your reading log if you haven't turned it in yet. We hope to see you there!

Park Passes Are Back!

Once again, the Friends of the New Hartford Public Library are supporting our Park Pass Program. Through their generosity, we will be allowing our patrons to check out the following park passes which will allow our patrons a discounted entry rate:

Fort Rickey Children's Discovery Zoo

Adirondack Experience

Empire Pass

The Wild Center

Onondaga County Parks

Passes must be placed on adult library cards. Please call 315-733-1535 for more information

Check Out an American Doll!

The Heritage Doll Club has generously donated an American doll with her own travel case to go home with any borrower who would like to give her a two week vacation. She comes with accessories and a good book. She waits for you behind the Circulation Desk... just come in and ask to check her out!

Are you interested in joining a book club, currently in a book club, or looking to start one? If your club needs to order books or if you are interested in starting a book club, please call the Library and ask to speak to our Book Club Coordinator, Danielle. 315-733-1535

Book Clubs

>Ruth Anne Mystery Book Club reads mystery novels. They meet on the second Saturday of the month at 11am. For more information please contact the library.

>Wanderlust Book Club reads fictional novels, ranging from current to historical. They meet in the third week of the month. For more information please contact the library.

>Women (and Men) of Mystery led by Janet Hoover will be taking a break until further notice. Feel free to browse the library mystery section until they meet again. Updates on starting back up will be posted here (in the crier) and on the library website. Thank you for understanding.

Community Rooms

Community Rooms will be available for groups and organizations to use. You can find more information on our website (https://www.newhartfordpubliclibrary. org/reserve-a-room/), by calling 315-733-1535, or by visiting our Circulation Desk at the Library.

Yoga for Seniors

Join Bill Skinner every Monday at 3:00pm for a Yoga program geared towards seniors! Please call the Library at 315-733-1535 to register for this in person class.

Mid York Library Road Trip 2022

Mid York Library System is proud to announce the Mid York Library Road Trip event beginning on June 1, 2022. This summer, kids, adults, and families are welcome to join a three-month trip to visit 45 library locations throughout Herkimer, Madison, and Oneida counties. Participants will discover the unique buildings, services, and resources available at their local and neighboring communities.

About Mid York Library Road Trip

The Mid York Library Road Trip begins by picking up a map at your first stop. A list of libraries and their locations can be found at www.mylibraryroadtrip.org. Use this map to plan your road trip to as many of our 45 Mid York Library System locations as you can visit. During your visit, have a library staff member stamp your map to document your trip. Each library is the beginning of your journey to a new community, feel free to explore local attractions, restaurants, parks, and



vendors. Throughout your road trip you will have the opportunity to receive various prizes as you discover each of our libraries. Any person, team, or family that is able to receive a stamp from all 45 locations will receive a VIP gold library card.

Participate in the Mid York Library Road Trip from June 1 to August 31, 2022. More information on our libraries, and their communities, can be found at www. mylibraryroadtrip.org.

About Mid York Library System

On May 10, 1960 a three-county-library system was established to include the counties of Oneida, Herkimer, and Madison. Jervis Library in Rome was named the central library in the system, the system established its headquarters on the second-floor of the Jervis Library building. The system would later adopt the name of Mid York Library System. In 1963 the Mid York Library system grew to 36-member libraries and continued to grow to 38 members in 1964. In 1965 the Mid York Library System purchased a facility in Utica, NY on Lincoln Avenue where the system is still located currently. The Mid York Library System currently serves 43-member libraries with 45 facilities throughout the three counties with the Jervis Public Library and the Utica Public Library as co-central libraries.



Miller Awards \$15,000 in Library Bullet Aid to the New Hartford Library

Assemblyman Brian Miller (R,C-New Hartford) awarded \$15,000 in Library Bullet Aid to the New Hartford Public Library of which is part of the Mid-York Library System. New Hartford will receive \$15,000 and another local library will also be receiving money in the coming weeks.

"Libraries are the cornerstone of lifelong learning in our communities for people of all backgrounds and ages. I am so pleased to award this additional \$15,000 in aid to the New Hartford Library" said Miller. "I am excited, as I am sure many library patrons will be, to see the projects accomplished with these funds."

Give Your Child The Best...Right from the Start! **Jewish Community Center's Preschool Program** pre♥school Self Reliance Achievement Self Esteem Self DisciplineInterested? · Classes are held from 9 a.m.-12 Please call noon. Monday through Friday (315) 733-2345 for children ages 2 to 5. • Lunch program is available The Jewish Community Center from 12 - 2 p.m.. 2310 Oneida St. • Before Care starts at 8 a.m. and Utica. NY 13501 After Care ends at 4 p.m. Www.jccutica.net The school follows the local public school schedule, * we are open to children of all September - June races, religions and nationalities

* now accepting fall registration applications

Sunset Sips and Late Friday Nights Return to Utica Zoo

The sights and sounds are very different on a summer night at the Utica Zoo and beginning Friday, July 8th, visitors and members can enjoy a whole lot of both! Each Friday until August 26th, the full zoo will be open through 7 pm with live musical entertainment at the Rotary Pavilion and a full menu of food and beverages including beer and wine at Polly's by KookiesQ at the Zoo.

The fee is the same as regular admission and members can utilize their free benefit. The gift shop will also be opened-due to construction. It is located in the Wildlife Hall Auditorium for 2022.

Sunset Sips is sponsored by Century21 One Realty and the live performance and entertainment schedule is:

July 29th Vinyl Logic

August 5th Trivia Night with Tim Goldman

August 12th Spencer Morgan Music

August 19th Big Tasty and the Sass

August 26th Isaac French

For more information about the Utica Zoo and special offerings for 2022, please follow all social media sites and visit www.uticazoo.org.

Remsen Barn Festival 2022

The Remsen Barn Festival of the Arts is back September 24 & 25, Sat. 10-6 and Sun. 10-5! Admission is Free. From its humble beginnings, over 40 years ago, when the festival included tours of local barns and handmade quilts, it has become one of the northeast's premier Festivals, featuring crafts of all kinds, a farmers market, food for every taste and entertainment both days. Don't miss the hundreds of quality juried crafters offering jewelry, textiles, fashion accessories, woodcrafts, soaps, pottery, holiday items, furniture, glass, candles and more. Food vendors offer everything from hearty meals to sweet snacks. Farmers markets offer local honey, jams and jellies, gourmet spices and sauces, candy, fudge and local cheese curds. Visit the free quilt show at The Remsen Arts Center and listen to live entertainment each day. On Sunday at 2:30, all are welcome to experience the beauty of the Gymanfa Ganu (Welsh song fest) in the Stone Church on Prospect St. The Baking Contest at 10am Sat. at the Methodist Church offers prizes in each category. This year's theme is Fabulous Foreign Flair. The Emporium Booth offers Welsh theme festival merchandise.

We've missed you during the pandemic years - so don't miss us this year, rain or shine, in the historic Welsh town of Remsen, NY on Main Street, 12 miles north of Utica on Route 12.

NO PETS ALLOWED. In the past we have requested that everyone leave pets at home. THIS IS NOW A MANDATORY REQUIREMENT for admission. Service animals with papers only.

Plenty of parking on and off-site.

For more information see our website www. remsenbarnfestival.org or email questions to remsenbarnfota.com.

See you Saturday Sept. 24 10-6 & Sunday Sept. 25,





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New Hartford Rotary News

On August 23rd 2022, The Rotary Club of New Hartford, NY will celebrate its 61st anniversary. The club received its charter on August 23, 1961. A Charter Night celebration was held at Trinkaus Manor on Wednesday October 18, 1961, the first official meeting of the club. There were 23 original charter members present at that meeting. The first president was Herman (Hy) Abrams who was the proprietor of a clothing store in the New Hartford Shopping Center. Many outstanding individuals from a varied list of occupations have served the club well as president. The club has had a number of meeting places over the years including some notable ones such as the Ed-Rich Restaurant in the New Hartford Shopping Center. Later on, the name of this restaurant was changed to the Red Onion. In order to provide privacy, we moved to the Elks Club on French Road. This meeting place turned out to be an excellent choice and our home for a long period of time. Other meeting places have been Alfredo's Restaurant, The Hook, Line & Sinker, Danielle's Restaurant and the Yahnundasis Golf Club, which is our current meeting place.

Our first attempt at fund raising was an auction which we held at the New Hartford Shopping Center in the fall of 1962. For many weeks in advance members were kept busy picking up items for the sale. We even auctioned off several boats and an automobile in the open area of the parking lot. Pancake Day was started in 1969 and continued to be one of our major fund-raising projects until the advent of COVID. In 1975 and 1976 the club

sponsored horse shows which were held at Tantivy Farms at Kirkland, NY. This project involved selling ads for a program and assisting in many ways at the show. Around this same time a tradition also developed of having an auction at a regular club meeting early in December each year. For several years this auction financed a Christmas party for the patients at the Children's hospital. The Rotary meeting was held with the children, and Santa Clause distributed many gifts purchased with the proceeds of the auction. An annual golf tournament was started in 1993 which benefited the New Hartford Public Library and the New Hartford school system, furthering our participation in Rotary International's literacy program.

Lic. Real Estate Salesperson

Office: 315-735-2222

Email: Michele12765@me.com

The club established the Bob Houston Scholarship Fund in memory of Past President and Past District Governor Bob Houston. Annually, a two-year scholarship to attend MVCC is awarded to a New Hartford High School senior. We assisted with the opening of the New Hartford Town Park with the purchasing of materials and construction of the first picnic tables. In 1970 we participated in the centennial celebration of the founding of the Village of New Hartford by organizing and producing the New Hartford Queen Pageant. We also raffled off a scaled down model-T Ford to raise funds for the project. In conjunction with Rotary International's 75th Anniversary Fund for Health, Hunger and Humanity, the club pledged \$15.00 per member. The first project financed under this program was the administering of 700,000 tetanus toxoid shots to children all over the world. The second part of this program provided over one million

polio immunizations for children in underdeveloped countries. To this day, our club continues to participate in the Rotary International Polio Plus campaign, which, along with the United Nations and the Bill & Melinda Gates Foundation, is striving to wipe out the wild polio virus in the entire world.

Our club has been an active participant in the Rotary Youth Exchange (RYE) program, hosting students from other countries and sending local students abroad for a year. This program has been put on hold for several years due to COVID, but in the 2022-2023 year, we hope to be interviewing students to send abroad starting in the 2023-2024 Rotary year.

This year, the club has sponsored a satellite club entitled the Environmental Focus Group of CNY-District 7150. This new club is a caused-based club that concentrates on environmental issues that will help and protect our environment.

For 61 years, New Hartford Rotary has been working to make our community and the world a better place to live. We are always looking for new members and if you would like to work with like-minded members of your community to help us in our endeavors, we'd love to have you come and join us for lunch on Wednesday afternoon. New Hartford Rotary meets every Wednesday at 12:15 PM at the Yahnundasis Golf Club. For more information about The Rotary Club of New Hartford, NY you can check our website at www.rotary7150. org/clubinfo or follow us on Facebook at https://www.facebook.com/NHRotary/.





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By Appointment

Free Educational Workshops Offered to the Public

The DiGiorgio Law Firm, PLLC will be offering the following free educational workshops to the public:

- · Estate Planning & Probate Avoidance on August 11,
- · Long Term Care and Medicaid Planning on August 25, 2022
- · Estate Planning for Business Owners on August 4, 2022 & August 18, 2022

All workshops will be conducted at the offices of The DiGiorgio Law Firm, PLLC located at 258 Genesee Street, Utica, NY 13502 from 5:30pm to 6:30pm.

RSVP required: Phone 315 732-3155 or email: pdigiorgio@digiorgiolaw.com.



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P.E.O. (Philanthropic Educational Organization) is a diverse community based organization with nearly 6,000 chapters and some 230,000 members throughout all 50 states and Canada. We have three Chapters in Oneida County. The Clinton Chapter BG was founded in 1962. This year Chapter BG of Clinton, NY celebrates it's 60th Anniversary. The P.E.O. organization was founded in 1869 by 7 women and now has almost a quarter of a million members. We are passionate about our mission of promoting educational opportunities for the advancement of women.

P.E.O. is headquartered in Des Moines, Iowa and owns a two year women's college, Cottey College, in Nevada, MO. For more information contact Chapter BG president, Alma Ingalls, at almadi29@yahoo.com or Kathy Giffune at kehgiffune@hotmail.com.



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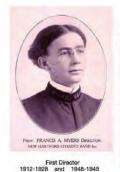
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New Hartford Citizens' Band "And the band plays on"













decided to settle in Utica, NY to pursue a musical career, teaching in area high schools and directing numerous Phillip Sousa to direct the New Hartford Citizens' Band during one of their summer performances when the famed conductor was visiting the area.

