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Vol. 38 No. 3  
March 2024

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## NYS Approved Defensive Driving Course Offered

Smart drivers course sponsored by AARP and New York State approved for insurance and point reduction programs to be given Tuesday April 23, 2024, at the New Hartford Public Library from 9:00am til 3:30pm. For class registration, please call Mary Merritt at (315) 724-0096. Call early classes fill up fast.

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## New Hartford Youth Employment Program Kicks Off the Season

The New Hartford Youth Employment program is looking for industrious young men & women ages 14-19 to be matched with local residents & businesses that need seasonal or part-time work done. This program matches youths with residents or businesses that need odd jobs done such as babysitting, lawn maintenance, painting, cleaning, copying, filing, organizing, party set up & clean up, cellar and/or attic clean out, moving, snow shoveling, holiday decorating, wrapping of presents etc. Jobs are often short term and the rate of pay is at the discretion of the business or resident.

Residents and local businesses are encouraged to contact the Youth Employment Director if they have a job to offer.

Youths may sign up in person with the Youth Employment Director in the Town Clerk's Office located at 8635 Clinton Street, New Hartford, NY 13413 or call 733-7500 ext. 2322 or email [cheryj@townofnewhartfordny.gov](mailto:cheryj@townofnewhartfordny.gov)

Once registered, the Program Director will try to match the skills offered by the youth, with the appropriate employment opportunity. When a match is found, the youth and employer will be given the name and contact number to reach each other, and at that time the youth will be asked to initiate contact with the employer to determine the rate of pay and hours of work for the job to be completed. The Youth Employment Director will follow up each referral with a phone call to the employer to ensure that there was a satisfactory conclusion to the match, and determine whether

a youth will be given additional job referrals. It is important to know that youths will not be employees of the Town, but rather working for individuals within our community.

It is the intent of the program to fill a need in the community by providing a part-time work force in the Town, and to help youths communicate with potential employers and be responsible for constructively planning out the arrangements of employment.

The program runs year round! If you are between the ages of 14 to 19 and have time to offer your energies and skill to residents and/or businesses of New Hartford, or you are a Town Resident and/or Business in need of work done around your home or business, please consider contacting the New Hartford Youth Employment Director Cheryl A. Jassak-Huther at 315-733-7500 ext. 2322 or stop by the Town Clerk's Office between 8:00 A.M. and 4:00 P.M. Monday-Friday, holidays excepted, for more details.

## Lord Of The Dance At The Stanley Theatre Canceled

Due to circumstances beyond our control, Michael Flatley's Lord of the Dance - 25th Anniversary tour, scheduled for March 4, 2024, has been canceled. We sincerely apologize for any inconvenience; tickets will be refunded to all purchasers. At this time there are no known plans to reschedule.

Tickets will be automatically refunded to the original point of purchase. If you purchased with cash or check at the Box Office please call 315-724-4000, all credit card purchases will be refunded to the card used. All Ticketmaster purchases will be automatically refunded by Ticketmaster. Please note refunds may take up to 30 days to process.



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### New Hartford Central School District to Host In-person Kindergarten Registration in March

The New Hartford Central School District’s elementary schools will be hosting in-person kindergarten registration for the 2024-25 school year.

To be eligible, a child must be 5 years old on or before Dec. 1, 2024.

The student registration packet and instructions are available online at [www.newhartsfordschools.org](http://www.newhartsfordschools.org).

In-person kindergarten registration dates

Hughes Elementary 340 Higby Rd., New Hartford, NY 13413 - March 7, 2024, 9:30 a.m. to 2 p.m.

Myles Elementary 100 Clinton Rd., New Hartford, NY 13413 - March 11, 2024, 9:30 a.m. to 2 p.m.

Bradley Elementary 33 Oxford Rd., New Hartford, NY 13413 - March 13, 2024, 9:30 a.m. to 2 p.m.

If you have any questions, please contact the Office of Student Services at 315-624-1231 or email [jgifford@nhart.org](mailto:jgifford@nhart.org) or [mschultheis@nhart.org](mailto:mschultheis@nhart.org).

### The Abraham House Hosts 3rd Annual Winter Festival ‘Fire and Ice’ Fundraiser

The Abraham House will host their 3rd Annual Winter Festival “Fire & Ice” Fundraiser on Saturday, March 2, 2024. The event will be held at 12 North Sports Bar in Utica from 5:00 pm – 9:00 pm. All proceeds from the event will benefit the Abraham House and their mission to provide services to individuals affected by terminal illness, at no cost to the guest or their family.

This 21 and over winter festival event will offer activities both indoors and outdoors. Guests will enjoy open bar, local food, live entertainment, axe throwing, magician, raffles and other games. Outdoors will be an ice throne as well as fire pits and s’mores. Snowmobilers welcome.

Discounted tickets will be available in advance at [bit.ly/AH2024Fire-Ice-Festival](http://bit.ly/AH2024Fire-Ice-Festival) or by visiting [www.theabrahamhouse.org](http://www.theabrahamhouse.org).

Tickets are limited, be sure to get yours today.

Can’t join but want to be a part of the Abraham House mission and Fire & Ice event? Affordable sponsorships are available and collecting in kind donations for raffles. A special thank you to our past and returning Sponsors, First Source, Don’s Ford, Carbone Commercial Properties, Pacemaker Steel and Piping Company, J Priore Construction, LeadCar Chevrolet, GMC and Honda. Please contact The Abraham House at 315-733-8210 or [info@theabrahamhouse.org](mailto:info@theabrahamhouse.org).

The Abraham House benefits from the donations and grants received through community fundraising events like “Fire & Ice”. Funding generated this year will greatly help the Abraham House continue to expand their services at both the Utica and Rome locations.

This event is run by the Fire & Ice Committee and community volunteers with the guidance and support of staff.



### The Utica St. Patrick’s Day Parade Hosts 15th Annual Food Drive

For the 15th year, non-perishable food items will be collected during the Utica St. Patrick’s Day Parade on Saturday March 11th. The Food Drive benefits the Mother Marianne West Side Kitchen, which is named for Saint Marianne Cope, a Utica-native who was canonized as a saint by Pope Benedict XVI in October 2012. If you are planning to attend the parade, please bring a non-perishable food donation to place in the wheelbarrows as they pass by. Make sure to check the expiration date to ensure the item is still usable. Containers will also be available for those wishing to make monetary contributions. ALL donations will be delivered after the parade to the Mother Marianne West Side Kitchen. In the past 14 years, well over 14,000 food items and almost \$16,000 have been collected and donated to the West Side Kitchen. We hope to make this, our 15th Annual Parade Food Drive, the MOST successful yet!! Thank you!!

North Utica Community Center to Add Fitness Classes

We’re getting in shape! The North Utica Community Center, located at 50 Riverside Dr. in Utica, will be offering Fitness Classes beginning in March.

The North Utica Community Center Fitness Classes will be offering a variety of “Fitness can be Fun” classes. From dancing to shadow boxing to strength training and more, classes are set to music and are sure to be entertaining! Details on all the classes can be found at [Facebook.com/NorthUticaCommunityCenter](https://Facebook.com/NorthUticaCommunityCenter).

The North Utica Community Center strives to find ways for the community to come together to enjoy and support one another. “We are excited to be able to offer these classes. Fitness is so important at any age or stage of life,” says Executive Director, Sandy Soroka, “making it enjoyable will help us all meet our fitness goals.”

THE TOWN CRIER, PO Box 876, New Hartford, NY 13413, is an independent newspaper printed and mailed the first week of the month to residents of New Hartford. All photos and materials used by this paper are subject to editing, are the sole property of its editors and **may not be reproduced without permission**. We reserve the right to reject any articles or advertising not in keeping with the purpose of the paper. We are not responsible for claims made in any advertisement. The cost of publication is paid by our sponsors and subscriptions.

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### New Hartford Sports Home Games

\*subject to change without notice



March 27th - 5pm - Boys Lacrosse (Varsity) vs. Westhill - at HS Turf Field  
March 27th - 5pm - Girls Softball (Varsity) vs. Marcellus - at Accelerate Sports  
March 29th - 5pm - Girls Softball (Varsity) vs. Canastota - at Accelerate Sports  
March 30th - 11am - Girls Lacrosse (Varsity) vs. Carthage - at HS Turf Field  
March 30th - 12:30pm - Girls Lacrosse (JV) vs. Carthage - at HS Turf Field



THE  
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FOUNDATION, INC.


### The Edwin J. Wadas Foundation, Inc. Announces Grant Availability for Youth Sports

The Edwin J. Wadas Foundation, Inc. announces the availability of grant funds supporting the enhancement of youth sports in Herkimer and Oneida Counties. The awards ensure youth have access to opportunities for physical activity and sports through programs, facilities, and equipment. Eligible organizations include schools, non-profits and municipalities.

A full list of 2023 grant awards and a current grant application can be found at the organization’s website or by contacting 315-982-9003.

The mission of The Edwin J. Wadas Foundation, Inc. is to enhance the experiences of recreational and athletic programs for youth ages 5-18 in Oneida and Herkimer Counties by providing financial resources to qualified organizations and educational scholarships to participants.

To learn more about the Edwin J. Wadas Foundation, Inc. visit <http://www.wadasfoundation.org>



## March 10th

For information on how to place a free article for your community event or local news, please call 315-723-4827 or email [towncrier@pjgreen.com](mailto:towncrier@pjgreen.com)

Our monthly paper is currently mailed to residents in the 13413 zip code.

If you know someone who wishes to receive our publication, we will gladly add the address to our subscription list for a yearly fee of \$25.

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Suzanne D'Amore



Natalie D'Amore

D'Amore Sisters Recently Became College Graduates

Suzanne D'Amore and Natalie D'Amore, daughters of John and Laura D'Amore of New Hartford, NY and New Hartford Senior High School graduates of the class of 2018 and 2019, recently graduated college and secured positions in their chosen fields.

Suzanne D'Amore received her Master's degree from Cornell University's Nolan School of Hotel Administration at the SC Johnson College of Business Masters of Management in Hospitality Program on December 17, 2023 with a GPA of 3.8. She completed her undergraduate degree in May of 2021 at Le Moyne College, where she received her B.A in Economics with minors in Entrepreneurship and Applied Statistics. Suzanne is managing the The Emerson Inn By the Sea in Rockport, MA.

Natalie D'Amore graduated from Clarkson University on May 13, 2023 with a B.S in Engineering & Management with minors in Environmental Science, Environmental Policy, and Sustainable Solutions for the Developing World. While at Clarkson University Natalie was a member of the Alpha Pi Mu Honor Society of Industrial and Systems Engineers and the Delta Zeta Sorority. Natalie is as an engineer technician for Duke Energy in Charlotte, NC.

Congratulations to both as they embark on their exciting professional journeys!

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### Weather Closures

Should the New Hartford Central School District cancel classes before the start of the school day due to inclement weather, the Library will close as well. Notifications will be posted on WKTV, as well as on our website and social media platforms (Facebook and Instagram).

### Stay Connected With Us!

The most up to date information regarding closings, reopening, programs and crafts can be found on our website and on our Facebook and Instagram pages.

Website: [www.newhartfordpubliclibrary.org](http://www.newhartfordpubliclibrary.org)

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Instagram: [new\\_hartford\\_public\\_library](https://www.instagram.com/new_hartford_public_library)

### NHPL Board of Trustees Meeting

The NHPL Board of Trustees will be meeting on Wednesday, March 20th at 4:30 in the Sammon Room.

### Community Outreach

We are hitting the road and would love to come to your organization! Are you involved with a preschool, daycare, summer program or assisted living center? We would love to come to your organization and share more about our upcoming programs, issue library cards and provide programming to your facility. For more information, please contact our Library Director, Anne 315-733-1535.

### Literacy CNY

Need some tech help? We have a volunteer at the Library each Tuesday from 11:00-2:00. Literacy CNY provides trained individuals to assist patrons on a one on one basis. They look forward to helping our community. We greatly appreciate this service they are offering our patrons.

