

Vol. 37 No. 6 June 2023 Standard US Postage Paid Permit # 566 Utica NY









# **SAVE THE DATE**

New Hartford Volunteer Fire Department Presents

# THE FIRE TRUCK SPECTACULAR

Thursday, July 20th • 6-9pm New Hartford Shopping Center



# FLEA MARKET

Saturday, June 10, 2023 9AM - 4PM

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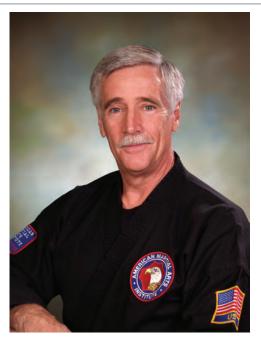
# The 9th Annual "Best Ball" Golf Scramble with Prizes

Saturday June 10th, 2023 at Twin Ponds Golf and Country Club. A benefit for the Make-A-Wish foundation in honor of the memory of John D. Lloyd, who was a sophomore at New Hartford High School when his wish was granted. Please help us to help Make A Wish keep granting wishes.

We are collecting donations for the Make A Wish of CNY and everyone is welcome to stop from 10am to 2pm at Twin Ponds Golf and Country Club pro shop to participate in the raffle baskets. Plus we are selling raffle tickets for 3 amazing items for those who will not be at the event. Choose from a Buffalo Bills Quilt, a Solo Stove Bonfire 2 set (\$600 value) and a Meyda Tiffany Lamp (\$880 Value)! Each raffle ticket is \$5. For questions or to buy a raffle ticket contact Susan Lloyd at 315-723-7865 or Kathy Lloyd at 315-723-6545.







# Martial Arts Institute Offering One-Day Women's Self Defense Class

Women can refuse to be victims by learning how to recognize and handle dangerous and potentially dangerous situations. The American Martial Arts Institute, under the direction of Grandmaster Clifford C. Crandall, Jr., is sponsoring a one-day women's self-defense class, 10 to 11:30 a.m. Saturday, June 17 at their facility at 8382 Seneca Turnpike, New Hartford.





# Mohawk Valley Chess Club

Join the MV Chess Club each Sunday at the NH Public Library in the Sammon Room, from 2-4. All ages and skill levels are welcome!



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# The Positivity of Flowers

submitted by Shelley Corey of The Mum Farm

We all are looking for more happiness, positivity, and well-being in our lives. I myself am now limiting my exposure to the news. By doing so, I have opened more space in my life to read books and sit quietly with myself without my neck bent over looking at my screens, or with the constant buzz of the television in the background. I would much rather bend over and focus on my flowers! They bring me peace, help me stay in the moment and give me so much joy. The pride I feel from growing greenhouses full of annuals that by now grace many people's porches, decks and yards is what keeps me "growing".

When you drive past beautiful municipal plantings in villages, towns, colleges, and museums you cannot help but think that they take great pride in their communities, their residents, their students, their patrons. A small business is ever so welcoming with a simple gesture of a beautiful pot of annuals at the front door. It says to their customers that they care about the "little" things in life that often go unnoticed. Flowers boost everyone's mood.

Every June I write an article that touches on the importance of learning the proper way to water. I know this is by far the most important lesson I need to pass along to all who will listen! All of our annual plants benefit from a thorough watering. That means watering

the entire soil column and then waiting until the soil dries down (notice I did not say dry completely). I do not mean to the point that the plants wilt! This takes experience. It's knowing approximately how much water the soil can handle before it comes running out the bottom of the pot. This will be trial and error in the beginning. Even though it pains me to say this, I often count in my head to know how much water I've put on my plants. To look at me you might think I'm totally enjoying the task of watering (which I am!), but I'm definitely staying in the present moment by counting just like the Count on Sesame Street!

Let's touch on fertilizer. I recommend fertilizing with an all-purpose soluble fertilizer that gets mixed into water. I routinely fertilize once a week throughout the summer months. On "fertilizer day," I water my plants with the fertilizer solution rather than watering with just plain water. If you get in the habit of doing this, you will be astonished at the show those annuals will put on for you!

When caring for your plants you are "living in the moment." One can rarely care for plants quickly.... proper care for them slows us all down. When they are lovingly cared for, they thrive and you will swell with pride. Wouldn't it be wonderful if we could all slow down and give our friends, relatives, even strangers a few minutes of undivided attention each day? I bet those people would begin to blossom from the attention, just like our plants! Let's start doing our part to spread kindness in our community, whether planting flowers for everyone to enjoy or simply smiling at a stranger. Smile, we'll be making the world a better place.



# 15<sup>th</sup> Annual Fundraiser for Alyssa Carol Hansen Memorial/Scholarship Fund

Tuesday, June 6, 2023 4-7pm \$10 Adults • \$5 Ages 10 & under Eat in or Take out Station 233, A Simple Bar Route 233 Westmoreland All You Can Chicken Riggie Dinner, Basket Raffles, 50-50 raffle

A \$1,500 Scholarship is given each year to a graduating student from Westmoreland Central School that has demonstrated perserverance, integrity, a good attitude, and good behavior in achieving his/her academic goals and personal daily living skills as written in an Individual Educational Program.



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# **NH Public Library** 2 Library Lane 315-733-1535

Monday and Tuesday 10am-8pm

**Closed on Wednesdays** Thursday and Friday 10am-6pm Saturday 10am-2pm Sunday 1-5pm

**Computer Appointments Required Curbside Pickup Remains an Option** 

# **Stay Connected With Us!**

The most up to date information regarding closings, reopening, programs and crafts can be found on our website and on our Facebook and Instagram pages. Website: www.newhartfordpubliclibrary.org Facebook: www.facebook.com/newhartfordpubliclibrary

Instagram: new\_hartford\_public\_library

# **NHPL Board of Trustees** 2023 Meeting

The New Hartford Public Board of Trustees meets the 3rd Wednesday of each month at 4:30 pm in the Sammon Room at the New Hartford Public Library.

June 21st, July 19th, August 16th, September 20th, October 18th, November 15th, December 20th, 2023.

# **Used Book Donations**

Thank you for thinking of us for your "gently" used books. Please limit your donations to one box/bag at a time and drop off at the circulation desk and not in the hallway, at drop boxes or outside the door when the library is closed, Thank you.

We are currently accepting newer fiction & nonfiction hardbound and paperback books and magazines. As well as records, DVDs, Children's books, puzzles and games.

We DO NOT accept moldy/damaged books, textbooks, medical books, encyclopedias, Reader's Digest Condensed books, National Geographic magazines, and multi-volume book sets. We are also no longer accepting Audio cassettes, VHS tapes, and Computer games/books.

This is a major fundraiser for the Friends to assist the library in buying quality materials and in providing programs especially for our youth. Your support is very important.



# Outdoor Book Locker

We have added another way for our patrons to pick up their materials! You may have noticed our outdoor book locker located at our level entrance. This book locker allows patrons to pick up their materials when we are closed. Patrons may choose to use this even when we are open as well! When placing your holds, simply enter NH Locker or let the staff know that you would like your hold to be placed in the locker.

This locker was funded by a grant through the Central Library Resources Council and the Mid York Library System.

# **Community Outreach**

We are hitting the road and would love to come to your organization! Are you involved with a preschool, daycare, summer program or assisted living center? We would love to come to your organization and share these were painted and framed during 2021-22. Young more about our upcoming programs, issue library cards and provide programming to your facility. For more information, please contact our Library Director, Anne 315-733-1535.

# **Literacy CNY**

Need some tech help? We have a volunteer at the Library each Monday from 11:00-2:00. Literacy CNY provides trained individuals to assist patrons on a one on one basis. They look forward to helping our community. We greatly appreciate this service they are offering our patrons.

# **Interested In Using Our** Window Display?

The display case a/t the Library's main entrance is available without charge for community groups or individuals to display works of art, collections or educational displays. Exhibits must be in keeping with the Library's mission to meet the educational, cultural and recreational needs of the community. Exhibits may not be for entrepreneurial or commercial purposes, for the solicitation of business for profit or for fundraising. Religious proselytizing and partisan political recruitment are similarly prohibited. Applications for the case are on a first come, first served basis and are limited to one month, with displays also limited to one per year per individual, group or organization. Exhibits will be reviewed in advance before being displayed. Applications for use of the case are available at the Library's front desk. If you have any questions or are interested in using the display, please call the Library and ask to speak to our Display Case Coordinator, John. 315-733-1535

# **Doll Club Observes 50th Year**

The Heritage Doll Club of CNY celebrated its 50th anniversary as a member of the UFDC (the United Federation of Doll Clubs) in February 2023. Originally formed in 1972, the club joined the UFDC the following year, under the leadership of charter member and first president Sally Sommers. Today, the club has an active



local NYS Cheeses and Chocolates

roster of 25 members who meet monthly at the New Hartford Public Library to share dolls, information, and fellowship. As part of its 50th year of observance, the club will have a special display at the library during the month of June, which will include members' examples of the club mascot, Raggedy Ann, and the certificate of recognition from UFDC. The club's next monthly meeting will be at 10:30 a.m., Saturday, June 17, in the Sammon Room of the library. Interested persons are always welcome to attend.

# "Birds and Blooms" Watercolors by Joann Wilkinson

Our artist of the month is Joanne Wilkinson and she provided this bio.

"I call these watercolors my "COVID" paintings as or old, COVID touched us all and not for the better. I did not see my family or friends. I missed church and weekly visits to the New Hartford Public Library. As with many, the isolation caused me great anxiety. Painting saved my sanity and it helped my daily coping. I was happy when I was painting, mostly birds and flowers. I would like to share or to give back to the library. Since my retirement in 2003, the books, DVDs, book clubs and socializing have filled my life. So thank you New Hartford Public Library for enriching my life. All proceeds from this sale will benefit the New Hartford Public Library."

Many thanks to Joann for sharing her time and talent with the Library! We appreciate your support.

# **Introducing Garden Talks**

Our Lally Garden is certainly a showpiece and provides so much beauty regardless of the season. Our landscaper, Bob DeSanctis of Royal Landscaping, will be providing informal garden talks the 3rd Saturday in June, July, and August from 10:00-12:00. Want to know a bit of the history of the garden? Have questions about some of our flowers or shrubs? Bob will be happy to answer any of your questions! Hope to see you there!

# **Grab & Go Projects Adults**

Adult Grab & Go Projects continue on the first Monday of each month.

June 5th – Yarn Wall Art (As Seen on HGTV)

Call to reserve beginning at 10:00 on the day of that months' project, or come into the library to pick up.

# **Grab & Go Project Bags** for Kids

Kids Grab & Go Projects continue on the first Thursday of each month.

June 1st – DIY Journal Kit

Call to reserve beginning at 10:00 on the day of that months' project, or come into the library to pick up one.



# **In Person Story Time**

Mondays (group A), Tuesdays (group B) and Thursdays (group C) 10:30-11:00 for preschool aged children. Join us for stories and crafts. Aimed towards preschoolers – but all are welcome. An adult must accompany the child. All story times are held in the Children's Area/Corasanti room.

May 30 & June 1: Rainbow/Colors Theme June 5, 6, 8: Construction Trucks Theme June 12, 13, 15: Watermelon Theme June 19, 20, 22: Ice cream Theme June 26, 27, 29: Summer Fun Theme

# **Touch the Trucks**

Saturday, June 10, 10:00-12:00. Join us as The New Hartford Highway Department bring some of their best big trucks to the library lower level parking lot for the children to see and explore! We are so excited to be able to bring back one of our most popular programs!

# **Summer Reading Sneak-Peek**

Will we see YOU this summer at the library?

One of the great things about New Hartford is our community we share. Join us July 10 to August 18th as we explore the theme "All Together Now: Kindness/Friendship/Unity".

During this time we will have weekly story times, crafts, special appearances/performers and so much more. We are also excited to announce a new Book Buddy program where teens/tweens are matched with younger children in order to find their next favorite book/hobby/activity. More information and dates to follow. Stay up to date with all upcoming summer events and activities on our website, Facebook page and in the Town Crier.

# TEENS NEEDED – Summer Book Buddy Program

NHPL 2023 Book Buddy Program runs from July 14th to August 18th every Friday at 11am till noon. Teen Volunteers will be matched with elementary school children to help find that child's next favorite book/hobby. Book Buddies are not tutors nor babysitters, but a library friend that is willing to spark the joy of reading and libraries that they had/or wish they had as a child.

Volunteer for one Friday or all Fridays!

Join us June 19th at 11:30am for an information session with any questions you may have.

Can't make it to this session? No worries! Contact Cheryl at the library for more information.

# Park Passes Are Back!

Once again, the Friends of the New Hartford Public Library are supporting our Park Pass Program. Through their generosity, we will be allowing our patrons to check out the following park passes which will allow our patrons a discounted entry rate:

The Wild Center

Fort Rickey Children's Discovery Zoo

Adirondack Experience

Munson (formerly Munson Williams Proctor Art Institute)

Utica Zoo

Passes must be placed on adult library cards and must be returned to the New Hartford Public Library Circulation Desk. Please call 315-733-1535 for more information

# **Community Rooms**

Community Rooms will be available for groups and organizations to use. You can find more information on our website (https://www.newhartfordpubliclibrary.org/reserve-a-room/), by calling 315-733-1535, or by visiting our Circulation Desk at the Library.

# **Book Clubs**

Are you interested in joining a book club, currently in a book club, or looking to start one? If your club needs to order books or if you are interested in starting a book club, please call the Library and ask to speak to our Book Club Coordinator, Danielle. 315-733-1535

>Ruth Anne Mystery Book Club reads mystery novels. They meet on the second Saturday of the month at 11am. For more information please contact the library.

>Wanderlust Book Club reads fictional novels, ranging from current to historical. They meet in the first Thursday of the month. For more information please contact the library.

>Women (and Men) of Mystery: led by Janet Hoover will be taking a short break. We meet again (via zoom) on July 22. While it is not necessary to read anything ahead of time, if you need to add items to your "to be read" pile, we will discuss Al Roker, Steve Allen, Peter Robinson, and R.D. Wingfield.

# **Mohawk Valley Chess Club**

Join the MOHAWK VALLEY CHESS CLUB (USCF ID A6046725)! —The ONLY US Chess Federation certified chess club in Mohawk Valley! The group will meet at the New Hartford Public Library (Sammon Room) at 2 Library Ln every Sunday 2-4:30 pm. A USCF certified chess coach will be at each meeting. There is no fee for this weekly event.

# **Yoga for Seniors**

Join Bill Skinner every Monday at 3:00pm for a Yoga program geared towards seniors! Please call the Library at 315-733-1535 to register for this in person class.

# **Chair Yoga Class**

Join us each Monday morning for a Chair Yoga class taught by Donna Reale. Classes start at 11 and will last until noon.

# After Breast Cancer Support Group

Our next meeting will be on June 3rd. It will be an end of the year luncheon at 69 Steakhouse on 409 Oriskany Blvd in Whitesboro. It starts at noon. There will be no meetings in July or August. Please reserve with Marcia (315)507-5648, by May 29th.

The ABC Support Group will resume in September!

# **Grieving Parents Group**

On June 6th and 27th from 6:30-7:30 Jennifer Tooke will be hosting a Grieving Parents Support Group at the New Hartford Public Library. If you have suffered the loss of a child please consider joining. Though you may not feel like sharing your story, feel free to come and listen to others. You are not alone, and together we can heal. If you have any questions, please contact Jennifer at 315-269-6889.

# **Postpartum Meetup Group**

Join us in the Sammon Room at the New Hartford Public Library on the following Fridays from 10:30 AM- 12PM: 6/9 and 6/23.

Come as you are, grow your village and share some space with new moms! Mommas & babies under 18 months welcomed. Coffee & light refreshments provided. Hosted by Bridget Parke, Owner/Birth Doula at CNY Born

Follow @cny\_born on Instagram and Facebook for more information and upcoming dates!