In 1950, Mr. Ernest Ortone, a music teacher at New Hartford High School, was appointed as the band's director. He continued the tradition started by Professor Myers as it was reported that more than 1,500 people attended the last concert in 1950.

in 1955 and he held that position until 1960, when Kenneth Fryer, the head of the music department at New Hartford High School assumed the helm. During that time, the concerts were moved from the village park to the front steps of the high school. This writer remembers performing with the band during this time, where many of the patrons would sit in their cars in the high school parking lot and honk their horns as approval after every piece.

Ken Fryer retired in 1972 and from then until 1975, the band had several directors, including music teachers Paul Clark and Ray Durkee.

Finally, in 1976, the baton was handed over to Michael DiMeo, who was the head of the NHHS music department and 46 years later, Mr. DiMeo continues to direct the band and get the most out of the 50 -60 musicians who make up the band every summer. The band continues to perform at the New Hartford Village Park, with occasional performances at the New Hartford Rec Center when it rains.

The band will have two more performances this year. On Wednesday, August 3rd, the band will be taking their act on the road, playing a concert at the gazebo at the Main St. park in Sylvan Beach, NY. This concert will also start at 7:30 PM.

The last performance for the 2022 season will be on Saturday, August 6, 2022, when the New Hartford Citizens' Band will host their 3rd Annual Band Festival from 11:00 AM to 5:00 PM at the New Hartford Village Park. This year, the festival will feature five bands from around the central New York area to include The Floyd

played for the official band at the St. Louis World's Fair Community Instrumental Ensemble, La Banda Rossa and then joined an orchestra that performed on the S.S. (Red Band), Phoenix Community Band, Ilion Civic Potsdam, an ocean liner that sailed the Atlantic Ocean Band and the New Hartford Citizens' Band. There will between NYC and Antwerp. It was in 1912 that he be extra entertainment between the performances as well as food and drink provided by the New Hartford Rotary Club and several food trucks. There will also bands. Professor Myers was credited in getting John be prizes and a 50/50 raffle to win. This event will take place rain or shine. In case of rainy weather, the event will be held in the New Hartford Recreation Center. This will be an event for the entire family so you will want to be sure to plan to attend and join in the fun.

The New Hartford Citizens' Band and its talented musicians do their share to make New Hartford a wonderful place to live and are able to do so because of the hundreds of people who support them. If you or Stephen Phillips took over as the band's director your company would like to support the band this year, more information can be obtained on Facebook at New Hartford Citizens' Band.

> For information on how to place a free article for your community event or local news, please call 315-723-4827 or email towncrier@pjgreen.com

Our monthly paper is currently mailed to residents in the 13413 zip code. If you know someone who wishes to receive our publication, we ask that you please send a \$20 check (yearly), payable to The Town Crier PO Box 876. New Hartford, NY 13413. We will gladly add the address to our subscription list.

New Hartford Citizens' Band

Through the years, the success and longevity of the New Hartford Citizens' Band has been due to the dedication of the various band directors that have guided and nurtured the various musicians who have played in the band.

The first director, who could be considered as the "father of the New Hartford Citizens' Band", was Professor Francis A. Myers who first started the band in the spring of 1913 with 30 musicians. The 38-yearold Professor Myers' love of music is what eventually caused him to leave John Hopkins University Medical School and join the famed John Phillip Sousa Marching Band, where he played clarinet for four years. He later







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Pictured are veterans and community members from last year's Stars & Stripes Bike-A-Thon enjoying Boonville's scenic landscape.

Stars & Stripes Bike-A-Thon **Returns to Boonville**

Event Supports Local Veterans

The sixth annual Stars & Stripes Bike-A-Thon, a fundraiser for Sitrin's Military Program, will take place on Sunday, September 18, 2022. Hosted by the Boonville VFW Post 5538, this event is open to riding enthusiasts of

New this year is a mountain bike ride for those who prefer a more dynamic, rugged terrain. Individuals can bike anywhere from 10 to 15 miles. Participants can also choose a 30-mile round trip loop or a 20-mile tow path ride. The 30-mile round trip loop is a challenging road ride for bikers 13 years of age or older. Rest and refreshment stops are provided along the route. Participants can also bike up to 20 miles on a tow path ride, which is on a non-vehicular road made of hard-packed dirt, with a very slight grade. Mountain bikes or bikes with wider tires fare well on this path.

Whatever the choice, all are encouraged to bike at their own pace through the scenic North Country around Boonville, NY.



The Presenting Sponsor of this event is Eric Martin, president of the Lodging Kit Company, a veteran-owned enterprise. The Hanley Foundation is also a sponsor at the Golden Gear level.

Entry fees for any of the three rides are \$25.00. Participants who raise \$200 or more are eligible to receive an official Stars & Stripes bike jersey. They can contribute their own funds to cover the registration for either ride, or obtain pledges toward the entry fee and/or official bike jersey.

Pledge forms are available from Jackie Warmuth, vice president of clinical development and director of Sitrin's Military Program. She can be reached at (315) 737-2435 or jwarmuth@sitrin.com. Individuals can also pick up pledge forms at the VFW Post 5538 in Boonville.

Vietnam Veteran Paul Fortin, member of the Boonville VFW Post 5538, has been coordinating the Bike-A-Thon since its inception six years ago.

"The Boonville VFW is pleased to offer three different activities for veterans and community members to enjoy the outdoors and changing scenery, while also raising funds for local veteran care," Fortin said. "We are proud to support such a necessary cause."

Sitrin's Military Program provides comprehensive, complimentary care to post-9/11 veterans and service members and is funded, in great part, by events such as the Stars & Stripes Bike-A-Thon.

"We are deeply grateful to Paul Fortin, members of the Boonville VFW Post 5538, and our generous sponsors for supporting local veterans being treated through the Sitrin Military Program," Warmuth said.

Sitrin's Military program, implemented more than a decade ago, is unique in that therapy and treatment options are personalized for each veteran based on military, combat, and reintegration experiences. Specific diagnoses include post-traumatic stress, traumatic brain injury, sleep disturbances, anxiety, and suicidal ideations, among others. Trauma-based healing is used to soothe a hypervigilant nervous system, relieve pain, increase social interactions, and engage veterans in activities they enjoy.

ABOUT SITRIN: In addition to veteran care, Sitrin provides services for people of all ages and abilities, including comprehensive medical rehabilitation (inpatient and outpatient), long-term care, assisted living and enriched housing (Cedarbrook), NeuroCare, residential care for people with intellectual disabilities and medically complex conditions, medical and social model adult day health care (OPAL Program), adaptive sports (STARS Program), a Wellness and Aquatic Center, orthopedic injury program, concussion management, child care, and a dental clinic. Sitrin is a not-forprofit corporation.







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Misunderstandings

Submitted by Jim LaFountain, All American Fitness Center It has become my professional opinion, that there

are three major misunderstood concepts that prevent fitness success.

Fat Loss versus Weight Loss

Any "quick" weight loss is simply a loss in bodily fluids. Water is required to metabolize the food we eat. Severely restrictive diets do not require as much water, so the body empties what is not necessary, causing a reduction in "scale weight." Well marketed "instant results" weight loss schemes encourage ridding the body of water. After "scale weight" goals are reached and a normal diet is adopted, the body slowly begins

to hold onto the water that's required to metabolize the power lifter. added calories.

Patience is required if your goal is to drop stored body fat. A modest reduction in calories, combined with regular exercise are two critical requirements for reducing stored body fat.

Although cardiovascular exercise gets a lot of attention, as it relates to calorie burning, it's resistance exercise, in the form of weights, machines and bands that helps build muscle.

Added muscle creates a larger fat burning machine. A goal of a one pound drop in weight per week, assures that fat is being burned and your body is simply not ridding itself of water.

Somatotyping

In order to set realistic goals, we must first, understand our limitations. That's right-limitations, we all have them, time to get real. Three basic Somatotypes exist:

- *Ectomorph-a long, thin build
- *Mesomorph-muscular, lean, athletic
- *Endomorph-round, heavy set

When considering a mode of exercise, it's important to self assess your Somatotype. There are orthopedic waiting rooms full of endomorphs, who attempt to regularly participate in long distance runs. Ectomorphs stand a very slim chance at becoming a successful

Even mesomorphs face the major challenge of becoming a successful distance runner.

Understanding somatotyping is, perhaps, the most important component of a successful exercise program.

Sticking With It

With an exercise compliance rate of under 30%, there's a good chance, we will all face the possibility of dropping out of regular exercise. We should have a "failure plan." I have occasionally dropped out for short periods of time and have developed my own plan to get back at it. In fact, I take 2-3 days off every 8-10 weeks. When I return, I start slowly, gradually building back my peak intensity and exercise volume. This practice is commonly called a mesocycle.

Goals are useless if they're not combined with a daily "action plan." What are we willing to do each day in order to reach our goals? Goals make for a great conversation at a cocktail party, but where the rubber meets the road is in a realistic and well designed "action plan."

A better understanding of these key concepts will certainly position you for a successful fitness lifestyle.







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their support and dedication to growth -one of our core values - in the Rome community. We know a bright future lies ahead."

Lastly, we were honored at our Ribbon Cutting celebration to present a donation of \$2,500 to the Rome Family Branch YMCA located on West Bloomfield St. as a sign of our commitment to supporting those who have dedicated their mission to serving our communities. The YMCA is committed to strengthening community by empowering young people, improving the health and well-being of people of all ages and inspiring action in and across communities. We are proud to support the mission they have been carrying out in Rome for decades.

About Strategic Financial Services

In business since 1979, Strategic has a team of over 37 wealth management professionals, servicing more than 1,000 clients and managing \$1.7 billion in assets. Areas of focus include Investment Management, Financial Planning and Corporate Retirement Plans.

Headquartered in Utica, NY with satellite offices in Albany, Little Falls, Rochester, Rome and Syracuse, Strategic is an established wealth management firm and regional leader in the investment industry.

While successfully growing from established roots, it continues to expand its geographic footprint and influence across the northeast and throughout the United States.



Strategic Financial Services Celebrates Offical Ribbon Cutting Ceremony for New Location

Strategic Financial Services, Inc. ("Strategic"), an independent, Central New York-based wealth management firm, is proud to announce the official Ribbon Cutting Ceremony took place at the new Rome, NY office on Thursday, June 23rd. This new office is located at 1320 Floyd Avenue, near the entrance to the Griffiss Business Development Park.

The Rome team will be headed by Lead Advisor, Gregory Mattacola, Esq., CFP®, Kathryn Nolan, Associate Advisor, and Crystal Seymore, Executive Assistant, all Rome natives. Mattacola founded and operated The Mattacola Law Firm for 13 years in Rome with a focus on estate planning, health care and employment law. In the past, he also served as Vice-President/In-house Counsel to Rome Memorial Hospital, and Counsel to Hancock Estabrook, LLP. He is a past Chairman and currently serves as Second Vice-Chairman of the Rome Area Chamber of Commerce, in addition to numerous other community endeavors.

"I have a true passion for the Rome area community," Mattacola says. "The people here are my neighbors, friends, and colleagues. They deserve the superior level of wealth management services that Strategic Financial is known for and I'm thrilled that we are coming to Rome to do just that."

"Rome has seen rapid growth in recent years, and we're excited to be a part of it," said Alan Leist, III, CEO of Strategic Financial Services. "Rome is an amazing place to be and has been so welcoming to the Strategic family as we expand our footprint. We want to thank the Rome Chamber of Commerce, the Utica Chamber of Commerce and so many others for

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Bank of Utica to Sponsor Broadway Theatre League of Utica's 2022-2023 Season!

Broadway Theatre League of Utica proudly announces that the 2022-2023 Subscription Series Season is generously sponsored by their friends at Bank of Utica for the second consecutive year. "Bank of Utica loves Broadway shows! The Mohawk Valley is lucky to be able to have world class Broadway productions shown in Utica. The Bank is happy to again be the season sponsor for Broadway Theatre League of Utica's 2022-2023 season. See you at the theatre! "Barry Sinnott, Senior Vice President, Bank of Utica.

"Not only is Bank of Utica our presenting Season Sponsor, they are our exclusive sponsor of the Bernadette Eichler Youth Ambassador Program that is going into its 11th season here at Broadway Utica. This program would not be possible without their generosity and constant support. Each Year Bank of Utica provides nearly 40 students an opportunity to be a season subscriber of Broadway Utica and attend all performances. Students also hear from community members, attend pre-talks from the cast and crew of the show, volunteer in the community and so much more. We cannot thank Barry and his entire team enough for their continued dedication to not only our community and the arts, but to our youth as well." Danielle Padula, Executive Director Broadway Theatre League of Utica.