### Interested In Using Our Window Display?

The display case at the Library's main entrance is available without charge for community groups or individuals to display works of art, collections or educational displays. Exhibits must be in keeping with the Library's mission to meet the educational, cultural and recreational needs of the community. Exhibits may not be for entrepreneurial or commercial purposes, for the solicitation of business for profit or for fundraising. Religious proselytizing and partisan political recruitment are similarly prohibited. Applications for the case are on a first come, first served basis and are limited to one month, with displays also limited to one per year per individual, group or organization. Exhibits will be reviewed in advance before being displayed. Applications for use of the case are available at the Library's front desk. If you have any questions or are interested in using the display, please call the Library and ask to speak to our Display Case Coordinator, John. 315-733-1535

### The March is Women's History Month

In honor of this, throughout the month the display case at the library's main entrance will offer a display by New Hartford Junior Girl Scout Troop 60087 (fifth graders). It will feature a presentation on inspiring women breaking stereotypes. Each troop member chose a woman who inspired them to research, like Ruth Bader Ginsburg (U.S. Supreme Court justice), Juliette Gordon Low (founder of Girl Scouts), Maria Macrina (local business owner - The Cremeria) and Caroline Reale (New Hartford District #15 County Legislator). These women and more are highlighted in this month's display case.

### Egg Hunt at the Library March 9th

Hop on over with your baskets and join us for chalk, bubbles and our EGG-citing Egg hunt in the Library Garden! Don't forget to get a picture taken with the Easter Bunny! Fun takes place at 11am. Space is limited. Please call us at 315-733-1535 to register for this event.

### Looking for Teen Volunteers!

Need service hours? Want to help out your community? We are currently looking for teen volunteers to help out with upcoming events/programs.

Please give us a call at 315 733 1535 and ask for Cheryl.

### Lego Club From Book to Block

Back by popular demand...Lego Club!

Each month a passage from a book is read aloud from a pre-selected book. Using their imagination, children are asked to build what they see when visualizing that scene. This club meets on the 1st Saturday of the month at 11:00am in the Corasanti Room.

The next meeting is March 2nd. (Geared for 7-12yrs)

### Grab & Go Projects Adults

Adult Grab & Go Projects continue on the first Monday of each month.

March 4th – Washcloth Bunny and Chick

Call to reserve beginning at 10:00 on the day of that months' project, or come into the library to pick up.

### Grab & Go Project Bags for Kids

Kids Grab & Go Projects continue on the first Thursday of each month.

March 7 – Shamrock Wreath

Call to reserve beginning at 10:00 on the day of that months' project, or come into the library to pick up one.

### In Person Story Time

Regular Story Time will resume Tuesday September 5th.

Mondays (group A), Tuesdays (group B) and Thursdays (group C) 10:30-11:00 for preschool aged children. Join us for stories and crafts. Aimed towards preschoolers – but all are welcome. An adult must accompany the child. All story times are held in the Children's Area/Corasanti room.

March 4, 5, 7 : Marching into March

March 11, 12, 14 : Shamrocks

March 18, 19, 21: Spring has Sprung

March 25, 26, 28 : Bunnies

FREE Tree for your Child

We are partnering with Neighborhood Forest to help green our community and inspire youth environmentalism!

Parents/Guardians, please sign your child up to receive a free tree this Earth Day by filling out this short form: <https://www.neighborhoodforest.org/parent-registration/?school=41291>

We will contact you to pick up your tree at the library when it arrives!

Sign ups are open now through March 15th, trees will arrive the week of Earth Day (April 22)!

For Parent FAQs please see: <https://www.neighborhoodforest.org/parent-faqs/>

### Park Passes Are Back!

Once again, the Friends of the New Hartford Public Library are supporting our Park Pass Program. Through their generosity, we will be allowing our patrons to check out the following park passes which will allow our patrons a discounted entry rate:

The Wild Center

Fort Rickey Children's Discovery Zoo

Adirondack Experience

Munson

Utica Zoo

Empire

Passes must be placed on adult library cards and must be returned to the New Hartford Public Library Circulation Desk. Please call 315-733-1535 for more information.

### Community Rooms

Community Rooms will be available for groups and organizations to use. You can find more information on our website (<https://www.newhartfordpubliclibrary.org/reserve-a-room/>), by calling 315-733-1535, or by visiting our Circulation Desk at the Library.

### Book Clubs

Are you interested in joining a book club, currently in a book club, or looking to start one? If your club needs to order books or if you are interested in starting a book club, please call the Library and ask to speak to our Book Club Coordinator, Danielle. 315-733-1535

>Ruth Anne Mystery Book Club reads mystery novels. They meet on the second Saturday of the month at 11am. For more information please contact the library.

>Wanderlust Book Club reads fictional novels, ranging from current to historical. They meet on the first Thursday of the month. For more information please contact the library.

>Women (and Men) of Mystery will meet on March 23 at 11:00 via Zoom. This class, led by Janet Hoover, is for those who love mysteries or just want to know more about them and those who write them. In 2024 we will look at the history of mystery over the last 2 centuries--a good way to add to your "to be read" stacks. During this session we will focus on authors and mysteries written during the 1940's: Christina Brand, Cornell Woolrich, Michael Innes, and Dorothy Hughes. Call the New Hartford Public Library (315-733-1535) to get the Zoom link. New members are always welcome.

### Computer Classes are Returning to NHPL!

Intro to Google Drive Thursday 3/28 10:30am-12pm

Description: Uncover the full potential of Google Drive as your ultimate tool for file storage and organization in this workshop designed to help you efficiently manage and access your documents, spreadsheets, and presentations from anywhere. 6 participants max.

Intro to Selling on Facebook & Ebay Thursday 4/18 10:30am-12pm

Description: Get started with selling on Facebook and eBay in our beginner's workshop! Learn the basics, from adding photos and writing descriptions to handling inquiries, and kickstart your online selling adventure hassle-free. 6 participants max.

Registration is required: [Ltorres@literacycny.org](mailto:Ltorres@literacycny.org) (315)643-0282.



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After Breast Cancer Group

The ABC Group will be meeting on Saturday, March 2nd at 11:00 am. Our speaker will be Dr. Gilbert Lawrence. He is a radiation oncologist at the Regional Cancer Center@ Faxton campus. He will be talking about Radiation Oncology.

Our Palm Weaving Classes are Back!

These classes are led by Michelle Holbrook. Registration is required as space is limited. Please call 315-733-1535 to register. Classes are offered on Monday, March 18th at 6:00 and Tuesday, March 19th at 10:30. Both classes will be held in the Sammon Room.

Yoga for Seniors

Join Bill Skinner every Monday at 3:00pm for a Yoga program geared towards seniors! Please call the Library at 315-733-1535 to register for this in person class.

Chair Yoga Class

Join us each Monday and Friday mornings for a Chair Yoga class taught by Donna Reale. Classes start at 11 and will last until noon.

From the Friends of the New Hartford Public Library News

Friends of the NHPL Meeting

Friends' meetings are on Saturday mornings at 9:30-11 in the Corasanti Room. All are welcome. Join us March 9th. Further information, changes or cancellations will be posted on the Friends' website.

Used Book Room

Thank you for thinking of us with your donations of "gently" used books. Please limit your donations to one box/bag at a time and drop off at the circulation desk and not in the hallway, at drop boxes or outside the door when the library is closed. Thank you for supporting this major fundraiser.

We are currently ACCEPTING newer fiction and nonfiction hardbound and paperback books and magazines as well as records, DVDs, children's books, puzzles and games.

WE DO NOT ACCEPT moldy/damaged books, textbooks, medical books, National Geographic Magazine, and multi-volume books sets. We are also no longer accepting audio cassettes, VHS tapes and computer games/books or CDs.

Bill Bonsted Indoor Miniature Golf Tournament

April 6<sup>th</sup>

10am - 2pm - \$5

All Ages!

Support the New Hartford Public Library with a membership in the Friends.

Become a Friend of the NHPL. Benefit the library with your assistance as needed. There is always a need!! Your membership also helps to financially assist the library in providing materials, programs and a variety of opportunities for our community.

New Hartford Public Library Board of Trustees Seeking New Board Mmbers

The Board of Trustees of the New Hartford Public Library is seeking one new member. The Board of Trustees meets the third Wednesday of each month. Trustees must also sit on a Board committee.

Residents of the Town of New Hartford interested in applying should mail or drop off a cover letter and resume to Anne DuRoss at the New Hartford Public Library, 2 Library Lane, New Hartford, NY 13413 or email them to her at aduross@midyork.org.

The deadline for applications is April 1, 2024.



Philo Selected to Receive Senate Commendation Award

New Hartford Resident Raymond Philo recently was selected to receive the 'New York State Senate Commendation Award'. The award was presented by State Senator Joseph Griffo at a ceremony hosted by Munson. Philo, who is a Professor of Criminal Justice at Utica University and served as New Hartford Police Chief from 1993-2010, was recognized for research, teaching and scholarship in the field of criminal justice and forensic science. Philo provided testimony before the New York State Senate on two occasions on the issues of fraud against the state government and cybersecurity.

New Hartford Police Activity

January 2024

751 Calls for Police Service / Incidents

73 Arrests

128 Vehicle and Traffic Law Stops

68 Motor Vehicle Accidents Investigated

107 Traffic Tickets issued

269 Supplemental – Specified Neighborhood Patrols

4 Community Policing Details

FRIENDS MEMBERSHIP FORM

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Lunch program is available from 12 – 2 p.m..

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\* now accepting fall registration applications





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Richard Sherman

### New Hartford Highway News

*submitted by Highway Superintendent, Richard Sherman*

“Springtime is the land awakening. The March winds are the morning yawn” so said Lewis Grizzard. We here at your Highway Department are not only working hard to prepare for the green, but continue the follow-up from our winter snow fall.

Occasionally the heavy wet snow we are plowing on your road may affect your mailbox. We apologize for the inconvenience, but are happy to stop by and be sure to repair or reset the mailbox. We just need you to let us know. As we do every year, we will also be out to re-seed or repair lawns near the road which were damaged due to plowing, as well as sweeping

roads throughout the Town. This is all weather dependent and takes about 4 weeks to complete throughout the Town.

Starting in the month of March the old employee’s door at the Town offices will be opened to the public as an entrance. Three new windows have been added to this hallway, one window for codes department. The second window will be for Highway Departments secretary. The third window will be for the New Hartford Central School for people wanting to meet with the school.

We are working diligently to get the new 2024 green waste and brush schedule out in the mail by the middle of March and pick-up will commence Monday April 1st for brush pickup. This schedule will be on the Town’s web site and in the mailer.

Trash drop off to your Highway Garage will begin Monday, April 1st from 7:00 am - 2:00 pm and will be Mondays ONLY through to fall, except for the month of October when your entire Highway Crew will be out in your neighborhoods for our annual curbside pick-up. If Monday is a holiday the drop off will be on Tuesday. This year the curbside pickup will be in the month of October not June, just like last year. The month of June allows the highway crew to do more construction work by moving the curbside dates to October. Please look to the schedule for what is included.

The town’s two new plow trucks have arrived after waiting two years from the time they were ordered to the time they were delivered. These two trucks replaced two trucks that were 2006 Internationals being 18 years old. The pictures that are included are the new trucks. The first truck is a 2024 Mack tenwheeler with a double wing so when it is feasible, the operator can plow and sand the whole road in one pass. The second truck is a single axel 2024 Mack with a stainless dump box and sander.

I am always available on my cell at 315 534-2998 or e-mail [rsherman@townofnewhartfordny.gov](mailto:rsherman@townofnewhartfordny.gov) if you have a need in which you think your Highway Department can assist.



Town of  
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New Plow Trucks

## MARCH BUSINESS SPECIAL PACKAGE

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**National Irish American Heritage Month**

March is National Irish American Heritage Month, and the Irish Cultural Center of the Mohawk Valley is celebrating in a big way. In addition to regular weekly events at the ICCMV, the Program and Events committee is proud to announce the following programs.

