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Vol. 36 No. 12-
December 2022

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Christmas Cookie Sale
Saturday December 10, 2022
10:00 a.m. – 3:00 p.m.
 First United Methodist Church
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Christmas Holiday Craft Fair
Clark Mills American Legion Post #26
7683 Main Street
Saturday Dec. 3rd
11am-4pm

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Food will be available for purchase, including \$2 Fried Dough, Raffle Baskets & 50/50. This fundraiser is for helping military families & our community events.

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Great News for New Hartford Senior Citizens!

submitted by Paul Miscioni, NH Town Supervisor

The Town of New Hartford Town Board is proud to announce that we have formed a partnership with the 50 Forward Mohawk Valley Group for Senior Services and Activities.

After months of meetings, surveys and brainstorming, it has all worked out for the best.

The former New Hartford senior program that was held at the Town Hall had a low attendance level of about 20 members. It was very costly for Town residents, and this has had a big change.

As of November 1, 2022, I am proud to say over 217 New Hartford seniors are now enjoying the great programs and services from the 50 Forward Mohawk Valley group at a much lower cost to taxpayers of New Hartford with many new programs and services being implemented monthly. It is a win for everyone!

This great program will now allow New Hartford seniors (ages 60 and over) to be able to join the 50 Forward Mohawk Valley group at no charge.

This program shows how working together not only saves money, but also provides for the programs and services.

We will be looking into transportation for seniors that are not able to drive to the location. Again, another service that could be added in the future.

For information on this program, please contact Kelly at the 50 Forward Mohawk Valley group at 315-223-3973 or via email at info@50forwardmv.org

I would like to thank everyone for their patience during this long process, and I hope everyone enjoys the new programs and services they have to offer.



Family Dynamics: Paintings by Frank and Anita Domenico

Art exhibit and sale, December 2- 31 at

The Other Side Gallery,
2011 Genesee St., Utica

Opening reception December 2nd from 5-7 p.m.

Free to the public.

Gallery hours Thursdays and Saturdays
from noon – 2 p.m. or by appointment.

For information contact Rainer Wehner at 315-395-5235 or rainermariawehner@web.de.

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Urban Tree Planting Project

An urban tree planting project in the City of Utica took place on Saturday, November 5th. Planning for this project was done over the past few months, to determine the Utica homeowners and locations for the 26 trees, delivered and planted for free. Funding for this project was made possible through money raised during a Rotary Club of Utica golf outing (Tees for Trees) held in August and a Rotary Grant.

This Urban Tree Planting project is a cooperative program with The Rotary Club of Utica, Mohawk Valley Community Action Agency, The Unitarian Universalist Church's 'Climate Action team' and the City of Utica Parks Department. The goal is for the trees to thrive over many years and serve to enhance the value of these properties through pride of ownership, improving the air quality within the community by reducing carbon emissions, provide a canopy of shade to lower the heat index during summer months, and as recent studies have found, trees planted in urban areas have served to reduce the level of crime.

Members of the Rotary Club of Utica were joined by members of the New Hartford Rotary, the Rome Rotary Club, Proctor High School and Utica University.

Varieties of trees available this year included White Birch, Hybrid Maple Blaze, Pear varieties, Northern Red Oak, Japanese Lilac, Flowering Cherry, Pink Spires Crabapple and more.

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Light Up A Life for Hospice & Palliative Care

Each holiday season, Hospice & Palliative Care's end of the year appeal and Light Up A Life Campaign bring the community together to celebrate the lives of those we love and those we have lost. The public is invited to consider a gift to "Light Up A Life" to honor those we hold close to our hearts as well as recognize the Hospice, A.I.M. Palliative Care and Siegenthaler staff who have helped us along in our journeys.

"It has been said that when a cardinal appears it's a gentle reminder of a loved one who has passed. Although they are no longer with us, they remain forever cherished in our hearts. The fond memories we shared, the love that filled our lives with them will never part."

There are several ways to participate:

Donate online at www.hospicecareinc.org/donate-online/. Please include the name(s) of those you would like to remember.

Mail your donation to "Light Up A Life" for Hospice, 4277 Middle Settlement Rd., New Hartford, NY 13413.

Drop off your donation in the bright red mailbox located outside our office at 4277 Middle Settlement Rd., New Hartford, NY 13413. The mailbox is found under the covered walkway and is labeled "Light Up A Life".

Stop in or call our office at 315-735-6484, Monday-Friday between 8:00 a.m. and 4:00 p.m. We will be happy to assist you. You can place your holiday tag on the Hospice & A.I.M. Palliative Care tree or the Siegenthaler Center tree.

Volunteers will be taking donations beginning December 1st through December 23rd at Sangertown Square Mall in Center Court, Thursday through Saturday from 10-6 pm and Sunday from 12-6 pm., and at AmeriCU on Black River Blvd., Rome or Commercial Drive, New Hartford, Thursday and Friday from 9-5 and Saturday from 9-12 noon.

You can also select to place your holiday tag somewhere special to you, whether it be on a tree, in a window or in another meaningful place at home.

All gifts to "Light Up A Life" are welcome through December 31, 2022 and are greatly appreciated. The first 100 donors who contribute \$100 or more will receive a keepsake cardinal ornament with the quote "I am always with you". Hospice, palliative and bereavement services to the community are only possible due to the generosity of our donors and all gifts stay right here in Oneida, Herkimer & Madison Counties helping our loved ones, neighbors and friends.



Fair Trade Shop

Make a holiday tradition out of ornament giving! Give a new ornament every year to those you love. Then their tree or home is decorated with handcrafted memories of your past and of you! Our felted wool cardinal ornament is a perfect gift for the bird enthusiast or nature lover. Hang it on a holiday tree or perch on a windowsill year 'round. It has a loop for hanging and is handmade in Guatemala. We have a really large selection of beautiful and uniquely handcrafted ornaments for you to choose from. These and many, many more gift items from 36 countries can be found at our Fair Trade Shop, Stone Presbyterian Church, 8 So. Park Row, Clinton. Our hours are 10am to 4pm every Thursday, SECOND Saturdays, and every Saturday between Thanksgiving and Christmas. Purchasing fair trade items ensures artisans and small farmers fair wages and healthy working conditions, providing dignity, sustainable development and hope to marginalized people. Let us be your go-to Gift Shop! Visit us at <https://buildingstoneshoppe.square.site> or www.facebook.com/buildingstonesfairtradeshoppe.

New Hartford Class of 1973

is planning a 50th reunion.

Save the Date August 5th, 2023.

More details to be announced.

For more information email
imoberstegbob@verizon.net

New Hartford Class of 1993

30th High School Reunion

July 15, 2023

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For more information, please
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Closed on Wednesdays

Thursday and Friday 10am-6pm

Saturday 10am-2pm

Sunday 1-5pm

Computer Appointments Required
Curbside Pickup Remains an Option

IMPORTANT Library Closure Dates

The New Hartford Public Library will be closed on December 24th, 25th and 31st. We will also be closed on Jan. 1st. We wish you all a very happy and healthy holiday season.

Weather Closures

Should the New Hartford Central School District close due to inclement weather, the Library will close as well. Notifications will be posted on WKTV, as well as on our website and social media platforms (Facebook and Instagram).

Stay Connected With Us!

The most up to date information regarding closings, reopening, programs and crafts can be found on our website and on our Facebook and Instagram pages.

Website: www.newhartfordpubliclibrary.org

Facebook:

www.facebook.com/newhartfordpubliclibrary

Instagram: [new_hartford_public_library](https://www.instagram.com/new_hartford_public_library)

NHPL Board of Trustees 2022 Meeting Schedule

The New Hartford Public Board of Trustees meets the 3rd Wednesday of each month at 4:30 pm at the New Hartford Public Library.

**December 14, 2022 (2nd Weds. of the month)

Used Books/Book Donations

Thank you so much for your "gently" used books. We also accept audios, puzzles, CD's, DVD's and records. We do not accept Reader's Digest, text books or moldy books. Please limit your donations to one box/bag at a time and drop off at the circulation desk and not in the hallway, at drop boxes or outside the door when the library is closed, Thank you. This is a major fundraiser for the Friends to assist the library in buying quality materials and in providing programs especially for our youth. Your support is very important.

Mitten Tree at NHPL

"Thumbs in the thumb place, fingers all together..."

Calling all knitters. Gather up your patterns, needles, balls of yarn and start knitting mittens for the Friends of the New Hartford Public Library annual mitten tree. This is a community of givers and the generosity displayed by YOU throughout the years has been overwhelming. Thank you. Warm hearts. Warm hands. By the way if you can't find that lost mitten for the season it is probably with the lost sock.

Cell Phone for Soldiers

Sen. Joseph Griffo, Cell Phones For Soldiers and AT&T have once again partnered to collect used and unwanted cell phones and tablets for overseas soldiers. New Hartford Public Library is a drop-off site for the phones. Please bring any device you wish to donate between Nov. 11 and Dec. 11. All proceeds from the recycled mobile devices will be used to buy long distance calling cards for troops abroad and veterans at home. If anyone has any additional questions, please contact Sen. Griffo's office at 315-793-9072 or visit the website cellphonesforsoldiers.com.

Outdoor Book Locker

We have added another way for our patrons to pick up their materials! You may have noticed our outdoor book locker located at our level entrance. This book locker allows patrons to pick up their materials when we are closed. Patrons may choose to use this even when we are open as well! When placing your holds, simply enter NH Locker or let the staff know that you would like your hold to be placed in the locker.

This locker was funded by a grant through the Central Library Resources Council and the Mid York Library System.

Text Alerts

Introducing Another Way to Get Notified By Us!

We are happy to announce that we can now text you when the items you have placed on hold have now arrived. In order to opt into this service please call the Library and or stop in and let the staff know that you would like to receive text alerts. 315-733-1535. Standard texting rates apply.

Community Outreach

We are hitting the road and would love to come to your organization! Are you involved with a preschool, daycare, summer program or assisted living center? We would love to come to your organization and share more about our upcoming programs, issue library cards

and provide programming to your facility. For more information, please contact our Library Director, Anne 315-733-1535.

Literacy CNY

Need some tech help? We have volunteers at the Library each Monday from 11:00-2:00 and 5:00-8:00 that are happy to assist you! Literacy CNY provides trained individuals to assist patrons on a one on one basis. They look forward to helping our community. We greatly appreciate this service they are offering our patrons.

Interested In Using Our Window Display?

The display case a/t the Library's main entrance is available without charge for community groups or individuals to display works of art, collections or educational displays. Exhibits must be in keeping with the Library's mission to meet the educational, cultural and recreational needs of the community. Exhibits may not be for entrepreneurial or commercial purposes, for the solicitation of business for profit or for fundraising. Religious proselytizing and partisan political recruitment are similarly prohibited. Applications for the case are on a first come, first served basis and are limited to one month, with displays also limited to one per year per individual, group or organization. Exhibits will be reviewed in advance before being displayed. Applications for use of the case are available at the Library's front desk. If you have any questions or are interested in using the display, please call the Library and ask to speak to our Display Case Coordinator, John. 315-733-1535

Christmas Village Display

A holiday tradition returns in December when the Friends of the New Hartford Public Library decorate the library for the season. Of special interest for patrons young and old alike is the Christmas village installed in the hallway display case of the library's main entrance. The work begins Dec. 2 and decorations will remain on display throughout the month. Make sure to check out the decorations when you visit the library and thanks to the Friends for all the work they do on behalf of the library.

Drop in Holiday Craft

Stop in Friday, December 2nd for a special holiday craft. The Corasanti Room will be open 4-5pm to make a holiday gift bag or holiday card. We'll supply the items- you just need to bring that holiday cheer.

Winter-Holiday Party at the Library

We are pleased to announce our Holiday Party since the start of the pandemic. Join us December 3rd, for crafts, music, games and holiday treats. Drop in for a few minutes or stay the whole time. Fun starts at 11:30 will end sharply at 1:30. Adult supervision/participation is required.

Break Your Winter Recess Boredom Blues with NHPL!

