

Vol. 37 No. 3 March 2023

Standard **US** Postage Paid Permit # 566 Utica NY



**Free Spaghetti Dinner** Sunday, March 19th at 12-1:3 **St. Stephen's Episcopal Church 25 Oxford Rd, New Hartford** 





**Defensive Driving Classes** New York State approved defensive driving course, sponsored by AARP, to be given on Tuesday March 21st 2023, from 9am to 3:30m. At the New Hartford



PLEASE JOIN THE PINES AT UTICA AND THE NEW HARTFORD AMERICAN LEGION FOR A ST. PATTY'S DAY LUNCHEON TO SUPPORT VETERANS IN OUR COMMUNITY





plus tax

municipal Bdlg. 8635 Clinton St., New Hartford N.Y.

For registration and other information please contact Mary Merritt at (315) 724-0096. Call early classes fill up fast.









2

### Alex Carbone Presents #LiveIt 50!

On April 27, 2023 from 6-9 pm, Alex will celebrate his 50th birthday with YOU and launch his new autobiography, The Story of Alex Carbone and What it Takes to #LiveIt at his gym and business complex, The Fitness Mill and #LiveIt Downtown.

All proceeds and 100% tax deductible donations from the event, including every ticket sale, will support The Foundation of Ethan's Way, a non profit dedicated to eradicating sickle cell disease.

Get your ticket and learn more about the star studded entertainment lineup at Eventbright #LiveIt50!

Thank you for supporting The Foundation of Ethan's Way by sharing the word about this unforgettable event!







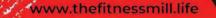
### The Utica St. Patrick's Day Parade Hosts 14th Annual Food Drive

For the 14th year, non-perishable food items will be collected during the Utica St. Patrick's Day Parade on Saturday March 11th. The Food Drive benefits the Mother Marianne West Side Kitchen, which is named for Saint Marianne Cope, a Utica-native who was canonized as a saint by Pope Benedict XVI in October 2012. If you are planning to attend the parade, please bring a non-perishable food donation to place in the wheelbarrows as they pass by. Make sure to check the expiration date to ensure the item is still usable. Containers will also be available for those wishing to make monetary contributions. ALL food donations will be delivered after the parade to the Mother Marianne West Side Kitchen. In the past 13 years, well over 13,000 food items and more than \$14,000 have been collected and donated to the West Side Kitchen. We hope to make this, our 14th Annual Parade Food Drive, the MOST successful yet!! Thank you!!

THE TOWN CRIER, PO Box 876, New Hartford, NY 13413, is an independent newspaper printed and mailed the first week of the month to residents of New Hartford. All photos and materials used by this paper are subject to editing, are the sole property of its editors and **may not be reproduced without permission**. We reserve the right to reject any articles or advertising not in keeping with the purpose of the paper. We are not responsible for claims made in any advertisement. The cost of publication is paid by our sponsors and subscriptions.

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### DANIEL T. DREIMILLER Certified Public Accountant

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Peter Wiley



Anna Polonsky

### Chamber Music Society of Utica Proudly Presents Cellist Peter Wiley and Pianist Anna Polonsky on March 26

Cellist Peter Wiley and Pianist Anna Polonsky will perform Sunday, March 26, 2023, 2:30 pm, at the Munson-Williams-Proctor Arts Institute, 310 Genesee Street, Utica NY. Their program includes works by Beethoven, Schumann, Barber, Mendelssohn and Franck. This concert will be live streamed via the Chamber Music Society of Utica (CMSU) website: www.uticachambermusic.org.

For the live concert: General Admission \$25; Students over 18 \$10 with ID; Children & Teens under 18 Free. Cash, Check or Credit Card please.

For the live stream: log on to the CMSU website www.uticachambermusic.org at 2:15 pm to confirm system compatibility before the performance begins. Suggested \$25 donation for viewers without a CMSU subscription or pay what you are able.

Cellist—and Utica native—Peter Wiley enjoys a prolific career as a performer and teacher. He attended the Curtis Institute at just 13 years of age, under the tutelage of David Soyer, and continued his impressive youthful accomplishments with his appointment as principal cellist of the Cincinnati Symphony at age 20, after one year in the Pittsburgh Symphony. He made his concerto debut at Carnegie Hall in 1986 with the New York String Orchestra conducted by Alexander Schneider.

From 1987 through 1998, Mr. Wiley was cellist of the Beaux Arts Trio. He succeeded his mentor, David Soyer, as cellist of the Guarneri Quartet from 2001 through 2009. Awarded an Avery Fisher Career Grant, Mr. Wiley was also nominated for a Grammy Award in 1998 with the Beaux Arts Trio, and in 2009 with the Guarneri Quartet. He has maintained a close association with the Marlboro Music Festival for over 40 years.

A much sought-after teacher, Mr. Wiley has been a faculty artist at Caramoor's "Rising Stars" program, and taught at the Cincinnati College Conservatory of Music, Mannes College of Music, and Manhattan School of Music. He is currently on the faculty of the Curtis Institute of Music and the Bard College Conservatory of Music.

Pianist Anna Polonsky, a Steinway Artist, is widely in demand as soloist and chamber musician. A frequent guest at the Chamber Music Society of Lincoln Center, Ms. Polonsky collaborates with chamber ensembles and soloists of note, performing at chamber music festivals including Marlboro, Music@Menlo, and Caramoor, as well as Bargemusic in New York City. Ms. Polonsky has toured extensively throughout the United States, Europe, and Asia.



Ms. Polonsky made her solo piano debut at the age of seven at the Special Central Music School in Moscow, Russia, emigrated to the United States in 1990, and attended high school at the Interlochen Arts Academy in Michigan. She received her Bachelor of Music diploma from The Curtis Institute of Music under the tutelage of pianist Peter Serkin, and continued her studies with Jerome Lowenthal, earning her Master's Degree from the Juilliard School. Currently, she serves on the piano faculty of Vassar College, and in the summer at the Marlboro and Kneisel Hall chamber music festivals.

Together with violinist Jaime Laredo, violist Milena Pájaro-van de Stadt, and cellist Sharon Robinson, Ms. Polonsky is a member of Espressivo! Piano Quartet. With the clarinetist David Shifrin and cellist Peter Wiley, she performs with the Polonsky-Shifrin-Wiley Trio.

For information on this and all CMSU concerts phone 315-507-3597 or 315-794-9741, or see the CMSU website: www.uticachambermusic.org.

### Iroquois Chapter of the Adirondack Mountain Club Meeting

The Iroquois Chapter of the Adirondack Mountain Club will meet on Tuesday, March 7th at the First Baptist Church in New Hartford, 7PM. Our program speaker will be David Rockwood who will discuss the history of the Tramp and Trail Club. Dave is employed at Twin Rivers in Little Falls and resides in Deerfield. He enjoys High Peak climbs as well as bushwhacking, XC skiing and kayaking.



AMERICAN

**42 Years** 







### **NH Public Library** 2 Library Lane 315-733-1535

Monday and Tuesday 10am-8pm

**Closed on Wednesdays** Thursday and Friday 10am-6pm Saturday 10am-2pm Sunday 1-5pm

**Computer Appointments Required Curbside Pickup Remains an Option** 

### **Stay Connected With Us!**

The most up to date information regarding closings, reopening, programs and crafts can be found on our website and on our Facebook and Instagram pages.

Website: www.newhartfordpubliclibrary.org Facebook:

www.facebook.com/newhartfordpubliclibrary Instagram: new\_hartford\_public\_library

### **NHPL Board of Trustees 2023** Meeting

The New Hartford Public Board of Trustees meets the 3rd Wednesday of each month at 4:30 pm in the Sammon Room at the New Hartford Public Library.

March 15, 2023 April 19, 2023 May 17, 2023 June 21, 2023 July 19, 2023 August 16, 2023 September 20, 2023 October 18, 2023



Open registration for 3 & 4 year olds Mon-Fri 9:30-11:45 AM with Early Drop off & Afternoon Stay-n-Play Call 315-732-7869 for details

### Used Books/Book Donations

Thank you so much for your "gently" used books. We also accept audios, puzzles, CD's, DVD's and records. We do not accept Reader's Digest, text books or moldy time and drop off at the circulation desk and not in the hallway, at drop boxes or outside the door when the library is closed, Thank you. This is a major fundraiser for the Friends to assist the library in buying quality materials and in providing programs especially for our youth. Your support is very important.

### **Outdoor Book Locker**

We have added another way for our patrons to pick up their materials! You may have noticed our outdoor book locker located at our level entrance. This book locker allows patrons to pick up their materials when we are closed. Patrons may choose to use this even when we are open as well! When placing your holds, simply enter NH Locker or let the staff know that you would like your hold to be placed in the locker.

This locker was funded by a grant through the Central Library Resources Council and the Mid York Library System.

### **Community Outreach**

We are hitting the road and would love to come to your organization! Are you involved with a preschool, daycare, summer program or assisted living center? We would love to come to your organization and share more about our upcoming programs, issue library cards and provide programming to your facility. For more information, please contact our Library Director, Anne 315-733-1535.

### Literacy CNY

Need some tech help? We have a volunteer at the Library each Monday from 11:00-2:00. Literacy CNY provides trained individuals to assist patrons on a one on one basis. They look forward to helping our community. We greatly appreciate this service they are offering our patrons.

### **Interested In Using Our**



### **Brain Teasers**

Does the long winter weather have you in a bit of a brain fog? Stop in the library and check out the main entrance display case during the month of March. See if you can figure out the "Brain Teasers" on display. As a books. Please limit your donations to one box/bag at a bonus, review of the selection of fun books - available for check out in the book rack near the entrance – that just might help take away the brain fog and winter blues.

### Grab & Go Projects Adults

Adult Grab & Go Projects continue on the first Monday of each month.

March 6th - Bleeding Color Watercolor Painting. Call to reserve beginning at 10:00 on the day of that months' project, or come into the library to pick up.

### Grab & Go Project Bags Kids

Kids Grab & Go Projects continue on the first Thursday of each month.

March 2nd - Lucky Gold Slime.

Call to reserve beginning at 10:00 on the day of that months' project, or come into the library to pick up one.

### In Person Story Time

Mondays (group A), Tuesdays (group B) and Thursdays (group C) 10:30-11:00 for preschool aged children. Join us for stories and crafts. Aimed towards preschoolers - but all are welcome. An adult must accompany the child. All story times are held in the Children's Area/Corasanti room.

March 6, 7, 9 : The Lorax

March 13, 14, 16 : Shamrocks

March 20, 21, 23 : Spring

March 27, 28, 30 : Bunnies

Egg Hunt at the Library : Saturday April 1st

Hop on over with your baskets and join us for crafts, chalk, bubbles and our EGG-citing Egg hunt in the Library Garden! Fun takes place at 11am. Space is limited. Please call us at 315-733-1535 to register for this event.

### **Need Community Service Hours?**

November 15, 2023 December 20, 2023

### **Friends of the NHPL**

The election of officers for 2023 will be held at the annual meeting March 18, Corasanti Room at 9:30am Nominations are as follows:

President - Susan T. Fountain; Vice-President - Kathy Ventura; Treasurer - Gary Fountain; Secretary - Monica Maier; Corresponding Secretary - Mary Jude Winn; Membership - Gary Fountain; Used Books - Annette Barber. All are welcome!!

### **Reusable Bag Program**

The Friends of the New Hartford Public Library has again been chosen to receive \$1 from every sale of a reusable bag during the month of March at Hannaford, Commercial Drive, and New Hartford, NY. \$886 has been raised for the Library throughout the years by participation in this program. We greatly appreciate the continuous support of Hannaford and YOU! Thank you everyone.

### Window Display?

The display case at the Library's main entrance is available without charge for community groups or individuals to display works of art, collections or educational displays. Exhibits must be in keeping with the Library's mission to meet the educational, cultural and recreational needs of the community. Exhibits may not be for entrepreneurial or commercial purposes, for the solicitation of business for profit or for fundraising. Religious proselytizing and partisan political recruitment are similarly prohibited. Applications for the case are on a first come, first served basis and are limited to one month, with displays also limited to one per year per individual, group or organization. Exhibits will be reviewed in advance before being displayed. Applications for use of the case are available at the Library's front desk. If you have any questions or are interested in using the display, please call the Library and ask to speak to our Display Case Coordinator, John. 315-733-1535

The New Hartford Public Library is looking for teens to help out with prep for our Egg Hunt. Help fill our eggs and bring joy to the children of our communitywhile gaining those needed community service hours. Eggs need to be filled by end of March, but dates and times are flexible. If you are interested in a more hands on/community involvement approach, consider volunteering to help out during the event on April 1st. If either of these opportunities interest you, sign up by calling Anne or Cheryl at the library 315-733-1535.

### **Park Passes Are Back!**

Once again, the Friends of the New Hartford Public Library are supporting our Park Pass Program. Through their generosity, we will be allowing our patrons to check out the following park passes which will allow our patrons a discounted entry rate:

Fort Rickey Children's Discovery Zoo

Adirondack Experience

**Empire Pass** 

The Wild Center



Onondaga County Parks

Munson Williams Proctor Art Institute

Passes must be placed on adult library cards and must be returned to the New Hartford Public Library Circulation Desk. Please call 315-733-1535 for more information.

### **Community Rooms**

Community Rooms will be available for groups and organizations to use. You can find more information on our website (https://www.newhartfordpubliclibrary. org/reserve-a-room/), by calling 315-733-1535, or by visiting our Circulation Desk at the Library.

### **Book Clubs**

Are you interested in joining a book club, currently in a book club, or looking to start one? If your club needs to order books or if you are interested in starting a book club, please call the Library and ask to speak to our Book Club Coordinator, Danielle. 315-733-1535

>Ruth Anne Mystery Book Club reads mystery novels. They meet on the second Saturday of the month at 11am. For more information please contact the library.

>Wanderlust Book Club reads fictional novels, ranging from current to historical. They meet in the third week of the month. For more information please contact the library.

>Women (and Men) of Mystery: If you love reading mysteries or just want to know more about them, join Women (and Men) of mystery While we are a book group there is no required reading but rather an exploration of those whose words entertain, puzzle, and sometimes even scare us. You might learn more about some favorite authors or add some authors and books to your to-be-read list. Join us (via Zoom) on Saturday, March 25 at 11:00 as Janet Hoover leads us on a discussion of Senior Sleuthing: Richard Osman, Emily Brightwood, and Gallagher Gray/Katie Munger. Call the New Hartford Public Library (315-733-1535) for the Zoom link.

### Mohawk Valley Chess Club

Join the Mohawk Valley Chess Club (USCF ID A6046725)! The ONLY US Chess Federation certified chess club in Mohawk Valley! The group will meet at the New Hartford Public Library (Sammon Room) at 2 Library Ln every Sunday 2-4:30 pm. A USCF certified chess coach will be at each meeting. There is no fee for this weekly event.



will be showing her products from Discount Medical Products. (Bra & prosthetic products).