Derek Warfield & the Young Wolfe Tones—On Sunday, March 3rd Derek Warfield & the Young Wolfe Tones will kick off National Irish American Heritage month at the ICCMV! Although this band has been together since 2008, front man Derek Warfield has been singing the songs of Irish history, freedom and tradition for more than 50 years! Derek and the Young Wolfe Tones will reprise many old songs of rebellion, freedom-fighters, and independence. This band played at the General Post Office in Dublin on April 16, 2016 at 12 noon--exactly 100 years after Padraig Pierce stood there, reading Ireland’s Declaration of Independence! You will not want to miss this historic, traditional, and moving group at the Irish Cultural Center in Utica!

The Irish Hunger Strikes—On Wednesday, March 13th, at 7.00pm Mark Sisti will discuss how, in 1981, an unknown Irish patriot demonstrated to the world that bravery doesn’t always lie in what you do, but sometimes in what you refuse to do. On March 1 of that year Bobby Sands began a hunger strike that was to last for 66 days and would culminate in his death. As the world looked on in horror, nine other Irish prisoners would also die as a result of the hunger strike. Like much of the Bobby Sands story, the goals of the 1981 hunger strike are often misunderstood. What drove these brave men to make the ultimate sacrifice, and was that sacrifice worth the price?

Learn the facts behind the hunger strike when the Irish Cultural Center of the Mohawk Valley presents a talk by local writer Mark Sisti. All are welcome to attend this program and the museum is wheelchair accessible. There is no charge for this event, however donations are most appreciated.

Arise & Go in Concert—On Thursday, March 14th at 7.00pm, the ICCMV welcomes Arise & Go, a superb trio with roots in New Brunswick, Ithaca, and Utica.



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With Ellie Goud-Roddy on fiddle, Tim Ball on Guitar and Utica-native Michael Roddy on uilleann pipes and whistles, Arise & Go will get your hands clapping and your toes tapping to their vibrant collection of the dance music of Ireland, Scotland and Atlantic Canada. Blending pipes, whistles, fiddle, and guitar, the group’s varied musical backgrounds combine to produce a sound which is both grounded in tradition and uniquely fresh and driving. From intimate house concerts to festival stages, Arise & Go has been hailed for their “precision and energy”. You will not want to miss this evening of great traditional music!

Ogham Writing—Come to the H.A.R.P. Museum on Thursday, March 21st to listen to Deirdre McCarthy talk about the ancient Irish writing known as Ogham writing.

Ogham is a primitive form of script used in Old Irish, Old Welsh, and Pictish writing. The Ogham or Celtic tree alphabet inscriptions appear on stone and wood monuments from the 4th century AD but some scholars believe its origins may go back to 1 AD or further. Writings were typically around the edges of rocks running from bottom to top and left to right, or left to right and horizontally in manuscripts.

In this class you will learn about the characters or “letters” of this alphabet and how it was used. You will also get a chance to practice writing a few simple ancient Irish words in Ogham. Our presenter is Deirdre McCarthy, an Irish speaking native of Limerick who now lives in the Syracuse area. Deirdre is a storyteller, musician and teaches the Irish language and adult Ceili dancing.

The Irish Cultural Center of the Mohawk Valley

*Happy St. Patrick's Day*

**Irish Fun Facts**

- ☘ Ireland's top-three symbols are the Celtic cross, the green shamrock, and the harp.
- ☘ 88% of Ireland-born citizens are Roman Catholic, and 45% of them attend mass every week.
- ☘ Ireland is free of snakes, moles, weasels and other species.
- ☘ 9% of Ireland's population are redheads.
- ☘ Cats are Ireland's favorite pet over dogs by a margin of 2 to 1.
- ☘ In Dublin, there's a pub for every 100 people.
- ☘ 900 years ago, Ireland's oldest pub - Sean's Bar in Athlone - was founded.

welcomes everyone to our programs and events. For all the information on each event, please see our Facebook page (“Irish Cultural Center of the Mohawk Valley”), our website (iccmv.org) or find these events on Zeffy.com. If you have any questions on any of the programs, please email [irishccmv@gmail.com](mailto:irishccmv@gmail.com) or call 315-733-4228 Ext 6. We look forward to seeing you at the ICCMV in March!!



Arisengo



Deirdre McCarthy



Young Wolfe Tones



Mark Sisti





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Pictured (l-r) are Syracuse University Men's Basketball stars J.J. Starling and Judah Mintz, who will headline the 20th Annual Sitrin Celebrity Classic Wheelchair Basketball Game.

Judah Mintz and J.J. Starling Set to Headline Sitrin Wheelchair Basketball Game

Game on! Local celebrities will once again take to the court to face-off in wheelchairs against the Sitrin STARS (Success Through Adaptive Recreation and Sports) athletes in the 20th Annual Sitrin Celebrity Classic Wheelchair Basketball Game. This event, presented by FustCharles LLP, will be held on Thursday, April 11, 2024, at 6:30 p.m. in the Utica University Clark Athletic Center.

Scheduled to headline this year's game are Syracuse University Men's Basketball stars, Judah Mintz and J.J. Starling. During his freshman year, Mintz was named to the ACC All-Freshman Team and led the ACC's freshmen in

scoring with 16.3 points per game. The sophomore Guard currently leads the team with 18.2 points per game and has already accumulated more than 900 career points in just two seasons with the Orange. Starling was also named to the ACC All-Freshman team during his freshman season and is currently the second-leading scorer for the Orange, averaging 13.2 points per game.

"We are thrilled to present the 20th Celebrity Classic," Marc DePerno, vice president of Foundation and Communications and director of the STARS program, said. "The Sitrin STARS are excited to showcase their abilities and are incredibly appreciative of the support they receive from the community."

Tickets, which can be purchased online or at the door, are \$10 for adults 18 years of age and older, and \$5 for students of any age. Children under five years old are free. For ticket information, visit [www.sitrin.com/celebrityclassic](http://www.sitrin.com/celebrityclassic).

Proceeds from this event will benefit the Sitrin STARS program, which provides opportunities for individuals with physical disabilities to participate in a variety of adaptive sports including wheelchair curling, road racing, target shooting, paddling, biathlon, and archery, in addition to wheelchair basketball. Sitrin STARS athletes have competed on the international and Paralympic level and have represented the United States throughout the world.

For more information about the Celebrity Classic Wheelchair Basketball Game, or the Sitrin STARS program, contact DePerno at (315) 737-2416 or [mdeperno@sitrin.com](mailto:mdeperno@sitrin.com).

ABOUT SITRIN: Sitrin, a not-for-profit corporation, provides a variety of services for people of all ages and abilities, including comprehensive medical rehabilitation (inpatient and outpatient), long-term care, assisted living and enriched housing (Cedarbrook), NeuroCare, residential care for people with intellectual disabilities and medically complex conditions, medical and social model adult day program, military program, adaptive sports (STARS Program), a Wellness and Aquatic Center, orthopedic injury program, concussion management, child care, and dental clinic.





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# NEW HARTFORD PAST TIMES

March 2024

## NEW HARTFORD HISTORICAL SOCIETY



### Packy's Pub: Premiere St. Patty's Day destination & still run by same family after 38 years!

When Andrea (Braun) and Donald Scott along with her brother Bruce Braun opened Packy's Pub in December of 1985, the feel of an authentic Irish Pub was evident. Don did much of the renovation himself spending countless hours getting just the right "look". No one could deny the establishment would quickly cement itself as a popular spot for food and drink in the heart of Washington Mills. Popular all year long, it would also become a prime location to celebrate St. Patrick's Day festivities! The Scott's were no strangers to the bar/restaurant business. At the time they opened Packy's, they already owned and were running Tiny's Grill in Utica, having purchased it four years earlier.

When Scott and Andrea purchased Tiny's, it was already a well-established business and the risk was lower. But when they opened their new business on Kellogg Road in an old residential building, there was no patronage, no following, nothing! They were starting from scratch. There was however "history". The home bought and renovated was once owned and occupied by Thomas Roy Hart who was the Postmaster in Washington Mills for 20 years. He ran the post office out of his service station that was located around the corner at the Washington Mills four corners. In 1954 his son-in-law Lewie Smith would take over the station with Thomas still running the attached Post Office until his retirement in 1963.

Back to Packy's. The success of their new endeavor was soon evident. After the first five years in business, they knew they had a winner. For several reasons, they would sell Tiny's to focus on Packy's. Bruce would sadly pass in 2001. His sister Andrea would continue to run their dream. Fast forward another 21 years and the torch would pass again. Andrea's nephew Dean Braun and his wife Amy would purchase the restaurant. Amy's father, Corey Benoit, is no stranger to the restaurant biz. Cooking in many establishments for decades, he has been Packy's long-time head chef.

## Reminder: 2024 Dues are Currently Due

New Hartford Historical Society  
~ Membership Form ~

Please check one of the following:

☐

\$15<sup>00</sup> Individual

Name: \_\_\_\_\_

☐

\$20<sup>00</sup> Family

Address: \_\_\_\_\_

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\_\_\_\_\_

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\$50<sup>00</sup> Corporate

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E-Mail: \_\_\_\_\_

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New Member

Please send check made payable to:

New Hartford Historical Society  
P.O. Box 238  
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### BECOME A MEMBER!

Please stop in to visit us and consider becoming a member. Membership fees are \$15 for Individual, \$20 for families, \$25 for Friend/Contributor and \$50 for Corporate members. The Historical Society is a non-profit, tax deductible organization.

### Planning a Class Reunion?

Make the Historical Society Museum a part of your itinerary! Schedule the Saturday of your reunion for your group to explore our collection of yearbooks, scrap books, local relics and photos. Look up your New Hartford home! Call 315-724-7258 to schedule your group.

### Museum is Open To the Public

Currently by appointment.

### FREE ADMISSION

Village Point Apt. Building  
2 Paris Road – 315-724-7258







Business of the Month

Michael T's

8390 Seneca Turnpike  
New Hartford, NY 13413



ITALIAN RESTAURANT AND CATERING IN THE NEW HARTFORD AREA

Michael T's is a local family-owned Italian restaurant in the New Hartford & Utica, NY area serving delicious Italian dishes and drinks in the Mohawk Valley since 1983. We've created and served favorites like **chicken riggies**, **Utica greens** and **seafood dishes** like our famous **fresh haddock**. Maybe you're in the mood for scallops au gratin, prime rib or other nightly specials. Whatever you may be desiring, Michael T's will have something special waiting for you to enjoy.

Mohawk Valley residents love to come to our restaurant because of our welcoming family atmosphere and delicious authentic food. We'd love for you to stop by tonight for dinner, so come on in! Enjoy an incredible meal and save some money on your next night out.

Parties & Onsite Catering

Michael T's Restaurant provides parties and onsite catering for all types of gatherings and banquets. Grad parties, receptions, bridal showers, weddings, bereavement luncheons - all could benefit from a little Italian flavor! We can seat up to 100 people at our restaurant. Call our party and onsite catering line at (315) 724-4882.

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## To honor our Veterans and preserve our history

### Mohawk Valley Hometown Heroes Banner Program



A committee has been formed to proudly offer these 30" by 60" Banners for Veterans - our Hometown Heroes. They will be hung in various municipalities in the area from just before Memorial Day to just after Veterans Day. The picture below shows you the design of Utica's banners.

Please see the webpage, [mohawkvalleyhometownheroes.com](http://mohawkvalleyhometownheroes.com) for information. You will also find an application form, a payment link, contact information and other general information. Submissions will be accepted beginning in February 2023.

The Committee is made up of members of the Oneida Chapter, Daughters of the American Revolution, The Military Order of the Purple Heart CNY Chapter 490, and Vietnam Veterans of America Chapter 944. It is being supported by Mayor Palmieri's Office and the Utica Common Council, Mayor Hopsicker and the Whitesboro Village Council, Mayor Ryan and the Village of NH Council, and Town Supervisor Miscione with the New Hartford Town Council Members.

