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Vol. 38 No. 4  
April 2024

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**Valley Save BIG!**  
WINE & LIQUOR  
326 S. Caroline St.  
Herkimer  
315-867-5800



### Drive-Thru Bread Sale

The Women's Association of Stone Presbyterian Church, 8 So. Park Row, Clinton, will be holding a Drive-Thru Bread Sale on Saturday, April 20th, from 10am -2pm. All kinds of bread will be available including sweet breads. You can drive up to the curb and buy some bread without leaving your vehicle. Come visit us, you won't regret it! The proceeds from this sale will go to the various mission organizations that we continually support.

For more information, please contact Ceil Gilbert (315-853-8289 or ceilgilbert@yahoo.com) or Donna Goodfriend (315-749-4085 or chokmol2@gmail.com).



### NYS Approved Defensive Driving Course Offered

Smart drivers course sponsored by AARP and New York State approved for insurance and point reduction programs to be given Tuesday April 23, 2024, at the New Hartford Public Library from 9:00am til 3:30pm. For class registration, please call Mary Merritt at (315) 724-0096. Call early classes fill up fast.



## CHURCH GARAGE SALE

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## Yoga Shala

Man Hue Duong's diverse expertise and entrepreneurial spirit shine through her creation of Yoga Shala in Clinton, NY. Amidst the pandemic's challenges, she recognized the importance of fostering community and opened Yoga Shala in September 2020 as a safe space for positive connections and personal growth.

The Sanskrit term "Shala," meaning "Home," encapsulates her vision of creating a nurturing environment where individuals can explore their highest potential. Whether seeking gentle or dynamic yoga practices, Yoga Shala warmly invites all to join and embrace wellness with open arms.

For more information on the many offerings at Yoga Shala go to [www.yogashalacanton.com](http://www.yogashalacanton.com).



**Free Concert Presented by The B Sharp Musical Club of Utica**  
**Sunday, April 28, at 3:00 PM**  
**at the Sinnott Family & Bank of Utica Auditorium at Munson, at 310 Genesee Street**

B Sharp Musical Club presents "Spring Mix" on Sunday, April 28, at 3:00 at Munson in Utica. This eclectic performance features a refreshing mix of jazz, classical, romantic, and contemporary music. Highlights include "Dog Diaries" by Kari Cruver Medina for wind trio, "Jazz Suite for Piano Duet" by Mike Cornick, solo piano music by Rachmaninoff, and Claude Bolling's "Suite for Flute and Jazz Piano Trio."

This performance is made possible with funding from CNY Arts.

For more information about B Sharp activities, visit the club online at [www.bsharpmusic.org](http://www.bsharpmusic.org), and on Facebook at 'B Sharp Music Club'.



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Gemma Siringo; [gema26@aol.com](mailto:gema26@aol.com)

Judy Kloster Butler; [bandjudyb@roadrunner.com](mailto:bandjudyb@roadrunner.com)

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Website: [nhclassof74.com](http://nhclassof74.com)

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Elisa Gendron Belen

**New Hartford Native Named to St. John Fisher University Dean's List**

Elisa Gendron Belen, daughter of Dr. Aymme Belen and Bruce Gendron, both of New Hartford, has been named to the Fall 2023 Dean's List at St. John Fisher University in Rochester, New York. Gendron Belen is a third-year Senior and a Sport Management Major with Minors in both International Studies and Language & Culture.

To be eligible for the Dean's List at Fisher a student must have attained at least a 3.5 grade-point average for the semester. For more information about St. John Fisher University, visit [www.sjf.edu](http://www.sjf.edu).



**10th Annual 'Best Ball' Golf Scramble**

10th Annual "Best Ball" Golf Scramble with prizes. Saturday June 8th, 2024. A benefit for the Make-A-Wish foundation in honor of the memory of John D. Lloyd, who was a sophomore at New Hartford High School when his wish was granted. The Make-A-Wish foundation granted John's wish to meet Buffalo Bills Players CJ Spiller and Fred Jackson in December of 2013. Please help us to help them keep granting wishes.

The Golf tournament will be at Twin Ponds Country Club, New York Mills. June 8th, 2024. T-Off at 9 AM. Ticket Price includes 18 holes of golf, cart, lunch at turn, and dinner to-go, \$100 dollars each player. There will be no in person Dinner/Banquet. Call to reserve your spot or make a donation! For questions or more info contact Kathy Lloyd 315-723-6545 or Sue Lloyd 315-723-7865.



**Inspirational Program**

Please join us for the Annual Helen and Leon Sperling Holocaust Program on Thursday, May 9, 7:30, at the Jewish Community Center, Utica. Our speaker is Michael Gyory, the son of Hungarian survivors. He will talk about his life as the child of survivors and also growing up as the nephew of his Dad's 6 first cousins who also survived the horrors of war and the concentration camps. Aunt Agi, one of the cousins, is alive at 103 and still holds an athletic world record. He will share her amazing story with us.

Michael Gyory has a master's degree from the Annenberg School of the University of Pennsylvania. He is a member of Generations Forward, a group of second and third generation people sponsored by the Holocaust and Human Rights Education Center of White Plains. He is also the Chairman of the Board of that organization

We are fortunate to have Mr. Gyory with us. His talk will appeal to teens and adults and we encourage you to invite friends and neighbors.



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## Local Volunteer Wins National Making Strides Against Breast Cancer Volunteerism Award from the ACS

Carol Buczek of Remsen has been selected as the recipient of the American Cancer Society's national Making Strides Against Breast Cancer 'Spirit of Strides – Individual' award, which honors an individual who 'embodies the relentless Making Strides spirit and commitment that has propelled the success for this movement'.

Buczek had been selected as the winner of the Northeast Region's 'Spirit of Strides – Individual' award, which put her in the running for the national selection. She was chosen as the national winner from seven other finalists across the country.

"Carol is not only a passionate and dedicated volunteer, advocate and fundraiser," explains Robert Elinskas, Senior Community Development Manager and the person who nominated Buczek for the award, "She is also an inspiring breast cancer survivor and successful small business owner. We are grateful for

her support and so proud to recognize her with this award."

Buczek was diagnosed with breast cancer in June of 2015 and finished treatments in May of 2016 when she decided to form a team, the Penguin Platoon, with family, friends and neighbors, to raise funds and awareness in support of the American Cancer Society. Since that time, she has been a Making Strides 'Pacesetter' (raising \$2,500 or more individually) seven times and rallied many people throughout Northern and Central Oneida County to get involved in this cause.

"I am so surprised to receive this award, but very honored. After my diagnosis and treatments I felt it was my responsibility to try and help others who would also hear those words 'you have cancer'. " explains Buczek, "Whether I can encourage or inspire someone, or help others get through difficult treatments and side effects by sharing my experiences, then that is what I have to do. This award shows me that my efforts are being noticed and the money we raise and awareness we create are making a difference."

Making Strides Against Cancer was founded in 1984 by Margery Gould Rath, a breast cancer survivor in Massachusetts, as a "move-along-a-thon" to raise funds for the American Cancer Society. The event officially became known as the American Cancer Society Making Strides Against Breast Cancer in 1993 and has since inspired millions of people to participate in events in communities across the country. Over the past three decades, Making Strides Against Breast Cancer events in communities across the country have raised approximately \$1 billion to support breast cancer research, patient programs, and direct services.

For 110 years, the American Cancer Society has been a leader in the fight against cancer. More people are surviving cancer than ever before, but there is still work to be done to fulfill our vision of ending cancer as we know it, for everyone. Dollars raised through Making Strides Against Breast Cancer events help the American Cancer Society fund innovative breast cancer research, provide education and guidance to help people reduce their risk, and offer comprehensive patient support to those who need it most.

To learn more about this year's Making Strides Against Breast Cancer in Utica, scheduled for Sunday, Oct 27th, visit [MakingStridesWalk.org/Utica](http://MakingStridesWalk.org/Utica).

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## Adirondack Mountain Club Open House

Iroquois Chapter

April 2, Tuesday from 7 PM to 8:30 PM

First Baptist Church,

7 Oxford Road, New Hartford

Displays on backpacking, food dehydration, hiking in the Catskills and Adirondacks, federal careers in conservation, ADK membership, and more.  
Refreshments will be available.



**Daniel T. Dreimiller, CPA**

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**NH Girls Softball Registration**

Last call for new and returning candidates for the 2024 New Hartford Girls Softball program. Girls need to be 12 years or less of age on or after September 1, 2023.

The three division to choose from are;

TEEBALL: - ages 6, 7, or 8 years old (\$50.00)

MINOR LEAGUE: - ages 8, 9, or 10 (\$75.00)

MAJOR LEAGUE: - ages 10, 11, or 12 (\$75.00)

\* family discounts are available

Registration can be done online at: [newhartfordgirlssoftball.com](http://newhartfordgirlssoftball.com) or in person on Saturday, April 6th, from 9 to 11 am, at the New Hartford Recreation Center, Mill Street, Village of New Hartford.

If you have any questions regarding which league works best for your child, please contact John Cunningham at 315 725 8817.



**The Jaime Hawkins George Foundation**

The Jaime Hawkins George Foundation, a 501c3 non-profit, launched in September 2023 with a mission to provide financial assistance to families who have tragically lost a loved one to suicide. The foundation was found in memory of Jaime Hawkins George, a local resident who lost her life to suicide in May 2022.

“It’s a parent’s worst nightmare,” said Pat Hawkins, Jaime’s mother, and founder of The Jaime Hawkins George Foundation. “Losing her to suicide made our grieving process that much more difficult. There were no answers.”

Jaime Hawkins George was a bright light in this world. She was a wife, mother of two and nurse at Myles Elementary school. She had a selfless spirit of giving and always helping people in need.

Community members can visit [JaimeHawkinsGeorgeFoundation.org](http://JaimeHawkinsGeorgeFoundation.org) to donate and stay informed on upcoming events. Donations made help families offset the burden of funeral and burial expenses.

**10<sup>th</sup> Annual Spring Thaw MODEL SHOW SCALE VEHICLES**



**Sunday, May 5, 2024**  
**Willowvale Fire Co.**

3459 Oneida Street, Chadwicks

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**9:00 a.m. to 3:00 p.m.**

Judging begins at 1:00pm

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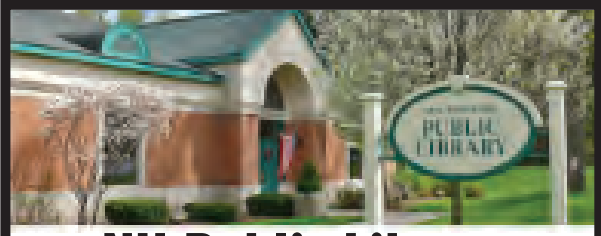
**New Hartford Police Activity February 2024**

- 871 Calls for Police Service / Incidents
- 58 Arrests
- 292 Vehicle and Traffic Law Stops
- 63 Motor Vehicle Accidents Investigated
- 187 Traffic Tickets issued
- 224 Supplemental—Specified Neighborhood Patrols
- 2 Community Policing Details

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## NH Public Library 2 Library Lane 315-733-1535

**Monday and Tuesday 10am-8pm**  
**Closed on Wednesdays**  
**Thursday and Friday 10am-6pm**  
**Saturday 10am-2pm**  
**Sunday 1-5pm**  
**Curbside Pickup Remains an Option**

### Stay Connected With Us!

The most up to date information regarding closings, reopening, programs and crafts can be found on our website and on our Facebook and Instagram pages.

Website: [www.newhartfordpubliclibrary.org](http://www.newhartfordpubliclibrary.org)

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### NHPL Board of Trustees 2023 Meeting

The NHPL Board of Trustees will be meeting on Wednesday, April 17<sup>th</sup> at 4:30 in the Sammon Room.

### Book Locker Update

We are thrilled to announce that our outdoor book locker is back! You can now pick your reserved items up at a time that is convenient for you, regardless of our hours. When placing a hold online, please choose NHLOCKER as your pick up location. Picking up your items is easy! All you will need to do is scan your library card or manually enter your library card number.

Our outdoor book locker is made possible through the Mid York Library System and a grant through the Central New York Resources Library Council (CLRC).

### Community Outreach

We are hitting the road and would love to come to your organization! Are you involved with a preschool, daycare, summer program or assisted living center? We would love to come to your organization and share more about our upcoming programs, issue library cards and provide programming to your facility. For more information, please contact our Library Director, Anne 315-733-1535.

### Literacy CNY

Need some tech help? We have a volunteer at the Library each Tuesday from 11:00-2:00. Literacy CNY provides trained individuals to assist patrons on a one on one basis. They look forward to helping our community. We greatly appreciate this service they are offering our patrons.

### Interested In Using Our Window Display?

The display case at the Library's main entrance is available without charge for community groups or individuals to display works of art, collections or educational displays. Exhibits must be in keeping with the Library's mission to meet the educational, cultural and recreational needs of the community. Exhibits may not be for entrepreneurial or commercial purposes, for the solicitation of business for profit or for fundraising. Religious proselytizing and partisan political recruitment are similarly prohibited. Applications for the case are on a first come, first served basis and are limited to one month, with displays also limited to one per year per individual, group or organization. Exhibits will be reviewed in advance before being displayed.

Applications for use of the case are available at the Library's front desk. If you have any questions or are interested in using the display, please call the Library and ask to speak to our Display Case Coordinator, John. 315-733-1535.

### April Display: Clinton Death Cafe

April's display case at the main entrance to the New Hartford Public Library will highlight the Clinton Death Cafe. Death Cafe is a global movement to get people talking about death and end-of-life issues in a comfortable, relaxed environment with the view of making the most of their finite lives. This group-directed discussion aims to shift the conversation from avoidance to one of familiarity and comfort, with no obligation to talk; many people come to listen ...and eat cake. The organization will sponsor two events in April: From 1 to 2:30 p.m., April 18, at St Margaret's Retreat Center in New Hartford, and from 11 a.m. to 1 p.m., April 27, at Forest Hill Cemetery, Utica.

### Solar Eclipse Information & Safety

On Monday, April 8<sup>th</sup>, the last solar eclipse in North America until 2045 will be passing through New Hartford, NY!