Questions: bridget@cnyborn.com

# Bill Bonsted Indoor Miniature Golf Tournament 2023

The New Hartford Public Library is recognized for its unique blend of programs, services, resources, displays, club gatherings, craft pick-ups for children and adults, but as you think about it did you include playing miniature golf in the library? It will soon be time for the Bill Bonsted Indoor Miniature Golf Tournament, sponsored by the Friends of the NHPL. Come play 18 holes of indoor miniature golf winding through the stacks discovering areas you probably didn't know existed. Meet the challenges of others who putted through Pringle cans, raced around a Lego track or through the legs of flamingoes. and then down the path of books (you can practice at home) to the end. Also throughout the years how can we forget the windmill created by a Girl Scout troop made of cookie boxes, the game of Operation by a doctor, PTA creations bringing storybooks to life with the appearance of Olaf, Hallowen by Preswick Glen, or the Wimpy Kid created by a grandparent and grandchild.

Be a part of the excitement. Get involved. Create a hole, volunteer to monitor especially those students that need volunteer hours or perhaps you would like to give a donation to support this fundraising event. Get thinking!!! Be a part! This is fun. Oh, did I mention the trophy?

(Further information will follow in the Town Crier or in the Friends section of the library web page of all you need to know as we move closer)

# Support the New Hartford Public Library with a Membership in the Friends

Become a Friend of the NHPL. Benefit the library with your assistance as needed. There is always a need!! Your membership also helps to financially assist the library in providing materials, programs and a variety of opportunities for our community.



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# The Making of a Successful High School Athlete

sumbitted by Jim LaFountain, All American Fitness Center Locus of Control: This is a sports psychology term, used to identify what type of stimulus (source) motivates an athlete.

External Locus of Control identifies those athletes who require an external mode to motivate them. Loud music, constant praise, anything external qualifies.

Internal Locus of Control is motivation that comes from the heart, contains a strong desire for training and practicing in order to become the best athlete they can be. Most elite athletes are internally motivated. That doesn't mean they don't listen to loud music or appreciate an occasional pat on the back.

Being Present In any sport, being "in the moment" is critical for a successful performance. There's no substitute for being intensely in the present moment. Results will take care of themselves.

Genetic Predisposition: An old saying in Sports is "You can't dodge the genes." Experts suggest that about 60% of what we can physically achieve is genetically predisposed. In other words, two 5'4" parents probably will not produce an offspring designed to play in the NBA, two obese parents, most likely will not birth a lean and muscular athlete.

Setting Realistic Goals: Everyone involved should participate in an athletes goal setting process. A 16-18 year old athlete tends to be a bit unrealistic. Adults are more mature and realistic. Both short and long term goals should be addressed.

An "Action Plan" is where the rubber meets the road. What is an athlete willing to do on a daily basis to reach her/his goals? How many quality free throws would a basketball player be willing to make each day? How many quality swings would a softball player be willing to make each day? Would an athlete do what it takes in

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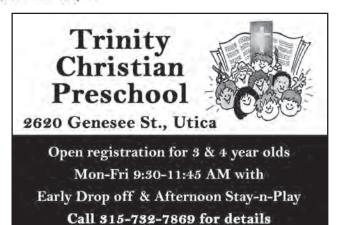
Parent Support: We've all seen parents who feel their young athlete has the potential to play professionally. On the flip side, I've coached teams where, even at the high school level, we were a glorified babysitting service, never to see a parent attend a game or practice. Dropping off and picking up from practice and games is not effective sport parenting.

There's a fine line, somewhere in the middle, where parents can be most effective. My wife and I reminded ourselves on a daily basis with one essential question: "What is it that we must do today to position our child for success." I was fortunate to be in a position to hand down to my son some things I learned at the college and professional level. Positioning a youngster for success does NOT mean controlling every thing they do or badgering coaches for their playing time.

Coaching: Quality coaches must know the game, inside and out. I believe it's essential to also know what motivates each individual player. A rule I tried to follow consistently is to reprimand in private and compliment in public. Drills and scrimmages must be at an intensity to bring out the best in each player. Effective scrimmages must include consequences: cleaning the locker room for scrimmage participants who lost the scrimmage or a series of drills.

Training in and out of the Arena: An athlete wins and loses with their level of intense preparation. Whether it's resistance training, running or practicing "sport specific" skills, focused work pays dividends. I believe there's a karma to every sport and the investment made by coaches and players each and every day.

Hustle does NOT go into a slump. There's no excuse for not hustling. Whether you're charging onto or off the field or taking a charge on the court. In most cases, you are engaged in a contest or practice for about two hours. There's no excuse for not giving 100%.



# Summer, Summer, Summertime! At the Fair Trade Shoppe

June is the month when it finally starts to feel like summer. It's also the month for graduations, weddings, showers, engagement parties and other gatherings. We have a large selection of handmade gifts for all occasions. The rounded forms of our hand-carved and sanded Acacia Wood Salad Set (from the Philippines) feel great in the hand and look gorgeous on the table. The set includes one large serving bowl, six salad bowls and a 12" salad server. Perfect for napkins, condiments, utensils and other kitchen tools, our smooth Mango Wood Tabletop Caddy features four even compartments to store all your tabletop necessities and it is hand-carved by artisans in India. Don't wait for a blue moon to capture your thoughts! Tuck our Blue Moon Leather Journal from India into your bag to inspire your next sketch, drawing, poem, list or daily musings. Even the paper is handmade which makes everything that happens between its pages feel extra special. Its dimensions are 5" long x 6" wide. These and many, many more uniquely handcrafted gift items from 38 different countries are available at our Fair Trade Shop, Stone Presbyterian Church, 8 So. Park Row, Clinton. Our hours are 10am to 4pm every Thursday in the shop, SECOND Saturdays, and every Thursday, starting June 1st, at the Farmer's Market on the VIllage Green in Clinton. Purchasing fair trade items ensures artisans and small farmers fair wages and healthy working conditions, providing dignity, sustainable development and hope for marginalized people. Let us be your go-to Gift Shop! Visit us at https://buildingstonesshoppe.square.site or facebook.com/buildingstonesfairtradeshoppe.





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# **Celebration of Life**

The loss of a loved one is never easy. In some cases, attending a funeral can make the experience more difficult. An alternative option is to have a celebration of life. An event focused around celebrating the achievements of the deceased, what they valued, and sharing good memories.

Who? The first thing you need to think about is who the event is for. While the purpose is to honor the life of the deceased and reflect his/her individuality, keep in mind that this event is for family and friends as well. It is about more than just saying goodbye, it's about helping family members and friends cope with the loss and begin the healing process.

Where? The great thing about a celebration of life is that it can take place anywhere. The deceased's home, a local park, even at a funeral home. The first thing you need to do when choosing the location is to determine how many guests will likely attend. From there you can begin looking for venues that will meet the space requirements. You can also consider holding the celebration of life at a location that was important to your loved one.

How? Some celebrations include an officiant and others do not; the choice is totally up to you. Some families choose to have someone move the ceremony along and others hold a more informal party where guests just casually interact and share stories. This is also when you can begin to think about things like pictures, decorations, music, and food. Again the choice is yours, but we recommend selecting things that your loved one enjoyed, were passionate about, or reflects their personality.

If you would like some inspiration for possible celebration of life ideas, we've compiled some interesting and unique ideas to help get the creative process going.

Light a sky lantern with your loved one's name on it and a message and release it at night. This could be done for a celebration of life service, or on another special occasion. If you have lost several family members, you could release a number of lanterns at once. (Be sure, however, to check if you need a permit to release a sky lantern, and do not release the lantern where it is a potential fire hazard. If you're considering a sky lantern release, make sure to opt for a biodegradable option.)

Plant a tree in your loved one's name. Select a sapling of their favorite type of tree, and plant it in a place that they loved. (The planting of a tree could be incorporated into a celebration of life service if you wish.)

Donate some of your loved one's clothing or belongings to charity.

Wear your loved one's favorite piece of jewelry.

Have a bracelet engraved with your loved one's signature or how they hand wrote "I love you." You can find the script to use from an old note or card that you've kept.

Create a memorial quilt out of old photographs and patches of your loved one's favorite clothing.

Create a recipe book with your loved one's famous creations. You could include photographs of family gatherings around the dinner table.

Create a music playlist that reminds you of your loved one and puts a smile on your

Donate your loved one's favorite books to a school library with a beautiful certificate affixed on the inside cover that says: "This book was donated in loving memory of [your loved one's name]."

Create a simple bracelet or necklace out of your loved one's wedding band or other special piece of jewelry.

Turn dried funeral flowers into beads, and assemble the beads into a memorial bracelet that you can wear.

Visit your loved one's favorite place and leave a rose or favorite flower there, along with a note: "[Name] loved this place and was happiest here. May [he/she] rest in

Make wind chimes in honor of your loved one so that when you hear them in a breeze, you think of him or her.

Make a memory candle for your loved one. You can make this for yourself or for guests to a celebration of life service.

Practice mindful meditation. Sit in a quiet place and contemplate how lucky you were to have known your loved one. Focus on your breathing.

If your loved one was a dedicated sports fan or enjoyed playing a certain sport, consider focusing the event around that love. A great idea for this could be organizing a golf tournament, exhibition softball, or basketball game.

Was your loved one a caring and charitable person? If so, you could organize an event around celebrating their while raising money for a cause they were passionate about. The fundraiser could be an elaborate event or a casual party where people leave a donation to be pooled together and donated in the deceased's name.

If your loved one was a foodie who loved to make or eat delicious food and appreciated trying new things, organize a dinner party that serves their favorite foods. Family and friends should feel a close connection when they dine on the food that your loved one enjoyed.

If you have any questions about having a celebration of life, or are looking for help on ideas for how to personalize a service for your loved one, please feel free to contact us.





52 Genesee Street, New Hartford • 315-927-8019



THE HOUSE

September 8, 2023 | 6:00 pm - 10:00 pm | The Stanley Theatre | 259 Genesee St, Utica, NY

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- Bid on our live and virtual auctions
- Listen to glorious music performed by the Half Moon Orchestra

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Ten tickets to the event, door-to-door car service to and from the event venue, top billing recognition marketing at event and media promotion, featured on our website's landing and event page, social media, Invitation, and New Hartford Town Crier.

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Six tickets to the event, recognition marketing at event and media promotion, featured on our event web page, social media, Invitation, and New Hartford Town Crier.

# **VINTAGE SPONSOR**

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Two tickets to the event, recognition marketing at event, text only media promotion, text only listing on our event web page and social media

# SPARKLING SPONSOR

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One ticket to the event, recognition marketing at event and text only listing on our event web page.

With your support, we can positively impact children's lives. To become a sponsor, please contact Leila Bjornland at 315.235.7772/leilab@hgsutica.com or visit ChangingChildrensLives.com.

\*You must be 21 years old or older to attend

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# **Tommy Goodelle - Hoop Shoot National Champion**

On Saturday, April 22nd, 72 contestants over 3 age groups competed in the 2023 Elks Hoop Shoot National Championship at the Wintrust Arena in Chicago, Illinois. The Wintrust Arena is the home to the WNBA's Chicago Sky and DePaul's Blue Demons. It was there that Tommy Goodelle, son of Andy and Nicole Goodelle of New Hartford, became the boys 12-13 National Hoop Shoot Champion. Tommy, a 7th grader at Perry Junior High, made 25 out of 25 free throws to win the Championship. This is Tommy's

fourth year representing Utica Elks Lodge #33 in the of the Elks Grand Lodge Convention to be held in National Championship, making the National finals every year in the four years that he competed. He finished third in 2019, won the National Championship in 2020, and finished fourth in 2022. He is a four-time Hoop Shoot National Champion, he will have his name New York State Champion (2019, 2020, 2022 & 2023) and a four-time Region 5 Champion (includes NY-NJ-PA, 2019, 2020, 2022 & 2023)

in a tiebreaker against Armante Ventiquattro, the Boys 8-9 National Champion (Boonville, NY shooting a trip to this year's Benevolent and Protective Order Region 5) to qualify for the National Championship.

Minneapolis, MN this July in addition to attending the Naismith Memorial Basketball Hall of Fame induction ceremony in Springfield, MA this August. As an Elks listed in the Naismith Basketball Hall of Fame.

The Elks National Foundation Hoop Shoot competition is in its 51st year. Former National Tommy also went on to make five out of five shots Champions from New York include Chris Mullins and Joseph Girard III. Each year there are over one million contestants nationwide at the start of the competition. 25/25) to win the Getty Powell award for the boy that Contestants from New York have to win in 5 levels made the most shots of the day. This earns Tommy of competition (Local, District, NY Regional, State,

# **New Hartford Spartans Home Games**

\* subject to change without notice

Date	Start time	Sport	Level	Opponent
06/05/2023	4:15 PM	Softball (Girls)	7th/8th	Rome Free Academy
06/05/2023	4:30 PM	Baseball (Boys)	7th/8th	Rome Free Academy
06/06/2023	4:15 PM	Lacrosse (Boys)	Modified 7/8/9	Rome Free Academy
06/06/2023	4:15 PM	Softball (Girls)	7th/8th	Utica Proctor (JFK)
06/08/2023	4:15 PM	Lacrosse (Girls)	7th/8th	Whitesboro
06/08/2023	4:15 PM	Softball (Girls)	7th/8th	Central Valley Academy
06/08/2023	4:30 PM	Baseball (Boys)	7th/8th	Central Valley Academy



# **Summer 2023 Swimming Programs**

# Learn-to-Swim Lessons

Registration is NOW OPEN for all Summer Programs

Summer Session 1 - \$150

Monday through Thursday (July 10<sup>th</sup> – July 27<sup>th</sup>)

**Summer Session 2 - \$150** 

Monday through Thursday (July 31st - August 17th)

Preschool Aquatics - 9:30am-10:10am

Level 1 - 10:20am-11am

Level 2 - 11:10am-11:50am

Level 3 - 11:10am-11:50am

Level 4 - 12pm-12:40pm

Level 5 - 12pm-12:40pm

Level 6 - 12pm-12:40pm

# Summer Community Swimming

July 3rd - August 17th (Closed July 4th)

Open Swim & Lap Swim - \$5 per swimmer

(Single and Family Passes Available) **Monday through Thursday** 1:00pm-5:00pm

Private Swimming Lessons Available

**Monday through Thursday** 1:00pm-5:00pm

Competitive Diving

July 5<sup>th</sup> - August 14<sup>th</sup> **Mondays and Wednesdays** 7:00-8:30pm

Registration Forms and Schedule Information can be found on our website www.newhartfordaquatics.com

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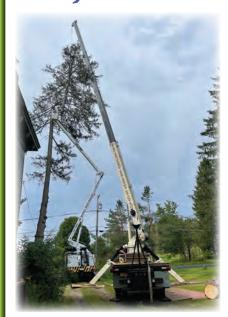
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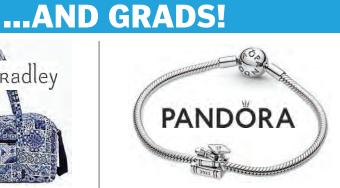
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# **New Hartford Chamber Welcomes Smart Carrier:**



Welcome Smart Carrier to the New Hartford Chamber!

Smart Carrier, located in Clinton, NY helps organizations with solutions and services that aim to increase contact rates and decrease the likelihood of Spam/Spam Likely, with services such as Smart Caller ID®, AI Answering Machine Detection, STIR/SHAKEN, and others.

Their platform caters to contact centers, enterprises, and companies that make high-volume calls. With these services, customers will know, without a doubt, who is calling them. Let Smart Carrier take your organization to new levels by helping reestablish trust in the phone call.

Learn more at www.smartcarrier.io

Pictured above: Smart Carrier Team Photo Pictured left: Rachelle Guitian, Chief Marketing Officer holding a New Hartford Chamber Member plaque



# **Farmers Market Starts June 14th**



Get excited! It is Farmers Market season! Shop local and support small businesses by visiting vendors at the market, **now located on the Village Green** in New Hartford. The market will be on Wednesdays, starting June 14th from 2:30-6:30 PM. Read more on Page 16!

# **Tucker Pools and Spas- Grand Opening**



Tucker Pools and Spas, located at 8086 Seneca Turnpike, Clinton, NY, celebrated their Grand Opening with a Ribbon cutting in May.

