



2026 New Hartford Highest Honor Graduates - 96.0 and Higher * Indicates a weighted cumulative grade point average over 100



Dylan Berg*



Siena Bradley



Leah Brown



Nitesh Constantine



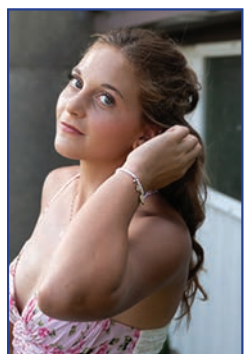
Akshara Das



Ashlee Fisher



Maya Frawley



Alexandria French*



Grayson Gall



Jace Gattari



Riley Heenan



Felicia Huang*



Luke Jadhon



Mikayla Jaros



Isabella Jerome



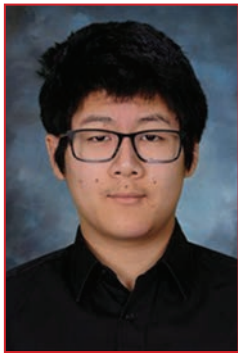
Marium Khan*



Amelia Kramer



Austin LaFond



Jierui Lin



Vincent Lin*



Joseph Mungari, Jr.



Ashton Nole



Caitlin O'Connell



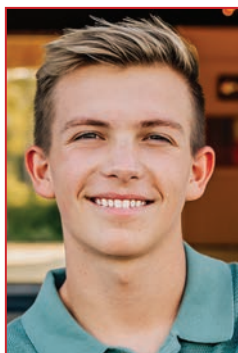
Daniel O'Donnell



Subeen Park*



Katherine Pimpinella*



Parker Putnam



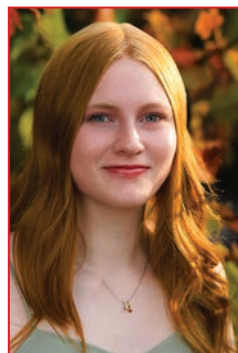
Max Ramos



Evangelina Ruggiero



Ryan Sassower



Emma Schara



Jonah Snizek



Norah Taylor-O'Connell*



Gabriella Trunfio



Henry Win*



Marlee Winfield

Honors ~ 90.0 - 93.9

Brandon Alesia, David Amankwah, Madeline Appler, Daisy Atkinson, Lillian Brady, William Brooks, Edwin Bubalo, Branco Cavic, Dragan Cavic, Addison Cornish, Aditiri Das, Madelynn Drake, Matthew Feduccia, Marisol Gadziala, Sarah Garrabrant, Luke Gilbert, Chad Hull, Jr; Joshua Knapp, Wyatt Kosowski, Anya Martyniuk, Molly McKeone, Catherine Nicotera, Michael Radell, Owen Ruhnke, Mya Scerbo, Madison Schoener, Aminnah Spahic, Benjamin Stevens, Clayton Stewart, Brian Tillotson, John Vitullo, Jr; Nicole Zuniga

High Honors ~ 94.0 - 95.9

Alen Agicic, Samuel Beaton, Matthew Boris, Eoin Clive, Haylie Cox, Addison DelMedico, Taralyn Dowd, Edson Gamarra, Bella Holmes, Owen Jassak, Zoe Mortensen, Gabriyel Mykel, Zachary Nicotera, Julia Peplinski, Oliver Robertson, Aahana Rustagi, Avery Sassower, Clarabelle Shupp, Olivia Snizek, Nathan Testa, Ayla VonDauber, Sydney Walker, Peyton Way

Congratulations 
Class of 2026



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Save BIG!

Valley Wine & Liquor
326 South Caroline St., Herkimer, NY 13350
(315) 867-5800

Angels Among Us Food Pantry

Aug 8th, 22nd • Sept 12th, 26th • Oct 10th, 24th
Nov 7th, 21st • Dec 5th, 19th

Hours of Operation: 10am - Noon

The food pantry is located at: St. John The Evangelist Church, 66 Oxford Rd, New Hartford, NY. Follow the signs to the driveway in the back during open hours. In the event of food emergency issues, please contact the St. John's rectory from 9am to 2pm Monday thru Thursday at 315-732-8521.

Our pantry provides services to all residents of New Hartford (btw Rt 8 and Rt 12), Washington Mills, Chadwicks, Sauquoit, Cassville and Clayville.

If this is your first visit, please bring proof of address. If you do not have a permanent address, just come in. We will assist. If you are unsure of eligibility, just come in. We will assist.

We Are Looking For Volunteers!

The Emergency Food Assistance Program (TEFAP). The income limits for calendar year 2025 are:

Household size	Annual income
1	\$35,213
2	\$47,588
3	\$59,963
4	\$72,338
5	\$84,713
6	\$97,088
7	\$109,463
8	\$121,838
Each additional person	Add \$12,375

Temple Emanu-El Annual Rummage Sale

Rummage Facts

- Since we don't have a full-time maintenance person, and we have a small pool of volunteers, we will be limiting the scope of the Rummage Sale:
- You may start dropping off your rummage now if you set up your own items during temple hours.
- Items dropped off later will be set up by volunteers and can be left in a designated location.
- We will not solicit drop offs from the larger community until closer to the date of the sale.
- We will have a shorter window of set up to limit the number of volunteers needed. But we will still need your help!

RUMMAGE SALE

August 2nd, 3rd, 4th & 5th

Hours:
Sunday: 10 AM - 7 PM
Monday & Tuesday 9 AM - 1 PM / 4 - 8 PM
Wednesday 9 AM - 5 PM

BARGAINS GALORE! FREE ADMISSION

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2 Dinner
Entrees for
\$15 plus tax
Hats n' Broccoli,
Ziti, Spaghetti,
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\$16 plus tax
Chicken Riggies
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FRIENDS OF THE NEW HARTFORD
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AUGUST 29
11-1PM

FREE ICE CREAM
CHILDREN'S ACVITIVES
BAKE SALE
BASKET RAFFLE

ALL PROCEEDS DONATED TO
THE JOSHUA TURNER FUND

COME DOWN AND SHOW OFF YOUR CAR AT BLUE TRUCK WINE & LIQUOR'S

CLASSIC CAR cruise in

5:00 - 8:00pm
THURSDAY, Aug 27th

CHANATRY'S HOMETOWN
MARKET PLAZA
485 FRENCH ROAD, UTICA

Music by Matt Dreimiller

NYS Approved Defensive Driving Classes

New York State approved defensive drivers class for insurance and point reduction programs.

Given by AARP at the New Hartford Public Library on Tuesday August 25, 2026 from 9:00am til 3:30pm. For registration and other information please contact Mary Merritt @ (315)724-0096.

Call early classes fill fast. Open to all ages.

THE TOWN CRIER, PO Box 876, New Hartford, NY 13413, is an independent newspaper printed and mailed the first week of the month to residents of New Hartford. All photos and materials used by this paper are subject to editing, are the sole property of its editors and **may not be reproduced without permission**. We reserve the right to reject any articles or advertising not in keeping with the purpose of the paper. We are not responsible for claims made in any advertisement. The cost of publication is paid by our sponsors and subscriptions.

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Thank you to the Friends of the New Hartford Public Library for sponsoring this event.

NH Public Library 2 Library Lane 315-733-1535

Monday and Tuesday 10am-8pm

Closed on Wednesdays

Thursday and Friday 10am-6pm

Saturday 10am-2pm

Sunday 1-5pm

Stay Connected With Us!

The most up to date information regarding closings, reopening, programs and crafts can be found on our website and on our Facebook and Instagram pages.

Website: www.newhartfordpubliclibrary.org

Facebook:

www.facebook.com/newhartfordpubliclibrary

Instagram: [new_hartford_public_library](https://www.instagram.com/new_hartford_public_library)

Charge Up While You Check Out!

The New Hartford Public Library offers an electric vehicle (EV) charging station for public use! Conveniently located in our lower level parking lot, you can charge your car while enjoying our books, events, and community spaces. Stop by, plug in, and stay a while!

NHPL Board of Trustees August Meeting

August 5th at 4:30 in the Sammon Room.

Mid York Library System App

Download the Mid York Library System App from your app store to search our catalog, place holds, view your account, and even see what's happening at any Mid York library!

The app allows you to log in with one or more Mid York library cards, search for items, place holds, see library locations, check out OverDrive books, read OverDrive books, check out OverDrive magazines, read OverDrive magazines, search and filter library programming, bring up a digital library card, and much more. The app is available in the Apple App Store as well as the Google Play Store.

Community Outreach

We are hitting the road and would love to come to your organization! Are you involved with a preschool, daycare, summer program or assisted living center? We would love to come to your organization and share more about our upcoming programs, issue library cards and provide programming to your facility. For more information, please contact our library Director, Anne 315-733-1535.

Display Case Booked

Interest in use of the display case at the New Hartford Public Library continues to grow, with all twelve months in 2026 reserved by community non-profits, clubs and service organizations. We're pleased that exhibitors want to share their stories with the community and want to thank groups who continue to express interest in using the case at the main entrance to the library. We also want to thank all exhibitors in 2026. We're looking forward to hearing from groups who want to use the display space in 2027.

Join us in Remembering Sept. 11, 2001

"If we learn nothing else from this tragedy, we learn that life is short and there is no time for hate." – Sandy Dahl, wife of Flight 93 pilot Jason Dahl.

Nearly 3,000 people lost their lives during the Sept. 11, 2001 terrorist attacks on the United States. Hijacked

airliners crashed into the twin towers of the World Trade Center in Manhattan. Another hijacked plane struck the Pentagon. Passengers aboard American Airlines Flight 93 prevented a fourth attack and sacrificed their own lives when they overcame hijackers and the plane crashed in Somerset County Pennsylvania.

The attacks were felt around the world, and especially in the Mohawk Valley, where area residents were desperate for information about loved ones who worked and lived in New York City and friends and family members working in the Pentagon. We struggled to make sense of this tragedy at the same time that area communities sprang into action – sending firefighters to New York and collecting donations to send to New York, Washington, D.C., and Pennsylvania.

The impact led to military action, major changes in federal policies and the deaths of those who became ill after serving on search and rescue teams.

On this 25th anniversary of the terrorist attacks the New Hartford Public Library invites you to join us in a remembrance of 9-11 and the days that followed. Share your memories of the attacks and/or your thoughts about the impact of the tragedies in writing. We will share excerpts of submissions on our social media pages and in an exhibit planned for the library during the month of September.

Please send your recollections via email to newhartford@midyork.org, with a Sept. 11 subject line, or mail them to us at the New Hartford Public Library, 2 Library Lane, New Hartford, NY, 13413. Please include a telephone number (not for publication but to confirm authorship) and let us know if you wish to be identified by name, initials only, or remain anonymous. The deadline for submissions is Friday, Aug. 14.

Upcoming Blood Drives

The American Red Cross will be at the New Hartford Public Library on the following dates for blood drives:

10/8 12-4 PM

12/10 12-4 PM

To register, please visit www.redcrossblood.org.

Sit and Stitch

With the Mohawk Valley Quilt Club on the first Monday of the month from 12:30 to 2:30 pm The meetings will take place in the Corasanti Room at the New Hartford Public Library. Bring a project of your own or learn to quilt with us, all experience levels welcome.

Tech Help

We have a volunteer at the library each Tuesday from 11:00am-2:00pm to assist patrons with all their tech questions. Our volunteer will no longer be here on Fridays. There will be NO TECH HELP August 4th and 11th.

Regular Story Time Pause - Resumes September 8th

Regular Monday, Tuesday, Thursday Story Times will be put on pause until September.

August Story Time will be Tuesdays at 10:30 only. Please check our Children's Summer Reading Calendar for additional Programming. We hope to see you there!

Closed Summer Sundays

Just a reminder that we are closed on Sundays in July and August. Sunday hours will resume after Labor Day.

Save the Date: CNY Ghost Hunters!

Join us for an evening with Central New York Ghost Hunters at the New Hartford Library on September 15th at 6:00. Team Members from CNYGH will be presenting evidence, sharing stories, and educating on the equipment they use to try and reveal the paranormal. This is open to all ages. This is a presentation only and not an investigation.

Senior Yoga Class

Senior Yoga takes place every Monday at 3:00pm in the Sammon Room with Bill Skinner. For those wishing to participate at home, we do offer a Zoom link for this class. Please call 315-733-1535 to get the link. There is no charge for this class.

Chair Yoga Class

Join us on Monday mornings from 10:30am-11:30am and Friday mornings from 11:00am to 12:00pm for Chair Yoga in the Sammon Room. There is no charge for this class.

Mat Yoga Class

Mat yoga will take place Thursdays from 10:30-11:30 AM in the Sammon Room.

Meditation Class

12:30-1:30pm Mondays. Ages 18+ Class is limited to 20 people.

If you've ever wondered about meditation and how people can achieve stillness, now is the time to take this introductory class. We will learn breathing techniques and other practices to keep us in the present moment. This assists with anxiety, blood pressure and stress.

The class is led by Laureen Violante, CMT, CYT. She is a certified meditation teacher and has taught yoga and breathing techniques since 1995.

No prior experience is required. Registration is suggested.

Board Books and Babies Will Return in September

We will be pausing Board Books and Babies during the summer, see you in September!

Preschool Playdate

Designed for Preschool age children and under. Join us in the Children's Area for some little library users fun! There are plenty of toys, puzzles, educational tablets and of course friends to play with. Stop in Monday, Tuesday, or Thursday at 10am before Story Time to partake.

Community Rooms

Community Rooms will be available for groups and organizations to use. You can find more information on our website (<https://newhartfordpubliclibrary.org/reserve-a-room/>), by calling 315-733-1535, or by visiting our circulation desk at the library.

“Basketball is for Everyone” Initiative

Thanks to Red & Blue Girls Hoops and their Basketball is for Everyone initiative, our library now has basketballs and pickleball racquets with balls available for checkout! Red & Blue, founded by New Hartford Girls' Basketball alumna Elizabeth Cavic, is all about building skills, teamwork, and community for young athletes. Their generosity helps ensure every child has access to the joy of active play both on and off the court.

Stop by the library and borrow some equipment today, because play belongs to everyone!

Book Clubs

Are you interested in joining a book club, currently in a book club, or looking to start one? If your club needs to order books or if you are interested in starting a book club, please call the library and ask to speak to our Book Club Coordinator, Danielle. 315-733-1535

>Mystery Book Club: They meet on the second Saturday of the month at 11am. For more information, please contact the library.

>TBR Book Group: Are you on Facebook? Are you always looking for your next book? We have the perfect group for you. We have created a group called the To Be

Read (TBR) Book Group where readers can comment on what they’re reading and look for suggestions for their next book. With over 100 members, you will never wonder what you should read next!

Join here: <https://www.facebook.com/groups/1532390520153487/>

>NHPL Silent Book Club: Are you feeling a bit of cabin fever? Want to get out and chat about books with fellow readers? The Silent Book Club is for you! Join us the second Friday every month in the Corasanti Room.