### **Grieving Parents Group**

On March 7th and March 28th from 6:30-7:30 Jennifer Tooke will be hosting a Grieving Parents Support Group at the New Hartford Public Library. If you have suffered the loss of a child please consider joining. Though you may not feel like sharing your story, feel free to come and listen to others. You are not alone, and together we can heal. If you have any questions, please contact Jennifer at 315-269-6889.

### New Hartford Public Library to Offer Complimentary Social Security Information Program

The New Hartford Public Library is offering a complimentary Social Security Information program on Tuesday, March 21st from 6:00-7:00 PM for preretirees ages 55-70. This one-hour financial education program is designed to help attendees learn the basics Social Security and how to best apply the information in order to make an informed claiming decision prior to collecting them.

Answers to frequently asked questions will be provided:

• When is the best time to collect my Social Security benefits?

- Can I collect benefits if I'm still working?
- Is it better to collect benefits sooner rather than later?
- How are my Social Security benefits calculated?

• Should my spouse collect my benefits instead of their own?

This event has been a longstanding library program and is being presented as a community service by John Kalil, a Financial Advisor and the Founder & President of Retirement Solutions, LLC. The program is open to the public and there is no cost to attend. Due to seating limitations, advance registration is required. To RSVP, please contact the Library directly at (315) 733-1535 or email john@retirementsolutionsllc.com





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### **Utica Art Association**

After a short winter break the Utica Art Association (UAA) will start-up again by holding its monthly Saturday morning meetings at the New Hartford Public Library. The meetings will be in the Corasanti Room, and begin at 10:30AM with a business meeting followed by a program or activity. March's activity will be in the form of an organizational meeting looking for ideas for growing our numbers, appointment of a membership chair, etc. We will also be setting aside some time for attendees to that no longer have need for various art materials to display them and allow others to swap, trade or buy those goods. We will also be talking about upcoming art shows that either UAA or others are having in the coming months. We invite all who are interested in art to join us, from Sr. High school age and beyond and regardless of your artistic abilities. Come and see; we'd love to get to know you. For questions or more information, please call 315.520.4506 or text rogerc114@gmail.com

### New Hartford Public Library Request for Proposal Garden Maintenance

The New Hartford Public Library (NHPL) is accepting proposals for the maintenance of its grounds. Contractor responses are required to be submitted no later than the close of business on April 10, 2023. Proposals should be submitted to the New Hartford Public Library, Attn. Anne DuRoss, 2 Library Ln., New Hartford, NY 13413.

1. Length of Contract: The contract length is for a period of 3 years beginning on date of award. The NHPL and Contractor have the right to cancel the contract at any time with a 30 day notice.

2. Consideration of Bid: Price will be the first consideration in Contractor's Response while price is not the only consideration. The NHPL will also consider contractor's experience, references, and reputation.

3. Alternative Bids: Although it is not necessary, Contractor is invited to submit any alternative bids/ pricing structure; but, must remit the included pricing structure for the scope of work provided.

Please stop by the Library to pick up a Request For Proposal packet. If you have any questions, please

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### **Yoga for Seniors**

Join Bill Skinner every Monday at 3:00pm for a Yoga program geared towards seniors! Please call the Library at 315-733-1535 to register for this in person class.

### After Breast Cancer Support Group

The After Breast Cancer (ABC) Support Group is for women and men who are going through breast cancer treatments. We aim to provide educational/ informational speakers each month.

We will meet the first Saturday of each month from 11 A.M. thru 12 noon in the Sammon Room.

Please join us Saturday, April 1st, as Candace Previte

contact Anne DuRoss 315-733-1535.





### Water Safari Resort Now Hiring for Summer

Water Safari Resort is now hiring for all positions for the Summer of 2023. The Human Resources team encourages those looking for a summer job NOT to wait and to apply now. Interviews are available in person or via Zoom. There are many positions available at the Enchanted Forest Water Safari, Calypso's Cove, Old Forge Camping Resort, and Water's Edge Inn. Jobs are available in all departments including food service, water rides, retail, reservations, housekeeping, plus many more. Several specialty and management positions are also available, and Water Safari offers free lifeguard training for those interested in applying to become a lifeguard. For residents of Herkimer County there is a bus available to Water Safari each day through the Herkimer County Youth Bureau and Lewis County provides public transportation to Old Forge/Water Safari each day in the summer. Enchanted Forest Water Safari is a seasonal water and theme park, Calypso's Cove is a seasonal family fun park, Old Forge Camping Resort is a year-round campground, and Water's Edge Inn is a year-round hotel. There are openings for a variety of summer work schedules, both full and part-time, which include weekends and holidays from mid-June through Labor Day. Old Forge Camping Resort and the Water's Edge Inn have several job openings from spring through fall. Applicants must be at least 14 years of age; however, most positions require at least 16 to 18 years of age. There are currently full time, year-round jobs available as well. There are many great team member benefits from working at Water Safari Resort including opportunities for advancement, learning lifelong career skills, making new friends, as well as many other on-the-job perks and free admission tickets for friends or family. There are a variety of positions that are ideal for someone looking for their first job, a retired individual, or anyone in between looking for a fun summer job and extra spending money.

With the minimum wage increasing to \$14.20 per hour, this is a great opportunity for today's youth to gross over \$500 for a 35-40 hour work week and to begin gaining valuable work experience now.

To view available positions and apply online, visit https://www.watersafari.com/jobs/



### New York Mills Elementary School Kindergarten Registration

The New York Mills Union Free School District's Kindergarten registration for 2023-2024 will take place March 1-31, 2023. Registration is online at www. newyorkmills.org., picked up at school between 9:30am and 2:30pm, or call the elementary office to have a registration packet mailed to your home.

To be eligible for kindergarten in New York Mills, a child must be five years of age by December 1, 2023 and live in the district. Birth certificate, proof of immunizations, physical and two proofs of residency (lease or homeowner's insurance policy and utility bill or driver's license) must be submitted via email to churlbut@newyorkmills.org, faxed to 315-768-3396, dropped off at office, or mailed to New York Mills Elementary School, 1 Marauder Boulevard, New York Mills, New York 13417.

Kindergarten screening (approximately 45 minutes) will take place on June 6,7, or 8. Times will be scheduled when registration packet received. Screening will take place at Beekman Gym (auxiliary gym that is separate from the school at the end of Marauder Blvd.)

Kindergarten Orientation is scheduled for Monday, August 28 at 6:00 pm in the auditorium.

If you have any questions, please call the elementary school at 768-8129.







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# NEW HARTFORD HIGH SCHOOL CLASS REUNIONS

### **New Hartford Class of 1968 55th Reunion!**

### SAVE THE DATE **FRIDAY, AUGUST 18, 2023**

A casual and relaxing afternoon/evening event **Crystal Springs Golf Course, Vernon Details will follow soon** 

**New Hartford Class of 1973** is planning a 50th reunion. Save the Date **August 5th, 2023** More details to be announced. For more information email imoberstegbob@verizon.net

**New Hartford Class of 1993 30th High School Reunion** July 15, 2023 **One Genny, New Hartford** 7-10pm For more information, please email vcpoulos@yahoo.com

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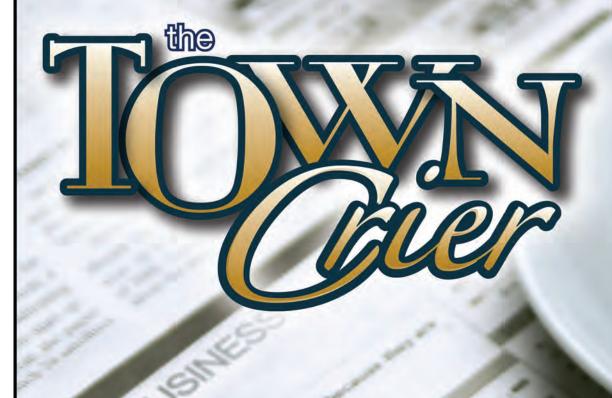
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# What's Happening at



# WIN A \$100 GIFTCARD

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# **Business Directory**

Our all new business directory is your local resource with a listing of local businesses and contact information.

# **Community Calendar**

@NHTownCrier

Check our community calendar monthly for local events and submit your own event right on our website!



**Digital Versions of The Town Crier** are always available on our website: www.nhtowncrier.com

For information on how to place an ad or to get listed in our business directory, please contact: Kristi Zbytniewski | towncrier@pjgreen.com | 315-723-4827



Second Course Soup or Salad

Main Course Pasta Viola **Baked Hats & Broccoli Chicken Francaise Chicken Parmigiana** 

Dessert (2) Choices Daily

### **OUR BUFFET MENU CHANGES DAILY!**

Juesday **Chicken Riggies** Village Greens Meatballs in Sauce **Chef Salad Tomato Pie** 

Wednesday **Pork Braciole Baked Ziti Village Greens Chef Salad** Tomato Pie

Thursday Hats & Broccoli Sausage & Peppers **Georgio Greens Chef Salad Tomato Pie** 

Friday **Eggplant** Parm Ziti **Georgio Greens Chef Salad** Tomato Pie

### 62 Genesee Street, New Hartford NY • 315-792-1111 • www.georgiosvillagecafe.com



### **NHFD** News

Your New Hartford Volunteer Fire Department responded to 103 alarms during the month of January 2023. The monthly call report is listed below by

category. Fires = 4 EMS = 53 Hazardous = 0 Service Type = 22 Good Intent = 7 Other Alarms = 17 Weather Related = 0 Other = 0



Total Calls for the Month of January 2023 = 103. Of the 103 alarms, 86 were in the town and 13 were in the village and 4 mutual aid alarms.

Some of the calls listed above - such as Fires, EMS, and Hazardous - are self explanatory. Others such as Service, Good Intent and Other Alarms are not. Service Calls includes water or animal problems, public assistance or standbys. Good Intent refers to responding but did not find anything or canceled in route. Other alarms include explosions, carbon monoxide, smoke or sprinkler detector activations.

The figures above do not include other activities by members of the department such as Fire Prevention details, training, parades, Open House and other various department committee meetings that take place throughout the year.

### Fire Police Serve a Valuable Function to the Department and Our Community

In a recently published report, Fire Police units exist in fourteen states including Connecticut, Delaware, Florida, Maryland, New Jersey, New York, North Carolina, Maine, Ohio, Pennsylvania, and West Virginia. In fact, some texts dating back to the 1850's, list Burlington County, New Jersey, as forming the first Fire Police unit. Department is proud to have a contingent of Fire Police members who answer the call of duty when the need arises. These individuals must attend and pass a specialized 21-hour training course. Upon completion, they must meet all the requirements under the New York State General Municipal Law, Section 209 (C) and Article 41 of the New York State CPL, Section 2.1.0 after which they take an oath of office and become sworn officers of the law – known as Peace Officers. As a Peace Officer, they are empowered with full police powers, including that of arrest if need be, but just as important, these individuals are responsible to protect fellow firefighters and their equipment while protecting the public from the dangers in and around a fire emergency incident scene. These individuals are listed with the Central Registry of Police and Peace Officers at the New York State, Division of Criminal Justice Services, Office of Public Safety, in Albany.

Currently, ten individuals serve as active Fire Police members although additional department members have completed the course but remain as active firefighters. The public will recognize these individuals by their bright "safety" lime yellow outerwear which maybe a jacket, vest, or raincoat, depending upon the time of year and weather conditions. They are issued strobe hand lights and other traffic safety equipment to assist them in carrying out their responsibilities. The latest piece of equipment is an "Emergency Scene Ahead" road sign.

Their duties are as follows:

To regulate traffic at emergency scenes - In order to protect firefighters from potentially dangerous outside interference, the Fire Police detachment regulates traffic at the scene of any emergency to which the department has been called.

To protect the general public at the scene of a fire - Residents, owners, occupants, relatives, transients, spectators, and even the news media might inadvertently hamper firefighting operations; therefore, Fire Police use tact and courtesy to prevent them from being harmed or obstructing those operations.

To keep fire areas clear for firefighting purpose



Since the 1950's, The New Hartford Volunteer Fire Fire Police provide room for apparatus, emergency Department is proud to have a contingent of Fire vehicles, service vehicles, and firefighters' personal vehicles, among other things, park, operate, turn he need arises. These individuals must attend and around, perform tanker operations, and lay hose lines.

To protect the equipment of a fire company - Fire Police keep all non-firefighters away from- and especially off- department vehicles and equipment in order to prevent damage and possible injury.

To enforce the laws of New York State relating to firematic activities and firefighting techniques - The reckless disregard for safe driving within an emergency area, driving over fire hoses, disrespect for fire lines, and non-emergency vehicles intrusions, comprise just the tip of the iceberg of undesirable situations that Fire Police must prevent.

To cooperate with the NHPD - Owing to their common causes of protection, safety, and order, the Fire Police cooperate regularly with the New Hartford Police Department.

To protect the property - at the scene of a fire until the Chief releases the fire police from duty and turns the responsibility over to other police agencies or to the owner.

To carry out the orders of the Chief – The Chief is in command at all fires and emergencies.

Although, Fire Police prevent unauthorized entry into the scene, they remain alert to the fact that bystanders may possess critical information. In addition, they protect the scene's evidence and report unusual events or happenings.

When the public approaches a scene, Fire Police members may ask you to slow down and in some cases – move over. This is to protect the emergency personnel and yourself against potential, and sometimes unfortunate, situations.

For the safety of 1st responders, police officers, tow truck operators and all emergency personnel, New York State enacted the New York State- "Move Over" Traffic Law – VTL 1144-a(a). The law requires motorists to move over and change lanes -when it is safe to do soto give a safe clearance to law enforcement officers, firefighters, ambulance operators, utility works, tow truck operators, and sanitation workers to operate during and including an emergency situation. In some cases disabled vehicles are included when there flashers are on.

Under VTL 1144 a (a), fines can range up to \$150 for

Chamber Music Society of Utica presents

### PETER WILEY, CELLO AND ANNA POLONSKY, PIANO

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### **Community Wellness Partner's Private Gym Remodeled "Exclusive Gym for Those 55+"**

In 2022 Community Wellness Partner's, along with many loyal donors, decided to upgrade their exclusive gym to provide new state-of- the-art equipment, a brand new pedaling program as well as an expanded boxing area. In addition to flexible hours and a personal trainer, the gym provides a discreet area for people to work out confidently at their own leisure.

Research shows that older adults should be as active as possible and that exercise can help you live a longer, healthier life. By keeping active, older adults can increase muscle strength and size while maintaining a healthy body weight, mobility and balance. Our state of the art fitness equipment is designed with compressed air which makes using the equipment easier on the joints and at the same time, allows you to increase movement and gain strength.

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Combining over 150 years of service, Community Wellness Partners is a faithbased, 501(c)(3) nonprofit affiliation of LutheranCare® and Presbyterian Homes & Services. This affiliation offers the most complete continuity of health and wellness services for older adults in Oneida County New York. Community Wellness Partners employs 980 employees and serves nearly 1,300 older adults each day throughout its continuum, which includes Home Care, Independent Living and Assisted Living, Rehabilitation, Skilled Nursing and more.