Stop into the library and break those boredom blues. We have books, computers, tablets, Legos and toys galore! From December 23rd to January 2nd (while we are open) the Library will also offer Boredom Breaker Bags on our Maker Cart. Supplies are limited and crafts may vary. For more information call the library and ask for Cheryl.

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Grab & Go Projects Adults Schedule

Adult Grab & Go Projects continue on the first Monday of each month.

December 5th – Simple Family Tree

Call to reserve beginning at 10:00 on the day of that months project, or come into the library to pick up.

Grab & Go Project Bags for Kids Schedule

Kids Grab & Go Projects continue on the first Thursday of each month.

December 1st – DIY Winter Slime

Call to reserve beginning at 10:00 on the day of that months' project, or come into the library to pick up one.

In Person Story Time

Tuesdays (group A) and Thursdays (group B) 10:30-11:00 for preschool aged children. Join us for stories and crafts. Aimed towards preschoolers – but all are welcome. An adult must accompany the child. All story times are held in the Children's Area/Corasanti room.

December 6 & 8 - Snowman Theme

December 13 & 15 - Mitten Theme

December 20 & 22 - Snowflake Theme

Story Time will be on pause December 27 and 29. We will see you again next year!

Rocking Chair Reader

Our Rocking Chair Reader Program is back! Every Friday, at 10:30 we will have volunteers sit and read stories to little ones in our Children's Area. This is a drop in program with no registration required.

Interested in volunteering to read? Please call or stop by the Library and ask to speak to Cheryl or Anne. 315-733-1535

Bedtime Story Time

This program is scheduled for the 2nd Monday of each month through December (November 14 and December 12) at 6:30. Enjoy stories and crafts with Story Captain Cheryl (and special guests) in time to wind down for bed. Aimed toward preschoolers, but all are welcome.

Park Passes Are Back!

Once again, the Friends of the New Hartford Public Library are supporting our Park Pass Program. Through their generosity, we will be allowing our patrons to check out the following park passes which will allow

our patrons a discounted entry rate:

Fort Rickey Children's Discovery Zoo

Adirondack Experience

Empire Pass

The Wild Center

Onondaga County Parks

Munson Williams Proctor Art Institute

Passes must be placed on adult library cards and must be returned to the New Hartford Public

Library Circulation Desk. Please call 315-733-1535 for more information

Check Out an American Doll!

The Heritage Doll Club has generously donated an American doll with her own travel case to go home with any borrower who would like to give her a two week vacation. She comes with accessories and a good book. She waits for you behind the Circulation Desk... just come in and ask to check her out!

Book Clubs

Are you interested in joining a book club, currently in a book club, or looking to start one? If your club needs to order books or if you are interested in starting a book club, please call the Library and ask to speak to our Book Club Coordinator, Danielle. 315-733-1535

>Ruth Anne Mystery Book Club reads mystery novels. They meet on the second Saturday of the month at 11am. For more information please contact the library.

>Wanderlust Book Club reads fictional novels, ranging from current to historical. They meet in the third week of the month. For more information please contact the library.

>Women (and Men) of Mystery led by Janet Hoover will be taking a break until further notice. Feel free to browse the library mystery section until they meet again. Updates on starting back up will be posted here (in the crier) and on the library website. Thank you for understanding.

Mohawk Valley Chess Club

Join the Mohawk Valley Chess Club (USCF ID A6046725)! —The Oonly US Chess Federation certified chess club in Mohawk Valley! The group will meet at the New Hartford Public Library (Sammon Room) at 2 Library Ln every Sunday 2-4:30 pm. A USCF certified chess coach will be at each meeting. There is no fee for this weekly event.

Community Rooms

Community Rooms will be available for groups and organizations to use. You can find more information on our website (<https://www.newhartfordpubliclibrary.org/reserve-a-room/>), by calling 315-733-1535, or by visiting our Circulation Desk at the Library.

Yoga for Seniors

Join Bill Skinner every Monday at 3:00pm for a Yoga program geared towards seniors! Please call the Library at 315-733-1535 to register for this in person class.

Pre-Need Seminar

Friedel, Williams & Edmunds will conduct a pre-need seminar on Tuesday, December 6th at 4:00pm. at the New Hartford Public Library, 2 Library Lane.

The seminar will cover topics including pre-planning, pre-funding and related NYS laws.

SPACE IS LIMITED, PLEASE CALL 315-724-6105 or Email: info@fwefh.com To Reserve Your Space.

Free Social Security Information Program

The New Hartford Public Library is offering a free Social Security Information program on Tuesday, December 6th from 6:00-7:00 PM for individuals ages 55-70. This one-hour financial education program is designed to help attendees learn how to maximize their Social Security benefits prior to collecting them.

Get answers to some of the most frequently asked questions such as:

1. When is the best time to collect my Social Security benefits?
2. Does it make sense to take benefits sooner rather than later?
3. Can I still work and collect benefits?
4. What happens to my benefits if I should die too soon?
5. Is my spouse able to collect benefits while working?

The event is being presented as a community service by Guest Speaker John Kalil, a Financial Advisor at Retirement Solutions, LLC. The program is open to the public and free to attend. Due to COVID restrictions, seating is limited and advance registration is required. To RSVP, please contact the Library directly at (315) 733-1535.



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New Hartford Sports - Home Games

* subject to change without notice

Date	Start time	Sport	Level
29-Nov	4:00 PM	Bowling (Boys)	Varsity
29-Nov	4:30 PM	Swimming/Diving (Boys)	Varsity
30-Nov	7:00 PM	Ice Hockey (Girls)	Varsity (Comb.)
30-Nov	7:00 PM	Ice Hockey (Boys)	Varsity
2-Dec	4:00 PM	Bowling (Girls)	Varsity
2-Dec	4:30 PM	Swimming/Diving (Boys)	7th/8th
2-Dec	7:30 PM	Ice Hockey (Girls)	Varsity (Comb.)
3-Dec	1:00 PM	Ice Hockey (Boys)	Varsity
5-Dec	4:30 PM	Volleyball (Girls)	7th/8th
6-Dec	4:00 PM	Bowling (Boys)	Varsity
6-Dec	7:00 PM	Ice Hockey (Girls)	Varsity (Comb.)
7-Dec	4:30 PM	Volleyball (Girls)	7th/8th
7-Dec	4:30 PM	Swimming/Diving (Boys)	7th/8th
7-Dec	6:00 PM	Wrestling (Boys)	Varsity
9-Dec	4:00 PM	Bowling (Boys)	Varsity
9-Dec	4:30 PM	Swimming/Diving (Boys)	7th/8th
9-Dec	5:30 PM	Basketball (Boys)	Junior Varsity
9-Dec	7:00 PM	Basketball (Boys)	Varsity
12-Dec	5:30 PM	Volleyball (Girls)	Junior Varsity
12-Dec	7:00 PM	Volleyball (Girls)	Varsity
13-Dec	4:00 PM	Bowling (Boys)	Varsity
13-Dec	4:00 PM	Basketball (Boys)	7th/8th (Red)
13-Dec	6:00 PM	Basketball (Boys)	7th/8th (Blue)
13-Dec	7:00 PM	Ice Hockey (Girls)	Varsity (Comb.)
14-Dec	4:00 PM	Wrestling (Boys)	7th/8th
14-Dec	4:30 PM	Volleyball (Girls)	7th/8th
14-Dec	4:30 PM	Swimming/Diving (Boys)	7th/8th
14-Dec	6:00 PM	Wrestling (Boys)	Varsity
14-Dec	7:00 PM	Ice Hockey (Boys)	Varsity
15-Dec	4:30 PM	Swimming/Diving (Boys)	Varsity
15-Dec	4:30 PM	Basketball (Girls)	7th/8th (Red)
16-Dec	4:00 PM	Bowling (Boys)	Varsity
16-Dec	4:30 PM	Basketball (Boys)	7th/8th (Blue)
16-Dec	5:30 PM	Basketball (Girls)	Junior Varsity
16-Dec	7:00 PM	Basketball (Girls)	Varsity
16-Dec	7:00 PM	Ice Hockey (Boys)	Varsity
16-Dec	7:00 PM	Ice Hockey (Girls)	Varsity (Comb.)
19-Dec	4:30 PM	Volleyball (Girls)	Varsity
19-Dec	4:30 PM	Volleyball (Girls)	7th/8th
19-Dec	6:00 PM	Volleyball (Girls)	Junior Varsity
19-Dec	6:00 PM	Basketball (Girls)	7th/8th (Blue)
20-Dec	4:00 PM	Bowling (Girls)	Varsity
20-Dec	4:30 PM	Basketball (Boys)	7th/8th (Red)
21-Dec	4:30 PM	Swimming/Diving (Boys)	Varsity
21-Dec	7:00 PM	Ice Hockey (Boys)	Varsity
22-Dec	4:00 PM	Bowling (Boys)	Varsity



Elisa Gendron-Belen

Gendron-Belen, of New Hartford, Caps Motorcycle Road-racing Amateur Career!

Elisa Gendron-Belen, wrapping up her final season as an amateur road racer competed in 40 ASRA/CCS races this year on her Kawasaki Ninja 400, finishing on the podium in every race! With 24 wins, 11 second-place finishes and 5 third-place finishes, Gendron-Belen has made it clear she is ready to move to the national Expert class next year. While at the Daytona round she participated in 5 races, with 3 wins and 2 seconds. (ASRA: American Sportbike Racing Association. CCS: Champion Cup Series).

“I had positive expectations going into this season,” said Gendron-Belen. “But, finishing the year with this type of success is very rewarding. I can’t thank my family, sponsors and other supporters enough for the opportunity to follow my racing and career dreams.”

Gendron-Belen also competed in two rounds of the Italika Racing International Women’s Cup, Latin America (in Mexico) with a top-ten finish. While a broken wrist from a training incident in August prevented her from racing in the last two rounds, the experience has left her with an appetite for more, and she plans to return to Mexico for each round and compete in the entire series in 2023. She will also continue to campaign several classes as an Expert during the 2023 season in the ASRA/CCS series, both with her Kawasaki Ninja 400 and on her Aprilia RS660.

Elisa is a sophomore Sport Management major at St. John Fisher University in Rochester, NY with a minor in International Studies. The multi-lingual athlete plans a career in the motorsports industry. She is looking forward to internship opportunities in the U.S. and abroad with race teams and motorsports suppliers and manufacturers.



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Oneida County Historian Joseph Bottini received the "Historian of the Year Award" from the OCHA at its annual conference on October 29, 2022 at Hart's Hill Inn in Whitesboro. Pictured are OCHA President Lou Parrotta (City of Utica Historian), Alexis Albright (Oriskany Museum Director), Bottini, and Bonny Niles, Paris Town Historian

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Richard Sherman

New Hartford Highway News

submitted by Superintendent of Highways, Richard Sherman

As we head into the season of snow, we will continue to pick-up leaves until snow begins to accumulate. Your Highway Crew has performed tremendously this fall in keeping our four-leaf vacuum trucks busy.

What slows us down in getting to your neighborhood faster? Leaves placed in bags or non-separation of branch piles always provide the biggest hindrance.

The Town’s plows, sanders, brine machines and tankers are ready for another busy snow & ice season. After Thanksgiving your Highway Department Crew splits into 2 separate crews to manage the winter season. I and your first shift crew begin at 4 a.m. to ensure that our roadways are ready for morning traffic and school busses. That 8-hour shift ends at noon UNLESS it is still snowing or sleeting. If so, that same first shift crew stays until 4 p.m. or until the snow event ends. The second shift crew is managed by your Highway Foreman Chris Moran and begins at 4 p.m. and that 8-hour shift ends at midnight. Here too, if there is still precipitation at midnight that second shift crew stays until 4 a.m. when the first shift crew begins again. This allows for a 12 hour on and 12 hours off day in times of a snow event.