This is a 3 year program. The banners have a 'life expectancy' of 5-8 years, depending on weather conditions. The banners will be given to the purchasers after 3 years.

The cost of the banners will be \$150 for 2024. Below is an example from 2022.



## Mohawk Valley Hometown Hero Program

The Hometown Hero Banner Committee is currently taking applications for Military Hometown Hero Banners. The program provides a decorative 30" X 60" street banner to honor those who are currently or have previously served. The banners will be displayed for 3 years from Memorial Day to Veterans Day. *To qualify for this program, the individual being honored must have served in one of the United States Armed Forces. First priority will be given to Veterans from the Mohawk Valley (Born, Raised, or Resided), then veterans from outside of the greater Mohawk Valley. Please print and complete this form and send it along with photo and check made out to Oneida Chapter NSDAR for \$150 to:*

Program Coordinator

Mohak Valley Hometown Heroes

P.O. Box 855

New Hartford, NY 13413

[Veteran Profile](#)

Please choose: Bridgewater, New Hartford, Rome, Town of Paris, Utica, Village of New Hartford, Waterville, West Winfield, Whitestown or Yorkville

Location \_\_\_\_\_

Rank: \_\_\_\_\_

First Name: \_\_\_\_\_

Last Name: \_\_\_\_\_

Branch of Service: \_\_\_\_\_

Years of Service **OR** War Served: \_\_\_\_\_

Sponsor & Contact Information: \_\_\_\_\_

Status (KIA/POW/MIA)(Optional) \_\_\_\_\_

Photo can be submitted either by mail or digitally. If there are concerns over a treasured picture, please contact us for more information and help. Please do NOT fold the picture. For more information see [mohawkvalleyhometownheroes.com](http://mohawkvalleyhometownheroes.com) or [mohawkvalleyhth@gmail.com](mailto:mohawkvalleyhth@gmail.com). Please call Tom Buono at 315-790-1402 with any questions.

## Chamber Music Society of Utica Presents

### ATOS PIANO TRIO

#### Sunday, March 3, 2024

The Atos Piano Trio performs Sunday, March 3, 2024, 2:30 pm, at MUNSON Auditorium, 310 Genesee Street, Utica NY. Their program includes works by Antonin Dvorak and Pyotr Ilyich Tchaikovsky. This concert will be live streamed via the Chamber Music Society of Utica (CMSU) website: [www.uticachambermusic.org](http://www.uticachambermusic.org).

For the live concert: General Admission \$25; Free Admission for Students with ID, Teens and Children. Cash, Check or Credit Cards accepted. COVID protocols: Masks are optional and distanced seating is available.

For the live stream: log on to the CMSU website [www.uticachambermusic.org](http://www.uticachambermusic.org) at 2:15 PM to confirm system compatibility before the performance begins. Suggested \$25 donation for viewers without a CMSU subscription or pay what you are able.

"The ATOS Trio creates a musical excitement of symphonic proportions." -Sueddeutsche Zeitung

Pianist Thomas Hoppe, violinist Annette von Hehn and cellist Stefan Heinemeyer have been conquering the world's major concert series together since 2003. Around the globe, the ATOS Trio is hailed by audiences and met with critical acclaim. From winning the Kalichstein-Laredo-Robinson International Trio Award, the gold-standard prize for trios in the US, to a prestigious recognition as "New Generation Artists" by the BBC. From prizes in London, Graz and Melbourne to concerts in all the major festivals and venues from Oceania to Carnegie Hall. The ATOS Trio pushes expression and dynamics to the limits, with its incredibly distinctive, warmly expressive and extremely unified trio sound, far beyond the comfortable, familiar, and expected.

"Three voices – one sound: it's this absolutely perfect unit of phrasing, sound, feel and interpretation that distinguishes the ATOS Trio from all others."


-Detroit Free Press

For information on this and all CMSU concerts phone 315-794-9741, or see the CMSU website: [www.uticachambermusic.org/](http://www.uticachambermusic.org/).

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Raymond J. Durso, Jr., President & CEO of The Genesis Group, and Chairman of The Chamber Alliance of the Mohawk Valley region

The Genesis Group News

The Genesis Group is a regional community organization dedicated to adaptive leadership to meet new challenges and to create positive impact in the region. Genesis is the Mohawk Valley's source for news and information, views and opinion, projects and events. The Genesis Group is taking action, achieving results and making a difference. I invite you to join us. For more information visit: [www.TheGenesisGroup.org](http://www.TheGenesisGroup.org).

The Genesis Group has established programs in areas of: Small Business Assistance Program, Data Analytics Center of Excellence, 9/11 Remembrance Program, Chamber Alliance of the Mohawk Valley, Public Forums for Economic Development, Public Safety, Housing, Healthcare, Legislative and Agri-Business.... Teacher Appreciation Week, Excellence in Education Recognition, Career, College and Life Ready Programs, Drone Camps, Children's Reading Program (in partnership with Dolly Parton's Imagination Library) and so much more!

Guest Article:

"Read More in 2024"

by the Genesis Group Literacy Education Committee

Olivia, age 19 months, doesn't speak many words yet, but she loves to select a book for her Nana to read to her when she visits. Sarah, age 2, always chooses the "lift the flap" books for her mom to read to her at bedtime. And Daniella, age 4, reads Disney princess stories every night. They have all discovered the joy of reading, even if they can't yet read on their own! Children exposed to reading at an early age – even from birth – are in a better position to do well in school and later in life. According to the National Institutes of Health, "Some studies have found that early reading abilities are both directly and indirectly related to long-term reading success." According to a 2023 study by The Lucy Project:[i] "There are 45 million adults in the United States alone who cannot read. That is more than 5 times the population of New York City. If a child is not reading at grade level by fourth grade, they are statistically likely to remain illiterate throughout their life. Not only do struggling readers experience higher levels of stress and feelings of isolation during their school years, but they also have a dramatically increased chance of dropping out of high school and entering the criminal justice system."

The Genesis Group's Literacy Committee launched the Dolly Parton's Imagination Library (DPIL) program in September 2023 in partnership with Perch Place LLC's R4K (Ready for Kindergarten) Program. The Imagination Library mails more than 2.4 million high-quality, age-appropriate books each month to registered children from birth to age five. Local school districts are eligible to join the program. The Utica City School District and Camden Central School District are currently participating in the program in our region to send a free book every month to children under five years of age. As of January 31, 2024, 765 books are being sent out each month. The Genesis Group of the Mohawk Valley was started over 24 years ago with a mission to support and strengthen our entire community in a variety of areas: Education, Healthcare, Data Analytics, Small Businesses, to name a few. The focus on Education includes yearly events such as Teacher Appreciation Week, Excellence in Education

Recognition, Drone Camps, and Career, College, and Life Ready programs. The Literacy Committee was formed this past year with the goal to provide information, resources, and events to promote literacy in our region. In September 2023, over 30 people -- a collaboration among area libraries, school districts, colleges, not-for-profits and businesses—gathered to inventory available programs and resources and create new initiatives, goals and an action plan. The launch of the DPIL is just the start of the Committee's plans.

As a tribute to her father who could not read, Dolly Parton created the Dolly Parton's Imagination Library (DPIL) to inspire kids to love to read. As of January 2024, over 229 million books have been gifted since the program's inception in 1995. The Genesis Group is one of 2,700 local program partners of the DPIL in collaboration with our local Ready for Kindergarten (R4K) Program. Local school districts need only contact Robin Robinson at [robinr@perchplace.org](mailto:robinr@perchplace.org) to inquire about joining. Let's commit to instilling a love of reading in our children, our future leaders. Consider adding another new year's resolution to those you selected at the start of this new year: "Read more in 2024!" Dr. Seuss wrote: "You can find magic wherever you look. Sit back and relax, all you need is a book." Encouraging our children to read daily expands their world and gives them a foundation for future success.



John Reale, Genesis Literacy Committee Co-Chair said "Having the DPIL program back in central NY is a great benefit to our children! As a community we need to work together to inspire our children to enjoy reading and learning. The Genesis Group is the organization that can assist with this along with partnering with Perch Place, LLC. We look forward to enhancing other areas of literacy through The Genesis Group in the months ahead."



Roxanne Mutchler, Genesis Literacy Committee Co-Chair said, "We are grateful for the incredible opportunity to foster literacy in young children by providing brand-new books to children under the age of 5, stimulating their imaginations, strengthening their cognitive abilities, and instilling a life-long love of books."



Robin Robinson, President of Perch Place, LLC states, "We're delighted to report that the Dolgeville Central School District was recently added and already 50 children have been enrolled to receive their books in February. We look forward to more districts investing in the future of their upcoming students and joining Dolly Parton's Imagination Library Book Program this year!"

Links:

- The Genesis Group of the Mohawk Valley Region: <https://thegenesisgroup.org/>
- Dolly Parton's Imagination Library: <https://imaginationlibrary.com/>
- The Genesis Group Literacy Program: <https://thegenesisgroup.org/our-programs/education/literacy-education/>
- Ready 4 Kindergarten (R4K) Program: [robinr@perchplace.org](mailto:robinr@perchplace.org) or call 315-880-0551
- Email The Genesis Group at [info@thegenesisgroup.org](mailto:info@thegenesisgroup.org)
- [i] <https://www.lucyproject.org/>



New Hartford Rotary News

For those of you who like to play golf, are you tired of watching it on TV? Are you itching to get out onto that favorite golf course or driving range and start hitting some balls? Well, now is your chance to pull those clubs and golf shoes out of the closet or basement, dust them off, stretch all of those muscles that you probably haven't used since last November and play a round of golf in a comfortable, warm setting at the 2nd Annual New Hartford Rotary Virtual Golf Outing. This event will be held on Wednesday, 13 March, 2024 at The Bunker at the Orchard, 8653 Clinton Rd., New Hartford, NY. There will be two flights of 9 holes of golf- 12 Noon and 3 PM. Each flight can support seven four-person teams. Besides the golf, there will be food and prizes available to include prizes for the 1st, 2nd and 3rd place teams, gift and 50/50 raffles and goodie bags for all golfers. The fee is \$600/team (\$150.00 per golfer). If you are not a golfer, but would still like to participate in the fun and fellowship, there is a \$25.00 food & fellowship fee as well. The limit is 56 golfers or 14 teams and the early birds will get to pick which flight they wish to participate in. The registration deadline is 6 March, 2024. Attached is a flyer and registration form, but if you have any questions, call Jeff Gornick at (315) 723-0718.

So spread the word among your golfing buddies, friends and neighbors and come celebrate some great fun and fellowship with New Hartford Rotary on 13 March.

For 62 years, New Hartford Rotary has been working to make our community and the world a better place to live. We are always looking for new members and if you would like to work with like-minded members of your community to help us in our endeavors, we'd love to have you come and join us for lunch. New Hartford Rotary meets every Wednesday at 12:15 PM at Preswick Glen, 55 Preswick Dr., New Hartford, NY 13413. For more information about The Rotary Club of New Hartford, NY you can check our website at <https://newhartfordrotaryclub.org> or follow us on Facebook at <https://www.facebook.com/NHRotary/>.

Upcoming Events/Speakers

- 3/6 - Utica Royalties Group;
- 3/13 - Virtual Golf Tournament;
- 3/20 - Pianist Jovita Bernard with 2 APCA students;
- 3/27 - Brad Vellardi- Greater Utica magazine;
- 4/3- Tour of CABVI.



The Landmarks Society of  
Greater Utica Presents  
The Edmund Fitzgerald  
Investigations - A Zoom  
Program by Ric Mixer

TUESDAY, APRIL 16TH, 2024  
6:30 P.M. to 8:00 P.M.

The Community Room at the  
DUNHAM PUBLIC LIBRARY,  
Whitesboro, NY

Open to the Public (recommended  
donation \$10)

The shipwreck made famous by  
the Gordon Lightfoot song, "The  
Wreck of the Edmund Fitzgerald"

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Mohawk Valley RPEA

Invites you to join us for a  
Spring Breakfast Buffet Meeting  
9:30 AM on Thursday April 11 2024  
at Vernon Downs (Hotel Entrance)

There will be guest speakers from  
Oneida County Board of Elections  
and Glimmerglass Festival

Door Prizes and 50/50 Raffle

Cost \$18.00

Reservation Deadline April 3, 2024

Call Louis Maury (315) 263-4151

Pickleball at the J.C.C.!



