

### A DIVISION OF PJ GREEN INC.

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Vol. 39 No. 2 February 2025 Standard US Postage Paid Permit # 566 Utica NY







### Order Your Singing Valentine Now!

The quartets of the Mohawk Valley Chapter, Barbershop Harmony Society, are preparing for St. Valentine's Day and will be delivering Singing Valentines to sweethearts throughout the Mohawk Valley from Thursday, Feb. 13, through Saturday, Feb. 15.

The Singing Valentines' package includes two sweetheart songs-sung in Barbershop style, a personalized St. Valentine's Day card, a flower, and a small box of candy. The cost of the Singing Valentine begins at \$50.

The Singing Valentines program is one fundraiser that helps support the music programs of the chapter for community outreach.

For information and to order a Singing Valentine, call 315-269-4122 or 315-525-9621.





Conveniently located in Chanatry's Plaza 485 French Road, Utica BlueTruckWL@gmail.com 315-507-3444 f www.bluetruckwineandliquor.com

### **Attention Baseball Families!**

Registration is now open for all levels of New Hartford Youth Baseball (Little League, Minor A and B, and T-Ball). We are looking forward to a great season in 2025! Please visit www.newhartfordlittleleague. com for more information.





Sweetheart Special for Two! Dinner Comes with Appetizer, Rice, Side Salad and a Valentine Dessert! Choose Any 3 Meats (fillet available for an upcharge) Vegetarian & Gluten Free Choices as well

Vegetarian & Gluten Free Choices as well **f** 315-733-0257 • Call for Reservations



### JM Chubbuck Foundation Hosts 8th Annual CNY WING WARS Feb 1st

The Joseph Michael Chubbuck Foundation will host the 8th annual CNY Wing Wars noon to 3pm Saturday, Feb. 1, 2025, at Harts Hill Inn, 135 Clinton Street Whitesboro.

Participants include Tony's of New Hartford (Best Wing Celebrity Judges Choice 2024), Celtic Harp (Best Wing Public Vote 2024), Pizza Boys (Most Unique Wing Celebrity Judges Choice & Public Vote 2024), Hot Off The Brick, Piggy Pat's, Fratello's Pizzeria, Franco's of Whitesboro, Knuckleheads Brewhouse, Pizzeria Italia, The Crust Kitchen & Bar, Ray Brothers BBQ, and Utica BBQ.

After sampling all the wings, attendees will vote for "Best Wing" and "Most Unique Wing" alongside a panel of celebrity judges (Oneida County Sheriff Maciol, Senator Joe Griffo, Assemblywoman Maryanne Buttenschon, WKTV Jason Powles, Empire Plate's Bill Vinci, & WIBX Bill Keeler.

Admission is \$35 per ticket which includes (1) slice of pizza, (1) wing from each participant, and (1) free beer/ whiteclaw or soda (McCraith Beverage beer & white claw sponsor). The event is also promoted by WIBX and WKTV. Come and enjoy music by Majestic DJ, 50/50 raffle, and a Basket Raffle. Tickets on sale now at www.thejmcf.org under "Events" tab or by calling 315-339-5993 M-F (9am to 5pm). Only 200 tickets will be sold. Tickets will be sold at the door, if available.

Proceeds will assist CNY cancer patients in financial



assistance, the patient must be living in or having treatment in Oneida, Herkimer, Madison, & Onondaga Counties AND be currently in active treatment (having chemo, radiation, targeted therapy or surgery for cancer). The JMCF has assisted over 1500 cancer patients in CNY and is entering its 11th year of service. To learn more visit www.thejmcf.org.

## Angels Among Us Food Pantry Feb 8<sup>th</sup>, 22<sup>nd</sup>

Feb 8<sup>th</sup>, 22<sup>nd</sup> March 8<sup>th</sup>, 22<sup>nd</sup> • April 12<sup>th</sup>, 26<sup>th</sup> May 10<sup>th</sup>, 24<sup>th</sup> • June 14<sup>th</sup>, 28<sup>th</sup> July 12<sup>th</sup>, 26<sup>th</sup> • Aug 9<sup>th</sup>, 23<sup>rd</sup> Sept 13<sup>th</sup>, 27<sup>th</sup> • Oct 11<sup>th</sup>, 25<sup>th</sup> Nov 8<sup>th</sup>, 22<sup>nd</sup> • Dec 6<sup>th</sup>, 20<sup>th</sup>

### Hours of Operation: 10am - Noon

The food pantry is located at: St. John The Evangelist Church, 66 Oxford Rd, New Hartford, NY. Follow the signs to the driveway in the back during open hours. In the event of food emergency issues, please contact the St. John's rectory from 9AM to 2 PM Monday through Thursday at 315-732-8521.

Our pantry provides services to all residents of New Hartford (btw Rt 8 and Rt 12), Washington Mills, Chadwicks, Sauquoit, Cassville and Clayville.

If this is your first visit, please bring proof of address. If you do not have a permanent address, just come in. We will assist. If you are unsure of eligibility, just come in. We will assist.

We Are Looking For Volunteers!

### 2024 TEFAP Eligibility Income Guidelines\*

Based on Annual Incomes

Based on An	nual Incomes							
Household Size	Income							
1	\$33,885							
2	\$45,990							
3	\$58,095							
4	\$70,200							
5	\$82,305							
6	\$94,410							
7	\$106,515							
For Each Additional Person	\$12,105							
Add:								

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### Comedian Learnmore Jonasi of 'America's Got Talent' coming to MVCC

Comedian and actor Learnmore Jonasi will perform at Mohawk Valley Community College at 7 p.m. Thursday, Feb. 20, in Schafer Theater at the College's Utica Campus. Tickets are \$15 for the public, \$10 for MVCC employees, and free for MVCC students. Available at www.mvcc.edu/tickets.

Jonasi, a Zimbabwean stand-up comedian and actor, finished in the Top 5 in Season 19 of NBC's "America's Got Talent" in September. Standing over 6 feet tall, he brings his comedy to life with past experiences, observations, and his view (from the top!), which elicit rib-tickling laughs. In 2019, he won the National Arts Merit Awards as the Outstanding Comedian of the Year, the Savanna Comic Choice Awards as the Pan African Comic of the Year, and he was the People's Choice Award winner in Steve Harvey's Stand-Up Spotlight competition. In 2023, he was the winner of the Boston Comedy Festival and the audience-choice winner of the Jersey City Comedy Festival.

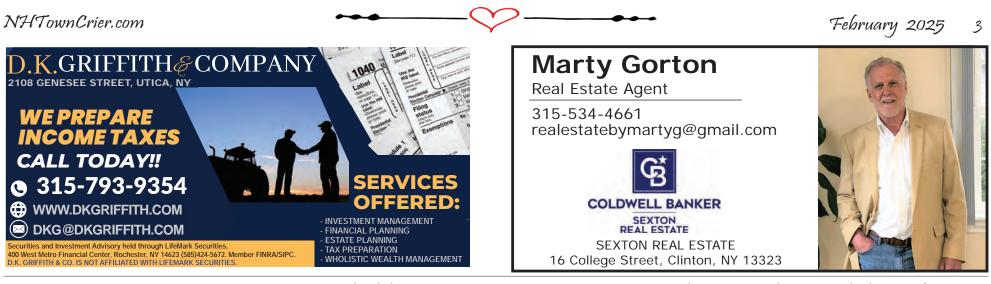
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need with gas, grocery, rent, utility bills, needed equipment/supplies, and transport. To apply for

Printed by: The Post Journal, Jamestown, NY Editor and Publisher: Kristi Zbytniewski; P.J.Green Inc.





### 6 Ways Furniture Can Enhance Your Space

Furniture is more than just a necessity—it's the secret ingredient that brings a room to life, subtly weaving together functionality, comfort, and personality. Whether you're working with a minimalist aesthetic or love a little more flair, the right furniture can completely transform a space. Here are six ways you can enhance your home with furniture—without sacrificing style for comfort.

### 1. Create Balance with Proportions

In any room, the relationship between furniture and space is key to achieving balance. It's not about cramming in as many pieces as possible; it's about finding harmony between scale, proportion, and the size of the room itself. Large, bulky furniture can dwarf a small room, while petite pieces might feel lost in a spacious area. A sectional sofa in a large living room or a compact dining table in a cozy nook creates a sense of balance that ensures your space feels both functional and visually appealing. The trick is to play with the proportions—add a statement piece like an oversized chair or a tall bookshelf to complement the scale of the room and anchor the space with elegance.

### 2. Define Zones with Multi-Functional Furniture

In open-concept spaces or smaller apartments, furniture can serve as a clever tool to define different "zones" within a room. Imagine a sleek console table or bookshelf that doubles as a divider between the living area and dining nook, or an elegant ottoman that serves both as extra seating and a coffee table. Multi-functional furniture not only helps maximize the potential of a space but also adds an element of practicality without cluttering the room. A stylish modular sofa that can be rearranged depending on the occasion or a coffee table that opens to reveal hidden storage are perfect examples of how furniture can serve dual purposes while keeping your space streamlined



and stylish.

3. Add Personality with Color and Pattern

Color is the fastest way to infuse a space with energy, and furniture is your canvas. Whether it's a bold velvet armchair in jewel tones, a patterned rug that pulls the room together, or a sleek desk in a striking matte black, furniture provides an opportunity to bring pops of color and personality into your design. If you're a little hesitant to commit to loud colors, start with accent pieces—think chairs, throw pillows, or a statement light fixture. Not only will these pieces elevate your design, but they'll also add a sense of fun and character into the room, transforming it from merely functional to a space that feels curated and lived in.

### 4. Layer with Texture

Incorporating different textures through furniture can elevate a space from basic to breathtaking. Contrast is key—think a smooth Hancock & Moore leather armchair paired with a plush velvet throw, or a sleek marble coffee table set against a soft wool rug. Mixing materials like wood, metal, fabric, and glass creates an intriguing, multi-dimensional atmosphere that draws the eye and invites touch. A well-placed textured piece—perhaps a rattan side table, a linen-upholstered sofa, or a woven throw—adds both warmth and depth to a room, making it feel rich and inviting.

### 5. Embrace Unique or Custom Pieces

There's something undeniably special about furniture that's one-of-a-kind or tailored to your exact specifications. Unique or custom furniture pieces add a sense of individuality to a space, reflecting your personality in a way that mass-produced items often can't. Whether it's a custom- designed wooden bookshelf, accent chair or a dining table, these pieces become the heart of a room, sparking conversation and bringing a distinct flair to the space. Not only do they add visual interest, but custom furniture also ensures you get exactly what you need in terms of size, style, and comfort—creating a cohesive, personalized space that's truly yours.

### 6. Add a Touch of Luxe with Statement Furniture

Sometimes, all a room needs is a stunning, standout piece to elevate its entire vibe. Enter statement furniture. Think of a sculptural coffee table, an extravagant chandelier, or a showstopping velvet sofa. These eyecatching pieces have the power to completely transform a space, creating a focal point that adds drama, sophistication, and intrigue. The beauty of statement furniture is that it doesn't require much else to make an impact. It acts as the room's centerpiece, setting the tone for the entire space. Just be sure to balance bold pieces with more understated furniture to keep the room feeling cohesive rather than overwhelmed by statement items.

In the end, the way you choose to enhance your space with furniture that reflects your own style and creativity. Furniture has an incredible power to influence the mood and function of a room. With a little creativity, thoughtful selection, and an eye for detail, you can elevate any space from ordinary to extraordinary. The possibilities are endless. The best way to achieve satisfaction effortlessly is to work with a professional. Grace Furniture offers complimentary design services seven days a week. Our showroom hours are Monday 9am-7pm, Tuesday 9am - 5pm, Wednesday 9am-5pm, Thursday 9am - 5pm, Friday 9am-7pm, Saturday 9am-5pm & Sunday 12-4pm. Call us (315) 735-0732. Written by; Cassie Grace Miles, 4th generation steward of Grace Furniture, a family-owned business since 1940, on River Road, in Marcy, NY. Cassie received her BFA in Design from The Fashion Institute of Technology in Manhattan and continued her career in design, managing luxury furniture showrooms in the world renowned Miami Design District, along with additional world class hospitality training at 5-star hotels.



NYS Approved Defensive Driving Course Offered

New York State approved defensive drivers course for insurance and point reduction program to be given by AARP on Tuesday, Feb 18<sup>th</sup> New Hartford Public Library from 9am to 3:30pm. For registration and other

# Cartier

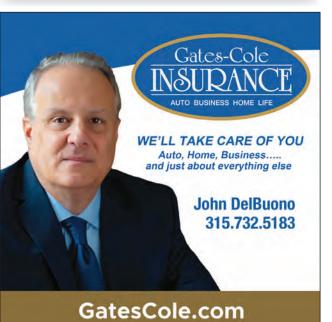
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information please contact Mary Merritt at (315)724-0096. Call early classes fill up fast. pen to all ages.







Lockwood (left) and Darrow provide occupational therapy services for maternal health, infant development, and pelvic floor rehabilitation.

### Sitrin to Offer New Postpartum and Play Class

Becoming a mother is wonderful... and, at times, difficult.

For those new moms with questions and may be feeling a bit overwhelmed, help is on the way.

Realizing the growing need for maternal and infant wellness support in the community, Sitrin's Outpatient Rehabilitation Facility will now offer a Postpartum and Play class. This class is a 7-week mother and baby series supporting recovery, infant development, and the transition into motherhood. It is specially designed for mothers and babies from birth to six months old.

Each week, there will be a different topic covered for both mom and baby. Some of the topics for mom include breathing patterns and techniques, mental health, and return to exercise. For the baby, topics include bottle and breastfeeding, introducing solids, and teething.

This class is part of Sitrin's Maternal Health and Infant Wellness Program which is designed to make the transition from pregnancy into motherhood and beyond more manageable for all moms. Led by specially trained occupational therapists, Sitrin's team uses a holistic approach, ensuring individuals receive the tailored help they deserve.

Elizabeth A. Lockwood, MS, OTR/L, provides emotional and physical support for women experiencing difficulty with self-care, difficulty bonding with baby, and new or increased anxiety. As a Perinatal Mental Health Certified occupational therapist, Lockwood provides screening and guidance around Perinatal Mood and Anxiety disorders (conception to 1+ years postpartum).

Chelsea Darrow, MS, OTR/L, specializes in pelvic floor therapy to help individuals with a variety of pelvic health concerns. Certified in Pelvic Rehab Manual Assessment and Treatment Techniques, Darrow utilizes a whole-person approach, assessing an individual's posture, body mechanics, strength, and endurance. She is also a Pregnancy and Postpartum Corrective Exercise Specialist.

and grow, with the support of each other as well as from us," Darrow said. "Our personal experiences and struggles of motherhood inspired us to support others with their transition into becoming parents."