Why did we make this change several years ago? As snow plow drivers have to concentrate in hazardous conditions for long periods of time, it can be taxing on our drivers. Safety for our drivers and the driving public is paramount. If your Highway Department Crew were to work a normal day shift and it snows all night, they might need to be working more than 12 hours to clear the roads. Additionally, this shift system allows us to provide 24-hour coverage to ensure that we are managing that unexpected drizzle or drifting timely.

Remember “no all-night parking” is in effect on all town roads so that the plows can clean the streets safely. Additionally, if you have a private contractor plow your driveway, please remind them that it is illegal for them to plow the snow into the road.

This month I also wanted to share with you a couple of pictures that is the culmination of 2 large construction projects completed this fall by your Town Highway Crew and funded by both the Oneida County and the Town of New Hartford. A very large new dam on Mud Creek was constructed to assist in the flooding of the Jay-K intersection. Additionally, we created a new retention pond behind Foxcroft Rd. in Woodberry and approximated 5 acres. These projects will not only protect many of our residents from stormwater effects, but also saved tens of thousands of dollars of precious taxpayer funds by using our Town Highway Crew!

As always after the holidays, please place your Christmas trees to the curb and your Highway Crew will be by to pick them up in a timely manner. We grind those trees in the spring to make mulch.

May you enjoy the month of December with friends and family! I am always personally available at (315)534-2998 and by email at rsherman@townofnewhartfordny.gov.



New retention pond behind Foxcroft Rd.



Mud Creek Dam

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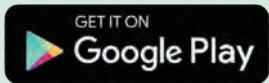
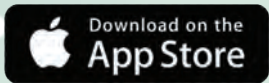
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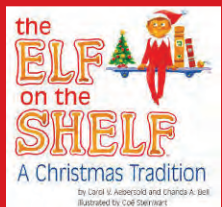
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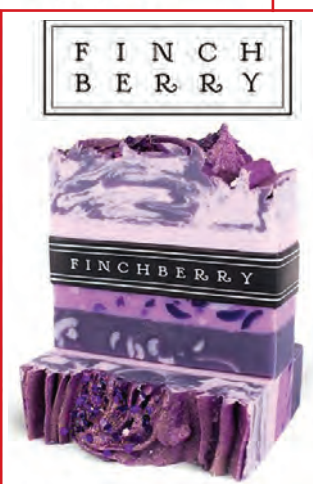
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DEC 10	SAT	@ Harrisburg Heat	7:05 PM
DEC 11	SUN	vs Harrisburg Heat	3:00 PM
DEC 17	SAT	@ Florida Tropics	5:05 PM
DEC 28	WED	vs Florida Tropics	6:00 PM
DEC 31	SAT	@ Milwaukee Wave	4:05 PM

DECEMBER

JAN 7	SAT	vs Mesquite Outlaws	7:00 PM
JAN 8	SUN	vs Empire Strykers	3:00 PM
JAN 15	SUN	vs St. Louis Ambush	2:00 PM
JAN 21	SAT	@ Baltimore Blast	6:05 PM
JAN 29	SUN	vs Baltimore Blast	2:00 PM

JANUARY

FEB 5	SUN	@ Milwaukee Wave	2:05 PM
FEB 11	SAT	vs Harrisburg Heat	7:00 PM
FEB 19	SUN	vs Milwaukee Wave	2:00 PM
FEB 24	FRI	@ Harrisburg Heat	7:35 PM
FEB 26	SUN	vs Baltimore Blast	3:00 PM

FEBRUARY

MAR 3	FRI	@ Chihuahua Savage	10:00 PM
MAR 5	SUN	@ Monterrey Flash	4:35 PM
MAR 10	FRI	@ Harrisburg Heat	7:35 PM
MAR 12	SUN	vs Florida Tropics	2:00 PM
MAR 18	SAT	@ Baltimore Blast	6:05 PM
MAR 19	SUN	vs Harrisburg Heat	2:00 PM
MAR 26	SUN	@ Florida Tropics	3:05 PM

MARCH

APR 1	SAT	vs Baltimore Blast	7:00 PM
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APR

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LtoR: Gail Hardy, Richard Hardy, Diana Simmons, Geraldine Schisler, Jackie Batista, Bob Porter, and Nick Montesano.

LIONS Club News

The New Hartford/New York Mills/Whitestown Lions Club recently assembled to sort used eyeglasses that had been donated. The eyeglasses were sorted, counted and boxed to be sent to the New Jersey Eye Glass Recycling Center. There, they are sorted to determine which eyeglasses are usable, processed, and placed in inventory for distribution to optical missions around the world. Unusable glasses are responsibly recycled via precious metal reclamation and scrap processing. Our Lions Club has sent over a thousand pairs of eyeglasses to the recycling center in the past few months. We are actively seeking new members who would like the camaraderie of good people and have the desire to serve others in need. We meet the second Tuesday of each month at Sloppy Joe's Pizza in the New Hartford Shopping Center at 5:30 pm. For more information call Nick at 315 794 7094.



‘Tis the Season Paint & Sip
Thursday December 8, 2022, 6 PM
Irish Cultural Center of the Mohawk Valley
Museum 623 Columbia St, Utica

Get ready for the Holidays with your own seasonal painted wooden sign with some guidance from instructor Jill Rae Vennera.

Please register through Eventbrite. Register early as seating will be limited. <https://www.eventbrite.com/e/tis-the-season-paint-and-sip-tickets-467869258547> The fee is \$50.

Come to the Irish Cultural Center of the Mohawk Valley on December 8th to create a beautiful seasonal wooden sign with the help of our instructor and a sip or two of wine. Give the painting as a gift or keep it to adorn your own home! The \$50 fee includes paints, 11" x 28" wooden sign, instruction, 2 glasses of wine, and light snacks. Our instructor, Jill Rae Vennera, is the owner of Easels on the Gogh, a full-service mobile painting studio, and Jill Rae Signs. She has a degree in Fine Arts and Art Therapy. Easels on the Gogh hosts parties for adults, children, schools, colleges, and nursing homes.

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New Hartford Rotary News

It has been a busy few months at New Hartford Rotary as we strive to serve our community and make it and the world a better place to live.



On 26 October, several of our members and friends participated in the 4th Annual Pin Down Polio event held at Vista Lanes in New York Mills. This event is held in conjunction with World Polio Day on 24 October that Rotary International, The United Nations and the Bill and Melinda Gates Foundation celebrates every year to educate the world on the dangers of polio and what Rotarians are doing to eradicate this deadly disease from the face of the earth. Members and friends from Rotary Clubs in Areas 2 and 3 of District 7150 came together to socialize and share in laughter, good food and fun as we raised over \$8,286.00 to donate to Rotary's Polio Plus initiative to help combat this deadly virus. And as the Bill & Melinda Gates Foundation matches all funds donated to Polio Plus 2 to 1, this means that almost \$25,000.00 was donated to Polio Plus and the Rotary Foundation.



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On 9 November, New Hartford Rotary members and friends met at the Town of New Hartford Veterans Memorial Park to clean the park to honor of all of our vets, in preparation for Veterans Day on 11 November. This is a bi-annual event for the club as part of the New York State Department of Transportation Adopt-a-Highway program. Every May before Memorial Day and November before Veterans Day, we clean the park as a tribute to all the men and woman who have served our country in the past and who continue to serve it today and to the sacrifices they all have endured.



On 12 November, our club members gathered at Chantry's Food Market on French Rd. in Utica to collect food for the Utica Food Pantry. From

10 AM until 5 PM we enlisted the help of the people coming to shop at Chantry's to help out those in our community who are in desperate need to feed themselves and their families. The food pantries in our area are in great need this year and through the efforts of our volunteers and the generosity of the shoppers coming through the doors at Chantry's Food Market, we were able to collect 668 pounds of food and over \$300.00 to help support families in need during this holiday season.

For 61 years, New Hartford Rotary has been working to make our community and the world a better place to live. We are always looking for new members and if you would like to work with like-minded members of your community to help us in our endeavors, we'd love to have you come and join us for lunch on Wednesday afternoon. New Hartford Rotary meets every Wednesday at 12:15 PM at the Yahnundasis Golf Club. For more information about The Rotary Club of New Hartford, NY you can check our website at <https://newhartfordrotaryclub.org> or follow us on Facebook at <https://www.facebook.com/NHRotary/>.

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Snow Shoveling

Snow shoveling is a repetitive activity that can cause muscle strain to the lower back and shoulders. Back injuries due to snow shoveling are more likely to happen to people who may not know that they are out of condition. Following these tips can help you avoid injuries:

- Lift smaller loads of snow, rather than heavy shovelfuls. Be sure to bend your knees and lift with your legs, rather than your back.
- Use a shovel with a shaft that lets you keep your back straight while lifting. A short shaft will cause you to bend more to lift the load. Using a shovel that's too long makes the weight at the end heavier. Step in the direction in which you are throwing the snow to prevent the low back from twisting. This will help prevent "next-day back fatigue."
- Avoid excessive twisting because the spine cannot tolerate twisting as well as it can tolerate other movements. Bend your knees and keep your back as straight as possible, so that you are lifting with your legs.
- Take frequent breaks when shoveling. Stand up straight and walk around periodically to extend the lower back.
- Backward bending exercises while standing will help reverse the excessive forward bending of shoveling: stand straight and tall, place your hands toward the back of your hips, and bend backwards slightly for several seconds.



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Fun and Rewarding Experiences Available at the Sitrin Child Care Center

For more than 25 years, Sitrin’s Child Care Center has been welcoming children from six weeks to five years of age. The Center offers specialized programs for 64 children, including a Kindergarten-readiness curriculum, which includes learning Spanish, so that children are prepared to start elementary school once they graduate. Rehabilitative therapies are available as

well. Working with both families and outside agencies, Sitrin offers the flexibility of having children receive physical, occupational, and speech therapy services while in attendance at the Center.

There is also a great deal of excitement at the Center. Children take part in fun movement-based activities, arts and crafts, horticulture, and musical programs, to name a few. The Center’s expansive and secure backyard, along with its elite rubber matted playground surfacing, offers children plenty of room to play outdoors and experience nature.

In addition to providing professional child day care, the Center is also a great place to work.

“Sitrin prides itself on its nurturing, supportive environment where staff can watch children grow from infants to preschool age,” Heather Galinski, Child Care Center Program Director, said. “It’s such a privilege to care for children every day while giving peace of mind to their parents.”

For anyone interested in working at the child care center, Sitrin has the following open positions:

- Full-Time or Part-Time Teacher Assistant for Rompers.
- Full-Time or Part-Time Teacher Assistant for Toddlers.
- Full-Time or Part-Time Teacher for Toddlers.

- Full-Time or Part-Time Float Teacher for all ages.
- Per Diem Substitute Teachers.


Internships are also available for students enrolled in child care programs at local colleges, as are opportunities to shadow employees for a day or several days.

As one of only six child care centers in the region that care for children as young as six weeks, the Center’s overall goal is to provide vital support to working parents, while instilling education, values, and character in the community’s children.

For information about open positions or to apply, visit <https://www.sitrin.com/about/employment/>.

ABOUT SITRIN: Sitrin, a not-for-profit corporation, provides a variety of services for people of all ages and abilities, including comprehensive medical rehabilitation (inpatient and outpatient), long-term care, assisted living and enriched housing (Cedarbrook), NeuroCare, residential care for people with intellectual disabilities and medically complex conditions, medical and social model adult day health (OPAL Program), military program, adaptive sports, (STARS Program), a Wellness and Aquatic Center, orthopedic injury program, concussion management, child care, and dental clinic.

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NHFD News

October was another busy month for your New Hartford Volunteer Fire Department with 151 calls as indicated by the monthly call report listed below by category:

Fires = 5
EMS = 84
Hazardous = 5
Service Type = 24
Good Intent = 6
Other Alarms = 27
Weather Related = 0
Other = 0



Total Calls for the Month of November 2022 = 151. This brings the total number of calls year-to-date through November 30, 2022 to 1,203.

Of the 151 calls, 120 were in the Town and 31 were in the Village.