This book club is designed for those that wish to be among readers but would love to read their own book of choice while still being able to hear about what others are reading. This is a great way to find new books and authors that you may not have read yet. Bring your current read, read solo for a bit and then if you feel up to it, share your book. This is a very informal book group....just show up and chat if you'd like or read among fellow readers. The choice is yours!

>Sapphics Book Club: Join us for our NEW summer book club! The New Hartford Public Library will be hosting a Sapphic Book Club on the 4th Saturday of the month (8/22) at 11am. Come and discuss the book, share book recs and even join in on our silly Book Tier list. Light refreshments will be served. All summer books will fall in the YA category for a more general audience. For questions, please speak to Cheryl at the library.

>NHPL Kid Book Club: meets every other Thursday during Summer Reading. (8/13) Thursdays 3-4pm: Children’s Area.

This summer we will be reading and discussing books in the “Who Would Win?” series. Books will be available for checkout at the circulation desk. Each week along with discussing and debating the book; we will also work on a correlated activity to go along with our dinosaur theme.

8/13: *Ultimate Pterosaur Rumble* by Pallotta, Jerry
>Graphic Novel Book Club: 4th Saturday of Month at 12:15 (8/22) Corasanti Room

Looking for all Graphic Novel lovers YA and up! Join our monthly summer club as we read and discuss popular graphic novels. Books available at the Circ Desk for checkout.

8/22: *Pumpkinheads* by Rowell, Rainbow

Park Passes Are Back!

Once again, the Friends of the New Hartford Public Library are supporting our Park Pass Program. Through their generosity, we will be allowing our patrons to check out the following park passes which will allow our patrons a discounted entry rate:

- Utica Children’s Museum
- The Wild Center
- Fort Rickey Children's Discovery Zoo
- Adirondack Experience
- Munson (formerly Munson Williams Proctor Art Institute)
- Utica Zoo
- Empire Pass

Passes must be placed on adult library cards and must be returned to the New Hartford Public Library circulation desk. Please call 315-733-1535 for more

information.

Friends of the New Hartford Public Library

Next Meeting - August 20, 9am. Large study room. Your assistance and ideas are always needed.

Save These Dates

August 29.....Ice Cream Social. Did you have a good time last year? This year is going to be even better!!!!!! Fun and surprises for the whole family.

September 15.....Central New York Ghost Hunters, Inc., 6-7:45pm.. Hear about their paranormal investigations of various landmarks and others nearer to home. This is an evening you certainly don't want to miss.

September 26.....Get Involved!!! Needed: Volunteers for Friday set up, tickets, collect score cards, return golf balls and clubs to containers.....Designers: Design a hole. The 9 hole course is placed between the stacks of shelves in the library. Aisle Size....3 feet wide (to accommodate passage) by 11-1/2 feet long but it is not necessary to fill the entire length. Up to you!!!! It could be about sports, a place, season such as Halloween, animals, etc. You can use a variety of materials such as recyclables, books, pool noodles, a chair, anything that blocks a straight path to the hole. Many possibilities. Create with friends, neighbors, relatives, or just you. This is a lot of fun and laughs. Leave your name and information at the circulation desk if interested. Play for the trophy!!

- New Hartford Public Library TOTE BAGS available at \$5 each to carry your treasures home.

- No coffee clotch again until Fall. We enjoyed meeting all that attended.

Programs and Meetings....Please look under The Friends on the library's website for the latest updates of programs the Friends will be offering as well as meeting dates.

Annette Barber Used Book Room

Best Deals in Town!!!!!!!!

Thank you so much for your support and donations of "gently" used books to read on a camp cot, or in an Adirondack chair on the dock, or when the sand "scooper" needs a rest. Learn a craft, skill, about art, lay back with a poem or dream of far off places. Also visit the discard table now offering young adult and sci-fi editions for FREE.....

ACCEPT: hardbound and paperback books, magazines as well as records, DVDs, children’s books, puzzles.

DO NOT ACCEPT: moldy/damaged books (WE have to throw them out!!!), textbooks, medical books, National Geographic Magazine, Reader's Digest, multi-volume book sets. No longer accepting audio cassettes, VHS tapes and computer games/books or CDs.

The library and community greatly appreciate your "gently" used books but please limit your donations to one box/bag at a time and drop them off at the circulation desk. PLEASE DO NOT DROP THEM OFF IN THE HALLWAY, AT DROP BOXES, OR OUTSIDE WHEN

THE LIBRARY IS CLOSED. THANK YOU.

Support the New Hartford Public Library

Thanks to your generosity, fundraisers like The Bill Bonsted Indoor Miniature Golf Tournament, The Annette Barber Used Book Room, the Ice Cream Social, the Joshua Turner Fund, Hannaford Bloomin’ 4 Good Program, and donations and membership, we were able to purchase new toys and furniture for the children's area, update computer hardware, sponsor performers for the children's summer reading program, park passes and raise our nation's flag with the addition of a new flagpole and flag. Thank you for your continued support.

Programs and Meetings

Please look under The Friends on the library's website for the latest updates of programs the Friends will be offering as well as meeting dates.

Diamond Art Painting

Bernadette is back with another Diamond Art Class. Join her on August 28th at 1:00 in the Corasanti Room. Space is limited so registration is required. Please call 315-733-1535 to register.

Mohawk Valley Lyme Support Group

Monthly meetings for those affected by Tick-Borne Illnesses. Family members and caregivers are also welcome to attend. Shared resources, experiences & knowledge foster understanding and healing.

Meetings at New Hartford Library will be held on August 8 6-7:45 pm, September 2-4 pm, October 11 2-4 pm, November 8 2-4 pm, December 13 2-4 pm.

For more information, please email (please put Lyme in the heading)

Bmarris60@gmail.com or So2say@yahoo.com
Facebook page; Mohawk Vally Lyme Support Group

SUMMER READING
PROGRAM CALENDARS
ARE ON NEXT PAGE

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August 6, 2026

Round Trip from Utica

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Annual Membership \$15

Life Membership \$100

Membership is tax deductible. Please make checks payable to: Friends of the New Hartford Public Library, 2 Library Lane, New Hartford, NY 13413

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UNEARTH A STORY™

New Hartford Public Library August Calendar

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Children's Calendar					1
3 10-12 Maker Cart Plus 10:30-11 Nature Club 11 Garden Club	4 10 PreK Playdate 10:30 Story & Craft	5 Farmer's Market	6 3 Jeff the Magic Man	7 10-11 Drop-In Legos	8
10 10-12 Maker Cart Plus 10:30-11 Nature Club 11 Garden Club	11 10 PreK Playdate 10:30 Story & Craft	12	13 11-12 STEAM Club 3:00 Kids Book Club Who Would Win?: Dinosaurs	14 10-11 Drop-In Legos	15
17 10-12 Maker Cart Plus 10:30-11 Nature Club 11 Garden Club	18 10 PreK Playdate 10:30 Story & Craft	19 Farmer's Market	20 10:30 Zoomobile	21 10-11 Drop-In Legos	22
24	25	26	27	28	29
31	REGISTER HERE! 				

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Young Adult Calendar					1 10-11 BYO Project (Adult) & Cafe Hour
3 Question of the Week	4	5 Farmer's Market	6 3 Jeff the Magic Man	7 11-12 Lo-Fi & Chill/Cafe 12-1 Writing Class 1:30-3:30 BYO Project (YA) & Teen Drop In Craft	8 10-11 BYO Project (Adult) & Cafe Hour
10 Question of the Week	11	12	13	14 11-12 Lo-Fi & Chill/Cafe 12-1 Writing Class 1:30-3:30 BYO Project (YA) & Teen Drop In Craft	15 10-11 BYO Project (Adult) & Cafe Hour
17 Question of the Week	18	19 Farmer's Market	20 10:30 Zoomobile 10:30-11:30 Owl Pellets	21 11-12 Lo-Fi & Chill/Cafe 12-1 Writing Class 1:30-3:30 BYO Project (YA) & Teen Drop In Craft	22 10-11 BYO Project (Adult) & Cafe Hour 11-12 Sapphic Book Club 12-15-1:15 Graphic Novel Book Club
24	25	26	27	28	29
31	REGISTER HERE! 				



50-Mile Scenic Bike Ride

20-Mile & Pink Mile options

Presented by  **First Source**
Federal Credit Union

Sunday, Oct. 4, 2026

Join us on a 50-mile scenic bike ride from 7 Hamlets in Westmoreland to Sylvan Beach and back

or participate in a 20-mile option!

Family Fun: The Pink Mile!

\$60

Includes food & drinks, plus a post-ride party with live music & entertainment at 7 Hamlets Brewing Co.

Fundraising is voluntary but highly encouraged! All proceeds go to the **American Cancer Society** for breast cancer initiatives.

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Have you ever purchased a beautiful piece of furniture only to get it home and realize it just didn't look right? Maybe the sofa overwhelmed the room, the rug was too small, or the paint color that looked perfect in the store suddenly felt all wrong.

It happens more often than you might think.

Creating a beautiful home isn't simply about choosing attractive furniture—it's about understanding how every piece works together. The right scale, proportion, color, texture, and layout can completely transform a room, while even expensive furniture can miss the mark if those details aren't considered.

One of the biggest misconceptions people have is that hiring or working with an interior decorator is only for luxury homes or large remodeling projects. In reality, professional design advice often saves homeowners money by helping them make the right decisions the first time.

Think about how costly a decorating mistake can be. A sofa that's too large for the room, a dining table that leaves little space to walk around, or chairs that don't complement the rest of your home can lead to frustration—and sometimes expensive replacements.

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make all the difference. Professional decorators at Grace Furniture look beyond a single piece of furniture. They consider how you live, how your family uses each space, the home's architecture, lighting, traffic flow, and the feeling you want each room to create. They ask questions that many shoppers don't even think to ask until after the furniture is delivered.

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Is the coffee table the proper height?
Does the fabric suit children or pets?
Will the wood finish coordinate with existing cabinetry or flooring?
Does the room need another accent color or more texture?

These are the details that transform a room from simply "nice" into one that feels balanced, welcoming, and thoughtfully designed. Today's homeowners are surrounded by inspiration. Beautiful rooms fill Pinterest boards, Instagram feeds, and home design magazines. Yet recreating those spaces isn't as simple as ordering the same furniture online. Those rooms work because every element has been carefully selected to complement the others.

The most memorable homes aren't filled with pieces that everyone else has. Instead, they're layered with furnishings that reflect the people who live there—homes with warmth, character, and personality.

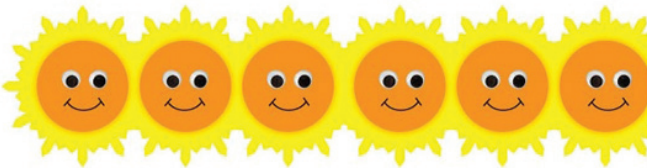
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Written by: Cassie Grace Miles, 4th generation steward of Grace Furniture, a family-owned business since 1940, on River Road, in Marcy, NY. Cassie received her BFA in Design from The Fashion Institute of Technology in Manhattan and continued her career in design, managing luxury furniture showrooms in the world-renowned Miami Design District, along with additional world class hospitality training at 5-star hotels.



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Chamber alliance of the Mohawk Valley meeting - held on June 25th

Chamber Alliance of the Mohawk Valley

Members of the Chamber Alliance of the Mohawk Valley gathered at One Genny on June 25th for their monthly meeting to discuss the exciting economic development and growth taking place throughout our region. We were honored to have New Hartford Mayor Don Ryan join us and share updates on the many positive initiatives and opportunities happening within the Village of New Hartford.

It's inspiring to see the collaboration, investment, and momentum that continue to strengthen our communities and make the Mohawk Valley a great place to live, work, and do business.

The Chamber Alliance of the Mohawk Valley is an association of independent chambers of commerce and community organizations that meets monthly for information sharing, mutual support and networking.

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Free Women’s Fly-Casting Clinic

For generations, women have played an important role in the rich tradition of fly fishing, helping to shape the sport through skill, innovation, and a passion for teaching. Trailblazers like Joan Wulff—widely regarded as the architect of modern fly-casting instruction and one of the greatest casting champions in history—inspired countless anglers by proving that excellence on the water knows no boundaries.

The Mohawk Valley Trout Unlimited Chapter is holding a free Women's Fly-Casting Clinic designed to introduce women of all skill levels to learn and improve fly-casting on Thursday August 27, from 5 PM to 8 PM (Rain date August 30) at the Town of Paris Park, Sauquoit. Whether you're picking up a fly rod for the first time or refining your technique, we invite you to join us for a few hours of learning, laughter, and time well spent outdoors. You'll have the chance to connect with fellow participants, like-minded women who share an interest in fly fishing. No equipment is necessary, a hat is recommended. Female (and male) instructors will be on hand to show beginners and novices how to fly cast or improve their casting skills. Everyone is welcome. Register in advance at www.mohawkvalleytu.org to help us plan the number of instructors needed. Please contact mohawkvalleytu@gmail.com with any questions.



Scholarship winners



Holly McCormack, Soprano, sang “Der Hirt auf dem Felsen” by Schubert.

B Sharp Musical Club Concert

The B Sharp Musical Club presented “Summer Sounds” Monday, July 6 at Grace Episcopal Church in Utica, featuring performances by Claire Wilcox on violin, John Krause, Tina Toggia, Colleen Pellman and Mary Coburn on piano, Anne Contino on clarinet, Joanna Robertson on cello, Ethan Coburn on bass, and Sam Robertson on drums. Holly McCormack, Peter Costianes and Avery Ellerbruch presented vocal performances. A highlight of the evening’s festivities was the awarding of the Mary and Sheila McGinty Piano Scholarship to Brian Chang, the Robert B. Pecci Scholarship to Annalysse Guenther and Jillian Powles, and the Vera Brindisi Grant to Jonathan Burgdorf, Elizabeth Shaver and Marlee Winfield.



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TIME

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Dennis Webster

What the History (WTH)!