Ben Tucker and his team bring "the fun to your backyard" with over 25 years of experience to the pool and spa industry. They have

extensive knowledge in sales, service and installation and their store carriers a full line of ProTeam chemicals, along with pool and spa parts, accessories and more.

Stop by the store today, or call for delivery. Thinking of putting in a pool this year? Call today! (315) 507-4630

Pictured Right: Owner Ben Tucker and his wife, with John Hobaika, NH CHamber Board Member



# **Daughter for Hire Receives Grant**



Daughter for Hire recently received a grant, sponsored by First Source Credit Union, through The Genesis Group Small Business Assistance Program. The grant will be used to fund two Microsoft Surface Pro tablets to help senior clients in the Mohawk Valley stay connected to the world around

them. Caregivers will teach their clients how to check their email, read the news, play games, and help them stay in touch with family and friends. This is a great way to provide a fun, positive, and engaging challenge while giving seniors access to the world outside their door. Visit daughter-for-hire.com to learn more.

# **Berkshire Bank Hosts Business After Hours**

Berkshire Bank hosted an After Hours event on April 27th complete with food and beverage.

Business After Hours events are a great opportunity to network and meet local business owners and chamber members. Keep your eyes peeled for more in the future!



# We Want to Hear From YOU!

The New Hartford Chamber loves LOCAL. Our wonderful small businesses make up so much of the community, but it is also the people here, that make this great community possible. We want to hear from YOU!

Submit your name along with your story or quote to the New Hartford Chamber Marketing Committee Chair, Kaila at vintagejunebugco@gmail.com to have the chance to be featured on this page of the Town Crier!

Topics may include:

- -What is your favorite thing about living in New Hartford?
- -Do you have a favorite memory of growing up in New Hartford?
- -What are some of your favorite things to do in New Hartford?



By emailing this information, participant understands that their name and quote may be published by the New Hartford Town Crier and may be used by the New Hartford Chamber of Commerce for advertising not limited to print, social media, etc. No royalties shall be paid to participant for such use.



Looking for something fun to do with Dad to celebrate Father's Day? No matter the weather, you can check out The Bunker, the premier indoor golf venue for the ultimate golf experience, located in the Orchard Plaza, 8653 Clinton Street in New Hartford.

Congratulations to all of the New Hartford Graduates!

"Go into the world and do well. But more importantly, go into the world and do good."

-Minor Myers Jr.







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622 Sherrill Rd, Sherrill Tues - Sat 11- 4:30pm 315-363-3003 www.whitebegonia.com

# ~ Summer Fashion Show ~ Tuesday, June 27th 6-9pm

at Lakeside Landing @ Oneida Community Golf Club Refreshments and Appetizers Served No Entry Fee, Donations towards Heart Association welcome



# In Concert Frankie Gavin & Catherine McHugh

Join us at The H.A.R.P. Museum at the Irish Cultural Center of the Mohawk Valley on Sunday June 4 at 3 PM for an afternoon of music from the highly acclaimed Galway fiddler Frankie Gavin and his equally accomplished accompanist Catherine McHugh.

Frankie Gavin was born in 1956 in Corrandulla, County Galway, from a musical family. As a child he played the tin whistle from the age of four and, later, the flute. He received some formal training in music, but his musical ability on the fiddle is mainly selftaught. In 1974 he founded the group De Dannan with Alec Finn.

Gavin has played and recorded with Andy Irvine, The

Rolling Stones, Elvis Costello, Stéphane Grappelli, and Frankie Goes to Hollywood, and in 2010 became reputedly the fastest fiddle-player in the world, with an entry in the Guinness Book of Records.

From Annaghdown, County Galway, Catherine McHugh is one of the most outstanding young accompanists and fiddlers in Irish traditional music today. Growing up in an area steeped in legends of Irish traditional music, Catherine grew up listening to and playing with many of the outstanding East Galway musicians of her locality including Joe Burke and Paddy Fahey. A multiple All Ireland Champion, Catherine is in high demand as an accompanist and has performed at many festivals and concerts nationally and internationally.

This concert is being presented by Craobh Dugan-O'Looney, a local branch of Comhaltas Ceoltoiri Eireann, an international organization based in Ireland whose mission is to preserve and promote traditional Irish music. Tickets are \$20 in advance and are available on Eventbrite or at the Five Points Public House.

You can attend this event at the H.A.R.P. Museum located on the second floor of the Irish Cultural Center of the Mohawk Valley, 623 Columbia St, Utica. The link can be found on our events calendar at https:// www.iccmv.org/events-calendar/

# **BOILERMAKER FREE PARKING!!**

At Zion Lutheran church - 630 French Road in New Hartford Free parking in exchange for canned goods for local food pantries.

We have great up-front views of the race just before the 7-mile marker. Enter parking lot on the French Road side - get there early to ensure a spot!





In December 1999, Roma Sausage & Deli opened their first location on Bleecker Street in East Utica. Owner and Operator Steve Broccoli Sr. began by making family recipes of homemade Italian Sausage, Wine and Cheese Sicilian Sausage and Italian Meatballs. Many Italian specialty items, imported Italian meats and cheeses, like those found in "Little Italy" NYC were also added. As Steve's vision for Roma Sausage broadened, in 2001, the business expanded to include a bakery, where they introduced homemade Italian baked goods, Italian bread, sausage rolls and everyone's favorite item, Roma's famous tomato pie.



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3921 Oneida Street **New Hartford** (315) 737-4283 **Hours:** Mon. - Closed

Tues. - Sat. - 9:00am - 3:00 pm Sun. - 9:00am - 2:00pm

RomaSausageAndDeli.com









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L-R seated - Claire McKenney, Janelle Bookout. Standing - Judy Marchione, Cornelia Brewster, Colleen O'Neil

# Music for Winds and Keys

A lively evening of music for piano, organ and winds is planned for Friday, June 2 at Grace Episcopal Church, 6 Elizabeth St., Utica.

"Music for Winds and Keys" is a springtime celebration of music, including secular and sacred melodies appropriate for church performance, as well as contemporary classical music for chamber winds. The program includes selections for organ and winds by Telemann and Handel; The Church's One Foundation and Beach Spring, arranged for piano and woodwind quintet by Duane Funderburk; pieces for woodwind

quintet alone by American composers William Grant Still and Amy Marcy Beach; and special performances by four outstanding student soloists from the organ studio of Stephen Best.

Members of Jewel Winds lead the program. The quintet includes flutist Cornelia Brewster, oboist Janelle Bookhout, clarinet player Colleen O'Neil, bassoonist Judy Marchione and Claire McKenney, French horn. They will be joined by organist and music director at Grace Church, Bruce Smith, pianist Tina Toglia, and soloists Ethan Lavallee, Ethan Lin, Michael Guarnieri and Dominic Fiacco. The student soloists will present a mix of live and recorded performances on the organ.

The concert begins at 7 PM. Admission is free, and the public is welcome.

This event is presented with generous support from The Sounds of Syracuse Music Association and Alliance Classical Players. For more information, call Jewel Winds at 315-292-8506, or visit us on Facebook at https://www.facebook.com/JewelWinds.



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# **Bus Trips**

Mohawk Valley Retirees Invite you to join us for 2 bus trips.

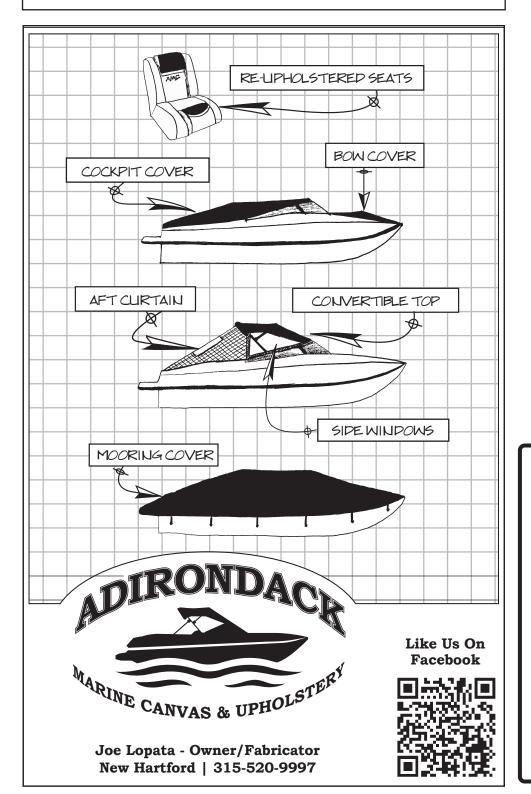
# **BEAUTIFUL, the CAROL KING MUSICAL**

at the Merry Go Round Theatre in Auburn with lunch at the Springside Inn \$125.00. August 23, 2023

# RACQUETTE LAKE FALL FOLIAGE CRUISE

Luncheon Cruise w/historic narration and Guided Tour of Sagamore \$125.00 September 29, 2023

For Info Contact:
Pat Sheppard (315 922-7580)
or Kay Garfield (315) 724-7486)



# JM Chubbuck Foundation Annual Golf Tournament for Cancer Patients

Online registration is now open at www.thejmcf.org UNDER 'EVENTS'' TAB \$85 per Golfer - Teams of 4

Tournament will be held on August 5th at Rome Country Club.

Day of the Event Registration Begins at 7:30am. Shot Gun Start at 8:30AM Cash Prizes for Top 3 Teams

Awards for Longest Drive (male & female) & Closest to the Hole. Hole in One Prize \$1,000!! Several Nice Door Prizes!!

50/50 Raffle, Optional Skins & Mulligans

Registration Fee Includes: Breakfast (coffee, muffins, OJ, and donuts), 18 Holes of Golf, Team Golf Cart, Commemorative Shot Glass & Team Photo per Golfer, Snacks, Lunch at the Turn & Dinner

Tee Hole Sponsors are welcome! Please Call 315-339-5993

The Joseph Michael Chubbuck Foundation EIN 46-3739937 is a 501c3 (tax-exempt) charity in Central NY that provides financial assistance to cancer patients of all ages so monthly expenses can be paid (rent, utility bills, groceries, childcare, treatment travel expenses, & needed medical equipment & supplies).

The Foundation service area includes Oneida, Herkimer, Madison, & Onondaga Counties.



The New Hartford Democratic Committee is searching for dedicated individuals to step up and represent your community in the upcoming election in Wards 2 & 4. As a Council Member, you'll have the chance to make a tangible impact on the lives of those around you, by actively listening to their needs and fighting to make positive change. To learn more about this exciting opportunity and how you can get involved, please contact:

Kimberly Kolch,
New Hartford Democratic Committee Chair
Email: kakolch@me.com
Phone Number: 315-259-2159

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# **American Legion NH Post 1376**

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Lunch made and served by the Pines at our Legion on Wednesday 6/14 from 11am-2pm

> Rider's Group Fundraiser BBQ Saturday 6/24 from noon-4pm



# **Revere Copper & Brass Collectibles**

Join us at The H.A.R.P. Museum at the Irish Cultural Center of the Mohawk Valley on Wednesday June 14 4:00 PM where retired Revere Copper employee Michael Hoke will talk about Art Deco period giftware manufactured in Rome NY during the late 1930's.

The first thing that most people think of when it comes to Revere Copper & Brass are the copper-bottomed pots and pans that our parents and grandparents used everyday to cook many a fine meal. What many people don't realize is that during the 1930's, Revere's Rome Manufacturing Division contracted with some of the world's most celebrated industrial designers of the day, such as Norman Bel Geddes, to design giftware ranging from cocktail shaker sets to candlestick holders and lamps, that were manufactured in Rome, NY. Many of these have become highly collectible.

Presenter Michael Hoke retired from Revere Copper Bloomsday event. Products' Rome Division after 41 years of employment in production engineering and quality positions. Hoke has been collecting and researching the history of the Revere Giftware for many years and will have several items on display. A brief talk will be given about the history of Revere Copper and how the company continues to thrive even though it no longer manufactures everyday consumer goods.

The presentation is being made in conjunction with the Amateur Antiquers and will be held at the H.A.R.P. Museum located on the second floor of the Irish Cultural Center of the Mohawk Valley, 623 Columbia St, Utica, NY. Please register for free on Eventbrite by visiting our events calendar at https://www.iccmv.org/



Manhattan Cocktail Set



# Celebrating James Joyce at the Irish Cultural Center of the Mohawk Valley on Bloomsday, **Friday June 16, 2023**

The Irish Cultural Center of the Mohawk Valley and the HARP Museum will be transformed into Dublin for one day on Friday, June 16th, as they host their sixth annual "Bloomsday" event.

In James Joyce's monumental classic "Ulysses," June 16 is the date that the book's protagonist, Leopold Bloom, undertakes his one-day sojourn through the streets of Dublin. Since the first two-man Bloomsday celebration in 1954, that date (or as near as practicable) continues to be celebrated throughout the world, with a range of cultural activities including readings and dramatizations of scenes from the novel, (as well as the responsible partaking of adult beverages.) And this year Utica, NY, will once again play host to its own

The event, which will commence from the beautiful Five Points patio 3:30 PM, will consist of a presentation of the Dublin sites visited by Bloom, each accompanied by dramatic readings by accomplished local actors and scholars, interspersed with traditional Irish music performed by the Craobh Dugan-O'Looney chapter of Comhaltas Ceoltoiri Eireann. Theme-appropriate refreshments will also be available.

The event will be held at the Irish Cultural Center of the Mohawk Valley, 623 Columbia St, Utica, NY. Please register for free on Eventbrite by visiting our events calendar at https://www.iccmv.org/events-calendar/.







# FATHER'S DAY **FUN FACTS**

Father's Day in Numbers

biggest day for sending greeting cards, after

Christmas, Valentine's Day, & Mother's Day

percent of

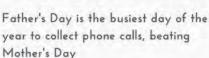
fathers want something

The year it was made into a national holiday

homemade for in the US Father's Day

# DID YOU KNOW?

The necktie is consistently the most popular gift given on Father's Day



In Germany, men drink beer all day in the garden on Father's Day



# OH, FATHER!



Ramjit Raghav became the world's oldest 1st-time dad by fathering his 1st child at the age of

Darth Vader is 1 of the top 10 worst moviedads, according to Salon

Magazine

seahorses, it's the male who carries the babies

Among

- http://www.msn.com/en-us/lifestyle/smart-living/15-fun-fathers-day-focts/ss-AAh99OE
   http://www.libtimes.com/fathers-day-history-9-interesting-focts-you-may-not-know-abou holiday-its-origins-1975312
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# NEW HARTFORD HIGH SCHOOL CLASS REUNIONS

# NH Class of 1978 **45th Reunion!**

Friday, August 4th 6pm-10pm Backyard BBQ Saturday, August 5th 6pm-10pm Cavallo's -**Italian buffet Details and more info** can be found at tinyurl.com/nhhs78

# **UCA Class of 1973 50th Reunion! August 12th, 2023**

For more information, email smsimpson16@gmail.com

# NH Class of 1968 55th Reunion! AUGUST 18th • 3-9pm

A Casual Gathering with food and drinks (alcohol extra) Crystal Springs Golf Course, 6300 NY5, Vernon, NY. Cost: \$25 per person.

Payment via check or PayPal: Write a check to "Todd Roberts" and mail to 4276 County Line Rd, Fairport, NY 14450 OR PayPal to TRoberts14450@aol.com.

If your paypal is set up to pay from your bank, there is no extra charge. If it is set up to pay from a credit card, add \$2 per person for the fee on the credit cards (\$27). Please make this a friends and family transfer. It is not a goods and services transaction.

Hotel Arrangements: A block of rooms has been reserved at the group rate of \$189 per night. Thursday, Friday, and Saturday nights are available. Use the link or ask for the "New Hartford Class of 1968" block. Hampton Inn & Suites New Hartford, 210 Woods Park Drive, Clinton, NY 13323 315-793-1600 or https:// group.hamptoninn.com/mz5d2p

Other Things to do: Friday, August 18 A tour of our High School is pending. PLEASE RSVP so we know you are still out there!!

