Vol. 39 No. 7 August 2025

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## 2025 New Hartford Highest Honor Graduates - 96.0 and Higher \* Indicates a weighted cumulative grade point average over 100



Caitlin Alt



Aidan Brouillette



Emma DeSanctis \*



Ramiro DeTraglia \*



Lucas Ferguson



Madison Freiberger



Jake Garcia



Jenna Glenn



Isaac Gruneich



Leo Jiang



Joshua Leo



*Troy Luley* \*



Madison Lynch \*



Imaad Maqsood



Donovan Mirabal



Anna Nigro



Benjamin North



Maya Padmanabhan



Aleksandar Pejcic



Olympia Pratt



Meghan Rayhill



Margaret Reale \*



Grace Ruganis



Samuel Schaeffer



Jameson Stockwell





Katherine Thrailkill \* Baltazar Vale de Gato \*



Olivia Vitullo \*



Sophia Vitullo \*



Myleigh VonDauber



Richard Xu

*High Honors - 94.0 - 95.9*Emerald Abdallah, Ava Acker, Madalynn Bailey, Paula Balarezo, David Berg, Abigail Bisaccia, Cutler Cristiano, Noah Elwood, Morgan Freiberger, Natalie Goodelle, Amanda Graziano, Mathea Kostic, Philippe-Gabriel Laroche-Richard, Danielle Lucas, Deklan McCarthy, John McNair, Hana Sabanovic, Taylor Scranton, Caroline Sekula, Alexandria Usyk, Jon Wassel, Sarah Win.

## *Honors - 90.0 – 93.9*

Abigail Achen, Aidan Acker, Julia Albano, Samantha Ayala, Jack Bannigan, Amiya Barnes, Julia Battaglia, Mitchell Bearse, Grace Bisaccia, Dennis Blom, Ava Brazier, Abigail Briggs, Kasey Brown, Juliana Callan, Sofia Dainotto, Khalid Elmarasy, Anaab Farooq, Tara Fobare, Saige Gilbert, Ethan Gorozabel, Matthew Hilbert, Gabrael Hollenbeck, Tyler Huynh, Abigail Kantor, Ava Lakeman, Bethany LaVere, Jakyra Miller, Lynn Mizgala, Noelle Molanare, Sophia Morbidini, Adam Mroczek, Tycho Ngo, Isabella O'Connor, Aryana Primarolo, Lily Procopio, Laela Reeder, Elena Roberts, Jayla Robinson, Beverly Rohde, Maggie Ruhmel, Brooke Scarchilli, Connor Sonson, Jack Taylor, Brent Thomas, Kylie Thomas, Kevin Wadsworth.











# Masonic Medical Research Institute (MMRI) Remembers Dear Friend, Sal Raspante, at Golf Classic Sal Raspante was a cherished member of the community and a beloved friend of MMRI. He passed away unexpectedly on Christmas Eve, December 24, 2023, from a heart attack. Known for his vibrant personality and ability to light up any room, Sal was the extrovert of his family and a devoted husband and

and an unwavering commitment to those around him. A proud and hardworking man, Sal owned and operated a local Jimmy John's restaurant, where he built more than just sandwiches, he built connections. Whether through a quick chat at the counter or a helping hand when someone needed it most, Sal showed up for people with kindness and sincerity. His generosity extended beyond his business, as a loyal friend and supporter of MMRI and its mission.

father. He approached life with energy, compassion,

Sal's sudden passing is a powerful reminder of the urgent need for continued research into heart disease. According to the American Heart Association, someone in the United States dies of cardiovascular disease every 34 seconds. At MMRI, the scientists are committed to changing that statistic through innovative and lifesaving cardiovascular research.

To honor Sal's vibrant spirit and legacy, his sister Jackie Romano and wife Enessa Carbone are proudly chairing this year's MMRI Golf Classic. To celebrate his life and his love for bringing people together, MMRI invites you to attend the Pig Roast Party, an evening that promises good food, great company, and the kind of lively atmosphere Sal would have loved. The event will take place on Monday, August 25, 2025, at 6:00 p.m. at the Yahnundasis Golf Club in New Hartford, New York. All proceeds will benefit MMRI's research into heart disease.

Tickets are \$100 and include a pig roast with many delectable sides, open bar, live music performed by Last Left and Noah Dinerstein, raffles and more. Sponsorship opportunities are still available.

Purchase tickets and view sponsorship opportunities for the party by visiting mmri.edu/golf.

Scan code on page 3 for more information and to register.



## Irish Cultural Center Holds 3rd Annual "Great American Irish Scramble" Golf Tournament

On Thursday August 14th, the Irish Cultural Center of the Mohawk Valley will be presenting their 3rd annual "Great American Irish Scramble" at Pine Hills Golf Club. Registration starts at 9:30 AM, with a shotgun start set for 10:30. The cost for this year's event will be \$110 per player or \$440 per foursome, which covers green fees, carts, lunch at the turn, awards, on-course refreshments and dinner. All entrants will also receive a commemorative gift at registration.

The tournament – a "Captain and Crew" format – also offers various on-course skill challenges for the chance to win additional prizes. This year's event also features a separate Tavern Division, where teams representing their favorite bar will compete to take home a beautiful traveling trophy that their home pub can display for one year.

All proceeds from this event will help the Irish Cultural Center continue to provide high-quality educational, entertainment and cultural Irish programs.

For more information, including tee sign and other sponsorship opportunities, go to the Zeffy event page (http://bit.ly/46lW2uB) or send an email to golf@iccmv.org.

Pine Hills Golf Club is located at 247 Jones Road in Frankfort, NY.

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Saturday September 20th
New Hartford Sr. High School
Don Edick Stadium
Doors open 4:30pm
Show starts 5:30pm
11 bands performing!
Local bands include New Hartford,
Rome Free Academy and Westmoreland
Basket raffles, Bake sale, concessions





## Are you prepared for the future?

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## **Proudly** Sponsoring **MMRI Golf Classic**

August 25, 2025 Yahnundasis Golf Club





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(Each Store Independently Owned & Operated)

## **NOT A GOLFER?**

Join us at 6:00 p.m. for a pig roast with delicious sides, live music, drinks, raffles, and more!

Pig roast party is included for all golfers and sponsors.

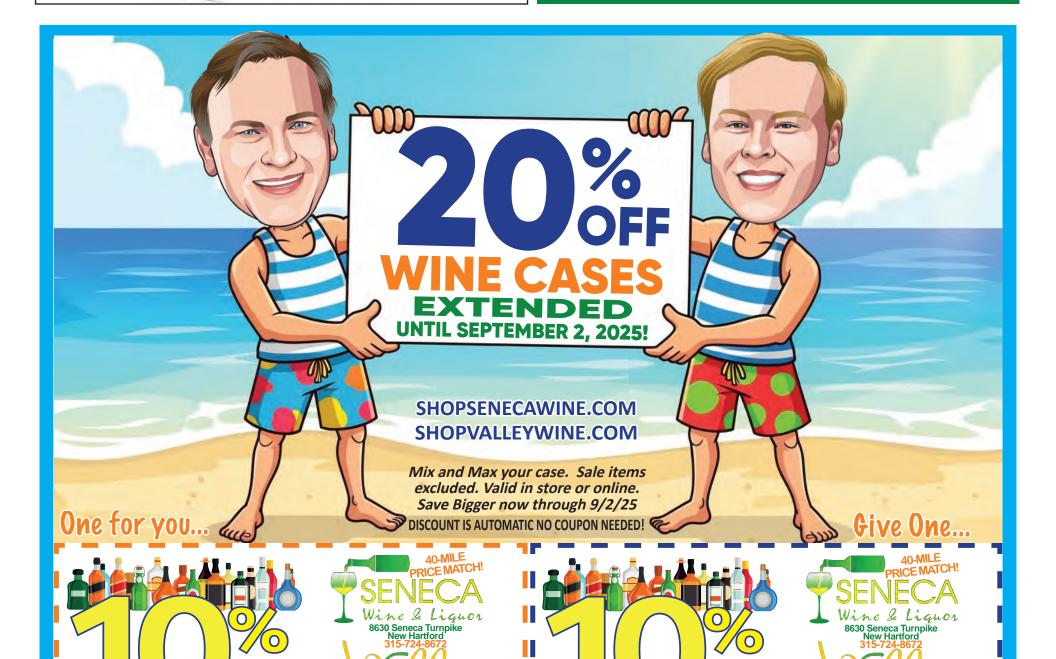
\$100 Per Person "Pig Roast Party" Ticket

www.TheFountainheadGroup.com

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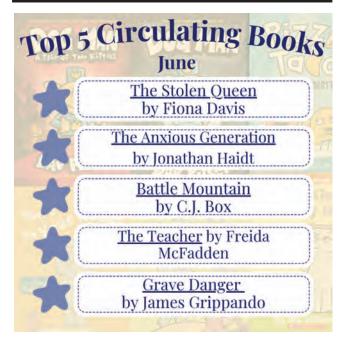
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## **NH Public Library** 2 Library Lane 315-733-1535

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Monday and Tuesday 10am-8pm **Closed on Wednesdays** Thursday and Friday 10am-6pm Saturday 10am-2pm Sunday 1-5pm **Curbside Pickup Remains an Option** 



## **Labor Day Closure**

The Library will be closed on Monday, September 1st for Labor Day. We will reopen on Tuesday, September 2nd at 10:00 am.

## **Summer Hours are in Effect!**

We will be closed on Sundays In July. Sunday hours will resume on September 7th.

## Stay Connected With Us!

The most up to date information regarding closings, reopening, programs and crafts can be found on our website and on our Facebook and Instagram pages.

Website: www.newhartfordpubliclibrary.org

Facebook:

www.facebook.com/newhartfordpubliclibrary Instagram: new\_hartford\_public\_library

## Charge Up While You **Check Out!**

The New Hartford Public Library now offers an electric vehicle (EV) charging station for public use! Conveniently located in our lower level parking lot, you can power up your car while enjoying our books, events, and community spaces.

Stop by, plug in, and stay a while!

## NHPL Board of Trustees 2025 Meeting

at the Library on the 3rd Wednesday of each month, unless otherwise designated.

\*Wednesday, August 6th- 1st Wednesday of the month Wednesday, September 17th

Wednesday, October 15th

\*Wednesday, December 3rd - 1st Wednesday of the month, no November meeting.

## Mid York Library System App

Did you know there's a NEW app for all your library needs? Download the Mid York Library System App from your app store to search our catalog, place holds, view your account, and even see what's happening at any Mid York library!

The new app allows you to log in with one or more Mid York library cards, search for items, place holds, see library locations, check out OverDrive books, read OverDrive books, check out OverDrive magazines, read OverDrive magazines, search and filter library programming, bring up a digital library card, and much

The app is available in the Apple App Store as well as the Google Play Store.

## **Community Outreach**

We are hitting the road and would love to come to your organization! Are you involved with a preschool, daycare, summer program or assisted living center? We would love to come to your organization and share more about our upcoming programs, issue library cards and provide programming to your facility. For more information, please contact our Library Director, Anne 315-733-1535.

## **Interested In Using Our** Window Display?

The display case at the Library's main entrance is available without charge for community groups or individuals to display works of art, collections or educational displays. Exhibits must be in keeping with the Library's mission to meet the educational, cultural and recreational needs of the community. Exhibits may not be for entrepreneurial or commercial purposes, for the solicitation of business for profit or for fundraising. Religious proselytizing and partisan political recruitment are similarly prohibited. Applications for the case are on a first come, first served basis and are limited to one month, with displays also limited to one per year per individual, group or organization. Exhibits will be reviewed in advance before being displayed. Applications for use of the case are available at the Library's front desk. If you have any questions or are interested in using the display, please call the Library and ask to speak to our Display Case Coordinator, John. 315-733-1535

## **Fun Track Display**

The Frankfort United N-Track Model Railroad Club returns to the New Hartford Public Library as the featured exhibit during the month of August. Group members -- who also call their organization "Fun Track" for short -- will show their N-Gauge and HO-Gauge railroad cars and engines in the display case at the main entrance to the library.