Become a subscriber today! You will receive discounted tickets for your family and friends, exclusive deals and so much more! There is no better time to join the league.

The many perks to becoming a Broadway Utica Subscriber

- \cdot Your option of being a Night 1 or Night 2 season ticket holder
- · 5 or 6 Show Option
- · Guaranteed the same seat for each show performance
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- · Get early access to purchase bonus show performances before the general public
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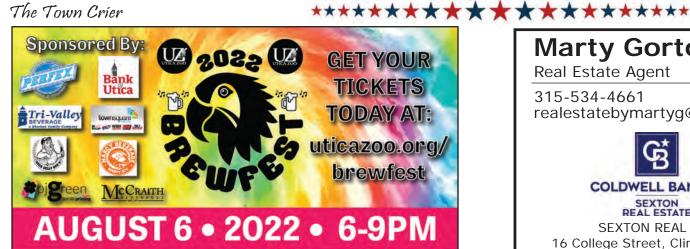
- · The Book of Mormon
- · Tootsie
- . 1776
- · Annie (Optional)
- \cdot My Fair Lady
- · Jesus Christ Superstar

This season also includes the following bonus shows. All Subscribers receive a discount off bonus shows.

- · Chicago
- \cdot Elf
- · Legally Blonde

To view the Broadway Theatre League of Utica's 2022-2023 Bank of Utica Season, all subscription season pricing, and bonus show packages, go to www. BroadwayUtica.org. Keep in mind, the Broadway Utica Team is here to answer any questions or concerns you may have. Call us today at 315-624-9444 or email info@BroadwayUtica.org.

Broadway Theatre League of Utica is located at 258 Genesee St. Utica, NY 13502 (Across from The Stanley Theatre). Office Hours are Monday – Thursday 9am – 4pm and Friday 9am – 12pm.



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Judge Joan Shkane

This is a continuing discussion of Legal Myths and Reality, because those informed are always the most successful.

MYTH: The U.S. Constitution and Bill of Rights were the result purely imaginative thinking by the founders.

REALITY: Every clause in the U.S. Constitution and Bill of Rights was the result of the founders' knowledge and fear of human nature and of the behavior of British and European leaders going back over 3000 years, along with huge doses of compromise. The founders intended to address and correct policies that various governments actually perpetrated against their citizens that robbed the citizens' liberty. In reading the Bill of Rights, which are the first ten Amendments to the Constitution, one clearly sees powers that the founders did not want to give to the new U.S. government. In studying each Amendment carefully, one sees exactly the acts that European countries did, especially Britain, that offended the colonists and founders. For instance, and vastly simplified, Amendment 1 says that the government shall make no law regarding the establishment of religion. In other words, there will be no government sponsored religion. This grows directly out of England's government's history of imprisonment, torture, death and taking of property owned by citizens as a result of religious affiliation of each citizen. Usually, the property was given to the government, i.e., the King or Queen. The government would then, in turn, give the property to their favored supporters (the founders knew that good and fair rule of law applies equally to all citizens, not to the favored few, or depending on who you know in power.) This Amendment reflects the history of religious wars as a result of various periods of state authorized and imposed religions. In pre-American Revolutionary times British Catholic government would torture and burn Protestants to death because they believed that the Catholic faith was the only true faith, and must be supported by government to the exclusion of all other religions. Then the Protestants would seize power and promote their religion as the only true religion and would torture and burn the Catholics to death for the same reasons. This was followed by the religious coup that held that only Puritanism (a form of Protestantism) was the true religion, which led to the beheading of the non-Puritan English king. The Puritans (led by Oliver Cromwell) then took over the government and permitted only their religious practices, resulting in further religious persecution. The founders remembered the religious wars that led to terrible deaths of Scots Catholics by English Protestants, and many other acts of persecution in the name of one religion or another across the world. (And continuing all over the world today.) Some of these persecutions led directly to British fleeing to some pre-American colonies (for example, states now called Rhode Island, Massachusetts, Connecticut, New Jersey and Pennsylvania). The founders wanted to avoid such persecution in this new country that they were founding by declaring that the U.S. will not have state supported

religion, in other words, citizens are free to worship

and follow religious moral tenets as they please, or not

will not interfere in religious practices, and will remain neutral, except in vary narrow circumstances such as child immunization from diseases, which can affect the entire community.

Some scholars argue that the current U.S. Supreme Court and especially 6 of its members, is sponsoring particular religious tenets in its current decisions, which they argue can be a slippery slope to losing our freedom of religious choice, or the freedom to choose no religion. Citizens should keep close watch on these decisions.

The reader is invited to review the Bill of Rights to see that every right guaranteed to us is there because some European government had taken over that right and not permitted citizens to enjoy it. The existence of each and every guarantee to us, and part of the basis of why 13 individual colonies agreed to join together into one country, was the result of vast experience of the founders, either learned or personally experienced. None of their thoughts should be taken lightly, or without some knowledge of the history that created the guarantees. The founders knew that if one does not know history, one is doomed to repeat the errors.

MYTH: When the U.S. Supreme Court issues a decision, it becomes the law of the land and states are powerless to move against it.

REALITY: Generally, the U.S. Supreme Court provides the minimum standard to be legal under the Constitution. The States usually are free to offer more liberties, or to refine the definitions, unless the Supreme Court says otherwise.

Recently the U.S. Supreme Court overruled a New York State law that had been in effect for over 100 years. It had to do with the right of a person in New York State to own a license to carry a concealed weapon. Under the stricken law, the person would have had to prove that they had a unique self-protection need. Locally the power to decide belonged to the weapons commissioner and ultimately to the County Court judge assigned to hear the challenges. An example of a typical case would be a bar or business owner who handles sums of money. This would likely be considered a unique self-protection need. The Supreme Court said that the requirement to prove a self-protection need in order to carry a concealed weapon is not in keeping with the U.S. Constitution, and struck the New York law. Some New Yorkers fear that the Court did not consider and rule in favor of the good of the community.

Within days New York Governor Kathy Hocul and both chambers of the legislature wrote, passed, and signed a new law that they believe will be in keeping with Supreme Court's ruling (yes, they can move quickly when they chose!). The main points in the new legislation are as follows:

- 1. Any person who carries a concealed gun in the following locations can be charged with a crime: any government property; some health care facilities; places of worship; libraries; public parks; zoos; preschools; summer camps; educational institutions; mass transit hubs; theaters; concert venues; sporting arenas; casinos; polling places; public areas used for special events; protests; Times Square; and anywhere where alcohol is consumed. This does not apply to police, security guards, active-duty military personnel or other government employees who have government consent to carry a concealed gun;
- 2. Anyone wishing a concealed weapons license must undergo an in-person interview with a licensing

at all if they chose. Usually, the federal government officer, provide four character references, provide a complete list of their social media accounts and any other information the licensing officer requests;

- 3. Concealed carry license holders must undergo 16 hours of in-person training, which includes 2 hours of live-fire range training, as well as training in general firearm safety, storage safes, conflict de-escalation, and suicide prevention, among other training;
- 4. The license holder must remove ammunition from the firearm when storing it in a vehicle. The gun must be in a safe storage deposit within the vehicle that cannot be seen outside the vehicle, not a glove box;
- 5. The license holder must prove good moral character with the temperament and judgment needed to carry a concealed weapon and must use the weapon only in a manner that does not endanger oneself or others;
- 6. Convicted felons may not have a gun license. Now other criminal convictions within the last five years would preclude someone legally carry a concealed weapon. Among those convictions are assault, driving under the influence of alcohol or drugs, and menacing.

New York State believes that this law will protect its citizens, and will pass muster with the U.S. Supreme Court when it is challenged, which we must assume it

Attention to legal myths is not wrong. It can be a starting point for developing an interest in the law. However, if specific legal issues are important in your life, for instance, regarding custody of children or money payable for any reason, it is wise to consult a lawyer who can advise you on the truth of legal myths. This discussion is not intended to render legal advice on specific cases or to express an opinion on any specific case.



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Richard Sherman

NH Highway News

submitted by Richard Sherman, Highway Superintendent

The first day of August is here, which means summer is on its way out. Your Town Highway Crew has had a very busy summer to date. Starting with our month of June curbside pick-up and continuing on with many important construction projects. The compactors and brush trucks are out every day and for more information, our schedule is posted on the Town website.

Our Oneida Street (at the City Line) box culvert project was completed on time and within budget! A big thank you to the neighborhoods

that had to endure the detours because their streets were certainly not made for the high volume of traffic. We believe that this new culvert will ensure better drainage for those neighborhoods and we again thank County Executive Anthony Picente and former County Legislator Jim D'Onofrio for allocating the funding to this very important project.

The approximately \$2 million Mud Creek dam on Middle Settlement Road is moving forward with over several hundred yards of concrete poured into this structure. This stormwater project will be done late this fall. Our engineers anticipate that this project will significantly reduce stormwater impact that presently affects the Jay-K intersection. More about this next month.

Your Town Highway Crew has been busy out repairing sunken catch basins, as well as replacing the sidewalk on Bleachery Ave. The Town's next big stormwater projects will be in the Roman Rd and Oxford Rd vicinity with two more detention ponds presently being engineered to manage stormwater in that area. We have been working with the property owners to secure the property needed to build these ponds. The funding for this stormwater project has been secured through Oneida County and once again we want to thank County Executive Anthony Picente and County Legislator Mary Pratt for their funding assistance.

Though paving projects are completed, we will continue repairing portions of our Town roads that are in disrepair. We try to be good stewards of the funding and are not always able to get to every repair as timely as we would like. Please let me know if you think we have missed your neighborhood. Oil is a key component to making blacktop, and therefore due to the significant increase in oil prices this year, we were unable to cover as much footage as we have in the past with the Town budget. That increase has been \$50,000 from May to July due to oil prices.

The new Town salt shed will be going out to bid in August with a completion date by the end of the year. The Town secured a grant from New York State for \$400,000 for this project and this will allow all of our salt and winter materials to be under cover away from the elements.

As always, I welcome questions or comments and can be reached at (315) 733-7500, by cell at (315) 534-2998 or e-mail me at rsherman@townofnewhartfordny. gov.



SANGERTOWN SQUARE

Tykes Tuesday Returns to Sangertown Square

Sangertown Square is excited to announce the return of its annual summer program Tykes Tuesday! Select Tuesdays in July and August kids 1-12 years of age will be able to participate in various activities at Sangertown Square. Plus, on July 26th Sangertown Square has teamed up with Beyond Reality to host the first Teen Tuesday for kids 12-17 years of age.

Schedule:

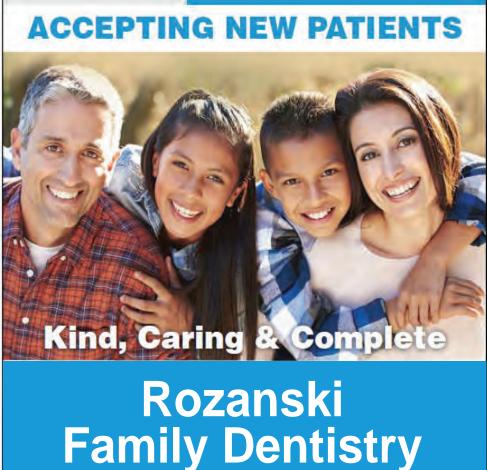
August 9th: Build Your Own Sundae at The Smoothie Bar

August 16th: Crafts on the Patio at PiNZ

August 23rd: Animal Presentation with the Utica Zoo

Tykes Tuesday and Teen Tuesday are free. Space is limited and registration is required for select dates. For more information for each event visit sangertown. com/tykes-tuesday-2022. Each registered kid will receive a goodie bag that will include special discounts from participating stores.

For the latest sales, news, and information on Sangertown Square please visit our website, sangertown.com like us on Facebook, facebook.com/SangertownSquare, follow us on Twitter, twitter.com and Instagram, @sangertown_square.



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Thaddeus J. Sullivan, D.O.



Thaddeus J. Sullivan, D.O. **Publishes First Article**

Lake Erie College of Osteopathic Medicine (LECOM) congratulates fourth-year medical student, Thaddeus J. Sullivan, who recently had a case report accepted to the Ear, Nose, and Throat Journal. The item was recently published. Sullivan, a LECOM Erie scholar, is undertaking rotations in Utica, New York at Mohawk Valley Health System (MVHS).

The case report is entitled, Colon Cancer With Metastatic Involvement of the Thyroid Incidentally Found at Excision of Parathyroid Adenoma.