The first session will run April 2-May 21 from 11 am-12pm and will be held in Sitrin's Outpatient Rehabilitation building. The price for the full 7-week series is \$125.

The Postpartum and Play class is made possible through a generous grant from the Slocum-Dickson Foundation.

For more information or to register, please visit https://www.sitrin.com/wellness/ postpartum-and-play



### Jazz Dinner at Franca's: A Night of Jazz and Heritage

The Afro-American Heritage Association of Rome, NY presents "Jazz Dinner at Franca's" on February 2, 2025, from 4:00 pm to 6:00 pm at Franca's, located in Rome, NY. The special jazz dinner event celebrates African-American heritage and culture. The Black History Month theme for 2025 is African Americans and Labor. An Evening of Jazz and Traditional Cuisine

The event will feature a live jazz performance by the renowned Doc Woods Quartet. Guests will be treated to a traditional African-American dinner, showcasing the rich culinary heritage of the community.

About the Afro-American Heritage Association of Rome, NY

The Afro-American Heritage Association of Rome, NY is a non-profit organization dedicated to preserving and promoting African-American history, culture, and heritage in Rome, NY, and surrounding communities.

### **Event Details:**

### Jazz Dinner at Franca's Date: February 2, 2025

Time: 4:00 pm - 6:00 pm

### Location: Franca's, 260 W. Dominick Street, Rome, NY

Tickets - Presales only due to limited space: \$30 each. (Only 50 tickets will be sold) For more information, please contact Marilyn Hawkins at (678) 662-2126 or email us at aaha.romeny@gmail.com

"We want this class to be a place where moms and babies come together to learn

We look forward to sharing this special evening with you! The Afro-American Heritage Association of Rome, NY

lours By Design Inc. Deluxe Motorcoach Tours & Customized Tours for Pre-formed Groups Noah @ Sight & Sound Theatre, Pennsylvania ~ \$699 pp/do May 5-7 - Antique Auto Museum, Tour & Lunch at Mount Hope Estate, 2 Dinners, 2 B-fasts, Theater. There's Still Time to get on Board these **Exciting International Tours for 2025:** Splendid Scotland - May 9-17 Classic Italy by Rail - Oct. 20-29 (featuring Venice, Florence & Rome)

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### Pickleball at the Jewish Community Center Times, Skill Levels and Prices

### **Morning Sessions**

- Sunday Mornings 8 10 a.m.  $\geq$
- o Intermediate/Advanced (all welcome) \$6

### **Night Sessions**

- > Monday Nights 5:30-7:30 p.m. o Intermediate/Advanced (all welcome) \$6
- Thursday Nights 5:30 7:30 p.m.
- o Intermediate/Advanced (all welcome) \$6

### Afternoon Sessions

- > Monday Afternoons 2:30 4:30 p.m. o Intermediate (all welcome) \$5
- Tuesday Afternoons 2:30 4 p.m. o Intermediate (all welcome) \$5
- Wednesday Afternoons 2:30 4 p.m. o Intermediate (all welcome) \$5
- Thursday Afternoons 2:30 4:30 p.m. o Intermediate (all welcome) \$5
- Friday Afternoons 2:30 4:30 p.m. o \*Beginners\* (instructors on site) \$5

For more information, call (315) 733-2343 or email lindsay@jccutica.net 2310 Oneida St., Utica NY 13501 www.jccutica.net www.facebook.com/jccutica2310



### The B Sharp Musical Club Concert - Feb. 16th

The B Sharp Musical Club of Utica presents its second concert of the 2024-25 series on Sunday afternoon, February 16, 2025 at 3:00 pm. The event takes place in the Sinnott Family-Bank of Utica Auditorium at Munson.

Featured performers include vocalists Ying Wu and John Krause, clarinetist Eileen Allen, pianist Sar-Shalom Strong, violinist Claire Wilcox and flutist Elissa Murphy. Subtitled "A Winter Warmup," this varied program will feature a variety of musical selections. Three highlights include the Sonata for Clarinet and Piano by Camille Saint-Saëns, Ballade No. 1 in G minor for piano by Chopin, and "Send in the Clowns" by Stephen Sondheim. According to the members of the B Sharp Club, The Clarinet Sonata of Camille Saint-Saëns was written in 1921 as one of his last works, and is the second of the three sonatas that Saint-Saëns composed for wind instruments, the other two being his oboe sonata and bassoon sonata, both written the same year. These works were part of Saint-Saëns's efforts to expand the repertoire for instruments for which hardly any solo parts were written at the time, as he confided to a friend in a letter dated April 15, 1921: "At the moment I am concentrating my last reserves on giving rarely considered instruments the chance to be heard." Saint-Saëns dedicated the work to Auguste Périer, a professor at the Conservatoire de Paris.

Frédéric Chopin's Four Ballades are single-movement pieces for solo piano, composed between 1831 and 1842. They are considered to be some of the most important and challenging pieces in the standard piano repertoire. The Ballade No. 1 in G minor, Op. 23, was completed in 1835 in Paris. There are dramatic and dance-like elements in Chopin's ballades, which have a somewhat abstract musical form. The four ballades are said to have been inspired by a friend of Chopin's, poet Adam Mickiewicz.

"Send In the Clowns" is a poignant song written by Stephen Sondheim for the 1973 musical A Little Night Music, an adaptation of Ingmar Bergman's 1955 film Smiles of a Summer Night. It is a ballad from Act Two, in which the character Desirée reflects on the ironies and disappointments of her life. Among other things, she looks back on a love affair years earlier with a man who was deeply in love with her, but whose marriage proposals she had rejected. Meeting him again after so long, she realizes she is in love with him and finally ready to marry him, but now it is he who rejects her. The song has become a well-known standard, having been sung and recorded by numerous artists over the years.

Several other entertaining selections are included on the program as well. Admission to the concert is free and the public is welcome. Find out more about B Sharp Musical Club by visiting its Facebook page at B Sharp Music Club | Facebook.



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### Feb 15. 6-7:15Pm. \$75/couPle **CENTERSTAGE DANCE STUDIO**

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**NH Public Library** 2 Library Lane 315-733-1535 Monday and Tuesday 10am-8pm

**Closed on Wednesdays** Thursday and Friday 10am-6pm Saturday 10am-2pm Sunday 1-5pm **Curbside Pickup Remains an Option** 

### Weather Closures

Should the New Hartford Central School District close due to inclement weather, the Library will close as well. Notifications will be posted on WKTV, as well as on our website and social media platforms (Facebook and Instagram).

### **Stay Connected With Us!**

The most up to date information regarding closings, reopening, programs and crafts can be found on our website and on our Facebook and Instagram pages.

Website: www.newhartfordpubliclibrary.org Facebook:

www.facebook.com/newhartfordpubliclibrary Instagram: new\_hartford\_public\_library

### NHPL Board of Trustees 2025 Meeting

All meetings are held at 4:30 in the Sammon Room at the Library on the 3rd Wednesday of each month, unless otherwise designated.

Wednesday, January 15th \*Wednesday, February 12th (2nd Wednesday) Wednesday, March 19th Wednesday, April 16th Wednesday, May 21st Wednesday, June 18th \*Wednesday, August 6th (1st Wednesday) No July meeting Wednesday, September 17th Wednesday, October 15th \*Wednesday, December 3rd (1st Wednesday) No November meeting.

### Mid York Library System App

Did you know there's a NEW app for all your library needs? Download the Mid York Library System App from your app store to search our catalog, place holds, view your account, and even see what's happening at any Mid York library!



donated - a beautiful way to support our library while

**Community Outreach** 

We are hitting the road and would love to come to

your organization! Are you involved with a preschool,

daycare, summer program or assisted living center?

We would love to come to your organization and share

more about our upcoming programs, issue library

cards and provide programming to your facility. For more information, please contact our Library Director,

Literacy CNY

We have a volunteer at the Library each Tuesday

from 11:00am-2:00pm. Literacy CNY provides trained

individuals to assist patrons on a one-on-one basis.

They look forward to helping our community. We

greatly appreciate this service they are offering our

**Google Classes** 

LiteracyCNY & New Hartford Library will be hosting

workshops on Gmail & Google Drive in February &

March 2025. The series begins with Intro to Gmail:

Beginners on Thurs 2/13. On Thurs 2/20, they'll host

Exploring Gmail: Intermediate, this workshop is for

those who are not new to using Gmail. On Thurs, 2/27

will be Intro to Google Drive. Lastly, on Thurs 3/6, Exploring Google Drive: Intermediate, which goes

beyond the basics of using Google Drive. All workshops

are 10:30am-12pm. Registration is required. Contact:

LiteracyCNY Digital Literacy Coordinator Lydia

**Interested In Using Our** 

Window Display?

The display case at the Library's main entrance is

available without charge for community groups or

individuals to display works of art, collections or

educational displays. Exhibits must be in keeping with

the Library's mission to meet the educational, cultural

and recreational needs of the community. Exhibits may

not be for entrepreneurial or commercial purposes, for

the solicitation of business for profit or for fundraising.

Religious proselytizing and partisan political

recruitment are similarly prohibited. Applications for

the case are on a first come, first served basis and are

limited to one month, with displays also limited to one

per year per individual, group or organization. Exhibits

will be reviewed in advance before being displayed.

Applications for use of the case are available at the

Library's front desk. If you have any questions or are

interested in using the display, please call the Library

and ask to speak to our Display Case Coordinator,

Torres, (315)643-0282, Ltorres@LiteracyCNY.org.

bringing a little floral joy into your life!

Anne 315-733-1535.

patrons.

Thank you for your continued support!

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### Lego Club: From Book to Block

Back by popular demand...Lego Club!

Each month a passage from a book is read aloud from a pre-selected book. Using their imagination, children are asked to build what they see when visualizing that scene. This club meets on the 1st Saturday of the month at 11:00am.

The next meeting is February 1st in the Corasanti Room. (Geared for 7-12yrs)

### Park Passes Are Back!

Once again, the Friends of the New Hartford Public Library are supporting our Park Pass Program. Through their generosity, we will be allowing our patrons to check out the following park passes which will allow our patrons a discounted entry rate:

The Wild Center

Fort Rickey Children's Discovery Zoo

Adirondack Experience

Munson

Utica Zoo

Empire

Passes must be placed on adult library cards and must be returned to the New Hartford Public Library Circulation Desk. Please call 315-733-1535 for more information.

### **Community Rooms**

Community Rooms will be available for groups and organizations to use. You can find more information on our website (https://www.newhartfordpubliclibrary. org/reserve-a-room/), by calling 315-733-1535, or by visiting our Circulation Desk at the Library.

### **Book Clubs**

Are you interested in joining a book club, currently in a book club, or looking to start one? If your club needs to order books or if you are interested in starting a book club, please call the Library and ask to speak to our Book Club Coordinator, Danielle. 315-733-1535

>Ruth Anne Mystery Book Club reads mystery novels. They meet on the second Saturday of the month at 11am. For more information, please contact the library. >Wanderlust Book Club reads novels, ranging from current to historical. They meet on the first Thursday of the month. For more information, please contact the library.

>TBR Book Group: Are you on Facebook? Are you always looking for your next book? We have the perfect group for you. We have created a group called the To Be Read (TBR) Book Group where readers can comment what they're reading and look for suggestions for their next book. With over 100 members, you will never wonder what you should read next!

https://www.facebook.com/ Join here: groups/1532390520153487/

**Recycling Exhibit Planned for** 

**Chair Yoga Class** 

The new app allows you to log in with one or more Mid York library cards, search for items, place holds, see library locations, check out OverDrive books, read OverDrive books, check out OverDrive magazines, read OverDrive magazines, search and filter library programming, bring up a digital library card, and much more.

The app is available in the Apple App Store as well as the Google Play Store.

### We Have Exciting News!

Friends of the New Hartford Public Library has been selected once again as a nonprofit partner in the Hannaford Bloomin' 4 Good Program!

For the entire month of February 2025, your purchase of each specially marked Bloomin' 4 Good bouquet at Hannaford (4593 Commercial Drive, New Hartford, NY) will help support our Friends of the library programs. For every bouquet sold, \$1 will be

### February

Recycling exhibit planned for February

John. 315-733-1535

The Oneida-Herkimer Solid Waste Authority loves recycling, and you should too! Recycling helps save space in the Regional Landfill, creates jobs, conserves natural resources, and more! Find out what items you can recycle by visiting www.ohswa.org or www. amirecyclable.com. " An exhibit by the Authority about recycling will be featured in the display case at the main entrance to the New Hartford Public Library during the month of February.

### In Person Story Time

Mondays (group A), Tuesdays (group B) and Thursdays (group C) 10:30-11:00 for preschool aged children. Join us for stories and crafts. Aimed towards preschoolers - but all are welcome. An adult must accompany the child. All story times are held in the Children's Area/Corasanti room.

Join us on Monday and Friday mornings from 11:00 to 12:00 for Chair Yoga in the Sammon Room. There is no charge for this class.

### Senior Yoga Class

Senior Yoga takes place every Monday at 3:00 in the Sammon Room with Bill Skinner. For those wishing to participate at home, we do offer a Zoom link for this class. Please call 315-733-1535 to get the link. There is no charge for this class.

### The After Breast Cancer (ABC) Group

FOR FEBRUARY: Our February speaker is Susan Castilla. She will be talking about and showing essential oils, and how they work. Many times the essential oils work better than "popping pills". Susan is a community case manager, and a certified Holistic Health Coach. If you're interested in learning about

### NHTownCrier.com



February 2025 7

### Support the New Hartford Public Library with a membership in the Friends.

Become a Friend of the NHPL. Benefit the library with your assistance as needed. There is always a need!! Your membership also helps to financially assist the library in providing materials, programs and a variety of opportunities for our community.

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Membership is tax deductible. Please make checks payable to: Friends of the
New Hartford Public Library, 2 Library Lane, New Hartford, NY 13413

therapeutic grade essential oils, plan to join us on Saturday, February 1st at 11:00.

The ABC Group meets the 1st Saturday of each month at 11:00 am.

### Heritage Doll Club

The Heritage Doll Club meets on the third Saturday of the month at the New Hartford Public Library. Meetings are held every month except May, July, August and December, at the library beginning at 10:30 a.m. Interested guests and new members are welcome to attend.