## AARP Smart Driving Class

Thursday, August 28 - 9:00am - 3:30pm To register call Ron Merrit 315-724-0096

## **Red Cross Blood Drive**

Join us on August 5th from 12p-4p in the Sammon Meeting Room. Walk ins are welcomed or preregister here: https://www.redcrossblood.org/give.html/driveresults?zipSponsor=NHPLibrary

## NHPL Friends Ice Cream Social

All meetings are held at 4:30 in the Sammon Room Cream Social! This year's Ice Cream Social will be held no charge for this class. at the Library on Saturday, August 23rd from 11:00-1:00. There will be ice cream, basket raffles, and more (while supplies last)! All proceeds will go to the Joshua Turner Fund.

## **Literacy CNY**

We have a volunteer at the Library each Tuesday from 11:00am-2:00pm. Literacy CNY provides trained individuals to assist patrons on a one-on-one basis. They look forward to helping our community. We greatly appreciate this service they are offering our

## **Farmers Market**

While you're at the Farmers Market at the Village Green, be sure to stop by our table. Snap a Summer Selfie and do a specially planned activity with us. If you have any questions about our library or services feel free to ask. We can't wait to see you there!

Catch us at 3:00pm on August 13th!

Summer Fun is heading to the Library!

During the months of July and August be sure to stop in the library for a wide array of activities. There is something for everyone this summer! From Tunes for Tots to Teen Art Club Tuesdays.

Check out our Summer Calendar or stop in today to learn more.

## Jeff the Magic Man

Join us on Thursday, August 14th from 3pm to 4pm for an amazing performance by Jeff the Magic Man, sure to dazzle the young and young at heart. Registration is not required but preferred.

## **Summer Prek Playdate** & Story Time

From July 8th to August 12th Prek Playdate and Story Time will be shifted.

Prek Playdate will be on Tuesdays 10:00am-11:00am with Story Time to follow at 11:00am.

There will be no Story Time August 18 to August 29th. Story Time will return back to regular Monday, Tuesday, Thursday at 10:30am starting September 2nd.

## **YA Summer Activities**

Join the Teen Art Club at the New Hartford Public Library this summer, running Tuesdays from July 8 to August 12, 2025, from 6:30 to 7:00 PM in the YA section. Teens can drop in to explore a variety of creative projects like DIY pinhole cameras, book making, interior design, portrait printmaking, and more. No registration is needed, and all materials are provided for free. Whether you're a seasoned artist or just looking to try something new, this is a fun and welcoming space to get creative and connect with others. Give us a call if you have any questions!

## **Taylor Swift Themed Cookie Decorating Class**

Join us on Saturday, August 30th from 11:00-12:30 for a Taylor Swift Cookie Decorating class by Foxtree Bakery. Registration is required and spots are limited so be sure to call and register early. Participants will get 4 Taylor Swift themed cookies to decorate and take home. Class is for 15 year olds and up!

Please call 315-733-1535 to register.

## **Chair Yoga Class**

Join us on Monday and Friday mornings from 11:00 to 12:00 for Chair Yoga in the Sammon Room. There is no charge for this class.

## **Senior Yoga Class**

Senior Yoga takes place every Monday at 3:00 in the Sammon Room with Bill Skinner. For those wishing The Friends of the New Hartford Public Library are to participate at home, we do offer a Zoom link for this bringing back their popular community event....the Ice class. Please call 315-733-1535 to get the link. There is

## Lego Club: From Book to Block

New time for Lego Club!!

Each month a passage from a book is read aloud from a pre-selected book. Using their imagination, children are asked to build what they see when visualizing that scene. This club meets on the 1st Saturday of the month

Next meeting: Saturday, August 2nd

## Park Passes Are Back!

Once again, the Friends of the New Hartford Public Library are supporting our Park Pass Program. Through their generosity, we will be allowing our patrons to check out the following park passes which will allow our patrons a discounted entry rate:

The Wild Center

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Fort Rickey Children's Discovery Zoo Adirondack Experience

Munson

Utica Zoo

Empire

Passes must be placed on adult library cards and must be returned to the New Hartford Public Library Circulation Desk. Please call 315-733-1535 for more information.

## **Community Rooms**

Community Rooms will be available for groups and organizations to use. You can find more information on our website (https://www.newhartfordpubliclibrary. org/reserve-a-room/), by calling 315-733-1535, or by visiting our Circulation Desk at the Library.

## **Book Clubs**

Are you interested in joining a book club, currently in a book club, or looking to start one? If your club needs to order books or if you are interested in starting a book club, please call the Library and ask to speak to our Book Club Coordinator, Danielle. 315-733-1535

>Ruth Anne's Mystery Book Club reads mystery novels. They meet on the second Saturday of the month at 11am. For more information, please contact the library.

The April Meeting will be on April 19th from 1-2pm >Wanderlust Book Club reads novels, ranging from current to historical. They meet on the first Thursday of the month. For more information, please contact the library.

>TBR Book Group: Are you on Facebook? Are you always looking for your next book? We have the perfect group for you. We have created a group called the To Be Read (TBR) Book Group where readers can comment on what they're reading and look for suggestions for their next book. With over 100 members, you will never wonder what you should read next!

Join here:

https://www.facebook.com/groups/1532390520153487/

## **ABC Group**

The After Breast Cancer (ABC) Group will not be meeting in July!

## Heritage Doll Club

Cancelled for July! The Heritage Doll Club meets on the third Saturday of the month at the New Hartford Public Library. Meetings are held every month except May, July, August and December, at the library beginning at 10:30 a.m. Interested guests and new members are welcome to attend.

## From the Friends of the New Hartford Public Library Help Us Make History | Mohawk Valley Gives

Have you dreamed of making history? Of course, we all have. This fall you will have an opportunity to be a part of our community's Day of Giving - a moment to unite our community around generous causes to help nonprofit organizations connect to the larger community.

We need your help! Please join our campaign to help the Friends of New Hartford Public Library! We need you to tell your friends and family members about the important work we do and ask them to join us in helping to make a difference.

Get ready to give! On September 19th, visit www. givemv.org and make a donation to the Friends of the New Hartford Public Library and/or to any of the great participating nonprofit organizations in our community. All giving will end at 9:00PM on September 19, so make sure to get your gift in on time!

Questions? If you have any questions or would like more information, let us know. ADuRoss@midyork. org. Thank you in advance for your generosity to our organization!

## **Annette Barber Used Book Room**

ACCEPT: hardbound and paperback books, magazines as well as records, DVDs, children's books, puzzles DO NOT ACCEPT: moldy/damaged books (WE have to throw them out!!!), textbooks, medical books, National Geographic Magazine, Reader's Digest, multi-volume book sets. No longer accepting audio cassettes, VHS tapes and computer games/books or CDs.

The library and community greatly appreciate your "gently" used books but please limit your donations to one box/bag at a time and drop them off at the circulation desk.

DO NOT drop them off in the hallway, at drop boxes, or outside the door when the library is closed. Thank you.

## **Support the New Hartford Public Library**

Thanks to your generosity, fundraisers like The Bill Bonsted Indoor Miniature Golf Tournament, The Annette Barber Used Book Room, the Joshua Turner Fund, Hannaford Bloomin' 4 Good Program, and donations and membership, we were able to purchase new toys and furniture for the children's area, update computer hardware, sponsor performers for the children's summer reading program, park passes and raise our nation's flag with the addition of a new flagpole and flag. Thank you for your continued support.

	FRIENDS MEMBERSHIP FORM
I NAME	
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Email	
Membershi	Annual Membership \$15Life Membership \$100 p is tax deductible. Please make checks payable to: Friends of the tford Public Library, 2 Library Lane, New Hartford, NY 13413
**	Friends of the New Hartford Public Library presents  ICE CREAM SOCIAL  SOCIAL
	11:00 am - 1:00 pm
	August 23, 2025
	at The New Hartford Public Library 2 Library Lane New Hartford, NY 13413

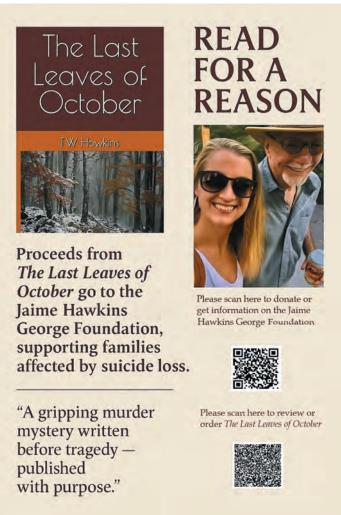
While Supplies Last

proceeds benefit

The Joshua Turner Fund







## New Hartford Author T.W. Hawkins Releases Mystery Novel to Honor Daughter's Legacy

Local author and retired Remington Arms engineer T.W. Hawkins has released his debut novel, The Last Leaves of October, a gripping murder mystery set in the heart of the Mohawk Valley. But beyond the suspenseful story lies a powerful mission: proceeds from the book will benefit the Jaime Marie Hawkins George Foundation, which provides financial assistance to families affected by suicide loss.

The book follows the story of Charlie Dietz, a man wrongfully imprisoned for murder, and Tom, a small-town newspaper editor determined to uncover the truth. Rich with local landmarks and small-town intrigue, the novel pays tribute to the community Hawkins calls home.

The novel was completed long before the tragic suicide of Hawkins's daughter, Jaime, in 2022. Publishing the book became a way to honor her memory and help others experiencing unimaginable loss.

"Writing this book was a personal milestone," Hawkins says. "Releasing it now with the opportunity to help other grieving families—makes it meaningful in ways I never could have imagined."

The Last Leaves of October is available on Amazon. Community members are invited to support the book and the Foundation through purchase, donation, or helping spread the word.



## The Spirit of Josh Fund

Thanks to The Spirit of Josh Fund, our kids now have a new way to make memories outdoors.

The Spirit of Josh Fund was created in honor of Josh Zbytniewski, a young man remembered for his kindness, adventurous heart, and free spirit. This fund supports recreational and outdoor activities for the children at The House.

We're proud to share our brand-new outdoor play area at our Utica Foster Care building located at 17 Herkimer Road. It's a space where children and families can enjoy time together during visits, soak up the sunshine, and build happy memories in a safe, welcoming environment.

Thank you to everyone who continues to support this beautiful legacy.

If you would like to make a donation to The Spirit of Josh Fund, visit:

https://interland3.donorperfect.net/weblink/weblink.aspx

Select "I would like to dedicate this donation" and choose "Spirit of Josh Fund" under "Type of Tribute".











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## The Stories Our Furniture Tells: Why Your Home Should Reflect You

In an age of fast furniture and instant gratification, many homes are starting to feel like showroom copies—stylish, sure, but lacking a certain something. That something, as any seasoned designer or longtime furniture lover will tell you, is soul.

Furniture isn't just functional. It's emotional. The wingback chair in the corner might remind you of your grandfather's library. That hand-me-down cedar chest? It still smells like childhood summers. And that new dining table you just splurged on? It's where birthdays will be celebrated, homework will be done, and stories will be passed around long after dessert is gone.

At Grace Furniture, we've been helping Central New Yorkers furnish their homes for 85 years. And if we've learned anything, it's this: when you choose quality furniture that reflects your story, your home becomes more than just a place—it becomes a legacy.

## It's Okay to Be Sentimental

Some of the best interiors we've seen are full of character and contrast. A sleek modern sofa paired with a vintage rug. A bold dining table surrounded by mismatched, well-loved chairs. A leather armchair next to your child's crayon masterpiece, proudly framed. These spaces reflect real lives, real moments.

It's the sentiment behind the furniture—the stories, the traditions, the memories—that truly makes a space feel like home. And when you combine that with craftsmanship and quality, you've created something



Sat. Aug 23rd All Day into Night

Bands, Artisans, Food Trucks & more!

Lyons Garage Sale at Clinton Arena

weekend of the 8th. Call for space or just

come and enjoy! After all our road work in July, please come support all merchants

in Clinton this month.

lasting. Not just in terms of durability, but in emotional

Also offering Private lessons in piano, voice and guitar

StrikeAChordMusicStudio

## **Style That Lasts (Because It's Yours)**

(Laugh & Learn)

(Move and Groove w/Piano Component)

2.5 - 4

4-6

Trends come and go. What's "in" this season might feel dated next year. But furniture that speaks to you—your history, your taste, your family's lifestyle—is always in

Investing in well-made pieces might cost more upfront, but they reward you tenfold. They hold up through moves, kids, pets, and holidays. They age with grace, develop character, and often become heirlooms themselves. More importantly, they serve as anchors in your home, grounding your spaces with intention and meaning.