The eclipse will begin at 2:10 PM that day. Over the following hour, the Moon will progressively cover the Sun reaching a maximum coverage of 99% at 3:25PM. At that time, the sky will take on a dim and eerie appearance. Then the Moon will gradually leave the front of the Sun, slowly uncovering it for the next hour until the eclipse concludes at 4:35 PM. Since the Sun in New Hartford will not be fully covered at any point during the eclipse, it is important to wear solar eclipse glasses to view the Sun safely. Directly observing the Sun, even when it is 99% covered, poses a significant risk to eye health, and ordinary sunglasses are inadequate for protection. To obtain solar eclipse glasses, or to learn about alternative viewing methods, please stop by the New Hartford Public Library for their solar eclipse event on April 8<sup>th</sup> at the New Hartford Recreation Center.

-Dr. Adam Lark, Associate Professor of Instruction at Hamilton College.

### Solar Eclipse Safe-Viewing Party

New Hartford Public Library will be hosting a safe-viewing party during the solar eclipse. Festivities will take place April 8<sup>th</sup>, from 2-3pm at the New Hartford Recreation Center.

Activities, crafts, and science filled fun for the whole family!

Solar Eclipse Glasses will be provided at the site (while supplies last).

### Grab & Go Projects Adults

Adult Grab & Go Projects continue on the first Monday of each month.

April 1st- Build Your Own Eclipse Viewer

Call to reserve beginning at 10:00 on the day of that month's project, or come into the library to pick up. (While supplies last)

### Grab & Go Project Bags for Kids

Kids Grab & Go Projects continue on the first Thursday of each month.

April 4th- Design a Safety Shield for your Eclipse glasses.

Call to reserve beginning at 10:00 on the day of that month's project, or come into the library to pick up one. (While supplies last)

### In Person Story Time

Regular Story Time will resume Tuesday September 5th.

Mondays (group A), Tuesdays (group B) and Thursdays (group C) 10:30-11:00 for preschool aged children. Join us for stories and crafts. Aimed towards preschoolers – but all are welcome. An adult must accompany the child. All story times are held in the Children's Area/Corasanti room.

There will be no Storytime Monday, April 8th. See our Solar Eclipse Event blurb for more information.

April 1, 2, 4: Pre-Solar Eclipse

April 9,11: Library Week

April 15, 16, 18: Frogs

April 22, 23, 25: Earth Day

April 29, 30 & May 2: Rain

### Lego Club : From Book to Block

Back by popular demand...Lego Club!

Each month a passage from a book is read aloud from a pre-selected book. Using their imagination, children are asked to build what they see when visualizing that scene. This club meets on the 1<sup>st</sup> Saturday of the month at 11:00am.

The next meeting is April 6th in the Sammon Room.

(Geared for 7-12yrs)

### Park Passes Are Back!

Once again, the Friends of the New Hartford Public Library are supporting our Park Pass Program.

Through their generosity, we will be allowing our patrons to check out the following park passes which will allow our patrons a discounted entry rate:

The Wild Center

Fort Rickey Children's Discovery Zoo

Adirondack Experience

Munson

Utica Zoo

Empire

Passes must be placed on adult library cards and must be returned to the New Hartford Public Library Circulation Desk. Please call 315-733-1535 for more information.

### Community Rooms

Community Rooms will be available for groups and organizations to use. You can find more information on our website (<https://www.newhartfordpubliclibrary.org/reserve-a-room/>), by calling 315-733-1535, or by visiting our Circulation Desk at the Library.

### Book Clubs

Are you interested in joining a book club, currently in a book club, or looking to start one? If your club needs to order books or if you are interested in starting a book club, please call the Library and ask to speak to our Book Club Coordinator, Danielle. 315-733-1535

>Ruth Anne Mystery Book Club reads mystery novels. They meet on the second Saturday of the month at 11am. For more information please contact the library.

>Wanderlust Book Club reads fictional novels, ranging from current to historical. They meet on the first Thursday of the month. For more information please contact the library.

>Women (and Men) of Mystery will meet on April 27 at 11:00 via Zoom. This class, led by Janet Hoover, is for those who love mysteries or just want to know more about them and those who write them. In 2024 we will look at the history of mystery over the last 2 centuries- a good way to add to your "to be read" stacks. During this session we will focus on authors and mysteries written during the 1950's: Ross MacDonald, Charlotte Armstrong, Brett Halliday, Patricia Wentworth, Frances Crane. Call the New Hartford Public Library (315-733-1535) to get the Zoom link. New members are always welcome.



### Guitar Class

Do you have a child interested in guitar? Join us on Saturday, April 13th from 10-11:30! The Childbloom Guitar Program is revolutionary in the way it introduces young people (ages 5-12) to the high-skill development of learning a musical instrument. In short, it combines the pedagogical philosophies of Shinichi Suzuki and Jean Piaget, while placing great emphasis on playing music with others. Interested people can find out more through our website: [www.mohawkvalleyguitar.com](http://www.mohawkvalleyguitar.com)

### Computer Classes are Returning to NHPL

Intro to Selling on Facebook & Ebay Thursday 4/18 10:30am-12pm

Description: Get started with selling on Facebook and eBay in our beginner's workshop! Learn the basics, from adding photos and writing descriptions to handling inquiries, and kickstart your online selling adventure hassle-free. 6 participants max.

Registration is required: [Ltorres@literacyny.org](mailto:Ltorres@literacyny.org) (315)643-0282.



### From the Friends of the New Hartford Public Library

### Friends of the NHPL Meeting

Friends' meetings are on Saturday mornings at 9:30-11 in the Corasanti Room. All are welcome. Join us April 20th. Further information, changes or cancellations will be posted on the Friends' website.

### After Breast Cancer Group

The After Breast Cancer (ABC) Group will be meeting April 6th at 11:00 am. Our guest speaker will be Cindy Christian, the new Executive Director of the Regional Cancer Center. She will talk about the services that her dept. offers. We will be meeting in the Large Study Room which is located upstairs.

### Yoga for Seniors

Join Bill Skinner every Monday at 3:00pm for a Yoga program geared towards seniors! Please call the Library at 315-733-1535 to register for this in person class.

### Used Book Room

Thank you for thinking of us for your "gently" used books. Please limit your donations to one box/bag at a time and drop off at the circulation desk and not in the hallway, at drop boxes or outside the door when the library is closed.

Thank you for supporting this major fundraiser.

We are currently ACCEPTING newer fiction and nonfiction hardbound and paperback books and magazines as well as records, DVDs, children's books, puzzles and games.

WE DO NOT ACCEPT moldy/damaged books, textbooks, medical books, National Geographic Magazine, and multi-volume books sets. We are also no longer accepting audio cassettes, VHS tapes and computer games/books or CDs.

Thank you so much to our Used Book Room patrons! Your donations and purchases raised \$625.45 in January and \$672.90 in February. Wow!! Let's make it higher. This fundraiser for the Friends provides various activities, park passes, quality materials for all ages and much more..... even the Easter Bunny.

### Truth or Fiction?

Join us on Sunday, April 28th at 2:00 for Truth or Fiction?- The Underground Railroad and Abolition Movement . This program will be presented by Mary Hayes Gordon and Jan DeAmicis, co-chairs of the Oneida County Freedom Trail Commission

### Chair Yoga Class

Join us each Monday and Friday mornings for a Chair Yoga class taught by Donna Reale. Classes start at 11 and will last until noon.

### Support the New Hartford Public Library with a Membership in the Friends

Become a Friend of the NHPL. Benefit the library with your assistance as needed. There is always a need!! Your membership also helps to financially assist the library in providing materials, programs and a variety of opportunities for our community.

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Date	Start time	Sport	Level	Location
3-Apr	5:00 PM	Softball (Girls)	Varsity	Accelerate Sports
4-Apr	3:30 PM	Tennis (Boys)	Varsity	HS Tennis Courts
4-Apr	4:15 PM	Lacrosse (Girls)	Varsity	HS Turf Field
5-Apr	3:30 PM	Tennis (Boys)	Varsity	HS Tennis Courts
5-Apr	5:00 PM	Lacrosse (Boys)	Varsity	Johnstown HS Back Fields
8-Apr	4:30 PM	Softball (Girls)	JV	Sherrill Brook Park
9-Apr	5:30 PM	Lacrosse (Boys)	JV	Perry JH Football/Lacrosse Field
10-Apr	4:30 PM	Baseball (Boys)	Varsity	Joe Corr Field
11-Apr	3:30 PM	Tennis (Boys)	Varsity	HS Tennis Courts
11-Apr	4:15 PM	Lacrosse (Girls)	Varsity	HS Turf Field
11-Apr	4:30 PM	Lacrosse (Boys)	Modified 7/8/9	Perry JH Football/Lacrosse Field
11-Apr	6:00 PM	Lacrosse (Girls)	JV	HS Turf Field
12-Apr	3:30 PM	Golf (Boys)	Varsity	Skenandoa Golf Course
13-Apr	11:00 AM	Lacrosse (Boys)	Varsity	HS Turf Field
13-Apr	12:00 PM	Baseball (Boys)	Varsity	Joe Corr Field
15-Apr	3:30 PM	Golf (Girls)	Varsity	Stonebridge Golf Club
15-Apr	5:00 PM	Lacrosse (Boys)	Varsity	HS Turf Field
16-Apr	3:30 PM	Tennis (Boys)	Varsity	HS Tennis Courts
16-Apr	4:15 PM	Lacrosse (Girls)	Varsity	HS Turf Field
16-Apr	4:30 PM	Baseball (Boys)	JV	Joe Corr Field
16-Apr	6:00 PM	Lacrosse (Girls)	JV	HS Turf Field
17-Apr	4:00 PM	Outdoor Track (Boys)	Varsity	HS Track
17-Apr	4:00 PM	Outdoor Track (Girls)	Varsity	HS Track
18-Apr	4:15 PM	Lacrosse (Boys)	Varsity	HS Turf Field
18-Apr	4:30 PM	Baseball (Boys)	Varsity	Joe Corr Field
18-Apr	4:30 PM	Softball (Girls)	Varsity	Accelerate Sports
18-Apr	4:30 PM	Softball (Girls)	JV	Sherrill Brook Park
19-Apr	3:30 PM	Golf (Boys)	Varsity	Skenandoa Golf Course
20-Apr	12:00 PM	Baseball (Boys)	Varsity	Joe Corr Field
20-Apr	3:00 PM	Baseball (Boys)	Varsity	Joe Corr Field
22-Apr	4:30 PM	Baseball (Boys)	Varsity	Joe Corr Field
22-Apr	4:30 PM	Softball (Girls)	Varsity	Accelerate Sports
22-Apr	4:30 PM	Softball (Girls)	JV	Sherrill Brook Park
23-Apr	4:30 PM	Baseball (Boys)	Varsity	Joe Corr Field
23-Apr	6:00 PM	Lacrosse (Girls)	JV	HS Turf Field
24-Apr	3:30 PM	Golf (Boys)	Varsity	Skenandoa Golf Course
25-Apr	4:30 PM	Softball (Girls)	Varsity	Accelerate Sports
25-Apr	4:30 PM	Softball (Girls)	JV	Sherrill Brook Park
25-Apr	6:00 PM	Lacrosse (Girls)	JV	HS Turf Field
26-Apr	3:30 PM	Golf (Girls)	Varsity	Stonebridge Golf Club
27-Apr	11:00 AM	Softball (Girls)	Varsity	Accelerate Sports
27-Apr	11:00 AM	Softball (Girls)	JV	Accelerate Sports
27-Apr	11:00 AM	Lacrosse (Boys)	Varsity	HS Turf Field
27-Apr	1:00 PM	Baseball (Boys)	Varsity	Gutchess Lumber Sports Complex
29-Apr	3:30 PM	Golf (Boys)	Varsity	Skenandoa Golf Course
29-Apr	4:30 PM	Baseball (Boys)	JV	Joe Corr Field



**SAVE THE DATE**

**New Hartford Memorial Day Parade**  
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Pictured is Syracuse University Men's Basketball star J.J. Starling, who will headline the 20th Annual Sitrin Celebrity Classic Wheelchair Basketball Game.

## 20<sup>th</sup> Annual Sitrin Celebrity Wheelchair Basketball Game to be Held April 11<sup>th</sup>

Game on! Local celebrities will take to the court to face-off in wheelchairs against Sitrin's STARS athletes in the 20th Annual Celebrity Classic Wheelchair Basketball game on Thursday, April 11, 2024, at 6:30 p.m., in the Utica University Clark Athletic Center.

Joining this year's game are Syracuse University Men's Basketball stars J.J. Starling, Chris Bell and Maliq Brown.

The team's roster continues with Senator Joseph Griffo, Assemblywoman Marianne Buttenschon, Assemblyman Brian Miller, Oneida County Executive Anthony Picente, Oneida County Sheriff Robert Maciol, Vice President & General Manager of WKTU News Channel 2 Steve McMurray, and Producer and Co-Ancor of WKTU News Channel 2 Kristen Copeland. Also representing the celebrity roster are radio personalities "Big Poppa" Gary Spears, MIX 102.5, Polly Wog, Big Frog 104, and Bill Keeler, WIBX AM950.

Returning to defend their 19-year winning streak are STARS athletes Hermin Garic, elite road racer and the first Oneida County resident to win the Boilermaker 15K; Kevin Burnside, gold medal winner in 2K Nordic sprint and 6K biathlon at the 2022 Empire State Winter Games; Jimmy "Jam" Joseph, three-time Paralympian; Tammy Delano, Paralympian; as well as Vincent Bevivino, Thomas Dane, Devon Henry, Jacob Moore, Oniel Nunes, Mike Olsen, Lawrenso Williams, Abigail VanPatten, Bob Prenoveau, and Kian Demkowitch.

"We are grateful to the community, participants, and event sponsors for their continued support of the Celebrity Classic," said Marc DePerno, vice president of Foundation and Communications and director of the STARS program. "The STARS athletes look forward to showcasing their amazing abilities and taking on the Celebrity Cruisers for what will surely be an exciting game."

Proceeds from this event will benefit the Sitrin STARS program, which provides opportunities for individuals with physical disabilities to participate in a variety of adaptive sports including wheelchair curling, road racing, target shooting, paddling, biathlon, and archery, in addition to wheelchair basketball. Sitrin STARS athletes have competed on the international and Paralympic level and have represented the United States throughout the world.