Some of the calls listed above - such as Fires, EMS, and Hazardous - are self-explanatory. Others such as Service, Good Intent and Other Alarms are not. Service Calls includes water or animal problems, public assistance or standbys. Good Intent refers to responding but did not find anything or canceled in route. Other alarms include explosions, carbon monoxide, smoke or sprinkler detector activations.

The figures above do not include other activities by members of the department such as Fire Prevention details, training, parades, Open House and other various department committee meetings that take place throughout the year.

From The Chief's Desk...

The Chief, officers, and members of The New Hartford Volunteer Fire Department, would like to remind everyone on a few fire prevention tips for a safe and festive holiday season.

For most of us, the holiday season represents a time for family and friends to gather together to enjoy the holiest time of the year. However, many of us consider that the holiday season is a time when there is an increased risk of home fires. Many households engage in holiday activities that serve as some of the leading causes of U.S. home fires, including cooking, Christmas trees, candles and holiday decorations also significantly contribute to the seasonal causes of home fires. Add to that the hectic nature of the holidays, when people are trying to accomplish multiple tasks at one time, and the chance for home fires grows even further.

Fortunately, with a little added awareness and some minor adjustments to holiday cooking and decorating, the season can remain festive and safe for everybody. With unattended cooking as the leading cause of U.S. home fires and home fire injuries, we recommend someone stays in the kitchen while you're frying, grilling or broiling food. Most cooking fires involve the stovetop, so keep anything that can catch fire away from it, and turn off the stove when you leave the kitchen, even if it's for a short period of time. If you're simmering, boiling, baking or roasting food, check it regularly and use a timer to remind you that you're cooking. The department also suggests creating a "kid-free zone" of at least three feet around the stove

and areas where hot food and drinks are prepared or carried.

Candles are widely used in homes throughout the holidays, and December is the peak month for home candle fires. The nonprofit National Fire Protection Association's (NFPA) statistics show that more than half of all candle fires start because the candles had been too close to things that could catch fire. In fact during the month of December, 11% of home candle fires began with decorations compared to 4% the rest of the year. We encourage all New Hartford residents to consider using flameless candles, which look and smell like real candles. However, if you do use traditional candles, keep them at least 12" away from anything that can burn, and remember to blow them out when you leave the room or go to bed. Use candle holders that are sturdy, won't tip over and are placed on uncluttered surfaces. Avoid using candles in the bedroom where two of five U.S. candle fires begin or other areas where people may fall asleep. Lastly, never leave a child alone in a room with a burning candle.

According to NFPA, U.S. fire departments annually respond to an average of 250 structure fires caused by Christmas trees. Nearly half of them are caused by electrical problems, and one in four resulted from a heat source that's too close to the tree. Things to consider for picking, placing and lighting the tree:

- If you have an artificial tree, be sure it's labeled, certified or identified by the manufacturer as fire-retardant.
- If you choose a fresh tree, make sure the green needles don't fall off when touched; before placing it in the stand, cut 1-2" from the base of the trunk. Add water to the tree stand, and be sure to water it daily.
- Make sure the tree is not blocking an exit, and is at least three feet away from any heat source, like fireplaces, space heaters, radiators, candles and heat vents or lights.
- Use lights that have the label of an independent testing laboratory, and make sure you know whether they are designed for indoor or outdoor use.
- Replace any string of lights with worn or broken cords, or loose bulb connections. Connect no more than three strands of mini-string sets and a maximum of 50 bulbs for screw-in bulbs.
- Never use lit candles to decorate the tree.
- Always turn off Christmas tree lights before leaving the home or going to bed.
- Check on your community's Christmas tree recycling program.
- After Christmas, get rid of the tree. Dried-out trees are a fire hazard and should not be left in the home or garage, or placed outside the home.
- Bring outdoor electrical lights inside after the holidays to prevent hazards and make them last longer.

By following these fire prevention tips and measure, your New Hartford Volunteer Fire Department says you can greatly reduce the risk of fire in your home, and enjoy a safe holiday season.

The members of your New Hartford Volunteer Fire Department wish you and your family a very Happy and Safe Holiday season. For additional information please visit www.nhfd.com

NH American Legion Raised \$8500 During their Fundraiser to Support the War Efforts in Ukraine



Commander of the New Hartford American Legion Post #1376 Vic Gazzilli along with Zyn Jackiw from the Ukraine Catholic Church.



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Judge Joan Shkane

This is a continuing discussion of Legal Myths and Reality, because those informed are the most successful.

MYTH: Your attorney's file of your case belongs to the attorney as work product and you cannot have it for a new attorney, or for any other reason, without the permission of the original attorney who made it.

REALITY: A file of a client's case belong to the client. It does not belong to the attorney, even if the attorney made it. After all, it is the client who will pay for it, and owns it. If the client owes the attorney money for work done, the attorney may sue the client. But the attorney MAY NOT withhold the file from a client or the client's new attorney.

A recent case involved Anna Sorokin also known as Anna Delvy. She was the subject of a Netflix miniseries called "Inventing Anna". Sorokin made national news when she falsely claimed to be a German heiress and promised money to many different organizations, including lenders, hotels and others. She was convicted of larceny and theft charges, was sentenced to four to twelve years in prison, and promptly changed her lawyer. The second lawyer repeatedly requested Sorokin's file from the first lawyer who had made the file. Although some parts of the file were turned over, critical parts of the file may have been withheld by the first lawyer. The first lawyer said "I am so fu...ing tired of Anna Sorokin. I'm over her." He said that he did not have whatever more the second lawyer wanted.

The second lawyer followed proper procedure by first obtaining a court order directing that the entire file be turned over. When he believed this was not done, the second lawyer sued the first lawyer on Sorokin's behalf for contempt of a court order to turn over the entire file. The second lawyer claimed that the first lawyer wanted to market Anna's brand to media outlets since she had become somewhat famous because of the Netflix series. The Court has yet to decide about the amount of damages owed to Sorokin, but clearly the first lawyer cannot keep the file. It belongs to Sorokin. The problem arises because Sorokin is not to be believed since she is a convicted scammer, and may not be honest about the items in the file that she claims are missing. Perhaps, in fact, the first lawyer did turn all the file over to the second lawyer. Nevertheless, the point is that failure to follow a court order is subject to a fine up to \$1000 and 30 days in jail for criminal contempt.

Sorokin was in the custody of the U.S. Immigration and Customs Enforcement Department awaiting removal out of the U.S., but has been released on house arrest with an ankle bracelet. In the meantime, she is under house arrest, and is offering expensive dinners with gifts to wealthy patrons for large fees in her Manhattan apartment! Making lemonade out of lemons?

MYTH: A person riding a bicycle with a bulge in his pants pocket has the same rights as a person in a car as it pertains to police right to stop and seize.

REALITY: This is an interesting question because in New York State we do not yet know the answer.

The Fourth Amendment of the United States Constitution protects a person from unreasonable police search of property and person and seizure of property and person. This right applies to the states' police. It's easy to say, but very complex in actual practice. New York State follows a case that was decided in 1976 by the New York State Court of Appeals, our state's highest court. In *People vs. DeBour* the Court set out four levels of legal activities that the police may engage in according to the level of police suspicion that a person committed a crime. The more verifiable and higher level of suspicion the police have will permit a greater intrusion into the Fourth Amendment right to be left alone. A low level of suspicion will not permit much intrusion at all. The grounds for suspicion must all be provable in a court hearing by proof and testimony under oath. As an explanation, consider a man standing on a sidewalk wearing a large loose coat; then imagine a second man with something bulky under the coat; then imagine a third man with the outline of a gun under the coat; then imagine a fourth man with a gun in actual view to a bystander; then imagine a fifth man with the gun in his hand. Clearly the level of suspicion rises as we consider each man's activity, and therefore so does the level of intrusion that the police may make. The police response to suspicion range from: 1. An approach to request information. The officer must have an

objective credible reason to approach and question, and not just officer bias. This level of suspicion requires that the police can ask only non-threatening questions like name, address, and destination. If the police officer sees something unusual, she can question the stopped person about it. She may not search the person or car and must not suggest to the stopped person that she suspects him of committing a crime. This level usually applies to stopped pedestrians. The person has the right to refuse to answer and can freely leave the scene; 2. The next higher level of suspicion is called a founded suspicion. The officer must have a suspicion that the suspect has committed a crime, and must be able to give a good reason for the suspicion. The suspicion can be based on direct observation or hearsay. The officer can ask a pointed question and the question can be extensive and accusatory. She can ask permission to search. She cannot pursue and cannot detain the person with force. The type of questions the officer can ask is limited, and the person is still free to go. (This level is derived from ancient common law from England permitting a right of inquiry); 3. Level 2 can easily escalate to level 3 if the officer has a reasonable suspicion that the person has committed a crime, like illegally having a weapon. She can detain the person with force, can frisk for weapons if in fear, can order the suspect to lie on ground, can handcuff the suspect, and can chase the suspect if he is fleeing. She must have a higher degree of suspicion than level 2, based on facts that she can later testify to and that are reasonable, not made up or unreasonable. The person is not free to leave and the investigation is very intrusive and so requires a higher level of suspicion; 4. If the officer has cause to believe a crime has likely been committed, she may arrest and fully search the suspect and the immediate area. This is a high level of proof, not just suspicion.

This all sounds very complicated, and legal scholars and law students spend much fun time debating the meaning of it all. Police, on the other hand, must be able to understand it and act quickly, without overstepping police bounds. They must, therefore, be smart, well trained, and quick witted, as they generally tend to be.

The question now before the Court is if a person is on a bicycle with a bulge in his pants pocket in the shape of a gun, can the police officer approach and request information? If so, and she sees a likely weapon on the suspect, can she question further? Is the search permissible even though if the suspect were in a car the gun would not be visible? This question applies to level 2, 3 and 4 powers.

Those who argue for the legality of the bicycle stop and seizure argue that we cannot expect police to be blind to what they actually believe they see just because of the mode of transportation the suspect is using. Others argue against expanding the police powers to bicycles.

Only an appeals court can tell us how to proceed.

Attention to legal myths can be important. They can be a starting point for developing an interest in the law. However, if specific legal issues are important in your life, for instance, regarding custody of children or money payable for any reason, it is wise to consult a lawyer who can advise you on the truth of legal myths. This discussion is not intended to render legal advice on specific cases or to express an opinion on any specific case.

MVCC Event to Showcase Studio, Digital Art Program Options

Mohawk Valley Community College will host Art Programs Day, an opportunity for prospective students to explore the College's various programs in the arts, from 10:30 a.m. to 1 p.m. Friday, Dec. 2, at its Utica Campus, 1101 Sherman Drive. Lunch is included.

The event will showcase the programs offered by MVCC's School of Art, including Fine Art, Illustration, Graphic Design, Digital Animation, Digital Media and Marketing, Photography, and Video Production, with presentations on both studio and digital art programs. Attendees also will have the chance to tour the College's art classrooms, studios, and labs; see demonstrations and exhibits; and meet faculty from different areas of the arts.

To register for Art Programs Day, visit www.mvcc.edu/artday. For more information, contact the MVCC Admissions Office by at 315-792-5354 or admissions@mvcc.edu.

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What Works?

Submitted by James LaFountain, All American Fitness Center

“It works!” I’ve heard this comment at least a thousand times, as it refers to some nutritional supplement, food or exercise program. My background in exercise/nutrition research has made me skeptical of that statement. Quality research must be double blind, meaning no one knows who’s getting what treatment. It must also be longitudinal, or over a long period of time and include a massive number of participants. Data must also be objective, not tainted by subjective opinions etc. Sponsors of a study must understand these rules and comply 100%.

With that said, a powerful force, called a “placebo,” based on one’s belief in a treatment can skew results. I would bet the placebo effect plays a major role in nearly everyone’s belief in “what works.” It’s been around a long time and will continue in future studies. My response is always the same, “so what, if it is a placebo.” If someone feels better after ingesting a particular food, new supplement or training in a particular way, so be it. The mind is a powerful force. For nearly two years, I participated in COVID Study in Rochester. When I became age eligible for the vaccine, I contacted study

organizers to see if I actually received the vaccine or a placebo. After providing a slew of answers about who I was and information about my participation in the study, I was told they would “unblind” me and contact me in a few minutes. Fortunately, I actually did receive the vaccine.