## **Design That Tells a Story**

When someone walks into your home, your furniture is the first conversation starter. A dramatic credenza or a handcrafted dining table invites curiosity. A cozy corner with a throw blanket and books signals comfort. These unspoken messages help tell the story of who you are, what you value, and how you live.

And that's what great furniture should do-it should speak.

## **How to Get Started**

You don't need to redecorate your entire home to bring personality into your space. Start with one piece. Maybe a signature chair that makes you feel like royalty, or a locally made side table that brings in natural wood tones and craftsmanship. Shop with intention, ask questions, and choose furniture that aligns with how

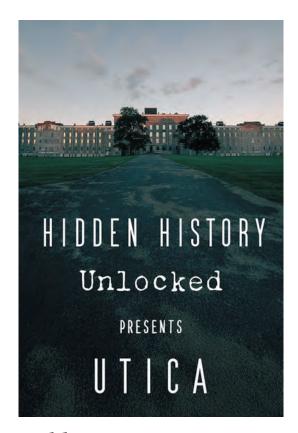
Visit local stores that specialize in high-quality, thoughtfully curated furniture—like Grace Furniture on River Road in Marcy. Our team doesn't just sell furniture; we help customers find the right pieces that will serve their lives for years to come. Whether you're furnishing your first home, upgrading your living room, or searching for that one perfect piece, we're here to help you make it meaningful.

In the end, furniture should do more than fill space. It should enrich it. Because the best homes aren't just

designed—they're lived in, loved, and remembered. And the furniture you choose plays a big part in that

Visit our showroom 9785 River Road Marcy open seven days a week. Shop us 24/7 on www.gracefurniture. com. Call us 315.735.0732.

Written by; Cassie Grace Miles, 4th generation steward of Grace Furniture, a family-owned business since 1940, on River Road, in Marcy, NY. Cassie received her BFA in Design from The Fashion Institute of Technology in Manhattan and continued her career in design, managing luxury furniture showrooms in the world-renowned Miami Design District, along with additional world class hospitality training at 5-star hotels.

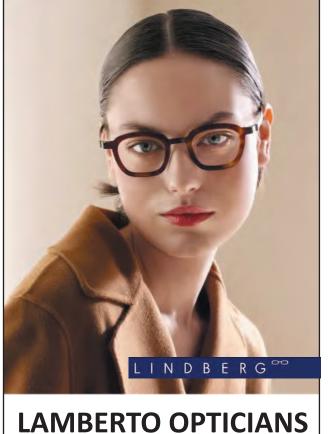


## **Old Main Documentary**

Hollywood Documentary released on Old Main

Bill Stephens, a Hollywood-based documentary filmmaker, came to Utica to film the Utica Old Main building and tell its history.

Dennis Webster from New Hartford, was interviewed for the documentary that was based upon his book, "NYS Lunatic Asylum at Utica." The documentary can be viewed on Amazon Prime, Apple TV, and Google



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Malio Cardarelli
Over the next several
months, we would like
to share some of Malio
Cardarelli's descriptions of
artists who have appeared
at the Stanley Theater.

## Stanley Theatre Series

Arthur Rubinstein 1887-1982 Pianist

Regarded as the greatest Chopin interpreter of his time, Artur "Arthur" Rubinstein was born in Poland into a Jewish family on January 28, 1887. His understanding of music came early at age two displaying perfect pitch prompting his parents to guide him toward a musical career. At age four he was regarded as a musical prodigy who by then had rejected the violin, much preferring the piano. At age seven Arthur had his debut playing pieces from Mozart, Shubert, and Mendelssohn. His early adult career met with monetary problems, causing him to be haunted by creditors and forcing him to sometimes live in hunger, relying on well-to-do friends and associates to help provide his basic needs, repaying them with personal recitals. In his youthful years, he studied, lived, and performed in Berlin and played throughout Europe. His United States debut was in 1906 at Carnegie Hall. Subsequently, later performances in Russia, Austria, Italy, London, Spain, Germany and elsewhere brought him much success and financial independence, allowing him to make his home in Brentwood, California, where he resided during the difficult World War II years. His once only and memorable appearance at the Stanley Theater stage was in April 1953. After a career of eight decades, failing eyesight forced Arthur in 1976 to terminate his musical agenda. He died at his home in Geneva Switzerland on December 20th, 1982.





UCA Class of 1975 50<sup>th</sup> Class Reunion Oct. 11, 2025

3-4pm tour and professional class photo at UCA
5:30pm reception
6:00pm video and welcome
6:30pm Buffet Dinner
New Hartford American
Legion upstairs
8616 Clinton Rd, New Hartford
Facebook page:
UCA Class of 1975
Email:
ucaclassof75@gmail.com







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www.theapartmentconnection.co 2033 Genesee St, Utica • 315-733-7501





Dennis Webster

some comparative stats and facts:

What the History (WTH)!

## The Tale of Twin Towns

Do you know that our town has a twin? An eastern doppelganger across the border of Connecticut. We have New Hartford, New York and New Hartford, Connecticut. Our towns have similarities but also some differences so you can say the twin towns are not identical. Our Connecticut cousin is located in the northwest corner of the state and within Litchfield County. We are centrally located in New York State and within Oneida County. Here are

New Hartford, New York: Founded in 1788 by Jebediah Sanger who had moved from Jaffrey, New Hampshire and is currently 25 square miles. The elevation is 495 feet above sea level and has a current population in the town of 21,874. We do not have any major tourist attractions; however our town is filled with quaint shops

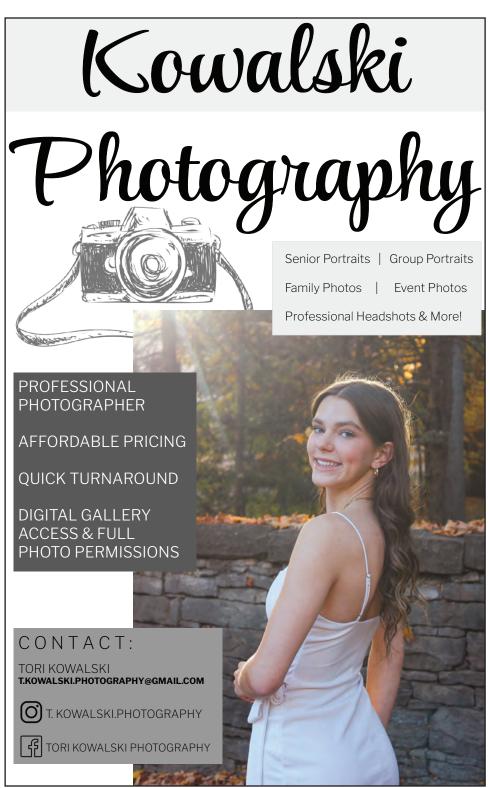
have any major tourist attractions; however, our town is filled with quaint shops, outstanding eateries, and a beautiful village square and town park. We have a park department, fire department, highway department, and police department that are incredible at their service. We are highly educated as roughly 45% of New Hartford, NY residents have a college education and advanced degrees. We are smart, pretty, and welcoming. We've had famous people from our town, but Andy Van Slyke is the one I always think of as I was a huge fan of his baseball career, and I recall him having the wit and wisdom that garnered him national attention. He was always being quoted on ESPN and in Sports Illustrated and The Sporting News.

New Hartford, Connecticut: Founded in 1738 and is currently 25.5 square miles. The elevation is 873 feet above sea level and has a current population of 6,658. The one main tourist item is the Ski Sundown slope along with Brewery Legitimus, Connecticut Valley Winery, and the Jerram Winery. Our cousin in another state is pretty like us but has other charms to make it just a little different, like a steep hill where the brave strap slats of wood on the bottoms of their feet and fly down a snow-packed trail. The one celebrity from New Hartford, Connecticut must be the business of Ovation Guitars, which was founded, and had manufactured amazing instruments for decades. Glen Campbell and the Partridge Family were known for playing Ovation guitars.

When I compare the two towns I can see why we are twins but not identical as we don't talk with the same accent as they are ingrained Connecticut Yankees and we are more diverse in our upstate mores, woodsy folkways, along with the diverse culture and makeup of our town. The drive to our fraternal twin is about four hours so take a lazy day and go for an old-fashioned cruise and see how we compare. One item of interest is the fact that New Hartford, Connecticut has a catchphrase that states, "A Town for All Seasons." We should investigate creating our own catchphrase but trying to capture all the charm of New Hartford, New York in a few words would prove difficult. I will try my best, but I am not a marketing genius, or a political mover and shaker so here goes my best attempt: "A Town that Attracts you like a geographical tractor beam." A sincere apology for that but I did warn you, dear reader.

Dennis Webster is a New Hartford resident, a paranormal investigator with the Ghost Seekers of Central New York, and is a published author of books on true crime, ghosts, local history, and asylums. He can be reached at denniswbstr@gmail. com.











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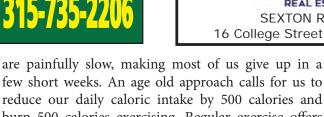
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Experts are reporting new Resistance Training data. The bottom line, Resistance Training is as important as cardiovascular exercise, especially as we age. It enhances joint integrity, builds or maintains muscle, increases caloric expenditure and improves one's mood. A less known fact is that increased muscle mass improves

I follow a low glycemic load (reduced carbohydrate) diet and have tried several diets over the years. I know for a fact, a diet reducing or eliminating sugar, bleached flour and high fructose corn syrup is definitely a prudent choice. With that said, the vast majority of our population are over fed and inactive. Simply reducing portion size would go a long way to solving our stored body fat dilemma, regardless of what diet we follow. I've adopted a simple approach to maintaining my ideal weight. I've dramatically increased the length of time I take to eat, putting my fork down between bites and asking myself an important question, "do I need any more food?" When dining out, I request a box to fill as soon as the meal arrives. The appestat center of our brain, located in the hypothalamus, often confuses thirst with hunger, triggering cravings and false hunger signals and takes 20 minutes to register satiety. Drinking a large glass of water before a meal also addresses the

Taking responsibility for how much we eat and a commitment to regular exercise is the best way to arrive at our ideal weight and maintain it. Although it sounds easy, it requires discipline and a change in lifestyle.



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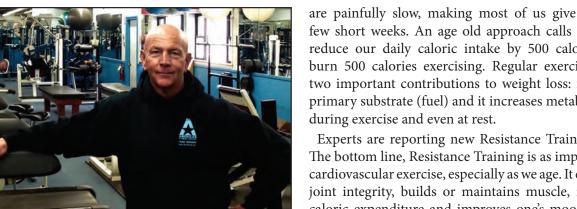
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## Fat

Submitted by Jim LaFountain, All American Fitness Center

My wife, Cindy and I have had the good fortune of spending some time in Europe. We immediately noticed, on average, Europeans are leaner and more active than Americans. One early morning while hiking the Bavarian Alps, I saw a couple hiking about 200 feet ahead. I'd like to think I'm in pretty good shape, but it took several minutes for me to catch them. To my surprise, they were a married couple and 80 years old. They confessed, they hiked this trail six days a week. Dinner that evening consisted of a small portion of meat, vegetables and a tiny dessert. By American standards, it was about half of the portions of most dinners we eat.

It's time to explore fat cells. Adipose (fat cells) consist of hydrogen, carbon and oxygen and are stored under the skin, referred to as subcutaneous and between organs, called visceral fat. Fat cells store energy in the form of triglycerides. Our body's fat cells are established during our childhood, during our adolescence and stop proliferating at around the age of 24, remaining constant from that point on. On average, we store around 30 billion fat cells.

Weight loss encourages fat cells to reduce in size, but not in actual number. To complicate fat loss even more, our body defends a specific body weight, referred to as one's "Set Point." Our body adjusts its metabolic rate to remain at its Set Point. Those who severely reduce caloric consumption force their metabolism to slow down in defense of their Set Point. In order to combat this phenomenon, a minimal reduction in daily caloric consumption and added exercise, coaxes the body to reduce its Set Point slowly.

It may come as a surprise that I would downplay exercise's role in fat loss. There are 3,500 calories in a pound of fat. Results using the "exercise only" approach

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## burn 500 calories exercising. Regular exercise offers two important contributions to weight loss: fat is the primary substrate (fuel) and it increases metabolic rate

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## June 2025 New Hartford Police **Department Activity:**

1094 Incidents / Calls for Police Service 45 Arrests

338 Vehicle and Traffic Law Stops 68 Motor Vehicle Collisions Investigated 328 Vehicle and Traffic Law Tickets Issued 372 Supplemental Neighborhood patrols 4 Community Policing Details Completed



## NHFD Holds American Red **Cross Blood Drive**

The New Hartford Volunteer Fire Department will host an American Red Cross Blood Drive on Thursday, August 14, 2025, from 1pm to 5pm at the fire station. Reservations may be made by calling 1-800-RED CROS (1-800-733-2767). Reservations are appreciated and walk-ins are always welcome.