Thaddeus J. Sullivan, D.O. graduated Medical school on Sunday, May 29 and is currently a Resident Physician at Arnot Health Medical Center in Internal Medicine. Dr. Sullivan will continue his eduation with a specialization in Gastroenterology.

Fair Trade Shoppe

"I am proud of my work because I can use my own skills (I am a weaver and a stitcher both) and work from home. My work has not only made me self-reliant and financially capable, but also my sister who is an equal partner in my business", says Suchitra Majumdar from Nepal.

Our Magic Dust Scarf will make you look and feel absolutely magical. It measures 68" long x 20" wide. These and many, many more uniquely handcrafted gift items from 38 different countries can be found at our Fair Trade Shop, Stone Presbyterian Church, 8 So. Park Row, Clinton. Our hours are 10am to 4pm every Thursday in the shop and at the Farmer's Market on the Village Green in Clinton (during the summer months), plus second Saturdays. Purchasing fair trade items ensures artisans and small farmers fair wages and healthy working conditions, providing dignity, sustainable development and hope to marginalized people. Let us be your go-to gift shop! Visit us at https://buildingstonesshoppe.square.site or http://www.facebook.com/ buildingstonesfairtradeshoppe.

American Legion New Hartford Post 1376

8616 Clinton Street, New Hartford 315-736-7041 Monday-Sunday 11am-10pm

Every Thursday - Join us for our Caterer, Sammy Tantillo, Specials! Serving 5-8pm Other Events are Displayed on our outdoor sign.

Members and guests are asked to call the Legion at (315)736-7041 for any catering, entertainment and other fundraising events to be held at our Legion. We also invite any veteran to join our great family at the New Hartford American Legion.

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Did You Find Waldo in July?

The chamber wishes to thank the community and our members for participating in the Find Waldo / Shop Local event that took place throughout the month of July. (If you happen to be reading this at the end of July, you still have time to play!) A very special thank you also goes to our Buy Local Committee Chairperson, Joanna Robertson, owner of the Treehouse Reading and Art Center for her countless hours devoted to this event and also the Small Business Saturday event each year. Thank you Joanna!

Participating Businesses

Treehouse Reading and Art Center ● NH Farmers Market ● NBT Bank ● Evolve Gifts ● Check Six Paintball ● Blooming Pediatrics ● New Hartford Public Library Broadway Theater League of Utica • Williams Painted Furniture • The Olde Wicker Mill • Morehouse Appliances • Dunham Public Library • New York Mills Library • Beyond Reality Christine Jarvis, State Farm Insurance ● Calabria Coffee ● Lucianna's Boutique ● Kids Farm Market ● The Sneaker Store ● Sangertown Square ● Edible Arrangements



NHFD News

Your New Hartford Volunteer Fire Department responded to 122 alarms during the month of June as indicated by the monthly call report listed below by category:

Fires 67 **EMS** Hazardous Service Type 13 Good Intent Other Alarms Mutual Aid 0 Weather Related Other

Total Calls for the Month of June 2022 = 122

Of the 122 alarms, 103 were in the town and 19 were in the village.

Total calls year-to-date through June 30, 2022 = 698. Some of the calls listed above - such as Fires, EMS, and Hazardous - are self-explanatory. Others such as Service, Good Intent and Other Alarms are not. Service Calls includes water or animal problems, public assistance or standbys. Good Intent refers to responding but did not find anything or canceled in route. Other alarms include explosions, carbon monoxide, smoke or sprinkler detector activations.

The figures above do not include other activities by members of the department such as Fire Prevention details, training, parades, Open House and other various department committee meetings that take place throughout the year.

Alarm Bell Restored

As the New Hartford Volunteer Fire Department celebrates its 121st year of service to the community, department members have been busy refurbishing the department's original alarm bell that dates back to 1972. In 1901, when the department was formed members of the volunteer department were alerted to an alarm when the bell, located in the church steeple, was rung by hand. Over the years the alarm system has evolved.

When the department moved into its home on Park Street a small bell tower was added to the roof of the station. In 1938 the village purchased a telegraphic fire alarm system from the Gamewell Company in New York that included the "red' fire alarm boxes which were installed throughout the village. When activated, a series of spring wound gears would begin turning a notched wheel, which in turn would make contact with a telegraph key. For example, box 4-1-1(which is still in service today and located on the front of the fire station) would have four (4) notches, a space, then one notch, space and another notch. The telegraph signals emitted by these contacts would blow the horn at the fire station and activate the bell. Simultaneously, a paper tape on a "ticker" was punched with the code as to which box and where the alarm was originating from. Cards with the alarm code and box locations were distributed yearly.



NHFD Restores 1951 Mack Fire Truck

Two members of the New Hartford Volunteer Fire Department, Chief Scott Nicotera and Captain Michael Galligano, Jr., have begun to restore a 1951 Mack Fire Truck that was originally purchased by the Village of New Hartford in 1951. The truck, which has been bought and sold several times over the years, was most recently owned by NHFD Firefighter Jeffrey Madden who purchased the truck in 1996.

The truck was in-service in New Hartford as a first run rig until 1977 when it was replaced by a 1977 American LaFrance Water Chief aerial. It was placed in reserve status from 1977 to 1983 when it was purchased by the Yorkville Volunteer Fire Department.

The antique truck is today used for various parades and functions as it represents a proud symbol of New Hartford's past.

From the Department's 100 Anniversary Year Book...

"The purchase of a "fire alarm system that is always functioning" was requested in 1937 by the department. The village board agreed and discussions began. In 1938, a special fire committee found that an alarm system could save the village \$1,400 annually in insurance premiums. They presented the village board with the following recommendation: "After careful consideration and much deliberation, your special committee recommends the following: That as the new fire alarm system is a prerequisite in securing a Class A fire insurance rating for the village, and as all are in agreement to the make and type, the committee recommends the immediate execution of contracts of the purchase and installation of the Gamewell fire alarm system." Bids were received the following year for building an addition on the firehouse for the alarm equipment and the system was installed. These red alarm boxes, which were removed in 1990, served the village for over 50 years. "

Today, members of the department are alerted via voice pagers and by the use of a cell phone app called "I Am Responding" or "IAR". Department messages, notifications, and alarms are received on this app that also has features for mapping, hydrant locations, "aware" notifications, and much more.

Recently, several members decided that it would be rewarding to once again hear the bell, which was originally tied to the Gamewell fire alarm box system and telegraphically operated and rang a code in sync with the horn of the incoming box alarm.

The bell project, under the leadership role of Captain Michael Galligano, Jr. has been on-going for several months, as the restoration project started with repairing the original key wind- up spring and gong. The gong was polished and the base of the bell repainted. With the assistance of JPJ Electronic Communications, the bell now sounds the alarm every time the department receives an alarm.

Today, the horn still blows –four blasts – for all alarms and the bell, a symbol of the department's historic past, is ringing with a sounding future.

Please visit: www.nhfd.com for more information.

NHFD Holds American **Red Cross Blood Drive**

The New Hartford Volunteer Fire Department will host an American Red Cross Blood Drive on Thursday, September 1, from Noon to 5pm at the fire station. Reservations may be made by calling 1-800-RED CROS (1-800-733-2767). Reservations are appreciated and walk-ins are always welcome.

Now Hiring

Part-time Groundskeeper (approximately 20 hrs/wk) Needed in New Hartford area to assist with upkeep and maintenance of a small farm.

Must be capable of doing physical work and working independently. **General Tasks Include:**

- Maintain and repair farm and/or garden buildings, pens, yards, and fences.
- General care & upkeep of lawns by mowing, mulching, trimming, and edging around flower beds, walks, and structures.
- Trim, cut, and remove fallen or dead tree branches using chainsaws and/or handsaws. Safely use, adjust, and make minor repairs when needed to commonly used farm/garden
- equipment including hand tools, chainsaws, trimmers, lawnmowers and related items.
- Move farm/garden vehicles or implements to and from storage or storage locations.
- Use snow plow, snow-blower and/or hand shovels to move snow/ice from driveways and walkways.
- Perform other related tasks/duties as assigned.

- Driver's License & reliable transportation required

Send resume to: Mark I. Cushman, VP Org. Dev. Fiber Instrument Sales, Inc, 161 Clear Road, Oriskany, NY 13424 Ph 315.736.2206 • CorporateRelations@GiottoEnterprises.com



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NEW HARTFORD PAST TIMES

August 2022

NEW HARTFORD HISTORICAL SOCIETY





Day Parks a refreshing reprieve from the City's summer heat.

Perhaps the most interesting thing about life in Utica back in the 1800's and into the early 1900's was the idea that areas only one or two miles away were considered "the country" and many residents would go to their "summer homes" or take a day trip to a park for a leisurely picnic and a little recreation. Today, with the plethora of many transportation options, our idea of getting away is an hour or more drive or taking a two-to-three-hour plane ride for vacation.

Consider the era of horse drawn buggy. Traveling was a more involved and thought-out event. Our short five-minute jaunt in an automobile was likely an hour or so by carriage. Then the dawn of the train, and later trolleys, meant accessibility to recreation was more easily attained. But not everyone had the means to purchase train tickets to places like Sylvan Beach. The following is an article on a New Hartford Day Park written by Board Member Rick Giffune.

I moved to New Hartford in July of 1962 from West Utica. After a few initial "run-ins" with neighborhood kids to prove I was worthy of being "one of the gang", my new friends took me to many new and exciting places around New Hartford such as "Rock City".

One day, two friends and I went salamander hunting in a small gorge along Route 12 South when we came upon what looked like an abandoned swimming pool. I didn't give it too much thought and it became a fading memory. About fifty years later I found myself living back in New Hartford. For some reason the memory of that old swimming pool came back to me. So, one day I took the dog and we hiked back to that location. Sure as heck, there it was. Now it got my interest.

Sometime later, I attended a clambake and found myself visiting with one of the "seniors" who had spent his entire life in New Hartford, and I began to question him about that "pool". He told me it was one of the "Day Parks" around the area. He explained that these parks were built in the days before the family car and people would take the trolley to these various parks for family picnics. Also, some of the larger employers that were in the area used the parks to host company clambakes.

These day parks ran hot and true for many years until after World War II when the family car became the norm. This now opened doors to more distant places such as the Adirondacks and Oneida Lake. One by one, these day parks dried up. I've stumbled upon about four of them in the area.

Visit YouTube and search "Gold Giff" productions to see Rick's video about this Day Park.

Do you have a thirst for local History? Why not submit your story or recollection of "days gone by".

New Hartford Historical Society ~ Membership Form ~ Please check one of the following:				
[]	\$15 ^{oo} Individual	Name:		
[]	\$20 ^{oo} Family	Address:		
[]	\$25 ^{oo} Contributing			
[]	\$5000 Corporate	Phone:		
[]	Renewal New Member	E-Mail: Please send check made payable to: New Hartford Historical Society P.O. Box 238 New Hartford, N.Y. 13413		







BECOME A MEMBER!

Please stop in to visit us and consider becoming a member. Membership fees are \$15 for Individual, \$20 for families, \$25 for Friend/Contributor and \$50 for Corporate members. The Historical Society is a non-profit, tax deductible organization.

Planning a **Class Reunion?**

Make the Historical Society Museum a part of your itinerary! Schedule the Saturday of your reunion for your group to explore our collection of yearbooks, scrap books, local relics and photos. Look up your New Hartford home!

Call 315-724-7258 to schedule your group.

Museum is Open To the Public

Currently by appointment.

FREE ADMISSION

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EVENT: Kevin Flynn - Fear of Heights Comedy Show

WHEN: Thursday September 15, 2022 - 7 PM

WHERE: Irish Cultural Center of the Mohawk Valley - Museum, 623 Columbia St, Utica, NY

DESCRIPTION: A funny and moving one-man show about an Irish-American kid's phobias, family life, and the meaning of success.

HOW DO I ATTEND: Admission is \$30. Tickets can be purchased through Eventbrite at https://www.eventbrite.com/e/fear-of-heights-a-very-funny-phobia-tickets-385312589327

Fear of Heights - A Very Funny Phobia

Actor-Comedian Kevin Flynn will present his one man show, Fear of Heights - A Very Funny Phobia, Thursday September 15, 7 PM, at the Irish Cultural Center of the Mohawk Valley. Fear of Heights is the story of an Irish-American kid who took a different career path from that of his father and grandfather who were both New York City ironworkers. His grandfather, Paddy Flynn, was memorialized in the iconic Charles C. Ebbets photograph, "Lunch Atop a Skyscraper"; he is the gentleman sitting on the far right of a beam high above the Manhattan skyline. It was naturally expected that Kevin would be among the third generation of Flynn men to be a Brooklyn ironworker; Kevin, however, had a different plan.