### American Red Cross Community Blood Drive

The New Hartford Public Library will host a community blood drive with the American Red Cross on February 6th from 12:30-4:30 at the library.

For more information or to make an appointment to donate, call 315-733-1535 or sign up online at https://www.redcrossblood.org/give.html/driveresults?zipSponsor=NHPLibrary

"The New Hartford Public Library is committed to strengthening our community and helping meet hospital and patient needs through blood donations," said Anne DuRoss, Director. "This blood drive is our way of giving our community an opportunity to help save lives."

Blood is a perishable product that can only come from volunteer blood donors. With someone in the U.S. needing blood every two seconds, blood products must be constantly replenished, according to the Red Cross.

"We urge community members to donate blood and help ensure that patients in local hospitals have a supply of blood ready and waiting before an emergency occurs. There's no better feeling than knowing that your blood donation may give someone a second chance at life."

According to the Red Cross, donors with all blood types are needed, especially those with types O negative, A negative and B negative.

### From the Friends of the New Hartford Public Library

### **Used Books:**

Recently several boxes of used books donations have been left outside the doors or at book drops. They are of no use to anyone if damaged by Mother Nature - or a passing dog!!! Please drop them at the circulation desk. Check times we are open. This is a very popular fundraiser to benefit the library and YOU. We greatly appreciate your donations.

### Hannaford Bloomin' 4 Good Program

Thank you to Hannaford and to those who supported the library throughout the month of May with the purchase of a Bloomin' 4 Good Bouquet at Hannaford, Kellogg Road.

Hannaford has once again selected the library as a nonprofit partner in their program during February at their Commercial Drive store. The library receives \$1 for each especially marked bouquet.

# Non-Fiction Book Club

We would love to start a non-fiction book club but would like to gauge interest first! We have some suggested books, such as (but not limited to and not definite)

The People's History of the United States, Native Son, Black Reconstruction, and How to Hide and Empire.

We are thinking of starting this club in March if there's enough interest. Please call 315-733-1535 and let us know if you would be interested!

### HELP WANTED Bill Bonsted Indoor Miniature Golf Tournament: April 5<sup>th</sup> 10am - 2pm

There are only 9 holes due to the shortage of hours we are open but that didn't interfere with good times last year on the course. (Golf carts not provided!!!)

NEEDED: Hole designers - you'd be surprised as to what is in your imagination and your home! equipment managers, cashiers, donors and YOU. Be a part of this fun event. More info to follow.

### Mitten Tree Update

61 pairs of mittens, 18 neck warmers, 4 hats. WARM HANDS WARM HEARTS. Thank you to everyone who helped decorate the tree. They will be distributed to Thea Bowman House.

### Annette Barber Used Book Room

ACCEPT: hardbound and paperback books, magazines as well as records, DVDs, children's books, puzzles.

DO NOT ACCEPT: moldy/damaged books (WE have to throw them out!!!), textbooks, medical books, National Geographic Magazine, Reader's Digest, multi-volume book sets. No longer accepting audio cassettes, VHS tapes and computer games/books or CDs.

The library and community greatly appreciate your "gently" used books but please limit your donations to one box/bag at a time and drop them off at the circulation desk. DO NOT drop them off in the hallway, at drop boxes, or outside the door when the library is closed. Thank you.

Enjoy 25% off your



n ê Co. Jewelers.





Malio Cardarelli *Over the next several* months, we would like to share some of Malio Cardarelli's descriptions of artists who have appeared at the Stanley Theater.

# **Stanley Theatre Series** Marian Anderson, Singer 1897 - 1993

Born in Philadelphia on February 27, 1897, Marian Anderson early on displayed a singing talent as a member of her First Baptist Church choir. Because her family could not afford singing lessons, members of her church raised funds for that purpose. Early in her singing career, she performed at Carnegie Hall and with the assistance of a Julius Rosendale scholarship; she was able to display her singing talents on a tour of Europe. In the 1930s, invited by Franklin and Eleanor Roosevelt, she became the first African American to perform at the White House. Despite many difficulties because of her color, she overcame numerous barriers in her way, becoming the first African American to perform in 1955 as a member of the New York Metropolitan Opera. With respect to her appearance on the Stanley Theater stage that occurred with the help of Great Artist Series Director, Roland Chesley, who booked her to appear early in her career, 1936, when others denied her bookings because of her color. And it was written that Chesley, so taken with her performance and her difficulties, paid her more than the amount for which she was contracted. And it was Eleanor Roosevelt who arranged for her to sing at the Lincoln Memorial in Washington DC on Easter Sunday 1939 before an audience of 75,000, an event that was as much a musical performance as it was a civil rights occurance. Anderson died on April 8, 1993 in Portland, Oregon.



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### **NHFD** News

The month of December 2024 was once again a busy month for your New Hartford Volunteer Fire Department as indicated by the monthly alarm report listed below by category:

December 2024: Fires = 0 EMS = 49 Hazardous = 1 Service Type = 15 Good Intent = 10 Other Alarms = 29 Weather Related = 0 Other = 0



Total alarms for the Month of December 2024 = 104. Of the 104 alarms, 88 were in the Town, 15 in the Village and 1 mutual aid.

This brings the total number of alarms year-to-date through December 2024 to 1,219.

Below is a breakdown of the total number of alarms your NHFD answered in 2024:

- Total Calls for the Year 2024: Fires = 29
- EMS = 597
- Hazardous = 69
- Service Type = 164
- Good Intent = 93
- Other Alarms = 257
- Overpressure = 2
- Weather Related = 7
- Other = 1
- Total Calls for 2024 = 1,219

Of the 1,219 alarms, 1,1,038 were in the Town, 167 in the Village and 14 mutual aid.

Some of the calls listed above - such as Fires, EMS, and Hazardous - are self explanatory. Others such as Service, Good Intent and Other Alarms are not. Service Calls includes water or animal problems, public assistance or standbys. Good Intent refers to responding but did not find anything or canceled in route. Other alarms include explosions, carbon monoxide, smoke or sprinkler detector activations.

The figures above do not include other activities by members of the department such as Fire Prevention details, training, parades, Open House and other various department committee meetings that take place throughout the year.

### In Other Department News:

During the Installation of Officers for 2025, several awards were presented and positions announced. They are:

### **IRONMAN AWARD**

The William G. Martin" Ironman Award" is given to a deserving member of each of the town's three volunteer fire departments annually. This award, named in honor of Mr. Martin, a 40-year member of the New Hartford Volunteer Fire Department, was first presented to William Martin in 1991. The award recognizes the volunteer firefighter who is ever ready, ever willing, and ever present to serve the community. The recipient of this award has exemplified an outstanding dedication to service. The New Hartford Town Board recognizes the resolve, commitment, and genuine enthusiasm of this individual as an inspiration to all. This year's award was presented to Firefighter James F. Luley. This is the 33rd year that this award has been presented to an active and outstanding member of the department.



# EMERGENCY MEDICAL TECHNICIAN OF THE YEAR AWARD

NHFD established the William V. Kelly award in honor of a 39-year member who in 1927 established what would become today's "Emergency Medical Service (EMS) program. In his honor, NHFD annually recognizes members who go "above and beyond" the call of service to the fire department. This year's honoree is Firefighter and EMT Daniel J. Monahan.

### NHFD ROOKIE OF THE YEAR

NHFD established the "Rookie of the Year Award" to honor a firefighter who is within the first three years of their service. Although on a probation period (which covers the first three years of active service) the firefighter is reviewed annually. This award recognizes the new member who has gone above and beyond the service expected of a rookie firefighter. This year's award was presented to Firefighter and EMT Mikeal B. Hawkins.

### NHFD TRAINING AWARD

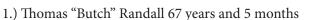
The Training Award recognizes the member who has participated in the most training hours for the year. This is combined hours of weekly fire schools and NYS training classes. This year's recipient is Firefighter EMT Christopher J. Chaffee.

### NHFD FIRE PREVENTION AWARD

The Fire Prevention Award recognizes the member who participated and had the most hours in community education on fire prevention. This is compiled of school fire prevention programs and displays, firehouse tours, and other community fire prevention events. This year's recipient is Firefighter Mark L. Schafer.

Years of Service pins were also presented:

5 Years John C.Jensen Sean D. Mahoney Thomas C. Mariano 10 Years Joshua C. Famolaro Michael J. Galligano, Jr. 15 Years Robert S. Cornish Mark F. Scatko Frank A. Scharf Jason T. Stallone 20 Years Andrew N. Hicks Kevin J. Monahan 25 Years Michael J. Galligano, Sr. Peter L. Rebisz Roy F. Schultz 30 Years Jeremey M. Spinella George W. Winn, Jr. 35 Years David P. Mazzatti James H. Monahan 40 Years



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- 2.) Chief Ed Hanley 65 years and 3 months
- 3.) Chief William Freiberger, III\* 60 years 9 months
- ed 4.) Chief David Reynolds\* 57 years and 10 months
  - 5.) Leslie Dean 53 years and 9 months
  - 6.) Chief Paul Lewis 52 years and 11 months
  - 7.) Harold Lewis 50 years and 8 months
  - 8.) William Randall\* 50 years and 6 months
  - 9.) George S. Glass, Jr.\*\* 49 years and 3 months
  - 10.) George W. Winn\* 49 years and 2 months
  - \* Member is still actively serving.

\*\* George served 36-1/2 years going Honorary in December of 1980. He would return to active status in the spring of 1992 seeing a need in the dept.'s Fire Police Squad. He would serve until his passing in January of 2005.

In addition to the officers being installed Benevolent President, James P. Toomey Jr also announced the following appointments. They include Treasurer, Vincent Esposito; Assistant Treasurer, David E. Maier; and Assistant Recording Secretary, Trey M. Geary.



### December 2024 – New Hartford Police Activity:

1029 Incidents / Calls for Police Service 40 Arrests

344 Vehicle and Traffic Law Stops 95 Motor Vehicle Collisions Investigated

283 Vehicle and Traffic Law Violation Tickets Issued266 Supplemental Neighborhood Patrols4 Community Policing Details Completed

### New Hartford Police Department-Public Safety Announcement:

Protect Yourself from Recent Reported Phone Scams Attention, especially to our senior citizens: Be aware of a phone scam reported to The New Hartford Police Department this evening that is designed to steal your hard-earned money. Recently in excess of over \$10,000 was obtained by scammers from a local victim.

Scammers may call pretending to be from government agencies, utility companies, tech or computer related manufacturing companies, or even loved ones in need of supposed urgent help. They may ask for money, gift cards, or other personal information. THESE ARE SCAMS.

Here's how to protect yourself:

Never send money or gift cards over the phone, no matter the situation. Legitimate organizations will never ask for these.

# MICHAEL D. SOWICH " FIREFIGHTER OF THE YEAR" AWARD

The Michael D. Sowich "Firefighter of the year" award was established in memory of a NHFD member, who had taught various state fire school classes spanning a 15- year relationship with the department. To honor his love for firefighting and his dedication to teaching others, NHFD dedicated their "Firefighter of the Year Award to honor his memory. This year's award was presented to Firefighter and EMT Trey M. Geary.

### 45 Years

Timothy F. Reynolds Thomas R. Watkins

Bernard R. Green

### 50 Years

William H. Randall

### 60 Years

### William J. Freiberger III

### An NHFD History Update:

2024 marked the completion of our 124th year. Over those 124 years the New Hartford Volunteer Fire Department has seen 858 individuals come forward and answer the bell. Of those 858, 96 are current members. Combined, those 858 members have given nearly 8,850 years of service. The average length of service for past members was 8years- 5months. The average length of service for our current 96 members is 23years 5months of service!

As membership ebbs and flows, so does our members' length of service. Over the near century and a quarter, 7 individuals, so far, have surpassed the fifty-year mark. Below are the current top ten volunteers:

Hang up immediately if you receive a suspicious call. If they claim to be someone you know, call that person back using a trusted number.

Verify the caller by contacting the company or agency directly using official contact details, not those provided in the call.

Be skeptical of high-pressure tactics or urgent requests. Scammers create a sense of urgency to get you to act quickly without thinking.

Report suspicious calls to local authorities or consumer protection agencies.

Do not engage in a transaction where someone is to arrive at your residence to pick up cash money or gift cards.

Your safety and financial well-being are important don't let scammers take advantage of you! Please share this message with friends and family especially our senior citizens to help protect our residents.

### NHTownCrier.com

### New Hartford Town Clerk Works **Tirelessly to Support Veterans** and Improve Veterans Park

In New Hartford, the spirit of community is alive and well, especially when it comes to honoring the brave men and women who have served in the military. At the forefront of this commitment is the Town Clerk, whose ongoing efforts are making a significant impact on the lives of local veterans and enhancing the town's cherished Veterans Park.

### A Personal Commitment to Veterans

For years, New Hartford's Town Clerk has been a consistent advocate for the town's veterans, offering a wide range of services to support them and their families.

### Veterans Park - A Symbol of Honor and Renewal

Veterans Park in New Hartford is more than just a place of reflection, it's a symbol of the community's deep respect for those who served. Over the years, the Town Clerk has been instrumental in spearheading efforts to keep the park a beautiful and meaningful space.

With a commitment to both preservation and enhancement, the Town Clerk has worked with town officials and local organizations to upgrade the park's facilities and appearance. New benches have been installed, pathways have been repaved, and additional landscaping has been added, all to create a serene, welcoming environment for veterans and their families. The park now serves as a peaceful space for veterans to gather, reflect, and connect with one another.

### Honoring Veterans' Legacy

A major project that the Town Clerk has been involved in is the expansion of the Veterans Memorial at the park. The addition of new plaques recognizing veterans from all branches of the military, as well as those who served in various conflicts, ensures that their sacrifices are never forgotten. The Clerk's office has worked closely with local veteran groups to ensure that the memorial reflects the diversity and breadth of service by New Hartford's veterans.

The Clerk also spearheaded the creation of an annual event at Veterans Park to honor those who have served. Each year, the town holds a ceremony on Memorial Day, featuring guest speakers, veterans, and local schoolchildren, with the Clerk overseeing the logistics and coordination. This event continues to grow, fostering a sense of pride and unity within the community.

### **A Community Effort**

Though the Town Clerk plays a pivotal role in supporting veterans, the progress at Veterans Park and the ongoing initiatives for veterans' services would not be possible without the collaboration of the entire New Hartford community. Local businesses, veteran organizations, and town volunteers have all pitched in to help fund upgrades to the park and contribute to the overall mission of improving the lives of veterans.