**Jewish Community Center's Preschool Program** prevschool Fosters a sense of: Self Esteem Self Discipline ....Interested? • Classes are held from 9 a.m.-12 Please call noon. Monday through Friday (315) 733-2345 for children ages 2 to 5. . Lunch program is available The Jewish Community Center from 12 - 2 p.m.. 2310 Oneida St. Before Care starts at 8 a.m. and Utica, NY 13501 After Care ends at 4 p.m. Www.jccutica.net The school follows the local public school schedule, \* we are open to children of all September - June races, religions and nationalities \* now accepting fall registration applications



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## Summer Walks & Talks 2025

6:00 pm, Rain or Shine, Free and Open to the Public, Donations Gratefully Appreciated, wear Comfortable Shoes, and Bring a Friend!

## Monday, July 21, 2025

## **Interior Tour of the Utica Armory**

1700 Parkway East, Utica

Presented by: Vincent Scalise **Meet:** In front of the building

Park: At the adjacent lot on Culver Avenue

## Monday, July 28, 2025

## St. Mary of Mount Carmel Blessed Sacrament Catholic Church

648 Jay Street, Utica

Presented by: Reverend Jim Cesta, Pastor

Meet: In front of the church

Park: In adjacent parking lot or on the street

## Monday, August 4, 2025

## **Rome Train Station**

6599 Martin Street, Rome

Presented by: Colin Havener, Director, Rome Historical Society

**Meet:** In front of the station

Park: In the adjacent parking lot or on the street

## **Monday, August 11, 2025**

## **Metalogic Factory and Sign Museum**

1305 Conkling Avenue, Utica

Presented by: Joel Grimaldi

Meet: In the back of the building

Park: In the adjacent parking lot to the south (right of the building - follow the signs)

## Monday, August 18, 2025

## **Utica University Campus**

1600 Burrstone Road, Utica Presented by: Dean Stephanie Nesbitt

Meet: To Be Determined Park: To Be Determined

## Monday, August 25, 2025

## **Boilermaker Road Race Headquarters**

**805 Court Street, corner of Sunset Avenue** 

Presented by: Jim Stasaitis, Race Director

Meet: In front of the building

Park: On the street or in the parking lot behind the building off of Sunset Ave.





## Save the date:

## SEPTEMBER 14TH

Wiggle Waggle Registration: 10AM Walkathon: 10:30-11:30AM

Activities, Music, Food Trucks, & Vendors: 11:30AM - 4PM Open for the public to join - Feel free to bring your pets!

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315-601-7931



New Hartford Chamber of Commerce (315) 796-1520 info@newhartfordchamber.com New Hartford Village Offices, 48 Genesee Street, New Hartford



## **Grand Opening of Smash & Bite**

The New Hartford Chamber held a ribbon cutting for Smash & Bite, located in the Hannaford Plaza, Washington Mills. 315-316-0071. They are known for their smash burgers, including The Basic (with cheese), the Double, and the Reuben Burger. Their specialty Pastrami Smash Burger is a must-try, made fresh, grilled to perfection, and full of bold flavor. ~ They smash it, you bite it! You can also find them on DoorDash for delivery.





## July Chamber Alliance Meeting

The July Chamber Alliance meeting was held at the Franklin in Rome. The Rome Area Chamber hosted this month and Assemblywoman Marianne Buttenschon joined to provide a region economic update specifically with the small business industry.

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## NEW HARTFORD PAST TIMES

## August 2025

## NEW HARTFORD HISTORICAL SOCIETY

## George's Quality Food Store

Last month marked the end of an era in the Village of New Hartford as Nellie Kazanjian retired from running the neighborhood grocery store she ran with her late husband, George, since 1941.

George's Quality Food Store, affectionately known simply as "George's" for several generations, was purchased by George and Nellie five years after they were married. They then moved to New Hartford where they raised four children. Before the proliferation of today's "super markets", the neighborhood grocers were the bread & butter (forgive the pun) for many families. Along with that, George's was conveniently located between the N.H. High School and elementary as well as St. John's elementary. It was the perfect "hang out" for school children looking for an afternoon snack or a sweet treat.



Nellie Kazanjian

Nellie was surprised with a neighborhood block party to celebrate her retirement on Sunday August 4, 1974. More than three hundred were in attendance. A testament to the community spirit that she instilled during her 33 years of caring for her customers and neighbors! Nellie would remain active in her community volunteering at the New Hartford Library and helping to found the "Young at Heart" Seniors Club. Nellie was also instrumental in re-launching the Historical Society in 1975.



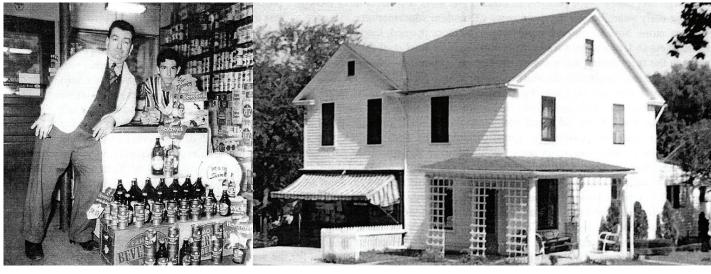
## BECOME A MEMBER!

Please stop in to visit us and consider becoming a member. Membership fees are \$20 for Individual, \$25 for families, \$50 for Contributing and \$100 for Corporate members. The Historical Society is a non-profit, tax deductible organization.

## Planning a Class Reunion?

Make the Historical Society Museum a part of your itinerary! Schedule the Saturday of your reunion for your group to explore our collection of yearbooks, scrap books, local relics and photos. Look up your New Hartford home!

Call 315-724-7258 to schedule your group.



George Kazanjian and store employee Wesley Hayes

Former George's Store & the Kazanjian home on Pearl Street



Museum is Open To the Public

Currently by appointment.

## FREE ADMISSION

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## New Hartford Historical Society

~ Membership Form ~

## Please check one of the following:

[ ]	\$20 <sup>oo</sup> Individual	Name:
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[ ]	\$50 <sup>∞</sup> Contributing	
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] \$100° Corporate

New Member

New Hartford Historical Society P.O. Box 238, New Hartford, N.Y. 13413

You can also pay dues and/or join online at newhartfordhistory.com

## Hooray! The Tally Ho is Back!

We are pleased to announce that Jordan Hallak has been appointed as the new editor of our **Tally Ho**.

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## NH Town **Supervisor** News

submitted by Paul Miscione, Town Supervisor

I'm thrilled to share some exciting news with our community—the of New Hartford Animal Shelter is prepared to fully open and serve our Town very soon - we are just awaiting our final approval

from The New York State Department of Agriculture and Markets.

This project has been a long time coming, and I could not be more proud of what we've accomplished together. What was once a long-neglected and deteriorating building has now been transformed into a beautiful, state-of-the-art shelter that reflects the compassion, pride, and values of our entire town.

This wouldn't have been possible without the tremendous efforts of several key partners. I want to extend my deepest thanks to our outstanding Highway Department, whose craftsmanship and dedication brought this facility to life. I also want to thank our Animal Control Officer John Treen and our Police Department, who ensured the shelter meets all legal and safety standards, and helped coordinate essential parts of the process. A special thank you goes to our Town Clerk's Office, whose organizational support helped keep the project moving smoothly every step of the way.

But this shelter is more than just a building—it's a symbol of who we are as a community. It's a testament to our shared belief that every life matter, including the lives of our animals. We're not only saving costs by housing animals locally, we're also giving our residents a new community asset to be proud of—a place that will bring people together in kindness and care.

Even before our official opening, this facility was already making a difference. During our soft opening, the shelter served as a safe haven for 40 abandoned cats—providing them warmth, care, and a new chance at life. That's what this project is all about: creating opportunities to show compassion, protect the vulnerable, and strengthen our community through teamwork and love.

Moving forward, I am confident that this facility will only continue to grow and improve. It will be a space where families find new furry companions, where volunteers and animal advocates come together in service, and where New Hartford continues to show the region what's possible when a town pulls together.

Thank you to every resident who supported this vision. You have helped create something truly special—something we can all be proud of. Together, we've turned a forgotten space into a beacon of hope.





## **New Hartford Highway News** submitted by Highway

Superintendent, Richard Sherman

As summer is in full swing, there are a lot of projects going on in the Town of New Hartford.

We ask that you be patient

as we continue to mill and pave the roads. This takes a lot of man power, and has put us a bit behind on the brush collection schedule. The brush and green waste crews are out every day picking up, but we have not been able to have all of our trucks out. As you clean up your yards, remember to please separate the brush from the green waste, putting the brush in a pile, and the green different trucks and taken to different places. Please don't put out dirt or stones, as the town doesn't have a communication for both residents and staff. dump site to get rid of this. And no beehives!

We are about halfway through our milling and paving of our Town of New Hartford roads for this summer season. I would like to once again explain the paving process. The Town goes out to bid for milling and blacktop, and the Town Board approves the lowest service my office is known for, but it will enhance it by bidder. Once the roads have been milled, the town work handling routine requests more efficiently and freeing force with the highway equipment, takes our machines and sweeps the roads and mills the edge of driveways and around the sewer manholes. The crew fixes any repairs with the sewer manholes in the roadway along with the drainage catch basins. The town's larger street sweepers then clean the roads again. When the milling machine comes, they do several roads while they are here, because of their schedules. Then roads get prepared for the next crew with the paver and rollers. That is why it takes approximately two weeks between crews and we have milled roads for that period of time.

The Roman Rd detention pond project is on-going, with the first pond being 95% done, and we will soon be starting the second. We are also in the early stages of our Mallory Rd detention pond project.

The Chadwick's project continues as we work on

infrastructure repairs, sidewalks and green space. Milling and paving will begin soon on Oneida Street.

Lastly, many residents have asked how the Town Right of Way works. Town roads are approximately 3 rods, and County roads are 4 rods. There are 16 ½ feet to a rod. This means that if you measure 25 feet from the center line on a town road, this is where the ROW ends. On a county road, you would measure 33 feet from the center line.

If you have any questions, please call me at 315-534-2998 or e-mail me at rsherman@townofnewhartfordny.



## **Bringing AI** Innovation to Better Serve You

submitted by Cheryl Jassak-Huther, New Hartford Town

As your Town Clerk, I am always looking for ways to improve how we serve the residents of New Hartford. That's why I'm excited to

share that our office is currently working on a new waste in a can or container. The two are picked up by initiative to bring artificial intelligence (AI) into the Clerk's Office to help streamline services and improve

> We're exploring AI-powered phone assistance and chatbot systems that will allow residents to quickly get answers to common questions, find the forms they need, and get directed to the right resources—any time of day. This technology won't replace the personal up staff to focus on more complex issues.

> With these tools, we hope to reduce wait times, improve accuracy, and make it easier for everyone to interact with Town Hall—whether you're asking about a marriage license, looking up tax payment information, or just need help navigating our services.

> This is a first step toward modernizing our systems in a way that benefits our entire community. I believe that by using technology thoughtfully, we can make government more accessible, more responsive, and more effective.

> As always, my door is open, and I welcome your thoughts and feedback as we move forward. Together, we're making New Hartford stronger—one innovation

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"From the Mailbag"

Q. I have a Roseville vase that is 5" high that my great aunt cherished for many years before passing it on to me. Can you tell me anything about its history and what it may be worth?

A. Roseville Pottery was established in 1890 by John Federic Weaver of Roseville, Ohio. The company became successful very quickly and Weaver and his partners acquired other pottery companies. At its height, Roseville had more than 100 employees. They ceased production in 1954. Your vase dates from the early 1930's. I would estimate its value at \$250-300.

Q. I bought this antique washstand at an auction several years ago and had it refinished. I am moving to smaller quarters this fall and am curious what its value is?

A. Your oak washstand is a beauty and while the market for antique furnishings is currently depressed, I think the younger generation is finding these washstands to be repurposed in different ways. I think a fair price in today's market would be \$200. Good luck with your move.