Several years ago, my wife and I attended a fitness conference in Florida. As we entered the parking lot, we saw at least 15, large chocolate milk trucks, parked neatly together near the conference center’s entrance. Some of the presenters discussed ideal fluid replacement drinks. Low and behold, most presenters claimed that chocolate milk was the ideal post workout replacement beverage. News and creative marketing travels fast and information need not be science based. We traveled back to Upstate New York a few days later to find shelves loaded with chocolate milk and posters supporting its fluid replacement benefits. I’m sure there is no harm with ingesting chocolate milk after a workout and it may even be a good replacement beverage, but hardly ideal.

I was fortunate to have worked with the US Biathlon team is the late 80’s. Our team was researching “lactate threshold” and its effect on physical training protocol. It required us to draw blood at various exercise intensities, measuring lactic acid levels every two minutes. Throughout the test, heart rate and lactic acid levels appear to be parallel to each other. Lactate Threshold occurs when lactic acid levels begin to spike and are no longer matching an athlete’s heart rate. Although this may sound complicated, accurate results are essential, in order to effectively design a program that’s specific to an athletes fitness level. This “hard data” is collected every 6-8 weeks to measure and re-design individual programs. Opinions or personal beliefs play no role in program design.

It is my hope that the next time you hear or see fitness advertisements, claiming how a particular product produces results, or someone says “it works,” you’ll approach it with some degree of skepticism. You may save some time, money and physical effort.



L-R: Joseph Sageer, Diana Stefanovich, Jennifer Camello, Todd Stokes

Rotary Club of Utica Presents ‘Pride of Workmanship’ Awards

The Rotary Club of Utica, honored four local workers recently at their 31st annual Pride of Workmanship Awards Program. The program was presented during a Rotary Club luncheon on Thursday, October 20th at the Ft. Schuyler Club in Utica.

The 2022 recipients of the Pride of Workmanship Awards are:

Jennifer Camello, Resource Center for Independent Living

Joseph Sageer, Mohawk Valley Health Services

Diana Stefanovich, Mohawk Valley Community College

Todd Stokes, 50 Forward Mohawk Valley

The awards program comes after a request for nominations from area businesses. The Rotary Club of Utica reviewed all the candidates through a special committee to determine the top area employees deserving of this year’s ‘Pride of Workmanship’ recognition.

Rotary Club of Utica President Tina Pavlot said “The Rotary Club of Utica looks forward to the Pride of Workmanship awards annually. We are inspired by these area employees who are nominated by their managers or co-workers. They are recognized and honored for going above and beyond their normal work duties to make an impact at work and in our community.”

For more information, contact Committee Chair Roxanne Mutchler at 315-868-5020, or RMutchler@live.com.

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2022 Oswego County Holiday Farmers’ Market Set for December 3rd!



Another magical holiday season is fast approaching, and Cornell Cooperative Extension of Oswego County (CCE Oswego) is eager to host the Oswego County Holiday Farmers’ Market once again! Our unique holiday market event, part of the annual “Christmas in Mexico” celebration, is set to take place Saturday, December 3, 2022, from 9 a.m. to 3 p.m. at the Mexico VFW, located at 5390 Scenic Avenue (State Route 3), just north of the Village of Mexico, N.Y. Free coffee and hot chocolate will be offered at the event.

CCE Oswego invites you to support Oswego County’s local economy by stopping in for amazing, holiday-inspired gift ideas, decorations, and food sold by local producers and vendors. Started by CCE Oswego in 2009, the annual Oswego County Holiday Farmers’ Market has become an event that many enthusiastically

anticipate, with over 500 customers visiting the market yearly. It carries a tradition of connecting consumers with local Oswego County vendors selling products made from the county’s agricultural and natural resources, all amidst a festive holiday atmosphere.

CCE Oswego is also encouraging county-based businesses selling locally produced agriculture-related goods to sign up to participate as vendors. The Oswego County Holiday Farmers’ Market is not a craft market, but spotlights fresh produce and processed goods like honey, maple syrup, milk soaps and lotions, cheeses, and meats, as well as handmade farm and forestry products such as wreaths, boughs, and wood-carved items.

Space is limited at the VFW, so if you are interested in participating as a vendor, please return your completed registration form with payment to the Cornell Cooperative Extension of Oswego County office as soon as possible. Early-bird registration is only \$20 per space and ends October 31, regular registration is \$30/ space due November 14, and late registration after November 14 is \$40/space. If you need a table provided to you by CCE Oswego, the cost is an extra \$10 and does not include chairs. Vendor spaces are roughly 8 feet by 6 feet and vendor setup will begin at 8:00 a.m. Take advantage of the early registration special! Only received completed registration forms with payment will reserve a space.

Look for news alerts leading up to the event on CCE Oswego’s Facebook page and website, [thatcooperativeextension.org](https://www.thatcooperativeextension.org). For more information about the Oswego County Holiday Farmers’ Market, please contact Erich Keena, Ag Economic Development Specialist, at 315-963-7286 ext. 203 or ejk247@cornell.edu.

Cornell Cooperative Extension is an employer and educator recognized for valuing AA/EEO, Protected Veterans, and Individuals with Disabilities and provides equal program and employment opportunities. Individuals requiring special needs can call the CCE Oswego County office for assistance in making accommodations. Call (315) 963-7286 or visit [thatcooperativeextension.org](https://www.thatcooperativeextension.org) and facebook.com/OswegoCCE to learn more about CCE Oswego and what we do.

50 Forward Mohawk Valley Partners with Oneida County Office for the Aging

50 Forward Mohawk Valley and the Oneida County Office for the Aging have partnered again this year for our volunteer snow shoveling program.

We have older adults in our community who are unable to shovel walkways and entrances into their homes, especially after a heavy snowfall; and are also unable to afford to pay someone to shovel. 50 Forward Mohawk Valley has partnered with the Oneida County Office for the Aging once again to recruit volunteers who are willing to help with this program. Volunteers will be matched with older adults in their community, and will provide an invaluable service to these community members. Those that are interested in volunteering should contact 50 Forward Volunteer Resource Center at (315) 235-2029.

50 Forward’s Executive Director Kelly Walters, is excited to be launching this program again, saying "there is a great need for this service and we had some amazing volunteers that helped last year and our hopes are to see this program continue to grow throughout the county as snow removal is particularly challenging for our seniors and providing this volunteer service has great impact in helping them remain independent."

“Our seniors are facing many challenges during these difficult times, and Oneida County is always here to help in any way we can,” said Oneida County Executive Anthony J. Picente Jr. “Volunteering to shovel their driveways and walkways is a small way to make a big difference, and I know that there are many in our community who will step up to help. I commend the Parkway Center for spearheading this effort.”

For over 60 years, the Parkway Center has been committed to providing programs and services to individuals 50+, empowering them to live healthy vibrant lives. For more information on the Parkway Center, please visit www.theparkwaycenter.org or call 315-223-3973.

Physical Therapists Help People of All Ages!

Physical therapists are experts in human movement who are trained to evaluate and treat all kinds of musculoskeletal issues. They are highly trained in prescribing and progressing exercise to help people move and feel better. Because everyone moves and everyone can benefit from exercise, physical therapists can help people through their entire lives.

Some people see a physical therapist shortly after birth. The most common reasons a baby would need to see a PT would be something like torticollis or cerebral palsy. Torticollis is a postural issue that causes babies to hold their heads tipped to one side. Cerebral palsy is a neurological disorder that causes difficulty with movement and coordination.

As children continue to grow, some have trouble hitting their motor milestones - like rolling, crawling, or walking.

Physical therapists can use their expertise to help encourage development of motor skills and coordination to get these children back on track.

Sports injuries become more common in adolescents. Whether it's an ankle sprain, or an ACL surgery, a PT can help.

Some adolescents have issues from the rapid growth their bodies go through. Things like growth plate fractures, growing pains, Osgood-Schlatter's disease, and Sever's disease are all common in adolescence.

As adults, a lot of us will have back pain - studies say up to 80% of us. Physical therapy is one of the first treatments recommended for back pain. Physical therapists also see injured adults. It could be from weekend warrior type sports injuries, overuse, or from an accident at work. Some adults also start to show symptoms of diseases like multiple sclerosis, or myositis which also benefit from physical therapy.

Later in life, people tend to accumulate more health issues that impact their ability to move. Issues like arthritis, joint replacements, strokes, and heart attacks are all things a PT can help with. Physical therapists also help people age better - keeping them moving with exercise programs that help reduce falls, or helping them make adaptations and modifications to keep them in their homes safely.

Movement is a constant in life. As movement experts, PTs can help people of any age. Some specialize in treating pediatric patients, and some specialize in treating geriatric patients, but all PTs have the expertise to help people move better.

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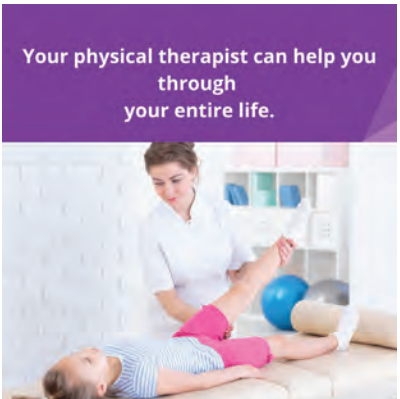
Physical therapy isn't just for your grandparents, you and your kids might benefit too...



Who can benefit from physical therapy?
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8200 SENECA TURNPIKE, CLINTON, NY 13323



by Victor J. Fariello Jr.



Another Year Ends

It’s hard to believe that 2022 will soon be drawing to a close. I want to take this time to thank the Town Crier for the opportunity to write this column each month and of course thank you to the faithful readers of Antique Talk for your continued loyalty. I extend best wishes for a Happy Holidays and New Year.

Antiquefest Not Slated for 2023

We were sorry to hear that the perennial favorite Antiquefest held at The Stanley will not return for 2023 due to complications. Organizer Jerry Dischiavo informs me that he will hopefully bring the event back in 2024. We will let you know when that happens.

Deadline Extended for Sharing Your Interests

We would like to hear from you telling us what interests you in the antiques and collectibles field and what you’d like to learn more about. By knowing what you’re interested in, we can make this column more interesting for you and others that might be interested in the same thing. So email me at vjfariello@gmail.com or drop me a line at the address below and let me know what topic or topics you would like to hear about. As an incentive, all readers who submit a topic will be entered in a drawing for a copy of Kovel’s 2023 Antiques Price Guide. All responses received by December 31 will be eligible. I look forward to hearing from you.

Consider Joining the Questers!

The J. Schoolcraft Sherman #1519 Chapter of Questers is an organization dedicated to history, preservation and education and an interest in all things antique. Our local chapter is a small but enthusiastic group. New members are always welcome. Dues are \$28 per year. Meetings are held monthly except in July and August. If you would like more information email me at vjfariello@gmail.com. You can check out our Facebook page by searching “lovoldstuff” or visit www.questers1944.org.

Historical Society Deserves Our Support

Membership in the New Hartford Historical Society helps to preserve our local history. The cost is \$15 for an individual, \$20 for a family and \$5 for students. Make your check payable to ‘NH Historical Society’ and mail to PO Box 238, New Hartford, NY 13413. All donations are tax deductible. A great organization working hard to preserve our history.

Happy antiquing!
Victor J. Fariello Jr. is a lifelong resident of New Hartford and has been a collector and dealer of antiques for many years. He is a past officer and member of the New Hartford Historical Society and is the President of the J. Schoolcraft Sherman Chapter #1519 of The Questers, an International organization for people who love antiques and have a commitment to preservation. Questions on anything related to antiques can be sent to him at PO Box 194, Washington Mills, NY 13479 or by email to vjfariello@gmail.com. Any photos submitted will be returned upon request.