The Clerk's leadership in fostering this collaborative spirit has shown that when a community comes together to support its veterans, remarkable things can happen. Whether through infrastructure improvements, enhanced services, or special programs, New Hartford is a town that recognizes the importance of remembering and supporting those who have given so much for the country.



### A Grateful Acknowledgment for Community Support at Sherrill Brook Park

submitted by Paul Miscione, NH Town Supervisor

As the Town Supervisor of New Hartford, I am pleased to extend my heartfelt thanks to Oneida County Executive Anthony Picente, and our esteemed County Legislators, Mary Pratt and Caroline Reale, for their outstanding efforts in securing a generous \$200,000 in funding towards a new playground designed specifically for children with disabilities at Sherrill Brook Park.

This funding is a monumental step forward in making our community more inclusive and accessible for all children, regardless of their physical abilities. It is a significant investment not just in infrastructure, but in the future of our children and families. The new playground will provide a safe and engaging space for children with disabilities to play, explore, and interact, fostering an environment of inclusivity where every child can participate in the joy and benefits of outdoor recreation.

The generosity of County Executive Picente and Legislators Pratt and Reale will make it possible for us to create a state-of-the-art, adaptive play area that will enhance the lives of countless children in New Hartford and beyond. Their support reflects a commitment to ensuring that our public spaces are welcoming to all members of our community, and I am deeply grateful for their advocacy and leadership.

This project will be a valuable addition to Sherrill Brook Park, which already serves as a beloved local destination. With this new playground, we are not only improving a public space, but also making a statement that everyone deserves the opportunity to play, connect, and thrive.

As we move forward with the planning and construction of this playground, I encourage all residents to continue supporting this initiative and to share in the excitement of what is to come. Together, we can make New Hartford an even better place to live, work, and play for all.

Thank you once again to County Executive Picente, Legislators Pratt and Reale everyone who has made this incredible gift to our community possible. I look forward to seeing the positive impact it will have on our families for many years to come.



### New Hartford Highway News

submitted by Highway Superintendent, Richard Sherman

Today's date is January 16th and winter is almost half over. So far it's been like an old fashion winter, with a good amount of snow and very cold temperatures. Let's hope the groundhog sees his shadow in February.

I am working on a new schedule for the BRUSH COLLECTION and DUMPSTER- DROP OFF COLLECTION for 2025 season. This will be coming out in the Town Supervisor News Letter in the month of March. This will start on April 7th for drop off and Tag pick up. Remember if you want items picked up, you must see the town clerk and get a tag by the Friday before the first Monday collection of the month. The Town Clerks Office is located at 8635 Clinton Street New Hartford, at the old Gander Mountain Building. The cost for the tag will remain the same as last year, \$5.00 per item. The clerk's office is open Monday -Friday 8:00am to 4:00pm. The Town Highway will again have the dumpster drop off, along with the tag pick up for the months of April, May, June, July, August, and September. The month of October will be curbside pickup throughout the town, same as last year.

If you received lawn damage this winter from the plows, give my office a call and put your name and address on the list, so that we can repair damage when the weather gets nice in April. It is very hard for the plow drivers to see in zero visibility conditions. We have had a few storms so far this season in early morning hours, in which the plow drivers can't see. The snow banks help to see where the road ends and grass meet.

The crews have been picking up Christmas trees on their shifts. Please place the trees to the curb if you haven't done so.

The work at the new dog park is on-going. When the weather breaks in the spring, the crew will be there to finish the dog park. The new drainage has been installed with stone and pipe to dry that area of the park. The new water line has been moved and a new dog wash and water drinking area will be installed. The new electric wiring has been installed for the key pads on the gates. There will be new concrete sidewalks and a new holding area built, so that when you enter the area through the first gate, dogs can't get out until the first gate closes and the second gate is open, to let the dog into the play area. This work should be done in early spring to allow the dogs a nice new area to play and run. If you have any issues, please call me at (315) 534-2998

or e-mail me at rsherman@townofnewhartford ny.gov

### Looking to the Future

As the Town Clerk continues to work on behalf of veterans, there are even more exciting plans in the works for both the Town Clerk's office and Veterans Park. Future initiatives include additional fundraising for park beautification and more veteran-focused programs to ensure that those who served receive the recognition and care they deserve for generations to come.

Through these continued efforts, the Clerk is not only helping veterans access services but also ensuring that New Hartford remains a town that honors the sacrifices of its heroes-past, present, and future. The ongoing work at Veterans Park is a testament to the community's enduring commitment to those who have served, making it a place where memories are preserved, and the legacy of veterans is forever honored.



# NEW HARTFORD PAST TIMES

# February 2025

### NEW HARTFORD HISTORICAL SOCIETY

### An "Old" New Hartford Crossword

by Rick Giffune

### Crossword grid on next page - Answers on page 31

### Across

**3.** Old manufacturer of car medallions, medals, pins and other similar items located in a former mill that was later torn down to make way for the Route 8 overpass.

**6.** A popular miniature golf course located on Commercial Drive attached to a motel.

**7.** One time Dairy Store on Clinton Road owned by a large, local family.

**8.** Once a family farm, now a large retail shopping complex named for our founding "father".

**11.** On Clinton Road (also State Rte. 12B) a business servicing road paving and driveway repair.

**14.** A family-owned drive-in theater as well as an indoor movie theater located of the "Truck Route" (today called Commercial Drive).

**16.** This national retail chain opened on Commercial Drive in 1973. Their "blue light" went dim when they closed their doors in 2017.

**20.** The first fast-food burger joint on Seneca Turnpike (not McDonalds) later the property was a Ponderosa. Today the property is vacant.

**23.** Old time burger drive-in first located on Campion Road and then later on Seneca Turnpike next to #1 down.

**26.** When #23 across closed, the property was razed and a new pizza parlor was built that featured old time movies & cartoons.

**27.** Sprawling housing development off Oxford Road whose name is fit for a King.

**30.** This man-made canal ran along the Clinton Road (Rt. 12B) and stretched from Utica to Binghamton. It was nicknamed the "Million Dollar Ditch".

**31.** This candy shop on Genesee Street was a popular teen hang-out and also served as the fire department's secondary call center.

**35.** Hamlet between Chadwicks and Washington Mills.

**37.** Small dairy located at Oneida and Elm Streets in Chadwicks.

40. Our local Power Company once upon a time.

**43.** Once part of a large produce farm on Middlesettlement Road now a Skilled Nursing facility.

**44.** Small "watering hole" located on Genesee Street named after the owner's nickname. (Hint: it's a character from the Popeye cartoon).

### Down

**1.** A once popular rest stop for the weary traveler on Seneca Turnpike.

**2.** First a Food Market, then a drive-thru beverage center, now a hydraulic and instrumentation manufacturer.

**4.** Sporting Goods store on Seneca Turnpike started by one of the original Clinton Comets.

**5.** Another grocery chain on Seneca Turnpike. Later the plaza would house Verizon Wireless, a woman's clothing store and others.

**9.** One of the first bargain chain outlets in the area. Today the building houses multiple businesses including an appliance store, trophy and awards shop, and a medical office.

**10.** Small chain grocery store once located on Campion Road located across from #28 down.

**12.** First a hospital ward building at Rhoads Hospital, then Hamelines, later the Sportsman Pub.

**13.** Well known family operated gas and service station on the corner of Paris Road and Pearl Street.

**15.** Farm store on Kellogg Road originally called G.L.F. Today, Walgreens and Dunkin occupy the site.

**17.** Long-time family owned and operated Spring Water service on Clinton Street off Commercial Drive (where Rt. 840 crosses today).

**18.** Quality furniture manufacturer located on Genesee Street where One Genny is now.

**19.** Well known cement and block retailer on Campion Road where Byrne Dairy is today.

**21.** Long time family run Body Shop located on Old Campion Road.

**22.** Our other (smaller) indoor theater located in the Village.

**24.** Small family-owned restaurant specializing in a ground beef type stew. KFC would later be built on the site.

**25.** Next to #5 down was a well-known drug store.

**26.** Large national department store that was the original anchor store in the new New Hartford Shopping Center.

**28.** Manufacturer of temperature control devices once located on Campion Road.

**29.** Shoe Store in Village owned and operated by



### BECOME A MEMBER!

Please stop in to visit us and consider becoming a member. Membership fees are \$20 for Individual, \$25 for families, \$50 for Contributing and \$100 for Corporate members. The Historical Society is a non-profit, tax deductible organization.

### Planning a Class Reunion?

Make the Historical Society Museum a part of your itinerary! Schedule the Saturday of your reunion for your group to explore our collection of yearbooks, scrap books, local relics and photos. Look up your New Hartford home!

Call 315-724-7258 to schedule your group.



Museum is Open To the Public

Currently by appointment.

Don't forget to remit your 2025 dues. Now able to pay on-line or by mail. PO Box 238 New Hartford NY 13413 newhartfordhistory.com Thank You Bill Ashmore from 1951 until its closing in 1988.

**32.** Large manufacture of cardboard boxes located across from #36 down.

**33.** Long running golf and country club in New Hartford once located at the top of Proctor Boulevard.

**34.** Large dairy farm located on Oxford Road and Tibbitts Road.

**36.** Bowling Center named after the owner's daughter. Today a clearance furniture outlet.

**38.** Auto dealership on Oneida Street in Chadwicks that sold cars manufactured by American Motors Corporation.

39. Long time State Senator from Chadwicks

**41.** One of the oldest floor covering retailers in the area. Was located on Commercial Drive between Price Chopper (Market 32) and Lennon's.

**42.** First a grocery store named Carey's, later affiliated with the chain "Foodland" today a popular restaurant on Seneca Turnpike.

### **FREE ADMISSION**

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\* New Membership Rates for 2025 \*

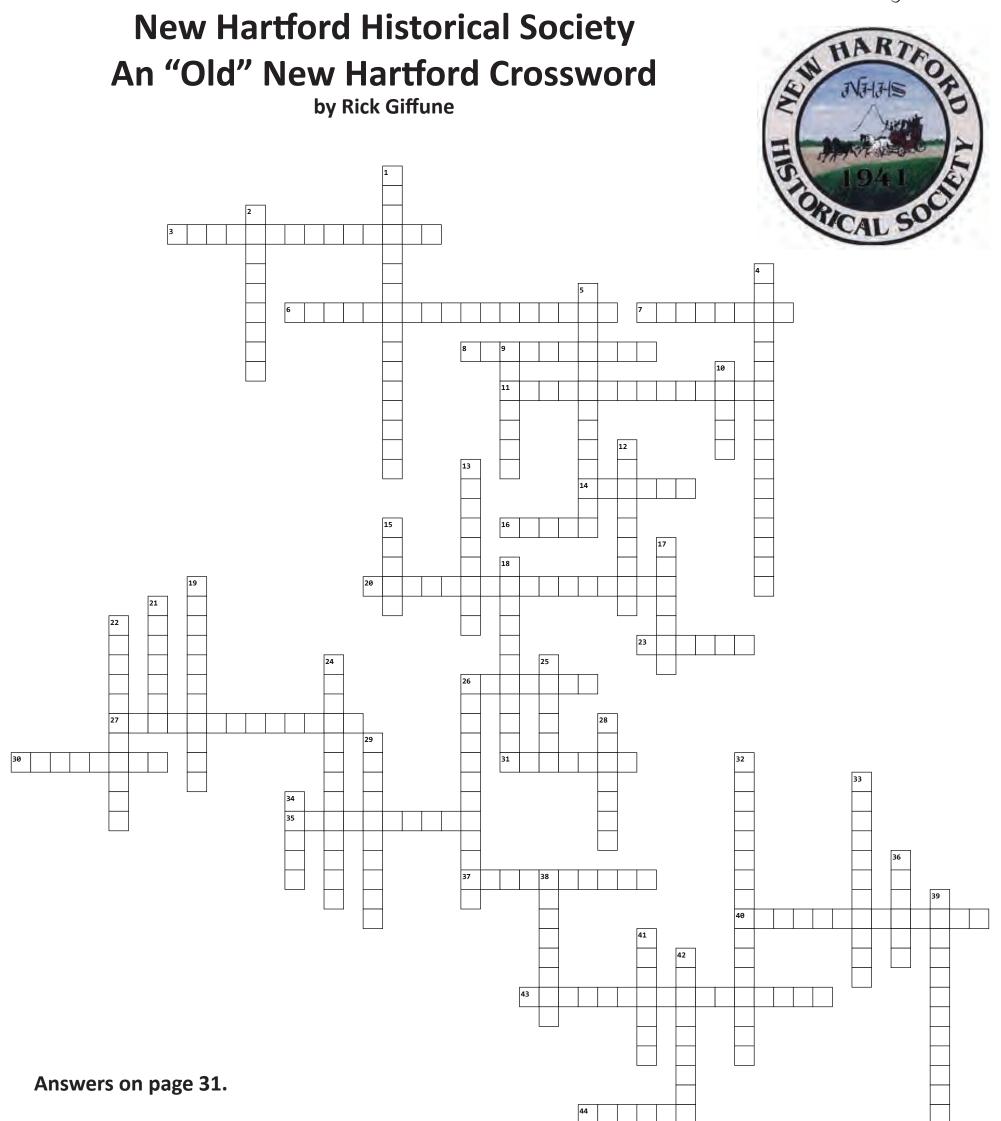
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\$25<sup>00</sup> Family

\$50<sup><u>oo</u></sup> Contributing

\$100<sup><u>oo</u></sup> Corporate







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### 2025 Winter Indoor 2-Man Scramble Schedule

TWINPONDS

Feb. 16 - RTJ - The Judge at Capitol Hill Mar. 9 - Sea Island Seaside Course Mar. 20 - Bethpage Black

Callaway Demo Day – February 8<sup>th</sup> TaylorMade Demo Day – March 1<sup>st</sup> Titleist Demo Day – March 22<sup>nd</sup>

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February 2025 14



### The William and Rita Abraham Parkinson's **Speakers Series Presents** "Parkinson's and Psychosis"

--Friday, February 7, 2025, 12:00 PM Presbyterian Home, Emmaus Room-

Community Wellness Partners will host The William and Rita Abraham Parkinson's Speaker Series event "Parkinson's and Psychosis" on Friday, February 7, 2025 at 12:00pm at the Presbyterian Home, 4290 Middle Settlement Rd, in New Hartford.

Joining us from the University of Rochester will be Fellowes Dr. Nami Shah and Dr. Cayla Villa.