Returning as Presenting Sponsor for the ninth consecutive year is FustCharles LLP. Additional sponsors include Meyda Lighting; WKTU News Channel 2; Paradigm Consulting Incorporated; Allied American Abstract Corporation; Events Forum, Inc.; Mohawk Valley Cash Register; Empire Recycling Fund of The Community Foundation of Herkimer & Oneida Counties; Poncell Construction Company, Inc.; The Hartford; Mohawk Healthcare; The Fountainhead Group; Human Technologies Corporation; Utica University; Baird Private Wealth Management The Earl Savery Group; OneDigital; Ed and Ed Business Technology; CPP Associates, Inc.; DeNicola Photography; Standard Heating Cooling Insulating Co., Inc.; City Liquors; Lincoln Davies Building Supply; Clinton Tractor & Implement Co.; Clifford Fuel Co., Inc., and Superior Plus Propane.

Two fans will have a chance to compete against the SU players in a three-point competition during halftime. There will also be a silent auction of sports memorabilia, a 50/50 raffle, and free autographs during the second half of the game.

Tickets, which can be purchased online or at the door, are \$10 for adults 18 years of age and older, and \$5 for students of any age. Children under five years old are free. For ticket information, visit [www.sitrin.com/celebrityclassic](http://www.sitrin.com/celebrityclassic).

Snacks and refreshments will be available for purchase. Doors open at 6 p.m.

For more information about the Celebrity Classic Wheelchair Basketball Game, or the Sitrin STARS program, contact DePerno at (315) 737-2416 or [mdeperno@sitrin.com](mailto:mdeperno@sitrin.com).

ABOUT SITRIN: Sitrin, a not-for-profit corporation, provides a variety of services for people of all ages and abilities, including comprehensive medical rehabilitation (inpatient and outpatient), long-term care, assisted living and enriched housing (Cedarbook), NeuroCare, residential care for people with intellectual disabilities and medically complex conditions, medical and social model adult day program, military program, adaptive sports, (STARS Program), a Wellness and Aquatic Center, orthopedic injury program, concussion management, child care, and dental clinic. management, child care, and dental clinic.



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## Irish Container Gardening Presentation

Join us at The H.A.R.P. Museum at the Irish Cultural Center of the Mohawk Valley on Thursday, April 25, 2024 at 7:00 p.m. for a presentation on Irish container gardening.

In a world of limited time and space, container gardens make more and more sense. Containers allow you to enjoy growing plants in places that might be thought to be impossible. Poor soil or no places to put plants in the ground is no longer an excuse for not being able to enjoy the simple pleasure of gardening. Let's double that pleasure and transport to Ireland as we explore and build a lush garden container much like those seen at homes, pub window boxes, or other scapes of Ireland.

Local arborist and landscaper, Mike Mahanna, will present the basics of container gardening and educate on the flowers of Ireland, many of which are used here as well.

During the presentation, we will enjoy a glass of wine or soft drink as we settle in and listen and observe the creation of a beautiful container garden. The final masterpiece will be raffled off at the end of the session to one lucky participant. Your raffle ticket is included in your admission!

\$15 admission includes wine and 1 raffle ticket. Additional raffle tickets will be available for purchase.

You can attend this presentation at the H.A.R.P. Museum located on the second floor of the Irish Cultural Center of the Mohawk Valley, 623 Columbia St, Utica. All are welcome to attend this program and the museum is wheelchair accessible. Please register at this link, <https://bit.ly/3Tk0jGN> or visit our events calendar at <https://www.icmv.org/my-calendar/> or leave a message at 315-733-4228 ext.6.

The H.A.R.P. Museum at the Irish Cultural Center of the Mohawk Valley is a nonprofit organization that promotes understanding of Irish Culture and the legacy of the Irish people who settled in the Mohawk Valley. H.A.R.P stands for "History, Ancestry, Research, and Programs."

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As the Winter chill gives way to the warmth of Spring, athletes across various sports eagerly prepare for the upcoming season. Spring training marks a crucial period for athletes to regain their peak physical condition and fine-tune their skills. Among the essential components of this preparation is physical therapy, a discipline that plays a pivotal role in ensuring athletes are not only ready for the challenges ahead but also equipped to prevent injuries that could sideline their performance.

Physical therapy is instrumental in identifying and addressing potential vulnerabilities in athletes' bodies. Spring training often involves intense workout and increased activity levels, which can expose athletes to a higher risk of injuries. Physical therapists work closely with athletes to assess their muscle imbalances, joint mobility, and overall biomechanics. By targeting these areas, therapists can create personalized rehabilitation and strengthening programs, mitigating the risk of injuries, and enhancing overall resilience.

One of the strengths of physical therapy lies in its ability to provide individualized care. Each athlete has a unique set of needs, strengths, and weaknesses. Physical therapists collaborate closely with athletes to understand their specific requirements and tailor rehabilitation and conditioning programs accordingly. Their personalized approach ensures that athletes receive the targeted care necessary for their optimal performance and well-being.

In the realm of sports, the importance of physical therapy during spring training cannot be understated, physical therapists play a vital role in ensuring that athletes are not only physically prepared but also mentally resilient for the challenges ahead!



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Presenting Sponsor:  **FustCharles**

**Thursday, April 11, 2024**  
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### What Cardio Should I Do?

*submitted by Jim LaFountain, All American Fitness Center*

That's the question every beginner should ask themselves or discuss with a trained professional. Not all cardiovascular modes fit the bill for everyone. Overuse training injuries tend to be associated with those poor souls who make the wrong choice. What should be a healthy activity turns into a disaster. Bottom Line: is your mode of cardio safe and does it elevate your heart rate to at 60-85% of its maximum for 20 or more minutes? Last month's fitness column explains how to calculate your maximum heart rate.

It's essential the beginner understands what somatotype they fit into. The three somatotypes are:

**Ectomorph:** this individual exhibits long and thin lines and is generally equipped to perform what would be considered long distance, "jarring, high impact" modes of cardio. World class distance runners fit this somatotype.

**Mesomorph:** muscular, lean and compact people fit into this category. High level athletes in this somatotype are strong, possess a high number of white muscle fibers, making them quick, powerful and agile. They, however, do not adapt well to over distance, high impact cardio activities.

**Endomorph:** tend to be rounder and have a higher level of stored body fat than ectomorphs or mesomorphs. Added body fat makes long term, high impact, cardiovascular exercise uncomfortable and contraindicated. I see Endomorphs jogging in our neighborhood and although it is ill advised, I commend them for their effort to get in shape.

Although somatotyping is a very prudent guide, it's not something that's cast in stone. I've trained endomorphs that used distance running and diet to transform their body's into very fit human machines. Ectomorphs, on the other hand, seem to have a difficult time packing on muscle. Mesomorphs I have worked

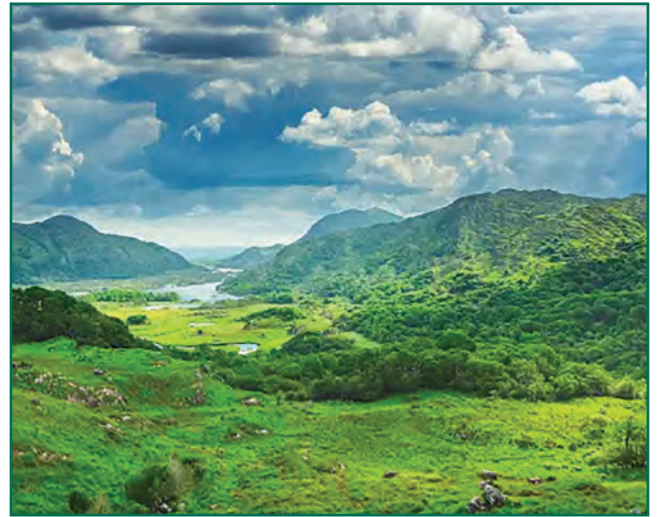
with are the most envied. They derive benefit from minimal training and paying less attention to following a prudent diet. These lucky souls, however, who train intensely and follow a quality diet, excel in whatever physical endeavor they choose.

Beginners should understand, it matters little how slowly they get started, but where they are after a few weeks of training. Remember, time and heart rate are the most important factors to consider when engaging in cardiovascular exercise. A beginner may start with as few as 2-3 minutes at 60% of their maximum heart rate. Adding a minute each workout will have them at 45 minutes in a few weeks. At that point, intensifying to 70-80% maximum heart rate twice weekly and 60-65% maximum heart rate 2-3 times a week is a good idea. It's important to remember, the more fit you become, the more adequate recovery becomes an issue, 4-6 days of exercise with a couple days of recovery is a good formula.

If your goal is weight management:

- \*daily water intake is critical (70% of each cell in our body is composed of water)
- \*reduce or eliminate sugar, bleached flour, and high fructose corn syrup
- \*resistance training, in the form of weights, machines or elastic bands, encourages your body to become a better "calorie burning machine," during exercise and at rest. It also improves joint integrity and protection against injury.
- \*no amount of exercise cancels the ill effects of a poor diet.

Whatever cardio you choose, beginning too intensely is a recipe for a disaster and dropout. Progressing slowly is also a must. Remember, few pay attention to how you start, but are sure to recognize the progress you've made in a few, short weeks. Compliance is the most critical component in any active lifestyle. On days you simply do not want to exercise, commit to just showing up and engage in a light warmup. In most cases, it's the spark you may need to have an outstanding workout. Hopefully, this helps you choose and stick with regular cardiovascular exercise.



<https://unsplash.com/s/photos/ireland>

### Dreaming of Visiting the Emerald Isle?

Join us at The H.A.R.P. Museum at the Irish Cultural Center of the Mohawk Valley on Thursday, April 11, 2024 at 7:00 p.m. for a panel discussion on travel to Ireland.

Have you been dreaming about visiting the Emerald Isle? What would it be like to visit Ireland and see all the beautiful ancient lands, experience the charm of the music, dance, language and the people who will greet you with the world's warmest welcome?

You will have the chance to come learn how wonderful and affordable travel to Ireland is. A panel of seasoned Ireland travelers are eager to share their knowledge and experiences with you. This presentation will include a panel discussion and question and answer format. You will gain insight into the optimal months to visit, the best places to visit, choices of lodging, how to get around and so much more. Finding the best pubs will also be a program highlight.

Join us for this fun and informal session and please bring a friend along. That friend may end up being your travel partner as you are sure to be planning your trip in no time!

You can attend this presentation at the H.A.R.P. Museum located on the second floor of the Irish Cultural Center of the Mohawk Valley, 623 Columbia St, Utica. All are welcome to attend this program and the museum is wheelchair accessible. The program is free to attend, please register at this link, <https://bit.ly/3IEcsBs> or visit our events calendar at <https://www.iccmv.org/my-calendar/> or leave a message at 315-733-4228 ext.6.



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## Come to the Table

Friday, May 10  
 5:30 PM  
 Hart's Hill Inn



Join us for an evening of great food, basket drawings, live & silent auctions, and one of a kind tablescapes created by local artists and designers.

**TICKETS \$75 EACH**



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# NEW HARTFORD PAST TIMES

April 2024

## NEW HARTFORD HISTORICAL SOCIETY



### BECOME A MEMBER!

Please stop in to visit us and consider becoming a member. Membership fees are \$15 for Individual, \$20 for families, \$25 for Friend/Contributor and \$50 for Corporate members. The Historical Society is a non-profit, tax deductible organization.

### Planning a Class Reunion?

Make the Historical Society Museum a part of your itinerary! Schedule the Saturday of your reunion for your group to explore our collection of yearbooks, scrap books, local relics and photos. Look up your New Hartford home! Call 315-724-7258 to schedule your group.

### Museum is Open To the Public

Currently by appointment.

### FREE ADMISSION

Village Point Apt. Building  
2 Paris Road – 315-724-7258



### Owens Family Farm Celebrating their 100th Anniversary

In 1823 Edmund Newell purchased property (part of the Coxe Patent #5, 7th Division) from David Risley. The land was located on the southernly end of what is now Oxford Road. In 1910 the farm was sold to James Newell and Sanford Sherman. In 1924 Sanford Sherman sold the land, buildings and a house for \$10,000 to Ellis and Margaret Owens.

Ellis and Margaret farmed and raised 7 children (5 boys/2girls): John, Robert, Hugh, Owen, Richard, Nettie and Anne. The oldest son, John, became an electrician and was located on Campion Road in the Village, Richard had a milk route, Owen, Hugh, and Robert stayed on the home farm until they married and purchased their own farms. When the three brothers operated the farm, it was known as Owens Brothers Farms. In 1952 Hugh and Owen purchased their own farms. Robert and Julia remained on the "Home" farm and raised their 2 sons, Richard and Larry.

Today 100 years will be celebrated by Richard and Gail and their son Mark and his wife Denise who have worked the farm all these years through many changes. Mark has built a home on the farm along with his brother Scot. Another brother, Jeff, lives locally. It is a tribute to the entire family to continue to use the land and keep the long history in the same family all these years. Today the grandchildren come to the farm and see the animals and play on the hills where there is the sweet smell of wildflowers.

Everyone who drives between Hillside Garden Apartments and Irvin Avenue today will observe the many sheep and Scottish Highland cattle grazing on the hill off the western shoulder of Oxford Road.

## Reminder: 2024 Dues are Currently Due

### New Hartford Historical Society

~ Membership Form ~

Please check one of the following:

- \$15<sup>00</sup> Individual      Name: \_\_\_\_\_
- \$20<sup>00</sup> Family      Address: \_\_\_\_\_
- \$25<sup>00</sup> Contributing      \_\_\_\_\_
- \$50<sup>00</sup> Corporate      Phone: \_\_\_\_\_
- \_\_\_\_\_      E-Mail: \_\_\_\_\_
- Renewal
- New Member

Please send check made payable to:

New Hartford Historical Society  
P.O. Box 238  
New Hartford, N.Y. 13413



# Angels Among Us Food Pantry

April 13 & 27

May 11 & 25 • June 8 & 22

July 13 & 27 • Aug 10 & 24

Sept 14 & 28 • Oct 12 & 26

Nov 9 & 23 • Dec 7 & 21

**Hours of Operation: 10am - Noon**

The food pantry is located at: St. John The Evangelist Church, 66 Oxford Rd, New Hartford, NY. Follow the signs to the driveway in the back during open hours. In the event of food emergency issues, please contact the St. John's rectory from 9AM to 2 PM Monday through Thursday at 315-732-8521.