Daniel T. Dreimiller, CPA

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NEW HARTFORD
PAST TIMES

December 2022

NEW HARTFORD HISTORICAL SOCIETY



State marker denoting the former railway bed.
The marker is on the corner of Chenango Ave.
and French Rd. across from the IHOP.

The “Old & Weary”

by Rick Giffune

During the heyday of the American railroads, there were many railroads crisscrossing the region and several of them ran through the Town of New Hartford connecting at the Union Station in Utica.

The three most well known in New Hartford were the Delaware, Lackawanna & Western (DLW), coming north up through the Sauquoit Valley; the West Shore, coming up westbound along the western shore of the Hudson River and last but not least was the New York, Ontario and Western or the “O.W.”, later nicknamed the “Old & Weary”.

Rail traffic reached an all-time high during the second World War. Cargo traffic, especially coal out of Pennsylvania, was heavy serving the north as well

as passenger traffic between New York City and Chicago and all points in between. During WWII there were U.S. Army “Hospital Ward” cars bringing wounded soldiers back from the battlefield to heal and recuperate at Rhoads Hospital that would utilize the O & W’s lines. But after the war, several things began to erode its use. Demand for Pennsylvania coal declined. Post war prosperity saw the birth of the “family car”. Air travel was becoming more affordable. And the biggest nail in the railroad’s coffin: the tractor trailer.

One by one, the railroads began to disappear. The “Old and Weary”, that began in 1868, hung in there until March of 1957. Like all the things that have gone by the wayside, the family farm, home milk delivery, and these smaller regional railroads, we close another chapter in American history.

As a small child, I went on numerous excursions in the family car. There was something special when you approached a railroad crossing and the red lights began flashing and the gates lowered. But the apex of this small treat was when the end of the train approached and we would all yell “here comes the Caboose!” It was an extra special treat if a worker on that caboose gave us a wave.



BECOME A
MEMBER!

Please stop in to visit us and consider becoming a member. Membership fees are \$15 for Individual, \$20 for families, \$25 for Friend/Contributor and \$50 for Corporate members. The Historical Society is a non-profit, tax deductible organization.

Planning a
Class Reunion?

Make the Historical Society Museum a part of your itinerary! Schedule the Saturday of your reunion for your group to explore our collection of yearbooks, scrap books, local relics and photos. Look up your New Hartford home! Call 315-724-7258 to schedule your group.

Museum is Open
To the Public

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FREE ADMISSION

Village Point Apt. Building
2 Paris Road – 315-724-7258



New Hartford Historical Society

~ Membership Form ~

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New Member

Name: _____

Address: _____

Phone: _____

E-Mail: _____

Please send check made payable to:

New Hartford Historical Society

P.O. Box 238

New Hartford, N.Y. 13413



Christopher J. Carbone

How a Gift of Money Can Help Build Investing Habits

As a parent or grandparent, you likely want to teach children sound money habits and help them become financially successful adults. There are a variety of ways to instill good financial habits. The following two approaches allow you to gift assets to children while providing them with hands-on investment experience that may prove useful in the future.

1. Custodial accounts

Custodial accounts can be opened for your children before they turn 18. They can be a useful vehicle to teach them about the principles of money and investing. With these accounts, custodians control how investments are managed. Sharing account statements and the way you make decisions on your children’s behalf can be an opportunity to teach smart investment principles.

There are a couple of considerations you will want to think about as you determine whether such an approach is right for you and your family. First, when funding these accounts, keep in mind that control of these accounts transfers to the child when the custodianship ends. This generally happens when the child reaches age 18, 19 or 21, depending on state law. You may not want your child to have control of more financial assets than they can handle at that age.

It is also important to know that special tax rules, the “kiddie tax” rules, may also apply. The income or capital gains generated in these accounts could be taxed at trust income tax rates for children under age 19 (age 24 if a full-time student). This means your young child may have to file an income tax return of their own, and the tax bill could be higher than if you held the assets in your own name. Your tax advisor can help you determine how these rules would apply to your situation.

2. Gifting money in an IRA (Individual Retirement Account)

Helping fund an IRA can benefit adult children who are starting their career and can’t afford to contribute to a retirement account or don’t have a workplace retirement plan. Even teens with earned income can fund an IRA.

The earlier your children start investing for retirement, the more their investments may accumulate over time. There are two types of IRA, a Traditional and a Roth.

· Traditional IRA: If eligible, your child may receive a tax deduction when they contribute to a Traditional IRA, which will also offer tax-deferred growth potential. Any earnings from the account may grow tax free until the money is finally distributed.

· Roth IRA: This type of account is not eligible for tax relief on the contributions, but any earnings could be distributed tax-free if taken after the Roth has been opened for more than five years and your child is aged 59½ or older. In addition, your child may be able to tap into these funds if they need them due to a disability or for use in purchasing their first home.

If you are thinking of gifting money, be sure to talk to a tax professional. Any time you give money to a child — including to a custodial account or an IRA — IRS gift rules apply.

Wells Fargo Advisors does not provide tax or legal advice. Please consult your tax and legal advisors to determine how this information may apply to your own situation.

This article was written by/for Wells Fargo Advisors and provided courtesy of Christopher J. Carbone, CFP®, AWMA®, LUTCF® First Vice President - Investment Officer Financial Advisor, Clinton NY, Tel 315-801-2546 |

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A Christmas Message

submitted by Malio Cardarelli

As the Christmas holiday approaches, one must reflect on the true meaning of this widespread festivity. “The Town Crier” not long ago headlined its two-page local church happenings with “We Have Faith in New Hartford,” a clever, double meaning proclaiming both a conviction and appreciation for the Village and Town of New Hartford as a worthwhile community, and even more importantly as a beacon of community faith and understanding that above all else exists a greater Being to be understood and worshipped.

And during the coming joyous and reverent time, that second meaning is especially pronounced. So, for this period of widely observed festivities, let us not forget the central importance of our time of celebration...the birth of the Savior of us all, the birth of Jesus. And as is true of all birthday merriment, there should be gayety, celebratory food and drink, merriment, and a time to salute and pay tribute to the Guest of Honor...a certainty that the celebration will be merry and meaningful.

A Festive, Happy and Holy Christmas to all.
~Malio Cardarelli

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The House of the Good Shepherd

A Vision with Action Can Change Lives

Child's Promise

ANNUAL CAMPAIGN

100% of Your Donation Supports Local Children and Families

CHRISTOPHER'S STORY

Christopher has overcome many past obstacles, including severe domestic violence, deplorable living conditions, and no extended family. He was timid and kept to himself, but since joining our Foster Care program, with the help from the therapists at The House of the Good Shepherd, Christopher has become more confident and outgoing, even participating in soccer, swimming, and karate.

Today, Christopher is excelling in school and even asked his teacher if he could join a higher-level reading group! He enjoys playing with LEGOS and seeing how quickly he can complete a new set. Christopher now envisions a future that seemed impossible just a few years ago. He said, **"No matter how bad things got, I know that something better is out there."**

The Child's Promise Annual Campaign acknowledges that ALL children have the potential to succeed. With your support, the children at The House receive the best possible care while strengthening families in our community. **Help secure the next 150 years with your gift!**

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First Vice President - Investment Officer

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christopher.carbone@wellsfargoadvisors.com

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FIRST UNITED METHODIST CHURCH

105 Genesee Street, New Hartford (315)733-4227
office@firstumconline.org
We are also the home of the Family Nursery School!
Rev. David McKinney
Worship Schedule
10am Classic Worship
Our Church Building is open for in-person worship services
Or watch our livestream service online at
www.firstumconline.org
Easily accessible building, sanctuary, and bathroom.
All COVID guidelines are being followed for a safe and comfortable worship Service. Come Join us!!

ST. JOHN THE EVANGELIST CHURCH

66 Oxford Road - 732-8521
Rev. Kevin Bunger, Pastor
MaryJo Kelley, Director of Faith Formation
Saturday: Vigil 5:15 p.m. Confessions 6:15pm
Sunday Masses: 8am & 11am
Mon-Fri Masses: 7am & 9:10am
We are handicapped accessible!

CROSSPOINT CHURCH

317 Oriskany Blvd, Whitesboro - 797-4520
Senior Pastor, Samuel Macri
Assistant Pastor, Bobby Allen
Sunday Services:
8:00am – 9:00am Worship Service
9:00am – 10:30am Study Groups
10:30am – 12noon Worship ServiceWebsite:
crosspointchurchonline.org
Sunday Morning Services streamed live
Pastor Sam’s message available at our website
We are handicapped accessible!

HOPE ALLIANCE CHURCH

4291 Middle Settlement Road, P.O. Box 626, N.H.
General Office: 315-732-1349
hopealliance4291@gmail.com
www.hopealliancecn.com
Rev. Andy Ward, Pastor
Morning Worship: 9:30am
Communion First Sunday of the Month.
Fridays: Christian Service Brigade - 7pm
Sundays: Jr. & Sr. High Youth Fellowship - 6pm
Hope Alliance Church is handicapped accessible.

ST. THOMAS CHURCH

150 Clinton Road - 735-8381
stthomasnh@syrdio.org
Pastor: Rev. David Sears
Saturday Vigil: 4 p.m.
Sunday Mass: 9:00 a.m.
Confessions: Sat. 4:45-5:15 p.m.
Holy Day Schedule:
Holy Day Masses 12 noon
Adult Religious Education, Open to the Public
We are handicapped accessible!

ST. STEPHEN’S EPISCOPAL CHURCH

25 Oxford Road - 732-7462 (Parish & Rectory)
ststephensepiscopalnhny@gmail.com
Sunday Service of Holy Communion at 10am followed by fellowship
Al-Anon Meetings: Sun. at 5pm & Thurs. at 5:30pm
AA Meetings: Sundays at 8pm
Yoga by Kristy: Tues. 5:30-7pm & Thurs. at 9:30-11am.
more information can be found at www.rootdownwell.com
EGA Meetings: 1st Friday of the Month
St. Stephen’s is handicapped accessible.

FAITH IN CHRIST REFORM CHURCH

A Reformed Southern Baptist Church
3431 Oneida St., Chadwicks - 315-737-0753
www.ficfellowship.com
Sundays: Worship, 10 a.m.
Children’s Church during the sermon.
Bible Study and Prayer - Wed evening 6:30 p.m.

IMMANUEL BAPTIST CHURCH

Pastor Fletcher Matlack
9501 Weston Rd., NH (Next to Perry Jr. High),
(315) 737-5222
www.ibcfamily.com E-mail: info@ibcfamily.com
Sunday School for all ages: 9:00 am - 9:45 am
Sunday Morning Worship Service 10:00 am
Nursery, Preschool and Children’s Worship hour: 10:00 am
Prayer meeting held every Wednesday at 6:30 pm
Youth Group for ages 12 and up meets every other Saturday from 6-8 pm. See our website for schedule.
Church is handicapped accessible.