Nami Shah, MD is a Parkinson's Foundation Movement Disorders Fellow at the University of Rochester, where she also completed her Neurology Residency and earned her M.D. Dr. Shah has been recognized with numerous awards, including the Wesley McCain Movement Disorder Fellowship Award and the Parkinson Study Group Junior Investigator Workshop Grant. Her research focuses on innovative approaches to Parkinson's disease, including AI-based tools and symptom mapping, with multiple presentations at international conferences. Passionate about education, she has taught and mentored medical students, residents, and high school students through various programs. Fluent in advancing patient care, Dr. Shah is a dedicated volunteer, working in clinics and outreach programs to improve community health.

Cavla M. Vila, MD is a Movement Disorders Specialist and Educator currently completing a fellowship at the University of Rochester Medical Center. She previously served as Chief Resident in Neurology at Boston University Medical Center and earned her M.D. from George Washington University. Dr. Vila has received prestigious honors, including the AAN DEI Innovator Grant and awards for compassionate care and teaching. She is an active researcher who has been

published in leading journals and presented at major conferences. Fluent in Spanish, Dr. Vila is passionate about patient advocacy, health equity, and education. Her volunteer work includes directing a free clinic for uninsured patients and serving as an AmeriCorps advocate.

The event is free to attend, anyone interested in attending can rsvp to foundation@ cwpinc.org.

About The William and Rita Abraham Parkinson's Speaker Series

The William and Rita Abraham Parkinson's Speaker Series provides education and insight to the community on Parkinson's Disease. The speaker series offers a variety of Parkinson's related topics that will enhance the lives of individuals living with Parkinson's disease, their family members and caregivers. Created by the Abraham family to honor their wife and mother, Rita, the events are free to attend and held throughout the year on the Presbyterian Campus.

About Community Wellness Partners

Community Wellness Partners is a faith-based network of nonprofit organizations that supports wellness through the provision of community services, housing, and healthcare. Community Wellness has provided a combined 150 years of service to our community. As one of the largest senior living organizations in Central New York, we remain steadfast in our commitment to provide the most complete continuity of health and wellness for older adults across the counties we serve. Community Wellness Partners employs over 800 employees who service over 1,300 older adults each day throughout its continuum, which includes Home Care, Adult Daycare, Independent Living, Assisted Living, Rehabilitation, Skilled Nursing and more. We continue to introduce new and innovative programs and services to benefit the lives of those that we serve every day.



# **MARCH 19–20** 7:30 PM

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Michael Hoke

### Lunch & Learn -**English Words from the Irish Language**

Bigi linn (join us) for Lunch & Learn at The H.A.R.P. Museum at the Irish Cultural Center of the Mohawk Valley on Wednesday February 12 at 11 AM to discover how words from Gaeilige, the Irish language, have overtime become part of our everyday American-English vernacular. After the program you can enjoy a delicious lunch in the beautiful Five Points Pub designed and built by Dublin craftsmen.

The Irish language, or more correctly, Gaeilige, can be intimidating to grasp. However, there are many commonly used words in English that have come from the Irish language. In this presentation we will talk about many of those words as well as learn how to pronounce a few very simple words and phrases that may just whet your appetite to learn this beautiful language.

Michael Hoke, traditional musician and student of the Irish language will be our presenter. Presentation handouts will be available along with a list of resources that may help you along on your Irish language journey.

A \$20 registration fee will cover the program and lunch; meal tax and gratuity are included. Please register at this link, https://bit.ly/4je5Pqi, or leave a message at 315-733-4228 Ext 6.

You can attend this presentation at the H.A.R.P. Museum located on the second floor of the Irish Cultural Center of the Mohawk Valley, 623 Columbia St, Utica. All are welcome to attend this program and the museum is wheelchair accessible.









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# NEW HARTFORD TOWN SUPERVISOR VOTE JUNE 24th 2025

Dear fellow New Hartford Residents,

As Town Supervisor for the past 7 years, I have strongly supported my residents on many issues with a hands-on approach.

These are the items I will keep continuing to accomplish if I am re-elected Town Supervisor:

- Keep property taxes in check and keep the same fiscally conservative approach I have had in the past
- Create public and private partnerships to reduce costs, but not reduce services
- Continue working on storm water projects
- Continue upgrading town infrastructure the correct way and complete unfinished projects
- Support the great schools in our town and work with the school board to share services and reduce costs
- Continue to work on Downtown Chadwick's revitalization project
- Negotiate better deals to save costs (tax certs, Assets purchases, etc.)
- Keep the spirit and growth of our community for our future and our children's future
- Bring people together to work in unity and collaboration on the same goals
- Ensure that our town government is run honestly and with the residents' best interest in mind
- Ensure the safety of our familys and support our police who keep our community safe
- Support our Volunteer Firemen who dedicate many hours and risk their lives each and every day (a true asset in our community)
- Support our libraries, parks, children's sports and activities, which bring our community together
- Reduce unnecessary "red tape" and regulations for both residents and businesses
- Streamline our accounting process and develop new ways to create efficiency

I am against big government, but I am in favor of a safe community, investing in infrastructure and great schools for our children. I believe these are the items that help to support our high property values, keeping our family's safe and the demand to be in a great community. I will support our residents and will be by their side like I have done presently. I will have a hands-on approach and plan every day for the future.

All the Best,

Paul, Miscione

Paul Miscione, MBA

Town of New Hartford Supervisor



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> COURSE 2 Complimentary House Salad With Choice of House-Made Dressing

COURSE 3 (Choose One) Tuscan Chicken Breast | Beef Tenderloin | Herb-Crusted Sea Bass | Braised Chickpeas

> COURSE 4 (Choose One) Chocolate Strawberry | Raspberry-Lemon Tart

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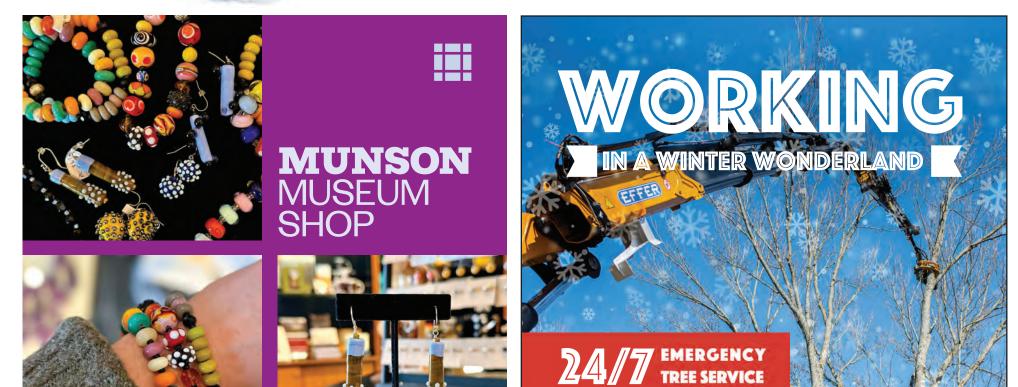
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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		Month		February Ice		1 Public Skate 6:00 pm-7:30 pm
2 Public Skate 3:00 pm-4:30 pm	*	4 Adult Skate 11:00 am-12:30 pm	5 Adult Skate 11:00 am-12:30 pm	6 Adult Skate 11:00 am-12:30 pm Homeschool Skate 12:45 pm-2 pm	7 Public Skate 6:30 pm-8 pm	8 Public Skate 6:00 pm-7:30 pm
9 Public Skate 3:00 pm-4:30 pm	10	11 Adult Skate 11:00 am-12:30 pm	12 Adult Skate 11:00 am-12:30 pm	13 Adult Skate 11:00 am_12:30 pm	14 Public Skate 6:30 pm-8 pm	15 Public Skate 6:00 pm-7:30 pm
16 Public Skate 3:00 pm-4:30 pm	17 Public Skate 11:30 am-1:00 pm	18 Public Skate 11:30 am-1:00 pm	19 Public Skate 11:30 am-1:00 pm	20 Public Skate 11:30 am-1:00 pm	21 Public Skate 6:30 pm-8 pm	22 Public Skate 6:00 pm-7:30 pm
23 Public Skate 3:00 pm-4:30 pm		25 Adult Skate 11:00 am-12:30 pm	26 Adult Skate 11:00 am-12:30 pm	27 Adult Skate 11:00 am-12:30 pm Homeschool Skate 12:45 pm-2 pm	28 Public Skate 6:30 pm-8 pm	





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Victor Fariello Jr.

### "From The Mailbag"

Q. I have this Utica Club beer tray in very good condition for its age. Can you tell me anything about it and its approximate value?

A. Your very nice Utica Club beer tray was issued in 1936. It depicts the West End Brewing factory in West Utica. As with most things Utica Club, it is highly collectible. I would value it at around \$50.

Q. I recently inherited some antique items from my great aunt. Among them were these small binoculars. They are brass with an iridescent material adorning them. Although I wouldn't part with them, I am curious if they have any particular value? I appreciate your article in the Town Crier each month.

A. Your item is actually opera glasses, used by the elite in a bygone era to get a better view of the activity onstage at the opera house. The iridescent material you describe is Mother of Pearl, which makes them even more desirable. I would value them at \$400-500.



### Daniel T. Dreimiller, CPA

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Q. In going through some items in my dad's house I uncovered this JFK campaign pin. He asked me to find out how much it is worth so I'm hoping you can tell me? A. What a great find. These are getting harder to find as the years pass. Unfortunately though they were produced in great quantities and although over 60 years old many do still exist and are readily for sale. That being said, your dad's JFK pin would fetch only about \$20 in today's market. I trust that this might change in the future, so if he has a grandchild or other younger relative to pass it on to, they most likely will hear a different story when they are your dad's age. A great piece of Americana at any rate.

Happy collecting!

### NH Historical Society Needs Your Support!

Please consider renewing or starting your membership in this great community asset. There are new rates for 2025: \$20 Individual; \$25-Family; \$50-Contribute; and \$100-Corporate. You can also now pay for your membership online at the society's website newhartfordhistory.com or you can mail your check payable to 'NH Historical Society' to PO Box 238, New Hartford, NY 13413. All donations are tax deductible. Your support is appreciated.



Utica Club beer tray from the 1930's.





### NH Questers Needs You!

The J. Schoolcraft Sherman Chapter #1519 meets monthly at the NH Library except July and August. Our meetings are at 4:30 p.m. We are a chapter of the International Questers, an organization of individuals interested in history, preservation and an appreciation for antiques. We try to have an interesting program each month and members bring items for a Show & Tell. Dues are \$50 per year and includes a subscription to the quarterly Questers magazine. For more information contact me by email at vjfariello@gmail. com or call 315-723-7285. We would love to see you at an upcoming meeting!

Victor J. Fariello Jr. is a lifelong resident of New Hartford and has been a collector and dealer of antiques for many years. He is a past officer and member of the New Hartford Historical Society and is the President of the J. Schoolcraft Sherman Chapter #1519 of The Questers, an International organization for people who love antiques and have a commitment to preservation. Questions on anything related to antiques can be sent to him at PO Box 194, Washington Mills, NY 13479 or by email to vjfariello@gmail.com. Any photos submitted will be returned upon request.



A nice pair of opera glasses from a bygone era.



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	Chart	New Hartford Sp			*subject to change without not	
Date	Start Time	Game Type	Sport	Level	Location	Opponent
Feb 3, 2025, Mon	4:00 PM	Regular Season	Basketball (Girls)	7th/8th (Blue)	Perry JH Gym	Rome Free Academy (Orange Team)
Feb 3, 2025, Mon	5:30 PM	Regular Season (Non-League)	Basketball (Boys)	Junior Varsity	New Hartford HS Gym	Westhill
Feb 3, 2025, Mon	5:30 PM	Regular Season	Basketball (Boys)	7th/8th (Red)	Perry JH Gym	Camden (Blue 8th Grade)
Feb 3, 2025, Mon	7:30 PM	Regular Season	Ice Hockey (Boys)	Varsity	New Hartford Rec Center	Whitesboro
Feb 5, 2025, Wed	4:00 PM	Regular Season	Basketball (Boys)	7th/8th (Blue)	Perry JH Gym	Central Valley Academy (Blue)
Feb 5, 2025, Wed	5:30 PM	Regular Season	Basketball (Boys)	7th/8th (Red)	Perry JH Gym	Vernon-Verona-Sherrill (red
Feb 6, 2025, Thu	TBD	Post-Season (Sectional Semifnal)	lce Hockey (Girls)	Varsity (Combined)	TBD	Clinton (Combined)
Feb 7, 2025, Fri	4:00 PM	Regular Season	Basketball (Boys)	7th/8th (Blue)	Perry JH Gym	Utica Proctor (DMS)
Feb 7, 2025, Fri	5:30 PM	Regular Season	Basketball (Girls)	Junior Varsity	New Hartford HS Gym	Rome Free Academy
Feb 7, 2025, Fri	7:00 PM	Regular Season	Basketball (Girls)	Varsity	New Hartford HS Gym	Rome Free Academy
Feb 10, 2025, Mon	5:30 PM	Regular Season	Basketball (Boys)	Junior Varsity	New Hartford HS Gym	Whitesboro
Feb 11, 2025, Tue	4:00 PM	Regular Season (tvl championships)	Bowling (Boys)	Varsity	Vista Lanes	4
Feb 11, 2025, Tue	5:30 PM	Regular Season	Basketball (Boys)	Junior Varsity	New Hartford HS Gym	Vernon-Verona-Sherrill
Feb 11, 2025, Tue	7:00 PM	Regular Season	Basketball (Boys)	Varsity	New Hartford HS Gym	Vernon-Verona-Sherrill
Feb 11, 2025, Tue	TBD	Regular Season (tvl championships)	Bowling (Girls)	Varsity	Rome Free AcademyKing Pin Lanes	
Feb 13, 2025, Thu	6:30 PM	Post-Season (Sectional Final)	Ice Hockey (Girls)	Varsity (Combined)	TBD	Clinton (Combined),
Feb 15, 2025, Sat	12:00 PM	Regular Season	Basketball (Boys)	Junior Varsity	New Hartford HS Gym	East Syracuse Minoa
Feb 15, 2025, Sat	1:30 PM	Regular Season	Basketball (Boys)	Varsity	New Hartford HS Gym	East Syracuse Minoa
Feb 18, 2025, Tue	7:00 PM	Regular Season	Basketball (Boys)	Varsity	New Hartford HS Gym	Whitesboro

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February 2025 23

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### HARP Museum February 2025 Youth Lunch & Learn Program Adventures on the **Erie Canal**

The H.A.R.P. Museum at the Irish Cultural Center of the Mohawk Valley will host two Lunch & Learn sessions for area youth on Thursday February 20, 2025. We will celebrate the 200th Anniversary

of the opening of the Erie Canal.