IDEAS for your stay: Erie Canal Cruises, Adirondack Scenic Railroad, Vernon Downs, Turning Stone Casino, Breweries, Wineries, Golf.

Contact a member of the committee if you have questions or ideas. Alice Platt Selzler alice.selzler@ gmail.com Ken Jackson kjackson@rochester. rr.com Pam Wondro plw0205@gmail.com Jim Cook jsrlcook@gmail.com.

# **New Hartford Class of 1973 50th Reunion!**

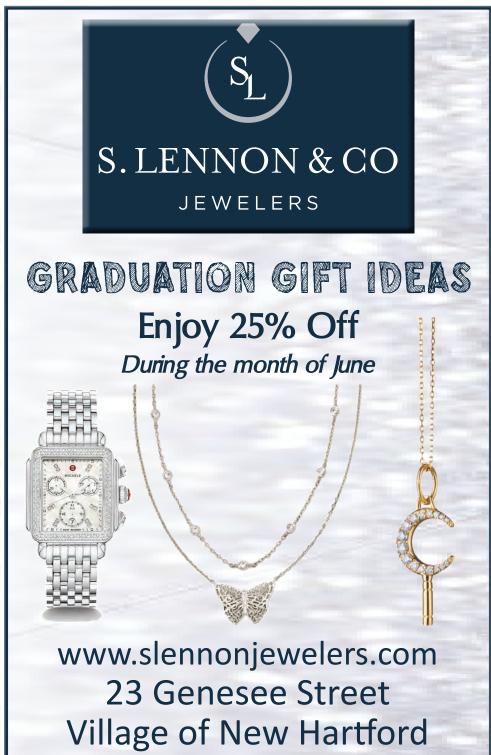
August 5th • 6pm **Yahnundasis Golf Club in NH \$100/person** 

For more information on other events planned on the 4th & 5th, email imoberstegbob@verizon.net

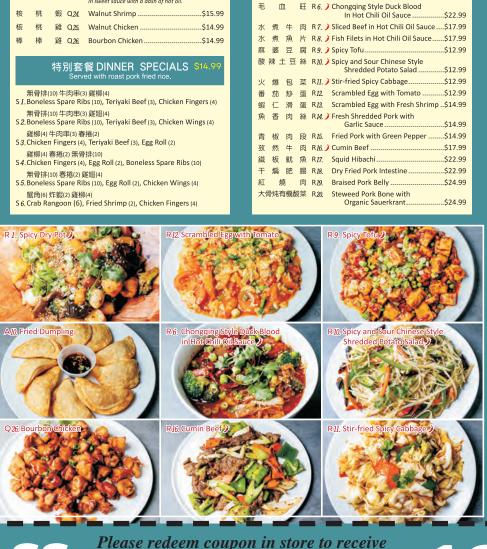
# **New Hartford Class of 1993 30th Reunion!**

July 15, 2023 **One Genny, New Hartford** 7-10pm For more information, email vcpoulos@vahoo.com









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麻 辣 香 鍋 R1. Spicy Dry Pot.

麻辣海鮮 R3. > Spicy Seafood Boil... 夫妻肺片R4. Deef and Tripe in Chili Sauce.

紅油牛筋 R5. > Beef Tendon in Chili Sauce..

魚香干貝雞 Q20. Chicken & Scallops w. Garlic Sauce ....\$16.99
Chicken and scallops sauteed
with mixed vegetables in garlic sauce.

Chicken and shrimp w in Hunan spicy sauce.

n sweet sauce with a dash of hot oil.

湖南 雞 蝦 Q21. Hunan Chicken & Shrimp.

魚 香 干 貝 Q22. → Scallops with Garlic Sauce........



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# Helen M. Sarandrea P.T., PLLC Physical Therapy & Sports Care

**Physical therapy** for arthritis is not just for people with severe symptoms or advanced stages of the disease. **Physical therapy** can also help people with mild or moderate symptoms.





Rehabilitation for arthritis is not a onesize-fits-all approach. Depending on your concerns and treatment goals, a physical therapist may use different types of interventions to help you improve your function and quality of



May is national arthritis month, and we're committed to raising wareness about this common condition. If ou're living with arthritis, physical therapy can help!

Arthritis can make everyday tasks challenging, but physical therapy can help you regain your independence. Our team of experts is here to help you manage your symptoms and improve your quality of life.



# Call Us At 315-738-1671 Today! 8200 Seneca Turnpike, Clinton

# 44th Annual Kirkland Art Center Run & Walk KAC Run & Walk June 3rd 2023

The USATF Certified 5K Run & Walk starts at 8:30 am at the Clinton High School, Elm Street, Clinton, NY 13323 (this is the parking lot next to the Clinton Cider Mill). Packet pickup will be under a tent from 7:00 am - 8:30 am.

Donations are welcome.

5K Run & Walk, USATF Certified @ 8:30am: \$30

Register online at https://runsignup.com/Race/Register/?raceId=8617

how you, your troop, team, or community organization can help out on race day!

# **Celebrate National Arthritis Month** with Physical Therapy

submitted by Helen M. Sarandrea P.T., PLLC Physical Therapy & Sports Care

May is National Arthritis Month; a time to raise awareness and support for the millions of Americans living with arthritis. Arthritis is a common condition that causes pain, stiffness, and swelling in the joints. According to the CDC, arthritis affects more than 54 million adults in the United States. That makes it one of the leading causes of disability.

But there is hope for people with arthritis. Physical therapy is a proven and effective treatment to manage symptoms, improve function, and enhance quality of life. Physical therapists are licensed professionals who evaluate and treat conditions that limit the body's ability to move and perform daily activities. They can also teach you how to prevent or reduce the impact of arthritis on your health and wellbeing.

Physical therapy for arthritis can help you:

- Ease pain Physical therapists can use things like massage, joint mobilizations, exercise, braces or splints, to relieve pain and inflammation in the affected joints.
- Increase range of motion Physical therapists can design a personalized exercise program that includes stretching, strengthening, coordination, and balance exercises to improve your flexibility and mobility.
- Improve movement patterns Physical therapists can teach you proper posture and body mechanics for common activities, such as getting in and out of chairs, climbing stairs, walking, or working.

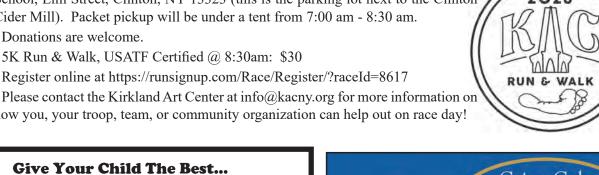
This can help protect your joints to slow down or prevent progression of your symptoms.

- Enhance your fitness level Physical therapists can help you create a home workout routine that matches your goals and abilities. They can also show you how to exercise safely and effectively without aggravating your arthritis symptoms.
- Maintain function Physical therapy can help you maintain or restore your ability to perform everyday tasks like cooking, gardening, shopping, or playing with your grandchildren.

Physical therapy treatment for arthritis is based on scientific evidence and tailored to your individual needs. It can also complement other treatments for arthritis, such as medications, bracing, or topical products. Research has shown that physical therapy can be more effective than steroid injections at reducing pain and disability in people with knee osteoarthritis. It can also have positive effects on fatigue, cardio fitness, cognition, and body composition in people with rheumatoid arthritis. Celebrate National Arthritis Month by taking charge of your health and your life with physical therapy!

Call Helen M. Sarandrea Physical Therapy & Sports Care at 315-738-1671 TODAY! Located at 8200 Seneca Turnpike, Clinton.







**Jewish Community Center's Preschool Program** Fosters a sense of: • Self Reliance Self Esteem Self Discipline

....Right from the Start!

- - Classes are held from 9 a.m.-12 noon. Monday through Friday for children ages 2 to 5.
- Lunch program is available from 12 - 2 p.m.
- Before Care starts at 8 a.m. and After Care ends at 4 p.m.
- The school follows the local public school schedule, September - June
- \* now accepting fall registration applications







Cadet Chapel

# **West Point Bus Tour**

Reservations are being taken for a motor coach trip to the Historic Military Academy at West Point on Saturday, June 24th, 2023. The Hale bus will originate in Canastota at 7:00 a.m. sharp, and will include a pickup in North Utica at approximately 7:30 a.m.

The historic and strategic significance of West Point cannot be overstated. The Academy dates back to 1802, but its military importance dates back to the Revolutionary War. Majestically set on the bluffs high above the Hudson River, the vistas are spectacular.

The trip includes the Museum, and a professionally-guided tour of the Cadet Chapel, the Cemetery, and the grounds. A top-notch luncheon buffet is included at the Historic (1926) Thayer Hotel's MacArthur Riverview Restaurant.

Cost is \$125 per person, and the trip is open to anyone who is interested. A valid driver's license or other form of government-issued ID in needed to get onto this active military post.

For more information/reservations, please contact Mike Bosak at 315-254-1080.



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- Large Commercial Down to Small Residential

# ATTIC AND BASEMENT MOLD:

The CDC concluded that "excessive exposure to mold-contaminated materials can cause adverse health effects in susceptible persons regardless of the type of mold or the extent of contamination." The CDC based some of its findings on a landmark 2004 report, Damp Indoor Spaces and Health, by the Institute of Medicine (IOM) of the National Academies. Relying on the IOM report, and dozens of studies and reports that have been published since, many organizations and individuals that must deal regularly with mold problems have begun to take steps to reduce the threat. Attics and basements are one of the most common areas of mold growth in the home. Wherever they grow, molds must have some source of water and food. The accumulating evidence has shown that problems with mold can surface anywhere in the world after just one or two days of moisture exposure, in settings wet or dry, hot or cold. Attics tend to have the perfect conditions for mold growth (hot, humid, and an abundant food source consisting of the wood framing and sheathing). Basement mold is a common problem in many homes due to ground water seepage mainly at the base of the walls around the perimeter of the basement. If mold is discovered, the best approach is to deal with it promptly. Disaster Services is a NYS licensed mold contractor and can evaluate and thoroughly explain the different removal options available to you and also help guide you after the mold has been removed with suggestions to avoid another occurrence.

# WATER DAMAGE... Burst pipes, Toilet Overflow, Sump Pump Failure...

A few examples of the many disasters that happen daily in homes and businesses. Water damage caused by leaks, flooding or condensation can do more than cause unsightly stains in your home. It can cause permanent structural and mold damage. Disaster Services is a locally owned company with over 39 years of experience in all phases of water and mold damage. Disaster Services is a NYS licensed mold contractor and can accurately evaluate your homes damage following any type of water damage and advise as to the most effective course of action to take. We use the latest technology including thermal imaging to determine the source of the water intrusion and the extent of water damage. We are not a franchise which means you will get the owner on site through-out the project to fully answers any concerns that you may have. We have proven to be the leading disaster mitigation company in the area with hundreds of satisfied clients both commercial, industrial and residential.

# SEWER AND DRAIN BACK UP:

Sewer overflow or drain back-ups can present a more technical approach to the clean-up due to the contaminates involved. Porous, semi-porous building materials and contents will generally involve removal where affected by sewage, followed by proper remediation cleaning and disinfecting procedures. Most homeowner's policies do not cover sewer backup unless specific sewer backup insurance coverage is added. If your home falls victim to the damages of backups or overflows and you aren't covered, you'll be liable for home repairs and cleaning costs out of pocket. Sewer backup insurance coverage can be added to a homeowners insurance policy for as little as \$50 a year!

Disaster Services is a locally owned company that has been serving Oneida, Herkimer and the surrounding counties for the past 39 years and we set the bar for our competitors. We have proven to be the leading disaster mitigation company in the area with hundreds of satisfied clients both commercial, industrial and residential. We realize that in your time of need you should be speaking to a live voice, not a machine. When you call Disaster Services you will not reach an operator and have to wait for a call back during your stressful time, you will reach the owner and you will get immediate answers to your questions. Disaster Services is capable of handling any size residential or commercial flood or fire emergency and are able to service all phases of the job so that the homeowner need not worry about contacting multiple contractors for any additional trades that may be required. We will protect your property from further damage, develop a job scope and work closely with both the homeowner and the insurance carrier until job completion. We can even offer temporary heat to your home if necessary and also have a wide range of non emergency services. Remember Disaster Services if you are in need of help from damage resulting from water, fire, smoke or mold damage. Our services are 100% satisfaction guaranteed and available 24 hours a day, 365 days a year simply by calling 315-797-1128 and REMEMBER TO TELL YOUR INSURANCE COMPANY YOU REQUEST AND WILL BE CALLING DISASTER SERVICES.

Also, visit us at Facebook or our website at disasterservices.us for a complete list of our emergency and non-emergency services.

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Darrow (left) and Lockwood provide occupational therapy services for maternal mental health, infant development, and pelvic floor rehabilitation.

# Sitrin to Offer New Maternal Health and Infant Wellness Program

According to Postpartum Support International (PSI), 1 in 5 women report symptoms of depression after giving birth.

Realizing the growing need for maternal and infant wellness support in the community, Sitrin will now offer occupational therapy services for maternal mental health, infant development, and pelvic floor rehabilitation.

Sitrin's Maternal Health and Infant Wellness program is designed to make the transition from pregnancy into motherhood and beyond more manageable for all moms. Even though

an exciting one, this transition can be overwhelming and difficult. Treatment plans are based on a holistic approach, ensuring patients receive the tailored help they deserve.

Elizabeth A. Lockwood, MS, OTR/L, provides emotional and physical support for women experiencing difficulty with self-care, lack of bonding with baby, and new or increased anxiety. As a Perinatal Mental Health Certified occupational therapist, Lockwood provides screening and guidance around Perinatal Mood and Anxiety disorders (conception to 1+ years postpartum).

Lockwood also provides assessment of infant milestones and development, as well as teaching hands-on techniques to encourage rolling, crawling, and walking.

"Throughout pregnancy you are warned about a number of health-related issues, however, discussions around mental health concerns are few and far between," Lockwood said. "I want women to know that they are not their symptoms, they are not their thoughts, and that these conditions are highly treatable."

In addition to the emotional changes a woman goes through during pregnancy and childbirth, physical changes may also occur.

Chelsea Darrow, MS, OTR/L, specializes in pelvic floor therapy to help patients with a variety of pelvic health concerns. Evaluations utilize a whole-person approach

and include assessment of posture, body mechanics, strength, and endurance. Pelvic floor muscles may be evaluated externally as well as internally, in order to determine strength, tension, coordination, and overall functioning. Treatments may include lifestyle modification, exercises to strengthen weak muscles, relaxation techniques to address tight muscles, and manual therapy techniques.

"I am passionate about providing comprehensive pelvic rehabilitation by getting to the root cause of symptoms," Darrow said. "I want to help women connect with their bodies to overcome the stigma around pelvic health."

A physician referral will be required to make an appointment. For more information about the Maternal Health and Infant Wellness program, call (315) 737-2246.

ABOUT SITRIN: Sitrin, a not-for-profit corporation, provides a variety of services for people of all ages and abilities, including comprehensive medical rehabilitation (inpatient and outpatient), long-term care, assisted living and enriched housing (Cedarbook), NeuroCare, residential care for people with intellectual disabilities and medically complex conditions, medical and social model adult day program, military program, adaptive sports (STARS Program), a Wellness and Aquatic Center, orthopedic injury program, concussion management, child care, and dental clinic.

# **Great Father's Day Gift Idea!!**





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More information on this years Farmers Market is listed in the NH Chamber of Commerce ad on page 12.



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Michele Lamandia



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June 11, 2023 JCC of Utica, NY



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# Judge Joan Shkane Myth vs. Reality

This is a continuing discussion of Legal Myths and Reality, because those informed are the most successful. MYTH: Judges in New York State police themselves and are not accountable to anyone.

REALITY: Judicial ethics are very much in the news currently, especially as it pertains to United States Supreme Court Justices, and, in particular, to Justice Clarence Thomas and his wife. Some find it astounding that the Justices in the highest court in the country are not subject to an ethical code or the scrutiny of an independent commission or watchdog. Without such a code there is no standard by which to measure and to judge conduct. Every state in the union has a form of independent judicial commission and a judicial ethics code, and it applies to all judges except the highest U.S. Court. The U.S. Supreme Court argues that they are a separate branch of government, like the executive branch (President and departments), and the Congress. Therefore, no one can direct or challenge their behavior, and only they can police themselves. Some ask "but have they"?