Our pantry provides services to all residents of New Hartford (btw Rt 8 and Rt 12), Washington Mills, Chadwicks, Sauquoit, Cassville and Clayville.

If this is your first visit, please bring proof of address. If you do not have a permanent address, just come in. We will assist. If you are unsure of eligibility, just come in. We will assist.

## We Are Looking For Volunteers!

### 2024 TEFAP Eligibility Income Guidelines\*

Based on Annual Incomes

Household Size	Income
1	\$33,885
2	\$45,990
3	\$58,095
4	\$70,200
5	\$82,305
6	\$94,410
7	\$106,515
For Each Additional Person Add:	\$12,105



## Empowered Pathways Presents Come to the Table - Friday, May 10th at Hart's Hill Inn! Join us on Friday, May 10th For a One-of-a-Kind Fundraising Event!

Join us for Come to the Table on May 10th! The celebration kicks off with a cocktail hour from 5:30 to 6:30 pm. a selfie photo station and, of course, our designer tablescapes ... all of that plus a live and silent auction, themed baskets, dinner by Hart's Hill and desserts by Patrick S. O'Connor's Feast and Festivities. This event is more than a fundraiser - it's an experience!

This amazing event includes:

A cocktail hour starting at 5:30 pm!

A themed basket drawing

Silent auction items

A selfie photo station

Food stations by Hart's Hill Inn

Desserts by Patrick O'Connor's Feasts and Festivities!

The evening culminates with a live auction, where bidders compete to take home the best table design of the night. Plan to join us for this exciting event happening just at the start of the summer season!

Tickets are \$75 and can be purchased by clicking here!

Tablescapes are still needed for this event. Interested in becoming a Designer for Come to the Table? Sponsorship opportunities are still available.

For more info call 315-724-1718 ext. 201 or email [info@EmpoweredPathwaysCNY.org](mailto:info@EmpoweredPathwaysCNY.org)!

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**VILLAGE OF NEW HARTFORD CURBSIDE JUNK COLLECTION**

The following information pertains to VILLAGE OF NEW HARTFORD residents only and **does not** include the Town of New Hartford.

For more detailed information refer to your Village Municipal Collection Flyer or call the DPW at 315-724-0379 or the Village Office at 315-732-1147.

The **VILLAGE** of New Hartford will have a curbside junk pick-up on **May 13, 2024**. Materials must be at the curb by **5:00 a.m. on May 13th** and **sorted into separate piles as listed below:**

- 1) **Household Junk:** Lumber bundled, piled parallel with the roadway, roofing and plaster in containers weighing 60 lbs. or less, furniture without fabric, porcelain sinks and toilets, and storm windows;
- 2) **Sanitary Waste:** clothes, bedding, stuffed furniture, hardcover books, empty paint cans with lids removed, and toys;
- 3) **Metal:** major appliances and metal products;
- 4) **Tires:** tires must be off rims and no larger than 16". No large truck or tractor tires.

Please note anything longer than 8' feet will NOT be collected.

**Collection limits for categories #1) Household Junk and #2) Sanitary Waste are each limited to a pile not to exceed 4' wide 8' long and 3' high.**

**The DPW will NOT accept:**

- 1) Recyclable materials, lumber exceeding the limit stated above, and shingles not contained. For construction and demolition projects, please contact the Village DPW or a private waste hauler to make arrangements for a dumpster.
- 2) Propane cylinders, liquids, such as paints, thinners, waste oil, herbicides, and pesticides may be disposed of at the Oneida Herkimer County drop site per their collection schedule. For more information, call 315-733-1224.
- 3) Automotive Batteries - due to employee and environmental hazards, batteries may be returned to a redemption or recycling facility.

**Your cooperation with sorting materials and observing these guidelines helps reduce costs and insures the continuation of this program.**

\*\*\*\*\*

**VILLAGE OF NEW HARTFORD**  
**WEEKLY GREEN WASTE AND LEAF COLLECTION SERVICE**

Leaves, grass clippings, and brush will be collected every Wednesday from May through September. During this time, brush must be bundled, and leaves, grass, and trimmings must be contained in reusable cans.

Compost is available free of charge while supplies last and can be picked up outside the Village hardfill dump located at the end of Graham Ave. Bring a shovel and containers.



**VILLAGE OF NEW HARTFORD**  
**2024 Municipal Waste Collection Guidelines**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Curbside junk on 2nd Monday in May & October.	Garbage to curb by 7 am	Summer Green Waste to curb by 7 am	Recyclables to curb by 7 am	Garbage to curb by 7 am	Dumpster for junk at DPW Garage on 2nd Saturday each month excluding May and October.

**Reminder – please do not put garbage/recyclables to the curb before 5 pm the night prior. We appreciate your cooperation!**



**Arbor Day Foundation Names Village of New Hartford a 2023 Tree City USA**

The Village of New Hartford was named a 2023 Tree City USA by the Arbor Day Foundation to honor its commitment to effective urban forest management.

The Village of New Hartford achieved Tree City USA recognition by meeting the program's four requirements: maintaining a tree board or department, having a tree care ordinance, dedicating an annual community forestry budget of at least \$2 per capita, and hosting an Arbor Day observance and proclamation.

The Tree City USA program is sponsored by the Arbor Day Foundation, in partnership with the U.S. Forest Service and the National Association of State Foresters.

"Tree City USA communities see the positive effects of an urban forest firsthand," said Dan Lambe, Chief Executive of the Arbor Day Foundation. "The trees being planted and cared for by the Village of New Hartford are ensuring the generations to come will enjoy to a better quality of life. Additionally, participation in this program brings residents together and creates a sense of civic pride, whether it's through volunteer engagement or public education."

If ever there was a time for trees, now is that time. Communities worldwide are facing issues with air quality, water resources, personal health and well being, energy use, and extreme heat and flooding. The Village of New Hartford is doing its part to address these challenges for residents both now and in the future.

More information on the program is available at [arborday.org/TreeCityUSA](http://arborday.org/TreeCityUSA).

Please join the Village of New Hartford and students from Bradley Elementary School on Friday, May 31st at 10:00 am on the Village Green to celebrate our Tree City recognition.

(In the event of rain, celebration will be held inside the Fire Station)

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• The school follows the local public school schedule, September - June

*\* now accepting fall registration applications*



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### Relive the Adventures: Half Moon Orchestra Presents "A Video Game Concert"

Step into a world where music evokes tales of heroism, adventure, and nostalgia. On April 6th at 4pm, the New Hartford High School Auditorium will come alive with the sounds of beloved video game music during Half Moon Orchestra's eagerly anticipated event: "A Video Game Concert."

Embark on a journey spanning themes from popular and iconic video games ranging from the late 80s up to recent releases of the past year.

Half Moon Orchestra's mission is to provide accessible concerts to all people, including those who may normally not be able or interested to experience the joy of live orchestral music. Combining gaming with the cultural experience of live orchestral music will entice and interest not only classical music fans, but also gamers of all

ages, families, and people from all backgrounds in our community, allowing them to come together and experience a professional standard of live orchestral music.

Conducted by the acclaimed Michael DiMeo, Half Moon Orchestra boasts a lineup of exceptionally talented musicians who breathe new life into the iconic compositions that have shaped gaming culture. This concert will showcase a full orchestra including a small choral group, as well as special guest solo pianist and composer Nathan Gulla. Whether you're a seasoned gamer or simply appreciate the beauty of a well-crafted music, this concert offers something for everyone.

The excitement doesn't end with the music. Attendees will have the chance to test their musical gaming knowledge with a thrilling round of musical trivia, where the sharpest minds can win prizes. For those feeling lucky, a raffle will offer the opportunity to walk away with a Meta Quest 2 VR headset, unlocking new realms of virtual reality adventure.

Whether you're reliving the glory days of classic gaming or discovering the enchanting melodies of modern masterpieces, "A Video Game Concert" promises an afternoon of entertainment, nostalgia, and pure musical magic. Mark your calendars for April 6th at 4pm and join Half Moon Orchestra at the New Hartford High School Auditorium for an unforgettable symphonic celebration of video game music. Tickets are certain to sell out fast, so secure yours today and prepare to embark on a memorable quest like no other!

Get your tickets here:



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Richard Sherman

**New Hartford Highway News**

*submitted by Highway Superintendent, Richard Sherman*

The 2024 Season Dumpster – Drop-Off Collection Schedule is complete. This year's schedule will be mailed to every constituent and home address, it will not be in the April Town Crier like in the past. Remember our programs this spring are expected to begin April 1st and end September 27th. For pickup items for the Highway Garage, you need to purchase tags for the Highway Crew to pick up those items at your home. Remember if you want items picked up you must see the Town Clerk and purchase a tag by the last Friday of the month. The cost will remain the same as last year \$5.00 per item. The Town Clerk's Office is open Monday-Friday 8:00am to 4:00pm.

Additionally, we will have the dumpster drop off along with the tag pick up for the months of April, May, June, July, August, and September. The regular drop off is still every Monday 6:30 -2:00. On May 11th we will have a Saturday drop off as well the PAPER SHREDDING from 8:00am to 12:00pm. This year's curbside trash pickup has been moved to the month of October the same as last year.

The Highway Department is asking every residence to PLEASE use containers (garbage cans) for the brush (branches) etc. and green waste so that the container can be dumped in the compactor. The larger tree limbs can be 6" in diameter and 6-8' in length. Place the limbs in a neatly pile at the edge of the roadway. If you have a tree come down that is larger, call the Highway Department to schedule an appointment and we will stop by with the chipper and chip the larger limbs. The brush trucks have a boom with a grapple on the end of the boom for picking up brush. Please do not put out any rocks, metal, or any kind of objects in the brush and green waste piles or they will not be picked up.

The Storm water projects are moving forward and as soon as the weather permits, the Highway Department will be continuing the two detention ponds behind the Roman Rd and Hughes Lane that we started last fall. The town highway department is looking for possibly two more detention ponds on the Mallory Rd. area down to Oneida Street.

Our winter shifts will end on March 31st and the crew will start the day shift on April 1st. The spring cleaning will start on April 1st with street sweeping along with cleaning of the sidewalks, and the brush trucks will start along with the green waste trucks on that same date. The highway department will be in full swing of spring cleaning.

One of the highway crews are working on the dog park in the Sherrill Brook Town Park. This crew is installing new drainage pipe and stone to help alleviate the water issues in and around the dog park and pickle ball courts. This is ongoing until finished in early spring.

The veterans park will be getting a new face lift with new LED lighting shining on the flags at night along with new stamp concrete in the middle of the memorial with a new walkway with new plantings that are going to be installed this spring.

Finally, please email anytime with questions or issues at [rsherman@townofnewhartfordny.gov](mailto:rsherman@townofnewhartfordny.gov) or my cell at 315-534-2998.

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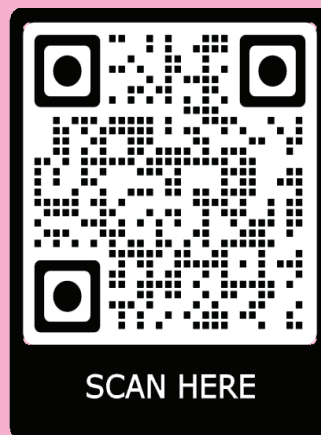
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### Staying Connected to the Community

by Raymond J. Durso, Jr., President & CEO  
The Genesis Group

Thanks to today's technology, you can stay connected to the community, especially when traveling. It doesn't matter if you're on a business trip or vacation, as long as you have access to the internet – you won't miss out on what's happening at home. All you need is a cell phone, tablet, laptop or chromebook or any other device to get you connected.

You're probably thinking when you're on vacation, you may not care about what's happening at home. For some that may be true, but most people do care about "home" especially when your responsibilities include children, elderly parents or owning a business.

I am always interested in being aware of the day's news, especially local news that impacts the community. That's because promoting what's happening in the Mohawk Valley region is a part of my role with the Genesis Group. The other reason I like staying connected is "the need to know." People today live on their personal devices, ie a cell phone. We are a curious society. Whether the news is current events, government, entertainment, opinions, sports or business, you see people on their phones just about everywhere you go. We have the capability to connect to social media and online sites, television broadcasts, daily newspapers and radio programs.

If staying connected is something you like to do, great. If you're on vacation with family, make sure they are okay with it. Don't let your phone, emails or other interests distract you from quality time with family members. Take it from me, I get scolded for not paying

attention when our family is on vacation – LOL!

Other ways to stay connected to home while traveling is by meeting people from the area or who have ties to the community. During a recent trip, I experienced both. My wife and I were on a cruise and while on our way to breakfast, I saw a friend who lives in Utica. At first I thought "is that Mike? I couldn't believe it." Later that day, we were sitting next to a couple and of course the conversation began with "where are you from?" The gentlemen said "we are from upstate New York. I said, where in upstate New York? He said Massena. I said oh wow, we are from Utica. He and his wife were very familiar with our area's famous food. He specifically mentioned: chicken riggies, tomato pie and Italian greens. I said, "yup you're right, we are known for our quality food!"

Another day, we were sitting on the beach. I struck up a conversation with folks sitting next to us. Again I said..."where are you from? They said Syracuse, NY. I said, "I'm from Utica. They said, we enjoy visiting the restaurants in your area. You have delicious chicken riggies, tomato pie and Italian greens. I said, "yup you're right, we are known for our quality food!"

While talking to the folks from Syracuse, a guy two rows of chairs in front of me yells out, "you're from Utica?", I said yes. He said, "I'm from Buffalo and I come to Utica every year to run the Boilermaker. At that moment, I was reminded of how proud I am – and how proud we all should be - of our hometown. We are certainly on the map!

For someone like me who promotes the Mohawk Valley, these accolades were nice to hear. Our region has a lot to be thankful for. The good news is there are many projects underway to help make the region even stronger and better!

The Genesis Group is doing its part to help move our community forward. We continue to offer programs in areas of Education such as: Career, College and Life Ready programs, Drone Camps, Data Analytics Task Force and a new partnership with Dolly Parton's Imagination Library. We also work with area partners to promote Healthcare, Community Development, Tourism, Agri-Business and so much more.