The morning session starts at 11:00 AM and features a reading by a special guest from the book "Erie Canal Cousins" by local author Dorothy Stacy. Join Rose, Charles, and the Finnegans aboard the "Flying Eagle" as they travel on the Erie Canal from Albany to Utica. Share in their adventures and listen to their story as they take a trip on a canal boat. This book is the first in a series of historical fiction written by Stacy depicting what life may have been like for an Erie Canal family. Each child present will receive their own autographed copy of the book. Lunch will be served to the children at noon immediately after the program.

Our afternoon session will start at 1:00 PM with an interactive one-person act between Erie Canal boat pilot Captain Kelsey and the audience. The good captain will be recruiting mule drivers, also known as hoggees, to help guide the mules along the Erie Canal Towpath. Captain Kelsey, portrayed by Michele Henry, will regale us with tales of adventure or misadventure of times on the grand Erie Canal.

This is a show that will be a hit with both adults and children. Lunch will be served to the children at noon prior to the program.

This free program is designed for kids aged 8-14 and is packed with interactive activities, a delicious lunch, and unforgettable memories. As each class has limited seating, advance registration is required, at https://bit.ly/4agH09a.

Lunch will be included for the students for both sessions at noon.

Parents/guardians are welcome to attend any of the events (they won't count against the cap, but will have to pay for their own lunch).

This youth programming series, aimed at introducing young people of our area to the history and culture of Ireland, is funded through the auspices of a Legislative Initiative Program grant, secured by Assemblywoman Marianne Buttenschon, and is being administered out of the New York State Office of Children and Family Services.

The H.A.R.P. Museum at the Irish Cultural Center of the Mohawk Valley, located at 623 Columbia St. in Utica, NY, is a nonprofit organization that promotes understanding of Irish Culture and the legacy of the Irish people who settled in the Mohawk Valley. H.A.R.P stands for "History, Ancestry, Research, and Programs."





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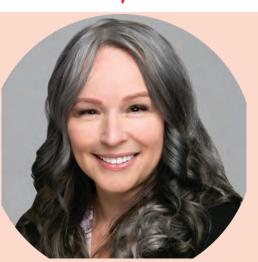
### New Hartford Chamber Business of the Month

April Pavlus, PB, PTP Accounting & Bookkeeping Professional

315.404.5311 cooperbookkeeping.com april@cooperbookkeeping.com

### Why I Became a Bookkeeper and How I Can Help Your Business Thrive

Hi, I'm April Pavlus, the proud owner of Cooper Bookkeeping. I've always been passionate about helping small businesses and solopreneurs succeed, and I'm thrilled to combine my love of numbers with my desire to make a meaningful impact in the business community.



April Pavlus, PB, PTP Accounting & Bookkeeping Professional

With over 14 years of corporate financial experience, I've had the privilege of working closely with small businesses and solopreneurs, helping them navigate the complex world of finances. I'm also a QuickBooks Pro Advisor and a Certified Professional Bookkeeper, which means I bring top-tier expertise to every client I serve.

I started Cooper Bookkeeping because I wanted to lighten the load for business owners who are juggling everything solo. I specialize in using QuickBooks Online, offering services like account reconciliation, financial reporting, accounts payable and receivable management, payroll, and catch-up bookkeeping. My goal is to provide clear, reliable financial support so you can focus on what you do best: growing your business.

### Why Work With Me?

I bring more than expertise—I bring understanding. As someone who works with solopreneurs and small business owners every day, I know how much is riding on your success. My goal is to be more than your bookkeeper; I want to be your financial partner.

### Here's what sets me apart:

· Credentials You Can Trust: As a QuickBooks Pro

Advisor and Certified Professional Bookkeeper, I have the training and experience to handle your bookkeeping with accuracy and care.

• Tailored Solutions: I understand that every business is unique, so my pricing is based on your specific needs. Whether you're just starting out or scaling your operations, I'll craft a plan that works for you and your budget.

• Flexible Service Options: I live locally but offer my services virtually, making it easy to work with me no matter where you're located. I'm available via Zoom, phone, text, email, and even the occasional face-to-face meeting when needed.

• Affordable Expertise: You shouldn't have to break the bank to get quality bookkeeping. My services are designed to be accessible for solopreneurs and small business owners alike.

On a personal note, I love getting to know my clients. Whether it's chatting about your favorite books, shows, or movies during a consultation or brainstorming solutions to your biggest financial challenges, I'm here to make the process approachable and even enjoyable.

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### The High School Athlete submitted by Jim LaFountain, All American Fitness Center Genetics

Unrealistic Goals **Bigger Engine** Fat vs. Muscle Neural System Task Specificity (Sport Specific) Joint Integrity (Injury Prevention) Supplements? (Most Important-Water) Be willing to work harder on your sport specific skills. Remember: You're an athlete using weights to improve your sport skill, not a competitive weight lifter.

Men and women high school athletes are motivated and driven to excel in their respective sport. Unfortunately, they fall prey to misinformation and poor guidance. I'd like to offer them some professional advice:

\*You cannot dodge or outsmart your genetic predispositions. I personally battle a family history of cardiovascular disease, primarily stroke. Although I exercise regularly and follow a prudent diet, I still need medication to maintain a normal heart rate. As a high school athlete, you must be smart about the sport you choose to pursue. A height of 5'2" grandparents and discussing the benefits of regular resistance training parents is not a recipe for basketball success.

\*Unrealistic goals. As a high school athlete several years ago, I did my best to gain as much muscle as possible, lifting weights and taking supplements. I read of college and professional athletes who gained 20-30 pounds of muscle during their off season. It wasn't





until my graduate studies that I learned the science did NOT support such claims, unless the athlete was aided pharmacologically with steroids or human growth hormones. In reality, a weight trained man can expect to gain 12-15 pounds of lean muscle in a lifetime, while a woman, due to limited male hormones, primarily testosterone, can expect to gain 7-9 pounds of muscle in a lifetime. Scale weight is not a great measure of muscle gain. Most fast scale weight gain is in the form of stored body fat. Other than an offensive lineman or shot putter, a leaner athlete will perform better.

\*When a high school athlete starts a program with me I make it very clear, "I cannot make you a better football, baseball, basketball or field hockey player, but I can, with training, give you a bigger engine" that will allow you to practice and play at a much higher level. Nothing replaces quality practice in your specific sport. It's essential to train the neural muscular pathways specific to your sport. "Task Specificity" is a term used to describe the development of these neural muscular pathways. Resistance trained athletes must be willing to work harder at their respective sport and use their off field training as a supplement.

\*Protein is the most common answer to my question, "what is the most important nutrient/supplement an athlete should take?" Unfortunately, the correct answer is not as glamorous. Water is by far the most important nutrient for all athletes. It is essential to create powerful muscular contractions and to metabolize all protein, carbohydrates and even fats. Protein needs for athletes range from 1.5-2.5 grams per kilogram (your body weight divided by 2.2). Again, generous amounts of water are required to metabolize protein.

\*Joint integrity is hardly ever mentioned when and athletic development. Simply put, well developed muscles offer a protection for developing joints.

\*Too often, high school athletes fall in love with "seeing how much weight they can lift." It's important to remember, you are an athlete using resistance training to improve your athletic skills, not a competitive weight lifter dabbling at a sport. Doing maximum attempts (1 RM) frequently will actually slow progress and is a high risk for joint and connective tissue injuries.

Physical Fitness lends itself to generous amounts of misinformation and "quick-fix solutions. Hopefully, this information puts things in perspective and creates a more effective attitude toward athletic preparation

### **Positively Impacting our Community:** Sangertown Square Releases **Annual Community Report**

Sangertown Square today released its 2024 Community Report that highlights the results of the Center's collaboration with Oneida County non-profit community organizations over the past year. The Community Report is now available at Sangertown Square Community Impact Report. In 2024, Sangertown Square hosted over 50 non-profit events and partnered with many different local organizations that utilized the Center for meeting space, fundraising, and awareness campaigns.

"We are honored to partner with non-profit organizations throughout the Oneida County community to help them make a difference," said Maria Ackerman, Marketing Coordinator at Sangertown Square. "Thank you to our partners in the community for continuing to allow us to help support their mission."

Sangertown Square is pleased to work with all not-forprofit organizations looking to benefit from the center, whether for a tabling opportunity, for fundraising and awareness campaigns, or a large event in the common area, our doors are always open. Together, we can make a difference.

Sangertown Square event space and tabling are FREE for non-profit use. Groups are asked to fill out and submit the required paperwork to be granted access. Please submit your request to the marketing department at mariaackerman@pyramidmg.com two months prior to the event date and the team will pass along your request.



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Christopher J. Carbone

### 6 Steps Toward Your Retirement Goals

You want retirement to be your chance to get out of the rat race and have time for the things you've always wanted to do. That's great, but what exactly does that mean? Travelling? Volunteering? Spending time with family and friends? Starting a business? Simply doing nothing?

You may think your plans are just like everyone else's, but that's unlikely. They're as unique as you are.

Exactly how you want to spend your time will definitely affect what you should be doing now to prepare for it. However, there are steps that everyone should consider taking today regardless of their retirement goals. Here are six of the most important:

1. Have a plan.

If you haven't gathered your ideas about retirement together and distilled them into a cohesive investment plan, that's a great place to start. Or if you have a plan stuck in a drawer somewhere, you need to revisit it.

Whether you want to start a second career, travel the world, or do nothing will make a big difference when it comes to what you'll need to cover your expenses. The better you can define precisely what your goals are and which are most and least important, the better your plan should be.

An asset allocation — how your investments are spread out across different asset classes (stocks, bonds, cash alternatives, etc.) — should be at the heart of your plan. The allocation that's appropriate for you will vary depending on a variety of factors. Primarily, these are what you want your investments to help you achieve (objectives), how comfortable you are with market volatility (risk tolerance), and how long it will be before you plan to retire (time horizon).

2. Use tax-advantaged accounts.

Even if you don't have a retirement plan as such, chances are you have savings in employer-sponsored qualified retirement plans (QRPs), such as 401(k) or 403(b) plans, or a traditional or Roth IRA.

If that's the case, good for you. These tax-advantaged accounts can be great ways to work toward your retirement goals because paying taxes each year on



any growth, as you would with taxable accounts, can dramatically reduce the amount you end up with.

If you participate in a QRP and your employer offers a matching contribution, try to contribute at least as much as the match — otherwise, you are leaving free money on the table. If your employer doesn't offer a QRP or you're self-employed, look into opening an IRA.

3. Try to stay in the market.

When the market takes a big hit, you may be tempted to sell your stocks with the intention of getting back in when the things turn around. This practice, known as market timing, may sound good, the market can be extremely unpredictable, making success with this strategy very difficult.

If you get out when the market's down, you could miss out on significant gains if it suddenly turns around before you get back in. And that can prove costly.

Rather than attempting to time the market, try to stick with your asset allocation when there's market volatility unless something major has happened in your life (a birth, marriage, illness, divorce, etc.) that makes you want to change it.

In addition, consider rebalancing by checking your accounts to see if market activity has shifted your investments away from your desired asset allocation. If it has, you may want to sell some investments and buy others to bring your accounts back into alignment.

4. Clean up your accounts.

Over the years, you may have accumulated a number of IRAs and QRP accounts with your current and past employers. Along with that, you may own taxable investments in different full-service and online accounts. And your spouse or partner may be in a similar situation.

Having a portfolio in pieces like this may make it more difficult for you to reach your retirement goals. Take time to figure out how many accounts you actually have, and consider the potential benefits of consolidating them, including helping you to:

· Understand how your assets are allocated.

- · Decide when it's time to rebalance.
- · Know exactly what investments you own.
- $\cdot$  Save time.
- · Manage your beneficiary designations.
- 5. Prepare for emergencies.

Events like a sudden job loss or unanticipated home repair can quickly derail your retirement plans. To help protect you and your family, consider keeping an emergency fund with enough money to cover three to six months of living expenses.

These funds should be held in a liquid but stable account, such as a bank savings account, so you can access them when needed and not have to worry about fluctuations in value.

6. Consider an advisory account.

If you're not comfortable with or interested in managing your retirement savings, consider using an advisory account.

These accounts are run by professional money managers who choose the investments, make buy and sell decisions, and periodically readjust the holdings in the account to maintain your chosen asset allocation. Instead of paying commissions for trades in an advisory account, you are charged an annual management fee based on the value of the assets in your account.

Investing involves risk, including the possible loss of principal. Asset allocation cannot eliminate the risk of fluctuating prices and uncertain returns. Advisory programs are not designed for excessively traded or inactive accounts and are not appropriate for all investors. Stocks offer long-term growth potential but may fluctuate more and provide less current income than other investments. An investment in the stock market should be made with an understanding of the risks associated with common stocks, including market fluctuations.

Our firm does not provide tax or legal advice. This communication cannot be relied upon to avoid tax penalties. Please consult your tax and legal advisors to determine how this information may apply to your own situation. Whether any planned tax result is realized by you depends on the specific facts of your own situation at the time your tax return is filed.

This article was written by/for Wells Fargo Advisors and provided courtesy of Christopher J. Carbone, CFP<sup>\*</sup>, AWMA<sup>\*</sup>, LUTCF<sup>\*</sup> First Vice President - Investment Officer - Financial Advisor in New Hartford, NY at (315) 723-7386

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### **Groundhog Toasts**

Ingredients 2 slices of bread peanut butter 2 blueberries I raspberry 2 almond slices

### Retirement — first get to it. Then get through it.

Making it to retirement these days is no small feat. And once you arrive, you're not done. Contact me today so we can help keep your income stream flowing through the next chapter.



Christopher Carbone, CFP®, AWMA®, LUTCF® First Vice President - Investment Officer CERTIFIED FINANCIAL PLANNER™ 178 Woods Park Drive Clinton, NY 13323 Direct: (315) 801-2546 christopher.carbone@wellsfargoadvisors.com https://fa.wellsfargoadvisors.com/christophercarbone

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https://www.forkandbeans.com/2018/01/23/groundhog-toasts/

I. Cut 2 large and 2 small circles out of a piece of bread. Cut the bottom ends off too.

2. Slather peanut butter over another slice of bread. You can toast it beforehand or not, your choice!

3.Add the large circles onto the bread, for the cheeks.

4. Add the smaller circles onto the bread for the eyes.

5. Add the end pieces onto the bread for the ears.

6.A raspberry nose!