NEW HARTFORD PRESBYTERIAN CHURCH

Rev. Dr. Sue A. Riggle, Pastor
45 Genesee Street, NH 315-732-1139
newhartfordpresbyterian.org
office@newhartfordpresbyterian.org
Motorized Lift for Handicap Accessibility
Supervised Nursery Care Provided During Worship
Sunday morning worship continues at the regular time of 10:30 in December, in the sanctuary and livestreamed on NHPC’s Facebook page. The worship hour is preceded by Sunday School classes for adults and youngsters ages 4 and up, starting at 9:30. A fellowship/coffee hour for everyone follows the worship service.
Special Christmas celebrations during worship in December include the Choir’s Annual Cantata on December 11 and the Children’s Christmas Program on December 18.
A family-oriented Christmas Eve service will be held at 5 p.m. on December 24.
NHPC is sponsoring an Angel Tree to benefit The Neighborhood Center. Angel ornament tags contain the child’s name and size, and specific item or items of clothing requested. Gifts provided should not be wrapped, but should have the Angel ornament tag attached so the receiving child can be easily identified.
The schedule of NHPC activities in December includes:
Choir rehearses at 9:15 each Sunday morning
12/11 — Choir Presents its Annual Christmas Cantata during Worship
12/18 — Children’s Christmas Program during Worship
12/18 — Noon, Cook-In Meal Preparation for Morrow Warming Center
12/18 — 6 p.m., Youth Group
12/24 — 5 p.m., Christmas Eve Worship
12/25 — 10:30 a.m., Christmas Morning Worship

MARY, MOTHER OF OUR SAVIOR PARISH

Business Office - 2 Barton Ave, Utica - 315-724-3155
Pastor Rev. Joseph Salerno
Our Lady of the Rosary Campus - 1736 Burrstone Rd. New Hartford
Weekday Mass— M, Wed, Thurs, Fri 8:00 AM
Novena to Miraculous Medal of Mary Tuesday 7:00 PM
Our Lady of Lourdes Campus - 2222 Genesee St. – Utica
Weekend Mass – Saturday 4:00 PM
Sunday 8:30 & 10:30 AM

SAUQUOIT VALLEY UNITED METHODIST CHURCH

Cor. Pinnacle Rd. & Mohawk St., Sauquoit
email: sauquoitvallyumc@aol.com
Pastor: Robbin Harris
Office: 315-737-7505
Sunday Worship 11:30 a.m. (Nursery Care Available)
Sunday School 9:30 a.m. For all ages.
Handicapped Accessible

FIRST BAPTIST CHURCH OF NH

7 Oxford Road - Office phone: 315-733-4570
firstbaptistnh@gmail.com
Rev. James Harrieff, Pastor
Virtual Service every Sunday at 9:30am
on Facebook “First Baptist of New Hartford”
Sunday Service - 9:30am
Sunday School - 11:00am
Handicapped Accessible. All are welcome.

UNITARIAN UNIVERSALIST CHURCH of UTICA

10 Higby Road, Utica, NY 13501
315-724-3179 uuutica.org
Minister: The Rev. Karen Brammer
Sunday services at 10:30 AM
Find up-to-date info and learn more about us at our website, www.uuutica.com.
The Unitarian Universalist Church of Utica is an open minded, open hearted spiritual community. Unitarian Universalists come from different faith backgrounds but our shared values bring us together. One of the principles that unite us is respect for the interdependent web of all existence of which we are a part. Newcomers are always welcome.

ST. GEORGE ORTHODOX CHURCH

350 Higby Road, New Hartford, 315-292-6682
Fr. George Goodge
Sun - 9am Matins
Sun - 10am Liturgy
Wed - 5:30pm Vespers
Bookstore hours: Open Sundays after Services.

WESTMINSTER-MORIAH-OLIVET PRESBYTERIAN CHURCH

Interim Pastor Rev. Dr. Mark S. Caruana
Music Director Richard Crawley
Worship service: Sunday 10:30 a.m.
714 Washington St., Utica. 315-732-6518
www.wmoutica.org
pastor@wmoutica.org
find us on Facebook & Twitter
Handicapped accessible

NORWICH CORNERS CHRISTIAN CHURCH

10233 Roberts Road, Sauquoit 315-737-0757
WHERE JESUS IS LORD!
Pastor Walter J. Wharram, Jr.
Sunday School - 9:00am
Sunday Morning Worship Service - 10:00am
Mid-Week Bible Study - Wednesdays 7pm
*Sunday Sermons posted to YouTube weekly
- Search ‘Norwich Corners Christian Church’

TRINITY LUTHERAN CHURCH

2620 Genesee St., Utica. (315)732-7869
churchoffice@trinitylutheranutica.com
Fall/Winter worship:
9am - Sunday School & Adult Bible Study
10:30am - Worship is led by our Pastor, Peter Saia
Handicapped accessible.

FIRST PRESBYTERIAN CHURCH

1605 Genesee St, Utica, NY 13501 | fpcutica@gmail.com
Opening Doors, Hearts & Minds: Serving Christ & Community
Sundays - 10:30 Worship
Faith Enrichment for all ages
Coffee Hour following morning worship.
Handicapped Accessible

LIFE IN CHRIST FAMILY CHURCH & BIBLE SCHOOL

25 Robinson Rd. Clinton - 315-853-1582. www.licfc.org
Pastors Peter & Adeline Forrester
Sunday Service 10 AM
(Nursery & Sunday school provided)
Thursday Night Prayer Mtg 7 PM
Operating in all of the gifts of the Holy Spirit including ‘healing’
Go on line and check out our school.
Teaching people the word of God without compromise!

ANNUNCIATION CHURCH

7616 E. South Street, Clark Mills 315-853-6138
rectory.denise@roadrunner.com
Fr. Kevin J. Bunger. Deacon Gilbert Nadeau (Retired)
Weekday Mass: Wednesdays 10am
Weekend Mass: Sat. 4pm Vigil, Sun. 9:30am
Confession: Sat 3:15pm-3:45pm
Handicap accessible, air conditioned

STONE PRESBYTERIAN CHURCH

8 So. Park Row, Clinton
Scott Leonard, Commissioned Lay Pastor
Sunday service-10:30AM
Website: www.stonepres.org
E-mail: stonepres@verizon.net
Office phone: 315-853-2933
Handicapped Accessible

CLINTON UNITED METHODIST CHURCH

105 Utica Road, Clinton www.clintonmethodist.org
Rev. Michael H. Terrell
Sunday Worship Service 9:30 AM
Sunday school during worship following children’s time
Office Phone: 853-3358

CORNERSTONE COMMUNITY CHURCH

500 Plant St. Utica (Oneida Sq. across from Dunkin)
Mike Ballman, Pastor www.cornerstoneutica.com
mike@cornerstoneutica.com
Sunday Mornings: 11:15am
Last Sunday of month 10:30am

CHRIST CHURCH (REFORMED PRESBYTERIAN)

8470 New Floyd Rd. Rome, NY 13440
Website: www.christchurchreformed.com
Facebook: https://www.facebook.com
ChristChurchReformedPresbyterian
aarongoerner@gmail.com
Pastor: Aaron Goerner
Services:
Sunday School: 10AM
Sunday Worship: 11AM
Thursday Bible Study 7PM

ZION LUTHERAN CHURCH

630 French Road, New Hartford
Interim Pastor William Preuss
Sunday Mornings at 10 AM
Al-Anon Meetings, Wednesdays at 12:30 PM
315-732-4110, office@zionluth.com
www.zionlutheranNy.org
Visit us on Facebook at:
Zion Lutheran Church, New Hartford, NY
All Are Welcome! This is God’s house and Christ’s church.
There is a place for you here!

MOHAWK VALLEY CHURCH

9417 Maynard Drive Marcy, NY
Sunday Mornings at 10am
Come As You Are
www.mohawkvalley.church
info@mohawkvalley.church
Pastors Mike & Susie Melnick
Contemporary Worship led by Mark Bolos

TABERNACLE BAPTIST CHURCH

13 Clark Place, Utica 315-735-7534
churchoffice@tbcutica.org
Facebook: Tabernacle Baptist Church
www.tbcutica.org
We are together in our diversity! Come worship with us!
Saturday 6 p.m. Young Adult Worship & Study
Sunday 10 a.m. English Worship Service
Sunday 10:15 a.m. Sunday School for children in English and in Karen
Sunday 11:30 a.m. Karen Worship Service and 2nd-Hour Sunday School
Pastors Rev. Debbie Kelsey and Rev. Htee Gay

BIBLE BAPTIST CHURCH

4431 Middle Settlement Rd., New Hartford, NY 13413
Brian Demers, Pastor
Sunday School for all ages: 9:30 a.m.
Sunday Morning Worship Service: 10:45 a.m.
Sunday Evening Bible Study: 5:00 p.m.
Wednesday Evening Bible Study and
Kids4Truth Children's Program: 6:45 p.m.
Adult Sunday School Class - We are beginning a new adult Sunday School class for couples. We will be going through Strengthening Your Marriage by Wayne Mack. Sunday School begins at 9:30. A safe and loving nursery is available as well as other classes for all ages - kids, teens, and adults. Handicapped accessible. Nursery Provided.
www.biblebaptistchurchnewhartford.org

ST. MARGARET'S ECUMENICAL & RETREAT CENTER

47 Jordan Road, New Hartford – 315-724-2324
stmargaretshouseny.org
info@stmargaretshouseny.org
Rev. Elizabeth Gillett, Chaplain
The retreat center is open to the public.
On-Going Weekly Activities
Worship Services Wednesdays at Noon
Zoom and In-Person Worship Services - All Welcome!
Zoom.us ID: 842 3057 0175 Passcode: SMH
Wednesday Lunches at 12:30pm
Includes main + veggies, salad, bread, and dessert. Please make a reservation by the Friday before 315-724-2324.
Suggested donation \$13 per person
On-Going Monthly Activities
Friends of Emmaus House Meetings - 2nd Wednesdays at 10AM at Emmaus House. New Members Welcome!
Conversations with Rev. Gillett - 2nd Wednesdays at 1:30pm
Group discussion about Matters of Faith - What's Cooking with Irene. ** Third Wednesdays at 5:00pm (take out) and 6:00pm (dine in) ** Please make a reservation by the Friday before 315-724-2324. ** Suggested donation \$17 per person **
December 21st Monthly Dinner - Chicken Broccoli Alfredo with Pasta, Salad, Bread, and Dessert
Special Events
It Takes A Village - December 6th
As we wind out the year, our It Takes a Village group will be meeting to prepare meals for The Morrow Center. All are invited to join us for lunch at Noon and to help prepare meals for our community members in need.
Grief Group - December 13th
St. Margaret's continues to host a facilitated grief group to support anyone experiencing loss - new members are welcome to join. The group meets monthly on second Tuesdays from 6:30 to 8:00pm. Please call if you have any questions.
Mary Had a Baby: An Advent Bible Study Based on African American Spirituals - December 6th, 13th, and 20th - Join Deacon Barbara Groves for this interesting Advent Bible Study. Sessions begin November 29, December 6, 13, and 20th. Sessions will begin at 2:00PM and will be offered in person and via Zoom. Please register by November 21st and if participating via Zoom, a link can be emailed to you. Donations gladly accepted. The book, by Cheryl Kirk-Duggan & Marilyn E. Thornton, is not required to participate, but would be wonderful to read if you are able.

OVERNIGHT ADVENT RETREAT - Dec. 4th & 5th
I will be leading an overnight Advent retreat beginning at 3:00PM on Sunday, December 4th and concluding at 3:00PM on Monday, December 5th. Its purpose will be to help us to be more open to the deeper meaning of Advent and Christmas through presented meditations, silence, worship, and discussion. I also will be available for spiritual guidance/conversation during the periods of silence. While participants will be free to go home at night, if you wish, I recommend staying overnight if you are able. Maintaining the atmosphere of the retreat overnight is more conducive to a deeper experience the following day.

Please sign-up with Adrienne at St. Margaret's for meals and your own room. Suggested donations are as follows: "commuter" is \$45, while the overnight fee is \$100. Confidential scholarships are available for those who would like to participate but who may not be able to personally cover the cost. Please make use of them if you need to. All are welcome.

More information on the focus of the retreat will be sent to those who sign-up. Any questions may be directed to Adrienne or me. We hope that you will join us!
-- Elizabeth+ (Chaplain)

The Joy of Christmas: Music of the Season - Dec. 8th

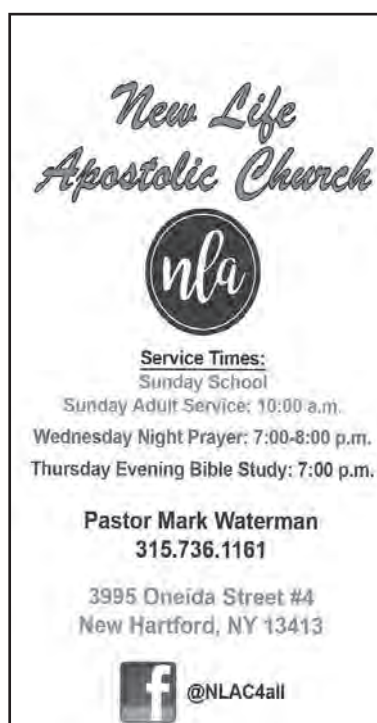
Come and enjoy music and songs by friends of St. Margaret's House from 2:00pm to 3:30pm! Seasonal refreshments and time for wonderful conversations included. Donations gladly accepted for the ministries of the House.