New York State has a Commission on Judicial Conduct. This is a panel made up of 11 members appointed as follows: 4 members appointed by the Governor; 3 by the Chief Judge of the Court of Appeals (our highest court); one each by the Speaker of the Assembly, the Minority leader of the Assembly, the Temporary President of the Senate (majority leader) and the Minority Leader of the Senate. The aim is, of course, to create a politically impartial and professional commission. It is governed by a chair, and an administrator. They must issue an annual report about their work, which is available to the public. They have the authority to discipline judges in all courts in New York, from town justices and administrative judges to the highest court, the Court of Appeals. The Commission is independent from any influence except their own judgement and understanding of the rigid New York Code of Judicial Ethics.

Judicial misconduct falls roughly into four types. It is conduct such as engaging in criminal behavior, improper use of a judge's authority, publicly commenting on a pending or expected court case, and giving or receiving bribes or favors. A judge must respect and comply with the law and shall always behave in a manner that promotes public confidence in the integrity and impartiality of the judiciary. A judge must treat all people in the courtroom with fairness and impartially, not showing favoritism to parties or their attorneys and witnesses. A judge must not allow family, social, political or other relationships to influence the judge's judicial conduct or judgement. Sometimes unethical conduct is difficult to discover and to prove. Therefore, a judge is an officer of the court and must avoid even the APPEARANCE of impropriety. A judge must disqualify (recuse) when the judge believes (s)he may have a conflict of interest and must not engage in private communication about the case with parties or witnesses, or their lawyers. A judge must execute judicial duties in a timely manner.

A complaint against a New York State judge can be filed online by going to the Commission website. The judge may then have a brief time to answer the complaint, and, if the Commission deems appropriate,

they may order a hearing. A hearing may require witnesses under oath for both the complainant and the judge. The Commission will then make a ruling either dismissing the complaint or ordering a penalty against the judge. The harshest penalty is removal from office. The judge may appeal an unfavorable decision to the New York State Court of Appeals, our highest court. That Court will then rule on the appropriateness of the proceeding and act accordingly.

We mostly believe that we know the difference between right and wrong. However, that can be quite different from unethical conduct, and sometimes the line is very difficult to see. Therefore, New York State has a commission to assist New York judges and quasijudicial officials. The Advisory Committee on Judicial Ethics is made up of judges and legal professionals. When a question of ethics arises, and a judge cannot find how to proceed, the judge may submit the question to the Committee who will quickly render advice, orally temporarily, and in writing shortly thereafter. If the judge follows the advice, and it turns out later to have been wrong advice, the judge is protected from defending her/his actions, and cannot be censured if the judge followed the advice.

The 1973 federal Code of Conduct for Federal Judges governs ethical conduct for all federal judges. Only U.S. Supreme Court justices are exempt. No mechanism exists to file a complaint against a Justice of the United States Supreme Court. These Justices serve in their offices during good behavior. They may serve as long as they choose and can only be removed from office by impeachment. The Judicial Councils Reform and Judicial Conduct and Disability Act of 1980 empowered the Judicial Conference of the United States to investigate and police the judiciary and, if need be, request that the House of Representatives impeach a federal judge. However, since the U.S. Supreme Court holds the ultimate power to say if a law is Constitutional, then they necessarily have the last word even when it pertains to themselves.

MYTH: Lawyers and judges are the most important in the courtroom and no one else is indispensable.

REALITY: One of the most overlooked persons in the courtroom is the Court Stenographer. Maybe this is because they rarely speak! They are key to justice because they are the "guardians of the record". The record is the transcript that shows every word spoken in the courtroom. The stenographer must certify as accurate the all-important transcription of the court's proceedings. This is an integral part of every case in a court of record and is used by all appellate courts in reaching decisions on appeals, and by trial courts and lawyers to understand exactly what happened in a case. Juries often ask to have parts of the record re-read to them to aid in reaching a decision.

The position of court reporter is a hidden gem as a profession. Nationally there is a shortage of over 5000 court reports. They cannot be entirely replaced by technology, such as tape recorders, because the accuracy and certification by a real person is still needed. Reporting occurs not just in a courtroom, but in important depositions before and during a case. Institutions such as the National Football League use reporters in hearings. Because of the shortage of reporters, some federal courts are recruiting even before a student graduates from reporting school. During the month of February, the reporters celebrated National Court Reporters week. Sadly, many reporting schools have closed. There are fewer than five in New York State. Court reporting can be very lucrative. In addition to earning a comfortable salary with chance of advancement and benefits as a state worker, many reporters, retired or working during private time, make an attractive annual wage from producing transcripts privately. As I write this, one of my former reporters is spending the Winter in Florida, while continuing to work on transcripts. And she is doing it from the beach! Those interested in the law but not wishing to attend law school, should consider this profession.

# Northern Rivers Family of Service Opens New Office in Herkimer

submitted by Kari Judd, Home Finder, Therapeutic Foster Care Program

Right now, there are kids in Herkimer County who need help. They can't safely stay with their birth parents because of abuse, neglect, or other issues, and they need a warm, safe, loving foster home to support them while they heal. That's why Northern Rivers Family of Services is here—and now, we're right in Herkimer!

Whether you know us as Northern Rivers or through our member agency, Northeast Parent & Child Society, we've been finding and supporting foster homes in Herkimer County for more than 12 years. And with the need for foster homes growing, we've decided to open an office at 417-419 North Main Street in Herkimer.

It's a proven fact that kids in foster care are more successful when they can stay in their home community, near their friends, family, and school. It's also a proven fact that foster parents are more successful when they have the support of a great team like ours at Northern Rivers. As a Northern Rivers foster parent, you've got help from your homefinder (that's me, Kari Judd!) along with permanency care managers, clinicians, family support workers, nurses, and more—and now we're right in your backyard!

If you've ever thought about being a foster parent, or even if you'd just like to learn more about our nearly 200-year history of helping kids and families, please join us at our open house and ribbon-cutting on Wednesday, May 31, from 10:30 a.m. to noon.

You can give me a call at 315.414.9855, visit www. northernriversfostercare.org, or visit our Facebook page @northernriversfostercare for more information

For information on how to place a free article for your community event or local news, please call 315-723-4827 or email towncrier@pjgreen.com

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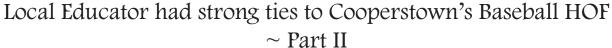


# NEW HARTFORD PAST TIMES

June 2023

# NEW HARTFORD HISTORICAL SOCIETY





Last month's TC article highlighted New Hartford native, Ralph Perry who would later be named Supervising Principal of the New Hartford Central schools in 1947. And we alluded to his ties to Cooperstown and the Baseball Hall of Fame. This month we touch on just how strong those ties were.

Ralph would become principal of the Cooperstown High School in 1930 and continue in that position for 12 years. During that time, he would continue to follow his first love, baseball! And what better place to do that than in Cooperstown. In 1936 the Baseball Hall of Fame was formed and its first 5 inductees were named. Three short years later, the physical building (Hall and Museum) was constructed and on June 12, 1939 it was dedicated. 1939 was considered the 100th anniversary of baseball and Ralph was on the Executive committee that planned many activities for the observation and personally had a hand in recruiting some of the game's great stars of the era to attend. And being that he himself was a talented ball player, he actually pitched in the exhibition game that celebrated the Hall's opening in 1939.

There were two squads for that 1939 game. One was coached by Honus Wagner, a member of the Hall's 1st class of inductees and the other by Eddie Collins who would be inducted that year. Ralph and the other pitcher on his squad faced an all-star lineup that included Mel Ott, Dizzy Dean. Even Babe Ruth himself, also a member of the 1st class of inductees, would pinch hit. It is believed that Ralph may have got him out on a pop-up.

In 1966 Ralph was appointed by the NYS Education Commission to an advisory council promoting good health and educating students about the dangers of smoking. Around that same time Gov. Rockefeller appointed Jackie Robinson as a special assistant for community affairs. Ralph and Jackie would later be teamed up and for four years deliver a powerful anti-smoking campaign across the state.

r I I I Dloos	New Hartford Historical Society  ~ Membership Form ~  Please check one of the following:					
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[ ]	New Member	Please send check made payable to:				
     		New Hartford Historical Society P.O. Box 238 New Hartford, N.Y. 13413				







# BECOME A MEMBER!

Please stop in to visit us and consider becoming a member. Membership fees are \$15 for Individual, \$20 for families, \$25 for Friend/Contributor and \$50 for Corporate members. The Historical Society is a non-profit, tax deductible organization.

# Planning a Class Reunion?

Make the Historical Society Museum a part of your itinerary! Schedule the Saturday of your reunion for your group to explore our collection of yearbooks, scrap books, local relics and photos. Look up your New Hartford home!

Call 315-724-7258 to schedule your group.

# Museum is Open To the Public

Currently by appointment.

# FREE ADMISSION

Village Point Apt. Building 2 Paris Road – 315-724-7258



# **NHFD News**

Your New Hartford Volunteer Fire Department responded to 110 alarms during the month of April as indicated by the monthly call report listed below by category:

Fires = 1

EMS = 61Hazardous = 4

Service Type = 12

Good Intent = 10

Other Alarms = 22

Weather Related = 0

Other = 0

Total Calls for the Month of April 2023 = 110.

Of the 132 alarms, 90 were in the town and 20 in the village.

Total calls year-to-date through April 30, 2023 is 295. Some of the calls listed above - such as Fires, EMS, and Hazardous - are self-explanatory. Others such as Service, Good Intent and Other Alarms are not. Service Calls includes water or animal problems, public assistance or standbys. Good Intent refers to responding but did not find anything or canceled in route. Other alarms include explosions, carbon monoxide, smoke or sprinkler detector activations.

The figures above do not include other activities by members of the department such as Fire Prevention details, training, parades, Open House and other various department committee meetings that take place throughout the year.

# **In Other Department News**

from the Chief's Desk

# **Be Safe this Summer**

Summertime has arrived and presents your New Hartford Volunteer Fire Department with calls for assistance, which are unique to warm weather conditions. Please keep these hazards in mind when enjoying a safe summer.

Lawn Mower:

Never allow a child to ride with the operator of a garden tractor mower. And, never allow anyone (especially children) to be present in the immediate area of any operating lawn mower. Flying stones or objects can injure or kill bystanders. Always wear substantial footwear when operating any lawn equipment. Never be barefoot!

Swimming Pools:

If you have a backyard swimming pool always secure the access gate to the pool. Keep all electrical devices well away from the edge of the pool at all times. A ground fault detector is required by New York State Electrical codes for all outdoor electrical receptacles. And, do not allow children's 4-wheeled walkers in the patio or deck area as children may walk them into the pool.

Safe storage of pool chemicals is always a must. Chemicals should be stored in a dry, cool, well ventilated, location and preferably not within the residence. Keep them away from heat or an open flame, especially burning cigarettes. Keep all containers tightly closed. Flush out empty containers with water and do not reuse them. Prohibit children from administering pool chemicals. Do not allow chemicals to contact garbage, dirt, organic matter, other pool chemicals, soap products, household products, paint products, solvents, acids, vinegar, beverages, oil products, pine oil, dirty rags or any foreign matter. Dispose of all empty containers properly.

Outdoor Grills:

According to the National Fire Protection Association (NFPA) three out of five households own a gas grill. And, the latest information shows that an average of 8,800 home fires are caused by grilling and close to half of all injuries involving grills are due to thermal burns. While nearly half of the people grill year-round, July is the peak month followed by May, June and August

When starting your outdoor grilling there are a few safety tips we would like to pass along to ensure an enjoyable summer for everyone while reducing the

risk of injury.

- · Propane and charcoal grills should only be used outdoors;
- · Keep items that could catch fire away from the grill area:
- · Use long handled utensils;
- · Placement of the grill should be well away from your home, deck railings, and out from under the eaves and overhanging branches;
- · Keep children and pets at least three feet away from the grill;
- · Keep clothing away from the flame;
- · Maintain keeping your grill clean at all times. Remove any grease or fat that builds up on grates and travs:
- · Never leave your grill unattended.

In addition, regarding gas grills, we recommend that you always check the major connection points between the gas (propane) tank and cylinder, and where the hose connects to the burners and tighten if necessary. To check for any propane leaks:

- · Apply a light soap and water solution to the hose using a brush or spray bottle;
- · Turn the tank on and if there is a gas leak, the propane will release bubbles around the hose and big enough to see;
- · If there are no bubbles, your grill is safe to use;
- · If there are bubbles, turn off the tank and check the connections. If the leak continues, have your grill serviced by a professional before using again.
- · If the leak doesn't stop...call the fire department. When the gas grill is on...
- · As you are cooking, if you smell gas, turn off the gas tank and burners;
- · If the leak stops immediately, get the grill serviced;
- $\cdot$  If the smell continues, move away from the grill and call the 911 and do not move the grill.

Regarding charcoal grills:

- · There are several ways to start a charcoal grill. Charcoal chimney starters allow you to start the grill using newspapers as fuel;
- · If you use a starter fluid, use only charcoal starter fluid. Never add charcoal fluid or any other flammable liquids to the fire;
- · Keep charcoal out of the reach of children and away from any heart source;
- · There are electric starters too. Be sure to use an extension cord for outdoor use if you use these devises;

· When you finish grilling, be sure the coals are

completely cool before disposing in a metal container. We hope these few safety tips will provide you with a great grilling season!

For more information please visit: www.nhfd.com.

# The Fallen Sister Firefighters Were Inadvertantly Left Out of Last Month's Article

# We Remember and Honor our Fallen Brother and Sister Firefighters

Although COVID placed a damper on many Memorial Day activities in the past, last year we were able to once again celebrate Memorial Day with a parade and Open House. These popular events will take place again this year, on Monday evening, May 29 with the parade starting at 7pm.

Again this year, we express an enormous "Thank you" not only to our front line workers who have endured tremendous obstacles over the past two years but to all the first responders and the members of the New Hartford Volunteer Fire Department who we remember in a special way for their dedication and service to our community.

As is our custom to acknowledge and honor our fallen brothers and sisters during the department's Open House, which did not take place this year, we take this opportunity to recognize these outstanding individuals who served our community with pride and distinction.

Therefore, at a meeting held by this association on January 6th, 1932 - It was ordained that this expression of esteem and honor - For faithful and active service be perpetuated.

THE LADIES AUXILLIRY:

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MARY L. LEWIS

CAROL A. AMBROSE

MARIE B. FANCHER DORIS F. LUKER

LUCY J. MARTIN

H. LOUISE TENBRINK

PAULINE SCANLON

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AINA MAE LUKER

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MARY RUTH CALLAN

KATHERINE B. WOOD JOANNE MARTIN

For more information about your New Hartford Volunteer Fire Department please visit: www.nhfd.com



# Dear Community Member and Business Owners/Managers

The membership of the New Hartford Fire Department is hosting a benefit scheduled for June 11th from noon until 4pm at the New Hartford Fire Station, 4 Oxford Road, in the Village of New Hartford.

The benefit is to support one of our members, Mark Schafter, who has over three decades of service, who is battling stage four colon cancer. He was diagnosed in 2022.

Now his family and his friends of first responders are coming together in his support.

Mark has a wife Stacey, they have seven foster children. Through it all, Mark has remained strong!

Mark hasn't been able to work since his diagnosis. His family has had the loss of income as well as the medical expenses associated with his battle.

We kindly ask that you consider donating to, or sponsoring this event with a basket, monetary donation or other contributions.