The Genesis Group remains focused on the community's agenda. Our Volunteers are taking action, achieving results and making a difference. I invite you to join us, and I encourage you to stay connected!



Summer Woo

### Local Student Chosen to Attend 'Students Inside Albany Program'

The 24th annual Students Inside Albany program will take place from May 19-22 and will bring 60 students from across the state to Albany to get a first-hand education about their state government. The program is designed to increase high school students' awareness of their responsibility in representative government and provide information about the tools necessary for meeting that responsibility.

Students will participate in a series of interactive lectures on topics such as the state budget process, the role of lobbyists in the legislative process, citizen rights to access government information, the role of media in politics, and the move to reform state government. While in Albany, the students will have an opportunity to tour the state's Capitol. The highlight for most students is the opportunity to shadow their Senators and their Assemblymember for an afternoon attending session on the Chamber floors.

The Utica Rome Metro chapter of the League of Women Voters has selected Proctor High School senior Summer Woo as the 2024 Students Inside Albany Conference winner. This prestigious honor recognizes Summer's outstanding achievements and leadership at Proctor High.

As a senior, Summer serves as President of the National Honor Society and is a member of the track team, qualifying as a discus thrower. She plays in the school band, interns at the Oneida County District Attorney's office, and participates in drama as an actor. Summer is also an anchor for the "Good Morning Proctor" school news show.

After graduation, Summer plans to pursue an undergraduate degree in communications with aspirations of attending law school and becoming a judge or politician. Her diverse interests and activities demonstrate Summer's well-roundedness and commitment to community engagement.

The Students Inside Albany Conference will provide an invaluable opportunity for this ambitious, civic-minded student to gain firsthand experience with state government and the legislative process. We are thrilled that the Utica Rome Metro chapter has selected such a promising young leader as their 2024 representative.



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### NHFD News

Your New Hartford Volunteer Fire Department responded to 91alarms during the month of February 2024. The monthly call report is listed below by category.

- Fires = 2
- EMS = 40
- Hazardous = 2
- Service Type = 21
- Good Intent = 6
- Other Alarms = 19
- Weather Related = 1
- Other = 0



Total Calls for the Month of February 2024 = 91.  
Of the 91 alarms, 78 were in the town and 12 were in the village with 1 mutual aid alarm.  
This brings the total alarms for the year to 205.

Some of the calls listed above - such as Fires, EMS, and Hazardous - are self-explanatory. Others such as Service, Good Intent and Other Alarms are not. Service Calls includes water or animal problems, public assistance or standbys. Good Intent refers to responding but did not find anything or canceled in route. Other alarms include explosions, carbon monoxide, smoke or sprinkler detector activations.

The figures above do not include other activities by members of the department such as Fire Prevention details, training, parades, Open House and other various department committee meetings that take place throughout the year.

### NHFD Recruit NY Open House

The New Hartford Volunteer Fire Department will host its annual Recruit NY Open House event on Saturday, April 13, 2024 at the fire station at 4 Oxford Road. The open house will run from 10:00am to 2:00pm.

The open house features educational opportunities in CPR, AED training, fire extinguisher training, various displays, and station and apparatus tours. This is a great opportunity to see what the New Hartford Volunteer Fire Department and the fire service has to offer for volunteer members within the village and town of New Hartford. There are all kinds of different opportunities depending on your interests.

The department has training every Tuesday night on all aspects of the fire

service. In addition to the training, there is a wide variety of community events and committees such as the Memorial Day Parade, the Fire Truck Spectacular, the 9/11 Memorial Walk, Believe – A Magical Christmas in the Park, Fire Prevention programs and many others to be a part of throughout the year.

Stop by The Open House and see what the future may hold for you in the volunteer fire service.

You can always visit our web site at: [www.nhfd.com](http://www.nhfd.com).



## SAVE THE DATE

# New Hartford Memorial Day Parade And NHFD Open House

## Monday, May 27, 2024

*Sponsored By:*

- The New Hartford Volunteer Fire Department*
- The Village of New Hartford*
- The New Hartford Chamber of Commerce*
- And Richard Sherman, Highway Superintendent*

Schedule your Appointment Today

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### 70th Anniversary Celebration planned for The Arc, Oneida-Lewis

The Arc, Oneida-Lewis Chapter, is delighted to announce its 70th Anniversary Gala fundraising event on Friday, April 19th, at Hart's Hill Inn in Whitesboro. Established in 1954 by parents advocating for equal treatment and opportunities for their children with developmental disabilities, The Arc has since evolved into a premier provider of opportunity, inclusivity, programs and services. Today, The Arc supports 1,400 people across 50 locations spanning two counties.

The 70th Anniversary Gala will honor esteemed individuals who have contributed significantly to The Arc's mission, including longstanding board members Dr. Jack Kowalczyk and Ruth Ridgway and devoted community supporter Dr. Randy VanWagoner, President of Mohawk Valley Community College. Guests will enjoy delicious food stations, entertainment, a photo booth provided by Allie's Celfie Central, cigars, spirits, and the opportunity to win remarkable prizes in the basket raffle and silent auction. Additionally, artwork from The Arc's Fine Arc program will be showcased and available for purchase.

"This celebration is a testament to our rich history and shines a light on our promising future," said Arc CEO Karen Korotzer. "Support for this event is essential to sustaining The Arc's success and commitment to serving our local community. Every dollar raised directly contributes to enhancing our programs and services."

Tickets and sponsorship details for The Arc's 70th Anniversary Gala can now be accessed and purchased via their website, [thearcolc.org](http://thearcolc.org). Guests are encouraged to take advantage of a twenty-five-dollar discount on ticket purchases for couples. For further inquiries, please reach out to [arcpr@thearcolc.org](mailto:arcpr@thearcolc.org) or call 315-927-0140.

### Water Safari Resort Looking to Hire Over 200 Positions for Summer 2024

Gross Pay starting at \$600 for a Full Work Week.

Water Safari Resort is now hiring for all positions for the Summer of 2024. In person and Zoom Interviews are underway and the Human Resources team encourages those looking for a summer job NOT to wait and to apply now to secure a position. There are many positions available at the Enchanted Forest Water Safari, Calypso's Cove, Old Forge Camping Resort, and Water's Edge Inn. Over 200 job positions are available in all departments this summer including food service, water rides, retail, reservations, housekeeping, plus many more. Several specialty, management and year round positions are also available. Water Safari offers free lifeguard training for those ages 15+ who are interested in applying to become a lifeguard. For Herkimer County residents there is a bus available to Water Safari each day through the Herkimer County Youth Bureau and Lewis County provides public transportation to Old Forge/Water Safari each day in the summer. Enchanted Forest Water Safari is a themed, seasonal water park, Calypso's Cove is a seasonal family fun park, Old Forge Camping Resort is a year-round campground, and Water's Edge Inn is a year-round hotel. There are openings for a variety of summer work schedules, both full and part-time, which include weekends and holidays from mid-June through Labor Day. Old Forge Camping Resort and the Water's Edge Inn have several job openings from spring through fall.

Water Safari Resort is hiring ages 16 and up. (There are limited positions for ages 14 & 15) There are also immediate full-time, year-round job openings posted. There are many great team member benefits from working at Water Safari Resort including opportunities for advancement, learning lifelong career skills, making new friends, as well as many other on-the-job perks and free admission tickets for friends or family. There are a variety of positions that are ideal for someone looking for their first job, a retired individual, or anyone in between looking for a fun summer job and extra spending money. "We are excited to kick-off the 2024 hiring season at Water Safari Resort," says Larisa Nowicki, Human Resources Manager. "We have many jobs available for this summer and strongly encourage applicants to apply early. Some departments are already filling up. With the minimum wage increasing to \$15 per hour, this is a great opportunity for today's youth to gross \$600 for a 40 hour work week and to begin gaining valuable work experience now."

To view available positions and apply online, visit <https://www.watersafari.com/jobs/>

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Victor Fariello Jr.

# ANTIQUE TALK

## “From the Mailbag”

**Q.** I have a set of Schultz & Dooley beer steins that I bought at an estate sale several years ago. I know they are not the original issues but I think they are of the older variety. The markings on the bottom are “Webco Made in Germany” and then printed are the words “Schmetzer Inc. Selected Imports New York” Can you give me any information on them and possible value?

**A.** You are the owner of what is known as the “second generation” of the Schultz & Dooley steins. These were produced between 1960-64. They are obviously the next best thing to having the originals from 1959 that are very scarce and highly coveted. I would value your set at between \$300-400, although an avid collector might be willing to pay even more.

**Q.** One of my prized possessions is this small opalescent blue footed glass bowl that was given to me by my grandmother. It has a marking of an underlined “N” on the bottom. I would never part with it but I’m curious about its value?

**A.** Your lovely piece is called a Rose Bowl and the marking is that of the Northwood Glass Co. The pattern is called beaded drape. Although the values for collectible glassware are currently depressed due to economic conditions, I would value your piece at \$100. It is certain to increase in value as time goes on.

**Q.** I have had this large glass jar with a metal lid for many years. It was handed down through the family. I’m not sure what its intended use was. It is 10 ½ inches high. Can you tell me anything about it and what it may be worth?

**A.** Your pressed glass piece is a Cracker Jar, a must have item in most Victorian homes. There are collectors who specialize in these. I would value your cracker jar at \$75.

Happy collecting!

## Join the Questers

The J. Schoolcraft Sherman #1519 Questers was organized in New Hartford in 2019. We hold monthly meetings on the first Monday of the month at the NH Library except in July and August. We are individuals interested in history, preservation, education and appreciation of antiques. You can check out the organization at [questers1944.org](http://questers1944.org). For more information on the New Hartford Questers and how to join, please email me at [vjfariello@gmail.com](mailto:vjfariello@gmail.com). We would be pleased to have you in our group!

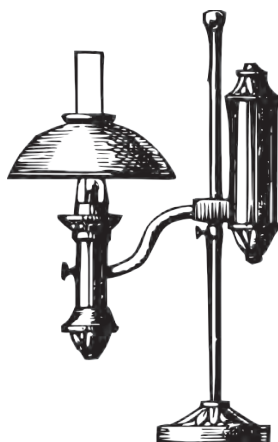
## Support the NH Historical Society!

Have you considered joining or renewing your membership in the NH Historical Society? Now would be a great time to do so. The cost is \$15 for an individual, \$20 for a family and \$5 for students. Make your check payable to ‘NH Historical Society’ and mail to PO Box 238, New Hartford, NY 13413. All donations are tax deductible. Your support would be greatly appreciated.

*Victor J. Fariello Jr. is a lifelong resident of New Hartford and has been a collector and dealer of antiques for many years. He is a past officer and member of the New Hartford Historical Society and is the President of the J. Schoolcraft Sherman Chapter #1519 of The Questers, an International organization for people who love antiques and have a commitment to preservation. Questions on anything related to antiques can be sent to him at PO Box 194, Washington Mills, NY 13479 or by email to [vjfariello@gmail.com](mailto:vjfariello@gmail.com). Any photos submitted will be returned upon request.*



A lovely antique rose bowl.



This Schultz & Dooley stein set is of the older variety and highly collectible.



A cracker jar was found in most Victorian homes.



# CONCERTS IN APRIL!

## Sundays, 3 PM

~ April 7 ~  
**Katie Garringer & Sar-Shalom Strong**  
 (Classical Oboe & Piano)

~ April 14 ~  
**Nick Piccininni**  
 (Folk)

~ April 21 ~  
**Kenneth Meyer**  
 (Classical Guitar)

~ April 28 ~  
**Half Moon Orchestra**  
 (String Orchestra)

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[newhartfordpresbyterian.org](http://newhartfordpresbyterian.org)



# Pickleball at the J.C.C.!



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Mondays, 5:30 - 8 p.m.,  
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Sundays, 8 - 10 a.m.

**Cost: Nonmembers: \$6**  
per person, per session  
**Members: \$4** per person,  
per session

### **\*\*Beginner Classes\*\***

**Mondays, 2:30 - 4:30 p.m., \$6/person**  
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**Where:** J.C.C. gymnasium   ◆   **Who:** 18 and over  
**\*\*All equipment provided!**

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# New Hartford Chamber of Commerce

## BECOME A MEMBER TODAY!

The New Hartford Chamber of Commerce  
P.O. Box 372  
New Hartford, NY 13413  
Tel: 315-796-1520  
[newhartfordchamber.com](http://newhartfordchamber.com)

Congratulations to Crystal Springs Golf & Event Center for becoming a recent member of the New Hartford Chamber of Commerce Tom Snizek and his team are doing wonderful things and it's our pleasure to highlight them.

The New Hartford Chamber will be hosting a Business After Hours in Mid-May at Crystal Spring Golf and Event Center.

The 9-hole "Crystal" course at the Crystal Springs facility is located at 6300 NY-5 in Vernon, New York featuring all the hallmarks of New York golf.

Renovations and additions have recently taken place such as adding a kitchen, on-course tiki hut, driving range, and party pavilion. Their vision is to continue to grow and fulfill the dreams and aspirations envisioned by Fred and Janet of making "The Spa" a great place to play golf and relax with friends in a bucolic, country setting.

They can be reached at (315) 829-3210.



Presenting Tom with his membership plaque



APRIL FOOLS' DAY  
**Meatloaf Cupcakes**  
 courtneyssweets.com

### April Fools' Meatloaf Cupcakes

<https://www.courtneyssweets.com/april-fools-meatloaf-cupcakes/#recipe>

April Fools' Meatloaf Cupcakes have been a yearly tradition in our house. Make our easy meatloaf cupcakes recipe that has a meatloaf cupcake and mashed potato buttercream.