Inermediate / Advanced Sessions

Mondays, 5:30 - 8 p.m.,  
Thursdays, 5:30 - 7:30 p.m.  
Sundays, 8 - 10 a.m.

Cost: Nonmembers: \$6  
per person, per session  
Members: \$4 per person,  
per session



**\*\*Beginner Classes\*\***

Mondays, 2:30 - 4:30 p.m., \$6/person  
Fridays, 2:30 - 4 p.m., \$5/person

Where: J.C.C. gymnasium ♦ Who: 18 and over  
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David at dmeislin@aol.com

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### NHFD News

Your New Hartford Volunteer Fire Department responded to 114 alarms during the month of January 2024. The monthly call report is listed below by category.

- Fires = 2
- EMS = 67
- Hazardous = 3
- Service Type = 11
- Good Intent = 10
- Other Alarms = 20
- Weather Related = 1
- Other = 0
- Total Calls for the Month of January 2024 = 114.

Of the 114 alarms, 100 were in the town and 13 were in the village with 1 mutual aid alarm.

Some of the calls listed above - such as Fires, EMS, and Hazardous - are self-explanatory. Others such as Service, Good Intent and Other Alarms are not. Service Calls includes water or animal problems, public assistance or standbys. Good Intent refers to responding but did not find anything or canceled in route. Other alarms include explosions, carbon monoxide, smoke or sprinkler detector activations.

The figures above do not include other activities by members of the department such as Fire Prevention details, training, parades, Open House and other various department committee meetings that take place throughout the year.



- Must be displayed on the front of the dwelling and visible from the street.
  - If the dwelling is located more than 45 feet from the front property lot line, the number should be displayed on a gate post, fence, mailbox, or other appropriate place that will make it visible from the street from all directions when approaching from the street.
  - Cannot be obstructed by shrubs, trees, decorations, etc.
  - Encourage your family, friends, and neighbors to post their house numbers too!
- Also, if the emergency happens to occur during the night, we ask that you please put your porch light or other outside lights on. This too will save time.

One last word... Will a Fire Truck fit down your driveway? With all the new housing developments and individuals adding "gates" to their property, we ask that before installing gates, thought is given as to the width of your driveway and the width of the gates opening as we never know if the Fire Truck fits down your driveway until an alarm is sounded.

Remember, emergency personnel cannot help you if they cannot locate your home or business. If we cannot find you in an emergency, the delay, however slight, might be the difference between life and death.

Please help us to help you when you call 911.  
Visit [www.nhfd.com](http://www.nhfd.com) for more information on the department.

### In Other Department News

The Chief and members of the New Hartford Volunteer Fire Department, and all emergency personal would like to remind everyone that... The last Word....is your house or business number posted?

In case of an emergency, being able to have the Fire Department, Emergency Medical Services (EMS), and the Police Department, find your house or place of business quickly is important. If there is no number on your house, mailbox, or place of business, critical time is lost. A difference in minutes can mean the difference to a positive outcome in an emergency. New Hartford fire fighters are equipped with many tools to help their arrival time. Some of these tools are text messaging and radio transmissions of the call address, some others are maps and computers with GPS of our fire district. However, clearly affixed house or business numbers are imperative for us to get to the scene in a timely manner.

Many residents overlook the fact that ordinary street numbers attached to the front of the house, or business, are often impossible to see at night. This is true regardless of the season, but it becomes particularly critical in the fall and winter. This is the time when daylight hours get shorter, and there is fog, rain or snow, and locating a poorly marked residence or business from the street becomes much more difficult.

So, you may be wondering, what are some of the requirements for house or business numbers? How small is too small? What about colors? The following are some of the basic requirements:

- Must be Arabic numerals. Fancy numbers or numbers that are spelled out may be aesthetically pleasing but are very difficult to read from the street. They should be displayed horizontally as well.
- Needs to be a minimum four (4) inches high and in a contrasting color to their immediate background. Brass or bronze numbers are difficult to see in the day to nighttime. A reflective - type material would be a good consideration as well.



The Rotary Club of New Hartford  
Virtual Golf Tournament

**When & Where:**  
Wednesday, March 13, 2024  
at  
**The Bunker**  
The Orchard, 8653 Clinton St, New Hartford, NY 13413

**2 golf flights 12 Noon and 3:00 p.m.**  
Limited numbers of spots available so sign up today

**Limit is 56 golfers or 14 teams, 7 per flight.**  
**First Teams to sign up get the best choices**

- Price Options:**
1. Golf, Grub and Goodies for a team of four \$600 9 holes  
Includes: Hole in one contest
  2. Food & Fellowship only \$25.00 per person

**Prizes awarded to the top 3 teams**  
50/50 drawing, dollar auction, golf, food and fellowship

**Registration Deadline March 6th, 2024**

Proceeds will go to local charities

Questions? Contact Jeffrey Gornick (315) 723-0718



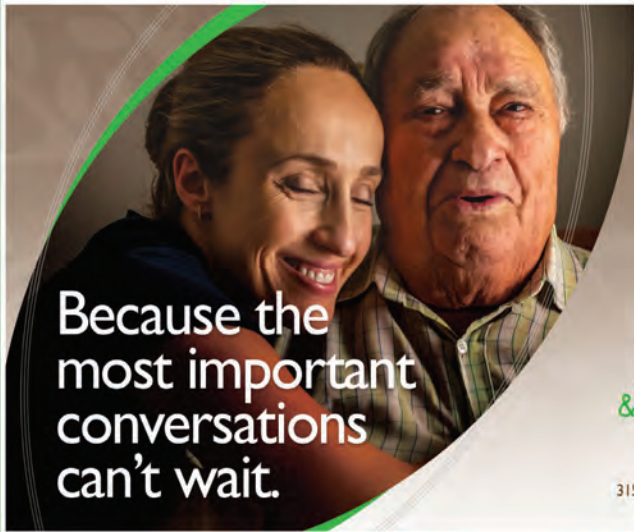
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**10th Annual Gala Fundraiser**

**Saturday March 9th**  
**at Harts Hill Inn**



Dinner and  
Basket Raffle at 6pm

World Renown Illusionist  
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MAGIC ROCKS Live! at 8pm



It's almost that time of year!  
The Annual Children's Dyslexia Center -  
CNY Gala Fundraiser is happening March 9th!  
Join us for our basket raffles, delicious food and live show  
MAGIC ROCKS by World Renown Illusionist Leon Etienne!  
Purchase your tickets at  
<https://www.aasruticany.com>  
This event will help the Children's Dyslexia Center  
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**Fair Trade Shop**

Spring is in the air! March 19th, 2024, is the official first day of spring this year. Famed groundhog, Punxsutawney Phil predicted an early spring this year on Groundhog Day. It's time to think about sprucing up your home with some new accessories. For our Chindi Stripe Laundry Basket from Bangladesh, artisans wrap even sections of upcycled cotton sari fabric, also known as chindi, and cotton string around natural handwoven kaisa grass, lending color and texture to this sturdy handmade basket. It has a fitted lid with a loop handle. The elephant is a beautiful and meaningful symbol of luck and prosperity and a sacred animal in the Hindu region of India, and this gorgeous Elephant Gorara Soap Dish captures the majestic image in hand-carved natural gorara stone. It features two-part construction for mess-free drainage. These and many, many more uniquely handcrafted gift items from 38 different countries can be found at our Fair Trade Shop, Stone Presbyterian Church, 8 So. Park Row, Clinton. Our regular hours are 10am to 4pm every Thursday and SECOND Saturdays. Purchasing fair trade items ensures artisans and small farmers fair wages and healthy working conditions, providing dignity, sustainable development and hope for marginalized people. Let us be your go-to Gift Shop!

Visit us at <https://buildingstonesshoppe.square.site> or [www.facebook.com/buildingstonesfairtradeshoppe](http://www.facebook.com/buildingstonesfairtradeshoppe).

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Victor Fariello Jr.



SAVE THE DATES!  
MADISON-BOUCKVILLE SHOW DATES

It seems like a long time from now but it will be here before you know it. The much anticipated Madison-Bouckville Antique Shows are set for 2024. First up is the June Antique Show, May 31-June 2, 2024 from 8 a.m. to 5 p.m. Although on a smaller scale, this show is well worth the quick jaunt down Route 20. August 12-18, 2024 are the dates for the iconic Madison-Bouckville Antique Week. Here more than 2,000 dealers display antiques and collectibles of every size and description. The hours will be 8 a.m. to 5 p.m. for this show as well. You will definitely want to plan more than one day for this outstanding event.

Help Fill the Mailbag!

Send your cards and letters with any questions you have about an antique or collectible. Both April and May columns will feature selected questions for me to answer. The address for mailing your questions is provided below or you can email me at [vjfariello@gmail.com](mailto:vjfariello@gmail.com). I look forward to hearing from you!

Happy collecting!

Consider the Questers

The J. Schoolcraft Sherman #1519 Questers was organized in New Hartford in 2019. . We hold monthly meetings on the first Monday of the month at the NH Library except in July and August. We are individuals interested in history, preservation, education and appreciation of antiques. You can check out the organization at [questers1944.org](http://questers1944.org). For more information on the New Hartford Questers and how to join, please email me at [vjfariello@gmail.com](mailto:vjfariello@gmail.com). We would be pleased to have you in our group!

NH Historical Society Needs Your Support!

Have you considered joining or renewing your membership in the NH Historical Society? Now would be a great time to do so. The cost is \$15 for an individual, \$20 for a family and \$5 for students. Make your check payable to ‘NH Historical Society’ and mail to PO Box 238, New Hartford, NY 13413. All donations are tax deductible. Your support would be greatly appreciated.

*Victor J. Fariello Jr. is a lifelong resident of New Hartford and has been a collector and dealer of antiques for many years. He is a past officer and member of the New Hartford Historical Society and is the President of the J. Schoolcraft Sherman Chapter #1519 of The Questers, an International organization for people who love antiques and have a commitment to preservation. Questions on anything related to antiques can be sent to him at PO Box 194, Washington Mills, NY 13479 or by email to [vjfariello@gmail.com](mailto:vjfariello@gmail.com). Any photos submitted will be returned upon request.*



An aerial view of the Madison-Bouckville Antique Week Show on Route 20.

### Mohawk Valley Chapter Centennial Celebrations

Mohawk Valley Chapter DeMolay  
100th Anniversary of It’s Chapter  
May 24, 2024

We will begin our year long celebrations with a Public Legion of Honor Investiture Ceremony  
Sunday, March 17th at 2pm

Utica Masonic Hall, 251 Genesee Street, Utica

Invested with DeMolay International’s Highest Honor will be:  
‘DAD’ William C. Brunet and ‘DAD’ Dennis Davis  
and in recognition of hte Chapter’s Centennial  
kickoff event, The Public Ceremony will include a  
re-dedication of all Legionnaire’s present.

Following the Investiture, there will be a Reception of the Honorees

This event is OPEN TO THE PUBLIC

Advanced Reservations Requested through the Scottish Rite Office  
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# Mark Your Calendars!

## 2024 Events

### GOLF TOURNAMENT

June 24th

### WINE all you WANT

October 4th

### Holiday Hopes

November- December

### Child's Promise

ANNUAL CAMPAIGN

Our events

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## Volunteer Opportunity at The Siegenthaler Center Hospice Residence & Other Volunteer Opportunities

Have you ever considered making a meaningful impact through volunteering? Here is your chance to be a part of something truly special!

Location: The Siegenthaler Center Hospice Residence, 4277 Middle Settlement Rd., New Hartford, NY

Volunteer Time Commitment: A few hours a week on a day and time that is convenient for you (around mealtimes is helpful).