7. And blueberry eyes.

8. Don't forget the final touch, 2 almond slices for those giant teeth.

### February 2025 27



# **One Call...One Company**

WATER DAMAGE... STRUCTURE DRYOUTS NEW YORK STATE LICENSED MOLD CONTRACTOR. IF YOUR HOME IS DAMAGED BY WATER, FIRE, SMOKE OR MOLD FROM ANY SOURCE, YOU NEED DISASTER SERVICES.

- Locally Owned and Operated
- Immediate Response in under 90 Minutes
- Direct Insurance Billing
- NYS Licensed Mold Contractor
- Working with Homeowners and Business Owners For Over 40 Years
- Emergency and Non-Emergency Services Available
- Temporary Heating, Electrical and Board Up Available
- Large Commercial Down to Small Residential

DISASTER SERVICES OFFERS EMERGENCY AND NON-EMERGENCY SERVICES. PLEASE CALL OUR OFFICE OR SEE OUR PARTIAL LIST OF OTHER SERVICES ON OUR WEB SITE: DISASTERSERVICES.US 315-797-1128

### FROZEN AND BURST PIPES, TOILET OVERFLOW, SUMP PUMP FAILURE! WATER DAMAGE...

That time of the year is quickly approaching. Of all the disasters that can happen in your home or business, a burst pipe especially when hidden or undiscovered for some time, can be devastating. The extreme cold of winter often brings extreme problems to North East homeowners and businesses. The worst of these is a frozen pipe that bursts and the water damage clean up that follows. When the cold temperatures don't rise above freezing for weeks on end, broken or frozen pipes lead to severe water damage from flooding. A frozen pipe generally occurs to plumbing that is not in a heated space or in an area that is not supplied with proper heat when winter temperatures fall below freezing. A malfunctioning furnace, while the homeowner is away, is another likely cause of a frozen pipe. When exposed to below freezing temperatures the water turns into ice and the pipe expands until it breaks a small slit into the copper or separates the soldered joint. Pipes that freeze first are usually located near outside walls that are exposed to the colder temperatures rather than pipes located throughout the middle of the structure. Some examples include outdoor hose bibs, pool lines, outdoor and indoor sprinkler systems, and other supply lines located in attics, basements, crawl spaces, garages, etc. Pipes in attics, crawl spaces & unheated rooms are particularly susceptible to freezing. Usually, a frozen pipe is not often obvious because the break can be behind walls, in ceilings or in a crawl space leading into the home. The flooding usually is caught much later after damage has been done. An uncontrolled water leak from a broken pipe creates extensive flooding and water damage of carpeting, drywall, baseboards, and furniture and depending on the location of the break can also damage the heating and electrical systems in your home. Disaster Services can accurately evaluate your homes damage and advise as to the most effective course of action to take. We use the latest technology including thermal imaging to determine the source of the water intrusion and the extent of water damage.

like structural weakening and mold growth. We will also determine the proper type and amount of drying equipment necessary to dry the structure back to a pre loss condition. Disaster Services will make sure you get the help you need when you need it most. Customers should get clear answers to their questions about services and procedures. ... Trusted companies will provide detailed information about the services they provide and how they are performed.

### **CHOOSING THE RIGHT COMPANY:**

Choose a Water Damage Restoration Company That Can Do The Following: Can Offer a Full Line Of Services From Water Damage Mitigation To Mold

Remediation So That The Home Owner Will Be Working With A Single Company. Responsive – Emergency or Non-Emergency Services. Your Call Will Be Answered

Immediately- NO ANSWERING MACHINES

Has Reputable 5 Star Local References.

Is Fully insured For Water Mitigation and Mold Remediation Services.

Offers A Detailed Plan For Mitigation and Coordinates With Your Insurance Company.

Knows How To Navigate The Insurance Claims Process With You.

Uses The Latest State-of-the-Art Equipment And Techniques.

Treats You, Your Home and Its Contents With Respect.

For more information, further questions or just to request some handy contact

information please feel free to give us a call. When in need of emergency or nonemergency services, Disaster Services LLC. offers immediate response to damage caused by water, fire, smoke and mold. We are a locally owned company who will answer your calls when you call. No answering machines, voice prompts etc. We are a N.Y.S. licensed mold removal firm and recognized by all insurance carriers, working closely with both the home owner and insurance carrier. When calling our office, you will always speak to a live voice and not an answering machine. We realize that in your time of need you should be speaking to someone and

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not a machine. When your emergency arises, call us at 315-797-1128 day or night.

Open your camera over the SCAN ME below, as a quick access

SCAN ME

E-Mail: disasterservices@roadrunner.com

Web Site: www.disasterservices.us

for our contact information.

https://www.facebook.com/disasterservicesLLC



### **SEWER AND DRAIN BACK UP:**

Sewer overflow or drain back-ups can present a more technical approach to the clean- up due to the contaminates involved. Porous, semi-porous building materials and contents will generally involve removal where affected by sewage, followed by proper remediation cleaning and disinfecting procedures. Hard surface areas when properly remediated will bring the space back to a pre loss condition and ready for new material replacement.

### **BASEMENT AND ATTIC MOLD:**

Several factors can influence a mold growth in a basement or attic area. Disaster Services is a NYS licensed mold contractor and can evaluate and thoroughly explain the different removal options available to you and also help guide you after the mold has been removed with suggestions to avoid another occurrence.

# Do I need a water mitigation company and what does a water mitigation company do?

The purpose of a professional water mitigation company is pick up the phone when a clients emergency arises! Respond to the incident, evaluate and get the situation under to prevent further damage and discuss a plan with the homeowner moving forward. Disaster Services will determine the extent of water travel, evaluate and remove, if necessary, any affected structural materials, like drywall and flooring. If left unaddressed, wet flooring and drywall can rapidly lead to major problems,

NHTownCrier.com



Council on

# BY A.R. GURNEY

ERS

Featuring Elyane Laussade & Ted Lenio

with Music by Jo Ann Geller and Pete Ruben

### A Valentine of theatre, dinner & music!

A half-century of hopes and ambitions, dreams and disappointments, victories and defeats – conveyed in notes, letters and cards – exchanged between 'Melissa' and 'Andrew.'

### Friday, February 14, 2025

Dinner @ 6pm, Music @ 7, Show @ 7:30pm Rome Art and Community Center 308 W. Bloomfield St., Rome, NY

### Performance, dinner, dessert & wine



AFT CLIRTAIN CONVERTIBLE TOP

 MARDI GRAS! at the Kirkland Art Center
 Saturday, February 8th, 7 pm - 10 pm

Beads, Bling & Art Thing!

The annual KACelebration fundraiser is a BEADS, BLING and ART THING with food, drinks and a silent auction you won't want to miss! Featuring great live music by Steve & Steve Monk Rowe & John Hutson

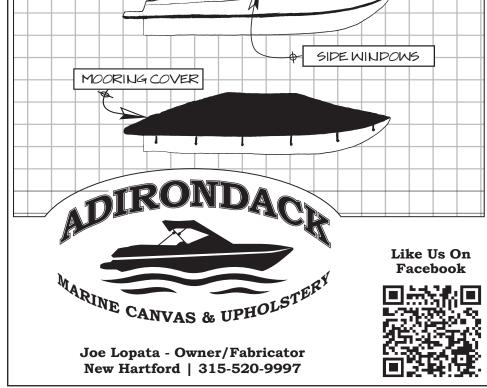
Get your \$50 tickets NOW and be ready for the most fun you'll have in February!



Tickets available online at www.kacny.org or by using the QR code 9 ½ East Park Row, Clinton, NY 13323 · 315-853-8871







https://www.lifeloveliz.com/valentines-day-bark/

Ingredients 8 oz finely chopped Semisweet Chocolate 1 Cup Waffle Pretzels

- 1 Cup Valentine's M&Ms (divided)
- Handful Heart Quins
- Melt the chocolate in a heatproof bowl set over a saucepan of boiling water, or in the microwave.
- Lay Pretzels and half the M&Ms down on a sheet pan.
- Pour the melted chocolate over the pretzels and smooth carefully with a spatula.
- Sprinkle the rest of the M&Ms and the Quins over the chocolate.
- Refrigerate for about 2 hours or until firm.
- Break the bark into pieces and serve.

### Genesis Group Guest Article Series

This series features articles written by area Elected Officials, Business and Community Leaders. We hope you enjoy reading them.



### **Anthony J. Picente, Jr.** Oneida County Executive

As we look back at 2024, we can look back on a year that had great successes as well as severe challenges. In the world of government service, some would say that description is par for the things we deal with every day.

The year started out promising as we continued the forward progress that has propelled this county to a much brighter future than we could have expected or imagined. We did not lose a beat as the opening of Wynn Hospital and the expansion of Rome Health began a new chapter in the improvement of health care across the county. This government continues to be a partner with both entities as county investment is helping both achieve their goals of helping more residents stay here for care.

In April we hosted the International Ice Hockey Federation Women's World Hockey Championship at the Adirondack Bank Center with Nexus as a backdrop. The results were tremendous as the tournament's attendance was the largest ever held in the United States. Ten countries participated with the United States included. Partnering with USA Hockey, the Oneida Indian Nation, Mohawk Valley Garden Entertainment, and the IIHF, Oneida County put on a remarkable show. The event generated a huge economic impact and put Oneida County and the City of Utica on the world stage. The event was seen around the globe on



the NHL network. In September the World Lacrosse Box Championship was held with 38 countries of 38 men's teams and ten women's. Another world event broadcast on ESPN. While each event showcased great talent in their respective sport, it validated our investment in the Adirondack Bank center and Nexus and demonstrated our clear ability to compete with larger markets.

2024 will forever be remembered as the year a tornado devastated the City of Rome. The impact was severe, and some surrounding areas also saw damage but none as bad as the city. Many were without power for days and dozens of homes and businesses were destroyed with millions of dollars in damages throughout the city. Oneida Couty and the City of Rome responded instantly and began the cleanup immediately. The work done by our respective staff from law enforcement to public works and human services was nothing short of remarkable. The response of the community from those not impacted was amazing and truly heart felt. People came with supplies and hundreds of thousands of dollars was raised throughout the region to help those in need. Oneida County moved \$5 million to help with recovery and over \$1.5 million was directly given to homeowners with another \$300 thousand raised by the Community Foundation of Herkimer and Oneida Counties. County offices were also destroyed and are undergoing repair. Much more work and rebuilding need to be done in the year ahead. And we will work with Mayor Lanigan and his team to restore Rome to its rightly place as the Copper City of Oneida County.

While these stories of 2024 are distinctly different by nature, they demonstrate the spirit and resilience of the people of Onieda County. Celebrating when the moment is right and promoting all we have to offer, to being there when any of our neighbors are in need and in dire circumstances. That is what I love most about this community. That is the foundation upon what we have bult this county government on. We help people every day and in every way. Equally we invest in our people and in their ability to build a better and brighter place to live. Whether in business development, infrastructure improvement or quality of life, Oneida County Government is at the forefront and the ready.

Entering 2025 we will continue that path. We have much to do. The challenges do not go away. While we will rebuild in Rome we have great opportunity in many areas. The Griffiss triangle site will begin preparation for development with infrastructure improvements and the hope that an end user can be announced soon. We will look to repurpose our large hangars there for mixed use that can include recreational

space for other sports that can compliment and enhance what we have done at Nexus. We will look to the U District to add amenities that can contribute to the thousands of people who attend tournaments each week. We need more for families to do when they are here and more hotels to accommodate them. Our Main Street programs will progress as the rescue funds we used with several towns and villages will come to fruition, with new streetscapes and improvements that enhance the core of our county. Work will continue at the REA wing at Union Station to expand the public market that has been so successful. And we will look to add turf to Murnane Field at Donovan Stadium to add more teams and tournaments to play baseball without having to deal with a wet field days after rainy weather. These are just a few of the projects that will continue the track of development we have been on. There will be more.

Our agenda will always focus on people in need. In 2025 our efforts to tackle youth violence will take shape as we work with our schools and partners to provide more activities to keep our young people out of harms way and on the right track. We continue to tackle homelessness and the drug crisis with more intervention and education. Mental health issues continue to be at the forefront as we need state government to recognize the severe problems that lack of resources and beds for those with severe problems require. Our work in all areas require partnerships and we are fortunate for the many community agencies we have to help. Equally the strong financial foundation we have built allows investment but more importantly allows response when the going gets tough.

As I mention state government, our agenda requires that upstate New York be treated equally and that our challenges cannot be handled only by local governments. While the state's response in the early days of the tornado was significant the follow up has been sparce. Likewise on the federal side the lack of FEMA assistance shows that small communities are left to fend for themselves in times of natural disasters. I will push on both levels of government to address the inequities of their systems when it comes to communities like ours and many more. I am hopeful that the change in Washington will lead to more change in this area. I will continue to work with all levels of government to make a stronger county. With Mayor Lanigan and Mayor Galime, we have established a strong coalition to tackle the issues outlined above and my pledge is equal to all 26 towns 17 villages and our 3 cities.

I wish all our residents the very best in 2025. May God Bless you and God Bless the County of Oneida.

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### SAUQUOIT VALLEY UNITED METHODIST **CHURCH**

Cor. Pinnacle Rd. & Mohawk St., Sauquoit Office: 315-737-7505 email: sauquoitvallyumc@aol.com Pastor: Robbin Harris Sunday Worship 11:30 a.m. (Nursery Care Available) Sunday School 9:30 a.m. For all ages. Handicapped Accessible

### FIRST UNITED METHODIST CHURCH

105 Genesee Street, New Hartford (315)733-4227 office@firstumconline.org Rev. David McKinney Sunday Services: 10am Classic Worship Sunday School for children begins around 10:20 Adult Sunday school 11-12pm Sunday Youth Group 7-8pm Supervised Nursery Care during Worship Fellowship Coffee Hour following Worship Service Praise/Worship Services are the 3rd Wed. of each month. Light supper will begin at 5:30 and worship is from 6-7pm Our Church Building is open for in-person worship services Or watch our livestream service online at firstum conlline.org Easily accessible building, sanctuary, and bathroom.

### ST. JOHN THE EVANGELIST CHURCH

66 Oxford Road - 315-732-8521 Rev. Msgr. James Lang Saturday: Vigil 5:15 p.m. Confessions 6:15pm Sunday Masses: 8am & 11am We are handicapped accessible!

### **CROSSPOINT CHURCH**

317 Oriskany Blvd, Whitesboro - 315-797-4520 Senior Pastor, Bobby Allen Sunday Services: 8:30am - 9:00am Breakfast 9:00am - 10:30am Study Groups 10:30am - 12noon Worship Service Website: crosspointchurchonline.org Sunday Morning Services streamed live Pastor Bobby's message available at our website We are handicapped accessible!