Starting out as a professional soccer player, Kevin made the transition to stand up comedian by winning the prestigious Boston Comedy Riot. Since that time, Kevin has gone on to make numerous television and film appearances as a comedian and actor.

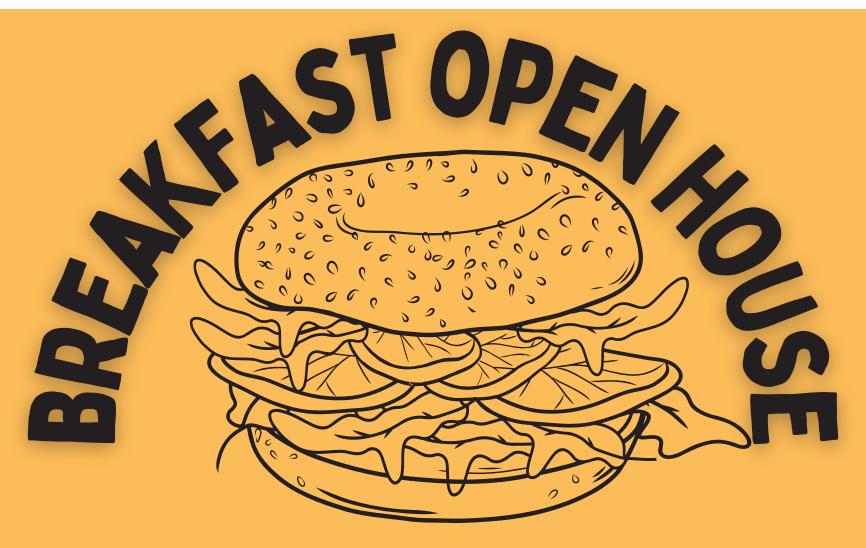
Kevin can be seen as The Wedding Coordinator in The Heartbreak Kid with Ben Stiller; in Me, Myself and Irene with Jim Carrey; in Osmosis Jones with Bill Murray; and as Charlotte's Boyfriend in HBO's Sex and the City. His character, Bram Walker, was voted one of the most popular boyfriends in the series. Kevin recently completed a role in the movie The World's Greatest Beer Run with Russell Crowe and Zac Efron.

Kevin Flynn is a stand-up comedian, actor, television host, and Founder/Executive Director of the Nantucket Comedy Festival, which benefits Stand Up and Learn, a comedy education program that teaches kids confidence, creativity, and communication skills through the medium of stand-up comedy.

"Fear of Heights" is a bow to his grandfather and father who toiled in New York City as ironworkers. He talks about the iconic photo, "Lunch Atop a Skyscraper," of ironworkers eating lunch on a steel beam high above New York City. It is a one hour and twenty minute oneman show with both pictures and some video. It is a dramedy with both funny and serious moments and it takes you on a journey of his father's and grandfather's lives as well as his own. It asks the questions "What is True Success?" "What is important in life?" Comedy or career success or more importantly love, family and giving back.

Along with continually performing his stand-up, Kevin is also the Founder and Executive Director of the Nantucket Comedy Festival. Each summer, the festival brings top comedic talent to Nantucket Island as the major fundraiser for Stand Up & LearnTM, an island-based, year-round comedy education program serving Nantucket's children. Kevin is in the process of launching the Stand Up & Learn program nationally.





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FALL FEST

September 17th 10AM-2PM

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by Victor J. Fariello Jr.

It's Almost Time! Bouckville Antique Week

It's hard to believe that it's almost time for the big antique event of the year! This year is the 50th Anniversary of the iconic Madison Bouckville Antique Week, the premier antique event featuring over 2,000 vendors. The event is August 15-21, 2022. This is a "must attend" show for thousands of antiquers from our area and around the country. If you have never attended, you definitely should check it out. You will find dealers selling every kind of antique and collectible you can imagine. For additional information visit www.madison-bouckville.com.

Kovel's Price Guide 2023 - Coming Sept. 2022

The 2023 edition of the Kovel's Antiques and Collectibles Price Guide will be out on September 27 and is available by pre-order on Amazon. Kovel's is the last publication of its kind as it is the only price guide that is updated and revised annually. The new 2023 edition will consist of 640 pages with 12,500 listings and more than 2,500 color photos. At \$29.99 it is a great investment and a great resource for the latest values on the most popular antiques and collectibles.

Consider Joining the Questers!

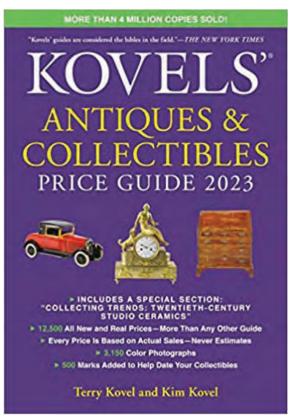
The J. Schoolcraft Sherman #1519 Chapter of Questers is an organization dedicated to history, preservation and education and an interest in all things antique. Our local chapter is a small but enthusiastic group. New members are always welcome. Dues are \$28 per year. Meetings are held monthly except in July and August. If you would like more information email me at vifariello@gmail.com. You can check out our Facebook page by searching "lovoldstuff" or visit www.questers1944.org.

Support Your Historical Society

Membership in the New Hartford Historical Society helps to preserve our local history. The cost is \$15 for an individual, \$20 for a family and \$5 for students. Make your check payable to 'NH Historical Society' and mail to PO Box 238, New Hartford, NY 13413. All donations are tax deductible. This organization deserves our support!

Happy antiquing!

Victor J. Fariello Jr. is a lifelong resident of New Hartford and has been a collector and dealer of antiques for many years. He is a past officer and member of the New Hartford Historical Society and is the President of the J. Schoolcraft Sherman Chapter #1519 of The Questers, an International organization for people who love antiques and have a commitment to preservation. Questions on anything related to antiques can be sent to him at PO Box 194, Washington Mills, NY 13479 or by email to vjfariello@gmail.com. Any photos submitted will be returned upon





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www.thejmcf.org under 'EVENTS" TAB
315-339-5993
\$85 per Golfer - Teams of 4

Day of the Event Registration Begins at 7:30AM Shot Gun Start at 8:30AM

Cash Prizes for Top 3 Teams

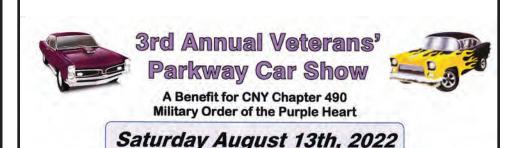
Awards for Longest Drive (male & female) & Closest to the Hole. Hole in One Prize \$1,000!! Several Nice Door Prizes!!

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Registration Fee <u>Includes:</u> Breakfast (coffee, muffins, OJ, and donuts), 18 Holes of Golf, Team Golf Cart, Commemorative Shot Glass & Team Photo per Golfer, Snacks, Lunch at the Turn & Dinner

The Joseph Michael Chubbuck Foundation EIN 46-3739937 is a 501c3 (tax-exempt) charity in Central NY that provides financial assistance to cancer patients of all ages so monthly expenses can be paid (rent, utility bills, groceries, childcare, treatment travel expenses, & needed medical equipment & supplies).

The Foundation service area includes Oneida, Herkimer, Madison, & Onondaga Counties.



Car, Truck, Motorcycle, & Corvette Show 10am to 3pm \$10.00 Donation per Vehicle

Location: 220 Memorial Parkway Utica NY 13501

The Trophies Categories are Men's Choice Women's Choice Kid's Choice Motorcycle Choice Corvette Choice

Trophies Donated by Phil Gulla

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The first 100 entries will receive a souvenir Coffee Mug

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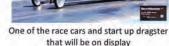








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Christopher J. Carbone

What Should You Know if You Hit the Jackpot?

Picture this: You've just won the lottery or received a large inheritance. You start daydreaming about all the wonderful things you'll buy, the vacations you'll take, and not having to worry so much about money.

If only it was that simple to live on Easy Street. The truth of the matter is if you don't properly plan on how to receive your windfall and invest it wisely, you could instead find yourself on the road to financial disaster.

If by chance you become an overnight millionaire, you might want to consider the following before you quit your day job or buy that new luxury car.

Consider taking winnings in a lump sum

If you're disciplined enough not to spend the money all at once, you may want to consider taking it all in a lump sum. Typically, receiving your winnings this way will give you more money in the end than if you were to get payments over a number of years.

For example, if you receive \$1 million and pay half of that in taxes, you'll end up with \$500,000 to invest. At a hypothetical 10% rate of return, your winnings would have the opportunity to grow to more than \$3.3 million in 20 years. By comparison, if you chose to receive your windfall in 20 annual installments of \$50,000 and invest each year at that same 10%, you would end up with approximately \$2.8 million a difference of more than \$500,000. The more money you can get invested right away, the better off you could be. Keep in mind this example is for illustrative purposes only and does not reflect the performance of any specific investment. There is no guarantee you would be able to obtain a consistent rate of return.

The installment option may be better if you're a spendthrift

On the other hand, if having an account with a lot of money in it is too tempting for you to handle, you may want to take your fortune over a period of several years. You may not have this option with every type of windfall, but if you happen to win the lottery, the sponsor may invest your winnings for you. You may get a better rate of return by taking the money in a lump sum, but that's no use if you end up spending all of it without planning.

Keep income taxes in mind

A significant amount of what you win or inherit will likely go to pay federal and state income taxes. And remember, a multimillion dollar payout in 2022 would put you in the highest federal tax bracket at 37%. Add state income taxes to that, and you may end up losing half of your money to taxes.

In cases where winning lottery tickets are purchased outside your home state, it's possible that you would be taxed in your home state and the state where you purchased the ticket. Careful tax planning may help you keep as much of the money as possible.

What happens when you die?

Not surprisingly, federal estate tax laws are complicated. That being said, here are a couple things to keep in mind:

- · If you're married, the money from your winnings or inheritance no matter how much — may be passed to your spouse free from federal estate taxes.
- · If you die in 2022 and your estate is worth \$12,060,000 or more, your heirs could

You need to discuss the possible implications of federal estate taxes and how to plan for them with an estate planning attorney.

Now's the time to invest in your financial health

These may be your earning years, and retirement may feel like a lifetime away. But now is the time to lay the financial foundation for your future. Commit to making an investment in your long-term financial health by scheduling a fiscal checkup

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hristopher Carbone, CFP®, AWMA®, LUTCF

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Our firm does not give tax or legal advice. Specific questions on taxes as they relate to your individual situation should be directed to your tax advisor. Any estate plan should be reviewed by an attorney who specializes in estate planning and is licensed to practice law in your state.

This article was written by/for Wells Fargo Advisors and provided courtesy of Christopher J. Carbone, CFP®, AWMA®, LUTCF® First Vice President -Investment Officer Financial Advisor in Clinton, NY at (315) 723-7386

Investment and Insurance Products are: • Not Insured by the FDIC or Any Federal Government Agency • Not a Deposit or Other Obligation of, or Guaranteed by, the Bank or Any Bank Affiliate • Subject to Investment Risks, Including Possible Loss of the Principal Amount Invested

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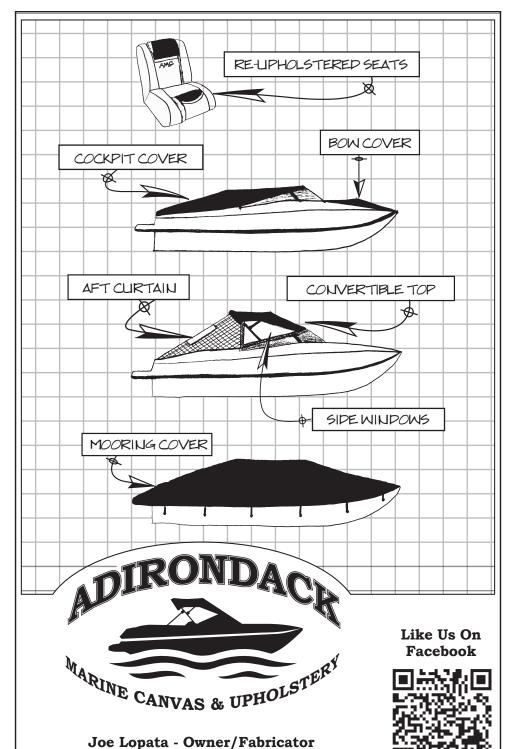
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NHFD Holds American Red Cross Blood Drive

The New Hartford Volunteer Fire Department will host an American Red Cross Blood Drive on Thursday, September 1, from Noon to 5pm at the fire station. Reservations may be made by calling 1-800-RED CROS (1-800-733-2767).

Reservations are appreciated and walk-ins are always welcome.