Prep Time: 15minutes minutes  
 Cook Time: 45minutes minutes  
 Total Time: 1hour hour Servings:

#### Ingredients

- 1 1/2 lb lean ground beef
- 2 eggs
- 1/2 small onion, chopped, sautéed with a little olive oil.
- 1/2 cup milk
- 1 piece of whole wheat bread, broken up into little pieces
- 1/8 cup ketchup
- 1 teaspoon dried parsley
- 1 teaspoon garlic salt
- 1/4 teaspoon cumin
- 1/8 teaspoon pepper
- 1/8 teaspoon salt
- (for the top, 1/3 cup ketchup, 1 teaspoon mustard, 1 teaspoon brown sugar, 1 teaspoon worcestershire sauce)

#### Mashed Potato "Buttercream"

- 3 large red potatoes
- 1/2-3/4 cup milk
- 1 tsp salt
- 2 tablespoons butter

#### Cooking Instructions

##### Meatloaf:

Pre-heat oven 350.  
 Mix all ingredients by hand, do not over mix.  
 Roll meatloaf into giant meatballs, and try to form into the cupcake liners, remember they shrink!  
 Baste the top with the ketchup mixture.  
 Bake for 30-45 minutes.

##### Buttercream:

Peel and chop the potatoes and bring to a boil in a large pot.  
 Once the potatoes are done add them to your stand mixer bowl along with the butter, and salt.  
 Mix at medium speed until potatoes are broken up, then slowly add the milk.  
 Add more milk if needed for desired consistency.  
 Once potatoes are semi-cooled add them to a piping bag with tip of your choice, and top the meatloaf cupcakes.

##### Optional:

We like to stuff ours with little mozzarella balls or cubes of cheddar!

# Runway

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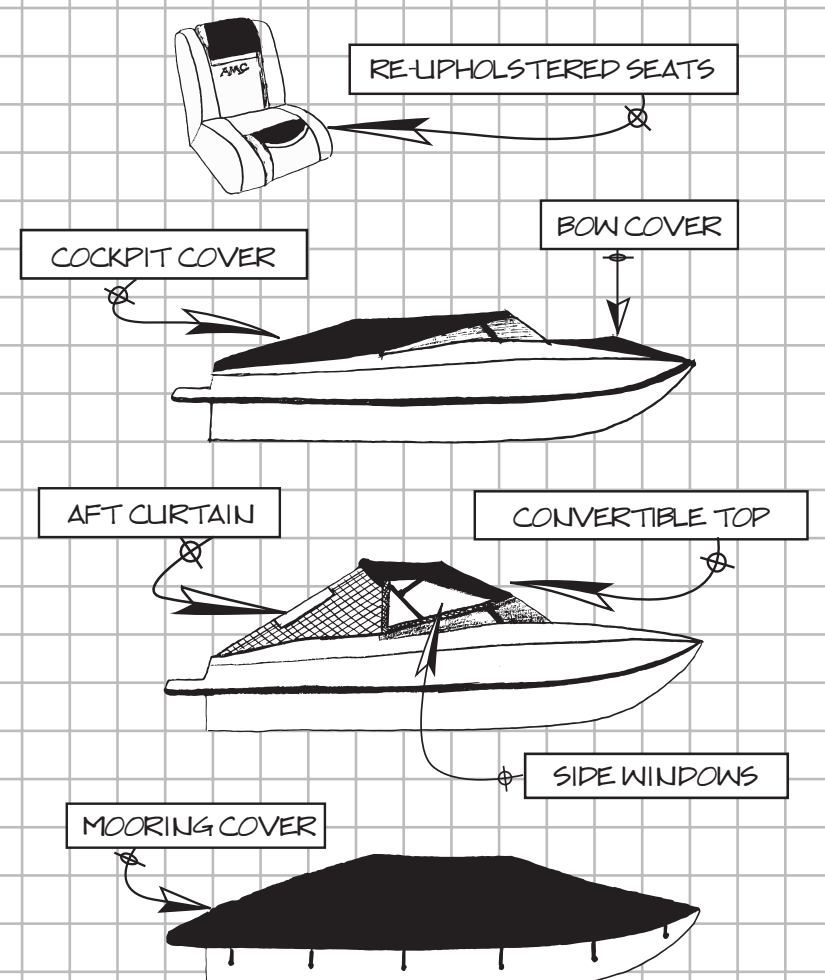



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**TREAT YOUR FRIENDS TO SOME BROWN - E'S!**



Shanghai Quartet 2  
Photo Credit Sophie Zhai

Is celebrated on April 1st each year

Some believe that April Fools' Day started from old parties celebrating the start of spring.

April Fish refers to the tradition of pinning paper fish on people's backs as a prank on April Fools' Day.

**HELLO SPRING**

**APRIL FOOLS' DAY FUN FACTS**

The Tower of London once pranked, claiming it was leaning, alarming many.

In 1985, Sports Illustrated published a story about a fictional baseball pitcher

In 1957 the BBC aired a fake documentary about spaghetti trees, convincing viewers that spaghetti grew on trees

In 1996, Taco Bell caused a stir with a full-page newspaper ad claiming they bought the Liberty Bell.

France's calendar moved New Year's from April 1st to January 1st. Leading to playful pranks on those who still celebrated in April

During the Holi festival, coinciding with April Fools' Day, Hindus play playful pranks and practical jokes.

The Bible's Proverbs mention April Fools' Day, cautioning against playing tricks on others.

**NEW YEAR**

**HOLY BIBLE**

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**Chamber Music Society of Utica presents SHANGHAI QUARTET Sunday, April 7, 2024**

SHANGHAI QUARTET performs Sunday, April 7, 2024, 2:30 pm, at MUNSON Auditorium, 310 Genesee Street, Utica NY. Their program includes works by Franz Joseph Haydn, Zhou Long and Edvard Grieg. This concert will be live streamed via the Chamber Music Society of Utica (CMSU) website: [www.uticachambermusic.org](http://www.uticachambermusic.org).

For the live concert: General Admission \$25; Free Admission for Students with ID, Teens and Children. Cash, Check or Credit Cards accepted. COVID protocols: Masks are optional and distanced seating is available.

For the live stream: log on to the CMSU website [www.uticachambermusic.org](http://www.uticachambermusic.org) at 2:15 PM to confirm system compatibility before the performance begins. Suggested \$25 donation for viewers without a CMSU subscription or pay what you are able.

Over the past forty years the Shanghai Quartet has become one of the world's foremost chamber ensembles. The Shanghai's elegant style, impressive technique, and emotional breadth allow the group to move seamlessly between masterpieces of Western music, traditional Chinese folk music, and cutting-edge contemporary works. Formed at the Shanghai Conservatory in 1983, soon after the end of China's harrowing Cultural Revolution, the group came to the United States to complete its studies. The Quartet was based in the United States for over thirty years before returning to China in 2020 to serve as the inaugural quartet-in-residence for the Tianjin Juilliard School. They maintain a robust global touring schedule at leading chamber music series throughout North America, Europe, and Asia.

Please see the quartet's website [www.shanghaiquartet.com/](http://www.shanghaiquartet.com/) for more information including bios of its distinguished members—Weigang Li, Violin; Angelo Xiang Yu, Violin; Honggang Li, Viola; and Nicholas Tzavaras, Cello—as well as video recordings of recent performances. You can also find a number of Shanghai Quartet's recordings on YouTube.

For information on this and all CMSU concerts phone 315-794-9741, or see the CMSU website: [www.uticachambermusic.org/](http://www.uticachambermusic.org/).

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## **WATER DAMAGE... FLOODED BASEMENT BURST PIPES, TOILET OVERFLOW, SUMP PUMP FAILURE...**

Disaster Services is a locally owned company serving the Oneida County and surrounding areas for over 40 years. We will answer your phone call and do not use voice prompts, answering services or machines. In your time of need when you need answers we are there. In 90 minutes or less of Disaster Services receiving your call we will respond to your home or business and accurately evaluate the damages and advise as to the most effective course of action to take. We use the latest technology including thermal imaging and all of our work is guaranteed. We offer direct billing to your insurance company or for non insured claims or general services, payment options are available.

### **SEWER AND DRAIN BACK UP:**

Sewer overflow or drain back-ups can present a more technical approach to the clean-up due to the contaminants involved. Porous, semi-porous building materials and contents will generally involve removal when affected by sewage while hard surface framing lumber can generally be cleaned and sanitized unless the travel of sewage requires removal of this lumber for proper cleaning. Disaster Services will handle all phases of this type job and guarantee professional results. We are proud to say we have handled hundreds of these losses with 100 percent client satisfaction.

### **NEW YORK STATE LICENSED MOLD REMEDICATION CONTRACTOR BASEMENT AND ATTIC MOLD:**

Disaster Services is a NYS licensed mold contractor and can evaluate and thoroughly explain the different removal options available to you and also help guide you after the mold has been removed with suggestions to avoid another occurrence. When required, we also offer air quality and testing services. Several factors can influence a mold growth in a basement or attic area. Basements with finished walls are susceptible to moisture intrusion at the ground level. Trapped moisture due to lack of air flow between the finished wall and the exterior foundation wall is an ideal environment to facilitate mold growth. A dark appearance showing on the face of the finished wall should be investigated further. Unfinished basement will typically show signs of mold growth at the base of the foundation spreading upwards over time. Although there are a few different reasons this particular area of the structure is problematic, ground water seepage along with lack of air flow and improper dehumidification are generally the cause.

### **CHOOSING THE RIGHT COMPANY:**

Choose a Water Damage Restoration Company That Can Do The Following:  
Can Offer a Full Line Of Services From Water Damage Mitigation To Mold Remediation So That The Home Owner Will Be Working With A Single Company.  
Responsive – Emergency or Non-Emergency Services. Your Call Will Be Answered Immediately- NO ANSWERING MACHINES  
Has Reputable 5 Star Local References.

Is Fully insured For Water Mitigation and Mold Remediation Services.  
Offers A Detailed Plan For Mitigation and Coordinates With Your Insurance Company.  
Knows How To Navigate The Insurance Claims Process With You.  
Uses The Latest State-of-the-Art Equipment And Techniques.  
Treats You, Your Home and Its Contents With Respect.  
Guarantees And Stands Behind All Of Their Work

### **BOTTOM LINE:**

Water damage can lead to expensive repairs. Most homeowners may never experience this and some more than once. There are several components involved in proper handling of these losses and most home owners and business owners will need proper guidance in this situation. This should include a timely response, a professional scope and evaluation of the damage, help to determine coverage and contacting the insurance carrier, immediately starting emergency services and guiding the homeowner through the mitigation and claims process. Disaster Services is a leader in our area in setting the bar for our industry in water, fire and mold damage. Read our reviews on Google or Facebook and keep our number handy by scanning the code to your phone and saving to your contacts. We are locally owned, not a franchise and work for the benefit of the homeowner. We personally answer all calls – 24/7- 365 days a year. Check out our web site below or visit us on Facebook.

Open your camera over the SCAN ME below, as a hand way to quick access for our contact information.

E-Mail: [disasterservices@adelphia.net](mailto:disasterservices@adelphia.net)

OFFICE...315-797-1128

Web Site: [www.disasterservices.us](http://www.disasterservices.us)

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SCAN ME



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Christopher J. Carbone

## Setting Goals: The First Step in Creating an Investment Plan

We plan our weekends. We plan our weddings, careers, and futures. Planning not only helps set us up for successful outcomes in the future but can also help immensely in the present. It helps us define and refine our goals, align tactics, proactively address risks, and chart our progress.

Too often, however, the planning that could be the most valuable is overlooked. The same people who would not dream of embarking on a two-week vacation to Italy without an hour-by-hour itinerary may have just a basic outline of a plan for their retirement, which could last 20 to 30 years.

What drives this disconnect?

Many of us are intimidated by the thought of putting our plans on paper. Others fail to grasp the value of the planning process. One common mistake is thinking your situation is very simple and straightforward so you don't need a plan.

This misconception can stem from a misunderstanding of exactly what constitutes a plan and an assumption that planning ought to be comprehensive enough to meet the needs of the rest of your life. Planning should meet you where you are and reflect your current situation. Your investment goals and your plan will evolve with you over time.

Effective plans are generally the ones that take your individual circumstances and those of your family into account. They should start with your goals and objectives and may encompass planning for investments, retirement, taxes, and wealth transfer.

As you map out your goals, consider the following:

- Are you thinking of starting a business?
- Are you exploring buying a second home or is there another big purchase that you would like to make at some point in the future?
- Do you want to travel extensively after you retire?
- Have you promised your children or grandchildren that you'll help pay for their college education or for them to study abroad?

• Do you need to build or rebuild an emergency fund for unforeseen expenses?

• Is there a community program or charitable cause you'd like to support more robustly?

One way to express your goals is to think of them as your own personal story that you are intending to write. For example:

"Now that I have my first grandchild, I'd like to save enough to help me comfortably retire so I can spend more time with my family. My spouse and I have had a lifelong dream of road tripping across the country once I retire. As we get older, I want to build up a savings fund for medical needs and start a legacy fund to help financially support my children and my grandchild."

Or:

"I am passionate about supporting local businesses and have a goal of opening my own restaurant that partners with local vendors. I want to have enough money to start the business while helping grow our nest egg in case we need to dip into it while we are starting out. If we're successful, I hope to expand the business by opening an additional location."

After identifying your goals, the next step is to understand how much money you will need for each goal. This information will help you determine your saving and investing priorities, your time horizon for each goal, and the amount of investment risk you're comfortable taking to achieve each goal.

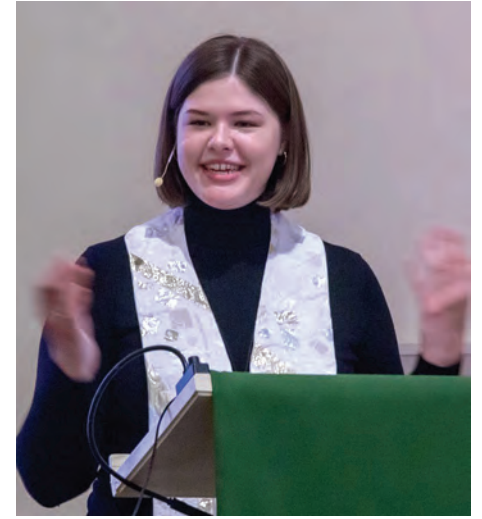
There's no one-size-fits-all answer to achieve each goal. Life throws curveballs and your priorities may change; however, people who have a plan may be more prepared for life's events and feel more comfortable that their goals will be met.

This article was written by/for Wells Fargo Advisors and provided courtesy of Christopher J. Carbone, CFP®, AWMA®, LUTCF® First Vice President - Investment Officer Financial Advisor in New Hartford, NY at (315) 723-7386

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## Ratliff Becomes Pastor of New Hartford Presbyterian Church

Rev. Hannah Ratliff, MDiv, has become the new pastor of New Hartford Presbyterian Church (NHPC) in New Hartford, New York.