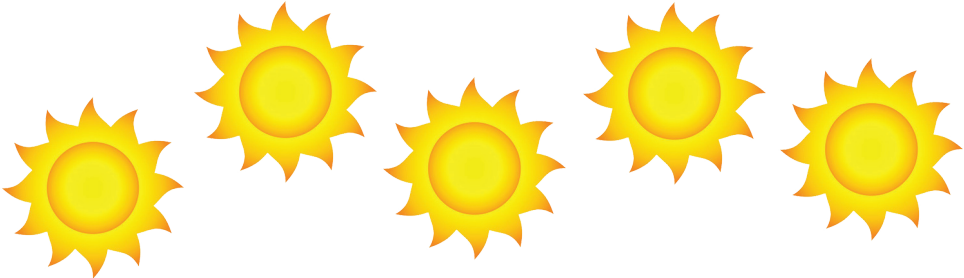
Beating the Summer Heat

The summers are so much fun with the winter snow gone and the sun providing warmer days that facilitate everything from cookouts to swimming in a local lake. We like the sun and heat but sometimes mother nature spikes up her temperatures to the point where we seek relief in the way of air conditioning, fans, and backyard swimming pools where we can plunge into the clear blue chlorine water and yell, “cannonball!” Well, humans have been using many adaptations throughout

history to beat the heat. This is especially important in the pre-air conditioning days. During the 19th century, architects devised things like sleeping porches. These were screened in porches that were built on the part of the house where the most breeze would occur. Summer houses were all the rage back then. These were cheaper versions of your Gazebo where you could sit outside sipping on a glass of lemonade without the sun’s rays battering down upon you. Many people in the 19th century would travel to get away from the heat to places like beaches and mountains where the shade and climate was much more favorable. Going up to the Adirondacks to escape humidity has been around since the early 1800’s when lodges and cabins were built along the shores of beautiful rippling chilled mountain water. When I was a kid, way back in the 1970’s, kids would use garden hoses to drink from then pour water over our heads. After riding our bikes or playing a pickup baseball game, taking a nap in the shade of a tree was always a welcome relief. But beating the heat

has been around since the ancient Egyptians would soak reed mats in water then hang them in doorways and windows. The air blowing through them would cool the room much like how a modern air conditioner works. Awnings were invented and used by the ancient Egyptians, Syrians, and in the Roman Coliseum where they could be retracted by Roman soldiers to keep the emperor, senators and audience in the shade while watching the games. In the 18th and 19th century, ice harvesting was used to cut large chunks of ice from ponds and lakes in the winter, stored in root cellars, then delivered to homes for cooling food and the home. Imagine ice delivery men who would carry a huge hunk of ice into your home. The invention of the air conditioner caused the end of that business but we still like our ice but in cubed form to plunk in our umbrella drinks and lemonade. Us locals hardly complain about the sunny weather as we have so little of it, but we do like to manipulate the environment to our comfort. So, the next time, dear reader, you relax in the comfort of your home on a hot summer day, think of the historical past of our ancestors having to put in a little cranial sweat equity to cool down. Enjoy your summer as we know the white flakes will be fluttering down soon.

Dennis Webster is a New Hartford resident, and author of regional books on true crime, ghosts, local history, and asylums. He can be reached at denniswbstr@gmail.com



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THURSDAY, SEPTEMBER 10, 2026

VALENTINO'S
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3899 Oneida St
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Start Time: 9:30 AM

Breakfast Buffet: Fruit, Pastries, Western Omelet, French Toast Sticks w/Syrup, Bacon, Sausage, Roasted Potatoes, Juice, Coffee and Tea

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Guest Speakers: Megan Dorr, Law Clerk
Mary Finegan, County Clerk

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Why Exercise?

submitted by Jim LaFountain, All American Fitness Center

A Lilly Medical Company theme is “Exercise is one of the most powerful preventive medicines.” I believe it’s important to understand the “why” or “purpose” for exercising. I’ve been exercising regularly for nearly 60 years. I’d like to share a few life changing stories as to “why” I started exercising at the age of 13 and have continued for almost 60 years. My friend, Joe and I were walking to a 7th grade dance, when a car pulled over and three large, high school seniors hopped out and proceeded to nearly rip Joe’s ear off and punch me, breaking my nose and fracturing two ribs. My parents took initiative and gave me a set of weights for Christmas and enrolled me in a boxing program offered by the late John Abdoo.

After three months of weight training in my first Spring practice, I noticed the baseball traveling further off my bat, and it seemed like a miracle. My running speed also showed noticeable improvement. My speed and power improved in basketball and football too. My high school coaches asked my parents what I had been doing to improve so dramatically. Although in the 1960’s and 70’s, weight training was frowned upon in athletics because it was feared it would make athletes “muscle bound.” In my first spring training, I snuck off to a local high school and worked out with their football team. Our Minor League Director found out and I was fined. It’s easy to identify my purpose for exercising during my high school, college and professional career.

Some clear reasons to exercise at various times in our life includes:

***Teenage Years:** primarily for aesthetic reasons, particularly to impress peers, the opposite sex and improve athletic performance

***20’s-30’s:** energy to begin building a career, finding a mate and still some aesthetic reasons

***30’s-40’s:** maintaining an ideal body weight (body composition) and preventing chronic illness, primarily cardiovascular disease and still some aesthetic reasons

***40’s-50’s:** muscular strength prevention of cardiovascular disease, maintaining joint integrity, flexibility and

***50’s:** balance, joint integrity, cardiovascular function, maintaining appropriate blood pressure

An age old question associated with regular exercise is what motivates people to actually begin exercising and stick with it. The most popular answers:

***any disease or physical mishap** that threatens our life is the strongest motivation to initiate a fitness program and stay with it over the long haul

***a partner** who exercises regularly, eventually has a major impact on one who’s sedentary

***a negative medical check-up,** high blood pressure, diabetes or obesity gets most people off the couch and exercising regularly

***although trying to impress someone** is not a very strong motivator and is short lived, it, at times encourages one to get started

I’d like to close by sharing one of my favorite quotes by George Bernard Shaw in his 1903 production of Man and Superman. Some of my friends think it maybe a little raw, but it demonstrates taking responsibility for our personal health and well being. “This is the true joy in life, the being used for a purpose recognized by yourself as a mighty one. The being thoroughly worn out before being thrown on the scrap heap, the being a force of nature, instead of a feverish, selfish little clod of ailments and grievances, complaining that the world will not devote itself to making you happy.”

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Little Falls Cheese Festival
Planned for Saturday, Oct. 3

The Little Falls Cheese Festival has announced Saturday, October 3 as the date for this year’s Cheese Festival. The festival is a welcoming, fun-filled day along Main Street from 10 a.m. to 5 p.m., featuring New York State cheesemakers, gourmet foods, craft beverages, live music, and plenty of delicious reasons to bring friends and family along.

“Little Falls has a cheesemaking history that dates back to the 19th century, and we’ve made history every year with the wonderful popularity of our festival,” said Teri Chace of the Festival’s planning committee. “We’re grateful for the past enthusiastic support and are excited to welcome visitors and neighbors back downtown for a lively day of delicious food and a fun, relaxed atmosphere.”

The festival “is a unique culinary adventure,” added Chace. It will feature a wide variety of New York farm-produced cheeses, from hard cheeses such as cheddar, gouda, and Havarti to soft cheeses, goat cheeses, cheese curds, yogurts, butter, and more. New this year: ticketed, guided cheese tastings led by The Cheese Traveler of Albany, NY. Guests can also enjoy New York-based gourmet foods and craft beverage vendors, local entertainment, and musical acts along Main Street. A variety of food trucks as well as local restaurants and pubs will offer snacks, meals, and beverages. Everyone can look forward to a festive downtown atmosphere as they spend the day sampling, savoring, and shopping. Free shuttle buses (more and special handicapped ones have been added this year!) will make parking and getting to the festival easier than ever for attendees.

The Little Falls Cheese Festival is New York State’s premier gathering of cheesemakers, drawing thousands to downtown Little Falls each year. Admission, parking, and shuttle buses are all free, making it easy to spend the day enjoying the sights, sounds, and flavors of the festival. For tickets to guided cheese tastings and to keep up to date with planning and vendor announcements, follow the Little Falls Cheese Festival on Facebook and Instagram or visit littlefallscheesefestival.com.

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PARTY ON THE PATIO

WEDNESDAY & FRIDAY NIGHTS:
MAY 27th - SEPT 2nd 5:00PM - 8:00PM

Wed - August 5 - Cal LaClair Duo

Fri - August 7 - Shawn Smith

Wed - August 12 - Common Roots

Fri - August 14 - Max Scialdone

Wed - August 19 - Gridley Paige AM Gold Trio

Fri - August 21 - Vinyl Logic

Wed - August 26 - Tom & Ashley Nitti

Fri - August 28 - Isaac French

Wed - September 2 - Jake Lozo Band

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NHFD News

Your New Hartford Volunteer Fire Department responded to 105 alarms during the month of June 2026 as indicated by the monthly call report listed below by category:

Fires = 9
EMS = 49
Hazardous = 7
Service Type = 18
Good Intent = 3
False Alarms = 18
Other = 1
Total Calls for the Month of June 2026 = 105.
Of the 105 alarms, 84 were in the town, 19 were in the village and 2 mutual aid alarms for the month of June.
Total alarms year-to-date through June 30, 2026= 591.
Some of the calls listed above - such as Fires, EMS, and Hazardous - are self-explanatory. Others such as Service, Good Intent and Other Alarms are not. Service Calls include water or animal problems, public assistance or standbys. Good Intent refers to responding but did not find anything or canceled in route. Other alarms include explosions, carbon monoxide, smoke or sprinkler detector activations.
These figures do not include other activities by members of the department such as Fire Prevention details, training, parades, Open House and other various department committee meetings that take place throughout the year.





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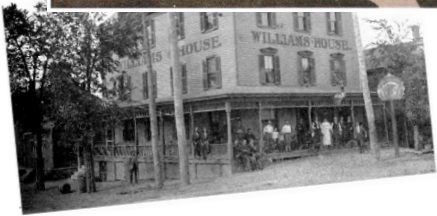
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NEW HARTFORD PAST TIMES

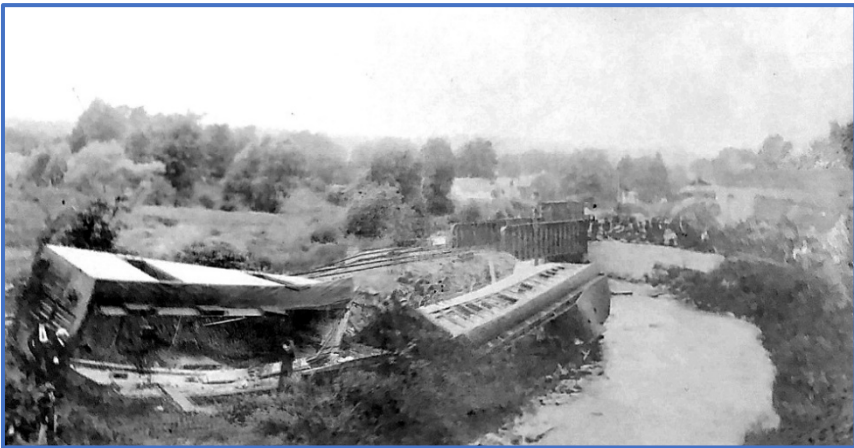
August 2026



NEW HARTFORD HISTORICAL SOCIETY

New York/Philadelphia Limited wrecks just past Chadwicks Depot June 30, 1906

On the afternoon of June 30th, 1906, the southbound NY and Philadelphia Limited derailed approximately 500 feet past the Chadwicks Depot. A fault switch, where the main line meets a raceway for the Tannery spur, was blamed for the disaster. Many residents, hearing the crash, rushed to the scene from their homes. A relief train from Utica, with doctors, cots and medical supplies, was dispatched to the crash site. Prior to its arrival, two local Doctors from Chadwicks and one from Sauquoit had already begun treating the most seriously injured.



BECOME A MEMBER!

Please stop in to visit us and consider becoming a member. Membership fees are \$20 for Individual, \$25 for families, \$50 for Friend/Contributor and \$100 for Corporate members. The Historical Society is a non-profit, tax deductible organization.

Planning a Class Reunion?

Make the Historical Society Museum a part of your itinerary! Schedule the Saturday of your reunion for your group to explore our collection of yearbooks, scrap books, local relics and photos. Look up your New Hartford home!
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Museum is Open To the Public

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You can also pay dues on-line!
at
www.newhartfordhistory.com

New Hartford Historical Society ~ Membership Form ~

Please check one of the following:

- ☐ \$20⁰⁰ Individual
- ☐ \$25⁰⁰ Family
- ☐ \$50⁰⁰ Contributing
- ☐ \$100⁰⁰ Corporate
- ☐ Renewal
- ☐ New Member

Name: _____
Address: _____

Phone: _____
E-Mail: _____

Please send check made payable to:

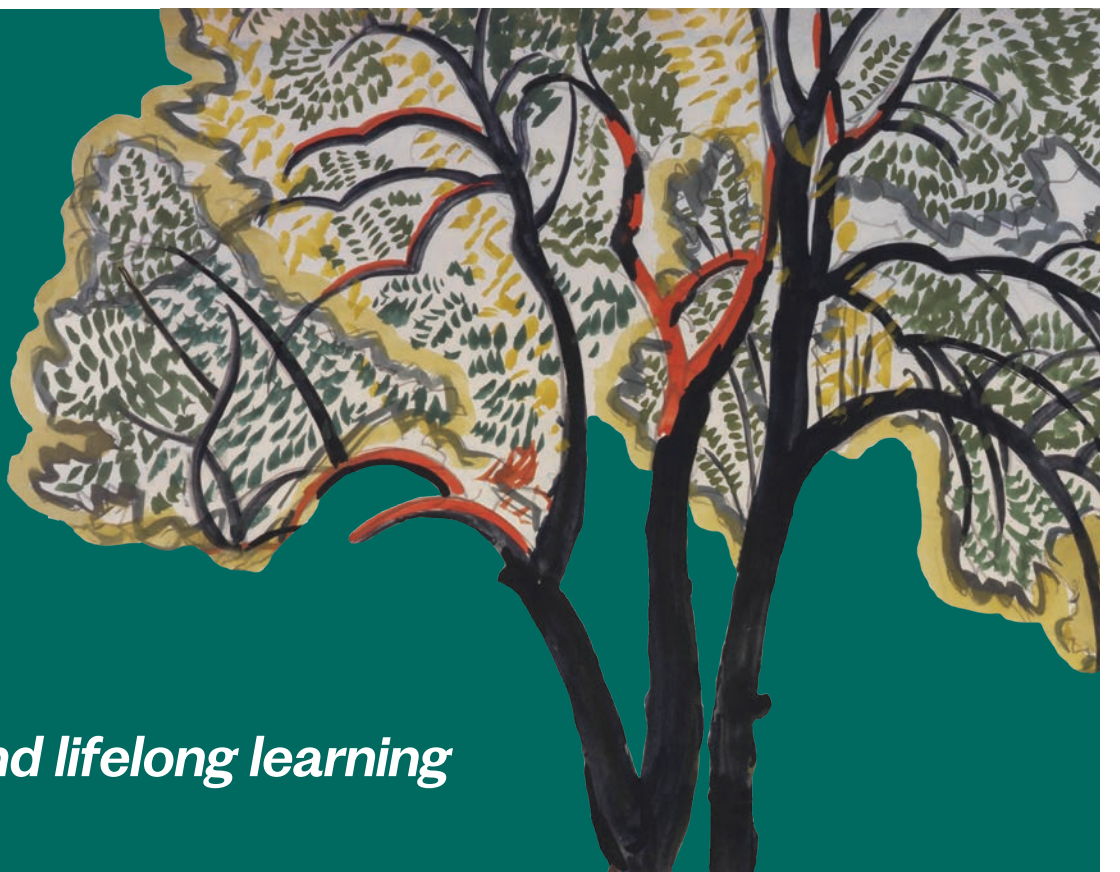
New Hartford Historical Society
P.O. Box 238
New Hartford, N.Y. 13413

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WATERCOLOR WORKSHOPS

Plein Air Sketching and Watercolor Painting with Sue Murphy

Central New York Watercolor Society

Wednesday, Aug. 12, 1 to 4 p.m.