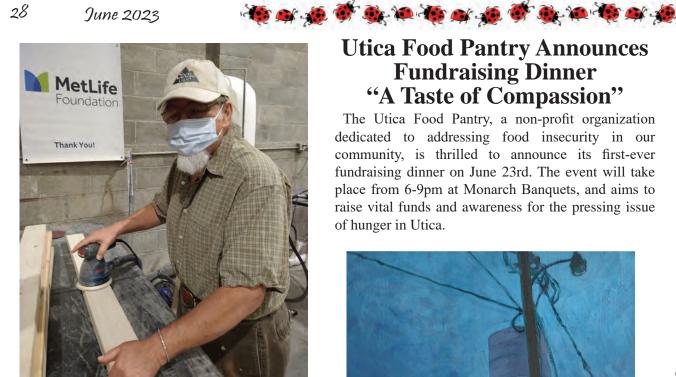
The fundraiser will include food, drinks, entertainment and raffles. This provides you an opportunity to say Thank You and help Mark and his family keep fighting.

Advanced sale tickets are \$25 per person, \$40 per pair and children under 12 are free.

For additional information, please visit our Facebook page: New Hartford Fire Department.

Thank you in advance for your support.

~The members of the New Hartford Fire Department.



# **LIONS Club News**

Some of the members of the New Hartford/New York Mills/Whitestown Lions Club recently participated in the Sleep in Heavenly Peace Mega Build 2 weekend in Yorkville. Pictured is Anthony DeSiato sanding boards which were used to create beds for children in Oneida and Herkimer Counties. The Lions Club meets on the second Tuesday of each month at Sloppy Joe's Pizza in the New Hartford Shopping Center at 5:30pm. Visitors are always welcome.



# **Utica Food Pantry Announces Fundraising Dinner** "A Taste of Compassion"

The Utica Food Pantry, a non-profit organization dedicated to addressing food insecurity in our community, is thrilled to announce its first-ever fundraising dinner on June 23rd. The event will take place from 6-9pm at Monarch Banquets, and aims to raise vital funds and awareness for the pressing issue of hunger in Utica.



# The Nature of Pear & Night Light Paintings by Jan Burke May 26- June 24 at The Other Side Gallery, 2011 Genesee St., Utica

Opening reception, Friday, May 26, 5-7 p.m. Artist Talk, Saturday, June 24 from 1-2 p.m. Regular Gallery hours are Thursdays and Saturdays from noon -2:00 p.m.

Free and open to the public. For information on other events visit our website at theothersideutica.org



# **Barn Owl Portrait Needle Felting Workshop -**VIRTUAL 6/10

Grey Fox Felting will be offering a Barn Owl Felting Workshop. In this workshop, we'll be focusing on the barn owl's lovely face, creating a unique sculptural portrait. I guide you step by step in building up and shaping a three-dimensional needle felted bust of your barn owl, which we'll be felting directly onto a piece of pure wool felt! We'll complete our project by framing it in a wood embroidery hoop.

This workshop will be held VIRTUALLY over Zoom on June 10th, and when you register for the class, a complete project kit will be mailed to you. Oh, and you get to choose your own background felt color too!

Can't make the live Zoom session?

This workshop will also be recorded, so even if you can't make the live session, you are welcome to sign up for the class and complete it at your own pace!

For more information, visit greyfoxfelting.com/ products/barn-owl-portrait-needle-felting-workshop-



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# **Angels Among Us Food Pantry**

June 10 & 24 • July 8 & 22 August 12 & 26 • Sept. 9 & 23 Oct. 7 & 21 • Nov. 4 & 18 Dec 2 & 16

# **Hours of Operation: 10am - Noon**

The food pantry is located at: St. John The Evangelist Church, 66 Oxford Rd, New Hartford, NY. Follow the signs to the driveway in the back during open hours. In the event of food emergency issues, please contact the St. John's rectory from 9AM to 2 PM Monday through Thursday at 315-732-8521.

Our pantry provides services to all residents of New Hartford (btw Rt 8 and Rt 12), Washington Mills, Chadwicks, Sauquoit, Cassville and Clayville.

If this is your first visit, please bring proof of address. If you do not have a permanent address, just come in. We will assist. If you are unsure of eligibility, just come in. We will assist. **We Are Looking For Volunteers!** 

TEFAP: The Emergency Food Assistance Program
Income Eligibility Guidelines: July 1, 2021 – June 30, 2022

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Household Size	Annual Income*	Monthly Income*			
1	\$25,760	\$2,146			
2	\$34,840	\$2,903			
3	\$43,920	\$3,660			
4	\$53,000	\$4,416			
5	\$62,080	\$5,173			
6	\$71,160	\$5,930			
Each additional person add	\$9,080	\$756			



Flag Day - Wed, Jun 14, 2023



# **SAVE THE DATE**

New Hartford Volunteer Fire Department Presents

# THE FIRE TRUCK SPECTACULAR

Thursday, July 20th • 6-9pm New Hartford Shopping Center

# JOHN LATINI

NEW HARTFORD TOWN COUNCILMAN, WARD 2
OUR TOWN. OUR FUTURE.

John and his wife Lucille have been residents of the Town for more than 20 years, while also owning the John Latini Salon located in the Hannaford Plaza on Kellogg Road. He was appointed by the New Hartford Town Board and has served as a Planning Board Member for the past 3 years. In addition to his full service hair salon, John also drives school bus for the New Hartford School District.

Ward 2 is a very diverse Ward starting in NY Mills and traveling along Rt. 8 to the area encompassing Higby Rd, portions of Oneida Street, and on over to Valley View Rd, Tilden Rd and Graffenburg Rd.

Latini notes that his 30 years of customer service experience has served him well in problem solving. He is very passionate about assisting neighbors and friends with problems that can be fixed by just communicating. As Councilman, John is committed to immersing himself into ensuring that our neighborhoods are protected and will be against any re-use that is not right for any part of our Town. He is on June 27th Republican Primary Ballot and has also been endorsed by the Oneida County Conservative Party.

"I believe we are very fortunate to live in a Town where we have a great quality of life – beautiful parks, the great Rayhill Walking Trail, good schools and excellent police and fire departments. I want to do everything I can to see that continue while working to keep Town property taxes low.

Ward 2 is facing the effects of flooding on our hills and when elected, I will work closely with town and county officials to isolate funds to mitigate damage from severe rain events that are affecting our homeowners. In addition, I am very concerned about the re-use plan of St. Luke's which also exists in Ward 2, and NY Mills residents need to be part of that conversation because it is their backyard."

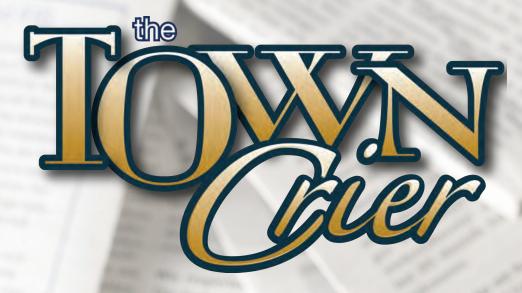
– John Latini, III

Oneida County Republ<u>ican Primary</u> **VOTE ON JUNE 27th** 

Paid for by Friends of John Latini. II



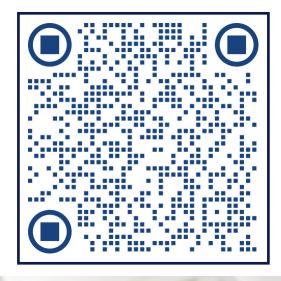
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-Cindy from New Hartford

"One month of advertising in the Town Crier and it exceeded my expectations. I'm already at 4x my investment.

-Dave,
Local New Hartford Business



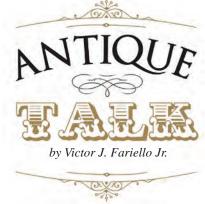
Digital Versions of The Town Crier are always available on our website:

www.nhtowncrier.com









by Victor J. Fariello Jr.

# **Madison Bouckville Antique Show Dates**

The Madison-Bouckville shows are back again for another great run. First up is the June Antique Show which is June 2-4 at the iconic Rt. 20 site in Madison and Bouckville. This smaller show is the kickoff of the summer season of antiques and collectibles. This show is well worth the short drive down scenic Rt. 20. Admission is free and if you love antiques and collectibles you will find this time well spent.

The Madison Bouckville Antiques Week will be August 14-20 at the Rt. 20 show site and spread out over 12 independent show fields. It is New York State's largest antique show. Admission to this event is also free and you will find more than 2,000 dealers eager to display their wares. No matter what you are looking for in antiques and collectibles, you are sure to find it here. This show never disappoints.

The hours for both of these shows is 8 a.m. to 5 p.m.



Don & Nancy Hartman

# **A Sad Passing**

We were very sorry to hear of the passing of Nancy Hartman, longtime area antique dealer who with her husband Don operated The Potting Shed Antiques in Whitesboro. Her presence at the shop for over four decades made her one of the most knowledgeable dealers in the area. She will be sorely missed. Our condolences to Don and family on their loss.

# **2023 HUMMINGBIRD CLASSIC ROME**



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# **Support Your NH Historical Society**

Our NH Historical Society depends on members for their support. The cost is \$15 for an individual, \$20 for a family and \$5 for students. Your support of this community resource will help preserve our local history. Make your check payable to 'NH Historical Society' and mail to PO Box 238, New Hartford, NY 13413. All donations are tax deductible.

# **Questers Looking For New Members**

The J. Schoolcraft Sherman #1519 Chapter of Questers International meets monthly except July and August at the New Hartford Library. We are a group of individuals interested in history, preservation and the love of antiques. We have guest speakers and a monthly Show & Tell where members bring an antique or collectible to share with the group. For more information on Questers visit www. questers1944.org. You can also find us on Facebook by searching "lovoldstuff." If you are interested in joining, please email me at vjfariello@gmail.com. Be sure to check out our display during the month of April at the New Hartford Library!

Victor J. Fariello Jr. is a lifelong resident of New Hartford and has been a collector and dealer of antiques for many years. He is a past officer and member of the New Hartford Historical Society and is the President of the J. Schoolcraft Sherman Chapter #1519 of The Questers, an International organization for people who love antiques and have a commitment to preservation. Questions on anything related to antiques can be sent to him at PO Box 194, Washington Mills, NY 13479 or by email to vjfariello@gmail.com. Any photos submitted will be returned upon request.





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# SUMMER SOLSTICE

to benefit Hospice & Palliative Care

5:30 P.M. ~ SUNSET WEDNESDAY, JUNE 21, 2023

HOSTED BY THE ROOT FARM 2860 KING ROAD, SAUQUOIT

Hospice & Palliative Care cordially invites you for an evening of indulgence at The Root Farm.

Come savor delicious cuisine by Irwin's Fine Food, enjoy refreshing summer drinks, and delight in our s'more bar and ice cream novelties while musician Spencer Morgan plays summer tunes. Take a stroll on the garden path, visit with The Root Farm's friendly animals, and marvel at the views as we watch the sun set on the Summer Solstice.



21 & OLDER (ID REQUIRED)

5:30 ~ 7:30 P.M.

Complimentary beer & wine, cuisine by Irwin's Fine Food, infused water & iced tea bar, and more.

# 7:30 ~ SUNSET

S'more bar & ice cream novelties, along with a cash bar.

Golden pinwheels will add a touch of whimsy to the enchanting ambiance. Purchase a pinwheel in recognition of someone: \$25 each or 5 for \$100

> See the moving photography exhibit, "The Last Portrait," by Mark DiOrio.

Have the opportunity to win great raffle prizes for a \$10 donation.

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Honorary Chairperson: Bill Kardas, WKTV Meteorologist Event Chairpersons: Justin Wilcox and Joannie Grande





Campers Canoeing at Rogers Center

# **Summer Camp is Back with Brand New Adventures!**

Parents and children need look no further for summer fun, education, and outdoor recreation. Spread across four age groups, Rogers Center is offering seven unique weeks of The Joys of ummer, Amazing Adventures, Call of the Wild, The Magical Woodland, and Cabinet of Curiosities (12-15 year olds only).

"Ellen Rathbone has enriched and expanded the summer programming that is already a staple for many upstate families," said David Carson, Rogers Center executive director. "I'm really hoping to participate myself. The Cabinet of Curiosities is of particular interest and I hope to lead a few groups down into Hemlock Hollow."

Summer camp at Rogers is made possible by the unique relationship between Rogers and the Department of Environmental Conservation, which helps to fund up to eight college interns each year. Further support is provided by the RC Smith Foundation. Rising environmentalists are able to hone their skills in education as they teach upstate new york children how to play and learn in nature.

Registrations are capped at two weeks per child to ensure that the greatest number of children and teenagers are able to experience the excitement and intrigue of a summer spent at Rogers.

Further information and registration forms can be found at friendsofrogers.org/ program/summer-adventure-camp

Friends of Rogers Environmental Education Center, Inc. is a nonprofit organization that offers environmental education programs for people of all ages and abilities. Seasonal hours of the Visitor Center are from 10 a.m. to 4:00 p.m. Wednesday through Saturday and 12 pm to 4:00 pm Sunday, other times by appointment.

The mission of the Friends of Rogers is to provide outstanding educational opportunities that excite, inspire, and motivate people of all ages to enjoy, understand, appreciate, and protect our natural environment.



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Christopher J. Carbone

# Why Young Savers Should Adopt a Long-term Mindset

Four key considerations could help young adults create a mindset to succeed with saving and investing for the future.

Michelle Wan, Wells Fargo Investment Institute senior wealth investment solutions analyst, has met many younger clients who have had reservations about investing. "Young investors may find themselves delaying investing for retirement because it seems so far in the future. Alternatively, they may enjoy trading volatile investment instruments for rapid profits," she says. "They don't realize how important it is to methodically develop planning and investing goals at a young age. Time is a young saver's greatest ally."

Here, Wan shares four key considerations for young savers when it comes to prioritizing long-term savings and investment plans.

### 1. Adopt a planning mindset

One key factor is having a planning mindset - a positive and proactive stance that could set savers on a path to positive financial outcomes. A planning mindset can provide a road map that can help strengthen a person's financial future.

# 2. Start with small changes

Small changes in your financial behavior today could have a big impact on long-term success. Creating a budget, building healthy financial habits, and becoming more comfortable and familiar with investing could go a long way in contributing toward achieving long-term financial goals.

Some practices to consider:

- · Automatically transferring part of your income into a savings account or an investment account
- · Paying down student loans to avoid late fees and damage to credit scores
- 3. Begin saving and investing now

Start saving for retirement as soon as you can. The sooner you start, the more time every dollar saved has the potential to grow. If dollars saved early in your working years generate investment gains year after year, they can have a much bigger impact on the size of your account balance at retirement than you

might think. Thanks to the power of compounding, as the dollars invested potentially earn returns, those reinvested returns can start earning returns, and so on - year after year.

"For younger investors, compounding returns become especially powerful given their longer time horizon, so an early start can make a dramatic difference in helping investors reach their financial goals," says Wan

### 4. Take full advantage of retirement savings plans

If your employer offers a 401(k) plan, be sure to participate — and max out any kind of matching-contribution offers. They are the equivalent of free money.

Roth IRAs - to which you contribute after-tax dollars - are also worth a closer look because they offer tax-free growth potential. Investment earnings are also distributed tax-free in retirement if specific requirements are met.

"Another savings vehicle to consider is a Health Savings Account (HSA), which offers tax benefits to qualified investors," Wan says.

A discussion with an investment professional about your investment goals can help you develop a long-term plan and strategies to potentially help you achieve those goals.

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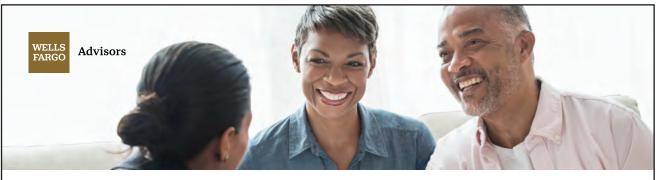
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# Moss Back Mule Band Takes the Stage June 3 at Barneveld's Unity Hall

If you're a live music fan who's lived in Central New York long enough, the mere mention of the Moss Back Mule Band will stoke memories of energetic southern rock and blues, lively dance floors, smoky bars puffing with character, and maybe even a few outlandish hombres and senoritas stepping it to the beat.