New Hartford | 315-520-9997



FIRST UNITED METHODIST CHURCH

105 Genesee Street, New Hartford (315)733-4227 office@firstumconline.org We are also the home of the Family Nursery School! Rev. David McKinney Worship Schedule 10am Classic Worship Our Church Building is open for in-person worship services

Or watch our livestream service online at www.firstumconlline.org

Easily accessible building, sanctuary, and bathroom. All COVID guidelines are being followed for a safe and comfortable worship Service. Come Join us!!

ST. JOHN THE EVANGELIST CHURCH

66 Oxford Road - 732-8521 Rev. Kevin Bunger, Pastor MaryJo Kelley, Director of Faith Formation Saturday: Vigil 5:15 p.m. Confessions 6:15pm Sunday Masses: 8am & 11am Mon-Fri Masses: 7am & 9:10am We are handicapped accessible!

CROSSPOINT CHURCH

317 Oriskany Blvd, Whitesboro - 797-4520 Senior Pastor, Samuel Macri Assistant Pastor, Bobby Allen Sunday Services: 8:00am – 9:00am Worship Service $9:00am-10:30am\ Study\ Groups$ 10:30am – 12noon Worship ServiceWebsite: crosspointchurchonline.org Sunday Morning Services streamed live Pastor Sam's message available at our website We are handicapped accessible!

HOPE ALLIANCE CHURCH

General Office: 315-732-1349 hope all iance 4291@gmail.comwww.hopealliancecny.com Rev. Andy Ward, Pastor Morning Worship: 9:30am Communion First Sunday of the Month. Fridays: Christian Service Brigade - 7pm Sundays: Jr. & Sr. High Youth Fellowship - 6pm

Hope Alliance Church is handicapped accessible.

4291 Middle Settlement Road, P.O. Box 626, N.H.

ST. THOMAS CHURCH

150 Clinton Road - 735-8381 stthomasnh@syrdio.org Pastor: Rev. David Sears Saturday Vigil: 4 p.m. Sunday Mass: 9:00 a.m. Confessions: Sat. 4:45-5:15 p.m. Holy Day Schedule: Holy Day Masses 12 noon Adult Religious Education, Open to the Public We are handicapped accessible!

ST. STEPHEN'S EPISCOPAL CHURCH

25 Oxford Road - 732-7462 (Parish & Rectory) ststephensepiscopalnhny@gmail.com Sunday Service of Holy Communion at 10am followed by Al-Anon Meetings: Sun. at 5pm & Thurs. at 5:30pm

AA Meetings: Sundays at 8pm

Yoga by Kristy: Tues. at 5:30pm & Thurs. at 9:30am. Saturdays 9am - Chair Yoga and 10:15am All Levels Yoga EGA Meetings: 1st Mondays of the Month St. Stephen's is handicapped accessible.

FAITH IN CHRIST REFORM CHURCH

A Reformed Southern Baptist Church 3431 Oneida St., Chadwicks - 315-737-0753 www.ficfellowship.com Pastor: Chad Morgan Sundays: Worship, 10 a.m. Children's Church during the sermon. Bible Study and Prayer - Wed evening 6:30 p.m.

IMMANUEL BAPTIST CHURCH

Pastor Fletcher Matlack 9501 Weston Rd., NH (Next to Perry Jr. High), (315) 737-5222 www.ibcfamily.com E-mail: info@ibcfamily.com Sunday School for all ages: 9:00 am - 9:45 am Sunday Morning Worship Service 10:00 am Nursery, Preschool and Children's Worship hour: 10:00 am Prayer meeting held every Wednesday at 6:30 pm Youth Group for ages 12 and up meets every other Saturday from 6-8 pm. See our website for schedule. Church is handicapped accessible.

NEW HARTFORD PRESBYTERIAN CHURCH Rev. Dr. Sue A. Riggle, Pastor

45 Genesee Street, NH 315-732-1139

newhartfordpresbyterian.org

office@newhartfordpresbyterian.org

Sunday morning worship returns to the regular time of 10:30 in August, indoors in the sanctuary and livestreamed on NHPC's Facebook page.

On Saturday, August 6, from 9 a.m. until 6 p.m. the third annual Band Festival will take place in the gazebo on the Village Green adjoining NHPC's grounds.

On Saturday, August 20, from 9 a.m. until 5 p.m. the New Hartford Presbyterian Church family will hold a potluck picnic in the Birch Pavilion at Sherrill Brook Park.

MARY, MOTHER OF OUR SAVIOR PARISH

Business Office - 2 Barton Ave, Utica - 315-724-3155 Pastor Rev. Joseph Salerno

Our Lady of the Rosary Campus - 1736 Burrstone Rd. New Hartford

Weekday Mass- M, Wed, Thurs, Fri 8:00 AM Novena to Miraculous Medal of Mary Tuesday 7:00 PM Our Lady of Lourdes Campus - 2222 Genesee St. - Utica Weekend Mass – Saturday 4:00 PM

SAUQUOIT VALLEY UNITED METHODIST

CHURCH Cor. Pinnacle Rd. & Mohawk St., Sauquoit

email: sauquoitvallyumc@aol.com Pastor: Robbin Harris

Office: 315-737-7505

Sunday 8:30 & 10:30 AM

Sunday Worship 11:30 a.m. (Nursery Care Available)

Sunday School 9:30 a.m. For all ages.

Handicapped Accessible

FIRST BAPTIST CHURCH OF NH

7 Oxford Road - Office phone: 315-733-4570 firstbaptistnh@gmail.com Rev. James Harriff, Pastor Virtual Service every Sunday at 9:30am on Facebook "First Baptist of New Hartford" Sunday Service - 9:30am Sunday School - 11:00am Handicapped Accessible. All are welcome.

UNITARIAN UNIVERSALIST CHURCH of **UTICA**

10 Higby Road, Utica, NY 13501 315-724-3179 uuutica.org Minister: The Rev. Karen Brammer Sunday services at 10:30 AM

The Neda Boin concert will take place inside the church on Thursday August 4th with the Ice Cream Social beginning at 6:00 p.m. (or a little earlier) and the concert beginning at 7 p.m. until approximately 8:30. Neda will be available to take pictures or sign CDs after the concert. Masks are optional for people who have been vaccinated.

Where: The UU Church of Utica is located at 10 Highboy Road, Utica, NY

Cost: This is a donation-based concert; please come prepared to make a donation although no one will be turned away if they are unable to pay. All donations for the concert and ice cream social will go to Neda.

RSVP: Please RSVP to Jack Pendrak to let him know you will be there to make sure we have enough seats and ice cream available. Either reply to him via email at jackpendrak@gmail.com or call him at 315-527-9535. Find up-to-date info and learn more about us at our website, www.uuutica.com.

The Unitarian Universalist Church of Utica is an open minded, open hearted spiritual community. Unitarian Universalists come from different faith backgrounds but our shared values bring us together. One of the principles that unite us is respect for the interdependent web of all existence of which we are a part. Newcomers are always welcome.

ST. GEORGE ORTHODOX CHURCH

350 Higby Road, New Hartford, 315-292-6682 Fr. George Goodge Sun - 9am Matins Sun - 10am Liturgy Wed - 5:30pm Vespers Bookstore hours: Open Sundays after Services.

WESTMINSTER-MORIAH-OLIVET PRESBYTERIAN CHURCH

Interim Pastor Rev. Dr. Mark S. Caruana Music Director Richard Crawley Worship service: Sunday 10:30 a.m. 714 Washington St., Utica. 315-732-6518 www.wmoutica.org pastor@wmoutica.org find us on Facebook & Twitter Handicapped accessible

NORWICH CORNERS CHRISTIAN CHURCH

10233 Roberts Road, Sauquoit 315-737-0757 WHERE JESUS IS LORD! Pastor Walter J. Wharram, Jr.

Sunday School - 9:00am Sunday Morning Worship Service - 10:00am Mid-Week Bible Study - Wednesdays 7pm *Sunday Sermons posted to YouTube weekly - Search 'Norwich Corners Christian Church'

TRINITY LUTHERAN CHURCH

2620 Genesee St., Utica. (315)732-7869 churchoffice@trinitylutheranutica.com Fall/Winter worship: 9am - Sunday School & Adult Bible Study 10:30am - Worship is led by our Pastor, Peter Saie Handicapped accessible.

FIRST PRESBYTERIAN CHURCH

1605 Genesee St, Utica, NY 13501 | fpcutica@gmail.com Opening Doors, Hearts & Minds: Serving Christ & Community Sundays - 10:30 Worship Faith Enrichment for all ages

Coffee Hour following morning worship. Handicapped Accessible

LIFE IN CHRIST FAMILY CHURCH & BIBLE **SCHOOL**

25 Robinson Rd. Clinton - 315-853-1582. www.licfc.org Pastors Peter & Adeline Forrester

Sunday Service 10 AM

(Nursery & Sunday school provided) Thursday Night Prayer Mtg 7 PM

Operating in all of the gifts of the Holy Spirit including 'healing'

Go on line and check out our school.

Teaching people the word of God without compromise!

ANNUNCIATION CHURCH

7616 E. South Street, Clark Mills 315-853-6138 rectory.denise@roadrunner.com Fr. Kevin J. Bunger. Deacon Gilbert Nadeau (Retired) Weekday Mass: Wednesdays 10am Weekend Mass: Sat. 4pm Vigil, Sun. 9:30am Confession: Sat 3:15pm-3:45pm Handicap accessible, air conditioned

STONE PRESBYTERIAN CHURCH

8 So. Park Row, Clinton Scott Leonard, Commissioned Lay Pastor Sunday service-10:30AM Website: www.stonepres.org E-mail: stonepres@verizon.net Office phone: 315-853-2933 Handicapped Accessible

CLINTON UNITED METHODIST CHURCH

105 Utica Road, Clinton www.clintonmethodist.org Rev. Michael H. Terrell Sunday Worship Service 9:30 AM Sunday school during worship following children's time Office Phone: 853-3358

CORNERSTONE COMMUNITY CHURCH

500 Plant St. Utica (Oneida Sq. across from Dunkin) Mike Ballman, Pastor www.cornerstoneutica.com mike@cornerstoneutica.com Sunday Mornings: 11:15am Last Sunday of month 10:30am

CHRIST CHURCH (REFORMED PRESBYTERIAN)

8470 New Floyd Rd. Rome, NY 13440 Website: www.christchurchreformed.com Facebook: https://www.facebook.com Christ Church Reformed Presbyterianaarongoerner@gmail.com Pastor: Aaron Goerner Services: Sunday School: 10AM Sunday Worship: 11AM Thursday Bible Study 7PM

ZION LUTHERAN CHURCH 630 French Road, New Hartford

Interim Pastor Richard Klafehn Sunday Mornings at 10 AM Al-Anon Meetings, Wednesdays at 12:30 PM 315-732-4110, office@zionluth.com www.zionlutheranNy.org

Visit us on Facebook at:

Zion Lutheran Church, New Hartford, NY All Are Welcome! This is God's house and Christ's church. There is a place for you here! August 12th at 7pm - Ice cream Social with Jazz Music

MOHAWK VALLEY CHURCH 9417 Maynard Drive Marcy, NY Sunday Mornings at 10am Come As You Are www.mohawkvalley.church info@mohawkvalley.church Pastors Mike & Susie Melnick Contemporary Worship led by Mark Bolos

TABERNACLE BAPTIST CHURCH

13 Clark Place, Utica 315-735-7534 churchoffice@tbcutica.org

Facebook: Tabernacle Baptist Church

www.tbcutica.org

We are together in our diversity! Come worship with us! Saturday 6 p.m. Young Adult Worship & Study

Sunday 10 a.m. English Worship Service

Sunday 10:15 a.m. Sunday School for children in English and in Karen

Sunday 11:30 a.m. Karen Worship Service and 2nd-Hour

Sunday School

Pastors Rev. Debbie Kelsey and Rev. Daniel San

BIBLE BAPTIST CHURCH

4431 Middle Settlement Rd., New Hartford, NY 13413 Brian Demers, Pastor

Sunday School for all ages: 9:30 a.m.

Sunday Morning Worship Service: 10:45 a.m. Sunday Evening Bible Study: 5:00 p.m.

Wednesday Evening Bible Study and

Kids4Truth Children's Program: 6:45 p.m.

Adult Sunday School Class - We are beginning a new adult Sunday School class for couples. We will be going through Strengthening Your Marriage by Wayne Mack. Sunday School begins at 9:30. A safe and loving nursery is available as well as other classes for all ages - kids, teens, and adults. Handicapped accessible. Nursery Provided.

www.biblebaptistchurchnewhartford.org

ST. MARGARET'S ECUMENICAL & RETREAT **CENTER**

47 Jordan Road, New Hartford – 315-724-2324

stmargaretshouseny.org

info@stmargaretshouseny.org

Rev. Elizabeth Gillett, Chaplain

The retreat center is open to the public.