\$40 Members | \$50 General Public

Learn *plein air* watercolor techniques inspired by artists like Charles E. Burchfield. Susan W. Murphy will cover blocking, layering, and adding detail. Materials provided; participants may also bring their own.

Stylized Shapes from Nature with Pamela Lynch

Central New York Watercolor Society

Wednesday, Aug. 19, 1 to 4 p.m.

\$40 Members | \$50 General Public

Paint watercolor compositions inspired by birds and nature with artist Pamela Vogan Lynch. Explore ways to incorporate visual symbols of sound into your artwork. Materials provided; participants may also bring their own.



Surface Pattern Design with Julie Gratien

Wednesday, Aug. 26, 1 to 4 p.m.

\$40 Members | \$50 General Public

Inspired by Charles E. Burchfield's early work as a wallpaper designer, this workshop introduces the basics of creating repeating patterns for wallpaper, textiles, apparel, and more. Materials provided.

AFTER-HOURS EXPERIENCES

Quilling Café with Sandie Craven-Griffiths, Cats in the Attic Cards

Wednesday, Aug. 5, 6 to 8 p.m.

\$35 Members | \$45 General Public

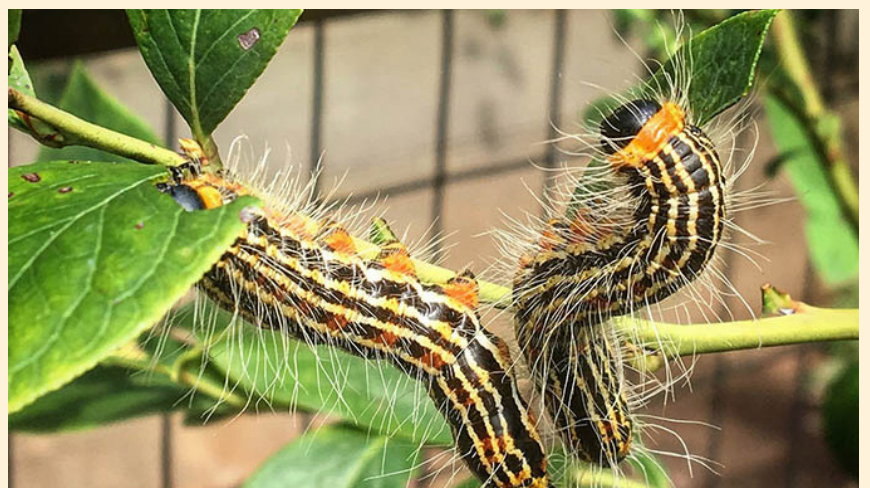
Celebrate the natural forms in Charles E. Burchfield's work in this beginner-friendly quilling class. Create a handmade gift box, tag, greeting card, or canvas piece to keep or share. All supplies and light refreshments are included.

Terrarium Workshop: Build Your Own Tiny World with Rachel Stewart, The Plant Stand

Wednesday, Aug. 19, 6 to 8 p.m.

\$60 Members | \$70 General Public

Perfect for beginners and plant lovers alike, learn how to layer materials, arrange plants, and style your finished piece while gaining tips for continued care at home. All supplies are included.



Cornell Cooperative Extension Presentation: Good Bugs, Bad Bugs...and the Complicated Ones

Dennis Osborn and Lucas Russell, Master Gardener Volunteers

Wednesday, Aug. 5, 11 a.m. to noon

\$10 Members | \$15 General Public

Explore the fascinating world of insects and discover which garden visitors help, harm, or play a more complex role in the ecosystem.



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- Keep your bread fresher, longer with a naturally elegant touch. Our set of 100% Linen Bread Bags is not only breathable and sustainable, but also antimicrobial, helping to prevent mold and odors naturally. Each reusable bag helps preserve crusty texture while reducing plastic waste and is adorned with a charming printed wheat pattern.

- You'll love the sound of our Bronze Bells. Beautifully handcrafted in Ecuador, these bells will look and sound good anywhere.

These and many, many more uniquely handcrafted gift items from 38 different countries can be found at our Fair Trade Shop, Stone Presbyterian Church, 8 So. Park Row, Clinton. Our regular hours are 10am to 4pm every Thursday, SECOND Saturdays,

every Thursday at the Farmer's Market on the Village Green and by appointment by calling 315-853-1070. Purchasing fair trade items ensures artisans and small farmers fair wages and healthy working conditions, providing dignity, sustainable development and hope for marginalized people. Let us be your go-to gift shop! Visit us at <https://buildingstoneshoppe.square.site> or www.facebook.com/buildingstonesfairtradeshoppe.



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The Town of
New Hartford

AUGUST 2026

Town Hall Highlights



July 9, 2026 Board Meeting Highlights

From the office of James Messa,
New Hartford Town Supervisor

July was another productive month for the Town, and I'd like to share a few highlights from our recent Town Board meeting to keep you informed

about the work happening on behalf of our community.

Financial Accountability. One of the biggest accomplishments was the presentation of our **2024 independent audit by Drescher & Malecki**. I'm pleased to report that the Town received a **clean opinion on its fund-level financial statements**, and the auditors recognized the significant progress we've made in strengthening our financial processes and getting our audits back on schedule. This is an important step in ensuring accountability and responsible management of taxpayer dollars.

Improving Efficiency. We're also taking a close look at how the Town administers employee health, dental, and vision benefits. Currently, these plans are managed through separate insurance brokers. During our July meeting, the Board heard presentations from firms interested in **consolidating all benefit plans under a single provider**. While no decision has been made, this approach has the potential to simplify administration, improve communication and service for employees, reduce redundancy, and create greater long-term efficiencies. It's another example of our commitment to continually evaluating how Town government can operate more effectively.

A Community Celebration. We also took time to recognize the incredible success of Fireworks Over the Park. Seeing thousands of families and neighbors gather at Sherrillbrook Park for the return of fireworks after more than 20 years was truly special. Thank you to our Town departments, emergency services, volunteers, sponsors, vendors, and everyone who attended. Your support made the event a tremendous success, and we're already looking forward to next year.

Building for the Future. The Board approved several actions to strengthen Town operations, including appointing a new **full-time Codes Enforcement Officer** while retaining the experience of our former officer in a part-time role during the transition. We also submitted our application for the Resilient Watershed Grant, which could help **fund future stormwater improvement projects throughout New Hartford**. Grant notification is expected in late October - early November.

Investing in Our Community. Our **Parks Department** will soon have a dedicated Town vehicle for the Parks Director, John Randall, allowing him to work more efficiently throughout our park system, while the **Police Department** shared continued progress on the new Municipal Animal Shelter, which is moving closer to opening. The **Highway Department** also continues investing in infrastructure, including traffic signal improvements at Chapman Road and Valley View and ongoing improvements at Washington Mills Park. Finally, the Board approved a partnership with the Presbyterian Home to expand **Senior Services** using its Activities Room, pending final billing arrangements.

Thank you for your continued support and interest in our community. My goal is to keep New Hartford moving forward while keeping you informed every step of the way. I look forward to sharing more updates with you next month.

– James Messa, Town Supervisor



Highway Department News

Submitted by: Richard Sherman,
Highway Superintendent

As summer is in full swing, there are a lot of things going on in the Town of New Hartford. Your Highway crew is very busy with various projects and Curbside Brush Collection.

The Town Highway Department lent a hand with the Fireworks at Sherrill Brook Park. It was a great event enjoyed by many. We also had a small crew present at the Boilermaker to assist where needed.

I'm sure most of you have noticed, there is a lot of working being done at the 4 corners of Oneida Street and Chapman Road. Some of this project includes drainage upgrades, new curbs, sidewalks, pedestrian signals and cross walks and new signal lights. Please use caution when driving through this area.

Work is still underway for the Rayhill Trail Project. As a reminder, the section from Burrstone Rd to New Hartford Street is closed, but the other sections are open for use.

With improvements to the softball fields, a new fishing pier and parking lot work, our work at the Washington Mills Athletic Park is complete.

Bids have gone out and been accepted for the Higby Rd and Chapman Rd Signalization Project. That work will start in the upcoming months.

With the nice weather here to stay, we understand the increase in activity with tree removals, lawn care and yard work. As you clean up your yards, remember to please separate the brush from the green waste, putting the brush in a pile, and containerize your loose green waste items (grass, hedge clippings, flowers and small piles of branches). These items are picked up by two different trucks, so one pile may get picked up before the other. A friendly reminder to please not put out piles of dirt and/or stone, as those are not items that we pick up.

Our work continues with mowing town and county road shoulders and right-of-ways. Please be mindful and use



caution when you see mowing ahead signs out.

Lastly, a reminder that there is Trash Drop off every Monday from 7am to 11am at the Highway Garage located at 111 New Hartford Street. Please follow the guidelines outlined in the mailer on what items will be accepted. If you want your items picked up directly from your residence, you must purchase a tag for \$5.00 per item from the Clerk's office by Friday before the scheduled Monday. Pick ups are scheduled for the first Monday of every month. The Clerk's office is located at 8635 Clinton Street at Town Hall Building from 8:00am- 4:00pm.

If you have any questions please call me at 315 534-2998 or e-mail me at rsherman@townofnewhartfordny.gov.



Summer Services at the Town Clerk's Office

Submitted by: Michele Moran

The Town Clerk's Office continues to be a busy resource

for residents throughout the summer months. Whether you are applying for a marriage license, renewing a dog license, obtaining a hunting or fishing license, requesting records, submitting permits, or simply looking for guidance on a Town service, our staff is here to help.

We encourage residents to contact the office with questions and to visit the Town website for forms, meeting information, public notices, and other helpful resources.

It is always our pleasure to assist the residents of New Hartford and help make Town services as convenient and accessible as possible.

ANNOUNCEMENTS & EVENTS



AUGUST MEETING SCHEDULE

Town Board Meeting	08/05	6:00pm
Planning Board Meeting	08/10	5:30pm
ZBA Meeting	08/17	6:00pm
Stormwater Committee Meeting	08/12	6:00pm

Schedule subject to change.
Visit the website for schedules, agendas and minutes.

LIVE-STREAMED Town Board Meetings

SCAN THE CODE and Click "LIVE" tab.

www.youtube.com/@TownofNewHartfordNY

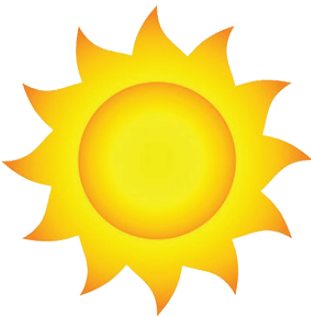


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Genesis Group Report to the Community

Genesis Group Annual Fund Appeal -
(7/1/25 thru 6/30/26)

Goal: \$120,000

Cash Donations: \$134,626.64

In-Kind Donations: \$37,406.21

Total Amount Received: \$172,032.85



Gene Quadraro, Board Chair

On behalf of the Genesis Group Board of Trustees, we express our sincere appreciation for everyone's continued interest and support. Together, we are making a positive impact. Thank you. Gene Quadraro, Board Chair.



Raymond J. Durso, Jr., Genesis Group President/CEO

Being an optimist, I like to focus on opportunities that benefit others. Whether it's staying healthy and being safe or doing good to make someone's day better, it's important for me to make a difference. When it comes to the Genesis Group, our mission is to make a difference in the community. We are a civic organization that promotes the Mohawk Valley region. We unite business and community leaders to advance regional, social, and cultural interests. We are dedicated to adaptive leadership to meet new challenges and opportunities. As a nonprofit organization focused on community growth and vitality, we rely on the support of local businesses and individuals to help sustain our

vital work. We also value our regional partners who play a crucial role in empowering us to continue serving our community and fulfilling our mission. I believe that if you want to achieve success you must have a plan. The Genesis Group has a "strategic" plan to help define our vision for the future, and to identify our goals and objectives. Those goals are:

Goal #1 - Organize regional events that will create transformational impacts in the community.

Goal #2 - Acknowledge and commemorate achievements of local individuals and organizations.

Goal #3 - Focus the community's awareness on pertinent issues and opportunities.

Goal #4 - Facilitate and advocate effective collaborations between individuals and organizations to foster adaptive growth and transformational community development.

Goal #5 - Strengthen the organization's capacity and flexibility to respond to the needs of the community, and to be a trusted voice for the community.

As we mark the halfway point of 2026, Genesis remains focused on the community's agenda. Good things are happening here with more to come! Enjoy your Summer and enjoy the good life here in the Mohawk Valley!

~ Gene Quadraro, Board Chair.

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Stay Active This August:

Small Habits, Big Benefits



As summer begins to wind down, August is the perfect time to focus on staying active and maintaining healthy habits. Whether you're enjoying outdoor walks, gardening, golfing, or chasing after grandchildren, regular movement is one of the best ways to improve your overall health.



Many people think exercise has to be intense to be effective, but even 20-30 minutes of walking, stretching, or light strength training most days of the week can help improve balance, reduce joint stiffness, strengthen muscles, and boost energy levels. Remember to stay hydrated, wear supportive footwear, and avoid exercising during the hottest parts of the day.



If aches and pains are keeping you from doing the activities you enjoy, don't ignore them. Early treatment can often prevent minor issues from becoming bigger problems. Physical therapy can help improve mobility, reduce pain, and get you back to living an active, independent lifestyle.



The team at Helen M. Sarandrea Physical Therapy wishes everyone a safe, healthy, and active August.

Keep moving—it truly is one of the best medicines for your body!



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Pictured are participants from last year's Bike-Run-Walk before taking off on the bike ride.

11th Annual Stars & Stripes Bike-Run-Walk to be held in Boonville

The 11th annual Stars & Stripes Bike-Run-Walk, a fundraiser for Sitrin's Military Program, will take place on Sunday, September 27, 2026. Hosted by the Harland J. Hennessey VFW Post 5538 in Boonville, this event is open to riding enthusiasts of all ages.

The Stars & Stripes Bike-Run-Walk offers two exciting bike riding options. One is the Boonville-Forestport Canal Towpath. This ride is for mountain bikes and is easy up to a 20-mile pedal. The other is a 25-mile road bike ride through Boonville, Forestport, Alder Creek, and is for experienced road cyclists. Additionally, there will be a scenic walk around Erwin Park and a 5K run.