### **Regional MATHCOUNTS Competition Results**

The 40th Annual Mohawk Valley Region MATHCounts competition was held this past weekend at MVCC, with 20+ students from 4 local schools/individuals competing: New Hartford's Ralph Perry Middle School, Sauquoit Valley CSD, Clinton Central, Holland Patent CSD, and individuals from Jamesville DeWitt. This year's team competition was won by New Hartford (Derek Richards), with Clinton (Adriane Gemelli) and Sauquoit Valley (JamieLeigh Accordino) in 2nd and 3rd place, respectively. The Top 5 individual competitors at the end of the day were: (1) Aidan Luley (New Hartford); (2) Ethan LaBuz (Clinton); (3) Om Vaidya (Individual from Jamesville); (4) Sam Bono (Clinton); and (5) Margaret Davis (Sauquoit), with Aidan Luley and Olivia Lin of New Hartford winning the speed countdown round.

The winners are advancing to the New York State finals, held in March at Rensselaer Polytechnic Institute in Troy. All winners at the NY state level win a free trip to the national finals in Washington, DC. And in 2 of the last 4 years, the winners of the MV Region MATHCOUNTS competition, from the New Hartford Perry Junior HS in New Hartford, advanced to the Nationals!

MATHCOUNTS is a national accelerated coaching program and a series of competitions at the local, state, and national level designed to produce high levels of math achievement in junior high and middle school students. The program also aims to elevate the prestige associated with achievement in mathematics, improve mathematics instruction, and increase the awareness of the importance of mathematics among parents, educators, and the public. MATHCOUNTS targets 6th, 7th and 8th graders, who are at a critical stage in sustaining and developing math skills and interest.

Local sponsors and supporters of the MATHCOUNTS program include the Armed Forces Communications and Electronics Association (AFCEA)-Erie Canal Chapter, the Institute of Electrical and Electronics Engineers (IEEE) - MV Section, the Mohawk Valley Engineers' Executive Council (MVEEC), the Empire Chapter of the Association of Old Crows (AoC), and the Science and Technology Entry Program (STEP) of Mohawk Valley Community College.



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### Mohawk Valley Hometown Heroes Banner Program

A committee has been formed to proudly offer these 30" by 60" Banners for Veterans - our Hometown Heroes. They will be hung in various municipalities in the area from just before Memorial Day to just after Veterans Day. The picture above shows you the design of Utica's banners.

Please visit mohawkvalleyhometownheroes.com for information. You will also find an application form, a payment link, contact information and other general information.

The Committee is made up of members of the Oneida Chapter, Daughters of the American Revolution, The Military Order of the Purple Heart CNY Chapter 490, and Vietnam Veterans of America Chapter 944. It is being supported by Mayor Palmieri's Office and the Utica Common Council, Mayor Hopsicker and the Whitesboro Village Council, Mayor Ryan and the Village of NH Council, and Town Supervisor Miscione with the New Hartford Town Council Members. This is a 3 year program. The banners have a 'life expectancy' of 5-8 years, depending on weather conditions. The banners will be given to the purchasers after 3 years. The cost of the banners will be \$150 for 2023. Above is an example from 2022.



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### **Mohawk Valley Hometown Hero Program**

The Hometown Hero Banner Committee is currently taking applications for Military Hometown Hero Banners for the city of Utica. The program provides a decorative 30" X 60" street banner mounted along the Memorial Parkway in Utica to honor those who are currently or have previously served. The banners will be displayed for 3 years from Memorial Day to Veterans Day. To qualify for this program, the individual being honored must have served in one of the United States Armed Forces. First priority will be given to Veterans from the Mohawk Valley(Born, Raised, or Resided), then veterans from outside of the greater Mohawk Valley will be considered. Please print and complete this form and send it along with photo and check made out to **Oneida Chapter NSDAR** for \$150 to:

**Program Coordinator** 

Mohak Valley Hometown Heroes

P.O. Box 855

New Hartford, NY 13413

### Veteran Profile

Please choose New Hartford, (Village), Rome, Utica or Whitesboro

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Rank:\_\_\_\_\_

First Name:\_\_\_\_\_

Last Name:

Branch of Service:

Years of Service **OR** War Served:\_\_\_\_\_\_

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Photo can be submitted either by mail or digitally. If there are concerns over a treasured picture, please contact us for more information and help. Please do NOT fold the picture. For more information please see mohawkvalleyhometownheroes.com. Call 315-790-1402 or mohawkvalleyhometownheroes@gmail.com with any questions.





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Melissa Satterlee-Price PT, DPT



Dan Patterson, BS, PTA, EP-C, CPT, OES, GELS, SFC

### Helen M. Sarandrea Physical Therapy & Sports Care is very excited to welcome two new team members, Melissa Satterlee-Price PT, DPT and Dan Patterson, BS, PTA, EP-C, CPT, OES, GELS, SFC!

Melissa has been practicing as a licensed Doctor of Physical Therapy for over 16 years. She graduated with a Bachelor of Science degree from Syracuse University and Doctorate degree in Physical Therapy from Utica College. Throughout her career, Doctor Price has been very involved in the American Physical Therapy Association and has authored multiple newsletters for the New York Physical Therapy Association, and was nominated to the Executive Committee Board for 2 years. Dr. Price has given many community presentations on various orthopedic interests as well as presented many continuing education courses for physical therapists. She has led and participated in multiple orthopedic based research projects, and developed a neck pain treatment protocol for the diagnosis and treatment of various mechanisms of neck pain. She has extensive experience in the management of orthopedic, neurological, vestibular, pediatric, conditions,

### **Purim Party**

for Grown Ups (Costumes Encouraged)

### Saturday, March 4<sup>th</sup> Doors Open at 6:45 PM

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with certifications in kinesiotaping, and myofascial cupping. Dr. Price is currently pursuing certification in the McKenzie Method of Mechanical Diagnosis and treatment from the internationally recognized McKenzie Institute.

Dan has been serving the Central New York Community since graduating from Herkimer County Community College in 2005. In that time he has gained numerous accolades and accreditations. Dan is a very skilled Physical Therapist Assistant with a Manual Therapy/Sports Medicine approach. Dan earned a Bachelor in Health Sciences at Utica University (College) in 2011. He is also Credentialed through American College of Sports Medicine as a Certified Exercise Physiologist and Health Fitness Specialist. The American Council of Exercise as a Personal Trainer, Orthopedic Exercise Specialist, Group Exercise Leadership Specialist. Credentialed Through the National Academy of Sports Medicine as a Stretch and Flexibility Coach. Certified though the Titlist Performance Institute as a Certified Medical Golf Instructor. All those combined with many years of continued education in the realm of physical therapy and Sports medicine. He is also Specialized in the McKenzie Method of Spinal therapy and Mulligan method of Joint Mobilization. Other than Physical Therapy, Dan is a Personal Trainer and Group Fitness instructor. Dan enjoys instructing his own brand of Group Fitness Called ReVolt. Dan lives in Clinton, and while not doing his passion of physical therapy and fitness, his heart lies with his wife Shannon and two very energetic boys. We are thrilled to offer personal training sessions with Dan Monday-Friday! Personal training sessions are 30 minutes for \$45, or a 10 session pass for \$350.

### CALL 315-738-1671 TO MAKE YOUR APPOINTMENT TODAY!



Mohawk Valley Chess Club Join the MV Chess Club each Sunday at the NH Public Library in the Sammon Room, from 2-4. All ages and skill levels are welcome!



\$30 Per person (Includes 1 Complimentary Drink) Silent Auction full of great gifts! Everyone welcome! Bring your friends! RCIL Building, 1607 Genesee Street (1<sup>st</sup> Floor of the Dorothy Smith Center for Advocacy)

For more information and to RSVP please call or email Temple Emanu-El (315-724-4177 / teuticaoffice@gmail.com). Limited Seating!

In keeping with the Purim tradition of giving to the less fortunate, we have chosen to support RCIL'S "Backpack With Food" program. This effort provides nutritious meals and snacks on weekends and holidays for the most vulnerable households.

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Success

Submitted by Jim LaFountain, All American Fitness Center I have some very dedicated clients. I'd like to share some of their successes with you, along with what lifestyle changes they have made to get those results.

### Ruth

She was 60 years old and suffered from severe rheumatoid arthritis. She was also a retired physician and recovering alcoholic. She had been sober for a short period of time when she started training with me. She was the most determined client I had ever worked with at that time. I expressed my doubt that I could help her, so she offered me a deal I couldn't refuse. She said, "I'll pay you for six months of training, if you still feel you cannot help me after three sessions, keep the money."

She worked with me six days a week for 23 years, never and I mean never missed a workout. We did Interval Resistance Training, three times a week and a variety of cardiovascular modes the remaining three days a week. Each workout concluded with a series of aggressive stretching movements. According to her doctor, Ruth's rheumatoid arthritis progressed at a dramatically slower pace than expected. Her resistance

movements were with a combination of dumbbells and Nautilus equipment. Her body weight remained at 118 pounds, at 21% body fat for the entire 23 years, while her 15 repetition maximum doubled in all exercises and her VO2 max (Ability to consume and utilize oxygen) also doubled. She also remained sober the entire time. Nick

He began training with me six years ago after having gastric bypass surgery. He had lost 75 pounds, but was experiencing a metabolic setback and was gaining a pound every week. Some of my gastric bypass clients experience a metabolic "slowdown," due to a very restrictive caloric intake. He was very interested in engaging in a resistance training program, in order to gain strength and build muscle. I informed him, it would also serve to increase his metabolic rate, both during exercise and at rest.

Ι suggested he also perform "non jarring" cardiovascular exercise 5-6 days a week. Three of those days involved doing 5-10 minutes of cardio, several times a day, in order to boost his metabolism. The remaining three cardio days were done in a continuous manner for 30-45 minutes.

He adopted a low glycemic load diet and lost an additional 125 pounds, a 200 pound total weight loss, over the next two years and has kept it off for four years. What's most amazing, he has actually doubled his strength.

### Steve

28 years ago, a woman called from Virginia. Her Dad had a less than stellar, annual medical checkup. His doctor told him he needed to lose 50 pounds and exercise regularly or else? She had talked to a friend, who is also a member of our fitness center, and wanted to purchase 16 sessions with me for her Dad's birthday. He started with me the next day, somewhat reluctantly. We met three times a week, doing Interval Resistance Training at a fairly high intensity. He has seldom missed a workout in 28 years and has also adopted

a moderately low calorie diet, still keeping a daily nutrition log, that he allows me to peruse regularly. He lost 50 pounds during his year of training and has kept it off for 27 years! His dyastolic blood pressure is down from 96 to 78 and his systolic blood pressure is down from 148 to 120!

During the past 28 years, he has had both knees replaced. Six weeks before each surgery he began an aggressive prehabilitation program that enhanced his overall recovery.

It's a lot of fun training such dedicated and driven people.



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### Clinton Death Café is coming to

**Didymus Thomas Library** 9639 Main St. Remsen, NY Saturday, March 4, 2023 11:00 am - 12:30 pm

Please join us for coffee, tea, cake, and compelling conversation with new friends, old friends, neighbors, and others. Death Cafe is a global movement to get people talking about death in a comfortable, relaxed environment with the view of making the most of their finite lives. The aim is to shift the conversation about end of life from avoidance to one of familiarity and comfort.

> For more info on Death Cafes go to deathcafe.com or our Facebook page (Clinton Death Cafe)

Questions? Contact us at clintondeathcafe@yahoo.com

There is no charge for attendance but we will be accepting donations

Please Note: This is not a support group

"Let's eat cake and talk about Death!"



### Welcome to the Clinton Death Cafe!

A Death Cafe is a get-together for the purpose of talking about death and dying over food and drink, usually cake, tea, and coffee. The goal of these nonprofit groups is to educate and help others become more familiar and comfortable with discussing end of life issues.

Our aim at the Clinton Death Cafe is to provide a friendly, relaxed, and, hopefully, fun environment for people to talk about and explore issues surrounding death and end of life, without an agenda, judgment, or criticism.

There's no obligation to speak: you can listen to what others have to say while you sit and enjoy cake and tea!

The March meeting will be held on March 4th at the Didymus Thomas Library in Remsen. The April meeting will be held on April 22nd at the Forest Hill Cemetery Chapel.

A brief history of Death Cafe:

The idea originated with the Swiss sociologist/anthropologist Bernard Crettaz, who organized the first café mortel in 2004. Jon Underwood, a UK web developer, was inspired by Crettaz's work and developed the Death Cafe model in 2011. Since then, there have been over 15000 Death Cafes held in 83 countries.

To give you some idea of the popularity, during one week (pre-pandemic) there were Death Cafes being held all across the United States, as well as in Australia, Brazil, Canada, England, Germany, Malaysia, Portugal, Russia, and Spain.

We encourage you to put aside your hesitation and join us at least once to discuss your understanding, thoughts, fears, and questions about all areas of death and dying. Memento mori!

### For information on how to place a free article for your community event or local news, please call 315-723-4827 or email towncrier@pjgreen.com

Our monthly paper is currently mailed to

residents in the 13413 zip code. If you know someone who wishes to receive our publication, we ask that you please send a <sup>\$</sup>20 check (yearly), payable to **The Town Crier** PO Box 876, New Hartford, NY 13413. We will gladly add the address to our subscription list.

### Hello, I'm Michele,

A lifelong resident of The Mohawk Valley, currently residing in New Hartford. I take pride in my community and my home! Making a difference in peoples lives is what drives me. Handing over keys to a new homeowner is one of the most humbling feelings! My Recent move to HUNT Real Estate ERA has proven immediate results to my sellers and buyers. Everything HUNT has to offer is designed with you, the client, in mind, and will allow me to provide an even better full-service end to end real estate experience for you.

### Check out my new website:

# Michelelamandia.huntrealestate.com

See some of the new ways that I can serve all of your home ownership needs. I am looking forward to working with you soon.

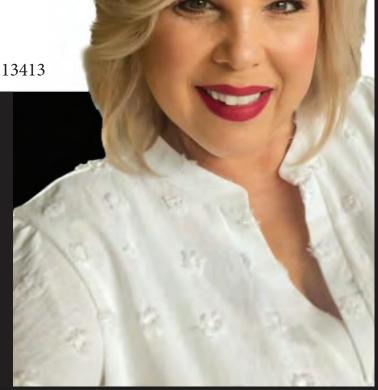


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# Irish Cultural Center of the Mohawk Valley Museum, 623 Columbia St, Utica Events

### March Events at the Irish **Cultural Center of the Mohawk Valley - Museum** 623 Columbia Street, Utica

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March is National Irish American Heritage Month, and the Irish Cultural Center of the Mohawk Valley is celebrating in a big way. In addition to regular weekly events at the ICCMV, the Program and Events committee is proud to announce the following programs.