As a volunteer at our four-bed residence, you will play a crucial role in providing comfort and support to patients and their families. The ways you can help include:

- Assisting the nurse with preparing light meals for patients.
- Visiting patients and offering companionship.
- Doing light housekeeping tasks to create a warm and welcoming environment.

This is an opportunity to be an integral part of the Hospice team, collaborating with dedicated professionals to make a positive difference in the lives of those facing challenging times.

"If you're passionate about making a difference and bringing comfort to others, our Volunteer Coordinator would love to welcome you to our volunteer team," said Lisa Alteri, Chief Clinical Officer at The Siegenthaler Center Hospice Residence.

As a volunteer, you can be a true friend to someone in need in many different ways. Perhaps you would like to visit patients and families in the comfort of their homes in your own community, offering companionship and a listening ear.

If you have a passion for helping behind the scenes, we have other opportunities for you. Assist with administrative tasks in our office, ensuring smooth operations that enable us to focus on providing exceptional care. Additionally, you can lend a compassionate hand by supporting bereaved families, guiding them through their grief and healing process.

To become a Hospice volunteer or for more information on Hospice volunteer opportunities, please email us at [info@hospicecareinc.org](mailto:info@hospicecareinc.org) and include your name, mailing address and phone number or call 315-735-6484.

Let us create moments of care and support together!

Hospice Care, Inc. is a community-based organization dedicated to providing compassionate palliative and end-of-life care and support to individuals and their families in Oneida, Herkimer, and eastern Madison counties. Our mission is to enhance the quality of life for those facing advanced illness, ensuring comfort, dignity, and peace.

Please visit the Hospice & Palliative Care website [www.hospicecareinc.org](http://www.hospicecareinc.org) for more information on hospice and palliative services.

For information on how to place a free article for your community event or local news, please call 315-723-4827 or email [towncrier@pjgreen.com](mailto:towncrier@pjgreen.com)

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## Not All Cardio is Created Equal

*submitted by James LaFountain, All American Fitness Center*

Everyone knows cardiovascular exercise, done regularly, improves the function of our heart, its connecting vessels and fights most diseases. What I refer to as “Purposeful Exercise” simply means, each workout should have a specific purpose. Let’s explore the options, their purpose and a quick “how to?”

Long Slow Distance: This is most of America’s favorite. Go to any runners, bicyclists, rower and even a walkers outing and the chatter is mostly about long distances in miles or kilometers. The simple fact is we can either train hard for short distances or easy for long distances. Long Slow Distance training is directed at stimulating improvement in the vessels away from the heart, which is a necessity. I would suggest engaging in two Long Slow Distance workouts a week at a heart rate of between 65-70% Heart Rate Maximum.

High Intensity: Competitive endurance athletes know the importance of High Intensity training. This less favorite form of cardio is not comfortable, but necessary, because it stresses the left ventricular wall of the heart, that’s responsible for sending oxygenated blood throughout the cardiovascular system. Again, you can train hard for a short period of time or easy for long periods of time. High Intensity workouts usually last no longer than 30 minutes at 80-90 % of one’s maximum heart rate.

Intervals: Interval Training is a part of the High Intensity family. Short, very intense bursts, lasting between 30 seconds to 2-3 minutes, followed by adequate recovery, is the formula for interval training. Where most trainees go wrong is in the timed recovery between intervals. Allowing for recovery creates the opportunity for very high intensity intervals. Lack of recovery between intervals, compromises the upcoming intense burst. An accepted formula allows for a 1:1 ratio of intense effort and recovery. An example would be a two minute intense burst, followed by a very low intensity recovery period lasting two minutes.

Active Rest: As I’ve aged, I’ve discovered the value of Active Rest. It’s greatest value is in its ability for muscles and connective tissue to recover for the next High Intensity workout. Circulating oxygenated blood to challenged muscle cells, increases the odds of a full recovery, in preparation for an upcoming High

Intensity workout. Performing your favorite mode of exercise at a very low intensity, 40-50% of your maximum heart rate will encourage full recovery from an intense workout. Active Rest should even begin with your cooldown, immediately following an intense session.

You can calculate your training heart rate, using two methods:

Basic Method - subtract your age from the number 220, then multiply by the percentage at which you’d like to train. For example, a 40 year old, who would like to train at 75 % of their maximum heart rate would subtract 40 from 220 and multiply 180 by .75, which calculates to 135 beats per minute. (220-40).75=135)

Heart Rate Reserve Method - this takes into consideration your current fitness level, by using your resting pulse. A lower resting pulse indicates a higher level of cardiovascular fitness and conversely, a higher resting pulse means you are less fit. HRR formula looks like this (HR max.- HR rest).75 +HRRest. (180-60).75 + 60= 150 beats per minute and takes into consideration the fitness level of this 40 year old with a 60 bpm resting pulse.

Every workout must have a specific purpose. I’m sure there are many physically fit people who simply go through the motions, doing the same workout, every day. Unfortunately, they have only scratched the surface of what it means to use their exercise time wisely and become optimally fit.

MARCH HOLIDAYS

1-Peanut Butter Lover's Day

3-National Anthem Day

6-National Frozen Food Day

8-Popcorn Lover's Day

10-Middle Name Pride Day

11-Johnny Appleseed Day

12-Girl Scouts Day

14-National Pi(e) Day

14-Potato Chip Day

15-Ides of March

16-No Selfies Day

17-St. Patrick's Day

21-World Down Syndrome Day

22-National Goof Off Day

23-National Chips and Dip Day

23-National Puppy Day

24-National Chocolate Covered Raisin Day

25-Palm Sunday (varies each year)

25-Waffle Day

26-National Spinach Day

28-Something on a Stick Day

30-Good Friday (varies each year)

30-Take a Walk in the Park Day

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	KEEP YOUR EGG & EAT IT!	EVERYONE PASS RIGHT	TRADE WITH SOMEONE OLDER THAN YOU	TRADE WITH PLAYER TO THE RIGHT	TRADE WITH A BIRD OWNER	TRADE WITH SOMEONE WITH LONG HAIR
	TRADE WITH SOMEONE SHORTER THAN YOU	KEEP YOUR EGG & EAT IT!	TRADE WITH SOMEONE WITH LIGHT HAIR	TRADE WITH SOMEONE WEARING BLUE	TRADE WITH ANYONE	TRADE WITH A DOG OWNER
	TRADE WITH ANYONE	TRADE WITH A CAT OWNER	KEEP YOUR EGG & EAT IT!	EVERYONE PASS LEFT	TRADE WITH SOMEONE WITH DARK HAIR	TRADE WITH A BUNNY OWNER
	ROLL AGAIN	TRADE FOR A BLUE EGG	TRADE WITH SOMEONE WITH SHORT HAIR	KEEP YOUR EGG & EAT IT!	TRADE WITH PLAYER TO THE LEFT	TRADE WITH PLAYER TO THE RIGHT
	TRADE WITH SOMEONE WEARING RED	TRADE WITH PLAYER TO THE LEFT	TRADE FOR A PINK EGG	TRADE WITH SOMEONE YOUNGER THAN YOU	KEEP YOUR EGG & EAT IT!	ROLL AGAIN
	TRADE WITH SOMEONE WEARING PINK	TRADE WITH PLAYER TO THE RIGHT	TRADE FOR A GREEN EGG	TRADE WITH SOMEONE TALLER THAN YOU	TRADE WITH ANYONE	KEEP YOUR EGG & EAT IT!

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## Sauquoit Valley Central School District Introduces New Mascot, Logo and Website

The Sauquoit Valley Central School District is pleased to formally introduce its new mascot and logo – the Red Hawks, as well of the launch of its newly redesigned website.

Under development since spring 2023, the new visual identity represents the District’s 21st century mission, vision and values. Through multiple surveys, committee meetings and discussions, the District took a community approach to creating its new mascot and logo. By the end of the process, hundreds of students, parents, staff and community members had taken the time to share their thoughts and ideas.

The resulting imagery maintains the District’s colors of red, white and black; while introducing the Red Hawk mascot. Included in the new imagery are District and Athletics logos, and a family of typefaces –all intended to symbolize the intelligence, leadership, vision and power that Sauquoit Valley aims to instill in all of its students. The District will take a phased approach to implementing the new visual framework throughout its facilities, grounds and extracurriculars.

“Our mission is to ensure that our students become life-long learners and responsible citizens in an ever-changing world,” notes Superintendent of School David Stayton. “By strengthening how our District visually represents itself, we’re able to more powerfully celebrate the traits that make our students and District extraordinary, and continue to serve as a source of pride for our community.”

In conjunction with the new mascot and logo, Sauquoit Valley launched a newly redesigned District website ([www.svcsd.org](http://www.svcsd.org)) on February 1. The new website echoes many of the concepts that are central to the District’s mission, and features a more contemporary look, mobile-friendly design and reorganized homepage. Highlights of the homepage include a slideshow of recent photos, upcoming events, District news and an icon panel to quickly access frequently used pages.

“The new website design shifts to a more image-oriented, intuitive layout which should make navigation easier for all audiences,” said Stayton. “The site is centered on student and family needs in order to make it easier for them to find the most-requested information.”

Sauquoit Valley’s new mascot, logo and website were created by the Oneida-Herkimer-Madison BOCES School Communications Service, based on input gathered from students, parents, staff and community members.

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Disaster Services is a locally owned company serving the Oneida County and surrounding areas for over 40 years. We will answer your phone call and do not use voice prompts, answering services or machines. In your time of need when you need answers we are there. In 90 minutes or less of Disaster Services receiving your call we will respond to your home or business and accurately evaluate the damages and advise as to the most effective course of action to take. We use the latest technology including thermal imaging and all of our work is guaranteed. We offer direct billing to your insurance company or for non insured claims or general services, payment options are available.

### SEWER AND DRAIN BACK UP:

Sewer overflow or drain back-ups can present a more technical approach to the clean- up due to the contaminants involved. Porous, semi-porous building materials and contents will generally involve removal when affected by sewage while hard surface framing lumber can generally be cleaned and sanitized unless the travel of sewage requires removal of this lumber for proper cleaning. Disaster Services will handle all phases of this type job and guarantee professional results. We are proud to say we have handled hundreds of these losses with 100 percent client satisfaction.

### NEW YORK STATE LICENSED MOLD REMEDICATION CONTRACTOR BASEMENT AND ATTIC MOLD:

Disaster Services is a NYS licensed mold contractor and can evaluate and thoroughly explain the different removal options available to you and also help guide you after the mold has been removed with suggestions to avoid another occurrence. When required, we also offer air quality and testing services. Several factors can influence a mold growth in a basement or attic area. Basements with finished walls are susceptible to moisture intrusion at the ground level. Trapped moisture due to lack of air flow between the finished wall and the exterior foundation wall is an ideal environment to facilitate mold growth. A dark appearance showing on the face of the finished wall should be investigated further. Unfinished basement will typically show signs of mold growth at the base of the foundation spreading upwards over time. Although there are a few different reasons this particular area of the structure is problematic, ground water seepage along with lack of air flow and improper dehumidification are generally the cause.

### CHOOSING THE RIGHT COMPANY:

Choose a Water Damage Restoration Company That Can Do The Following:  
Can Offer a Full Line Of Services From Water Damage Mitigation To Mold Remediation So That The Home Owner Will Be Working With A Single Company.  
Responsive – Emergency or Non-Emergency Services. Your Call Will Be Answered Immediately- NO ANSWERING MACHINES  
Has Reputable 5 Star Local References.