With Best Wishes to You and Yours For a Happy Thanksgiving from all of us at St. Margaret's and Emmaus House!

CONTACT INFORMATION & EVENT RESERVATIONS:
Ph: 315-724-2324 | Email: info@stmargaretshouseny.org

CITY HOPE CHURCH

1415 Sunset Ave. Utica, NY 13502
315-797-7775
Robert Tanner, Pastor
Sunday: 10 am



BEIT SHALOM

48 Franklin Square, Utica, NY 733-2867
Rabbi: Stephen Galiley
Friday Evening Shabbat Services: 7:00 pm
Oneg Shabbat
Beit Shalom is a Messianic Jewish Congregation. All are welcome!



TEMPLE EMANU-EL

2710 Genesee Street, Utica, NY – 724-4177
teuticaoffice@gmail.com
Rabbi Peter Schaktman
Friday Evening Oneg Sabbath sponsored by the Sisterhood of Temple Emanu-El. All are Welcome

TEMPLE BETH-EL

1607 Genesee Street, Utica
Rabbi Gustavo Geier
Executive Director: Mrs. Mundy B. Shapiro
Fri night - 5:30pm
Sat morning - 9:30am on Zoom

ZVI JACOB

Orthodox Synagogue
110 Memorial Parkway, Utica - 724-8357
Services are held Saturday at 9am, and on holidays. Services may be held at other times if there is a minyan. Visit our website www.zvijacob.org. All are Welcome.

THE JEWISH COMMUNITY CENTER

2310 Oneida Street, Utica - 733-2343
Provides programs for seniors and recreational activities for all ages. Open to people of all races, religions, and nationalities.



DECEMBER BUSINESS SPECIAL PACKAGE



250 - 8.5 x11 Letterhead
250 - #10 Envelopes
500 - Business Cards

Good Thru 12/31/22



\$125.00

Price is based on supplied print ready art. Design services are extra.

Plus a FREE Color business card size ad in the Town Crier.

Call for Details 315-724-7677 OR email info@pjgreen.com



50 Forward Mohawk Valley to Host Their Holiday Party at the Parkway

50 Forward Mohawk Valley will be holding their annual Holiday Party at the Parkway on Saturday, December 3 from 1-4pm at the Parkway Center in Utica. There will be food, entertainment, a huge basket bonanza, a wine pull, and more! This event is open to the public and tickets are \$25 or \$120 for a table of 6. To purchase tickets or for more information call (315) 223-3973 or stop by the Parkway Center today.

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Angels Among Us Food Pantry

Dec 3 & 17 • Jan 14 & 28 • Feb 11 & 25 • Mar 11 & 25
April 15 & 29 • May 12 & 27 • June 10 & 24

Hours of Operation: 10am - 12 noon

The food pantry is located at: St. John The Evangelist Church, 66 Oxford Rd, New Hartford, NY. Follow the signs to the driveway in the back during open hours. In the event of food emergency issues, please contact the St. John’s rectory from 9AM to 2 PM Monday through Thursday at 315-732-8521.

Our pantry provides services to all residents of New Hartford (btw Rt 8 and Rt 12), Washington Mills, Chadwicks, Sauquoit, Cassville and Clayville.

If this is your first visit, please bring proof of address. If you do not have a permanent address, just come in. We will assist. If you are unsure of eligibility, just come in. We will assist. **We Are Looking For Volunteers!**

TEFAP: The Emergency Food Assistance Program

Income Eligibility Guidelines: July 1, 2021 – June 30, 2022

Household Size	Annual Income*	Monthly Income*
1	\$25,760	\$2,146
2	\$34,840	\$2,903
3	\$43,920	\$3,660
4	\$53,000	\$4,416
5	\$62,080	\$5,173
6	\$71,160	\$5,930
Each additional person add	\$9,080	\$756

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RETIRED PUBLIC EMPLOYEES ASSOCIATION
NOVEMBER 2022

MOHAWK VALLEY CHAPTER
News and Notes

Holiday Party

THURSDAY, DECEMBER 8, 2022
VERNON DOWNS
4229 STUHLMAN RD
VERNON, NY
11:00 AM

Meal Choice: Turkey Dinner Plate, Ham Dinner Plate, Tilapia Dinner Plate, or Eggplant. All served with potato, vegetable, roll, coffee, tea, soda, and cheesecake for dessert.

DOOR PRIZES, BASKET RAFFLE, and LOTTERY SHOVEL RAFFLE

\$20.00/per person (Turkey, Ham, Tilapia) **\$16.00/person** (Eggplant)

Reservation Deadline: December 1, 2022
No Refunds or Cancellations after November 30, 2022

MOHAWK VALLEY MEMBERSHIP MEETING RESERVATION FORM

Name: _____

Address: _____

Phone: _____

Email: _____

Please Indicate choice and number of meals desired

Meal Choice: ☐ Turkey Plate ☐ Ham Plate ☐ Fish Plate ☐ Eggplant

MAKE CHECKS PAYABLE TO: MOHAWK VALLEY-RPEA

SEND CHECK AND RESERVATION FORM TO:

BRENDA LEONE

139 PHEASANTS RUN, UNIT 4

CLINTON, NY 13323

315-725-4387



**NH Recreation Center
2022 Ice Skating**

Adult Skate

Tuesday-Thursday 11:30am-1 pm

Public Skate

Friday 6:30 pm-8 pm

Saturday 6 pm-7:30 pm

Sunday 3 pm-4:30 pm

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- Large Commercial Down to Small Residential

WATER DAMAGE.... FROZEN AND BURST PIPES!

Of all the disasters that can happen in your home, there is none worse and more difficult to deal with than a pipe that has burst in your home or business. The extreme cold of winter often brings extreme problems to North East homeowners and businesses. The worst of these is a frozen pipe that bursts and the water damage clean up that follows. When the cold temperatures don't rise above freezing for weeks on end, broken or frozen pipes lead to severe water damage from flooding.

A frozen pipe generally occurs to plumbing that is not in a heated space or in an area that is not supplied with proper heat when winter temperatures fall below freezing. A malfunctioning furnace, while the homeowner is away, is another likely cause of a frozen pipe. When exposed to below freezing temperatures the water turns into ice and the pipe expands until it breaks a small slit into the copper or separates the soldered joint.

Pipes that freeze first are usually located near outside walls that are exposed to the colder temperatures rather than pipes located throughout the middle of the structure. Usually, a frozen pipe is not often obvious because the break can be behind walls, in ceilings or in a crawl space leading into the home. The flooding usually is caught much later after damage has been done. An uncontrolled water leak from a broken pipe creates extensive flooding and water damage of carpeting, drywall, baseboards, and furniture and depending on the location of the break can also damage the heating and electrical systems in your home.

ICE DAMS

What is an ice dam?

An ice dam is a ridge of ice that forms at the edge of a roof and prevents melting snow (water) from draining off the roof. The water that backs up behind the dam can leak into a home and cause damage to walls, ceilings, insulation, and other areas.

What causes ice dams?

There is a interaction among the amount of heat loss from a house, snow cover, ventilation and outside temperatures that leads to ice dam formation. For ice dams to form there must be snow on the roof, and at the same time higher portions of the roofs outside surface must be above 32°F while lower surfaces are below 32°F. For a portion of the roof to be below 32°F, outside temperatures must also be

below 32°F. When we say temperatures above or below 32°F, we are talking about average temperature over sustained periods of time. The snow on a roof surface that is above 32°F will melt. As water flows down the roof it reaches the portion of the roof that is below 32°F and freezes, and thus causing an ice dam. The dam grows as it is fed by the melting snow above it, but it will limit itself to the portions of the roof that are on the average below 32°F. So the water above backs up behind the ice dam and remains a liquid. This water finds cracks and openings in the exterior roof covering, and flows into the attic and / or living area space.

ATTIC AND BASEMENT MOLD:

Attics and basements are one of the most common areas of mold growth in the home. Attics tend to have the perfect conditions for mold growth (hot, humid, and an abundant food source consisting of the wood framing and sheathing). Basement mold is a common problem in many homes due to ground water seepage mainly at the base of the walls around the perimeter of the basement. If mold is discovered, the best approach is to deal with it promptly. Disaster Services is a NYS licensed mold contractor and can evaluate and thoroughly explain the different removal options available to you and also help guide you after the mold has been removed with suggestions to avoid another occurrence.

SEWER AND DRAIN BACK UP
- SUMP PUMP FAILURE:

Sewer overflow or drain back-ups can present a more technical approach to the clean-up due to the contaminants involved. Porous, semi-porous building materials and contents will generally involve removal where affected by sewage, followed by proper remediation cleaning and disinfecting procedures. Most homeowner's policies do not cover sewer backup unless specific sewer backup insurance coverage is added. If your home falls victim to the damages of backups or overflows and you aren't covered, you'll be liable for home repairs and cleaning costs out of pocket. Sewer backup insurance coverage can be added to a homeowners insurance policy for as little as \$50 a year!

Disaster Services is a locally owned company that has been serving Oneida County and the surrounding area for the past 38 years and we set the bar for our competitors. We have proven to be the leading disaster mitigation company in the area with hundreds of satisfied clients both commercial, industrial and residential. We realize that in your time of need you should be speaking to a live voice, not a machine. When you call Disaster Services you will not reach an operator and have to wait for a call back during your stressful time, you will reach the owner and you will get immediate answers to your questions. Disaster Services is capable of handling any size residential or commercial flood or fire emergency and are able to service all phases of the job so that the homeowner need not worry about contacting multiple contractors for any additional trades that may be required. We will protect your property from further damage, develop a job scope and work closely with both the homeowner and the insurance carrier until job completion. We can even offer temporary heat to your home if necessary and also have a wide range of non emergency services. Remember Disaster Services if you are in need of help from damage resulting from water, fire, smoke or mold damage. Our services are 100% satisfaction guaranteed and available 24 hours a day, 365 days a year simply by calling 315-797-1128.

Also, visit us at Facebook or our website at disasterservices.us for a complete list of our emergency and non-emergency services.

Hold your phone camera over the "scan me" below to keep our number handy on your phone.

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SCAN ME



Gospel Corner Café
Coffee House

Fourth Friday of every Month at 6pm

November 24, December 23

January 27, February 24, March 24

April 24, May 26, June 23

Free Music

Free Beverages & Finger Foods

All are welcome Free of charge

Location

Living Faith Bible Church
2922 Pinnacle Rd Sauquoit
315-737-5075

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Daughter For Hire Celebrates 10th Anniversary

Join the New Hartford and Clinton Chambers of Commerce on Wednesday December 7th at 11:00am as our member in common, Daughter for Hire commemorates their 10th Anniversary in business. Daughter for Hire's mission is to help seniors with daily tasks that allow them to remain in their homes, living safely and independently as they age.

Co-owner Denise Flihan remarks, "As a companion care service provider, we have helped our clients with activities that make it possible for them to remain in their own homes. We assist them with services such as driving them to medical appointments, taking them grocery shopping, and running errands. We help with meal preparation and assistance around their homes with laundry, and light housekeeping. We also provide medication reminders to ensure our clients are taking their medications."

Co-owner & Founder Kathleen Rutishauser adds, "Our caregivers are special people. They demonstrate their passion and compassion for our clients and their families every day. They truly understand how important it is to be a reliable caregiver for both their clients' well-being and for the client-family's peace of mind."

The community is cordially invited to attend the ribbon cutting ceremony at their headquarters located at 6 Williams Street in Clinton. A reception will follow. For more information please call 315.725.2955 or send an email to info@daughter-for-hire.com.



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info@newhartfordchamber.com

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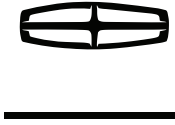
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