Whatever the choice, all are encouraged to bike, run, or walk at their own pace through the scenic North Country around Boonville, NY.

Registration for the Bike Rides is at 8 a.m., with the road ride taking off at 8:30 a.m. and the towpath at 8:45 a.m. Registration for the Run & Walk is at 10 a.m., with the runners taking off at 10:30 a.m. and the walkers at 10:45 a.m. The entry fee is \$25. Participants who raise \$200 or more are eligible to receive an official Stars & Stripes jersey or an embroidered polo shirt.

Continuing as Presenting Sponsor of this event is the Lodging Kit Company, a veteran-owned enterprise.

Pledge forms are available from Jackie Warmuth, vice president of clinical development and director of Sitrin's Military Program. She can be reached at (315) 737-2435 or jwarmuth@sitrin.com. Individuals can also pick up pledge forms at the VFW Post 5538 in Boonville. Additionally, registration is available online at www.runsignup.com/Race/NY/Boonville/StarsStripesBikeRunWalk.

This year's event is being coordinated by Bob Lott, Quartermaster of VFW Post 5538, along with Vietnam Veteran Paul Fortin, member of VFW Post 5538, who has been coordinating the Bike-Run-Walk since its inception 11 years ago.

“The Boonville VFW is pleased to offer four different activities for veterans and community members to enjoy the outdoors and changing scenery, while also raising funds for local veteran care,” Fortin said. “We are proud to support such a necessary cause.”

Sitrin's Military Program provides free, comprehensive care to post-9/11 veterans and service members and is funded, in great part, by events such as the Stars & Stripes Bike-Run-Walk.

“We are deeply grateful to Bob Lott, Paul Fortin, members of the Harland J. Hennessey VFW Post 5538, and our generous sponsors for supporting local veterans being treated through the Sitrin Military Program,” Warmuth said.

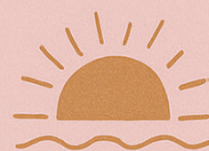
ABOUT SITRIN: Sitrin, a not-for-profit corporation, provides a variety of services for people of all ages and abilities, including comprehensive medical rehabilitation (inpatient and outpatient), long-term care, assisted living and enriched housing (Cedarbrook), NeuroCare, residential care for people with intellectual disabilities and medically complex conditions, medical and social model adult day program, military program, adaptive sports (STARS Program), a Wellness and Aquatic Center, orthopedic injury program, concussion management, child care, and dental clinic.



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An aerial view of the Madison Bouckville Antique Week featuring 2,000+ dealers.

It's Almost Time for The Big Show!

The Madison Bouckville Antique Week is almost here. New York's largest antique show with over 2,000 dealers takes place August 9-15 on Route 20 in Bouckville. The hours are 8 to 5 each day and admission is free and there is free public parking available as well. You will want to go early to beat the crowds and you will want to wear comfortable shoes as the show is spread out over dozens of showfields. Visit the show's website at madison-bouckvillepromotions.com to help plan your visit to this epic event.

From the Mailbag on Tap for September!

We will answer reader's questions in another edition of From the Mailbag in the September Town Crier. You can submit your questions on any aspect of antiques or collectibles by emailing me at vfariello@gmail.com or dropping a line to me at the address below. I look forward to hearing from you!

Happy collecting!

Support Your Historical Society

If you haven't already done so, now is the time to renew or start your membership in this great community asset. The rates for 2026: \$20 Individual; \$25-Family; \$50-Contribute; and \$100-Corporate. You can also now pay for your membership online at the society's website newhartfordhistory.com or you can mail your check payable to 'NH Historical Society' to PO Box 238, New Hartford, NY 13413. All donations are tax deductible. This important community organization deserves our support!

Consider Questers

The Questers is an organization with members who are interested in history, preservation and antiques. The J. Schoolcraft Sherman Chapter #1519 meets monthly except July & August at the New Hartford Library the first Monday of the month at 4:30 p.m. We usually have a presenter at each meeting and Show & Tell where members bring an item to share with the group. New members are always welcome! Email me at vfariello@gmail.com for more information.

Victor J. Fariello Jr. is a lifelong resident of New Hartford and has been a collector and dealer of antiques for many years. He is a past officer and member of the New Hartford Historical Society and is the President of the J. Schoolcraft Sherman Chapter #1519 of The Questers, an International organization for people who love antiques and have a commitment to preservation. Questions on anything related to antiques can be sent to him at PO Box 194, Washington Mills, NY 13479 or by email to vfariello@gmail.com. Any photos submitted will be returned upon request.

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Central New York

Community Wellness Partner's 24th Annual Parkinson's Awareness Walk Set for Saturday, September 12, 2026

Community Wellness Partners is hosting the 24th Annual Parkinson's Awareness Walk on Saturday, September 12, 2026, at Sherrill Brook Park, New Hartford.

Event day registration begins at 10:00 AM with opening ceremonies and the walk beginning at 11:00 AM. The walk will proceed around the park's paved circular path, which is approximately one mile.

The walk is \$25 for adults to participate, while kids are FREE, and leashed pets are welcome! To register or donate to the 2026 Parkinson's Awareness Walk, please visit www.communitywellnesspartners.org.

Additional activities at the Parkinson's Awareness Walk event include live entertainment, demonstrations by the Community Wellness Partners Rehabilitation Therapy Team, face painting, clowns, giveaways, and more.

Community Wellness Partners Parkinson's Program Director Alison J. Swartz said, "The Parkinson's Awareness Walk brings together people who have Parkinson's Disease, their caregivers and family members, as well as their friends and co-workers. I am especially amazed by the friendships made at this event, as I have overheard some of them sharing their experiences with others who are like them. It's also a great feeling when you know and see first-hand their results after participating in the Parkinson's programs that Community Wellness Partners hosts throughout the year."

Funds raised from the Annual Parkinson's Awareness Walk will support Community Wellness Partners' Parkinson's programs that treat people who have Parkinson's disease as well as provide opportunities for caregivers and family members. Those programs include:

William & Rita Abraham Speaker Series

Cycling with Parkinson's

Lee Silverman Voice Therapy (LSVT) BIG (outpatient physical and occupational therapies) and LSVT LOUD (speech therapy)

Nutrition for Parkinson's NEW!

Parkinson's Support Group Meetings (Monthly)

Rock Steady Boxing

"It's also important to note that this event has various levels of sponsorship opportunities," said Alison Swartz. "The Parkinson's Awareness Walk offers businesses and organizations a meaningful opportunity to support Community Wellness Partners' Parkinson's Programs while gaining valuable recognition through an attractive sponsorship package with exclusive benefits and promotional opportunities."

According to the New York State Department of Health and the American Parkinson's Disease Association, approximately 65,000 New Yorkers, 1.1 million Americans, and 10 million people worldwide live with Parkinson's disease. The worldwide number is expected to double by 2050.

For those interested in forming a team, making a donation, or learning more about the Parkinson's Awareness Walk, please reach out to Alison J. Swartz, Parkinson's Program Director, at (315) 235-7353 or e-mail aswartz@cwppinc.org. More information about the walk and Community Wellness Partners Parkinson's programs can be found at www.communitywellnesspartners.org.

Community Wellness Partners is a faith-based network of nonprofit organizations that supports wellness through the provision of community services, housing, and healthcare. Community Wellness Partners has provided generations of service to our community. As one of the largest senior living organizations in Central New York, we remain steadfast in our commitment to providing a comprehensive continuum of health and wellness services for older adults across the counties we serve. Community Wellness Partners is supported by a dedicated team of professionals who care for older adults each day throughout its continuum of services, including Home Care, Adult Daycare, Independent Living, Assisted Living, Rehabilitation, Skilled Nursing, and more. We continue to introduce new and innovative programs and services that enhance the lives and well-being of those we serve every day.

Stars & Stripes 2026 Bike-Run-Walk!

Choose from 2 Bike Rides, a Run or a Scenic Walk!
to Raise Funds for Local Veteran Care*

25-Mi. Road • 20-Mi. Canal Tow Path • 5K Run • Scenic Walk

Registration for all events: \$25 minimum, Kids \$1 per bike mile.
(Gathered pledges can be used toward entry fees)

Raise \$200 to receive an official Bike Jersey!

September 27, 2026

Boonville, NY • 8:00 AM • VFW Post 5538

For more information, contact Jackie Warmuth at 315-737-2435 • jwarmuth@sitrin.com
*The Stars & Stripes Bike-Run-Walk proudly supports the Sitrin Military Program.



Exhibit: Ireland and the Making of America

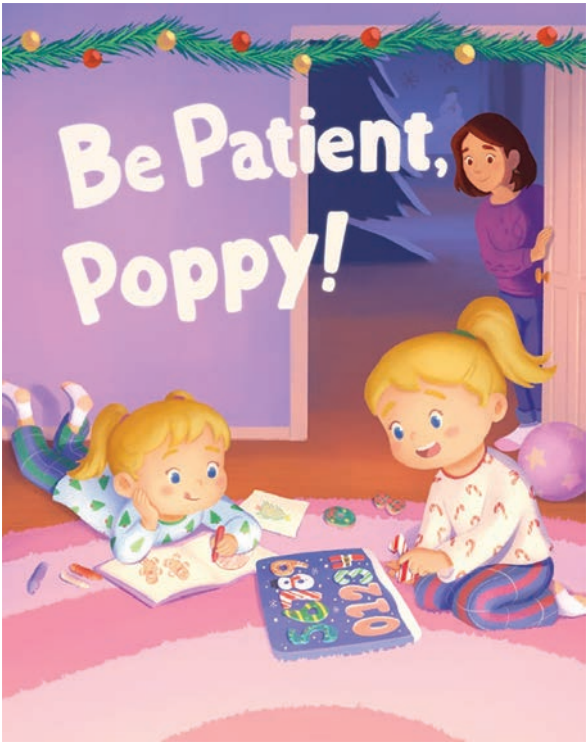
In celebration of America’s 250th anniversary declaring its independence from Great Britain, the Irish Cultural Center of the Mohawk Valley is proud to announce its newest exhibit opening this month “Ireland and the Making of America.” The exhibit will be available for viewing through July and August.

In July 1776, the Continental Congress adopted the Declaration of Independence, announcing the separation of the thirteen American colonies from Great Britain. The document set out the principles of liberty and equality that would become the core ideals of American democracy and inspire anti-colonial movements around the world.

The twelve beautifully designed banners in this exhibition highlight the role of Irish immigrants in the creation of that document and in the broader struggle for independence, charting their contributions as politicians, soldiers and supporters of the revolutionary cause.

In the 250 years since the United States declared its sovereignty, Irish people have continued to shape the course of American life. Millions left Ireland seeking refuge and new opportunities, and the US in turn gained workers, public servants and community leaders. From developing the nation’s infrastructure to serving in its highest offices. Irish immigrants and their descendants have been central to building the United States as we know it today.

This exhibition comes to the ICCMV courtesy of the New York Irish Consulate and is a joint collaboration between EPIC The Irish Emigration Museum and Ireland’s Department of Foreign Affairs and Trade. The exhibition, free to attend but donations are appreciated, can be seen at the H.A.R.P. Museum located on the second floor of the Irish Cultural Center of the Mohawk Valley, 623 Columbia St, Utica. All are welcome and the museum is wheelchair accessible.



New Hartford Native, Colleen Wuest Releases New Children’s Book

Colleen Wuest, who grew up in New Hartford, NY and Bernadette Chapman, another local speech pathologist wrote Be Patient, Poppy! to help address a need for natural ways for families to teach social-emotional skills to their young children. While bonding over good books, in general, helps develop positive relationships, stronger vocabulary and later reading skills for young children, Be Patient, Poppy! goes one step further and adds fun and natural ways families can incorporate strategies for teaching the skill of waiting into young children's everyday lives, using a Christmas theme of waiting for Santa to come. The story begins with 10 days left until Christmas and twin 4-year olds, Poppy and Jojo, are having trouble waiting. Throughout the book we highlight several strategies to help develop the skill of waiting, in fun and inviting, holiday-themed ways, including songs, games, a calendar countdown, and two stuffed friends who help Poppy and Jojo learn to successfully and joyously wait for Santa. It is a warm and cozy book that we hope families will incorporate into their holiday traditions year after year. This book is perfect for 2-6 year olds.

The book is also currently available through our website <https://www.milliejobooks.com>. The wholesaler is BookBaby.



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Water Damage... Flooded Basements, Burst Pipes, Toilet Overflow, Sump Pump Failure

Having to deal with a burst pipe in your home or business can be extremely difficult. Even more problematic is a break when the home or business owner is away and the damage is allowed worsen. An uncontrolled water leak from a broken pipe creates extensive flooding and water damage of carpeting, drywall, baseboards, and furniture and depending on the location of the break, can also damage the heating and electrical systems in your home. In addition, mold can begin to colonize in as little as 24 - 48 hrs. Disaster Services can accurately evaluate the extension of water damage both visible and hidden using thermal imaging and advise as to the most effective course of action to take. You can be assured that by calling Disaster Services you will be dealing with a company that has over 44 years of experience in our area and has handled hundreds of water losses. You will also have the owner on site while the work is being performed and always available to take your calls. Disaster Services will be with you every step of the way during the process. Along with our attention to detail, this is the reason Disaster Services is so highly recommended by local professionals in our industry. Check out our Google and Facebook reviews and visit our web site @ disasterservices.us for a complete list of our services.

Sewer and Drain Backup:

Sewer overflow or drain back-ups can present a more technical approach to the clean- up due to the contaminates involved. Porous, semi-porous building materials and contents will generally involve removal where affected by sewage, followed by proper remediation cleaning and disinfecting procedures. Hard surface areas when properly remediated will bring the space back to a pre loss condition and ready for new material replacement.

Basement and Attic Mold:

Several factors can influence a mold growth in a basement or attic area. Attics and basements are one of the most common areas of mold growth in the home. Attics tend to have the perfect conditions for mold growth (hot, humid, and an abundant food source consisting of the wood framing and sheathing). Most homeowners may go up in their attic seldom if ever so the mold problem is allowed to grow undisturbed sometimes for years! Basement mold is a common problem in many homes due to ground water seepage mainly at the base of the walls around the perimeter of the basement.

What Are The Signs of An Attic Mold Problem:

Dark black staining on wood surfaces, both the underside of the roof sheathing and also the framing lumber itself. If the wood in your attic shows any dark discoloration, a spotty or solid pattern the problem has moved beyond moisture and you may have mold that should be removed.

What are the Signs of a Basement Mold Problem:

Several factors can influence a mold growth in a basement area. Basements with finished walls are susceptible to moisture intrusion at the ground level. Trapped moisture due to lack of air flow between the finished wall and the exterior foundation wall is an ideal environment to facilitate mold growth. A dark appearance showing on the face of the finished wall should be investigated further. Unfinished basement will typically show signs of mold growth at the base of the foundation spreading upwards over time. Although there are a few different reasons this particular area of the structure is problematic, ground water seepage along with lack of air flow and improper dehumidification are generally the cause.