Is Fully insured For Water Mitigation and Mold Remediation Services.  
Offers A Detailed Plan For Mitigation and Coordinates With Your Insurance Company.  
Knows How To Navigate The Insurance Claims Process With You.  
Uses The Latest State-of-the-Art Equipment And Techniques.  
Treats You, Your Home and Its Contents With Respect.  
Guarantees And Stands Behind All Of Their Work

### BOTTOM LINE:

Water damage can lead to expensive repairs. Most homeowners may never experience this and some more than once. There are several components involved in proper handling of these losses and most home owners and business owners will need proper guidance in this situation. This should include a timely response, a professional scope and evaluation of the damage, help to determine coverage and contacting the insurance carrier, immediately starting emergency services and guiding the homeowner through the mitigation and claims process. Disaster Services is a leader in our area in setting the bar for our industry in water, fire and mold damage. Read our reviews on Google or Facebook and keep our number handy by scanning the code to your phone and saving to your contacts. We are locally owned, not a franchise and work for the benefit of the homeowner. We personally answer all calls – 24/7- 365 days a year. Check out our web site below or visit us on Facebook.

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Christopher J. Carbone

## Seven Actions to Consider Before Leaving Your Job

Before you make the decision to move on from your job, review this checklist of important financial considerations. Some involve making sure your personal finances are in order, while others can help you explore all the implications of leaving your current job.

1. Review your current retirement benefits. Check the schedule for your employer’s 401(k) and profit-sharing contributions to see how long you have to work to claim any matched funds. If you’re close to being fully vested (meaning you’re entitled not just to the dollars you contributed but also to the dollars your employer did), it may be worth sticking it out a little longer.

Keep in mind that some plans require that you be employed on the last day of the plan year to get employer contributions for that year, even once you are vested. You may want to wait until after the plan year ends before you terminate employment so you don’t lose those contributions.

2. Make a plan for your employer retirement account. If you have an employer-sponsored retirement plan, such as a 401(k), 403(b), or governmental 457(b), understand your options for your account. You may decide to take your money out and pay the associated taxes. And if you are younger than age 59½, there may be additional tax penalties for early withdrawal.

Another option is to roll over your account into your retirement account at your new employer (if they allow it) or into an individual retirement account (IRA) that you set up.

Some company plans allow you to keep your money in their plan; however, you will continue to be subject to the rules of that plan regarding investment choices, distribution options, and loan availability. If you have any concerns about the future viability of the company you are leaving, you may want to move your money out of that plan into an account that you manage and control.

3. Manage your health insurance. If you don’t already have a new position lined up or if your new employer’s health plan has a waiting period, figure out where you

will get coverage to fill the gap.

If your current company has 20 or more full-time employees, you’ll be able to keep your current plan for 18 to 36 months after you stop working under the Consolidated Omnibus Budget Reconciliation Act (COBRA). (The length of time depends on a variety of factors.) You’ll likely have to pay more because you will pay both your share of the premium and what your employer used to pay. If that’s the case, you may want to compare costs to coverage available on the government’s health insurance marketplace.

Another thing to consider is that if you live in a state with a health insurance mandate and you do not purchase coverage, you may have a tax penalty (depending on your income).

4. Spend your flexible spending account (FSA) money. If you put pretax money into FSA to pay for health care or child care, try to spend all the money in the account before you resign because FSAs typically operate on a use-it-or-lose-it basis (though you may be able to extend it with COBRA). In contrast, if you have money in a health savings account (HSA), that money is yours to keep.

5. Consider a group life and disability insurance conversion. If you have life or disability coverage through your employer, you may be able to convert your group policy to an individual policy that you can take with you. Check with the insurer to see if that’s the case. Often you have a short window after your resignation to apply for continued coverage. This can be an especially good option if insurers consider you a risk because of your age or medical condition.

6. Check your employment contract and noncompete agreement. If you signed any legal documents when you were hired, have a labor attorney evaluate their terms and enforceability.

Some contracts may require you to pay back relocation money, education grants, or bonuses if you don’t stay for a certain period. Others include “golden handcuffs” that may indicate you will lose unvested options, restricted stock, deferred compensation, and other benefits upon resignation. Still others may require waiting for a specified length of time before taking a job with a competitor.

7. Check the terms of stock options, restricted stock, or other forms of nonsalary compensation. The vesting schedule is key because you may want to delay your departure if a valuable number of options will vest in the near future. If you’re already vested, find out if you’re still subject to the same trading windows and how much time you have to exercise your vested options once you resign. In many cases, options expire if they aren’t exercised within a certain time frame — typically 90 days after your departure.

Wells Fargo Advisors does not provide tax or legal advice. Please consult with your tax and legal advisors before taking any action that may have tax or legal consequences and to determine how this information may impact your own situation.

Please keep in mind that rolling over your qualified employer sponsored retirement plan (QRP) assets to an IRA is just one option. You generally have four options for your QRP distribution: Roll over your assets into an individual retirement account (IRA); leave assets in your former QRP, if plan allows; move assets to your new/existing QRP, if plan allows; or take a lump-sum distribution and pay the associated taxes. Each of these options has advantages and disadvantages, and the one that is best depends on your individual circumstances. You should consider features such as investment options, fees and expenses, and services offered. Your Wells Fargo Advisors Financial Advisor can help educate you regarding your choices so you can decide which one makes the most sense for your specific situation. Before you make a decision, read the information provided in this piece to become more informed, and speak with your current retirement plan administrator and tax professional before taking any action. When considering rolling over your assets from a QRP to an IRA, factors that should be considered and compared between QRPs and IRAs include fees and expenses, services offered, investment options, when you no longer owe the 10% additional tax for early distributions, treatment of employer stock, when required minimum distributions begin, and protection of assets from creditors and bankruptcy. Investing and maintaining assets in an IRA will generally involve higher costs than those associated with QRPs. You should consult with the plan administrator and a professional tax advisor before making any decisions regarding your retirement assets.

This article was written by/for Wells Fargo Advisors and provided courtesy of Christopher J. Carbone, CFP®, AWMA®, LUTCF® First Vice President - Investment Officer - Financial Advisor in New Hartford, NY at (315) 723-7386

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Website: crosspointchurchonline.org  
Sunday Morning Services streamed live  
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4291 Middle Settlement Road, New Hartford  
General Office: 315-732-1349 Rev. Andy Ward, Pastor  
hopealliance4291@gmail.com www.hopealliancecny.com  
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A fellowship/coffee hour for everyone follows the Sunday  
worship service.  
Lenten Vespers services will be held at 7 p.m. on Wednes-  
days March 6, 13 and 20. A Maundy Thursday worship  
service will take place at 7 p.m. on March 28, preceded at  
6 p.m. by a fish dinner served by the New Hartford Pres-  
byterian Women. Palm Sunday and Easter Sunday will be  
celebrated with special worship services on March 24 and  
31, respectively.  
March activities:  
3/2 — 10 a.m. PEO  
3/6 — 10 a.m. Sew ’n Sews  
3/6 — 6 p.m. 4-H  
3/6 — 7 p.m. Lenten Vespers  
3/10 — 6 p.m. Girl Scouts  
3/13 — 10 a.m. Sew ’n Sews  
3/13 — 7 p.m. Lenten Vespers  
3/20 — 10 a.m. Sew ’n Sews  
3/20 — 6 p.m. 4-H  
3/20 — 7 p.m. Lenten Vespers  
3/23 — 3 p.m. Hope House Meal Preparation  
3/23 — 4 p.m. Jam for Jesus  
3/24 — 10:30 Palm Sunday

3/24 — 6 p.m. Girl Scouts  
3/27 — 10 a.m. Sew ’n Sews  
3/28-6pm Fish Dinner followed by Maundy Thurs. Worship  
3/29-NHP Nursery School closed in observance of Good Friday  
3/31 — 10:30 a.m. Easter Sunday — The Lord is Risen!

MARY, MOTHER OF OUR SAVIOR PARISH

Business Office - 2 Barton Ave, Utica - 315-724-3155  
Our Lady of the Rosary Campus - 1736 Burrstone Rd. New  
Hartford  
Weekday Mass– Mon, Wed, Fri 8:00 AM  
Novena to Miraculous Medal of Mary Tuesday 7:00 PM  
Our Lady of Lourdes Campus - 2222 Genesee St. – Utica  
Weekend Mass – Saturday 4:00 PM  
Sunday 8:30 & 10:30 AM

SAUQUOIT VALLEY UNITED METHODIST CHURCH

Cor. Pinnacle Rd. & Mohawk St., Sauquoit  
Office: 315-737-7505 email: sauquoitvallyumc@aol.com  
Pastor: Robbin Harris  
Sunday Worship 11:30 a.m. (Nursery Care Available)  
Sunday School 9:30 a.m. For all ages.  
Handicapped Accessible

FIRST BAPTIST CHURCH OF NH

7 Oxford Road - Office phone: 315-733-4570  
firstbaptistnh@gmail.com  
Rev. James Harriff, Pastor  
Virtual Service every Sunday at 9:30am  
on Facebook “First Baptist of New Hartford”  
Sunday Service - 9:30am  
Sunday School - 11:00am  
Handicapped Accessible. All are welcome.

ST. GEORGE ORTHODOX CHURCH

350 Higby Road, New Hartford, 315-292-6682  
Fr. George Goodge  
Sun - 9am Matins, 10am Liturgy  
Wed - 5:30pm Vespers  
Bookstore hours: Open Sundays after Services.

WESTMINSTER-MORIAH-OLIVET PRESBYTERIAN CHURCH

Interim Pastor Rev. Dr. Mark S. Caruana  
Choir Director Alan Frederick  
Worship service: Sunday 11am  
714 Washington St., Utica. 315-732-6518  
www.wmoutica.org pastor@wmoutica.org  
find us on Facebook  
Handicapped accessible

NORWICH CORNERS CHRISTIAN CHURCH

10233 Roberts Road, Sauquoit 315-737-0757  
Pastor Walter J. Wharram, Jr.  
Sunday School - 9:00am  
Sunday Morning Worship Service - 10:00am  
Mid-Week Bible Study - Wednesdays 7pm  
\*Sunday Sermons posted to YouTube weekly  
- Search ‘Norwich Corners Christian Church’

TRINITY LUTHERAN CHURCH

2620 Genesee St., Utica. (315)732-7869  
churchoffice@trinitylutheranutica.com  
9am - Sunday School & Adult Bible Study  
10:30am - Worship is led by our Pastor, Peter Saie  
Handicapped accessible.

FIRST PRESBYTERIAN CHURCH

1605 Genesee St, Utica, NY 13501 | fpcutica@gmail.com  
Sundays - 10:30 Worship Faith Enrichment for all ages  
Coffee Hour following morning worship.  
Handicapped Accessible

STONE PRESBYTERIAN CHURCH

8 So. Park Row, Clinton. 315-853-2933  
Scott Leonard, Commissioned Lay Pastor  
Sunday service-10:30AM  
www.stonepres.org. E-mail: stonepres@verizon.net  
Handicapped Accessible

CLINTON UNITED METHODIST CHURCH

105 Utica Road, Clinton www.clintonmethodist.org  
Rev. Abel Roy Office Phone: 853-3358  
Sunday Worship Service 9:30 AM  
Sunday school during worship following children’s time

PLYMOUTH BETHESDA U.C.C./CORNERSTONE COMMUNITY CHURCH

500 Plant St. Utica (Oneida Sq. across from Dunkin)  
Mike Ballman, Pastor www.cornerstoneutica.com  
mike@cornerstoneutica.com  
Sunday Mornings: 11am

ZION LUTHERAN CHURCH

630 French Road, New Hartford  
Interim Pastor William Preuss  
Sunday Mornings at 10 AM  
Al-Anon Meetings, Wednesdays at 12:30 PM  
315-732-4110, office@zionluth.com  
www.zionlutheranNy.org  
Visit us on Facebook at:  
Zion Lutheran Church, New Hartford, NY

TABERNACLE BAPTIST CHURCH

13 Clark Place, Utica 315-735-7534  
churchoffice@tbcutica.org www.tbcutica.org  
Facebook: Tabernacle Baptist Church  
We are together in our diversity! Come worship with us!  
Saturday 6 p.m. Young Adult Worship & Study  
Sunday 10 a.m. English Worship Service  
Sunday 10:15 a.m. Sunday School for children in English  
and in Karen  
Sunday 11:30 a.m. Karen Worship Service and 2nd-Hour  
Sunday School  
Pastors Rev. Debbie Kelsey and Rev. Htee Gay