Well, hold onto your reins, because that mule is still kicking! Enriched through the years by diverse musical tastes and robust group chemistry, the band will pull into this town of Trenton hamlet on Saturday, June 3, for an 8:00p.m. concert inside the warm wooden walls and arched ceiling of Unity Hall's Landecker Auditorium at 101 Vanderkemp Ave, Barneveld.

General admission for the show is \$18 in advance. Tickets are available through Eventbrite and the Adirondack Cheese Company at 8190 Route 12 in Barneveld. If seats are still available the night of the concert, tickets will go on sale in the Unity Hall box office at 7:15 p.m. for \$18 for Unity Hall members and \$20 for non-members.

Through the years, Moss Back has played in concerts with the likes of Charlie Daniels; Lynyrd Skynyrd; Freddy King; Hank Williams, Jr.; Pure Prairie League; Commander Cody; the Subdudes; and other national acts—but their strongest appeal has grown largely from their long-standing involvement with the Central New York music community.

These days, the band focuses its performances on Americana and original music influenced by the blues, boogie woogie, swing, and rock and roll They share a common stylistic vision as they write and arrange music to fit their quartet of seasoned players.

The group still brandishes three of its founders: Steve Quenneville on guitar and vocals, Dave Liddy on keyboards and vocals, and Hal Kent on bass. Dave Pallas, one of Central New York's in-demand drummers, completes the mix with his percussive rhythms and vocals.

Through the years, the band and its various members have won some musical recognition. In 2020, Quenneville, Liddy and Kent were inducted into the Syracuse Music Hall of Fame, and Liddy also was named a "Great Blues Artist" in New York's Blues Hall of Fame.

Quenneville and Liddy also joined with hammered dulcimer player John O'Hara several decades ago to form the acoustic trio String Bee, known for its blue grass, Appalachian and pop renditions. The trio has produced four CDs, two of which earned Syracuse Area Music Award (SAMMY) nominations and one of which—"Alive from the Hive"—won the award.

The Moss Back Mule Band concert is made possible by Unity Hall Foundation member support and sponsor support from 96.9FM WOUR and Town Square Media of Utica. The Unity Hall music series is also made possible with funds from the Statewide Community Regrants Program through the New York State Council on the Arts, with support from the Office of the Governor and the New York State Legislature and administered by CNY Arts.

For information on membership and other Unity Hall events, visit www.unityhall.com and Facebook/HistoricUnityHall.



### FIRST UNITED METHODIST CHURCH

105 Genesee Street, New Hartford (315)733-4227 office@firstumconline.org Rev. David McKinney Sunday Services:

10am Classic Worship

Sunday School for children begins around 10:20.

Adult Sunday school 11-12pm Sunday Youth Group 7-8pm

Praise/Worship Services are the 3rd Wednesday of each month. Light supper will begin at 5:30 and worship is from

Our Church Building is open for in-person worship services Or watch our livestream service online at

www.firstumconlline.org

Easily accessible building, sanctuary, and bathroom. All COVID guidelines are being followed for a safe and comfortable worship Service. Come Join us!!

### ST. JOHN THE EVANGELIST CHURCH

66 Oxford Road - 732-8521 Rev. Kevin Bunger, Pastor

MaryJo Kelley, Director of Faith Formation Saturday: Vigil 5:15 p.m. Confessions 6:15pm

Sunday Masses: 8am & 11am Mon-Fri Masses: 7am & 9:10am We are handicapped accessible!

### CROSSPOINT CHURCH

317 Oriskany Blvd, Whitesboro - 797-4520 Senior Pastor, Samuel Macri Assistant Pastor, Bobby Allen Sunday Services:

8:00am - 9:00am Worship Service 9:00am - 10:30am Study Groups

10:30am – 12noon Worship ServiceWebsite:

crosspointchurchonline.org

Sunday Morning Services streamed live Pastor Sam's message available at our website

We are handicapped accessible!

# **HOPE ALLIANCE CHURCH**

4291 Middle Settlement Road, P.O. Box 626, N.H. General Office: 315-732-1349

hopealliance4291@gmail.com www.hopealliancecny.com Rev. Andy Ward, Pastor Morning Worship: 9:30am

Communion First Sunday of the Month. Fridays: Christian Service Brigade - 7pm Sundays: Jr. & Sr. High Youth Fellowship - 6pm Hope Alliance Church is handicapped accessible.

# ST. THOMAS CHURCH

150 Clinton Road - 735-8381 stthomasnh@syrdio.org Pastor: Rev. David Sears Saturday Vigil: 4 p.m. Sunday Mass: 9:00 a.m. Confessions: Sat. 4:45-5:15 p.m. Holy Day Schedule: Holy Day Masses 12 noon Adult Religious Education, Open to the Public

We are handicapped accessible!

# ST. STEPHEN'S EPISCOPAL CHURCH

25 Oxford Road - 732-7462 (Parish & Rectory) ststephensepiscopalnhny@gmail.com Sunday Service of Holy Communion at 10am followed by fellowship

Al-Anon Meetings: Sun. at 5pm & Thurs. at 5:30pm

AA Meetings: Sundays at 8pm

Yoga by Kristy: Tues. 5:30-7pm & Thurs. at 9:30-11am. more information can be found at www.rootdownwell.com EGA Meetings: 1st Friday of the Month

St. Stephen's is handicapped accessible.

# FAITH IN CHRIST REFORM CHURCH

A Reformed Southern Baptist Church 3431 Oneida St., Chadwicks - 315-737-0753 www.ficfellowship.com Sundays: Worship, 10 a.m. Children's Church during the sermon. Bible Study and Prayer - Wed evening 6:30 p.m.

## IMMANUEL BAPTIST CHURCH

Pastor Fletcher Matlack

9501 Weston Rd. (Next to Perry Jr. High), (315) 737-5222 www.ibcfamily.com E-mail: info@ibcfamily.com Sunday School for all ages: 9:00 am - 9:45 am Sunday Morning Worship Service 10:00 am Nursery, Preschool and Children's Worship hour: 10:00 am See our website for information regarding our Youth Group, Kids Club and other upcoming events. Church is handicapped accessible.

NEW HARTFORD PRESBYTERIAN CHURCH

Rev. Ed Townsend, Interim Minister 45 Genesee Street, NH 315-732-1139 newhartfordpresbyterian.org office@newhartfordpresbyterian.org Motorized Lift for Handicap Accessibility Supervised Nursery Care Provided During Worship Sunday morning worship continues at the regular time of 10:30 in June, in the sanctuary and livestreamed on NHPC's

The Sonday Club for youngsters and Adult Sunday School class precede worship and start at 9:30 each Sunday

A fellowship/coffee hour for everyone follows the regular Sunday worship service. NHPC's annual congregational picnic will be held on Sunday, June 11, following worship. The new Connect Café is open from 10 a.m. until noon every Wednesday, offering coffee, conversation and more to all who would like to stop by.

Other regular activities on the June schedule include:

Choir rehearses at 9:15 each Sunday morning

6/4 — 6 p.m. Girl Scouts

6/7 — 6 p.m. 4-H

6/7 — 7 p.m. PEO

6/11 — Congregational Picnic after Worship

6/12 — 7:15 p.m. NH Presbyterian Women's Meeting

6/18 — 6 p.m. Girl Scouts

6/21 — 6 p.m. 4-H 6/24 — 3 p.m. Hope House Meal Prepared

### MARY, MOTHER OF OUR SAVIOR PARISH

Business Office - 2 Barton Ave, Utica - 315-724-3155 Pastor Rev. Joseph Salerno

Our Lady of the Rosary Campus - 1736 Burrstone Rd. New

Weekday Mass-M, Wed, Thurs, Fri 8:00 AM Novena to Miraculous Medal of Mary Tuesday 7:00 PM Our Lady of Lourdes Campus - 2222 Genesee St. - Utica Weekend Mass – Saturday 4:00 PM Sunday 8:30 & 10:30 AM

### SAUQUOIT VALLEY UNITED METHODIST **CHURCH**

Cor. Pinnacle Rd. & Mohawk St., Sauquoit email: sauquoitvallyumc@aol.com

Pastor: Robbin Harris Office: 315-737-7505

Sunday Worship 11:30 a.m. (Nursery Care Available)

Sunday School 9:30 a.m. For all ages.

Handicapped Accessible

# FIRST BAPTIST CHURCH OF NH

7 Oxford Road - Office phone: 315-733-4570 firstbaptistnh@gmail.com

Rev. James Harriff, Pastor

Virtual Service every Sunday at 9:30am on Facebook "First Baptist of New Hartford" Sunday Service - 9:30am

Sunday School - 11:00am

Handicapped Accessible. All are welcome.

# UNITARIAN UNIVERSALIST CHURCH of

10 Higby Road, Utica, NY 13501 Minister: The Rev. Karen Brammer Sunday services at 10:30 AM

Find up-to-date info and learn more about us at our website, www.uuutica.com.

The Unitarian Universalist Church of Utica is an open minded, open hearted spiritual community. Unitarian Universalists come from different faith backgrounds but our shared values bring us together. One of the principles that unite us is respect for the interdependent web of all existence of which we are a part. Newcomers are always welcome.

# ST. GEORGE ORTHODOX CHURCH

350 Higby Road, New Hartford, 315-292-6682 Fr. George Goodge Sun - 9am Matins Sun - 10am Liturgy Wed - 5:30pm Vespers Bookstore hours: Open Sundays after Services.

### WESTMINSTER-MORIAH-OLIVET PRESBYTERIAN CHURCH

Interim Pastor Rev. Dr. Mark S. Caruana Music Director Richard Crawley Worship service: Sunday 10:30 a.m.

714 Washington St., Utica. 315-732-6518 www.wmoutica.org pastor@wmoutica.org find us on Facebook & Twitter Handicapped accessible

### NORWICH CORNERS CHRISTIAN CHURCH

10233 Roberts Road, Sauquoit 315-737-0757 WHERE JESUS IS LORD! Pastor Walter J. Wharram, Jr. Sunday School - 9:00am Sunday Morning Worship Service - 10:00am Mid-Week Bible Study - Wednesdays 7pm \*Sunday Sermons posted to YouTube weekly - Search 'Norwich Corners Christian Church'

### TRINITY LUTHERAN CHURCH

2620 Genesee St., Utica. (315)732-7869 churchoffice@trinitylutheranutica.com Fall/Winter worship: 9am - Sunday School & Adult Bible Study 10:30am - Worship is led by our Pastor, Peter Saie Handicapped accessible.

### FIRST PRESBYTERIAN CHURCH

1605 Genesee St, Utica, NY 13501 | fpcutica@gmail.com Opening Doors, Hearts & Minds: Serving Christ & Community Sundays - 10:30 Worship

Faith Enrichment for all ages Coffee Hour following morning worship. Handicapped Accessible

# LIFE IN CHRIST FAMILY CHURCH

www.licfc.org • 315-557-8807 formerly located at 25 Robinson Rd Clinton NY has moved to 23 White Street, Clinton NY Sunday Service at 10am

### ANNUNCIATION CHURCH

7616 E. South Street, Clark Mills 315-853-6138 rectory.denise@roadrunner.com Fr. Kevin J. Bunger. Deacon Gilbert Nadeau (Retired) Weekday Mass: Wednesdays 10am Weekend Mass: Sat. 4pm Vigil, Sun. 9:30am Confession: Sat 3:15pm-3:45pm Handicap accessible, air conditioned

# STONE PRESBYTERIAN CHURCH

8 So. Park Row, Clinton Scott Leonard, Commissioned Lay Pastor Sunday service-10:30AM Website: www.stonepres.org E-mail: stonepres@verizon.net Office phone: 315-853-2933 Handicapped Accessible

# CLINTON UNITED METHODIST CHURCH

105 Utica Road, Clinton www.clintonmethodist.org Rev. Michael H. Terrell

Sunday Worship Service 9:30 AM

Sunday school during worship following children's time Office Phone: 853-3358

# PLYMOUTH BETHESDA U.C.C/ CORNERSTONE COMMUNITY CHURCH

500 Plant St. Utica (Oneida Sq. across from Dunkin) Mike Ballman, Pastor www.cornerstoneutica.com mike@cornerstoneutica.com Sunday Mornings: 11am

# **CHRIST CHURCH (REFORMED** PRESBYTERIAN)

8470 New Floyd Rd. Rome, NY 13440 Website: www.christchurchreformed.com Facebook: https://www.facebook.com ChristChurchReformedPresbyterian aarongoerner@gmail.com Pastor: Aaron Goerner Services: Sunday School: 10AM Sunday Worship: 11AM

# ZION LUTHERAN CHURCH

Thursday Bible Study 7PM

630 French Road, New Hartford Interim Pastor William Preuss Sunday Mornings at 10 AM Al-Anon Meetings, Wednesdays at 12:30 PM 315-732-4110, office@zionluth.com www.zionlutheranNy.org Visit us on Facebook at: Zion Lutheran Church, New Hartford, NY

All Are Welcome! This is God's house and Christ's church. There is a place for you here!

**BOILERMAKER FREE PARKING!!** 

Free parking in exchange for canned goods for local food pantries. We have great up-front views of the race just before the 7-mile marker. Enter parking lot on the French Road side - get there early to ensure a spot!

# MOHAWK VALLEY CHURCH

9417 Maynard Drive Marcy, NY Sunday Mornings at 10am Come As You Are www.mohawkvalley.church info@mohawkvalley.church Pastors Mike & Susie Melnick Contemporary Worship led by Mark Bolos

### TABERNACLE BAPTIST CHURCH

13 Clark Place, Utica 315-735-7534 churchoffice@tbcutica.org www.tbcutica.org Facebook: Tabernacle Baptist Church

We are together in our diversity! Come worship with us! Saturday 6 p.m. Young Adult Worship & Study Sunday 10 a.m. English Worship Service

Sunday 10:15 a.m. Sunday School for children in English and in Karen

Sunday 11:30 a.m. Karen Worship Service and 2nd-Hour Sunday School

Pastors Rev. Debbie Kelsey and Rev. Htee Gay

### THREE STEEPLES UNITED

2817 Old State Route 12, Paris. 315-368-3416 vitarinaldihale@gmail.com
Sundat services at 10am

### **BIBLE BAPTIST CHURCH**

4431 Middle Settlement Rd., New Hartford, NY 13413
Brian Demers, Pastor
Sunday School for all ages: 9:30 a.m.
Sunday Morning Worship Service: 10:45 a.m.
Sunday Evening Bible Study: 5:00 p.m.
Wednesday Evening Bible Study and
Kids4Truth Children's Program: 6:45 p.m.
Adult Sunday School Class - We are beginning a new
adult Sunday School class for couples. We will be going
through Strengthening Your Marriage by Wayne Mack.
Sunday School begins at 9:30. A safe and loving nursery is
available as well as other classes for all ages - kids, teens,
and adults

Handicapped accessible. Nursery Provided. www.biblebaptistchurchnewhartford.org

# ST. MARGARET'S ECUMENICAL & RETREAT CENTER

47 Jordan Road, New Hartford – 315-724-2324 stmargaretshouseny.org info@stmargaretshouseny.org

Rev. Elizabeth Gillett, Chaplain The retreat center is open to the public.

On-Going Weekly Activities

Worship Services Wednesdays at Noon Zoom and In-Person Worship Services - All Welcome!

Zoom.us ID: 842 3057 0175 Passcode: SMH

Wednesday Lunches at 12:30pm

Includes main + veggies, salad, bread, and dessert. Please make a reservation by the Friday before 315-724-2324 Suggested donation \$13 per person

# **On-Going Monthly Activities**

Friends of Emmaus House - June 14th at 10AM Meets monthly on 2nd Wednesdays at 10AM A group of volunteers who provide support to help meet the needs of our women & children's shelter and guests. New Members Welcome!

Conversations with Rev. Gillett - June 14th at 1:30pm Meets monthly on 2nd Wednesdays at 1:30pm Group discussion about Matters of Faith Grief Support Group - June 13th at 6:30pm Meets monthly on 2nd Tuesdays at 6:30pm A peer-facilitated group to support anyone experiencing loss.