August 2022 On-Going Weekly Activities:

Worship Services Wednesdays at Noon

Zoom and In-Person Worship Services - All Welcome!

Zoom.us ID: 842 3057 0175 Passcode: SMH

Wednesday Lunches at 12:30pm

Includes main + veggies, salad, bread, and dessert Please make a reservation by the Friday before 315-724-

Suggested donation \$13 per person

On-Going Monthly Activities

Friends of Emmaus House Meetings 2nd Wednesdays at 10AM - St. Margaret's House

New Members Welcome!

Conversations with Rev. Gillett

2nd Wednesdays at 1:30pm

Group discussion about Matters of Faith

What's Cooking with Irene

There is no monthly dinner in July to allow us to

prepare for St. Margaret's Day August 17th Monthly Dinner:

Beef Burgundy over Wide Egg Noodles, Vegetable, Salad,

Bread, and Dessert ** Third Wednesdays at 5:00pm (take out) and 6:00pm

(dine in) **

Please make a reservation by the Friday before 315-724-

** Suggested donation \$17 per person **

Special Events

It Takes a Village - August 2nd

You are cordially invited to join Rev. Elizabeth Gillett and Executive Director Judy Reilly for a faith-based, community-building series. Each month the group will select a religious work with a contemporary theme from which to begin a dialogue. Themes that will be covered include: poverty, income and equality, joy, racism, addiction, and more. Meets from noon to 2pm - lunch included. This program is graciously provided through the funding from the Episcopal Diocese of Central New York's ministry grant.

Summer Concert Series

1st Tuesdays from 7:00 - 8:30 PM in August, & September

Aug. 2nd Floyd Community Band

Sept. 6th Kevin Bailey

End of Season Concert Sept. 27th at 6:30pm - Wildflower

Refreshments Provided

Please Bring Lawn Chairs - Picnic Blankets

* Rain or Shine *

In Case of Inclement Weather Events Will Be Held Inside Donations Gladly Accepted to Support the Ministries of St. Margaret's & Emmaus House

These events have been supported by a grant from Stewart's Shops Foundation. Thank you, Stewart's! Summer Tours of CNY Shrines

We are excited to offer group tours of local area holy places with a stop for lunch along the way. We will gather fourth Mondays at 10am, at St. Margaret's. We will be coordinating car pools - please let us know if you are willing to drive so we can ensure we have drivers. Call us to reserve your seat! Please plan to make a donation to the site visited and to the driver - perhaps \$5-\$10 for each. Aug. 22nd St. Kateri National Shrine & Museum, Fonda Sept. 26th Holy Trinity Monastery, Jordanville

CITY HOPE CHURCH

1415 Sunset Ave. Utica, NY 13502 315-797-7775 Robert Tanner, Pastor Sunday: 9:00am and 11:00 am



Service Times:

Sunday School Sunday Adult Service: 10:00 a.m.

Wednesday Night Prayer: 7:00-8:00 p.m.

Thursday Evening Bible Study: 7:00 p.m.

Pastor Mark Waterman 315.736.1161

3995 Oneida Street #4 New Hartford, NY 13413



@NLAC4all

BEIT SHALOM

48 Franklin Square, Utica, NY 733-2867

Rabbi: Stephen Galiley

Friday Evening Shabbat Services: 7:00 pm

Oneg Shabbat

Beit Shalom is a Messianic Jewish Congregation.

All are welcome!



TEMPLE EMANU-EL

2710 Genesee Street, Utica, NY - 724-4177

teuticaoffice@gmail.com

Rabbi Peter Schaktman

Friday Evening Oneg Sabbath sponsored by the Sisterhood of Temple Emanu-El. All are Welcome

TEMPLE BETH-EL

1607 Genesee Street, Utica Rabbi Gustavo Geier

Executive Director: Mrs. Mundy B. Shapiro

Fri night - 5:30pm

Sat morning - 9:30am on Zoom

ZVI JACOB

Orthodox Synagogue

110 Memorial Parkway, Utica - 724-8357 Services are held Saturday at 9am, and on holidays. Services may be held at other times if there is a minyan.

Visit our website www.zvijacob.org. All are Welcome.

THE JEWISH COMMUNITY CENTER

2310 Oneida Street, Utica - 733-2343

Provides programs for seniors and recreational activities for all ages. Open to people of all races, religions, and nationalities.



makes me feel pure joy. She has the voice of an angel." - Corinne Zupko

"Neda's music is a way to merge with the Spirit and feel the absolute

glory of Divine Love." - David Hoffmeister

The Tailor and the Cook Earns Wine Spectator Restaurant Award in 2022

The Tailor and the Cook has been honored for its outstanding wine program in Wine Spectator's 2022 Restaurant Awards, which celebrate the world's best restaurants for wine.

"I want to congratulate all 3,169 restaurants that earned one of Wine Spectator's three awards for their devotion to all things wine," said Marvin R. Shanken, Editor and Publisher, Wine Spectator. "These awards not only guide our readers to dining establishments with impressive wine lists and outstanding service, but also serve to honor restaurants for their achievements and commitment to maintaining pristine cellars. We are thrilled to reveal our 2022 Dining Guide, which points to places where wine drinkers are warmly welcomed."

"We are thrilled to have been awarded this incredible honor and absolutely humbled to be included in a group of such stellar Restaurants!" Said Tim Hardiman, Owner and Executive Chef of The Tailor and the Cook. "Over the last decade we have worked hard to build our Wine program to where we are today, with a strong focus on the incredible wines of New York State. We think it is fantastic that Wine Spectator recognizes our Wine Program as one of the best!" said Hardiman. "We sure are in good company"

Wine Spectator began its program to recognize the world's best wine lists in 1981. There are three levels: the Award of Excellence, the Best of Award of Excellence and the Grand Award—with 1,782; 1,290; and 97 winners this year in each respective category.

The Tailor and the Cook has won the AWARD OF EXCELLENCE: The Award of Excellence recognizes restaurants whose wine lists feature a well-chosen assortment of quality producers along with a thematic match to the menu in both price and style.

Wine Spectator's special Restaurant Awards issue becomes available to readers July 12.

Follow the Restaurant Awards on Instagram (@wsrestaurantawards), with hashtag #WSRestaurantAward, and at Restaurants. WineSpectator.com, where all winners can be searched by location and sorted by attributes including name, proximity, award level, cuisine and pricing. Winners are also profiled in the free Restaurant Awards app, available for iPhone and iPad users.

About Wine Spectator

Wine Spectator is the world's leading authority on wine. Anchored by Wine Spectator magazine, a print publication that reaches around 3 million readers worldwide, the brand also encompasses the Web's most comprehensive wine site (WineSpectator.com), mobile platforms and a series of signature events. Wine Spectator examines the world of wine from the vineyard to the table, exploring wine's role in contemporary culture and delivering expert reviews.



Parent company M. Shanken Communications, Inc., also publishes Cigar Aficionado, Whisky Advocate, Market Watch, Shanken News Daily and Shanken's Impact Newsletter.

About The Tailor and the Cook

The Tailor and the Cook is a farm to table eatery located in Historic Bagg's Square, in the heart of Downtown Utica, NY. For over a decade, our mission has been to offer inspired and thoughtful cuisine and a path to the farmers we call our friends.

The Tailor and the Cook is one of the brightest spots in Utica's rich Culinary nightlife. Attentive service and a comfortable atmosphere support provocative cuisine and a trend-setting beverage program. The relationship between the food we eat and where it is produced is of growing concern to many. The Tailor and the Cook brings the many bounties of our rich agriculture and food scene to the forefront, giving our guests the opportunity to know where their food comes from and how it is produced. Featuring Local Products whenever possible, menus change based on seasonality, freshness, and availability. A thoughtfully curated selection of NYS Wines, Local Beers and Craft Spirits round out our Dining Experience.

The Tailor and the Cook is thrilled to announce an expansion in 2023 to 311 Main Street in the former Children's Museum. We look forward to the next decade of serving Central New York the finest food and beverage!

The Fountainhead Group is Proud to Present our "FGI Shining Stars: Women of FGI" Compendium!

A leader in global manufacturing for more than 134 years, The Fountainhead Group is committed to innovation, manufacturing excellence, and above all, the local community. Our FGI Family of employees are the driving force for our continued success, emboldening a rich tapestry of diversity in our office and manufacturing centers. With only 27% of the national manufacturing workforce being women, FGI strives to recognize the value of the women at our company for the integral role they play from the factory floor to the boardroom.





Clinton Chamber of Commerce Events

Clinton Farmers Market - 25 Years!

Thursdays from 10 am - 4 pm Clinton Village Green

2022 Tuesday Concerts on the Green 7-9 Weather permitting

August 2: TBA
August 9: Steppin Out
August 16: Blarney Rebel Band
August 23: Stage Road

The 2022 Summer Concerts are Sponsored by: The Village of Clinton & Town of Kirkland

Clinton Chamber Networking Breakfast

Join us on Wednesday, August 3rd for the monthly Clinton Chamber Networking Breakfast at Central Oneida County Volunteer Ambulance Corps (COCVAC) from 8 am - 9:30 am. 7489 E. South Street, Clinton. Complimentary breakfast treats and beverages are provided by COCVAC.

This event is FREE and open to ALL Current and Prospective Members

Upcoming Clinton Chamber Networking Events!

Tuesday, August 16th at Almost Local from 5 - 7 pm
Wednesday, September 7th at Brookdale
Clinton from 8 - 9:30 am
Wednesday, October 5th at A Better
Chance Clinton from 8:30 - 9 am.

Clinton Art & Music Festival Saturday, August 27th Starting at 10 am

Please contact the Clinton Chamber of Commerce at info@clintonnychamber.org or 315-853-1735 with any questions.



Celebrating our 150th year of business!!

Auto-Home-Business-Life

315-735-9201

www.turnbull-insurance.com





Monday Night Walks & Talks

All tours start at 6:00 p.m. Rain or Shine. Wear Walking Shoes. Bring a Friend!

AUGUST 1ST: UTICA PUBLIC LIBRARY (U.P.L.)

Guided by: Chris Sagaas, Director

Meet at: The UPL parking lot on Park Avenue **Park at:** The UPL parking lot and on-street parking

AUGUST 8TH: ORISKANY FALLS HISTORIC DISTRICT

Guided by: Limestone Ridge Historical Society

Meet at: Historical Society Building, 233 Main Street, Oriskany Falls **Park at:** On-street parking

AUGUST 15TH: THE STONE BARN AT BEARDSLEE FARM AND THE BEARDSLEE, CASTLE, LITTLE FALLS (TOWN OF MANHEIM)

Guided by: Colleen Chlus and Jennifer Leskovar

Meet and Park at: The Stone Barn parking lot, 124 Snells Bush Road, Little Falls (Manheim)

AUGUST 22ND: THE LIBRARY AIR BNB /
THE LIGHTBOX EVENT CENTER (852 BLEECKER
ST.) / SANTA ROSALIA CHAPEL (701 JAY ST.,
CORNER OF MOHAWK ST.)

Guided by: Michael Gould, Art Lyubezhanin and Jim Delitto

Meet at: The Library Air BnB, corner of Lansing St. and Kossuth Avenue across from Ventura's

Park at: On-street parking

AUGUST 29TH: THE 171 EVENTS CENTER, 171 GENESEE ST.

Guided by: Tammy McIntyre

Meet at: in front of 171 Genesee Street, Utica

Park: On-street parking

Walks and Talks will be partnered with the new UMN for the Arts



Angels Among Us Food Pantry

Aug. 13th & 27th

Sept. 10^{th} & 24^{th} • Oct. 8^{th} & 22^{nd}

Nov. 5th & 19th • Dec. 3rd & 17th

Hours of Operation: 10am - 12 noon

The food pantry is located at: St. John The Evangelist Church, 66 Oxford Rd, New Hartford, NY.

Follow the signs to the driveway in the back during open hours.

In the event of food emergency issues, please contact the St. John's rectory from 9AM to 2 PM Monday through Thursday at 315-732-8521.

Our pantry provides services to all residents of New Hartford (btw Rt 8 and Rt 12), Washington Mills, Chadwicks, Sauquoit, Cassville and Clayville If this is your first visit, please bring proof of address.

If you do not have a permanent address, just come in. We will assist. If you are unsure of eligibility, just come in. We will assist.