Do I Need a Water Mitigation Company and What Does a Water Mitigation Company Do:

The purpose of a professional water mitigation company is pick up the phone when a clients emergency arises! Respond to the incident, evaluate and get the situation under to prevent further damage and discuss a plan with the homeowner moving forward. Disaster Services will determine the extent of water travel, evaluate and remove, if necessary, any affected structural materials, like drywall and flooring. If left unaddressed, wet flooring and drywall can rapidly lead to major problems, like structural weakening and mold growth. We will also determine the proper type and amount of drying equipment necessary to dry the structure back to a pre loss condition. Disaster Services will make sure you get the help you need when you need it most. Customers should get clear answers to their questions about services and procedures. ... Trusted companies will provide detailed information about the services they provide and how they are performed.

Choosing The Right Company:

Choose a Water Damage Restoration Company That Can Do The Following:

Can Offer A Full Line Of Services From Water Damage Mitigation To Mold Remediation So That The Home Owner Will Be Working With A Single Company.

Responsive – Emergency or Non-Emergency Services. Your Call Will Be Answered Immediately.

Has Reputable 5 Star Local References.

Is Fully insured For Water Mitigation And Mold Remediation Services.

Offers A Detailed Plan For Damage Repairs.

Knows How To Navigate The Insurance Claims Process With You.

Uses The Latest State-of-the-Art Equipment And Techniques.

Treats You, Your Home And Its Contents With Respect.

For more information on any concerns, please feel free to call Disaster Services. When in need of emergency or non-emergency services, Disaster Services LLC. offers immediate response to damage caused by water, fire, smoke and mold. We are a locally owned company who will answer your calls when you call. No answering machines, voice prompts etc. We are a N.Y.S. licensed mold removal firm and recognized by all insurance carriers, working closely with both the home owner and insurance carrier. When calling our office, you will always speak to a live voice and not an answering machine. We realize that in your time of need you should be speaking to someone and not a machine. When your emergency arises, call us at 315 797-1128 day or night. Check out our Google and Facebook reviews.

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Lunch and Learn: Film “Irish Heroes of the American Revolution - A Nation is Born”

The H.A.R.P. Museum at the Irish Cultural Center continues its popular Lunch and Learn series on Wednesday, August 12th at 11 AM, with a special viewing of the first episode of the film series “Rhéabhlóid Mheiriceá: Na Laochra Gael - Breith Náisiúin” or “Irish Heroes of the American Revolution- A Nation is Born.” The film is a perfect complement to the current H.A.R.P. Museum exhibit "Ireland and the Making of America."

In celebration of America’s 250th anniversary declaring its independence from Great Britain, the Irish Cultural Center of the Mohawk Valley is proud to present a film that tells the story of several Irish immigrants who greatly contributed to the founding of our nation. Charles Thomson was a native of County Londonderry who arrived as a fatherless and penniless boy and went on to become the Secretary of the Continental Congress. Stephen Moylan from County Cork whose expertise in shipping logistics led to several commanding positions in the Continental Army and was the first to use the phrase "United States of America" in writing. Henry Knox, the son of Ulster immigrants who had settled in Boston went from bookstore owner to Secretary of War as the result of his heroic efforts to force the British Army out of Boston.

Both episodes of these films will be shown at 7PM Thursday August 27.

These films were made available through TG4, the Irish language television station, and producer GMarshTV. English and Irish language with English subtitles spoken throughout. The film is approximately 50 minutes long.

A \$20 registration fee will cover the program and lunch; meal tax and gratuity are included. Please register at this link,<https://bit.ly/3TxnhO7>, or leave a message at 315-733-4228 Ext 6.

You can attend this presentation at the H.A.R.P. Museum located on the second floor of the Irish Cultural Center of the Mohawk Valley, 623 Columbia St, Utica. All are welcome to attend this program and the museum is wheelchair accessible.



Réabhlóid Mheiriceá_ Na Laochra Gael

Double Feature: “Irish Heroes of the American Revolution - A Nation is Born” and “Irish Heroes of the American Revolution - Victory or Death”

On Thursday August 27, the H.A.R.P. Museum at the Irish Cultural Center will show both episodes of the film series “Rhéabhlóid Mheiriceá: Na Laochra Gael” or “Irish Heroes of the American Revolution.” The first episode, “Breith Náisiúin” or “A Nation is Born,” will start at 7 PM. After a short break, the second episode, “Bua Nó Bás” or “Victory or Death,” will start at 8:15. The films are a perfect complement to the current Museum exhibit "Ireland and the Making of America."

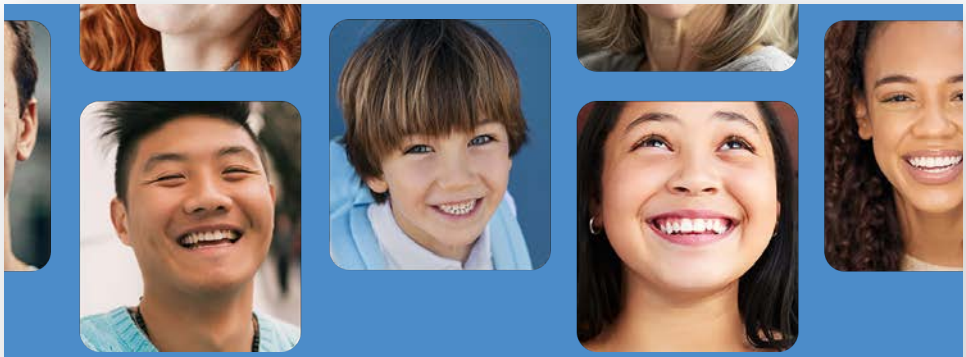
In celebration of America’s 250th anniversary declaring its independence from Great Britain, the Irish Cultural Center of the Mohawk Valley is proud to present a film that tells the story of several Irish immigrants who greatly contributed to the founding of our nation. Charles Thomson was a native of County Londonderry who arrived as a fatherless and penniless boy and went on to become the Secretary of the Continental Congress. Stephen Moylan from County Cork whose expertise in shipping logistics led to several commanding positions in the Continental Army and was the first to use the phrase "United States of America" in writing. Henry Knox, the son of Ulster immigrants who had settled in Boston went from bookstore owner to Secretary of War as the result of his heroic efforts to force the British Army out of Boston.

These films were made available through TG4, the Irish language television station, and producer GMarshTV. English and Irish language with English subtitles spoken throughout. Each film is approximately 50 minutes in length.

This is a free event, however to ensure adequate seating, we do ask that you register at this link, <https://bit.ly/3R3eTFr>, or leave a message at 315-733-4228 Ext 6.

You can attend this presentation at the H.A.R.P. Museum located on the second floor of the Irish Cultural Center of the Mohawk Valley, 623 Columbia St, Utica. All are welcome to attend this program and the museum is wheelchair accessible.





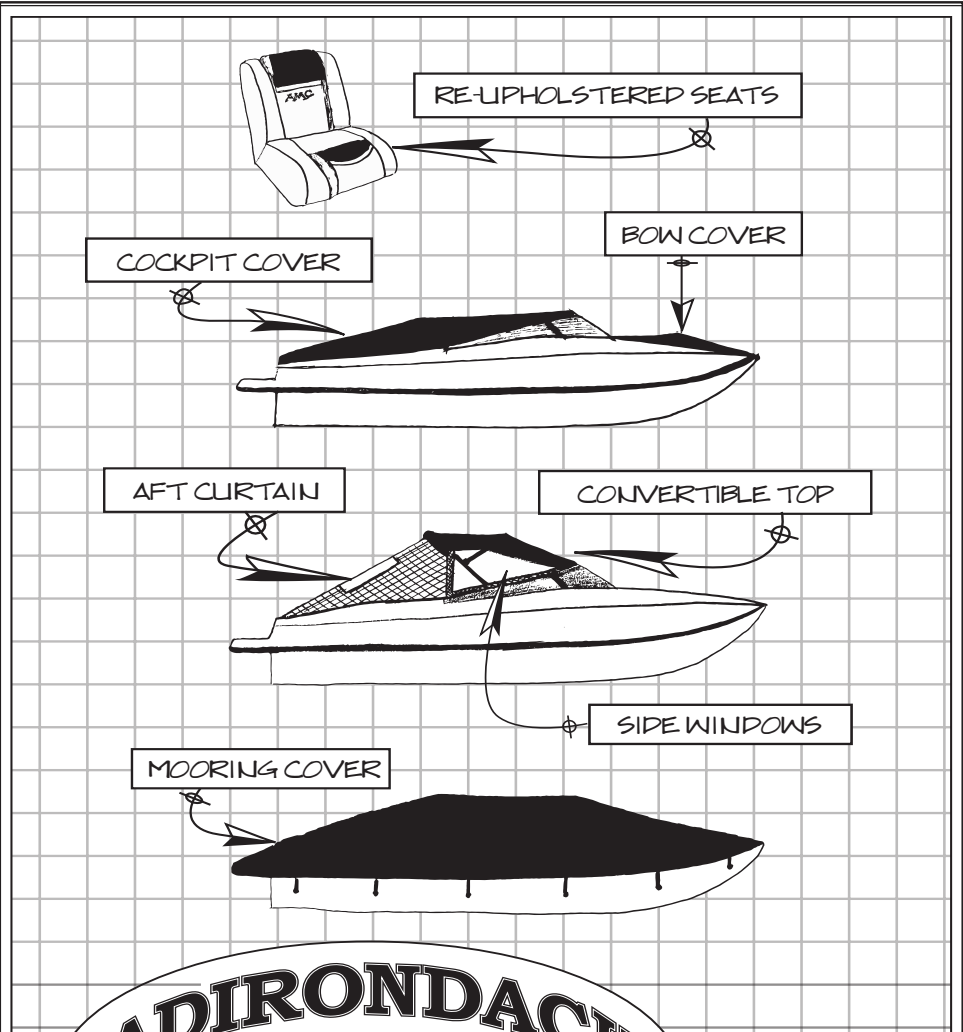
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The sanctuary in 1888.



Early photo of New Hartford Presbyterian Church.

New Hartford Presbyterian Church Marking 235th Anniversary

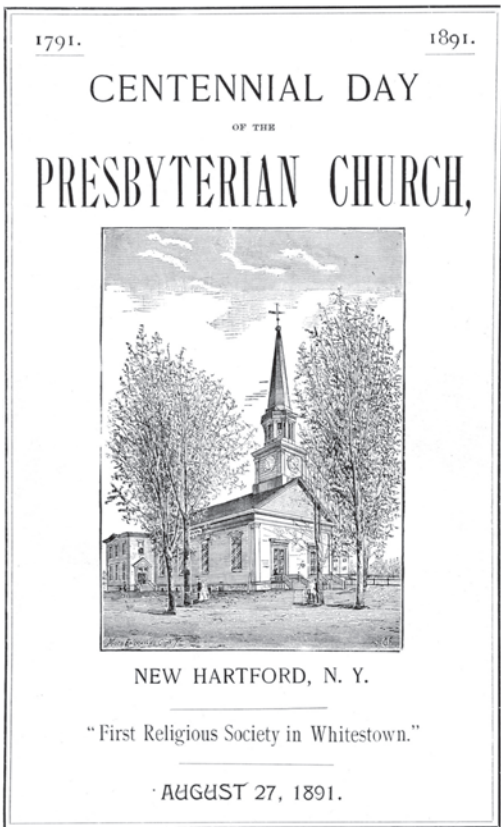
By Rev. Hannah Ratliff

New Hartford Presbyterian Church is delighted to be celebrating 235 years of worship, service and caregiving in the Village of New Hartford this August, making us the oldest church in Oneida County. Through the years, like all communities, our church has seen much change but has been sustained by a shared love of God and love of neighbor through the centuries. We cannot help but be proud of our past even as we look forward to our future.

What is today New Hartford Presbyterian Church had humble beginnings and a different name when she was first founded. Jedediah Sanger, widely credited as the founder of the Village of New Hartford, donated a portion of the land he had purchased from George Clinton and then-president George Washington, to the First Religious Society in Whitestown (of which New Hartford was then a part) in 1790. Initially a Congregationalist church, the First Religious Society met for the first time in Sanger's barn under the leadership of Rev. Dr. Jonathan Edwards Jr. on August 27, 1791.

The sanctuary that houses our church today was built the following year, in 1792, including the iconic steeple today depicted in the Village's logo. We are proud to say that our family of faith has been worshipping God in that very same room ever since. In 1801, the First Religious Society joined the Presbyterian denomination and has remained Presbyterian ever since, through many of the denomination's storied splits and reunions.

Our past informs and shapes our future. We are proud of our church's abolitionist history, making public opposition to the institution of slavery in 1843.



Cover of program celebrating NHPC's 100th anniversary on August 27, 1891.

We are also proud to have welcomed the wisdom and leadership of female clergy in our pulpit for nearly 30 years. In more recent years New Hartford Presbyterian Church has committed to the PC(USA)'s Matthew 25 initiative, a challenge to individual congregations to build congregational vitality, dismantle structural racism and eradicate systemic poverty. While never getting it perfectly right, New Hartford Presbyterian Church has always been a place with a deep and abiding commitment to the worth, dignity and beloved-ness of all God's children.

Our ministry extends beyond the four walls of our sanctuary as we seek to live into this call. Since 2009 we have been a founding partner of the Seeds of Hope Food Pantry, which seeks to feed our neighbors who lack access to the food they need to nourish themselves and their families. We are also proud of the partnership of service we have held for decades with Hope House, serving prepared meals to all who are hungry in downtown Utica.

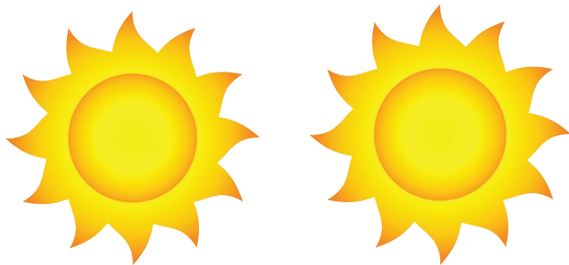
Today, we are a mix of young and old, longtime members and curious visitors, folks raised Catholic, Methodist, Baptist, Moravian, and none of the above. We are proud to be a place where all belong. Together, our church is poised and ready to usher in another 235 years of moving worship, faithful service, compassionate care, and witness to the Gospel.



New Hartford Presbyterian Church today.



Rev. Hannah Ratliff leads worship at NHPC.





Patrick H. Orlowski

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AND SMILE AT STRANGERS



PC Interns at JFK



Ogham pendants



Sue Romero with pendant

Project Children Panel Discussion

The Irish Cultural Center of the Mohawk Valley will host a Project Children Panel Discussion on Wednesday August 5 at 5:30 PM.