# **Monthly Dinner - June 21st**

Kielbasa Sandwich, Homemade Sauerkraut, Salt Potatoes, Salad, Bread, & Dessert

\*\* Third Wednesdays at 5:00pm (take out) and 6:00pm (dine in) Please make a reservation by the Friday before 315-724-2324. Suggested donation \$17 per person \*\*

# Scrabble Day - June 28th at 9:15 AM

Join us for Scrabble! Our scrabble crew meets monthly on Fourth Wednesdays at 9:15am. Please let us know if you would like to stay for lunch by the preceding Monday.

Special Events

Open House at Emmaus House - June 9th from 2 - 4 PM We are excited to invite you to visit Emmaus House - located at 1215 Kemble Street - and learn more about our work, programs, and services provided to support homeless women and their children in Utica. We would also welcome donations of themed baskets for raffle during the open house as a fundraiser for Emmaus House. Please drop off raffle baskets to St. Margaret's by June 1st. Many thanks to all who have donated their time, money, and goods to support Emmaus House.

Sacred Sites Tours - June 4th, July 10th, and August 7th We are excited to bring back our popular group tours of local area holy places this June, July, and August! We will meet at St. Margaret's and carpool to the locations. Please call us to reserve your seat! By donation.

On Sunday, June 4th, we will gather to carpool from St. Margaret's at 9:30 AM to visit the Định Thành Buddhist Temple in Frankfort. June 4th is Vesak Day, a special day

to remember the birth, enlightenment, and death of the Gautama Buddhaa. There will be an on site celebratory ceremony followed by a vegetarian meal.

**July 10th** The Eucharistic Miracles of the World Exhibit at the Good News Center and local religious sites.

August 7th Oneida Community Mansion House.

Summer Concert Series - June 8th, July 13th, and August 1st at 7 PM

We are excited to continue our Summer Concert Series in 2023! We will provide refreshments each night. Our August evening will also include an ice cream social. Please bring lawn chairs or picnic blankets. In case of inclement weather, events will be held indoors. These concerts are free, thanks to a grant from Stewart's Shops Foundation! Donations will gladly be accepted to support the ministries of St. Margaret's and Emmaus House.

June 8th Mark Bolos Ministries

July 13th 2 Friends: Donna Mucks and Amy Boulrice August 1st Floyd Community Instrumental Ensemble

### **CITY HOPE CHURCH**

1415 Sunset Ave. Utica, NY 13502. 315-797-7775 Robert Tanner, Pastor Sunday: 10 am



Sunday Adult Service: 10:00 a.m.

Wednesday Night Prayer: 7:00-8:00 p.m. Thursday Evening Bible Study: 7:00 p.m.

# Pastor Mark Waterman 315.736.1161

3995 Oneida Street #4 New Hartford, NY 13413



@NLAC4all

PRAYER TO THE BLESSED VIRGIN. (Never known to Fail) O Most beautiful flower of Mount Carmel, fruitful vine, splendor of Heaven, Blessed Mother of the son of God, Immaculate Virgin, assist me in my necessity. O Star of the Sea help me and show me here you are my mother. O Holy Mary Mother of God, Queen of Heaven and Earth, I humbly beseech you from the bottom of my heart, to succor me in my necessity (make request). There are none that can withstand your power. O Mary conceived without sin pray for us who have recourse to thee (three times). Holy Mary, I place this cause in your hands (three times). Say this prayer for three consecutive days and then you must publish and it will be

# **Gospel Corner Café**Coffee House

granted to you.

Fourth Friday of every Month at 6pm May 26 & June 23

Free Music, Beverages & Finger Foods

# Have Lunch with us!

Join us on Thursdays from 11:30am-1:30pm

All are welcome Free of charge

**Location** 

Living Faith Bible Church 2922 Pinnacle Rd Sauquoit 315-737-5075

# **BEIT SHALOM**

All are welcome!

48 Franklin Square, Utica, NY 733-2867 Rabbi: Stephen Galiley Friday Evening Shabbat Services: 7:00 pm Oneg Shabbat Beit Shalom is a Messianic Jewish Congregation.



### TEMPLE EMANU-EL

2710 Genesee Street, Utica, NY - 724-4177 teuticaoffice@gmail.com Rabbi Peter Schaktman

Friday Evening Oneg Sabbath sponsored by the Sisterhood of Temple Emanu-El. All are Welcome

### **TEMPLE BETH-EL**

1607 Genesee Street, Utica Rabbi Gustavo Geier Executive Director: Mrs. Mundy B. Shapiro In person and on zoom www.tbeutica.org Fri night - 5:30pm Sat morning - 9:30am

### **ZVI JACOB**

Orthodox Synagogue 110 Memorial Parkway, Utica - 724-8357 Services are held Saturday at 9am, and on holidays. Services may be held at other times if there is a minyan. Visit our website www.zvijacob.org. All are Welcome.

### THE JEWISH COMMUNITY CENTER

2310 Oneida Street, Utica - 733-2343 Provides programs for seniors and recreational activities for all ages. Open to people of all races, religions, and nationalities.



# World Refugee Day Celebration 2023

Many Cultures. One Community.

The Center (formerly the Mohawk Valley Resource Center for Refugees) invites the community to join us to celebrate World Refugee Day on Saturday June 3rd, 2023, from 12:00 to 4:00 PM at Hanna Park at Utica City Hall. An international holiday organized by the United Nations, World Refugee Day provides an opportunity to recognize and honor the courage and resilience of our refugee community. The World Refugee Day celebration will begin with a Citizenship Ceremony at 12pm, where 10 refugees and immigrants will be sworn in as new citizens. This ceremony will be followed by a wide range of activities for the whole family, including culturally diverse music and dance performances, as well as a puppet show and children's crafts. The Utica Children's Mobile Museum and Zoomobile will be present, as well as educational displays by the Utica Fire and Police Departments. There will also be food for purchase from a variety of local ethnic food trucks, and traditional handicrafts for sale from local artisans. Entertainment and educational displays will provide insight into refugee resettlement, the refugee experience, and the contributions refugees have made to the Utica community.

Businesses or community organizations interested in sponsoring or hosting a table at the event can register through the agency's website: www.thecenterutica.org.

This event is free and open to the public.

Utica's The Center is a non-profit organization that provides services to refugees, immigrants, and Limited English Proficient (LEP) individuals. The Center's goal is to help individuals and families achieve independence and self-sufficiency in their new communities. Founded in 1981, The Center has resettled over 17,000 refugees in the Mohawk Valley.



# Bremer's Wine and Liquor Marks 90th Anniversary with Customer Appreciation Celebration

June 13, 1933: the CH Bremer Fish and Fruit Market (established 1876), on Seneca Street in Utica, began selling wine and liquor. They obtained the first liquor license granted in Oneida County after the repeal of Prohibition. This June, the family-run business celebrates its 90th year of operation since that original license.

Family History: Charles (CH) Bremer was a wellknown Utica businessman who passed the store to his son Merritt. It was Merritt who obtained the original New York State liquor license. In 1959, Merritt died unexpectedly and his son, Merritt Jr. (Bud), took a leave from his job as a chemist at United Merchants and Manufacturers to help. He thought it would be a brief few weeks of managing the store, but he ultimately remained at the helm for several decades. In 1966, the Bremer business merged with Art Bullock's store, Casey and Keefe, becoming Bremer and Bullock. After Art Bullock's retirement in 1999, Bud's son Merritt III (Tim) joined his father in the store. In 2006, Eric, the youngest of the Bremers, came on board so his father could ease into retirement. With Tim's retirement in 2022, Eric became the sole proprietor of Bremer's Wine and Liquor.

Throughout the years, the business has had five locations, from downtown Utica, to its current location on Commercial Drive in New Hartford. Over the years,

the business has given back to the Mohawk Valley by supporting not-for-profit organizations including The Arthritis Foundation, Thea Bowman House, The House of the Good Shepherd, The Boys and Girls Club, and the American Heart Association.

On Friday, June 9, 2023, Bremer's will hold an anniversary and customer appreciation celebration at the Yahnundasis Golf and Country Club in New Hartford, from 6-9pm, which is open to the public.

Reservations are required. The event will feature complimentary wine and spirits tastings, seminars, hors d'oeuvres, and a cash bar.

A rare, full set of Van Winkle whiskeys (10-, 12-, 15-, 20-, and 23-year old bourbons and a 13-year old rye) will be raffled at \$20 per ticket, with the proceeds to benefit The House of the Good Shepherd and Thea Bowman House. Tickets are available at Bremer's on Commercial Drive, or at the event on June 9. Raffle

tickets can be purchased with cash or check.

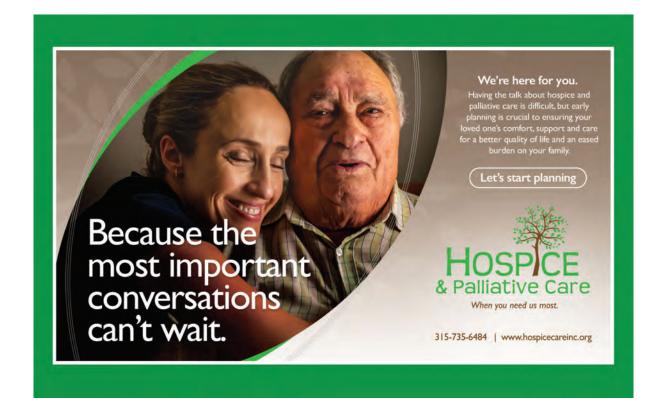
Seminars require a cash or check donation of \$20, which will be donated to either The House of the Good Shepherd or Thea Bowman House. The seminars will be a full tasting experience, and the topics are:

- The Difference between Old World- and New World-Style Wines (6:15-6:45)
- Whiskies of the World: Scotland, Ireland, Japan, and the United States (6:15-6:45)
- The Rosé Garden (a variety of rosé styles) (7-7:30)
- Wines of Italy (7-7:30)

Seminars are limited to 30 attendees and require a first come, first served reservation.

Reservations for seminars and the event can be made by calling (315) 768-6400

emailing eric@bremerswineandliquor.com or anne@bremerswineandliquor.com.











# 10 Facts You Should Know about Juneteenth

Kori Williams - Author, https://www.greenmatters.com/p/facts-about-juneteenth

The national holiday Juneteenth has been around for years, but only recently got the federal recognition it deserves. Seen as the unofficial end to slavery in the U.S., people around the country enjoy time with friends and family to celebrate. The holiday got its start in 1865, but years later, many people still don't know about its significance. Here are 10 facts about Juneteenth.

1. Juneteenth is named after the date on which it takes place.

Juneteenth got its name because it takes place on June 19th each year.

2. Juneteenth had a different name at first.

Although Juneteenth is a clever play on words, the holiday was initially called "Jubilee Day." It started being celebrated in 1866, but as word of the day spread, the name "Juneteenth" began to catch on.

3. Juneteenth took place years after slavery was abolished in the U.S.

This holiday got its beginnings in 1865. The Emancipation Proclamation was signed in 1863, but could only take effect in areas that were still under Confederate control. According to History, Texas continued to operate as if slavery was still legal, because there hadn't been a lot of enforcement of the new law. That's why it took another 2.5 years for slavery to end there and why Juneteenth is seen as the unofficial end to slavery.

4. Juneteenth took place in Galveston, Texas.

History says that U.S. General Gordon Granger arrived in Galveston in June of 1865 and announced

the news, freeing more than 250,000 enslaved people.

5. Juneteenth has its own flag.

The Juneteenth flag was created by the founder of the National Juneteenth Celebration Foundation (NJCF) Ben Haith in 1997. According to the National Juneteenth Observance Foundation, the star in the center is the star of Texas, and the burst around it symbolizes it "bursting with new freedom throughout the land, over a new horizon." Red, white, and blue were used because those are the colors of the American flag.

6. The Juneteenth flag has gone through some changes over the years.

In 2000, the flag got a more modern look to its design and in 2007, "June 19, 1865" was added on the side.

7. Most states in the U.S. viewed Juneteenth as a holiday before it was federalized.

According to CNN, Pennsylvania was one of the last states to recognize the holiday, doing so in 2019; North Dakota and Hawaii followed suit in 2021, leaving South Dakota as the sole state not to officially recognize Juneteenth as a state holiday, as per Denver7.

8. Juneteenth was federally recognized in 2021.

In June 2021, President Joe Biden signed the Juneteenth National Independence Day Act that made Juneteenth a national holiday. "Juneteenth marks both the long, hard night of slavery and subjugation, and a promise of a brighter morning to come," he said in a speech on the day he signed the bill. "This is a day of profound — in my view — profound weight and profound power."

9. People celebrate with friends and family on Juneteenth.

In many ways, Juneteenth is celebrated like July 4. People spend time with friends and family typically

around a meal (more specifically a cookout). There are celebrations and marches all across the country in the U.S. but there are no strict rules about how to celebrate.

10. June 19 isn't the only anniversary of events that contributed to ending slavery in the U.S.

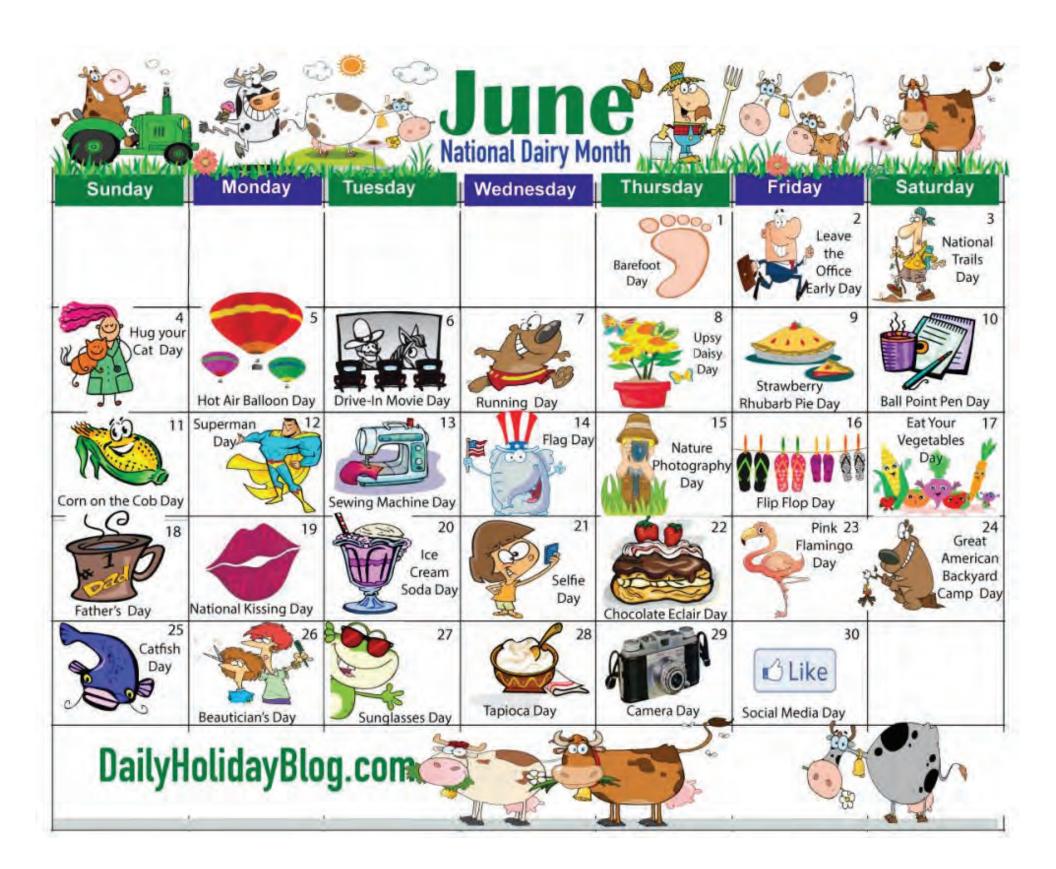
There are a number of dates throughout history that mark the end of slavery in the U.S. in some way. According to PBS, they include:

April 16, 1862: The day slavery was abolished in Washington D.C.

Sept. 22, 1862: The day Abraham Lincoln signed a preliminary order of the Emancipation Proclamation

Dec. 6, 1865: The day the 13th Amendment was ratified.





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