Derek Warfield & the Young Wolfe Tones-On Thursday, March 2nd Derek Warfield & the Young Wolfe Tones will kick off National Irish American Heritage month at the ICCMV! Although this band has been together since 2008, front man Derek Warfield has been singing the songs of Irish history, freedom and tradition for more than 50 years! Derek and the Young Wolfe Tones will reprise many old songs of rebellion, freedom-fighters, and independence. This band played at the General Post Office in Dublin on April 16, 2016 at 12 noon--exactly 100 years after Padraig Pierce stood there, reading Ireland's Declaration of Independence! You will not want to miss this historic, traditional, and moving group at the Irish Cultural Center in Utica!

Debunking Irish Myths-On Wednesday, March 8th at 7:00pm Mark Sisti will engage his audience by letting them know the truth about familiar Irish beliefs. He will discuss things such at the fact that St. Patrick did not drive the snakes from Ireland, that the shamrock is not the national symbol of Ireland, and that green is not Ireland's national color. Come learn more about the truths of all things Irish.

Randal Bays Multi-Instrumental Workshop and Concert-On Friday, March 10th at 2:00pm and 7:00pm Craobh Dugan O'Looney will host musician Randal Bays from Seattle. WA. In the afternoon, Randal will teach a multi-instrumental class applicable to melody instruments such as fiddles, flutes, whistles, banjos, mandolins, and other instruments typically found at an Irish music session. The workshop will be in a comfortable and fun environment! Come, learn some new trad Irish tunes! That evening, Randal, an Irishstyle fiddler and guitarist who brings power and passion to the old tradition, will perform at the ICCMV. He's well known on both sides of the Atlantic for his fiery fiddling and his devotion to the traditional style of playing. He has a special love for the fiddle traditions of Counties Clare and Galway, where he's spent many a night playing tunes with the masters of that intricate music. Come, relax and enjoy Randal's great music!

Arise & Go in Concert-On Wednesday, March 15th at 7.00pm, the ICCMV welcomes Arise & Go, a superb trio with roots in New Brunswick, Ithaca and Utica. With Ellie Goud-Roddy on fiddle, Tim Ball on Guitar and Utica-native Michael Roddy on uillean pipes and whistles, Arise & Go will get your hands clapping and your toes tapping to their vibrant collection of the dance music of Ireland, Scotland and Atlantic Canada. Blending pipes, whistles, fiddle, and guitar, the group's varied musical backgrounds combine to produce a sound which is both grounded in tradition and uniquely fresh and driving. From intimate house concerts to festival stages, Arise & Go has been hailed for their "precision and energy". You will not want to miss this evening of great traditional music! Máire Ni Chathasaigh & Chris Newman - Irish Harp & Guitar Duo-On Friday, March 24th at 7.00pm, Máire and Chris will offer an evening of great music with one of Ireland's most influential harpists and her guitar virtuoso partner. Chris and Máire have performed at over 175 folk, Celtic, arts, harp and guitar festivals in Europe, the USA, Australia, and Asia. They have performed almost two thousand concerts in venues large and small. And the ICCMV is proud to welcome

of traditional tunes of Ireland played by Máire Ni Chathasaigh on Irish harp and Chris Newman on guitar!

The Irish Cultural Center of the Mohawk Valley welcomes everyone to our programs and events. For all the information on each event, please see our Facebook page ("Irish Cultural Center of the Mohawk Valley"), our website (iccmv.org) or find these events on Eventbrite.com. If you have any questions on any of the programs, please email irishccmv@gmail.com or call 315-733-4228 Ext 6. We look forward to seeing you at the ICCMV in March!!

### **Debunking Irish Myths** with Mark Sisti Wednesday March 8 at 7pm

Learn what is real and what is not real about Irish culture and traditions.

Registration on Evenbrite at https://www.eventbrite. com/e/debunking-irish-myths-tickets-534000137787

Ah yes, we all love everything about Ireland: Danny Boy. Corned beef and cabbage. Four-leaf clovers. Top o' the mornin' to ya.

What if I told you that none of that is Irish?

The fact is that much of what we've been told and have been led to believe is representative of the Emerald Isle, in fact, has little to do with Ireland and is about as authentic as Tom Cruise's Irish accent in "Far And Away."

It can all get so confusing. So how can we avoid embarrassing ourselves when we try to talk about Irish culture? Fear not. To learn more about these misconceptions and find out some surprising facts about what's actually Irish and what isn't, join local musician, writer and devotee of all things Irish, Mark Sisti, for a light-hearted presentation on "Debunking Irish Myths" at the Irish Cultural Center of the Mohawk Valley on March 8 at 7 p.m.



**Arise & Go Concert** Wednesday, March 15 at 7pm An evening of Irish, Scots, and Canadian Maritime

them to Utica, NY!! Be sure not to miss this concert Magazine, Roots Music Canada, The Boston Irish Reporter and the Irish American News where they have been praised for "musical complexity and colour" that is also "authentically mindful of tradition". 2019 saw the release of the band's new album meeting place showcasing the different Celtic traditions that each brings to the group's sound.

> Ellie Goud, from Quispamsis, New Brunswick, grew up steeped in the Atlantic Canadian musical tradition. Her style combines Celtic and Acadian influences from Canada, Ireland and Scotland. She began playing fiddle at the age of 9 through the traditional music program at her elementary school, and was introduced to Acadian music from her neighbor Jean. Her sound is uniquely New Brunswick - a cutting blend of Scottish and Acadian rhythms and sounds. Ellie has performed as a solo artist and in groups in venues such as La Salla Rosa and L'Escalier in Montreal, Bound For Glory, the Victoria Folk Festival, and Information Morning Live at the Saint John City Market.

> Piper Michael Roddy, from Utica, NY, has spent over 20 years creating his unique combination of Scottish and Irish piping styles. After years of competitive success with the Mohawk Valley Frasers Pipe Band, Michael turned to the world of bellows piping, making the natural leap to smallpipes and border pipes, and the bigger leap to the Irish uilleann pipes. He has been featured as a piper with the Genesee Symphony Orchestra, The Syracuse Vocal Ensemble, the Mohawk Valley Choral Society, and the Cayuga Vocal Ensemble. Michael is an active teacher and has also premiered several of his own compositions and arrangements for pipes and orchestra.

> Tim Ball (guitar, bouzouki, foot percussion) has been a staple of the contra dance and Irish music scenes in western New York for the better part of a decade. An exceptionally versatile musician and relentless collaborator, he performs as a fiddler throughout the Northeast with contra dance bands Tempest and Center Street, and Ithaca's Irish session band Traonach. As a teacher or staff musician, he has been on faculty at week-long camps such as American Dance & Music week at Pinewoods (MA), the Ithaca Suzuki Institute (NY), and the Kanack School Fiddle Camp (Rochester, NY).



music by three fantastic young musicians with CNY roots.

This concert is free to attend but please consider a free-will donation to help offset musicians' travel expenses. Please register on Eventbrite: https://www. eventbrite.com/e/arise-go-traditional-irish-scots-andcanadian-maritime-music-tickets-523731975437

Utica NY native and piper extraordinaire Michael Roddy will be traveling from his home in Nova Scotia to celebrate St Patrick's Day festivities with bandmates Ellie Goud on fiddle and Tim Ball on guitar.

Arise & Go is an exciting Celtic trio that finds its roots in the dance music of Ireland, Scotland and Atlantic Canada. Blending pipes, whistles, fiddle, and guitar, the group's varied musical backgrounds combine to produce a sound which is both grounded in tradition and uniquely fresh and driving. From intimate house concerts to festival stages, Arise & Go has been hailed for their "precision and energy".

Arise & Go, winners of North America's longest running live folk radio broadcast Best of Bound for Glory Award 2018, has been featured in Irish Music

### **Derek Warfield & The Young Wolfe Tones** Thursday, March 2 at 7:30pm

An evening of incredible music led by Derek Warfield of the legendary Wolfe Tones.

Advance sale tickets are \$30 available through https://www.eventbrite.com/e/ Eventbrite at derek-warfield-and-the-young-wolfetonestickets-484388869147 Tickets will be \$40 at the door.

A special group of Irish men and women have been responsible for preservation of the tradition of Irish ballad singing over the past 50 years. Derek Warfield is a distinguished name among them. Derek Warfield and The Young Wolfe Tones are bringing that musical tradition forward with a reverence for Ireland's past and the energy and optimism of a new generation of Irish musicians.

Derek Warfield and The Young Wolfe Tones are

Continued on page 19

# 1rish Cultural Center of the Mohawk Valley Museum, 623 Columbia St, Utica Events

### Continued from page 18

thrilled to be coming to share their music at the Irish Cultural Center of the Mohawk Valley on Thursday, March 2, 2023.

2016 was a pinnacle year for Derek and The Young Wolfe Tones when they were chosen to perform on the 24th April at the 1916 centenary commemorations at the General Post Office in O'Connell Street Dublin at 12.0'clock noon. This was the exact same time the Irish proclamation was read by Padraig Pearse one hundred years ago to the minute. As Derek is quoted as saying "of all the honours bestowed on the Wolfe Tones old and young, this privilege was the most significant. It was an honour to perform the music and songs of remembrance and the patriotic ballads that were sung by the volunteers inside the building during the struggle for our freedom, and we performed them with the same passion and emotion."

legendary Wolfe Tones parted with their founder and leader - Derek Warfield. No other Irish folk group, before or since, told the story of Ireland so completely and unapologetically. But for Derek's hunger and desire to continue to further the story of Ireland through song, an ancient tradition might have lost perhaps its most iconic figure. In 2008, Derek put together a band containing some of the finest musicians and singers in Irish music – The Young Wolfe Tones.

Derek Warfield's 50 years of experience coupled with the talent and energy of The Young Wolfe Tones brings the old tradition of Irish balladry into a new age. The story of Ireland is transmitted in their music and song and illuminated by the outstanding musicianship of these wonderful ambassadors of a new generation of traditional players. Derek Warfield and The Young Wolfe Tones deliver Ireland's traditional music and folk songs with an energy and skill that shows the quality of contemporaries within that tradition. The patriotic spirit of Irish music carried through the 1970s, 1980s and 1990s by the Wolfe Tones now marches on in the dynamic sound of The Young Wolfe Tones.

Derek Warfield's lifelong passion for engaging people in the music and story of Ireland is also very present in the other band members: "Communication with a live audience through music is what I believed to be of primary importance when I founded the Old Wolfe Tones in 1963. In performing with The Young Wolfe Tones, I continue to communicate with audiences while also passing on an important tradition to a new generation. But perhaps most importantly, it has been fun and enjoyable and every performance gets better. The experience has reinvigorated me and given the young players and singers the opportunity to display



Maire Ni Chathasaigh & Chris Newman Irish Harp & Guitar Duo Friday, March 24 at 7pm

An evening of great music with one of Ireland's most influential harpists and her guitar virtuoso partner.

Advance sale tickets are \$25 available through Eventbrite at https://www.eventbrite.com/e/maire-In 2001, after nearly 40 years performing, the ni-chathasaigh-chris-newman-irish-harp-guitar-duotickets-510872893577. Tickets will be \$35 at the door. The virtuoso partnership of England's premier flatpicking guitarist and "the greatest Celtic harper of our age" (LIVE IRELAND) has by now brought its unique musical vision to twenty-two countries on five continents. Chris and Máire have performed at nearly two thousand venues large and small throughout the world. On Friday March 24, 2023 they will treat Mohawk Valley music fans to an evening of unforgettable music.

> Chris is an entirely self-taught virtuoso who's been obsessed with the guitar since the age of four, when he badgered his parents into buying one for him. At fourteen he played his first paid gig in a folk club.He met the great swing guitarist Diz Disley in his late teens and played with him the length and breadth of the UK. Diz was responsible for re-launching Stéphane Grappelli onto the world stage after a period of relative obscurity, and through him Chris had the good fortune to play with Grappelli's band for a while. Chris still cites guitarist and band-member Denny Wright as the primary influence on his distinctive and melodic style of improvisation.

> Máire is one of Ireland's most influential traditional musicians, described by the late Derek Bell of the Chieftains as "the most interesting and original player of the Irish harp today".

She has played harp since the age of eleven. As a 1970s West Cork teenager steeped in the oral tradition she developed new techniques that made it possible for the first time to play traditional music on the harp in a stylistically accurate way. These soon became the norm amongst both her contemporaries and the younger generation of Irish players, thus enabling the renaissance of the instrument that has taken place in the last thirty years. In 2001 she received Irish music's most prestigious award, that of Traditional Musician of the Year - Gradam Cheoil TG4 - "for the excellence and pioneering force of her music, the remarkable growth she has brought to the music of the harp and the positive influence she has had on the young generation of harpers". She won the All-Ireland and Pan-Celtic Harp Competitions several times and in 1985 recorded the first harp album ever to concentrate on traditional Irish dance music, The New-Strung Harp - "an intensely passionate and intelligent record and a milestone in Irish harp music" THE IRISH EXAMINER. Her approach has been profoundly influential - "a single-



### **Randal Bays** Workshop & Concert Friday, March 10 at 2 & 7pm

Traditional Irish fiddle player from Seattle WA will conduct a multi-instrumental workshop followed by a concert.

Registration on Evenbrite at https://www. eventbrite.com/e/randal-bays-concert-workshoptickets-532293824157 is required.

Workshop & Concert - \$25.00

Workshop only - \$20.00

Concert only - \$10 advance; \$20 at the door

Craobh Dugan-O'Looney, with grateful assistance from the Government of Ireland Department of Foreign Affairs and Trade Emigrant Support Program, Meitheal North America, and Comhaltas North America, is sponsoring a multi-instrumental traditional Irish music workshop and concert with Seattle musician Randal Bays.

Seattle Washington traditional Irish musician Randal Bays will make a rare appearance in the Northeast this coming March where he will be teaching tunes in a comfortable and non-intimidating setting in the afternoon on Friday March 10. Later that evening he will give a performance of traditional Irish music at the Irish Cultural Center of the Mohawk Valley.

The workshop, 60 to 90 minutes, is designed to be multi-instrumental applicable to melody instruments such as fiddles, flutes, whistles, banjos, mandolins, and other instruments typically found at an Irish music session.

Randal Bays is an American born, Irish style fiddler and guitarist who brings power and passion to the old tradition. He's well known on both sides of the Atlantic for his fiery fiddling and his devotion to the traditional style of playing. He has a special love for the fiddle traditions of Counties Clare and Galway, where he's spent many a night playing tunes with the masters of that intricate music. Randal has recorded and toured in the US, Ireland and Europe with such musicians as Martin Hayes, James Keane and Daithí Sproule (Fingal), James Kelly and many more. In 2021 he received the Irish Artist in America Achievement Award from O'Flaherty Irish Music in Texas. Randal lives in the Seattle area and is the Artistic Director of Cascadia Irish Music Week.

their skills and talents around the world"

Derek Warfield & The Young Wolfe Tones were the official performers for 2015 The Friends Of Ireland Speaker John Beohner St Patrick's Day Luncheon in Capitol Hill for President Obama, Vice President Biden, Taoiseach Enda Kenny & many other distinguished friends of Irish America.