It was 1975, brothers Patrick and Denis Mulcahy, emigres from County Cork and members of the New York Police Department, grew tired of seeing the sectarian violence in Northern Ireland reported on the nightly news and decided to take action. They reasoned that if Protestant and Catholic children could spend time together in an environment that was not toxic with war, they would be less likely as adults to hurl bombs at each other, and Project Children was born. That first summer, they brought six children, three Protestant and three Catholic, to spend the summer in New York State.

Over the next 40 years, Project Children would go on to impact the lives of over 23,000 Catholic and Protestant children, showing them that a non-violent life was possible and how tolerance, understanding and communication can lead to life-long friendships.

Though the summer children’s program ended in 2015, the Project Children internship program, started in 1995, continues. Each summer several college-age young adults spend several weeks in the United States as interns in their future professions as well as volunteering within their host communities. This year our area is lucky to have four such interns.

At this event, the interns, their host families, and employers will speak on their various experiences with Project Children programs and how Project Children has impacted their lives. The program will be hosted by Pat Costello who has spent many years as an Upstate NY coordinator for this wonderful program.

The program is free to attend. To ensure we have adequate seating please register at <https://bit.ly/4peW4M2> or leave a message at (315) 733-4228, Ext 6. The Irish Cultural Center of the Mohawk Valley is located at 623 Columbia St, Utica. All are welcome to attend this program and the museum is wheelchair accessible.

Create an Ogham Pendant

Due to popular demand the Irish Cultural Center of the Mohawk Valley will once again host its “Create An Ogham Pendant” class in August. For those who missed this fun activity in July, Sue Romero will guide you through the process of making a pendant from polymer clay and etching a word of your choice in ogham. She will also give a brief history of ogham writing. You’ll go home with a completed necklace that honors your interest in Ireland and its history. And if you haven’t yet tried polymer clay crafting, you may find a new hobby.

The program will be held in the H.A.R.P. Museum Gallery at the Irish Cultural Center, on Wednesday August 19, 6:30-9:00pm. Registration is limited to 15 persons. The \$15 cost of the program covers all the tools and materials you’ll need as well as light refreshments.

Sue is a freelance writer, substitute teacher, musician with Craobh Dugan-O’Looney who enjoys sharing what she continues to learn about her Irish heritage.

Seating is limited, please register at <https://bit.ly/4vI2Qfk> or leave a message at (315) 733-4228, Ext 6. The H.A.R.P. Museum is located on the second floor of the Irish Cultural Center of the Mohawk Valley, 623 Columbia St, Utica. All are welcome to attend this program and the museum is wheelchair accessible.



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Christopher J. Carbone

What do I Need to Know about Social Security Survivor Benefits?

Many people do not know that Social Security offers survivor benefits as well as retirement benefits. Losing a loved one can not only be traumatic but also often impacts a family’s finances.

Social Security survivor benefits may be available for a surviving spouse (including a divorced spouse), children, and/or a dependent parent.

Here are some things to keep in mind about Social Security survivor benefits.

Know the requirements

To qualify for Social Security survivor benefits, your deceased family member must have been working and paying Social Security taxes. The number of years needed to qualify for these benefits varies based on age at death. For most eligible recipients, their loved one had at least 10 years (equivalent to 40 credits) in a Social Security covered job. For young families caring for children, there is a special rule that allows qualification for benefits with a minimum of 1½ years of eligible work credits in the three years just prior to death.

Family members who may be eligible to receive monthly survivor benefits include:

- A surviving spouse age 60 or older (age 50 or older if disabled)
- A surviving spouse caring for the deceased’s child under age 16 or a disabled child receiving child benefits
- An unmarried child under age 18, a full-time student working toward a high school diploma up to age 19, or a disabled child of any age if they had a disability before age 22
- A dependent parent age 62 or older who was dependent on the deceased for at least half of their support

To receive benefits, there are earnings limitations based on the recipient’s age and type of survivor benefit payable. In addition, there is a maximum family benefit of which combined benefits cannot exceed.

The deceased’s family may also qualify for a one-time death benefit payment of \$255.

Understand the details

The amount of survivor benefits available to your family depends on the deceased worker’s average lifetime earnings. The greater the earnings (up to a maximum), the greater the benefit. Check your Social Security Statement to see an estimate of family benefits available based on your record.

This information is available online by creating a personal Social Security account

at ssa.gov/myaccount or by contacting Social Security.

If your spouse passes away: If you and your spouse were both receiving monthly Social Security retirement benefits, your spouse’s benefit will stop. You may be able to switch from your retirement benefit to your spouse’s benefit if it is higher. If you choose to receive the spousal amount, it will be known as your survivor benefit and it will replace your retirement benefit. You will not receive both benefit payments. If you are at full retirement age or older, you are generally eligible to receive 100% of your spouse’s benefit. However, you may be eligible for reduced monthly benefits if you are at least age 60 (or age 50 and disabled). Contact Social Security to find out which option is best for your situation.

If your ex-spouse passes away: You may be eligible for survivor benefits if you were married for more than 10 years as long as you did not remarry before age 60. This is true even if your ex-spouse has remarried.

If your child is under 18: Both you and your child can receive survivor benefits until your child turns 16 years old (subject to income restrictions). Your child’s survivor benefits will continue until they turn 18 or 19, depending on when they graduate high school. A child can lose some or all of their survivor benefit if they marry or earn income over the maximum set by the Social Security Administration each year. The cash benefits received for a child must be used specifically for their care; expenses such as education expenses, clothing, and food all qualify.

Document how you’re using your child’s cash benefits because the Social Security Administration may require proof.

For more information or to learn about the survivor benefits available to you and your family, contact Social Security at 800-772-1213 or visit your local Social Security office in person to learn more. Survivor benefit claims cannot be processed online.

This article was written by/for Wells Fargo Advisors and provided courtesy of Christopher J. Carbone, CFP®, AWMA®, First Vice President - Investment Officer - Financial Advisor in New Hartford, NY at (315) 723-7386

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About HALF MOON ORCHESTRA

MUSIC. COMMUNITY. CONNECTION.

Founded in 2022, Half Moon Orchestra is a community-based chamber ensemble proudly serving the Mohawk Valley through live music that inspires, entertains, and brings us together.

We believe everyone should have the opportunity to experience live music.

BY THE NUMBERS

UP TO 70 MUSICIANS
per performance

8 - 10 CONCERTS PER YEAR
in a variety of venues

2000+ PEOPLE
in attendance in our 2025 season

1000+ VIEWERS ONLINE
on average per video

LIVE MUSIC. LOCAL IMPACT.

From free community concerts to family-friendly events and major collaborations, Half Moon Orchestra is committed to making high-quality live music accessible to all. Our performances take place in concert halls, schools, libraries, places of worship, and community spaces throughout the Mohawk Valley.

OUR COMMITMENT

FOR THE COMMUNITY

We perform where people live, work, and gather - from concert halls and theaters to libraries, schools, churches, and community events. We believe everyone should have an opportunity to experience live music.

FOR THE MUSICIANS

We support local talent by paying our musicians fair stipends for their professionalism, artistry, and time. We value our musicians because they are the heart of every performance.

FOR THE FUTURE

We invest in the next generation through educational outreach, student soloist opportunities, and side-by-side performances. We are building a stronger future for the arts in the Mohawk Valley.

INCLUSIVITY MATTERS

We strive to make our concerts welcoming and accessible for all, with options like low-cost or free tickets, sensory-aware sound, ADA seating options, and family-friendly programming

Together, we can keep live music thriving in our community.

Your support helps us pay musicians, present meaningful concerts, and keep tickets accessible for all.

Learn more at www.halfmoonorchestra.com

MUSIC. COMMUNITY. CONNECTION

Follow Us

@HalfMoonOrchestra

halfmoonorchestra@gmail.com

www.halfmoonorchestra.com

50 Forward Mohawk Valley Awarded \$104,787 to Support Older Adult Service Members

Elderlife Inc. DBA 50 Forward Mohawk Valley announced today that it has received an AmeriCorps Seniors grant of \$104,787 from AmeriCorps, the federal agency for national service and volunteerism. The grant will expand 50 Forward’s presence in the Mohawk Valley, where we have been providing services for older adults for almost 70 years.

Kelly Walters, Executive Director shared that, "Older adults have so much to give, and we are proud to be the go-to resource connecting them with meaningful ways to share their talents. The AmeriCorps Seniors program offers an ideal platform to expand community engagement and celebrate the impact of senior volunteerism."

With this new funding, 50 Forward will leverage the skills and experience of AmeriCorps Volunteers in Oneida County to focus on Healthy Futures. This program will be responsible for increasing older adults ability to remain in their homes and make nonprofit organizations more efficient and effective. These Volunteers will help support older adults and their caregivers by providing transportation, in home financial management through the Bill Payer Program, leading evidence based health and education programs, serve at emergency food organizations, prepare tax returns, and build nonprofit capacity. The project also enables adults over the age of 55 to learn new skills and connect with their community.

You can learn more about AmeriCorps Seniors at AmeriCorps.gov/Serve. To sign-up to become an AmeriCorps Seniors Volunteer, stop by any one of 50 Forward Mohawk Valley’s locations, call (315) 223-3973, or visit 50forwardmv.org.

AmeriCorps Seniors RSVP Volunteers serve communities across the country, including Puerto Rico. AmeriCorps adapts to meet some of the most pressing needs of communities, advance civic engagement and empower individuals across the generations to improve lives and communities all over the country.



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Hinckley, NY

MEMORIAL RUN SCENIC WALK

9th Annual – September 20th, 2026

Virtual Option Sept. 20-26

Register at ConnorsWay.com (Click on RunSignUp)

Free T-shirt with registration thru Sept. 4th

Kids ½ Mile Fun Run – Free Registration

Free T-shirt with registration thru Sept. 4th

Pre-Registration is required

Sponsored by Bruce F. Daniels, P.C.

Food Trucks & Music

Awards to top Runners

Proceeds Fund Scholarships for Area Youth

Sponsorships Available thru Sept. 4, 2026

For more information go to ConnorsWay.com

www.Facebook.com/Connorswaymemorial

Forever in Our Hearts
CONNOR ARTHUR LYNKEY
September 22, 1999 – August 11, 2018



FIRST UNITED METHODIST CHURCH

105 Genesee Street, New Hartford (315)733-4227
office@firstumconline.org Rev. Andy M. Anderson
Sunday Services:
10am Classic Worship
Sunday School for children begins around 10:20
Adult Sunday school 11-12pm
Sunday Youth Group 7-8pm
Supervised Nursery Care during Worship
Fellowship Coffee Hour following Worship Service
Praise/Worship Services are the 3rd Wed. of each month.
Light supper will begin at 5:30 and worship is from 6-7pm
Our Church Building is open for in-person worship services
Or watch our livestream service online at firstumconline.org
Easily accessible building, sanctuary, and bathroom.

SAUQUOIT VALLEY UNITED METHODIST CHURCH

2946 Mohawk Street, Sauquoit (Cor. Pinnacle & Mohawk)
Office: 315-737-7505
Worship Service - Sunday 10:30am
Open worship and communion - all are welcome!
Communion on First Sunday of the month.
Handicapped Accessible

ST. JOHN THE EVANGELIST CHURCH

66 Oxford Road - 315-732-8521 Rev. Matthew Rawson
Saturday: Vigil 5:30 p.m. Confessions Tues 6-7pm
Sunday Masses: 8am & 11am
Mon, Wed & Fri Masses: 6:45am
We are handicapped accessible!

CROSSPOINT CHURCH

317 Oriskany Blvd, Whitesboro - 315-797-4520
Senior Pastor, Bobby Allen
Sunday Services:
8:30am – 9:00am Breakfast
9:00am – 10:30am Study Groups
10:30am – 12noon Worship Service
Website: crosspointchurchonline.org
Sunday Morning Services streamed live
Pastor Bobby’s message available at our website
We are handicapped accessible!

HOPE ALLIANCE CHURCH

4291 Middle Settlement Road, New Hartford
General Office: 315-732-1349 Rev. Andy Ward, Pastor
hopealliance4291@gmail.com www.hopealliancecny.com
Morning Worship: 9:30am
Communion First Sunday of the Month.
Wednesdays: Awana - 6pm
Fridays: Christian Service Brigade - 7pm
Hope Alliance Church is handicapped accessible.

ST. STEPHEN’S EPISCOPAL CHURCH

25 Oxford Road - 732-7462 (Parish & Rectory)
ststephensepiscopalnhny@gmail.com
Sunday Service of Holy Communion at 10am followed by fellowship
Al-Anon Meetings: Sun. at 5pm & Thurs. at 5:30pm
AA Meetings: Sundays at 8pm
Yoga by Kristy: Tues. 5:30-7pm & Thurs. at 9:30-11am.
more information can be found at www.rootdownwell.com
EGA Meetings: 1st Friday of the Month
St. Stephen’s is handicapped accessible.

IMMANUEL BAPTIST CHURCH

Pastor Fletcher Matlack
9501 Weston Rd. (Next to Perry Jr. High), (315) 737-5222
www.ibcfamily.com E-mail: info@ibcfamily.com
Sunday Morning Worship Service 10:00 am
Sunday School for all ages at 9am.
Nursery, Preschool and Children’s Worship hour: 10:00 am
See our website for information regarding our Youth Group,
Kids Club and other upcoming events.
Handicapped accessible.

NEW HARTFORD PRESBYTERIAN CHURCH

Rev. Hannah Ratliff, Pastor
45 Genesee Street, NH 315-732-1139
newhartfordpresbyterian.org • office@newhartfordpres.org
Sunday morning worship in August remains at 9:30, but returns indoors to the sanctuary. Services will be live streamed on Facebook and YouTube.
A time of refreshments and fellowship follows each worship service.
There is no nursery care provided in August. Children’s Sunday School, the Adult Study Group and Choir also remain on summer break.
The quiet, meditative Taize service, held at 7 p.m. on the first Wednesday of every month, returns in August and will take place on the 5th.
The Farmers Market will be open on the Village Green each Wednesday afternoon, getting underway at 2:30.
The Oneida County Pride Association Anniversary potluck gathering will take place on the Village Green 11 a.m. through 4 p.m. on Saturday August 15.
The Oneida County Senior Lunch Program will be held at

NHPC at 12 noon on Monday, August 17.
Thursday, August 27, will mark the 235th anniversary of the founding of New Hartford Presbyterian Church! The congregation will celebrate with a special coffee hour following worship on Sunday, August 30.
The church office only will be closed on Fridays during August. Office hours will otherwise be 8:30 a.m. until 3 p.m. Monday through Thursday.
The August schedule:
8/1 — 12-4 p.m. New Hartford Citizens Band Festival on the Village Green
8/2 — 9:30 a.m. Worship, Communion
8/5 — 10 a.m. Sew ’n Sews
8/5 — 2:30 p.m. Farmers Market on the Village Green
8/5 — 7 p.m. Taize service
8/9 — 9:30 a.m. Worship
8/12 — 10 a.m. Sew ’n Sews
8/12 — 2:30 p.m. Farmers Market on Village Green
8/15 — 11 a.m.-4 p.m. Oneida County Pride Association Anniversary potluck on Village Green
8/16 — 9:30 a.m. Worship
8/17 — 12 Noon, Oneida County Senior Lunch Program
8/18 — 7 p.m. Session mtg
8/19 — 10 a.m. Sew ’n Sews
8/19 — 2:30 p.m. Farmers Market on Village Green
8/22 — 3 p.m. Hope House meal prepared
8/23 — 9:30 a.m. Worship
8/26 — 10 a.m. Sew ’n Sews
8/26 — 2:30 p.m. Farmers Market on Village Green
8/30 — 9:30 a.m. Worship, Noisy Sunday
8/30 — 10:30 a.m. NHPC 235th Birthday Coffee Hour!