BIBLE BAPTIST CHURCH

4431 Middle Settlement Rd., New Hartford, NY 13413  
Brian Demers, Pastor  
Sunday School for all ages: 9:30 a.m.  
Sunday Morning Worship Service: 10:45 a.m.  
Sunday Evening Bible Study: 5:00 p.m.  
Wednesday Evening Bible Study and Kids4Truth Children’s  
Program: 6:45 p.m.  
Adult Sunday School Class - Adult Sunday School class for  
couples. Strengthening Your Marriage by Wayne Mack.  
Sunday School begins at 9:30. A safe and loving nursery is  
available as well as other classes for all ages - kids, teens,  
and adults.  
Handicapped accessible. Nursery Provided.  
www.biblebaptistchurchnewhartford.org

REIMAGINED CHURCH

A Foursquare Gospel Church  
1415 Sunset Ave. Utica, NY 13502. 315-797-7775  
Robert Tanner, Pastor  
Sunday: 10 am

NEW LIFE APOSTOLIC CHURCH

3995 Oneida Street #4, New Hartford  
315-736-1161 Facebook: NLAC4all  
Paster Mark Waterman  
Sunday School  
Sunday Adult Services 10am  
Wed Night Prayer 7-8pm  
Thursday Evening Bible Study 7pm

ST. MARGARET’S ECUMENICAL & RETREAT CENTER

47 Jordan Road, New Hartford  
stmargaretshouseny.org  
Father John LaVoe, Chaplain  
All are welcome! For more information or to register for any  
event, please call or email St. Margaret’s: 315-724-2324 or  
info@stmargaretshouseny.org  
On-Going Weekly Activities  
Worship Services Wednesdays at Noon  
Zoom and In-Person Worship Services - All Welcome!  
Please contact St. Margaret’s for the information to join by  
Zoom.  
Wednesday Lunches at 12:30 PM  
Includes main, sides, salad, and dessert  
Please make a reservation by the Friday before - Suggested  
donation \$13 per person  
It Takes a Village | Tuesdays from 2-5 PM  
Volunteer to help support community members at St. Marga-  
ret’s Food Pantry at Grace Church. Call or email St. Marga-  
ret’s to sign-up for one or more Tuesdays  
On-Going Monthly Activities  
Friends of Emmaus House Meetings | 2nd Wednesdays at 10  
AM at St. Margaret’s  
Join our group of volunteers who provide support to help  
meet the needs of the house & guests. This is done through  
donations, fundraisers, and our annual Open House. We  
meet monthly to determine needs and find solutions to those  
needs. New Members Welcome!  
Grief Support Group | 2nd Tuesdays from 6:30 to 8:00 PM  
St. Margaret’s continues to host a peer facilitated grief sup-  
port group for anyone experiencing loss. New members are  
welcome to join.

Scrabble Days | 4th Wednesdays at 9:15 AM  
Join our Scrabble group for monthly mornings of fun, coffee,  
and conversation.  
Monthly Dinners  
3rd Wednesdays - Suggested Donation \$17 - Please make  
your reservation by the preceding Friday. Take Out at 5:30  
PM and Dine In at 6 PM.  
March: Corned Beef Dinner  
Special Events  
It Takes A Village | Tuesdays from 2:00 to 5:00 PM  
Our social action-oriented initiative volunteers at the St.  
Margaret’s Food Pantry at Grace Church on Tuesdays.  
Please contact us if you would like to sign-up. If you would  
like to assist, but are unable to help on Tuesdays, perhaps  
consider donating toiletries, reusable bags, or shelf stable  
foods (canned vegetables, coffee/filters, peanut butter, jam  
and jelly, canned fruits and meats, mayonnaise, pasta, and  
the like). Gift cards to Aldi’s or BJ’s are also appreciated.  
Thank you for your generosity and to the Episcopal Diocese  
of Central NY for supporting this program!  
Lenten Study | February 21st to March 27th, Wednesdays at  
1:30 PM  
Join guest clergy each week through Lent for a Lenten study.  
It will be held on Wednesdays from February 21st through  
March 27th at 1:30 PM. The study will use the book entitled



Lent with Evelyn Underhill. The book is available at Amazon and other retailers.  
Come Make a Joyful Noise | March 14that 2:00 PM  
Come and enjoy music and songs by friends of St. Margaret’s House from 2:00 PM to 3:30 PM. Seasonal refreshments and time for wonderful conversation included.

THREE STEEPLES UNITED

2817 Old State Route 12, Paris, NY 13456  
315-368-3416 threesteeples@gmail.com  
We offer services every Sunday at 10AM!  
Three Steeples is a Presbyterian-United Church of Christ hybrid that offers a traditional foundation for progressive thinking and growth and is open to engaging with all faiths. Three Steeples United is an inclusive and member-driven faith community of active individuals and families who connect with and care for their neighbors and one another through worship, education, and culture. We challenge ourselves and others to discern, embrace, and act upon a relevant understanding of Christ’s message in today’s world.



UNITARIAN UNIVERSALIST CHURCH of UTICA

10 Higby Road, Utica 315-724-3179 uuutica.org  
Join us for Sunday service at 10:30 AM followed by Coffee Hour. Also streaming on Zoom.  
For details: uuutica.org  
Minister: The Rev. Karen Brammer  
March 3: Stephanie Chard Markham - Ally as a Verb: On Being a Welcoming Congregation. Stephanie Markham is a second generation Unitarian Universalist and Librarian for Teen Services at Jervis Library in Rome.  
March 10: Service with our minister, Rev. Karen Brammer - “The Five Pillars of Islam” Today begins Ramadan, one of the Five Pillars of Islam. Let us learn about and honor the Islamic tenets that guide believers away from violence and discord. “The inspiration and devotion generated through the Islamic Five Pillars inspire all of us to serve authentically, in ways that matter.”  
March 17: Mary McGuirl: ST PATRICK’S DAY – MYTH AND MEANING - Who was St Patrick? What did he do... really? What made him such a big deal? Why did St Patrick’s day become so corrupted in the US? What’s its relevance today?  
March 24: Rev. Janet Stemmer: The Avadhuta Gita of Datatreya - How can the sayings of a sage who lived over three thousand years ago bring understanding in 2024? And yet his words, his seeing, are echoed in more recent teachings of Eckart Tolle, Adyashanti, Rupert Spira and the lineage of Ramana Maharshi, Papaji and Mooji. Rev. Janet Stemmer, a past member of UUU and currently an interfaith Chaplain in Syracuse, will explore what they say and how that affects how we live.  
March 31: Easter Sunday service with our minister, Rev. Karen Brammer - Easter, Passover and Ancient Symbols of Renewal. Echoing the Jewish pattern of asking and answering essential faith questions at Passover, we will honor the confluence of ancient human spring rituals by asking and answering questions together. “The rich layers of human custom and belief come together now, and as we draw our living tradition from many sources, UUs may serve forth a generous slice that includes all those layers.” From the Unitarian Universalist Church of the Larger Fellowship.



BEIT SHALOM

48 Franklin Square, Utica, NY 733-2867  
Rabbi: Stephen Galiley  
Friday Evening Shabbat Services: 7:00 pm  
Oneg Shabbat  
Beit Shalom is a Messianic Jewish Congregation.  
All are welcome!



TEMPLE EMANU-EL

2710 Genesee Street, Utica, 315-724-4177  
teuticaoffice@gmail.com  
Rabbi Peter Schaktman  
Friday Evening Shabbat Services 6pm.  
All are Welcome

TEMPLE BETH-EL

1607 Genesee Street, Utica  
Rabbi Gustavo Geier  
In person and on zoom www.tbeutica.org  
Fri night - 5:30pm  
Sat morning - 9:30am

ZVI JACOB

Orthodox Synagogue  
110 Memorial Parkway, Utica - 724-8357  
Services are held Saturday at 9am, and on holidays.  
Services may be held at other times if there is a minyan.  
Visit our website www.zvijacob.org. All are Welcome.

THE JEWISH COMMUNITY CENTER

2310 Oneida Street, Utica - 733-2343  
Provides programs for seniors and recreational activities for all ages. Open to people of all races, religions, and nationalities.



Banjo great Tony Trischka to appear at Unity Hall, 8PM on Friday, March 22 in EarlJam his tribute to Earl Scruggs. The NY Times calls Trischka “the father of modern bluegrass”. Tickets and information available at www.unityhall.com

Tony Trischka’s EarlJam: A Tribute to Earl Scruggs Banjo Great

Unity Hall is thrilled to present the great Tony Trischka in its intimate 120-seat theater on Friday, March 22 at 8PM. This is a rare opportunity for music fans to see Trischka in a small venue close to home. He is considered the consummate banjo artist and perhaps the most influential banjo player in the roots music world.  
According to the NY Times "Tony Trischka is known as the father of modern blue grass." For more than 50 years, his stylings have inspired a whole generation of bluegrass and acoustic musicians with the many voices he has brought to the instrument.  
In this performance, Tony will be honoring the music of Earl Scruggs, pioneer of the three-finger banjo style and one of the most important musicians in bluegrass, or, in Tony’s opinion, in any genre.  
Trischka recently came into possession of extremely rare recordings of jam sessions with Scruggs and John

Hartford, and he’s transcribed and recorded Scruggs’s note-for-note solos from a number of these. Many songs that Earl had never recorded.

An album of this music is in production with a new label formed by some of the founders of Rounder Records and includes a number of bluegrass luminaries.

Together with his ace band—Michael Daves on vocals and guitar, fiddler Nate Lee, and bassist Jared Engel—they will trace the story of Scruggs from his childhood to his final years. This show debuted at Joe’s Pub in New York City which drew lots of interest including an appearance on the Grand Ole Opry, a rarity for a banjo player these days.

“Earl is my North Star, a lifetime pathway. And I’m not alone,” says Trischka, a banjo innovator and educator who has influenced everyone from Béla Fleck to Steve Martin. “Through his music, this shy kid from Flint Hill, North Carolina went on to enrich countless thousands of lives. At the age of 13, when I first heard 16 notes of Scruggs style banjo playing, I put down my folk guitar and mercilessly pestered my parents to buy me a banjo. Once in my hands, that 5-string became my obsession and has been for 60 years.”


He adds, “the depth of his genius becomes ever more apparent when I transcribe his solos, which I’ve been doing my entire musical life and with renewed vigor. Discovering new twists and turns in his playing is pure joy and in fact the inspiration for this tribute show and album.”

Tony Trischka’s EarlJam: A Tribute to Earl Scruggs begins at 8PM at Unity Hall, 101 Vanderkemp Ave, Barneveld. Doors will open at 7:15PM. Early seating for members will begin at 7:30 and 7:45 for non-members. Tickets are on sale at unityhall.com and the Adirondack Cheese Company on Rte 12 in Barneveld. Advance tickets are \$30; at the door tickets are \$30 members/\$35 for non-members (if available).

This event is made possible with membership support by the Unity Hall Foundation, a not-for-profit organization founded in 1995 to maintain the 1896 Hall as a center for arts and community activities. Additional sponsorship support for this performance was made by Saranac, PowerTech, HUD-son, the Tailor & the Cook and Slingco.

The 2024 Performance Series is made possible in part with funds from the Statewide Community Re grants Program through the New York State Council on the Arts, with support from the Office of the Governor and the New York State Legislature and administered by CNY Arts.

For information about membership and other Unity Hall events visit www.unityhall.com, Facebook/HistoricUnityHall, and unityhallbarneveld on Instagram.



**Gospel Corner Café**

**Coffee House**

**Fourth Friday of every Month at 6pm**


**Free Music, Beverages & Finger Foods**

**Have Lunch with us!**

**Join us on Thursdays**

**from 11:30am-1:30pm**

**All are welcome Free of charge**

**Location** 

**Living Faith Bible Church**

**2922 Pinnacle Rd Sauquoit**

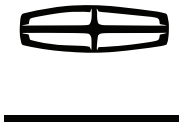
**315-737-5075**



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