"Since the Old group disbanded, The Wolfe Tones' front man and founder member Derek Warfield has hit a particularly creative streak. The impeccable versatility of 'The Young Wolfe Tones' propels fresh and invigorating workings of old and new numbers with masterful arrangements of songs and highly absorbing tune sets." - Sean McGhee - Editor of Rock 'N' Reel Magazine

"The Young Wolfe Tones bring a youthful energy to handed reinvention of the harp". songs like Some Say the Devil Is Dead and

Get out Ye Black and Tans." - Mike Farragher - www. irishcentral.com

Derek Warfield - New York Society Dublin Man of The Year 2013 and The AOH Spirit Of Freedom Award 2017.

Chris and Máire's performances are rooted but eclectic, emotional but adventurous: a breathtaking blend of traditional Irish music, swing jazz and bluegrass, coupled with striking new compositions.

"Technical brilliance and beauty that brings tears to the eyes" - IRISH MUSIC MAGAZINE

As Fiddler Magazine says, "Randal Bays is one of the finest Irish fiddlers one could ever hope to hear."

Randal is also famed as a fingerstyle guitarist. He recorded two seminal albums with Irish fiddler Martin Hayes in the early 90s ("Martin Hayes" and "Under the Moon") and later contributed two tracks to the "Masters of the Irish Guitar" CD on Shanachie Records. In 2012 Randal finally released his first album of solo guitar work, "Oyster Light".

"Randal's apparently effortless command of the guitar, profound knowledge of the music, and impeccable taste and flair form, in my opinion, a combination unequaled in the field of Irish/Celtic music." - Daithí Sproule (Altan)

### The Helen and Leon Sperling Holocaust Program

The Helen and Leon Sperling Holocaust Program will be held Tuesday evening, April 18, 2023 at the Jewish Community Center, 2310 Oneida Street in Utica at 7:30. The program honors the memory of the Sperlings, both Holocaust survivors. Helen has left an indelible mark on the thousands of New York students and adults who listened to her speak. The program also honors the memory of all those who were hunted down and perished during the period of the Holocaust.

Our guest speaker will be Marione Ingram, a writer, artist and human rights activist. Born in Hamburg, Germany in the 30's, Mrs. Ingram was a child who witnessed the Holocaust, watching the deportation of family members and thousands of Hamburg Jews being sent to a killing site in Russia. It is a chilling story with many important lessons.

We invite you to share the evening with us. The program is free and open to all. It is suitable for students in the 7th grade and older. Please make plans to attend.



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*Pictured are Philip Fess, PT, DPT, CSCS and a patient receiving personalized therapy for a shoulder injury.* 

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Sitrin offers comprehensive evidenced-based physical therapy for individuals with pain and/or loss of function due to a variety of orthopedic diagnoses, including back pain, knee pain, sports injuries, and shoulder injuries.

For Central New York native Jill Heintz, she found Sitrin's physical therapy program beneficial in helping her heal from a shoulder injury and allowing her to get back to everyday activities.

Heintz sustained a shoulder injury in November of 2022. In hopes for a quick recovery, she began a physical therapy treatment plan in December with Philip Fess, PT, DPT, CSCS.

"My injury really affected my routine because I like to remain active and I couldn't attend my bootcamp fitness class," Heintz said. "My treatment plan with Phil was challenging but not discouraging; he would push me more each week without causing any additional discomfort."

Fess created a therapy program for Heintz that focused on controlling pain and improving range of motion with an ultimate goal of restoring strength and stability of her shoulder. As a result of her therapy program, she was able to regain enough strength and mobility to return to her fitness class within two months of her injury.

"We see an array of shoulder injuries because they are more common and can result from a basic fall to a more serious accident," Fess said. "It is very important for anyone with a shoulder injury to complete a comprehensive therapy plan as it increases the likelihood of partial or full recovery and mitigates the need for surgical involvement."

A hallmark of Sitrin is its personalized recovery plans. Sitrin's rehabilitation team thoroughly evaluates patients and develops individualized care plans based on their therapeutic needs. Centering on one-on-one care, patients receive undivided attention from their therapists throughout each scheduled appointment.

For more information about Sitrin's outpatient rehabilitation program or to schedule an appointment, call (315) 737-2246.

ABOUT SITRIN: Sitrin, a not-for-profit corporation, provides a variety of services for people of all ages and abilities, including comprehensive medical rehabilitation (inpatient and outpatient), long-term care, assisted living and enriched housing (Cedarbook), NeuroCare, residential care for people with intellectual disabilities and medically complex conditions, medical and social model adult day program, military program, adaptive sports, (STARS Program), a Wellness and Aquatic Center, orthopedic injury program, concussion management, child care, and dental clinic.



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**New Hartford News** 

We here at your Highway Department are not only working hard to prepare for the green, but continue

Occasionally the heavy wet snow we are plowing on your road may affect your mailbox. We apologize for the inconvenience, but are happy to stop by and be sure to repair or reset the mailbox. We just need you to let us know. As we do every year, we will also be out to re-seed or repair lawns

near the road which were damaged due to plowing,

submitted by Highway Superintendent, Richard

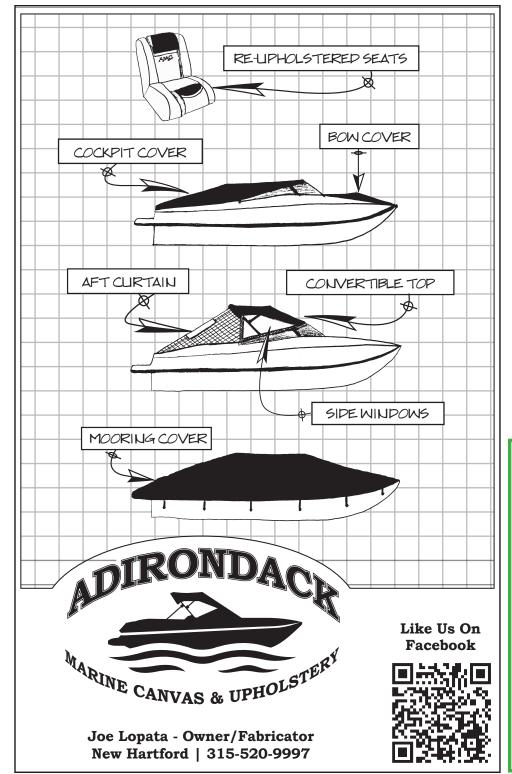
the follow-up from our winter snow fall.



Rotary Club of Utica – members and guests at a recent 'bed-build' for 'Sleep in Heavenly Peace'

### **Rotary Club of Utica Helps Build Beds for Local Families**

Recently, 38 members and guests of The Rotary Club of Utica gathered to build 27 children's beds for the local Sleep in Heavenly Peace (SHP) organization. 'It was a huge success' said Rotary Club President Tina Pavlot. 'We will also be helping with the upcoming delivery of these beds in the very near future.' The beds will be given to local families in need. This Utica Rotary service project followed the club's recent 'Not So Silent Night' auction event that raised over \$3,000 for SHP to help with bed-making materials, pillows and bedding. The bed production site is located at the Meyda Lighting Warehouse in Yorkville.





Richard Sherman

as well as sweeping roads throughout the Town. This is all weather dependent and takes about 4 weeks to complete throughout the Town.

Straightening our Town stop, yield and street signs also are a priority. Additionally in March, your Highway Department also looks to trim trees that hang over roadways to prepare for the new growth.

As spring continues on, we will be filling potholes on our many streets. If you think we have missed one on your street, please reach out to us.

We are working diligently to get the new 2023 green waste and brush schedule out in the mail by the middle of March and pick-up will commence Monday, April 3rd for brush pickup. This schedule will be on the Town's web site and in the mailer.

Trash drop off to your Highway Garage will begin Monday, April 3rd from 7:00-2:00 and will be Mondays ONLY through to fall except for the month of October when your entire Highway Crew will be out in your neighborhoods for our annual curbside pick-up. If Monday is a holiday the drop off will be on Tuesday. This year the curbside pickup will be in the month of October not June. The month of June allows the highway crew to do more construction work by moving the curbside dates to October. Please look to the schedule for what is included.

Again this year, we are happy to announce that we are continuing weekly (Monday) pick up at your residence if you opt to purchase a tag from the Town Clerk's Office by Friday before the scheduled Monday. The tags this year are still \$5.00 per item and a great value if you have that occasional large item that you need to get rid of prior to, or after, the June curbside pick-up. Tags can be purchased at our Town Clerk's Office located at 8635 Clinton Street at Town Hall the old Gander Mountain Building from 8:00am- 4:00pm.

I am always available on my cell at (315)534-2998 and e-mail rsherman@ townofnewhartfordny.gov if you have need in which you think your Highway Department can assist.



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### Judge Joan Shkane

This is a continuing discussion of Legal Myths and Reality, because those informed are the most successful. MYTH: New York State fathers in all situations have the same rights as mothers.

REALITY: Up to recently this was not true. Now the New York State Governor has signed the Parental Equity Act. This new law secures rights for biological fathers who are not married to the mother of their child, and who contest their child's adoption by a third party.

Prior to this law the biological father of a child could contest an adoption of his child only if he had kept a certain level of contact with the child, and paid child support. However, such a father was not entitled to a

court hearing on those issues to determine what actually happened with the child. Those who support the new law say that the previous law put undue burdens on fathers that did not exist for single mothers and for married but separated fathers. They say that under the old law mothers and fathers were treated unequally. They further say that the prior laws were outdated and based on an assumption that if the father was not married to the mother, he was not going to be involved in his child's life regardless of which parent made the decision not to marry one another. The new law recognizes that modern fathers can be as involved with their children as the mothers, married to one another or not.

Under the new law a father who has never been married to the child's mother, can take steps to protect his legal right to a relationship with his child, and can enforce those rights by a hearing in court. This can effectively block an adoption by a third party. The organization New York Attorneys for Adoption and Family Formation oppose the law because they say that it would make adoption proceedings more complicated, lengthier and expensive for the adoptive parent, and that that cannot be helpful to the child. Unmarried fathers applaud the law.

MYTH: The issue of mandatory COVID 19 vaccination in New York State is settled.

REALITY: This is a continuing issue as more information becomes available about COVID 19 and its variants. In mid-2021 the State Legislature gave emergency power to the Governor to deal with the ongoing crisis of COVID. That power continued until June, 2022. The same month in mid-2021 the New York State Health Commissioner, as part of the Governor's administration, made the requirement to be vaccinated permanent for healthcare workers. The Commissioner said in effect that those who are vaccinated are less likely to develop serious illness, be hospitalized or die than those unvaccinated. Further, the Commissioner believed that vaccinations helped reduce transmission of the early variants of the virus. The U.S. Centers for Disease Control and Prevention agrees with these principles. They note, however, that breakthrough infections occur and are more likely with more recent variants of the virus, and are less effective therefore in reducing transmission of later variants. Nevertheless, they assert that vaccinations continue to reduce serious illness, hospitalization and death. They point to various studies to support their findings.

In December, 2021, the U.S. Supreme Court refused to block the requirement that healthcare workers be vaccinated.

The Medical Professionals for Informed Consent, some of whom lost their jobs or were at risk of losing their jobs in the medical field because they refused the vaccination brought a lawsuit against New York State.

The case was assigned to Syracuse judge Gerard Neri. Judge Neri sided with the Medical Professionals for Informed Consent's position. He ruled that only those vaccinations that are specifically stated in New York Public Health Law can be the subject of a requirement to vaccinate. Some of those are mumps, measles and hepatitis. He said that the power to impose the COVID mandate belongs to the Legislature, and not to the Governor or the Governor's administration. Therefore, it is null, void and of no effect.

The State contends that the mandate was not irrational or unreasonable and was

are presumed to be innocent. We have adopted this principle and have maintained it for over 2000 years! Why fix a principle that is not broken! What an amazing advancement of justice!

For comparison, Mediaeval Wales worked differently. An accused could deny the charge under oath, and then find a certain number of persons to swear under oath that they believe the oath of the accused. The issue is not what the witness saw or knows but whether the witness believes the accused to be honest. This is called compurgation. For a homicide, the accused had to find 300 people who would swear to the accused's honestly. If you once lied as a compurgator, you could never be called again.

Attention to legal myths can be important. They can be a starting point for developing an interest in the law. However, if specific legal issues are important in your life, for instance, regarding custody of children or money payable for any reason, it is wise to consult a lawyer who can advise you on the truth of legal myths. This discussion is not intended to render legal advice on specific cases or to express an opinion on any specific case.



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backed by other court decisions. The State also contends that the Legislature may give such emergency powers to the Governor to deal with an ongoing health crisis, as happened in this case.

The State has not yet announced if it will appeal Judge Neri's decision to a higher appeals court. Stay tuned.

MYTH: Our criminal legal system was invented from the time of the start of our country.

REALITY: Our legal code is based on the English Common Law, which was developed in England after 1066. However, because the Romans were in England and Wales for about 400 years starting around 43 A.D., the developing English law was influenced by four main principles of Roman law. These are: 1. A charged person is innocent until proven guilty; 2. The accused can face their accuser; 3. The accused can offer a defense and is entitled to a trial; and 4. Guilt must be proven "cleaner than daylight". (We say "beyond a reasonable doubt", which is the same thing).

All these principles are amazing, but development of the first one is almost unbelievable! It seems natural that if I accuse you of a crime, and you deny doing it, then you should be expected to show proof that you did not do it. For instance, if I say that you hit me, you may say "I did not and my neighbor will tell you that I was not even there". And yet, the Romans, with their brilliant law codes, reversed the natural process by requiring that I prove you were there and hit me. Until then, you Please call to make your appointment.

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### NHTownCrier.com March 2023



by Victor J. Fariello Jr.

### "From the Mailbag"

by Victor J. Fariello Jr.

Q. I found this Utica Club beer tap in a box of my grandfather's belongings that were given to me when he passed. He ran a tavern locally in the 1930-40's. I would never sell it but I'm curious if these of any particular value?

A. Your bakelite beer tap does date from the period your grandfather ran his establishment. It is indeed very collectible. There are many collectors of breweriana, some of which specialize in beer taps. I would value your beer tap at \$100-150. I think its nice that you are keeping it for its sentimental value.

Q. I have a pink depression glass covered candy dish. I know that it was made by Anchor Hocking. Can you tell me anything else about it and its possible value?

A. I did a little research and can tell you that the pattern is Mayfair "Open Rose." This was one of Anchor Hocking's most popular patterns. The values for depression glass and most antique glassware are down considerably from their highs in the 1990's. I would value it at around \$40. Interestingly, Anchor Hocking has been in production since 1905 and is still made today in the USA.