A native of Prairie Village, Kansas, Ratliff holds a bachelor of arts degree from the University of Nebraska and a master of divinity degree from Columbia Theological Seminary. She has held positions at Shandon Presbyterian Church in Columbia, South Carolina and Ormewood Church in Atlanta, Georgia, and most recently was director of youth and children's ministry at Southminster Presbyterian Church in Prairie Village.

She was ordained a teaching elder of the Presbyterian Church (U.S.A.) at Village Presbyterian Church, her home church, in Prairie Village on February 25.

"Her position here at New Hartford will be Hannah's first solo pastorate and our committee and entire congregation could not be more excited and enthusiastic that she has chosen us to be her new church family," said Dominic Passalacqua, who chaired NHPC's Pastor Nominating Committee. "She was the unanimous choice of the committee and was approved unanimously by a congregational vote.

"A major factor that brought us together was Hannah's and NHPC's mutual commitment to being a Matthew 25 church, focusing on that Biblical chapter which makes it clear that what our church does and how it treats others matters to God," he said. "When we welcome others, we welcome Christ; when we bring people together who are divided, we are doing God's reconciling work.

"Nearly 1,200 Presbyterian congregations have embraced the Matthew 25 movement, helping our denomination become a more relevant presence worldwide," Passalacqua added.

"I'm delighted to grow in faith alongside the people of this community," said Ratliff. "It's an honor to take up this mantle and help this congregation discern where God is leading them."

New Hartford Presbyterian Church traces its roots to the early 1790s when it was organized initially as the First Religious Society of Whitestown, the municipality of which New Hartford was then a part. Its founders were briefly a Congregational Society, but joined the Presbyterian Church in 1801.

NHPC's church building at 45 Genesee Street is a landmark on the New Hartford village green and is the oldest public building in Oneida County. The congregation today blends the traditional with the contemporary and is comprised of individuals and families of all ages, from all walks of life, from communities across Central New York.

**For information on how to place a free article for your community event or local news, please call 315-723-4827 or email [towncrier@pjgreen.com](mailto:towncrier@pjgreen.com)**

**Our monthly paper is currently mailed to residents in the 13413 zip code. If you know someone who wishes to receive our publication, we will gladly add the address to our subscription list for a yearly fee of \$25. please mail a check to The Town Crier, PO Box 876, New Hartford, NY 13413.**

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 178 Woods Park Drive  
 Clinton, NY 13323  
 Direct: (315) 801-2546  
[christopher.carbone@wellsfargoadvisors.com](mailto:christopher.carbone@wellsfargoadvisors.com)  
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<https://www.thekitchn.com/matzo-icebox-cake-recipe-23136182>

## Matzo Icebox Cake

PREP TIME: 30 minutes to 35 minutes

SERVES: 16

### INGREDIENTS

#### FOR THE MILK CHOCOLATE GANACHE:

20 ounces milk chocolate, coarsely chopped (about 4 cups)

1 1/4 cups heavy cream

3/4 teaspoon kosher salt

#### FOR THE VANILLA WHIPPED CREAM:

1 quart (4 cups) cold heavy cream

3/4 cup powdered sugar

1 tablespoon vanilla extract

#### FOR THE MILK SOAK:

2 cups whole milk

1 (10-ounce) box matzo crackers (9 sheets)

### INSTRUCTIONS

**Make the ganache:** Coarsely chop 20 ounces milk chocolate (about 4 cups). Place in a large microwave-safe bowl and add 1 1/4 cups heavy cream and 3/4 teaspoon kosher salt. Microwave on high in 50-second bursts, whisking after each burst, until melted and smooth, about 2 bursts. Let cool to room temperature. (Alternatively, place the chocolate and salt in a large heat-proof bowl. Heat the cream in a small saucepan over medium heat until small bubbles form around the edges, then pour over the chocolate. Let sit for 1 minute, then whisk until smooth.)

**Make the whipped cream:** Place 1 quart cold heavy cream, 3/4 cup powdered sugar, and 1 tablespoon vanilla extract in the bowl of a stand mixer fitted with the whisk attachment. (Alternatively, place in a large bowl if using an electric hand mixer.) Beat on medium until medium peaks form, about 3 minutes.

**Make the milk soak:** Microwave 2 cups whole milk in a microwave-safe 2-cup glass measuring cup or medium bowl until warm to the touch, 1 1/2 to 2 minutes. (Alternatively, warm the milk in a small saucepan over medium heat). Pour into an 8 or 9-inch square baking dish.

**Assemble the cake:** Place 1 matzo in the milk, press it down with your fingers so it is completely submerged, and let soak for 30 seconds. Lift the matzo out, let the excess milk drip back into the dish, and place the matzo on a serving platter. Using an offset spatula or butter knife, spread about 1/3 cup of the ganache onto the soaked cracker, then spread with 3/4 cup of the whipped cream. Repeat soaking and layering the matzo with the ganache and whipped cream until you have only 1 matzo left. Soak this matzo and place it on top of the cake. Spread the remaining ganache on the matzo. You may have a little whipped cream leftover — lucky you.

**Refrigerate the cake:** Refrigerate the cake uncovered until the matzo is softened and turned almost cake-like, at least 8 and up to 24 hours. (At 8 hours, the matzo is mildly toothsome with a pleasant chew to it. At 24 hours, it will be softer.) Slice with a sharp knife and serve.

## Fun Holidays in April

- 1st - April Fool's Day
- 2nd - Children's Book Day
- 3rd - Chocolate Mousse Day
- 5th - Read A Road Map Day
- 6th - Caramel Popcorn Day
- 7th - No Housework Day
- 8th - Zoo Lover's Day
- 9th - National Unicorn Day
- 10th - National Siblings Day
- 11th - National Pet Day
- 12th - National Licorice Day
- 13th - Scrabble Day
- 14th - Dolphin Day
- 15th - National Banana Day
- 16th - National High Five Day
- 18th - National Haiku Poetry Day
- 19th - National Garlic Day
- 22nd - Earth Day
- 23rd - National Picnic Day
- 24th - Pig in a Blanket Day
- 25th - National Telephone Day
- 26th - National Pretzel Day
- 27th - Tell a Story Day
- 28th - Superhero Day

**Because the most important conversations can't wait.**

We're here for you. Having the talk about hospice and palliative care is difficult, but early planning is crucial to ensuring your loved one's comfort, support and care for a better quality of life and an eased burden on your family.

Let's start planning

**HOSPICE & Palliative Care**  
When you need us most.

315-735-6484 | [www.hospicecareinc.org](http://www.hospicecareinc.org)

# Caring...

it's not the hard part of caregiving.

## CAREGIVER SUPPORT GROUP

The Good News Center is hosting a FREE and open to the public monthly Caregiver Support Group, the third Monday of the month from 6-7:30 PM, facilitated by Susan Read, MS, RN. The group provides a source of emotional and social support and resources for those caring for a loved one.

Our support group offers self-care strategies and tools to reduce stress and enhance coping. We welcome adults, spouses, family members or friends in the caregiver role to attend. For those who prefer to do so, the program is also being offered virtually.

Please contact The Good News Center at 315-735-6210 Monday-Friday 8:30 AM-4:30 PM to register or email [info@thegoodnewscenter.org](mailto:info@thegoodnewscenter.org).

**Third Monday every month 6-7:30 PM** except holidays

**2024**

JANUARY 8 FEBRUARY 26 MARCH 25 APRIL 15  
MAY 20 JUNE 17 JULY 15 AUGUST 12 SEPTEMBER 16  
OCTOBER 21 NOVEMBER 18 DECEMBER 16

**The Good News Center**  
10475 Cosby Manor Road, Utica, NY 13502  
[thegoodnewscenter.org](http://thegoodnewscenter.org)

**Support and Networking**

**Stress Reduction Strategies**

**Resources and Programs Available for Caregivers**

**Share and listen to individual experiences**

**LOCATION**

The Good News Center  
10475 Cosby Manor Road  
Utica, NY 13502  
315-735-6210

REVISED 3/2024



### FIRST UNITED METHODIST CHURCH

105 Genesee Street, New Hartford (315)733-4227  
office@firstumconline.org Rev. David McKinney

#### Sunday Services:

10am Classic Worship  
Sunday School for children begins around 10:20.  
Adult Sunday school 11-12pm  
Sunday Youth Group 7-8pm  
Praise/Worship Services are the 3rd Wed. of each month.  
Light supper will begin at 5:30 and worship is from 6-7pm  
Our Church Building is open for in-person worship services  
Or watch our livestream service online at firstumconline.org  
Easily accessible building, sanctuary, and bathroom.

### ST. JOHN THE EVANGELIST CHURCH

66 Oxford Road - 315-732-8521 Rev. Msgr. James Lang  
Saturday: Vigil 5:15 p.m. Confessions 6:15pm  
Sunday Masses: 8am & 11am  
We are handicapped accessible!

### CROSSPOINT CHURCH

317 Oriskany Blvd, Whitesboro - 315-797-4520

Senior Pastor, Bobby Allen

#### Sunday Services:

8:30am – 9:00am Breakfast  
9:00am – 10:30am Study Groups  
10:30am – 12noon Worship Service  
Website: crosspointchurchonline.org  
Sunday Morning Services streamed live  
Pastor Bobby's message available at our website  
We are handicapped accessible!

### HOPE ALLIANCE CHURCH

4291 Middle Settlement Road, New Hartford  
General Office: 315-732-1349 Rev. Andy Ward, Pastor  
hopealliance4291@gmail.com www.hopealliancecny.com

Morning Worship: 9:30am  
Communion First Sunday of the Month.  
Fridays: Christian Service Brigade - 7pm  
Sundays: Jr. & Sr. High Youth Fellowship - 6pm  
Hope Alliance Church is handicapped accessible.

### ST. STEPHEN'S EPISCOPAL CHURCH

25 Oxford Road - 732-7462 (Parish & Rectory)  
ststephensepiscopalnhny@gmail.com  
Sunday Service of Holy Communion at 10am followed by fellowship  
Al-Anon Meetings: Sun. at 5pm & Thurs. at 5:30pm  
AA Meetings: Sundays at 8pm  
Yoga by Kristy: Tues. 5:30-7pm & Thurs. at 9:30-11am.  
more information can be found at www.rootdownwell.com  
EGA Meetings: 1st Friday of the Month  
St. Stephen's is handicapped accessible.

### IMMANUEL BAPTIST CHURCH

Pastor Fletcher Matlack  
9501 Weston Rd. (Next to Perry Jr. High), (315) 737-5222  
www.ibcfamily.com E-mail: info@ibcfamily.com  
Sunday Morning Worship Service 10:00 am  
Nursery, Preschool and Children's Worship hour: 10:00 am  
See our website for information regarding our Youth Group,  
Kids Club and other upcoming events.  
Church is handicapped accessible.

### NEW HARTFORD PRESBYTERIAN CHURCH

Rev. Hannah Ratliff, Pastor  
45 Genesee Street, NH 315-732-1139  
newhartfordpresbyterian.org  
office@newhartfordpresbyterian.org  
Motorized Lift for Handicap Accessibility  
Supervised Nursery Care Provided During Worship  
Sunday morning worship is held at 10:30 in the sanctuary  
and livestreamed on NHPC's Facebook page. Adult and  
Children's Sunday School classes precede worship and start  
at 9:30 each Sunday morning. The choir rehearses each Sunday  
at 9:10.

A fellowship/coffee hour for everyone follows the Sunday  
worship service.

April highlights will include a series of concerts on Sunday  
afternoons, all of which start at 3 p.m. and are free and open  
to the public. Artists are listed below.

Preparations will begin during April for the spring Rum-  
mage Sale which will take place from 9 a.m. until 3 p.m. on  
Thursday, May 9.

The New Hartford Presbyterian Nursery School will be  
closed April 22—26 for spring recess.

#### April activities:

4/1 - Day after Easter, Nursery School Closed  
4/3 - 10 a.m. Sew 'n Sews  
4/3 - 6 p.m. 4-H  
4/3 - 7 p.m. PEO  
4/7 - 3 p.m. Concert: Katie Martins (Oboe), Sar-Shalom  
Strong (Piano) Duet  
4/7 - 6 p.m. Girl Scouts  
4/10 - 10 a.m. Sew 'n Sews  
4/14 - 3 p.m. Concert: Nick Piccininni (Folk)  
4/17 - 10 a.m. Sew 'n Sews  
4/17 - 6 p.m. 4-H  
4/21 - 3 p.m. Concert: Kenneth Meyer (Classical Guitar)

4/24 - 10 a.m. Sew 'n Sews  
4/27 - 3 p.m. Hope House Meal Preparation  
4/27 - 4 p.m. Jam for Jesus  
4/28 - 3pm Concert: Half Moon Orchestra (String Orchestra)  
4/28 - 6 p.m. Girl Scouts

### MARY, MOTHER OF OUR SAVIOR PARISH

Business Office - 2 Barton Ave, Utica - 315-724-3155  
Our Lady of the Rosary Campus - 1736 Burrstone Rd. New  
Hartford  
Weekday Mass— Mon, Wed, Fri 8:00 AM  
Novena to Miraculous Medal of Mary Tuesday 7:00 PM  
Our Lady of Lourdes Campus - 2222 Genesee St. – Utica  
Weekend Mass – Saturday 4:00 PM  
Sunday 8:30 & 10:30 AM

### SAUQUOIT VALLEY UNITED METHODIST CHURCH

Cor. Pinnacle Rd. & Mohawk St., Sauquoit  
Office: 315-737-7505 email: sauquoitvallyumc@aol.com  
Pastor: Robbin Harris  
Sunday Worship 11:30 a.m. (Nursery Care Available)  
Sunday School 9:30 a.m. For all ages.  
Handicapped Accessible

### FIRST BAPTIST CHURCH OF NH

7 Oxford Road - Office phone: 315-733-4570

firstbaptistnh@gmail.com

Rev. James Harrieff, Pastor

Virtual Service every Sunday at 9:30am  
on Facebook "First Baptist of New Hartford"  
Sunday Service - 9:30am  
Sunday School - 11:00am  
Handicapped Accessible. All are welcome.