THE CHURCH OF JESUS CHRIST OF LATTER-DAY SAINTS

Worship with us on Sundays at 10am
8439 Clark Mills Rd, Whitesboro - (315) 527-6257

ZION LUTHERAN CHURCH

“There’s a Place for You Here”
Rev. Marie Duquette
630 French Road, New Hartford
315-732-4110, office@zionluth.com
www.zionlutheranNY.org
Facebook: Zion Luteran Church, New Hartford, NY
Sunday Morning Worship at 10am; Coffee Hour at 11am
August 2 - Worship Leader: Service of the Word
August 9 - Guest Pastor: Deacon Patsy Glista
August 16 – Guest Pastor: Pastor Martie Fischer
August 23 - Guest Pastor: Rev. Jennifer DeWeerth
August 30 – Worship in the Park with Rev. Marie Duquette
Al-Anon Meetings, Wednesdays at 12:30 p.m.
Handicapped Accessible

ST. MARGARET’S ECUMENICAL & RETREAT CTR

47 Jordan Road, New Hartford
To register for an event or volunteer opportunity, or to schedule a personal or group retreat, please email info@stmargaretshouseny.org or call 315-724-2324. Office hours, Monday-Friday, 8am to 4pm
Worship Services Wednesdays at 11:45 AM
Zoom and In-Person Worship Services - All Welcome!
Please contact St. Margaret’s for the information to join by Zoom
Wednesday Lunches at 12:30 PM
Please make a reservation by the Friday before - Suggested donation \$15
Men’s Group | 1st & 3rd Wednesdays from 10:30-11:45am - Meant to be a time of fellowship and exploration, Father Nick Smith will begin each week by asking “What is saving your life today?” Is it spiritual practice? Is it coffee? Is it some curious enigma? Let’s find out and share our conclusions!
Conversations with Father John | 2nd Wednesdays at 1:30 PM - Join us for conversations about faith hosted by Father John LaVoe.
Caregiving Support Group | 3rd Mondays at 2 PM - Facilitated by the Rev. Deacon Barbara Groves, the group’s focus will be to provide a place for folks who are caregivers to gain support for themselves, and exchange ideas to help care for loved ones at home.
Grief Support Group | 3rd Fridays at Noon - St. Margaret’s continues to host a peer facilitated grief support group for anyone experiencing loss - new members are welcome to join.
Coffee and Conversation with Rev. Deacon Jean | 4th Wednesdays at 1:30 PM - Join The Reverend Deacon Jean Skinner for conversations about faith. Please consider bringing a few cans of food for our food pantry as a donation.
Monthly Dinners: No dinner July & August (back in September)
Book Club with Judy | Alternating Mondays and Thursdays, 10:30 to Noon - Please register one week prior to each session. Feel free to bring a snack to share!
Thursday, Aug 13: Grit Don’t Quit: Developing Resilience + Faith When Giving Up Isn’t an Option by Bianca Juárez Olthoff
Monday, Sept 14: Life Lessons from St. Thérèse of Lisieux by Joseph F. Schmidi and Marisa Guerin
Summer Fun for Children and their Parent/Grandparent | August 4th, August 18th all from 9:30 – 11:30 AM - We’re inviting children of all ages, along with their parent/grandparent to join us on the dates listed above for a special

fun activity, snack, and a chance to take part in a service activity for people or animals in need in our community. Activities will be geared towards spending quality time with your special adult. And we know that giving back to others in need is ALWAYS a great way to spend time together. We’ll provide any/all necessary materials and you’ll do the work together. We’re appreciative of Stewart’s Holiday Grants Foundation for helping us fund these activities. Activities will happen regardless of the weather, but please be sure to register at least one week prior to each activity. To register, please call 315.724.2324 with the number of children, their ages, and the number of adults attending for each date.

TRINITY LUTHERAN CHURCH

2620 Genesee St., South Utica. (315) 732-7869
trinitylutheranutica.com
Sunday School 9am. Worship Service 10:30am
Holy Communion is celebrated on the 2nd and 4th Sundays of the month.
Trinity Christian Preschool, weekday classes from Sept-May
Handicapped accessible.

THREE STEEPLES UNITED

2817 Old State Route 12, Paris, NY 13456
315-368-3416 threesteeples@gmail.com
We offer services every Sunday at 10AM!
Three Steeples is a Presbyterian-United Church of Christ hybrid that offers a traditional foundation for progressive thinking and growth and is open to engaging with all faiths. Three Steeples United is an inclusive and member-driven faith community of active individuals and families who connect with and care for their neighbors and one another through worship, education, and culture. We challenge ourselves and others to discern, embrace, and act upon a relevant understanding of Christ’s message in today’s world.

ST. GEORGE ORTHODOX CHURCH

350 Higby Road, New Hartford, 315-292-6682
Fr. George Goodge
Sun - 9am Matins, 10am Liturgy
Wed - 5:30pm Vespers
Bookstore hours: Open Sundays after Services.

ST. JOHN OF KRONSTADT RUSSIAN ORTHODOX MEMORIAL CHURCH

1009 Conkling Ave, Utica, N.Y. 13501
Fr Archpriest Michael Taratuchin, Rector
(315) 723-7475 (frmichaelt@msn.com)
Fr. Priest Ephraim Willmarth, assistant priest
Find us on Facebook www.stjkutica.org
Vigil 5pm Saturdays (6pm for weekday services)
Divine Liturgy Sundays and Feastdays 9:30AM
Potluck lunch following Sunday Divine Liturgy.
Our Patronal Feast Day will take place on Saturday November 1st. The greeting of the Bishop will take place at 9:30 AM, followed by the Hierarchal Divine Liturgy (with the Procession of the Cross, weather permitting).

MUSLIM COMMUNITY ASSOCIATION OF MOHAWK VALLEY

1631 Kemble Street, Utica NY 13501
E-mail: Uticamasjid@gmail.com
Friday Prayer at 115 pm
Quran Classes 5-8 pm
Sunday School 10am to 1 pm.



UNITARIAN UNIVERSALIST CHURCH of UTICA

10 Higby Road • www.uuutica.org
The Unitarian Universalist Church is an open minded, open hearted spiritual community. Unitarian Universalists come from different faith backgrounds but our shared values bring us together. Whoever you are, whom-ever you love, whatever your beliefs, you are welcome at UUUtica.
Services are at 10:30 AM on Sundays, in person and on Zoom.
Hospitality hour with coffee and snacks follows each service.
August 2 – Lughnasadh: The First Harvest - Still Ripening, Melissa Barlett. At Lughnasadh, the wheel of the year turns toward harvest — but the work is far from finished. The grain is cut, yet the orchards still hang heavy and green, waiting for their time. In this service, we honor what has come to fruition in our lives and our community, while making peace with all that is still unfinished, still ripening on the vine. Come as you are: harvested, half-grown, or still in bloom..
August 9 – Brian Lottman: The Mystical Path. Brian Lottman returns to speak on the path to Enlightenment through mystical connection and practice. The service will include Brian’s harmonium music, chanting, and meditation. If you come for the service, feel free to bring a bag lunch to supplement the hospitality hour, and you can stay for Brian’s sat-sang. At 12:30 PM, Brian will conduct a satsang at the UU



church. Satsang is a Sanskrit term derived from two roots: sat meaning “true” and sangha meaning community. It can be translated as “associating with good people” or simply “being in the company of truth,” and refers to the act of gathering with like-minded, uplifting people, especially those on a spiritual path. If you come for the service, feel free to bring a bag lunch and stay for the satsang.

August 16 – Rev Dr. Colleen Hallagan Preuninger – Do Not Lose Heart. So much of life is a co-mingling of grief and joy. Drawing from both poetry and the Christian New Testament, this sermon is a reflection on how we can cultivate practices to help ground us during times of deep grief and grow our capacity to joy and peace in the midst of it all. The Rev. Dr. Colleen Hallagan Preuninger currently serves as the Dean of Spiritual & Religious Life at Hamilton College. Returning to the region last summer, Colleen is grateful for the opportunity to serve closer to home and family. Serving in higher education settings since 2013 at Syracuse, Shenandoah, and Stanford Universities, Colleen is passionate about working with students to cultivate communities of belonging, meaning, and purpose during their college years. She holds a BA from Hamilton College, MDiv from Princeton Theological Seminary, and a DMin from Wesley Theological Seminary.

August 23 – Lara Pollock – All of Us Together. Rev. Greta W. Crosby is the eldest living former minister (1960-1961) of our Utica UU Church. Her daughter, Lara Pollock, will read the sermon, “Mobile Deity”, from her recently published book. of Rev. Crosby’s sermons and writings. Lara will tell us about Rev. Greta’s humanitarian legacy. As a Unitarian Universalist minister from 1959 to 1996, Greta was a trailblazer for women’s rights, Civil Rights and the abolition of the death penalty. She advocated for LGBTQ causes, the prevention of hate crimes, and the protection of survival rights for marginalized people. Rev. Crosby is 95 and sent words of congratulations during our Bicentennial commemoration this past fall. Lara and her husband Danny live with and care for Greta at their shared home in Derby, Kansas. Lara is an acupuncturist & massage therapist, and treats people out of her in-home office. Lara is also a dedicated student of A Course in Miracles and she leads an online study group through Unity of Wichita.

August 30 – Church Picnic at UUUtica 11:30 AM. Good company and good food. What would the summer be like without the annual UUU picnic? See you there! 11:30 AM, on the lawn or indoors, depending on weather whims.

September 6 – James Cheney II: The Little Falls Textile Strike. We commemorate Labor Day with the author of Women, Immigrants, and the Working-Class Battle in Little Falls, New York: The Textile Strike of 1912-1913. Driven primarily by immigrant women and unskilled workers, the strike is recognized as a watershed moment in the American Labor Movement. J.N. Cheney is a local historian who focuses on the labor movement, radical politics, and community action in the Mohawk Valley.



TEMPLE EMANU-EL

2710 Genesee St Utica, 315-724-4177 • teuticaoffice@gmail.com
Rabbi Peter Schaktman
Friday Evening Shabbat Services 6pm.

TEMPLE BETH-EL

1607 Genesee Street, Utica
Rabbi Gustavo Geier
In person and on zoom www.tbeutica.org
Fri night - 5:30pm • Sat morning - 9:30am

THE JEWISH COMMUNITY CENTER

2310 Oneida Street, Utica - 315-733-2343
Provides programs for seniors and recreational activities for all ages. Open to people of all races, religions, and nationalities.

ZVI JACOB

Orthodox Synagogue
110 Memorial Parkway, Utica - 315-724-8357
Interim Rabbi Levi Charitonow
Services are held Saturday at 10am, and on holidays.
Services may be held at other times if there is a minyan.
Visit our website www.zvijacob.org. All are Welcome.

HA! HA! HA! HA!

Riddles for Our Readers:

<https://parade.com/1025639/marynliles/brain-teasers/>

1. I left my campsite and hiked south for 3 miles. Then I turned east and hiked for three miles. I then turned north and hiked for 3 miles, at which time I came upon a bear inside my tent eating my food! What color was the bear?
2. In my hand I have two coins that are newly minted. Together, they total 30 cents. One isn’t a nickel. What are the coins?
3. What is harder to catch the faster you run?
4. A man stands on one side of a river, his dog on the other. The man calls his dog, who immediately crosses the river without getting wet and without using a bridge or a boat. How did the dog do it?

Don’t Peak!

Answers to Riddles

1. White, since the only place you can do that is the North Pole and polar bears are the only kind of bears that live there.
2. A quarter and a nickel
3. Your breath
4. The river was frozen

For information on how to place an article for your community event or local news, please call 315-723-4827 or email towncrier@pjgreen.com

Our monthly paper is currently mailed to residents in the 13413 zip code.

If you know someone who wishes to receive our publication, we will gladly add the address to our subscription list for a yearly fee of \$25.

Please mail a check to - The Town Crier, PO Box 876, New Hartford, NY 13413

The Town Crier is privately owned and not affiliated with the Town of New Hartford.

**DEMOCRATIC
CANDIDATE
MEET & GREET**

WHEN
August 24th
6 – 7:30pm

WHERE
New Hartford Public Library

5th Judicial District NYS Supreme Court Judge Candidates Matt Skinner
Candidates for Oneida County Legislator District 2,12,14,15,18,19,20,21,22 &23
Jacob Addington, Richard Theall, Matt Downs, Rich Duesler, Chad Davis, Maria McNiel, Joe Furgol, Tim Julian, Venice Ervin, Lori Washburn,Anthony Leone & Kellyann Mercurio-Bianco
Candidate for NYS Assembly 117th Dennis Gordon, 118th Colleen Maxwell; 119th District Jon Lipe; 122nd Ihor Semko
Candidate for NYS 53rd District Mandi Drake
Oneida County Clerk – Michael Brown; Oneida County Sheriff – Rob Maciol
U.S. Congress NYS 21st district – Blake Gendebien; 22nd district John Mannion

SPONSORED BY ONEIDA COUNTY DEMOCRATIC WOMEN'S CLUB



AWAKENING PRESENCE

Sunday, August 9th @ 12:30pm - 2pm
at Unitarian Universalist Church of Utica

10 Higby Rd. | Utica, NY | (315)724-3179

A contemplative afternoon of meditation, music, and inner exploration.

What helps meditation become deeper, more natural, and more transformative?

Join wandering monk, Brian Lottman, for an experiential exploration of meditation through breath, sacred sound, music, silence, and guided contemplation. Together we will explore simple practices that quiet the mind, open the heart, and invite a greater sense of presence, peace and connection.

Brian has shared these gatherings at churches, yoga studios, retreat centers, and spiritual communities throughout the US and Canada. Whether you are new to meditation or have practiced for many years, you are warmly welcome.



Learn more about events at

stirtheheart.com

For clips online, visit

[Youtube @ Brian Lottman](#)

Suggested Donation: \$30

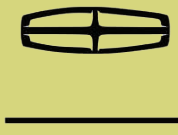
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