Q. I remember an older gentleman that used to conduct estate sales in Utica decades ago. I was telling my daughter about him but couldn't remember his name. I thought you might know?

A. Without a doubt I know who you are talking about. He was Leo Albert Buskey. He was very active in the 1960's and 70's in conducting estate sales in Utica and the surrounding area. He billed himself as an antiquarian and was very knowledgeable about Wedgwood China and studied at the Wedgwood factory in England. His pricing of items was a little peculiar in my opinion. I have told the story in this column about going to an estate sale of his in Utica with my father. There was a beautiful dining room set and the table was covered with a tablecloth that caught my father's eye. There was a tag on it marked \$10,000, which my father assumed was for the whole dining room set. He asked me to find out how much the tablecloth was and Mr. Buskey said "The price is on it- \$10,000." Needless to say we left without a tablecloth.

Happy antiquing!

### **Support Your NH Historical Society**

Our NH Historical Society depends on members for their support. The cost is \$15 for an individual, \$20 for a family and \$5 for students. This is a great investment in our community's history. Make your check payable to 'NH Historical Society' and mail to PO Box 238, New Hartford, NY 13413. All donations are tax deductible.

### **Questers Looking For New Members**

The J. Schoolcraft Sherman #1519 Chapter of Questers International meets monthly except July and August at the New Hartford Library. We are a group of individuals interested in history, preservation and the love of antiques. We have guest speakers and a monthly Show & Tell where members bring an antique or collectible to share with the group. For more information on Questers visit www. questers1944.org. You can also find us on Facebook by searching "lovoldstuff." If you are interested in joining, please email me at vjfariello@gmail.com.

Victor J. Fariello Jr. is a lifelong resident of New Hartford and has been a collector and dealer of antiques for many years. He is a past officer and member of the New Hartford Historical Society and is the President of the J. Schoolcraft Sherman Chapter #1519 of The Questers, an International organization for people who love antiques and have a commitment to preservation. Questions on anything related to antiques can be sent to him at PO Box 194, Washington Mills, NY 13479 or by email to vjfariello@gmail.com. Any photos submitted will be returned upon request.



### **Fair Trade Shop**

St. Patrick's Day is celebrated in more countries around the world than any other single-day national festival, largely due to America's enthusiasm for what many consider a holiday, although it is not an official holiday in America. Come and check out some fun things you can purchase to celebrate St. Patrick's Day!

Our Felted Wool Lucky Gnomes from Guatemala are wee fellows that will bring luck to your home and a smile to your face year round. They have a string for hanging, but they like to sit on a shelf, too.

Our mystical, magical Felted Wool Unicorn has a gentle smile, a golden horn and a fluffy, tri-colored mane and tail. He is lovingly hand-crafted by artisans in Guatemala also. Legend has it that unicorns have magical powers, to heal sickness and to render poisoned water potable.

These and many, many more uniquely handcrafted gift items from 38 different countries can be found at our Fair Trade Shop, Stone Presbyterian Church, 8 So. Park Row, Clinton. Our regular hours are 10am to 4pm every Thursday and SECOND SATURDAYS. Purchasing fair trade items ensures artisans and small farmers fair wages and healthy working conditions, providing dignity, sustainable development and hope for marginalized people. Let us be your go-to gift shop! Visit us at https://buildingstonesshoppe.square.site or www.facebook.com/ buildingstonesfairtradeshoppe.







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Christopher J. Carbone

### **Real Estate Investment Trusts: Pros and Cons**

"An investor might think, 'You know, I've always wanted to own an apartment complex as an investment that generates extra income," says John LaForge, senior lead wealth investment solutions analyst at Wells Fargo Investment Institute. "But individual investors may have a difficult time getting a loan on such a big property."

This is where real estate investment trusts (REITs) come into play. REITs can be purchased like stocks, and they pay investors regular dividends that can serve as income. "REITs are kind of a hybrid of stocks and bonds," LaForge says. "They have some stock qualities and they trade like a stock, and then they have some income qualities, more like a bond. So adding them to a portfolio can often help diversify your investments."

In this Q&A, LaForge answers five common questions about REITs to help you weigh the potential benefits and risks to help you decide if they're the right fit for your portfolio.

### What are they?

"A REIT is a company that owns a number of real estate properties and packages them into a security that you, as an investor, can buy into," explains LaForge. "It's packaged so you can purchase shares of real estate much like you would a public company's stock. It's a popular way for investors, especially small- to mediumsize investors, to invest in various kinds of real estate to produce income." Different REITs bundle different types of real estate - everything from apartments and senior care facilities to cell phone towers and industrial warehouses — all over the country.

There are two main qualifications a company needs to meet to be classified as a REIT," continues LaForge. "Number one, at least 75% of the business must be involved in real estate. That means they essentially buy and maintain real estate, collect rents, and such. The

second qualification: Once they collect those rents, 90% of that income has to be passed on to shareholders."

### What are the potential benefits?

LaForge says that one of the greatest potential advantages of investing in REITs is easily overlooked: "These trusts are managed by people who know real estate potential, and you get access to their expertise," he explains.

Secondly, because the trusts pool money from many other investors, REITs have access to a lot of capital to invest in the best properties - properties that would otherwise be out of reach for many individual investors.

And then there's the income they provide through their dividends. LaForge says, "REITs can be a way to diversify your income, particularly when bond yields are low."

### How can you find a good-quality REIT?

There's a lot that goes into determination, LaForge says. But two key numbers to explore are the dividend yield and the REIT's price change over time.

"Typically, the REITs with the highest dividend yield are, on average, weaker financially," LaForge says. "The high yield is there to attract investors because the REIT needs that capital. The true quality REIT that has great management and great properties typically has a lot of very interested investors, which drives down the with the lowest dividend yields are the highest quality."

While it might make REITs seem less beneficial if the highest-quality options pay the lowest dividends, it's important to remember that a REIT trades like a stock, so the price has the potential to appreciate over time. "Over the long term, the price appreciation of a quality REIT tends to beat out any REIT that has a high dividend," LaForge says.

### What are the income tax implications?

"When you get your REIT's dividend payment, it can come in the form of ordinary income, capital gains, or even a return of capital, and that will show up on the 1099 that you get for your tax preparation," LaForge says. "Usually, that income's taxed at the individual level, at the marginal tax rate. So if you have a very high tax rate as an investor, you will want to talk to your accountant or tax advisor about the impact of investing in REITs. You might get a 4% yield in a REIT, but by the time you're done paying your 40% tax — if that's what your marginal tax rate is - you might have been better off owning a municipal bond that's generally tax-free."

related to the economy, LaForge says. "There is always a chance in a recession that the REIT has properties that aren't doing well."

Another consideration is related to increases in interest rates. "If interest rates rise and your government bond goes from 1.5% to 3%, an investor may look at their REIT paying 4% and say, 'Maybe it's not worth it anymore,' because the government bond is considered lower risk than that REIT. It causes a crowding-out effect, where the increase in interest rates takes money flow and capital away from the REITs."

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Risk disclosures: Bonds are subject to market, interest rate, price, credit/default, liquidity, inflation and other risks. Prices tend to be inversely affected by changes in interest rates. Real estate has special risks including the possible illiquidity of underlying properties, credit risk, interest rate fluctuations and the impact of varied economic conditions. Dividends paid by REITs are considered non-qualified and generally taxed at ordinary income tax rates. However, all or a portion of a distribution may consist of a return of capital. There dividend yield. In other words, many times the REITs is no guarantee that dividend payments will be made in the future.

> Municipal bonds offer interest payments exempt from federal taxes, and potentially state and local income taxes. Municipal bonds are subject to credit risk and potentially the Alternative Minimum Tax (AMT). Quality varies widely depending on the specific issuer. Municipal securities are also subject to legislative and regulatory risk which is the risk that a change in the tax code could affect the value of taxable or tax-exempt interest income.

> This article was written by/for Wells Fargo Advisors and provided courtesy of Christopher J. Carbone, CFP®, AWMA®, LUTCF® First Vice President - Investment Officer Financial Advisor in Clinton at (315) 723-7386

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What risks are associated?

The greatest investment risks with REITs tend to be Services, LLC. All rights reserved.

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Christopher Carbone, CFP®, AWMA®, LUTCF First Vice President - In

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### H.A.R.P. Museum Issues Call for Artifacts

Utica's Irish Cultural Center H.A.R.P. Museum is looking to the public to help build a new "On This Hallowed Ground" exhibit. The Irish Cultural Center of the Mohawk Valley was constructed on the exact spot of the original St. Patrick's Church, built in 1850 by a burgeoning Irish Catholic population. The site was specifically chosen by the Ancient Order of Hibernians' John C. Devereux Division and the Great American Irish Festival when looking to build a Hibernian hall to celebrate and promote the Irish culture. The H.A.R.P. Museum, located on the Center's second floor, is planning a permanent exhibit to trace the history of the site – considered "hallowed ground" by Utica's Irish community – and is looking for artifacts, material, documents and photos to help tell that story. The exhibit, called "On This Hallowed Ground," will trace the history (and pre-history) of the Irish Cultural Center, relating events of importance throughout its history, including St. Patrick's construction, its destruction by fire in 1889, its being rebuilt in 1895 and finally the sad period where it was closed as part of a diocesan consolidation effort; ultimately being demolished in 1968. The exhibit will take the viewer up to and through the establishment of the Great American Irish Festival as the primary funding vehicle for the Irish Cultural Center, wrapping up with artifacts and documents that trace the current Center's construction and grand opening. If you have anything that you feel could help tell the story of the history of this site - maybe a first Communion dress from St. Patrick's during its glory days, a class photo from St. Patrick's School or documentation regarding the church and its priests – museum officials would love to make them a part of the displays. Anyone with artifacts such as those described (or others you think might be relevant and interesting) should send an email to iccmv.museum@gmail.com with "COLLECTIONS" as its subject. For more information, check out the "Object Donation FAQs" and "Object Donation Policy" at www.iccmv.org/museum/#collections.

### Angels Among Us Food Pantry Mar 11 & 25 • April 15 & 29 May 12 & 27 • June 10 & 24

### Hours of Operation: 10am - 12 noon

The food pantry is located at: St. John The Evangelist Church, 66 Oxford Rd, New Hartford, NY. Follow the signs to the driveway in the back during open hours. In the event of food emergency issues, please contact the St. John's rectory from 9AM to 2 PM Monday through Thursday at 315-732-8521.

Our pantry provides services to all residents of New Hartford (btw Rt 8 and Rt 12), Washington Mills, Chadwicks, Sauquoit, Cassville and Clayville.

If this is your first visit, please bring proof of address. If you do not have a permanent address, just come in. We will assist. If you are unsure of eligibility, just come in. We will assist. We Are Looking For Volunteers!

### TEFAP: The Emergency Food Assistance Program

Income Eligibility Guidelines: July 1, 2021 – June 30, 2022

Household Size	Annual Income*	Monthly Income*
1	\$25,760	\$2,146
2	\$34,840	\$2,903
3	\$43,920	\$3,660
4	\$53,000	\$4,416
5	\$62,080	\$5,173
6	\$71,160	\$5,930
Each additional person add	\$9,080	\$756

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# WOMAN OF



Lisa Burline Roser American Heart Association Woman of Impact & Team Leader







Team Heart Heelers' mission is to make an impact in our community and help bring *comfort, support,* and *awareness* for those fighting heart disease.

So, keep an eye out in the months to come and see what the Heart Heelers are doing around town to bring awareness and raise funds. And of course, we will be strutting around in our high heels.





Carissa Asaro



Ondrea



Joanne Donaruma Wade



Brittany Lallier



Stefanie Dorozynski



Sara Militano



Liz Ellis



Briana Moriarty





Scan QR Code with your smartphone camera. You will be directed to Team Heart Heelers' page where you can make a donation. Thank you!

Grippe Getz

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# NEW HARTFORD PAST TIMES

March 2023

### NEW HARTFORD HISTORICAL SOCIETY



New Hartford High Schools Storied Football Program This past month, the New Hartford Central School and the entire New Hartford community lost one of it's most iconic Coaches. Coach Don Edick passed away on February 6th at the age of 91.

The New Hartford School District has always produced high achieving athletes and the football program is no exception. It is a credit to the coaches that the school has had the good fortune to attract to the district. And one of the most prolific coaches to step on the sports fields was Don Edick.

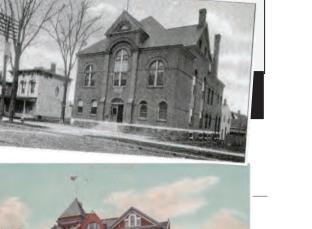
Don was born in Rome and graduated from RFA where he was a all-star on the varsity football team from 1946-1949. After graduating he would proudly serve with the United States Marine Corps before college. He started his coaching career with the Brookville Ohio High School as a line coach after graduating from the University of Dayton in 1959. In 1960, Don came to New Hartford and served under then new coach Norm Anderson. Don would also coach baseball at New Hartford. As Head Coach from 1971-1976 and then again from 1981-1994, Coach Edick had an extraordinary record including four straight Section III champions, seven division champions and three undefeated seasons. In 1988 the team was ranked 4th in the state and in 1989 it was ranked 2nd! From 1977-1981 Don served as the Districts Athletic Director.

The Historical Society extends its deepest condolences to the Edick Family.



### FOOTBALL SQUAD

1<sup>st</sup> Row LtoR: Richard Southwick, Paul Kidwell, Peter Simmons, Jerry Mattia, Pat Tyksinski, Thomas D'Onofrio, Thomas Higgins, Robert Verkler, Pat Cardinale, James Wenner. 2<sup>nd</sup> Row: Roger Waelke, Harry O'Donnell, Robert Jones, Daniel Crumrine, Hugh Caldwell, Phil Inglis, Nick Conte, Dave Burnett, Brad Lebherz. 3<sup>rd</sup> Row: Coach Robert Watkowski, Eric Stappenbeck, Dave Dabro, Carl Collea, Joseph Connelly, Peter Cross, Richard Sents, Duncan MacCalum, Frank Sadowski, Michael Madden. 4th Row: Coach Donald Edick, Robert Gilmour, Phil Kellogg, John Simmons, Walter Hameline, Rod Baird, Mike DeSantis, Tim Reilly, Scott Frey, Head Coach E.N. Anderson, Dick Brown (Water Boy).



27





# BECOME A MEMBER!

Please stop in to visit us and consider becoming a member. Membership fees are \$15 for Individual, \$20 for families, \$25 for Friend/Contributor and \$50 for Corporate members. The Historical Society is a non-profit, tax deductible organization.

### Planning a Class Reunion?

Make the Historical Society Museum a part of your itinerary! Schedule the Saturday of your reunion for your group to explore our collection of yearbooks, scrap books, local relics and photos. Look up your New Hartford home! **Call 315-724-7258 to schedule** 

Museum is Open To the Public

your group.