### ST. GEORGE ORTHODOX CHURCH

350 Higby Road, New Hartford, 315-292-6682

Fr. George Goodge

Sun - 9am Matins, 10am Liturgy

Wed - 5:30pm Vespers

Bookstore hours: Open Sundays after Services.

### WESTMINSTER-MORIAH-OLIVET PRESBYTERIAN CHURCH

Interim Pastor Rev. Dr. Mark S. Caruana  
Choir Director Alan Frederick  
Worship service: Sunday 11am  
714 Washington St., Utica. 315-732-6518  
www.wmoutica.org pastor@wmoutica.org  
find us on Facebook  
Handicapped accessible

### NORWICH CORNERS CHRISTIAN CHURCH

10233 Roberts Road, Sauquoit 315-737-0757

Pastor Walter J. Wharram, Jr.

Sunday School - 9:00am

Sunday Morning Worship Service - 10:00am

Mid-Week Bible Study - Wednesdays 7pm

\*Sunday Sermons posted to YouTube weekly

- Search 'Norwich Corners Christian Church'

### TRINITY LUTHERAN CHURCH

2620 Genesee St., Utica. (315)732-7869

churchoffice@trinitylutheranutica.com

9am - Sunday School & Adult Bible Study

10:30am - Worship is led by our Pastor, Peter Saie

Handicapped accessible.

### FIRST PRESBYTERIAN CHURCH

1605 Genesee St, Utica, NY 13501 | fpcutica@gmail.com

Sundays - 10:30 Worship Faith Enrichment for all ages

Coffee Hour following morning worship.

Handicapped Accessible

### STONE PRESBYTERIAN CHURCH

8 So. Park Row, Clinton. 315-853-2933

Scott Leonard, Commissioned Lay Pastor

Sunday service-10:30AM

www.stonepres.org. E-mail: stonepres@verizon.net

Handicapped Accessible

### CLINTON UNITED METHODIST CHURCH

105 Utica Road, Clinton www.clintonmethodist.org

Rev. Abel Roy Office Phone: 853-3358

Sunday Worship Service 9:30 AM

Sunday school during worship following children's time

### PLYMOUTH BETHESDA

### U.C.C./CORNERSTONE COMMUNITY CHURCH

500 Plant St. Utica (Oneida Sq. across from Dunkin')

Mike Ballman, Pastor www.cornerstoneutica.com

mike@cornerstoneutica.com

Sunday Mornings: 11am

### ZION LUTHERAN CHURCH

630 French Road, New Hartford

Interim Pastor William Preuss

Sunday Mornings at 10 AM

Al-Anon Meetings, Wednesdays at 12:30 PM

315-732-4110, office@zionluth.com

www.zionlutheranNy.org

Visit us on Facebook at:

Zion Lutheran Church, New Hartford, NY

### TABERNACLE BAPTIST CHURCH

13 Clark Place, Utica 315-735-7534

churchoffice@tbcutica.org www.tbcutica.org

Facebook: Tabernacle Baptist Church

We are together in our diversity! Come worship with us!

Saturday 6 p.m. Young Adult Worship & Study

Sunday 10 a.m. English Worship Service

Sunday 10:15 a.m. Sunday School for children in English  
and in Karen

Sunday 11:30 a.m. Karen Worship Service and 2nd-Hour  
Sunday School

Pastors Rev. Debbie Kelsey and Rev. Htee Gay

### BIBLE BAPTIST CHURCH

4431 Middle Settlement Rd., New Hartford, NY 13413

Brian Demers, Pastor

Sunday School for all ages: 9:30 a.m.

Sunday Morning Worship Service: 10:45 a.m.

Sunday Evening Bible Study: 5:00 p.m.

Wednesday Evening Bible Study and Kids4Truth Children's  
Program: 6:45 p.m.

Adult Sunday School Class - Adult Sunday School class for  
couples. Strengthening Your Marriage by Wayne Mack.  
Sunday School begins at 9:30. A safe and loving nursery is  
available as well as other classes for all ages - kids, teens,  
and adults.

Handicapped accessible. Nursery Provided.

www.biblebaptistchurchnewhartford.org

### REIMAGINED CHURCH

A Foursquare Gospel Church

1415 Sunset Ave. Utica, NY 13502. 315-797-7775

Robert Tanner, Pastor

Sunday: 10 am

### NEW LIFE APOSTOLIC CHURCH

3995 Oneida Street #4, New Hartford

315-736-1161 Facebook: NLAC4all

Paster Mark Waterman

Sunday School

Sunday Adult Services 10am

Wed Night Prayer 7-8pm

Thursday Evening Bible Study 7pm

### ST. MARGARET'S ECUMENICAL & RETREAT CENTER

47 Jordan Road, New Hartford stmargaretshouseny.org

Father John LaVoe, Chaplain

All are welcome! For more information or to register for any  
event, please call or email St. Margaret's: 315-724-2324 or  
info@stmargaretshouseny.org

#### On-Going Weekly Activities

Worship Services Wednesdays at Noon

Zoom and In-Person Worship Services - All Welcome!  
Please contact St. Margaret's for the information to join by  
Zoom.

**Wednesday Lunches at 12:30 PM** - Includes main, sides,  
salad, and dessert. Please make a reservation by the Friday  
before - Suggested donation \$13 per person

**It Takes a Village | Tuesdays from 2-5 PM** - Volunteer to  
help support community members at St. Margaret's Food  
Pantry at Grace Church. Call or email St. Margaret's to sign-  
up for one or more Tuesdays. If you would like to assist, but  
are unable to help on Tuesdays, perhaps consider donating  
toiletries, reusable bags, or shelf stable foods (canned veg-  
etables, coffee/filters, peanut butter, jam and jelly, canned  
fruits and meats, mayonnaise, pasta, and the like). Gift cards  
to Aldi's or BJ's are also appreciated. Thank you for your  
generosity and to the Episcopal Diocese of Central NY for  
supporting this program!

#### On-Going Monthly Activities

**Friends of Emmaus House Meetings** | 2nd Wednesdays  
at 10 AM at St. Margaret's. Join our group of volunteers  
who provide support to help meet the needs of the house &  
guests. This is done through donations, fundraisers, and our  
annual Open House. We meet monthly to determine needs  
and find solutions to those needs. New Members Welcome!  
**Grief Support Group** | 2nd Tuesdays from 6:30 to 8:00 PM  
St. Margaret's continues to host a peer facilitated grief sup-  
port group for anyone experiencing loss. New members are  
welcome to join.

**Scrabble Days** | 4th Wednesdays at 9:15 AM - Join our  
Scrabble group for monthly mornings of fun, coffee, and  
conversation.

**Monthly Dinners** | 3rd Wednesdays - Suggested Donation  
\$17 - Please make your reservation by the preceding Friday.  
Take Out at 5:30 PM and Dine In at 6 PM. April: Chicken &  
Broccoli Alfredo Dinner

#### Special Events

**Coffee, Conversation, and Coloring** | April 3rd at 1:30 PM  
Join The Reverend Deacon Jean Skinner for afternoons of  
coloring spiritual pictures while sipping coffee/tea and en-  
joying conversation in our library. Please consider bringing  
a few cans of food for our food pantry as a donation.

**Conversations with Father John LaVoe** | April 10th at 1:30  
PM - Join us for conversations about faith on 2nd Wednes-  
days in January, February, and April, hosted by Father John  
LaVoe.

**Earth Day Work Day** | April 22nd from 9:00 AM to 3:00  
PM - Join us on April 22nd to help with projects around the  
house and grounds, depending on the weather. Community  
members are welcome to come for part or all of the time as  
they are able. A simple lunch will be provided to all of our  
volunteers. Many thanks!

**THREE STEEPLES UNITED**

2817 Old State Route 12, Paris, NY 13456  
315-368-3416 threesteeples@gmail.com  
We offer services every Sunday at 10AM!  
Three Steeples is a Presbyterian-United Church of Christ hybrid that offers a traditional foundation for progressive thinking and growth and is open to engaging with all faiths. Three Steeples United is an inclusive and member-driven faith community of active individuals and families who connect with and care for their neighbors and one another through worship, education, and culture. We challenge ourselves and others to discern, embrace, and act upon a relevant understanding of Christ's message in today's world.



**UNITARIAN UNIVERSALIST CHURCH OF UTICA**

10 Higby Road, Utica 315-724-3179 uuutica.org  
Join us for Sunday service at 10:30 AM followed by Coffee Hour.

Also streaming on Zoom.

For details: uuutica.org

Minister: The Reverend Karen Brammer

April 7, Rev. Karen Brammer: "Living with the Question"  
In "Letters to a Young Poet" Rainer Maria Rilke wrote, "... have patience with everything that remains unsolved in your heart. Try to love the questions themselves, like locked rooms and like books written in a foreign language..."

I sometimes wrestle with and sometimes rest with this idea of having patience with the unresolved questions. What is the meaning of my life? What is ours to do in this world? How to navigate between patience with the questions and respond to the more immediate need to live in right relationship? We'll explore this together.

April 14, Chris Thomas returns as our guest singer and speaker.

Chris is a singer and dancer of the Onondaga Nation, Beaver Clan. He will sing social dance songs and talk about why the Haudenosaunee do these songs and dances. Chris travels throughout the United States and Canada performing and teaching about the culture.

April 21, Climate Action Team, "HOPE in an Age of Climate Chaos"

GRIEF, LOVE and HOPE are sisters. They are a precursor of ACTION. We will examine our GRIEF which is an outcome of our LOVE and learn specific reasons for HOPE.

We will gather at this Earth Day service to honor our love and our grief for Earth and all beings, knowing that as we do, we will be more prepared to act for change.

April 28, Rev. Karen Brammer: "Forgiveness"  
Forgiveness is one of the most challenging religious and spiritual precepts. Together we ask, "What does it mean? Why is it important? Are there ways to practice forgiveness while holding people accountable for wrong-doing?"



**TEMPLE EMANU-EL**

2710 Genesee Street, Utica, 315-724-4177  
teuticaoffice@gmail.com  
Rabbi Peter Schaktman  
Friday Evening Shabbat Services 6pm.  
All are Welcome

**TEMPLE BETH-EL**

1607 Genesee Street, Utica  
Rabbi Gustavo Geier  
In person and on zoom www.tbautica.org  
Fri night - 5:30pm  
Sat morning - 9:30am

**ZVI JACOB**

Orthodox Synagogue  
110 Memorial Parkway, Utica - 724-8357  
Services are held Saturday at 9am, and on holidays.  
Services may be held at other times if there is a minyan.  
Visit our website www.zvijacob.org. All are Welcome.

**THE JEWISH COMMUNITY CENTER**

2310 Oneida Street, Utica - 733-2343  
Provides programs for seniors and recreational activities for all ages. Open to people of all races, religions, and nationalities.



**BEIT SHALOM**

48 Franklin Square, Utica, NY 733-2867  
Rabbi: Stephen Galiley  
Friday Evening Shabbat Services: 7:00 pm  
Oneg Shabbat  
Beit Shalom is a Messianic Jewish Congregation.  
All are welcome!

# What's on the Seder Plate?

Although the history of the Seder goes back thousands of years, each item on the Seder Plate still has deep significance to our personal lives today.

**EGG**

Reminds us to **mourn** that we can no longer offer the **Korban Chagigah** (Holiday sacrifice) since we no longer have the Temple. An egg is a sign of **mourning** because it is round, symbolizing the cycle of life from birth to death.

We yearn for God to **redeem us from our present exile** so that we will be able to serve God in the most optimal way.

**LETTUCE**

A form of Marror. Lettuce is not always bitter, but **it can become hard and bitter** if left in the ground for too long before being harvested. This hardening process parallels the **transformation in attitude** that the Egyptians had toward the Jews: Just as lettuce starts out soft and ends up hard and bitter, so too, the Egyptians originally welcomed Jacob and the Jewish people to Egypt with open arms, but **later turned their backs on the Jewish people** and subjected them to backbreaking labor.

The lettuce reminds us to remain **loyal and appreciative** toward the people who help us. We should not be like the Egyptians and the lettuce, which are soft at first but later become hard and bitter.

**ROASTED BONE**

Reminds us of the **Korban Pesach** (Paschal Lamb) that was eaten at the seder in the times of the Temple. Since we no longer have our Temple, we can't offer the Korban Pesach any more, and we don't eat this meat, either.

The Korban Pesach was **roasted** because roasted meat is considered something eaten only by **royals**; poor people are more likely to just boil their meat. The Korban Pesach reminds us to celebrate that God elevated us from a nation of slaves to a **holy nation of royalty**. We are not just regular people, we are **children of the King!**

**CHAROSET**

A mixture of apples, cinnamon, nuts, and wine. Its appearance reminds us of the **bricks and mortar** the Jews used in Egypt.

We dip the bitter Marror into the Charoset to sweeten the bitterness of the Marror. This is a reminder that we can always find a **spark of goodness** and something to appreciate within every challenge we face in life. Every dark cloud has a silver lining.

**KARPAS**

A vegetable like celery or a potato. We dip the Karpas into **saltwater** to remind us of the **salty tears** the Jews shed from the backbreaking labor in Egypt.

When God saw the Jews' tears and heard their cries, God's mercy was aroused and He brought the Jews out of Egypt. The **Salty tears** therefore remind us of **God's tremendous mercy**, and the **power of prayer** to save us from even the most difficult of circumstances.

We dip the Karpas into saltwater

**HORSERADISH**

Reminds us of the **bitter enslavement** of our forefathers in Egypt. Many people eat **LETTUCE** (see above) for Marror instead of horseradish.



**Gospel Corner Café**

**Coffee House**

Fourth Friday of every Month at 6pm  
Free Music, Beverages & Finger Foods

**Have Lunch with us!**

Join us on Thursdays  
from 11:30am-1:30pm

All are welcome Free of charge

**Location**

Living Faith Bible Church  
2922 Pinnacle Rd Sauquoit  
315-737-5075



*Spring has Sprung!*

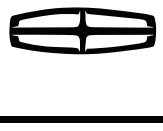
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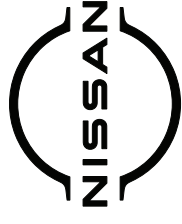
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