Happy collecting!

## Time for Bouckville **Antique Week!**

It's time for New York's largest antique show with over 2,000 vendors. The dates for this antiques extravaganza are August 10-16 from 8a.m. to 5 p.m. daily. A short trip down Route 20 to Madison will be well worth your time. The event is free. Consider more than one day to take it all in!

## NH Historical Society – Your Support Needed!

It's a great time to renew or start your membership in this great community asset. There are new rates for 2025: \$20 Individual; \$25-Family; \$50-Contribute; and \$100-Corporate. You can also now pay for your membership online at the society's website newhartfordhistory.com or you can mail your check payable to 'NH Historical Society' to PO Box 238, New Hartford, NY 13413. All donations are tax deductible. Your support is appreciated.

## NH Questers-Check Us Out

The J. Schoolcraft Sherman Chapter #1519 meets monthly at the NH Library except July and August. Our meetings are at 4:30 p.m. on the 1st Monday of the month. We are a chapter of the International Questers, an organization of individuals interested in history, preservation and an appreciation for antiques. We try to have an interesting program each month and members bring items for a Show & Tell. Dues are \$50 per year and includes an online subscription to the quarterly Questers magazine. For more information contact me

by email at vjfariello@gmail.com or call 315-723-7285. We would love to see you at an upcoming meeting this

Victor J. Fariello Jr. is a lifelong resident of New Hartford and has been a collector and dealer of antiques for many years. He is a past officer and member of the New Hartford Historical Society and is the President of the J.

Schoolcraft Sherman Chapter #1519 of The Questers, an International organization for people who love antiques and have a commitment to preservation. Questions on anything related to antiques can be sent to him at PO Box 194, Washington Mills, NY 13479 or by email to vjfariello@gmail.com. Any photos submitted will be returned upon request.







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## **NHFD News**

Your New Hartford Volunteer Fire Department responded to 112 alarms during the month of June 2025 as indicated by the monthly call report listed below by category:

Fires = 4EMS = 41Hazardous = 12Service Type = 25Good Intent = 6False Alarms = 24Other = 0

Total Calls for the Month of June 2025 = 112.

Of the 112 alarms, 100 were in the town and 11 were in the village. The above alarms include 1 mutual aid for the month of June.

Total alarms year-to-date through June 30, 2025= 582. Some of the calls listed above - such as Fires, EMS, and Hazardous - are self-explanatory. Others such as Service, Good Intent and Other Alarms are not. Service Calls include water or animal problems, public assistance or standbys. Good Intent refers to responding but did not find anything or canceled in route. Other alarms include explosions, carbon monoxide, smoke or sprinkler detector activations.

The figures above do not include other activities by members of the department such as Fire Prevention details, training, parades, Open House and other various department committee meetings that take place throughout the year.

## In Other Department News

During this time of the year the Chief and members of The New Hartford Volunteer Fire Department would like to remind everyone that it is always important to have your address clearly marked.

In the first six months of 2025, the New Hartford Volunteer Fire Department has responded to 582 alarms for assistance. More than three quarters of these were calls for medical emergencies. The great increase in activity at the firehouse both days and nights is due to an increase in our community population and businesses within our fire district. It is estimated that at any given time, there can be over 15,000 shoppers and others passing through our community daily.

Therefore, it is important that every residence and business properly and prominently displays it address number as to be visible from the street. In rural areas, it is advisable that numbers be placed both on the mailbox as well as the house itself. These address numbers serve an important function. Not only do they make it easier for new neighbors to find you, but most important, the address is a "target" for firemen, police, and medical services personnel. And, during the evening hours, especially as it would be most helpful to have a porch light on to identify the property that we are responding to. If they can't find you in an emergency, the delay, however slight, might be the difference between a successful outcome.

Thank you for helping us help you.



## NHFD Holds **American Red Cross Blood Drive**

The New Hartford Volunteer Fire Department will an American Red Cross Blood Drive on Thursday, August 14, 2025, from 1pm to 5pm at the fire station. Reservations may be made by calling 1-800-RED CROS (1-800-733-2767). Reservations are appreciated and walk-ins are always welcome.

## **B Sharp Musical Club Presents** McGinty and Pecci Scholarships to High School and College Musicians

On Monday, July 7 at Grace Church the Club awarded three more scholarships for high school and college aged musicians: the \$750 Mary and Sheila McGinty Scholarship for Excellence in Piano is awarded to a graduating high school senior pianist, and the Robert G. Pecci Scholarship recognizes two outstanding college musicians who each receive a prize of \$1500. As is the case with all of B Sharp's scholarships, the recipients must be residents of Oneida, Herkimer, or Madison counties, but may be attending college anywhere.



The Mary and Sheila McGinty Scholarship for Excellence in Piano went to Jonathan Burgdorf, who will attend SUNY Potsdam's Crane School of Music and study piano performance and music business.





The Robert G. Pecci Scholarships went to Madilyn Connor, a flutist who attends Ithaca College, and Dominic Fiacco, who studies organ at the Eastman School of Music.

Information about all of B Sharp's scholarships can be found on its website: www.bsharpmusic.org.





by Raymond J. Durso, Jr., President/CEO The Genesis Group Chairman, Chamber Alliance Mohawk Valley

## "Say YES to Summer" by Raymond J. Durso, Jr., President/CEO

It's Summertime in the Mohawk Valley, now slow down. You don't want to miss anything by hurrying past it. That's the wisdom of Summer. It teaches us to be fully awake, engaged and open to everything around us. It's about being outside, whether on populated streets or deep in nature. It's the season for relaxing and enjoying quality time with friends and family. So get out! Go camping, boating, visit area lakes, savor lemonade, watermelon, funnel cakes and ice cream, attend festivals and concerts. Throughout Madison, Oneida, Herkimer, and Otsego counties, the region offers a plethora of events and attractions, there's something here for everyone!

There's something about Summer that flips a switch inside us. Maybe it's the longer days, the smell of backyard BBQs, or the way a warm breeze can melt away even the frostiest mood. Whatever the reason, Summer isn't just a change in season—it's a shift in mindset. It's the season of yes. Yes, I'll come to the fair. Yes, I'll help set up chairs at the park. Yes, I'll buy a ticket to your fundraiser. Yes, I'll go for that walk even if I'm already in my pajamas – LOL. Yes to farmers' markets, garage sales, and patio parties. Summer is the time when we stop making excuses and start saying yes to things that bring us closer together. I believe that Winter is for hibernating. Spring is for prepping. But Summer? Summer is for living. Fully. Loudly. And preferably outside!

And let's be honest—our community is better when more of us say yes. When we say yes...we're doing more than just filling time. We're shaping our community. We're showing our kids what involvement looks like. We're investing in connection in a world that seems increasingly content with isolation.

Of course, not every "yes" will be comfortable. Sometimes it means stretching outside your routine or trying something that feels unfamiliar. But here's the truth: growth never comes from "no." Growth—and connection, and community—comes from yes.

So if you've been waiting for the perfect moment to get more involved, try something new, or reconnect with friends and neighbors, this is it. This is your sign. Summer won't last forever, but the memories you make now will carry you through the long months ahead. Don't wait for next year. Don't let another season slip by while you scroll past the invites and tell yourself you'll go next time. Say yes. Say yes to helping out and hanging out. Say yes to whatever you've been putting off and

the people you haven't seen in far too long. Say yes—not because you have to, but because you can.

In the United States, Summer is bookended by two holidays that honor work and sacrifice. Memorial Day reminds us to look back with gratitude and honor soldiers who died in battle. And Labor Day honors work by giving many of us a break from it. It's a metaphor. Between sacrifice and work – and maybe because of it – we have freedom. Summer is the season of self-autonomy. But conversely, it can also be a time to do as little as possible. It's the season to just be. 'Tis the season for laying in a hammock - LOL.

Before you know it, we'll be hearing "back to school" ads and feeling cooler nights. It's Summertime in the Mohawk Valley, enjoy it my friends and don't hesitate to say





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LtoR: Mrs. Hines, Coopers Mother, Cooper Hine, Gail Lewis, scholarship coordinator and Mr Mark Hine, Coopers Father.



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Start time Game type Regular Season Regular Season

Sport Tennis (Girls) Tennis (Girls) Football (Boys) Varsity New Hartford HS Turf Field

Level Location

Varsity New Hartford HS Tennis Courts Varsity New Hartford HS Tennis Courts

\*subject to change without notice

## The Lioness Club of Greater New Hartford News

The Lioness Club of Greater New Hartford is ■ pleased to announce the recipient of our yearly scholarship. She is Copper Hine of New Berlin, NY. She is a 2025 graduate from Unadilla Valley Central Schools. She is the daughter of Mr. and Mrs. Mark Hine. Cooper will be attending Oneonta State University in the fall and she will be studying Early Childhood Education. We congratulate Cooper and wish her well as she embarks on her next journey. Congratulations Cooper!

The Lioness Club is always welcoming new members. If interested, please call Pam Cuda at 315-735-7334.

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Pictured are participants from last year's Bike-Run-Walk before taking off on the bike ride.

## 10th Annual Stars & Stripes Bike-Run-Walk to be Held in Boonville

The 10th annual Stars & Stripes Bike-Run-Walk, a fundraiser for Sitrin's Military Program, will take place on Sunday, September 28, 2025. Hosted by the Boonville VFW Post 5538, this event is open to riding enthusiasts of all ages.

The Stars & Stripes Bike-Run-Walk offers two exciting bike riding options. One is the Boonville-Forestport Canal Towpath. This ride is for mountain bikes and is easy up to a 20-mile pedal. The other is a 30-mile road bike ride through Boonville, Forestport, Alder Creek, and is for experienced road cyclists. Additionally, there will be a scenic walk around Erwin Park and a 5K run.

Whatever the choice, all are encouraged to bike, run, or walk at their own pace through the scenic North Country around Boonville, NY.

Registration for the Bike Rides is at 8 a.m., with the road ride taking off at 8:30 a.m. and the towpath at 8:45 a.m. Registration for the Run & Walk is at 10 a.m., with the runners taking off at 10:30 a.m. and the walkers at 10:45 a.m. The entry fee is \$25. Participants who raise \$200 or more are eligible to receive an official Stars & Stripes jersey or an embroidered polo shirt.

Continuing as Presenting Sponsor of this event is the Lodging Kit Company, a veteran-owned enterprise.

Pledge forms are available from Jackie Warmuth, vice president of clinical

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development and director of Sitrin's Military Program. She can be reached at (315) 737-2435 or jwarmuth@sitrin.com. Individuals can also pick up pledge forms at the VFW Post 5538 in Boonville. Additionally, registration is available online at www.runsignup.com/Race/NY/Boonville/StarsStripesBikeRunWalk.

Vietnam Veteran Paul Fortin, member of the Boonville VFW Post 5538, has been coordinating the Bike-Run-Walk since its inception 10 years ago.

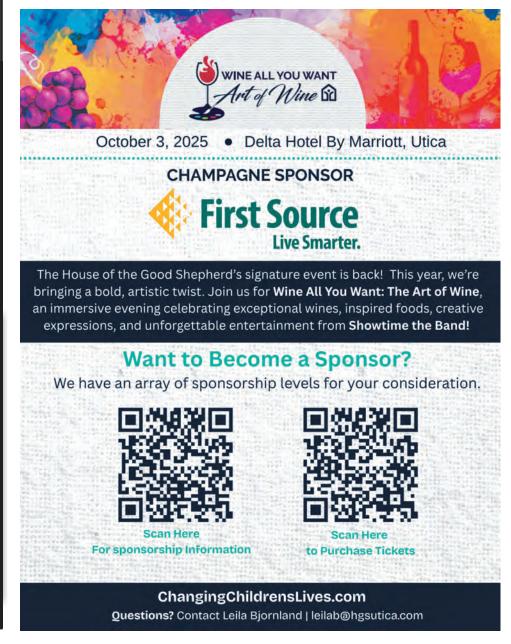
"The Boonville VFW is pleased to offer four different activities for veterans and community members to enjoy the outdoors and changing scenery, while also raising funds for local veteran care," Fortin said. "We are proud to support such a necessary cause."

Sitrin's Military Program provides comprehensive, complimentary care to post-9/11 veterans and service members and is funded, in great part, by events such as the Stars & Stripes Bike-Run-Walk.