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i		$\sim$ Membership Form $\sim$
Please	check one of the follo	wing:
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i i		E-Mail:
「 「 」	Renewal New Member	Please send check made payable to:
· [ ]	new member	
1		New Hartford Historical Society P.O. Box 238
i		New Hartford, N.Y. 13413

Currently by appointment.

### **FREE ADMISSION**

Village Point Apt. Building 2 Paris Road – 315-724-7258



### 



### FIRST UNITED METHODIST CHURCH

105 Genesee Street, New Hartford (315)733-4227
office@firstumconline.org
Rev. David McKinney
Sunday Services:
10am Classic Worship
Sunday School for children begins around 10:20.
Adult Sunday school 11-12pm
Sunday Youth Group 7-8pm
Praise/Worship Services are the 3rd Wednesday of each
month. Light supper will begin at 5:30 and worship is from
6-7pm
Our Church Building is open for in-person worship services
Or watch our livestream service online at
www.firstumconlline.org

Easily accessible building, sanctuary, and bathroom. All COVID guidelines are being followed for a safe and comfortable worship Service. Come Join us!!

### ST. JOHN THE EVANGELIST CHURCH

66 Oxford Road - 732-8521 Rev. Kevin Bunger, Pastor MaryJo Kelley, Director of Faith Formation Saturday: Vigil 5:15 p.m. Confessions 6:15pm Sunday Masses: 8am & 11am Mon-Fri Masses: 7am & 9:10am We are handicapped accessible!

### **CROSSPOINT CHURCH**

317 Oriskany Blvd, Whitesboro - 797-4520
Senior Pastor, Samuel Macri
Assistant Pastor, Bobby Allen
Sunday Services:
8:00am – 9:00am Worship Service
9:00am – 10:30am Study Groups
10:30am – 12noon Worship ServiceWebsite:
crosspointchurchonline.org
Sunday Morning Services streamed live
Pastor Sam's message available at our website
We are handicapped accessible!

### HOPE ALLIANCE CHURCH

4291 Middle Settlement Road, P.O. Box 626, N.H. General Office: 315-732-1349 hopealliance4291@gmail.com www.hopealliancecny.com Rev. Andy Ward, Pastor Morning Worship: 9:30am Communion First Sunday of the Month. Fridays: Christian Service Brigade - 7pm Sundays: Jr. & Sr. High Youth Fellowship - 6pm Hope Alliance Church is handicapped accessible.

### **ST. THOMAS CHURCH**

150 Clinton Road - 735-8381 stthomasnh@syrdio.org Pastor: Rev. David Sears Saturday Vigil: 4 p.m. Sunday Mass: 9:00 a.m. Confessions: Sat. 4:45-5:15 p.m. Holy Day Schedule: Holy Day Masses 12 noon Adult Religious Education, Open to the Public We are handicapped accessible!

### ST. STEPHEN'S EPISCOPAL CHURCH

Prayer meeting held every Wednesday at 6:30 pm Youth Group for ages 12 and up meets every other Saturday from 6-8 pm. See our website for schedule. Church is handicapped accessible.

### NEW HARTFORD PRESBYTERIAN CHURCH

Rev. Ed Townsend, Minister 45 Genesee Street, NH 315-732-1139 newhartfordpresbyterian.org office@newhartfordpresbyterian.org Motorized Lift for Handicap Accessibility Supervised Nursery Care Provided During Worship Sunday morning worship continues at the regular time of 10:30 in March, in the sanctuary and livestreamed on NHPC's Facebook page. The Sonday Club for youngsters and Adult Sunday School class precede worship and start at 9:30 each Sunday morning. A fellowship/coffee hour for everyone follows the worship service. Special Lenten Vespers services will be held at 7:30 each Wednesday evening throughout the month. The mid-week afternoon adult study by Amy Jill Levine continues Tuesdays 12:30-1:30 p.m. throughout March. The study examines the Crucifixion from the perspective of those who watched Jesus die. The schedule of activities at NHPC for March also includes: Choir rehearses at 9:15 each Sunday morning 3/1 — 6 p.m. 4-H 3/4 — 9:30 a.m. PEO 3/5 — 6 p.m. Girl Scouts 3/15 — 6 p.m. 4-H 3/19 — 6 p.m. Girl Scouts

3/25 — 3 p.m. Hope House Meal Prepared 3/29 — 6 p.m. 4-H

### MARY, MOTHER OF OUR SAVIOR PARISH

Business Office - 2 Barton Ave, Utica - 315-724-3155 Pastor Rev. Joseph Salerno Our Lady of the Rosary Campus - 1736 Burrstone Rd. New Hartford Weekday Mass– M, Wed, Thurs, Fri 8:00 AM Novena to Miraculous Medal of Mary Tuesday 7:00 PM Our Lady of Lourdes Campus - 2222 Genesee St. – Utica Weekend Mass – Saturday 4:00 PM Sunday 8:30 & 10:30 AM

### SAUQUOIT VALLEY UNITED METHODIST CHURCH

Cor. Pinnacle Rd. & Mohawk St., Sauquoit email: sauquoitvallyumc@aol.com Pastor: Robbin Harris Office: 315-737-7505 Sunday Worship 11:30 a.m. (Nursery Care Available) Sunday School 9:30 a.m. For all ages. Handicapped Accessible

### FIRST BAPTIST CHURCH OF NH

7 Oxford Road - Office phone: 315-733-4570 firstbaptistnh@gmail.com Rev. James Harriff, Pastor Virtual Service every Sunday at 9:30am on Facebook "First Baptist of New Hartford" Sunday Service - 9:30am Sunday School - 11:00am Handicapped Accessible. All are welcome.

### UNITARIAN UNIVERSALIST CHURCH of UTICA

10 Higby Road, Utica, NY 13501 315-724-3179 uuutica.org Minister: The Rev. Karen Brammer Sunday services at 10:30 AM Find up-to-date info and learn more about us at our website, www.uuutica.com. The Unitarian Universalist Church of Utica is an open minded, open hearted spiritual community. Unitarian Universalists come from different faith backgrounds but our shared values bring us together. One of the principles that unite us is respect for the interdependent web of all existence of which we are a part. Newcomers are always welcome.

### NORWICH CORNERS CHRISTIAN CHURCH

10233 Roberts Road, Sauquoit 315-737-0757 WHERE JESUS IS LORD! Pastor Walter J. Wharram, Jr. Sunday School - 9:00am Sunday Morning Worship Service - 10:00am Mid-Week Bible Study - Wednesdays 7pm \*Sunday Sermons posted to YouTube weekly - Search 'Norwich Corners Christian Church'

### **TRINITY LUTHERAN CHURCH**

2620 Genesee St., Utica. (315)732-7869churchoffice@trinitylutheranutica.comFall/Winter worship:9am - Sunday School & Adult Bible Study10:30am - Worship is led by our Pastor, Peter SaieHandicapped accessible.

### FIRST PRESBYTERIAN CHURCH

1605 Genesee St, Utica, NY 13501 | fpcutica@gmail.com Opening Doors, Hearts & Minds: Serving Christ & Community Sundays - 10:30 Worship Faith Enrichment for all ages Coffee Hour following morning worship. Handicapped Accessible

### LIFE IN CHRIST FAMILY CHURCH

www.licfc.org • 315-557-8807 formerly located at 25 Robinson Rd Clinton NY has moved to 23 White Street, Clinton NY Sunday Service at 10am

### **ANNUNCIATION CHURCH**

7616 E. South Street, Clark Mills 315-853-6138 rectory.denise@roadrunner.com Fr. Kevin J. Bunger. Deacon Gilbert Nadeau (Retired) Weekday Mass: Wednesdays 10am Weekend Mass: Sat. 4pm Vigil, Sun. 9:30am Confession: Sat 3:15pm-3:45pm Handicap accessible, air conditioned

### STONE PRESBYTERIAN CHURCH

8 So. Park Row, Clinton Scott Leonard, Commissioned Lay Pastor Sunday service-10:30AM Website: www.stonepres.org E-mail: stonepres@verizon.net Office phone: 315-853-2933 Handicapped Accessible

### **CLINTON UNITED METHODIST CHURCH**

105 Utica Road, Clinton www.clintonmethodist.org Rev. Michael H. Terrell Sunday Worship Service 9:30 AM Sunday school during worship following children's time Office Phone: 853-3358

### PLYMOUTH BETHESDA U.C.C/ CORNERSTONE COMMUNITY CHURCH

500 Plant St. Utica (Oneida Sq. across from Dunkin) Mike Ballman, Pastor www.cornerstoneutica.com mike@cornerstoneutica.com Sunday Mornings: 11am

### CHRIST CHURCH (REFORMED PRESBYTERIAN)

8470 New Floyd Rd. Rome, NY 13440 Website: www.christchurchreformed.com Facebook: https://www.facebook.com ChristChurchReformedPresbyterian aarongoerner@gmail.com Pastor: Aaron Goerner Services:

25 Oxford Road - 732-7462 (Parish & Rectory) ststephensepiscopalnhny@gmail.com Sunday Service of Holy Communion at 10am followed by fellowship

Al-Anon Meetings: Sun. at 5pm & Thurs. at 5:30pm AA Meetings: Sundays at 8pm Yoga by Kristy: Tues. 5:30-7pm & Thurs. at 9:30-11am. more information can be found at www.rootdownwell.com EGA Meetings: 1st Friday of the Month St. Stephen's is handicapped accessible.

### FAITH IN CHRIST REFORM CHURCH

A Reformed Southern Baptist Church 3431 Oneida St., Chadwicks - 315-737-0753 www.ficfellowship.com Sundays: Worship, 10 a.m. Children's Church during the sermon. Bible Study and Prayer - Wed evening 6:30 p.m.

### **IMMANUEL BAPTIST CHURCH**

Pastor Fletcher Matlack 9501 Weston Rd., NH (Next to Perry Jr. High), (315) 737-5222 www.ibcfamily.com E-mail: info@ibcfamily.com Sunday School for all ages: 9:00 am - 9:45 am Sunday Morning Worship Service 10:00 am Nursery, Preschool and Children's Worship hour: 10:00 am

### ST. GEORGE ORTHODOX CHURCH

350 Higby Road, New Hartford, 315-292-6682
Fr. George Goodge
Sun - 9am Matins
Sun - 10am Liturgy
Wed - 5:30pm Vespers
Bookstore hours: Open Sundays after Services.

### WESTMINSTER-MORIAH-OLIVET PRESBYTERIAN CHURCH

Interim Pastor Rev. Dr. Mark S. Caruana Music Director Richard Crawley Worship service: Sunday 10:30 a.m. 714 Washington St., Utica. 315-732-6518 www.wmoutica.org pastor@wmoutica.org find us on Facebook & Twitter Handicapped accessible Sunday School: 10AM Sunday Worship: 11AM Thursday Bible Study 7PM

### ZION LUTHERAN CHURCH

630 French Road, New Hartford Interim Pastor William Preuss Sunday Mornings at 10 AM Al-Anon Meetings, Wednesdays at 12:30 PM 315-732-4110, office@zionluth.com www.zionlutheranNy.org Visit us on Facebook at: Zion Lutheran Church, New Hartford, NY All Are Welcome! This is God's house and Christ's church. There is a place for you here!

### **MOHAWK VALLEY CHURCH**

9417 Maynard Drive Marcy, NY Sunday Mornings at 10am Come As You Are www.mohawkvalley.church info@mohawkvalley.church Pastors Mike & Susie Melnick Contemporary Worship led by Mark Bolos

### **TABERNACLE BAPTIST CHURCH**

13 Clark Place, Utica 315-735-7534 churchoffice@tbcutica.org www.tbcutica.org Facebook: Tabernacle Baptist Church We are together in our diversity! Come worship with us! Saturday 6 p.m. Young Adult Worship & Study Sunday 10 a.m. English Worship Service Sunday 10:15 a.m. Sunday School for children in English and in Karen Sunday 11:30 a.m. Karen Worship Service and 2nd-Hour Sunday School Pastors Rev. Debbie Kelsey and Rev. Htee Gay

### **THREE STEEPLES UNITED**

2817 Old State Route 12, Paris. 315-368-3416 vitarinaldihale@gmail.com Sundat services at 10am

### **BIBLE BAPTIST CHURCH**

4431 Middle Settlement Rd., New Hartford, NY 13413
Brian Demers, Pastor
Sunday School for all ages: 9:30 a.m.
Sunday Morning Worship Service: 10:45 a.m.
Sunday Evening Bible Study: 5:00 p.m.
Wednesday Evening Bible Study and
Kids4Truth Children's Program: 6:45 p.m.
Adult Sunday School Class - We are beginning a new adult
Sunday School class for couples. We will be going through
Strengthening Your Marriage by Wayne Mack. Sunday
School begins at 9:30. A safe and loving nursery is available
as well as other classes for all ages - kids, teens, and adults.
Handicapped accessible. Nursery Provided.
www.biblebaptistchurchnewhartford.org

### ST. MARGARET'S ECUMENICAL & RETREAT CENTER

47 Jordan Road, New Hartford - 315-724-2324 stmargaretshouseny.org info@stmargaretshouseny.org Rev. Elizabeth Gillett, Chaplain The retreat center is open to the public. **On-Going Weekly Activities** Worship Services Wednesdays at Noon Zoom and In-Person Worship Services - All Welcome! Zoom.us ID: 842 3057 0175 Passcode: SMH Wednesday Lunches at 12:30pm Includes main + veggies, salad, bread, and dessert Please make a reservation by the Friday before 315-724-2324. Suggested donation \$13 per person **On-Going Monthly Activities** Friends of Emmaus House Meetings March 8th and April 12th - 2nd Wednesdays at 10AM @ St. Margaret's New Members Welcome! Conversations with Rev. Gillett - April 12th at 1:30pm 2nd Wednesdays at 1:30pm at St. Margaret's Group discussion about Matters of Faith This group will not be meeting in March due to Lenten Study Group Grief Support Group - March 14th and April 11th at 6:30pm. 2nd Tuesdays at 6:30pm at St. Margaret's What's Cooking with Irene - March 15th Monthly Dinner Corned Beef, Mashed Potatoes, Brussel Sprouts, Glazed Carrots, Bread, & Dessert. Third Wednesdays at 5:00pm (take out) and 6:00pm (dine in). Please make a reservation by the Friday before 315-724-2324. Suggested donation

### \$17 per person \*\* Special Events

It Takes A Village - March 7th and April 4th at Noon

Join this social action-oriented group that meets first Tuesdays at Noon to have lunch, talk about the issues of our community, and prepare a meal to be served that night at The Morrow Center. We meet from noon – 2:00pm, and then gather again at The Morrow Center at 5:45pm to serve dinner (from 5:45pm – 9:00pm). You are welcome to assist Clergy, laity, individuals, and organizations alike are invited to join Rev. Carol Jubenville for an introduction and discussion around "The Journey: Shepherding God's People." Please register ahead by calling or emailing St. Margaret's.