### HOPE ALLIANCE CHURCH

4291 Middle Settlement Road, New Hartford General Office: 315-732-1349 Rev. Andy Ward, Pastor hopealliance4291@gmail.com www.hopealliancecny.com Morning Worship: 9:30am Communion First Sunday of the Month. Wednesdays: Awana - 6pm Fridays: Christian Service Brigade - 7pm Hope Alliance Church is handicapped accessible.

### ST. STEPHEN'S EPISCOPAL CHURCH

25 Oxford Road - 732-7462 (Parish & Rectory) ststephensepiscopalnhny@gmail.com Sunday Service of Holy Communion at 10am followed by fellowship Al-Anon Meetings: Sun. at 5pm & Thurs. at 5:30pm AA Meetings: Sundays at 8pm Yoga by Kristy: Tues. 5:30-7pm & Thurs. at 9:30-11am. more information can be found at www.rootdownwell.com EGA Meetings: 1st Friday of the Month

St. Stephen's is handicapped accessible.

### **IMMANUEL BAPTIST CHURCH** Pastor Fletcher Matlack

9501 Weston Rd. (Next to Perry Jr. High), (315) 737-5222 www.ibcfamily.com E-mail: info@ibcfamily.com Sunday Morning Worship Service 10:00 am Sunday School for all ages at 9am. Nursery, Preschool and Children's Worship hour: 10:00 am See our website for information regarding our Youth Group, Kids Club and other upcoming events. Church is handicapped accessible.



2/2 — 6-7:30 p.m. Confirmation Class

2/9 — 9 a.m. Child Care and Activities

2/9 — 11:45 a.m. NHP Women's Mtg

2/9 — 6-7:30 p.m. Confirmation Class

2/11 — 11:30 a.m. Adult Study Group

2/16 — 9 a.m. Child Care and Activities

2/16 — No Sonday Club or Adult Study Group

2/22 — 3 p.m. Hope House Meal Preparation

2/23 — 9:30 a.m. Sonday Club, Adult Study Group

2/23 — 9 a.m. Child Care and Activities

FIRST BAPTIST CHURCH OF NH

Handicapped Accessible. All are welcome.

ST. GEORGE ORTHODOX CHURCH

350 Higby Road, New Hartford, 315-292-6682

Bookstore hours: Open Sundays after Services.

WESTMINSTER-MORIAH-OLIVET

Interim Pastor Rev. Dr. Mark S. Caruana

714 Washington St., Utica. 315-732-6518

**ZION LUTHERAN CHURCH** 

315-732-4110, office@zionluth.com

630 French Road, New Hartford

Sunday Mornings at 10 AM

www.zionlutheranNy.org

info@stmargaretshouseny.org

Weekly Activities

**Monthly Dinners** 

ing Friday.

www.wmoutica.org pastor@wmoutica.org

Al-Anon Meetings, Wednesdays at 12:30 PM

47 Jordan Road, New Hartford 315-724-2324

Worship Services Wednesdays at Noon

before - Suggested donation \$13 per person.

Facebook: Zion Lutheran Church, New Hartford, NY

Zoom and In-Person Worship Services - All Welcome!

Volunteer: It Takes a Village | Tuesdays from 2-5 PM

Please contact St. Margaret's for information to join by Zoom

Wednesday Lunches at 12:30 PM - Includes main, sides,

salad, and dessert. Please make a reservation by the Friday

Contact St. Margaret's to sign-up to assist for one or more

Tuesdays at St. Margaret's Food Pantry at Grace Church

3rd Tuesdays - Dine In at 5:30 PM and Take Out at 6 PM

Meals served with main, sides, salad, and dessert - Suggested

Donation \$17. Please make your reservation by the preced-

ST. MARGARET'S ECUMENICAL & RETREAT CTR

7 Oxford Road - Office phone: 315-733-4570

2/17 — NHPC closed in observance of Presidents Day

2/9 — 9:30 a.m., Sonday Club, Adult Study Group

2/4 — 11:30 a.m. Adult Study Group

2/5 — 10 a.m. Sew 'n Sews

2/5 — 7 p.m. Taize Service

2/9 — 10:30 a.m. Worship

2/12 — 10 a.m. Sew 'n Sews

2/16 — 10:30 a.m. Worship

2/18 — 7 p.m. Session mtg

2/23 — 10:30 a.m. Worship

firstbaptistnh@gmail.com

Rev. James Harriff, Pastor

Sunday Service - 9:30am

Sunday School - 11:00am

Sun - 9am Matins, 10am Liturgy

**PRESBYTERIAN CHURCH** 

Choir Director Alan Frederick

Worship service: Sunday 11am

Fr. George Goodge

find us on Facebook

Pastor Janet Griffiths

Handicapped accessible

Wed - 5:30pm Vespers

2/26 — 6 p.m. 4-H

2/26 — 10 a.m. Sew 'n Sews

2/19 — 10 a.m. Sew 'n Sews

2/12 — 6 p.m. 4-H

lutions to those needs. New Members Welcome!

**Conversations with Father John LaVoe** | 2nd Wednesdays at 1:30 PM. Join us for conversations about faith hosted by Father John LaVoe.

### Grief Support Group | 3rd Fridays at Noon

St. Margaret's continues to host a peer facilitated grief support group for anyone experiencing loss - new members are welcome to join.

Coffee & Conversation | 4th Wednesdays at 1:30 PM

Join The Reverend Deacon Jean Skinner for conversation and coffee in our library. Please consider bringing a few cans of food for our food pantry as a donation.

Scrabble Days | 4th Wednesdays at 9:15 AM

Join our Scrabble group for monthly mornings of fun, coffee, and conversation.

InterSpiritual Wisdom and Practices | February 4th from 9 AM to 3 PM (postponed)

Beginner Sewing Class with Debbie Skinner | Feb 10th, 9:30 to 2 PM

Do you have an interest in learning how to sew, but don't want to make quilts? Do you have a sewing machine sitting around waiting for you? Does your sewing machine have stitches on it that you want to learn? If any of your answers are yes, I have the class for you! We will be learning how to make a flange, the Burrito method of making a rolled hem, and how to make a French Seam. We can also explore decorative stitches. I will have fabric available to make pillowcases for Emmaus House or you can bring your own fabrics. The cost of the workshop is a \$10.00 donation for St. Margaret's. You can bring your lunch or we can order out. A supply list for the workshop is below. Space is limited, please register by February 3rd.

Materials needed: sewing machine in good working order, basic sewing supplies (thread, pins, scissors, seam ripper), Frixon marking pen (marks disappear with heat) or a chalk marker for fabric; Rotary cutter and ruler; Main Fabric 1 yard; Cuff Fabric 1/3 yard; Trim Fabric 1/4 yard.

**Come Make a Joyful Noise Ceilidh** | February 20th at 2pm Come and enjoy music and songs by friends of St. Margaret's House from 2:00pm to 3:30pm! Seasonal refreshments and time for wonderful conversations included.

Unoffendable: How Just One Change Can Make All of Life Better | Mondays, February 24th - March 31st from 10:30 AM to Noon

Join Executive Director, Judy Reilly, for a book study based upon Brant Hansen's book of the same name. Learn to live life with less stress and more care, by: (1) adjusting our expectations to fit human nature, (2) replacing perpetual anger with refreshing humility and gratitude, and (3) embracing forgiveness and beginning to love others in unexpected ways. This study lifts burdens from our backs and allows us to experience the joy of gratitude every day of their livesflourishing the way God intended. Participants are asked to get the book and if desired, the workbook. They should attend the first session having read chapters 1 - 4. Please register by February 17th

Lenten Study | March 3rd through April 7th, Mondays at 1:30 PM

Join Rev. Deacon Barb Groves for a Lenten study which will use the book Meeting Jesus at the Table: A Lenten Study by Cynthia M. Campbell and Christine Coy Fohr. Please register by February 24th.

Ash Wednesday | March 5th at Noon

St. Margaret's weekly Holy Eucharist will include the Imposition of Ashes for Ash Wednesday. All are welcome.

### **TRINITY LUTHERAN CHURCH**

2620 Genesee St., South Utica. (315)732-7869 trinitylutheranutica.com

Pastor Peter Saie

Sunday School 9am. Worship Service10:30am

Holy Communion is celebrated on the 2nd and 4th Sundays of the month

Trinity Christian Preschool, weekday classes from Sept-May (Registration full until Fall 2025 session)

Handicapped accessible.

### NEW HARTFORD PRESBYTERIAN CHURCH

Rev. Hannah Ratliff, Pastor 45 Genesee Street, NH 315-732-1139

newhartfordpresbyterian.org

office@newhartfordpresbyterian.org

Christmas might be over, but Jesus is just getting started. Everyone is invited to join us to see what he might have in store for you this year!

Morning worship is at 10:30 Sunday. The service is livestreamed on Facebook.

Adult and Children's Sunday School (Sonday Club) classes precede worship and start at 9:30. Child care and activities for children 5 and under begin every Sunday morning at 9 a.m. The choir rehearses Sunday mornings at 9:10.

A fellowship/coffee hour for everyone follows the Sunday worship service.

This month's quiet, meditative Taize service will be held on Wednesday evening, February 5, at 7 p.m.

2/1 — 10 a.m. PEO

2/2 - 9 a.m. Child Care and Activities

2/2 — 9:30 a.m. Sonday Club, Adult Study Group

2/2 — 10:30 a.m. Worship, Communion

February 18th Meatloaf with Mashed Potatoes March 18th Corned Beef & Cabbage April 15th Hats, Chicken & Broccoli Alfredo **On-Going & Special Events** 

It Takes A Village | Tuesdays from 2:00 to 5:00 PM Our social action-oriented initiative volunteers at the St. Margaret's Food Pantry at Grace Church on Tuesdays. Please contact us if you would like to sign-up. If you would like to assist, but are unable to help on Tuesdays, perhaps consider donating toiletries, reusable bags, or shelf stable foods. Gift cards to Aldi's or BJ's are also appreciated. Thank you for your generosity and to the Episcopal Diocese of Central NY for supporting this program!

\*New\* Men's Group | 1st & 3rd Wednesdays from 10:30 AM to 11:45 AM

Fr. Nick Smith will lead a new men's group beginning on January 15th at 10:30 am. Meant to be a time of fellowship and exploration, Nick would like to begin each week by asking the question "What is saving your life today?" Is it spiritual practice? Is it coffee? Is it a random friendly smile? Is it some deep profound insight? Is it some curious enigma? Let's find out and share our conclusions!

Friends of Emmaus House | 2nd Wednesdays at 10 AM Join our group of volunteers who provide support to help meet the needs of the house & guests. This is done through donations, fundraisers, and our annual Open House. We meet monthly on 2nd Wednesdays to determine needs and find so-

### THREE STEEPLES UNITED

2817 Old State Route 12, Paris, NY 13456 315-368-3416 threesteeples@gmail.com We offer services every Sunday at 10AM! Three Steeples is a Presbyterian-United Church of Christ hybrid that offers a traditional foundation for progressive thinking and growth and is open to engaging with all faiths. Three Steeples United is an inclusive and member-driven faith community of active individuals and families who connect with and care for their neighbors and one another through worship, education, and culture. We challenge ourselves and others to discern, embrace, and act upon a relevant understanding of Christ's message in today's world.



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**UNITARIAN UNIVERSALIST CHURCH of UTICA** 10 Higby Road, Utica NY 13501 315-724-3179 www.uuutica.org Minister: The Reverend Karen Brammer The Unitarian Universalist Church is an open minded, open Friday Evening Shabbat Services 6pm. hearted spiritual community. Unitarian Universalists come from different faith backgrounds but our shared values bring us together. Whoever you are, whomever you love, whatever your beliefs, you are welcome here. Services are at 10:30 AM on Sundays.





### **TEMPLE EMANU-EL**

2710 Genesee St Utica, 315-724-4177 teuticaoffice@gmail.com Rabbi Peter Schaktman

### **TEMPLE BETH-EL**

1607 Genesee Street, Utica Rabbi Gustavo Geier In person and on zoom www.tbeutica.org Fri night - 5:30pm Sat morning - 9:30am

### THE JEWISH COMMUNITY CENTER

2310 Oneida Street, Utica - 733-2343 Provides programs for seniors and recreational activities for all ages. Open to people of all races, religions, and nationalities.

### **ZVI JACOB**

Orthodox Synagogue 110 Memorial Parkway, Utica - 724-8357 Interim Rabbi Levi Charitonow Services are held Saturday at 10am, and on holidays. Services may be held at other times if there is a minyan. Visit our website www.zvijacob.org. All are Welcome.

For information on how to place a free article for your community event or local news, please call

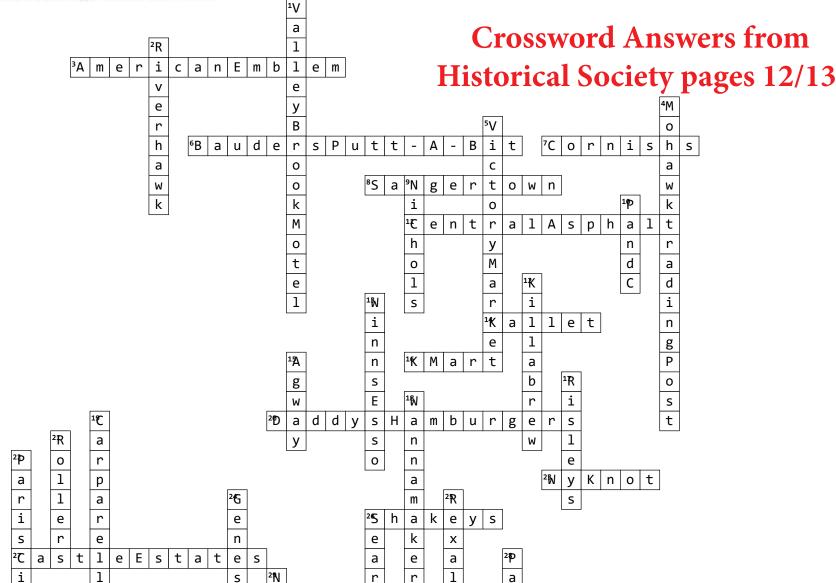
### 315-723-4827 or email towncrier@pjgreen.com

Our monthly paper is currently mailed to residents in the 13413 zip code. If you know someone who wishes to receive our publication, we will gladly add the address to our subscription list for a yearly fee of \$25.

### Please mail a check to The Town Crier, **PO Box 876**,

### New Hartford, NY 13413.

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