"We are deeply grateful to Paul Fortin, members of the Boonville VFW Post 5538, and our generous sponsors for supporting local veterans being treated through the Sitrin Military Program," Warmuth said.

ABOUT SITRIN: Sitrin, a not-for-profit corporation, provides a variety of services for people of all ages and abilities, including comprehensive medical rehabilitation (inpatient and outpatient), long-term care, assisted living and enriched housing (Cedarbook), NeuroCare, residential care for people with intellectual disabilities and medically complex conditions, medical and social model adult day program, military program, adaptive sports (STARS Program), a Wellness and Aquatic Center, orthopedic injury program, concussion management, child care, and dental clinic.





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Neighborhood Rising Graduates 2025

## Neighborhoods Rising and Leadership Mohawk Valley Graduates Turn Vision Into Action at MVCC Ceremony

The Jorgensen Gymnasium at Mohawk Valley Community College was filled with pride, purpose, and promise during the recent graduation ceremony for Neighborhoods Rising and Leadership Mohawk Valley (LMV), hosted by the Center for Leadership Excellence. The event celebrated a new generation of changemakers who are using personal growth and community connections to drive local impact.

Neighborhoods Rising, a three-month program tailored for Black and Latino residents—especially those in Utica's Cornhill neighborhood—focuses on building leadership skills in civic engagement, nonprofit development, strategic planning, and fundraising. Leadership Mohawk Valley, a ten-month leadership accelerator, helps early-career professionals and seasoned individuals refine their leadership potential while learning to navigate local challenges through real-time collaboration

and mentorship.

Graduate Success Stories: Community Transformation in Motion

Kamal Fardan, a Neighborhoods Rising graduate and certified personal trainer, used his action plan to address wellness among seniors. He was hired by Sitrin Health Care Center to lead programming for residents. A pivotal moment occurred during the graduation when he connected with Amy Turner, Executive Director of Mohawk Valley Community Action Agency (MVCAA)—opening the door to future senior wellness collaborations.

Kalisha Lockhart, a keynote speaker and Neighborhoods Rising alumna, credited facilitators Salina Billings and Dietra Harvey with helping her fulfill a longtime dream. After being introduced to Phyllis Breland, former Director of Education at Hamilton College, during a session at the Thincubator, Lockhart was given symbolic startup money and encouragement to invest in herself. She finally completed her children's book—an idea she shelved during the pandemic. Lockhart's parents offered heartfelt thanks to Harvey for being "a beacon of light and a steady presence," noting her critical role in Kalisha's development.

Alexandria Paul, a Leadership Mohawk Valley graduate, discovered her calling through the program. A summa cum laude graduate from Delta State University, a Historically Black College and University (HBCU), Paul holds a degree in kinesiology and now serves as a Case Manager for Oneida County Workforce Development. Her passion lies in helping local youth access employment and training opportunities—work she's ready to scale using her new leadership tools.

"Programs like these do more than teach leadership—they ignite it," said Dietra Harvey, Neighborhoods Rising facilitator. "We're creating confident, capable leaders who understand how to leverage resources, serve on boards, and make lasting change."

Now Accepting Applications

Leadership Mohawk Valley (LMV) – Next session begins September 2025

Neighborhoods Rising - Next session begins January 2026

For more information or to apply, visit the Center for Leadership Excellence at: www.mvcc.edu/cle

(315) 792-5400 cle@mvcc.edu

About the Center for Leadership Excellence

Founded in 2018, the Center for Leadership Excellence is a partnership between Mohawk Valley Community College and Leadership Mohawk Valley. The Center offers leadership development programs for emerging community leaders, early-career professionals, and underrepresented groups throughout the region, helping to build a resilient, equitable Mohawk Valley.



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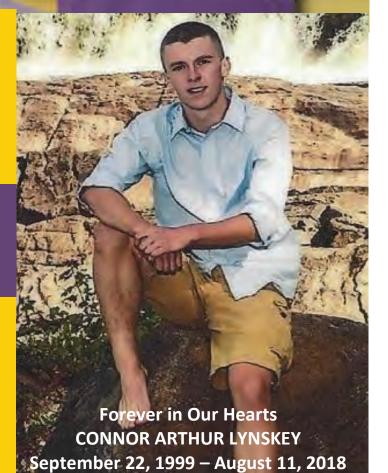
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## **SEWER AND DRAIN BACK UP:**

Sewer overflow or drain back-ups can present a more technical approach to the clean- up due to the contaminates involved. Porous, semi-porous building materials and contents will generally involve removal where affected by sewage, followed by proper remediation cleaning and disinfecting procedures. Hard surface areas when properly remediated will bring the space back to a pre loss condition and ready for new material replacement.

## **BASEMENT AND ATTIC MOLD:**

Several factors can influence a mold growth in a basement or attic area.

Attics and basements are one of the most common areas of mold growth in the home. Attics tend to have the perfect conditions for mold growth (hot, humid, and an abundant food source consisting of the wood framing and sheathing). Most homeowners may go up in their attic seldom if ever so the mold problem is allowed to grow undisturbed sometimes for years! Basement mold is a common problem in many homes due to ground water seepage mainly at the base of the walls around the perimeter of the basement.

## WHAT ARE THE SIGNS OF AN **ATTIC MOLD PROBLEM:**

Dark black staining on wood surfaces, both the underside of the roof sheathing and also the framing lumber itself. If the wood in your attic shows any dark discoloration, a spotty or solid pattern the problem has moved beyond moisture and you may have mold that should be removed.

## WHAT ARE THE SIGNS OF A **BASEMENT MOLD PROBLEM:**

Several factors can influence a mold growth in a basement area. Basements with finished walls are susceptible to moisture intrusion at the ground level. Trapped

moisture due to lack of air flow between the finished wall and the exterior foundation wall is an ideal environment to facilitate mold growth. A dark appearance showing on the face of the finished wall should be investigated further. Unfinished basement will typically show signs of mold growth at the base of the foundation spreading upwards over time. Although there are a few different reasons this particular area of the structure is problematic, ground water seepage along with lack of air flow and improper dehumidification are generally the cause.

## DO I NEED A WATER MITIGATION **COMPANY AND WHAT DOES A WATER MITIGATION COMPANY DO:**

The purpose of a professional water mitigation company is pick up the phone when a clients emergency arises! Respond to the incident, evaluate and get the situation under to prevent further damage and discuss a plan with the homeowner moving forward. Disaster Services will determine the extent of water travel, evaluate and remove, if necessary, any affected structural materials, like drywall and flooring. If left unaddressed, wet flooring and drywall can rapidly lead to major problems, like structural weakening and mold growth. We will also determine the proper type and amount of drying equipment necessary to dry the structure back to a pre loss condition. Disaster Services will make sure you get the help you need when you need it most. Customers should get clear answers to their questions about services and procedures. ... Trusted companies will provide detailed information about the services they provide and how they are performed.

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For more information, further questions or just to request some handy contact information please feel free to give us a call. When in need of emergency or nonemergency services, Disaster Services LLC. offers immediate response to damage caused by water, fire, smoke and mold. We are a locally owned company who will answer your calls when you call. No answering machines, voice prompts etc. We are a N.Y.S. licensed mold removal firm and recognized by all insurance carriers, working closely with both the home owner and insurance carrier. When calling our office, you will always speak to a live voice and not an answering machine. We realize that in your time of need you should be speaking to someone and not a machine.

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## Kilts and Kiltmaking: A Peek Inside the Tradition and the Craft

Please join us at the H.A.R.P. Museum as it continues its popular "Lunch and Learn" series on Wednesday, August 13 at 11 AM , when Barbara Tewksbury teaches us about kilts and the craft of kiltmaking.

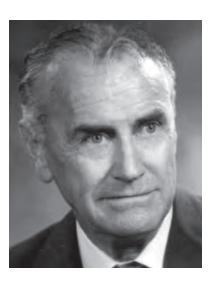
Kilts and tartan stand among the world's most recognizable symbols of cultural affinity and kinship and represent one of the most distinctive and well-known examples of national dress. Few people fail to recognize a kilt and to associate it with Scotland. Much of this comes from the fact that kilts are currently remarkably popular. Few western cultures can count as many people who frequently wear a traditional garment whose style has changed little in nearly two centuries. And interest in kilts is actually on the rise - more and more people are commissioning and wearing kilts.

In this presentation, you'll learn a bit about the history of kilts, tartans, and tartan design, but the focus will be on how kilts are actually made. A traditional kilt is hand-stitched and constructed entirely differently from a garment made from a pattern. You'll also have a chance to peer inside several partially finished kilts to see how they are made.

Dr. Barbara Tewksbury is a retired Professor of Geosciences at Hamilton College, a piper, and the author of The Art of Kiltmaking, a book designed to teach people how to make traditional kilts. She is a well-known kiltmaker and has made kilts for people all over the world. The attached photo shows her holding a partially finished kilt that she was working on in Iceland when she was there doing geological field work. The volcano Eyjafjallajökull is on the skyline, and the tartan is the Volcano tartan, inspired by the volcanoes of Iceland.

A \$20 registration fee will cover the program and lunch (tax and gratuity are included). All those interested in attending are asked to register at https://bit. ly/40eocDY or leave a message at (315) 733-4228, Ext 6. The H.A.R.P. Museum is located on the second floor of the Irish Cultural Center of the Mohawk Valley, 623 Columbia St, Utica. All are welcome to attend this program and the museum is wheelchair accessible.





The H.A.R.P. Museum Presents "An Irishman for All Seasons"

During the month of August, The Irish Cultural Center of the Mohawk Valley will feature an exhibit on the life and times of the late state Senator James H. Donovan, who died while serving in office in 1990, and achieved the distinction of Oneida County's longest serving state senator and the author of more than four hundred state laws.

"An Irishman for all Seasons" will trace the genealogy of the Donovan family, who emigrated to the United States from County Cork, Ireland in the 1830s.

The exhibit includes the history of Donovan's years as a young man growing up in Holland Patent and later west Utica; his military service in WWII as a Marine fighting in the South Pacific and his return home to start a successful roofing business and nearly 40 years of elected public service. He won thirteen races for the state Senate, serving from 1966-1990. Gannett News Service described him as a man who "...has the ingredients to make a great legislator - courage."

During his career, he was the recipient of hundreds of awards from organizations across New York State. Local buildings and facilities named in his memory include the Senator James H. Donovan Middle School in Utica, Donovan Stadium at Murnane Field and the James H. Donovan Science & Technology Building at SUNY Polytechnic Institute in Marcy. Donovan is credited as the driving force behind the campus in Marcy which today hosts silicon chip manufacturer Wolfspeed and global engineering company Danfoss.

He served as the Chair of various senate committees, including 17 years as Chair of the Education Committee achieving a national reputation for advancing technology in education. He launched the "Parents as Reading Partners Program (PARP)," which has been replicated throughout the country.

The exhibit will also feature photos with local, state and national dignitaries and public officials; campaign paraphernalia from the 1960s, 1970s and 1980s; the Senate chamber chair occupied by Donovan over his 25-year Senate career, and an award winning bust sculpted by local artist Claudia Hartz of Clinton.

The exhibit will run throughout the month of August in The Gallery at the H.A.R.P. Museum, located on the second floor of the Irish Cultural Center of the Mohawk Valley, 623 Columbia St in Utica. We will have an opening presentation by Jerome Donovan followed by a reception on Wednesday August 6 at 4 PM. To assure adequate seating, we urge you to register online at https://bit.ly/3GnpGFd or call and leave a message at (315) 733-4228, Ext 6. All are welcome and the museum is wheelchair accessible.

The museum is open during the Five Points Public House operating hours: 11:00 AM to 9:00 PM on Wednesdays; 4:00 PM to 10 PM on Thursdays, 11:00 AM to 10:00 PM on Fridays and noon to 8 P.M. on Saturdays.

## History Center Hosts Ninth Annual Historical Selfie Scavenger Hunt ~ August 1 – 29, 2025

Join Oneida County History Center for its ninth annual Historical Selfie Scavenger Hunt. Venture on a county or city-wide scavenger hunt to explore the people, places, and events that shaped Oneida County. Clue sheets and instructions will be available at the History Center or oneidacountyhistory.org. Document your travels with a photo or selfie and share it on social media. All ages are encouraged to participate in this free program. On August 1, from 2-4 pm, the History Center will kick off the scavenger hunt with a mini-challenge with prizes and refreshments.