**MWPAI Presentation with Darby O'Brien - April 19th at 1:30pm.** A most interesting exhibit will be opening at Munson-Williams-Proctor Arts Institute on June 23 entitled "Sporting Fashions – Outdoor Girls 1800-1960." Darby O'Brien will come to St. Margaret's on April 19th from 1:30 - 2:30 to give an introduction to the exhibit and answer your questions. Please register by April 12th.

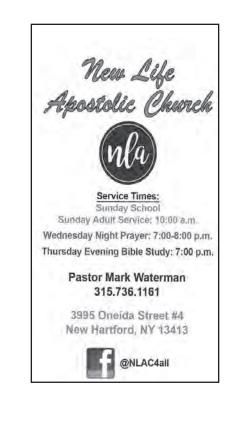
**Scrabble Day - March 22nd and April 26th at 9:15am** We had a good turnout for our January Scrabble Day and the group has decided to keep it going! Starting in March the group will meet Fourth Wednesdays at 9:15am. Please let us know if you would like to stay for lunch by the preceding Monday.

**Alzheimer's Association of Central NY** - April 26th at 1:30pm. The Alzheimer's Association will hold a presentation regarding area resources to all facing Alzheimer's and other dementias, including those living with the disease, caregivers, health care professionals, and families. Please register by April 20th.

**Dinner and a Movie** @ **St. Margarets -** April 27th at 5:30pm. Please join us for a special dinner at St. Margaret's followed by a movie! The dinner will be a choice of steak or chicken, with shrimp, veggies, salad, and dessert. We will then retire upstairs to watch a movie. Suggested donation \$25 per person. Please register by April 17th. Feel free to call ahead to learn what movie will be shown.

### **CITY HOPE CHURCH**

1415 Sunset Ave. Utica, NY 13502. 315-797-7775 Robert Tanner, Pastor Sunday: 10 am



**BEIT SHALOM** 48 Franklin Square, Utica, NY 733-2867 Rabbi: Stephen Galiley Friday Evening Shabbat Services: 7:00 pm Oneg Shabbat Beit Shalom is a Messianic Jewish Congregation. All are welcome!



### **TEMPLE EMANU-EL**

2710 Genesee Street, Utica, NY - 724-4177 teuticaoffice@gmail.com Rabbi Peter Schaktman Friday Evening Oneg Sabbath sponsored by the Sisterhood of Temple Emanu-El. All are Welcome

### **TEMPLE BETH-EL**

1607 Genesee Street, Utica Rabbi Gustavo Geier Executive Director: Mrs. Mundy B. Shapiro In person and on zoom www.tbeutica.org Fri night - 5:30pm Sat morning - 9:30am

### ZVI JACOB

Orthodox Synagogue 110 Memorial Parkway, Utica - 724-8357 Services are held Saturday at 9am, and on holidays. Services may be held at other times if there is a minyan. Visit our website www.zvijacob.org. All are Welcome.

### THE JEWISH COMMUNITY CENTER

2310 Oneida Street, Utica - 733-2343 Provides programs for seniors and recreational activities for all ages. Open to people of all races, religions, and nationalities.

> PRAYER TO THE BLESSED VIRGIN. (Never known to Fail) O Most beautiful flower of Mount Carmel, fruitful vine, splendor of Heaven, Blessed Mother of the son of God, Immaculate Virgin, assist me in my necessity. O Star of the Sea help me and show me here you are my mother. O Holy Mary Mother of God, Queen of Heaven and Earth, I humbly beseech you from the bottom of my heart, to succor me in my necessity (make request). There are none that can withstand your power. O Mary conceived without sin pray for us who have recourse to thee (three times). Holy Mary, I place this cause in your hands (three times). Say this prayer for three consecutive days and then you must publish and it will be granted to you.

with either or both parts of the day.

Lenten Study Group with Rev. Elizabeth - March 8th, 15th, 22nd, and 29th from 1:30 to 2:30 pm St. Margaret's Chaplain, the Rev. Elizabeth Gillett, will be offering a four-week exploration of Richard Rohr's insightful and illuminating book, "Falling Upward: A Spirituality for the Two Halves of Life." Please call to register or for more information.

Lenten Study Group with The Rev. Deacon Barbara Groves - February 28th, March 7th, 14th, and 21st at 2:00pm. Please join The Rev. Deacon Barbara Groves for a discussion about the ministry of Paul. Where did he travel? Who did he write to all those letters? Please call to register or for more information.

**Respite Days at St. Margaret's** March 10<sup>th</sup> and April 14<sup>th</sup> Each month we will hold a Respite Day open for all who would like to set aside time to dedicate to a quiet day of prayer and reflection. What can you expect? The day will begin with an optional focused-meditation lead by Rev. Elizabeth Gillett to start your day. The rest of the day will be quiet time on your own. There will be coffee/tea, morning/afternoon snacks, and a light lunch. Lunch will be a time that visiting with the others will be encouraged, but if you would like to remain in silence, a space for that will be afforded you. Suggested donation \$25/session. **The Journey Program with Rev. Carol Jubenville -**

March 14th, April 11th, and May 9th from 10 - 11:30am

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A few examples of the many disasters that happen daily in homes and businesses. Water damage caused by leaks, flooding or condensation can do more than cause unsightly stains in your home. It can cause permanent structural and mold damage. Disaster Services is a locally owned company with over 38 years of experience in all phases of water and mold damage. Disaster Services is a NYS licensed mold contractor and can accurately evaluate your homes damage and advise as to the most effective course of action to take. We use the latest technology including thermal imaging to determine the source of the water intrusion and the extent of water damage. We are not a franchise which means you will get the owner on site through-out the project to fully answers any concerns that you may have. We have proven to be the leading disaster mitigation company in the area with hundreds of satisfied clients both commercial, industrial and residential.

### **ATTIC AND BASEMENT MOLD:**

Attics and basements are one of the most common areas of mold growth in the home. Attics tend to have the perfect conditions for mold growth (hot, humid, and an abundant food source consisting of the wood framing and sheathing). Basement mold is a common problem in many homes due to ground water seepage mainly at the base of the walls around the perimeter of the basement. If mold is discovered, the best approach is to deal with it promptly. Disaster Services is a NYS licensed mold contractor and can evaluate and thoroughly explain the different removal options available to you and also help guide you after the mold has been removed with suggestions to avoid another occurrence.

### **SEWER AND DRAIN BACK UP:**

Sewer overflow or drain back-ups can present a more technical approach to the clean- up due to the contaminates involved. Porous, semi-porous building materials and contents will generally involve removal where affected by sewage, followed by proper remediation cleaning and disinfecting procedures. Most homeowner's policies do not cover sewer backup unless specific sewer backup insurance coverage is added. If your home falls victim to the damages of backups or overflows and you aren't covered, you'll be liable for home repairs and cleaning costs out of pocket. Sewer backup insurance coverage can be added to a homeowners insurance policy for as little as \$50 a year!

Disaster Services is a locally owned company that has been serving Oneida County and the surrounding area for the past 38 years and we set the bar for our competitors. We have proven to be the leading disaster mitigation company in the area with hundreds of satisfied clients both commercial, industrial and residential. We realize that in your time of need you should be speaking to a live voice, not a machine. When you call Disaster Services you will not reach an operator and have to wait for a call back during your stressful time, you will reach the owner and you will get immediate answers to your questions. Disaster Services is capable of handling any size residential or commercial flood or fire emergency and are able to service all phases of the job so that the homeowner need not worry about contacting multiple contractors for any additional trades that may be required. We will protect your property from further damage, develop a job scope and work closely with both the homeowner and the insurance carrier until job completion. We can even offer temporary heat to your home if necessary and also have a wide range of non emergency services. Remember Disaster Services if you are in need of help from damage resulting from water, fire, smoke or mold damage. Our services are 100% satisfaction guaranteed and available 24 hours a day, 365 days a year simply by calling 315-797-1128.



LtoR: George Carpenter (Rotary Club of New Hartford President), Gary Holeck (Preswick Glen Executive Director), Jeremy Rutter (Community Wellness Partners CEO)

### Preswick Glen Hosting Rotary Club of New Hartford

The Rotary Club of New Hartford has found a new home at Preswick Glen. The weekly meetings will now be held at the independent senior living community.

"We are always looking for ways to expand our reach and make a difference in the community. Preswick Glen is an optimal location thanks to their accommodations, technology, shared beliefs in the well-being of the community, and terrific in-house lunch crafted by Chef Bryan," said George Carpenter, President of the Rotary Club of New Hartford. "They are the perfect host for us." Preswick Glen is committed to providing its residents with the highest quality of life. The Rotary Club of New Hartford is also a service organization that is committed to improving the lives of others. The partnership between the two organizations is a natural fit.

"Rotary is a fantastic organization which has a long history of doing great work locally, and across the globe," said Gary Holeck, Executive Director of Preswick Glen. He continued, "The partnership made sense for Preswick Glen as many of the philanthropic and humanitarian goals are shared by our residents. We feel honored they have chosen us as the location to hold their meetings."

The Rotary Club of New Hartford draws up action plans to find solutions to issues facing the community. Some of their recent work includes providing books to kindergartners in New Hartford, financially assisting high school musicians, planting over 100 trees along the Sauquoit Creek, and supporting local veterans with clothing and food drives.

Holeck added, "There may be a direct opportunity to be of service to the Preswick Glen population in the future to supplement the service the Club does in the area. We enjoy our current collaboration and are excited to see what the future holds in helping our immediate community and the New Hartford community as a whole."

### About Rotary Club of New Hartford

Through meetings, social events, and volunteer projects, the Rotary Club of New Hartford learns about the issues facing the local community and communities all over the world, partnering with local, national, and global experts to exchange ideas about potential solutions and to draw up action plans to respond. The Rotary Club of New Hartford is focused on helping make the world a better, happier place.

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### About Preswick Glen

Preswick Glen, a Community Wellness Partner, is an independent-living community providing residents the benefits of a friendly neighborhood and the conveniences of a resort. From high-end cuisine to happy hours, excursions, and wonderful amenities, residents have everything they need to make life easier and more beautiful.

### About Community Wellness Partners

Community Wellness Partners (CWP) offers the most complete continuity of health and wellness services for older adults in Oneida County. These services are provided by three wonderful local campuses, of which CWP is the parent organization of LutheranCare®, Presbyterian Homes & Services, and Preswick Glen. CWP is also a 501(c)(3) nonprofit with the mission of caring for older adults by providing them the best services possible. For more information, contact Gary Holeck, Executive Director, at gholeck@preswickglen. com or 315-734-9586.





### **New Hartford Rotary News**

When you join Rotary, you become a member of a world renown service organization that has 46,000 clubs and 1.4 million members throughout the world. This enables a very unique opportunity for a club like our New Hartford club, made up of 20 members, to help and assist Rotary clubs located halfway around the world. Since the 1980's, Rotary has been the driving force to eliminate polio in the world. And in our efforts to do this, we have developed partnerships with other Rotary clubs all over the world which has enabled us to help out in many other ways. One such partnership was started several years ago between the Rotary Clubs of Fulton, NY and Fulton, MO. Sharing a common name brought these two clubs together and the New York club soon learned of a project that the Missouri club was involved in in Tanzania, Africa. A Member of the Missouri club had traveled to Africa to assist in the distribution of the polio vaccine when he learned of the Oltepeleki Village, near the border with Kenya, that had experienced tragedies in their efforts to educate their children. This area is a very wild, hilly portion of Tanzania and the children had to walk for several miles to attend the nearest school. Unfortunately, in the past years, some of the children

were killed by cape buffalos while walking to and from this school, but could have just as easily been attacked by the lions and poisonous snakes that inhabit this area as well. Through the efforts of the Missouri club and some local Tanzania clubs, they were able to construct a very crude mud/stick classroom, so the children would not have to traverse these wild jungle trails to attend school. Now both the Missouri and New York clubs have entered into a project to provide funds to build a better concrete block classroom, as well as a latrine and rainwater catchment system. The children who now attend this very crude school still have to go into the bush to go to the bathroom and consequently, are still subject to wild animal attacks. Also, the ground water in the area is not suitable for drinking, which is why a rainwater catchment system is very important for the children to have clean drinking and bathing water. Now, the Fulton, NY club and District 7150 have set a goal for all 43 clubs in District 7150 to raise \$20,000.00, which is the amount needed to construct the concrete block classroom, latrine and rainwater catchment system plus supply the school with some basic school equipment. This equates to an average of a \$465.00 donation from each club in the district. As of this printing, New Hartford Rotary has raised \$676.00 towards this project.

For 61 years, New Hartford Rotary has been working to make our community and the world a better place to live. We are always looking for new members and if you would like to work with like-minded members of your community to help us in our endeavors, we'd love to have you come and join us for lunch. New Hartford Rotary meets every Wednesday at 12:15 PM at Preswick Glen, 55 Preswick Dr., New Hartford, NY 13413. For more information about The Rotary Club of New Hartford, NY you can check our website at https:// newhartfordrotaryclub.org or follow us on Facebook at https://www.facebook.com/NHRotary/.

### The Abraham House Hosts 2nd Annual Winter Festival "Fire and Ice" Fundraiser

The Abraham House will host their 2nd Annual Winter Festival "Fire & Ice" Fundraiser on Saturday, March 4, 2023 The event will be held at 12 North Sports Bar in Utica from 5:00 pm - 9:00 pm. All proceeds from the event will benefit the Abraham House and their mission to provide services to individuals affected by terminal illness, at no cost to the guest or their family.

This 21 and over winter festival event will offer activities both indoors and outdoors. Guests will enjoy open bar, local food, bourbon tastings, cigars, live entertainment, axe throwing, and other games. Outdoors will be an ice bar with fire pits, smores, snow dodgeball and much more. Snowmobilers welcome.

Tickets will be available in advance at www. theabrahamhouse.com via Eventbrite. https://www. eventbrite.com/e/523863759607

Tickets are limited, be sure to get yours today.

The Abraham House benefits from the donations and grants received through community fundraising events like "Fire & Ice". Funding generated this year will greatly help the Abraham House continue to expand their services at both the Utica and Rome locations.

About The Abraham House: The Abraham House, a Welcoming Home for the Terminally III, are social model hospice homes based in both Utica and Rome, NY. The organization offers guests a secure loving home without charge, while providing physical, emotional, and spiritual support. Their surrogate caregivers have both the training and compassion necessary to provide loving, high-quality end of life care. Services are provided around the clock and free of charge. The Abraham House relies solely on community support and donations to maintain and run their homes.



Schuyler Commons with a craft fair & fundraiser for Anita's Stevens Swan Humane Society. Food, raffles, crafts, and pets - sounds like a perfect Saturday!



Call to learn more!

# (315) 359-4099

1776 Independence Square, Utica, NY 13502

www.schuylercommons.com



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