WE ARE LOOKING FOR VOLUNTEERS

TEFAP: The Emergency Food Assistance Program
Income Eligibility Guidelines: July 1, 2021 – June 30, 2022

Household Size	Annual Income*	Monthly Income*
1	\$25,760	\$2,146
2	\$34,840	\$2,903
3	\$43,920	\$3,660
4	\$53,000	\$4,416
5	\$62,080	\$5,173
6	\$71,160	\$5,930
Each additional person add	\$9,080	\$756

AmeriCU Credit Union Recognized as a Bestin-State Credit Union by Forbes

AmeriCU has once again been recognized by Forbes as one of the Best-in-State Credit Unions, ranking second overall in New York State.

"Achieving this honor demonstrates the commitment and dedication of all our teammates," said Ron Belle, AmeriCU President and CEO. "Providing best-in-state, and frankly, best-in-class service, not only to our members but to the communities we serve and beyond, speaks directly to AmeriCU's mission and vision that we live and breathe every day."

Forbes, a business magazine and global media company, partners annually with a market research firm to determine and rate consumer banking and credit union relationships across America. Final rankings are based on the financial institution's commitment to trust, overall customer service, financial advice, in-branch and digital services, and customer terms and conditions.

Best-in-state recognition was given to only 3.4% of all credit unions in America, making AmeriCU one of five credit unions to qualify for the esteemed recognition in New York State.

To learn more about AmeriCU and other Best-In-State credit unions by Forbes visit https://www.forbes.com/best-in-state-credit-unions/#42b9f48a6167 and for more information on AmeriCU or to become a member today, visit www.AmeriCU. org or call 800.388.2000.

About AmeriCU

As a credit union, AmeriCU is a not-for-profit financial institution owned by our members. Serving nine counties in Central and Northern New York, AmeriCU provides you with all the products and services you need – often with low or no fees, and better rates. The organization has been serving the local community for over 70 years and, in that time, has grown to more than 157,000 members, 20 locations, and \$2.5 billion in assets. AmeriCU is located in Central New York and is among the State's largest, full-service financial cooperatives. For more information, visit www.AmeriCU.org.

For information on how to place a free article for your community event or local news, please email towncrier@pjgreen.com or call 315-723-4827



DISASTER SERVICES LLC.



PEACE OF MIND...DURING UNCERTAIN TIMES

81 CLINTON RD. NEW HARTFORD N.Y. (315) 797-1128

WATER DAMAGE... STRUCTURE DRYOUTS

NEW YORK STATE LICENSED MOLD CONTRACTOR.

IF YOUR HOME IS DAMAGED BY WATER FROM ANY
SOURCE YOU NEED DISASTER SERVICES.

- LOCALLY OWNED AND OPERATED
- IMMEDIATE RESPONSE TO YOUR EMERGENCIES
- DIRECT INSURANCE BILLING
- NYS LICENSED MOLD CONTRACTOR
- WORKING WITH BUSINESS AND HOMEOWNERS FOR OVER 38 YEARS
- EMERGENCY AND NON-EMERGENCY SERVICES AVAILABLE
 TEMPORARY HEATING OF FOUR AND BOARD HEAVAILABLE
- TEMPORARY HEATING, ELECTRICAL AND BOARD UP AVAILABLE
- LARGE COMMERCIAL DOWN TO SMALL RESIDENTIAL

Attic and Basement Mold:

Attics and basements are one of the most common areas of mold growth in the home. Attics tend to have the perfect conditions for mold growth (hot, humid, and an abundant food source consisting of the wood framing and sheathing). Most homeowners may go up in their attic seldom if ever so the mold problem is allowed to grow undisturbed sometimes for years! Basement mold is a common problem in many homes due to ground water seepage mainly at the base of the walls around the perimeter of the basement. If mold is discovered, the best approach is to deal with it promptly Disaster Services is a NYS licensed mold contractor and can evaluate and thoroughly explain the different removal options available to you and also help guide you after the mold has been removed with suggestions to avoid another occurrence.

What are the signs of an attic mold problem?

Dark black staining on wood surfaces, both the underside of the roof sheathing and also the framing lumber itself. If the wood in your attic shows any dark discoloration, a spotty or solid pattern the problem has moved beyond moisture and you may have mold that should be removed.

What are the signs of a basement mold problem?

Several factors can influence a mold growth in a basement area. Basements with finished walls are susceptible to moisture intrusion at the ground level. Trapped moisture due to lack of air flow between the finished wall and the exterior foundation wall is an ideal environment to facilitate mold growth. A dark appearance showing on the face of the finished wall should be investigated further. Unfinished basement will typically show signs of mold growth at the base of the foundation spreading upwards over time. Although there are a few different reasons this particular area of the structure is problematic, ground water seepage along with lack of air flow and improper dehumidification are generally the cause.



Sewer and Drain Back Up:

Sewer overflow or drain back-ups can present a more technical approach to the clean- up due to the contaminates involved. Porous, semi-porous building materials and contents will generally involve removal if affected by sewage, followed by proper remediation cleaning and disinfecting procedures. Hard surface areas when properly remediated will bring the space back to a pre loss condition and ready for new material replacement. Most homeowner's policies do not cover sewer backup unless specific sewer backup insurance coverage is added. If your home falls victim to the damages of backups or overflows and you aren't covered, you'll be liable for home repairs and cleaning costs out of pocket. Sewer backup insurance coverage can be added to a homeowners insurance policy for as little as \$50 a year!

Water Damage:

Water damage caused by leaks, flooding or condensation can do more than cause unsightly stains in your home. It can cause permanent structural and mold damage. Disaster Services is a locally owned company with over 37 years of experience in all phases of water and mold damage. From burst pipes to toilet overflows we are equipped to handle any water damage occurrence and all of our work is 100% guaranteed. Disaster Services is a NYS licensed mold contractor and can accurately evaluate your homes damage and advise as to the most effective course of action to take. We use the latest technology including thermal imaging to determine the source of the water intrusion and the extent of water damage. We are not a franchise which means you will get the owner on site through-out the project to fully answers any concerns that you may have. We have proven to be the leading disaster mitigation company in the area with hundreds of satisfied clients both commercial, industrial and residential. We realize that in your time of need you should be speaking to a live voice, not a machine. When you call Disaster Services you will not reach an operator and have to wait for a call back during your stressful time, you will reach the owner and you will get immediate answers to your questions. When your emergency arises, call us at 315 797-1128 day or night. We do offer non-emergency services also so please visit our website @ disasterservices.us for a full list of services.

Open your camera over the SCAN ME below, as a handy way to quick access for our contact information. E-Mail: disasterservices@adelphia.net Web Site: www.disasterservices.us

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For information on how to place a free article for your community event or local news, please email towncrier@pjgreen.com or call 315-723-4827

to residents in the 13413 zip code.

If you know someone outside of that area who wishes to receive our publication, we ask that you please send a (yearly) \$20 check, payable to The Town Crier, PO Box 876, New Hartford, NY 13413.

We will gladly add the address to our subscription list.

We currently mail our monthly paper

We would also like to mention that we are a privately owned business, and not part of the Town of New Hartford.





NHFD Holds American Red Cross Blood Drive

The New Hartford Volunteer Fire Department will host an American Red Cross Blood Drive on Thursday, September 1, from Noon to 5pm at the fire station. Reservations may be made by calling 1-800-RED CROS (1-800-733-2767). Reservations are appreciated and walk-ins are always welcome.

STEPHEN H. PASSALACQUA, D.D.S.

General Dentistry

3 1/2 Oxford Road (315) 724-1597 New Hartford, NY 13413 By Appointment

Evening Hours Available

The Good News Center Support Group Meetings Caregiver Support Group

Caring... it's not the hard part of caregiving. The Good News Center is hosting a FREE and open to the public monthly Caregiver Support Group, the third Monday of the month (except holidays) from 6-7:30 PM, facilitated by Susan Read, MS,RN. This group provides a source of emotional and social support and resources for those caring for a loved one.

Our support group offers self-care strategies and tools to reduce stress and enhance coping. We welcome adults, spouses, family members or friends in the caregiver role to attend.

For those who prefer to do so, the program is also being offered via Zoom. Upcoming meetings are July 18th, August 15th and September 19th. Please call The Good News Center at 315-735-6210 Monday-Friday 8:30 AM-4:30 PM to register for both in-person or virtual meetings or email us at info@thegoodnewscenter.org.

The Third Option – True love isn't found, it's built.

Learn communication skills such as how to handle anger more constructively, resolve conflicts, and communicate better. Learn from the experience of others on how to improve your relationship and find the joy in living a happier, healthier life together! This confidential group is FREE and open to anyone. For

those who prefer to do so, the program is being offered via Zoom. Upcoming meetings are July 24th, August 7th and August 21st from 6:30-8:30 PM. Please call 315-735-6210 Monday - Friday 8:30-4:30 PM to register for both in-person or virtual meetings or email us at info@thegoodnewscenter.org.

Separated & Divorced Support Group

Find help and healing for the hurt of separation and divorce. The Separated & Divorced group is here for you and led by people who have gone through it and know what you are dealing with. This confidential group is FREE and open to anyone trying to rebuild their life after the pain of a broken relationship. For those who prefer to do so, the program is being offered via Zoom. Upcoming meetings are every other Sunday, July 24th, August 7th and August 21st from 5-7:00 PM. Please call 315-735-6210 Monday - Friday 8:30 AM – 4:30 PM to register for both in-person or virtual meetings or email us at info@thegoodnewscenter.org.

For more information, please contact The Good News Center, 10475 Cosby Manor Road, Utica.

> (315)735-6210 Fax: (315)735-7090 www.thegoodnewscenter.org

Clinton Tractor Looking for "Backyard Warriors"

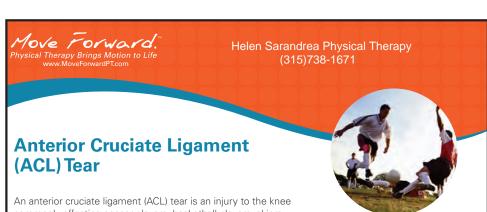
Clinton Tractor & Implement Co. is launching their 2022 "Backyard Warrior" contest where people can win a \$250 Clinton Tractor gift card and be featured on Clinton Tractor's social media and website as a Backyard Warrior.

"Our definition of a backyard warrior is someone that loves to work around their property in their spare time," says John Calidonna, co-owner of Clinton Tractor. "Maybe it's a vegetable garden they're particularly proud of, or a hobby farm where they have farm animals, or even a beautifully manicured lawn that's the envy of the neighborhood. These are the people we want to hear from!"

Submit a photo at www.clintontractor.net/backyardwarrior for a chance to win a \$250 gift card from Clinton Tractor and be featured in the Backyard Warrior series! Deadline for submission is 8/31/22.

Clinton Tractor & Implement Co. offers a variety of outdoor power equipment with our wide variety of NEW & USED inventory in-stock. New equipment brands include Alamo, Bri-Mar, Bush Hog, Bwise, Dion, Ferris, Kuhn, Massey Ferguson, New Holland Agriculture, New Holland Construction, Pequea, SnowEx, Ventrac.

Clinton Tractor, the Leader in Service, has been family-owned and operated since 1953.



commonly affecting soccer players, basketball players, skiers, gymnasts, and other athletes.

The ACL is one of the major ligaments (bands of tissue) connecting the thigh bone to the shin bone. It can tear if you:

- Twist your knee while keeping your foot planted
- Stop suddenly while running
- · Suddenly shift your weight from one leg to the other
- Jump and land on an extended (straightened) knee
- Stretch the knee farther than you should
- · Experience a direct hit to the knee

HOW A PHYSICAL THERAPIST CAN HELP

Once an ACL tear has been diagnosed, you will work with your surgeon and physical therapist to decide if you should have surgery or if you can try to manage your recovery without surgery. If you don't have surgery, your therapist will work with you to restore your muscle strength, endurance, and coordination so that you can return to your regular activities. In some cases, the therapist may help you to learn to modify your physical activity so that you put less stress on your knee. If you decide to have surgery, your physical therapist can help you both before and after the procedure.

A physical therapy program

Helen Sarandrea Physical Therapy (315)738-1671



Frankfort Hill Community Day SATURDAY AUGUST 6th

CORNER OF HIGBY AND ALBANY RDS, FRANKFORT NY



HOSTED BY:

FRANKFORT HILL FIRE DEPT FRANKFORT HILL HISTORICAL SOCIETY TOWN OF FRANKFORT HIGHWAY DEPT

EVENTS:

\$12 CHICKEN BBQ - 11 am 'TIL SOLD 9am TO 4 pm:

BAKE SALE, BASKET RAFFLE, HISTORIC SCHOOL TOURS, & CRAFT FAIR

FISHING DERBY (10am – 1pm @ Town Garage)

























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