To participate, choose an Oneida County or Utica-based hunt and follow the clues to historical sites, monuments, and markers around the greater Mohawk Valley. After learning about each location's history, take a selfie at each destination.

Share your adventure by posting your photos and tagging the History Center on Facebook (@OneidaCountyHistory), or Instagram (@ochc\_localhistory). When you are done, visit the History Center at 1608 Genesee Street to share your photos. The first five participants to finish the hunt will receive a History Center membership and a prize. All children under 18 will receive a participation prize.

Oneida County History Center is a private 501(c) (3) not-for-profit educational institution dedicated to preserving history and promoting the culture of the Greater Mohawk Valley. For additional information, visit oneidacountyhistory.org or its Facebook page.



Christopher J. Carbone

## **Lessons Learned: What Would** I Tell my Younger Self About Money and Investing?

Wells Fargo Advisors asked colleagues and friends what they would tell someone who has just graduated and/or is starting a new phase in their lives. Here are some of the thoughts they shared.

As you enter a new stage of your life, it makes sense to give some thought to how your money factors into your routines and habits.

## Take a close look at your money attitudes and behaviors.

Maybe you have saved every dollar you ever received for every birthday and holiday since you were young. Or maybe you've spent every one of those dollars and do the same with every paycheck. This may be a good time to recognize and perhaps start to change any behaviors that may be contributing to a less-thanoptimal outcome. It is never too late to start paying yourself first.

## Be intentional in your money decisions.

It is tempting, if starting out with a new job with a steady income higher than you've ever had before, to want to go on a spending spree. Before you start spending, give careful thought to ALL the jobs that money can do for you. Money can buy things, but it can also, depending on how you use it, create stability or help you reach goals you set for yourself. Devote some time to think about the role money will play in your life. Your decisions about money can have very positive or very negative results. (Will money be your friend or your enemy?)

## Have a plan.

Some people have a clear plan for their entire lives and start to work that plan upon graduation or at the beginning or completion of a life milestone. If you are not one of those people, at least create a one-year plan for your life activities and calculate the amount of money you will need to support that. Set that budget, and stay true to it for that first year. Commit to some amount of money to save that you will consider untouchable



**Advisors** 

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for this first year. At the end of that year, assess your enjoy the results of your efforts. progress, celebrate your successes, and learn from any setbacks. Adjust and implement your plan accordingly.

## Pay yourself first.

Create the "pay yourself" habit, and automatically increase contributions as your income rises. Sign up for workplace savings and retirement accounts. If your employer offers a certain percentage match, at least participate to that level to receive the "free money" your employer provides. And with every increase in wages, increase your savings contributions as well.

## Pay off your debt AND start saving.

"OK," you say, "I want to save but I have school loans or other debt." Work to rebalance the scale — pay off your debt to stop your cash outflow and reroute that cash flow back to you. Everyone has a unique set of circumstances to consider in order to reduce debt and save more.

## Manage your credit to your advantage.

Resist the temptation to accept every credit offer you get. It's important to establish a credit history in order to build your credit rating, but the use of multiple credit options could lead to unwanted debt. If your money plan includes a credit component, have a clear understanding of how much that credit is costing you. Also keep track of your credit rating and understand actions you can take to improve it. Check your credit report on a regular basis to be sure that all the information that appears there is accurate. If it is not, report the discrepancy so that it can be corrected on your credit report.

## Enjoy the rewards your hard work earns for you.

It takes effort to earn money and to manage it to implement the plans you've made. Include in your plans rewards that are meaningful to you. Take time to

Wells Fargo & Company and its affiliates do not provide tax or legal advice. This communication cannot be relied upon to avoid tax penalties. Please consult your tax and legal advisors to determine how this information may apply to your own situation. Whether any planned tax result is realized by you depends on the specific facts of your own situation at the time your tax return is filed.

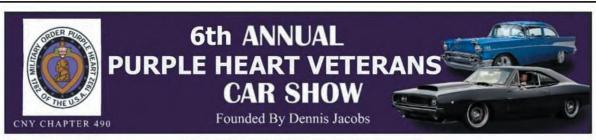
This article was written by/for Wells Fargo Advisors and provided courtesy of Christopher J. Carbone, CFP®, AWMA®, LUTCF® First Vice President - Investment Officer - Financial Advisor in New Hartford, NY at (315) 723-7386

Investment and Insurance Products are: • Not Insured by the FDIC or Any Federal Government Agency • Not a Deposit or Other Obligation of, or Guaranteed by, the Bank or Any Bank Affiliate • Subject to Investment Risks, Including Possible Loss of the Principal Amount

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A Benefit for CNY Chapter 490 Military Order of the Purple Heart

Saturday August 9th, 2025 10am-3pm **NO RAIN DATE** 

## Car, Truck, Motorcycle, & Corvette Show \$10.00 Donation per Vehicle

Location: FT Proctor Park (Corner of Rutger and Culver) Utica NY 13501

The Trophies Categories are Kid's Choice

Men's Choice Women's Choice Motorcycle Choice

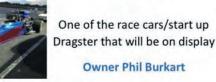
Corvette Choice

Trophies Donated by Beacon Body Shop









Commemorative Gifts Coffee Cups By Joe Piluso, Tucci Hot Rods Designed by Brianna Jacobs

The first 100 entries will receive a souvenir Coffee Mug

Special Items from Don Garlits Will be featured

Food Trucks will be available

Chinese auction and a 50/50 raffle

Facepainting by Mary Fessia

Photography by **Tom Bogaert** 

Nothin' But A Good Time DJ Services Randy & Kathy



PARK OUTDOOR



Donald & Joanne MacAnn **Dominick and Christine Celia** Celia Construction Richard K. Weller











For more information call Dennis Jacobs at 315-525-3794

## MOHAWK VALLEY CHAPTER FALL MEETING Thursday, September 25, 2025 VERNON DOWNS – Hotel Entrance 4229 Stuhlman Rd Vernon, NY

9:30 AM

Breakfast Buffet: Fruit, Muffins, Pastries, Yogurt, Eggs, Western Frittata, French Toast, Bacon Sausage, Breakfast Potatoes, Juice, Coffee, Tea

LEGISLATIVE GUEST SPEAKERS

DOOR PRIZES and BASKET RAFFLES

\$18.00 Per Person

Reservation Deadline: September 12, 2025

## MOHAWK VALLEY MEMBERSHIP MEETING RESERVATION FORM: Name:\_\_\_\_\_ Address: \_\_\_\_\_ Phone:\_\_\_\_\_ Email:\_\_\_\_

Mail checks Payable to: Mohawk Valley RPEA
Send check and reservation form to:
Brenda Leone
139 Pheasants Run Unit 4
Clinton, NY 13323
315-725-4387



# DEMOCRATIC CANDIDATE MEET & GREET WHEN September 22nd 6 – 7:30pm WHERE New Hartford Public Library 5th Judicial District NYS Supreme Court Judge Candidates Elizabeth Fortino & Candace Randall Christopher Giruzzi – Candidate for Utica City Court Judge Frank Meola – Candidate for Utica City Comptroller Candidates for Oneida County Legislator District 2,7,9,12,14,15,18,19,20,21.22 &23

Richard Duesler, Matthew Downs, Stephen Hampe, Chad Davis, Maria McNiel, Joe Furgol, Tim Julian, Evon Ervin, Lori Washburn, Anthony Leone & Kellyann Mercurio-Bianco

Candidates for Utica Common Council Wards 1,2,3,4 & 5 Katie Aiello, Robert Burmaster,

Candidates for Utica Common Council At-Large Jack LoMedico & Heather Wasielewski

SPONSORED BY ONEIDA COUNTY DEMOCRATIC WOMEN'S CLUB

Joe Betar, Hiram Rios & Venice Ervin



## Fair Trade Shop

Deep summer is when laziness finds respectability. We need summer to be longer so we have more time to do nothing. Make it a summer you'll always remember, with people you'll never forget. Smell the sea and feel the sky. Let your soul and spirit fly!

- · Never lose your glasses again with our tapestry Eyeglass Case in Santiago brocade from Guatemala. Its colorful design makes it easy to find, whether on your desk or inside another bag.
- · Our Cotton Billfold Wallet makes for a great gift (either for a loved one or yourself). Made with traditional Guatemalan fabric, it has a Velcro closure to keep valuables in place. Each wallet has eight card slots and one large pocket for paper money.

These and many, many more uniquely handcrafted gift items from 38 different countries can be found at our Fair Trade Shop, Stone Presbyterian Church, 8 So. Park Row, Clinton. Our regular hours are 10am to 4pm every Thursday, SECOND Saturdays and every Thursday at the Farmer's Market on the Village Green during the summer months and by appointment by calling 315-853-1070. Purchasing fair trade items ensures artisans and small farmers fair wages and healthy working conditions, providing dignity, sustainable development and hope for marginalized people. Let us be your go-to Gift Shop!

Visit us at https://buildingstonesshoppe.square.site or www.facebook.com/buildingstonesfairtradeshoppe.





## FIRST UNITED METHODIST CHURCH

105 Genesee Street, New Hartford (315)733-4227 office@firstumconline.org Rev. David McKinney Sunday Services:

10am Classic Worship

Sunday School for children begins around 10:20

Adult Sunday school 11-12pm

Sunday Youth Group 7-8pm Supervised Nursery Care during Worship

Fellowship Coffee Hour following Worship Service Praise/Worship Services are the 3rd Wed. of each month. Light supper will begin at 5:30 and worship is from 6-7pm Our Church Building is open for in-person worship services Or watch our livestream service online at firstum conlline.org Easily accessible building, sanctuary, and bathroom.

## ST. JOHN THE EVANGELIST CHURCH

66 Oxford Road - 315-732-8521 Rev. Msgr. James Lang Saturday: Vigil 5:15 p.m. Confessions 6:15pm Sunday Masses: 8am & 11am

We are handicapped accessible!

## **CROSSPOINT CHURCH**

317 Oriskany Blvd, Whitesboro - 315-797-4520 Senior Pastor, Bobby Allen

Sunday Services:

8:30am-9:00am Breakfast 9:00am - 10:30am Study Groups

10:30am - 12noon Worship Service Website: crosspointchurchonline.org

Sunday Morning Services streamed live Pastor Bobby's message available at our website

We are handicapped accessible!

## HOPE ALLIANCE CHURCH

4291 Middle Settlement Road, New Hartford

General Office: 315-732-1349 Rev. Andy Ward, Pastor hopealliance4291@gmail.com www.hopealliancecny.com Morning Worship: 9:30am

Communion First Sunday of the Month.

Wednesdays: Awana - 6pm

Fridays: Christian Service Brigade - 7pm

Hope Alliance Church is handicapped accessible.

## ST. STEPHEN'S EPISCOPAL CHURCH

25 Oxford Road - 732-7462 (Parish & Rectory) ststephensepiscopalnhny@gmail.com

Sunday Service of Holy Communion at 10am followed by fellowship

Al-Anon Meetings: Sun. at 5pm & Thurs. at 5:30pm

AA Meetings: Sundays at 8pm

Yoga by Kristy: Tues. 5:30-7pm & Thurs. at 9:30-11am. more information can be found at www.rootdownwell.com EGA Meetings: 1st Friday of the Month

St. Stephen's is handicapped accessible.

## IMMANUEL BAPTIST CHURCH

Pastor Fletcher Matlack

9501 Weston Rd. (Next to Perry Jr. High), (315) 737-5222 www.ibcfamily.com E-mail: info@ibcfamily.com

Sunday Morning Worship Service 10:00 am

Sunday School for all ages at 9am.

Nursery, Preschool and Children's Worship hour: 10:00 am See our website for information regarding our Youth Group, Kids Club and other upcoming events.

Church is handicapped accessible.

## NEW HARTFORD PRESBYTERIAN CHURCH

Rev. Hannah Ratliff, Pastor

45 Genesee Street, NH 315-732-1139

newhartfordpresbyterian.org

office@newhartfordpresbyterian.org

Morning worship is at 9:30 during August, in the church popcorn. Call for more details. Please sign up ahead so we sanctuary. Services are livestreamed on Facebook

A time of fellowship follows each Sunday worship service. "Compassion Camp," NHPC's 2025 Vacation Bible School program, will be held August 4-8 from 9 a.m. until noon each day.

Details and registration are available at

newhartfordpresbyterian.org/vbs2025. The NHPC church office only will be closed on Fridays during August.

The schedule below includes numerous summertime activities taking place on the Village Green, adjacent to the

8/2 - 12-6 p.m. New Hartford Citizens Band Festival on the Village Green

8/3 - 9:30 a.m. Worship, Communion, School Supply Drive

8/4 - 9 a.m.-noon, Compassion Camp VBS begins, continues daily through 8/8

8/6 - 10 a.m. Sew 'n Sews

8/6 - 2:30-6:30 p.m. Farmers Market on Village Green

8/10 - 9:30 a.m. Worship, School Supply Drive continues

8/10 - 10:45 a.m. Session mtg

8/13 - 10 a.m. Sew 'n Sews

8/13 - 2:30-6:30 p.m. Farmers Market on Village Green

8/16 - 11 a.m.-5 p.m. OCPA Pride Third Anniversary Potluck

on Village Green

8/17 - 9:30 a.m. Worship, School Supply Drive continues 8/20 - 10 a.m. Sew 'n Sews

8/20 -  $2{:}30\text{-}6{:}30$  p.m. Farmers Market on Village Green

8/23 - 3 p.m. Hope House meal preparation

8/24 - 9:30 a.m. Worship, School Supply Drive ends

8/27 - 10 a.m. Sew 'n Sews

8/27 - 2:30-6:30 p.m. Farmers Market on Village Green

## FIRST BAPTIST CHURCH OF NH

7 Oxford Road - Office phone: 315-733-4570

firstbaptistnh@gmail.com Rev. James Harriff, Pastor Sunday Service - 9:30am

Sunday School - 11:00am Handicapped Accessible. All are welcome.

## THE CHURCH OF JESUS CHRIST OF LATTER-DAY SAINTS

Worship with us on Sundays at 10am 8439 Clark Mills Rd, Whitesboro (315) 527-6257

## ZION LUTHERAN CHURCH

630 French Road, New Hartford Pastor Rev. Marie Duquette.

Sunday Mornings at 10 AM Al-Anon Meetings, Wednesdays at 12:30 PM

315-732-4110, office@zionluth.com

www.zionlutheranNy.org

Facebook: Zion Lutheran Church, New Hartford, NY

## ST. MARGARET'S ECUMENICAL & RETREAT CTR

47 Jordan Road, New HartfordPlease call (315) 724-2324 or email info@stmargaretshouseny.org.

To learn more about any of our events or volunteer opportunities, for lunch and monthly dinner reservations, or to inquire about a personal or group retreat, please call 315-724-2324 or email info@stmargaretshouseny.org. Our regular office hours are Monday - Friday from 8:00AM to 4:00PM.

## **Weekly Activities**

Worship Services Wednesdays at Noon Zoom and In-Person Worship Services - All Welcome!

Wednesday Lunches at 12:30 PM - Please make a reservation by the Friday before - Suggested donation \$15

**Monthly Activities** 

Men's Group | 1st & 3rd Wednesdays from 10:30 AM to 11:45 AM. Meant to be a time of fellowship and exploration, Father Nick Smith will begin each week by asking the question "What is saving your life today?" Let's find out and share our conclusions!

Conversations with Father John LaVoe | 2nd Wednesdays at 1:30 PM - Join us for conversations about faith hosted by Father John LaVoe.

Grief Support Group | 3rd Fridays at Noon - St. Margaret's continues to host a peer facilitated grief support group for anyone experiencing loss - new members are welcome to join.

Conversations and Cool Drinks on the Patio | 4th Wednesdays at 1:30 PM - Join The Reverend Deacon Jean Skinner for conversations about faith. Please consider bringing a few cans of food for our food pantry as a donation.

Scrabble Days | 4th Wednesdays at 9:15 AM - Join our Scrabble group for monthly mornings of fun, coffee, and conversation.

## **Special Events**

Sacred Site Tours | May - September 2025 - We are excited to bring back our popular group tours of local area holy places this summer. We will meet at St. Margaret's at 9 AM and carpool to our destinations, returning around Noon. Please call or email to register. Dates or locations may change due to changes in availability:

August 7th, St. Joseph & St. Patrick Church of Utica Sept. 4th, Zion Episcopal Church, Rome

Pop Up Movie Days | July 16th and August 6th at 1:30 PM Join us for a meaningful and poignant Christian film and can plan for enough popcorn.

Join us for this year's celebratory Eucharist at St. Paul's historic Episcopal Church in Paris Hill (2815 Snowden Hill Rd). Good music, good neighbors, and Holy Communion... can't beat that! All are welcome.

## TRINITY LUTHERAN CHURCH

2620 Genesee St., South Utica. (315) 732-7869 trinitylutheranutica.com

Sunday School 9am. Worship Service 10:30am

Holy Communion is celebrated on the 2nd and 4th Sundays of the month.

Trinity Christian Preschool, weekday classes from Sept-May Handicapped accessible.

## THREE STEEPLES UNITED

2817 Old State Route 12, Paris, NY 13456

315-368-3416 threesteeples@gmail.com

We offer services every Sunday at 10AM!

Three Steeples is a Presbyterian-United Church of Christ hybrid that offers a traditional foundation for progressive thinking and growth and is open to engaging with all faiths. Three Steeples United is an inclusive and member-driven faith community of active individuals and families who connect with and care for their neighbors and one another through worship,

education, and culture. We challenge ourselves and others to discern, embrace, and act upon a relevant understanding of Christ's message in today's world.

## ST. JOHN OF KRONSTADT RUSSIAN ORTHODOX MEMORIAL CHURCH

1009 Conkling Ave, Utica, N.Y. 13501 Fr Archpriest Michael Taratuchin, Rector (315) 723-7475 (frmichaelt@msn.com) Fr. Priest Ephraim Willmarth, assistant priest Find us on Facebook www.stjkutica.org Vigil 5pm Saturdays (6pm for weekday services) Divine Liturgy Sundays and Feastdays 9:30AM Potluck lunch following Sunday Divine Liturgy.



## UNITARIAN UNIVERSALIST CHURCH of UTICA

10 Higby Road, Utica NY 13501 315-724-3179 www.uuutica.org Minister: The Reverend Karen Brammer

The Unitarian Universalist Church is an open minded, open hearted spiritual community. Unitarian Universalists come from different faith backgrounds but our shared values bring us together. Whoever you are, whomever you love, whatever your beliefs, you are welcome here.

Services are at 10:30 AM on Sundays, in person and on **Zoom.** Join the interactive Zoom services here

Meeting ID: 368 701 920, Password 548638 From your phone: 1-646-558-8656,

ID: 368 701 920#, Password: 548 638#

Hospitality hour with coffee and snacks follows each service. August 3 Alex Jackson - Storytelling - As a trans and Neurodivergent person, Alex finds that storytelling can be an essential way of sharing experiences. All of this is true of any one marginalized group, but especially true for multiply marginalized people. Shared experiences can be a powerful tool for building solidarity among members of a marginalized group and for cultivating allyship from others. Being marginalized means that there are many barriers to sharing our stories, but that makes it even more important to narrate our experiences so that others can benefit.

August 10 Jack Pendrak – What We Can Learn from Noetic Sciences (IONS) - After his pioneering moonwalk, Apollo 14 astronaut Dr. Edgar Mitchell had the profound experience of feeling interconnected to everything he was observing from the window of his space capsule: the stars, the moon, our blue planet, and the vastness of the cosmos. He founded IONS -The Institute of Noetic Sciences, a field of study that bridges science and spirituality. Our IONS group, which includes Utica and Barneveld UU's, has been gathering in person and in Zoom, for many years.

August 17 Rev. Janet Stemmer – The Needs of the Many are Often the Same as the Needs of the One. As a hospital chaplain, Rev. Janet meets people from all walks of life, but her message is for and from the heart. We never walk alone. Her diverse spiritual journey allows her to bring familiar prayers to those she visits. Janet's service will incorporate some of those stories, prayers and songs.

August 24 Climate Justice Team – UU Flower Communion The Flower Communion service was first held in U.S. Unitarian churches in the 1940's, with a focus on how flowers support pollinators which support us. The Circle of Life is beautiful and diverse. Please bring a flower to share.

August 31 UUUtica Picnic – 11 AM at the Church. All are invited.



## TEMPLE EMANU-EL

Annual Paris Hill Service | Saturday, Aug. 30th at 4:00 PM 2710 Genesee St Utica, 315-724-4177 • teuticaoffice@ gmail.com

> Rabbi Peter Schaktman Friday Evening Shabbat Services 6pm.

## **TEMPLE BETH-EL**

1607 Genesee Street, Utica Rabbi Gustavo Geier

In person and on zoom www.tbeutica.org Fri night - 5:30pm • Sat morning - 9:30am

## THE JEWISH COMMUNITY CENTER

2310 Oneida Street, Utica - 315-733-2343 Provides programs for seniors and recreational activities for all ages. Open to people of all races, religions, and nationalities.

## **ZVI JACOB**

Orthodox Synagogue

110 Memorial Parkway, Utica - 315-724-8357

Interim Rabbi Levi Charitonow

Services are held Saturday at 10am, and on holidays. Services may be held at other times if there is a minyan. Visit our website www.zvijacob.org. All are Welcome.

## Young at Heart Senior Citizens Cruising the Hudson Albany, NY Wednesday, September 17, 2025

**9:30 AM** Depart Herkimer – Walmart- 103 N. Caroline St.

park at end of the lot opposite Applebee;s

11:00 AM Lunch buffet at Rudy's V&R Restaurant

includes chicken parm, eggplant parm, salad, soda, coffee, dessert

**12:30 PM** Boarding begins – Dutch Apple Cruise line

90 minute narrated cruise on historic Hudson. Cash bar and snack bar available. You might want to bring binoculars for eagle sightings. We suggest you wear low-heeled or soft-soled shoes for your safety.

3:00 PM New York State Museum

explore on your own – Across the street from the Empire State Plaza,

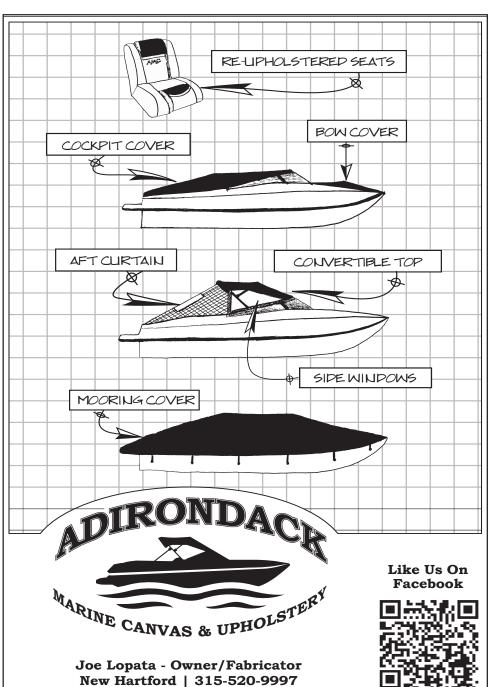
The Egg and the Capitol Building, the fountains

**5:00 PM** Depart for home

**6:60 PM** Approximate return to Herkimer

Cost per person \$139.00 Contact: Joan Varin (c) 315-725-4650 or (h) 315-444-8115 Be sure to leave a message with your name and number





## Angels Among Us Food Pantry

Aug 9th, 23rd

Sept 13th, 27th • Oct 11th, 25th

Nov 8th, 22nd • Dec 6th, 20th

## Hours of Operation: 10am - Noon

The food pantry is located at: St. John The Evangelist Church, 66 Oxford Rd, New Hartford, NY. Follow the signs to the driveway in the back during open hours. In the event of food emergency issues, please contact the St. John's rectory from 9AM to 2 PM Monday through Thursday at 315-732-8521.

Our pantry provides services to all residents of New Hartford (btw Rt 8 and Rt 12), Washington Mills, Chadwicks, Sauquoit, Cassville and Clayville.

If this is your first visit, please bring proof of address. If you do not have a permanent address, just come in. We will assist. If you are unsure of eligibility, just come in. We will assist.

## We Are Looking For Volunteers! 2024 TEFAP Eligibility Income Guidelines\*

**Based on Annual Incomes** 

Household Size	Income
1	\$33,885
2	\$45,990
3	\$58,095
4	\$70,200
5	\$82,305
6	\$94,410
7	\$106,515
For Each Additional Person Add:	\$12,105



# The Deals are Heating Up at the

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